

### President Anderson wins Woman of the Year award

*Justin Carissimo* REPORTER

On Tuesday, Youngstown Business and Professional Women's Club presented Youngstown State University President Cynthia Anderson with the Woman of the Year award at Overture, located at the DeYor Performing Arts Center.

Anderson said she was taken aback when she was first informed of the award via phone.

"I'm very humbled, and this was very unexpected," Anderson said. "It's nice to get an award for doing what I love. It's always been about helping students.'

From teaching part time to becoming the first female president at YSU, Anderson first started serving students in 1968.

"I've never changed my major in school and loved every position I've had in education," Anderson said.

The Youngstown Business and Professional Women's

Club has been around since 1920, and its mission is to advance and empower women in the workplace.

"The Woman of the Year award is given to leaders of the community who have displayed great career achievement," said Lisa Dickson, the club's president.

Dickson said Anderson has done a lot to help students grow and become successful at YSU.

"Anderson has given so much back to the community through mentorship, her positions on nonprofit boards and all her student programs at YSU," Dickson said.

Anderson said she loves being YSU's president, but her career path to president of the university was unex-

"In a million years, I didn't dream I'd be the president of YSU. I've been very happy with all of the positions I've held," Anderson said. "[I'm] very blessed to be supported by great people."

Anderson said she hopes she can be a good role model for students.



YSU President Cynthia Anderson sits with Sandra Barger, Tracie Schmidt, Shirley Christian, Lisa Dickson and Ruth Bradshaw for dinner at Overture on Tuesday evening. Anderson was honored by the Youngstown Business and Professional Women's Club. Photo by Justin Carissimo/The Jambar.

"My advice, if I could give to any student, would be to select something that is your passion," Anderson said. "When you wake up every morning for work, you should be doing something

that you love."

Anderson said the most satisfying part of her job is hearing stories from former students.

"I love when former students come back and talk about successes, whether it's professional or about family," she said. "If I can help them get wherever they are today, that's really the most satisfying thing about a career in education."

## Dental hygiene program ahead of most

Rachel Lundberg ASSISTANT NEWS EDITOR

Youngstown State University is now the second university in the state to accept students into a four-year dental hygiene program.

Faculty members in the dental hygiene department, which is contained within the Bitonte College of Health and Human Services, began developing the program in 2009. The Ohio Board of Regents approved the program in 2011.

Since then, students have had the opportunity to work through the program's prerequisites. The first group of students will be accepted within the next few weeks.

Kellie Mills-Dobozi, an academic adviser for the Bitonte College, said about 70 students are vying for positions in the program.

"[They're] very excited, but also



very nervous," Mills-Dobozi said of students who see her for advising.

In spring, the first batch of fouryear dental hygiene students will begin coursework in the bachelor's degree track, and YSU will no longer offer the associate degree.

"I think it's really great," said Sarella Gustovich, a second-year dental hygiene student. "I'm jealous, myself, because for me, this is my fourth year at YSU, and I'm getting an associate degree in dental hygiene."

Madeleine Haggerty, the director of the dental hygiene program; three other professors; the program's chair; and the Bitonte College dean developed the curriculum, syllabi and coursework to bring the program

to YSU.

Haggerty said students in the associate program would often go to school for three or more years and still graduate with only a two-year degree.

"I've always felt that it should be a four-year program," Haggerty said. "We felt that it was just a slight change, and our students would get a four-year degree."

Haggerty said the new program will require more dental hygiene clinical space for students to work in.

Since the program's approval, Haggerty said she has been developing policies, as well as scheduling and preparing for the construction of a second dental hygiene clinic.

The two-year dental hygiene program had only 48 students at any given time, and much of the students' time is spent in the dental hygiene

**DENTAL PAGE 2** 

### Revealing the secretes behind secretomes

Liam Bouquet REPORTER

Xiangjia Min, an assistant professor of biological sciences at Youngstown State University, is performing research that may have wide-reaching benefits for many fields of science, including pharmaceuticals and cancer research.



Bioin formatics focuses on the methods used to store, retrieve and analyze biological data.

Through sevresearch grants from the Ohio Plant Biotechnology Consortium, Min is able to study secretomes in

plants and fungi. A secretome is a type of protein that is created within the cell, but is secreted for use outside of the cell.

Min said he hopes to use his extensive computer skills to build a database on secretome proteins. The database will be accessible online for use by scientists across the

"It is very central to a lot of things we are doing," said Gary Walker, chair of the biological sciences department at YSU. "We are going to be doing a lot of very exciting stuff in our department."

Although secretomes may appear to be of minimal importance, they play a key role in the cell wall structure and cellular communication. Scientists' understanding of these proteins brings them one step closer to understanding the mystery of human biology.

Min and his graduate assistant, Gengkon Lum, collect data on various proteins from databases in Europe, Japan and the U.S. They then analyze the proteins and pick out the secretomes to create their own unique database.

"He develops algorithms that go data mining for these proteins," Walker said, referring to Min. "He develops software that will go and search for very specific characteristics in protein sequence that indicate it might be a

**SECRETOMES PAGE 2** 

### **STEM receives** grant for top-tier microscope

Kevin Alguist ASSISTANT NEWS EDITOR

The Youngstown State University College of Science, Technology, Engineering and Mathematics has been given a grant to purchase a microscope that will magnify organic and inorganic materials about 250,000 times more than a standard optical microscope.

The \$444,555 grant from the National Science Foundation has allowed YSU to purchase the variable pressure scanning electron microscope,

or VP-SEM. Virgil Solomon, an assistant professor of mechanical and industrial engineering, said this purchase has put YSU on the brink of being a top-tier microscopic research

facility. "The new one will complement the two we already have here and will greatly expand our research capabilities," Solomon said.

The microscope will be housed in one of several rooms being evaluated on the second floor of Moser Hall. Once the room is chosen, it will be remodeled to meet the necessary climate control standards for temperature, humidity, vibration and electromagnetic fields.

Part of the grant will be used to remodel the room, and the STEM College will cover any further expenses.

Undergraduate and graduate students in a variety of fields - including engineering, physics, forensic science and archeology — will use the microscope. Solomon stressed that it will be available to anyone willing to learn the proper skills for

**MICROSCOPE PAGE 2** 

THURSDAY, OCTOBER 25, 2012 THEJAMBAR.COM

### Court, trustees celebrate Judge Douglas' retirement

Kacy Standohar NEWŠ EDITOR

On Friday, 225 community members gathered at the Maronite Center in Austintown to celebrate the retirement of Judge Robert A. Douglas Jr.

Douglas, a Youngstown State University alumnus and limited service faculty member, officially retired from the Youngstown Municipal Court over the summer.

"All of my longtime friends were there, and I was very thankful they were able to attend," Douglas said.

Delores Crawford, a member of the YSU Board of Trustees, said she grew up with Douglas on the South Side of Youngstown. Crawford said the dinner was very well attended.

"We were all there to support him," Crawford said. "It was a very nice eve-

Crawford said she was part of the planning committee, along with Douglas' stepdaughter.

"We celebrated his accomplishments," Crawford said. "He deserves all we can do."

Douglas went to YSU on a basketball scholarship in 1958. He then left school to join the U.S. Army for three years, and later received his bachelor's degree from

He received his master's degree in social work from the University of Pittsburgh in 1970, then earned his law degree from the University of Akron in 1978.

Afterward, he worked for various agencies, including Mahoning County Job and Family Services. Douglas was also a member of various boards, such as Gateways to Better Living and the United Way.

He served as president of the board of trustees for the Youngstown Community Health Center and the Northeast Ohio Adoption Services.

Norma Marzano, a former bailiff, worked for Douglas for 10 years and retired in 2008.

"He is a sweetheart, and everything he got he worked for," Marzano said. "His father died when he was 4 years old, and his mother basically raised him. He genuinely cares about people. He really does. He probably was one of the fairest judges I've ever seen in my life."

John Spivey, Douglas' most recent bailiff, said Douglas knew how to treat people with dignity.

"He was fair and had compassion,"

Spivey said. "He had an effect on people because of his social work background. ... Just because he was in the court system, he was still a human being.

Spivey was attending Cleveland State University when he met Douglas. He had just lost his job at Forum Health, and Douglas encouraged him to finish his degree.

"He's all about higher education," Spivey said.

Douglas said one of his most rewarding accomplishments was redistricting in a voting rights lawsuit: Armour vs. State of Ohio. He also is proud of co-founding a radio station, WRBP.

"I am also proud of becoming a judge at the end of my career," he said. "I was retired and a vacancy came out, and I was fortunate enough to be sought after for the position.'

### Environmental groups want US to track chemical use in oil, gas drilling

Bob Downing AKRON BEACON JOURNAL

Seventeen national and regional environmental groups are petitioning the U.S. Environmental Protection Agency to require oil and gas companies for the first time to report chemical use to the federal Toxic Release Inventory.

The drilling industry has long used and released large

volumes of toxic chemicals, and that has dramatically increased in the past decade with the rapid spread of hydraulic fracturing, the Environmental Integrity Project and 16 other groups said on a national teleconference on Wednesday.

The petition, if approved, would require information on drilling chemicals be made available to the public for the first time on the federal TRI database.

"The Toxic Release Inven-

tory brings daylight to dark corners, by requiring companies to quantify and report their pollution to a public data base for everyone to see," said Eric Schaeffer, executive director of the Environmental Integrity Project.

He added, "Why shouldn't oil and gas companies be required to report these toxic releases under our right-toknow laws, like so many other industries already do?"

The EPA estimates that

drillers release 127,000 tons of hazardous air pollutants annually, second only to coal-burning power plants and more than other industries already reporting to TRI, Schaeffer said.

The TRI was enacted by Congress in 1986 after the Bhopal chemical disaster in India.

The federal program requires each industrial facility to report annually on its releases of more than 650 TRI-listed toxic chemicals to the air, land, water, landfills, treatment plants, recycling and other sites.

The drilling industry was largely exempted from TRI reporting requirements.

Other parties involved in the petition included Earthworks, Clean Water Action, Sierra Club, the Natural Resources Defense Council plus grass-roots groups in Pennsylvania, New York, Maryland, Colorado and Wyoming.

#### **DENTAL PAGE 1**

clinic in Cushwa Hall.

The new program will have three classes of 24 students, which will require more clinic space that is being built into a classroom across the hall.

Haggerty said she hopes the second clinic will be completed in the spring, but said construction may continue until the summer of 2013. Haggerty estimated that

students in the program see anywhere from 800 to 900 people a year in the dental hygiene clinic. All appointments are free.

The new space will not immediately allow for more community teeth-cleaning appointments, though.

Before finalizing the proam, Haggerty said she and

her collaborators sought feedback from community dentists and past graduates; they received positive responses to a four-year program.

"I'm excited that it's happening in Youngstown, and [it's] only the second one in the state of Ohio," Haggerty

Ohio State University is the only other school in Ohio that offers a similar program.

Haggerty added that students with a bachelor's degree in dental hygiene could gain employment in public health or by dental prodcompanies. Teaching and researching are other career possibilities.

The four-year program offers more time in the dental hygiene clinic and breaks

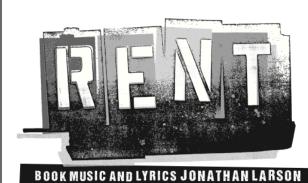
coursework into more classes with greater detail than the two-year program.

Students are now required to take 14 prerequisite courses before applying for the restricted program. Mills-Dobozi said that students, if accepted, will have more clinical experience, including training on how to perform simple dental procedures like tooth extractions and simple fillings.

Gustovich said she had only one prerequisite for admittance into the associate degree program.

No new positions are needed for the new program, but Haggerty said she hopes to add more professors in the future

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#### **MICROSCOPE PAGE 1**

its operation.

"It's not difficult to use; anyone can learn," Solomon said. "It is very expensive equipment, and if it is used improperly, then nobody will be able to use the instrument for as long as it takes to be repaired."

This is the fifth time that YSU has applied for the grant in six years. A major factor in the NSF's annual selection is the size of the user base at each school applying for the grant.

Students from Westminster College in New Wilmington, Pa., will also benefit from the microscope. Pete Smith, the director of undergraduate research at Westminster College, will bring a team of students to YSU to analyze samples of various powders.

In the past, they've had to send samples over long distances for a high price, Smith

"Having access to a microscope that's so close will significantly increase productivity and ease the process," Smith said. "It also gives students the opportunity to have hands-on experience working with the microscope, making them more marketable when they go out into the workforce.'

For Smith, who will soon be eligible to apply for a position as a full-time professor, the opportunity to work with such advanced

equipment could aid him in his career. We don't have much federal grant money at Westminster, so having a nearly half-million dollar grant with my name attached to it is very beneficial for my research productivity

and my career aspirations," Smith said. Solomon, who was hired at YSU to help expand the university as a microscopic research facility, said he is proud of accomplishing his goal.

"We're going to have state-of-the-art research capabilities that are equal to any other university in the country, regardless of size or student base," Solomon said.

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CANFIELD HAUNTED

#### SECRETOMES PAGE 1

secretome protein."

Data on these proteins can be used for advancement in several fields. For instance, Min's research has already been used by a papaya research group in California led by Ray Ming, an associate professor of plant biology at the University of Illinois at Urbana-Champaign, along with several other professors

throughout the country. Research was conducted

to help find a way to reliably create a self-pollinating hermaphroditic papaya.

Min, who was brought into the study by his friend Ming, brought his expertise on plants into the study, along with his research.

We used the tools and resources Dr. Min developed at YSU for papaya sex chromosome work. He helped us analyze the repetitive sequences, and alternative

splicing of annotated genes," Ming said. "His contribution provided the clarity of genomic features of papaya sex chromosomes."

pand his research within the next year and build a database that includes secretome proteins found within ani-

have a computer that can do any sort of data," he said.

#### **CORRECTION**

Min said he hopes to ex-"If we aren't limited, we

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each person in your entire group.

The article "YSU students support the Rich Center," which appeared in Tuesday's edition of The Jambar, incorrectly referenced Alpha Zeta Delta when it should have read Alpha Xi Delta. We regret the error.

#### **POLICE BRIEFS**

#### Do you want fries with that?

On Saturday evening, a YSU police officer reported to the McDonald's on Fifth Avenue in reference to a man who refused to move his car from the drive-thru window; by the time that the officer arrived at the restaurant, traffic was backed up around the building. The man told YSU Police that he did not receive his order because the employees refused to give it to him. The man claimed that he had winning Monopoly pieces for his food, but did not have them with him. The man was asked to pull out of the drivethru lane in order to solve his dispute over Monopoly pieces and was warned not to return to that McDonald's location after becoming irate. The man said he would be in contact with his lawyer about the matter.

#### Drunk man taken to hospital

On Sunday, an officer on patrol observed a Youngstown police unit and EMS unit on Arlington Avenue as they responded to a victim lying in a yard. The man appeared to be intoxicated and was unable to state his current address. He was sent to St. Elizabeth Health Center, where he reported his cause for unconsciousness as being hit in the back of the head by an unknown assailant.

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#### **NEWS BRIEFS**

#### Brazilian students, faculty visit YSU for 14th year

As part of YSU's Center of Excellence in International Business, graduate students and faculty from the University of Sao Paulo in Brazil will attend business lectures and area business tours from Oct. 28 through Nov. 1. They'll tour local retail establishments like Best Buy, Home Depot and Sam's Club. In addition, seminars about business-tobusiness marketing, emerging trends in marketing communication, tools for strategic decision-making and business perspectives will be presented by YSU faculty. For more information about the businessstudy tour, contact Tony Kos, special assistant to the dean, at 724-456-7368.

#### Flute festival planned for next week

The Dana School of Music will host the 20th annual Dana Flute Festival on Nov. 3 from 8:30 a.m. to 4:30 p.m. in Bliss Hall. The event is designed for flute players of all levels, and it will include workshops, vendor exhibits, guest artist performances, master classes and a guest artist recital. Participants should bring their own instruments. The cost is \$16 per student if registered prior to the event, and \$20 at the door. Register online at the YSU College of Fine and Performing Art's website, or by calling 330-941-1831. Parents are welcome to attend for free, and parking will be available in the Wick Avenue deck for a

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#### Send letters to: theiambar@qmail.com

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# Shall we dance?

### Student helps special education children find joy through dance

Marissa McInture ARTS & ENTERTAINMENT **EDITOR** 

On Wednesday, Charlotte Campolito dropped off her grandson, David Campolito, at his second dance class.

Before walking into class, he had an outburst and wanted to go home. David Campolito, who is autistic, has trouble adjusting to new environments.

He calmed down at the sight of Malloree Miller, a Youngstown State University dance management major.

After graduating from high school, Miller began teaching at the Performing Arts Center in Canfield. Having started her college career as a special education major, she wanted to combine

her two passions. Now, she They really like has begun to that song 'Call me Maybe.' teach students with It's so fun to see what Down dance moves they'll syndrome, autism, do when that physical song comes on, disabilities and atten--Malloree Miller, tion deficit education Youngstown State University dance class hyperactivdance management major. ity disorder, also she taught on

"I have ADHD, so I know how to relate to these kids," Miller said.

known as ADHD.

Charlotte Campolito said it's hard to find activities for her grandson to do, and it's important to their family that David Campolito has the same experiences as other kids. She said finding this class was a blessing.

"It makes us feel good to know he can be with other children and associate with kids like him," Charlotte Campolito said. "Anytime we find something like this, we like to try it out. Sometimes he's accepting, and sometimes he isn't. So, I'm glad he's enjoying this."

Lisa Friend, owner of the Performing Arts Center, said she supported Miller right

"We thought it was a fabulous idea," Friend said.

With this class being a trial run, she said the center didn't do much advertising, but still got a good turnout of students.

"We have a good base of parents that work with special needs kids, so we thought it would be a good fit," Friend said.

Miller said was nervous during the moments leading up to the first special

Oct. 17. "It was stressful. I had to watch everybody and make sure they were all OK. If one of the kids were to get

Miller said. To her delight, the kids and parents were excited to return

hurt, that wouldn't be good,'

for another dance lesson. "One of the kids didn't



Malloree Miller helps one of her students, Becca, with a dance during her class for kids with special needs. Miller hopes that this trial run of classes is successful so she can continue to teach dance to special education students. Photo by Marissa McIntyre/The Jambar.

want to leave. She was hanging onto the wall, saying she wanted to keep going," Miller

On Wednesday, Miller taught the second special education dance class and greeted the kids with enthusiasm while giving them encouragement throughout the class.

During the classes, Miller has each of the eight students pair up with a dancer from her regular classes. She doesn't teach them routines, but teaches them basic dance moves and stretches.

Friend said pairing the kids with another dancer is another plus to the class.

"I love that it gives dancers the opportunity to volunteer and to get hands-on experience to what they may want to do someday," Friend said. "This also gives the parents a little break. For 45 minutes, they can go get coffee and just relax.

Miller plays songs the kids would be familiar with during the class.

"They really like that song 'Call me Maybe.' It's so fun to see what dance moves they'll do when that song comes on,"

The students range in age from 6 to 19 years old. Miller said she was worried about how the mix would play out at first, but was pleased with the turnout.

They all got along; we had no problems. If anything, they comforted each other and fed off of each other," Miller said.

The Performing Arts Center is one of the only dance studios in the area to offer such a class.

"It made me feel proud to think that this would work out. I hope that it grows more,"

Miller said.

So far, she has taught two classes and two more are scheduled. Miller hopes she can continue to teach the class regularly.

"This has challenged me as well. It has helped me explain things to my helpers and has given me the opportunity to step up my abilities," Miller

Friend said the parents she has talked to hope the program continues.

"I wish they could come up with more for needs special Charlotte Campolito said.

Miller said she hopes to open her own dance studio and exhibit her teaching and dance skills after graduation.

"These kids have already taught me so much," Miller said. "They're so much smarter than people know."

### BEGGING, PLEADING AND BLEEDING Students star in independent horror film

Marissa McIntyre ARTS & ENTERTAINMENT **EDITOR** 

Youngstown State University students Julian Kalis and Cory German recently decided to travel to a campground one that, rumor has it, has been overtaken by cannibals.

They weren't doing it for giggles; instead, they were starring in "Night of the Cannibals," an independent horror film directed by Joe Mohn of Girard.

"Night of the Cannibals" is a film about several friends who hear rumors of cannibals who roam a campground. They decide to brush off the rumors, and end up visiting the campground to party.

But they find out that they probably should've remained

superstitious. Kalis and German play the roles of "Chris" and "Joe," respectively. In the film, they're best friends.

"[Kalis'] character is a bit of a loose cannon, whereas my character sort of brings him down to earth," German said.

Since they're friends in real life, they both said it was a fun experience.

"That chemistry comes across in the film," Mohn said.

After more than a year working on the film, the cast and crew are looking forward to showing it off to family and friends on Saturday at the Halloween Horror Expo at the Eastwood Expo Center.

Filming began in August 2011 and wrapped up that November.

"It has definitely been a long time coming," German said.

Kalis said he is both excited

and nervous for the premiere. "I've been dying to see

Julian Kalis crawls out of a muddy pond as he runs from a cannibal, all while acting in the independent horror film "Night of the Cannibals." Photo courtesy of Julian Kalis.

it," he said. "I'm just nervous about my family seeing it because I do have a sex scene, and there is a scene where I am being tortured."

Mohn said he was worried that the film, which was filmed with one camera and in harsh weather, wouldn't go into pro-

"People were getting really stressed and overwhelmed,' Mohn said. "One time, I almost threw the script in the fire, and I had to step back. I was like, 'We've got this far. Why quit?"

Mohn said he's wanted to write and direct horror films since he was a child. The

25-vear-old filmmaker said

he likes to take a different ap-

proach to send a shiver down

the spines of audience mem-

In addition, Mohn said he likes to use real weapons in his movies, rather than props. This made for some close encounters - but made the actors' jobs easier.

"There is a scene where I am being chased by a man with a chainsaw, and it's a real chainsaw," Kalis said. "I was running through the woods, and I was actually scared."

In one scene, Kalis' character trips, and the cannibal with a chainsaw stands over him and slices a tree. The scene almost caused Kalis to lose his

hand, he said.

"I like to do my own stunts, and I'm OK," Kalis said.

That wasn't the only in-

stance where he had a close encounter with a sharp object.

"There is a part where I am getting tortured, and the cannibal has a machete and he's acting like he is going to slit my throat," Kalis said. "Well, there is a part where he actually cuts into me, but it's fake skin and prosthetics."

After washing off, he found that the machete had grazed his skin.

Mohn said the cast was so willing to go the extra mile

that he often had to step in. We use real weapons, but I still want everyone to be safe,"

Mohn said. "Once everything is edited together, it looks very real."

make more films and possibly

Mohn said he plans to

turn "Night of the Cannibals" into a trilogy.

"There aren't a lot of cannibal movies out there compared to zombie or slasher films," he

This project has also opened up doors for both Kalis and German.

Kalis said he has plans to star in other horror films that are in pre-production.

Although German said he is taking some time off from acting to focus on school, he's been offered roles in other independent films.

"It's definitely something I want to get back into," German said. "I always wanted an opportunity to get into acting, and I'm so excited to see this project finally come together."

THURSDAY, OCTOBER 25, 2012 THEJAMBAR.COM

### Like a boss

President Cynthia Anderson embodies the spirit of Youngstown State University.

Being from the Steel Valley, she knows the value of hard work.

She earned a bachelor's degree from YSU and eventually became an instructor at her alma mater, where she worked through the ranks to the top administrative

But it was a personal email from Anderson that speaks volumes about her.

During an interview, a Jambar editor asked Anderson what she hoped to be remembered for. As financial issues dominated the hourlong conversation, the answer was in that context.

But the next day she emailed a more personal answer.

"I have always been an advocate for our students - and I would hope that our students would remember me as a person who made a difference in their lives," Anderson

This wasn't all she wrote, but it summed up her point.

While some may interpret this as a cliche response, the fact that she took the time to go out of her way and elaborate showed she spent time thinking about the question even after she left Fedor Hall.

From early beginnings in student government (she's the reason we need fliers to be approved by SGA, by the way), Anderson climbed the professional ladder higher than nearly any other Penguin. We should all manifest her drive, pas-

sion and determination, while maintaining the amount of loyalty and compassion that makes her the lovable, vibrant spirit we've come to appreciate.

She's not infallible, and this isn't to say we'll agree with all future decisions she makes as president.

However, we can never foresee an instance where we question Anderson's pri-

#### JAMBAR-POLICY-

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

#### OUR SIDE POLICY=

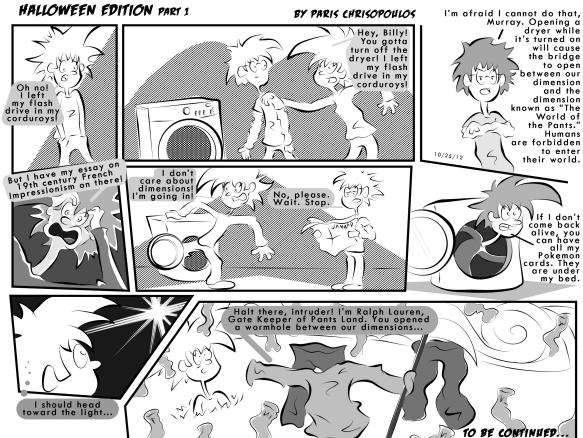
The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor and the senior copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

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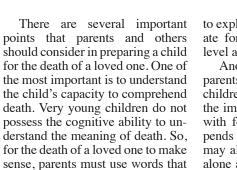
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### YOUNG CITY



#### **Preparing** young children for the death of a loved one



Parents should be honest in talking with children about death and avoid the temptation to explain death through the use of false metaphors such as the loved one "having gone to sleep" or "having gone away." Although generally motivated by a desire to soften the blow of an impending loss, the use of such metaphors may create unforeseen problems.

the child can understand to explain

that the loved one is gone forever.

Young children may develop fears about dying if they go to sleep or come to believe that they are responsible for the loved one's departure. Children's abilities to understand death increase with age, brain development and life experiences, so parents must be able

to explain death in words appropriate for the child's developmental level and immediate needs.

Counselor's

Another important point for parents to understand is that some children may respond to news of the imminent death of a loved one with fear that those the child depends upon most for love and care may also die and leave him or her alone and helpless. Therefore, it is critical for parents to provide assurance that someone will always be available to care for the child, even if the impending death is that of a parent or other important caregiver.

Depending upon the age of the child, parents may prepare the child for what to expect following the death of a loved one. Such information may include simple statements about what will happen to the body after death, how family members may respond to the death (allowing the child to understand that deep sadness, anger and confusion are all normal reactions) and family customs for honoring the life of the loved one, including funeral rites. Parents should invite, but not coerce, children to participate in wakes and other activities designed to honor the life of the deceased person in order to create opportunities for psychological

Counseling

5

Another crucial consideration for parents and caregivers is to allow the child to grieve in his or her own way. Some children may want to talk with adults or other family members about the death, while others may engage in storytelling, drawing, crying or angry outbursts. All of these reactions are normal and appropriate.

Parents should understand that grieving is a natural process that proceeds and comes to resolution for different children in different ways and at different rates.

Finally, if a child is unable to grieve or if the intensity of grief does not subside with the passage of time, parents may consider joining the child in treatment with a counseling professional who specializes in grief counseling.

If you have a question or concern that you would like to submit to Counselor's Corner, please go to thejambar.com, click the "Counselor's Corner" link at the top of the page and follow the instructions.

Information provided in Counselor's Corner is not medical advice and is not intended to be diagnostic or prescriptive. Readers should not infer that a professional counseling relationship has been established. Only medical and licensed mental health professionals can provide diagnostic and treatment services. For help with an immediate mental health concern, contact your family physician or one of the following offices/agencies to obtain assistance: (1) YSU Counseling Services, Jones Hall, Room 1034, 330-941-3515; (2) YSU Community Counseling Clinic (select service hours), Beeghly College of Education, Room 3101, 330-941-3056; (3) Turning Point Counseling (two blocks from the YSU campus), 611 Belmont Ave., 330-744-2991; or (4) Help Hotline Crisis Center (Crisis Suicide and Information Center),

#### Do your duty this year: Exercise your right to vote

Milwaukee Journal (MCT)

Some polls indicate that voter enthusiasm, especially young and minority voters is ebbing — a marked change from 2008. Whomever you support for president this year, it's a concern if fewer people decide to exercise their right to have a say in the political pro-

Anyone who is eligible should

Voting is the one way you can have your concerns heard. As the saying goes: If you don't vote, don't

complain. And while we realize that the question of voter identification is contentious, we're glad that Wisconsin's voters will not have to contend with that during this election. That means that 300,000 eligible voters who do not have a driver's

license or a state ID card, according

to at least one estimate, can remain

a part of the process. Election integ-

rity is essential but there has been no evidence of widespread voter fraud. Even if there was, it couldn't be stopped with a voter ID card. In the absence of fraud, there is no reason for a voter ID law — unless the point is to discourage voting.

Consider the situation in Tennessee. On Thursday, with less than 20 days before the presidential election, a judge is still trying to determine whether the state's photo ID law is constitutional. This comes a day after voters have already begun casting early ballots for the general

With so little time left before the election, it could be a nightmare for any state to suddenly change its

In Wisconsin, a voter ID law pushed through by Republicans has been hung up in the courts. Texas, South Carolina and Pennsylvania are delaying implementation of similar laws. Wisconsin residents can still register at a polling place on election day and vote, an element of state law that we hope never changes.

And about those billboards in

some low-income and minority communities and elsewhere: "Voter Fraud is a Felony," they say. That sort of intimidation should be answered en masse —by voting. Such messages are designed to confuse and discourage eligible voters from doing their duty. Answer them.

Voting needs to be free, fair and accessible to everyone. When it is, voter enthusiasm goes up because people are participants in the process.

But to ensure that people are a part of the process, they need to know their rights - what is required of them when they go to vote. And they need to know where they can quickly find the right in-

Organizations such as the League of Women Voters have traveled to many states, including Wisconsin, to pass out fliers with the latest information and get people registered. They will have volunteers at some polling places.

The American political process works best when people get to the polls and make their voices heard. Make sure you do that on Nov. 6.

# **Backs against the wall**

### YSU ready for self-proclaimed playoffs



Jamaine Cook rushes the ball in YSU's loss to Southern Illinois University on Saturday. The Penguins are looking to bounce back when they travel to South Dakota State University this weekend. Photo by Dustin Livesay/The Jambar.

Steve Wilaj sports editor

While the Football Championship Subdivision playoffs begin on Nov. 24, the Youngstown State University football team will start its own "playoffs" slightly earlier

Holding a 4-3 record — including 1-3 in the Missouri Valley Football Conference — the Penguins will approach Saturday's matching at South Dakota State

University with a do-or-die attitude.

"This is a playoff game; I guess you can say it's Week 1 of the playoffs," safety Donald D'Alesio said. "We know we probably can't afford to lose another

game."

An 8-3 record would guarantee YSU a playoff spot, while any lesser record would make it difficult for the Penguins

to qualify.

"It would depend on who you beat and who you didn't [beat] and strength of schedule," said head football coach Eric Wolford. "If we want to get in, this is a playoff game."

ayoff game."

In South Dakota, the Penguins will

visit a playoff-quality team. The Jackrabbits are 5-2 overall and 3-1 in the conference. SDSU has also defeated YSU in each of the past two seasons.

"We want to get back at 'em a little bit," D'Alesio said. "We can use that as a chip on our shoulder to try and go there and knock them off."

It will be no small feat for the Penguins, as SDSU has already sold approximately 15,000 tickets for a stadium that seats only about 10,000.

"It's a playoff game atmosphere," Wolford said.

Although the Penguins are excited to test SDSU, it's safe to say YSU is eager to end the month of October.

So far this month, opponents have outscored the Penguins 121-56. Meanwhile, YSU committed eight turnovers in 12 quarters, five of those coming last week against Southern Illinois University.

"In October, going back, you look at the turnovers," Wolford said. "That's something that we have not been doing for the most part since I've been here."

In addition, the Penguins haven't been scoring in the second half. In each of their three losses, they've been shut

out in the final two quarters.

It's a glaring problem, and Wolford and his staff are still searching for the answer to their second-half woes.

"That's the magic question," Wolford said. "Specifically, it's a lack of execution. I can't put it any simpler than that. We've got the plays. We've got to execute them."

One positive from the SIU loss was the performance from the YSU defense. They allowed only 17 points on 256 total yards and forced four three-and-outs.

"We simplified things a little bit, and that made it a lot easier for us," linebacker Ali Cheaib said. "I think we played

Seeing the defensive improvements from simplifying the playbook, Wolford said he'll take the same approach this week with the offense.

But a greater concern for the Penguins is to put strong performances from the offense, defense and special teams together — something they haven't been able to do.

"I don't think anything is more frustrating than that because we have the talent," Cheaib said. "We gotta bite down and find a way to get everything done."

#### **SPORTS BRIEFS**

#### Women's golf finishes sixth, men's golf takes ninth in Dayton

On Tuesday, the women's golf team finished sixth at the Dayton Fall Invitational, held at the NCR Country Club; the team had a score of 615 for the event (318-297). Allison Mitzel, a sophomore, set a school record when she carded a round of 67; Katie Rogner, who carded a 70 on Sept. 6, 2010, at the YSU Fall Invitational, previously held the record. In addition, Aislynn Merling tied for 25th place with a score of 155 (76-79), Sarah Heimlich took 36th place with a 158 (84-74), Sana Khan took 53rd with a 162 (85-77) and Emily Rohanna took 59th with a 163 (82-81).

At the same event, the men's golf team placed ninth, posting rounds of 305 and 301 to finish with a tworound total of 606. Bryan Yeo led the Penguins, finishing in 15th place with a tworound score of 148 (75-73). Steven Sveda came in 33th with score of 151 (75-76), Mark Olbrych came in 35th with a 152 (74-78), D.J. Holub came in 59th with a 156 (81-75) and Bill Gaffney came in 69th with a 158 (81-77). The tournament was the final fall event for both the men and the women.

#### Podolsky takes HL Women's Soccer Defensive Player title

It's the second time this season that freshman Jackie Podolsky has been named the Horizon League Women's Soccer Defensive Player of the Week; she earned the same award on Oct. 1. Podolsky contributed a career-high seven saves to the Penguins' 1-0 win over Valparaiso University on Saturday, and she also recorded the first combined shutout of her career.

PENGUIN SPOTLIGHT



Year: Senior Height: 6'2" Hometown: Detroit Position: Defensive tackle

In last week's loss to Southern Illinois University, Stanton recorded 4.5 tackles for loss. He also totaled two sacks and a career-high 10 tackles. Stanton, a defensive captain, has started every game for the Penguins since transferring to YSU in 2011. The senior defensive tackle is the recipient of the 2012-2013 Jermaine Hopkins Academic Scholarship.

### Participating in Penguin Points

Christina Mullen REPORTER

Penguins fans can now win prizes by name-dropping Youngstown State University on various social networking websites through Penguin Points, the university's new rewards program.

Those interested can register on the Penguin Points website, http://penguin-points.com, and have the opportunity to win jerseys, team autographs and tickets to YSU athletic events, among other prizes.

John Vogel, the assistant sports information director at YSU, said the website launched on Sept. 1, and the program will last until Dec. 14.

"We want our fans to engage with us, and Penguin Points is the best way we can interact with them," Vogel said

For instance, participants receive points for liking, commenting, sharing and checking in on Facebook, or tweeting with a hashtag and retweeting on Twitter. Other social networking possibilities include Foursquare and YouTube.

"Students have a chance of accumulating endless

amount of points," Vogel said.

In addition, students can

enter their student ID number and email address on the website; subsequently, each time they use their ID at university events and select locations, they'll receive points.

The 50 participants who have accumulated the most points will be entered in a drawing for the top prizes. Those winners will be chosen at random.

"The point structure is

the key factor," said Robb Schmidt, the assistant athletic director for marketing and promotions.

Kevin Davis, a telecommunications major, is in third place as of Wednesday. Davis, who has accumulated close to 23,000 Penguin Points, said he really enjoys the competition.

the competition.

"I registered for Penguin Points mainly because it keeps track of all of my posts on social networks, and I can receive some cool prizes,"

Davis said. "It is really easy

to join, and it doesn't consume a lot of my time either. I like it because I already attend all the YSU events, and now I can get prizes just for going"

Schmidt said he hopes the program will grow in popularity.

"Whether the website is a success or not is too early to say since it is brand new and we have two more months until the contest is over," he said. "The plan is to get the students more involved."