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Weekend  
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basketball  
coach gets  
miked up

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THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY SINCE 1931

Tuesday, February 12, 2013

Vol. 95, Issue 35

## Pope resigns, local diocese responds

**Kacy Standohar**  
NEWS EDITOR

After the news of Pope Benedict XVI's abdication on Monday, Bishop George Murry of the Youngstown diocese held a press conference.

The 85-year-old pope will resign due to health concerns. Murry said he understands Benedict's decision to step away and let someone else serve. The pope's resignation will take effect at 8 p.m. Rome time on Feb. 28.

"I thought it was a very noble thing of him to do," Murry said. "I would imagine it is a hard thing for him to do because he loves the church."

Murry said historically it is unusual for a pope to resign because most stay in office until their death. No pope has survived the position since Pope Celestine V in the 13th century.

"I think that as the pope said in his official statement, he has become aware of his

physical and mental capacities diminishing," Murry said. "His decision is rooted in his concern about the future of the church. He's not looking at his well-being, but he's looking at the well-being of the church."

Victor Wan-Tatah, a professor of philosophy and religious studies at Youngstown State University, said he was surprised by the pope's resignation.

"I don't think anybody anticipated or expected this to happen," Wan-Tatah said. "One cannot dispute his reasons, and no predecessors did this, even though some of them may have been physically or mentally tired."

Wan-Tatah said he follows these church developments and thinks it will be a challenge to the Roman Catholic Church to identify a leading candidate.

Murry said the choice is usually made from the College of Cardinals, but it doesn't necessarily have to be. The



Bishop George Murry speaks about the resignation of Pope Benedict XVI at a press conference on Monday afternoon at the Roman Catholic Diocese of Youngstown. Photo by Kacy Standohar/The Jambar.

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ILLUSTRATION BY PARIS CHRISOPOULOS/THE JAMBAR

## Passing pot in Congress

STAFF REPORT

Rep. Earl Blumenauer of Oregon and Rep. Jared Polis of Colorado introduced a bill to Congress on Feb. 5 that, if passed, would allow states to legalize marijuana while adding a federal tax on its sales.

Under the Ending Federal Marijuana Prohibition Act of 2013, the newly renamed Alcohol, Tobacco, Marijuana, Firearms and Explosives Bureau would regulate marijuana. Marijuana would be taken off the list of dangerous drugs, and merchants would be required to obtain a permit similar to a liquor license.

However, the bill also prohibits the shipment

of marijuana into states or territories where it is deemed illegal and allows a federal agency to continue its current policy on drugs if it chooses.

Blumenauer and Polis were unavailable for comment at the time of this writing.

Colorado and Washington already legalized the substance in a referendum on the presidential ballot, but the Department of Justice issued a press release in December, warning that marijuana is still illegal under the Controlled Substances Act.

"Neither States nor the Executive branch can nullify a statute passed by Congress," according to the press release. "Selling or possessing any amount of marijuana remains illegal under

POT PAGE 2

## Special agent to give ethics presentation

Frank George  
REPORTER

The Institute of Management Accountants and Youngstown State University's Williamson College of Business Administration will host an ethics presentation by Special Agent Deane Hassman from the FBI.

His presentation, "A Slippery Slope of Decisions Can Define Your Ethics: A Perspective From a Criminal Investigator," will take place in WCBA's auditorium on Friday at 11 a.m. The event is free and open to all interested students, faculty and community members.

David Law, a professor of accounting and finance at YSU, is the faculty adviser for the student chapter of the IMA and has spearheaded ethics events in the past. Law said that for the past four years, the IMA and WCBA have worked together to support various ethics events.

"Our goal has been, and still is, to support the development of ethics in business students," Law said.

Law said he feels that Hassman's presentation will contribute to reaching this goal.

Hassman is expected to stress the importance of having a strong ethical framework. Law indicated that Hassman will explain how one bad decision may lead to other bad

decisions. He will also connect classroom ethics curriculum to real world scenarios.

"Discussing ethics, especially based on real world work experience, helps to drive home the point that ethics is not just a class to pass, but a decision-making skill that is a life-saver in the real world," Law said.

Some students have expressed interest in Hassman's presentation. Michelle Green, an accounting major, explained the importance of business ethics.

"Ethics in business is how you conduct yourself within the business world. If you don't conduct yourself properly, it won't be long until you are out of the business," Green said. "The event is beneficial because [Hassman] has seen and done things that we, as students, haven't seen yet. This info is vital because we don't want history to repeat itself."

Stephen DiPaolo, a finance major, is enrolled in a business ethics course. DiPaolo added that he can learn from an experienced speaker.

"Hearing somebody with experience talk about how you should act in a work environment would help myself and others understand the importance of ethics," DiPaolo said.

# Ch-ch-ch-ch-changes

**Tyler Williams**  
REPORTER

The department of communication at Youngstown State University recently relaxed the pre-requisites for potential telecommunication studies students and has also added new media production courses. The changes come just ahead of a multimillion-dollar renovation to Melnick Hall, the future home of campus media.

Until the spring of 2012, students were required to complete 30 credit hours with a 3.0 GPA before declaring a major within the department.

Now, students need only to complete three courses and earn an A or a B in each.

"We simply require three courses with grades of B or higher so that people are able to move more quickly into the major," said Fred Owens, a communication professor at YSU.

The pre-requisite changes also bring new courses to the curriculum. For instance, a new three-credit seminar involves teaching students how to create and edit motion graphics with Adobe After Effects.

"Students in our program can add animated graphics as an output skill as a part of their training," Owens said.

Owens added that if the course be-

comes successful, it might become an independent course within the department, and other options to learn video and audio production could be added to the department's offerings.

Adam Earnhardt, chair of the communication department, said the new Radio Workshop course will require students to produce a two-hour weekly show on Rookery Radio.

"Radio workshop is kind of the nuts and bolts overview of the radio industry," he said.

Sean Ferguson, a telecommunication studies major, said Radio Workshop will equip students with the experience necessary to work in the radio industry.

"There's really nothing in the tele-communications major to help them unless they're involved with Rookery Radio," Ferguson said. "It will give them a foot in the door."

Another new course, Broadcast News and News Production, will allow students the opportunity to produce "Light the Wick," a weekly webcast that was discontinued due to decreased involvement from students.

"To be able to produce content for the media at a professional level requires people to adhere to ruthless and relentless production deadlines," Owens said. "Long-term takeaway for students is to be able to manage intense production deadlines with ease."

## STEM and WCBA join forces for co-op/internship expo

**Taylor Phillips**  
ARTS & ENTERTAINMENT REPORTER

The College of Science, Technology, Engineering and Mathematics will join forces with the Williamson College of Business Administration to host the annual STEM & WCBA Co-op/Internship Expo on Wednesday from 1 to 5 p.m. in the atrium at Williamson Hall.

The expo's main purpose is for students to learn more about their field of study as well as to network with possible employers. The expo is free to current STEM and WCBA students.

Sherri Hrusovski, founding coordinator of STEM Professional Practice Services, said the expo is a great opportunity for students.

"These employers that are coming to campus are specifically looking for students who are seeking co-op and internship," Hrusovski said.

Kara Miller, student office assistant for STEM and a junior at Youngstown State University, said the turnout for last semester's expo was good.

"We had about 200 students come through last year from both colleges," Miller said.

"It's good that the students went to get their foot in the door to network with different companies."

Due to the success of the previous expos, the colleges have already planned future expo dates for the 2013-2014 academic year. This expo will feature representatives from more than 32 employers — including those from General Electric Co., Walmart, Packer Thomas and FirstEnergy Corp.

"Since our fall expo was such a success, we have increased the number of employers from 24 to 32," Hrusovski said. "We like to have a good mix between business as well as engineering careers."

Leigh Ann Waring, director of WCBA Undergraduate Student Services, said that in terms of employers attending, the more the merrier.

"Internships are key and such a great opportunity for our students to come across at the expo," she said.

Students interested in the event can contact Waring at 330-941-1884 or lewaring@ysu.edu, or Hrusovski at 330-941-2151 or STEM.jobs@ysu.edu.

"It is something we are very proud of," Hrusovski said. "Now is the time for students to meet these employers and start looking into these internships."

## Duke University fraternity under fire for Asian-themed party

**Kelly Poe**  
THE NEWS & OBSERVER  
(MCT)

DURHAM, N.C. — A Duke University fraternity has been suspended from its national affiliation after complaints about a themed party last week that featured Asian stereotypes.

About 200 Duke students gathered Wednesday to protest the Kappa Sigma party, which was held Friday. The party originally was called "Asia Prime" in social media posts that featured references to drinking sake and an exaggerated, stereotypical language, such as saying "Herro" instead of "Hello."

In response to student complaints, the fraternity changed the party theme to "International Relations" two days before the event. Still, photos from the party showed mostly white students wearing sumo wrestler costumes and chopsticks in their hair.

That was enough to inspire Duke senior Ting-Ting Zhou, president of the Asian Students Association, to help organize Wednesday's protest.

"My parents gave up everything they had in China to come here to give me a better life: their language, their culture, their educational recognition, their careers," Zhou said. "(Other students) can pretend to be Asian for this one night, for this one party, but I have to be Asian my whole life. It trivializes me! It makes me feel like less than a human being."

The national Kappa Sigma Fraternity suspended the Duke fraternity's charter Wednesday pending an investigation, which should be finished in about two weeks, said Mic Wilson, national executive director. The Duke chapter must cease all operations and activities until the investigation is complete, Wilson said. Then, he added, the national board of directors will decide whether action needs to be taken.

"We certainly do not condone (the party)," Wilson said. "Kappa Sigma is a very diverse organization, and we celebrate that. We have members from every walk of life, every culture, and we have a lot of brothers in our fraternity who are Asian-American."

Larry Moneta, Duke's vice president of student af-

fairs, said the university is investigating the party but that it does not appear that the fraternity violated any specific university policy.

But that doesn't mean the fraternity's actions were acceptable, Moneta said.

"(We) continue to advise them and turn this as much as we can into a learning opportunity," Moneta said. "This is a persistent battle against ignorance that students arrive with, that students develop and that is reinforced in various cultural conditions on and off the campus. This is nothing unique to Duke."

At Wednesday's protest on the lawn in front of Duke Chapel, students stood around a sign several feet high that bore the message "Race is not a party."

"A common counter-argument we get is, 'OK, if it had been an 'America' party, which people do hold, then it would be OK,'" said Xiaohan Cai, a junior public policy major who participated in the protest. "But that's not a marginalized group, so the context is very important."

According to Duke's website, 22 percent of the undergraduate population was Asian-American in 2008, the last year statistics were available.

This isn't the first time Duke's Kappa Sigmas have been in trouble. In the early 2000s, the chapter, affiliated with the national fraternity since 1873, lost its charter because of alcohol and social violations, Wilson said. The fraternity was only re-chartered, and thus allowed back onto Duke's campus, in April 2011.

Kappa Sigma isn't the first party to be accused of celebrating stereotype at Duke. In November 2011, the university's chapter of Pi Kappa Phi drew criticism for throwing a "Pilgrims and Indians" party, in which the invitations encouraged students to find their inner "hot natives" or "Pocahotness."

Zhou said she's seen a few parties with themes such as "Black Entertainment Television vs. Country Music Television" since she's been a student.

"The Pocahotness party was so recent ... and nothing was done," Zhou said. "They know this is wrong, but they still do it. They also know that nothing will happen. They know that in another month, this will all blow over."

### POPE PAGE 1

cardinals under 80 years of age will be able to vote for a new pope. Murry said Benedict appointed the majority of cardinals under that age.

Murry met Pope Benedict XVI in Rome in 2007 just before being appointed to Youngstown and then again last year when all of the Ohio

bishops met. Murry said the newly elected pope will have to understand the speed and complexity of the church.

"I don't think he necessarily has to know how to tweet, but he does need to know how to turn on a computer," Murry said. "I think that the

next pope would be well advised to understand the communication revolution."

Murry said the pope needs to be technologically savvy and aware of diversity. He said the new pope "must identify what is in the best interest of the people he or she serves."

### POT PAGE 1

federal law."

Paul Sracic, chair of the political science department at Youngstown State University, said the proposed law stands little chance of being debated on the floor of the U.S. House of Representatives.

"The votes just aren't there yet," he said. Sracic said that unlike the U.S. Senate, which allows the minority party some influence, the House of Representatives is "ruled by the majority" and that most Republicans are socially conservative and won't vote to pass the bill.

"The first step is to see how the DOJ deals with the issue," he said. But even state and federal Democrats aren't ready to throw their full support behind the legalization of marijuana.

Meghan Dubyak, communications director for Sen. Sherrod Brown, said in an email that Brown hasn't yet decided how to vote.

"Senator Brown would weigh the potential

medical benefits of marijuana — particularly for terminally ill patients whose quality of life may hinge on effective pain management — as well as the risks associated with legalizing the drug," she said.

Even if the measure passes in both the House of Representatives and the Senate, some Democratic Ohio state legislators are still lukewarm on the topic.

"I would support for medical reasons but not sure if I would go any further," said Rep. Ron Gerberry. "[I am] not ready to support further expansion for marijuana at this point."

Sen. Joe Schiavoni said Ohio's Congress would face an opposition similar to the federal legislature.

"In my opinion, even if the bill was to pass in Congress, it would still be illegal in Ohio — at least according to the people I sit with in Columbus, because it is such a Republican-dominant house," he said.

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Letter to the Editor

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# The YO Magazine



Are you a writer, designer or photographer looking to contribute to an award-winning regional arts and culture magazine?

If so, The Yo\* Magazine, a subdivision of The Jambar, welcomes your involvement — and involvement from all YSU students, faculty and staff.

A meeting to discuss this semester's issue of The Yo\* Magazine will be held at 2 p.m. on Friday, Feb. 22, in the basement computer lab of Fedor Hall.

For more information, email [yomagazineysu@gmail.com](mailto:yomagazineysu@gmail.com), or call 330-941-1991.

Saihou Njie created the art used in this calendar.

**2013 AFRICAN AMERICAN HISTORY MONTH CELEBRATION**

*Prayers of the Month*  
If a doctor's sick you and you, kick back, why are both doctors? (Lorraine Hansberry)

**Saturday, Feb. 2**  
Noon to 6 p.m., Chestnut Room, Kikowley Center  
**THE AFRICAN MARKETPLACE**  
The African Marketplace features a wide variety of vendors from the U.S. and Africa as they display and sell African outfits, artifacts, artistic creations, books and jewelry. The marketplace also celebrates African culture in music and dance, provided by the highly talented Harambee Youth Group of Youngstown.

**Thursday, Feb. 7**  
7:30 p.m., Chestnut Room, Kikowley Center  
**THE AFRICAN AMERICAN PYRAMID AWARDS**  
A presentation and awards ceremony celebrating the achievements of outstanding Youngstown City Schools students. Teachers, mentors and parents who have devoted service to student honorees will also be recognized.  
Co-sponsors: The Family Empowerment Institute and Youngstown City Schools

**Wednesday, Feb. 13**  
Reception: 5 p.m., Art Gallery, Bliss Hall  
Panel Discussion: 6 p.m., Zona Auditorium, Butler Institute of American Art  
**AFRICAN ART DISPLAY**  
By Saihou Omar Njie  
Saihou Omar Njie grew up in The Gambia, West Africa, in a family of artists. He developed an interest in the arts, especially in the magic of color and patterning on fabric, and studied art and architecture at Hamilton College in New York. He is on the roster of Teaching Artists for the Pennsylvania Council of the Arts and the Pittsburgh Center for the Arts.  
Co-sponsor: The College of Fine and Performing Arts at YSU

**Friday, Feb. 15**  
7 p.m., The Ohio Room, Kikowley Center  
**"BLACK ARTS AND THE CIVIL RIGHTS MOVEMENT"**  
Keynote lecture by Mwatibu S. Okantah  
Mwatibu S. Okantah is an assistant professor and Post-Residence for the Department of Pan-African Studies and director of the Center of Pan-African Culture at Kent State University. An author of several published poems, he holds degrees in English and African Studies from KSU and a master's in Creative Writing from City College, New York. Also a performer, Okantah has collaborated with the Cavani String Quartet, the Rhodes Street Rude Boys, and leads the Muntu Kuntu Energy Group.

**Saturday, Feb. 16**  
7 p.m., St. Augustine Church, 614 Parmelee Ave., Youngstown  
**SAVE NUBIA PROJECT SEMINAR**  
Manu Ampim  
Manu Ampim is a professor of History at Contra Costa College and of Africana Studies at Merritt College. In addition, he is historian, primary researcher and director of Advancing the Research. He holds his master's in History/African American Studies and is the author of several publications. His latest project draws upon his archaeological research of the classical African civilizations of Ancient Kush and Nubia, which are now in danger of being permanently flooded.  
Co-sponsors: The Africana Studies Program at YSU and the P. Ross Berry George Washington Williams Historical Society

**Tuesday, Feb. 19**  
7 p.m., The Ohio Room, Kikowley Center  
**WITH GRACE I STAND**  
One-woman play by E.P. McNight  
E.P. McNight depicts trailblazing African American women in this entertaining production. A graduate of Fordham University, New York, she received her master's degree in Educational Psychology. McNight is a poet, actress, writer, producer, host, teacher and a member of Screen Actors Guild. She currently travels throughout the country with her highly acclaimed show, "I Question America: The Legacy of Fannie Lou Hamer."

**Thursday, Feb. 21**  
7 p.m., The Gallery Room, Kikowley Center  
**"AFRICAN CULTURAL HERITAGE: MISSING VALUES IN THE QUEST FOR MODERNISM"**  
Lecture by Dr. Emmanuel Christian Nyarko  
Dr. Nyarko is a Ghanaian educationist whose specialization is in Art Education. He obtained his Ph.D. from Ohio University, where he was a Fulbright student, and has been a lecturer at the Kwame Nkrumah University of Science in Kumasi, Ghana. He was a member of the Board of Trustees of the Center for National Culture in Kumasi and president of the Ghana Association of Visual Artists.

**Saturday, Feb. 23**  
7 p.m., Chestnut Room, Kikowley Center  
**AFRICAN MUSICAL EXTRAVAGANZA**  
By Toby Foyeh and Orchestra Africa  
Toby Foyeh is the leader of the Toby Foyeh African Orchestra and attended Berklee College of Music in Boston and Howard University, Washington, D.C. The orchestra specializes in African music with its origins in the traditional Yoruba ethnic group of Nigeria and focuses on a dynamic mélange of jazz, rock, pop and Latin rhythms or "AfriJam" music.  
Co-sponsor: The Office of Student Diversity at YSU

**Monday, Feb. 25**  
7:30 p.m., Jones Room, Kikowley Center  
**BLACK FACULTY RESEARCH SHOWCASE**  
Black Faculty Research Showcase is a celebration of Youngstown State University's Black faculty—an opportunity for them to share their research for feedback and general discussion. Presenters include Dr. Frank Akpaddock of the Regional Center for Urban Studies and author of *City in Transition: Strategies for Economic Regeneration of Inner-City Communities—The Case of Youngstown, Ohio*; and Dr. Victor Wan-Yatah, director of the Africana Studies Program and author of *The Toxic Influence of Religion in Recent Presidential Elections*, among other accomplished faculty. There will be a book signing at the end of the event.

Events co-sponsored by:  
33 WYOH, myTV, The Vindicator, FOX, CW, WCB, WTTW, FirstNews

For further information about African American History Month events, call the Africana Studies Program at 330-941-3097.  
Event parking is available at the Lincoln Deck and lot M24, next to McDonald's on Fifth Avenue.

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**POLICE BRIEFS**

*Student reports theft of YSU ID*

On Thursday, YSU Police spoke with an 18-year-old male student who reported the theft of his student ID on Feb. 2. The student told YSU Police that while playing basketball at the Andrews Student Recreation and Wellness Center, he put his student ID and gym bag under a bench in the main gym. When he looked for it around two hours later, it was missing.

*Burning food accidentally triggers alarm*

Both the YSU Police and the Youngstown Fire Department reported to the Flats at Wick on Madison Avenue after a fire alarm went off in the building on Thursday morning. The 23-year-old male resident said burnt food activated the alarm, adding that there was no actual fire or damage. The fire department reset the alarm panel, and the scene was cleared without further incident.

*Student recovers keys*

Around 11:30 p.m. on Thursday, a 25-year-old male student flagged down a university police officer to return a set of keys — including a possible state key — that he found on the bridge near Elm Street. YSU Police placed the keys on a property shelf at the station.

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**NEWS BRIEFS**

*Safe Zone training set for March*

Members of the YSU community — including faculty, staff, administrators, student employees and student leaders — are welcome to attend a Safe Zone training session from 1 to 5 p.m. on March 1 in Kilcawley Center's Chestnut Room. The Safe Zone project, organized by YSUnity and the Safe Zone Advisory Council, works to make YSU's campus a safer place for lesbian, gay, bisexual, transgender, queer, questioning, intersex and ally students. Participants who sign the Ally Pledge after completing a Safe Zone training session will be given a sign to display in their workspace. The deadline to register is Feb. 22, and registrations can be made at <https://www.surveymonkey.com/s/sqkk2zg>.

*Mad About the Arts to mark 17th year*

On Feb. 22, the McDonough Museum of Art will once again host the annual Mad About the Arts event, which benefits both the museum and YSU SMARTS, or Students Motivated by the Arts. A preview reception will begin at 6:30 p.m., and the main celebration will begin at 7:30 p.m. The reception costs \$80, while the main event is \$50. Tickets can be purchased online at <http://www.yzu.edu/givetoysu>. For more information, contact SMARTS at 330-941-2787.

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## MERCH FOR THE MARINES



The sisters of the Alpha Omicron Pi sorority are collecting items for care packages that they will send to soldiers stationed overseas. Last semester, they sent 22 boxes to troops. Photo courtesy of Alli DeVaul.

**Marissa McIntyre**  
ARTS & ENTERTAINMENT  
EDITOR

Alli DeVaul wanted to join the Alpha Omicron Pi sorority at Youngstown State University when she learned of the Sisters for Soldiers care package drive.

From 10 a.m. to 2 p.m. on Saturday, members of the sorority will be stationed at the Eastwood Mall's community booth, located in the hallway near Target. There, they'll collect items — like reading materials, food, clothing and games — to send to soldiers overseas, and they'll be back again on Feb. 23.

Alli DeVaul and Jamey DeVaul, her older brother, grew up together in a close-knit family; the two are just a year apart. After Jamey DeVaul's first semester as a freshman at Ohio Dominican University, he and his sister went from talking every day to talking only once every two weeks.

Jamey DeVaul is a U.S. Marine stationed in Afghanistan.

Lindsey Green, one of Alli

DeVaul's sorority sisters, has been helping to gather items for soldiers.

"I love that we get to do something so close to home," Green said.

Green started tearing up as Alli DeVaul talked about her brother.

"We're so close. We have a very close family. Him joining the Marines just made me respect him so much more," Alli DeVaul said. "He was always protecting me, so now he's protecting you, too."

The sorority members organized their first care package drive last semester, and they successfully sent 22 boxes of items to troops overseas. The sisters hope to surpass the fall quota in the spring, but they haven't set an official goal yet.

"We just want to gather as much as we can," Green said. "So far, we have a lot of deodorant and razors."

The first day of this semester's drive was already quite successful, she said.

"We were passing out fliers, and since we were in the Target hallway, a lot of people were buying items to donate," she said of the Feb. 2 collec-

tion.

Alli DeVaul said it's nice to have her sorority sisters support her while her brother is away. Jamey DeVaul was stationed in Japan for a year before going to Afghanistan. Alli DeVaul said her family doesn't have a military history, but her brother had always talked about joining.

"He came home for break after his first semester [of college] and told us," she said.

He's been home twice since enlisting and will be home for a month in June.

"He loves video games. I'm not really into them, but when he's home, I'll just watch him play and hang out. We like to go to the movies and just do normal things," Alli DeVaul said.

Green said they will continue to gather items in the future.

"We love to give back and to do something where the community can be involved," Green said.

She said students who would like to donate can take items to the Student Activities Office in Kilcawley Center.



Alli DeVaul and her brother Jamey DeVaul enjoy spending time together when he is home from the U.S. Marine Corps. He's been home twice since enlisting and will return in June. Photo courtesy of Alli DeVaul.

## Contending with stress

**Drew Zuhosky**  
REPORTER

Beneath the stereotypical sex, drugs and rock 'n' roll of college life is another layer: stress.

Students deal with this stress in a variety of ways.

"I look at porn," said Mike Grisham, a Youngstown State University student.

Craig Latchaw, another YSU student, said he relieves his aggression creatively.

"I draw comic books," he said. "I usually draw myself as a superhero with no powers."

Jake Protivnak, chair of the counseling department at YSU, said he knows that college isn't all fun and games.

"Being a college student is stressful," he said. "Throughout the entire year, college students are frequently dealing with financial, relationship, academic and family stress."

Protivnak said incoming freshmen are more stressed out than students who are further along in their academic careers.

"For new students, the beginning of the year can be stressful as they transition to the responsibilities of being a college student, establishing

relationships and completing course assignments," he said.

Protivnak said there is one point in the semester that is the most stressful for all students.

"Finals week is typically a stressful time for all students, as they prepare for exams and finish their projects. For students nearing graduation, this can also be a stressful time because there are anxieties about the uncertainties of life and career after graduation," he said.

Different students handle stress in different ways. Protivnak said the intensity of stress varies from person to person.

"I have seen some students handle large problems well, and I have seen other students have difficulty coping with seemingly minor annoyances," he said. "The most problematic cases of stress are students who do not get help with their severe stress and then try to handle it on their own in negative ways."

Not all methods of relieving stress work for everyone.

"Each YSU student has to determine the most effective and healthy ways to relieve stress for themselves," he said. "The most common and effective ways to relieve minor stress are through exercise,

healthy diet and positive relationships with others."

Protivnak urges students to closely examine their personal mission statements.

"Reprioritizing time and attention toward things that are more meaningful may help a student feel less stressful," he said.

Protivnak said some students will attempt to relieve stress in ways that are unhealthy.

"Binge drinking or binge eating may appear to temporarily relieve stress, but can lead to feelings of depression, increased stress and unintended consequences the next morning," he said.

Protivnak advised students to watch for the physical and mental effects of stress, like headaches, stomachaches, sleepiness, weight fluctuations, insomnia, anxiety and depression.

"Most frequently, stress is experienced by frequent negative thoughts related to worry, fear, guilt, blame and anger," he said.

If a student feels that his or her current level of stress is too much to handle, Protivnak suggested scheduling an appointment with a licensed professional counselor.

## YO\* CALENDAR

### TUESDAY

**Paczki, Polkas and Piwo**  
Tuesday, 6-10:30 a.m.  
Kravitz Delicatessen

**Free Tax Clinic**  
Tuesday, 9 a.m.-4 p.m.  
YWCA  
Call 330-746-6361

**Yoga**  
Tuesday, 9:30-11 a.m. and  
5:30-7 p.m.  
Mill Creek Park

**Fat Tuesday Paczki Dance**  
Tuesday, 7-11 p.m.  
Kuzman's  
\$8: music by The Polka  
Tones and Polka Magic.

**The River Saints**  
Tuesday, 7 p.m.  
Youngstown Crab Company

**Simply Ed Karaoke**  
Tuesday, 10 p.m.  
Magic Tree

### WEDNESDAY

**Health and Wellness Walk**  
Wednesday, 9 a.m.  
MetroParks Golf Course  
Meet at overflow parking lot.

**"Beyond Comfort"**  
Wednesday, 11 a.m.-4 p.m.  
Butler Institute of American Art

**"The Facts of Fracking with Dr. Jeff Dick"**  
Wednesday, noon  
Main Library, Public Library  
of Youngstown and Mahoning  
County

**Dana Clarinet Studio Recital**  
Wednesday, 12:15 p.m.  
Butler Institute of American Art

**Piloxing in the Park**  
Wednesday, 6-7 p.m.  
Mill Creek Park

**Lemonaoke**  
Wednesday, 10 p.m.  
Lemon Grove

### THURSDAY

**Cheap Skate**  
Thursday, 5-8:30 p.m.  
Champion Rollarena  
\$2 admission; \$3 skate rental.

**Bernardus Medieval Music Ensemble**  
Thursday, 5:30 p.m.  
Kent State University Music  
and Speech Center  
The ensemble will perform  
"The Eternal Flame: Versions of  
Love Throughout the Medieval  
World."

**Winter Concert**  
Thursday, 7 p.m.  
Yellow Creek Park

## Guns and gripes

On Thursday, we'll get a glimpse into President Barack Obama's political agenda for the upcoming year.

Last year, it was higher taxes for the wealthy and a greater effort from manufacturers to insource jobs back home.

This year, it's immigration, maybe the budget, the environment and those two ugly words no Republican wants to hear: gun control.

There's no question that this country suffers from a violence problem. The debate is had over whether the current system of firearm regulation is effective enough.

That's not for us to say.

We do, however, vehemently oppose the use of Sandy Hook Elementary School survivors and their families as a political bargaining chip.

They've been through enough. They've testified before Congress and in the Connecticut Legislature.

Leave. Them. Alone.

The deliberation should be made only logically and without an emotional appeal.

What happens in the end doesn't matter now; it's how we get there.

Simply put, don't exploit grieving families to pass legislation.

Obama needs to utilize the spotlight for more meaningful purposes, not to play the sympathy card.

And now, onto the gun lovers. Would you please chill out?

The minute anyone even suggests that the government should tighten regulations on firearms, the National Rifle Association's groupies go all Charlton Heston.

They act like the right to bear arms means any weapons. No one ever complains that we can't buy atomic bombs or predator drones. Outlawing assault rifles and 30-clip magazines is not a totalitarian overreach.

Believe it or not, liberals like guns, too. Well, some liberals anyway. And if any government official proposes a ban on all firearms, those of us who have blown up a gas can with a shotgun will speak out.

Until then, just keep an open mind.

### JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

### OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor and the senior copy editor. These opinion pieces are written separately from news articles. They draw on the opinions of the entire writing staff and do not reflect the opinions of any individual staff member. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

### YOUR-SIDE POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com or by following the "Submit a Letter" link on thejambar.com. Letters should concern campus issues, must be typed and must not exceed 500 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for printing. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff decides that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitting writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

TheJambar.com



The views of this artist do not necessarily reflect those of The Jambar.

## What happened to the radio star in Youngstown?



David Roberts  
COLUMNIST

We've all had those moments when we hop in the car and the radio just seems to read our mood, playing every song completely on point with the way we are feeling. That is one of the greatest parts of radio: its ability to somehow predict exactly what we need to hear at exactly the right time.

Now, keep in mind that I'm talking about FM radio here. I'm pretty sure I'm the only one around who still listens to AM radio — and that's only to hear my beloved Cleveland Indians baseball games. I am not even addressing satellite or Internet radio. Admittedly, both have their merits, but I just cannot help but shake the feeling that there is something special about good old fashioned FM radio.

I, for one, like to hear local radio personalities and the local twist that they transmit over the airwaves. I don't really care for the commercials, but every now

and again, it is nice to have that local connection. It's what keeps me coming back to radio, even if much of what is available does not exactly tickle my listening fancy.

Youngstown's radio stations don't offer much variety. Sure, we have a station that plays today's hit songs, another that plays songs from the '80s through today, a classic rock station and a country station, but that's just barely scraping the surface of available music. As much as I love repeatedly hearing the new One Direction song, I would love to hear less well-known groups. I have a diverse taste in music, so I listen to genres all over the place, and, honestly, most of the groups I listen to never crack standard radio.

Somewhere along the line, financial matters play into what groups get radio play and what groups don't, but a nice alternative station — or anything that's not mainstream — would be wonderful to have around here. The same songs played on a continuous loop can really turn a good song into a song you just can't stand to listen to anymore, and

that is a downright travesty.

Obviously, with satellite and Internet radio, you can listen to any kind of musical genre that pleases your ears, and I can't argue with that. Pandora, for instance, works wonders when you are entrenched in the hourslong process of writing a research paper.

However, something is missing from satellite and Internet radio, at least for me. What's missing is a local connection.

I will admit that at times, I want to just listen to music. In those cases, radio personalities do nothing for me but test my patience. Other times, for some reason or another, I don't mind hearing them; they just add to the listening experience.

Like so many of my other columns, of course, this one may reveal another of my old fashioned tendencies, but I'd like to think that there are other people out there who wouldn't mind a little more variety as well.

The Buggles may have lamented about how "Video Killed The Radio Star" in 1979, but it's 2013, and the radio is still alive.

## Choose a new pope for modern times

The Kansas City Star  
(MCT)

Pope Benedict XVI's stunning decision to step down gives the Roman Catholic Church the opportunity to choose a progressive leader who's more in step with how churchgoers really live their lives in the 21st century.

American Catholics especially would benefit from the selection of a pope ready to talk openly about religious values in modern times. U.S. Catholics' support for the use of birth control and for women as priests, for example, have long been ignored and criticized by the Vatican.

Unfortunately, the College of Cardinals is populated with many of Benedict's like-minded followers, who may be more in tune

with continuing very conservative church doctrines. While certainly many people worldwide embrace these teachings, the church has been missing opportunities to reach out to more progressive Catholics not just in the United States but also in Europe and Latin America.

Benedict will leave behind a mixed record on major spiritual and church-related issues. Many Americans are disturbed by the church's inability to effectively deal with the priest abuse scandals that have victimized thousands of children, soiled the reputation of the church and financially damaged it.

The Kansas City region has certainly seen its share of trouble in that regard, as Bishop Robert W. Finn, leader of the Diocese of Kansas City-St. Joseph, was

found guilty of failing to report suspected child abuse.

The pope had more success in promoting the values of prayer and Christianity, with a special focus on bringing Europeans back to the church.

The Catholic Church, like many other religions around the globe, faces many challenges in the hustle-bustle world of today. They include wooing people to attend religious services and getting people to contribute time and money to the valuable outreach efforts of their churches.

Benedict's resignation offers the Catholic Church the chance to hit the "reset" button and find a new leader who's ready to embrace those challenges. Selecting a modern-day pope could create a more vibrant future for the church.

## Campus Connection

What has been upsetting you lately?



"Everybody."

Jaleesa Taylor,  
Freshman



"The Candy Counter don't take credit cards."

Ashlyn Baker,  
Sophomore

# Mighty Mady

## NFL may draft YSU offensive guard

Derik Sheppa  
REPORTER

Lamar Mady, a senior physical education major at Youngstown State University, is the football team's 6-foot-3-inch, 315-pound offensive guard who has aspirations of being drafted into the National Football League this spring.

Mady originally started for two years at Butler Community College in Kansas, but filed transfer papers to become a Penguin in the winter of 2010. He did so because he wanted to make a name for himself.

"I came to YSU because I felt comfortable here," he said. "A few other schools recruited me, but YSU was an obvious choice."

Steve Zaborsky, a redshirted freshman and the team's defensive tackle, said he's glad to be on the same team as Mady.

"My whole redshirted year, I went against him on scout defense every day at practice, and it's been the hardest thing I've had to do for football," Zaborsky said.

Mady could become the 16th player from YSU since 1967 to be drafted into the NFL. He would be the first YSU player drafted since 1998, when Harry Deligianis was a fourth-round draft pick.

"I really believe Lamar is going to make it to the league just off his focus and drive, along with his athleticism," Zaborsky said. "He's a really good guy and is very humble about all of his accolades."

On Feb. 2, Mady appeared in the Texas vs. The Nation All-Star Game, the Football



YSU offensive guard Lamar Mady (55) is likely to be drafted in April's NFL Draft. Mady will attend the NFL Combine, which begins on Feb. 20. Photo courtesy of YSU Sports Information.

Championship Subdivision's version of the East-West Shrine Game.

"The game went good," Mady said, adding that it feels great to be getting recognition. "Hopefully, I did enough to raise my draft stock."

Overall, Mady is ranked as the 36th guard and 24th center.

"Lamar is a big body and is very athletic for his size," Zaborsky said. Not very many people know this, but Lamar broke the three total lift record in the gym, so obviously he is very strong," Zaborsky said.

Dante Nania, a redshirted freshman, said Mady is destined for greatness.

"He is one of my good

friends," Nania said. "He deserves all of the things happening to him right now. He is invited to the [NFL] Combine, which is a huge accomplishment."

The NFL Combine will be held in Indianapolis from Feb. 20 to Feb. 26.

Senior Luis Quinones, defensive end, said Mady has already earned a reputation on the team for bringing the best out of his teammates.

"It was always a competitive environment between us. The label 'NFL prospect' made me go hard every time we went against each other. My hardest made him try his hardest to pancake me snap after snap," Quinones said. "In a way, play-

ing with Lamar gave me more confidence to work just as hard as he did before and during the season."

Mady said he owes a measure of his success to his teammates as well.

"They are great teammates and guys," he said. "[Jamaine] Cook is a hard worker; he stayed on top of me, and I stayed on him, too. Kurt [Hess] is the same as Cook. He is a big leader and a great player."

And if his collegiate success translates into professional success, Mady will bring glory to himself and to YSU.

"I just want YSU to know that I'm doing this for them, and I'm trying to put YSU on the map," he said.

### SPORTS BRIEFS

#### Two Penguins place in top eight at SPIRE Invitational

At the SPIRE Division I Indoor Track Invitational, which was held in Geneva on Friday and Saturday, senior sprinter Michael Davis had two top-eight finishes and freshman Nina Grambling had a top-five finish. Davis finished fourth in the 60-meter dash with a season-best time of 6.90 seconds, and was eighth with a season-best time of 21.85 in the 200. Grambling came in fifth during the 200, with a career-best time of 25.03. In addition, Nicole Pachol placed 10th in the 400, with a career-best time of 56.94 seconds. Tarelle Irwin posted a time of 7.07 in the 60; Jay Jakovina was 17th in the high jump with a career-best leap of 2.03 meters; and John Seaver was 17th in the shot put with a distance of 16.67. Monica Ciarnello posted a personal-best time of 17:51.53 in the 5,000, and Anna Pompeo had a career-best time of 10:03.60 in the 3,000. Alexis Cooper had a career-best performance of 2:17.99 in the 800, while Brittany Stockmaster had a personal-best time of 10:44.34. Katrina Rettburg finished 11th in the high jump with a height of 1.65, and Jennifer Neider was 13th in the shot put with 13.81. The Penguins will compete at the Akron Invitational on Friday.

#### Two named to HL All-Academic teams

Brittany Stockmaster, a member of the cross-country team, and Missy Hundelt, a volleyball player, were both named to the Horizon League's All-Academic teams. Stockmaster is a sophomore from Attica, Ohio, and she is a geology major who maintains a 3.83 GPA. Hundelt is a junior, and she is the first volleyball player to earn HL academic honors since Allison Heinz in 2009 — and the fifth YSU volleyball player overall to do so. In addition, Hundelt maintains a 3.30 GPA as a criminal justice major.

### PENGUIN SPOTLIGHT



**Kendrick Perry**

Height: 6'0"  
Hometown: Ocoee, Fla.  
Position: Guard  
Year: Junior

The men's basketball team is anchored by star junior Kendrick Perry. So far in the 2012-2013 season, he's averaged 16.6 points a game, leading all Penguins in scoring. Perry has also hit 85 percent of his shots from the charity stripe, and he averages 4.2 assists per contest and 5.3 rebounds a night. The Edgewater High School graduate has led YSU in scoring in 16 of 24 games this season, with his season-high 34-point output coming in a loss against James Madison University on Nov. 20. In his sophomore season, Perry led both YSU and the conference in points per game with 16.8, securing a First-Team All-Horizon League spot in the process. During his high school career, Perry captained the boys basketball team twice and won the FHSAA District 6A-4 Championship as a senior. At YSU, Perry is a criminal justice major.

# Football program signs new talent

Derik Sheppa  
REPORTER

On Wednesday, the Youngstown State University football program held its annual National Signing Day, recruiting 22 new players, 12 of which will play defense.

"This class gives us a chance to reload. We lost a lot of starters, but these players we acquired will allow us to plug up some of those holes," said head football coach Eric Wolford.

YSU picked up two linebackers, Jaylin Kelly and B.J. Welch.

Kelly, a linebacker from Washington Senior High School in Washington, Pa., led his school to the WPIAL Class AA championship game.

"Jaylin is a true inside linebacker. He has great awareness, and he plays downhill. He is a very good athlete," Wolford said.

Kelly's high school coach, Mike Bosnic, said Kelly's talent is on the level of the Bowl Championship Series.

"Jaylin has a great sense for

the game; he loves contact. He was an overlooked prospect, which teams will pay for," Bosnic said.

Welch, who is from Orangewood Christian High School in Maitland, Fla., averaged 10 tackles per game in his senior season. Welch also played running back, but will play linebacker for YSU.

"B.J. was easily in the top 10 for players I have ever coached, and I have coached some players that have gone to the NFL," said Bill Gierke, Welch's high school coach.

YSU went strong into the junior college pool, landing Octavius Brown and Nate Cox, among others.

Brown, a junior defensive tackle from Georgia Military College, finished his sophomore season with 36 tackles.

Rob Manchester, Georgia Military College's assistant head coach, said he believes YSU got a steal with Brown.

"He does everything right, especially when nobody is looking. He has high character, he leads by example and, most importantly, he is a leader off the field,"

Manchester said.

Wolford also praised Brown, calling him "the most disruptive interior lineman from the past 12 years."

Ricky Davis, a quarterback from Bishop Fenwick High School in Franklin, is ranked by ESPN as the 73rd quarterback in the 2013 recruiting class. Davis was a First-Team Greater Catholic League North Division selection.

"Ricky is an incredible student of the game. He understands more football more than anyone I have seen. He is an all-around great kid. He cares about his grades as much as he does football," said Fred Cranford, Davis' high school football coach.

Wolford did some digging in order to find some good talent. He landed a few impact-type players in Joey Cejudo, Ryan Mosora, Martin Ruiz and Derrick Burgess.

Cejudo, from Mt. San Antonio College, had an average of 36.7 yards per punt, and made 21-of-22 PAT kicks.

Bob Jastrab, head coach at Mt. San Antonio College, spoke highly of Cejudo.

"Joey can do it all with his leg. He can punt as well as kick," Jastrab said.

Jastrab said YSU got a real find with Cejudo, as he drew interest from a Division I school.

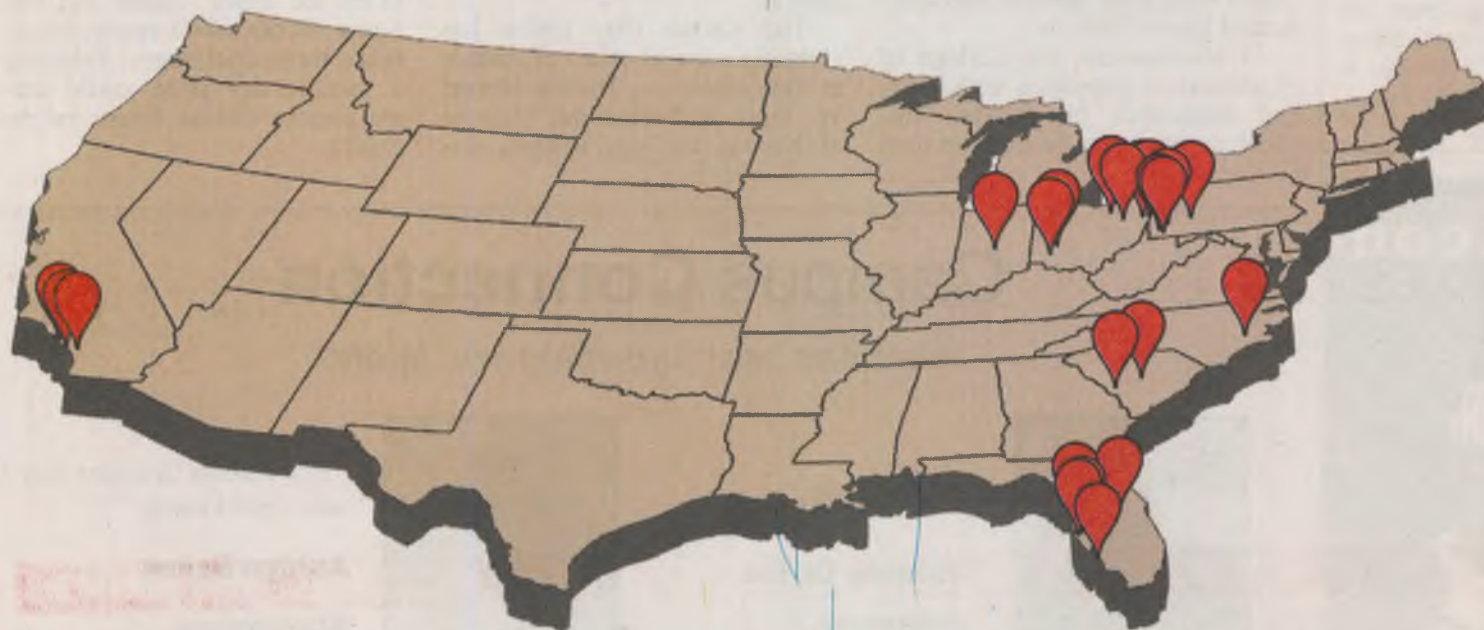
"He was an awesome find for Youngstown. He received an offer from Arizona State [University], but Joey decided Youngstown was the campus for him," Jastrab said.

Ryan Mosora, from Brookfield High School, was a Second-Team Division IV Ohio All-State selection. As a senior, Mosora had 2,147 rushing yards with 31 touchdowns.

"Ryan is interesting, as he has no true position. He ran a 4.53 40-yard dash in camp. I told Ryan he needs to come in and play special teams and grow as a player," Wolford said.

Randy Clark, Mosora's head coach from high school and a former Penguin himself, also gave praise for Mosora.

"Ryan always goes the extra mile; everybody likes him. Great, classy kid, and [he] will be a huge asset to the program," Clark said.



YSU recruited 22 football players on Wednesday. The accompanying graphic shows the players' hometowns. Graphic by Kevin Buck/The Jambar.