

Goodbye Letters 5

Q&A with Jason Garner 6



YOUNGSTOWN: AN "EMPLOYEE FRIENDLY" CITY

ALYSSA PAWLUK
apawluk@student.yosu.edu

In a recent article in Global Trade Magazine, Youngstown was ranked as one of the top 10 "Employee Friendly" cities in the United States.

The Youngstown-Warren region has brought in 224,900 jobs just from industry alone since 2013.




"That's an awesome standing. Number 10 in the nation compared to all the other areas. That's an outstanding rating," Mousa Kassis, international trade adviser of the International Trade Assistance Center at Youngstown State University, said.

Kassis said Youngstown has brought in businesses that have been expanding rapidly throughout the city, along with the movement of the Marcellus Shale Industry into Youngstown.

"When we look at this area, we look at Youngstown as a smaller city, but rather, I look at Youngstown as a larger metro area, and if we put it into that context, I think the possibility of growth for the city and the region is tremendous," Kassis said. "There's more manufacturing in this area, precision machinery, the shale industry. All of this is positioned in this area to really have a real sustainable growth for a Bronx type area."

Suzie's Dogs and Drafts, One Hot Cookie and Kiraly Tool and Die Inc. are just a few of the many businesses downtown that have been ex-

TOP 10 "EMPLOYEE FRIENDLY" CITIES IN THE U.S.

			
	UNEMPLOYMENT	POPULATION	MEDIAN HOME PRICE
10. Youngstown, OH	9.00%	66,982	\$36,500
9. Windsor, CT	6.80%	29,044	\$252,000
8. Tulsa, OK	4.70%	398,121	\$101,700
7. San Diego, CA	6.60%	1,322,553	\$492,500
6. Sacramento, CA	9.10%	466,488	\$249,900
5. Odessa, TX	3.50%	99,940	\$105,300
4. Little Rock, AR	6.00%	193,524	\$126,100
3. Knoxville, TN	7.70%	178,874	\$111,500
2. Flagstaff, AZ	4.90%	68,667	\$292,700
1. Bozeman, MT	3.00%	39,860	\$280,100

GRAPHIC BY CORIN MILLER/THE JAMBAR.

panding and will create new jobs for employees, according to the Office of Economic Development in Youngstown.

Suzie's Dogs and Drafts entered into a renovation agreement with the city of

Youngstown, and the business intends to create 42 new jobs within three years.

Christian Rinehart, owner of Suzie's Dogs and Drafts and O'Donold's Irish Pub and Grill, said his decision to open

his two businesses downtown was because of Youngstown's recent economic revitalization.

"I'm from Trumbull County, originally, and I've lived in other cities: Columbus, Syra-

cuse, Atlanta. So I've lived in real cities and I love city living, and I really saw all the opportunity in Youngstown

EMPLOYEE FRIENDLY PAGE 5

Holidays for the Houseless



PHOTO BY GRAIG GRAZIOSI/THE JAMBAR.

The Mahoning Commons/5th Avenue Bridge connects the West Side and Downtown Youngstown. It also shelters two camps of individuals weathering the winter temperatures with limited supplies and dwindling food.

GRAIG GRAZIOSI
grgraziosi@student.yosu.edu

Living under a bridge during the harsh winter conditions is a reality for some unfortunate individuals in Youngstown. Hoping to combat this, an alliance of local organizations is seeking donations and help for an upcoming cleanup project and item drive.

Green Youngstown Litter Control and Recycling, Friends of the Mahoning River and the Youngstown Inner City Garden led by R. Mason Carratt will be joining forces on Sunday, Dec. 7 to help remove blight under the Mahoning Commons/5th Avenue Bridge.

Two camps of individuals — who Carratt calls 'houseless' since they have made themselves a home and only lack a house — are living under the bridge, and the alliance of organizations hopes the clean up, as well as the YICG group's item drive, will improve conditions for the houseless individuals as the colder winter months approach. The plight of the camps was brought to the city's attention in a recent Vindicator article.

"I got involved after I read the Vindicator article. I didn't know there were tent cities in Youngstown ... I've spent some time riding rail cars and living outside myself, so I wanted to lend a hand," Carratt said.

HOUSELESS PAGE 3

Academic Senate Update

GRAIG GRAZIOSI
grgraziosi@student.yosu.edu

Several important issues were brought to vote at the Academic Senate on Wednesday evening.

A revision to class scheduling from the Academic Standards Committee was sent back to committee after senators expressed concerns over the creation of a 7:30-8:45 am class timeslot, suggesting the measure would force service staff to work longer hours, necessitating potential overtime pay.

Most buildings on campus are open at 7:30 a.m., and some higher security buildings require more staff and time for maintenance. These buildings would have needed exemption from the action creating new time slots, which forced amended language to the motion.

Academic Standards Committee brought an issue that passed in the Senate, which will see the minimum number of hours for student classification change. Currently, sophomores need 32 hours, juniors need 62 and seniors need 94. The passed measure will change the minimum hours to 30, 60 and 90 hours, respectively.

The Academic Standards Committee proposed that helping students achieve a change in their classification earlier will aid in retention, believing the positive change will encourage students to stay with their programs. The numbers were rounded to their nearest 10 in order to better work with the campus campaign encouraging students to attempt 15 credit hours per semester.

After some debate, a proposal to limit senate committee chair positions to only faculty members was rejected by the Senate. The proposal was explained to be a means for protecting students from faculty politics and incentivizing faculty to volunteer for open committee chair positions.

Several individuals opposed to the measure questioned the veracity of the claim that students needed protection from campus politics. Those in favor of the measure believed the transience of students and the faculty's historical familiarity with the university and higher education in general were strong enough arguments for passing the measure.

A resolution of no confidence in the administration and a call for censure was brought before the Senate and, following debate, was shelved for further discussion at February's Senate meeting.



Visit TheJambor.com
For information on breaking news as well as complete access to these stories and more.



Like us on Facebook!
Facebook.com/thejamboratYSU



Follow us on Twitter!
Twitter.com/TheJambor



PHONE
330-941-1990



EMAIL
jamborad@gmail.com

SGA RUNS COAT DRIVE FOR THOSE IN NEED

SPENCER CURCILLO
smcurcillo@student.ysu.edu

As we move into the winter months and temperatures in the Youngstown area regularly drop below freezing, everyone should probably start considering bundling up.

Not everyone has a warm winter coat to wear, however. That's why Youngstown State University's Student Government Association began its second coat drive for those in need on Nov. 17.

Michael Slavens, president of SGA, recognizes the desperation of the situation in the Youngstown area and the need for the drive.

"I think it's very nice for the people in the area, especially given the tough times people are having with the economy and given the way the weather is in northeast Ohio," Slavens said. "I think it really helps them to have that resource when they can't provide for themselves."

Jacob Schriner-Briggs, SGA Executive Vice President, said he shares Slavens' concerns over the situation in the Youngstown area.

"Obviously Youngstown in particular struggles economically in a lot of different ways," Schriner-Briggs said. "To have any student organization work to make charitable contributions to the greater community is definitely a benefit, especially around this time of year."

Gabriella Gessler, vice president of Student Life, has taken point on organizing the drive. She has been successfully working with student organizations on campus to further the cause.

"It's wonderful," Gessler said. "I hope other organizations reach out. I'm trying to reach out to them as well. The more coats the better obviously. So it's just really exciting and I hope we have a good turnout this year."

Gessler also said it's important students at the university pay attention to the situation beyond the borders of campus.

"I think it's easy to lose sight of the environment around you," she said. "I definitely think it's important for the university to get involved in something like this, and kind of take note of the situation, and really put the best foot forward, and make as many donations as we can."

This is the second year SGA has run this coat drive. They were generally satisfied with the 96 coats they collected last year.

"It was pretty successful," Schriner-Briggs said. "When you're doing anything for charity, any little thing you could contribute helps, but to get around 100 was definitely a positive for us. . . . We're hoping we have at the very least a similar turnout to what we got last year if not something better."

Coats collected during the drive will go the Rescue Mission of the Mahoning Valley. This charitable organization will work to distribute the coats to those in need in the Youngstown area.

Donation bins can be found in Kilcawley Center, Cushman Hall, DeBartolo Hall, Williamson Hall and Bliss Hall. The drive ends Dec. 12.

Hope Foundation Presents New Rounds of Grants



PHOTO BY LIAM BOUQUET/THE JAMBAL

Ohio State Senator Joe Schiavoni shakes hands with Anthony Spano, the founder of the Hope Foundation, at the press conference on Nov. 20, where the Hope Foundation presented several grants to various local nonprofits.

LIAM BOUQUET
lcbouquet@gmail.com

The Hope Foundation of Mahoning Valley — a nonprofit organization founded in 2007 that supports the care of chronically and terminally ill — has announced its latest grants to local charities and nonprofits that "share our goal of improving the lives of chronically/terminally ill children."

The groups were presented with these grants at a press conference held by the foundation on Nov. 20 at Youngstown State University's Coaches Court in Beeghly Center.

Grants were presented to three groups: \$1,500 to Making Kids Count; \$1,500 Easter Seal Society of Mahoning, Trumbull and Columbiana Counties; \$1,500 to Camelot Center.

The Carmstrong Foundation was also presented with \$1,709, which was raised at the Carmstrong Bocce for Hope event held at the Mahoning Valley Restaurant earlier in the year.

Anthony Spano, the founder and executive director of the Hope Foundation, thanked members of the YSU and Youngstown community for the

foundation's success.

"The YSU community has really given us the opportunity to really make a difference," Spano said. "This is our biggest year of giving money out. We are giving over \$5,500 total."

John McNally, the mayor of Youngstown, presented Spano and the foundation with a proclamation from the city of Youngstown, thanking the foundation for their efforts.

"One thing I have learned over . . . eight years of working with Tony, he is a very persistent little bugger. He gets everybody involved in all of the events that he helps promote," McNally said. "I want to thank Tony and his staff and the board members of the Hope Foundation — a lot of people giving of their time, helping Tony raise money."

Joe Schiavoni, a member of the Ohio State Senate, also shared McNally's sentiments.

"Whenever there is somebody in the Valley that works as hard as somebody like Tony does — puts their heart and soul into something and puts their passion into helping people — we should all come together to recognize that," he said. "A lot of the larger charities in our area often get highlighted and things

like this sometimes slip by. It is so important, local people helping local kids."

Spano added that the Hope Foundation is composed entirely of volunteers, meaning there are low administrative costs.

"The more we work together, the better off we are," he said. "If it wasn't for community members, the board [of the Hope Foundation], volunteers — we have over a hundred-and-some volunteers for four different events — the foundation would not be where it is today. It is not me; it is the group of people that come with the foundation."

Spano said that he expects the foundation to expand significantly over the next few years.

"We are in the process of rebranding ourselves," Spano said. "The foundation is taking it to the next level of fundraising. Instead of giving out thousands of dollars, we are expecting to give out tens of thousands of dollars in the coming years, so we are going to accelerate fundraising in the next two to five years, as well as really start capital campaigns."

7.6 Percent of Americans are Depressed, but Few Seek Mental Health Treatment

KAREN KAPLAN
Los Angeles Times
(TNS)

About 1 in 13 Americans was suffering from depression at some point between 2009 and 2012, yet only 35 percent of people with severe depression and 20 percent of those with moderate depression said they had sought help from a mental health professional, according to a new report from the U.S. Centers for Disease Control and Prevention.

That's troubling, the report authors write, because therapy combined with medication is "the most effective treatment for depression, especially for severe depression." Drugs might be prescribed by a primary care doctor, but only a mental health specialist would conduct the type of therapy needed to get well.

The report, from the CDC's National Center for Health Statistics, offers a snapshot of the nation's mental state during recent years.

The findings are based on interviews with a nationally representative group of American adults and teenagers who participated in the federal government's ongoing National Health and Nutrition Examination Survey. These volunteers answered a range of questions that assessed a variety of physical, cognitive and mood symptoms that are related to depression. Responses from people 12 years old and older were used to compile the report.

Overall, 2.9 percent of the participants had suffered "severe depressive symptoms" in the two weeks before they were interviewed, and another 4.7 percent had "moderate depressive symptoms," the researchers found. Americans in their 40s and 50s were the most likely to be depressed, with 9.8 percent having moderate or severe depression. They were followed by Americans between the ages of 18 and 39, with a 7.4 percent depression rate. The oldest (ages 60 and over) and the youngest (ages 12 to 17) people in the survey were the least likely to be depressed, with rates of 5.4 per-

cent and 5.7 percent respectively.

African Americans (9.7 percent) and Latinos (9.4 percent) had higher rates of moderate and severe depression than whites (6.9 percent), according to the report. (No data were reported for Asian Americans.) However, after the researchers adjusted their findings to take poverty status into account, there were no significant differences based on race or ethnicity.

Gender, on the other hand, had a large effect, with women experiencing higher levels of depression than men in all age groups. The biggest gap was among people in their 40s and 50s — 12.3 percent of women in this age group were moderately or severely depressed, compared with 7.2 percent of men. That 5.1-point difference was 30 percent bigger than the 3.9-point difference for the entire study population. Overall, 9.5 percent of women were depressed, along with 5.6 percent of men.

Depression took a meaningful toll on people's lives, the researchers discovered. About 43 percent of those with severe depression said they had "serious difficulty" managing their work, home and social activities, and another 45 percent had "some difficulty." For people with moderate depression, the corresponding figures were 16 percent and 58 percent. Even for people with mild depressive symptoms, 4 percent had serious difficulty with their daily activities and 42 percent had some difficulty.

Despite these problems, only 35 percent of people suffering severe depression and 20 percent of those with moderate depression told interviewers they had seen a mental health specialist, such as a psychologist, psychiatrist, psychiatric nurse or clinical social worker. (The researchers couldn't verify whether these people actually began treatment for their depression.) Latinos were the least likely group to seek professional help from a mental health specialist — only 28 percent of those with severe depression and 17 percent of those with moderate depression did so, according to the report.

University Theater
Presents

A STEAMPUNK CHRISTMAS CAROL

One hour adaptation



December 5 at 7:30 pm
AND
December 6 at 2 & 7:30 pm

Ford Theater, Bliss Hall
Reservations:
330-941-3105 | YSU.TIX.COM

Youngstown
STATE UNIVERSITY



HOUSELESS
PAGE 1

Mass of the Immaculate Conception

Monday,
December
8th, 2014

Ohio Room
Kilcawley
12:00 PM

Newman
Center
7:00 PM

Mass sponsored
by the
Catholic Student
Association
and
The Catholic
Newman Center



To begin his work to provide aid for the camps, Carratt has posted a list of ideal donation items on his Facebook page and has launched a GoFundMe crowdsourcing campaign on the GoFundMe website with a goal of \$500. For those wishing to donate items instead of money, Carratt has a list of useful purchases specifically for the individuals under the river.

"They have a ton of vegetables. What they need is canned meat. Tuna, chili, anything. Tents are always good, though I think we've already got one coming," Carratt said.

A complete list of ideal donation items will appear at the bottom of this article.

While the combined efforts of the three groups should provide plenty of bodies to complete the job, Carratt hopes for a strong turnout of volunteers for the Dec. 7 cleanup.

"You know, Facebook is Facebook ... people can say anything they want on there, so you can't really trust the numbers as to how many people are going to show, but I hope we can get a good group," he said. "I'll be happy with whatever we can muster up."

Alongside Carratt and the YICG, the Friends of the Mahoning River will have a presence at the cleanup. Thomas Smith of the FotMR has partnered with Carratt's group before and believes the partnership between city wellness groups is necessary for progress.

"We weren't aware of the groups living under the bridge. When YICG decided to pursue the cleanup, we came on board to help. Normally we stick to the areas immediately by the river, such as the trails by the B&O Station, but the spot where we'll be cleaning is set back ... there is a chance during high tide that the river could pull trash into itself, so we're hoping to get that fixed at the event," Smith said.

To aid the volunteer's efforts, the city of Youngstown's Green Youngstown Litter Control and Recycling office is providing garbage bags, litter pickers, gloves and bottled water to workers and has agreed to dispose of all collected trash from the bridge area on the following day.

Carratt and Smith are both leaders in relatively new and very active local volunteer organizations. Smith said he hopes the trend of socially aware individuals choosing to volunteer their time locally will continue to grow.

"I would say there's an uptick in volunteerism in Youngstown. We're trying to promote more of a socially active stance when it comes to working in the city. Several of our [Friends of the Mahoning River] members are also members over at the YICG, so there are some people who are just very, very active in working for the city," Smith said.

Carratt, who spends most days either volunteering or working with his own volunteers, hopes that those attending the Dec. 7 cleanup won't look with judgment on the houseless individuals they are working alongside.

"They are good humans down there. Everyone falls on hard times, and sometimes it takes a long, long time to recover from it," Carratt said. "Some of the folks down there were pissed about how they were portrayed in the paper, particularly about the woman who was getting sexually harassed. They said that's not how things are down there ... you could tell that everyone looked out for everyone else."

While Carratt and Smith want volunteers to join them for the river cleanup, Carratt believes people should otherwise leave the camps and the houseless individuals living underneath the bridge alone.

"I think the cops know they're there, and the fire department helps them out, so apart from organized efforts, people shouldn't go down there. We don't want people just going down. ... It's their home, you know? You don't just swing into someone's house uninvited," Carratt said. "We don't want people going to look at them like monkeys in a zoo."

Those interested in donating items to the houseless are encouraged to bring:

- Water Bottles
- Batteries AAA and AA size
- Flash Light (with batteries)
- Radios (with batteries)
- Canned meat
- Canned Chili, anything with meat, sardines.
- Tarps - Rope
- Foam Mattresses
- Fire Wood
- Dollar General or McDonald's Gift Cards



SIMS

Auto Park

3140 ELM RD. NE • WARREN OH 44485

1-888-530-2735



Innovation
that excites



**COLLEGE GRAD
PROGRAM**

- Simple "No Haggle, No Hassle" Buying Experience
- Pre-Negotiated Pricing *plus* All Applicable Incentives
- Receive One Of The Best Available Financing Rates (even if you don't have prior credit history)
- 90 Day Deferred Payment Option

Visit us online at
www.SimsNissan.com
to see our complete
inventory of vehicles!



JAMBAR STAFF

EDITOR-IN-CHIEF:

Liam Bouquet 330.941.1991

MANAGING EDITOR:

Frank George 330.941.1807

COPY EDITOR:

Jordan McNeil 330.941.3758

NEWS EDITOR:

Graig Graziosi 330.941.1989

ARTS & ENTERTAINMENT EDITOR:

Gabby Fellows 330.941.1913

ASSISTANT NEWS EDITOR:

Alyssa Pawluk 330.941.1989

Spencer Curcillo 330.941.1989

WEB MANAGER:

Cory Bartek 330.941.1807

DESIGN EDITORS:

Corin Miller 330.941.1807

Stacy Rubinic 330.941.1807

ASSISTANT DESIGNERS:

Chad Campagna 330.941.1807

Gwen Gadsden 330.941.1807

SALES MANAGER:

Anthony DiPiero 330.941.1990

ASSISTANT SALES MANAGER:

Olivia Torisk 330.941.1990

COLUMNIST:

Amanda Tonoli 330.941.1913

ASSISTANT COPY EDITOR:

Rebecca Brown 330.941.1913

Amber Palmer 330.941.1913

Liz Howell 330.941.1913

ARTS & ENTERTAINMENT REPORTER:

Caitlin Sheridan 330.941.1913

Alexis Rufener 330.941.1913

MULTIMEDIA REPORTER:

Alan Rodges 330.941.1913

Steve Wilaj 330.941.1913

SPORTS REPORTERS:

Daniel Hiner 330.941.1913

Andrew Zuhosky 330.941.1913

Jeffery Brown 330.941.1913

GENERAL ASSIGNMENT REPORTERS:

Dustin Livesay 330.941.1913

Justin Wier 330.941.1913

William Ludt 330.941.1913

Scott Brindiar 330.941.1913

Ashley Smith 330.941.1913

JAMBAR STAFF

BUSINESS MANAGER:

Mary Dota 330.941.3094

ADVISER:

Mary Beth Earnhardt 330.941.3095

EMAIL thejambar@gmail.com

FAX 330.941.2322



CLASSIFIEDS

HOUSING

IT TAKES TWO!

Licensed and Inspected two-bedroom apartment includes all utilities, appliances, and laundry. Plus ADT, cable, dual broadband Internet. \$445 each. Call Chris 330-743-7368.

OTHER

Need Birth Control, Plan B, Pap Smear, STD Test, Pregnant?

Dr. Hill, 1350 Fifth Ave., near YSU campus, all insurances, walk-ins. 330-746-7007, askthedoctor@aivhealth.com, answered confidentially.

NEWS BRIEFS

Penguin Playhouse Opens 'A Steampunk Christmas Carol' Dec. 5 and 6

"A Steampunk Christmas Carol," an adaptation of the classic Dickens holiday tale, will be performed Friday and Saturday, Dec. 5 and 6, in Ford Theater on the campus of Youngstown State University. While the story and words follow the Dickens' classic novel about a Victorian-era miser taken on a journey of self-redemption, courtesy of several mysterious Christmas apparitions, the Steampunk genre has been adapted into the storyline. Performances are at 7:30 p.m. Friday and Saturday, with an additional 2 p.m. matinee on Saturday.

Scholars, Honors Students Present at National Conference

Students representing Youngstown State University's Scholars and Honors Program were selected to present 11 proposals at the 49th annual meeting of the National Collegiate Honors Council in Colorado. In all, 21 YSU students participated in the event Nov. 5-9. They submitted 13 proposals for review last spring and about 85 percent were accepted for presentation.

Regional Chamber Chief Speaks at Fall Commencement Dec. 14

Tom Humphries, president and chief executive of the Youngstown/Warren Regional Chamber and a member of the Ohio Board of Regents, will be the featured speaker at Youngstown State University's Fall Commencement at 2 p.m. Sunday, Dec. 14, in Beeghly Center. A graduate of YSU, Humphries previously was general manager of Ohio for Sprint Corp. He is also the principal of Data Voice Systems Review Inc., which implements telecommunications and associate services for companies across North America.

HONG KONG'S OCCUPY LEADERS SURRENDER TO POLICE, ARE RELEASED

VIOLET LAW & JULIE MAKINEN
Los Angeles Times
(TNS)

Before turning themselves in to authorities, they were prepared for the worst: immediate arrest, perhaps even prolonged detention. As they entered the police station, they were jeered by a band of opponents who called for them to be sent straight to jail.

But the three co-founders of Hong Kong's Occupy movement walked free Wednesday after what seemed like an innocuous administrative procedure, with police saying they would investigate.

The organizers of Occupy Central With Love and Peace — pastor Chu Yiu-ming and professors Benny Tai and Chan Kin-man — along with 62 other pro-democracy protesters ages 20 to 82, reported to officers by Wednesday evening and admitted to having violated the territory's statute against unauthorized assembly. The trio have appealed to others to end the street protests.

Although a small core of a few thousand die-hard demonstrators have said they are unwilling to heed that call, the collective surrender seemed to presage a new — and extremely sensitive — chapter of the movement: police investigations, possible indictments, trials and sentences for up to several hundred people.

As the action begins to shift from the streets to the courts, authorities in Hong Kong — and their ultimate overlords in Beijing — are faced with the question of how aggressively to prosecute those who participated in the street demonstrations that officials have vociferously and repeatedly denounced as unlawful.

A cloud of uncertainty is hanging over the process. If authorities move gingerly, they may risk appearing weak and irresolute — perhaps encouraging further protests. But "if the government simply arrests everyone (and) starts prosecuting them, if they're too heavy-handed in this, they may cause a resurgence of public protest," said Michael Davis, a professor of law at the University of Hong Kong.

"The problem is that the government has turned this whole thing into a kind of business of courts and the police" by refusing to engage in substantive dialogue with protesters, added Davis, "while the government has taken almost no initiative to address what really is a political problem."

With the protests now in their third month and skirmishes between demonstrators and police flaring regularly, more than 300 participants have been arrested and released on bail. They face charges including assaulting police, obstructing police, possessing an offensive weapon and unlawful assembly — which can carry a sentence of up to five years.

Whether more serious charges could be added is an open question. Hong Kong courts have long moved cautiously on civil disobedience charges, but the South China Morning Post reported this week that 200 people are on a list for investigation, citing an unnamed police source. More serious charges such as rioting can carry sentences of up to 10 years in Hong Kong.

Protesters aren't the only ones facing the prospect of jail time. Seven police officers have also been arrested on charges of assaulting a demonstrator in an incident captured on video. That offense can result in a sentence of three years.

Hong Kong returned to Chinese rule in 1997 after more than a century as a British colony, and was promised a high degree of autonomy for 50 years. The territory's Western-style legal system, inherited from Britain, is a point of pride for its citizens and the foundation of its status as a global financial center. Both supporters and opponents of the street demonstrations

are watching vigilantly for any whiff of political taint in the justice process.

Last week, after 18-year-old protest leader Joshua Wong was arrested and charged with obstructing the work of a bailiff clearing a protest zone, his attorney, Michael Vidler, accused the court of imposing unusual conditions on the terms of his bail, including barring him from a wide swath of the Mong Kok neighborhood and scheduling his next hearing for mid-January.

Vidler asked for a December court date and alleged that authorities were dragging their feet to prevent Wong from participating in any future Mong Kok demonstrations.

"The court should not be manipulated," Vidler told the magistrate, according to local reports. "The real reason for this charge is that my client is a leader of a student organization that is involved in the call for true democracy in Hong Kong."

Outside court, Vidler told reporters that is was highly unusual for a person charged with a minor crime to be required to seek bail in front of a court, rather than directly with police. "These are extraordinary times," he said.

In a statement Wednesday following the surrender of the 24 activists, the Hong Kong police vowed to "handle every case in a fair and impartial manner."

Most of those who surrendered said they were asked to choose from a menu of possible offenses and provide basic personal information. How police and prosecutors will proceed is unclear.

"The potential for harassment and invasive searches can be quite great because we won't know what (evidence) the government is looking for," said Gladys Li, a human rights attorney in Hong Kong.

When some of the student leaders were arrested at the start of the movement, their homes were searched extensively.

Last month, Li argued in the city's High Court against injunctions sought by public transit operators to clear encampments from various protest sites; she lost.

"If the government chooses to embark on an exercise of political prosecution in order to deter people from expressing their views, the investigation can be a useful tool," she said. "It depends on how far the Hong Kong government, or Beijing, wants to push it."

Jin Zhong, a Hong Kong-based political commentator and editor of Open Magazine, said he believed it was unlikely Hong Kong authorities would hand down harsh sentences for the student protest leaders and other organizers.

"I think the authorities in Hong Kong and the Communist Party in China have been waiting for this movement to come to an end," he said. "If they try to punish the student leaders again very harshly, that just gives local residents more reason to go into the streets."

The Hong Kong demonstrations erupted in late September after Beijing handed down guidelines for the 2017 election for the region's chief executive. Protesters believe the framework gives mainland authorities effective veto power over who runs, saddling the territory with "fake democracy."

Those who turned themselves in Wednesday said they hoped their surrender would further the protesters' ultimate aims and demonstrate their respect for rule of law.

"I didn't surrender out of impulse but my decision to accept the consequences of my participation," said Fermi Wong, a social worker and former director of a minorities advocacy group. "I only hope our government will no longer treat this movement with utter indifference and instead try to fight for the Hong Kong people in facing the Beijing dictatorship."

"It's up to the police and the Justice Department as to how to handle us," said Tai, a law professor. "We'll wait and see."

St. John's Red Door Evening Service
Thursdays, 6:30PMContemporary Eucharist
Followed by a
Campus Ministry Meeting!

All are Welcome!
Connect your heart and your mind.

St. John's Episcopal Church, 323 Wick Ave.
www.stjohnohio.com

COMMUNICATIONS Our Industry Solutions, Your Confidence.

West is transforming the wireless industry. We're looking for talented individuals to join our customer care and sales team to support our growing communications division.

Mail Order Prescription Program JO# 103454
Customer Care Associates JO# 103495

- \$10.50 per hour guaranteed plus incentives
- Paid time off starts after 90 days
- Paid training with annual wage increases
- Career advancement opportunities

west

5185 Youngstown Warren Road, Niles
Mon-Thurs, 8:30am-5pm | Fri., 10:00am-5pm
westemployment.com

Make the Connection

Twitter 

@TheJambar 

Avalon DOWNTOWN

Handcrafted Pizza Homemade Daily Soups Salads

Grilled Sandwiches Pasta Homemade Desserts

Full Service Bar

Student discount to all YSU students with proper I.D!

Hours of operation
Mon-Thurs: 11:00-9:00 PM
Fri.-Sat: 11:00-12:00 AM, walkup window open until 3:00 AM
Sunday: 12:00-7:00 PM

17 W. Federal Street, Youngstown Ohio 44503
330-740-0000
www.avalondowntown.com
Check us out on Facebook and Twitter!

Wow, a Clever Title!

REBECCA BROWN
rbrown03@student.ysu.edu

I have a confession to make — I always wanted to work at The Jambar, but I never thought I would be able to. I hated News Writing (sorry, Mom) and I had the crazy idea that everyone who worked at The Jambar was a super serious journalist type. I wish I had realized sooner just how wrong I was — this one semester has been nowhere near enough. When I started this semester, I felt like I had already mentally checked out. I thought that The Jambar was going to be just another job, where I had to do my time until graduation. In actuality, it became a place I enjoyed showing up each week. It has really been a pleasure working here, and putting together a publication that I am proud to be a part of.

Dr. Anderson: Thanks for telling me to grow a pair. I wouldn't be here today if it wasn't for you. You've earned the title of Nick Fury tenfold.

Liz and Amber: There's no one else I would have rather been a "newb" with. Thanks for laughing at me when I yelled at the computer. Liz, enjoy your last semester. Don't do so many of the drugs. Amber, you're going to be a great senior copy editor next year. I hope I'm still around to watch you take over the world, because I have no doubt that you will.

Dustin: You told me I had to include you here, and I'm slightly afraid of you, you strange, small man. Honestly though — you've been around from my very first interview, and it was really great seeing a friendly face. Stay strange, my friend.

Liam and Frank: Dad and Mom, though I'm loathe to admit it, all the times you both loitered in the copy corner, though occasionally annoying, were some of the best parts of my semester. Your antics made work a lot of fun. Liam, I hope you remember my name. Thanks for putting up with all of my nitpicking and for patronizing my Penguin Review particularities. I'll never forget the great "rate-my-professor" incident of '14. I can't wait to read your next short story. Frank, I hope one day you get written up. Spell Check wood knot actual lee c miss steaks lick the z. I know the copy editors are secretly your favorite.

Jordan: I've learned so much from you, from the joy of the AP Stylebook, to your patience and, most importantly, your unending sarcasm. Working with you has really been an honor. Thanks for convincing me of how great the em dash is. I'm sorry that there was never enough time to discuss SHIELD, Once Upon A Time or any of the other things that are way more interesting than school. I'm glad that you're going to be the new me next year — again, congratulations on becoming co-editor of the Penguin Review. Don't let them work you too hard. I know I'm leaving



everything in good hands. Remember, I'm just a call or text away. I promise I'll still be around — probably so much that it'll be irritating. You can't get rid of me that easily.

As the great bard once penned, "Farewell goes out sighing." I'm so glad we had this time together. I look forward to seeing you all again soon.

A Picture is Worth 1539 Words

DUSTIN LIVESAY
djlivesay01@gmail.com

Throughout my time at Youngstown State University, I have met a lot of great people. All of you have had a big impact on my life, and I thank you all for giving me memories that I will cherish for the rest of my life.

I want to start off by thanking my wife, Heather Livesay, and our two beautiful daughters Ava and Amelia. I know it has been rough on you guys with me pushing through school. It has probably been harder for you than it has been for me. Just know that I worked so hard while in college for you three so that we can have a great future as a family. I also want to thank you for all of the support you have given me over the years. I couldn't have done it without you.

Joe Catullo: You have become one of the best friends I have ever had. I will never forget all of our trips covering games and I know you are a friend that I look forward to having for the rest of my life. You have played a big part in making my college life so memorable. I look at you more like a brother than a friend.

Mary Beth Earnhardt: You encouraged me to write and helped me gain a love for it. You also helped me to see myself as a journalist and not "just a photographer" as I liked to say in the past. You are a great teacher and a role model for all journalists to look up to. You always have our backs at The Jambar and don't let anybody push us around for being students.

Mary Dota: Thank you for being like another mother to me. If it weren't for you, I would never have gotten paid. You mean a lot to me and I am thankful for the time we had with you!

Mary Sweetwood: Thank you for always pushing me to find my true potential as a journalist (even when I didn't want to). You always had faith in me to be able to get stuff done, which gave me more confidence in myself.

Mark Sweetwood: Please don't fail me! On a serious note though, thank you for all your help at The Vindicator for senior project and for helping me become a better magazine writer throughout this final semester.

Alyssa Lenhoff: Through working with you at the News Outlet I have had the opportunity to meet a lot of people and have done things that I would not have had the chance to do if it wasn't for you. You always had faith in me and knew how to push me in order to get the best work out of me.

Bill Lewis: You are the best photographer that I have ever met. I have learned so much from you, and you have helped shape me into the photojournalist that I am today. If I become half the photographer that you are, I would consider that a success.

Dave Davis: Thank you for all the great journalistic knowledge you have given me. I had a blast in your classes and appreciate everything you have done for me in my path to graduation. You lifted my spirits about the condition of our industry.

Steve W: I have to say we are the best karaoke singers ever. You also are the master of making amazing mixed drinks that get the job done in a hurry. Thanks for all the memories. You are a good friend and a great journalist. I can

tell you have a great career ahead of you.

Frank G: I have entrusted you with a great responsibility. You know a lot of my secrets on how to talk to the opposite sex. Don't waste this knowledge. I am proud of the strides you have made.

Liam B: Thank you for not firing me! You have been a good boss even though you threatened to kill me at least three times a day. Sorry for posing your stuffed animals in bad ways.

Graig G: You have the best beard. I have major beard envy when I look at you.

Gabby F: It was nice getting to know you the past couple years. You are a great editor and have a big future. Thanks for letting me play your ukulele.

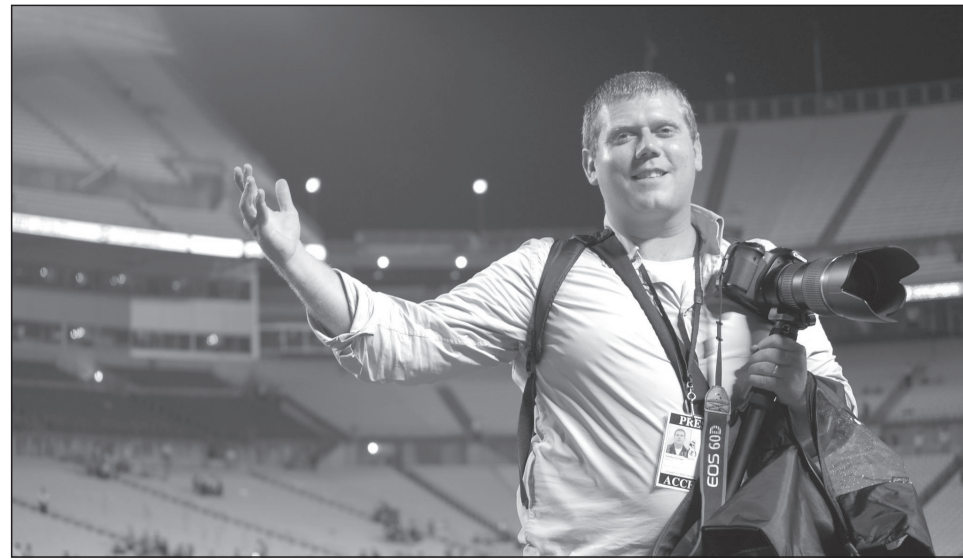
to a drug addict — Billy Mays.

Lexi R: It was nice getting to know you this semester. Stay classy.

Stacy R: You take some amazing photographs. Keep up the great work.

Rebecca, Amber and Liz (copy editors): Thank you for making all of us not look like bad writers. Sorry I didn't have a chance to get to know you guys better. Amber: Your dad is cool.

Jeri Wethli: I want to thank you for letting me write my senior project story on you. I know it must have been tough with me hanging around for so long and I hope I did you justice by the finished product. I really value the friendship we have developed. Thank you for everything.



Amanda T: Go Struthers! You are a good friend. Lets face it ... fitness walking was a rough class. (Sorry Vlad)

Anthony D: You and I have become good friends over the past couple years. I had a blast hosting our radio show with you. I enjoyed all our talks about sports and all them football games we played outside the office. Oh and Go Steelers.

Dan H: You are a real easy guy to work with and I value the friendship we have built in the short time we have worked together. It was fun covering games with you and always playing catch in the office ... until you get hurt that is. Go Steelers.

Jeff B: I had a blast traveling with you this semester and I am glad you were there to witness my amazing swing dancing skills! Go Steelers.

Alyssa P: You rock. Sorry for always beating you in Super Mario Bros. You are a good friend and great writer. Keep up the good work.

Justin W: Thanks for not making me feel as old as I am. You took the title of oldest person in the office from me and I appreciate that. Even though I have grey hair and you have a beautiful head of thinning hair.

Jordan M: Thank you for always making me look like a better writer than what I am. It was nice getting to know you a little better on the way to Philly. It was because of you and Spencer that I decided to watch more of the X-Men movies. Thank you for that.

Spencer C: You are a cool dude. Thanks for feeding my new found X-Men craze.

Cassandra T: We finally did it! It means a lot to me to be able to share graduation with you! It was really fun working with you!

Corin M: Congrats on graduation! I can't believe the time is here!

Billy L: Stop talking down to me ... literally. Sorry for always comparing you

Trevor, John and Jamie (sports information): I want to thank you guys for giving me so many wonderful opportunities to work with the athletic department. Some of the best memories I have are from trips to cover games. You guys have helped give me the chance to go to states that I never thought I would ever visit. I will miss you guys as well as everyone else in the athletic department. Go 'Guins!

Mark Hardaway, Val Jeffery and Tre' Moore: I want to send out a special thank you to all of you. You all took the time to open up your lives to me in order to write stories about you and I hope you all enjoyed the stories I wrote as much as I did writing them.

Nathan Gibbs and Joey Cejudo: You guys are awesome and I wanted to say how much I enjoyed writing a story about you guys and the friendship you have. I am very thankful to be able to call you guys my friends.

Stephen Chalmers: I want to thank you for pushing me so hard in class so that I can reach my full potential as a photographer. I had a lot of fun in your classes and they allowed me to make some good pictures for my resume. Thank you!

Joy Christiansen Erb: I had a lot of fun in your classes. It was so awesome learning how to process film and make prints from film. Thank you for everything. You have truly helped me become a much better photographer.

I am sorry for making you all read this long goodbye letter, but the truth is so many of you have impacted my life in such great ways. I will never forget you guys, and I am so appreciative of everything all of you have done for me these past few years. I know for a fact that I could not have graduated if it was not for the support from all of my family, friends and teachers. I will miss all of you and I am so proud and honored to have been called a Penguin.

EMPLOYEE FRIENDLY
PAGE 1

for that revitalization. With the local movement going on, people don't want to have to drive as far, or try to keep their footprint smaller. So I thought downtown was the perfect place to start," Rinehart said.

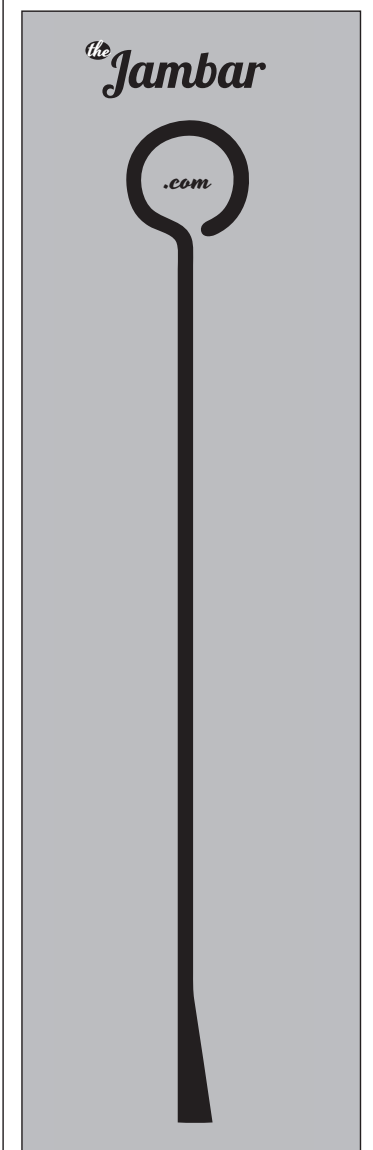
Rinehart added that O'Donolds Irish Pub and Grill plans to open a location in Boardman.

"There's a location in Youngstown, meaning the city and suburbs, we have one in Austintown also, and we are going to do a Boardman location here soon. We do have another concept we will be building in downtown. Between Suzie's and O'Donolds, I think we have a little over 60 employees," Rinehart said.

Bergen Giordani, owner of One Hot Cookie, said that she chose to open a location in Youngstown because of the revitalization that is taking place in the Mahoning Valley.

"We chose to start our business within the city of Youngstown to capitalize on the growth and revitalization that is taking place," Giordani said. "Specifically, we chose our location in the Erie Terminal Building to be on the connection artery between YSU's campus and the downtown business community and the downtown entertainment community."

The Manhattan Institute's Center for State and Local Leadership also reported, in a 2009 to 2012 study, that the Youngstown-Warren-Boardman Metropolitan Statistical Area ranked number 10 in the nation in economic performance.



Stephen Gage: Conductor and Father

ALEXIS RUFENER
arufener@student.yzu.edu

From one song in elementary school, Eleanor Torrey, Stephen Gage's general music director, brought his passion for music into full bloom. The passion kindled then still exists today, 21 years later.

Music surrounded Gage as he grew up — from listening to it during exercise to conducting classes in the practice room of Bliss Hall.

Before teaching at Youngstown State University, Gage studied at the State University of New York at Fredonia where he earned the performers certificate.

At these universities, Gage had the opportunity to study with the likes of Harry John Brown, of the Milwaukee Symphony Orchestra, David Effron and Paul Vermel to name a few.

After he completed his studies there, he did his doctorate studies at the University of Illinois. He was also student at the Eastman School of Music, which is said to be one of America's greatest music conservatories.

After graduation at Eastman, he taught music at Auburn High

School in New York for nine years. He also served as the director of bands at Emporia State University. After Emporia, Gage found himself as a professor at YSU's Dana School of Music in 1993 where he is a professor of music and director of bands. He still holds these titles.

Throughout the many years that he's been a part of the faculty, he has become a mentor to many of his students. Three students in particular, all music majors, have been impacted by Gage's musical attitude and work ethic each day they take his classes.

Scott Miller, trumpet player and music education major, was first introduced to Gage back when Miller performed with Austintown-Fitch High School at YSU's Wind and Percussion Invitational.

After that performance, Miller applied to the Dana School of Music and has been taking classes there ever since. Miller finds Gage's classes to be informational and also enjoyable with Gage's positive attitude when he greets his class.

"I thought he was a fantastic, energetic and enthusiastic conductor and obviously worked

hard to get his students to perform at the highest possible level," Miller said. "What I like best about his classes is that he cares so much about each individual student's success and does whatever it takes to make sure they do succeed."

Tyler Matthews, cello player, came across Gage when he registered for one of his required classes: Gage's orchestra.

"I had always heard from the other students who were in band that Dr. Gage was an incredible conductor and teacher, and they were right," Matthews said. "He has this ability to inspire people and push them even harder, and he is incredibly dedicated to his work."

In March of 2005, Gage's wind ensemble performed at Carnegie Hall in New York. Gage said it was a very profound experience for not only him and his students, but also the university as a whole. That was the first time they were represented in that venue. In September 2012, Dr. Gage was appointed as conductor of the W. D. Packard Concert Band in Warren.

This year is Gage's 20th year as the Edward Zacharias Memorial Chair/Conductor of the Youngstown Symphony Youth Orchestra. From 2008-09, he was given the chance to be the

principal conductor of the Dana Symphony Orchestra.

From all of the years that he has been involved with music and molding young minds to understand music structure and scales, this year is very different in more ways than one for Gage.

"This is the best semester I've had in 10 years," Gage said. "There have been many unbelievable experiences."

Gage said he has been very fortunate with the mass amount of talent that has walked the halls of Bliss, and the students' willingness to try new things that they didn't want to do when they were in high school.

Despite having a passion for music, Gage has found it difficult balancing his double life of being a father of three and a husband, as well as a professor and conductor.

"My wife, Stephanie, is my best friend in the whole world, I'm lucky ... that I have someone who understands that my first passion is her and my family and my second passion is music and music is a crazy career," Gage said. "I am always appreciative of the patience my family has to have a career in music. I have to make sacrifices down here sometimes to be the best father and husband that I can be, which is the best that I can."



PHOTO COURTESY OF STEPHEN GAGE.

Take Moments to Breathe: Q&A with Jason Garner

GABRIELLE FELLOWS
gabbymfellows@gmail.com

Jason Garner, former CEO

of global music at Live Nation concert company, recently released a book entitled "... And I Breathed." The book speaks about Garner's life, his rise to

conquer the music industry and the realization of his spirituality and inner self. Garner recently spoke with The Jambar concerning his book and the knowl-

edge he has gained through his experiences in business and life in general.

Q: You had all these businesses and these different ways of life, how do you balance the work aspect of life with the family and life aspect?

A: I think we have forgotten why we are doing business. When you scratch the surface of that question, you find the reason why I'm working so hard at school or at business is because I want to be happy. And we get lost in the fact that the business is the happiness, when in reality it's just the tool to happiness. It's like if you were building a house and somebody just gave you a hammer. That's not all you're going to need. You'll need a saw, nails and many other things. You get the analogy. Business is just one of the tools in that bucket. Having money is important ... but the issue is that business isn't every tool. It's just one of them. Meditation is

the beauty in everyday, and I think you're right. Live music is that powerful, powerful force beyond ourselves that brings people together, that puts their heart there, that reminds us of those beautiful moments in our lives and inspires us to scream and sing and dance.

Q: How can college kids looking to get into any kind of business or any kind of long term job progress somewhere in life and plan for the future while still trying to live in the moment?

A: The system tells you that you need to pick a path right now ... and I'm sure there is a lot of good that comes from those experiences. But one of the things in my life that I ... tell my children is to beware becoming too rigid. You don't want to wake up and realize, "I haven't lived." You want an education and a solid base of education, but I think on top of that foundation ... you need a flexible body. Like here in California they



PHOTO COURTESY OF JASON GARNER.

a tool. Hugging your wife is a tool. Playing with your dog is a tool. And when we put all those tools in the toolbox, we have the ability in the moment to be able to say, "This is the tool I need to use right now." And then you become really powerful and really successful.

Q: You have to at least acknowledge the fact that your business, Live Nation does bring a lot of happiness to people. When you see everyone laughing and singing and joyful together at a concert, that's what it feels like to be really, truly happy.

A: I think that is so it, you know when I wrote my book and ... a magazine interviewed me, they asked what advice would you give people in the concert business and I said I won't give anyone advice because often I think advice is just obnoxious you know? Like someone comes around and tells you how to live your life. If I could go back in time, I'd give myself some advice. I'd do exactly what you just said — just tell myself to enjoy the music a little bit more. Just to look around you and find

build the buildings in a way that they resist earthquakes: with an extremely sound foundation and a movable, flexible body to resist cracking and breaking. Sometimes, you literally feel like the building is going to fall over but it doesn't, because it's flexible. That's how we need to be in life. That's what my experience has taught me — a strong foundation, but flexibility on top that says, "Hey I have an accounting degree, but that doesn't mean I have to work for Earnst & Young. I can be a rock and roll accountant on the road. I can become an accountant at a monastery and learn Buddhism." ... Sometimes I think we get stuck in these things — these lanes — and we can't see outside of these lanes and I think it's important to take these moments to breathe, to stop and to go "I can be anything that I want in this world and now how am I going to use the skills that I have to go and do that" — and then just go and do it.

More on Garner and his book can be found at www.jasongarner.com/book.

IRISH BOB'S PUB

EVERY TUESDAY
30 CENT WINGS FROM 6 PM TO 11 PM!

LOOKING FOR LOCAL BANDS
TO BOOK FOR ENTERTAINMENT!

CHECK US OUT ON TWITTER
@IRISHBOBSPUB

FACEBOOK: FACEBOOK.COM/IRISH.BOBS.7

3602 SOUTH AVE. YOUNGSTOWN, OH
PHONE: 330-788-0011



EXPERIENCE THE PENGUIN LIFE!

WE ARE FILLING UP FAST - CALL TODAY TO SECURE YOUR SPOT



CALL NOW
TO ASK
ABOUT OUR
SPECIALS!

HAVE NO FEAR THE "GUINS" LIVE HERE!

- ALL INCLUSIVE (ELECTRICITY, WATER, HI-SPEED INTERNET & CABLE TV)
- 1-, 2- & 4 BEDROOM FURNISHED FLOOR PLANS
- PRIVATE OR SHARED BATHROOMS
- FULLY-EQUIPPED KITCHENS
- CONVENIENT LAUNDRY FACILITIES
- 24-HR COMPUTER LAB W/HI-SPEED INTERNET
- RENT DEFERMENT W/FINANCIAL AID
- 24-HR WELL-EQUIPPED FITNESS CENTER
- SAND VOLLEYBALL & BASKETBALL
- CAMPUS SHUTTLE SERVICE
- INDIVIDUAL LEASES

UNIVERSITY COURTYARD



WWW.UCYOUNGSTOWN.COM 91 WICK OVAL, YOUNGSTOWN, OH 44502 • 888.239.9375

EDITORIAL

A Hard-Hitting Editorial

Ohio State University football player and wrestler Kosta Karageorge was found dead this weekend, having suffered a gunshot wound to the head — reportedly a self-inflicted wound.

Throughout his athletic career, Karageorge suffered from multiple concussions and, according to an article published on ESPN.com, experienced spells of confusion.

Considering Karageorge's tragic death, perhaps it's time we have a conversation regarding the entertainment we choose to consume. Perhaps it's time to re-evaluate our concept of sports.

Each week, football players like Karageorge run into stadiums filled with a hundred thousand fans, largely to satisfy man's hunger for violence. Two opposing sides run at one another in a passionate attempt to conquer land, our athletes sporting uniforms and painting their faces with eye black as they put their bodies on the line for our pleasure. Fans turn on their television sets and sit on the edge of their seats, greedily waiting for the game's next big hit.

But it's not just football that highlights our innate desire for violence. It is the most violent events in each sport — the events that lead to injuries like concussions — that elicit the loudest applause and the rowdiest cheers. It's a hard hit in football, a fistfight in hockey, a car wreck in NASCAR or a knockout in boxing that gets the crowd into the game.

Let's consider the effects of the events we are cheering for. A concussion can immediately lead to confusion, vomiting and nausea. And the negative effects of these concussions could persist long after the initial brain trauma occurs. According to medicalnewstoday.com, "there is abnormal brain wave activity for years after a concussion, as well partial wasting away of the motor pathways, which can lead to significant attention problems."

No one knows how large a role concussions played in the death of Karageorge, but one thing is certain: without the presence of violent sports, much of his suffering could have been avoided.

It's okay to enjoy sports, but we need to explore ways to make physical sports, like football and hockey, safer. We must make every effort to protect our athletes and eliminate unnecessary acts of violence.

This initiative must start at the junior and high school levels when young athletes are learning the fundamentals. And hats off to programs, like the Heads Up Football program, that have already realized the importance of these initiatives and have taught kids to protect themselves while participating in sporting events.

CHRISTMAS FEAR

AMANDA TONOLI
ajtonoli@student.yosu.edu

Ah, can you smell the sweet smell of the semester coming to a close? I can't. I actually can't even breathe through my nose — of course I'm getting sick as the holidays approach. This happens every single year. A case of the sniffles and Christmas frequently come as a pair.

Why? High levels of stress often weaken the immune system, leaving more susceptibility to getting sick.

In "Home for the Holidays," on WebMD.com, R. Morgan Griffin acknowledges that during the holiday season one is more likely to be stressed out by obligations of family members and making that third trip to Wal-Mart for a knick-knack that was forgotten earlier that day. And what does this stress do? It makes us sick.

It's more than just stress; it is the overall season and weather changes, as well.

"It's cold and flu season and your immune system is under assault. It's getting dark

earlier each day," Griffin said. "You're eating worse, sleeping less and drinking more. By the time the family gathering rolls around, you're worn out, tense and fragile."

Being together for festivities in this great season should be joyful. It is a time to appreciate one another. That's all fine if you live in a dream world, but what are holidays actually like?

"Don't put that red bulb next to my blue one, the color scheme doesn't go."

"You must've put the lights on wrong! The entire middle section is a black abyss."

"Johnny apparently thinks his girlfriend's family is way more important than his own."

"Why did you spend more money on Brittany than me? I knew she was your favorite!"

All of this yelling, this idle yet obnoxious chatter, drives many to drink and dread the next holiday season before this one is even over. Going home for the holidays is way different than stopping over for a lunch or a weekend with Mom and Dad — it is a time to pull together, and cause tension so thick that even a ceramic knife as no hope of cutting through.

"It's the monotonous sameness of family holiday gatherings that depresses them — the same faces, the same jokes, the same food on the same china plates," Griffin said. "The holiday stress makes it harder to cope with your family than it might be at other times of the year."

What people keep forgetting is that annoying relatives are not immortal, and someday they won't be around to get on your nerves. Then your holiday will be a little quieter and a little sadder.

So before we chalk holidays up to being the equivalent of putting needles in our own eyes, we must remember to appreciate the good parts of the upcoming holiday festivities — no school, we get presents, sleeping in and sometimes it's even fun to trash talk other relatives with your mom as it's a bonding experience. Rather than directing your attention to the misgivings of the season of giving, focus on creating memories — because one-day memories of silly fights about what color tinsel to put where will be just that: memories.

'Panic 5 Bravo' Shows Off Director's Skills But Lacks Cohesive Plot

Cary Darling
Fort Worth Star-Telegram
(TNS)

There's a good movie hidden inside "Panic 5 Bravo," the directing debut from Mexican actor Kuno Becker, best known in the U.S. for roles on the TV shows "Dallas" and "CSI: Miami." In fact, the first 20 minutes of this thriller — with its flashes of tense, terrified claustrophobia — show Becker has skills, especially considering he's working on a low budget. If only the story, which he also wrote, were better.

The set-up is crackerjack: a squad of four bored paramedics working on the Arizona side of our southern border see a severely injured man on the Mexican side. Against regulations, they decide to retrieve him and bring him to the U.S. for treatment. Little do they

know that someone out there in the desert doesn't seem to want this guy, Rafael (Shalim Ortiz), to live. The EMTs, now under attack, have to try to get him — and themselves — back to the States alive.

Set entirely within the confines of an ambulance, "Panic 5 Bravo" — "5 bravo" is the Mexican distress code for a shooting — is the latest in the long line of trapped-people movies (Gravity, 127 Hours, Buried, etc.). Unlike the best in the sub-genre though, "Panic" is undone by lapses in logic and a hoot-worthy ending. (It's never made clear why the paramedics, who have cell phones, can't call their base in Arizona and have their superiors alert U.S. and Mexican authorities to what's going on. Instead, they try 911 and the operator tells them they can't send anyone into Mexico.)

The characters, predictably,

represent certain types. Becker is Alex, the young guy-next-door with a beautiful girlfriend (Sofia Sisniega) back home and the most to live for. John Henry Richardson is Richard, the rangy old-timer who's going to retire soon. Dan Rovzar is the newbie, Josh, and Papile Aurora is Bobby, the lone woman on the team who also just happens to be not-so-subtly racist.

Everyone acquits themselves well but they can't overcome a plot that squanders its initial promise. As it turns out, what really needs rescuing is the script.

'PANIC 5 BRAVO'
2 out of 5 stars

Cast: Kuno Becker, Papile Aurora, Dan Rovzar

Rated: R (strong bloody violence, a sexual assault and strong language throughout); 84 min.

ROOKERY NEWS: WF 8-10 AM

JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor, the copy editor and the news editor. These opinion pieces are written separately from news articles. They draw on the opinions of the entire writing staff and do not reflect the opinions of any individual staff member. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

YOUR SIDE POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com or by following the "Submit a Letter" link on thejambar.com. Letters should concern campus issues, must be typed and must not exceed 500 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for printing. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff decides that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitting writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

LIKE US ON FACEBOOK THE JAMBAR

Future Stars Shine for Women's Basketball



PHOTO BY DUSTIN LIVESAY/THE JAMBAR.

YSU freshman Nikki Arbanas (4) brings the ball up the court during an exhibition game against The University of Mount Union on 11/6. The Hermitage, Pennsylvania native has started the first six games as a shooting guard.

DAN HINER
dghiner@student.yzu.edu

As the Youngstown State University women's basketball team prepares to play Oberlin College on Dec. 6, the Penguins' rotation will feature several freshmen, but most of the attention will focus on the two breakout guards.

YSU's starting point guard Indiya Benjamin and shooting guard Nikki Arbanas have started all six games this season. The backcourt tandem has been able to play off of each other's strength during the first several games of the season, and have formed a connection early in their collegiate careers.

"It's always nice to have another freshman with me so I wasn't the only one and I think we play really well together," Arbanas said.

Benjamin is currently third on the team in scoring with 10.2 points per game. She is the first Penguin in 13 years to score 10 or more points in the first four games during her freshman season.

Benjamin has shown good ball control during her first six starts. She has a 1.3

assist-to-turnover ratio. She didn't commit a turnover through the first two games and, with the exception of one game, hasn't committed more than three turnovers in any game this season.

"It gave me a lot of confidence, and it made the defenses try to pick it up during the games," Benjamin said. "Turnovers are expected when you play point guard in basketball."

Head coach John Barnes was impressed by Benjamin's control the offense and her ability to manage the game as a freshman.

"Indiya does a great job controlling the game from the point guard spot," he said. "She has a great feel for the game and makes everyone around her better. She uses her speed and quickness both on offense and defense to set the tempo."

Arbanas is averaging 9.2 points per game. She had a breakout game during the season opener against Niagara University. Arbanas scored 25 points, a YSU record for a freshman in a season opener.

"I definitely wasn't easy coming off that game because I felt like I had to play up to par all the time," Arbanas said. "I just know with the team behind all of us, we

don't have to worry about points — just working together and playing hard."

Arbanas has been consistent from behind the 3-point arch, tied for the team lead with a 50 percent 3-point percentage. She has made a 3-pointer in five straight games to begin the season, but Barnes praises Arbanas for her all-around game.

"Nikki is a very solid player all the way around," Barnes said. "Not only is she a very good shooter, she is also a tenacious defender. She is one of the most mentally tough players on our team."

Barnes didn't expect to have two freshmen in his backcourt to begin the season.

"I did not expect them to start them for the season opener, but at the preseason went on they both worked very hard and earned their starting positions," Barnes said.

Both Benjamin and Arbanas have been named the Horizon League Freshman of the Week. Arbanas was received the honor after the opening week of the season. Benjamin recently won the award for her performance during the Thanksgiving Classic that took place Nov. 29-30.

Success for Men's Basketball Hinges on Hain

JEFF BROWN
jrbrown02@student.yzu.edu

Youngstown State University basketball player Bobby Hain has cemented himself as one of the premier big-men in the Horizon League.

Hain had a breakout season during his sophomore campaign a season ago. He averaged 11.1 points and 7.7 rebounds per game, which was good enough to earn him Second-Team All-Horizon League Honors going into this season. Hain also finished last year second in rebounds and eighth in field goal percentage.

"His game has gotten so much better progressively over the years, we need him on the floor to be successful," head coach Jerry Slocum said.

The junior is off to another great start, averaging 13.2 points and 6.8 rebounds this season, but the numbers have potential to be much better. Hain is averaging 5.2 fouls per 40 minutes of play this season. This has caused him to have to sit out during key stretches for the Penguins at multiple times this season.

"Bobby's really really important to us. We're a different team when he's on the floor. So making little mistakes, and I mean little mistakes like fouls, ones that

are controllable," Slocum said. "You know those are the things that really he has to be able to grow up in."

Hain also credits mental mistakes as a reason for his problem staying out of foul trouble. Hain has recorded four or more fouls in five of the nine games this season, including two foul outs.

"Obviously it helps when I'm on the floor. I just got to be smarter with my defense sometimes I have these silly fouls," Hain said. "Sometimes I don't think there the right calls but I mean they know what they're doing. So I just got to stay out of foul trouble really."

If Hain is able to remain out of foul trouble, he has potential to average a double-double in points and rebounds. Hain is averaging 19.5 points and 10 rebounds per 40 minutes this season.

"That's my goal," Hain said about the prospects of averaging a double-double. "I just got to stay out of foul trouble and I could do it."

Hain has 12 career double-doubles and three so far this season in nine games. He scored a career high in points three times this season. On Nov. 6, Hain scored 20 points against Oberlin College. He tied his career high against the University of North Carolina Greensboro on Nov. 23. Most recently, Hain set a new personal record scoring 24 points to give the Penguins a 89-81 victory against Robert Morris University on Dec. 2.



PHOTO BY DUSTIN LIVESAY/THE JAMBAR.

YSU center Bobby Hain (20) attempts a hook shot over an Oberlin University defender at the Beeghly Center on 11/16. Hain is averaging 14.4 points and 7.6 rebounds per game.

SPORTS BRIEFS

YSU Women's Basketball Weekly Awards

Heidi Schlegel and Indiya Benjamin were honored with weekly awards. Schlegel was named the College Sports Madness Horizon League Player of the Week. She averaged 16.7 points and 10.7 rebounds during the Penguins first 6-0 start in 18 years. Schlegel averaged 16.7 points and 10.7 rebounds during the week. Benjamin was named the Horizon League Freshman of the Week. Benjamin averaged 6.7 points, five rebounds and three assists during the week including the game winning free throw against Nicholls State University.

YSU Football All-Conference Honors

Seven members of the Youngstown State University football team receive All-Conference honors. Defensive end Derek Rivers was the only player named to the All-Missouri Valley Football Conference First-Team. Tailback Martin Ruiz and defensive end Terrell Williams received the Second-Team honors. Wide receiver Andrew Williams, long snapper Nathan Gibbs, linebacker Dubem Nwadiogbu and safety Donald D'Alesio received honorable mention.

MVFC All-Newcomers Team

Quarterback Hunter Wells, offensive tackle Justin Spencer and cornerback Nate Dortch have been named to the Missouri Valley Football Conference All-Newcomer Team. The honor is given to players that had breakout seasons during their first year in the MVFC. Wells finished second for the MVFC Freshman-of-the-Year Award, Spencer started all 12 games at right tackle and Dortch recorded 19 tackles and six pass breakups.