

Semi-Annual Business Meeting

**BULLETIN**  
of the  
**MAHONING COUNTY  
MEDICAL SOCIETY**

Volume Two

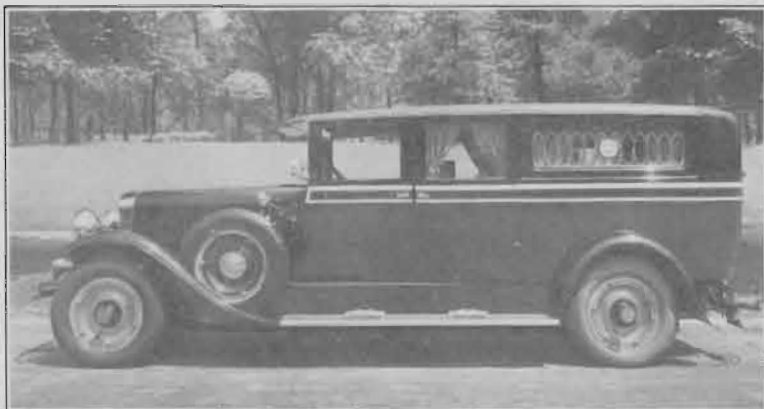
JUNE, 1932

Number Six

*The young man knows the rules, but the old man knows the exceptions.—  
Oliver Wendell Holmes.*



**Program In The Pink Section**



*Hospital on Wheels*

## CLEANLINESS

It is a great satisfaction to know that the same sanitary conditions are found in our "HOSPITAL ON WHEELS" as you would expect to find in any hospital and insist on maintaining in your own home.

You can rest assured that our linens and blankets are always fresh and clean and the interior and exterior of our car is inspected for cleanliness before each trip.



INVALID COACH SERVICE  
DAY OR NIGHT



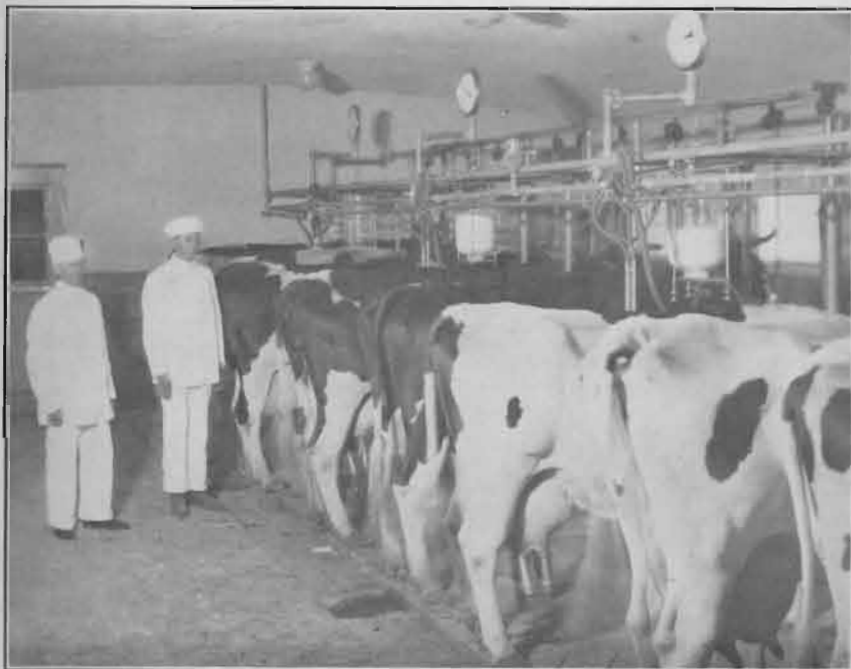
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Dependable Prescription Druggists

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W. W. RICHARDSON, M. D., Medical Director

*Formerly Chief Physician, State Hospital for Insane, Norristown, Pennsylvania*

## The President's Page

I often wonder why it is that we have to be coaxed, urged, and so often forced and threatened into doing the things we know are for our own good.

You know that in these shifting times of national crisis, economic stress, blocs and political differences it behooves us to think somewhat of ourselves.

It has been proven without a doubt that nothing can be accomplished without an efficient organization which will function well under any and all conditions. It is apparent, to some extent at least, that we must cast aside our cloak of indifference and respectable aloofness and get into the game. It does no good in isolated groups to air our grievances, rant about injustices, discuss with dismay the question of State medicine and an unappreciative public, unless to blow off steam. It does do good however to give these questions real thought, to honestly analyze them and to act constructively even though the benefits we expect may only come several years hence. If we are wrong let us enter into a program of correction. If the public is wrong let us educate them. How really can we expect our friends and others to do things for us when we make no attempt ourselves, or not even intelligently inform them? An organization in the business world that wants something goes after it. Why can't we, and still maintain our ideals and self-respect? WE CAN.

This is not a depression letter, but an earnest expression of the thought that we are not making the most of a great opportunity to better ourselves, and of also taking the proper steps that necessity demands for our own welfare. Let us all give serious consideration to the trend of the times; how we can keep pace and not be lost in the shuffle.

In closing let me quote from Edgar A. Guest—

"There are thousands to tell you it cannot be done,  
There are thousands to prophesy failure.  
There are thousands to point out, one by one,  
The dangers that wait to assail you.  
But just buckle in, with a bit of a grin—  
Take off your coat and go to it,  
Just start in to sing as you tackle the thing  
That cannot be done, and you'll do it."

A. E. BRANT.

## Secretary's Report

DR. W. M. SKIPP

The regular monthly meeting of the Mahoning County Medical Society, was held at the Youngstown Club on May 19th, 1932.

The speaker of the evening was Dr. Temple Fay, professor of the Neurological Surgery of Temple University of Philadelphia, Pa.

The subject presented was "Intracranial Pressure Problems encountered in General Medicine."

Dr. Fay is a delightful speaker and presented material that is very important to all of us, in that he stressed, "cut down fluids in all head injuries, keep spinal canal dry, the lucid period may be five minutes to six weeks, stupor with low spinal pressure, severity of symptoms are determined in what we find on all examinations of patient. There are adhesions formed after head trauma which cause trouble in after life. Cortical spaces are destroyed due to pressure, and they never come back. Epilepsy following injury, there is a destruction of brain tissue and atrophy due to increased pressure following injury. If blood is shut off from the brain for ninety seconds or under, no change takes place in brain cells, over ninety seconds a mild degeneration of cells occur, four minutes or over a marked brain degeneration occurs. The treatment of epilepsy is cut fluids, salt and meats. Give Phenobarbital. Do not over load any patient with fluids or his brain will suffer. Death in Status Lymphaticus is due to venous stoppage from brain by enlarged thymus. High carbohydrate diet requires two thirds more fluid intake."

The attendance to Dr. Fay's paper was very good, but a business meeting called at once after was very poorly attended, which is very disheartening to those attempting to do the society business. Please attend the business meetings as your officers need your help.

Dr. Michael John Kocialek was made a member of the society.

Dr. P. H. Kennedy read the changes to our constitution which is required by the constitution. These will be mailed to each member, if you have any objections or suggestions please communicate with this office. We would like all the suggestions possible.

Since the first of May your Council has met regularly every Monday for discussion and being advised on ways and means of opening our own collection bureau, central office, telephone exchange. These meetings have been with Mr. Earl Huffman of the Co-operative Adjustment Co., Mr. J. A. McGhee of the Medical Bureau of Akron, and a representative of the Merchants Credit Bureau of Youngstown, Ohio. These meetings have been long and exciting from 9:00 to 11:30 P. M.

Dr. Claude B. Norris has been elected President of the Pittsburgh Dermatological Society.

The following members of our society are ill. Dr. James L. Fisher is disabled with a broken leg, due to falling off a horse. Dr. John E. Lewis wrenched his back severely while playing golf.

Dr. Arthur Smyth is still confined to his home.

Our president, Dr. Brant, has been appointed on the committee of three, representing the State Medical Society. This committee is known as the "Special Committee on Veterans' Affairs". It is composed of the following members: Dr. C. W. Stone, Cleveland, Ohio, Dr. Fred K. Kislig, Dayton, Ohio, and Dr. A. E. Brant, Youngstown, Ohio.

On June 5th, 1932, your Council motored to Akron, Ohio, and spent several hours going over the set-up of the Medical Bureau of that City. It is the opinion of the Secretary that this is a great step forward and am looking to the day when we of the Mahoning County Medical Society will have our own central office, paid secretary, rating files, telephone exchange, etc.

This office and organization would be a benefit to us in many ways, one, education of the doctor in the business of medicine, two, education of the patient as to his responsibility to his doctor, if in no other way, in that he learns to pay his "Doctor" first for services rendered.

# The Mahoning County Medical Society BULLETIN

JAMES L. FISHER, M. D. . . . . Editor      E. R. THOMAS, M. D. Advertising Mgr.  
LOUIS DEITCHMAN, M. D. . Asst. Editor      J. C. VANCE, M. D. . . . . Asst. Editor  
B. W. SCHAFFNER, M. D. . Asst. Editor

ARMIN ELSAESSER, M. D.      Consulting Editors  
A. W. THOMAS, M. D.

Published Monthly at 228 N. Phelps St., Youngstown, Ohio  
Subscription Rates—\$2.00 Per Year

The profession of medicine is frequently criticised by those outside its ranks, and occasionally by one of its own members. Criticism coming from within should be of a highly constructive nature and as a general rule should be confined to scientific publications, being in poor taste when broadcast to the general public. This rule applies to Paul De Kruif in his quasi-professional state and to his writings in the Ladies Home Journal, because they constitute criticism and because they purport to come from an authority in the inner circle.

With the impatience which the pure research worker so often exhibits toward the practitioner, he advocates in his article on Semmelweis—"Saver of Mothers", a whispering campaign against any doctor or hospital who shall have a case of puerperal septic infection. In another article he takes the profession to task because all pneumonia patients are not treated with serum, and creates the impression that all hospitals are behind the times unless equipped with the latest gadgets such as the elaborate apparatus for the production of artificial fever. In the June issue under a picture of De Kruif (wearing a beret) occurs the following caption—"He believes the more widely they (fundamental discoveries) are understood, the more quickly the public will be able to get the doctors to use them." This last is apparently not written by De Kruif but is editorial comment by the Journal and we ask that you read it again to get its full significance.

Dr. De Kruif's hysterical utterances regarding puerperal sepsis have been well answered elsewhere, by other medical publications. We are more concerned with this latest slap at our professional face, in which the doctors are represented as being so hopelessly reactionary that a direct approach is of no value. We are indeed surprised to find that the layman is to be used to prod us into activity when we have been having so much difficulty getting the average family to take advantage of certain important and fully developed modern health measures such as vaccination, diphtheria immunization, health examinations and prenatal care.

Would not these gifted writers and high class publications do a great deal more good in helping the profession to educate the public to the value of health methods which are generally accepted than in trying to expose the hypothetical short comings of those doctors who are slow to put in practice each new found, untried discovery? We dare to question the sincerity of such criticism. We dare to defend a profession which is slow in adopting new discoveries until they are thoroughly proven and acceptable for general use. We do not hesitate to say that there is no profession which spends more time in study and self improvement than ours. We are still the leaders in what is new and sound in medical practice and we do not need to be stimulated through an appeal to the general public.

J. L. F.

## THE OLD MINUTES---III.

## JOHN BARLEYCORN APPEARS ON THE SCENE

"Youngstown, Ohio, March 21st, 1874.

A special meeting of The Society was called at 11:00 a. m. (rather unusual hour, showing that this was a special occasion). The object of the meeting was the discussion of the pledge presented by the Temperance League. It was thought by some of the members that in two ways the pledge compromised the dignity of the regular profession: 1st, in that we were not allowed to exercise our judgment in the prescribing of alcoholic stimulation, but were restricted by the doctrines of the Temperance League as laid down in the pledge which they themselves had constructed. 2nd, the signing of this pledge necessitated the promiscuous association of our names with the numerous irregulars, charlatans, and quacks of this city.

On motion a committee of three consisting of Drs. Buechner, McCurdy and Whelan was appointed by the president, to construct a resolution which should embody the expression of the Society in regard to the prescribing of alcoholic stimulants. After retiring FOR A MOMENT the committee returned with the following, viz:

Resolved, we the undersigned members of The Mahoning County Medical Society, recognizing our responsibility in the practice of our profession with reference to alcoholic stimulants, do hereby agree to promote the cause of temperance by exercising our discrimination as is compatible with justice to our patients.

On motion the foregoing was unanimously accepted and the committee discharged. The resolution was signed by all the members, and the secretary was instructed to submit the resolution to The Temperance League, and further to ask in return the pledge already signed by some of the members",

It is evident that the society did not intend to mince words on the subject. The unanimity of opinion, and the promptness and precision with which the resolution was drawn and passed, requiring but a moment for the whole transaction, suggests that sentiment was well crystallized on the subject and that the meeting was a mere formality. We doff our bonnets to the old boys for the tact and firmness with which this delicate situation was handled. The resolution is a masterpiece. It states in a few words the attitude of the profession to which most of us still subscribe.

It may be a coincidence that the Society, very shortly, had an illustration of the therapeutic value of alcoholic stimulation, which is shown in the following case report:

"Youngstown, Sept. 9, 1874.

. . . Dr. Fowler, the essayist of the evening read an essay on "Callous Ulcers" which was very interesting. The essayist himself has been the victim, for several years, of a peculiar form of skin disease which showed itself only on parts of his person exposed to the air directly (involving) his face and neck where not protected by nature's covering also the wrists between glove and coat sleeve. It did not make its appearance at any other point through the entire course of the disease. He was unable to determine the exact cause of the disease. He had tried various remedies faithfully, excision as well as topical applications, and constitutional treatment embracing everything that held out the least promise of benefit. He says that almost as a last resort he was advised to use Brandy in small and frequently repeated doses. Of this he consumed about TWO GALLONS and now thought that he had control of the disease."—L. S. D.



## Standardization Technique---Prevention of Goiter

We know certain things about the prevention of this disease, in that if we give Iodine in small amounts there will be a decrease in the number of cases. This was definitely demonstrated in Akron's public schools by Marine in 1916. His method was to give the school children fifteen grains of Sodium Iodide once a day for one week, which was repeated twice a year. This decreased the number having an enlargement of the thyroid, also decreased the size of the glands that were enlarged before the administration. This was given to children up to fourteen years of age.

Our method of treatment is as follows: In children from five to eighteen years of age we give a small dose of some form of Iodine either free or combined, giving not more than one grain at a dose, giving the dose twice a week, say, Wednesday and Sunday, for two months, resting two months, and repeat. At all times keeping in mind that these children should be seen at least once every two weeks while taking the Iodine, watching for increased nervousness, increased pulse rate, loss of weight, sleeplessness, and a general run down condition.

We feel that just as good a result with less danger of getting an Iodine intoxication can be obtained if small doses of arsenic are used instead of Iodine. This is best given in the form of Ferrous carbonate (Blauds Mass.) and a 1/60 to 1/40 grain of arsenous acid the combination known as Modified Blauds Mass., or Blauds with arsenic. This preparation should be given for three months, from ten to eighteen years of age, one tablet after each meal, under ten years of age two tablets a day. There are usually no unusual manifestations seen. Other arsenic preparations may be used but they require closer observation.

All pregnant women from the beginning of their pregnancy should be given small doses of Iodine as recommended for children, but the dose should be at least three times a week. This should be followed through the lactation period. In addition she should have one-half dram of basic calcium phosphate or any calcium preparation, with fifteen drops of viosterol daily, carried through the lactation period also. The viosterol can be made more palatable by putting it into capsules.

This does two things, in that it prevents the thyroid of the mother from enlarging greatly and prevents the unborn child getting a goiter. Also, in goitrous mothers it tends to prevent cretinism in their children.

In our locality where prevention is necessary we have to take into consideration focal infections. So to prevent a goiter be sure there are no infected teeth, tonsils, sinuses, or in fact an infection in any part of the body.

We condemn the indiscriminate use of Iodine salt, because it is not under your control and because adults will use the salt the same as children and if they have a goiter it will tend to give them an Iodine intoxication. With the ingestion of too much Iodine certain individuals past twenty years of age and even young children will develop an Iodine Basedow (Iodine hyperthyroidism).

This form of prevention can be used if two salt containers are used, one of Iodine salt for the children and one Iodine free for the adults, but at the same time having the children under your observation continually. For you do not know how much Iodine they are ingesting and it may be too much.

We feel the better way is to prescribe a certain known dosage so that the results can be better checked, the untoward symptoms determined and controlled earlier and easier.

A. ELSAESSER, M. D.  
W. M. SKIPP, M. D.

## PUBLIC HEALTH DEPARTMENT

### MUNICIPAL HOSPITAL REPORT, MAY 1932

Smallpox cases .....	12
Diphtheria cases .....	1
Erysipelas cases .....	1
Scarlet Fever cases .....	1
Eye cases .....	1
Syphilis cases — Positive .....	6
Syphilis cases — Negative .....	3
<hr/>	
Total cases .....	25

### Report of Communicable Diseases May, 1932

DISEASES	Mahoning County	Youngstown Cases	Campbell Cases	Struthers Cases	Total Cases
Chickenpox .....	2	61			63
Diphtheria .....	2	5			7
Influenza .....	2	1			3
Measles .....	97	171	19	10	297
Mumps .....	3	3			6
Pneumonia .....	9	2	1	2	14
Scarlet Fever .....	9	72	9	1	91
Tuberculosis .....	5	23		4	32
Whooping Cough .....	23	50		37	110
Syphilis .....	1	2			3
Epidemic Meningitis .....		1			1
Septic Sore Throat .....		1			1
Smallpox .....		13			13

It will be noted by a careful study or comparison of the previous months report that the Municipal hospital cases increased from 21 to 25. Two of these additional cases being smallpox, one Diphtheria and one Erysipelas case.

It will be noted that the report for the month shows a gratifying decrease in the total number of communicable diseases reported. The total number for May was 405 as compared to 467 in April. The greatest reduction being in the number of Diphtheria, Measles, and Scarlet fever cases.

Unfortunately the number of Smallpox cases have only decreased by one. Unless special precautions are taken immediately to vaccinate all who have not been vaccinated, a serious epidemic may occur. The Health Department of the City of Youngstown asks that the medical profession assist, in every possible way to avoid such an epidemic.—C. H BEIGHT, M. D., Commissioner of Health.

## Program of the Meeting

Youngstown Club  
8:30 P. M.

Tuesday Evening, June 21, 1932

**DR. CHESTER D. CHRISTIE**  
Clinical Professor of Medicine,  
Western Reserve University

**"PROBLEMS IN DIABETES"**

*You Are Invited and Urged To Enter Into a Full  
Discussion of This Paper.*

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IMPORTANT ANNOUNCEMENT

### SEMI-ANNUAL BUSINESS MEETING

Tuesday, June 28, 1932—Youngstown Club  
Complimentary Dinner at 6:30 P. M.

Atty. F. Rollin Hahn — "Medico-Legal Problems"  
Reports of Committees

Voting on Proposed Amendments to the  
Constitution

*There will be no card announcements of these meetings.  
Mark your calendar now. If you have the Society's interests  
at heart you will be there.*

## Medical Gleanings

Dr. O. J. Walker has improved following his illness and has resumed practice. He has removed his office from 19 Lincoln Ave., to the Home Savings and Loan Bldg.

The scientific exhibit sponsored by Drs. Lewis and Baker at the A. M. A. Convention in New Orleans caused much interest and provoked favorable comment. Dr. P. R. McConnell is now practicing urology and assisting Dr. Lewis.

We congratulate Dr. Claude B. Norris on his election to the presidency of the Pittsburgh Urological Association.

Most every doctor in town has been in to see Solly Adams at the North Side Unit—the publicity hounds.

This writer was mentioned in Solly's Column and is now getting even by putting Solly in his.

In a recent gathering of doctors were represented the following injuries: spondylolisthesis from golf, fractured tibia from horseback riding, foot injury from tennis and a hand injury from ping pong. The only one who had not been injured was a well known surgeon who flies an airplane.

Dr. A. E. Brant has been appointed to the State Committee on Relations of the Medical Profession to the Veterans' Hospitalization Program. This is an important appointment as the Committee has much to discuss with the American Legion concerning non-service connected disabilities.

The Society extends its sincerest sympathy to Dr. R. R. Morrall in his bereavement caused by the death of his wife on June third.

### LIMB MANUFACTURERS ASSOCIATION TO ELEVATE PROFESSION

"A good, serviceable artificial limb of any type is the result of years of study and costly experimenting, and is infinitely more than a bit of wood, steel and leather fashioned into the shape of a leg. Experimental work and study are as necessary and just as much a part of a good limb as the material and work."

Realizing the truth of the above statement, conscientious artificial limb manufacturers throughout the country are now endeavoring to do what members of the medical profession did more than fifty years ago; they are gathering together under the banner of "The Association of Limb Manufacturers of America" in an effort to elevate their profession.

In their code of ethics we find this as one of the main objectives of the Association:

"The discovery, exposure, and ultimate elimination from the field of prosthesis, of the charlatan, the incompetent, and the dishonest, that the amputated may be well served and protected."

The Association is striving to bring

about a closer cooperation between the medical profession and the manufacturers of artificial limbs to the end that the patient will receive competent and efficient service and a comfortable, well built limb.

Surgeons referring their patients to members of The Association of Limb Manufacturers will materially aid not only their patients, but will be a factor in raising the standard of service and perpetuating a most worthy organization.

Companion to the idea that a doctor's clothes must always be black and conservatively cut, was the dictum that a medical journal or bulletin, to be dignified, had to be dull and dusty-looking. The last five or ten years have brought about changes in this respect. There are still some drab-looking publications, but for the most part, and not by any means excluding the smallest societies, medical bulletins have brightened up. Some of them are typographical gems. No bulletin editor will hurt his cause by trying for a refreshing appearance.—*Medical Economics*.

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It has been suggested that this offers a most ideal and appreciated gift idea for birthday, wedding anniversary, etc., of a person who is thus shut in. Much interest has already been shown by physicians and nurses as well as by invalids who have learned of this new King service.

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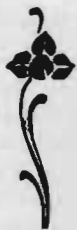
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The Department of Health wishes to inform members of the Wayne County Medical Society that the diphtheria prevention program is still in operation. Funds have been allowed, both in the present and coming budget, for paying physicians for the protection of indigent children. — *Bulletin of the Wayne County Medical Society (Detroit)*.

By all means read "Hygeia vs. Aesculapius" by Dr. Logan Clendening in the American Mercury for May, 1932.

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MENTOR, OHIO

Robert E. Gardner, M. D., Medical Director

Telephone Mentor 498

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## S. Q. LAYPIUS OBSERVES

Prominent crooner referred to as "King of the Radio!" We agree. Crown him! Crown him!

In a monthly periodical we read an article in which the writer refers to ours as the "fee-splitting fraternity." It is with apology that we call attention to the number of writers who inhabit penitentiaries because they showed their writing skill in the forging of checks. And yet, one comparison is as fair as the other.

We understand that drug-stores have persistently refused to accept the agencies for tractors and other farm implements.

Strawberries come and strawberries go but book-agents are with us always.

There is a rumor that there have been protests and even threats of hunger-strikes at several soup-lines because tooth-picks were not available at the exits.

"Music hath charms to soothe the savage breast." Note:—This observation was made before the intrusion of "jazz."

If these thumbers used as much energy in their ankles as they do in their wrists, they'd reach their destinations far sooner than any automobile could carry them.

Animal-lovers object to vivisection. I wonder if someone would object if kidnappers were used instead of animals and without anaesthetics being provided.

We used to wish that we had time to play golf. And now, when we do have time, we cannot afford it. Nothing seems right.

A word of tribute to our fathers who, going thru severe business depressions, and worrying as we worry, kept their feelings to themselves and did not depress us with the bad news, and managed to keep most of us in school. May we have the courage to do the same for our children. Some of us are just beginning to appreciate those old-timers.

We never could get up any respect for a man who wears a beret.