

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume XLV

DECEMBER, 1975

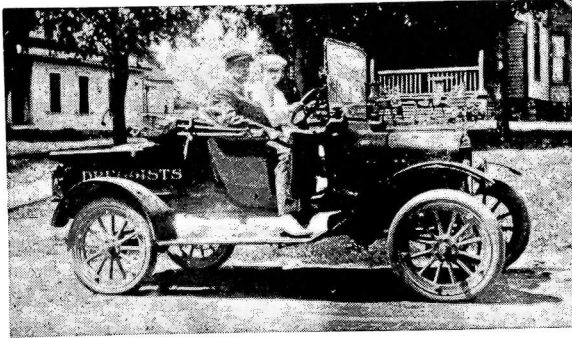
Number 9



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SEASON'S GREETINGS

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Mahoning County Medical Society Meetings — 1975

| January | March | May | September | November | December |
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From the Desk of the President



THE PROBLEM IS "US"

As I reflect on events of the past year which are about to change the concept of medical care in the U.S., I try to focus on the main problem which may mean the rise or fall of the private practice of medicine.

Over the last 12 months, we saw the issues of PSRO, MAC, pre-admission certification, NHI, Malpractice crisis, Compumedics, and the National Health Planning and Resources Development Act. The latter is the super star of them all.

All of these government programs have in common the control of the private physician from the cradle to the grave. They will control his education, his number, the location where he may practice, the type of practice and his earnings.

The effect on the tax payer (who thinks he may be getting something for nothing) will be increase and multiplication of bureaucracy with increase in cost and waste which are historically inherent in such systems. This will mean less spending for direct medical care in order to make up for bureaucratic cost. Remember, the bureaucrats pay themselves first. This means decrease in quality and quantity in medical care to the public.

Just how do health care providers stand on these changes? Physicians in particular and all health care providers in general fall into various categories, vis:

Group 1 — Members of this relatively small group understand the problem, but they are so divided and are going in all directions, forming all types of unions of one kind or another looking for a savior on a white horse.

Group 2 — This group is by far the largest. Members of this group have only a vague idea of what is going on. There is a great deal of apathy among them. Their attitude is that "they" will take care of whatever happens. And when something hits hard at home, e.g. the malpractice crisis, this group blames "them"—those guys at the AMA, Medical Societies etc.—for not preventing the crisis.

You seldom see members of this group in medical meetings or taking active roles in medical organizations. Printed matter mailed to them by national, state and local medical organizations usually goes into the circular file unopened or unread.

Group 3 — Selfishness here is the word. "By the time all this govern-

(Continued on Page 187)



BULLETIN

of the Mahoning County Medical Society

Published Monthly for and by the Members

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Volume XLV

DECEMBER, 1975



Number 9

The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

EDITOR Earnest Perry, M.D.

ASSOCIATE EDITOR J. C. Melnick, M.D.

EDITOR EMERITUS James L. Fisher, M.D.

Editorial

FAREWELL

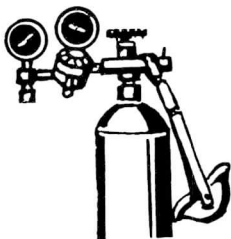
This issue of The Mahoning County Medical Society *Bulletin* will terminate my tenure as Editor. It has been an enjoyable year for me and afforded me an opportunity to speak out on some issues which I felt important to all of us.

While serving as Editor of the *Bulletin* I also became a member of the Council of the Mahoning County Medical Society and through the many meetings I attended, I had the chance to participate in discussions that will plot the course of the society in years to come.

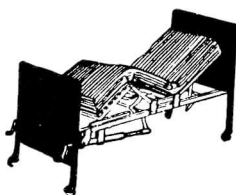
Our medical profession is being criticized almost daily with charges of incompetency, negligence, greed and of not caring; as a farewell plea, during this time when we celebrate the birth of our Saviour, let us rededicate ourselves to do our best, to see to it that everyone in this area, regardless of their station in life, receives the best medical care possible. This will go a long way in dispelling the adverse publicity we are receiving.

—Earnest Perry, M.D.
Editor

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FROM THE DESK OF THE PRESIDENT

(Continued from Page 184)

ment stuff becomes operative, I'll be ready to retire." — the hell with what happens after that.

Group 4 — In this group are the bureacratically oriented. They love rank, control and power.

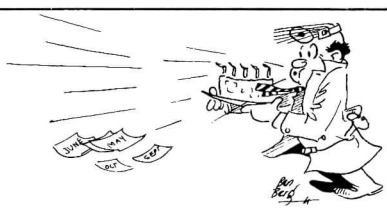
I think from the foregoing, we can see that the main problem which will mean the rise or fall of the private practice of medicine is "us". It seems that the time has come when each should attempt to understand the issues facing medicine. At the last meeting of the MCMS, Robert Holcomb from OSMA, gave an excellent presentation on public law 93-641. If you don't know what this number stands for, you were among the 300 members who did not attend. If you were among the 47 members who were there, I need not explain it to you. I just share your concern.

After we have understood the issues, we should collectively form an idea of what type of medicine we would like to practice in America. Not only for us but for the generations ahead. Then we should have faith in ourselves *individually* and *collectively* that we can accomplish what we have visualized. We should have the courage and unity of purpose to do what is necessary. Remember, only in America, men can make dreams a reality. Last, let us have divided opinions, but let us not ourselves be divided.

Merry Christmas

—R. A. Abdu, M.D.
President

HAPPY BIRTHDAY



Get your annual check-up • Is it time to renew your driver's license?

Dec. 16
A. R. Dziadzka

Dec. 17
D. B. Brown
C. A. Crans

Dec. 19
L. P. Caccamo
S. R. Zoss
D. J. Dallis

Dec. 21
C. S. Peabody

Dec. 23
A. E. Rappoport

Dec. 24
H. S. Zeve
N. A. Pappas

Dec. 25
W. H. Evans
W. L. Mermis
R. D. Murray

Dec. 28
J. J. Sofranec

Dec. 31
J. M. Cavanaugh

Jan. 1
D. S. Lee
V. K. Sethi

Jan. 2
M. H. Steinberg
W. T. Martin
N. C. Domingo
R. R. Sambandham

Jan. 3
J. K. Herald
J. B. Stechschulte
S. R. Weiss

Jan. 5
L. H. Scharf
R. W. Jackson

Jan. 7
Y. Hong

Jan. 9
N. J. Hazelbaker

Jan. 10
D. T. Yoder
H. J. Hassel
R. Albarran

Jan. 13
Y. V. Ginde

Jan. 14
J. P. Vette

Jan. 15
W. H. Bunn Jr.

ESTATE PLANNING IS DECEMBER TOPIC



The topic of "Estate Planning," important to both doctors and their families, will be explored by Leonard F. Wisneski, C.L.U., speaker at the Dec. 16th meeting of the Mahoning County Medical Society.

Mr. Wisneski is with Connecticut General Life Insurance Company in the area of Business, Estate, and Deferred Compensation Planning. He is the administrator for more than 60 qualified deferred compensation plans for commercial and professional corporations and other businesses.

He is a native of Connecticut, and has seen service in the United States Air Force as Captain in the Auditor General Department. He was also Internal Auditor for Westinghouse Electric Corporation.

Primary business of the meeting will be the election of officers. The December meeting is the

Leonard F. Wisneski, CLU official "Annual Meeting" of the Medical Society.

Traditionally there has been no charge for dinners at the annual meeting: There will be no charge for dinners for members at this meeting. However, since wives and husbands of members have been invited to attend because of their interest in the speaker's topic, there will be a charge for dinners of non-members.

Dinner will be at 6:30 p.m., preceded by a social hour at 6:00. Reservations for dinner may be made by phoning the Medical Society office, 747-4956. Members are urged to attend and vote for 1976 officers. A list of nominees appears elsewhere in the *Bulletin*.

ELECTION IN DECEMBER

Election of Officers, delegates, alternate delegates, council members, foundation trustees and a representative to Blue Cross will take place at the Dec. 16 meeting of the Medical Society at the Youngstown Club.

Following is a list of the candidates as nominated by the membership at the Nov. 18 meeting:

President:

Dr. W. E. Sovik

Council Members (4 to elect):

Dr. G. H. Dietz
Dr. R. A. Hernandez
Dr. E. Perry
Dr. K. F. Wieneke

Vice President:

Dr. J. J. Anderson

Alternate Delegates (2 to elect):

Dr. R. A. Abdu
Dr. J. W. Tandatnick

Secretary:

Dr. A. T. Deramo

Foundation Trustees (2 to elect):

Dr. J. C. Melnick
Dr. J. B. Werning

1979 Delegate:

Dr. J. J. Anderson

Representative to Blue Cross of Eastern Ohio:

Dr. C. E. Pichette

Additional nominations for all offices may be made from the floor at the Dec. 16th meeting. Dinner will be at 6:30 p.m. Reservations may be made at the medical society office (747-4956). All medical society members are urged to attend and to vote.

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OSMA SPEAKER AT NOVEMBER MEETING



Dr. Abdu with Bob Holcomb.

Bob Holcomb, Field Service Director for the Ohio State Medical Association, was speaker at the Nov. 18th meeting, which also featured nomination of officers and three important pieces of business.

Bob spoke on P. L. 93-641, the Health Planning and Resources Development Act of 1974. The new law will give the Secretary of Health, Education and Welfare virtually life and death control over local health facilities and services. The law, being complex, provides for a complexity of councils and agencies at five levels, at an unestimated cost. The avowed purpose of the law is to provide adequate health care to those in rural areas and low income sections of cities, where

the care is allegedly not now available.

If and when the law is fully implemented, it could direct the physician in the private practice of medicine as to where he may locate his office and in which hospital he may practice medicine.

During the business portion of the meeting, the members nominated candidates for officers for 1976, the results of which are reported elsewhere in the *Bulletin*; voted to raise the Physicians' Welfare Assessment from \$5 to \$25; voted money to help the Community Blood Bank get started; and adopted a statement that one listing in the yellow pages for physicians is sufficient.

Mr. Holcomb was introduced by program chairman, Dr. Dietz. Dr. Abdu president, presided.

GROUND BREAKING FOR NEW MEDICAL SCHOOL

December 17th will mark an important step in a project begun by the Medical School Committee and the Mahoning County Medical Society in 1966. On that date, ground breaking ceremonies will take place at Rootstown for the Basic Medical Sciences Campus of the Northeastern Ohio Universities College of Medicine.

Ceremonies will take place at 11:30 a.m. at 4197 State Route 44, Rootstown, with a luncheon and recognition program to follow at 12:30 at the Student Center, Kent State University. The present College of Medicine Offices are located at 275 Martinel Drive in Kent.

Youngstown State University and Mahoning County is part of the consortium of three state universities (including the University of Akron and Kent State University) due largely to the work of the Mahoning County Medical Society's Medical School Committee, chaired over the years by Dr. Leonard P. Caccamo. The Committee authorized and raised the money for the Booz, Allen and Hamilton feasibility study which put Youngstown State University as a solid contender for the new medical school, and then sponsored a citizen's committee which worked with State legislators successfully to insure the inclusion of YSU in the medical school consortium.

Representatives of the Mahoning County Medical Society will attend the ground breaking ceremonies.

In Memoriam

STANLEY A. MYERS, M.D.

1906 - 1975

Dr. Stanley A. Myers, Ear, Nose and Throat Specialist, died of a heart attack on Sunday, Nov. 30. He was 69.

Dr. Myers was born at Topeka, Kansas. He attended grade school at Pueblo, Colorado and high school at Denver. He received his M.D. degree at the University of Colorado School of Medicine in 1932. He served internships at Youngstown Hospital Association and Memorial Hospital in New York, and did residency work at Massachusetts Eye and Ear Infirmary in Boston.

He came to Youngstown in 1937 to enter practice with Drs. Hartzell, Bierkamp and Goldcamp. In 1942, he entered the U.S. Navy as a lieutenant junior grade and served four years with the First Marine Division's medical unit at Guadalcanal and at naval hospitals in New Hebrides and Wellington, New Zealand. Discharged with the rank of captain, he returned to Youngstown to open his own office in 1946.

Dr. Myers was a member of the American College of Surgeons, First Presbyterian Church, Tippecanoe Country Club, Elks Club 55. He was an ardent sportsman and enjoyed fishing, hunting and bowling. He was a member of the Evans Lake and Beaver Lake Duck Club.

His sudden passing will leave a void and he will be sorely missed by his colleagues, friends and patients.

NEW INTERN-RESIDENT MEMBERS

The following physicians were elected to Intern-resident Membership at the Nov. 18th meeting of the Mahoning County Medical Society.

P. F. Choudary, M.D.

Jong Chul Sun, M.D.

Yune-Gill Jeong, M.D.

A. Narayana Rao, M.D.

C. V. Krishna Rao, M.D.

C. P. Reddy Parvata, M.D.

Hong O. Oey, M.D.

Conrado A. Valdes, M.D.

Manthena A. Raju, M.D.

ELECTION OF OFFICERS

The annual meeting for election of officers will be held at the Youngstown Club on Tuesday, Dec. 16. Social hour is at 6:00, with dinner scheduled for 6:30 p.m. Dinner reservations should be made at the Medical Society office, 747-4956.

* * * *

INSTALLATION OF OFFICERS

The annual installation ceremonies will take place at the annual banquet at the Youngstown Club on Tuesday, Jan. 20th, 1976.

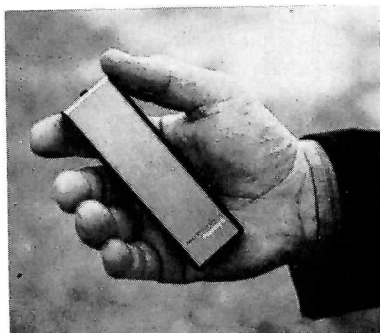
DENTAL CHRISTMAS BALL IS SATURDAY

All members of the Mahoning County Medical Society are invited to attend the annual Christmas Ball of the Corydon Palmer Dental Society, Saturday, Dec. 13, at Cherry's Top o' the Mall. The dinner-dance is Black Tie. Reservations may be made with Dr. Robert Bitonte. Cost is \$40 per couple. Social Hour begins at 6:30, with dinner being served at 7:30 p.m.

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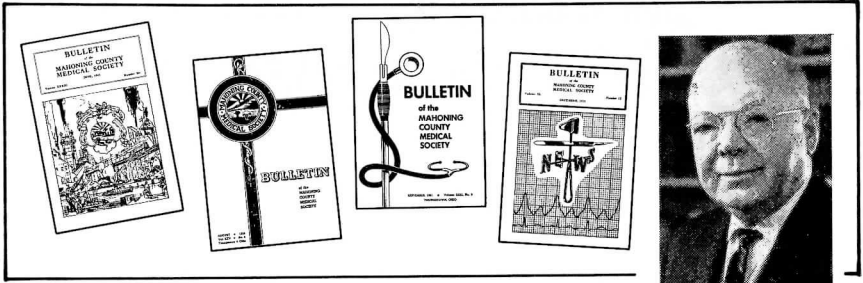
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From the Bulletin

FORTY YEARS AGO — DECEMBER 1935

There were 190 Active members, 8 Associate and 3 Honorary. Dues were \$12.00. The Treasurer reported \$151.73 in the checking account and \$800.00 in the permanent fund. Not bad considering that two years before there was not enough money on hand to hire a hall for the monthly meeting and members had to chip in with private donations.

Ivan Smith was business manager of the *Bulletin* and it was in the black. Mary Herald was handling the printing for the Youngstown Printing Company and was given special thanks by the Editor, the late Claude Norris.

THIRTY YEARS AGO — DECEMBER 1945

Not much in this issue about Society activities. Four years of war had disrupted very much our former way of life. Doctors at home were tired and out of sorts. Those returning from military service were confused and insecure. The former were glad to see the new men coming back to take some of the burden off their shoulders and relieve the awful pressure of jangling telephones and double duty they had been enduring. The latter were thinking of enjoying their families and getting refresher courses before making the big change back to private practice. It had been so different in military life. But four years on Army pay had depleted the finances of most veterans and they were anxious to get started picking up the shreds and remnants of their practices and building them up again.

The *Bulletin* made a start of printing the Service Records of the members as they returned. Those of John A. Rogers, John E. L. Keyes and Morris Rosenblum appeared this month. A. K. Phillips was still in the Philippines, promoted to major. Herman Ipp was on a motor trip with his wife to Montreal (no more gasoline rationing). Tims was back and took his wife to the Ohio-Pitt football game. A. S. D'Amore was back after three years in a Japanese prison camp. Joe Colla, Fred Coombs, Sam Epstein, Bill Evans, Firestone, Goldberg, Goldstein, Ray Hall, Marinelli, Miglets, McConnell, McElroy, Nelson, Raupple, Sisek and Szucs had returned home very glad to be here. It was the best Christmas in five years.

The Youngstown Receiving Hospital was formally opened on Nov. 20th.

TWENTY YEARS AGO — DECEMBER 1955

Editor Tornello looked back on the year and quoted the difference between results and consequences: "Results are what you expect and consequences are what you get!" He may have sounded rueful but he had a successful year.

Program Chairman Morris Rosenblum looked back on a year of good programs with Helen Taussing from Johns Hopkins, Harry Schwachman from the Children's Hospital in Boston, Stanley Hoerr from the Cleveland Clinic and Charles Doan from Ohio State.

The greatest medical advance of the year was the start of nationwide use of Salk's poliomyelitis vaccine and the decline of polio.

TEN YEARS AGO — DECEMBER 1965

Editor Kurt Wegner wrote:

"During this turbulent year, our president was John McDonough. He conducted the affairs of the Society with dignity and conscience, with imagination and foresight. He deserves much credit for the many and varied activities and projects, a goodly number of which were initiated during his term in office, that the Society engaged in."

These activities included: a study of closer coordination and co-operation between the hospitals; an attempt at an extended public relations program; an awakening interest in area-wide health facility planning and the successful staging of a Community Health Care Symposium; a study and solution of our emergency call system problem; a study of voluntary health organizations in the area; a "Pap" smear campaign; participation in "Project Headstart"; participation in the drive for a mental health center; repeat organization of the usual fine Canfield Fair health tent.

Sadly, four members of the Society passed away during the year: Drs. V. G. Herman, A. B. Sherk, Sam Tamarkin and H. H. Teitelbaum. New active members of the Society included: Drs. John J. Buckley, D. J. Dallis, Leonard N. Green, Demetrio M. Josef, Edward Kessler, Milton J. Lenhart, Vincent D. Lepore, Kenneth M. Lloyd, John C. Melnick and Frank Tiberio. We welcome them to our ranks.

—J. L. F.

WORLD WAR I REUNION MEMENTO



Front and rear views show taped paper with signatures dedicating the bottle "to the last two."

Ranking as one of the more interesting items of medical historical interest is a bottle of cognac recently acquired by the Mahoning County Medical Society.

The bottle is signed by a number of physicians and others who were apparently members of Base Hospital #31 in World War I. The inscription reads: "Dedicated to the last two this Sept. reunion B. H. 31 - 1937." The whereabouts of the reunion is not known, nor is it known that there were any further reunions.

Listed under the date of Sept. 2, 1937 are the following signatures: W. H. McCreary, "Bill" Allsop, A. Earl Brant, R. W. Fenton, Dean Nesbit, E.

Harlan Moses, Johnnie Buchanan, W. H. Bunn, S. W. Ward, R. R. Morrall, F. J. Bierkamp, C. R. Clark and Albert Alcroft.

Two additional signatures have dates by their names to indicate that they signed the bottle at a later time. These are Dave Endres and Byron Stewart.

The bottle is unopened and has its original seal. It was given to the Medical Society for safekeeping by Dr. and Mrs. R. W. Fenton. Base Hospital #31 was organized in Youngstown in 1917 and served in Contrexeville, France.

An illustrated article on the Hospital appeared in both the 1972 *Bulletin* and in Dr. Melnick's book, "History of Medicine in Youngstown and Mahoning Valley, Ohio."

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PROCEEDINGS OF COUNCIL**Nov. 11, 1975**

The regular meeting of the Council of the Mahoning County Medical Society was held on Tuesday, Nov. 11, 1975, at the Youngstown Club.

Dr. Pichette reported as Councilor of the Sixth District on matters at the State level. He stated that the 150 hours of required continuing medical education would be counted in the years 1977, 1978 and 1979 in order for physicians to be relicensed for 1980. It was noted that the MCMS resolution of commendation for work on the Malpractice Law was read into the minutes at a recent meeting of the Council of OSMA.

Dr. Abdu reported for the Board of Censors in regard to guidelines for physician announcements in the newspaper. He stated that the Board approved the guidelines as printed in the October issue of the *Bulletin*.

It was announced that Dr. Melnick, who is checking on a specific care of the financial situation of a physician's widow, will have a report at the next meeting.

A summary of the report from the Youngstown Board of Health was presented. The report was entitled "Implementation of an Expanded Emergency System." It was noted that the Board of Health letter stated that Dr. Goldberg is interested in the program being established in our area.

It was brought to the attention of council members that there will be a meeting in Columbus this month on "Health Data and Information Systems relating to PSRO Programs," on Nov. 24 and 25th.

Dr. Pichette called to attention of council a letter containing a blueprint of the time table of National Health Insurance as envisaged by the Blue Shield and Blue Cross groups.

A notice from AMA that they would like to achieve uniformity in membership classifications of Medical Societies was referred to the Constitution Committee.

In answer to a question from Council to OSMA, Dr. Pichette reported that Mr. Pohlman, OSMA attorney, stated that individual members of the Ohio State Medical Association would not be liable in the event that OSMA should lose the lawsuit brought by Atty. General Brown.

A note from Dr. Goldberg was read asking for clarification of our standing and relationship with the Mahoning Valley Health Planning Association. Council agreed that our stand is that we do not want to join the Mahoning Valley Health Planning Association, and that we have a liaison committee to meet with a liaison committee of the MVHPA should the occasion arise. A letter will be sent to Dr. Goldberg.

Dr. Abdu discussed attendance at meetings of Council. He urged members to attend at least 80% of the meetings in a year's time.

Dr. Anderson made a motion, properly seconded that the ad hoc committee on osteopathic relationship study the matter further and that the committee come up with some definitive recommendations and bring them to Council at a future meeting so that Council can take action. Motion was passed.

Dr. Sovik asked Council's opinion of having an AMA speaker at a Medical Society meeting next year. Council approved.

Dr. Abdu urged attendance at the November 18th meeting, where the OSMA field service representative will make a presentation on the important "Health Planning and Resources Development Act of 1974."

The motion was made, seconded and duly passed that the following retired members be presented for Honorary Membership at the Nov. 18th meeting: Drs. Ben Brown, Delfs, Dombzewsky, Gambrel, Goodwin, Heaver, Neidus, Noll and Schneider. The names will be read, only, at the meeting. The second reading and vote will be at the Dec. 16th. meeting.

Dr. Abdu introduced discussion of a question brought up by the Grievance Committee. Can that committee act on a non-member of the Mahoning County Medical Society? Following discussion, it was suggested that such complaints should be sent to the Ohio State Medical Board.

Dr. Squicquero introduced discussion regarding the progress of the Region Six Peer Review Corporation of Akron.

Meeting was adjourned.

Howard Rempes
Executive Secretary

MARK YOUR 1976 CALENDAR

There will be six regularly scheduled meetings of the Mahoning County Medical Society in 1976. All meetings will be at the Youngstown Club. Members are encouraged to mark the dates on their calendars and to attend each meeting.

All meetings are dinner meetings. Here are dates:

| | |
|-----------------|-----------------|
| Tues., Jan. 20 | Tues., Sept. 21 |
| Tues., March 16 | Tues., Nov. 16 |
| Tues., May 18 | Tues., Dec. 21 |

The January meeting will be the annual banquet and installation of officers. In addition, Dr. Rashid Abdu will be honored for his year as president, and there will be entertainment. Dr. George Dietz, program chairman for 1975 will be in charge of arrangements.

50-YEAR AWARDS AT DECEMBER MEETING

This year, two members of the Mahoning County Medical Society will receive the 50-year certificates and pins presented annually by the Ohio State Medical Association.

Dr. John M. Cavanaugh, 1925 graduate of Loyola University Stritch School of Medicine, and Dr. W. Stanley Curtis, 1925 graduate of Harvard Medical School will be recipients of the OSMA honors. Dr. Curtis is currently residing in Menands, New York. The presentation will be made by Dr. C. Edward Pichette, councilor for the Sixth District, OSMA.

WE ARE 103

The Mahoning County Medical Society had a birthday last month which should not pass unnoticed. The Medical Society was founded Nov. 13, 1872, which makes us 103 years old, the oldest professional organization in Youngstown.

Only a very few of our newest members will be unable to recall the centennial year of celebration of 1972, climaxed by a birthday party attended by the whole town at Powers Auditorium in November.

While the United States celebrates its 200th year the Mahoning County Medical Society goes into its 104th year of consecutive meetings.

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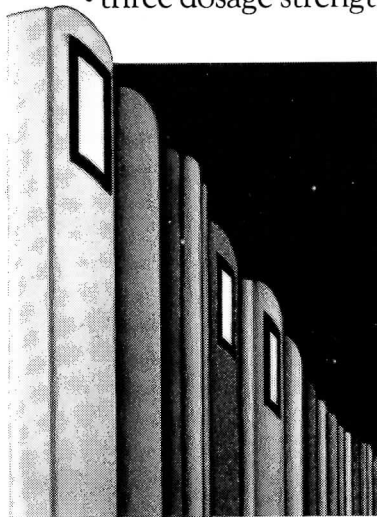
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Indications: Relief of anxiety and tension occurring alone or accompanying various disease states.

Contraindications: Patients with known hypersensitivity to the drug.

Warnings: Caution patients about possible combined effects with alcohol and other CNS depressants. As with all CNS-acting drugs, caution patients against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering to addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions), following discontinuation of the drug and similar to those seen with barbiturates, have been reported. Use of any drug in pregnancy, lactation, or in women of child-bearing age requires that its potential benefits be weighed against its possible hazards.

Precautions: In the elderly and debilitated, and in children over six, limit to smallest effective dosage (initially 10 mg or less per day) to preclude ataxia or oversedation, increasing gradually as needed and tolerated. Not recommended in children under six. Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potentiating drugs such as MAO inhibitors and phenothiazines. Observe usual precautions in

presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in psychiatric patients, and hyperactive aggressive children. Employ usual precautions in treatment of anxiety states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship has not been established clinically.

Adverse Reactions: Drowsiness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment, but are also occasionally observed at the lower dosage ranges. In a few instances syncope has been reported. Also encountered are isolated instances of skin eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG patterns (low-voltage fast activity) may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice and hepatic dysfunction have been reported occasionally, making periodic blood counts and liver function tests advisable during protracted therapy.

Usual Daily Dosage: Individualize for maximum beneficial effects. *Oral—Adults:* Mild and moderate anxiety and tension, 5 or 10 mg *t.i.d.* or *q.i.d.*; severe states, 20 or 25 mg *t.i.d.* or *q.i.d.* *Geriatric patients:* 5 mg *b.i.d.* to *q.i.d.* (See Precautions.)

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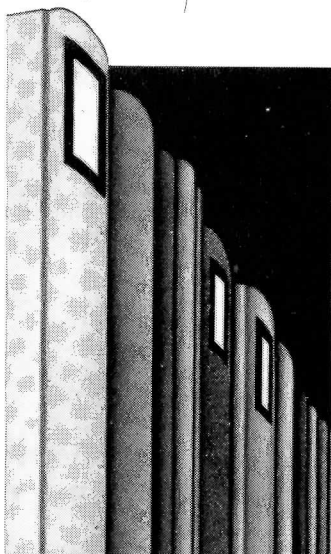
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