THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY SINCE 1931

THURSDAY 01 • 18 • 2018



MELISSA TUROSIK

Maag Library is searching for a new executive director, which the building has been without for almost seven years.

A search in fall 2017 for a new director eventually failed, according to Youngstown State University Provost Martin Abraham.

"We interviewed four candidates, after which we decided that only one of them had the qualifications we were seeking," Abraham said. "We offered the position to the preferred candidate, but he turned us down."

Abraham said he cannot speak for the time prior because he has been the provost at YSU for three years, but since that time he has been moving in the direction of hiring a permanent executive director.

"I spent a little time to understand what it was that they needed. We investigated alternatives, such as developing a collaborative partnership, which we decided would not be in our best interest," he said.

Abraham said he established a team two years ago to develop a strategy for the library.

He said a revised search committee has been convened and a new job posting should be available this week. Abraham said he is hopeful to find an executive director.

"We changed up the job description so that it should bring a broader range of candidates," he said. "I'm going to work more closely with the library staff to try to spread the word more effectively."

According to the job posting, Maag Library is looking for an executive director to grasp new perspectives and lead the library to opportunities for collaboration.

Cassie Nespor, a librarian at Maag, said when she started at YSU eight years ago, there was a director at Maag. The director was moved to a new department on campus and no one was hired to fill his posi-

Nespor said the library was on an interim director basis for several years.

"When he (the director) finally did leave campus, that interim person stayed and they kept the interim status going," Nespor said. "We haven't had a director in a long time."

Nespor said during that time the university archivist was let go and not replaced.

"I do specific work. I'm reading. I'm going to conferences as much as I can and I'm kind of missing that mentorship that people in those positions would've given me," Nespor said.

She said she might not have taken the job as a librarian if she knew that this was the situation.

Ana Torres, interim library director at Maag, has been serving as interim director for almost seven years.

Torres said it has been an honor to serve in this capacity.

You Tube

Photo by TANNER MONDOK/THE JAMBAR ensure that our beloved library kept running as smoothly as possible during the transition period, while leading it with my utmost dedication," Torres said.

She said she has remained positive through these open vacancies and challenges.

"Our organization has been able to maintain its operations and move our services forward to align them with current student needs and trends," Torres said.

She said since her responsibilities have evolved her appointment as interim director.

"They include personnel, operational and fiscal administration, in addition to the management of the various departments within the library," Torres said.

Torres said she looks forward to having a permanent executive director soon and assisting the new hire in the strategic vision for the library.





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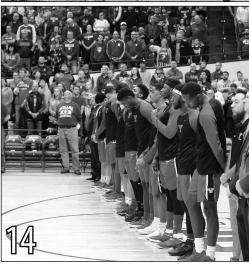
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FEATURES









INSIDE THIS ISSUE

NEWS

- 3 | Kilcawley Updates
- 4 | NASP Conference/Walk with a Doctor
- 5 | On Campus Housing
- 6 | Phelps Street Improvements
- 7 | Cokie Roberts/News Briefs

A&E ARTS AND ENTERTAINMENT

- 9 | Arthur Weston
- 11 | Budget in Downtown Youngstown
- 12 | A Reel from Youngstown's Past

OPINION

13 | Column/A Jambar Editorial

SPORTS

- 14 YSU Men's Basketball
- 15 | Pressbox Perspective/YSU Soccer
- 16 | YSU Women's Basketball

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NEWS



KILCAWLEY UPDATES PROVIDE FOR STUDENT INTERACTION ON CAMPUS

RACHEL GOBEP

Youngstown State University revealed its new Kilcawley Center Annex, which included an updated space for student interaction on campus that opened Jan. 8.

The annex is located on the second floor of Kilcawley Center in the space that the former bookstore occupied.

It consists of a recreation area for students with pool tables and air hockey, the Penguin Plug-In and new offices for the Student Government Association, Penguin Productions and Student Activities.

The Penguin Plug-In is an area where students can charge their mobile devices and laptops and relax, according to Vice President of Student Affairs Eddie How-

Howard said the Kilcawley Center Space Utilization and Reallocation Advisory Committee worked on the project for about a year and wanted an uninterrupted space with opportunities for student engagement to occur in Kilcawley Center.

Additionally, he said there is a push to attract students to stay on campus for more than just their classes.

"We're trying to develop initiatives and ideas that get people away from thinking that they drive in, go to class, get in their car, turn around and drive away," Howard said. "We want you here. We want you to hang out and be around."

Rayann Atway, president of SGA, said opening the annex during the first week of school was a great way for students to get excited about the spring semester.

With the new SGA and Student Activ-

ities office being located across from the recreation area, Atway said she is able to see students connecting with each other.

"It's really cool to see the space bring so many people together to hangout, whether it be to study, play pool or just relax in between classes," she said. "It's been such a high traffic area this past week and I expect it to stay that way throughout the semester."

Atway said it was incredible to walk into a new office on the first day of classes.

"hey're much more spacious and truly promote collaboration amongst our representatives and students. The office space really promotes working in a team environment," Atway said.

Howard said plans are being made to develop a food service outlet in the annex to draw students there. He said that about \$300,000.

students can buy snacks within the next couple weeks.

Braden Nagy, a freshman biology major, played air hockey in the annex with a friend and

said he previously played basketball on campus, but is happy to have another place on campus to do whatever he wants.

Brittany Heasley, a Kilcawley employee, said people are making the annex their hangout.

"We get super busy during lunch time, when there isn't class. We are getting a lot of traffic because people are finding out about [the annex]," Heasley said.

Additionally, Heasley said it has been busy considering the fact that the annex has been open for two weeks.

According to Howard, the annex cost

NEWS

YSU TO BE REPRESENTED AT NATIONAL PSYCHOLOGISTS CONFERENCE

CAMERON GODWIN

Graduate students from the Youngstown State University school psychology program will be recognized at the National Association of School Psychologists (NASP) Conference in Chicago this February.

Richard VanVoorhis, associate professor and director of the school psychology program, and Kathleen Aspiranti, an assistant professor in the department of counseling, school psychology and educational leadership, plan to present at the conference.

The NASP Conference is a national conference where speakers from across the country discuss various topics and issues in the field of school psychology.

Lauren Hoag, a school psychology graduate student, was awarded a scholarship to attend the NASP conference, which includes \$500 and round-trip airfare.

Hoag said when she applied, she submitted a proposed plan for a system-wide change within a district or demographic.

The program, "Rise and Shine, It's Learning Time," is an incentive to help attendance issues within inner city schools. The plan also includes parent training and raffles to help boost attendance in schools.

Hoag said the plan was chosen as one of the top four submissions, which was reviewed by a jury of school psychology faculty members across the state of Ohio.

She obtained a bachelor's degree in psychology from Cleveland State University and a master's degree in education from YSU. She said she was an instructional aide at the Lincoln Park Academy and currently interns at Chardon Local Schools.

Hoag said she expects to graduate in

summer 2018 with a degree in school psychology.

Hoag said her future plans include working in a suburban school district with elementary school students. She said she hopes to go back to school to obtain her administrative license so she can become the director of special education for a school district.

VanVoorhis said he is impressed with Hoag's ability to utilize skills learned in the classroom and apply them in the field.

"It is certainly a milestone for the program to have several graduate candidates selected to present at the annual 2018 NASP conference," VanVoorhis said.

VanVoorhis said Aspiranti has provided research mentorship for a number of the students who will be presenting in Chicago.

Aspiranti said it is great to be a part of the conference.

"I am really proud of the students and

their hard work on the projects they have done," she said.

VanVoorhis said the YSU school psychology program is one of nine Ohio graduate education programs in school psychology.

"School psychologists are in very strong demand and graduates of the YSU program are recruited throughout the state and nation," he said.

The school psychology program is housed in the Beeghly College of Education, where graduate students work directly with children to assess and support their individual learning needs.

The following 11 YSU current and recent program graduates plan to attend and present at the conference: Alanna Bebech, Kym Bowlen, Heather Frank, Lauren Hoag, Jaime Kirchhofer, David Makara, Savannah O'Brien, Tyler Oliver, Kristen Osiniak, Brittany Ruffo and Amy Vinopal.

THE WALK WITH A DOCTOR

DAVID FORD

Youngstown State University and its Department of Physical Therapy will become the first physical therapy program to launch the Walk with a Doc on Jan. 25 at the Southern Park Mall in Boardman.

The Walk with a Doc program idea had its inception in 2005 and was created by David Sabgir, a cardiologist at Mt. Caramel Hospital in Columbus, OH.

In a 2015 "CNN Heroes" interview, Sabgir described his inspiration to create positive change in his patients.

"The number one problem my patients experience is a sedentary lifestyle," Sabgir said. "I was frustrated at my ineffectiveness to create a change in my patients."

Sabgir continued, expressing the positivity his program has created.

"There is no better way to show that you care about a patient than by going to the extra mile with them," he said. "It's just the patient and the physician talking about whatever topic the patient wants to talk about."

He said 80 percent of cardiovascular disease is preventable if "we all just go for a walk."

Cara Berg-Carramusa, instructor and director of clinical education in the physical therapy department at YSU, said the idea to bring the Walk with a Doc program to Youngstown started when she met Sabgir.

"I met David at a conference [that] I'm on the committee for and talked to him about starting a Walk with a Doc program, but with a whole new twist to it," Berg-Carramusa said.

Berg-Carramusa said the YSU sponsored Walk with a Doc program will be more focused on physical therapy and led by physical therapists, rather than physicians.

Berg-Carramusa said Walk with a Doc is designed to empower and educate the participants on the value of exercise and healthy lifestyle choices. As for the students, the program allows them to participate in community outreach, to interface with patients and learn valuable communication and listening skills.

"Walking is the best medicine. Walking does good for just about everything," Berg-Carramusa said. "It affects everything from the top of your head to the tip of your toes. I always tell my students that."

Brandy Schumaker, a second-year student in the physical therapy department, works on the four-person student committee designed to help implement the Walk with a Doc program locally.

For Schumaker, community outreach and her background in wellness are two major reasons she's continued to volunteer for the program.

"I volunteered to stay on the project and see it out since I have a background and interest in wellness," Schumaker said. "For me, a big part of this program is being able to reach more people that I might have been able to reach before."

In addition to being a student, Schumaker is the assistant director for fitness and facility operations at the Andrew Recreation and Wellness Center. She said they

want doctors from different perspectives at each event.

"We're trying to get doctors in different areas and each date has a different doctor," Schumaker said. "We want to get a registered dietician, someone with experience in holistic medicine and so on."

In order to get the full benefits of exercise, the average person must also watch which foods they intake. The Walk with a Doc program is designed to improve physical health and well-being through exercise and healthy choices.

According to Amy Raabe, instructor, sports nutritionist and registered dietician at YSU, exercise and healthy eating work in conjunction to improve an individual's well-being.

Raabe said in many cases, someone is described as, "skinny fat," in which someone looks healthy on the outside, but doesn't eat well.

"If you have someone who eats well, but does not exercise, there won't be any cardiovascular conditioning benefits," Raabe said.

The Walk with a Doc program is designed to promote both healthy eating and exercise, which can prevent cardiovascular diseases.

The program is free to the public and will take place at the mall's concourse beginning at 9 a.m the last Thursday of every month. Each session will include light refreshments, health tips and discussions, as well as heart rate and blood pressure checks.

The program will continue until the end of 2018.

NEWS



Photo by **NAMI NAGAOKA/THE JAMBAR**

ON-CAMPUS HOUSING UPDATES

NAMI NAGAOKA

The Youngstown State University Office of Housing and Residence Life has been working to address issues that arose last semester, such as overcapacity in the residence halls.

Twenty-four rooms were expanded between Lyden and Cafaro House last semester. In Lyden, some rooms that were previously double occupancy were expanded into triple occupancy rooms, according to a Jambar article published on Sept. 9.

Student residents on campus are beginning spring semester comfortably because rooms that were previously over capacity have been condensed.

According to Ian Tanner, associate director for residence life, more than 60 students chose to live in on-campus housing as of the spring 2018 semester.

The study lounge on the first floor of Cafaro House was temporarily closed for a few months during the fall 2017 semester due to the sudden increase in demand for housing.

Some residents expressed that they were inconvenienced and as a result, the study lounge reopened in the middle of the semester.

According to Tanner, some students in rooms that are over capacity have not requested condensed dorms because they have grown accustomed to the space.

Tanner said no one is on the waiting list and a portion of on-campus housing is still available this semester.

Billy Cook, a sophomore mechanical engineering major, has lived in Cafaro House since he came to YSU. Due to lack the of space, Cook said he was aware of people living in the study lounge for a few months last semester.

He said he had a poker night with his friends in the study lounge recently and is happy that it is open again because a lot of socialization occurs in the study lounge.

Demetrius Brown, a freshman, moved to Cafaro House this month. He said he has been using the study lounge to heat up food and watch games.

Brown said when he is tired of being in his dorm room, he likes to come to the study lounge and sometimes plays poker.

He said he did not talk to many people on campus prior to moving into the dorm, but the study lounge gives him the opportunity to socialize.

"It's kind of fortunate to speak to people," he said. "It's helping my social skills, helping me talk to people more and not be

Devin Hale, a mechanical engineering major, has lived in Cafaro House since last semester and had three roommates.

Hale said midway through the fall, they moved another desk and chair into their room since there were just two desks for three people.

"It made it kind of possible for me to have a desktop," he said. "It's so much more comfortable."

According to Tanner, the \$200 security deposit will no longer be required in the fall 2018 semester, but a \$35 application fee to request on-campus housing will be.

"Our goal is to hopefully makes the process a little smoother," he said.

Tanner said a MicroFridge – a minifridge and microwave combination appliance – will be in each dorm room in the upcoming fall semester.

6





Photo by MARAH J. MORRISON/THE JAMBAR

PHELPS STREET CLOSED **FOR IMPROVEMENTS**

MORGAN PETRONELLI

Downtown Youngstown residents will soon hear the clatter and clunks of construction as North Phelps Street closes and begins a six-month revitalization makeover.

The project will cost roughly \$943,000, which will be utilized for rerouting telephone lines, replacing a sewer line, adding new gas and water lines, new sidewalks and street lights.

Initially, the project was scheduled to begin five years ago, but progress was halted a month in after workers found out that underground utilities were in the way of the sewer line.

In an article for The Vindicator, Charles

Shasho, Youngstown deputy director of public works said, "There was no way to reach the sewer, so it was decided to relocate the duct banks."

Shasho said the vehicular traffic will be closed for the duration of the project, but pedestrian traffic will remain open on the east side of Phelps Street only to building

Some businesses that will be affected by this closure are Suzie's Dogs & Drafts located directly on Phelps and V2 Wine Bar & Trattoria. Along with business owners, downtown residents are also among those affected.

Avery Mauger, a Youngstown State University student and Wick Tower resident, spoke about his frustration with the new construction project.

"The project will most definitely affect my walk to campus. I'll have to cut through the food court below my building or go all the way around on Wick Avenue, but I think this project is needed."

Mauger said Phelps Street is "one of the worst-looking streets downtown," and the city always starts construction projects at the most inconvenient times.

He said the project should have begun in summer when most students aren't in class and the weather isn't so unpredictable.

Maddie Rhoads, a YSU student and Erie Terminal resident, said that it is "annoying" to get in and out of her parking lot and pedestrians are technically supposed to walk a block to get to Federal Street

"I just walk where it says you can't, anyway," Rhoads said

Despite her frustrations, Rhoads said that she feels indifferent about the project because Phelps Street is run-down and improvements are long overdue.

"Infrastructure improvements are great for the economy, so I'm not complaining, Rhoads said.

Shasho also said in the article that the city is considering permanently closing down vehicular traffic on North Phelps Street located between Federal and Commerce so a public entertainment area can be added, almost similar to East 4th Street in Cleveland.

COKIE ROBERTS SPEAKS AT STAMBAUGH AUDITORIUM

RACHEL GOBEP

Political commentator for NPR and ABC News Cokie Roberts spoke at Stambaugh Auditorium on Jan. 11 with about 1,000 people in attendance as a fundraising effort for WYSU, Youngstown State University's radio station.

Roberts has also written six New York Times bestsellers and won three Emmys, among many other accolades in over 40 years in the broadcast industry. Roberts discussed the political atmosphere, both past and present, women's issues, the pushback on media since President Donald Trump took office and the impact of millennials on society.

Roberts said she always discusses whether or not this era is the most polarized time in history, but she said it is not. She said in the past, politicians would murder each other over political speech

She discussed the duel between Aaron

Burr, the sitting vice president of the United States in 1804 and Alexander Hamilton, the former secretary of the treasury — where Hamilton was killed. After World War II, congressmen from different parties were able to argue about political stances, but come to an agreement in the end, she said.

"People in Congress understood that the enemy was not the guy across the aisle, it was the dictator across the sea and that was a much more cohesive time," Roberts said.

Roberts said Democrats and Republicans in Congress today are unable to get to a place where they agree with each other, which leads to problems. In addition, she said today the people of the United States are living through different times, where it is much more difficult to come to common ground in politics.

"It's all a mess because of this hyper-partisanship. People get so dug into their ideological corners that they accept anything if they think a person is going to vote the way they are," Roberts said.

She said one way to fix this problem is to elect more women in Congress because they are found to be less ideological and willing to cross party lines. Currently, 354 women have said they are going to run for Congress this year. Roberts also said one of the biggest problems today is that facts are being called into question. She said journalists need to make the case for facts through their reporting.

"Facts are facts and if you don't agree on facts, I don't understand how you can make policy," Roberts said. "You can disagree about the policy, but you cannot disagree about the facts." Roberts also said it took decades for people to move on interracial marriage, but it took just a few years for that to happen with gay marriage.

"It's a very interesting young group of Americans," she said. "It is much more diverse and much more tolerant than any other generation we've had in this country."

Attorney Ron Slipski, a political and international relations and criminal justice and forensic sciences lecturer at YSU, attended the event and said he agrees with Roberts about millennials' tolerance and acceptance.

"[With] the young people that I encounter, which are primarily my own children and YSU students, I believe there's a trend toward more tolerance," Slipski said.

He said he believes college students

that he has come across in the past have been accepting, though. Slipski said he likes Roberts's optimism despite what is going on in the political atmosphere today. Barbara Krauss, the WYSU employee with the longest tenure, host of the

for many years.
"[Roberts] has built a reputation as one of the most respected news correspondents anywhere," Krauss said.

Morning Edition and the Classical Mu-

sic host, said she has admired Roberts

NEWS BRIEFS

SIMEON BOOKER MEMORIAL SERVICE TO BE HELD IN D.C.

A memorial service celebrating the life and accomplishments of civil rights journalist Simeon Booker will be held in Washington D.C. at 10 a.m. on Jan. 29 at the Washington National Cathedral.

Booker, a Youngstown native and former Youngstown State University college student, left the college after discovering that African-American students were being denied activity cards which allowed students to partake in sports, clubs and school dances.

From there, he attended Virginia Union University and eventually went on to become the first black reporter for The Washington Post. Booker had also gone on to work for African-Americanmarketed magazines "Jet" and "Ebony."

He made a name for himself during the Civil Rights Era, first reporting about the brutal murder of 14-year-old Emmett Till in 1955.

This event acted as a catalyst for the civil rights movement and propelled Booker to report on some of the most pivotal moments in history like the 1954 U.S. Supreme Court's Brown v. Board of Education decision.

Booker continued most of his work with "Jet"

and "Ebony" magazines as their Washington bureau chief until his retirement in 2007.

During his life, he authored three books that gave insight into the life of a black journalist during the civil-rights era. Those books include: "Shocking the Conscience: A Reporter's Account of the Civil Rights Movement," "Susie King Taylor: Civil War Nurse" and "Black Man's America."

Booker died after complications with pneumonia on Dec. 10 at the age of 99. His memorial service plans to commemorate the path he paved in journalism and the voice he gave to those who needed help speaking up during an integral part in American history.

Donations can be made to the Simeon Booker Scholarship at YSU and all contributions will be matched by the YSU Foundation.

Paul McFadden, president of the YSU Foundation, said the foundation matches all minority scholarships.

He said the foundation is honored that Booker's family decided to recognize him through this scholarship.

TRESSEL WILL NOT RUN FOR U.S. SENATE

Ohio Republicans wanted Youngstown State University President Jim Tressel to challenge Democratic Sen. Sherrod Brown in the United States Senate election this year, according to a report that first surfaced on the Washington Examiner on Jan. 11.

Tressel signed a one-year contract on Dec. 6, which extended his contract with

the university until June 2019.

According to a report by The Jambar on Jan. 11, Tressel said his contract extension is exciting because there are a lot of things that the university is currently in the midst of.

Tressel said in a tweet on Jan. 11 that he has no intentions of running for senate and he will continue his work at YSU.





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YOUNGSTOWN STATE UNIVERSITY







HELPREEDED

THE MYSTERIOUSLY UNSOLVABLE DISAPPEARANCE OF ARTHUR WESTON

Week 1/8

Salutations, inquiring reader. Thank you for your kind attention. Hopefully the eye that my headline has caught is a good one. You'll need it if you are to join me on this eight-week pilgrimage of sorts. My name is Quinn Weston, and I am in serious need of your help solving a mystery. Rest assured, your time will be greatly rewarded. If you can stick with the quests every other week, and provide the correct answers at the end of the semester, you will be entered into a raffle for a prize of 150 dollars. Cash.

Across the ocean or over the mountain, many pilgrims travel to places of worship to find themselves, but this is not that kind of pilgrimage. The journey I am asking for your help on is one of puzzles and riddles (and some photography), but most importantly, not for one's self, but for my dear uncle, Arthur Weston.

Uncle Arthur was a quirky old man. Not to disparage his reputation, but rather enliven it. Arthur was awarded medals for fighting Nazis in World War II, photographed marching for civil rights in the '60s and worked 35 years for one of Washington's top accounting firms. That was Arthur on paper; in practice, he is remembered differently.

Stories of him crafting breasts onto the Land O'Lakes Butter girl at Christmas dinner are more up to speed. There was the time he impulsively left home for four days to hike to the Appalachian Trail (not hike the trail itself), then hitchhike back home. Then there were the weekly noise complaints from neighbors about him blasting Pink Floyd at 3 a.m.

("What? I have bad hearing." is what he would say). He also boasted a large collection of jelly beans.

Despite my bachelor uncle's oddities, Arthur was sharp as a tack. He continued working well past retirement age, crunching number problems that made Sudoku look like coloring books. He was a brilliant man, but as he matured into senior citizenship, his brilliance lost its root in reality. He became rash, trading social platitudes for curtness, then came the paranoia about being watched, followed by ramblings about pseudoscience and the supernatural.

What happened next started when Arthur didn't mention a word about hosting Christmas dinner at his estate last month. Whispers that he had finally lost it made their way through my family. The situation escalated from idle worry to panic when we visited his homestead the week between Christmas Day and New Year's Eve. His mansion was void of any signs of life. We found his wheelchair sitting quietly behind the desk of his third story office with a full outfit slumped in it as if he had evaporated. The only other sign of distress came from a gaping hole in a wall where a stained glass window used to be. The massive window had been cut away cleanly, as if it were never there in the first place.

The final discernible clue came in the form of a sheet of stationary neatly tucked under an old rocking horse I used to play on in the study.

QUINN WESTON

cheerio youNg quinn,

getting right to it shall wE. watch your back... and your front, will be sending series of clues formed as notes in paper and locations on ur campus, there will be notes printed in the jamBar. read deep within to find the code words. & riddles taking yoU to locations at school, jot down words/locations, periodic entries will have you take photographs chap, once part eight is out at end of semester, send revealed phrase and photographs to jambar. Look, i have trusted friends there, first clue hAs been hidden within this letter, say you find it, you are well on ur way, also, if you know of any bright minds to help please do, shall need all help can get, mysteriously unsolvable disappearance not what seems. 6

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Photos by MARAH J. MORRISON/THE JAMBAR

THE FOOD AND DRINKS OF DOWNTOWN YOUNGSTOWN

MARAH J. MORRISON

It isn't necessarily a challenge to buy food and drinks on a budget in Youngstown. The Federal, Suzie's Dogs & Drafts, Avalon and Christopher's are all options for students who don't want to spend more than \$20 for a meal.

Sophia Martini, manager at The Federal, said they specialize in burgers. She said everything on their menu is \$12.95 or less, which makes it nice because none of their items are overpriced, especially for students who don't have a lot of money to spend.

"We have a variety of signature burgers that we sell on our menu and those are our most popular items," Martini said.

Martini said The Federal also features different cocktails; some have been on their menu for several years as customer favorites. She also said new cocktails are always being incorporated.

"Our Youngstown Mule is very popular," Martini said. "We also have a Federal Collins that is popular."

Martini said The Federal has \$6.99 lunch specials including wraps with fries on Mondays, salads on Tuesdays, signature burgers with fries on Wednesdays and

sandwiches with fries on Thursdays.

"We incorporate cool things during the week that make eating out fun," Martini said. "You can have a good meal for a cheap price."

Stephen Whitfield, general manager and event coordinator at Suzie's Dogs & Drafts, said the restaurant is really well known for their hot dogs, tater tots and alcoholic milkshakes.

Whitfield said there are at least 55 hot dog toppings to choose from. He said the roasted crickets catch people's attention.

"Our white beer cheese is approachable, yet delicious," Whitfield said. "Blueberry mustard I think is one of the things that caught my eye when I first started working here"

He said at least once a week a customer orders all the available toppings on one hot dog.

"Even if you tip the server or bartender, you can get out of here under \$20 easily," Whitfield said. "It's a unique restaurant."

Kayla Creech, the opening bartender at Suzie's, said her favorite toppings include chili cheese, jalapenos and

"Even if you took the food away, it's really a good time," Creech said. "You can always have fun at Suzie's." Anne Massullo Sabella, manager at Avalon, said the most common thing ordered is pizza. She said the three most popular pizzas ordered include cheese and pepperoni, plain cheese or a Brier Hill which is a pizza with sauce, red and green sweet peppers and Romano cheese.

"Everything on my menu is under \$20," Sabella said. "We give students a 10 percent discount with a valid student ID, and we deliver to the university."

Shawna Bonacci, owner of Christopher's, said about two years ago, they changed their menu and added loaded baked potatoes, which is a popular item ordered during lunch and dinner hours.

"We have everything from a classic loaded baked potato with bacon, cheddar and sour cream and some fancier ones with pot roast, chicken and bacon," Bonacci said. "As for drinks, a lot of the classic cocktails we sell a lot of."

Bonacci said most of their menu items are \$10 and under and beer starts at \$2.50.

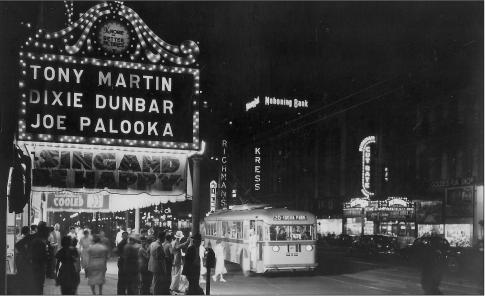
"Two people could eat and have a beer for \$20," Bonacci said. "Our bar is comfortable, and the crowd is really nice."

If students have a gap in their schedule, there are several options downtown for an easy dinner on a budget.

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Photos Courtesy of HISTORIC THEATRES OF YOUNGSTOWN AND THE MAHONING VALLEY

JOHN STRAN

There was a time when Youngstown had a resounding pulse stemming from a bustling downtown. The bustle was created from shopping centers and entertainment venues such as movie theaters.

Youngstown's past was rich in theater. Mahoning Valley Historical Society's Executive Director, Bill Lawson, said there were roughly 30 theaters in downtown and the surrounding areas during the 1920s.

The writer of "Historic Theaters of Youngstown and the Mahoning Valley," Sean Posey said the earliest note of nickelodeons, theaters having an entrance fee of a nickel, was around 1905 in Pittsburgh, and as early as 1906 the theater trend could be spotted in downtown Youngstown.

People who ran movie theaters down-

town in the 1940s were trying to figure out ways they could separate themselves from the pack. Theaters diversified themselves by screen size, showing not only film, but live acts as well, and by what they would and wouldn't feature.

Posey spoke of the Regent theater, a theater in the 1940s that showed what were called race films: films with a predominantly African-American cast. The theater also catered to African-American audiences. This theater was located near what is now the Eastern Gateway Community College.

Bill DeCicco grew up in Youngstown in the 1950s, and recalled the most popular theaters downtown were the Palace, Paramount, State and Warner Theater. All have since been torn down with the exception of the Warner Theater, which is now Powers Auditorium.

The theater DeCicco and Posey both spoke very highly of was the Palace The-

ater, which sat on Central Square. Posey said when the Palace Theater wasn't showing films, it also dabbled in live performances like vaudeville acts and big bands.

DeCicco also said the Palace was large, capable of seating roughly 2,500 people. Posey said the theater attendance downtown declined slightly in the 1950s and '60s because of TV and the growing trend of the drive-in theater.

Metro Monthly owner, Mark Peyko, blamed suburbanization for the theaters' decline in downtown.

"Theaters began to move out of downtown, and my generation began to see movies near malls or rent movies," Peyko said. "Over time, there were no theaters left downtown."

For Peyko, what's gone is gone. He doesn't feel it would be possible to turn downtown into the theatrical destination it once was. Lawson said the entertain-

ment venues in downtown may grow, but in a different direction of movie theaters.

"In the future, there may be a movie theater, but downtown is becoming a more full-service neighborhood than a central business district," Lawson said. "The way we consume movies is changing, and I'm not sure where motion pictures will be shown 20 or 30 years from now."

Posey said he would like to see another theater downtown, but he's unsure if people agree with him. He said Powers Auditorium is still capable of showing films, and thinks it would be enjoyable to show throwback films there, but management at Powers would have to see people interested in it.

It may be difficult for downtown Youngstown to be the cinematic destination it once was, but this may be because people are looking to create a new downtown different from the past, and different may not be a bad thing.

EXTRAS

THE LATEST TREND NOT TO FOLLOW

SAMANTHA ALLAN

Internet memes are a popular form of entertainment these days. Memes often become popular when a picture is labeled in a way that draws a quick laugh or directly connects to a reader's thoughts or opinions.

Each month, a new meme floods social media as it gains popularity in a short amount of time. Starting off the new year, a meme has appeared expressing the desire to eat laundry detergent pods. With their bright colors and shapes, the pods are being compared to a candy or fruit snack that you might pick up at a local grocery store.

While this may appear to be a lighthearted joke, this particular picture is encouraging people to try eating the pods in real life. Weeks after the meme spread across the internet, videos and pictures have emerged of the "detergent pod challenge." This challenge involves what you

might expect. A large chunk of the younger population are trying to eat them.

The videos are spreading much like the "cinnamon challenge" that flooded the internet a few years back. The audience is watching these videos to laugh at the person's reaction to eating something that is not meant to be eaten.

Please do not eat these pods. They are far more dangerous than a teaspoon of cinnamon.

Laundry detergent pods contain concentrated soap, and have been reported to cause immediate health risks. Thousands of cases have been reported of children who have consumed the pods.

Rachael Rettner, senior writer for Live Science, said "the most common effects of pod exposure were vomiting, coughing/choking, eye irritation or pain and drowsiness. A small number of children experienced coma, seizures, breathing problems or stomach burns," in her article "Thousands of US Children Eat Laundry Pods

Yearly."

While these effects are reported on children, the chance of dangerous consequences remain. It can be very easy to get wrapped up in the latest trends. Internet challenges gain attention quickly, and often encourage others to seek out their five minutes of fame. However, the health risks attached to this challenge are simply not worth the risk.

I have never had any interest in taking part in this internet challenge and encourage readers to avoid it at all costs. Please leave the laundry detergent pod meme in pictures, and keep it out of the real world. You could put yourself in danger and possibly imprint the behavior onto a younger child that really does not understand the risk

There are many positive ways to gain attention that do not involve tasting concentrated soap. Stay safe out there. The next trend will appear soon enough.

A JAMBAR EDITORIAL:

USE YOUR BEST JUDGEMENT IN BAD WEATHER

According to the Federal Highway Administration (FHWA), there are over 5.7 million vehicle crashes each year and approximately 22 percent are weather related. On average, nearly 6,000 people are killed and over 445,000 people are injured in weather related crashes each year.

Crashes during winter weather conditions account for 17 percent during snow or sleet, 13 percent on icy pavement and 14 percent on snowy or slushy pavement.

Although Youngstown State University is trying to make campus more residential, it is still highly commuter-based, which can be bad news when weather

conditions are poor. This is especially the case for those who live 40 minutes or more away from campus.

Winter weather is usually the reason parents receive delay or closure notifications, but students at YSU don't typically have snow days. Students are expected to come to class in wind, sleet, snow and in negative temperatures.

One reason not to skip class is "You pay to be here." Many people have probably heard this line, and it's true. Unlike high school, college is optional, and we are paying for the privilege to take classes. So, before anything else, check your YSU email. Even though YSU rarely cancels, sometimes an instructor will decide it may be too dangerous to come to campus. Read the email carefully, though, as they may still have an assignment due.

If an instructor doesn't cancel class, but you are thinking about not coming to campus, you should use your best judgement.

Check the news for road conditions and accident reports first. Also check local social media groups and messages, as people will usually post about road conditions.

Other people's experiences may help you make the best decision, but also use your own judgement.

Remember in the future, after col-

lege, jobs don't usually cancel because of weather conditions. You are still expected to show up on time, so driving to class in poor weather could be good practice. Also, the speed limit is just a suggestion; you can drive below it.

Ultimately, you know yourself and you know what your vehicle is capable of. If you don't think you'll make it to campus, email your instructor and let them know. Take it slow, give yourself plenty of time to get to your destination and stay safe out there.

SPORTS



Photo Courtesy of YSU SPORTS INFORMATION

The Youngstown State University men's basketball team lines up for the National Anthem during its game the University of Indiana on Dec. 29.

TAKING A STEP BACKWARD: YSU GOES 0-FOR-3 ON ROAD TRIP

CHRIS MCBRIDE

The Youngstown State University Men's basketball team has now lost three straight Horizon League games after beginning the year winning three straight conference games. Its latest loss which dropped them to (5-14, 3-3 HL) was against Wright State University.

In its previous matchups, Youngstown State played Oakland University and Detroit Mercy before concluding its road trip against Wright State.

"At times, we show our youth. We also show how hard it is to win on the road. I don't care what league you're in; it's very difficult to win road games. I think our young group is realizing that," YSU Head Coach Jerrod Calhoun said.

YSU began the road trip against an Oakland University team that had previously dropped three straight. The Golden Grizzlies toppled YSU in a 95-82 victory. The Golden Grizzlies (12-8, 2-4) aren't as good as they were last season. That win started a three-game win streak for Oakland.

The Penguins lost despite solid performances from Jeremiah Ferguson and Cameron Morse who both scored 21 points. The performance of Oakland's Big 3 — Kendrick Nunn with 26, Jalen Haves with 20, and Martez Walker with 13 points — overwhelmed the defense for YSU.

YSU managed to improve in areas it has struggled with,

such as shooting the ball. YSU shot 48 percent from the field and shot 12-for-18 from three. The Penguins shot poorly from the charity stripe, hitting just 63 percent from the free throw line. That has been a problematic area for the team this season.

YSU then took the short trip to play the University of Detroit Mercy.

Despite six players scoring in double figures for YSU, the tandem of Corey Allen (34 points) and Jermaine Jackson (32 points) helped Detroit leave Calihan Hall with a 93-91 victory. With the win, Detroit (6-14, 2-5) got within a game of the Penguins.

Morse was the hot hand for YSU as he shot 10-for-20 from the field and tied a career-high of six 3-pointers to go along with four assists. He ended the game with 26 points. Other contributors for the Penguins included Devin Haygood and Naz Bohannon who both managed double-doubles. Haygood had 14 points and 11 rebounds while Bohannon had tied a career-high 13 points and 12 rebounds.

The chaotic game saw more than 11 lead changes en route to the Titans win. Despite the seven-point lead YSU had to end the first quarter, Detroit powered back with a 9-2 run. From there the 3-point shooting of the Titans took over and that eventually became the difference.

The road trip culminated in a third loss against the league-leading Wright State University Raiders. The Penguins fell 77-67 due to a late game spark from the Raiders. Wright State (14-5, 6-0) continued its seven-game

Leading Wright State was Jaylon Hall and Loudon Love who each scored 16 points and anchored the team's offense past YSU in the 2nd half to seal the game.

The high scorer for Youngstown State included Braun Hartfield with 26 points, Jalen Benton with 12 points and Bohannon with 11 points to go along with his 15 rebounds, a tough feat for the undersized forward as he gets his second straight double-double.

"He's [Naz Bohannon] got a pair of hands that I haven't seen in a while," Calhoun said. "He snatches rebounds, he snatches loose balls. If you study his game, he gets his hands on a lot of balls."

While it won't show up in the win column, this young Penguins team showed promising signs of a team on the cusp of being the squad Calhoun envisioned when he took the coaching job.

"I think we have a lot to build off of. I think our guys are a very angry team right now. They're upset because they know the opportunities that were there on the road," Calhoun said. Calhoun is hoping with a return home to Beeghly Center things will begin to pick up for his team.

Youngstown State will return home to continue its conference play against University of Illinois at Chicago tonight at 7 p.m. and then YSU faces Indiana University-Purdue University Indianapolis on Saturday at 7 p.m.

SPORTS

YSU'S NEW SOCCER COACH INTRODUCED IN DECEMBER, HOLDING CAMP IN MARCH

MARC WEEMS

Executive Director of Intercollegiate Athletics, Ron Strollo, announced Brian Shrum was named Head Coach of the Youngstown State University Women's Soccer program on Dec. 5.

Shrum served as an assistant coach and then associate head coach at Duquesne University from 2012-17. He becomes the seventh head coach in program history after former coach, Fabio Boateng, was let go after a 4-13-1 season.

"Brian Shrum has all of the qualities we were looking for in our next women's soccer head coach," Strollo said. "Coach Shrum helped build Duquesne into a successful program, he's an energetic coach with strong regional recruiting ties and has a strong desire to be at Youngstown State."

Shrum spent the last six seasons at Duquesne and helped the Dukes to their first NCAA Tournament appearance, Atlantic-10 Championship and a school record 12 wins in 2015. Over the last three seasons, Shrum helped Duquesne to an overall record of 34-22-7 and an 18-10-2 mark in Atlantic-10 play.

"I'm very thankful to Athletics Director Ron Strollo, Associate Athletics Director Elaine Jacobs and Assistant Athletics Director Rebecca Fink for giving me this opportunity to become the next head coach at Youngstown State University," Shrum said. "YSU intrigued me because the program has all of the resources available to become a top tier program in the Horizon League.

"YSU has a plethora of undergraduate majors that can attract soccer student-athletes to the school, first-class soccer facilities and is an outstanding college community," Shrum said.

Shrum has developed 13 Atlantic-10 All-Conference players, including two-time all-conference selection and 2017 Atlantic-10 Midfielder of the Year Linnea Faccenda.

Prior to Duqusene, Shrum, who has been coaching in Western Pennsylvania since 1995, served as strength and conditioning coaching intern at California University of Pennsylvania.

Simultaneously, he served as an assistant coach at St. Vincent College. Shrum helped improve the Bearcats to a school-record tying 11-win season and a berth in the school's first Eastern College Athletic Conference South Championship tournament. He was instrumental in the development of St. Vincent's first First-Team All-American, Elly Colvin.

As part of his duties as the new YSU women's soccer head coach, Shrum has announced the program will host a Spring ID Camp on March 31 in the Watson and

Tressel Training Site.

This camp is geared for girls in grades ninth through 12th and will cost \$130 per player. Check-in at the camp is at 8 a.m.

The Youngstown State Women's Soccer ID Camp is to provide opportunities for high-level players to develop. For prospective student-athletes aspiring to attend YSU and compete in the program, being coached and evaluated by the members of our coaching staff provides a unique and added feature.

The ID camp features elements of training, small and full-sided play, as well as question-and-answer forums with current members of the YSU Women's Soccer program.

Attending the ID camp will provide players with an authentic representation of what it is like to train and play as a member of the program at YSU.

PRESS BOX PERSPECTIVE: AN EARLY NFL DRAFT PREVIEW

SETH RIVELLO

The NFL season is nowhere near over, but that never stops NFL draft talk. The draft changes a player's life in the blink of an eye. If you get picked in the first round, you'll sign for millions and if you crash and burn at the combine, you'll most likely drop deep into one of the seven rounds.

The NFL Combine begins on Feb. 27. As of now, you can only judge players on what they've done in their college careers. Once they enter the combine and go through drills, players can escalate or fall hard.

Right now, there are a handful of quarterbacks who can end up being picked in the first round, and one possibly first overall.

The Cleveland Browns hold the first overall pick at the moment, and if they base this draft off the past drafts the organization will probably take a QB. DeShone Kizer doubled his touchdowns by throwing 22 interceptions this season, something the Browns will look into deeply.

A possible replacement who would fit well could be Sam Darnold out of The University of Southern California. He's a big boy at 6'4", 220 pounds with a huge arm. Darnold played two seasons at US. He tossed 57 touchdowns, and added 22 interceptions and has shown to be a gunslinger and a great comparison to Tony Romo. Pair him with Josh Gordon and a healthy Corey Coleman and Cleveland has a top offense.

The Denver Broncos hold the fifth pick and at the moment are looking for a quarterback. It needs an arm to get Emmanuel Sanders and Demaryius Thomas the ball. Josh Rosen, Josh Allen, and Mason Rudolph will most likely be on the board but I think they'll go a different direction.

Baker Mayfield from The University of Oklahoma may be slightly undersized but so is New Orleans Saints QB Drew Brees. With four years of college QB under his belt Mayfield threw for 131 touchdowns to 30 interceptions including 21 rushing touchdowns. Mayfield is the reigning Heisman Trophy winner and wants to prove himself at the next level.

Denver still has an elite defense, so all Mayfield has to

do is be a game manager. Tim Tebow won games as a game manager in Denver. Alex Smith continues to produce in Kansas City as a game manager. Mayfield may be 6'1" but he is a winner and a fierce competitor. He can make Denver a division winner again.

The 2018 draft carries a lot of talent on the offensive side of the ball which has been getting most of the talk but it is also filled with defensive talent.

Roquan Smith is a hard hitting linebacker coming from The University of Georgia. This past season he totaled 137 tackles, 14.5 of those being for a loss of yards, and 6.5 sacks. He could find himself in a Miami Dolphins jersey taking over at middle linebacker for the aging Lawrence Timmons.

There are also guys like Minkah Fitzpatrick from Alabama who could possibly go as high as number three overall to the Indianapolis Colts. The Colts have lacked in the secondary for years besides the sometimes active Vontae Davis. Malik Hooker over the top, Fitzpatrick on one side and Davis on the other can make for the start of something special. The Colts need help on defense if they want to regain domination of the AFC South.

16



Photo Courtesy of YSU SPORTS INFORMATION

Indiya Benjamin (#3) drives past Sydney Hall (#42) and starts to pull up over Jenna Gunn (#32) in a game on Jan. 6.

YSU WOMEN'S BASKETBALL LOOKING TO FINISH ROAD TRIP STRONG

MARC WEEMS

Near the end of a tough four-game road trip, the Youngstown State University women's basketball team lost three straight on the road and four straight overall.

Youngstown State (6-12, 2-5 Horizon League) has played well against the top teams in the conference on the road.

"That was a long trip but we are able to get some rest now, and the kids back in school with their routines," YSU Head Coach John Barnes said. "We need to work on the fundamentals and basics that you don't work on when you are on the road."

YSU started the trip at the No. 23 University of Wisconsin-Green Bay (15-2, 5-1 HL) with a 65-56 loss. Indiya Benjamin finished with 12 points, five rebounds and five

"I felt like we showed a lot of progress and matured a lot over this trip. We had Green Bay down to a five-point game with under four minutes to go. IUPUI lost by like 25 points to Green Bay," Barnes said. "They are giving up like 44 points a game and we scored 56 with a 30-6 free throw advantage for them."

YSU's next adventure was a short drive to play the University of Wisconsin-Milwaukee. The Penguins lost on a buzzer-beater by Milwaukee (13-5, 4-2). The Panthers' Jamie Reit picked up a loose ball and buried a 15-foot jumper to get a 62-61 win in a super winnable game for YSU.

"We battled like crazy in the Milwaukee game. We had a chance to win it and it goes off of a player's head to the girl who hits it at the buzzer. We played hard and gave everything we had," Barnes said.

Sarah Cash finished with a season-high 28 points with two rebounds.

The next game wasn't close as Wright State University trounced YSU, 73-50. Sarah Cash finished with 12 points and four rebounds. The Raiders' Chelsea Welch dropped 23 points.

"Wright State handled us pretty well. There are no excuses. We needed to play harder and better but they handled us pretty well." Barnes said.

A problem continuing to plague YSU has been rebounding. During the three games on the road, YSU was outrebounded by an average of 14.7 per game.

Another issue has been paint scoring as YSU was outscored in the paint on average by 12 points.

"We played Green Bay, IUPUI, Wright State and Milwaukee back-to-back-to-back. We knew that was going to be a rough trip. Those are top teams in the conference and Cleveland State is in that mix of top teams. It's going to be another challenge," Barnes said.

YSU now turns its attention to the best scoring duo in the Horizon League with Cleveland State's Ashanti Abshaw and Khayla Livingston. The two combine to average 34.6 points per game while hitting 4.9 3-pointers per game. Cleveland State (12-6, 4-3) won its last game against Northern Kentucky University, 70-65.

"Those two players are outstanding. Abshaw is going to be up for player of the year in the conference. Livingston is going to be First-Team All-League. We are going to do our best to defend them both collectively," Barnes said.

YSU's remaining road game is against Cleveland State
University on Saturday at 1 p.m. in Cleveland before it