

FOR RELEASE: IMMEDIATE

Mailed March 2, 1988

YOUNGSTOWN, Ohio - A workshop for teenagers will bring sophomore and junior high school students from Mahoning and Trumbull counties to the campus of Youngstown State University on March 24.

"Survival Kit for Today's Times: A Workshop for Teenagers" is sponsored by YSU's Department of Counseling and Office of Continuing Education, the Parkview Counseling Center, the Eastern Mental Health Center and the 648 Boards of Mahoning and Trumbull counties.

The students, who were selected by their school counselor or principal, will have the opportunity to address numerous mental health issues which may increase their personal coping skills and their ability to offer peer support.

The keynote address at 9 a.m. will be given by Jim Tressel, head football coach of the YSU Penguins. His topic will be "You Are What You Think About All Day Long."

The 15 workshop sessions will focus on current issues that concern teenagers. Students are encouraged to share this information and their new expertise with their peers.

Sessions will include: "Drinking and Driving--Socially Acceptable Form of Homicide," by Ida Barnes, executive director of Mothers Against Drunk Driving and Atty. Constant Pressinos; "Teenage Sexuality--New Demands, Questions and Choices," by Marilyn Burns of Valley Counseling; "Coping with Divorce and Separation," by Randy Bloom, substance abuse specialist, Trumbull County Schools; "Living in an Alcoholic Home," by Jerry Carter,

executive director, Alcoholic Clinic of Youngstown; "Self-Esteem--The Fine Art of Self Building," by Dr. James Esperon, YSU Counseling Center; "Understanding People Different Than Me," by B. J. Pollard, project director, Trumbull County Urban Minority Alcoholism Outreach; "Sexually Transmitted Diseases--Reasons to Say No!" by Ruth Rhodes, Youngstown Health Department; "Violence in the Home--The Losing Relationship," by Jane Sadinski, Battered Persons Crisis Center; and other topics by representatives from various help organizations.

The YSU Office of Continuing Education said more than 200 students attended last year's workshop and the response was very positive.

For more information, or to register, call the YSU Office of Continuing Education at (216) 742-3358.

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EDITOR'S NOTE: If you are planning to cover this event, please call Continuing Education at 742-3358 to verify time and location and make arrangements.

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YOUNGSTOWN, Ohio - Youngstown State University President Dr. Neil D. Humphrey has announced creation of the Martin Luther King Inner-City Achievement Award Program, designed to help high school graduates who may not be able to afford the cost of higher education.

The program will provide up to \$150,000 a year for YSU-bound students.

Awards of up to \$750 per academic year will be granted to graduates of nine Youngstown schools and to students currently attending YSU who have shown academic promise and have demonstrated a financial need that cannot be met by another scholarship, grant or loan.

According to William Collins, YSU director of Scholarships and Financial Aid, the impetus for such a program came from Dr. Humphrey.

The president wanted to know "how we could help the inner-city student," Collins said, adding that approval for funding for the 1988-89 academic year came from the Youngstown State University Foundation as a result of Dr. Humphrey's urging.

Students wishing to apply for the award must be accepted in good standing at the University and register for at least 12 credit hours to receive the full award. Part-time students may receive the grant-in-aid on a pro-rata basis.

Students should complete an Undergraduate Scholarships and Financial Aid Request (SFAR), which is available in the Scholarships and Financial Aid Office at YSU, and indicate the Martin Luther King Award as an award they wish to apply for.

For further information, students should see their high school guidance

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counselors, or contact the YSU Scholarships and Financial Aid Office at 742-3505.

Students from the following city high schools are eligible to apply for the Martin Luther King Inner-City Achievement Award:

Calvary Christian Academy
Chaney High School
Cardinal Mooney High School
East High School
Rayen High School
South High School
Ursuline High School
Wilson High School
Youngstown Christian School

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