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Thursday, October 20, 2022





GROWING AWARENESS



Youngstown State University celebrates Breast Cancer Awareness Month.

Photo by Elizabeth Coss / The Jambar

Campus colored pink

Bv Shianna Gibbons The Jambar

October is recognized by the color pink in honor of Breast Cancer Awareness Month. Youngstown State University and medical centers near the campus spread awareness and raised money to help facilitate a need for cancer-screening services.

According to breastcancer.org, Breast Cancer Awareness Month is meant to share awareness for women to get regular screenings for early detection and prevention. One out of eight women in Pink, Page 2

the United States, and around 2.3 million women worldwide, are affected.

Joanie Abdu Comprehensive Breast Cancer Center, located in St. Elizabeth Youngstown Hospital, provides breast and chest screenings, raises awareness and provides other services. Laura Boomhower, manager of the oncology service line, said Joanie Abdu is dedicated to providing the best services for women.

Senate showdown in Youngstown

By Elizabeth Coss and Kyle Wills The Jambar

Tensions flared in Stambaugh Auditorium on Oct. 17 during the final Senate debate before midterm elections between Democratic candidate Tim Ryan and Republican candidate JD Vance.

All eyes were on the candidates debating controversial topics centered around current events and issues in

Abortion was a frequently discussed topic for both candidates, with Ryan taking an abortion-rights stance and Vance backing anti-abortion beliefs. Vance was further questioned by moderators on whether he would be open to exceptions for abortions, in which Vance said exceptions are a case-by-case scenario, especially in regard to incest and rape.

"My basic view here is that we need to protect life in this country," Vance said. "There are a number of different exceptions here and here — but here's the thing that I want to say here — is you cannot say with total confidence what every single exception in every single case is going to be."

Bolstering the economy and rebuilding Ohio as a working-class state was a key conversation point for both candidates.

Senate, Page 4

News	1-7	Opinion	12
Student Life	8-10	Classifieds	13
Entertainment	11	Sports	14-16

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Pink Page 1

"We're committed to providing women with personalized, comprehensive breast care," Boomhower said. "Part of our mission - our screening services we use the most advanced technology, and we try to exceed the national standards for patient care and provide rapid results so we can reduce anxiety for women."

Boomhower said Breast Cancer Awareness Month is important because early detection is key to catching breast cancer sooner and will allow for quicker treatment and better outcomes.

"Forty [years old] is the age we'd like to start doing dynamic screening mammograms," Boomhower said, "Around the age of 20, women should start selfbreast exams if there is a family history [of] breast cancer. [Women] will want to speak to their physician about getting checked earlier depending on when a mother or grandmother was diagnosed."

The Joanie Abdu Center serves all women, no matter the current insurance policy.

"We accept both [women with and without insurance]," Boomhower said. "We also have a program called Joanie's Promise that provides mammograms and radiology that would be needed for women, and it's based on family income and household size, as well as other programs for uninsured people."

Kaitlyn Helt, a junior majoring in business administration, is an event lead for Guins Against Cancer. The student organization is connected to and raises money for the American Cancer Society. Guins Against Cancer is holding events in honor of Breast Cancer Awareness Month.

"[On Oct. 18], we are going to have Pete and Penny walk around campus in a bra," Helt said. "This raises general awareness about breast cancer and helps raise funds. Generally, people will put money in the bra."

The event was held last year and raised over \$100, but Helt said she's hoping to raise around \$200 this year. Helt said Guins Against Cancer has more events planned.

"We're going to go and hang pink ribbons on trees around campus," Helt said. "We are also going to reach out to women and see if we can feature them on our Instagram for this month."

While breast cancer is more common in women, it can also affect men. In 2021, President Joe Biden designated Oct. 17 to Oct. 23 as Men's Breast Cancer Awareness Week to promote regular screening and combat the stigma surrounding breast cancer in men.

According to breastcancer.org, over 2,000 men in the U.S. will be diagnosed with breast cancer. It is referred to as chest cancer for men, transgender men and nonbinary-identifying people to be



more inclusive.

Boomhower said the Joanie Abdu Center provides services for men as well.

"A lot of times when a man comes in, they usually feel something there already," Boomhower said. "So, we'll do either a diagnostic type of mammogram or an ultrasound."

For more information about services provided by Joanie Abdu Comprehensive Breast Cancer Center, visit its web-

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7-DAY WEATHER FORECAST

Thu. Sun. Mon. Tue. Wed. Sat.

High: 48°F High: 61°F High: 70°F High: 71°F High: 66°F High: 69°F High: 62°F Low: 34°F Low: 44°F Chance Chance of precip: of precip: 25%

2%

Chance

Low: 47°F Low: 47°F Low: 43°F Low: 44°F Low: 41°F Chance 14%

Chance 17%

Chance Chance of precip: of precip: of precip: of precip: 22% 24%









Information courtesy of accuweather.com

Lafferty hosts 1st press conference as interim president

By Henry Shorr The Jambar

Helen K. Lafferty, the new interim president at Youngstown State University, addressed members of local media Oct. 17 in a Webex conference available to the press.

Lafferty, who was named interim president Oct. 10, said she is excited to be back in her hometown and to carry the momentum President Jim Tressel brings to the job through her residence at YSU.

"I'm not a placeholder. I will be the interim president. I have a capacity for action. That action will be determined by the conversations that I have with the Youngstown State University community," Lafferty said. "President Tressel has a legacy of leadership that we will appreciate and build on for many, many years to come. But I'm not here just to keep the lights on. I'm here to do whatever is in my capacity to do to advance Youngstown State University and all of her people."

Lafferty has taught at Villanova University for the

past 40 years. She grew up in Youngstown and received her bachelor's and master's degrees at YSU and will begin her tenure as president Feb. 1, 2023, when Tressel leaves office. She said she already has plans to use her role actively.

"I really expect to use the first two months of my interim presidency, listening and learning," Lafferty said. "Certainly, I've learned enough of some about what's going on from my membership [on the board of trustees], but that's from a different place. I am now on the ground with the people that it actually affects. So I will be relying on the insights and judgments I've received from them."

She said this does not only include business-as-usual topics, but also more specific issues like the current cuts to programs.

"I know that that's been a very, very difficult place for everybody, the faculty, the administration; and I know that those will be some of the challenges I will be forced to look at and involve myself in," Lafferty said. "My conversations for the first few months I'm here — that will

be what I will rely on to really, really see the extent of these challenges."

She explained that the issues the university faces are not dissimilar to those of many other universities, and is ready to dig into these problems as they pertain to YSU.

Lafferty is aiming to tackle a variety of issues at the university, ranging from student enrollment, financial problem students face, as well as issues that similar institutions are facing.

Lafferty said she is grateful to have the opportunity to be back at YSU after years away.

"There's always a place in your heart for your hometown. And no matter where I am, no matter what job I have, Youngstown, Ohio, has been where my roots began, and it will always be my favorite place," Lafferty said. "The university itself is such a beacon in Youngstown, and I just really want to do my very, very best to keep it shining as brightly as it is."

Tressel's last day in office is Jan. 31, 2023. Lafferty will be in office until the board appoints a new president.



Photo by Elizabeth Coss / The Jambar

Curious to see
how the
Homecoming
game turned out?
See page 16.

Senate

Page 1

Vance claimed the Inflation Reduction Act is furthering inflation rates and harming businesses trying to make ends meet. However, Ryan said he was the one who made sure provisions protecting industries were placed in the Inflation Reduction Act.

"I put the natural gas provisions in the Inflation Reduction Act. I was the one who made sure we had all the investments in electric vehicles in the Inflation Reduction Act," Ryan said. "Do you not see what's happening on at Lordstown? We have four vehicles out there. [A] truck, two cars and a tractor. We have a battery plant across the street. That was \$2.3 billion investment. This is the future for us."

Boundaries were crossed between the candidates

when the issues of policing and gun reform entered the ring for debate. The candidates brought up a multitude of issues, ranging from the Jan. 6 insurrection to law enforcement.

Mutual support of the 2nd Amendment was the only common ground between the two, but Ryan said there needs to be an increase in security when selling guns and ammunition.

"You can't watch the level of violence that we have here and not think we need background checks. We need to close the gun-show loophole. We need to make sure that these weapons of war are not readily available," Ryan said.

Vance pushed for backing police and wanted to see law enforcement respected more often, as he accused Ryan of never condemning violence against police over the previous years while deflecting his past comments regarding the legitimacy of the Jan. 6 insurrection.

"January the 6th, I've condemned the violence repeatedly, and Tim talks about absolutely some brave law enforcement officers who did their job and kept the capital safe, of course. The Fraternal Order of Police has endorsed me, because you have stabbed the police of this district and this entire state in the back many, many times. That's why they've endorsed me," Vance said. "Why won't [Ryan] condemn the violence in the summer of 2020, when people were rioting and looting and burning down American streets?"

For Ohioans, early voting began Oct. 12 and lasts until Nov. 7. In-person voting at a polling location is set for Nov. 8. For more information regarding Ohio's voting process and schedule, visit the Ohio Secretary of State website.



Democratic candidate Tim Ryan and Republican candidate JD Vance debate at Stambaugh Auditorium.

Photo by Kyle Wills / The Jambar

To read more about controversial conversations on abortion at YSU, see page 6.

A day for debate and discussions

By Natalie Lasky The Jambar

Youngstown State University selected students to join other colleges and high schools to participate in a Day of Discourse, sponsored by the Ohio Debate Commission and Akron University at the Incision Stadium in Akron, Ohio on Oct. 11.

The day was filled with roundtable discussions, lectures, and a Q&A session with professionals within the journalism and civic-engagement sectors. Media representatives from various news outlets along with moderators from past political debates offered insight to what it takes to be successful within media and political industries.

Jill Zimon, executive director of the

ODC, a nonpartisan not-for-profit collaboration of media organizations, universities, and civic organizations across Ohio, explains what the Day of Discourse is all about.

"Here in Akron, we've got one full day of programming with high school and college students to kind of understand the intersection of democracy, debates, journalism and civic engagement," Zimon said.

Roundtable discussions allowed students to voice their opinions on a variety of topics that they wanted to see addressed by gubernatorial candidates.

Haley Zelinski, a YSU senior and graphics design major, has always been fascinated with politics. She took this opportunity to become more involved and learn what other universities had to offer when it came to professional communications for candidates.

"It was interesting to see what other universities had for communication just overall in political communication, more specifically ... I think hearing from everyone who was a professional in the field of political communication was definitely my favorite part," Zelinski said.

Jerry Miller is a professor in the School of Communication Studies at Ohio University and chair of the outreach program for the ODC. Miller explained the ODC had prepared for gubernatorial debates and senatorial debates to happen Monday through Wednesday of the week in Akron.

Because the gubernatorial and senatorial candidates declined to debate, the ODC decided to hold a Day of Discourse for students and community members to participate and let their voices be heard.

"[The debates] that didn't happen in reference to the candidates choosing not to participate in the debates, but we went ahead with our plans with the day at public deliberation program, which invited high school students, college students and community members ... to learn about the media ecosystem and political ecosystem in the state of Ohio," Miller said.

Miller went on to say that he hopes the community will take home that spirit to engage others in conversation about the good and bad within their communities.

For those interested in learning more about the Ohio Debate Commission, visit its website.

ADDRESSING CONCERNS

YSU gets steamy with SOBE



David Ferro speaks at town hall meeting.

Photo by Natalie Lasky / The Jambar

By Natalie Lasky The Jambar

A town hall meeting was held to address concerns which are arising from the community because of SOBE Thermal Energy Solutions' proposed move into the Mahoning Valley. The proposed plant would create jobs and business opportunities within the surrounding areas of Youngstown, Ohio.

John Hyden, associate vice president of Facility Maintenance at Youngstown State University, said he is looking forward to working with CEO David Ferro. Hyden said that SOBE has been providing steam to parts of Youngstown for three years and has an agreement with conditions pending to provide steam to YSU.

The steam production at YSU is used to generate heat for the buildings on campus and cool the water during the summer months. Hyden explained why YSU is considering switching to SOBE for its steam.

"SOBE Energy is willing to make steam for about the cost that we can make it and they will make it. We are in the business of educating students, we are not in the business of making steam. So, if they can make the cheap steam cheaper than [YSU], [YSU will] have them do it," Hyden said.

Hyden said he is eager for YSU to do business with SOBE but mentioned the university can switch back to its own steam production within a matter of hours.

Sil Caggiano, former Youngstown Fire Chief and hazmat expert, said he disagrees with SOBE's plans to use pyrolysis. Caggiano explained what pyrolysis is and what makes it dangerous.

"Pyrolysis is where you melt the product down into its basic hydrocarbon units," Caggiano said. "The problem is you have a lot of it going up the stack and being dispersed into the community ... they are burning this stuff [at] about five hundred degrees. So, you have got what is called incomplete combustion going on."

Caggiano said chemical release is what makes pyrolysis so dangerous because of the toxins released during the process.

"[The chemical release] ranges everything from carbon monoxide, hydrogen cyanide, all the way down to dioxins at five hundred degrees. You are creating dioxins and those are cancerous. We as firefighters, in our day we use [self-contained breathing apparatus] so we can operate in that environment ... And if God forbid, there is a game [at] YSU going on, those people are not wearing SCBA, so they are sucking all this stuff in," Caggiano said.

Lynn Anderson, lead organizer for the SOBE Concerned Citizens arranged the town hall meeting to allow concerned citizens the opportunity to let their voices be heard by Ferro and Youngstown city council members.

Anderson wants Ferro's company to leave Youngstown, as she believes the company is risking the lives and well-being of those who reside in Youngstown. Anderson suggested the YSU steam plant should take over steam production in Youngstown, because of how dangerous the process SOBE wants to implement.

"The only way I can see this happening is if we can get YSU, and the City of Youngstown to make an agreement and have a partnership whereby Youngstown citizens would be employed to run [the YSU] steam heat boiler facility, and perhaps they'd have to get the vocational school involved to get some people trained to run this," Anderson said.

Ferro said he wants the community to know he aims to work with Youngstown and for the city to grow with him as the conversion process would lower utility costs.

"I'm going to learn what your concerns are which I think I know most, but I don't want us to and I'm going

to teach you why those concerns aren't real in our situation," Ferro said. "I hope through that process that we teach and learn together, that we can dissolve and resolve our differences right and we do that through education."

More information can be found on Sustainable Youngstown Facebook page and SOBE Energy Solutions.

"SOBE Energy is willing to make steam for about the cost that we can make it and they will make it.

We are in the business of educating students, we are not in the business of making steam."

John Hyden,AVP of Facility Maintenance

Controversial conversations at YSU

By Samantha Smith
The Jambar

Created Equal, a Columbus-based organization, visited Youngstown State University on Oct. 12 to show what the organization is and stands for.

Lisbeth McCulfor, executive assistant for Created Equal, said the organization was at YSU to talk to the students about abortion.

"We go on a rotation of various universities that we visit throughout each fall and spring semester," Mc-Culfor said. "We're here just to talk to students about abortion, as we do on every campus that we go to. We bring the abortion photos so that we can see what abortion is doing to preborn humans and have that frame of reference for why we're even talking about abortion."

The organization displayed photos and videos on a JumboTron for those walking by. McCulfor said it receives all footage from an abortionist and photographer and has affidavits and certification that the imagery is real and allowed to be used.

Jasper Sharpless, a senior anthropology major, explained what some students were feeling when seeing the imagery Created Equal displayed.

"Fear is a tool used by [Created Equal] because they don't actually care. If they actually cared about the honor and dignity of these babies that they're swearing to protect, they wouldn't put those photos up," Sharpless said. "Ultrasounds of living babies before they're aborted would be more effective than this. I've watched multiple people straight-up have panic attacks because the imagery is so visceral."

McCulfor said Created Equal visits one to two campuses a week in the fall and spring, as well as outreaches to high schools and sidewalk counseling outside of abortion clinics.

Evangeline Abaffy, program coordinator for Created Equal and planner of the event, said the organization wants to have back-and-forth conversations with students about the topic at hand.

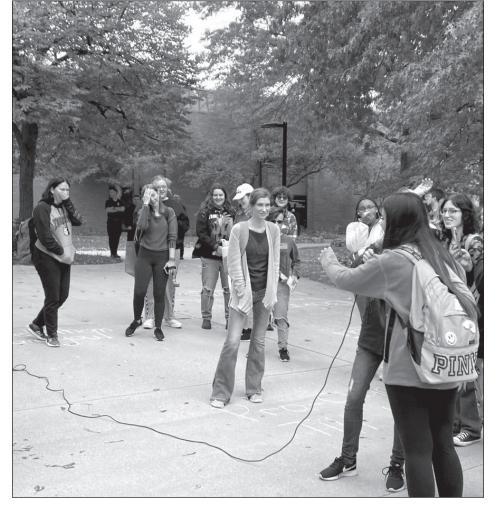
"We want to engage in civil conversations about a very important issue that we both — on both sides — feel very passionately about, we just have different conclusions," Abaffy said. "We want to ask [students] how they feel about this and ask good follow-up questions like how they came to that conclusion, what brought them to feel this way about this specific subject and challenge them on why they believe that."

Rose McClurkin, a junior political science major, said why she attended Created Equal's demonstration.

"As a concerned member of YSU, and a passionate pro-abortion advocate myself, I decided that I needed to organize a couple of people to come on out and spread the word that we support people on YSU that are pro-choice and we support people who have had abortions and people who are recieving that care and everything in between," McClurkin said.

For more information on Created Equal, visit its website.





Seth Drayer, vice president of Created Equal, speaking with students.

Photos by Samantha Smith / The Jambar



The Public Library of Youngstown & Mahoning County's new-in floor.

Photo by Gunnhildur Baldursdottir / Jambar Contributor

Main library attracts YSU students

By Gunnhildur Baldursdottir

Jambar Contributor

The Public Library of Youngstown & Mahoning County offers numerous new services for Youngstown State University Students.

Aimee Fifarek, director and CEO of the public library, welcomes YSU students to see what the main branch on Wick Avenue offers after almost two years of renovation.

"We'd love to see you, we have great spaces whether you want quiet or if you want a little bit more excitement," Fifarek said.

The eight study spaces, mostly located on the second floor, are quiet and spacious, encased by glass, with new furniture designed for students' comfort. Every space where students can study also features charging stations.

The main branch offers free cooking classes in a new culinary literacy space, Fifarek said.

The kitchen features an array of professional culinary equipment, and students of the cooking classes have access to a variety of cooking ingredients.

"Whatever stage you're in your life, if you have never learned to cook for yourself, all these things are available at your public library," Fifarek said.

For YSU students with children and those studying early education or children's literature, Fifarek said the public library has a wide selection of children's material. Near the front desk is a colorful play corner.

Sarah Robles, a sophomore forensic science major, said she appreciates having the main library's resources close by.

"I know we have a library on campus, but it's all academic texts," Robles said.

The Public Library also works with YSU education students on projects.

With William F. Maag, Jr. Library only a few feet away from the public library, the two libraries occasionally work together on projects, such as the Youngstown State Alumni and Friends Virtual Book Club.

"It's nice to have our collaborators who are so close," Fifarek said.

Ana M. Torres, co-director and head of Library Services and Operations of Maag Library, said she agrees with the advantages of cooperating with the neighboring library.

"We work together, especially for books and multimedia materials, and we can borrow from each other," Torres said. "As a YSU student, you also have access to the public library right across the street or any of its branches."

All YSU students can get a library card for free, Fifarek said. The application process can be made with one visit to the library.

"All you need is an ID that shows that you live in Ohio, you find whatever it is that you might want to check out, go to the desk, and they will sign you up for a library card right then and there," Fifarek said.

FIERY CELEBRATIONS



Riley Burke opens Fall Fire Fest.

hoto by Jessica Stamp / The Jambar

Homecoming events ignite the night

By Jessica Stamp The Jambar

Homecoming celebrations took place Oct. 13 with Fall Fire Fest from Penguin Productions. Students warmed up next to a bonfire, drank cider, listened to live music and enjoyed student organization activities.

Nicholas Ciapala, fifth-year social work and first-year nursing major, is a part of the talent and hospitality team for Penguin Productions. Ciapala's job was to collaborate with the artists performing at Fall Fire Fest and prepare them for the stage.

"It's always nice to meet the artists the day of. Because when you're coordinating with them, you're going through emails and other text communications," Ciapala said. "Everyone is very cordial and sweet but you don't get the personalities until you meet them in person."

Ciapala said this year's Fall Fire Fest was easier to plan and put together than previous years.

"It was super smooth, considering Federal Frenzy is a literal frenzy just to plan ... it's fun and it's definitely worth the time and effort but compared to Federal Frenzy, [Fall Fire Fest] was a nice little cakewalk," Ciapala said.

One moment that stuck out to Ciapala was after the event ended and Penguin Productions was cleaning up, Ciapala noticed a whiteboard from one of the student organization activities. It said "Something that makes me happy is" and was filled with student's responses.

"It was filled with nice little quotes from people," Ciapala said. "I think Penguin positivity was one ... I thought that was cute."

Students listened to performer Riley Burke sing for 45 minutes, which included her recently-released single, "MTV".

"It was such a great crowd which is always hard to get people to come out and hear original music but the energy was really great," Burke said.

Burke also said it was nice to work with Penguin

Productions because of how welcoming they were to the band.

Homecoming activities continued until Oct. 15, when Youngstown State University faced Indiana State University. Students watched as the Homecoming parade marched on 5th Avenue. Student organizations had floats and trailers to represent individual's programs and several threw candles to the crowd.

During the game's halftime-show, Austin Angus and Oluwatumininu "Tumi" Adeeko were crowned Homecoming king and queen at Stambaugh Stadium to cap off the homecoming week festivities.

Editor's note: Riley Burke is related to Jambar staff writer Molly Burke. Molly Burke is not an acting editorial board member and does not participate in the editorial process.

To read more information about Homecoming celebrations and football see page 16.

Write with Lit Youngstown

By Samantha Smith

The Jambar

Lit Youngstown is an organization that partners with Youngstown State University for its annual Fall Literary Festival. This year, the festival will be Oct. 20 to Oct. 22. The festival showcases authors, film writers and poets at YSU from across the United States.

Karen Schubert, director of Lit Youngstown, said the festival runs from sun-up until sundown.

"During the day, we'll be in Kilcawley Center and then in the evening, we bring the conference back out into the Youngstown community," Schubert said.

One of the festival's events is a book fair in the Chestnut Room of Kilcawley. Schubert said this year's book fair will be the biggest the organization has hosted since its start. "We have 30 tables of small presses, journals, creative writing [Master of Fine Arts] programs. We have the League of Women Voters coming so they can talk to students about where to find accurate voting information. We have one of our new indie bookstores in Youngstown [that] will be there: POP! Art Books Culture," Schubert said.

Alongside the book fair, there will be five concurrent sessions from presenters throughout Kilcawley's conference rooms. Schubert said the organization has almost 100 presenters attending the festival to speak. Presenters include writers, editors and educators who will discuss topics of writing, translating, publishing and more.

Laura Beadling, associate professor in the Department of English and World Languages, is moderating several sessions at the festival, a feature presenter and

will be providing sponsorship for some of the festival's filmmaking sessions.

Beadling said this year, the festival will give more recognition to films about the area as well as showcasing writers and books.

"I'm a feature presenter, but mostly what I'm doing is presenting the filmmakers that [Lit Youngstown] is bringing in this year," Beadling said. "We always try to do a little bit of film, but this year, we've really made a big effort to bring films and filmmakers that help us explore that theme of the places that make us great."

The festival is free and open for anyone interested in attending. For more information about the Fall Literary Festival and Lit Youngstown, visit its website. Other events and projects the organization will be hosting can be found on its website.







Photos courtesy of Lit Youngstown

Dana Symphony Orchestra starts off on high note at Powers Auditorium

By Molly Burke The Jambar

Dana Symphony Orchestra held its first concert of the season at Powers Auditorium in Deyor Performing Arts Center on Wednesday, Oct. 12.

The orchestra played a chamber version of Gustav Holst's "The Planets" under the lead of its conductor, Michael Butler, the Director of Bands. This orchestral suite is made up of seven movements, each one composed to represent the seven planets beyond Earth.

Audrey Jobe, senior education major, plays violin in the Dana Symphony Orchestra. She said working alongside other musicians the last four years has helped her to pursue a career in music.

"[Collaboration] has definitely helped me with my ensemble skills. It really makes you a more disciplined person and musician" Jobe said. "I really enjoy playing with the Dana Symphony Orchestra because I really love my colleagues and everyone in the string studio."

During the COVID-19 pandemic, the orchestra had to shut down its normal procedures of playing music.

For a while, practices were solely online, and students wouldn't play their instruments. When the orchestra got back to playing in person, things still weren't the same, according to Jobe.

"It was really strange. We had very separate ensembles and we followed all the spacing regulations," Jobe said. "I personally don't feel like we're back in the full swing of things. The whole point about music is that social aspect of being able to collaborate and create with each other, and that was taken away."

Katie Berlin, a senior music education major, plays horn with the Dana Symphony Orchestra. She said she was excited to present the orchestra's hard work at the concert.

"I'm most excited for the fourth movement, [Jupiter, the Bringer of Jollity], because it has a really great horn part. But really I am just excited for everyone to see the work that the orchestra has put into this great program," Berlin said. "There's countless hours of practice that it took for us to get here. It's really a culmination of everyone's musicianship."

Junior vocal education major, Caroline Mclaughlin,

sang backstage at the concert with the Dana Chorale during the last movement of "The Planets" "Neptune, the Mystic." She said she feels there is a shortage of support for the arts right now, and hopes more people come out to support events like the Dana Symphony Orchestra Concert.

"We're all trying to fight to have better support for the music school." So, the more people that come out and support student events the more funding we'll get ultimately," Mclaughlin said.

Despite this, the music students were able to show-case their hard work at the concert.

Conductor Michael Butler declined to comment on the Dana Symphony Orchestra Concert.

Ensemble auditions are held each semester and are open to all Youngstown State University students. For more information, email the music academic advisor, Shannon Holdridge at smholdridge@ysu.edu. Information regarding upcoming events can be found on the Dana Symphony Orchestra's Facebook page.

Penguin Pantry finds new home

By Brandon Cantwell
The Jambar

After years of moving around, the Penguin Pantry has found a new home. Previously located on the second floor of Kilcawley Center, the Penguin Pantry was moved to room 1405 in Cushwa Hall last September.

Established in 2015, the Penguin Pantry started as a service that solely provided food, from canned goods to frozen items. Over time, it has come to provide other services such as the career closet, a service previously located in the Career and Exploration office in Jones Hall.

Stephanie Baker, a case worker who recently moved into the office of the Dean of Students, said the choice to move the pantry followed after the office of the Dean of Students moved to Cushwa Hall.

"The office of the Dean of Students has

just recently moved to Cushwa Hall, and in order for us to have oversight of [the pantry], we wanted it to be in our location so that we could pop down in between meetings and other things that we had going on to check in with the volunteers and supply and just see how things are running," Baker said.

Baker said it is important for students, faculty and staff to know about the pantry because it is a great service to utilize.

"We know in this day and age that things can be expensive," Baker said. "Food, rent, utilities, Internet, all of that piles up and when you're trying to go to school and get a degree to have a career. It can be hard to juggle all of those things. So, if there is one thing that we can do to try to offset costs and provide a service to students so that they can utilize their money elsewhere and kind of relieve some of that stress, we're going to try to do it."

Anyone who is interested in supporting the pantry with assorted goods can bring donations directly to the pantry. To make a monetary donation, the YSU Foundation has a form available on its website.

For more information, contact the Office of the Dean of Students at dos@ysu. edu or via phone at (330)941-3443 to speak with Case Manager, Jacob Haskins.

"We know in this day and age that things can be expensive."

- Stephanie Baker,

A case worker for the office of the Dean of Students

Weekly Puzzles

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THE JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Press Collegiate Press honors. The Jambar is published weekly in the spring and fall semesters. The Jambar is free for YSU students and faculty.

EDITORIAL POLICY

The editorial board consists of the editor-in-chief, managing editor, news editor, sports editor, arts and entertainment editor and head copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar's business manager, multimedia journalists and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

LETTERS TO THE EDITOR POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@ gmail.com. Letters should concern a campus issue, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for publication. The Jambar does not withhold the names of quest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff has decided that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitted writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

The Jambar Column

School work, working out and working

Working while going to school can be extremely difficult. This semester, I am working two jobs while going to school, and I barely have time to take care of myself, let alone trying to do the things

Exercising is something I enjoy, but barely have time for. Some exercises I really love are yoga, walking and Brazilian

Unfortunately, due to the overload of work from one class to another, as well as my work schedule, I can never make time to exercise for more than an hour. If I even take 15 minutes out of my day for exercise, I feel like I'm in a time crunch. If I did start exercising more, I would struggle to keep up on all of the homework I'm assigned.

When I do exercise, I use the FitDesks on the third floor of William F. Maag Jr. Library. The FitDesks are shaped like bikes with a platform on the front end you can use to do homework or study. I recently started using these while I study in between classes. They are a great way to multitask and help relieve some of the stress of trying to squeeze several activities together within a few hours.

The FitDesks also help me because they are a low-impact workout. I was in a car accident over the summer and I am currently undergoing treatment for my back and neck, which is another reason I haven't been able to exercise as much.

Although FitDesks are only a minor solution for now, it would be helpful if they put some on a quieter floor. Using the FitDesks helps to drown out some of the noise others make. They are, however, located on the group study floor and



Hailey Rogenski

stretching is involved.

ven't had time for is yoga, but I would love to pick it back up again. It's as good for your mind as it is for your body. When I do yoga, it helps relieve some of the stress I feel from the overload of work. It also helps with

most people who

work on those floors

don't make an effort

to talk quietly. It is

extremely hard to

focus with the exten-

sive amount of noise.

pact exercise I ha-

Another low-im-

Yoga is my favorite way to exercise and it is something I can do at home. I don't typically go to voga classes, but I can find a lot of yoga videos created by instructors on YouTube.

my back and neck pain because a lot of

Prior to treatment, I took Jiu-Jitsu classes and will continue classes after my treatment. I enjoy Jiu-Jitsu because I enjoy combat sports and it is an effective program for self-defense. Combat sports can teach you how to take down someone larger by using your bodyweight rather than just your strength.

It's nice to be active, but it's not so great when school, work or other activities in your life distract you from that dedication. Lately, my dedication has been toward school and work solely. This has caused me to realize that I don't take enough time for myself.

Let this week be a reminder for you to take time for yourself to do something active and fun.

The Jambar **Editorial**

Gotta get your head in the game

Since the NCAA's implementation of the name, image and likeness policy July 1, 2021, numerous student athletes have been able to benefit. However, since it's been over a year since the rule was put in place, there have been pros and cons.

The positive aspect is athletes are getting compensation for all the work they put into what they are doing. Athletes, from star players in high-revenue sports to walk-ons have found the NIL lucrative. While there is no way to have NIL opportunities evenly apportioned among all athletes and all sports, it is clear that there have been far more athletes taking advantage of NIL than predicted.

Early on, it was said the NIL would be unfair to female athletes and hurt the image of women's sports. Instead, women have thrived in the NIL space, not only earning money, but gaining a platform to advance gender equity in college sports and beyond.

With NIL, all players now have the option to continue their education and earn financial compensation, and many have chosen to do so.

There have also been examples of athletes donating money earned to charitable causes. Donations are not seen as a requirement, but they are a positive.

There are some negatives to this, as well. Some players are going to make a lot of money, while others might not profit as much, making some athletes think that is unfair.

These players might start to get egotistical, which can affect their relationship with their team and influence where a player might decide to go to college for a better chance to get a marketing deal. Further, monetary rewards could be a distraction.

We are increasingly seeing college sports look more like free agency. Players feel they can go wherever they want even if they are already committed to another college. Athletes will start looking to colleges that have better chances for marketing deals and would only look to those big colleges where they have a chance to make a lot of money.

Overall, this is an influential topic that will impact colleges and their athletes in a positive way. The key will be for both players, coaches and university staff to continue to be smart about this. It seems that in the first year or so, things are going well. Students are still competing hard, and a lot of money and deals have been made.

Quote of the Week

"To know the world, not love her, is thy point, She gives but little, not that little, long."

> - Edward Young English poet

Have a business you want to advertise? Email our business manager

mfdota@ysu.edu



Check out JambarTV on YouTube!

Letter to the Editor

Trustees of Youngstown State,

Hello. My name is Joseph Kempe, but everyone calls me Joey. I'm writing to you to let you know of my feelings toward Youngstown State University in hopes some positive change can come out of it in the future.

To begin this letter, I must inform you about myself. I am currently a junior geography major on a Geographic Information Science track. My minor was going to be French until the cuts in 2021 prohibited me from pursuing that minor. I hope to be a GIS analyst after graduation.

With that said, my degree will not be from Youngstown State. The cuts made by YSU have caused my opinions of the university to turn completely sour. When I began my degree here, I truly believed YSU was the best choice for me. When the university cut the French program, my love of this university started to diminish.

Now, with the announcement of possible cuts in the Beeghly College of Liberal Arts and Social Sciences and Education, my fear for the geography major is at an all-time high. It has raised my fears so high that I started looking at other universities.

I found an online school with great benefits and roughly the same cost as YSU. This school offers an accelerated master's degree; something YSU does not. Given all of these positives, I will be transferring to this school, hopefully after this current semester.

Youngstown State University has let me down and I am tired of being treated like a number. The people in charge of this university do not care about students' successes, they care about the students' money. We are nothing but a number.

With that said, the professors I've had are some of the best people for me. They actually care about their students' success. They have gone out of their way to give me opportunities to succeed both as a student and as a person. The staff and students of Youngstown deserve better — end of story.

Thank you for taking the time to read this. I hope the best for this department and for all departments at risk of being done away with.

Best regards, Joey Kempe, soon-to-be ex-Penguin.

Want to write to the editor? Submit a letter to

thejambar@gmail.com

Volleyball struggles on the road

By China Goodson The Jambar

The Youngstown State University vollevball team struggled to come away with victories on the beginning of its road trip. The team fell to Wright State University Oct. 14. and Northern Kentucky University Oct. 15.

The Penguins quickly fell in three straight sets to Wright State University at C.J. McLin Gymnasium. The set scores were 25-13, 25-22, and 25-15.

Sophomore Paula Gursching led the team with 10 kills, but the Raiders locked Gursching down, forcing her into 10 attack errors.

Head coach Aline Scott said she knew their opponents would lock in on Gur-

"Everyone's going to just focus on Paula in our conference. Everyone preps to play against her so we knew that, but the

issue had nothing to do with Paula, we just couldn't pass the ball. It had less to do with her hitting and more to do with our passing." Scott said.

Senior Josi Borum and freshman Abbie Householder both had six kills and Householder posted a team-high of 13

The Penguins fought hard, but it wasn't enough to bring down the Raiders in the evening match Oct. 14.

The team traveled to Northern Kentucky Oct. 15 where the Penguins gave their all, but dropped a close match in

Despite the loss, there were some Penguins with stellar performances.

Scott explained the impact Gursching and Borum had on the team while on the road trip.

"Gursching certainly was the workhorse for us on Saturday and put the team on her back and got us to the fifth

set. Josi Borum does so much for us between setting and hitting and she plays incredible defense. Those two tend to carry a lot of the load for us," Scott said.

Gursching broke her own record from last week with 31 kills. During these games, she set two more school records with 35 kills on 87 attempts.

Borum commented on what the team needed to do prior to playing Oakland University.

"I think we have to learn and let go and take it forward with all that we learned from these past two weeks and that'll kind of help us tomorrow because we know what we need to do and since we played Oakland once, we already have a better understanding of what to do," Borum said.

Borum continues to lead Division I after posting her seventh triple-double of the season with 15 kills, 31 assists and 13 digs.

Borum shared her excitement on her triple-double accolade.

"It feels awesome, it's really cool." Borum said. "Hopefully we get some more and I'm just happy to have teammates who help me."

Senior Isidora Sisic performed a career-best in the loss against NKU.

Sophomore Isabel Schaefbauer contributed to the Penguins effort with 31 assists and 15 digs.

The volleyball team ended its threematch road trip with a victory at Oakland University Oct. 18. For more on this match, visit vsusports.com.

The volleyball team will return home to Beeghly Center for two matches this weekend. The Penguins will first take on University of Wisconsin-Green Bay Oct. 21 at 6 p.m., and University of Wisconsin-Milwaukee on Oct 22 at 4 p.m. Tune in on ESPN+ and for live stats visit ysuports.com.

Women's soccer: Road to playoffs

By John Ostapowicz

The Jambar

With the season nearing its end for the Youngstown State University women's soccer team, the fight for a spot in the Horizon League playoffs continues.

The Penguins took the pitch at Farmers National Bank Field in the Covelli Sports Complex, Oct. 13 against a formidable opponent, Purdue University Fort Wayne, defeating the Mastodons, 1-0.

For the second time in a row for the Penguins offense, senior Abriana Rondin scored a goal. Freshman Taylor Berry set up the game-winning goal by feeding the ball to her at the bottom-left corner of the box.

For the Penguins, Berry has impacted the team by adding a goal and assist to her young collegiate career.

"It all started from the back line, we've been able to break lines and it's something that we've been working on in practice, being able to go forward as much as we can," Berry said.

In the net, junior Brooklyn Kirkpatrick led the defensive effort by recording her sixth shutout of the season, setting the school record in single-season shutouts which was previously set in 2008 by Mariah Snyder. Kirkpatrick also tallied four saves while facing 12 total shots attempted by the Mastodons.

The win marks the first time in program history the team has won three conference games.

Youngstown State looked to continue its four-game unbeaten streak by traveling to Cleveland, Ohio, Oct. 16 to take on Cleveland State University. The women's soccer team tried to rally a late second half comeback, but fell short 4-2.

The offense could not find its rhythm until the second half with a corner kick attempt from senior Mikayla Mustard, making it her first career goal. The goal found the back of the Vikings' net at the 51:36 mark to trim the

The goals did not stop there, as senior Regan LaVigna trimmed down the deficit after an assist from senior Haley Curtis cutting the lead down, 3-2.

With the goal by LaVigna it made her the leader in points with six and tied for first in goals along with sophomore Elise Klien Spindola and Rondin.

The Vikings put the pressure on Youngstown State's defense which has been the statement piece of this Penguins team.

With the loss, the Penguins fall to 5-7-3 overall and 3-3-2 in Horizon League play.

With the Horizon League playoffs around the corner the Penguins are seeded seventh, needing a loss from sixth ranked University of Detroit Mercy, as well as winning the next two to secure the teams first playoff appearance.

The end of the season is on the horizon for the women's soccer team as head coach Brian Shrum tries to rally his squad to stay ahead of Cleveland State, who is ranked eighth.

"It's a tight race right now within the top six. At any moment someone can lose and get a point and every game is meaningful," Shrum said.

The women's soccer team is back in action to take on Indiana University Purdue University Indianapolis on Oct. 22 at Farmers National Bank Field for senior day at 1 p.m.

Penguins serve turkeys on the lanes



By Cameron Stubbs
The Jambar

The pins are falling again as the Youngstown State University bowling team rolled into the start of its season, hosting the 2022 MOTIV Penguin Classic for the third time in school history at the Holiday Bowling alley in Struthers, Ohio.

The No. 9 ranked Penguins finished second place in the tournament, led by junior Kristen Moore who was named to the all-tournament team, as she knocked down a total of 1,701 pins, landing her in fifth-place.

The tournament started off with a "strike" of a Day One, as the Penguins started 4-1 in head-to-head matches.

Matches against Saint Francis University, No. 6 Arkansas State University, No. 20 Lewis University and Walsh University each resulted in wins for the Penguins, with the only loss coming against the No. 3 ranked University of Nebraska 1,044-976.

Arkansas State is a familiar foe as the last time the Penguins and Red Wolves met, the Penguins season ended 2-1 in the Lansing Regional.

Sophomore Jade Cote reflected on what it's like to

face the Red Wolves again.

"We lost to them, but they are great friends," Cote said. "Yeah, we want to beat them, but also when they win we're happy for them."

Success continued as Day Two of the tournament saw the Penguins knock down 5,504 pins, as they again went 4-1 in head-to-head matches.

The day included wins over Aurora University, Mercyhurst University, Wright State University and Medaille College with the only loss coming by the hands of Valparaiso University by a score of 966-935.

Junior Madyson Marx took over the day as she bowled nine-straight strikes in the 315-pin win versus Wright State and finished with a score of 277, the fourth best performance in school history.

The last day of the tournament involved three traditional matches and one best-of-seven Baker match.

Duquesne University took down the Penguins in the first traditional match 1,004-986. Morgan State University and the University of Central Missouri both felt the wrath of the Penguins as Youngstown State squeezed wins out of those matchups.

The Penguins then met the Corn Huskers in the championship match, where the Corn Huskers chucked

the Penguins 221-165.

While finishing as runner-ups in the tournament, consistency was key during each performance and head coach Doug Kuberski said it is one of the main goals for the team.

"We had waves of greatness last year," Kuberski said. "I want us to maintain that throughout the year with A. Being more consistent and B. Being better communicators."

The team is much younger this year as the three seniors from last year have departed from Youngstown State, leaving Megan Grams as the lone senior. Grams has realized she is in a leadership role and said she is ready for the challenges to come.

"It's a little weird because I'm used to someone being older than me on the team," Grams said. "I'm trying to step up a little bit more and be a mentor because I've been here for four years and I've been in every position possible."

Up next, the Penguins will travel to Coram, New York to participate in the DezyStrong Classic hosted by Adelphi University on Oct. 28 through Oct. 30.

Stay up to date on all strikes and spares on ysusports. com.



Madison Doseck bowls at Holiday Bowl in Struthers, Ohio.

Photo by Cameron Stubbs / The Jambar

Football team crowned king

By Kyle Wills The Jambar

Following three straight losses, the Youngstown State University football team ruled supreme against Indiana State University Oct. 15 during the homecoming game at Stambaugh Stadium.

In a game with over 80 points scored and nearly 1,000 yards of offense gained, the Penguins came out victorious 48-42. Senior Jaleel McLaughlin moved up to fifth all-time in NCAA history with 7,434 career rushing yards.

It was a back-and-forth contest with both offenses hot from the first play of the game. Indiana State took an early 7-0 lead after a 75-yard run on the opening play, but Youngstown State responded as junior Mitch Davidson completed a 50-yard touchdown pass to junior Bryce Oliver.

After taking a 14-7 lead, the Sycamores tied the game on a 53-yard pass. However, the Penguins responded quickly with a school-record 98-yard return from redshirt freshman Latrelle Fordham.

Indiana State tied the game, 21-21, after a two-yard quarterback scramble into the endzone in the second quarter.

With 10:17 left in the second quarter, McLaughlin churned out a 68-yard run for a score, taking the lead 28-21. Youngstown State's lead extended to 35-21 after a 12-yard run by Davidson.

Indiana State cut the deficit 35-28 following a 12-yard touchdown reception with 1:35 left.

Following the announcement of the homecoming king and queen during halftime, the Penguins started the second half by scoring on their opening drive with a 10-yard run by McLaughlin to add to their lead 42-28.

The Sycamores fumbled the kickoff and the Penguins took advantage with a 33-yard field goal by senior Colt McFadden.

Indiana State responded with 14 unanswered points following an 18-yard touchdown pass and 11-yard scoring rush, but a second McFadden field goal set the score 48-42.

The Sycamores had one final drive to tie the game, but a turnover-on-downs sealed a victory for the Penguins

With Indiana State having one last drive to win the game, senior James Jackson said the defense needed

to play with discipline to seal the game.

"I was telling everyone don't do anything stupid, no flags, no offsides, [no] pass interference, or anything like that. We knew they were going to have to pass the ball, so we just knew we were going to have to win the game up front and that's what we did," Jackson said.

With both teams having disappointing defeats the last couple weeks, head coach Doug Phillips said it was a must-win game for each side.

"We knew coming in both these teams needed a win, it was going to be a dog fight for 60 plus minutes. They lost a tough one to [University of] Northern Iowa, a tough one to North Dakota State [University], we lost some tough ones. You don't want to start 0-3, so this was critical especially at home," Phillips said.

McLaughlin finished the game with 32 carries, 200

rushing-yards and two touchdowns while Davidson completed 14 of his 25 passes for 223 yards and a score. He also rushed for 35 yards with a touchdown. Oliver was the favorite target as he caught seven passes for 143 yards including a touchdown while Fordham was behind him with three receptions for 46 yards.

McLaughlin said emotions ran high all week leading into the game

"We wanted to win really, really bad. Going into the game, coming in after last Sunday, we were already focused like 'Hey, we need this game. We literally need this game, not only for us, but for the fans and the people of Youngstown,' so it was definitely very emotional for us to actually go out there and put everything we can into this game," McLaughlin said.

Jackson had a great day on defense, forcing his way into the backfield numerous times to record three

sacks. Sophomore Jordan Trowers led the team with five tackles while senior Greg Benton Jr. had four, including a forced fumble.

The football team looks to even out its Missouri Valley Football Conference record when it travels to Western Illinois University to strap up against the Leathernecks Oct. 22 at 4 p.m. The game can be listened to on 570 WKBN or watched on ESPN+.



