

A Branch of the
American Counseling Association

GUIDELINES

A Publication of The Ohio Counseling Association

Spring, 1995

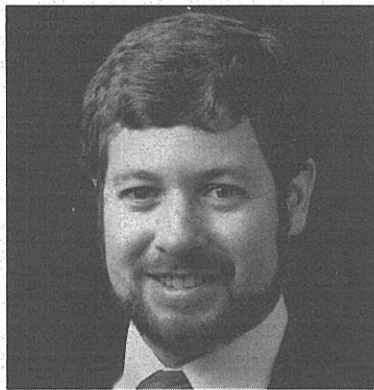
Vol. 21, No. 3

From the President's Desk

Martin Ritchie

OCA continues to grow. Our membership is now over 1200. We enjoyed another successful All Ohio Counselors Conference. OCA cleared over \$8000 from the conference, money we depend upon to operate the association and continue our lobbying efforts. We have taken in over \$20,000 more than what I proposed in our annual budget. Local chapters and divisions continue to provide excellent workshops. There are still more workshops planned. Note the OMHCA Spring Conference is scheduled for May 19-20. These workshops provide excellent opportunities for you to accumulate CEUs.

Your OCA Executive Council continues to work hard to improve services and enhance our profession. At a well-attended board meeting on Saturday, February 11, Cynthia Snyder, J.D., our legislative assistant, and Dr. Susan Sears, government relations chair, informed us of the latest legislative developments and suggested actions OCA can take to ensure that counselors are appropriately represented. Your board voted to reintroduce a



Freedom of Choice bill to enable insurance companies to reimburse LPCCs. We also voted to extend Cynthia Snyder's contract. It is vital that we keep a high profile with the legislators and let them know that we are serious about this bill. As soon as we have sponsors for the bill, we will advise you to contact your representatives for their support.

In recent years OCA membership has run from July 1 through June 30. This has been a disincentive for members to join late in the year. Consequently, your board voted to make OCA membership due on the anniversary of joining, meaning, if you joined today, your membership would not be due again until one year from today. This should serve as a further boost to membership.

The proposed bylaws changes which appeared in the last issue of **Guidelines** passed by a three to one margin. These changes will put us more in line with ACA bylaws and should assist in the operation of your association. In other action, your board voted to award a Life Membership to Dr. Harley Flack, president of Wright State University. Dr. Flack has a master's and doctorate in counseling. The Miami Valley Association for Counseling and Development will honor Dr. Flack at a reception on February 17. Finally, the board voted to endorse proposals from the Midwest and Southern Regional ACAs to reorganize and unify ACA in order to better represent ACA members on the ACA Governing Council.

Please note the last scheduled board meeting has been changed to Saturday, May 13. If you have any issues you wish the board to address, notify your local chapter or division representative, or give me a call.

**ALL OHIO
COUNSELORS
CONFERENCE CALL
FOR PROGRAMS INSIDE**

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OMHCA Nominations

The OMHCA nominating committee presents the following slate of officers for 1995-96:

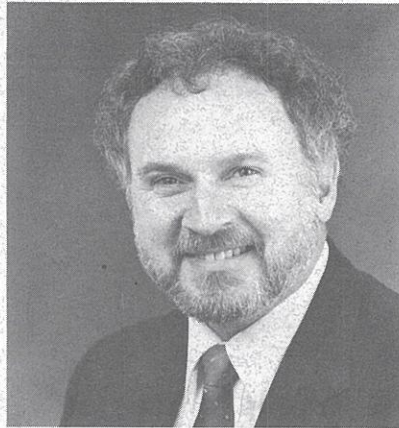
Martin Williams, LPCC - President
(a president-elect automatically becomes president for a one year term)

Jean Whitney, LPCC - Pres. Elect
Janet Goodman, LPCC - Secretary
(two year term)

Cindy Boright, LPCC - Treasurer
(two year term)

Myma Gill, LPCC - Past President

Please send Myma any write-in candidates. Thank you to committee members: E. Warren Throckmorton, Myma Gill, and Maude Ann Robinson.



Consultant's Column

Joe Saunders

On February 8, I attended a meeting of Voluntary Organizations Active in Disaster (VOAD). As a result of a meeting last fall, OCA was requested to submit a preliminary disaster response plan so that our membership could be part of the disaster response team in Ohio. VOAD accepted our plan. As a consequence, OCA is now regarded as a unit of the Ohio VOAD, working under the national agreement which was drawn between the American Counseling Association (ACA) and the American Red Cross (ARC). Requirements for individual participation of counselors are: (1) one must be fully licensed or certified as a counselor by official licensing and certifying bodies, and (2) participants must complete the three-hour training in disaster response offered by the Red Cross at local and state chapter sites. It is anticipated that OCA will sponsor some of these training sessions for the convenience of its members. It is imperative that members complete this training as soon as possible. Upon completion, send proof of completion to me so that your name might be added to the list of counselors from Ohio who stand ready to serve in time of state disaster. There is provision for serving on the occasion of national

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disaster as well. I have a list of training sessions and sites. Please call OCA headquarters for further information.

VOAD has expressed excitement that OCA has come on board. I was told by its leadership that they sorely needed our resources during the Lucasville prison riots last year. Unhappily, they did not know of our existence. Hopefully, OCA will increase its visibility through VOAD.

Videotape on Testing

The Joint Committee on Testing Practices (JCTP) announces the availability of a videotape, **The ABCs of School Testing**, and an accompanying leader's guide. This videotape was designed to help counselors provide parents with an introduction to testing as it is carried out in schools. School counselors may also find it useful for in-service training of teachers. The videotape runs just under 16 minutes. The guide gives background information on testing that may be used by session leaders either as handouts or to supplement their own knowledge; tips for using the materials in workshops are also included. The videotape and guide are being distributed at cost (\$20 for both) by the National Council on Measurement in Education (NCME), 1230 17th Street, NW, Washington, DC 20036. Both the videotape and the guide may be copied for noncommercial use.

Guidelines Advertising Rates

Full Page	\$250
Half Page	\$125
Quarter Page	\$65
Back Cover (1/2 page) or preferred placement:	Add \$25. Discount 15% if ad runs 2+ issues.

Calendar of Events

March 10

OACES Spring Meeting
Concourse Inn, Columbus
David Brooks (216) 672-2662

March 18

OMHCA Meeting
Syrian Temple, Cincinnati
Winifred Kessler (216) 751-7003

March 20

EOCA Spring Conference
Youngstown State University
Barb Denny (216) 782-7701

March 20

OMHCA Membership Meeting
Following EOCA Spring Conf.
Janet Thornton (216) 792-0732

April 7

NWOCA Conflict Management
Bowling Green State University
Ron Partin (419) 372-7312

April 20

Harding Spring Symposium
Psychopharmacology: Prozac
Ohio State University, Columbus
Diane Whitfield (614) 785-7462

April 27

Harding 4th Ann. Spr. Symposium
Radisson North, Columbus
Diane Whitfield (614) 785-7462

May 13 Executive Board

May 18

NCOCA Spring Meeting
Independence
Wendy Heun (216) 368-4446

May 19-20

OMHCA/COCA/NCOCA Spring
Conference, Hyatt on Capitol Sq.
Columbus

June 3

Managed Beh. Healthcare Realities
MVACD Breakfast and Conference
Eileen Self (513) 873-3290

Post-Secondary Enrollment

Karen Vedder

Four years after the beginning of offering college level classes to appropriately qualified high school juniors and seniors under S.B. 140, it is time to assess the program's worth. Recently, **The Cleveland Plain Dealer** reported that the program is little known by parents--even though it saves them money. Provided by the legislature to expand opportunities for talented students, the program has expanded alternatives for students who live near technical colleges and universities. In schools where advanced placement classes are unavailable, students can exercise the campus-based option to get a jump start on college courses. Additionally, participants have an opportunity to explore a variety of classes, work with students who are serious about learning, and spend time with professors outside of the classroom.

High school counselors who have witnessed students blossom from having "choice" available for academically attentive pupils are perplexed when they hear accounts of schools implementing policies that run counter to the intention of the legislature. For example, a high school student who attended a branch campus her last two years of high school was prohibited from being her high school valedictorian, even though she graduated with honors and an associate degree. Though the program changed her life as a typical teenager because she spent more time studying and had less time for friends, she was recognized as the top student in her college applied business program. In her sophomore year of high school, she said she rarely took a book home. After spending some

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time as a missionary, she plans to be a lawyer.

College coordinators of the program report that because they are selective in their admission standards, the program has been more successful than they first anticipated. Tammy Kahrig, coordinator of the Athens Ohio University program, indicated that out of 57 who participated in the program fall quarter, 53% of the students had GPAs ranging from 3.6 to 4.0; 7% earned 4.0 GPAs, and 3% scored GPAs below 2.0. The average GPA of all the participants was 3.3. The courses varied from anthropology to advanced Spanish conversation and composition to courses in visual communication, performance, fine arts, and athletic training. Most frequently taken classes were calculus, English, foreign languages, history, and microeconomics.

Given low levels of standards that the state sets for graduation (passing a ninth grade test), it is rewarding to know that good students, namely the ones who pass the Ninth Grade Proficiency Test on their first try, now have educational alternatives. As a parent of two post-secondary enrollment option students, I can personally attest to the success of the program. My son graduated from college in three years because of it. It can save parents a great deal of money in college costs. If you have been led to believe that the program has adverse effects and is too costly, you might want to interview participating students, professors, instructors, and parents. Let's help our kids maximize their potential!

Karen Vedder is counselor at Crooksville High School and President of SEOCA.

Past OCA Presidents

Compiled by Ron Partin

- 67-68 Herbert Agnor
- 68-69 David Hathaway
- 69-70 Miriam Brown
- 70-71 H. Eugene Wysong
- 71-72 Russell Getson
- 72-73 Donald Frericks
- 73-74 Charles Hayden
- 74-75 Frank O'Dell
- 75-76 Irene G. Bandy
- 76-77 George Parsons
- 77-78 Daisy E. Takacs
- 78-79 Joel Chermonte
- 79-80 Jack Cochran
- 80-81 Jim Wigtil
- 81-82 Patricia Lance
- 82-83 Bill Nemec
- 83-84 Susan Huss
- 84-85 Charlotte Huddle
- 85-86 Susan Sears
- 86-87 Sandy Weller
- 87-88 Bill Nichols
- 88-89 Tom Davis
- 89-90 Hannah Dixon
- 90-91 Jan Gill-Wigal
- 91-92 Sally Navin
- 92-93 Doris Rhea Coy
- 93-94 David A. Santoro
- 94-95 Martin Ritchie

Chapter and Division News

EOCA

One and a half years ago, the Eastern Ohio Region of OCA consciously separated into two chapters, EOCA and NCOCA (North Central Ohio Counseling Association). EOCA provided seed money to help found the infant chapter without expecting to receive it back.

Recently, Wendy Heun, president of NCOCA, sent a "thank you" letter and check to EOCA.

On behalf of EOCA, it was our pleasure to be of assistance to NCOCA and look forward to

ongoing cooperation between the two chapters to provide leadership and development to counselors. Thank you, NCOCA!

NCOCA

Career Issues for the 21st Century was the topic for NCOCA's Winter Meeting held January 28. Keeping with one of the chapter's goals of partnering with other OCA groups, this program was jointly sponsored by OSCA, NCOCA, and OCA.

Jack Cochran, Ph.D., LPCC, and NCOCA's Public Relations Committee Chair was the program's keynote speaker. His topic, "Managing Your Career in Counseling," focused on counselors self-examining their personal careers and options. The keynote speech was followed by two sessions of workshops that included: "Personal and Career Counseling" with Frank O'Dell, Ph.D., and "ICPs and Career Education in the Schools" with Ed Quattro, Career Coordinator in Mayfield Schools. The second session included Janeen Carroll Brown, Ph.D., on "Expanding Client Choices Using Career Assessment Tools" and Chris Horsburgh, President of Horsburgh & Scott Manufacturing discussing "Opportunities for the Non-College Graduate".

The program provided an excellent opportunity for members of all organizations to meet, network, and explore common interests. NCOCA looks forward to future programs with other OCA member organizations.

COCA

COCA met with Susan Sears and Cynthia Snyder, our lobbyist, to

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rally LPCC support for the Freedom of Choice bill. COCA collaborated with OMHCA and OCA to send a mailer to all LPCCs encouraging them not only to contact their legislators but also to contact satisfied clients to contact the legislators on behalf of the bill.

COCA is collaborating with OMHCA and NCOCA to sponsor and plan the spring conference on Friday evening and Saturday, May 19-20 at the Hyatt on Capitol Square. The conference will include David Santoro presenting the **DSM-IV** on Friday, and John Walter from Chicago on Saturday presenting **Solution-Focused Brief Therapy**.

MVACD

The winter conference entitled **Sexual Trauma** was held February 23 at the Holiday Inn on Dryden Road in Dayton. Dr. Fred Peterson was the presenter. Carol Schaipeir was program chair, and Dave Taylor provided brochure development.

A reception to meet Dr. Harley E. Flack was held on February 27 at the Ellis Institute in Dayton. Dr. Flack is the new president of Wright State University. He was born in Zanesville, and received his master's and doctorate in counseling. He spoke on "Mentoring" and was presented a lifetime membership to OCA/MVACD as well as an OCA pin. Benette De Coux chaired the planning committee (Phyllis Henderson, Joyce Haywood, Bruce Duke, Eileen Self).

Two \$200 scholarships will be presented to one counseling student from Wright State and the other to a counseling student at University of Dayton.

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The Wray Reiger Memorial scholarship presentation will be made at a reception. Selection committee was Amy Eiler, Linda Mercuri, and Holly Welther.

A winter newsletter was published in February, including an "Ethics Column" by editor Jim Evans.

During December, several board members contacted chapter members to encourage them to vote on proposed OCA bylaw changes.

A spring breakfast buffet and conference on **Managed Behavioral Healthcare Realities: Opportunities and Challenges for Counselors** by Bernadine Parks, LPCC, is planned for June 3, 8 - 11:45 AM. CEUs will be awarded. Cost is free to members of MVACD and \$25 for nonmembers.

Doris Wilkinson, membership chair, developed a membership brochure describing our organization. It is being mailed to LPCs and LPCCs in the Miami Valley for purposes of membership recruitment.

A general membership meeting is planned for June 3 at 11:45 AM.

Our fall conference **Exploring Food and Relationship Addictions** was a success. Over sixty participants attended the workshop.

For more information on membership or activities, please contact Eileen Self, MVACD President, M074 CAC, Dept. of Human Services, Wright State University, Dayton, OH 45435, (513) 873-3290.

NWOCA

The first NWOCA gathering of 1995 was a dinner on January 20 at

the Holiday Inn at Perrysburg. As the evening was intended as a social evening, no business was transacted. Thirteen members and several spouses braved a winter storm to dine together. NWOCA subsidized \$5 of the cost of the dinners.

The annual breakfast meeting and a presentation on **Brief Therapy** were held on March 7, with Dr. Marc Diehlman, psychologist at the Center for Solutions in Brief Therapy, giving a brief (what else?) presentation on brief solution-focused therapy and how it can be applied in both school and agency settings.

On Friday, April 7, NWOCA will sponsor an all-day workshop on **Conflict Management**. This outstanding program will be

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presented by Dr. Kettie Joseph Daniels, a psychiatrist practicing in Toledo. Objectives of the program will include:

- the identification of issues involved in the production of conflict;
- obtaining effective methods of deducing conflict in the workplace and in the home;
- identifying seven ways to manage conflict among adolescents; and
- learning ways to turn conflict into productivity.

The program should be of interest to both school and agency counselors and will be eligible for CEUs from the Ohio Counselor and Social Worker Board. The program will be held in the Ice Arena Lounge on the campus of BGSU. For additional information call Ron Partin (419) 372-7312.

ANNOUNCING . . .

PROFESSIONAL CERTIFICATION TRAINING PROGRAM IN CLINICAL HYPNOSIS

The Ohio Center for Clinical Hypnosis will present a Beginning Training Workshop in Clinical Hypnosis Friday, Saturday, and Sunday,

APRIL 21, 22, & 23, 1995

Tuition: \$300

This program has been approved by the American Society of Clinical Hypnosis. CEUs will also be provided.

For more information or registration call:

David A. Towers, Ph.D., Psychologist; Ohio Center for Clinical Hypnosis
600 E. Smith Rd., Ste. G, Medina OH 44256

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OCA OFFICERS 1994-95

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Jim Wilson, OSCA President 1952 Edgewood Dr., Defiance, OH 43512 (419) 784-1641

(Vacant) OASGW President

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Winifred Kessler, SWOCA President 2508 Auburn Ave. #3, Cincinnati, OH 45219 (513) 751-7003

Susan Huss, Ethics 1442 Middleton Pike, Luckey, OH 43443 (419) 837-6231

Susan Sears, Government Relations 42 Scenic Dr., Blacklick, OH 43004 (614) 861-4557

Sally Navin, Bylaws 203 McCracken Hall, OU, Athens, OH 45701 (614) 592-5539

Sherlon Brown, Awards 211 Torrington Dr., Toledo, OH 43615 (419) 535-7013

Richard Wantz, Public Relations 1354 Lemcke Rd., Beavercreek, OH 45434 (513) 426-1666

Ruth Schumacher, Professional Development Dept./Hum. Svcs., WSU, Dayton, OH 45435 (513) 879-4035

Jeanine Studer, Membership 413 Winona Ave., Huron, OH 44839 (419) 433-3846

Ron Partin, Finance 173 Winfield Ave., Bowling Green, OH 43402 (419) 352-4417

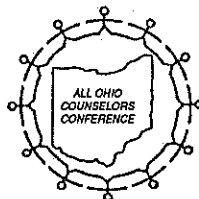
Sharon Chester, Newsletter (216) 888-2985

Holly Welther, OCSWB Liaison 1024 Brown St., Dayton, OH 45409 (513) 890-7280

*Acting President

AOCC

CONFERENCE ANNOUNCEMENT CALL FOR PROGRAMS

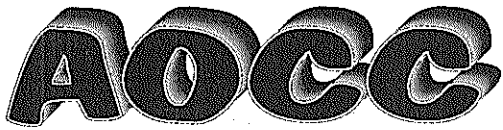


12TH ANNUAL ALL OHIO COUNSELORS CONFERENCE

Sponsored by
Ohio Counseling Association
Ohio School Counselor Association
Ohio Department of Education

November 8, 9 & 10, 1995

HYATT REGENCY COLUMBUS



P.O. Box 684 • Millersport, Ohio • (614) 467-2843

To: All Counselors

Fr: Maude Ann Robinson, President-Elect, Ohio Counseling Association
 Judy Allton, President-Elect, Ohio School Counselors Association
 Edwin Whitfield, Liaison, Ohio Department of Education

Re: All Ohio Counselors Conference

The 1995 All Ohio Counselors Conference will be held on November 8-10 at the Hyatt Regency in Columbus. Please mark these dates on your calendar today.

This year the conference will offer one hour presentations only. We urge you to consider submitting a proposal for this annual gathering.

If you decide to submit a program, please complete the bottom of this page as well as pages 3 and 4. Deadline for submitting this form is April 21, 1995. Your registration fee will be waived if you are selected to be a presenter. Persons selected to present will be notified during the week of June 19, 1995.

Help us to make this year's All Ohio the best ever.

Ohio Counseling Association • Ohio School Counselor Association
Ohio Department of Education

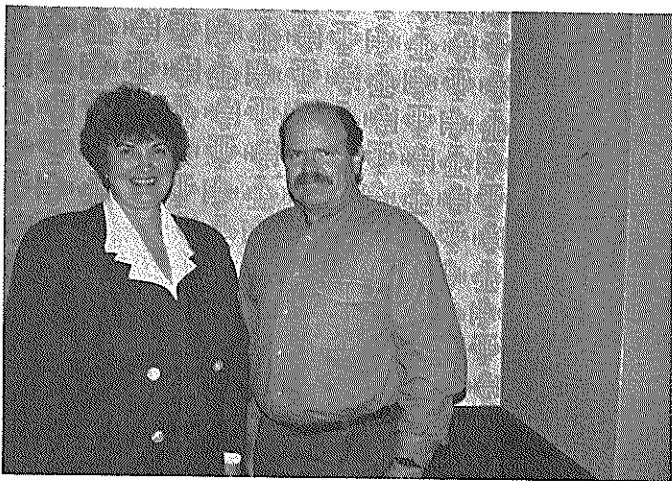
APPLICATION FOR CEUs

1. Briefly describe objectives for program: _____

2. Describe how your program will improve the skills of counselors: _____

3. List all presenters: (a VITA must be submitted for each presenter)

Bulletin Board



OMHCA president elect Dr. Marty Williams, LPCC, and Doris Coy, American Counseling Association President (from Ohio), talk at the ACA Midwest Conference, October 14-16, 1994, in Milwaukee, Wisconsin.



The All Ohio Counselor Conference, November 2-4, 1994, gave mental health professionals an opportunity to socialize in OMHCA's hospitality suite. From left: Cindy Boright, Ohio University, Rhetta Trautman, Toledo, Maude Ann Robinson, OCA president elect, Myrna Gill, OMHCA president and Joe Saunders, OCA executive director.



The OMHCA Board Meeting in Columbus on October 22, 1994. From Left: Maude Ann Robinson, OCA president elect, Sharon Ybarra, OMHCA Spring Conference committee, Elaine Mavrides, OMHCA treasurer, E. Warren Throckmorton, OMHCA past president and Spring Conference co-chair, Myrna Gill, OMHCA president, Susan Sears, OCA government relations chair, Cindy Boright, OMHCA Spring Conference committee, Janet Goodman, OMHCA secretary.

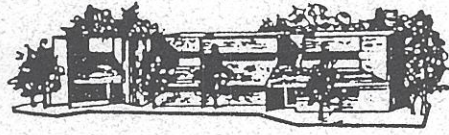


Janet Goodman, LPCC, OMHCA secretary, gives a report at the OMHCA general meeting during the All Ohio Conference, November 4, 1994 in Columbus.



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