

# OCA

O H I O  
COUNSELING  
ASSOCIATION

A Branch of the  
American Counseling Association

# GUIDELINES

*A Publication of The Ohio Counseling Association*

Spring, 1998

Vol. 24, No. 3



President Self at Midwest Region

## From the President's Desk

Eileen F. Self, Ph.D.

Hope everyone is having a happy and healthy year. Thanks again to everyone who helped make the All Ohio Counselors Conference a success. Final numbers indicated that it was the largest conference to date with over 1,000 registrations (average was 864) and had good evaluations. Hope to see everyone there next year. Our strategic plan initiatives continue to be a high priority. In order to achieve our goals we need to continue to build our membership. I hope you will renew and invite a colleague to join

us. They may want to browse our website at ([www.ohiocounselingassoc.com](http://www.ohiocounselingassoc.com)) to review our mission, goals, benefits, and activities. A membership form is available on line as well. One of our newest additions is the creation of an OCA Speakers' Bureau. Please let us know if you want to become a part of this project to promote the profession. We are also continuing our educational efforts by contacting HR personnel and managed care companies. Our chapters and divisions are doing a great job of providing excellent workshops on a variety of topics around the state (check out on our website). Our administrative consultant is working on OCA

participation (along with four other states) in a pilot study with ACA Insurance Trust to offer liability insurance to our members. Also, I represent OCA on the State Guidance Advisory Board. We have addressed:

- SB 55 and its impact on education in Ohio
- School counselor shortage
- Counselor education school counseling program review
- guidance curriculum.

## *OCA Takes Lead In Developing Ohio Consortium*

OCA has initiated efforts to establish an Ohio behavioral health professional associations consortium. Contacts with Ohio Psychological Association and Ohio chapter of the National Association of Social Workers Presidents have been positive. The purpose of the consortium would be to collaborate and share resources for improved client and member services to increase positive perception by healthcare, education, government, and the public. In 1996, our respective national associations began a partnership and have produced a client bill of rights, brochure, and poster. The consortium could support these initiatives as well.

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### From the President cont. . . .

Major common issues that were identified include managed care, third party reimbursement, parity, and Children's Health Initiative. Opportunities could include:

- joint committee work by consortium association members on common issues (e.g., managed care).
- reciprocal member rates at workshops for members of associations in the consortium.
- supporting existing coalition efforts (e.g., Morgan vs. FFCC) via consortium letters of support.
- sharing ideas on organizational issues such as leadership training and diversity.

The group will continue to meet on a regular basis. Any ideas or suggestions would be greatly appreciated.

### Definition of Professional Counseling

On a national level, the ACA Governing Council met in Alexandria, VA, and voted to adopt the following official definition of professional counseling. It reads:

"The application of mental health, psychological, or human development principles, through cognitive, affective, behavioral, or systemic intervention strategies, that address wellness, personal growth, or career development, as well as pathology."

I would like to hear your feedback.

As you read your newsletter, please note the election ballot of your association. Please VOTE! Also, please nominate a colleague for one of the four OCA awards. It is a great way to show your appreciation for those who advance the profession. Hope to see you at the world conference in Indy this spring!

### Consultant's Column

Joe Saunders

The law which licenses counselors in Ohio is now final. Effective date of new rulings was February 9, 1998. The new publication, **Ohio Laws and Rules**, was sent to every licensee in Ohio. A copy of the publication is available by request from the Ohio Counselor and Social Workers Board at (614) 466-0912. As a consequence of consultations with an OACES task force, additional rules were filed which are not included in the publication. Copies of those

## Guidelines

additions are also available at your request. They were not sent to licensees. The purpose of this column is to acquaint you with the significance of these additional rule changes.

One correction was made in rule 4757-7-01 (C)(1), on page 28. The rule as printed stated, "Forty-five hours of continuing education shall be required . . ."; it was corrected to read, "Thirty hours . . ."

Rule 4757-13-01 (A)(1)(d)(iii)(g), page 36, reads, "Students, who have not completed their master's degree requirements prior to September 30, 1997, and have been enrolled in a practicum of less than one hundred hours prior to September 30, 1997, can use that course to fulfill the practicum requirement."

Then, in the same section on page 37, under (iv), new language reads, "Internship: Includes an on-the-job experience in professional counseling acceptable to the board, under the tutelage of an on-site supervisor who is a professional clinical counselor, PROFESSIONAL COUNSELOR, or is a licensed independent mental health practitioner acceptable to the board. After June 30, 2000, all supervisors must be professional clinical counselors OR PROFESSIONAL COUNSELORS, WHO HAVE SUPERVISING COUNSELOR STATUS. Requests for exceptions to this rule must be made in writing to the committee jointly by the counseling program and the individual seeking an exception."

An additional paragraph pertaining to internship is included after (iv) (c)(ii) on page 37 of that same section which reads, "Students who have not completed their master's degree requirements by September

### 3

30, 1997, who have begun an internship of less than six hundred hours prior to September 30, 1997, can use that internship experience to fulfill the internship requirement. Any internship begun after September 30, 1997, must comply with the requirements in Rule 4757-13-01 (A)(1)(d)(iv) of the administrative code."

Under 4757-13-03 (A) (2), page 39, an additional sentence has been appended: "AT LEAST FIFTEEN HUNDRED HOURS OF WORK BY THE APPLICANT MUST BE IN A CLINICAL SETTING WHICH INCLUDES THE DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS, AND MEETS THE REQUIREMENTS ESTABLISHED IN PARAGRAPHS (A)(3)(a) AND (A)(3)(b) AND (B) OF RULE 4757-13-03 OF THE ADMINISTRATIVE CODE."

In this same section (A)(3)(b), page 39, the word "PSYCHIATRIST" was added after the word "psychologist".

Also in this same section, (A)(3)(b)(i) was eliminated, and replaced with the following language: "INDIVIDUALS MAY REQUEST CONSIDERATION OF POST EDUCATIONAL DEGREE OR POST LICENSURE SUPERVISED EXPERIENCE OBTAINED PRIOR TO JANUARY 1, 1998, WHICH MAY BE ACCEPTED BY THE COMMITTEE AS MEETING THE SUPERVISED CLINICAL EXPERIENCE REQUIREMENTS IF IT MEETS THE FOLLOWING CONDITIONS:

(I) IT WAS TRAINING SUPERVISION AS DEFINED IN PARAGRAPH (A)(1) OF RULE

4757-17-01 OF THE ADMINISTRATIVE CODE;

(ii) THE SUPERVISEE REGISTERED WITH THE EXPERIENCE WITH THE BOARD ON A REGISTRATION FORM PROVIDED BY THE BOARD PRIOR TO THE BEGINNING OF THE SUPERVISED EXPERIENCE;

(iii) THE EXPERIENCE QUALIFIED AS CLINICAL EXPERIENCE WHICH INCLUDED THE DIAGNOSIS AND TREATMENT OF MENTAL AND EMOTIONAL DISORDERS AND HAD BEEN APPROVED BY THE BOARD PRIOR TO JULY 3, 1997; AND

## Guidelines

(iv) APPLICANTS MUST REQUEST CONSIDERATION OF THE PREVIOUSLY FILED EXPERIENCE IN WRITING FROM THE COMMITTEE."

And finally, section 4757-17-01 (C)(1), page 45, is amended to read, "After June 30, 2000, any professional clinical counselor OR PROFESSIONAL COUNSELOR providing supervision must . . ."

Now that the law and rules are final, it behooves Ohio counselors to learn the law and its interpretation--no mean task! After a period of time, the board will evaluate how well the law is regulating to its intended purposes, but for the foreseeable future, no changes are anticipated. Happy reading!!!

## Classroom Guidance Activities:

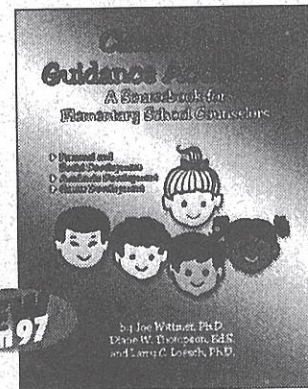
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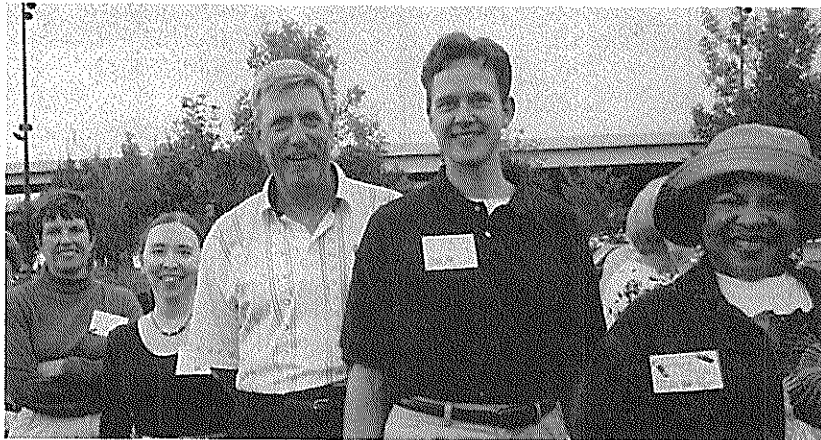
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ACA Executive John Jaco and President Elect Scott Hall

### The Nature of Nature

Scott Hall

In an age when we are grappling to "find ourselves" and accept our uniqueness, there still exists much discourse among people and nations. One must wonder how we can accept our personal choices and individuality when we are so quick to judge the differences of others. The irony of the struggle would be funny if it were not so damaging and costly. Maybe growth happens simultaneously -- as we respect ourselves we begin to respect others and vice versa. But which do we work on first?

As children, we are constantly bombarded with the rhetoric of no hitting, be nice and share, and don't tease. However, the underlying message often carefully laced through the "wise words" of our elders is constant judgment of others. This comes in the form of racial jokes, parental restrictions in choosing our peers, and odd stares and comments aimed at the "different" behaviors, opinions, and goals of others.

So what is the answer? Maybe the message we seek is found in nature. Our rejuvenated desire to protect, preserve, and pontificate in the environment has grabbed our attention. We look forward to the change of seasons. We appreciate the choices nature offers us. We marvel at the odd, beautiful birds found in the variety of trees and plants that surround our homes, parks, and neighborhoods. We are long-standing patrons of magazines and special interest groups that strive to protect our right to enjoy "this kind" of diversity. Get it? In an age when we spend hundreds of dollars and travel hundreds of miles to surround ourselves, appreciate, and take pictures of "environmental diversity," we find ourselves spending dollars and driving distances to avoid and guard against too much "human diversity."

Yes, nature does provide us with a wondrous, peaceful contentment. Perhaps the true nature of Nature just might be a message for us to stop the irony and begin to accept, appreciate, and surround ourselves in "all diversity."

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### Book Review

Ackley, Dana C. (1997). *Breaking Free of Managed Care: A Step-by-Step Guide to Regaining Control of Your Practice*; Guilford.

The author has written a book that helps counselors see that change is needed immediately because managed care can only utilize about one-third of current therapists. It is based on the author's personal experience as he looked at the opportunities outside managed care in much the same way we would encourage a client in crisis to look at their options. Such an empowering review of opportunities can lead to constructive action. The book is organized around valuing what we do, building a private pay practice, and marketing our skills to the business sector. By applying the principles in the book, his practice went from 10 percent private pay to approximately 80 percent in a little over a year. It is less an attack on managed care than a presentation of hopeful alternatives and is especially useful to read if managed care has you contemplating leaving the profession.

The book examines conceptual shifts that are needed for therapists to change their behavior. It helps the reader reframe how they look at care and payment from an external (dependent) to internal (independent) perspective. It also suggests we see ourselves as "change agents" versus "mental illness treaters." By altering our perspective, we could expand our market from the illness only medical model (10 percent of the market) to significant issues of living (the other 90 percent of the market). The book shows that counselors can be on the verge of becoming the pre-eminent

professionals in the areas of quality of life. It reminds the counselor to value their beliefs about change. The author presents a working model useful for traditional and innovative services and supports his ideas with a review of outcome research.

The format of the book is practical and packed with useful strategies. It guides the reader through exercises to assist in making changes. Boxes highlighting key information and specific illustrations and sample formats are dispersed throughout. Annotated resources supplement references.

Once the book and exercises are completed, the reader will have business and marketing plans as well as hopes for successfully moving into the next century of practice. The book is a creative and well-constructed response to a period of dramatic change in the helping professions. It reaffirms the fundamental values of the field yet provides a solid framework for moving into the future.

*Reviewed by Eileen Fernandez Self, Ph.D. Reprinted with permission from Counseling Today (December, 1997).*

#### Election of OCA Officers

The following slate of officers for 1998-99 is presented to the members of OCA by the Nominating Committee:

##### President Elect

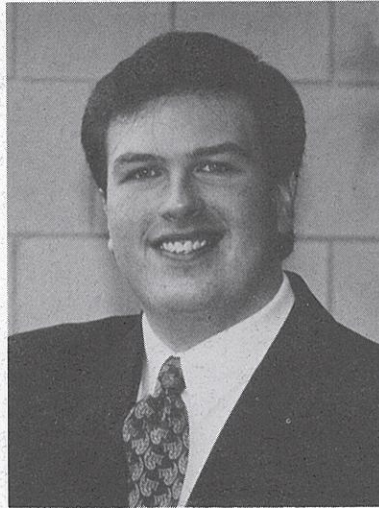
**Jason McGlothlin**  
**David Stone**

##### Treasurer

**David Di Lullo**

Each of the above candidates has filed all necessary materials with the chair of the Nominating Committee, Past President Mike

Maly. A biographical sketch of each candidate follows.



**Jason McGlothlin** has over five years experience providing direct therapeutic services to individuals and groups in a variety of settings. He is currently in private practice in Columbus. He earned his M.S. Ed. in counselor education from the University of Dayton and a B.A. in psychology and sociology from Otterbein College. He also has completed specialized training in suicide prevention, hostage negotiation, and disaster counseling. His work in these areas has earned him local, state, and national recognition.

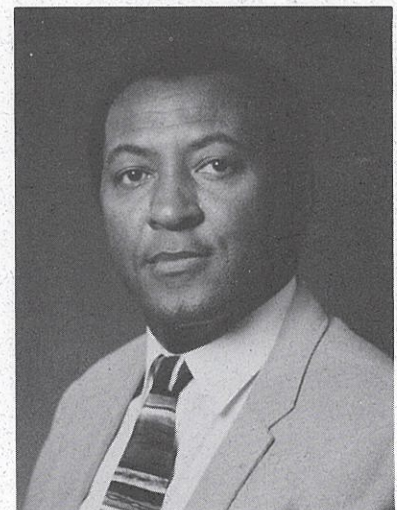
Jason is a member of the American Counseling Association, Association for Assessment in Counseling, Association for Counselor Education and Supervision, Association for Spiritual, Ethical, and Religious Values in Counseling, and is a member of the ACA Spokesperson Network. He is also extremely active in Ohio Counseling Association, currently serving on the Executive Council as Public Relations Chair and is a member of the OCA Speakers' Bureau. In addition, he is the treasurer of Ohio Association for Spiritual, Ethical,

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and Religious Values in Counseling, and a member of Ohio Association for Counselor Education and Supervision, and Central Ohio Counseling Association.

Jason is nationally known for his contribution to OCA and the counseling profession by solely developing and maintaining the OCA Website ([www.ohiocounselingassoc.com](http://www.ohiocounselingassoc.com)). Due to this enormous project, OCA has quickly become a visible and resourceful association on a worldwide level. He also created a unification of all divisions, chapters, and affiliates of OCA through this effort.

If elected, Jason will concentrate on three areas. First, to increase membership by making OCA more visible and accessible to students, professionals, and the community. Secondly, to dedicate much effort in promoting cohesiveness within OCA and between OCA and other state and national associations. Lastly, he will assertively promote OCA and the counseling profession in both the legislative realm and to HMOs and insurance providers.



**David Stone** is in his fifth year as an assistant professor in the

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counselor education program at Ohio University. He has been in the counseling field for 22 years as a clinician, supervisor, trainer, educator, and administrator.

During his employment at Ohio University, he has been active in a leadership role in the counseling profession. He is a past president of Ohio Association for Counselor Education and Supervision, president-elect of the Ohio Association for Multicultural Counseling and Development, president of the Southeast Ohio Counseling Association, vice-president of the Ohio chapter of the National Association for Multicultural Education, and chair of the Professional Development Committee for the Ohio Counseling Association. At the national level he is serving his second term (along with Paul Pedersen) as co-chair of the Association for Counselor Education and Supervision Multicultural Special Interest Group.

He has presented nationally, regionally, and locally on topics such as counseling supervision, counselor licensure, multicultural counseling and competencies, race relations, chemical dependency, special problems in schools, and mental health consultation. He has worked with teachers and school counselors and students on issues of sexual harassment, racism, violence, and chemical dependency.

He has been a Licensed Professional Counselor since 1993 and has recently been a part of the OACES task force working cooperatively with the Counselor and Social Workers Board in the development of rules supporting the newly passed legislation. He is also an active contributor to the item writing process for the State of

Ohio Professional Counselor Licensure Exam (PCLE).

David's vision for OCA is to strengthen the ties that bind the divisions together thus strengthening OCA and the counseling profession in Ohio. These ties include professional recognition and appreciation of counselors to the public, elected officials, and insurers, enhancing the standing of counselors in the market place, working to effect positive results from managed care, working effectively with groups that are affected by managed care, and working to insure cultural competency in our profession.

David Di Lullo is the incumbent treasurer. He is running unopposed. David was appointed to complete the unexpired term of President Elect Scott Hall, and has served well. He is a "detail person", and it was the wish of the Executive Council to place his name on the slate, in the absence of

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other nominations for the office of treasurer. He will serve for a two year term if elected.

Candidates with the highest number of votes will assume office on July 1, 1998. Your ballot is important to OCA. PLEASE VOTE!

### Multicultural Competencies

Cher N. Igelman

As we look toward the coming of a new millennium, we can expect changes in the counseling profession. It is evident that there is a need for the acquisition of multicultural competencies within our profession. Nicholas A. Vacc, Ed.D., Joe Wittmer, Ph.D., and Susan B. DeVaney, M.Ed., focus on this need in their publication, *Experiencing and Counseling Multicultural and Diverse Populations* (1988). In this text they state that, "our belief is that the helping professional may hold the key to the process of reducing,

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if not eliminating, the social and emotional barriers which prevent many of the members of America's sub groups from becoming secure citizens. To do this, helping professionals must make a concerted effort to approach the different subgroup members among their clientele, with a cognitive understanding over and above the effectual. Love and empathy are not enough! We cannot and do not refute the abundance of research findings which indicate that to be effective as a helper one must communicate warmly, empathetically, and genuinely with clients. However, if helping professionals are inexperienced in the values and conduct of special populations, these professionals will be less effective than they would be when operating with an accurate, cognitive understanding of the total milieu of these individuals." This statement coincides with OAMCD's mission to promote culturally competent counselors who provide culturally effective counseling.

As we note this trend towards obtaining cultural competencies, counselors are experiencing the benefits of becoming competent when working with individuals that do not share their own ethnicity, gender, sexual orientation, culture, or race. We must be aware of our own bias towards various groups or individuals and how these biases affect the therapeutic relationship. Through my own pursuance of multicultural competencies, I have experienced a greater rapport with diverse clients that I have the opportunity to work with. My clients appreciate the respect that I share concerning their culture and my efforts to preserve their sense of identity while working together. Other counselors have shared similar experiences. Anita Jackson, Kent State University,

feels that having multicultural competencies has helped her become known as a resource at the university. Jackson often receives referrals from individuals that are in need of input from a counselor who is culturally competent. She also feels that she has benefited personally from these competencies, becoming a more open-minded person and being more aware of personal biases.

Wanda Harewood-Jones shares her experiences working with the Ohio Department of Education. She states that the multicultural competencies structure of awareness, knowledge, and skills are utilized while presenting on diversity and multiculturalism for staff development training. Harewood-Jones states, "I also used the competencies in the development of our guidance curriculum in the structure and/or contents of some of the activities. Two competencies in our document are pertinent: (1) Development of cross cultural effectiveness and (2) Development of understanding and respect for differences and diversity. I also used the multicultural competencies in the evaluation of the OCRC's Diversity Course of Study as a guideline. As I will likely work on the curriculum activities accompanying the OCRC's Diversity Course of Study, I will have an opportunity to use the multicultural competencies further in development of the scope, sequence, and developmental levels appropriateness of the document."

I encourage counselors to pursue cultural competency by continuing their education through workshops, symposiums, texts, and organization involvement. As helping professionals, we need to commit to promoting and enhancing understanding, appreciation, and skills relative to

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cultural differences. We can obtain multicultural competencies through training and by educating ourselves on the cultural traditions of various groups and individuals.

My own agency is moving in the direction of this trend by offering training specifically aimed at obtaining multicultural competencies. Currently all staff are encouraged to participate in racism study circles, which provide staff with the opportunity to discuss stereotypes and negative perceptions without criticism and to learn to identify and be conscious of overt and covert racism. My agency also offers training to coincide with a calendar of cultural observances including, but not limited to, February as African American History Month, August as Appalachian Heritage Month, and June as Gay Pride Month.

It is my hope that individuals, agencies, and schools will continue in this effort to encourage the development of culturally competent counselors that reflect the clients that we serve and counselors that are sensitive to the specific needs of a diverse population.

### For Your Information

Delta-T Group is a contract staffing agency for mental health professionals. They have long and short term temporary placements available for experienced professionals in the fields of mental health, social work, and addictions. Phone (800) 251-8501 for information.

**The next Guidelines deadline is May 1.**

## Ballot

Please mark your choice for President Elect of OCA, cut this ballot off, and mail to:

OCA  
Heidelberg College  
14 Clinton Avenue  
Tiffin, OH 44883

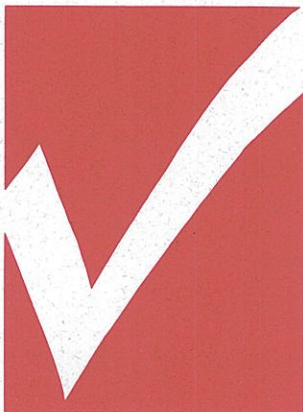
### PRESIDENT ELECT

- Jason McGlothlin
- David Stone

### TREASURER

- David Di Lullo

**\*Your vote must be postmarked not later than March 31, 1998.\***



## Chapter and Division News

### North Central Ohio Counseling Association

Program: NCOCA held its winter program meeting on Sunday, February 1, 1998, at Church of the Saviour, Cleveland Heights. A first attempt at Sunday programming, it was designed to reach out to graduate students and those who work evenings and Saturdays. Approximately 35-40 attended. The featured presenters were Jaclyn Miller, Ph.D., clinical psychologist

in private practice and Anthony Dreskin, MT, massotherapist in private practice and on faculty of the Ohio College of Massotherapy. Their topic was "Healing the Healer in Mind, Body, and Spirit."

Membership: In response to OCA's request to solicit membership from LPCs and LPCCs not currently members, the NCOCA Executive Committee approved funds to mail a copy of our winter newsletter, a letter of invitation to join OCA, and a membership form to 1244 professional counselors in the Northeast Ohio area. Mailing was made on January 20, 1998. The board was unanimous in its support for this effort and felt it was a good investment to make one concerted effort to reach out to other counseling colleagues and encourage membership.

Government Relations: An Advocacy Survey was mailed to all NCOCA members in February. The survey solicited members' opinions and concerns on a variety of federal, state, and local issues affecting the counseling profession. In addition to requesting help, the survey includes recruiting members

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to call on employers to discuss insurance coverage.

Education/Public Relations: The current newsletter announces a program to establish a Peer Supervision Group. These groups are not intended to meet supervision requirements for licensure. Goal is to allow counselors in private practice and others to process cases and expend their experience and networks.

The Spring Program meeting and Election of Officers is scheduled for Monday, May 18. The speakers will be Joe Saunders, OCA's administrative consultant and Cynthia Snyder, OCA's lobbyist at the state legislature. Their discussion will focus on trends and issues in the counseling profession. For registration details, e-mail [windle39@aol.com](mailto:windle39@aol.com) or call Bob Windle at (800) 847-5152.

### Miami Valley Counseling Association

MVCA has been very busy and productive the past several months.

The members of the Executive Committee have been putting the final touches on our Strategic Plan. In keeping with the objectives, members have been sending letters to HR personnel and insurance companies. Letters to licensees that are not OCA members have also been mailed.

A workshop featuring Marie Tow and the new law was presented in November. The response was positive and attendees found it to be helpful. Our upcoming workshop will be on Supervision: Getting In Line With the New Law. It will be held on March 6 with Bernadine Parks LPCC as the presenter.



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The scholarship committee will be reviewing nominations for the Wray Reiger Memorial Scholarship. This \$500.00 award will be given to a student from University of Dayton who has shown the potential for excellence in the counseling profession.

Our executive board meets on the first Thursday of the month at 5:30 at Womanline of Dayton. All are welcome to attend and if directions are needed you may call Holly Welther at (937) 456-6201.

### Ohio School Counselor Association

I hope you have had a productive year and my wishes to you for continued success in 1998!

As we undergo educational reform and we face new financial methods for financing education, school counselors should continue demonstrating their role in enhancing academic success. Some of the issues in which OSCA is engaged include:

- a. welfare reform and its impact on children and adolescents
- b. the school counselor's role in educational reform
- c. the integrating of curricular components with the objective of the counselor program
- d. recognizing the role of school counselors in the school-to-work legislation through monetary stipulations
- e. providing school counselor support in meeting the regulations established in SB55
- f. the counselor's role on the professional development teams.

Other areas of interest:

1. The attendance at the All Ohio Counselors Conference was the highest in 12 years. 1025 attendees participated. Way to go!

Continue to support our profession and consider submitting a proposal to present next year so that other counselors can learn from your experiences.

2. The Children's Defense Fund's annual conference will be held at the Los Angeles Convention Center from March 25-26, 1998. For more information call (202) 662-3684.

3. For information on organizing a *Stand for Children's Day*, a kit may be ordered by calling (800) 663-4032 or e-mail: [benu@stand.org](mailto:benu@stand.org).

4. In October, the White House held a conference on child care in which President Clinton committed to develop a plan for improving the quality and affordability of child care. The White House needs to hear from you regarding decisions about the child care proposal. Call Maria Echaviste, White House Director of Public Liaison at (202) 456-2930 or e-mail [president@whitehouse.gov](mailto:president@whitehouse.gov) to communicate your ideas.

5. Federal grants will be allotted for the new State Children's Health Insurance Program (CHIP). To keep updated regarding the developments on the CHIP, a series of conference calls are planned to discuss the new program and its impact on children and adolescents. For more information about these conferences, call (800) 663-4032.

Thank you for your interest in our professional organization. Your ideas help give the OSCA board new ideas to consider so that we can better support you and in turn, the children and adolescents in Ohio's schools.

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### Ohio Association for Multicultural Counseling and Development

OAMCD is proud to announce Quincy Moore, Ph.D., as our keynote speaker for our 11th annual symposium being held in Athens, Ohio, in October of this year. Our focus will be on mentoring professionals into the new millennium. David Stone, Ph.D., is our symposium chair and can be reached at (614) 593-0846 if you have any questions regarding the symposium or are interested in submitting a call for papers proposal. I personally invite each of you to attend our fall symposium. We are very excited about having Dr. Moore with us and look forward to a fantastic presentation.

Suzanne Hawthorne-Williams is our recently-appointed Membership Chair. She can be reached at (330) 425-7430 for membership information.

### East Ohio Counseling Association

EOCA will hold its annual Spring Workshop on Monday, March 23, 1998, from 8:00 a.m. to 4:30 p.m., at Youngstown State University. Six CEUs will be offered. This year's workshop is titled "Eliminating Self-Defeating Behaviors." It will be presented by Robert Ackerman, Ph.D.

This workshop will focus on identifying and eliminating behaviors that cause defeat and harm to people. Ackerman is on the faculty of Indiana University of Pennsylvania. He has worked, written, and presented extensively in the area of substance abuse and children from alcoholic families.

A business meeting and election of officers will be held during lunch. Information and registration forms

can be obtained by calling Judy Roth at (330) 782-7701.

On Tuesday, January 20, 1998, an informational program on the new licensure laws was held on the campus of Youngstown State University. It was co-sponsored by EOCA, Chi Sig, and the YSU Counseling Department. Joe Saunders (board member) and Pat Sposito (administrative assistant) discussed the new laws as they relate to present and future counselors. Approximately 75 people were in attendance. Two CEUs were offered. The program was very helpful and informative.

A networking lunch was held on Wednesday, January 21, 1998. It was an excellent opportunity to network with other counselors and discuss issues of importance in our profession. It was well attended and everyone agreed that they would like to have future networking functions.

A professional identity committee has been formed by Barb Denny, LPCC. Several people have joined Barb in helping LPCCs gain the recognition that they deserve and the ability to practice as dictated by the law.

#### Guidelines Advertising Rates

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Quarter Page \$ 65  
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## Guidelines

### \* THANK YOU \*

The following have made voluntary contributions to the OCA legislative action fund.

**MIAMI VALLEY COUNSELING ASSOCIATION**

**OHIO CAREER DEVELOPMENT ASSOCIATION**

**OHIO MENTAL HEALTH COUNSELORS ASSOCIATION**

Your support is greatly appreciated. If any individual or group wishes to make a donation, please contact Eileen Self, OCA President.

Mark your calendars now for the seminar

### **"Recollections of Sexual Abuse: Treatment Principles and Guidelines"**

**By Christine Courtois, Ph.D.**

on Friday, May 1, 1998

9 a.m. to 4:30 p.m.

Bethesda Hospital, Cincinnati, OH

Counselor, Social Work, Psychologist and B.R.C.C. Continuing Education credits offered.

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513/751-7747.

# Ohio Counseling Association (OCA)

## \*Award Nomination Form\*

Date \_\_\_\_\_

CHECK ONE

**NOMINATOR**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone ( ) \_\_\_\_\_

**NOMINEE**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone ( ) \_\_\_\_\_

**CHARLES "CHUCK" WEAVER**

Long and distinguished service to the counseling profession and exemplary caring for people.

**DAVE BROOKS AWARD**

Meritorious service and promoting the counseling profession.

**HERMAN J. PETERS**

Exemplary leadership to the counseling profession.

**COUNSELOR OF THE YEAR**

Using OCA goals in provision of direct services, maintaining professional standards, and dedication to one's job.

**NOMINATION PROCEDURE:** Please submit this form with a supporting statement of 250 words or less. Letters of support are also encouraged. Attach a current vita and/or brief biographical sketch of nominee. Nominee must be a current OCA member.

PLEASE SUBMIT THE MATERIALS TO:

**Joe Saunders, Ph.D., LPCC**  
**Ohio Counseling Association**  
**Heidelberg College**  
**14 Clinton Avenue**  
**Tiffin, OH 44883**  
**Fax (419) 448-7474**

**\*DEADLINE IS APRIL 1, 1998\***

# YOU'RE INVITED

## *TO JOIN OCA*

By becoming a member of **OCA** you will be joining a database of over 2000 counselors in school, mental health, career and rehabilitation to enhance your professional identity, your professional recognition and professional development. **OCA** provides its members with an organization that continues to increase counselor recognition and stature in this crucial time for the counseling profession.

**OCA** works to promote your professional identity by many methods such as maintaining a legislative consultant, providing an ongoing strategic public relations campaign and providing professional development opportunities. In addition, **OCA** now has a site on the World Wide Web which offers **OCA** information, current status of important legislation and license issues affecting Ohio's counselors. Our web site also links you to more internet sites and sources for your professional interest and development.

On a practical level, **OCA** is now pursuing an exciting "extra" for its members. We are in the process of obtaining discounts for our members for hotels, car rentals, cell phone rental, amusement parks and more! Please check our web site for updates of this exciting new membership "benefit"!

By joining **OCA** you make an investment in your professional future and gain the benefits of a large network of fellow professionals.

**JOIN US NOW!**

WEB SITE: [www.ohiocounselingassoc.com](http://www.ohiocounselingassoc.com)

Barbara Bryndal, LPCC, CCDCI  
Membership Chair  
440/ 349-7437

Joe Saunders, Ph.D., LPCC  
Administrative Consultant  
419/ 448-7474 phone and Fax  
[jsaunders@nike.heidelberg.edu](mailto:jsaunders@nike.heidelberg.edu)



# Alternative Approaches to Career Counseling and Development



Friday, April 24, 1998  
Lenox Inn, Reynoldsburg, Ohio

Co-sponsored by  
*The Ohio Counseling Association & the Ohio Department of Education, Guidance & Counseling*

<p><b>PAUL HARTUNG, Ph.D.</b> <i>Alternative Perspectives on Career Decision-Making</i> 9:00 – 12:00 noon 10:30 a.m. refreshments</p> <p>Paul Hartung, Ph.D. is an assistant professor of Behavioral Sciences at Northeastern University College of Medicine and is an adjunct faculty member of the Counseling and Special Education Department at the University of Akron. His research interests include developmental career theory and assessment, career decision making, multicultural career counseling and physician career development.</p>	<p><b>MARY LYNNE MUSGROVE, LPC, NCC, NCCC</b> <i>Psychodynamic Career Counseling</i> 1:00 – 2:30 p.m.</p> <p>Learn techniques for assessing and treating career issues (with clients of any age) using a psychodynamic theoretical framework. Mary Lynne Musgrove has 25 years experience as a career counselor. She is in full-time private practice in Columbus.</p> <hr/> <p><b>EDWARD EPSTEIN, LPC, NCC</b> <i>Managing Your Career in Today's Business Environment</i> 2:45 – 4:15 p.m.</p> <p>Extensive corporate experience in career and organizational development with Ameritech; currently with Russell-Rogat, specializing in designing and delivering career development initiatives that are strategically aligned with business goals and strategies.</p>
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**\$60 OCDA members, \$70 non-members, \$30 students: Registration Fee (includes lunch) – Register by April 10, 1998**  
**\$80 on-site registration, \$35 student on-site – Registration 8:30 – 9:00 a.m.**  
*(48-hour cancellation notice required for refund)*  
**6 CEU hours for LPCC, LPC, NCC & ODE**

Discount room rate of \$47.00/single, \$53.00/double: call Lenox Inn at 800-821-0007 by April 10, 1998  
 Lenox Inn is located off I-70 at Route 256 (exit 112B)

Make check payable to **OCDA Spring Program**: mail registration form and check to:  
 Wendy Smith Miller, Oberlin College Career Services  
 155 North Professor St.: Stevenson Hall – Longman Commons  
 Oberlin, Ohio 44074

Questions? Call Wendy Miller at 440-775-8140 or email: [wendy.smith.miller@oberlin.edu](mailto:wendy.smith.miller@oberlin.edu)

## Ohio Career Development Association Spring Conference Registration Form

*Mail Registration deadline is April 10, 1998*

Name: \_\_\_\_\_ Phone (Day): \_\_\_\_\_

Address: \_\_\_\_\_ Evening: \_\_\_\_\_

Organization: \_\_\_\_\_

Email: \_\_\_\_\_

CEU's needed: NCC \_\_\_\_\_ ODE \_\_\_\_\_ LPC \_\_\_\_\_ LPCC \_\_\_\_\_

License #: \_\_\_\_\_

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**OCA Web Site**  
**(<http://www.ohiocounselingassoc.com>)**

**To locate the Official OCA Website, first access the Internet. Then, simply click the “OPEN” button on your browser and type**

**<http://www.ohiocounselingassoc.com> (you may also find this site on many search engines). Comments, suggestions, or information should be directed to Jason M. McGlothlin, M.S. Ed., Public Relations Chair of OCA at [mcglothlin@iwaynet.net](mailto:mcglothlin@iwaynet.net) or (614) 617-1264.**



OCA  
Heidelberg College  
14 Clinton Ave.  
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