



GUIDELINES

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Jason McGlothlin and Eileen Self receive Best Membership Service Award from ACA President Courtland Lee

From the President's Desk Eileen F. Self, Ph.D.

Since this is my final newsletter column, I want to take the opportunity to say that it has been a pleasure and honor to serve as president of the Ohio Counseling Association. We have a strong organization with an exceptional leadership team.

OCA Wins 1997-1998 ACA Excellence Award

On March 29, 1998, the American Counseling Association honored OCA with the Best Membership Service Award which showcased our website at the ACA World Conference awards eremony. I amvery proud to be part of this award winning organization.

We want to continue our initiatives, and when Scott Hall becomes president on July 1, I invite you to join me in lending him support. Scott and I have worked for a smooth collaboratively Congratulations to transition. David Stone, president-elect-elect, and David Di Lullo, treasurer, as a result of our recent election. Thanks to all members of the executive council for all your hard work. I look forward to my continued association with the membership of OCA.

1997-1998 OCA Accomplishments
-- "The Year in Review"

I have included our goals and summary as a way of highlighting this year's accomplishments. The mission of OCA is to

- enhance human development across the life span while assisting counselors and the counseling profession to develop higher levels of visibility and professional stature.
- become the counseling association in Ohio that represents all counselors.
- celebrate diversity and provide a link to our national association.

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From the President's Desk cont.

This can be accomplished through professional identity, recognition, and development. To accomplish this mission, OCA strived to attain the following goals.

- I. To develop strategic alliances that will position OCA as a major player (through increased positive perception by healthcare, education, government, and the public) and implement strategies that respond to the needs of a diverse membership. Accomplishments include the following:
- Participated in Morgan v.
 FFCC Coalition along with other professionals (Government Relations and Past President took a lead role).
- Initiated contact and proposed the creation of an Ohio Behavioral Health Professional Associations Consortium (OCA, OPA, NASW-Ohio) for partnership/collaboration increase client and member services. Mutual issues and opportunities were identified. Issues included managed care, parity, and children's health initiative. Opportunities for collaboration may include joint committee work on common issues appropriate. as (President facilitated the process).
- Licensure information workshops were held at AOCC (e.g., Implications of the New Counselor Licensure Law for Counseling Supervisors, Dr. Tom Davis, et.al.), Divisions OACES. 2/27 (e.g., Understanding the New Licensure Law), Chapters (e.g., MVCA, 10/15 - New Licensure Law: How Ĭt Affects Counselors, Marie Tow.

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CSWB; NWOCA, 10/16 - New Counselor Licensure Law) and in conjunction with CSI (e.g., EOCA, CSI, YSU, 1/20 - New Licensure Law).

- Supervision training workshops were held at AOCC (e.g., The ACT Model of Supervision, Solution-Focused) Supervision for Counselors) and Chapters (e.g., MVCA, 3/6 Supervision: Getting in Line with New Licensure Law).
- Letters were developed for HR personnel and managed care companies to be utilized by chapters for educational purposes (Government Relations).
- Developed two informational brochures about professional counselors for educational/PR purposes (Public Relations).
- II. To develop an effective public relations effort that promotes the recognition of counseling as a profession for a strong and articulated sense of professional identity. Accomplishments include the following:
- Created an "OCA Speaker's Bureau" available on OCA webpage. Topic areas include parenting, chemical e.g., dependency, trauma, ADD, stress, wellness, interpersonal communication. spirituality. grief/loss, multicultural issues, domestic violence, self-esteem, depression, conflict management, aggressive adolescents. children divorce. suicide. eating disorders, sexual abuse, career transition issues. (President initiated and Public Relations put on web).
- Membership brochure was revised and published (Public Relations).
- Designed and purchased new display banner. Slogan "Your

Professional Connection." (Public Relations).

- III. To continue to provide professional development activities to promote diversity in the association for a multiculturally competent membership/leadership.

 Accomplishments include the following:
 - OCA devoted a section of their newsletter to multicultural Spring issues (e.g., "Multicultural Competencies" by Cher Igelman, reprinted on webpage). Chapters/divisions were also asked to devote at section of their а newsletters to multicultural issues. Also, program planning consideration was given to multicultural issues at AOCC (e.g., Pre-conference program Professional Enhancing Excellence Through Acquisition of Multicultural Counseling Competencies, Anita P. Jackson). Other included program topics Cultural Developing The Competence, Communicative Style of Couples. African-American Effective Work with African-American Children and Affirming Adolescents, Positive Development in African-American Males. The Contemporary Counselor: **Emerging Trends and Practices** Changing Times, Understanding the Appalachian Client, Children of Lesbians, Multicultural Competencies of Rehabilitation Ohio Division Counselors. examples included OACES, 2/27 - Building Multicultural Competence, OMHCA, 4/18 -**Impact** of Multicultural Competencies in Counseling, and OAMCD/OACES Spring mini workshops (e.g., 5/8, 5/15

- Enhancing Multicultural Competence).
- Appointed ad hoc committee to AOCC including examine Committee representation. recommendation included divisional screening programs. Also president and president-elect participated in Midwest Leadership **ACA** focusing Training on multicultural issues.
- Invited committee membership via individual contacts, newsletter, and committee chairs. Also, invited diverse leadership via committee appointments and nomination.
- President sent letter of invitation to all new licensees and membership forms to counselor education programs on a quarterly basis.
- IV. To increase utilization of technology allowing expanded services to membership. Accomplishments include the following:
- Created **OCA** website www.ohiocounselingassoc.com (Public Relations). (e.g., message, president's information. membership membership form, calendar of legislative updates, events. colleges who's who, division & universities, chapters, links, chat room).
 - -Awarded a 3-Star Health A to Z Rating
 - --Nominated for Grohls Top
 - 5 Mental Health Link
 - --Received ACA Best Membership Service Award (Showcased Website)
- Established links to divisions (e.g., OSCA) (Public Relations and Divisions).
- Established links to multicultural sites. OAMCD worked on developing website to provide culturally relevant information and will link to

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OCA website (Public Relations).

Additional accomplishments include the following:

- Maintained administrative consultant contract.
- Maintained legislative consultant contract.
- Maintained archives housed at BGSU.
- Published quarterly newsletters.
- Co-sponsored successful All Ohio Counselors Conference (AOCC) (largest conference to date with over 1,000 registration, average was 864, with highest revenue). All divisions provided welcome for brochure and information table.
- Provided continuing education units in association with the Ohio Counselor and Social Workers Board.
- Solicited voluntary contributions for government relations activities.
- Solicited newsletter advertisers.
- Solicited member feedback via needs survey.
- Presented annual OCA awards. (Renamed the Meritorious Service Award the Dave Brooks Award.)
 - --Herman J. Peters Award Exemplary leadership in the counseling profession Jeannine Studer (Heidelberg College)
 - --Meritorious Service Award Promoting the counseling profession

David K. Brooks, Jr. (Kent State University)

--Charles "Chuck" Weaver

Award

Long and distinguished service to the counseling profession and exemplary caring for people

From the President's Desk cont.

Janet Thornton (Total Care Psychological and Counseling Services)
--Counselor of the Year Award Using OCA goals in provision of direct services, maintaining professional standards, and dedication to one's job Kelli Jo Marquette (Sandusky County Schools)
--Past President's Award For outstanding service as President of OCA Michael Maly (Far West Center)

- Updated Leadership Manual.
- Distributed new legislative directories.
- Sent public relations article to several Ohio newspapers during Counseling Awareness Month.
- Worked with State Department of Education exploring areas such as guidance curriculum and counselor education program review.
- Completed non member survey and furnished information to Professional Development Committee for planning purposes.
- Explored and identified discount benefits for membership.
- Maintained linkages with the American Counseling Association (ACA) by --inviting Courtland Lee. ACA President, to keynote our Leadership Development Conference facilitated by OCA president on issues related to strategic planning. --providing OCA executive council members with ACA information in Leadership Manual. --approving participation (along

with four other states) in a pilot

study with ACA Insurance Trust

to offer liability insurance to members.

--representing OCA at the Midwest Leadership Conference in Omaha, Nebraska, September 24-27, 1997.

--representing OCA at ACA World Conference on March 29, 1998.

--ongoing contact via phone, correspondence, reports, web, strategic planning.

OCA received a proclamation in recognition of Counseling Awareness Month. It was presented at the April Executive Council meeting to recognize the significant contributions that professional counselors have made in helping people of all ages through personal. social, educational, and career transitions to reach their goals.

As you can see, it has been a great year! As always, I welcome your input and feedback as I transition into my role as past president. Thank you for the opportunity to represent our members and serve the association.

Consultant's Column

Joe Saunders

Fiscal year 1997-98 saw membership in OCA reach an all-time high of 1309. As new membership incentives are added, the future is bright for a significant increase in fiscal year 1998-99.

One of the greatest incentives will be the ability of OCA to offer liability insurance on July 1, 1998. Barbara Bryndal, Membership Chair, has discovered several other incentives which your membership in OCA will provide.

OCA membership elected David Stone as president-elect, and David

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Di Lullo to his first full term as treasurer for the coming year. At the April meeting of the OCA Executive Council, I was offered my sixth contract as administrative consultant. I am pleased to accept the contract. It has been a privilege to serve in this capacity during the past five years.

Legislative Summary

Government Relations Consultant Cynthia Snyder reports that she has monitored the following legislation:

- HB 719 would provide guidance to mental health professionals regarding obligations when an outpatient client threatens harm to a third party. OCA supports this legislation.
- HB 589 would require licensure of art therapists.
 OCA is concerned that such legislation as written would license a modality of counseling, and would require counselors who presently use art therapy to have additional license as an art therapist.
 OCA opposes such legislation.
- SB 157 would require the Ohio Department of Health to certify recreation therapists. prohibiting any uncertified person from claiming to be a recreation therapist. For this reason, counselors who use recreation therapy modality would be prohibited to do so unless holding the DOH certification. Again. OCA would oppose this legislation.
- HB 420 would provide mental health parity, i.e., insurance companies would provide benefits for diagnosis and treatment of mental illness under the same terms and conditions as those provided for physical diseases and disorders.

- HB 718 is a less encompassing mental health parity bill. Neither of the parity bills has strong support, and it is likely such legislation will be pursued further in the next elected legislature.
- HB 477 originally would have allowed any person employed as a professional pupil services employee to be hired under an administrative, rather than a teacher's, contract. It was amended at the beliest of OSCA to include pupil services personnel other than school counselors.

Initial discussions have begun regarding the feasibility of combining efforts with other mental health providers for the purpose of promoting legislation mandating third party reimbursement. Stay tuned!

In Memory

OCA members mourn the passing of Retta Trautman, a long-time member and advocate for counseling issues. Retta was very active in the credentialing efforts for counselors. She was a clinical director of Kobacker Center at the Medical College of Ohio prior to her retirement. Retta succumbed to cancer on February 14.

Since her retirement, Retta served as a Red Cross disaster worker. She traveled extensively to many disasters to assist in provicing for the mental health needs of victims. She also served on the Ohio Disaster Mental Health Committee, which was entrusted with the task of developing guidelines under which mental health services would be provided during time of cisaster.

Retta lived in West Toledo with her husband, Woody. Other survivors are daughter, Patricia; sons, Edwin and Craig; and six grandchildren. True to Retta's interest in helping others, the family requests tribute to Hospice of Northwest Ohio, Perrysburg Township, Bittersweet Farms, the American Red Cross, St. Mark's Episcopal Church, or a charity of the donor's choice.

OCA Offers Liability Insurance

Beginning July 1, 1998, OCA will be offering a liability insurance plan through the auspices of the ACA Insurance Trust. For several months, negotiations have been taking place as to the feasibility of doing so.

Joe Saunders was invited to ACA Headquarters in December to meet with executives from four other large state branches of ACA to consider the possibility of branches extending the insurance plan to their members. As a result of these meetings, OCA was selected as a branch which would pilot the program. The ACA Insurance Trust approved the plan during the world conference.

Professionals in Ohio who are members of ACA but not OCA often are single-purpose members, i.e., they join ACA in order to be eligible for liability insurance. It is projected that many of these professionals would be interested in OCA membership since dues are lower and the benefits of being a member of the local organization might be more attractive than those of the national organization. It is anticipated that a closer relationship between the state and national organizations would foster greater levels of promotion of the national by the state, hopefully offsetting any initial losses in membership by ACA.

OCA is excited about this opportunity. All members will be

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receiving a mailing in regard to the details of this pilot project soon!

Coalition for Fair Responsibility

Michael Maly

Coalition for Fair Responsibility is a group of professional, public, and consumer organizations that has worked since last May to draft legislation in response to the Supreme Court decision that imposed a broad duty on behavioral health professionals to control and protect against the potentially violent behavior of their clients. The draft bill, discussed in the winter edition of Guidelines, now been introduced Representative Rose Vesper (R-New Richmond).

A fact sheet has been prepared for use by the proponents of the Morgan legislation. This information is provided below. government Cynthia Snyder, relations consultant, cautions that it is critical that those individuals and groups who discuss the issue do so by presenting the facts in the same way, making the same points. This is to insure that our message is the same, regardless of which proponents are speaking on behalf of the legislation. The bill is known as HB 719, which is a necessary reference when a member contacts a legislator by letter, phone, or e-mail.

Snyder advises that when a member does make a legislator contact, it is important to stick to the fact sheet. Remember that the goal of the message is to avoid the perception that this is simply an 'immunity for providers' bill. It is better to stress that the behavioral health provider community is willing to assume a duty to warn third parties (a duty which has not been recognized for any other professional group), so long as the duty has been defined in

Coalition for Fair Responsibility cont.

such a way that it is reasonably possible to discharge, and is consistent with accepted standards for quality patient care.

Because the bill has been the work of a diverse coalition, we are optimistic of its chances. But we will still need the advocacy of our members when the time is right.

Fact Sheet Information:

- Ohio has a statute (O.R.C. 5122.34) which had been widely interpreted to mean that mental health professionals have no legal obligation to warn or otherwise protect third parties from the potentially violent behavior of mental health clients.
- On January 22, 1997, the Ohio Supreme Court, in the case of Morgan v. Fairfield Family Counseling Center, held that a psychotherapist "When knows or should know that his or her outpatient represents a substantial risk of harm to others, the therapist is under a duty to exercise his or her best professional judgment prevent such harm from occurring," (77 Ohio St. 3rd at 185, Syllabus Paragraph 4). Therapists are concerned that such a duty can only be carried out by hospitalizing the client.
- Because of the holding in this case (which is so broad that it extends to unidentifiable potential victims of nonspecific threats for unlimited periods of time after treatment has stopped and which suggests that only hospitalization of the client will allow immunity for the therapist), mental health professionals now face a duty toward third parties without

- clear guidance and direction about when and how to do so.
- Fifteen other states have imposed a statutory duty toward third parties, led by California following the famous Tarasoff case in 1976.

Therefore, this coalition has crafted HB 719, largely modeled after the laws in other states, which will:

- 1. Codify this duty toward third parties recently created by the Ohio Supreme Court in contravention of O.R.C. 5122.34;
- Create clear guidelines for psychotherapists regarding when the duty toward third parties arises and exactly how to discharge the duty;
- 3. Allow a continuum of clearly defined options to meet the duty toward third parties, including hospitalization, communication to law enforcement officials, and/or potential victims or a treatment plan reasonably calculated to minimize the possibility that a threat will be carried out;
- 4. Follow the lead of fifteen other states;
- 5. Impose a duty on this group of professionals;
- Balance the psychotherapist's relationship of confidentiality with a client so that it is only violated in clearly defined cases, and
- 7. Keeps in place all duties and treatment responsibilities to clients which psychotherapists are currently required to meet.

In Memory

The membership of OCA extends sympathy to Past President David A. Santoro, Sheila, and other family members in the untimely passing of David's son, David. An automobile accident in California claimed his

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life on March 17. We continue to share in the grief of the Santoros.

Impaired Professionals

Susan Huss

The literature related to professional responsibility and maintaining competence on the part of the counselor uses the term "impaired professional." Ethical codes of all major professional counseling associations as well as the Ohio laws and rules governing the practice of counseling include sections related to impairment of counselors and counselors in training.

What exactly is an impaired professional? Lamb, Cochran, and Jackson (1991) defined impairment broadly as: "An interference in professional function that is reflected in one or more of the following ways: (a) an inability or unwillingness to acquire and integrate professional standards into one's repertoire of professional behavior; (b) an inability to acquire professional skills and reach an accepted lever (p. 293)."

The rules section of the Ohio licensure law (1998)defines impaired impairment or "evidence by the presence of the disorder of alcoholism, substance abuse, mental illness or other debilitating conditions (p. 19)." The rules (457-5-01.E) Code of Ethical Practice and Professional Conduct covering impaired practice states the following: "Counselors and social workers shall not undertake or continue professional relationships with a supervisee, or student when the objectivity or competency of the counselor or social worker is, or could be reasonably be expected to be, impaired due to mental, emotional, or substance abuse conditions." So again the definition is broad.

Cottone and Tarvydas (1998) suggest that impairment manifested on a continuum by varying degrees of loss of optimal function. They also suggest that it needs to be documentable and that there are three common issues related to professional impairment. These are burnout, violation of professional boundaries, and substance abuse. Although there are many more issues related to impairment, these three can be considered inclusive of a large number of issues.

It is the professional counselor's responsibility monitor himself/herself to protect the client from the negative, unethical, and potentially damaging effects of a counseling relationship with an impaired counselor: but counselors we know that often people with impairments do not necessarily recognize those impairments until the situation is literally out of control. brings us to another part of the codes of ethics we are bound to adhere to as professional and licensed counselors.

Both the ACA Code of Ethics and Standards of Practice (1995) and the rules section of the Ohio licensure law (1998) instruct counselors that it is the ethical responsibility of counselors to report unethical behavior. Section 4757-5.01.J specifically states that if they (licensees, registrants, supervisors, and trainees) have knowledge or reason to suspect that a colleague or other licensee is incompetent, impaired, unethical, they shall report that practitioner to the Board. ACA code (H.2.a) states that if a counselor possesses reasonable cause that raises doubts as to

whether a counselor is acting in an ethical manner, they must take appropriate action. Appropriate action is further delineated in H.2.d. and H.2.e.

first appropriate action discussed is consultation with other counselors, who are knowledgeable about ethics, with colleagues, or with appropriate authorities. This is to determine whether a particular situation or course of action is, in fact, a violation of a code of ethics. The second action is to seek informal resolution which involved attempting to discuss it with other counselors, if feasible, providing such action does not violate confidentiality right that may be involved. If these actions are not successful, then it is recommended that reporting the suspected ethical violation to state or national ethics committees is the next step.

This is a very difficult and stressful action for most counselors to take. After all, we are caring, compassionate people BUT we have a responsibility to the profession and to clients served by our profession. Pondering how to "blow the whistle" on a colleague is a stressful time. Maybe that will be the focus of the next ethics article.

References:

American Counseling Association, (1995) Code of Ethics and Standards of Practice. Alexandria, VA: ACA.

Cottone, R. R. & Tarvydas, V. M. (1998), Ethical and Professional Issues in Counseling. Upper Saddle River, NJ: Prentice Hall.

Counselor and Social (Worker)
Board (1998) Ohio Laws and Rules
Governing the Practice of
Counseling and Social Work.
Columbus, OH: Counselor and
Social (Worker) Board.

Counselor Education Program Receives National Award

The Association for Counselor Education and Supervision (ACES) has recognized Ohio University's Counselor Education Program, housed within the Department of Counseling and Higher Education for its excellence in teaching and training education counselors.

ACES presented the program with the Robert Frank Outstanding Program Award, given annually to a program that demonstrates innovation and leadership in the counseling profession. The department was given the award at an ACES luncheon March 30 in Indianapolis.

The program submitted to ACES a 25-page nomination prospectus outlining its strengths as well as letters of support from other university counseling programs and community agencies. "Ohio University was chosen for its strong tradition in scholarship, professional leadership. and training methods," said Tom Davis. associate dean and associate professor.

"We are very excited about winning this award," he said. "We think this news can help us recruit some of the best counselor education students in the country."

Ohio University's counselor education program offers fully accredited programs for master's degrees in community, school, and rehabilitation counseling, and a doctorate degree in counselor education and supervision. Next year the department will celebrate the 50th anniversary of its founding by George E. Hill, a national leader in counselor education.

Counselor Education Program cont.

ACES is one of seventeen divisions Counseling American the Association. scientific and organization that educational supports the advancement of counseling and human development.

Partnerships In Learning:
Applying Solution-Focused
Teaching in the Classroom
Through Teacher-Counselor
Learning Teams

David Santoro

We hear a lot these days about "partnerships" and "cooperative learning strategies." So, a team of counselor educators Cleveland State and the University of Akron decided to plunge ahead and put these concepts into practice. The focus was to improve the classroom learning environment by having the school counselor serve as a consultant to the teacher teacher-counselor learning (the Secondly, we devised a team). practical and simple training manual to apply solution-focused concepts to the classroom together with a training video. Solutionfocused methods were used because they utilize cooperative learning strategies that tap a student's own strengths, needs. goals, successes. Because the emphasis is so student centered, it is very motivating. empowering and Counselors and teachers like the approach because they do not have to "sell" teacher goals to their students. In this sense, educators have found the system to be very user friendly.

The pilot project began in February, 1998, and involves three different school districts: Akron, Twinsburg, and Solon. From these three school systems,

approximately eight different classrooms have been selected. We are currently attempting to document the pilot project's effectiveness with pre- and post-measure of change.

project has significant The implications to school counselors because it provides an opportunity to highlight their importance as consultant-partners and as key players in improving learning The consultant-team outcomes. role also increases a counselor's visibility in the total learning this project, process. In only partnerships were not established between counselors and different school teachers in systems, but also universities. Our hope is that these and other collaborative efforts would continue.

(Planning Committee: David Santoro, Cleveland State University; Linda Perosa, Sandra Perosa, Cynthia Reynolds, John Zarski, University of Akron; Alice Morgan, Building Coordinator at Solon High School).

Am I Ready to Include Webcounseling in My Practice?

Jason M. McGlothlin

HMO's, community mental health agencies, flooded provider lists, and expensive overhead charges are only a few reasons why counselors are finding it hard to maintain a steady private practice. Therefore, some counselors are attempting to incorporate webcounseling into their practice to compensate with their lack of face-to-face clients.

This form of counseling is appealing to today's counselors for two reasons. First, webcounseling is quite cost effective because there is no rent involved, and you literally do not have to leave the

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house. The only expense to the counselor is a computer with a modem, an internet and e-mail fee (approximately \$200 per year), and their own website (starting at \$100 per year and up depending on size and type of chat room included). Secondly, clients can be seen as more attainable because one's location is not a factor. It has been said that clients are not as reluctant to stay at home and receive treatment when compared to going to an unfamiliar office.

Before one begins a webcounseling practice, there are many ethical concerns that must be considered that range from personal competencies to illegal practice. Several of the basic questions that counselors must ask themselves are outlined in the following:

- "Do I hold the basic ability to conduct webcounseling?" Many counselors jump into this like a big problem, as though a word typed incorrectly or a response not timed appropriately looks unprofessional and possibly distressing to the client.
- "Are competencies mvadequate to start webcounseling?" This question is the most difficult predominant issue and pertaining to the subject. Basically, a counselor must conduct business within their scope of practice. When webcounseling starting a practice, and you are not trained in internet/distance counseling, one must obtain supervision and education. This can be difficult and logistically troublesome.
- "Is my license adequate to start webcounseling?" Holding an Ohio license is not the same as holding a license from California or Saltzburg, Austria. The State of Ohio

Counselor and Sccial Workers — Board, along with Ohio law and virtually every other state in America do not have specific guidelines regarding webcounseling or distance counseling.

- "Are my software computer needs substantial for webcounseling?" The biggest dilemma in a webcounselor's computer needs is regarding the security and confidentiality of the session. Anyone with a computer and modern can access your session and the ability to keep information confidential is very difficult. The only answer to this issue is purchasing encryption software that can be purchased at a computer dealer or via the internet. However, encryption software on the market today ranges in quality, and unfortunately you pay more for the better and safer software.
- "In a face-to-face session, I know what to do in times of the client reporting suicidal ideation, what about during webcounseling?" If suicidal ideation does arise, ACA ethical guidelines do still adhere and one must follow the Tarasoff motto of "Duty to Warn." Therefore, it is suggested to always get the client's phone number, location, and emergency contact before the first session with the client's consent. Also, it is advisable to have a second outgoing phone line so that you can keep the person talking (or in this case typing) if they are unable to contact help while you get needed assistance. Lastly, know your resources! If you know the client is in Indianapolis, research some emergency contacts in the Indianapolis area.

"How do I get informed consent?" This can be accomplished via e-mail with the use of electronic signatures. However, it is best to have the forms signed prior to the first session and sent through postal mail with the client's original signature.

There are many other ethical questions that need to be addressed when including webcounseling into one's practice. It is my hope that this form of counseling will become more grounded in the mental health profession. However, at the present time, and because webcounseling is fairly new, it is my opinion that more legislation, training/educational practices. supervision requirements. and technological advances need to be made before webcounseling is a truly sound and ethically supported form of counseling.

Response to this article may be sent to Jason M. McGlothlin mcglothlin@iwaynet.net.

School Counseling Mandates

A modified form of Council on Accreditation of Counseling and Related Educational Programs (CACREP) standard for school counselor programs has been adopted by the Ohio Department of Education. The decision is the result of recommendations made by the Teacher Education/Licensure Committee to require that all teacher preparation and licensure programs meet NCATE standards.

NCATE standards require that education preparation programs adhere to guidelines of the learned societies in the preparation area. NCATE recognizes and accepts only CACREP standards as fulfilling this requirement for

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school counseling preparation programs.

Programs not meeting CACREP standards will have until September, 2000, to do so. Students who are already enrolled in a non-CACREP program will be allowed to complete that program. In some cases, this will mean that it may be four years before all school counselor graduates meet CACREP competencies and content requirements.

It is the contention of the Ohio Department of Education that CACREP standards assure that all school counselors are capable of meeting students' academic. personal/social, and career needs. Although the Ohio School Counselor Association is not opposed to higher standards for school counselors, it has voiced regarding mandates for the following reasons:

- Hasty changes could lead to illconceived programs.
 Counselor education institutions need time for program alterations.
- Too abrupt changes can negatively affect students who are presently in the process of completing their program. This could discourage them from finishing degrees at a time when there exists a shortage of qualified school counselors.
- 3. It is necessary to be mindful of current shortages in credentialed school counselors and increased difficulty in becoming properly credentialed in school counseling. A phase-in period might be helpful in the transitional time.



School-To-Work Workshops

The State of Ohio received a grant to restructure school counseling to include School-To-Work (STW) concepts. Workshops in various regions of Ohio will be held beginning in the fall of 1998 to inform school counselors about this initiative.

Regions will provide materials and regarding STW information concepts in half-day workshops. will Break-out sessions incorporated including technology (accessing the internet; OCIS), diversity, using the ICP and Career Passport, assessment, proficiency tests and the role of STW, workbased learning and internships, and working with parents to broaden student's options.

The workshops are free of charge. Participants will receive materials to use with students. Look for workshop information in the OSCA Advocate.

Meet Your Legislator

Charleta B. Tavares (D-Columbus) is serving a second term in the Ohio House of Representatives, having been appointed to represent the 22nd house district in 1993. Tavares is the first African-American female to represent Franklin County in the Ohio House of Representatives. She is also the first African-American woman to hold a leadership position in the Ohio general assembly, having been elected by her colleagues to serve as minority whip. Prior to her appointment to the Ohio house,

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Tavares served as Chief of the Children's Protection Section in the Ohio attorney general's office, and as Associate Director of Public Children Services Association of Ohio.

In her legislative career, Tavares has devoted her considerable energies to education, health, and human service issues. She has also been a leader on mental health issues, bringing to the table a knowledge and appreciation of the complex issues in this arena stemming from a family member with a severe mental illness. Among the mental health issues championed Tavares has insurance parity for those suffering from mental illness. She is sponsor of House Bill 420, which would insurers from prohibit discriminating in their coverage of

Is Your School-to-Career Program On Target?

Careerware is a School-to-Work National Technical Assistance Provider. We are proud to announce the new K-Post-secondary School-to-Career Curricular Model. Why spend hundreds of hours developing a comprehensive model when the master plan and our nationally certified School-to-Career Connection Model is ready to implement?

Our software and other product solutions include ...

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- Career Futures for middle/junior high students
- Choices for high school students
- Choices CT for adults
- Complete master of lesson plans for School-to-Career
- Interest Assessments
- Over 700 occupations with individual graduation plans
- Electronic portfolio with resume builder
- College/technical school search
- Financial aid search
- Internet connections to America's Job Bank and Talent Bank,
 Post-secondary school web sites, financial aid sources and more!

Visit our web site http://www.careerware.com for info & free demos.

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Ruth Boxley, Area Manager
328 Donna Drive
Hopkinsville, KY 42240
Tel./Fax 502-885-8490







mental illnesses. Despite fierce opposition from the insurance industry, Tavares vows to continue fighting to eliminate disparities in insurance coverage of physical and mental diseases.

Tavares been nationally has recognized for leadership efforts. She serves on the Executive Board of the National Black Caucus of State Legislators and the National Organization of Black Elected Legislative Women, and is state director of Women in Government. She has received numerous honors and awards including the National Alliance for the Mentally III Legislative Leadership Award, Women Legislators' Lobby Award, Friends of the Homeless Leadership Award. and NASW-Ohio Legislator of the Year Award.

Tavares is seeking to apply her impressive skills and talents as a statewide elected official. She has chosen not to run for reelection to the Ohio House of Representative, but is the endorsed Democratic candidate for the office of Secretary of State. In pursuing this office, Tavares expresses concern that the elective process has become dominated by special interest money and wants to see it restored to individual citizens. She urges all eligible voters to exercise this most fundamental right at the polls on November 3rd.

Tavares is married and lives on the southeast side of Columbus.

OCA Awards at ACA Conference

OCA and its members received several awards at the ACA World Conference at Indianapolis in March. OCA received a national award for Best Membership Service among medium branches. Carol Neiman, Associate Executive

Director for ACA Professional Affairs, wrote, "Congratulations to you and your branch for the award you received at the Indianapolis conference. The high quality of professional services to members, publications, and programs is an indication of the many innovative projects being undertaken by the branches. Please extend my congratulations to your board. You can be proud of your fine work!"

The counselor education program at Ohio University received the 1998 Robert Frank Outstanding Program Award from the Association for Counselor Education and Supervision.

Middletown OCA member, Brad Kochunas, LPCC, was awarded the Biggs-Pine Outstanding Writing Award by the Association for Spiritual, Ethical, and Religious Values in Counseling. The award article was titled, "Preserving Soul: Rescuing Diversity in the Managed Care Era," and appeared in the October 1997 Counseling and Values journal.

The Official OCA Website (http://www.ohiocounselingassoc.com)

Jason M. McGlothlin

The internet is one of the best ways to promote OCA, meet member and community needs, and create a collaborative front between OCA divisions, chapters, and members. After reviewing literally thousands of websites, OCA offers one of the most comprehensive and informative sites in the counseling profession. Therefore, OCA proudly boasts the following pages located on the OCA Website:

- About OCA
- OCA Perks
- Membership & Member Services

Guidelines

- Membership Form
- Calendar of Events
- OCA Speaker's Bureau
- Current Legislation & Licensure
- Divisions, Chapters, & Affiliates
- Who's Who in OCA
- Who's Who in Past OCA
- Colleges & Universities
- NCOCA Newsletter
- OCA On-Line News
- Previous OCA On-Line Documents
- Counselor Links
- Employment Opportunities

To locate the Official OCA Website, first access the internet. Then, simply click the "OPEN" button on your browser and type http://www.ohiocounselingassoc.co m (you may also find this site on many search engines).

If there are any comments, suggestions, or information that needs to be placed on the OCA website, please contact Jason M. McGlothlin, Public Relations Chair of OCA at mcglothlin@iwaynet.net or (614) 617-1264.

HIV: Counseling Women

Jean Underfer-Babalis

The Center for Disease Control (CDC) reported in 1994 that women are the fastest growing population being infected with HIV. They comprise twelve percent of the HIV population. This is alarming because many communities do not offer competent health care services to such women.

A contributing factor to the growth of this population is that women are fearful of discussing safe-sex practice with men. They fear the partner will interpret this discussion

HIV: Counseling Women cont.

as a threat to masculinity, according to CDC.

CDC asserts that HIV is a multigenerational family disease. Thus there is greater need to provide adequate health care for those infected, especially women. Women are often diagnosed with HIV after giving birth to an infected child. As a consequence, parents become the caretakers of their infected daughters and the surviving children after the daughter dies.

Women may not seek medical care due to their fears of being recognized and labeled "sick." They customarily are less likely to seek medical care on a regular basis due to availability of adequate care, i.e., poor health care benefits or cost of health care. They may, as primary caregivers in the family, neglect their own health care needs. Additionally women are sometimes stigmatized as "vessels infection" and/or "transmitters of the disease to their children," reports the Center for Disease Control. This stigma obstructs an early diagnosis and appropriate care.

HIV infected women often are emotionally cutoff from extended family and support systems after diagnosis. Family members react because of shame and anger they have about the woman's behaviors. Counseling services can address these traumatic issues.

Depression is common. The infected does not initially disclose the disease to counselors, and does not realize that the depression is linked to the disease. Since the diagnosis came in the later stages of the disease, the most imminent issues that need to be addressed

are: completing unfinished business; sharing her death with her children; and anger toward the partner who infected her.

Counseling for HIV-infected women can provide positive benefits and outcomes. A desirable benefit is acquiring a sense of peace with the disease and notion of impending death. Counseling can foster acquisition of healthier coping skills for these women to deal with these issues presented. During the therapeutic process, she can learn to assume responsibility for her actions, illness, and future. She may also develop the ability to nurture herself and her children.

communities, many American Red Cross offers a course for health caregivers that address pertinent issues for working with people infected with HIV. The course is intensive, thorough, and covers all aspects of the disease. It may offer as many as twenty CEUs for counselors. Shorter courses are also offered as well. The rapid spread of the disease indicates that counselors who wish to assist women who are infected with HIV need to obtain competency in this field.

Hertz Rental Car Discount

As of March 1, 1998, members can get a discount by identifying themselves as a member of OCA and by giving our Discount CDP # 177946. The Member Benefit Program includes:

- 10% Discount on Hertz Daily
 Member Benefit Rates
- 10% Discount on Hertz Standard Daily, Weekend, Weekly, and Monthly Rates (all car classes).
- 5% Discount on Hertz Leisure Daily, Weekend, Weekly, and Monthly Rates (all car classes).

Guidelines

These discounts are available at all participating Hertz locations.

NCDA Conference

NCDA's 7th Global Conference, will be held July 1-3, 1998 at the Drake Hotel in Chicago, Illinois. This year's theme, *Re-Shaping Career Development for the 21st Century*, promises to deliver the latest on technology and techniques for career development providers.

Keynote presentations are by three internationally known professionals -- A. G. "Tony" Watts, director of the National Institute for Careers Education and Counseling; Momma Hawk, founder and executive director of Recovering the Gifted Child in Chicago; and Richard Hazleton, CEO of Dow Corning in Midland, Michigan.

For more information call toll-free 888-326-1750, or e-mail at millerncda@aol.com.

Chapter and Division News

Ohio Career Development Association

The president of the Ohio Career Development Association, Mimi Patterson, was honored at this year's ACA Conference with the award of "Practitioner of the Year." The criteria for receiving this award included:

- Years of service in direct work with people regarding career development in education, business and industry, and/or private practice.
- Quality of service as indicated by innovative programs, recognition by local organizations, publications and the like.

 Service to the profession as indicated by participation and leadership in professional associations at the local, state and/or national levels.

This award is well deserved because Ms. Patterson has consistently cemonstrated leadership professional and qualities that far exceed the criteria for Practitioner of the Year. Among her achievements were excellent leadership for OCDA, and outstanding work INFOPLACE.

Election 1998: The following persons will be serving as OCDA officers for 1998-1999:

President: Larry L. Gulick
President-Elect: Wendy Smith
Miller

Past President: Mimi Patterson Secretary: Joseph R. Malone Treasurer: Cynthia Marcc

These individuals will take office on July 1, 1998.

OCDA/OCA Spring Conference: OCDA and OCA co-sponsored a conference titled "Alternative Approaches to Career Counseling and Development." This event was held on April 24th at the Lennox Inn in Reynoldsburg, Ohio. The presenters and their respective topics included: Paul Hartung: Alternative Perspectives on Career Decision-Making, Mary Lynn Musgrove: Psychodynamic Career Counseling, and Edward Epstein: Managing Your Career in Today's Business Climate.

More than 60 persons participated in this conference, and the feedback from the conferees was exceptionally positive in terms of the information and insights they gained from the presentations of Hartung, Musgrove, and Epstein. The OCDA plans to continue offering programs that will enhance

the professional development of persons who work in career counseling. We invite suggestions from the OCDA membership regarding workshops, seminars, and other activities that should be offered by OCDA.

Ohio School Counselors Association

School is out for summer!!!

As we look over the past year, we can reflect on our accomplishments and feel good about our efforts on behalf of Ohio's school-aged children. We would like to share a few of our accomplishments with you.

- Informed professional education associations about the vital role of school counselors.
- Informed State Board of Education regarding school counselor issues.
- Completed and distributed mentorship book for new school counselors.
- Held district workshops throughout the state of Ohio.
- Met with legislative committees regarding school counselor issues.
- Provided state superintendents with information regarding the vital role of school counselors; introduced state superintendents to the OSCA Website.
- Centralized OSCA membership list, developed membership cards, and established anniversary date for renewal.
- Distributed \$1500.00 in grants to improve school counselor programs.
- Ongoing efforts to bring state standards for school counselors in line with national standards.

Guidelines

- Revised strategic plan to reflect current school counseling issues.
- Revised and updated by-laws.
- Developed state level Professional Interest Networks (PINS).
- Attended Washington, D. C., training for lobbying efforts that benefit students.
- Representation on school-towork planning committee to disseminate information regarding the initiative.
- Expressed concern to the State Board of Education about changes in school counselor education.

Thank you for your support, feedback, and suggestions. It is because of members like you that we can continue to provide direction for our profession and advocate for our students.

Ohio Association of Multicultural Counseling and Development

OAMCD will hold its 11th annual symposium in Athens on October 2. The symposium, entitled "Each One, Reach One," will focus on mentoring professionals into the new millennium. We are proud to announce Quincy Moore, as our keynote speaker. We invite all OCA members and helping professionals to attend this opportunity for professional development. We are very excited about having Quincy Moore with us and look forward to a fantastic presentation. We would also like to invite all OCAmembers. professionals. and students to participate in the symposium by submitting call for papers proposal. David Stone is our symposium chair and can be contacted at (740)593-0846 regarding the call for papers.

Chapter and Division News cont.

OAMCD invites all OCA members and current and potential OAMCD members to attend the executive council meetings. An upcoming meeting is June 12th at 6 p.m. at the home of David Stone. additional information regarding meetings. please contact the secretary, Amy Belcastro at (614) 239-8316.

membership information, For membership please contact the chair. Suzanne Hawthorne-Williams at (330) 425-7430.

Ohio Association for Counselor Education and Supervision

The 1998 Spring Conference for OACES will be held at the Radisson North Hotel at Morse Road and Sinclair in Columbus on Friday, June 5. Sessions will be from 9 AM to 3 PM. Featured speakers are Larry Burnett on Managed Care; Fred Bemak on Preparing Ourselves for the Demands of the 21st Century; and Elliott Ingersoll on Spirituality in Counseling.

Fees are:

Members \$35 Nonmembers \$40 \$20 Student members Student nonmembers \$25

CEUs are provided. Send name. address, institution, phone and fax/email, and check by May 29 to: Cynthia Reynolds, 127 Carroll Hall, University of Akron, Akron, OH 44325-5007.

North Central Ohio Counseling Association

Trends in the "Issues and Counseling Profession" was focus the 1998 spring program meeting of NCOCA held May 18 at the Holiday Inn in Independence. Joe Saunders, OCA Administrative Consultant and member of the Ohio Counselor and Social Workers Board, and Cynthia Snyder, OCA Legislative Consultant, were the presenters.

Ohio Association for Spiritual, Ethical, and Religious Values in Counseling

OASERVIC held their spring workshop on May 30 at the Ramada University Hotel and Conference Center in Columbus. The purpose of the OASERVIC workshop to present was information regarding current faced ethical dilemmas by professional counselors. The workshop also provided a forum for sharing and processing current information relevant to Ohio counselors facing spiritual and ethical value issues in our present Featured speakers environment. were Cynthia Osborn and Donald Bubenzer on The Sky is Not Falling: Sustaining Vision with Managed Care; John S. Brent on Facilitation Values Clarification for Adults in Transition: Time-Sensitive Existential Approach; and Jason McGlothlin Implication Ethical Internet/Distance Counseling.

Guidelines Advertising Rates

Full Page \$250 Half Page \$125 Quarter Page \$ 65

Back Cover (1/2 page) or preferred placement: Add \$25. Discount 15% if ad runs 2+ issues.

Next deadline: August 1, 1998



Guidelines

HAVE

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SUMMER!

THANK YOU

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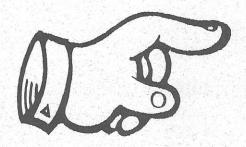
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NORTHWEST OHIO COUNSELING ASSOCIATION

Your support is greatly appreciated. If any individual or group wishes to make a donation, please contact Eileen Self, OCA President.



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PROVIDES MANY BENEFITS FOR SCHOOL, MENTAL HEALTH, CAREER AND REHABILITATION COUNSELORS. INVEST IN YOUR PROFESSIONAL FUTURE BY JOINING YOUR FELLOW COUNSELORS WHO BELONG TO THE OHIO COUNSELING ASSOCIATION. OCA IS WORKING FOR YOU BY MAINTAINING A LEGISLATIVE CONSULTANT, PROVIDING AN ONGOING STRATEGIC PUBLIC RELATIONS CAMPAIGN, AND PROVIDING PROFESSIONAL DEVELOPMENT OPPORTUNITIES.

WE NOW OFFER OUR MEMBERS A DISCOUNT AT ADAM'S MARK HOTEL IN COLUMBUS, LOCATION OF OUR FALL, 1998, ALL OHIO COUNSELOR CONFERENCE, AND DISCOUNTS ON CAR RENTALS THROUGH HERTZ. WHEN MAKING A RESERVATION AT THE ADAMS'S MARK HOTEL, SIMPLY STATE THAT YOU ARE A MEMBER OF OCA. YOUR MEMBERSHIP CARD MAY ALSO BE REQUIRED WHEN REGISTERING. IF YOU ARE INTERESTED IN A CAR RENTAL DISCOUNT THROUGH HERTZ, PLEASE SUPPLY THEM WITH YOUR DISCOUNT CODE NUMBER: 177946. PROOF OF MEMBERSHIP MAY ALSO BE REQUIRED. WE LOOK FORWARD TO MORE DISCOUNTS FOR OUR MEMBERS SOON!

FOR MORE INFORMATION ABOUT LEGISLATIVE UPDATES AND MORE. .. CHECK OUT OUR WEB SITE: www.ohiocounselingassoc.com.

IF YOU HAVEN'T ALREADY JOINED US, JOIN US NOW!!

Barbara Bryndal, LPCC, CCDCIII Membership Chair (440) 349-7437

bbryndal@aol.com

Joe Saunders, Ph.D., LPCC Administrative Consultant (419) 448-7474 phone & fax

jsaunder@nike.heidelberg.edu



OHIO COUNSELING ASSOCIATION

MEMBERSHIP FORM

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Street	City State Zip	
	ork Phone	
Present Position Em	ployer	
For information on the American	Counseling Association call (800) 347-6647.	
Once you join OCA, you are awarded chapter	MEMBERSHIP TYPE	
membership at no additional charge. The chapter	☐ Protessional	\$70.00
you designate will receive a percentage of your OCA	☐ Associate (holds no counseling credential)	\$70.00
membership dues. However, you must join OCA	☐ Retired	\$27.50
in order to join any chapter OR OACES & OASERVIC.	. □ Student	\$18.75
CHAPTERS	DIVISIONS	
☐ Central Ohio Counseling Assn. (COCA)	☐ OH Assn. for Counselor Education	
☐ East Ohio Counseling Assn. (EOCA)	and Supervision (OACES)	\$12.00
☐ Greater Cincinnati Counseling Assn. (GCCA)	☐ Student Membership (OACES)	\$ 3.00
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July 25, 1998 (Saturday)

Radisson Hotel-Cleveland Southwest 440-243-4040 7230 Engle Road Middleburg Heights, Ohio

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