

A Branch of the
American Counseling Association

GUIDELINES

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From the President's Desk

Anita P. Jackson, Ph.D., LPCC

Greetings and welcome (saludos y bienvenidos, jambo - karibu, salutations et bienvenue) to a new year in the Ohio Counseling Association. I extend my thanks to our Past President Don Bubenzer for his exemplary leadership and assistance in making the transition of officers a smooth one. Congratulations to Carol Pohly, our new president-elect. Carol and I are looking forward to a great year serving you.

I am excited about serving in this leadership role during this particular time in our human history. We stand at the beginning of a new decade, new century, and new millennium. This rare circumstance in our human journey has stimulated many of us to reflect on our past and envision future possibilities. What has effectively worked in the past for individuals, communities, and world? What do we want our counseling profession to be like in the 21st century, and how do we get there? In considering this last question, we must also ask 'what do we want our world to be like?' These are exciting and challenging questions because numerous possibilities exist, which then challenge each of us to be a part of the profession's shaping and molding. We will all take a role in shaping our future, regardless of what we do. But as our social reality rumbles, groans, and changes, and as we encounter obstacles along the way, we want to remain a viable and credible profession. This requires all of us, working together, to ensure that counseling will be at its best in serving its constituents, as well as the careers of counselors. I am reminded of a dynamic statement from a movie I saw some time ago

which can be applied here. "Change can come from the power of many, but only when the many come together to form that which is invincible . . . the power of one." While respecting our differences, let us stand in unity so we can form that which is invincible in our efforts to enhance our profession and make our world a better place in which to be.

Some of my dreams for the association have been to enhance and keep the lines of communication open among all counselors through technology and opportunities for discourse, promote the identity of counselors to the public, promote diversity and cultural competence in the profession, identify new leaders, document our OCA history, and promote positive change in the profession and people's lives. As a student or professional, what are your dreams? What role will you take to ensure the reality of your dreams? Certainly, the issues are not new. The solutions are not new, but they are possible. What is necessary is commitment. As the year unfolds, let us all commit to making OCA strong in representing and advocating for all counselors and ensuring counseling to be at its best for those we serve.

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On a more personal note, I have been a counselor educator for 11 years at Kent State University. Prior to that I was a school counselor and teacher. I have also worked part-time in several locations throughout the state as a clinical counselor. In August, 1999, I retired from the State Teachers Retirement System and will officially open up a counseling practice August 29, 2000, in

Columbus, OH, with a colleague of mine. I am also a member of ACA/OCA, ACES/OACES, AMCD/OAMCD, ASERVIC/OASERVIC, and ASCA/OSCA.

I was born and raised in Cleveland, OH, although I currently live in southeastern Ohio. My husband is a technology education teacher in the middle school and a former coach for the Ohio University Zanesville Branch basketball team. We have two grown daughters, one who is a human resource manager in North Carolina and the other a lawyer in New York who specializes in family law. I enjoy dance, piano, tennis, history, gardening, swimming, hiking, traveling, reading, painting, writing poems, camping, and most outdoor activities.

We have a strong leadership team which is excited about serving you and eager to make a difference in the counseling profession. We want to meet your professional needs. Please do not hesitate to call, fax, or e-mail me or other on the council so that OCA can continue to become an association that will serve all counselors effectively in Ohio. Also, please contact me to volunteer for an OCA committee. I am asking for your support as I assume this leadership role, and I look forward to working with you.

Executive Excerpts

Joe Saunders, Ph.D., LPCC

Can it be that OCA is entering another year of life? It hardly seems possible that I am beginning my eighth year as executive director. Good years they have been!

I respond to many questions posed by members throughout the year.

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One to which I wish to respond through **Guidelines** might seem simple to many of you, but the phone calls I receive on this issue are numerous. The question often goes something like this: "I have been told by colleagues in my (geographic) area that I may not operate an independent (private) practice as a Licensed Professional Counselor (LPC)." In fairness, the "colleagues" are often not professional counselors, and are simply ignorant of the law in Ohio.

The answer is, unequivocally, an LPC may indeed own and operate an independent practice. Many LPCs specialize in career, marriage, and other types of counseling in their independent practices quite legally. What confuses is the term "independent" as used to describe the nature of provision of clinical services.

Ohio law provides that an LPC may not "independently" diagnose and treat mental and emotional disorders and conditions. In other words, if a client comes to the LPC with a clinical (DSM-IV diagnosable) problem, the LPC must be supervised in his/her provision of diagnosis or treatment services for that client by an LPCC, licensed psychologist, psychiatrist, or an LISW who is trained in clinical work (not all LISWs are clinically trained). The word "independent" has no application in this sense whereby an LPC might be forbidden from setting up his/her independent (private) practice, however.

So you are now the expert! An LPC may have a private practice, but in that private practice must be supervised when providing diagnosis and treatment of mental and emotional disorders and conditions.

Legislative Update

Cynthia Snyder, J.D.

Legislative activity at the Ohio Statehouse has ceased for the summer months. Legislators and legislative candidates remain active in their districts in anticipation of the November 7th general elections. This election cycle is particularly significant as it is the first in which the impact of legislative term limits is being directly felt. In the 99 member House of Representatives, 37 incumbents are precluded from seeking reelection, and their seats will be filled by someone new (at least to the House seat). The Ohio Senate is also impacted by term limits and several long time members will be forced out at the end of the legislative year in December. The number of new faces in the Ohio General Assembly next year provides an opportunity to develop new alliances, but also presents an educational challenge for those doing business with the state legislature.

OCA is currently following several measures pending in the General Assembly. One priority measure, **House Bill 53 (Olman, R-Maumee)**, would require that health insurance policies in Ohio provide parity of coverage for physical conditions, mental illness, and addiction treatment. OCA has joined forces with a wide variety of proponents to support and promote this legislation, however the measure appears dead for this year. It is anticipated that the proposal will be reintroduced next year and considered by the new General Assembly. Plans are currently underway regarding how best to pursue this important issue in 2001.

When mental health parity legislation is introduced next year, an additional legislative step will be

required for the bill to move forward. Legislators this year enacted **House Bill 221 (VanVyven, R-Sharonville)**, which requires an independent health care actuarial study for any legislation that would impose additional mandated insurance benefits on Ohio health insurance policies. This actuarial information is designed to provide legislators with unbiased, factual information about proposed insurance mandates, to assist them in weighing the pros and cons of each proposal. With regard to mental health and addiction treatment, previous actuarial studies of parity coverage have yielded little additional premium costs when provided in a managed care model. In addition, studies have indicated other health care costs are reduced when adequate coverage is provided for mental health and addiction treatment. Members of the General Assembly would not be bound by the results of any actuarial study undertaken on a particular legislative measure. However, the information would be available for their voluntary consideration.

Another measure that appears as though it may be approved by the full General Assembly prior to year's end is **Senate Bill 253 (Spada, R-Parma Heights)**. This bill would impose potential criminal liability, in addition to existing licensure disciplinary action, against a therapist who engages in sexual activity with a client. This bill was introduced in response to a series of articles in the *Cleveland Plain Dealer* that criticized the State Board of Psychology for its perceived lenient treatment of psychologists who have violated ethical standards, including engaging in sexual relations with current or former clients. The definition of "mental

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health professional[s]" to whom this potential criminal liability would apply is the definition included in **House Bill 71 (Vesper, R-New Richmond)**, the *Morgan* legislation enacted last year.

OCA has not opposed this legislation and has worked with the sponsor to refine some elements to make the measure more workable. Certain groups affected by the bill have attempted to broaden the application so that, for example, clergy are also included in the potential criminal liability. The sponsor has indicated that he is not amenable to this change. A proposed two year ban on sexual involvement with a previous patient, consistent with the ACA Code of Ethics, has also not been embraced by the sponsor. As currently drafted, the therapist/patient relationship could be terminated, and a sexual relationship be commenced immediately thereafter without the threat of criminal liability. This legislation has passed the Ohio Senate by a vote of 32 to 1, and is currently under consideration in the House Criminal Justice Committee.

Also under observation for late term activity is **Senate Bill 75 (Schafrath, R-Loudonville)**, which would require the Counselor and Social Worker Board to issue a separate license to marriage and family therapists. This bill has been around before, and has implications for other "specialty" licenses such as art therapy, recreational therapy, etc. As the bill is currently drafted, it appears that other Ohio licensees whose scope of practice includes activities that would fall within the scope of practice of a marriage and family therapist, could continue to provide those services without a separate, new license. This is not, however, clearly spelled out. If this bill

moves forward, issues such as this and other technical issues must be addressed. At present, the bill remains in the Senate Health Committee. To date, no groups have come forward to publicly oppose the measure although the psychiatrists and psychologists express opposition in private.

In the education community, attention remains focused on the joint legislative committee created to explore education funding solutions. The Ohio Supreme Court has given the legislature until July, 2001 to come up with a funding scheme that meets constitutional muster. The committee meets periodically and it is hoped by legislative leadership that an acceptable system can be developed before the end of the year. With so many current legislators leaving office at the end of December, there is a concern about leaving the issue unaddressed and placing the responsibility on new legislators who lack an understanding of the political and practical issues associated with the school funding debate. This joint committee is chaired by **Senator Bob Cupp (R-Lima)**, who is term limited at the end of the year, and **Representative Randy Gardner (R-Bowling Green)** who is also term limited, but who will likely be elected to an Ohio Senate seat in November.

ACA President Presented At Leadership Workshop

Recently OCA held its annual leadership conference in Columbus, OH. This workshop is an opportunity for new and seasoned members of the executive council to get acquainted, review past goals, set goals, and brainstorm new ideas and strategies that will positively affect OCA and the

profession. Our theme for this year is "A Proud Past, A Promising Future." As we open up the 21st century, we want to acknowledge our past achievements and work diligently together to make a promising future.

To assist us in strategizing for our future, ACA President Judy Lewis led us in a discussion about the roles and responsibilities of counselors, the profession, and its organizations. She stated that currently ACA is financially healthy and stable. This will enable the association, under her leadership, to focus on strategies for helping counseling to be at its best. She spoke of ways in which the association can assist its members and better promote the profession in meeting the needs of clientele and communities. Her presentation began with a video she recently developed to promote the counseling profession. Entitled "Celebrating the Human Spirit", this video provides an overview of the many roles and functions of counselors in their efforts to assist individuals, families, institutions, and communities. A shortened version of the video will soon be available to state branches.

Several key issues discussed were:

- Attracting and increasing members
- Helping the public to understand who we are and what we do
- Establishing a legislative plan that will assist in making our profession more effective
- Facilitating involvement of students
- Identifying, mentoring, and nurturing future leaders
- Supervision provided by LPCs and LPCCs
- CEUs for supervisors

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The video stimulated a lot of thinking about professional issues and ways to address them. Peer supervision, advertising, joint activities with Chi Sigma Iota, increasing communication, evidence based counseling, needs assessments, developing pamphlets, establishing national standards, social action projects, and linking our web site to other relevant and important sites were among the many ideas discussed. The council members were very active and involved in their recommendations. Each chapter, division, and committee will utilize some of these ideas and obtain input from their members to develop their year's plans. Specific action plans to address these issues will be formalized at our next meeting. Thanks to the council members for their active participation and for making the leadership conference a productive one.

Thank you from North Carolina Counselors

Alice Morgan

The North Carolina School Counselor Association at the American School Counselor Association Convention in Cherry Hill, NJ, recognized and presented a resolution of appreciation to OSCA for the flood relief funds. The basket of products raffled at the 1999 All Ohio Counselors Conference generated a check for \$300.00. The Michigan School Counselors also contributed funds and were recognized in the resolution. The monies went directly to school counselors in the North Carolina flood area to help them replace materials and rebuild their programs. OSCA would like to join NC counselors in thanking our colleagues for their generous support.

All Ohio Counselors Conference - Nov. 1-3, 2000

Make plans now to attend the annual All Ohio Counselors Conference November 1-3 at the Adam's Mark Hotel. The theme for this year's conference is "A Proud Past - A Promising Future."

Questions and Answers from CSWB

Submitted by the Professional
Development Committee

The State of Ohio Counselor and Social Worker Board amended eight rules with the amended rules going into effect on July 10, 2000. The following rules were amended:

4757-3-01 1) Defined graduate coursework as coursework in which the applicant received a grade of "B" or higher, 2) deletes reference to counselor assistant registration, and 3) further defines who may register as a "counselor trainee."

4757-9-04 1) Allows a licensee to earn up to ten clock hours of continuing professional education per renewal period via distance learning.

4757-9-05 Further defines course content requirements for counselor and social work continuing professional education. Establishes guidelines for approval of distance learning and requires that continuing professional education be offered in a manner that will allow access for persons who are physically challenged.

4757-9-06 Defines "Distance Learning", allows the board to approve home study and distance learning programs for continuing professional education.

4757-13-01 Clarifies the requirement that the on site internship supervisor must be a LPC or LPCC.

4757-13-03 Clarifies that a maximum of 1500 hours of supervised experience may be earned in a twelve month period.

4757-13-06 Allows individuals seeking licensure via endorsement from other states to be licensed with sixty quarter hours or forty semester hours of graduate coursework, if they were licensed in the other state prior to March 18, 1997.

4757-14-01 Requires that the social work licensure examination be taken within the two years immediately preceding the submission of the social work license application.

Any individual with questions regarding these changes should call the board office for clarification at (614) 466-0912.

Recommendations To Help Avoid Making Unethical Decisions About Marketing Practices

Tracy Leinbaugh
Ethics Chair

Case Study

Counselor M, a graduate of a CACREP-approved program in community counseling, is a licensed professional counselor. As part of her graduate training she co-lead a stress management group and used relaxation tapes. Counselor M becomes aware of an open bid for a contract with a military facility to provide stress management services on an individual and group basis. This contract specifies that the contractor must have advanced training and expertise in stress management. Counselor M takes

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out her old group notes, purchases a popular stress management guide at the local bookstore, and designs a six-session stress management group. On her bid Counselor M notes that she is an experienced counselor with coursework and training in stress management. Counselor M wins the bid and begins the groups, assuring the local commanding officer that great reductions in personnel stress will be seen within six months.

1. Do you think Counselor M is misrepresenting her qualifications? According to the American Counseling Association Code of Ethics and Standards of Practice (American Counseling Association, 1995), Counselor is violating ethical principles C.2.a. Professional Competence, Boundaries of Competence and C.2.c. Professional Competence, Qualified for Employment. These principles state that counselors practice only within the boundaries of their competence and that they accept employment for positions for which they are qualified by education, training, supervision, and appropriate professional experience. Although Counselor M has had training and some experience in co-leading a stress management group, it does not appear that any of her professional experience has involved the provision of stress management services on an individual or group basis under the supervision of an experienced counselor. She has misled the military facility by stating that she has expertise in the area and then assuring them that great reductions in stress will be seen in a short time.

Two recommendations can be made to help you as a counselor avoid making the same mistakes that Counselor M did:

1. Make a commitment to a program of continuing education specified by the ethical principle C.2.f. Boundaries of Competence, Continuing Education.
2. Establish some form of peer supervision to promote accountability as specified by the ethical principle C.2.d Boundaries of Competence. Monitor Effectiveness.

References

American Counseling Association (1995, June). American Counseling Association code of ethics and standards of practice. Counseling Today, 33-40.

Membership Certificates

You are active in the state's largest and most respected professional counseling association . . . you support the high professional standards set by the Ohio Counseling Association . . . and now you can display your professional pride to your clients and peers with this professional certificate embossed with a gold foil OCA logo! **Order your certificate today!**

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Chapter and Division News

Miami Valley Counseling Association

The MVCA executive council held their planning meeting for the new year on July 29, 2000. Holly Welther, the in-coming co-president, presided. Council members were assigned to various sub-committees with a primary focus on the program committee to achieve more balance and efficiency. The council decided to have three workshops for the coming year. They are planning one for the fall, winter, and spring. Topics and presenters were discussed. However, arrangements have not been finalized due to the timing. The information on the date, location, topic, and presenter will be published on the MVCA website as soon as arrangements are finalized. The council anticipates sending out brochures and having the information available on the website in early September. The MVCA website address is: <http://www.ohiocounselingassoc.com/MVCA.htm>.

Legislative changes for this year were also discussed since this is a pivotal time with so many Ohio General Assembly seats open due to term limits. More information regarding this issue will be available in the MVCA newsletter which will be published in September.

Amy L. Eiler, Co-President

Ohio Career Development Association

OCDA had a leadership retreat for the executive committee and invited members who have expressed an interest in OCDA leadership on August 22. The agenda included goal-setting for the coming year and time for networking. More

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information will be supplied in the next newsletter. Any member who did not attend the retreat but would like to take a more active role in OCDA leadership may contact Beth Britton, president, at 330-762-4566 or email BTBritt@aol.com.

--Beth Britton

Ohio School Counselor Association

The Ohio School Counselor Association stands at the threshold of an exciting and challenging year. Our theme "Proud Past, Bright Future!" honors all those counselors who have built our profession and the OSCA organization. It is now up to the current leadership to lay the foundations for the "Bright Future!" The problems and concerns are many and varied. As the new president, I would like to share with you my vision and goals for the coming year.

First, we will be working to make the public aware that school counselors are highly trained and represent a specialized profession within the education community. School counselors are prepared to remove the emotional and social behaviors that interfere with student learning. Working as the advocate of the student, school counselors facilitate the communication between parents and teachers in developing strategies to enhance the student's ability to participate and learn in the classroom. We will continue to educate parents, administrators, and legislators of the unique and vital role school counselors play in the student's education environment.

Second, school counselors plan to become proactive, rather than reactive in seeking the legislative support and funding to meet the needs of our clients, Ohio students. We will be ready to formulate and

articulate the needs and concerns of students and of our profession. If as a profession we don't develop goals and objectives, then others will make decisions for us. The high turnover in the Ohio Legislature, due to term limit legislation, makes this a critical time for us to identify ourselves and educate our representatives. We are asking our members to join the voices of their colleagues in contacting boards of education, community leaders, administration, parents, and legislators--everyone who shares our desire to lift our students and our schools to their highest learning potential. At the All Ohio Counselors Conference this fall, I hope you will attend the OSCA and OCA Government Relations Workshop and learn how to be an effective advocate for counselors.

Third, OSCA will strive to provide more opportunities for member participation and an increase in member services. Opportunities and programs are being developed to identify new ideas and emerging leaders. OSCA district representatives have been asked to hold several meetings during the year for professional development and sharing of information with other school counselors. The OSCA executive board is extending an invitation and a challenge to every school counselor to give the profession their time and talents. In turn OSCA will become a voice of integrity and strength for school counselors in Ohio.

It is my hope that the Ohio School Counselor Association will be recognized as a resource of information and a voice of power in promoting quality education in Ohio. OSCA and its membership are working to insure a "Bright Future" for our students and our profession. I look forward to

attending the OSCA district meetings and joining all counselors at the All Ohio Counselors Conference November 1-3.

--Alice M. Morgan

Ohio Association for Multicultural Counseling and Development

Executive board members of OAMCD for 2000-2001 are:

President - Hande Sensoy (330) 672-2662 hasensoy@hotmail.com

Past President - Dale Minor (740) 594-2050 minor@frognet.net

Membership - Suzanne Hawthorne-Williams (330) 268-6737

Archives - Irma Phillips-Carmichael (614) 258-4093 icarmich@quixnet.net

Newsletter - Wanda Harewood-Jones (614) 466-4590

The goals of OAMCD are:

1. To fill vacant positions including the president-elect, secretary, treasurer, and committee chairs
2. To provide educational services to members through workshops on multicultural counseling related topics.
3. To develop and implement strategies to increase membership
4. To recruit and train potential leaders
5. To develop and implement plans to enhance the division's financial situation
6. To update our membership through periodical newsletters about the organization's activities

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The goals are subject to approval of the executive board of OAMCD at its August meeting.

--Hande Sensoy

Obituary

Belatedly, OCA has learned of the passing of Life Member Dr. Harley Flack on March 29, 1998. Dr. Flack was president of Wright State University at the time of his decease. His wife, Mignon, survives in Columbia, MD.

Guidelines Advertising Rates

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Next deadline: Nov. 10, 2000

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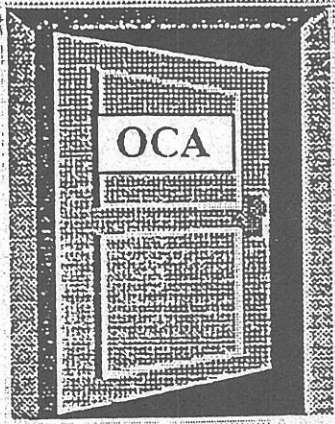
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COME IN AND JOIN US!

It's time to consider becoming a member of OCA. You will be joining your fellow professionals to be **BETTER INFORMED** through our newsletter of the many changes facing us as counselors in the State of Ohio. Through our website and OCAN you will be **BETTER CONNECTED** to other counselors who are facing many of the same challenges you are facing. Our lobbyist is working for you in Columbus to speak to our legislators about important legislation effecting our interests and right to practice. Membership in OCA also provides you awareness of the many educational opportunities that allow you to be **BETTER PREPARED**. Join us and support your fellow counselors to keep the counseling profession vital and strong in the State of Ohio.

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An Executive Director
Opportunity to Purchase Liability Insurance
Discounts for Members

MEMBERSHIP DISCOUNTS:

By showing your membership card, OCA members are entitled to receive a discount at:

- Adam's Mark Hotel - Columbus location
- Waldenbooks - 20% off any professional purchase
- Hertz car rental - use our CDP # 177946 (Additional bonus coupons will be provided with new and renewed memberships or by contacting Joe Saunders.)
- AAA clubs will waive enrollment fees for **new members** by calling the following contact people:

Akron	Gerry Bartlebaugh	330-762-0631
Cleveland	Diana Robinson	216-606-6453
Cincinnati	Bill Cummings	513-762-3100
Miami Valley	Christy Schelton	937-224-2857
Northwest (Toledo)	Shannon Shock	419-843-1200
Worthington (Columbus)	Virginia Cummins	614-431-7800

AAA members can enjoy the many discounts through their membership.

For more information about OCA, check our web site: www.ohiocounselingassoc.com

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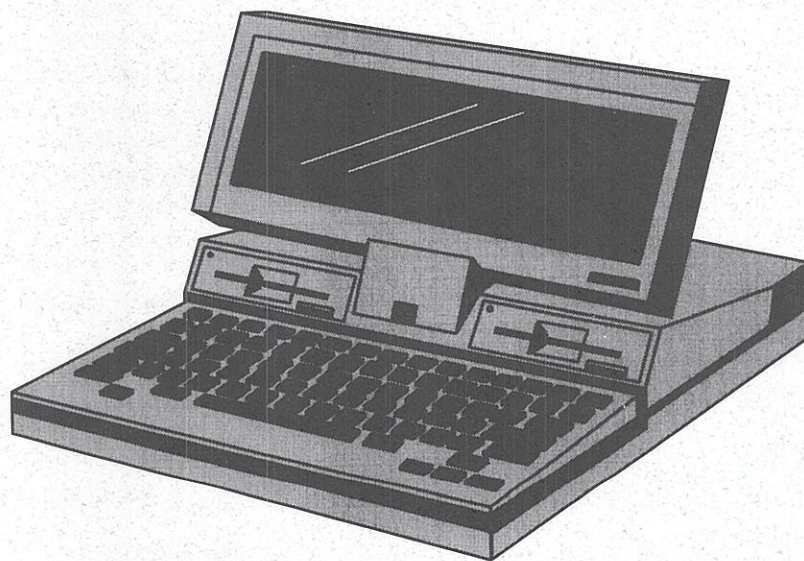
Increasingly, OCA members are communicating
by e-mail. We would like to have your address.

Please send a brief note to

joesaun@hotmail.com

so we can begin compiling an e-mail directory.

THANKS!!!



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2000-2001**

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- Ohio-Specific Information
- Up-to-the-Minute Handouts
- Detailed Review of Research and Stats
- The Precise Study Plan that has produced our 93% pass rate

WORKSHOP SCHEDULE

Registration: 7:30-8 a.m.

Workshop: 8 a.m. - 11:30, 12:30 - 6 p.m.

(Breaks and Refreshments Included)

COST

- \$286.50 "Early Bird" Pre-Paid Registration*
- \$316.50 At the Door Payment/Registration**
- Purchase Orders - Add \$20.00

*Includes All Materials and a Workshop
**At the Door registration as seating permits

STUDY PLAN INCLUDES

1. Diagnostic Pretest
 2. Study Manual
 3. Six Audio Tapes
 4. Test-Taking Tips and Strategies
 5. The Review Course Workshop
 6. Computer-Based Testing Program
- Almost 1100 questions on a PC disk

TO REGISTER

- ♦ **DOWNLOAD** registration forms and more information from: www.ipganow.com
- ♦ **FAX** registration form to **915-676-4742**
- ♦ **MAIL** registration form with payment
IPGA • 674 East Highway 80 • Suite 301
Abilene, TX 79601
- ♦ **CALL 1-877-474-2669**
with credit card information

SEMINAR LOCATIONS & DATES

COLUMBUS

Saturday, November 11

Saturday, February 3

Signature Inn - Columbus
6767 Schrock Hill Court
1-270 & Cleveland Avenue, Exit #27
614-890-8111

Sleep Rooms Rate is @ \$60.00 plus taxes

CLEVELAND

Friday, November 10

Friday, February 2

Radisson Hotel - Cleveland Southwest
7230 Engle Road • Middleburg Heights
440-243-4040

Sleep Rooms Rate is \$99.00 plus taxes

TOLEDO

Thursday, November 9

Thursday, February 1

Holiday Inn Express - Conference Center
Perrysburg, OH • 10621 Fremont Pkce • Exit 193 on I-75
419-874-3101

Sleep Rooms Rate is @ \$76.00 plus taxes

MOTEL RESERVATIONS MUST BE MADE 3 WEEKS IN ADVANCE TO RECEIVE DISCOUNTED RATES.

NOTE: Upon introduction of our PC-based CD-Rom (about Oct. 1), the diskette will no longer be available. Additionally, the prices will be \$341.50 for the "Early Bird" and \$371.50 for At-the-Door Payment/Registration.

visit www.ipganow.com
for more information



OCA

P.O. Box 603

Tiffin, OH 44883

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