



# GUIDELINES

*A Publication of The Ohio Counseling Association*

Spring, 2002

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## From the President's Desk

Carol R. Pohly, M.Ed., LPCC

Here we are in mid-winter! It seems hard to believe that the holidays are already behind us and spring is not too far off in the future. I hope your holiday season was a good one and that this newsletter finds you well.

The OCA Executive Board has been busy. At our January meeting, Tim Luckhaupt, our conference coordinator, gave us his report on

the AOCC. Evaluations indicated that it was very successful. The attendance was the highest it has been in 18 years with 1,047 people participating, not including speakers and booth personnel. Richard Hazler, our president elect, is already working with Katherine Ziff, OSCA president elect, on initial plans for next year's conference. We have a three-year contract with the Easton Hilton Hotel, so next year we will again be able to enjoy our new conference setting. The Easton Hilton is planning to add another building to its campus for more sleeping room availability which may even be completed in time for our conference next November.

As I mentioned in the winter issue of the *Guidelines*, OCA will be sponsoring a workshop this spring presented by Amy Eiler, M.S., LPCC, and Linda King-Edrington on Critical Incident Stress Management Training. When the events of September 11 occurred, many counselors asked what they could do to help either in their own work setting or as a volunteer in other settings. This two-day workshop will teach the crisis intervention and emergency mental health skills necessary to work with clients, students, and others in crisis

situations. This is the same training that is required by a number of organizations, such as police and firefighters, who respond to emergency situations. At the completion of this basic training program, participants will receive a certificate from the International Critical Incident Stress Management Foundation (ICISF). CEUs from the Ohio Counselor and Social Worker Board will also be available. In addition, completion of the basic training will make participants eligible to do further training in the future in any of the following areas: CISM Individual Crisis Intervention and Peer Support, CISM Application with Children, School Crisis Response: A CISM Perspective, CISM Advanced Group Crisis Intervention, and Domestic Terrorism and Weapons of Mass Destruction: A CISM Perspective.

As a special benefit to OCA members, the fee for this workshop, which is \$125.00 for both days, has been discounted from the normal fee charged at ICISF conferences. The exact date of the workshop has not yet been finalized, but complete information will be forthcoming in the workshop brochure.

### Contents

From the President's Desk  
p. 1

Legislative Update  
p. 2

Government Relations  
p. 3

Election of OCA Officers  
p. 4

Ballot  
p. 4

Questions & Answers from CSWB  
p. 6

Dual Relationships & the  
Counselor in Training  
p. 6

You are an Expert! Use the Internet  
to Tell the World  
p. 7

Chapter and Division News  
p. 8

Awards Nomination  
p. 11

#### From the President's Desk cont.

Whether you work in a school, private practice, or mental health agency, expertise in dealing with individuals in any type of crisis or grief situation is important for counselors to have. The violence in schools and in our country at large in the past several years has brought this even more clearly to light. Therefore, I hope you will consider attending this training as part of your professional growth.

Also, as mentioned in the winter issue of the **Guidelines**, OCA will be co-sponsoring a workshop on supervision with the Ohio

Association for Counselor Education and Supervision (OACES) on April 26, 2002, and a workshop on e-therapy with the Ohio Counselor and Social Worker Board and the Ohio branch of the National Association of Social Workers (NASW) on May 17, 2002. Both of these workshops should prove to be interesting and informative. A special feature of the e-therapy workshop is that it allows participants to be in on the groundwork thinking in regard to what ethical guidelines for e-therapy should be. It also represents OCA's first collaboration with the Counselor and Social Worker Board in the offering of workshops for counselors. I want to express my gratitude to the Counselor and Social Worker Board for valuing our organization and initiating efforts to work cooperatively toward the betterment of the counseling profession.

Other progress being made by the OCA Executive Board includes the development of a long-term strategic plan that can serve as a basis for goal-setting from year to year. Richard Hazler, who served on ACA's strategic planning committee, is spearheading this effort. Several years ago, the OCA board developed six goals which we have used as a foundation for each year's strategic planning. Richard is helping us to further develop this plan so that it is clearer and more specific and so that it includes objectives which span beyond the current year, thus allowing us to work on larger efforts and to have greater continuity from year to year. Thank you, Richard, for your expertise and hard work in this area.

Another accomplishment has been headed up by Felicia Townsend,

## Guidelines

OCA Awards Chair. Her committee has revised the descriptions of our already established awards so that they more accurately reflect the character of the individuals after whom the awards are named. They have also added two new awards: the Research & Writing Award and the Public Policy & Legislation Award. The board voted to accept the committee's recommendations at our last meeting. Thanks, Felicia, for your good work. The nomination form for awards can be found in this issue of the **Guidelines**. Please consider nominating your colleagues for any of these OCA awards.

Many other projects are being worked on by OCA board members and OCA division and chapter members, including a number of workshops being offered by divisions and chapters. As always, our Government Relations Consultant, Cynthia Snyder, is continuing to lobby for our legislative needs and our Executive Director, Joe Saunders, is continuing to respond to the questions and concerns of OCA members. It is exciting to be part of such an active organization and to work with such skilled leaders.

We continue to value your input on how OCA can better serve your needs. Please feel free to contact me or other board members if you have comments or concerns.

Have a good winter and spring!

### Legislative Update

Cynthia Snyder, J.D.

#### House Bill 33

House Bill 33 (Olman, R-Maumee) would require that non-ERISA insurance plans provide parity of coverage for mental illness and addiction treatment. This bill is

supported by OCA. Its chances of being approved in its current form appear to be slight.

#### House Bill 374

This legislation would require the Ohio Counselor and Social Worker Board to license and regulate Marriage and Family Therapists (MFTs). They are currently not able to be licensed in Ohio because their degrees are not "counseling" degrees. The bill would expressly allow licensed professional clinical counselors and professional counselors to engage in the practice of marriage and family therapy and claim to the public to be engaging in MFT without obtaining an MFT license.

A 300 hour practicum would be required. Licensure as an *independent* MFT would require two years of work experience in MFT including 1000 hours of documented client contact. Two hundred of such hours would be required to be supervised by a supervisor. An independent MFT would be able to independently diagnose and treat mental and emotional disorders while an MFT could do so only under supervision.

The bill was strongly opposed by psychiatrists and psychologists in February 5th hearings. OCA concerns are related to whether supervised practice in diagnosing and treating is equivalent to that required of licensed counselors

#### CCDCs

No legislation has yet been introduced to establish a board to license and regulate CCDCs. This function currently rests with the Ohio Department of Alcohol and Drug Addiction Services (ODADAS).

#### Gambling Counselors

Late last year, ODADAS issued a press release announcing the fact that the Ohio Lottery Commission has given a \$30,000 grant to an entity called the Ohio Council on Problem Gambling for use in training "gambling counselors". Calls have been made to ODADAS seeking information about who is providing the training and to whom the training is given. Further information is being awaited. The Counselor and Social Worker Board has also expressed concerns regarding these "gambling counselors" and has requested additional information from ODADAS.

#### **Government Relations**

Jean Underfer-Babalís, M.Ed.,  
LPCC

#### Building Rapport with State Legislators

As counselors, this should be simple. Rapport needs to be built from the roots up. Each counselor needs to take responsibility for building rapport with his/her local state representatives in Columbus. This task is not delegated to a select few, but to us all.

"How?" might you ask. It really is simpler than you might think. Invite a local state representative to speak at one of your chapter/division events; even ask the legislator to speak for as little as fifteen minutes. Ask the state official to speak as a way of introduction to a meeting. Be flexible about the topic of the talk, suggest general issues like education or mental health, or even how counselors can work more effectively with their legislators.

Remember the objective is building rapport. With that in mind, just make the effort to get your

## Guidelines

legislators at your function so that you can make them aware that counselors are concerned politically. This is also an opportunity to educate legislators about the variety of functions and positions that counselors hold in our communities.

Recognize a legislator that has done something noteworthy for the counseling profession or on issues that are important to our field. Recognize what they have done by presenting the legislator with an award.

Attend "town meetings" and other forums sponsored by your legislators. Introduce yourself and let him/her know you are a counselor and a member of OCA. Volunteer to work in the political campaigns if there is a candidate that you support and wear your OCA T-shirt.

It matters not how big or little the contact is. What matters is the contact. I challenge each chapter and division to initiate contact with two legislators in your areas by next year this time. Let me know how you do and if I can be of any assistance whatsoever. So, one, two, three, "build rapport"!

**ACA World  
Conference  
New  
Orleans, LA  
March 23-  
27, 2002**



### Ballot

Please mark your choice for President Elect of OCA, cut this ballot off, and mail to:

OCA  
P.O. Box 603  
Tiffin, OH 44883

Write "Ballot" on your envelope.

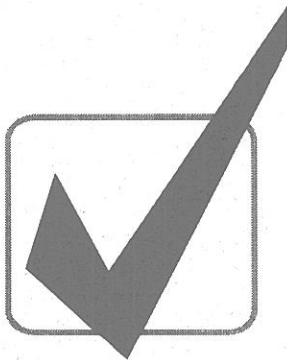
#### PRESIDENT ELECT

- Charles "Chip" Campbell
- Jean Underfer-Babalis

#### TREASURER

- David Di Lullo

**\*Your vote must be postmarked not later than April 1, 2002.\***



### Election of OCA Officers

The following slate of officers for 2002-03 is presented to the members of OCA by the Nominating Committee:

President Elect  
Charles "Chip" Campbell  
Jean Underfer-Babalis

Treasurer  
David Di Lullo (unopposed)



**Charles "Chip" Campbell, M.Ed., LPCC**, is a therapist of over twenty-five years experience. He is a Licensed Professional Clinical Counselor with Supervising Counselor Designation and a Certified Marriage and Family Therapist. He is the Director of Counseling at Owens Community College in Toledo, Ohio, where he also holds the rank of instructor in the Division of Arts and Sciences. He maintains a private practice at InnerView Behavioral Care in Perrysburg, Ohio. He is also a member of the faculty at Bowling Green State University School of Family and Consumer Sciences, where he teaches undergraduate courses in family studies, and previously supervised interns and taught graduate courses in marriage and family counseling.

### Guidelines

His professional experiences include work as a school psychologist in public and private schools, agency consultation on mental health and substance abuse, community mental health counseling and supervision, agency clinical director, private practice in individual, marriage, and family therapy, hospital mental health supervision and management, and workshop/training presenter. He has also co-authored a book, with Mark Odell, Ph.D., entitled "The Practical Practice of Marriage and Family Therapy: Things My Training Supervisor Never Told Me" published by the Haworth Press in 1998.

He is a member of the American Counseling Association, The Ohio Counseling Association, the American Mental Health Counselors Association, and is president of the Ohio Mental Health Counselors Association for 2001-02.

He is married to Lynn, a lecturer at Bowling Green State University, and is the father of three sons, Noah, age 22, Kurt, age 19, and Scott, age 8. They reside in Whitehouse, a small town outside of Toledo.

#### Goals Statement

I believe the overall goal of OCA is to promote the profession of counseling for the benefit of two groups. First and foremost, the public and its right to expect competent, quality services delivered in a compassionate and respectful manner; secondly, counselors in all types of settings who need to be passionate about and dedicated to their profession. They also deserve the respect and recognition from the public as mental health care providers who provide an immensely important service to individuals and families



in our challenging and sometimes very difficult world. I believe my specific goals, if I were elected, would focus on supporting the counselors of Ohio. I would seek to accomplish this through the sponsoring and monitoring quality professional development and support programming, increased public education about who we are and what we do, and a continuation of advocacy activities with legislative bodies to gain the respect and reimbursement that counselors so rightly deserve.



**Jean Underfer-Babalis, M.Ed., LPCC - Service** (to the community, clients, and fellow counselors), professionalism, and legislative advocacy are the rudimentary foundation of Jean Underfer-Babalis' professional career. Jean has served as NWOCA President (current), OASGW President, OACES Secretary (current), AASGW State Branch co-chairperson, and numerous committee chairs in these and other professional organizations. Her service to the community has consisted of working with the homeless, drug addicts, alcoholics, single parents, parents of ADHD children, prison inmates and their families, and a variety of service positions within her church community.

Jean has been a professional clinical counselor for the past thirteen years, twelve in a hospital setting. She is currently Assistant Clinical Director of the Northwest Ohio Eating Disorder Program, has a thriving private practice, and is adjunct instructor at Heidelberg College. Previously, she was adjunct at Bowling Green State University. Jean has also worked with area schools on programs to enhance the functioning of students and their families.

Jean has presented workshops and conferences on topics such as: eating disorders, depression, supervision, group work, self-esteem, substance abuse, addiction, weight related issues, family functioning, attention deficient disorder, sexual assault, and advocacy.

The last few years she has actively worked on legislative issues at the state and federal levels for such matters as: funding for additional school counselors across the nation, mental health parity, equal treatment for mental illness and addictions, rules and regulation surrounding chemical dependency counselors, Medicare modification concerns, Medicaid concerns, and other related issues. Jean has made a concerted effort to make legislators aware of mental health issues and concerns facing the counseling profession in Ohio. Currently, Jean is government relationship chairperson for OCA, is actively involved with ACA's public policy committee, and has received training from ACA on these matters.

#### Goals Statement

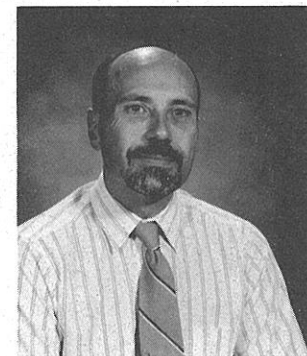
OCA is a leader in the counseling profession nationally. Her goals would include continuing to propel the counseling field and Ohio into

## Guidelines

higher levels of functioning and notability:

1. To serve members of OCA and the needs they present; focus on strengthening members.
2. To expand Ohio's leadership roles within the state, nationally, and with communities, thus strengthen our profession. Highlighting notable activities of counselors will also be a priority.
3. To advocate for counselors' concerns within the political system. Current concerns are: the transition of the alternative path to licensure of school counselors, portability of licensing throughout the United States, mental health parity and prevention efforts. Other concerns that arise will be addressed according to the needs of Ohio school counselors, counselor educators, and professional counselors.

"Serving my fellow counselors is a privilege and a dignified honor. I am honored that my peers thought me worthy of such a task. Regardless of the outcome, I will consider this moment a precious jewel. Thank you for your confidence in me."



**David Di Lullo** is the incumbent treasurer. He is running unopposed. David has served well as treasurer since July, 1997. In the

absence of other nominations for the office of treasurer, the Executive Council, sensing the need for continuity in this critical office, voted to place his name on the slate. He will serve for a two year term beginning July 1, 2002, if elected.

Ballots must be received at OCA headquarters by April 1. Candidates with the highest number of votes will assume office on July 1, 2002. Your ballot is important to OCA. PLEASE VOTE!

### Questions and Answers from CSWB

Submitted by the Professional  
Development Committee

In August, 2001, there were changes made to the Code of Ethical Practice and Professional Conduct (OAC 4757-01). In order to further safeguard the public and to improve professionalism in the practice of counseling and social work, changes were made in the following areas:

- Competency was more clearly defined that licensees shall maintain appropriate standards of care based on their individual professional license. Standard of care was defined as what an ordinary, reasonable professional with similar training would have done in a similar circumstance.
- Informed Consent was also more clearly defined. Licensees shall use clear and understandable language to inform clients of the purposes of services, limits to the services due to legal requirements, relevant costs, reasonable alternatives, clients' rights to refuse or withdraw consent, and the time covered by the consent. Licensees also

must take appropriate steps to ensure client comprehension of the consent document including verbal explanation, and arranging for the interpreter or translator as needed. If a client because of age or mental incompetence is not competent to provide informed consent, the licensee will obtain consent from the parent, guardian, or court appointed representative. In situations where clients are receiving services involuntarily (i.e. court appointed), licensees shall provide information about the nature and extent of services.

- Confidentiality. Licensees who provide counseling services to families, couples, or groups shall seek agreement among the parties concerning each individual's rights and limits to confidentiality and obligations to preserve the confidentiality of information shared by the others.
- Termination. Prohibiting licensees from referring an agency client where the licensee is employed to the licensee's private practice or next place of employment.
- Sexual Harassment. Prohibition of sexually harassing clients, clients' families, supervisees, students, or colleagues.
- Conduct with Clients. Prohibition of physically or verbally abusing or threatening a client or client family member; requirement to use accurate and respectful language to and about clients. An important change is that licensees must be aware that any physical touching between the licensee and the client is subject to review by the OCSWB for appropriate professional boundaries. The

## Guidelines

licensee will have the burden of proof to explain why the physical touching was professionally necessary.

- Multiple Relationships. Clarity in couples or family counseling as who is the client. Licensees should make their role clear to all members involved to minimize conflicts.

All licensees should review these changes in their entirety. The law and rules are available at the OCSWB web site [www.state.oh.us/csw](http://www.state.oh.us/csw). After reviewing the law and rules, should a licensee have a specific question, they should direct that question to the Investigation Unit.

### Dual Relationships and the Counselor-in-Training

Tracy Leinbaugh, Ph.D, LPCC

The subject of dual relationships is frequently an area of controversy for mental health professionals. Most of us have read the occasional news article about the mental health practitioner who has allegedly engaged in sexual relations with one or more clients. These stories can become quite sensationalized, contributing to the passage of statutes designed to more clearly delineate the boundaries between the clinician and the client and to determine the punishment for the violation of those boundaries.

The American Counseling Association Code of Ethics addresses this particular type of dual relationship in Standards A.5.a, A.6.a, and A.7. Counselors are to avoid dual relationships with clients that could impair professional judgment or cause harm to the client. In addition, the Code of Ethics addresses other dual relationships such as superior/subordinate,

employer/employee, teacher/student, relatives, and peers.

The area of peer relationships can be easily misunderstood, particularly by counselors-in-training, who may believe that the possibility of supervising or being supervised by another participant in their training program prevents close personal relationship with other students. This is, however, not the intent of Standard F.2.e. which states:

“When students or supervisees are assigned to lead counseling groups or provide clinical supervision for their peers, counselors take steps to ensure that student and supervisees placed in these roles do not have personal or adverse relationships with peers and that they understand they have the same ethical obligations as counselor educators, trainers, and supervisors. Counselors make every effort to ensure that the rights of peers are not compromised when students or supervisees are assigned to lead counseling groups or provide clinical supervision.”

Actions can be taken to prevent violating the ethical code by informing those who oversee training and supervision if those involved are roommates or close friends or have a personal relationship that may interfere with their counseling duties. In these situations, students and supervisees can be assigned to groups or other supervisors to ensure that there are no ethical violations.

It is important for counseling students to form a network of close bonds with others in the field as a form of self-care. A system of supports for the counselor includes regular attention to personal relationships with peers who can truly empathize with the emotions

arising from the unique stresses of our profession. Part of counselor training is learning to manage relationships in a manner that nurtures everyone and harms no one. Counselors-in-training do not need to distance themselves from each other to remain faithful to our profession's ethical code. Their programs provide them with the opportunity to begin to learn how to support others and how to be supported in turn while maintaining high ethical standards.

### **You are an Expert! Use the Internet to Tell the World!**

Tim Warneka, M.Ed., LPCC

I never considered myself an expert.

I work as a clinical counselor in a community mental health center, working with “at-risk” kids, a vague phrase that describes a group of kids that society has, by and large, turned their backs on. Definitely not a high-status job. I never thought that people would turn to me for answers.

Then came September 11th, 2001.

For many people, the world changed overnight. People began looking for answers - both for themselves and their children. On September 11th, I was at home with my wife and children (my agency closed early) when I got a phone call. It was Bob, an acquaintance from church. “Tim, you work with kids,” Bob said anxiously, “what am I supposed to tell my kids about this?” Over the next day, I was asked a variation of that same question by a number of different people.

Like so many other people, I wanted to do something to help out. Commitments on the home front

## **Guidelines**

prevented me from driving to “ground zero” in New York City to help out, so I began to think of other options. I recalled Bob's question, echoed by so many other parents. So I sat down and composed a tip sheet for parents. I entitled it “A Guide for Parents: Ten Tips for Talking with Children About Terrorism”. I passed it out at work, and I e-mailed it to a number of people in my address book. I was hoping that it would be read by a few people, and possibly be helpful to some.

I *completely* underestimated the power of the Internet to pass along information.

People were finding the tip-sheet very helpful, and passing it along to their friends - who passed it along to their friends. And so on. E-mails began pouring in, with people telling me how helpful the tip sheet was, and requesting reprint permission. I received positive feedback from people around the country and around the world. Some examples of where the tip sheet went:

- It was linked to the main page of the State of Ohio web site by The Ohio Commission on Dispute Resolution and Conflict Management.
- The Center for Pediatric Emergency Medicine in New York City linked it in their on-line newsletter, “The CPED Bear Facts”.
- It was reprinted and reposted by a number of newsletters, e-zines (on-line magazines), and web sites.
- I was interviewed by two local radio stations.
- It was reprinted in the North Carolina NAMI (National Alliance for the Mentally Ill) branch newsletter.
- I even heard from the family of a young couple who, along



with their five year old son, watched the plane that crashed into the Pentagon. They found the tip sheet very helpful and even had it reprinted in their church bulletin.

I was surprised and humbled by the response to my tip sheet. When I first began writing it, I wrestled with a huge concern. I did not want to be seen as someone who was taking advantage of a tragedy for personal gain. (We've seen enough of that since then. Does the world really need another *commemorative plate* of the tragedy, available for three easy monthly installments of only \$19.95? I think not). Happily, I have not heard any negative comments. Everyone appears to have taken the tip sheet in the same spirit for which I intended it.

In all, I learned a number of lessons from this experience:

Each of us have expertise.

I learned that I am an expert in children and adolescents. I don't have all the answers, but I know a great deal. What seemed somewhat basic and fundamental to me turned out to be tremendously helpful to many people. Mental health is a very broad field. No single person can be knowledgeable about the entire field. You, too, as a counselor, are most likely an expert in some area of mental health. And the world is looking for your knowledge!

The Internet is a valuable tool for sharing information.

Initially, I just passed the tip sheet along by e-mail, not thinking that people would want to refer back to it or to republish it. The response was so overwhelming that since then, I have published the tip sheet on my web site. You can read it at: <http://www.clevelandtherapists.com>

[/warneka2tipsheet.html](#). And people continue to read it. I am writing this in January, and just last week, I received two e-mails asking for permission to reprint the tip sheet. Because the Internet is always on, always there - information that you place on the Internet has a much better chance of being read than publication in a book, or even a journal. And people around the corner or around the world can read your information on the Internet, opening up unlimited possibilities for speaking, training, consulting, or client referrals for you.

Sharing information on the Internet is not that difficult.

There is a vast amount of information available on the Internet, which I find overwhelming sometimes. However, in many ways, writing for the Internet is much easier writing than other traditional ways of writing. One of the biggest draws for me is that "effective" and "short" often go hand in hand. These days, so many of us have little time for reading lengthy passages of information while we are on-line. The Internet is the ideal medium for short, concise bits of information. So something like my tip sheet (remember - only 10 tips!) seemed to strike a chord, both in size and in content.

Last summer, I launched a web site which I call *Cleveland Therapists* with two intentions: (1) helping the general public find information about therapists in the Greater Cleveland area; and (2) providing a forum for the Cleveland therapeutic community to support each other. On my web site, there is a place for therapists to post articles. If you are interested in posting an article on my web site, why not visit [www.clevelandtherapists.com](http://www.clevelandtherapists.com) today? If there is enough interest

## Guidelines

from counselors across Ohio, I would gladly launch a statewide version of the Cleveland Therapists' web site. So write something for the Internet - and share your expertise with the world!

*Tim Warneka, M.Ed., LPCC is an experienced counselor and president of Cleveland Therapists, LTD. and Psyche and Soma Consulting, Ltd. which provides trainings and consultations. If your organization is interested in having Tim present a workshop or training, contact Tim at [Tim@clevelandtherapists.com](mailto:Tim@clevelandtherapists.com).*

### Chapter and Division News

Miami Valley Counseling Association

The Miami Valley Counseling Association is having a very productive year. On October 19, Cary Hatton and Patricia Polanski presented a workshop in supervision. Michael Williams spoke on "Reactive Attachment Disorder: A Foundational Psychopathy", February 1, 2002. A spring workshop is being planned for May 17.

The organization continues to work on their yearly goals with special emphasis on increasing membership. OCA members interested in membership should contact Mary Ann Jones at Wright State University.

--Phyllis Henderson

Ohio Association for Spiritual, Ethical, and Religious Values in Counseling

The officers of OASERVIC tend to be an energetic group. They've been busy preparing a retreat for counselor self-nurturance, "Yoga with a Twist", which was held at the Center for Wholeness in

Worthington, OH, on February 9, 2002. Angela Nicolosi, Cher Igelman, Nicole Hill, and Tracy Leinbaugh were the presenters.

In addition to the retreat, OASERVIC officers have been working on various projects: Membership Chair Denise Pickering is putting together a new database to facilitate growth and communication with members. Cher Igelman will be representing OASERVIC at the ACA conference in March. Angela Nicolosi spent five days last December in New York City with her practice, Sawmill Family Counseling Services. The staff worked with Union Theological Seminary to run workshops, groups, and individual sessions for counselors, clergy, and educators who had been serving as caregivers past September 11th.

A reminder: to be listed on the web-site ([www.csuohio.edu/oaservic](http://www.csuohio.edu/oaservic)), members should contact Elliott Ingersoll, at [r.ingersoll@csuohio.edu](mailto:r.ingersoll@csuohio.edu) or go to the web site and post from there. If you do not have e-mail but want to be listed, send that information to Angela Nicolosi, LPCC, c/o Sawmill Family Counseling Services, 2690 Billingsley Road, Columbus, OH 43235.

--Angela Nicolosi

#### Northwest Ohio Counseling Association

Fall, 2001, brought counselors and guests from all over northwest Ohio to NWOCA's fall event: "The Role of Counselors: Violence in the Family". The Honorable Judge James A. Ray, Lucas County Juvenile Justice, shared how the legal system and the counseling profession have grown together from a contentious past, to a better understanding and working reliance

in the present, and speculation about the forged alliance in the future.

Winter, 2002, found NWOCA meeting with state legislators at NWOCA's breakfast meeting on February 25, 2002, for: "The Role of the Counselor in Legislation". The goal of this venture was to form a better alliance with our state legislators.

Spring, 2002, will bring NWOCA's annual Spring Workshop, an all day event: "The Role of the Counselor in Supervision" on May 3, 2002 (watch for the details).

Visit NWOCA on the web. NWOCA continues to forge ahead with the advent of our web site, which was birthed this fall, [www.ohiocounselingassoc.com/nwooca.htm](http://www.ohiocounselingassoc.com/nwooca.htm) NWOCA welcomes all to join us on the web, at our functions, and to contact us at any time.

--Jean Underfer-Babalisi

#### East Ohio Counseling Association

We are working together to build opportunities for our members to network together. One of EOCA's biggest efforts each year is our Spring Workshop. This year we are pleased to announce that we are hosting a training session led by JoLynn Carney of Youngstown State University and Richard Hazler of Ohio University who will share information they have presented many times on a national level: "Breaking the Cycle of Violence: Creating Safer Classrooms, Schools, and Communities". Join with us to learn ways to stem peer bullying and violence in children.

Many of us, from both the mental health and classroom setting, are concerned about this vital issue. All are welcome to attend this

## Guidelines

workshop which will be held Friday, March 15, at the DeBartolo Stadium Club at Youngstown State University. Look for a mailing of our brochure. We invite you to join us for the free luncheon during the workshop.

We anticipate meeting with you over the next few months and want to enjoy learning about ways we can help improve the professional image of our organization in your region. We are always looking for ways we can provide opportunities for us to connect and spend quality time together. Please contact me if you have any ideas or concerns: 330-332-1514 or

[IHEARU@prodigy.net](mailto:IHEARU@prodigy.net).

--Carrie Crawford

#### Ohio Association for Specialists in Group Work

A conference sponsored by OASGW is planned for Friday, April 12, 2002, at Kent State University (6 CEUs). The morning session will focus on "Supervision of Group Work" and the afternoon on "Group Work with Children and Adolescents: Ethical Considerations".

We are in the process of conducting an election for president-elect and secretary for 2002-2003 as well as requesting award nominations. OASGW has initiated a listserv. The purpose is to spread information about OASGW news and events and share group work ideas/questions. Informational brochures/bookmarks are in the process of being distributed to group counseling classes. Local area networks are being formulated. The primary goal of local networks is to increase member involvement as related to group practice and training. There will be eight resource facilitators for members in their local area code to provide e-



mail or phone contacts as appropriate. The next OASGW board meeting is scheduled for Friday, March 15, 2002, in Columbus. The spring newsletter deadline is April 25, 2002.

For more information, please contact Eileen Self at [eileen.self@wright.edu](mailto:eileen.self@wright.edu) or 937-775-3290. You may also obtain information at the OASGW website [www.ohiocounselingassoc.com/oasgw.htm](http://www.ohiocounselingassoc.com/oasgw.htm).

--Eileen Self

### Ohio School Counselors Association

OSCA's board has been working on the creation of position papers regarding school counselor issues. The purpose of this activity is to give practicing school counselors written material that they can use in support of counselor program development and implementation within their buildings. It is often the case that administrators are unaware of the standards under which school counselors are to function. Therefore non-counselor time consuming responsibilities are assigned to the school counselors and students are not serviced as they need to be. It is the board's hope that our membership will be able to access these position papers to define and defend their need to provide counseling services to all their students. OSCA hopes for a better understanding by the public of the role of school counselors in helping students become successful learners.

These position papers will be posted on the web site. Those finalized in structure at the January board meeting will be posted by February 15th. Others that require more time to finalize will be posted by June 15th.

Much important work lies ahead for OSCA membership as we prepare for the transition necessary with the changes in school counselor licensure.

In addition:

- Professional development events for all districts for 2002-2003 are in the planning stages; the total calendar will be given to board members at OSCA's May meeting and posted on the web site.
- Collaborations with organizations concerned with student success are underway. These organizations need to get their messages out to students and OSCA can benefit from their support.
- A statewide conference to encourage minority student leadership is in the planning stages for 2002-2003. This event will be planned by the members of the OSCA board who work in high school settings.

You are invited to:

Legal and Ethical Summit for  
School Counselors  
April 19, 2002

Holiday Inn @ Independence  
Sponsored by:

Huntington Learning Centers,  
American School Counselor Assoc.  
Ohio School Counselor Association

This would be good for all practicing counselors to attend. If you need a registration form, you will be able to download one from our web site: [www.ohioschoolcounselors.org](http://www.ohioschoolcounselors.org) or certainly feel free to contact me at [ccollins@akron.k12.oh.us](mailto:ccollins@akron.k12.oh.us)

--Carolyn Collins



**DID YOU VOTE?**

## Guidelines

### Ohio Mental Health Counselors Association

OMHCA is sponsoring a workshop entitled "Clinical Supervision: Foundations and Current Issues" on Saturday, March 16, 2002, from 8:00 a.m. - 4:30 p.m. at Owens Community College, College Hall 100, 30335 Oregon Road, Perrysburg, OH (Toledo area).

The purpose of the program will be an overview of clinical counseling supervision and special topics and concern to meet the eligibility and renewal requirements for Supervising Counselors. The fee will be \$65.00 for OCA/OMHCA members and \$90.00 for non-members.

OMHCA has opened its web site at <http://www.ohmhca.org>. The web site will have regularly updated content and links to important professional and government information.

OMHCA also plans to expand its executive committee to include regional representation from professional counselors throughout Ohio. We currently are looking for volunteers interested in being appointed to a position as a regional representative. Please contact OMHCA president, Chip Campbell, at 419-661-7506 or OMHCA president elect, Tom Fine, at 419-383-5695 if you are interested.

--Charles Campbell

#### **Guidelines Advertising Rates**

Full Page \$350

Half Page \$175

Quarter Page \$80

Back Cover (1/2 page) or preferred placement: Add \$25. Discount 15% if ad runs 2+ issues.

**Next deadline: May 1, 2002**



**Ohio Counseling Association  
(OCA)**

**\*Award Nomination Form\***

Date \_\_\_\_\_

CHECK ONE

**NOMINATOR**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_\_**CHARLES "CHUCK" WEAVER**

For long, consistent, and distinguished service to the counseling profession and exemplary caring for people.

\_\_\_\_\_**DAVE BROOKS AWARD**

To one who has demonstrated a willingness to serve and take responsibility, while creating new paths in the counseling profession.

**NOMINEE**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

\_\_\_\_\_**HERMAN J. PETERS**

To one who promotes innovative ideas and theories in the counseling field and has a significant impact on future trends.

\_\_\_\_\_**COUNSELOR OF THE YEAR**

One who has gone beyond the call of duty by demonstrating exceptional service as a practitioner and/or counselor educator, through the application of OCA goals.

\_\_\_\_\_**RESEARCH & WRITING AWARD**

One who has demonstrated extraordinary research and writing ability, as evidenced by journal publications for the counseling profession.

\_\_\_\_\_**PUBLIC POLICY & LEGISLATION AWARD**

One who has demonstrated excellent advocacy by engaging in meaningful lobbying on behalf of the counseling profession.

---

**NOMINATION PROCEDURE:** Please submit this form with a supporting statement of 250 words or less. Letters of support are also encouraged. Attach a current vita and/or brief biographical sketch of nominee. Nominee must be a current OCA member.

---

PLEASE SUBMIT THE MATERIALS TO:

**Joe Saunders, Ph.D., LPCC**

Ohio Counseling Association

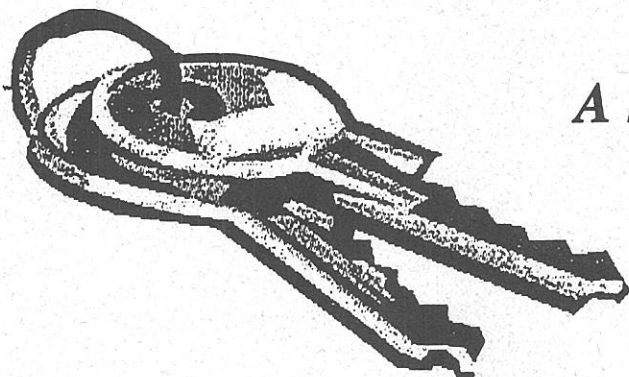
P.O. Box 603

Tiffin, OH 44883

Fax (419) 448-7474

**\*DEADLINE IS APRIL 15, 2002\***

# THE KEY TO A STRONG ASSOCIATION IS A STRONG MEMBERSHIP



# JOIN US!

We encourage you to consider joining your fellow professionals by becoming a member of the Ohio Counseling Association. OCA is committed to advocating for school, mental health, career, and rehabilitation counselors throughout the state. With ever increasing changes and challenges for all of us in counseling careers, it continues to be critically important to support each other through our professional organizations. OCA needs your support to remain strong and vital.

#### YOUR MEMBERSHIP PROVIDES:

- |  |                               |
|--|-------------------------------|
| A Legislative Consultant to the Ohio Legislature | A Statewide Newsletter        |
| A Professional Identity                          | Local Chapter Membership      |
| A Strategic Public Relations Campaign            | An Executive Director         |
| Professional Development Opportunities - CEUs    | Discounts for Members         |
| Opportunity to Purchase Liability Insurance      | Professional Network Contacts |

#### ANOTHER REASON TO JOIN OCA:

By showing your membership card, OCA members are entitled to receive a discount at:

- Hilton Hotel - Columbus location (Easton-Exit 33) \$134.00 per night
- Waldenbooks - 20% off any professional purchase
- Hertz car rental - use our CDP #177946 (additional bonus coupons will be provided with new and renewed memberships or by contacting Joe Saunders)
- AAA clubs will waive enrollment fees for new membership by calling the following contact people
 

Akron	Regina Wallace	(330) 762-0631 x 2243
Cleveland	Diane Robinson	(216) 606-6453
Cincinnati	Christina Mullis	(513) 762-3135
Miami Valley	Christy Schelton	(937) 224-2857
Northwest (Toledo area)	Amy Campbell	(419) 843-1291
Worthington (Columbus)	Virginia Cummins	(614) 431-7800

(Areas not covered by clubs listed, please contact Diane Robinson who will facilitate making the appropriate contacts for you.)

For more information about OCA, check our website: [www.ohiocounselingassoc.com](http://www.ohiocounselingassoc.com)

**INVEST IN YOUR PROFESSIONAL FUTURE, JOIN US NOW!**

Barbara Bryndal, LPCC, CCDCII  
Membership Chair  
440-349-7437  
[bbryndal@worldnet.att.net](mailto:bbryndal@worldnet.att.net)

Joe Saunders, Ph.D., LPCC  
Executive Director  
419-448-7474  
[saundersj@tiffin.edu](mailto:saundersj@tiffin.edu)







# OHIO CAREER DEVELOPMENT ASSOCIATION

## Spring Conference

Friday April 19, 2002

9:00am – 4:00pm

Registration begins at 8am

Co-Sponsored by Ohio Counseling Association

Ramada Plaza Hotel & Conference Center

4900 Sinclair Road

Columbus, OH 43229

ph. 614-846-0300

Special OCDA Room Rate Available - Reserve by 4/1/02

\$80 per person for double occupancy plus tax

## *Career in Context: Partnering for a Changing Society*

*Morning Session: Jack R. Rayman, Ph.D.*

*“The Holland Theory, Career Intervention, and Power of the Hexagon”*

Dr. Rayman is Director of Career Services & Affiliate Professor of Counseling Psychology & Education at Penn State University. He is author of more than 30 journal articles, book chapters and author of two books: *The Changing Role of Career Services & Handbook for the College and University Career Center*.

*Afternoon Session: Roundtable Discussions*

*Presenters: Counselor Educators, Professional & School Counselors, Career Practitioners, and Students*

**Topics:** • An ecological perspective on women’s career development • Fostering exploratory behavior in middle and high school students • Two paths to career decisions in higher education • My job done died: Surviving job loss • CACTI: Nurturing roots for adult career transition • Career development: An integrated life planning approach • A relational approach to career development • Career counseling and clinical supervision: Really? Can it be done?  
Participants can choose from eight topics. There will be four 35 min. rotations.

- Fee includes inventory, handouts, 6 CEUs, continental breakfast, lunch, and raffle.
- A 48-hour cancellation notice is required for full OCDA refund.

Please send registration form and check (payable to: OCDA Spring Program)  
c/o Mimi Patterson, InfoPLACE, 5225 Library Lane, Maple Heights, OH 44137.

- More Conference Information is available at: [www.ohiocounselingassoc.com/ocda](http://www.ohiocounselingassoc.com/ocda)
- Questions? Contact Louis A. Busacca, Program Chair at 1-888-992-5175 or email [Lbusacca@kent.edu](mailto:Lbusacca@kent.edu)
- For membership questions: Contact Mark C. Reh fuss, Membership chair at [mrehfuss@kent.edu](mailto:mrehfuss@kent.edu)

### Ohio Career Development Association Spring Conference Registration Form (received by 4/5/02)

Name \_\_\_\_\_ Phone (day) \_\_\_\_\_  
 Address \_\_\_\_\_ Phone (eve.) \_\_\_\_\_  
 City \_\_\_\_\_ Organization \_\_\_\_\_  
 Zip \_\_\_\_\_ Email \_\_\_\_\_

CEU Type: NCC \_\_\_\_\_ LPC/LPCC \_\_\_\_\_ .6 Contact hours ODE\*\*\* \_\_\_\_\_

\*\*\* School Counselors: Contact your local Professional Development Committee for pre-approval.

Add \$5 if paying on site

Status: Member (\$80) \_\_\_\_\_ Non-Member (\$90) \_\_\_\_\_ Student (\$35) \_\_\_\_\_

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and **MAIL TO** IPGA  
241 Pine St. • Ste. 11 C  
Abilene, TX 79601
- or **FAX TO** 915.676.8802
- ◆ **CALL** 1.877.474.2669 (toll free)

### WORKSHOP LOCATIONS & DATES

## COLUMBUS

Friday, May 3, 2002

Signature Inn - Columbus  
6767 Schrock Hill Court  
I-270 & Cleveland Avenue, Exit #27  
614-890-8111

Sleep Rooms Rate is @ \$60.00 plus taxes

## CLEVELAND

Saturday, May 4, 2002

Radisson Hotel - Cleveland Southwest  
7230 Engle Road • Middleburg Heights  
440-243-4040

Sleep Rooms Rate is \$99.00 plus taxes

visit [www.ipganow.com](http://www.ipganow.com) for more information

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