

OCA

O H I O
COUNSELING
ASSOCIATION

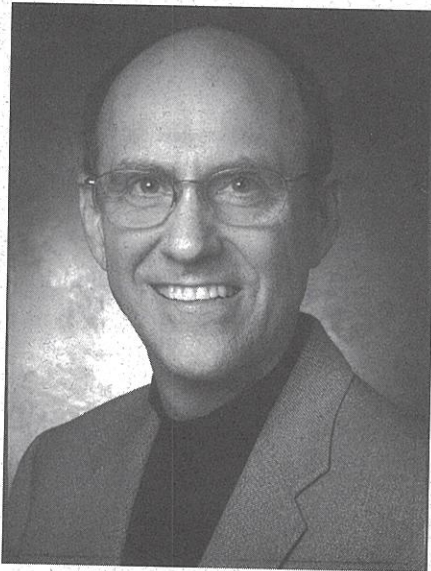
A Branch of the
American Counseling Association

GUIDELINES

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Winter, 2002

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From the President's Desk

Richard Hazler, Ph.D., LPCC

What has OCA done for you lately?

Did you get to the All Ohio Counseling Conference in November? I know many of you did because there were over 1,100 attendees! This is the largest attendance in years and the initial feedback on the changes made was very positive. The new format of offering three 6-hour pre-

conference workshops in addition to the two-hour pre- and post-conference workshops was a success with good numbers and good evaluations for all the programs. It was clear that many people wanted this type of intensive workshop offerings in addition to the traditional conference format. The addition of the wellness room organized by the OASERVIC Division was another success. The key evaluative criteria there was that people came away from the rooms smiling and relaxed from the calming opportunities in the midst of so much going on at the conference. The traditional keynote speaker, luncheon speaker, and 1-hour presentations were well attended and enthusiastically received.

Cooperation is key to conference success.

For me the most satisfying aspect of this year's successes thus far has been the outstanding cooperation between individuals and groups to identify common goals and the efforts needed to reach them. Let's start with the conference. Katherine Ziff, OSCA President, Ed Whitfield, State Department of Education, and I decided early on that our major goal would be to

build the conference around those needs and interests that were common to all of Ohio's counselors, while also providing for the special interests of those who focus on school, mental health, career, college, and other issues. The conference manager, Tim Luckhaupt was fully behind these ideas as well. So Katherine, Ed, and I explored the ways to get these tasks done, combining what had been successful in the past with some new innovations. Tim used his extensive experience and knowledge of how things really work to help us see which ideas might work, which needed revision, and which should perhaps be reconsidered (Tim is very tactful). What is most clear from all of this is that the conference could not have been the success it was without each of those individuals trying to help and understand the needs of the other and their constituents. Was it a lot of work? I was in a vegetative state for 3 days following the convention, but it was a pleasure as well.

Joint efforts promote implementation of new school counselor regulations.

Outstanding coordination between OSCA, OACES, OCA, and the

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From the President's Desk cont. State Department of Education is also leading to important efforts for school counselors. These four groups have been working closely together to develop procedures for implementing the new school

counseling regulation that provides opportunities for PCs and PCCs without teaching experience to become school counselors. First they are working on gaining common agreement on identification of the specific additional training that will be required for these individuals beyond the school internship. This is an important goal and no easy task for such traditionally independent colleges and universities. They are also working together to determine how the induction year for these non-teacher experienced individuals will be handled. It is presently clear that there will be training and some financial incentive offered to current school counselors so that they can provide the mentoring needed to support and assist these new counselors.

Coming together on legislation

Two groups have been working for more than a year to become licensed in counseling-related fields, and OCA has been in the middle of the debate all the way to make sure both the public is protected and the rights and services of Ohio professional counselors are maintained. Marriage and family therapists and also chemical dependency counselors have had bills presented in the legislature to provide them with license status. Initially these bills were deemed by OCA to be unacceptable for both the public and professional counselor interests. With guidance from OCA, OMHCA, and others, our lobbyist Cynthia Snyder worked consistently to help both groups understand the problems and to examine alternatives. The productive working relationships that accompanied the examination of serious concerns has led to two largely reworked bills that, whether

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passed or not, will promote cooperative relationships between these groups of professionals.

Balancing the family budget

No one family member balances a budget alone. It takes combined efforts to do it right and the same holds true for the OCA family. OCA provides services not only to its members, but also to the chapters and divisions that make up OCA. The costs of lobbying, conference planning, newsletters, web site maintenance, financial auditing, as well as dues solicitation, collection, and distribution are just a few of the ways that OCA provides support both directly to members and indirectly through chapters and divisions. There is also a portion of OCA dues that goes as a rebate directly to local chapters. The positive result of this model is that chapters do not require dues to function and divisions have much lower dues than they would if they had to support all these services independently. The down side is that in an attempt to keep OCA dues at a modest level, the budget becomes very tight with no security net for tough times or potential funding of important new ideas. The OCA Executive Council is looking for ways to deal with these issues and to first seek those that do not raise member dues.

Cooperative efforts have already begun between OCA and its divisions and chapters that are essential in identifying and making the necessary changes. Let me give just a couple of examples. While OCA does not have extra money to spend on a tight budget, some chapters and divisions have acquired significant rainy day funds and are volunteering to share them. Several are voluntarily contributing portions of their savings to

strengthen OCA's financial base. The executive council is also looking at other measures to more effectively deal with future issues. These include the possibilities of offering members opportunities to donate directly to lobbying efforts, finding additional outside sources of income, and creating more complimentary financial arrangements between OCA, divisions, and chapters. You will be kept informed as changes evolve and asked to provide your input and even votes when the options require bylaws revisions. You may want to contact your local chapter or division president to find out more and offer opinions regarding these efforts.

Gaining new connection while losing an important one

A number of members accepted the offer in my last column to get more involved in OCA. Each of them is now working on an important OCA committee and adding to both their support systems and the effectiveness of OCA. But as we gain new connections, it is the nature of time that we lose others. Ten years ago OCA hired its first executive director who has stuck with us through thick and thin for all that time. But now Joe Saunders is retiring, so we had to seek someone else to juggle all the organizational tasks. It is a big job, and we have found someone who is clearly up to the task. Tim Luckhaupt has been hired as the new executive director to begin January 1. Tim has been with OCA for longer than most of us as the All Ohio Conference Coordinator since 1984. He knows our members as well as our organizational strengths and challenges. Tim's proven history of cooperation with leaders and members along with his highly successful organization of OCA's largest single event eventually

made him the overwhelming choice of the executive council over several strong candidates. So as we say a very fond farewell and thank you to Joe Saunders for his dedicated work, let us also welcome Tim Luckhaupt to his new role on the OCA team and the same to all those new volunteers willing to give their time in the service of our professional counselor colleagues.

**Luckhaupt Appointed
Executive Director**

Tim Luckhaupt has been appointed the new executive director of OCA. He brings with him more than 26 years of conference and association management as well as meeting planning experience. Luckhaupt has been the conference coordinator for the All Ohio Counselors Conference since 1984. Among his other activities are show manager for the annual Central Ohio Boat & RV Show for the past 23 years and convention coordinator for the Ohio Catholic Education Association Convention.

Luckhaupt is married with three children and six grandchildren. He looks forward to working with members of the Ohio Counseling Association.

NOTICE!!

**New Address and Phone Number
for Ohio Counseling Association
(OCA) effective January 1, 2003.**

**Ohio Counseling Association
8312 Willowbridge Place
Canal Winchester, OH 43110**

Phone: (614) 833-6068

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Legislative Update

Cynthia Snyder, J.D.

A brief update on legislative issues. HBO 374, the marriage and family therapy bill, was amended in Senate Insurance to address our grandparenting issue. The amendment also reinstated the ability of independent MFTs to diagnose and treat mental and emotional disorders. This provision was removed in the House to address concerns of the psychologists and psychiatrists as well as Rep. Sally Conway Kilbane (R-Rocky River). The bill was then favorably reported by the committee for consideration by the full Senate. The psychiatrists and psychologists are extremely concerned about the bill in general but particularly about the diagnosis piece. Over the summer, we spent much time with the MFTs and the bill's sponsor Rep. Jean Schmidt (R-Loveland) evaluating proposed training and comparing it to that of LPCCs. They have lobbied for diagnosis based on the fact that their training is similar to that of LPCCs. It appears to Beth Farnsworth of the OCSWB that they do have some clinical training and the degree requirements for independent practice are sufficient to justify the diagnosis piece if the MFTs can convince the legislature that it is appropriate. The MFTs had hoped that the bill would go to the full Senate for approval November 13, but it did not. Senate President Dick Finan (R-Cincinnati) is skeptical of licensure bills and wanted more time to review it. Given the persistence of Rep. Schmidt, I think the bill will be approved soon. There may, however, be a push to remove the diagnosis amendment. That is not our issue, and there is no question that our grandparenting language will remain.

House Bill 496, the chemical dependency licensure bill, is being heard in the Senate Finance Committee. There is a technical amendment that will likely be adopted. I have let people know that the bill with the technical amendment is OK with us but substantive amendments are to be regarded as suspect. The proponents hope to get the bill approved before the end of the year. It is my guess that they will be successful in this.

Call for Nominations for OCA President Elect

Nominations for president elect for OCA for the 2003-2004 term of office are solicited from the membership until January 15, 2003. The nominees must be professional or retired members of OCA and ACA. A letter of nomination must be sent to OCA, P.O. Box 603, Tiffin, OH 44883 (before Jan. 1) or to OCA, 8312 Willowbridge Place, Canal Winchester, OH 43110 (after Jan. 1). The nominating committee of the executive council will select the slate of officers at its January meeting. A final slate must be realized by February 1. Ballots will be spread in the spring **Guidelines** to all members of OCA for election. The finalist becomes president elect on July 2, 2003.

OCSWB Rule Change

Information on a change in the rule which regulates the profession of counseling in Ohio has been received from the Ohio Counselor and Social Workers Board. **After the date January 1, 2004, all licensees must obtain three hours of continuing education in ethics as part of the thirty-hour continuing education renewal requirement (Ohio Revised Code 4757-9-02).** In other words,

licensees must be able to document that of the thirty hours to which they attest for renewal after January 1, 2004, three hours must be continuing education in ethics.

Ohio Counseling Association Awards Presented at All Ohio Counselors Conference

State Representative Lynn Olman received the Public Policy and Legislation Award. He currently serves the 51st House District, which covers much of western Lucas County. He was first appointed to the seat in 1995 and was subsequently elected in 1996, 1998, and 2000. He serves as Chairman of the House Public Utilities Committee, and also sits on both the House Insurance and Ways and Means Committees. In addition to his appointment to the Ohio Power Sitting Board, Lynn was also appointed by the Speaker to serve as Co-Chairman of the House Energy Policy Committee and to serve on the Ohio Port Authority Advisory Council.

He previously has served as Co-Chairman of the Joint Legislative Committee on Decentralization of State Government, helping to guide the publication of its final report in May, 1998. Other former appointments were to the Joint Legislative Committee to Study Electric Utility Deregulation, and the Joint Legislative Committee to Study Ohio's Public Retirement Plans.

In 1969, Lynn obtained a Bachelor of Science degree in Journalism from Ohio University. During his four years at college, Lynn was actively involved in student government, Phi Delta Theta fraternity, and the Inter-College Church Council.

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In 1973, Lynn became affiliated with State Farm Insurance. Over the years, he has built a successful insurance agency now representing over 3,000 families in Northwest Ohio.

A native and resident of Maumee for over 30 years, he served as both a member and president of Maumee City Council for 15 years. Throughout his tenure, he served on nearly every council committee, and was Council President/Vice Mayor for four years.

As a respected and active citizen, Representative Olman has served many organizations such as the Maumee Rotary Club, Maumee Chamber of Commerce, Sylvania Chamber of Commerce, Waterville Chamber of Commerce, Maumee Jaycees, Maumee Republican Club, and the Lucas County Republican Party. He currently sits on the Young Life and Teen Line Boards as well as the University of Toledo's College of Business Administration Business Advisory Council. He also serves as a sponsor of the Maumee Senators Little League team.

For the past eight years, Lynn has been a strong advocate for equal insurance health coverage for those who suffer from mental health and addiction. His latest attempt, House Bill 33, is currently being heard in the House Insurance Committee and has 33 co-sponsors with many more legislators wishing to add their name in support.

Currently, Lynn and his wife, Joyce, reside in Maumee and have three sons: Justin, Ryan, and Trey. They are members of St. Paul's Lutheran Church where Lynn is a member of the Long Range Planning Committee. Lynn and

Joyce jointly teach 7th grade Sunday School.

Anna Tyrrell was awarded Counselor of the Year. She is a licensed professional counselor and licensed social worker. She has over nineteen years experience working in the field of domestic violence in various capacities: as a child and family therapist; as an advocate, educator, and children's counselor at a battered women's shelter; as a facilitator of treatment groups for battered women, children as witnesses, and men who batter; as a local and national speaker.

Anna is an experience trainer. She has provided training to professionals working with victims of domestic violence, including counselors, social workers, attorneys, doctors, nurses and mediators. She has also been a consultant to social service agencies and medical facilities on the development of policies, procedures, and staff training addressing the service needs of victims of abuse.

Anna is also mediator specializing in family, divorce and custody issues. She is currently a mediator with the Lake County Court of Domestic Relations and with the Mediation Program of the Cuyahoga County Department of Justice Affairs. Anna developed a mediation program for juvenile domestic violence offenders, and is recognized by the Supreme Court of Ohio as an advanced trainer for domestic violence considerations in mediation.

As a noted speaker, Anna has provided countless presentations addressing issues relating to domestic violence, interpersonal violence and harassment, child development, parenting, mediation,

and issues children face today. Nationally, Anna has presented workshops on date abuse prevention programs, intervention with young children who witness violence, and other topics for the National Coalition Against Domestic Violence.

Throughout her career Anna has volunteered as a counselor, trainer, consultant, and board member for a variety of agencies and organizations, including Girl Scouts, Family Planning Association, and the Greater Cleveland Elder Abuse Roundtable. She has served as President of the North Central Ohio Counselor's Association and has been active in promoting professional counselors.

Paul F. Granello was given the Dave Brooks Award. Paul is an assistant professor of counselor education at The Ohio State University. He graduated with his M.S. degree in mental health counseling from Stetson University in 1990, and his Ph.D. from Ohio University in 1995. He is an LPCC

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with supervising credential.

Paul conducts research on psychotherapy outcomes and the psychological and social characteristics of individual well being. He is also very interested in technology in counseling and is currently developing a CD ROM on counseling theories for Prentice Hall. He has published 15 articles in peer reviewed national journals, 6 book chapters, and is currently co-authoring a book on suicide assessment and treatment for Allyn & Bacon publishers. Paul has presented 21 national or international presentations and 18 state or regional presentations and has secured \$85,000 in research funding.

Paul has been working as a consultant for the Ohio Department of Mental Health on issues concerning suicide. He and several of his internship students prepared a manual on suicide as a social advocacy project that was distributed to every counseling student in the state of Ohio. He is



OCA Awards to Anna Tyrrell, Alan Demmitt, Darcy Granello, Richard Hazler, Paul Granello, Carol Pohly (not pictured Judy Roth)

also a reviewer for the Journal of College Counseling, and the Ohio State Journal of Counseling. He has also provided numerous workshops on health and wellness topics for the Ohio State and Columbus community.

Paul and his wife, Darcy, also a counselor educator, live in Powell, Ohio, with Paul's new Mini Cooper sports car – pictures of which are available on his web site.

Judy B. Roth was given the Charles "Chuck" Weaver Award. Judy received her Master's in Counseling from Youngstown State University in 1983. She completed the 30-hour Post-Master's program in Clinical Counseling at Youngstown State University. Judy has been specially trained in Cognitive Therapy, Eye Movement Desensitization and Reprocessing, Chemical Dependency Counseling, and leading self-esteem groups. She is a Licensed Professional Clinical Counselor, Certified Chemical Dependency Counselor-III, Certified E.M.D.R. Counselor, and a Certified Clinical Hypnotherapist.

Judy has worked with children, adolescents, and adults at Trumbull County Children Services. She was coordinator of the Children's Therapeutic Program and supervisor/administrator of the outpatient services at Parkview Counseling Center. She has presented workshops on parenting, assertiveness training, self-esteem, cognitive therapy, stress management, suicide prevention, conflict resolution, and has done critical incident debriefing in various settings.

Judy is currently associated with Total Care Psychological and Counseling Services. She counsels adults, families, couples,

adolescents and groups. She works with issues of chemical dependency, trauma, work-related stress, depression, anxiety, sexual abuse, grief, stress, self-esteem, parenting, and women's issues.

Judy has served as president of Eastern Ohio Counseling Association, and has held other positions on the board. She is a member of The American Counselor Association, Ohio Counselor Association, Eastern Ohio Counselor Association, and American Mental Health Counselor Association.

She lives in Youngstown, Ohio, with her husband. She has two adult children.

Darcy Haag Granello received the Research and Writing Award. Darcy is an associate professor of counselor education at The Ohio State University. She graduated with her M.A. in mental health counseling from Stetson University in Florida in 1993 and with her Ph.D. in counselor education from The Ohio University in 1996. She joined the faculty at OSU in 1996 and achieved tenure in 2000. She is an Ohio LPCC with the supervising credential.

Darcy conducts research in several aspects of counseling and counselor education, including: cognitive development of counselors, counseling supervision, conducting outcome assessment, and attitudes towards persons with mental illness. She has published 39 articles in peer-reviewed national journals, 6 book chapters, and currently has two co-authored books under contract (a foundations of counseling textbook and a book on suicide prevention, assessment, and treatment). She has made 38 national presentations and 21 state

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presentations and has secured over \$220,000 in grants.

Darcy's service to the counseling profession has included editorial board membership on two journals (Counselor Education and Supervision and Journal of College Counseling). She is a past-president of the Ohio Association for Counselor Education and Supervision (OACES) and is currently the research network chair for the national Association for Counselor Education and Supervision (ACES). Darcy is listowner for COUNSGRADS, the national listserv for students in counselor education, which typically has 800-1000 members, and generates up to 50 or more messages per day. Darcy received a research award from ACES in 1999 and from the OSU College of Education in 2001.

Darcy and her husband, Paul, also a counselor educator at Ohio State, live in Powell, Ohio, with their two dogs and two cats (pictures of the "kids" are available at Darcy's website: www.coe.ohio-state.edu/dgranello).

Dr. Alan Demmitt received the Herman J. Peters Award. Dr. Demmitt received his Master's degree at Northeast Louisiana University in 1991 in Marriage and Family Counseling. In 1994 he received his Ph.D. in Human Development & Family Studies with specialization in Marital and Family Therapy at Iowa State University.

Dr. Demmitt was a family counselor (1992-1993) at Quakerdale Homes in New Providence, Iowa, and was an instructor in the Department of Child Development in 1992 at Des Moines Area Community College. He was an instructor in the Department of Human

Development and Family Studies at Iowa State University from 1991-1993. He was the clinical director for Ben-El Child Development Center in Bellefontaine, OH, from 1993-1995. Since 1995 He has been an Assistant Professor at the University of Dayton. Dr. Demmitt specializes in Marriage and Family Counseling as well as Spirituality in Counseling. His research interests include the diagnosis and treatment of mental and emotional disorders, teaching methods, and holistic practice

Alan has been married to Darcy for twenty years and has two daughters, Brittany and Anna.

Carol Pohly was given the Past President Award.

Joe Saunders was honored with an award for Ten Years of Outstanding Service as OCA Executive Director.

Ohio School Counselor Association Awards

Ohio School Counselor Association awards were presented at the All Ohio Counselors Conference.

The Outstanding Administrator Award was given to **Wendy Ford**, Director of the Office of Technical and Resource Support, Springfield City Schools.

The Joan Goodwin Award (promoting school/community relations) was presented to **Michael Roberts**, school counselor in the Toledo Public Schools.

The Mary Claytor/Charles E. Weaver Award (years of significant contributions to counseling) was awarded to **Mary Murnen**, elementary counselor, Toledo Public Schools.

The Dwight Arnold Counselor of the Year Award (outstanding service to students, staff and families) was given to **Jan Tinnermann**, elementary and high school counselor, Reynoldsburg Schools.

The Past President Award was given to **Carolyn Collins**.

Ohio Legislator of the Year is the **Honorable Doug White**, President Pro Tempore, Ohio Senate.



OSCA Awards to Jan Tinnermann, Carolyn Collins, Michael Roberts (not pictured Wendy Ford, Mary Murnen, Doug White)

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OSCA/OCA LEGISLATIVE DAY

RECEPTION
April 8, 2003

TRAINING
April 9, 2003

Registration Fee \$50.00
Includes: Reception,
Training, Continental
Breakfast on April 9th

The Hyatt on Capitol Square
has a block of rooms set
aside
for \$79.00 per room. If
you need
a reservation: call the Hyatt
and mention
the Legislative Training with
OSCA/OCA.

How Ethically Sound is Your Marriage and Family Practice?

Jill D. Duba
OCA Ethics Committee Member

Surely all of us are familiar with general ethical standards and apply these standards accordingly in our counseling practice. But are you familiar with the ethical codes that specifically pertain to marriage and family practice? ACA's International Association of Marriage and Family Counselors (IAMFC) division presents ethical codes which are divided into eight sections, namely, client well-being, confidentiality, competence, assessment, private practice, research and publications, supervision, and media and public statement (IAMFC, 2001). These

guidelines are specifically provided to assist counselors in ensuring the dignity and welfare of the couples and families that they have contact with. Although these ethical codes are specifically expected from IAMFC members, all counselors engaging with couples and families can benefit from additional ethical guidance.

Although enough space is not allowed to elaborate on all of the codes, the following list provides guidelines and reminders that specifically relate to marriage and family practice per the IAMFC Ethical Codes:

The client's definitions of families and the diversity of families, relating to structure and generations are respected (Section I.B).

The parent's autonomy in child-research decisions is respected (Section I.C).

The worldview's influence and cultural factors on the family's presenting problem is recognized and multicultural counseling competencies are operationalized (Section I.F).

All persons involved in the counseling process are informed that the primary client is the family; Family members understand the nature of reports to third parties such as schools, teachers, manage care companies, etc. (Section I.J).

Boundaries of confidentiality are clearly defined, communicated, and agreed upon by the counselor and family members prior to the beginning of a family counseling relationship; informed consent is sought regarding conditions that may necessitate a change in these boundaries (Section II.D).

Peer review, training, and supervision is sought to ensure the quality of practice when incorporating new skills in specialty areas into practice (Section III.D).

Only assessment instruments that have demonstrated validity in

custody evaluations are used; the potential impact of assessment reports on family members is considered (Section IV.F).

A working knowledge of legal standards in the geographical area, and areas of specialty in one's work is maintained (Section V.A).

Assessment of behaviors and presenting symptoms of clients should include cultural factors; only assessment techniques that have been appropriately formed and standardized on diverse populations should be employed (Section VI.H).

Supervisors endorse for practice only those supervisees who demonstrate expectations for competency and professional judgment (Section VII.H).

Specialists within marriage and family counseling should only advertise themselves in areas in which they can demonstrate evidence of training, education, and supervised experience (Section VIII.C).

Information provided to the public is provided in a way that enhances marriage and family life (Section VIII.F).

This list only provides brief considerations in assisting counselors in providing an ethically sound marriage and family practice. If you have any contact with couples and families, you are encouraged to seek the complete IAMFC Ethical Codes at <http://iamfc.org/ethicalcodes.html>.

International Association of Marriage and Family Counselors. (2001). IAMFC ethical codes. Retrieved from <http://iamfc.org/ethicalcodes.html>.

**ACA World Conference
Anaheim, CA
March 21-25, 2003**

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Sexual Intimacies With Clients: Ethical Considerations

Brandy L. Kelly & Victoria E. White

Youngstown State University

Sexual intimacy with clients is currently a topic of much discussion and research. It's an issue that would appear to many as "cut and dry." It seems easy – counselors should not engage in sexual relationships with their clients. However, diverse situations present different obstacles in which the dividing lines between ethical and unethical become blurred. In these situations the principles of nonmaleficence and autonomy must be upheld. Consider the following cases, and test your knowledge of the ACA codes of ethics and standards of practice.

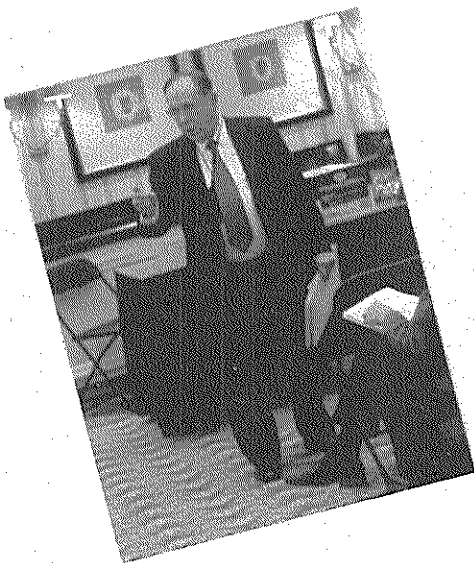
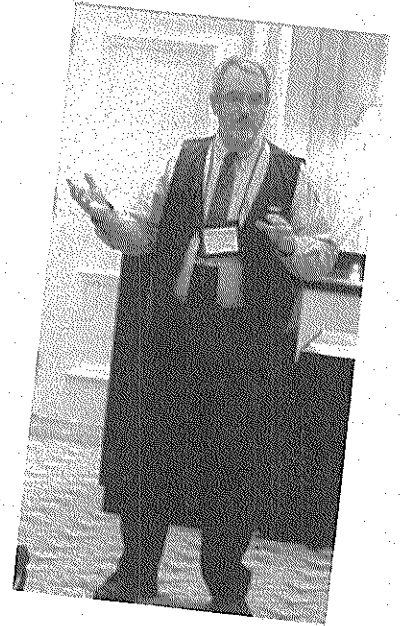
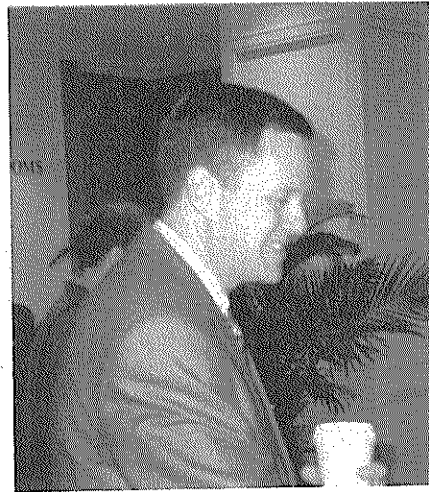
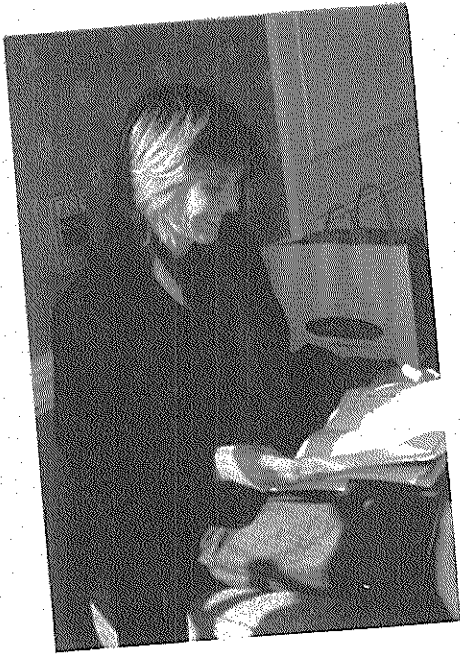
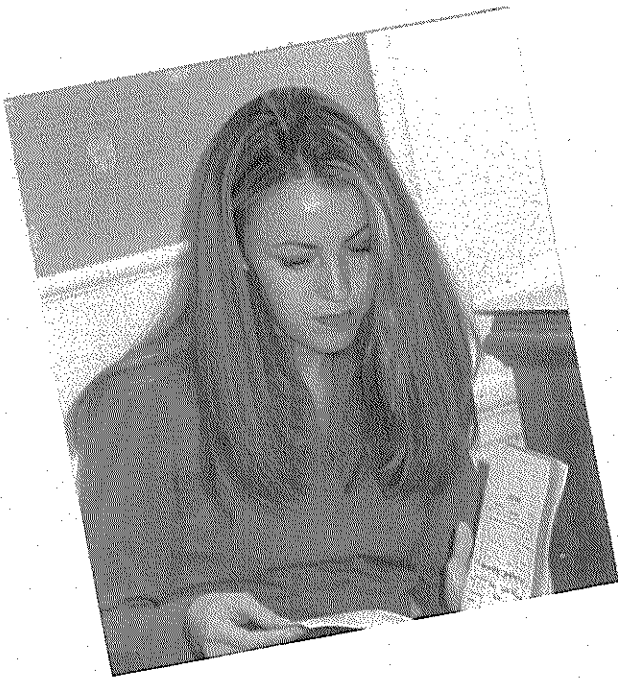
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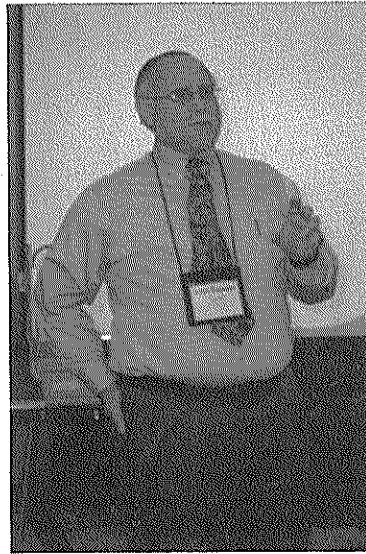
Sarah is a 25-year-old client who is having difficulties with the current "break-up" with her boyfriend. She confides in Mark, the counselor she has been seeing for one month, that she wishes she could "find a guy just like him." She proceeds to suggest that Mark and she end the therapeutic relationship to pursue a relationship with each other. Mark has been longing for a girlfriend and is aware of his attraction toward Sarah. He thinks that they would make a great couple.

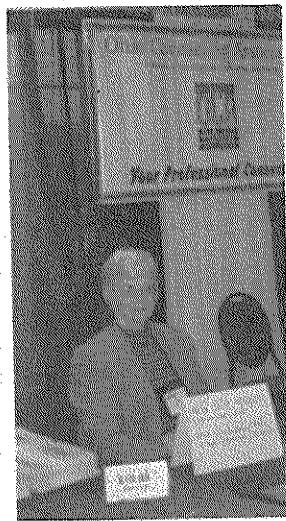
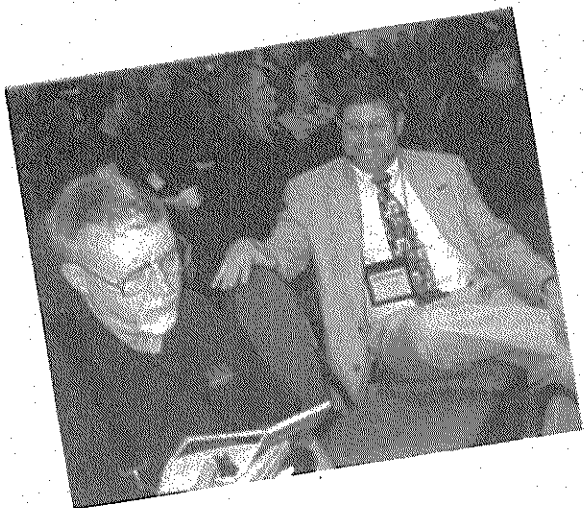
Should Mark end the relationship and pursue his romantic interests in Sarah?

According to code A.5.a, "In the counseling relationship, counselors are aware of the intimacy and responsibilities inherent in the counseling relationship, maintaining respect for clients, and avoid actions that seek to meet their personal needs at the expense of the









client." Additionally, code A.7.a states that "counselors do not have any type of sexual intimacies with clients and do not counsel persons with whom they have had a sexual relationship." After reviewing the codes, clearly it would be unethical for Mark to pursue this relationship. Therefore, Mark would be fulfilling his own needs in initiating a relationship with Sarah. The intimacy Sarah is feeling toward Mark may be a result of the intimate relationship that is formed between a counselor and client, not the result of a romantic attraction.

Case #2

Patricia was walking through the local mall one Sunday afternoon when she bumped into her former counselor, Caleb. Three years have passed since their last session and they were ecstatic to see each other. Patricia invited Caleb to join her for a cup of coffee at the mall coffee shop. During this encounter she briefed Caleb on past events in her life and how well she is now functioning as a result of counseling. Since that day Caleb and Patricia have seen each other once a week and talk every night on the phone. They are considering entering into an exclusive romantic relationship with each other.

Is it ethical for Caleb and Patricia to be involved romantically?

According to code A.7.b, "counselors do not engage in sexual intimacies with former clients within a minimum of two years after terminating the counseling relationship..." Counselors must be assured that the relationship does not exploit the client. Counselors may have differing opinions in regards to the above ethical dilemma. One may question whether or not the relationship could ever be equal, as there is often a power differential between a

counselor and client. Furthermore, the counselor knows intimate details of the client's personal history, a fact that may provide the counselor with an advantage point. Therefore, relationships of this nature must be entered in with much examination.

The severity and complexity of such an issue implies that cases of sexual intimacies with clients must be taken seriously. Counselors must explore their beliefs and feelings around the issue before they are challenged with a situation. It is important that counselors consult with their colleagues and with professional organization's ethical boards before pursuing such a relationship.

"Smells good!"--"What is cooking?"

Jean Underfer-Babalis, M.Ed./PCC
President-Elect

Add a little of this, stir it up, taste a little here and ponder a bit. Ohio Counseling Association (OCA) preparing for 2003-2004 has been set in motion. OCA is adding a little here and there to formulate an innovative direction for the field of counseling to better serve OCA members--YOU and the client welfare of those who receive our services. By tradition (and choice), counselors have been and are "agents of change, compassion, and concern". As such, groundwork and planning for the future of OCA is continuous, which necessitates seeking input from our members. "Yes, that means YOU."

Presently, OCA has ten committees: membership, public relations, ethics, archives, government relations, bylaws, professional development, newsletter, awards and finance.

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newsletter, awards, and finance. These committees are the key ingredients to a luscious banquet to serve our guests.

Interested? Involvement is the ingredient to a scrumptious recipe. What does involvement entail? It is a request to attend one committee meeting at the All Ohio Counselors Conference (AOCC) and just about one hour each week to respond to emails, phone calls, read material, and correspond with your committee members. Input from membership is vital to client welfare and the development of respectable and competent school counselors and mental health counselors.

The efforts and talents that you would bring are wholly desired and heartily applauded. Please take a minute to apply to be on one of these committees for the year 2003-2004 (July 1, 2003 through June 30, 2004). Your colleagues, the clients we serve, and our communities value your contribution to this delectable cuisine. Please consider adding to our delicious recipe by contributing yourself, as the vital ingredient you are.

APPLICATION: Name, Address, Telephone Number, Email Address

(Please write about three sentences regarding your interest in this committee)

Please send your application to:

Jean Underfer-Babalis
3900 Sunforest Ct., Ste. 200
Toledo, OH 43623

e-mailto: JOSEPH4ME@aol.com

**CALL FOR PROGRAMS:
SUPERVISION SUMMIT
– APRIL 25, 2003**

DUE: MARCH 1, 2003

The Ohio Association for Counselor Education and Supervision, in conjunction with the Ohio Counseling Association and the Ohio School Counseling Association, will hold its annual Supervision Summit at the Fawcett Center at The Ohio State University on April 25, 2003. We welcome programs that address supervision of counseling students, professional counselors, professional clinical counselors, and school counselors as well as programs that emphasize diversity issues in supervision.

Programs will be offered in time slots of fifty minutes, with a ten minute between programs.

General Instructions

Submit program proposals and curriculum vitae of all presenters to: Dr. Tracy Leinbaugh, 201 McCracken Hall, Ohio University, Athens, OH 45701 e-mailto:leinbaug@ohio.edu by March 1, 2003.

Program Proposal Format

Chairperson (Contact Person): Provide complete contact information for the program chairperson including: name, institutional affiliation, primary mailing address, day and evening phone numbers, fax number, and primary email address.

Co-presenters: Provide complete contact information for each co-presenter including: name, institutional affiliation, primary mailing address, day and evening

phone numbers, fax number, and primary email address.

Program Title: Your title should clearly and accurately describe the focus of your presentation.

Program Summary: In 50 words or less describe your presentation. This will be the description that will be used in the conference program.

Program Description: Provide a 200 word (maximum) synopsis of your program. This should include: (a) a summary of the information, technique, theory, or research to be presented; (b) the type of presentation (lecture, discussion, cooperative learning groups, etc.); and (c) a description of any accompanying audio-visual materials, including handouts, if any.

Chapter and Division News

North Central Ohio Counseling Association

The North Central Ohio chapter has had a busy and successful year to date. Our fall program was held on October 14th, and featured as guest speaker Dr. Susan Huss, who shared her insights into legal and ethical issues pertaining to minors. It was a timely and informative presentation, and those in attendance benefited greatly from her sharing. We have also been working at developing our professional connections through use of an e-mail information system and encouraging interaction through networking at our meetings.

Many of our members were in attendance at the All Ohio Counselors Conference in Columbus in November, and several were involved in giving

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presentations there. Our own Anna Tyrell was also honored by receiving the Counselor of the Year award at the conference. We are extraordinarily proud of her and celebrate her accomplishment with her.

Plans are under way for our winter program, which is slated to be held on January 25th in Solon, Ohio. It will be a full-day program with an emphasis on tools and techniques that can be used in a variety of counseling settings. For further information about this program, or about NCOCA, please call Martha Flemming, President, at 216-462-0270, ext. 12, or e-mail her at NSCounsel@aol.com.

--Martha Flemming

Ohio Career Development Association

I am pleased to share with all of you that the Ohio Career Development Association and the Ohio School Counselors Association has formed a valuable partnership. OSCA has agreed to co-sponsor the OCDA Spring 2003 Career Conference! With this collaborative effort, we hope to provide a professional development setting that will encourage collaboration between career and school counselors and enrich career guidance and counseling of students in school and nonschool settings throughout Ohio.

The OCDA Spring Conference theme will be "Fostering and Constructing Careers in our Schools and Community." This conference will be held at the Ramada Plaza Hotel in Columbus, Ohio, on Friday, May 2, 2003. OCDA and OSCA welcome keynote speaker Spencer G. Niles, Ph.D., President-Elect of the National Career Development Association, Professor of Counseling at Penn State

University, and Editor of the Career Development Quarterly. Dr Niles will present on "Life Structure Counseling for Career Development." In addition, an afternoon of roundtable sessions will feature presentations on adult career development issues and school career guidance, counseling, and education.

All OCDA and OSCA members, counselor educators, graduate students and career practitioners interested in career development in the schools and for adults are welcome to submit a proposal for a roundtable. Call for proposals and registration forms will be available on the OCDA website at <http://www.ohiocounselingassoc.com/ocda/index.htm>. For questions about the spring 2003 Career Conference, please contact Dawn Wisniewski, OCDA Program Chair at e-mailto:dwisnie@aol.com.

Two awards for exemplary service to career development will be presented by OCDA at the spring 2003 Career Conference. All members of OCDA and OSCA can submit nominations for the following awards: Career Practitioner of the Year, School Counselor of the Year. Further information will be available on the OCDA website. For questions, please contact Gene Helton, OCDA Awards Chair at whelton@kent.edu
--Louis A. Busacca

Southeast Ohio Counseling Association

This year we have developed a three-year strategic plan that will be updated on a quarterly basis. A goal we have chosen to focus on is the promotion of information, skills, and diversity in the profession. We have had the good fortune to be provided the opportunity to co-sponsor a conference in Columbus in May. The speakers will be

Bessel van der Kolk and Pat Ogden.

Pat Ogden, M.A., is the director of Hakomi Somatics Institute and the originator of Sensorimotor Psychotherapy. She is trained in a wide variety of somatic and psychotherapy approaches and has worked with a diversity of populations, including prison inmates, psychiatric inpatients and survivors of trauma. Her work with traumatized clients includes a focus on fostering somatic awareness, and integrating this with emotional and cognitive processes.

Bessel van der Kolk, M.D., has worked in the field of traumatic stress as a clinician, researcher, and teacher since the 1970s. Dr. van der Kolk has published extensively on the impact of trauma on development, such as dissociative problems, borderline personality and self-mutilation, cognitive development in traumatized children and adults, and the psychobiology of trauma. He was co-principal investigator of the DSM IV Field Trials for post-traumatic stress disorder.

I will keep you informed of our progress in planning this conference, which promises to be informative and exciting. Registration materials will be sent out as the date approaches, and will also be posted on our website <http://www.hcs.ohiou.edu/seoca> along with our strategic plan, quarterly reports, and newsletters. Our webmaster, Greg Janson, is doing a wonderful job maintaining our site. Visit and be counted!

We are also fortunate to have the opportunity to offer "Brown bag CEUs" in conjunction with the Association for Play Therapy (APT). As a member of APT, I have access to a wonderful play

Guidelines

therapy video by one of the leading experts in the field. This can be shown during a brown bag lunch, with a short exam following, or after work, possibly with a brown bag dinner. Please contact me at <mailto:leinbaug@ohio.edu> if you are interested.

Let me know if you have any suggestions for future workshops or for inclusion on our website. We are always eager to hear from our members!

--Tracy Leinbaugh

Ohio Association for Counselor Education and Supervision

OACES members have been busy this fall. Many of our members attended and presented at the ACES Conference in Park City, Utah, in October. It was an informative conference with just enough "fun" built in to keep us balanced. A couple of weeks later, OACES members were active in the AOCC presenting as well as attending sessions and association meetings. Our school counseling ad hoc committee met after the pre-conference sessions, and developed a statement regarding the new school counseling licensure changes which was unanimously supported by those members in attendance at the OACES meeting on Friday morning. The minutes of the meeting will be posted on our website at <http://www.coe.ohio-state.edu/dgranello/oaces/oaces.htm>. Our webmaster, Darcy Granello, is doing a wonderful job maintaining our website, and I want to invite everyone to visit. Our strategic plan, quarterly reports, budget and treasurer's report, and future newsletters are or will be posted.

We are making excellent progress toward meeting our goals from our strategic plan. We are collaborating with two other organizations to put on a Supervision Summit April 25,

2003, at the Fawcett Center on The Ohio State University campus that will provide continuing education in supervision for those licensed by the Ohio Counselors and Social Workers Board as well as school counselors who will be supervising interns and school counselors in their induction year. I am including a call for presenters, and those interested can also find it on our website.

Our winter meeting will be held on February 21, also at the Fawcett Center, and will focus on our strategic plan for the coming year, school counselor education and supervision, and our focus on supervisors, including the needs survey and the supervision handbook.

The executive board welcomes any comments or suggestions that you may have to make the organization more responsive and helpful to the membership. You can reach me at e-mail to: leinbaug@ohio.edu

--Tracy Leinbaugh

East Ohio Counseling Association

The East Ohio Counseling Association organized and held a successful workshop on September 11th, presented by Dr. Eugene O'Brien of Warren, OH, entitled: "The Events of 9/11/01: Critical Incident Stress and its Aftermath." Collaborating with EOCA as cosponsors of this timely event were: Prevention Partners Plus, The Mahoning County Mental Health Board, and Forum Health - the Center for Behavioral Medicine. Janet Thornton, EOCA Programs Chair, organized the event

--Carrie Crawford

The Ohio Association for Spiritual, Ethical, and Religious Values in Counseling

The Ohio Association for Spiritual Ethical and Religious Values in Counseling broke new ground this year at AOCC by offering a Wellness Room for conference participants. This was our first year offering such a program and while we received much positive feedback from those able to attend, we also received constructive comments on improvements that might be made to Wellness Rooms offered in the future. Many of those who stopped by for a massage, a guided relaxation, seated yoga, to mediate, or simply to unwind for a time, commented that the Wellness Room was a positive addition to the AOCC format. OASERVIC is looking to make the Wellness Room an ongoing addition at future All Ohio Counselor Conferences, and we thank those who visited this year and are grateful for suggestions and ideas that were made.

A special thanks goes out to the volunteers who contributed their time and talents in providing services for the Wellness Room. Thanks also to the OASERVIC executive board for their efforts and hard work to ensure that the program was a success. Our heartfelt appreciation goes out to OASERVIC past-presidents Angela Nicolosi and Cher Igelman for the encouragement and energy they so graciously devoted during the course of the conference. Finally, the Wellness Room would not have been possible without the steady support of our OCA President Richard Hazler and the tireless attention to detail of AOCC Coordinator Tim Luckhaupt; our sincerest gratitude is extended to both.

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OASERVIC is excited to report that we are co-sponsoring a Spring conference in Columbus, Ohio, that will feature Dr. Bessel van der Kolk and Pat Ogden, both of whom have worked extensively in the field of traumatic stress and are leading experts in the mind-body treatment of trauma. This conference will take place in early May of 2003, and we will post further information on the OASERVIC website as details of this conference come into focus.

If you are interested in learning more about OASERVIC, would like to peruse our Fall e-newsletter, or are interested in becoming a member, visit our website at www.csuohio.edu/oaservic or contact us directly at OASERVIC@counseling.com. We'd love to hear from you.

--Charles Lindsey

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2002-2003**

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