

Fatal disease halts academics for student

Kacy Standohar News editor



Six days after returning from the salts p r a y e d sands of South Carolina, Amanda Binion said she felt

nothing she ever felt before.

She was admitted to a local hospital and transferred to intensive care at the Cleveland Clinic for 16 days, only to find out she was suffering from a fatal illness called acute necrotizing pancreatitis, which is

the inflammation and eventual destruction of the pancreas.

Doctors told Binion the disease came after she had her gallbladder removed during finals week in the spring. Her pancreas became infected. Her body was filled with gallstones.

Binion's pancreas was ultimately destroyed, but about 90 nutrient pills a week are keeping her alive. Cysts remain from the deteriorated pancreas.

The pancreas controlled her blood sugar, and Binion now suffers from diabetic symptoms. She will need a transplant as a last resort.

Binion's family is no stranger to hardship. Binion's father lost his job this summer after RG Steel closed. Her mother is a stay-at-home mom, so Binion is left with the medical bills. However, she's unable to work due to the side effects of her condition.

Requiring special medical care at home, Binion rarely leaves her house. She can no longer exercise, but she recently stopped using a feeding tube.

The 22-year-old was pursuing a degree in nursing at Youngstown State University. She expected to graduate this spring, but after succumbing to this unexpected illness, her nursing degree is on hold.

"She has not been in school this year, and she misses it. I know she would love to come back," said fellow nursing major Ben Roberts. Roberts is just one of Binion's friends, family and nursing classmates who are raising money to help her pay medical bills.

The nursing students will host a bake sale on Thursday in the Cushwa Hall lobby from 8 a.m. to 3 p.m.

There is a spaghetti dinner fundraiser set for Nov. 18 from noon to 4 p.m. at Ciminero's Banquet Centre in Niles.

Tickets are \$10 for adults and \$6 for children ages 4-12. Tickets can be purchased in advance, and they will also be sold at the door.

"We're trying to say the YSU community should help each other out," Roberts said. "We want to show YSU nurses care about people in the

program. Nurses are supposed to be proactive people, and we want her needs to be met."

Roberts has hope for Binion to return to school, saying her condition has improved.

"But she's not out of the woods yet," Roberts said.

Binion said the process has been mentally stressing and that she's anxious to complete her degree.

Binion said she won't give up hope because she wants to eventually graduate and go back to a semi-normal life.

"I am motivated to get back to school and become who I used to be," Binion said. "I'll never be 100 percent or as healthy as I used to be, but everyone has been really supportive, and it helps me feel like I am getting stronger."

Adventure Rec's rafting trip deadline approaches

Kevin Alquist assistant news editor

Spots are still available for Saturday's white water rafting trip to Ohiopyle State Park in southwestern Pennsylvania. Youngstown State University's Adventure Recreation program will take up to 12 students on the trip.

on the trip.

The dead

The deadline to sign up is Wednesday in the Andrews Student Recreation and Wellness Center's administration office. Joy Polkabla-Byers, director of campus recreation and student programming, said the \$45 price tag for the trip covers rental and guide costs. The department will cover the cost of transportation.

"It's a great opportunity for students to just get outside, and it provides a social connection for the students involved," Polkabla-



ILLUSTRATION BY KEELEY BLACK/THE JAMBAR.

Byers said.

Participants will raft in the Lower Youghiogheny River, which is considered to be a course for intermediate rafters. Rec Center staff member Tommy Marshall is co-organizing the trip. He said participants will be split into rafts, each containing four to eight people, and they'll spend anywhere from two to four hours on the river.

Marshall said newcomers to white water rafting shouldn't feel intimi-

"Most people going have no experience," he said. "Of course, there is risk involved, but it's very safe."

Though a guide will not escort participants through the course, guides will be positioned alongside the river to assure safety. Risks associated with white water rafting include drowning and contact with rocks located above or below the waterline.

With the trip so late in the year, Marshall stressed that participants need to dress for the weather.

"The water temperature is very cold this time of year," Marshall said. "In the past, students have shown up with bathing suits and flip-flops, and they end up freezing through the entire trip."

Wet suits are available for rental at the launching point.

Student software selling out

Taylor Phillips REPORTER

In March, Microsoft announced it would discontinue sales of Microsoft Office Student Select, a discounted version of the Microsoft Office Suite sold to students through universities.

The information desk in Kilcawley Center has been selling the university's remaining supplies. According to the inventory, there are about 150 copies left of Microsoft Office 2010 and about 80 copies of Microsoft Office 2011.

Purchasing either program from the information desk costs \$62.50, but Lloyd Painter, the manager of technology customer support and training for Media and Academic Computing, said students have other options.

"We did find an alternative to a software that is very similar to Microsoft [Office] Student Select, and we are happy about that," he said.

E-academy, or Kivuto Solutions, offers features similar to Microsoft Office, like word processing. A student may buy an online copy, which comes with a link for an easy download, or a physical copy.

"E-academy is a program that is very similar to Mi-



crosoft software and will be available at academic prices," Painter said. "But students can still purchase Microsoft software at various stores, such as Best Buy or Amazon. There's a whole bunch of places they can go."

Painter said the new program will suit students' needs for a discounted price, but those who would prefer to spend a little more for the Microsoft software can still find it elsewhere.

Office University 2010 is available at the Microsoft Student Store — which is exclusively for college students — for a student price of \$99.99.

Despite these options, some Youngstown State University students are upset that Microsoft chose to discontinue the program.

Sophomore Amanda Tonoli said it's an inconvenience.

"It sucks we have to pay more now ... but everyone has demands to meet to their higher-uppers," she said. Sophomore Derik Sheppa said he is also sad to see the program go.

"I think that as students we pay enough already for books and various supplies," he said. "But it is kind of crappy that we can't get it a discounted price anymore."





Archeologist Michael Pateman will speak in DeBartolo Hall on Thursday to discuss his work on the Peter Mowell, a slave ship that ran aground in the Bahamas. Pateman is a senior archeologist of the Antiquities, Monuments and Museum Corporation of the Bahamas. Photo courtesy of Ron Shaklee.

Surfacing the past to teach the future

Marissa McIntyre arts & entertainment editor

In 1860, the Peter Mowell, a slave ship, was transporting more than 400 humans from the Congo River in Africa to Havana, Cuba, to be sold in a slave auction.

However, on July 25, 1860, the ship ran aground in the Abaco chain of the Bahamian Islands, and the human cargo was set free

was set free.

Michael Pateman — a senior archeologist of the An-

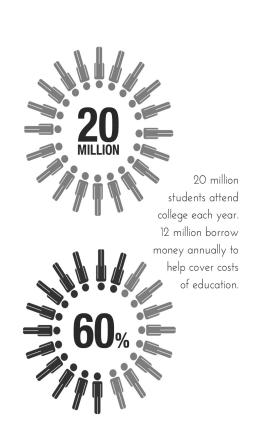
tiquities, Monuments and Museum Corporation of the Bahamas — began excavating the Peter Mowell in July. Prior to these excavations, Pateman researched the shipwreck for five years with Corey Malcom, director of archeology at the Mel Fisher Maritime Museum in Florida.

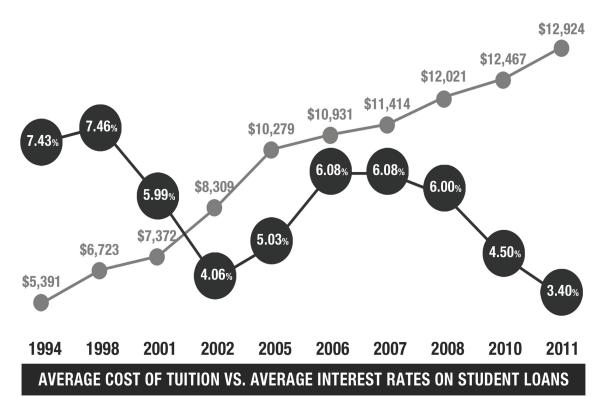
As part of Anthropology Month, Pateman will speak in Room 132 of DeBartolo Hall at 7 p.m. Thursday. His lecture is titled "The Last Slave Ship in the Bahamas: the Wreck of the Peter Mowell."

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THEJAMBAR.COM **TUESDAY, OCTOBER 16, 2012**

Student borrowers can't get help to restructure payments, US agency says





GRAPHIC BY KEVIN BUCK/THE JAMBAR

Renee Schoof MCCLATCHY NEWSPAPERS

WASHINGTON - College students who took out private student loans before the recession hit are telling the government they're getting a runaround from lenders as they struggle to pay them back.

In a report to be released Tuesday, the federal Consumer Financial Protection Bureau found that student borrowers, like homeowners with troubled mortgages, are upset about how hard it can be to get help with their payment problems, and how long it can take for lenders to fix their own errors.

'Student loan borrower

stories of detours and dead ends with their servicers bear an uncanny resemblance to problematic practices uncovered in the mortgage servicing business," said Rohit Chopra, the bureau's ombudsman for student loans.

His report was based on nearly 2,900 complaints to his office since March, when it set up a website to inquire about problems that borrowers were having with the private student loan market.

The consumer protection agency, established under a Wall Street regulation law, worked with the Department of Education on the project.

The federal government took over the student loan business under President Barack Obama. The administration said doing so saved billions of dollars in middleman costs. Unlike federal student loans, private loans don't have a system of income-based repayment.

Outstanding student loan debt is more than \$1 trillion. Private loans account for more than \$150 billion of that total, the report said. About \$8 billion of those loans are in default.

Chopra said the report was not an attempt to measure how common the problems were, but "an early warning' of further concerns that could surface in the future.

Sallie Mae, a major private student lender, said in a written statement that it helps customers who run into financial trouble.

"We have modified \$1.1 billion in private education loans with interest rate reductions or extended repayment since 2009," the company said.

Many of the borrowers who complained took out their loans before the economy tanked in 2008, and t hen graduated at a time when jobs have been hard to find, according to the report. They said they can't take advantage of lower interest rates or modify their repayment plans when they don't earn enough money to make large monthly payments.

Many of the complainants had obtained loans to attend for-profit colleges and said school representatives had assured them they'd find jobs and be able to pay the loans back. But that didn't happen.

Others said they were caught by surprise with unexpected fees and often have been unable to reach loan officials to help them reschedule payments to avoid default.

Chopra said borrowers also complained about how their payments were handled. He said some with more than one loan reported that extra payments they meant to apply to high-interest loans were mistakenly applied to loans with lower rates.

The report suggested that lenders implement "creative efforts" to help borrowers restructure their debt when necessary. Modifying such loans would not only help borrowers, but also could lead to higher overall collections for lenders, it said. Congress should look into ways to make it easier to get the loans modified, the agency said.

Difficult high school curriculums, advisers help college students succeed, report says

Bonnie Miller Rubin CHICAGO TRIBUNE (MCT)

CHICAGO - Getting admitted to a top university isn't enough. For many students, finishing the mission and getting a degree requires a variety of initiatives, from a rigorous high school curriculum to more advisers, according to a new report released Thursday by the National School Boards Association.

The nonprofit found that only 57.8 percent attending four-year institutions in the U.S. earned a diploma in less than six years; while just 32.9 percent in two-year schools graduate on time. Students are more likely to drop out during their first year than at any other time. Of freshmen at four-year schools, 21 percent did not continue for a second year. In community colleges, 36 percent of freshmen failed to return.

Researchers also identified interventions to help improve the numbers and found that positive outcomes start long before a student moves into the dorm.

"This really provides a rare glimpse of what especially high schools - can do to influence post-college success," said Jim Hull, a senior

policy analyst for the Center for Public Education, an arm of the National School Boards Association, which oversaw the project.

The findings were applauded by many area educators and confirm what they see in their own students,

"I'm really excited about these findings," said Elizabeth Dozier, principal of Fenger High School in Chicago's Roseland neighborhood, where the school has added counselors and more challenging curriculum. "Many of our kids get a college acceptance letter, but they never make it. This means that, with the steps we're taking now, we're definitely on the right track."

Analyzing data from Department of Education, Hull and other researchers followed more than 9,000 high school sophomores in 2002 through 2006. They zeroed in on three factors for getting

High-level mathematics: More demanding high school math classes can be one of the largest predictors of Students from success. higher socioeconomic status had a 10 percent better chance of persisting in a four-year college if they had gone beyond algebra II. The results were even more

striking for disadvantaged

students: They were 22 percent more likely to continue in college with these

classes on their transcripts. Advanced Placement/ International Baccalaureate classes: Taking an AP/ IB class in high school had a dramatic effect on students' chances of persevering. Low achieving students were 18 percent more likely to finish at a four-year college by exposure to a challenging curriculum — even if they fail the end-of-course exam.

Academic advising: Talking to an academic adviser in college yielded better results for everyone, regardless of demographics. Undergraduates at four-year schools who saw their adviser "often" vs. "never" were 53 percent more likely to reach graduation. The researchers called these statistics "possibly the most surprising finding" of the entire report. They also noted that turning to welltrained adults is a habit cultivated early.

Since the economic downturn, however, high school counseling departments have suffered under the budget ax, with a 1-to-500 ratio of students to guidance counselors not unusual, Hull said. "This is a call to action to invest in our counselors, so we can get more critically," said the graduate out of the investment in our

students.'

Karen Foley, director of Chicago Scholars, an organization dedicated to helping under-resourced students succeed in higher education, said access to a knowledgeable ear cannot be overemphasized. It's why they maintain contact with their students throughout their entire college career, not just during application season. It's especially crucial for first-generation collegegoers, whose parents might not know how to steer their children through the college years.

"Our kids will call saying, 'I can't pass this course and the professor says it's my problem.' Or 'I'm in the wrong major and I hate nursing.' Or even 'My roommate is using my deodorant. What should I do?' Often, (the student's) answer is to leave."

Masoud Qader, a junior at University of Illinois, Chicago and one of Foley's "stars" - sees smart students routinely call it quits.

"It's a combination of everything...most aren't prepared...and they're thrown into this totally new environment and it's just a shock," said Qader, a bioengineering major.

"A lot of kids were doing busy work in high school... they weren't taught to think

of Northside College Prep

High School. At Fenger, Dozier said they've made significant strides in improving postsecondary drop-out rates. School officials are focused on making sure students are well-equipped to step up to the next level, including offering a new class on college reading and writing.

"We're constantly trying to close the gap...and mining the data, then turning it into solutions," said the principal.

But no matter how hard educators try, it is difficult to make up for the unlevel playing field at home which is why some students end up as dropout statistics, experts said.

Qader, whose parents emigrated from Afghanistan in 1984, said his family's newcomer status is a reality he confronts often.

Because of language barriers, he must accompany his mother to doctor appointments and be the one to fill out official forms, whether car insurance or a lease, draining time from his studies. When he applies to medical school, he'll be at a disadvantage compared to those with family connections, he said.

"That's why great advisers and mentors are so important," he said. "Without them, you're just navigating without a map."

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NEWS BRIEFS

Expo features employers from public, private, nonprofit and gov't sectors

The Professional Practice Programs in the College of Science, Technology, Engineering and Mathematics and the Williamson College of Business Administration will partner for the first STEM-BUSINESS Co-op/Internship Expo on Wednesday from 1 to 5 p.m. in the atrium of Williamson Hall. The expo is open to all current STEM and business students who are seeking a co-op/internship for the upcoming year. The spring expo is scheduled for Feb. 13.

WYSU sets goal of \$115,000 for fall fund drive

88.5 WYSU-FM, the university's public radio station, will hold its annual fall fund drive from Tuesday through Friday with a goal of \$115,000. Throughout the drive, WYSU will offer daily prize packages, a new member prize package and a Pennsylvania member prize package. All supporters will be entered into a drawing to win tickets for WYSU's 11-day trip to Peru. To contribute, call 330-941-1481 or visit http://wysu.org.

Fall choral concert planned for Monday

The YSU Dana School of Music will present "Singing from the Heart in Time of Change" at 8 p.m. Monday in St. Columba Cathedral, located in Youngstown. The fall choral concert will feature the YSU Dana Chorale, the Women's Chorus and University Chorus, and several soloists from the Dana School of Music, among others. The concert is free and open to the public. Donations will be accepted. For more information, call 330-941-3636.

POLICE BRIEFS

Power outage mayhem

Around 2 a.m. Friday, a university police officer on routine patrol noticed a power outage across campus. The outage extended to the YSU police station, which resorted to emergency power for operation. YSU Police reported to Beeghly Center to shut down the swimming pool pumps in order to prevent a flood from the system's automatic emptying of the pool. Officers from the Youngstown Police Department were advised of the campus power outage, and they sent units to assist with calls on or around campus.

Student faints in Kilcawley

On Oct. 8, an officer was sent via radio to The Hub in Kilcawley Center in response to a male student who had passed out. When YSU Police arrived, the student was conscious and able to speak; however, he looked tired, had a pale complexion and said he had the flu. He also requested an ambulance. While waiting for the ambulance to arrive, the male student's friend told YSU Police that he saw his friend slumped in a chair in The Hub. The male student then fell to the floor, presumably clowning around. At that point, the student's friend said he poked him with a pool cue and, noticing that he was only semi-conscious, helped him into a chair. The male student was taken to St. Elizabeth Health Center.

Parking pass snatched

On Wednesday, a university police officer investigated a student report involving a missing parking permit in the M-24 parking lot. The student said his permit and validation sticker were not only removed from the vehicle, but had been replaced with another parking permit that lacked validation. No other property was reported missing, and the student said his car may have been unlocked.

Shenango presents

A concert by

Tubist Velvet Brown

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featuring pianist Christopher Guzman.



Friday, Oct. 19 7:30 p.m. Doors open at 6:30

Penn State Shenango Auditorium Downtown Sharon, PA

Free and Open to the Public.

The concert will include a world premiere of "And Every Man Shall See His Maker," composed by Ferruccio Germani, instructor of music at Penn State Shenango.

A reception will follow the concert in the Lecture Hall Art Gallery, with an exhibit of sculptures and art works by Ed Hallahan, instructor of art at Penn State Shenango, and Jackie Mountan, director of the Summerfest Children's Festival at the Trumbull Art Gallery.

For more information call 724-983-2906.

Ticket Price: \$15.00 Adults

\$6,00 Kids

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ARCHEOLOGIST PAGE 1

"We try to bring a different speaker each year as a way for us to celebrate," said Matt O'Mansky, an associate professor of sociology and anthropology and adviser to the Youngstown State University Anthropology Colloquium.

Pateman said he got into archeology because of his interest in history, adding that archeology documents what happened in the past.

'I enjoy speaking about the work I do here in the Bahamas, and specifically about archaeology and how our work can enhance the written record," Pateman said.

Now that the fieldwork component of the research is complete, Pateman said he is working to track down descendants of the slaves who were set free. He's "furinterested in doing ther research into what happened to the liberated Africans who came off of the boat," as well as "cleaning the artifacts."

Ron Shaklee, a professor of geography, said he's been taking students to the Bahamas to do research alongside Pateman since 1987.

Shaklee said students will benefit from Pateman's lecture at YSU. He said Pateman's visit will also strengthen YSU's link to the Bahamas.

Jessica Morris, vice president of the YSU Anthropology Colloquium, said she hopes that students will leave Pateman's lecture with a new interest in archeology and anthropology.

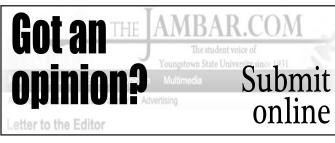
"I hope that any undecided students that attend Michael Pateman's lecture think about possibly looking into anthropology as a major," she said. "I added anthropology as a second major my senior year, so it's never too late."

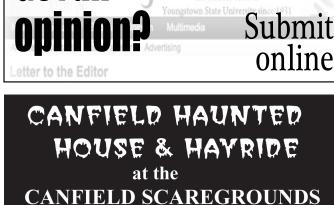
Morris said she's interested in hearing about the shipwreck, as well as learning from an experienced archeologist.

Pateman said he'd like to give lecture attendees a glimpse of what it's like to be an archeologist.

"It has to be something you love," he said. "Archaeology is not all as glamorous as it may seem, and anyone who is interested in pursuing it as a career has to be prepared for the long, hard work."

The lecture — which is free and open to the public — is sponsored by the departments of Africana studies, anthropology, geography and history; the YSU Anthropology Colloquium; and the Diversity Council. For more information about the lecture, call 330-941-3409. Visit http://ammcbahamas.com/ runtime/peterwreck.aspx for more information about the Peter Mowell.





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THEJAMBAR.COM **TUESDAY, OCTOBER 16, 2012**

ZOMBIE HORDE INFECTS THE STAGE

Rachel Lundberg ASSISTANT NEWS EDITOR

Zombies will come out singing at the Calvin Center on Friday for the opening night of "Living Dead: the Musical.'

Marisa Zamary, a Youngstown State University student, choreographed and stars in the original musical put on by the Rust Belt Theater Company.

The musical is an adaptation of the 1968 independent horror film "Night of the Living Dead."

Zamary will play the part of Judy, one of the

teenagers attacked by zombies. Zamary said the show is an innova-

tive representation of "Night of the Living Dead." She was one of the founding members of the theater company, which was created to premiere locally written works that encourage social change.

"It's very campy, kind of out there and crazy," Zamary said. "But it's a lot of fun. It's a very upbeat, funny show."

Robert Dennick Joki and Josh Taylor cowrote the show.

Joki said the musical parodies and makes light of the creepy-crawly aspects of "Night of the Living Dead." The script is entirely original, with only the plotline borrowed from the film.

The cast of the show had only three weeks to prepare for opening night, spending five nights a week working on blocking, music and lines.

'We're kind of putting it up very quickly," Zamary said.

Since its inception in 2010, the theater company has staged "The Rocky Horror Picture Show" around Halloween, but its founders wanted to try something new this year.

"We were trying to find out who we were," Joki said. "We wanted to find out what our niche

Zamary said she and the other founders of the theater company did fundraising in its early days to provide lighting, costuming and sets.

"It was definitely difficult starting from the ground up," she said.

Performances of "Living Dead: the Musical" are scheduled for Oct. 19, Oct. 20, Oct. 26, Nov. 2 and Nov. 3. All performances will begin at 8 p.m., and midnight shows will be staged on Oct. 26 and

The Calvin Center is located at 755 Mahoning Ave. Tickets are \$15 for adults and \$10 for seniors and students.

For more information, call 330-507-2358.



From pop to prof Assistant professor of history goes behind the music

Lee Murray REPORTER

On Oct. 8, Brian Bonhomme, an assistant professor of history at Youngstown State University, donned a gray hoodie, jeans and a salt-andpepper beard as he lectured to his environmental history

But he was used to a different wardrobe and audience from 1980 to 1986 as the frontman of the British pop band Roman Holliday.

Bonhomme left school at 16 to pursue a music career. He advertised for musicians in the local newspaper, and through several lineup changes and countless gigs in and around his home county of Essex, near London, the band started to take shape.

"The first thing we released was an EP," Bonhomme said. "We had a single called 'Stand By' that got a lot of radio in Britain and in the States, too. We then released 'Don't Try To Stop It,' which was the one that was a hit in Britain.'

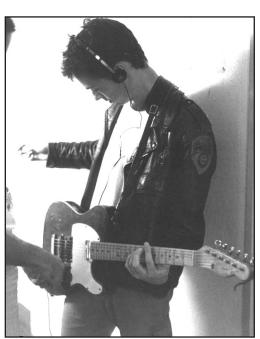
The band appeared on "Top of The Pops," a legendary but now defunct BBC television show that featured videos and prerecorded live performances from top-40 artists. The song reached number 14 on the British charts, sharing the top 40 with Elton John, The Cure, The Police and The Style Council, among others.

"I'm very proud to say I wrote that song," Bonhomme said. "Music and lyrics. It's my claim to fame."

Bonhomme said that as band members were added, Roman Holliday started to pick up swing influences. On a visit to a record label in London, when Bonhomme was 19, he overheard someone playing a trumpet in Soho Square outside. He immediately asked him if he wanted to join the band. Roman Holliday already had a saxophonist, and the brass addition completed their sound.

During the peak of the band's popularity, Roman Holliday was signed to the then-fledgling Jive label, which eventually grew to become a large producer of U.S. pop acts including The Backstreet Boys, Britney Spears and 'N Sync.

After the success of their first records, the band had difficulty finding an audience for their newer material. The label tried to switch their sound and their image to make them more commercially viable, but the already strained relationships within the band and with the label began to sour.





(Left) Brian Bonhomme prepares for a show in Berlin circa 1983. Photo courtesy of Brian Bonhomme. (Right) Brian Bonhomme lectures to his environmental history class at Youngstown State University. Photo by Lee Murray/The Jambar.

Bonhomme quit the band in 1985, and spent a couple of years living in dives in London, scraping by and trying to get another band together. After several failed attempts in London, he relocated to New York. He found work as a jobbing guitarist, but eventually abandoned music for aca-

"I was 26 when I started in college," Bonhomme said. He attended City College of New York from undergrad through his doctorate. "His-

tory just seemed to work for me. Every paper I wrote got a great grade, [and] I won all these scholarships and awards. ... It just seemed like the gods wanted me to be in history."

He developed a special interest in Russian history after meeting his wife, a Belarusian national, at the start of his un-

dergraduate career. "I have to say, my decision to study Russian things was

entirely because of her. I want-

ed to impress her, so I bought

a Russian phrasebook," Bon-

homme said. "And the campus taught courses in Russian. It all worked out very nicely."

After completing his doctorate, Bonhomme moved to the University of Central Arkansas for a visiting professor position. After four years there, he moved to Youngstown, and has remained here since.

"I was always applying for tenure-track Russian history positions, and YSU had one of those open in 2004, which I applied for and, very happily, got," Bonhomme said.

THEJAMBAR.COM TUESDAY, OCTOBER 16, 2012

All the world's a stage

Dim the lights. Maybe light a candle. Pop open a bottle of wine. Maybe slip into something sexy, and get ready to be seduced.

It's time for another presidential debate.

Yes, an hour and a half of prime-time television where two smooth-talking gentlemen attempt to win the collective hearts of many by saying just about anything.

Not even the most heart-wrenching episode of "Grey's Anatomy" can capture the array of emotions the viewing public will be subject to on Tuesday night.

Game three of the Yankees-Tigers series may equate. There really are few things as satisfying as a Yankees' loss.

But back to things that matter.

As we've seen in the first debate's wake, performance on stage has significant bearing in the polls.

After being neck and neck, Romney now has a two-point lead over Obama among likely voters in a recent Gallup poll.

Really, America?

After months of labeling Romney as too distant to connect with the average voter, everything changes with a night of grandiose promises and a new batch of reassurances.

At the other podium, Obama took a nap instead of breaking down Romney's niceguy facade.

Once again, two imposters will take the stage.

What they say will sound great, but it's what they're not saying that's crucial.

They'll split hairs over softball questions from town hall attendees, then dodge real issues by regurgitating premeditated rhetoric. Sounds like a great time.

Then again, first pitch is at 8:07 p.m.



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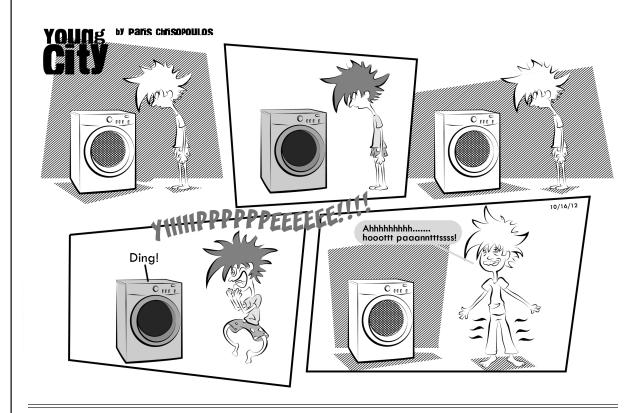
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The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor and the senior copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

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Gangnam style? Not in N. Korea

Los Angeles Times (MCT)

By now, "Gangnam Style" has become part of the pop culture lexicon. The infectious song by South Korean singer Psy broke the Guinness world record for "most likes" on YouTube. The video has been watched nearly 425 million times and has inspired flash mobs and parodies by lifeguards, Ivy leaguers and hot moms.

If you haven't heard of "Gangnam Style," you've probably spent the last month orbiting in outer space.

Or perhaps you live above the 38th parallel, in North Korea.

North Korea is as isolated and backward as South Korea is wired and technologically advanced. And while some ruling elites in Pyongyang are certainly aware of "Gangnam Style"—we know this because of a parody video posted on the North's official website featuring an image of South Korean presidential candidate Park Geun-hye doing Psy's signature horse dance—the regime prohibits ordinary North Koreans from having access to

The average citizen has no knowledge of YouTube, Facebook or Twitter.

It's safe to say that North Korea's notorious propaganda machine would never willingly let its impoverished population see the original "Gangnam Style" video, which parodies the riches and excess enjoyed in Seoul's trendy Gangnam neighborhood.

Three years ago, I got a unique glimpse of the so-called Hermit Kingdom after I was taken prisoner by North Korean soldiers along the Chinese-North Korean border while working on a documentary. The North was like no place I'd ever been. In contrast to the frenzy of the South, life there was slow and antiquated, a land frozen in a Cold War time warp.

ne warp. All media in North Korea are tightly controlled by the country's propaganda network. I was able to watch television with my guards on certain evenings, and as far as I could tell, the closest thing the North Koreans had to a pop sensation was a group of handsome singers from the military choir who belted out old-fashioned love songs and patriotic anthems. My female guards would swoon at the sight of these acoustic-guitar-playing performers dressed in army garb.

But my guards were not totally unaware of outside pop culture. One had been given Hollywood screenplays in college to help improve her English language skills. It was disconcerting to hear her reciting lines from the Adam Sandler flick "Big Daddy." U.S. culture was clearly seeping into North Korea, but it was hard to fathom what effect it was having.

was having.

Since North Korea's new leader,
Kim Jung Un, took power after his
father's death in December 2011,
there has been much speculation
about what kind of regime he will
lead. Will the Western-educated
Kim move to modernize his country
and open it up to the outside world?
Or will he take a hard-line, militaryfirst approach to governance like
his father?

Kim presents himself as a younger, more huggable version of his beloved grandfather, Kim Il Sung, and there is some indication he's interested in change. He has reportedly increased the flow of workers and officials to neighboring China, both to bring in cash for the strained regime and to study Chinese-style capitalism.

But in the end, it may not be entirely up to Kim when and how his country modernizes. Despite the culture of fear that permeates North Korean society, food shortages and the Gulag-style prison camps that hold an estimated 150,000 to 200,000 political prisoners, there are signs that the government is losing its iron grip.

Some televisions in the border region, for example, are now

able to pick up programming from neighboring China, providing some North Koreans access to news from outside the country. USB drives, MP3 players and DVDs are regularly smuggled across the border, and surveys of people who manage to sneak across the border into China each year suggest that around half of them had watched a foreign DVD while living in North Korea.

5

Smuggled Chinese smartphones have allowed people in the border regions surreptitious access to the Internet, and the phones have also allowed many North Koreans to learn about what's happening in the outside world by speaking with their relatives in South Korea.

Illegal marketplaces, where individual traders squat on dusty street corners to peddle cigarettes, socks, vegetables and anything else they can get, have been instrumental in fueling not only a shadow economy but in creating a new way for people to share information and network. Migrant workers and traders, who cross to China and back, return not only with goods but with knowledge of the outside world.

Many officials are bribed to turn a blind eye to the markets. But even without the payoffs, it would be difficult for the regime to crack down on enterprises that are supplying people with necessities the government cannot. The black market has allowed many to break away from their reliance on the regime.

"The change signals emerging since Kim Jong Un took over can only be fully understood by taking into account the bottom-up pressures," said Sokeel Park, director of research and strategy for the group Liberty in North Korea. Kim, he said, will have to find a way "to adapt to these changes if he wants to have a long-term career as leader."

North Koreans won't be living in Gangnam style any time soon. But the more they can break through the government's information blockade and learn about life outside the Hermit Kingdom, the more the regime will have to adapt and change.

Campus Connection

How do you feel about Microsoft discontinuing the sale of discounted software to universities?



"I didn't know it was an option."

-Zara Markman



"I bought it from Apple. It's not a good thing. YSU should sell resources to students. This service shouldn't be taken away."

-Thomas Williams

Women's golf works toward conference play

Cory Bartek Sports reporter

Roseann Schwartz has high expectations for the Youngstown State University women's golf team.

"I'm used to my team being first, second or third," said Schwartz, head coach of the women's golf team.

However, the Penguins have experienced mixed results through their first four tournaments.

Their high notes have been a second-place finish out of four teams at the Detroit Invitational and second out of five at the YSU Invitational.

But they've also placed

sixth out of seven teams at the Cleveland State Invitational and third out of five at the Robert Morris Invitational. "It's tough on them when

they compete and they don't finish first, second or third because it's sort of like an image of our team," Schwartz said.

Still, Schwartz — who is the only coach in the program's history and is now in her 18th year of coaching at YSU — said she is pleased with her team's performance so far.

For their best score of the year, the Penguins shot a two-round total of 614 at the YSU Invitational, though they were ousted by the University of Detroit Mercy's score of 609.

"This year, we don't look like we're doing as well as last year, only we're doing better," Schwartz said. "The other teams just shot some scores that were really low."

Schwartz said that last year's team was "decent," but

also young.
"I really didn't have any-



Emily Rohanna tees off during a recent tournament. Rohanna, a freshman, was the low scorer for the Penguins at the Robert Morris Invitational on Oct. 9. Photo courtesy of YSU Sports Information.

body with a lot of experience, and I had to put freshmen out there who were decent golfers but not ready for the competition," she said.

As for this year, Schwartz credits all of her players for being so dedicated.

"They will go and do even more than I expect of them," she said. "They're very goal-oriented. They set their goals, and they go after it — probably more than I've ever had a group do."

The players' habits and hard work don't go unnoticed.

"A week ago Saturday, I called off practice because it was rainy and wet, and I just didn't want them out there getting sick for no reason,"

Schwartz said. "But three of them showed up for practice just knowing that, and said, 'We're going to practice anyway.' That's a perfect indication. They went beyond of what I expected of them."

Next up on the team's schedule is the MAC Women's Invitational. While it's a preview of the Mid-American Conference, three Horizon League schools were also invited to the event: Cleveland State University, the University of Detroit Mercy and YSU.

"This will be a good judge because we'll be with a lot of lower-scoring schools, and we'll be competing with a league that is pretty strong," Schwartz said. Still, Schwartz said the main focus of her team is preparing for conference play.

"Getting ready for conference play is what we're doing, though, mentally," she said. "These kids need to know they can do it."

And while excitement about this year's team is high, Schwartz said she knows the future holds a lot of potential.

"I keep thinking that this year the girls are going do so well, but next year we'll even do better because we only lose one senior," Schwartz said. "I think we're going to get there. I think we're in the right direction; it's just taken us a little bit of time."

SPORTS BRIEFS

CSU overtakes YSU volleyball

YSU fell short against Cleveland State University (25-13, 25-14, 25-14) on Friday evening at Beeghly Center. The Vikings improved to 14-6 overall and 6-1 in Horizon League play, while the Penguins completed their first round of conference play at 12-9 overall and 2-5 in league matches. The Penguins, who played without their junior rightside hitter Missy Hundelt, committed 19 hitting errors in the match; six of those came on blocks. In addition, the Penguins had eight serving errors. Alexis Egler had six kills, while Jenna Cavanaugh and Nichele Johnson each contributed five kills. The Penguins hit .061 as a unit, and the Vikings hit .410. YSU will next compete against the University of Green Bay-Wisconsin at 7 p.m. Friday and the University of Wisconsin-Milwaukee at 2 p.m. Saturday.

Men's basketball to host Hiram at Covelli

On Dec. 8, the YSU men's basketball team will host Hiram College in the Inaugural Downtown Round Ball Classic — sponsored by Huntington Bank, Erie Terminal Place and Covelli Enterprises — at the Covelli Centre. Ron Strollo, executive director of YSU athletics, said the event is good for the Mahoning Valley. Tickets for the event are on sale now at the Covelli Centre box office and at http://ticketmaster.com. General admission tickets are \$7, center court reserved tickets are \$12 and a limited number of VIP floor seats are \$15. YSU students with valid ID will receive one complimentary ticket. All 2012-2013 YSU season ticket holders and Courtside Coaches members will receive tickets equivalent to their season ticket packages.

Soccer succumbs to Loyola

The YSU soccer team lost a Horizon League match to the Loyola University Chicago Ramblers, 2-0, on Sunday at Stambaugh Stadium. The Penguins are now 7-6 overall and 2-2 in the HL; Loyola moved up to 7-7-2 overall and 2-2-1 in the league. YSU will visit Valparaiso University on Saturday; play begins at

Penguin Olympics incurs rule change

Rachael Kerr



Highly competitive Olympians will risk a lot for a shot at glory. Penguin Olympians are no different.

In September, the guidelines for the Penguin Olympics, a competition held by the Andrews Student Recreation and Wellness Center, were modified after it was discovered that students were exploiting a loophole in order to gain the most points possible within a week.

Group X classes were originally scored by the length of the class — the more time spent in a class, the more points received. However, it was not taken into account that a great deal of cardio activity is involved in a majority of these classes, infringing on the guideline that limits cardio to one hour per day.

The main issue of concern revolved

only served as a strategy for participants to rack up a large amount of points, but also proved to be a health concern when not utilized appropriately.

"The American College of Sports Medicine have established guidelines in regards to frequency, intensity [and] duration," said Nicole Haralambopoulos, a Youngstown State University student and the program's creator.

Participants are now truly limited to

one hour of cardio per day.

Haralambopoulos said the rules were

changed for two reasons.

"One is to prevent overtraining, which is a very important principle that anyone who works out — beginner or advanced — should be aware of," she said. "The other [was] because of people racing away with the points."

Not only can overtraining leave an enthusiast with potential health issues, but the individual's overall goal and progress will be delayed or even set back due to these concerns.

The ACSM recommends "a gradual progression of exercise time, frequency and intensity ... for best adherence and least injury risk."

As of July 2011, the ACSM has found that adults should engage in at least 150 minutes of moderate cardio exercise per week. The study concluded this minimum

can be met through either 30 to 60 minutes of moderate-intensity exercise five days a week or 20- to 60-minute intervals of vigorous-intensity exercise over a span of three days a week.

Though the classes offer a range of activity levels, lower activity level classes like yoga are normally recommended for those trying to incorporate exercise into an inactive lifestyle.

Academic and other obligations place students at a disadvantage as to which classes they are able to attend. For the eager Penguin Olympics participants, it means choosing the first class they can attend that day — regardless of activity

Haralambopoulos said she understands that devoted members of the program are "in it to win it" and has tried to offer alternative means of point collection that range outside of participants' physical exercise.

Bonus points are awarded to teams and individual members who attend educational lectures and events centered on exercise and other health-related topics such as the Bench Press Clinic held on Saturday.

Saturday.

"I want to keep people motivated and enjoy what this program has to offer," she said. "In the end, everything we do at Campus Rec is for our faculty, staff and

PENGUIN SPOTLIGHT



Marta Burak

Hometown: Lviv, Ukraine High School: First Degree Year: Sophomore

Marta Burak, a member of the YSU women's tennis team, started the season by winning the Flight A finals at the St. Bonaventure Fall Classic on Sunday. Burak won the championship, 8-3, against teammate Margarita Sadovnikova. Last season as a freshman, Burak won the Horizon League Newcomer of the Year award, and she was a first-team All-HL selection.

Hockey club members express love of the game

Ashley Morris REPORTER

Hockey is more than a game to members of the Youngstown State University men's ice hockey club; it's a lifestyle.

The hockey club began about 10 years ago, and it has competed against teams from Indiana University and the University of Pittsburgh.

University of Pittsburgh.
"The club consists of 17

members and is expecting about 21 members next semester," said Dan Jech, a YSU student and a member of the club. "We practice anywhere from three to four days a week at the Ice Zone, located in Boardman."

Boardman."

Jech, a junior who is majoring in psychology, plays offense as a left wing and forward. Although he's been playing with the hockey club for only four years, Jech said he has been playing the sport

for almost his entire life.

"I've been playing hockey since I was 3 years old," Jech said. "There's nothing that I don't love about hockey — the scoring and, most importantly, the winning."

Nick Wolf, one of Jech's teammates, is a junior graphic design major at YSU. Wolf has been playing hockey for 21 years, and he's been a member of YSU's hockey club for four years as a right wing on the offense. Wolf said he heard about the hockey club through some friends who attended

YSU and decided to transfer from Cuyahoga Community College.

"It's fun," Wolf said.
"They're not just your friends; they're your family. You get to travel. Most teams don't get to do that."

Jech said the club is more than a student organization.

"It's very competitive,"
Jech said. "It all comes down
to who is ready to play and
how you play the game. Fate
trumps logic."