

## Dunn begins school year with State of the University address



Ted Roberts reviews legal documents located in downtown Youngstown. Roberts Ted Robe
is the ne ne
Jambar.

## Ted Roberts to serve as YSU's newest trustee

FRANK GEORGE

James E. "Ted" Roberts is the newest member on Youngstown State University's Board of
Trustees. Roberts began his nine-year term on Trustees. Roberts began his nine-year term on
June 26 after being appointed to replace Scott schullick by Governor John Kasich. His memanizations in which Roberts has been involved Roberts earned a bachelors' degree in combined social studies from YSU before receiving his law degree from the University of Akron. He ment law. As a Youngstown graduate, Roberts maintains a connection with YSU.
"My wife graduated from YSU too, so she's my biggest connection," Roberts said. "Ive
school of education during the last ten years.
I taught school law and collective bargaining. The Board of Trustees consists entirely of
volunteers, and Roberts said he is comfortable with volunteerism and community involvement He has served as the president of the Mahoning Valley Bar Association, assisted the Salvation Army as a member of their East Side Advisory Board, and worked with the Youngstown Rotary
Club. In addition to teaching at YSU and voluntee ing in the community, Roberts has also developed a vision for the university's future success. He wants to make YSU a stronger educational institution. This goal, he said, begins by im
proving enrollment numbers.

## YSU's financial rating increases



FRANK GEORGE ftgeorge@student.ysu.edu On July 12, the Ohio Board of Regents published their fi nancial ratings for state col leges and universities for fiscal
year 2012, and Youngstow year 2012, and Youngstown
State University's financial ratState University's financial rat-
ing has been upgraded from 2.3 ing has been upgraded from 2.3
to 2.6 , out of a possible 5 . Senate Bill 6 requires stat colleges and universities to ports to the Board of Regents within 30 days after each fiscal quarter. Using the year-end audited financial statements stitution, the each public inmonitors individual campus finances and assigns them a financial rating.
David Cannon, vice chan Cellor of finance and data management for the regentst, ex plained that the rating system

Info. from Ohio Barrd of Regents
used to determine the compos
finances in check. "The financial rating is inended to increase the financia accountability of colleges and set of measures with which to monitor the fiscal health of campuses," Cannon said. Cannon explained that a niversity's financial rating is net assets, plant debent expable enues, total operating expenses total non-operating expenses and change in total net assets. Using this data, the board ios. A viabilcty able net assets divided by plant debt, a primary reserve ratio expendable net assets divided by total operating expenses, and a net-income ratio - change tal revenues.
These ind
used to determine the compos-
ite financial rating. ite financial rating. has improved 3 points sore the 2011 fiscal year. Though a fraction of a point, Cannon said this increase is significant. It shows that YSU's viability
ratio improved over the 2011 score due to a decrease in debt and an increase in its expendable net assets. "A 3 increase shows the university is getting a better
handle on the finances from the previous year," Cannon said." previous year, Cannon said.
Neal McNally, director of budget planning and treasury operations for YSU oversees budget and says the improved core is important. "I would say that in any environment where revenues are
falling, due to declines in both

FINANCIAL RATING

## Welcome from President Dunn


#### Abstract

Greetings! As your new president, I am you to Youngstown State Uni versity for the 2013-14 school year, and I'm also grateful to The Jambar for the opportunity to do so. YSU-in addition to being the place where a world opportunities can open for you if you let them-also years, and all of us want to be helpful as you are settling in and getting ready for another academic term. As you read this, my wife, Ronda, and I moved here little over six weeks ago-and I'm completing my fifth week on the job. If you are a recent Mahoning Valley and Manoning Valley region, my hope is you'll feel the same connection to this place that we do. There is much to see, o, and explore - and we lil undertake that together as ley's newest residents. the area and know it well, YSU still provides a wide variety of events, activities, and people that you might not have even known are right in your backyard. Take advantage of every thing here as much and as often as you can, because that's what agreat university experience is all about ing Welcome Week 2013, this year's "Penguin Boot Camp," have been designed to extend very special YSU greeting nd to fold you into campus ife once again. As I came here moothed by many genuine and kind people on campus and n the community. I am certain braced by the same hospitality and support somewhere along the way during your time at Youngstown State. If you haven't figured it out already, Youngstown State proopportunity by combining the fight balance of institutional size with a real sense of comYunity. Said another way: just about everything you could want and need from a wellknown public university, but


not so big that you won't know the people you see on campus
or feel like a lone person in the crowd. As a larger, 'mid-major' higher education institutio we are able to offer the selec
tion of academic and student ion of academic and student
service programs you expect from a comprehensive univer sity, and yet we still maintain
strong focus on you as an indi strong focus on you as an indi-
vidual student similar to what vidual student similar to what
you would expect to find at a smaller college. It really is the best of both worlds.
So I am encouraging all of
you to take on everything that is you to take on everything that i possible at this special place-
stretching yourself, setting high goals, doing new things, and forcing yourself to think outside of the box with the many and diverse people you wil
encounter here. Indeed, this is encounter here. Indeed, this is
at the heart of what a university at the heart of what a university do! Take advantage of all that is YSU beyond just success-
fully acquiring credits toward graduation (that's Job 1 o course--because the privilege
of higher education is abou much more than just preparing for a career. It should prepare you for an enriching life a
well. Campus you are acclimated to Facebook and Twitter (@YSU Prez), check out my webpage
at www.ysu.edu/president just email me at randy.dunn@ just email me at randy.dunn@ or comment whenever you like
When I am able to do so, I'l generally try to respond back you. And if you see me out and elsewhere, don't hesitate to come up, say hello, and intro of being a university president of being a university presiden
hands down is getting to meet a lot of amazing and interest ing people...many of them our We're going to be sendi We're going to be spending
few years together and to get to know many of you during that time. So welcome to YOUR campus. Welcome
to Youngstown State University. You will have a great life
changing experience here. changing exp
guarantee it.

Go Penguins!


## Seven college roommate conflicts - and solutions

Jessica Yadegaran (MCT)
s summer winds down and thousands of college stusity digs, it is important to renember that roommates can be among the most enriching experience. But, learning to get along with a stranger, of en in a small space, can also be challenging, especially if you've never had to share a how. to communicate dearning promise and respect each oth r," says Kenrick Ali, associate director of residence life at Cal State East Bay, which welcomes 1,500 residents to
its dorms on Sept. 20 . Ali has mediated $h$ f roommate conflicts over the years and says the most common issues among colege roommates are sched morning person, he's a night owl - and using each other's belongings without permission. Having a roommate's boyfriend or girlfriend spend is also a major point of contention, for obvious reasons. We enlisted Ali and two oher experts - Audrey Frey, a recent University of Califorin Fremont, Calif., and Nivkhil Sharma, a Cal State East Bay junior majoring in business - to tackle seven roommate conflicts and offer their soroommate each of the four years she attended Berkeley. Sharma serves on the board of his university's residential hall association and helps me diate conflicts.

THE FOOD FIGHT When it comes to food, turns buying the common items, like eggs and milk. But, lately, you've noticed
that she's been dipping into that she's been dipping into your personal items in the re-
frigerator, like your Greek yo-
gurt, which isn't cheap. What gurt, which isn't cheap. What Frey: Label your food. Sharma: I always say, " ask before, and I'll most like ly say 'yes.' But if you don't ask, and it keeps happening,
I'll report it to the residential r'll report it to the residentia
adviser." Ali: It is imperative that you speak to your roommate
about how much they can use, what happens when item start running low, what hap pens when there is no more of
the item, and who pays for the the item, and who pays for th
replacement.
FEELING LIKE THIRD WHEEL
Your roommate's girl-
friend is visiting your dorm room ... again. That's the Doesn't he realize it's a small space and listening to them makes you uncomfortable? Ali: Speak to your room mate in a nonthreatening
manner about the impact that manner about the impact that
his guest is having on you Suggest developing a specific schedule of when each of you is allowed to have visitors and ask him if there are other places that they could go
Flexibility is the key. Expres Fexibility is the key. Expres
that being able to hear them makes you uncomfortable But, you also have to compro mise and be OK with over-
night guests once or twice a night gu
quarter.

Frey: If all the PDA in the fortable, tell him that directly. Remind him that it's your room, too, and you deserve
to feel comfortable. If this is a recurrent problem, remind your roommate to ask permisguests. Explain you'll do the same for him.
Sharma: If it's in the middle of the night, and you're
trying to sleep, ask them to trying to sleep, ask them to
be quieter or ask them to find somewhere else to go.
THE MESSY FLATMATE After a year in the dorms you and your roomie move ment. But the extra space ha brought out the slob in he Her unwashed dishes are pil ing up, and you fear Ali: A very standar is that all of the shared space in the apartment are to remai clean. Create a task list and schedule a rotation between roommates. If critters decide your roommate's messiness, it is appropriate for you to ask her to pay for them to be exterminated.
Frey: Tel
Frey: Tell her as you se - the apartment is a mess aware of it and probably feel somewhat guilty. If she won't lean up on her own and needs more prompting, set a cleaning date. Consult both your schedules and find a day you're both free to clean. Sharma: This happened to me.My roommate didn't wash his dishes before Thanksgiv-
to hundreds of baby flies ev- traits are what will largely it on erywhere. We had to buy a determine whether or not you
ton of fly swatters to get rid of two are good roommates. As in any roommate relationship, the most important thing is mutual respect. If you're really uncomfortable, seek
resources and educate yourresources and educate yourself. awkwardly or strangel she'll probably feel hurt and respond in the same way. Ali: Open your mind. Get over yourself. If you want to go to college, there is no to meet people with different lifestyles. Don't expect a move, either. If you imme-
diately demand to be moved diately demand to be moved room because of not agreeing with someone else's lifestyle, it will not happen. Most universities stand by their nondiscriminatory values and open and welcoming educa tional community. THE COUCH CONFLICT
Three roommates pool their money to buy a new
couch for the apartment When they disband at the end of the school year, who gets
the couch? Ali: If one roommate is at-
tached to the couch then they tached to the couch, then they the couch from the remaining roommates. However, th roommate that is purchasing the couch shouldn't expect to
get the full amount that was get the full amount that was
originally paid, as the couch originally paid, as the couch
has now devalued from the original cost.
Frey: A lot of people don' want their stuff at the end of the year so they decide to give
it away to Goodwill or leave

Sharma: Sell it and split he money three ways. Or if you re going to live together ge next year, put it in storge until then.

A POT PROBLEM Midway through the se mester, you realize that your roommate smokes marijuana and he likes to do it in your
room. What should you do? room. What should you do?
Sharma: Tell him or her, Sharma: Tell him or her, smoke, do it off campus." Frey: Before you report your roommate, see if you can talk things out. Tell him you don't want him to smoke in the room anymore and explain that you have a right to a moke-free environment, and has a no-drug policy. Let him know that if you catch him smoking in the room again, you're going to have to report you're
him.
Ali:
Ali: As popular as marijuana is, it is still illegal, and if you do not want to jeopardize your housing and educational endeavors, then it is important that you immediately semove yourself from the consider speaking with your roommate and asking him to not smoke in your room to enure that you are not involved will pursuing th the university against yourif If sanctions act campus police or a coning staff member to document the situation.


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reinstatement of paper statements.
financial rating PAGE 1
that attract students and do not attract students... We have been losing enrollment over
he last several years so the university needs to determine why and how that can be improved," he said.
Roberts also said that he hopes to act as a liaison be-
tween the university and Youngstown residents. "The Board of Trustees are essentially the citizen represenonnect the people who work connect the people who work
there and the students who go there to the thinking of the community in which they are operating," Roberts said. Roberts explained that the Trustees is to better YSU's students.
"As long as we can keep the ocus on how best to strengththe future success of the verything should come out okay," he said.
Fellow board members Carle Weimer and Harry Meshel expressed con
"He's a wonderful addition to the board," Weimer said. He has a lot of years of experince in education. Legal experielpful as a board member, but he has also been very involved with Youngstown City Schools a a legal capacity for a number of years... We thank the govand excellent choice for the board of trustees."
Meshel agreed with Weimer. "Ted has had an extraordinary legal career and married
into a fine family. He's a great ato a fine family. He's a great
dmission.... He's one we can all be very proud of having with us," Meshel said. As a trustee, Roberts will be able to vote on all Board issues,
including personnel, curriculum and business decisions.


## 50 years ago, the March on Washington

On Aug. 28, 1963, more than 250,000 people gathered on the National Mall in Washington, D.C. the March on Washington for Jobs and Freedom, the largest rally for civil rights in U.S. history. After a summer of rising racial tensions in the south, civil rights leaders united with common purpose. Participants arrived on buses, trains, planes from around the country. Their demands comprehensive civil rights legislation, desegregation of schools, job training for black Americans,

## Timeline of events

 May 1963 Civil rights protests and violent backlash flares in cities such asBirmingham, Ala.
Birmingh
June 11
Southern Christian Southern Christian
Leadership Conferen leaders call for demonstrations in Washington; activist Medgar Evers is assassin
July 2
Officials in administratio of President John $F$ Kennedy insist that demonstrators arrive on depart the capital the same evening
Aug. 24
Chartered buses depart from the West Coast for Washington
Aug. 28
More than 2,000 buses converge on the city, and 21 trainloads of
demonstrators


March leaders

1. Mathew Ahmann Executive director, National Catholic Conference for Interracial Justice
2. Cleveland Robinson

Chairman of Demonstration Committee
3. Rabbi Joachim Prinz

A Philip
4. A. Philip Randolph Organizer of the demonstration,
veteran labor leader
5. Joseph Rauh, Jr Washington lawyer, activist
6. John Lewis

Chairman, Student Nonviolent oordinating Committee, Iater a U.S.
7. Floyd McKissick

Chairman, Congress of Racial Equality Also (not pictured)
James Farmer
Conference of Racial Equality Rev. Martin Luther King J Conference (pictured below)
Roy Wilkins
National Association for the Advancement of Colored People Whitney Young Jr. National Urban League



Throngs gather at Throngs gather at Lincoln Memorial African American grounds of the memorial; loca newspapers chronicle the event

Peaceful demonstrations Procession of African Americans carries signs calling for equal rights, integrated housing an end to

King's soaring speech electrifies "I have a dream that one day this nation will rise up true meaning of its creed ... I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character. I have a dream today!"

Attendees traveled from across the country
On Aug. 24,
chartered buses from the West Coast
begin the long begin the long journey

Avon Rollins Sr. flew from Sr. flew from Chicago to attend in 2008, Rollins wrote: "Forty-five years later, I still ask, America, are you really America to me?

On Aug. 27, A crowd gathers Birmingham, Ala., to squeeze aboard six chartered buses; hundreds are left behind for lack of funds

"Freedom Special" train, 22 cars long, leaves Florida, rolls up East Coast, picking up marchers how those days changed our world, at least in part

Anniversary observances Aug. 21 Worship service, Mt. Airy Baptist Church, Washington, D.C. Aug. 23 Commemorative concert, Washington Convention Center Aug. 24 Realize the Dream march and rally, incoln Memorial
Aug. 28 Let Freedom Ring; closing ceremony with speeches by presidents Jimmy Carter, Bil Clinton, Barack Obama




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## NEWS BRIEFS

2013-14 Welcome Week activities

## Arts \& Entertainment

## mEET CHET COOPER



Dr. Chet Cooper, an associate professor of biology, runs his laboratory
Representative for the University. Photo by Josh Medore/ The Jambar.
CHRISTINA MULLEN "I started out like most biol- power to approve parties that "I had this little apartment in "I chose Texas because when

Chester Cooper, a professor in the Youngstown State University Biological Science Departful college experience, both as a professor and during his years as a student.
Cooper obtained his undergraduate degree from the University of Pitsburgh at John suburban area of Johnstown, a suburban area of Johnstown Pennsylvania.
ogy majors - wanted to be would take place in the pre-med," Cooper said. "Then I "The student council came liked the science patt" part, to me and said they wanted At one time, Johnstown cam- to throw a campus party. The
pus was rated one of the top one of the local beer distributen party schools in the United States.
"So you can imagine what the "So you can imagine what the
weekends were like," Coope said. Cooper was a resident assistant for his large campus dorm that housed about 200 students. He he was a senior and gained the Heineken ors and wanted to get my pumission to throw this party", Cooper said. "The deal was they could buy 30 kegs of beer nd the distributor will throw in 50 cases of Secific price." Heineken for a ooper approved the party if he
he dorm. I stashed all 25 cas- I was doing undergraduate $r$ es in my bedroom. So I had search with somebody at Pitt enough Heineken to last me my Johnstown, I was studying a senior year," he said. "Eventu- certain group of fungi and
ally, I heard about it from my knew of a professor in Texa boss. He wasn't too happy. He that had a lab that worked with wanted to know how I could the same sorts of organisms," approve something like this, said Cooper. and I told him that how could Cooper went on to get his Ph.D.
pass it up when there is 25 in microbiology at the unive pass it up when there is 25
in microbiology at the univer
sity and went out into the worl After graduation, Cooper de- to seek his fortune.
cided to further his career at the "When I graduated with my
University of Texas at Austin PhD I had a couple of University of Texas at Austin PhD I had a couple of op-
where he obtained a master's degree in microbology. New York. I worked for the

New York State Departmen f health; there I ran a clinica lavatory of diagnosis of fungal infections, said Cooper.
Cooper enjoyed his job but de scribed Albany as an "old di "Iapidated city full of politics." "I used to say Albany was not from there" he said Cooper stayed in Albany for four years and then was recruit ed by a scientist to go to Case Western Reserve University Cooper was later involved wid cal Branch at Galveston in Texas. After seven years, Cooper left when the university fel into a deficit.
"My boss came to me and explained how I would be laid off in a year due to some excessive pending budget from previlooking for a job, and I couldn't believe this was happening," Cooper said.
Cooper then saw a posting for a job position at YSU.
I came to Youngstown for the interview and he gave me an
attentive offer and I was just waiting for the actual offer," he
said. Youngstown, his chair from UTMB, Dave, extended his lay off from a year to a year and "Dave Dave said the budget situation like to extended you lay off And I looked at him and said 'Gee, Dave, that's really swell of you, but if you don't extend my offer anymore, then the jobs I am looking at now isn',
going to be available then', Cooper said.
The next day, Cooper had a contract from the UTMB waiting under his door. But once he received the letter from YSU Cooper said good-bye to Texas and hello to Youngstown. [That's] how I became a proUniversity," said Cooper.

## A PENGUIn'S SONG HEARD AROUND THE GLOBE

GABRIELLE FELLOWS gabbymfellows@gmail.coma

On July 30, Youngstown State University senior Can-
dace "Candy" Campana, a country-pop singer, released a ten-track album, "Sweet," to Tunes and Amazon.
Hailing from Birmingham, Alabama, the aspiring singer/
songwriter was signed to songwriter was signed to
Soull st Records and Entertainment in 2009.
She said that after many years of prepping, recording and hard work, she is ecstatic for the CD to be available to
the public. the public. Campana said she began to she was only 3 years old. She said by the third grade, she had decided that her life would for-
ever be devoted to the creation
of music.
At 11 years old, Campana was in the recording studios, she was asked to sing for them ver the "phone. After she finson, they" by Michael Jackrecord asked her to agree to record deal over the phone. Within the next week, the pape ontract was in her mailbox. Campana's mother, said her aughter is motivated and driven to do what she loves. "If anyone could do this, it would be Candy. She never gives up, no matter how many Besides being a dedicated musician, Candy Campana is also an avid student, performer, horse trainer and dancer. She graduated as valedictorian from Struthers High School, Campana said she had con- and has kept straight A's and
tacted many labels over the been on the Dean's List all of
years in the hopes of being a
ser semesters at YSU. Campa-
signed recording artist. When na is also pursuing a bachelor's Campana said she had con- and has kept straight A's and
tacted many labels over the been on the Dean's List all of
years in the hopes of being a a her semesters at YSUU. Campa-
signed recording artist. When na is also pursuing a bachelor's Campana said she had con- and has kept straight A's and
tacted many labels over the been on the Dean's List all of
years in the hopes of being a her semesters at YSU. Campa-
signed recording artist. When na is also pursuing a bachelor's
$\qquad$ 'yes'," she said In 2009, Campana got the call that would forever change "This one 'yes' was my big break", she said.
Campana said she knew this Campana said she knew this
was the work of all her deterwas the work of all her dete-
mination and a dash of fate. mination and a dash of fate.
"I thanked God for this op portunity. This all just fell into
my lap. It was a hard struggle, my lap. It was a hard struggle,
but it was well worth it," she but it was well worth it," sh
said. signed recording artist. When na is also pursuing a bachelor's
a focus on marketing and entre signed recording artist. When
she called Soullst Records,


Senior, Candy Campana, poses for the cover
premiere album, "Sweet". Photo courtesy of


started out glumly
"Over the ne
to two years, we have to stabilize our revenue stream," Dunn said. "For this year alone, the one just completed fiscal year $13-$ we are looking, at
about 1.9 million dollars in deficit." He also explained that each one percent drop in enrollment equals about a $\$ 1$ million loss in revenue. YSU's low graduation rates, which are becoming increasingly tied to state
funding, are also not helping the situ
$\qquad$ "People
.
.
.
People want to be associated th a winner. And we can show that we are a winner. We have a thousand ways we can show it. And we are go-
ing to show it," Dunn said ing to show it," Dunn said. elationships with community institutions like the Youngstown Business Incubator, which was named the 11th best university affiliated incubator in world in July.
Dent once proclaimed, "The night

| -JAMBAR:POLICY= <br> Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are $\$ 25$ per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are $\$ 1$ each. |
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$\qquad$





















## Kevin Horrigan

(MCT)
Somer
Somewhere in this favo
(MCT)
Serhaps peraps in college or high school or even
grade school, are young people who one day
will beco will become the first American astronaunts to
travel to Mars. They'd better like Spam.In a stunning tribute to scientific research and $\$ 1$ million of NASA's money, six research sci-
entists emerged after 118 days in a fake Mars mission space cocoon on the slopes of a Hawaiian volcano on Tuesday with the news that if you're going to boldly go where no
man has gone before, you should absolutely man has gone before, you should absolutely
bring along a lot of Spam. Yes, Spam, that canned meat product
first produced by Hormel Foods in 1937, the one that got Allied forces and the homefront
through World War II that became through World War II, that became immor-
talized by a Viking choir in a Monty Python sketch in 1970 ("Spam! Spam! Spam! Spam!
Lovely Spam! Wonderful Spam!") which somehow led to its name being adopted for unwanted email. That Spam.


## haworiscom <br> saves siomoontaxthonts

OfFICER WINBUSH

Hello everyone, Officer Winbush here with Safety Tips.
I know this is a very hectic time for you, and if you're a new student it can be a little overwhelming. So take a deep breath, blow it out, and remember: soon you'll be a pro at knowing where things are on campus. I just want you to keep a few things in the back of your mind. Theft is a crime of opportunity - meansomeone to take your stuff, then there is a good chance your belongings will be sto-
len. So keep your room door shut and locked when you're away from your living wallet, or purse down then walk away - not even for to $\log$ serial numbers and photograph your valuables. Finally, Keep your eyes and ears open, and trust your

We are all Penguins; let's look out for each other.
Until next time, have a great month

LEE MURRAY
@lejamesmurray@gm


I have a confession. Take a look at my mugshot
above. It's the same photo I above. It's the same photo I have as my Facebook profile
picture, and it's the same one
that sits at the to that sits at the top of my twit-
ter. I have an online jounal ter. I have an online journal
ism portfolio, and it's the sol ism portfolio, and it's the sole
photo of me on that, too. photo or me
Lovely.
Take a second look. It get better, doesn't it?
The jaw line. The hon-
est, friendly amount of facial hair. Look at the lasseiz
hair. Look at it. Perfect.
Ioffer this confession seek forgiveness, but rather to seek forgiveness, but rather to
appeal to your understanding.
My confession is this: First

## have a confession

| The man in the | tive employer would see I've | thor photo shoot. |
| :---: | :---: | :---: |
| does not exist. The man in the | tive employer would see. I've | So I did it myself. I set up |
| I certainly do |  | and I took some selfies |
|  |  |  |
| this guy's older brother. Weath- | millennial cellph | Among the mire of gurn- |
| ered. Tired. Softer around the | plug the holes on my soci | ing, twisted expressions and |
|  |  | closed eyes, I found this |
| Secondly - and this one is | That all changed when | diamond in the rough. I held |
| e hard to admit-I took 600 | something I wrote was picked | my breath for a beat as it came |
| fies to get this shot. | up by a magazine. Pa | on the screen. Who was this |
| Six hundred. | contract | n before me? The man |
| I know. It's a lo | quired an author photograph. | could have been? |
| Objectively, it's an abnor- | That's when I panicked. | Obviously, I chose that |
| lly large amount of images | I paid someone to take some | photo because I wanted to look |
| take of one's self. | photos. A mall professional. | good. I wanted to look good be- |
| re | But when I told her what it was | cause I wanted to be taken seri- |
| $p$ and heavily guarded | she had me do all | ssly. I knew that the proper |
| mplex 12 -digit passwo | weird poses that resembled | he |
| de file | reproductions | s editing and publishing the |
| ts I didn't use. It's just kill- | din's "The Thinker." I wa | agazines I want to work for |
| my laptop's performan | torted into ridiculous positions. | day-would make a snap |
| But I maintain, desp | When I looked at the photos | cision based on this photo- |
| ggestions from family and | afterwards, I realized that I | graph. Or, at least, that's how I |
| ds to the contrary, | looked as preposterous as I'd | agined it worked, and that's |
| ing 600 selfies in minutely dif- | felt whilst she was taking them. | essentially |
| poses was not | I couldn't send any of those | It's a little dishonest, really. |
|  | in, no way. I pictured the mag- | the same way you seniors |
| Rather it was an act of long |  |  |
| m professional planning. | round a monitor, laughing | to get your foot in em- |
| Growing up pre-interweb | ux-intellectual posturing, | ers' doors (you're not fool- |
| ever had to worry ab | choking on their espressos over | ne with "coordinated |
| otographs of me being the | the grotesque parody of my | -person street teams |


 to sleep in. Other normally enjoy, and their overall food intak
than that, there was declines, putting them at risk for nutritional
no no privacy and very deficiency, loss of bone and muscle mass,
little to do inside the and reduced physical capabilities. More-
bubble they called over, all foods decline in nutritional and eat home. There were over, allality over time, and only a few of the
three men and three many available astronaut foods have the e- to
women, but we don't 5 -year shelf life required of foods for a M want to but we don't
This wo there. This was about sci-
ence.
And recipes. And
personal hygiene.
It's the little things
that count.
that count.
NASA currently
has only speculative
has only speculative
plans and very little
money for an actual
Mars mission. No- device will can build a 3-D food printer. T
body has any idea $\begin{aligned} & \text { powders and oils to print pizzas. } \\ & \text { what it would cost. } \\ & \text { Spam pizza probably, washed down with } \\ & \text { But in an era of defi- }\end{aligned}$. $\quad$.ang.


 current technology, a trip to Mars would take
about eight months. Figure on staying there 14 months or so while the Earth and Mars there's another eight months home. This will on a Navy shower every two days) and other on a Navy shower every two days) and other
foodstufs, some changes of clothing (no
Laundromats in space) and other logistical issues.
But, just in case, NASA made two grants, But, just in case, NASA made two grants,
totaling $\$ 2.2$ million, to Cornell University and the University of Hawaii for the HSEAS studies to study some of these things
Some people might regard this as a tad pre Some people might regard this as a tad pre,
mature, developing menus when you don' have a spaceship, but science will not be de-
terred.
You can't do much cooking in the zerogravity trip to and from Mars, so the astro
nauts will mostly eat prepared foods. While nauts will mostly eat prepared foods. While be time to break out the recipes - and no
just for yucks. The HI-SEAS Website ex
 Exploration Analog and Simulation (HI-
SEAS) project is that Spam will be vital to

to test what kind of meals astronauts could
 hers: the Spam ' n Ega baowich breakfast Bean Soup with Spam and Biscuits, Spam
Fried Rice and Spam Sushi

Houston, we have a problem.
Admittedly, I am way past the age where Mars astronaut, to say nothing of my lack of courage or the slightest interest in such a ca my disqualifiers.
hese qualities. More than 700 of them ap

across the nation - are all things that re holding this university back from
 merniverity a dige YSU a . But he's been in charge for just ood on his promiss and visions解 wit ber overnight. We worl wake up one day and see
until he

## Attitude Era <br> Volleyball team ready for new challenge



Freshman defensive specialist Dana Borsz bumps the ball during practice on August 9
looking to improve on last season's 15-14 record. Photo by Dustin Livesay/The Jambar

JOE CATULLO JR. joecatullo@yahoo.com

They never had a chance Everybody was better than them. Every time they stepped would lose. This was how the Youngstown State University volleyball team felt two and three years ago.
"Coming into our freshman year and being new with a
not-so-good record, we were coming into games thinking Well, we're probably going to lose again,'," senior Missy Hundelt said.
The Penguins compiled seven wins from 2010-2011
in 58 games, which is a 137 winning percentage. Then the tides abruptly turned whe coach Mark Hardaway too he helm last year
"We kind of had to earn how to win, and we just aid. "We finally, realized the
we've been good all along and hard that we were able to do tried to put it into use
hard that we were able to do The Penguins finished One thing Hardawa 15-14 overall, the program's changed was the attitude. He $5-9$ in the conference. YSU showed the Penguins what also participated in the Hori- it's like to have fun and enjoy zon League Tournament for their surroundings he first time since 2008 .
YSU lost its first games last year before winning eight straight, setting the mark for bigger things to "I don't think people be lieve me, but I was very fortunate what I inherited here," Hardaway said. "I just know that when we came in and looked really hard at what we had, I
know our first team meeting I told them 'We're going to have a winning record, and we're going to make the conference tournament." "And I don't think they be heved me from top to bottom, the rest were willing to work
"The first two years were rough, but ever since Mark
came in it has completely changed," senior Nichele Johnson said. "You can just
tell we're so much happer tell we're so much happier
with the outcome of everywith the outcome of every-
thing."
When Hardaway inherited he Penguins last year, he got a young group that graduated one senior. He has seven se niors this year, which puts
more pressure on the secot more pressure on the second-
year coach.
"I think it's a pivotal year "I think it's a pivotal year
just because we have seven seniors," Hardaway said "When you have that many
seniors, that's always the seniors, that's always the
year when you can have higher expectations."

The Penguins begin the 2013 season at the Chanticleer Invitational, playing one game on Aug. 30 and two on Aug. YSU Invitational host the ning on Sept. 6 and will compete in two more tournaments before league play begins.
Chang lineup hasn't irls 1 . We had the same girls playing since I've been "Bere, senior Erika West said. Before we were playing not to win instead of playing season, you can tell the ference in the attitude in gym. We know we have a re ally good chance of winning a ring. All of us, the seven seniors, we all stayed and showed that we're ready. We want to go out and do something to change YSU history."

## Stop; Berassa time.

When senior receiver Jelani Berass cores a touchdown for the Youngstown State University Penguins, he makes sure he ends it properly
It's also how he got his nickname.
My nickname would be Mr. Hamplay I bo a dance called 'The I make a big time, and the whole team does it with me," Berassa said.
Head coach Eric "He has some swag, so I call him Goat's Milk because of his beard," Wolord joked.
Berassa will look to throw the hammer down a few more times this season
while recovering from a torn anterior cruciate ligament, causing him to miss the entire 2012 season. He also missed 2010 with the same injury. "He isn't completely 100 percent yet but it's good having his leadership and
character back," Wolford said "I expect him to be a big time player for us." Berassa has had problems with his
ACL beginning at Miami Killian High ACL beginning at Miami Killian High School in Florida. While at Miami Killian, Berassa was an Honorable-men-
a wide receiver by the Miami Herald. Coming out of high school, Berassa didn't have many options. looking at me coming many schools 11th grade, I tore my ACL for the first time," Berassa said. "It was basically Youngstown and Central Michigan." The main reason that Berassa picked petitiver Central Michigan is the competitive level.
"This is big-time football here. We play to win championships while they
play in the MAC just play in the MAC just trying to get a bowl
game," Berassa said. In his 21 games in two seasons at YSU, Berassa has compiled 41 recep-
tions for 600 yards and eight touchdown tions for 600 yards and eight touchdown while averaging 14.6 yards per reception.
During those times, Berassa wore number six. Berassa changed to numbe eight as part of his superstition
"I wanted to get away from the num ber six jersey, get a new beginning," he
said. "Also, I wanted number eight when I came here and it was unavailable."
New YSU receivers coach Ku Beathard believes that Berassa leads th best class of receivers he's ever had.
"This is the best crop of guys I'v had," he said. "They are better as a whole than the guys I had at Illinois, and Jelani's alents and leadership are a big part of it." Wins finished $7-4$ overall year, the Pen


BERASSA
Missouri Valley Football Conference. Berassa said he is ready to make an immediate impact when the Penguins open versity of Dayton.
"I want to express how hard it is to get through these injuries," he said. "I'm not going to quit on [my team]. It's hard, but family. I love it all."

## - Five for Five



## JOE CATULLO JR.

Fifth year head coach Will Lemke spoke after Youngstown State University's 2-1 exhibition victory over Duquesne Penguins finished 8-9 last season ( $3-4$ in the conference) and reached the Horizon League Tournament.

Last year you finished with the most wins in school history and the highest finish in school history (fourth in the Horizon League). Coming into this season

AWell, last year we beat the one, three, five and seventh teams. Unfortunately, because of an ineligible player, we had to forfeit a victory, and we would
have finished third. We showed that we could beat every team in our conference. Coming off of it and only graduating one starter, our expectation is to win a cha


From the stats I saw, you finished in the top half of the Horizon League in points, goals and assists.
Going into this season, do you expect it to be the same offensively and are you working on defensive principles?


We were pretty balanced last year on the defensive side and offensive side, but the big thing was consistency. We would have a letdown defensively and give up a goal.
We would be pushing a team around all over the field and not get that goal we needed. We're working on consistency on both sides of the ball. The true question is the midfield. With Tyesha Kizer, who was really coming kind of has year at center mid, she hurr her Act. We ori tion. That's going to be the big key


Chelsey Haney, I saw last year that she finished in the top half of the Horizon League stats in goals and points. Being a junior, do you look for her to be more of a leader or maybe the leader?


Yean, Chesese spent the summer playing in Fredericics. burg and really seen a lot of international and profes-
sional-tye sional-type players. She's got a little bit of a tweak with her leg right now with her hammy coming into it. But
last year she was a force. Again, it was consistency There'd be times where she was dominating but wasn't There de times where she was dominating but wass
getting that finish. Now she really seems to be poised to really make her mark on the league. It's just a matter of Chelsey getting healthy. I think she'll be even more of a consistent threat this year

I saw Milwaukee is the defending champion. Is Milwaukee the team to beat this year?
Detroit and Milwaukee tied last year for the conference championship. Detroit returns more starters, so I think they'll be the tops of their heat. Milwaukee's kind of a wild card. They'll obviously be tough because of their
pedigree, but I really think Detroit's poised to be on top pedigree, $b$
of the heat.

How do you feel about Oakland joining the Horizon League

Oakland's a super X factor. They play very similar to Loyola who departed. They flood the midfield. They're usually all over when they play the high pressure like Loyola did, and they had crazy results last year. They
made a mini run in the NCAA tournament so they're made a mini run in the NCAA tournament, so they're
tough. They have a coaching change. They have players that left, so they are a big wild card. They can be really good, but they are a big unknown right now

## 2013 <br> Football Captains

Kurt Hess
Chris Elkins Jelani Berassa
Dom Rich Donald D'Alesio

