

THE JAMBAR

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Sracic chosen as Fulbright Scholar

Chelsea Pflugh
CO-EDITOR-IN-CHIEF

Dr. Paul Sracic, professor and chair of the department of political science at Youngstown State University, has recently been named a Fulbright Scholar. Sracic will be teaching and lecturing in Tokyo and at Sophia University during the 2009-2010 academic year. The Jambar recently sat down to discuss the honor with him and gather his feelings on representing the Valley as well as the university in Tokyo.

The Jambar: How were you chosen to be a Fulbright Scholar?

Sracic: You have to apply. I've been thinking about it for a number of years. I really don't remember how I first heard about it. I think I just was sort of searching around on the Internet. I had always wanted to go abroad.

I originally was going to apply a couple years ago and then I became chair [of the de-

partment] and decided to take some time off [the application]. I had originally started the application then. Then I got serious about it last summer. It's a very extensive process; they want a lot of letters of recommendation, including letters outside of the university.

Q: How difficult do you think it's going to be teaching in Tokyo?

A: From what I hear, when you're a Fulbrighter, you have to do monthly reports. They shared the current reports of Fulbrighters in Japan with those of us going over the next year. Language is a difficulty. Most Japanese take English from the time they're in kindergarten, but they don't speak it very much so they don't have a lot of practice with it. Language is going to be the most difficult thing, I think, to overcome. I tend to

talk too fast, so I'm gonna have to slow down. In some of my classes I think I'll have a translator. That in itself is going to be a learning experience, but I'm really looking forward to it.

Q: Have you ever been to Japan? Do you know any Japanese?

A: No, and I'm trying to learn. We've been seeking out sort of every Japanese person in the Mahoning Valley, trying to sort of get some lessons. When I get over there, they said they are going to provide us with Japanese lessons. I'm there to teach and it's great to get us out there. If you look, for example, at the people who got the Fulbrights last year, quite a few of them are from Ivy League schools. It's nice to have Youngstown State University up there.

Q: Is your family going with you?



SRACIC

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Construction plans practice balancing act for priorities

Josh Stipanovich
NEWS EDITOR

During the summer of 2007, the Watson and Tressel Training Site was announced after the Tressel and Watson families presented Youngstown State University with a \$1 million donation.

The donation was included as a part of the university's \$43 million Centennial Capital Campaign.

Since then, other numerous construction projects have been planned as a part of YSU's Centennial Master Plan, according to Hunter Morrison, director of Campus Planning and Community Development, including the restoration of the Wick Pollock Inn and Coffelt-Hall.

Morrison said there is no priority list for any of the planned projects.

"I don't think it's an either-or. What we've presented to the board, based on the Centennial Master Plan, is a set of capital programs and projects that will take place over a number of years," Morrison said.

Balancing the different requirements of the university is a vital part in moving along with each of the projects according to Morrison.

"They are designed as a package to deal with a balanced way with the academic space needs, the student life needs, the athletic needs and the parking needs," Morrison said. "So what you see when you see these projects is pieces coming from the overall package."

Because of the Williamson project, which is the major investment for academics, there will be an entire building available for use, and it will provide more space for departments and will free up space in other buildings that are overcrowded, Morrison said.

There is also a commitment on the student life side. Major investments, upgrades and research have gone into Kilcawley Center to try and improve and understand what the "wants" and "needs" are, Morrison said.

The housing side is also receiving commitments from YSU. Morrison understands the problems faced with housing on campus, and projects such as the Flats on Wick which will appeal to upperclassmen students looking for a more convenient means of living.

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"THE MISSING LINK"

Scientist discover "Ida," 47-million-year-old fossil

Chelsea Pflugh & Josh Stipanovich
THE JAMBAR



A fossil of an animal the size of a small cat has made a huge stir in the field of science and evolution.

Darwinius masillae, or "Ida", is a 47-million-year-old fossil discovered in a mine about 25 miles southeast of Frankfurt, Germany, on a continent important in primitive evolution theory. "Ida" was discovered by paleontologist Jorn Hurum of the Natural History Museum in Oslo, Norway. Hurum suggests Ida is the missing link genus in the theory of primitive evolution. Scientists displayed Ida on Tuesday.

Ida is a four-legged animal with a long tail, clawless nails and hands with opposable thumbs. Ida is comparable to the skeleton of that of a lemur, and is believed to resemble the early-fossil species that theoretically evolved into humans, such as monkeys. Ida was incredibly preserved, a trait unseen from fossils of this era, and the fossil was even discovered with hair.

National Geographic quoted Hurum in a statement saying, "This is the first link to all humans." Hurum also stated that Ida is "the closest thing we can get to a direct ancestor."

However, there is much speculation about using Ida to prove "the missing link" of evolutionary theories, and researchers say the discovery is far from a breakthrough at this moment.

Illustration by Brian Cetina.

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WEATHER

Today		86° 57°
Friday		82° 58°
Saturday		80° 58°
Sunday		78° 57°
Monday		77° 59°
Tuesday		81° 57°
Wednesday		74° 50°

Remember to recycle your copy of The Jambar.

YSU welcomes Office of Veterans Affairs

Kelli Phillips
WEB EDITOR

With a mission to "serve those who have served and are serving," Youngstown State University's newest office extends its branch of service to military veterans and personnel.

Established in anticipation of more veterans returning from duty, the Office of Veterans Affairs seeks to provide resources and support for military veterans as well as increase the number of veterans on campus. Additionally, the post 9-11 G.I. Bill, which goes into effect this summer, will fund the entire cost of YSU tuition for veterans who receive

full benefits.

"This office should be a place where veterans can come, sit and talk and focus on their concerns. If [they need to] talk to a professor about a major or to financial aid about G.I. Bill benefits, we have a place to send them. We want to let them know that they are welcome," said YSU graduate and Vietnam War veteran Jim Olive, coordinator of the Office of Veterans Affairs.

Olive said the office has accomplished a lot since it became operational in January 2009.

"The advisory council has grown, our council has been formally recognized as an advisory board, our website is



(l-r) Kyle Wilmouth, YSU student Marine, Sarah Wilmouth, YSU student, Army ROTC, Paul Hageman, YSU student, National Guard. Photo courtesy of Ron Cole.

OFFICE page 2

News Briefs

Graduate heads to Germany on Fulbright grant

YSU graduate Nicole McElroy is set to teach in English in Germany. She received a Fulbright grant to teach high school English in Germany during the 2009-2010 academic year. More than 6,000 students apply and McElroy is one of the honored 1,500 recipients.

YSU instructor uses photography to aid in cancer research

YSU multimedia instructor Mark Roberts brought together photography and childhood cancer research. He published the book titled "Pentax-Discuss Mail List (PDML) Photo Annual," which is a blend of photographs from 59 photographers from around the world. All of the profits will go to the National Childhood Cancer Foundation, the world's largest childhood cancer research organization.

Math major wins Phi Kappa Phi Award of Excellence

Senior mathematics major Tyler Drombosky has received the Phi Kappa Phi Award of Excellence. It is the fifth consecutive year that a member of the YSU's Phi Kappa Phi chapter has won either an Award of Excellence or a National Fellowship. Drombosky won the Goldwater Scholarship in 2008 and is currently in Hungary in the Budapest Semester in Mathematics program.

Ward Beecher Planetarium presents two shows

YSU's Ward Beecher Planetarium will present "Two Small Pieces of Glass" on Friday and Saturday. The show starts at 8 p.m. Also, the planetarium will put on "Secret of the Cardboard Rocket" on Saturday at 1 p.m. and 2:30 p.m. Admission is free.

Police Briefs

Man caught loitering outside Ward Beecher

On May 11, a man was caught loitering outside of Ward Beecher Hall after summer hours. A YSU police officer confronted the man who claimed he was just trying to check his e-mail. The man was given a trespassing warning.

Woman falls down steps of Jones Hall

A woman fell down the exterior stairs of Jones Hall May 13. The woman claimed she missed the last two steps and heard a crack in her ankle when she fell. The stairs were checked and declared free of debris. The woman was taken to St. Elizabeth's Emergency Room for further care.

Woman falls on sidewalk

A woman tripped on a piece of uneven sidewalk on Fifth Avenue on Tuesday. A witness claimed the woman injured her right eye, arm and shoulder upon falling. The victim was taken to St. Elizabeth's Hospital for further examination.

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A: Yes, the whole family is going. One of the things we've been trying to deal with is to get them into school over there; they're in sixth and eighth grade. They have an international school over there, so they'll be going over there.

Q: Is your family hesitant to go with you?

A: It's a big adventure; they don't know what to expect. It's going to be odd to be somewhere where we don't speak the language. We're going from a large house to a small three-bedroom apartment in the middle of Tokyo. I think living in the center of Tokyo is as different as you can get from living in Boardman, Ohio.

Q: If you're going to be gone for the year, who will step in as chair of the department?

A: Dr. Binning, the former chair, will be interim chair for a year.

Q: How exciting is it to represent Youngstown State University in Tokyo?

A: I think that's a really neat thing. On the application you have to write a very long statement about why you think you would be a good person to be a Fulbright representative and in particular to where you're going. I talked a lot in that application sort of about foreign trade in this area, in particular car companies. Competitively, we talk about China all the time, but in terms of cars, the competition isn't China, it's Japan. There's this sort of tension here with regard to free trade. I was really curious to see how the other side saw it, with the battle.

That's one of the things I said I wanted to do when I was over there was to learn from them how they look at free trade and the auto industry. Also, they're very interested in our presidential elections. One of the things they want from me over there is to lecture on the election and the impact on the visits from the candidates in the Mahoning County.

It really is a great honor. I never expected to be chosen.

It's gonna be good for the Valley, too. I talked to Phil Kidd and I'm going to get a bunch of the Defend Youngstown shirts before I go to sort of give out as gifts to people in Tokyo, so there will be a bunch of people walking around in Defend Youngstown shirts.

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"That's [housing] where we seem to be losing the upperclassmen," Morrison said. "Part of that strategy there is to find developers that can work with us to bring us these resources," he added.

Morrison also said that they are making commitments towards the athletic departments as well. The WATTS has been the most recent and important investments, and along with that YSU Campus Planning and Community Development have been looking into moving land across Fifth Avenue.

The shot put cage and the hammer throw have already been moved from Smokey Hollow, and are now located across from Stambaugh Stadium, adjacent to the Sunoco on Fifth Ave. This has been the most recent completions of this project, and in the future they hope to have all of the athletic facilities nearby one another, within the range of Beeghly Center to Ford Street.

In the end, Morrison ensures that the Centennial Master Plan is an "ongoing effort" which is going to "take time."

"We need to build the new, and we need to fix the old," Morrison said.

OFFICE from page 2

online, and we have made several proposals to make the university more veteran-friendly," Olive said.

The new Veterans Advisory Council includes seven members from the YSU campus as well as two members from the community.

"The council was set up to provide input from the veterans on campus and in the community," said Haynes, who is also chair of the council and an Air Force veteran. "We want to make sure that the coordinator is given advice as to what services are needed and how to provide these services to veterans."

One such service is guiding veterans through the application and orientation processes at YSU. Additionally, YSU has waived application and orientation fees, approximately \$105.

The office also proposed that YSU revise its applications to start counting veterans. "The current process only counts veterans that draw G.I. Bill benefits," he said. "There are 185 vets using their benefits here, but we think that number of veterans is seriously undercounted."

Furthermore, according to Olive, 3 percent of full-time

YSU employees are veterans. The office is in the process of creating a "vet net" online, where campus employees who support military issues can be used as a referral so that veterans know they can talk to somebody on campus.

"It's good to have people who have had a foot on one side and a foot on the other side to help our veterans ease the transition," said Olive.

The Office of Veterans Affairs has also established a connection with active Army recruiters. The concurrent application, or ConApp, is a program where new Army recruits, generally whom are right out of high school, agree to attend YSU after their active duty service is fulfilled.

Olive hopes to stay in contact with these recruits during their military service through e-mail. "We have always had ConApp for a while, but this office can now focus on [the recruits]," he said. "We can help them maneuver through the paperwork and access community resources as well."

"We are finally treating the people that have served with the respect that they deserve," said Haynes.

CONGRATULATIONS

BRITTANY JONES on your YSU Graduation (with honors) and for playing golf for the Penguins! You will make a great teacher! You are a wonderful daughter & person and always make us so proud! We wish you the best for a happy, healthy, & successful future!

Love, Mom & Dad



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OUR SIDE EDITORIAL

Sracic raises the bar

RELATED STORY

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THE JAMBAR EDITORIAL BOARD

There are many ways to represent where you come from.

Wearing a sports jersey with your city's team, carrying an accent from a certain region or holding a public office could be any form of representation.

But lecturing and teaching in a foreign country thousands of miles away from where you are currently employed and live takes it to a new level.

Among the company of those with extensive Ivy League school backgrounds, political science department chair Dr. Paul Sracic and his family will be taking the Youngstown State University name with him as he leaves for Tokyo in August. Not only does that do wonders for his own career, the future of YSU will benefit as well.

The entire political science department will benefit from the experience that Sracic will gain overseas. The teaching styles, student interaction and academic priorities are different in Japan than that of the United States. Sracic can bring back a new sense of urgency for education to his classes and his fellow instructors, which is expected of a Fulbright Scholar.

The extensive application process alone for a Fulbright Scholar is proof enough for patience and determination. Citing reasons why the Valley can be comparable to the Japanese culture was just one of the many reasons why Sracic was chosen for this honor.

We want to thank Sracic for going back to the application process even after stepping away from it for a few years for the benefit of the political science department when he became chair. He has put a new meaning of the term "YSU Success Story," one that all students and faculty should find inspiring.

We'll be looking forward to seeing the pictures of the Japanese community clad in Defend Youngstown T-shirts.

OUR SIDE POLICY

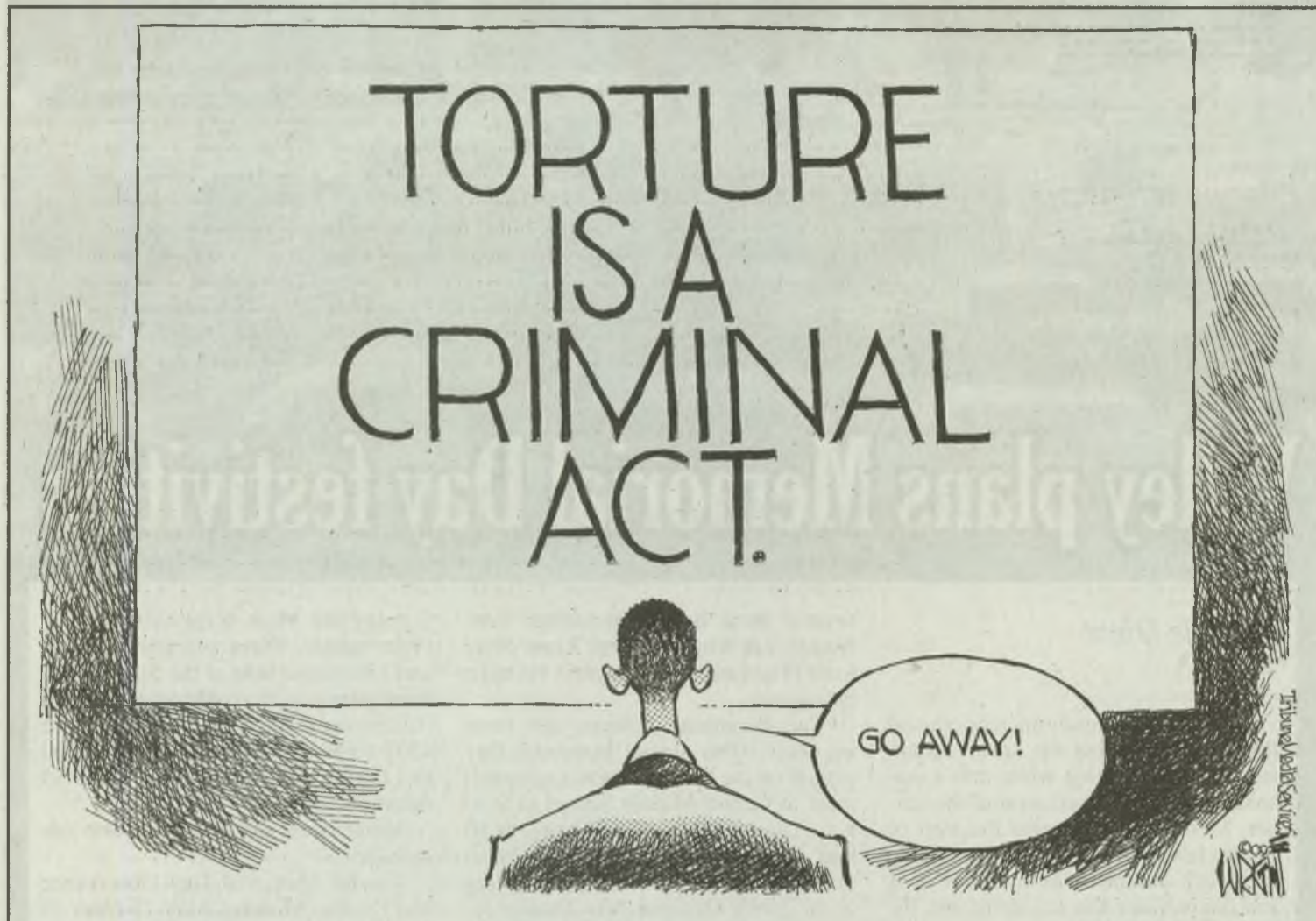
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The views of this syndicated artist do not necessarily agree with those of The Jambar.

COMMENTARY

In Twitter we trust? Why tweets won't save journalism, or kill it

Colin Delany
MCT

Twitter's everywhere, or so it seems. From celebrities to brand managers to college-age kids, people around the world appear to be hell-bent on racing Ashton Kutcher to amass as many "followers" as they possibly can.

But every over-hyped trend sparks a reaction, and in Twitter's case, commentators from New York Times columnist Maureen Dowd to Republican ad guru Mark McKinnon have rushed to mock or dismiss it. At the same time, politicians and journalists adrift in a new communications environment have grabbed hold of the technology like desperate homeowners facing down a wildfire with a garden hose.

Regardless of the hype, Twitter is more than just a clever name. It's a versatile service that blends some of the best of the current generation of online and mobile technologies — allowing users to publish short messages to the Web or to the cell phones of people who've opted to receive them. Like text messages, individual posts ("tweets") are limited to 140 characters. Like blog articles, Twitter messages are usually posted for the public to read. And like Facebook "friends," Twitter "followers" must choose to receive someone's updates.

Individual users, companies, government agencies and organizations across the globe are trying Twitter for a variety of communications tasks, from organizing political action to serving as a journalistic live-coverage tool to providing a venue for reputation management. Here in the United States, Republican activists in particular have flocked to Twitter, perhaps in response to the perceived Democratic online domination in 2008.

They're joined by hundreds of print and broadcast journalists — including Doonesbury's fictional Roland Hedley — anxious to find a fresh outlet as newsrooms shrink. And in the same way that blogs now influence what appears on the evening news, Twitter discussions have begun to drive media coverage, if only because so many reporters and politicians participate.

But I doubt that Twitter is destined to revolutionize the way most of us in the wider world consume information online, and here's why: The tool's strengths embody critical weaknesses, and it's likely to remain the province of a relatively small number of en-

thusiasts for now.

Twitter's immediacy, its brevity, its reach and the social connections it offers have drawn millions of users, but each attraction turns out to contain the seeds of eventual discontent. First, let's think about the immediacy. When that US Airways 737 landed in the Hudson in January, for instance, twitterers posted photos and updates even as the rescue boats went to work, providing up-to-date information to readers around the globe.

But for every news event or public moment shared on Twitter, we endure hundreds of updates about someone's breakfast. The flip side of immediacy is narcissism and lack of reflection, and as Texas Congressman Joe Barton recently found out — after catching flak for advising Twitter followers from the House floor to tune out President Obama's February speech to Congress — some tweets are best not sent at all.

Twitter's brevity is similarly double-edged: the length limit forces writers to cut to the chase and lets readers consume messages from many people at once, but only so much rational thought can fit into 140 characters. Twitter may be many things, but a forum for in-depth analysis it's not, and it's revealing how many tweets are just links to articles or blog posts with room for substance.

Even Twitter's ability to create social connections is restricted, since following isn't reciprocal (e.g. you may read Ashton Kutcher's tweets, but I guarantee he's not reading yours). So while Twitter may be a powerful social tool, many celebrities, politicians and journalists alike are essentially using it to broadcast trivia to a passive audience, not exactly a world-changing application.

As my friend and longtime journalist Terry Samuel said the other day, "Twitter's new, but it gets old fast." But despite what some might wish, it's not going away tomorrow. People are into Twitter are "really" into Twitter, and even though 60 percent of new subscribers abandon their accounts within a month, it or a similar service seems destined to be with us for a while.

So if you're wondering about the future, here's my take: Twitter will neither destroy established media nor save them. Instead, it'll just provide another channel, and whether we use it for substance or trivia is up to us. So far, the trivia seems to be winning.

COMMENTARY

Cruelty on the midway

Desiree Acholla
PETA

The state and county fair season is just under way, and if animals knew what was in store for them, they would attempt an escape worthy of a "Prison Break" episode. Animals used in fairs face months of debilitating trips in stifling tractor-trailers as well as exhausting interactions with an onslaught of fairgoers. Midways are rife with cruel animal displays such as elephant rides, tiger photo booths, petting zoos and more. Life for these animals makes the Ferris wheel operator's job look glamorous by comparison.

Animals are forced into cramped transport cages and hauled from one venue to the next, receiving little more care than the rigging or equipment does. There's no time to let tired and anxious animals rest or recuperate. Hiring a veterinarian to come along would reduce profits, and few small-town venues have vets on hand with expertise in treating exotic animals. So ill or injured animals often go untreated.

It's impossible to know how many animals suffer and die on the fair circuit because exhibitors' convoys are constantly on the move, and for the most part no one is watching. The U.S. Department of Agriculture oversees traveling animal shows, but with fewer than 100 inspectors covering the country, it's virtually impossible to monitor exhibitors with any regularity.

Animals who are meant to roam far and wide, such as elephants and camels, are forced to spend their days confined to transport trailers and cramped display pens. At booths shilling the "world's largest rat" (usually either a South American nutria or a capybara), fairgoers gawk at and ridicule animals, showing the same disdain for them that people once reserved for physically disabled humans in medieval "freak shows."

Rabbits, goldfish and hermit crabs who are given away as prizes are as likely to end up in a garbage can as in a loving home. Ponies are excluded from the protection of the federal Animal Welfare Act,

and if local authorities don't intervene, they can literally be ridden until they drop. Parents would be horrified to learn that the adorable animals their children are cuddling in the fair's petting zoo spend most of their lives in crowded, filthy pens that are breeding grounds for disease.

In order to have a ready supply of tiger cubs to entice fairgoers to pay for photos, exhibitors continually churn out baby tigers. But when the cubs outgrow their "cuteness," they are dumped at roadside zoos or left to languish in cramped cages for the rest of their lives. Some don't even make it that far. Three 11-day-old tiger cubs died while being used in photo sessions in Craig Perry's Exotic Animal Petting Zoo. Even though Perry knew that they were sick, the cubs received no veterinary care whatsoever.

Four days-old tiger cubs who were traveling with exhibitor Marcus Cook's Zoo Dynamics died at a Duluth, Minn., fair. After Cook was found guilty of numerous violations of the Animal Welfare Act — including using electric prods to "control" a tiger during a photo session and failing to provide sick animals with veterinary care — the USDA finally revoked his exhibitor's license this year.

Humans who interact with exotic animals at fairs are also at risk. A 5-year-old boy suffered severe facial cuts and required plastic surgery and rabies shots after a tiger cub at the North Dakota State Fair attacked him while he was having his photo taken with the animal. At the New York State Fair, a 3-year-old girl was injured after an elephant she was riding tossed her off and kicked the handler. Scores of adults and children have been seriously injured at state and county fairs across the country. Why would parents expose their children to such great risk?

This Memorial Day, please remember the animals who have lived and died in misery on the fair circuit. Vow to turn your back on cruel animal displays when you visit your local fair this summer; the animals will be suffering long after you've come and gone.

send your letters to
thejambar@gmail.com



Valley plans Memorial Day festivities

Danielle Dietz
REPORTER

The time for family picnics, annual flower planting and the social acceptance of coordinating white into a seasonal wardrobe is just around the corner. Memorial Day marks the start of quite a few traditions for the late spring and early summer season, but what is less known are the traditions for the holiday itself. Luckily, the Valley is offering a number of activities during the holiday weekend.

For those who wish to start their Memorial Day early, Barley's is hosting a Memorial Day Kickoff featuring

several local bands, including: June Nature, Da Kreek, Flyboi J and Shay Love. The time of this event is yet to be determined.

The Boardman Kiwanis are hosting their 105th annual Memorial Day parade on the holiday. Participants will meet at Center Middle School at 9:30 a.m. The parade itself will begin at 10 a.m., venturing north on Market Street and continuing onto Route 224, ending at the Maag Outdoor Arts Theatre located in the Boardman Township Park. The Boardman high school marching band will be playing at the ceremony, which will be invoked by Rev. Ash Welch of Boardman United Methodist Church, and conducted by Lt.

Colonel Bill Moss, a United States Air Force retiree. There will also be a car and bike show held at the Saxon Club from noon-6 p.m. on Meridian Road in Austintown. The Saxon Club and the 4237 VFW are hosting the event. Food and drinks will be available with a \$5 donation.

Other area activities and services include:

Fowler Memorial Day Observance and Parade: Monday, May 25 from 10 a.m.-11:30 a.m. at the Fowler Community Center.

"Visions for Veterans" 5k Race in Firestone Park: Friday, May 22 from 4:30 p.m.-9 p.m. 347 E. Park Ave, Columbiana.

Penguins fall in first game of tournament

Sam Marhulik
REPORTER

Despite their best efforts, the Youngstown State University baseball team suffered a loss in the first round of the 2009 Horizon League Tournament Tuesday to the Butler University Bulldogs.

The Bulldogs jumped out in front early in the game, and held on to beat the Penguins 7-6.

Butler started out strong, scoring four runs in the first inning and adding another in the third, giving them a 5-0 advantage.

Sophomore Phil Klein started the game, but was pulled early due to a lackluster performance.

Klein gave up five earned runs on six hits, while striking out four in three innings of work.

The Penguins managed to score two runs, one in the fourth and one in the fifth, which provided a spark that eliminated a three-run deficit, but Butler quickly retaliated in the sixth with a two-run homerun from shortstop Grant Fillipitch, which put YSU in another hole.

The Penguins caught fire again in the sixth inning, scoring three runs on a three-run homerun hit by right fielder, Eric Marzec. Designated hitter Anthony Porter hit a solo homerun in the seventh inning, which made it a one run game.

Despite the late inning heroics, the Penguins could not close the game out, ending their 2009 season.

Head coach Rich Pasquale said the team started out poorly and Butler took advantage of it.

"This game was one that defined exactly how our season went. Including this game, we lost thirteen games by a matter of one run," Pasquale said. "We started out slow, but the offense showed up and made it a close game, but it wasn't good enough. I'm proud of the team for fighting back, and we showed a lot of heart," he added.

The Penguins are taking this game, and more importantly this season, and hoping it serves as a learning purpose.

Coach Pasquale said the team is returning a lot of players next season, and is hoping that the sour taste left from this season fuels the team for next season.

"I'm proud of the team, but we should be playing Wright State today. We need players to play better when we are on, and to not come up short," Pasquale said. "I'm excited about the players we are returning next season, and I'm also excited for the new guys coming in. We're going to take everything from this year, learn from it, and take it into next year. This year needs to be motivation, and we are going to continue to show fight because of it."

Glowing problems from harmful rays

Robyn Musgrove
REPORTER

The United States Environmental Protection Agency is calling it being "sun wise." With the temperatures rising and the summer months rapidly approaching, sunbathers could be soaking up much more than they bargained for.

Tanners beware: There are major health problems radiating from overexposure to the sun. Skin cancer, premature aging, cataracts and immune system suppression are all sun-related health issues that become lifelong problems.

It all begins with the shorter wavelengths that cause the longer effects. Ultraviolet rays are blocked from penetrating the earth by the atmosphere. Yet because of ozone depletion, this natural protection significantly increases the risks of damage.

According to the EPA, scientists classify UV rays into three categories: UVA, UVB and UVC. UVA rays are not absorbed by the ozone layer, while UVB is mostly absorbed by the ozone layer but occasionally reach the earth's surface. UVC rays are completely absorbed by the ozone layer and oxygen.

Sheila Blank, registered nurse at the

Rich Center for Autism, said UVA and UVB rays are the most harmful and may cause significant damage if precaution is not taken.

Remembering to apply sun block to dry skin approximately 30 minutes before going outside is essential, Blank said.

Blank recommends using sunscreen with a Sun Protection Factor preferably over 30 with helioplex for the best protection against the UV rays.

SPF measures the time it takes the sunscreen-protected skin to start to burn. The SPF refers to the product's ability to block out the sun's harmful rays. The numbers range from two through 50, with the higher numbered sunscreens providing the most protection.

Blank said that five or more sunburns can significantly increase the risk of developing skin cancer.

"Every time you burn, you take off yet another layer of skin. So it allows for a new, bare layer of skin to be exposed the next time you get burnt," Blank said.

If you happen to become sun burnt, Blank suggests applying aloe vera lotion to affected areas and staying out of the direct sunlight, seeking shade.

Blank's advice is simple: "The safest tan is an artificial tan."



Tanning Troubles for Ohio's Teens

Robyn Musgrove
REPORTER

Ohio State Representative Courtney Combs has recently introduced House Bill 173, a bill that, if passed, will ban all minors from the use of tanning beds and spray-on color at salons or spas. The only exception will be for those with a physician's prescription, and will replace parental or guardian consent. The bill is founded on the principle of scientific confirmation that Ultraviolet rays emitted from tanning beds cause damage to the DNA of skin.

This bill was first introduced in 2007 but failed after many cosmetic companies invested money in putting a rest to the proposal. The bill is being revived, this time for health reasons. It was again revived on May 6. With the economic downturn, many salon owners believe there is a shortage of finances to again prevent the bill from becoming an Ohio state law.

To find out more information on this bill and to hear the opinions of Combs, Oasis Tanning Salon owner Jessica Katsaras and dermatologist Dr. Jennifer Lloyd, look for the exclusive video on thejambar.com within the week.

Thursday's in full swing at Cedar's

Jessica Petrinjak
REPORTER

As soon as the disc jockey spins the music at downtown Youngstown's Cedar's Lounge, it's not hard to find people spinning and flipping around the room.

Cedar's offers a unique choice of entertainment with Swing Night every Thursday. The night comes alive when people take to the dance floor and perform some of the most invigorating moves in swing dancing.

Junior Joe Adams has taken part in Swing Night three times because his friends like to go. He said he had a blast each time he went.

We like to go because it is a different atmosphere from the other bars downtown, Adams said.

The idea for Cedar's to include a Swing Night to the event schedule came about 10

years ago when they inherited the idea from another club. Owner Mara Simon said that another bar previously held Swing Night, but after the location shut down Cedar's took on the role as host. Simon said it has been a hit ever since.

Senior Gina Capone said that Swing Night was a fun event to attend because it is something different to do.

It is fun to watch the people who know how to swing dance. It is very entertaining, Capone said.

Simon said Cedar's attracts a diverse group of customers for Swing Night. She said that between 100-150 people usually attend and includes those from the ages of 18-80.

All sorts of people come out. Some dress in their Zuit suits and swing gear; it's like a melting pot, Simon said.

Sophomore Michael Andrecic has attended the event numerous times and said seeing the people dressed up and

dancing was good entertainment.

It was like going back to a different era, Andrecic said.

To keep things fresh, three DJ's rotate the weeks and each plays their own music. Simon said this gives the night a different vibe each week and jazzes up the play list.

The event starts 10 p.m. with free lessons. It is open to anyone 18 years of age and older. Admission is free for everyone over 21 and \$2 for anyone under. Simon said that Cedar's offers some of the cheapest drink prices in the area with most \$2.50 and under. Senior Nick Miller has attended the event several times and said that he enjoys the vibe that Cedar's offers.

The lounge is a place where I can relax with friends and enjoy good entertainment. The people there do not criticize if you don't know how to dance. It is all about having a good time, said Miller.

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