

# THE JAMBAR

The student voice of  
Youngstown State University  
since 1931.

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LOCAL EATERIES OFFER EXTREME EATING



## University launches 'YSU Alert'

Chelsea Pflugh  
EDITOR-IN-CHIEF

Youngstown State University has launched a new text-messaging and e-mail emergency alert system after two to three years of research and planning. The campus-wide alert system is being implemented to more efficiently communicate with students, faculty and staff during an emergency situation.

A university committee, led

by Jack Fahey, combined with individuals from the Student and Academic Affairs, Technology, Communications and Facilities departments, along with YSU police, executive director of student services, has chosen Inspiron Logistics Corp.'s Wireless Emergency Notification System (WENS). Fahey said they have been working almost 15 months to launch the system.

"We looked at many vendors, but we wanted a company that had a great track record

as far as reliability," Fahey said. "We also wanted it to be user-friendly as far as signing up and sending out. We also took into consideration references from other schools who have this system."

With WENS, users can be directly notified via cell phone on campus or en route to campus whenever necessary. WENS also tracks the delivery status of each message, sending the message every five seconds until it has been received.

Signing up for the alert system is strictly voluntary, however the university is encouraging the entire campus community to register.

"It's in everyone's advantage to know what's going on and what to be aware of and what to avoid," Ron Cole, director of University Communications, said. "We hope people see the obvious advantage and consider signing up."

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Today 56° 49°

Wednesday 55° 42°

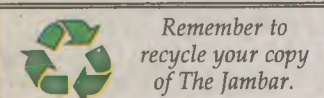
Thursday 64° 41°

Friday 61° 54°

Saturday 67° 49°

Sunday 64° 47°

Monday 66° 47°



Dan Pompili  
ASSIST. NEWS EDITOR

Youngstown State University and Youngstown Police departments responded Monday to a car accident on Wick Avenue near the corner of Lincoln Avenue.

The accident occurred at approximately 12:45 p.m. when a green Toyota Camry exited the parking lot of the Public Library of Youngstown and Mahoning County's main branch on Wick Avenue and struck a beige Ford Windstar minivan as it was entering the parking lot.

Youngstown Police traffic officer John Rhodes said the Camry's driver accelerated out of the parking lot before the minivan had completed its turn.

The car's left front fender struck the right rear of the minivan above the wheel and "bounced off," continuing to accelerate across Wick Avenue and



The woman driving the green Toyota Camry is taken by Rural Metro ambulance for further medical examinations. Her condition could not be disclosed.

striking a tree.

YSU Police was dispatched to control traffic until Youngstown police arrived. Youngstown has official jurisdiction over the location of the accident.

The Camry's driver, an unnamed female, sustained injuries and was taken by ambulance to an unspecified medical facility. The minivan's driver, a male YSU student, was uninjured.

The Camry was severely damaged while the Windstar appeared unharmed beyond minor scrapes.

Rhodes said the Camry's driver was at fault for the accident.

Witnesses at the scene say the woman was conscious and responsive.

Rural Metro ambulance would not comment, and the driver's present condition is undisclosed.

## Tod Hall renovation to begin

Josh Stipanovich  
NEWS EDITOR

Discussion of the Tod Hall renovation began in 2002, as a part of the Youngstown State University Centennial Campus Master Plan, and according to **Manager of News and Information Services** Ron Cole and Director of Campus Planning and Community Development Hunter Morrison, construction will begin as early as next month and will be completed by early spring.

The \$640,000 project has been finalized and will go before the State Controlling Board in Columbus on Oct. 19, Cole said. Once approved, YSU will be able to accept bids for the job.

Cole said the majority of the financial support would come from state capital funds, while the rest is money donated to the university.

"The state has a capital budget every year in which they allocate certain amounts of money to all kinds of agencies across the state including public universities," Cole said. "YSU gets 'x' number of dollars a year based on our requests ... and we're hoping that the money will be released and that we can begin construction by the end of October."

Morrison said construction would consist of taking the northeast corner of Tod Hall, which was a loading dock when the building housed the campus library, and build a glass box that will contain a new stair tower that would stretch from the basement to the third floor, and would resemble many of the newer architectural structures on campus.

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## Health care debate on campus continues

David Boyer  
REPORTER

The current health care debate is heating up in Congress, and its outcome will have an effect on everyone in the United States.

With proposals in both chambers of Congress, what those effects will be is still unclear. Nevertheless, the debate has roused the opinions of members from both parties.

Town hall meetings erupted in a raucous display of opposition and made for must-see TV. However, since the August recess, the emotional storm has subsided and constructive talks in Washington have ensued.

Associate Dean of the Biontonte College of Health and Human Services Dr. Tammy A. King attended a recent speech by congressman Tim Ryan highlighting the public option in health care reform. "The public option," King said, "will offer individuals that cannot afford health insurance an affordable option and will force insurance companies to provide reasonable rates for basic coverage."

King added how the public option will offer "minimal health care packages as well as better packages for those who can afford it."

King said the major question was whether or not health care is a right for Americans. She said now that everyone agrees it is a right, "the ob-

*"We are in a recession, and his solution is to levy more taxes? This goes against any sort of rational economic theory."*

James Shaw, College Republicans president

jective is to come up with a plan that will be fair and equitable."

College Republicans president James Shaw said, "If the public option is part of the plan, I will be affected greatly, because once I graduate and am off of my parent's insurance, I will have to either A: get my own insurance B: join

the public option, or C: get fined."

Shaw said that if he decided to start his own medical savings plan rather than join the public option he could be fined "in the thousands of dollars." He also takes issue with how Obama plans to pay for

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## News Briefs

### Sophomores awarded Phi Kappa Phi honors

A pair of YSU sophomores received national Phi Kappa Phi Emerging Scholar Awards. Brian Garcar and Justin McIntyre were recognized as outstanding sophomores. Recipients of the award must have a cumulative GPA of at least 3.75 and a minimum of 30 semester hours. YSU was one of two Ohio institutions to have Emerging Scholar Awards this year. This is the third year of competition; YSU has had winners in all years.

### Mental health training sessions available for YSU staff

On Oct. 13 and 14, YSU will be providing an education and training workshop designed for faculty, staff and administrators to assist them in identifying mental illnesses that could potentially lead to violent behavior in and out of the classroom. The training will identify the signs and symptoms of mental illness and teach how to deal with such behaviors.

### Career & Counseling Services sponsors Fall 2009 Job Expo

On Wednesday, Career & Counseling Services will host its fall 2009 Job Expo from 10 a.m. to 2 p.m. in Kilcawley Center's Chestnut Room. More than 60 organizations are scheduled to participate in the job fair.

# I, addict: centers begin Internet addiction treatment

Dan Brown  
 REPORTER

In Fall City, Wash., a new detox center has opened, but it won't be helping those dealing with drug and alcohol problems. Heavensfield Health and Wellness Center is the first detox center for Internet addicts and home of reSTART: Internet Addiction Recovery Program.

Dr. Hilarie Cash has been treating Internet and video game addiction since 1995, been featured on ABC News, CNN, NPR, PBS and the BBC, co-authored "Video Games and Your Kids: How Parents Stay in Control" and is considered a pioneer in the Internet addiction field. She started the reSTART program with Cosette Rae, who was a Web designer and programmer before becoming a psychotherapist; Rae felt Internet addicts needed a program out there designed just for them.

Cash said Internet addicts' symptoms are no different from those other addicts experience. Internet addicts develop a high tolerance and will go through withdrawal when cut off. They will continue using despite consequences and altered moods.

Dr. John Edwards has been a psychologist since 1980, and said most suffering from Internet addiction don't admit it due to lack of public acceptance and the element of shame, especially when dealing with Internet pornography addictions. Edwards also said it is easier to fall into Internet addiction because of easy access.

Cash said most of the calls she receives about Internet addiction are gaming related. Ben Alexander was one of those calls.

Alexander started playing "World of Warcraft" the summer after his graduation from high school. He was drawn into the game because of recognition by other players for his skills and talents. He also enjoyed the social interaction aspect of "World of Warcraft."

"World of Warcraft" is a very social game, and I've always had a lot of trouble with social anxiety in real life," Alexander said. "Online socialization has always just been easier for me; it's not as vulnerable."

Alexander, who had attended the University of Iowa, noticed the problem in the middle of his first semester. He realized he was spending most of his time online, and wasn't attending classes or do-

ing homework.

Subsequently, Alexander went to his father for help. His father found Cash, but at the time there were no programs available for Internet addicts; Cash suggested a substance abuse program in eastern Washington.

"I didn't get much out of it, partially because they didn't really know how to deal with the problem and partially because I wasn't trying very hard," Alexander said.

Next, Alexander attended Wilderness Quest, a wilderness therapy treatment program, and said he got a lot out of it. However, loose ends still existed at the program's completion; Alexander attributes this to the organizers not knowing the specific issues he was facing. After his graduation from this program, Cash contacted Alexander's father and informed him about the about the creation of the reSTART program.

Alexander was the first attendee of reSTART; he said the program was a lot of work.

"Most of the time at reSTART was spent either in counseling sessions ... or doing work around the house [such as] cooking, cleaning, various chore-type stuff and work projects on the grounds,

construction work and general lawn care. Other than that, we went into town fairly frequently, and I did a lot of work on social skills there," Alexander said.

A recent graduate of reSTART, Alexander is beginning the process of putting his life back together. He has been spending most of his time getting into shape, finding a job and trying to start his own tutoring business. He plans to go back to school, and made a deal with his parents that if he pays for his first semester back, they will help with future education expenses.

Alexander said he is aware Internet addiction isn't held in the same light as substance addiction, but is hopeful that media attention will change that. He said many people suffer from Internet addiction and can't get the help they need because it is not viewed as a real problem. Alexander also said the high cost of reSTART -- \$14,500, plus other potential fees -- was completely worth the cost.

"What one really has to ask is, how much is their life worth? Because that's what I was losing, certainly, and that's what anyone with this problem is at risk of losing: everything," Alexander said.

## Radiation is calling

Chelsea Miller  
 SPORTS REPORTER

The Environmental Working Group recently released a study ranking cellular phones currently on the market, in terms of Specific Absorption Rate (SAR), or how much radiation is absorbed in the body when using the phone. Although scientific research is still inconclusive as to the effect this amount of radiation can have on the body, the EWG still believes that precautions should be taken to lower potential risks.

Phones on the list range from the Samsung Impression, which has the least amount of radiation at 0.35 Watts/Kilogram, to Motorola MOTO VU204, with a radiation of 1.55 W/KG. Whether these amounts are a cause for alarm is still under debate.

"Science is still inconclusive," Leeann Brown, a spokesperson for the EWG, said. "It's hard to compare cell phones with other forms of radiation. [Others, like microwaves,] are not in concentrated doses directed at the head."

Brown said the purpose of the study is to raise awareness about the possible future problems cell phone radiation can cause. According to the group's Web site, recent studies find significantly higher risks for brain and salivary gland tumors among people who have used cell phones for 10 years or longer, but more research is needed into the matter.

Brown said that the EWG wants frequent cell phone users to take the necessary pre-

cautions to avoid exposure as much as possible. Some of these precautions include keeping the phone on speakerphone away from the head and body, texting instead of talking and buying a phone with a low-level radiation as listed on the group's Web site. She said using the Bluetooth feature on a phone while having it in one's pocket will not protect the user against radiation.

"There weren't any noticeable trends [in the phones with high radiation levels]," Brown said. "But research shows it's possible for phones to have a lower radiation."

Some students at Youngstown State University are skeptical of the study. Travis Watson, political science major, said, "I think that you could potentially worry about it, but everything causes cancer eventually."

Greg Sturuss, chair of the physics department at YSU, agrees. "I obviously wouldn't be using a cell phone if it was giving me cancer," he said. "The damage is from heating. I just don't believe it heats you significantly to cause much damage."

For those who wish to check their phone's radiation level, a complete list for 1,200 phones currently on the market can be found on the EWG's Web site. Brown said if a phone is not on the list, the consumer can read the SCC code on the battery of the phone and contact the Federal Communications Commission for information about the radiation level.

PHOTO ILLUSTRATION BY NICK YOUNG/  
 THE JAMBAR

## Reports show students are taking longer to graduate

Jennifer Tomerlin  
 REPORTER

Youngstown State University President David Sweet reported in his Aug. 17 State of the University address that since 2000, 17,622 students have earned degrees from YSU. Though degrees are being earned, the time frame of receiving degrees may not be so ideal.

Students are taking longer to graduate, and students who graduate in four years are becoming obsolete. Of the 1,813 students that entered YSU during the fall semester of 2002, 234, or 12.9 percent, earned degrees in four years. The highest percentage of students, 629, or 34.7 percent, earned degrees in six years.

Jonelle Beatrice, director of the Center for Student Progress, said more is involved than just the numbers.

"It's easy to pick up statistics and not look at the story," Beatrice said.

Beatrice noted some factors that affect a student's time frame toward graduation. Factors that add in to the longer

time frame are a change to part-time status, remediation or changing majors. Some students have full-time jobs to balance along with going to school. Financial issues also have become an obstacle students need to surpass.

Although it is not the norm, Beatrice said graduating in four years is still a realistic goal.

"You must be one, academically prepared, two, motivated, and three, financially stable," she said.

YSU plans to continue with their goal mission: to educate everyone.

"YSU will continue to provide opportunity, regardless of background, to earn a degree," Beatrice said.

Of those degrees awarded since 2000, 1,629 were associate degrees; 12,981 bachelor's degrees; 2,968 master's degrees; and 74 doctoral degrees. According to the Office of Institutional Research & Policy Analysis, in the 2008-2009 school year, YSU awarded 2,075 degrees. This is an increase from the 2007-2008 school year where 2,064 degrees were awarded.

### Graduation Rates:

Since 2000  
 17,622 student have earned degrees

Students enrolled in Fall 2002  
 12.9% Earned degrees in four years  
 34.7% Earned degrees in six years

Degrees earned since 2000  
 1,629 Associate degrees  
 12,981 Bachelor's degrees  
 2,968 Master's degrees  
 74 Doctoral degrees



GRAPHIC BY SAM MARHULIK/THE JAMBAR



Send letters to:  
 thejambar@gmail.com

got an opinion?





**BIG BUDDAH BURGER**  
PHOTO BY JEFF MAMOUNIS/THE JAMBAR



# EXTREME eating

## Local eateries serve up challenges for big appetites

Jeff Mamounis  
REPORTER

Even locally, extreme food challenges abound, testing the endurance (and taste buds) of competitive eaters, both near and far.

Established in 1974, Quaker Steak & Lube is best known for its chicken wings, and has become a local tradition. Quaker Steak & Lube is also home to one of the most notorious forms of extreme eating: the Atomic wings.

The Atomic wings are so hot, a release form has to be signed before the customer can eat them. Anyone who can eat the wings gets bragging rights and an Atomic wings survivor bumper sticker.

Angie Giangliuli, a manager at the Sharon, Pa., Quaker Steak & Lube, said, "The record for the most Atomic wings eaten [in one sitting] stands at 45 wings."

The Atomic wings rank at 150,000 Scoville heat units.

"In 1912, Wilbur Scoville developed this measurement for the heat level of chili peppers. A number was assigned to each chili pepper based on how much liquid was needed before you would no longer taste the heat," Giangliuli said.

Quaker Steak & Lube is preparing to release their Triple Atomic wings, which are rated at 300,000 SHU, Giangliuli said.

Austintown's Ice House, located on 5516 W. Webb Rd., is home to the

Buddah Challenge.

"If you can eat one of our Buddah Burgers, a large fry and a large side of cole slaw in 30 minutes or less, then it's on the house," said owner Mike Mousie, adding that if unsuccessful, the Buddah Challenge costs \$18.90.

A Buddah Burger is 2 pounds of fresh ground beef on a fresh homemade bun; it takes about 45 minutes to prepare.

"We've been doing the challenge for about 10 years," Mousie said. "We were working on a 3/4-pound burger, and [the Buddah Burger] kind of started out as a joke, and then made it onto the menu."

Mousie said about one out of 10 complete the Buddah Challenge.

"We had a father and son come down on a Sunday, and both ate it,"

Mousie said.

Struthers' Kelly Pavlik's 13th Round, located at 162 S. Bridge St., is home to the Knockout. The Knockout is, "12 ounces of shaved turkey and ham stacked on a whole loaf of Italian bread with sliced provolone cheese, tomato, lettuce, coleslaw and French fries served with a the Knockout T-shirt," said general manager Alan Drennen.

The Knockout costs \$19.95; the Knockout T-shirt is also available separately for \$15. Drennen said people are able to keep the T-shirt whether they eat the sandwich or not.

"We're a new establishment and we want to get our name out there," Drennen said. "Although the Knockout isn't an eating challenge yet, it is a challenge to eat the sandwich."



# YSU FALL JOB EXPO 2009

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TOD HALL page 1

"[The stair tower] will be in a modernist glazed element or box ... something very light that will attach to the building," Morrison said.

Morrison added that the renovation would allow Tod Hall to be a recognizable building just like the Butler Institute of American Art without taking away from its historical aspiration.

"Tod [Hall] is not of the same quality as a building [as the Butler], but it's a pretty straightforward modern building, so we wanted to pull it out and say, 'This is the front entrance to Tod [Hall], this is the front entrance to the Butler, the parking and here is the walk ... very simple, very clean, very elegant, very simple.'"

With construction set to begin next month, in the middle of the current semester, Morrison said he does not think everyday business will be af-

ected, but added that other revisions would need to be made for accessibility.

"We have a stair tower on the east that goes out towards Kilcawley [Center] and a stair tower on the west [side of the building], so it shouldn't affect us very much at all," Morrison said.

Cole said that even with the other two entrances available, handicapped accessibility might become a problem, but Morrison added that another [service] entrance, located behind the building near the loading dock, would be available to accommodate the handicapped.

"The point is that we're going to have to maintain appropriate fire access and appropriate handicapped access in this building, and I think it's possible given that we have three formal entrances plus the service entrance," Morrison said.

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the plan. "We are in a recession, and his solution is to levy more taxes? This goes against any sort of rational economic theory," Shaw said.

In regards to better alternatives, Shaw said emphatically, "Absolutely, tort reform, loser pays on lawsuits [this will discourage frivolous lawsuits on insurance companies that help to drive prices up] and changes to why insurance companies can deny you service would help the situation."

College Republican Donovan O'Neil agreed with Shaw and said, "It is fiscally irresponsible to think that expanding the government's role will not have an effect on Medicare."

College Democrat Abbie Twyford said, "What we have in terms of health care is not working," and agreed that reform needs to take place. "I do support reform," Twyford said, "but I'm not sure which plan coming out of the congressional committees I think is best, and I've yet to find a source of comprehensive, non-partisan information about any of them."

Twyford added that most of the media's focus has been on what reform will mean for the elderly and she is unclear on how it will affect students.

Fellow College Democrat Jennifer Hanuschak said, "Personally, I wish the plan was more like Britain's NHS."

Britain's National Health System is universal health care focused on providing equal treatment for all patients.

Chairman of the Democratic Party of Mahoning County David Betras said that students should be for health care reform because they stand to benefit. Betras said that "young people are the largest demographic without health insurance and with successful health care reform, they would be able to get affordable coverage." Betras said, any opposition to healthcare reform comes from lobbyists who stand to profit from the insurance industry. "We are the wealthiest nation in the world," Betras said. "There is no reason why we shouldn't have some sort of universal health care."

Craig Bonor, chairman of the Republican Party of Trumbull County, said, "Everyone will determine how this health care plan will affect them after we know our options." Three bills are on the table right now and until a final outcome presents itself, Bonor said he couldn't accurately comment. "I might disagree when the plan is finally explained to everyone and the details of coverage and cost are determined," he added.

House leaders are currently pushing for action on health care reform by mid-October.

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Cole said users of the alert system should be assured that only emergency messages will be sent. This includes weather statements and university closures. Campus notifications such as news briefs or registration announcements will not be sent through YSU Alert.

Aside from the messaging alert system, YSU currently has other emergency notification systems in place. According to the press release for the YSU Alert, "other communication tools" are the campus alarm system, the

YSU homepage, the emergency line (campus extension 2222), the MyYSU portal and local news media.

In addition to the WENS system, the university has the newly added Simplex System. According to a Safety Update for the Board of Trustees, "Simplex is an integrated communications systems which connects all the university buildings allowing for mass, as well as individual campus messages."

Cole said the Simplex System is mostly implemented by the YSU police, with

the police having the ability to lock down certain parts of campus to stop an emergency situation from becoming campus-wide.

The YSU Alert is serving as a complement to the other emergency notification systems already in place at YSU, Fehey said.

"It's a layered system," he said. "If [one system] doesn't work, then hopefully the other will."

"The texting system is the last piece of the puzzle," Cole said.

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Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during summer sessions. Mail subscriptions are \$25 per academic year. Additional copies of The Jambar are \$1 each.

### OUR SIDE EDITORIAL

## idk, my bff YSU?

### RELATED STORY

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### THE JAMBAR EDITORIAL BOARD

After April 16, 2007, the Virginia Tech shootings exposed a majority of college campuses' lack of emergency communication. From that day on, campus administrations pored over ways to prevent that exact massacre from occurring at their universities.

Over three years later, we have our answer.

The YSU Alert system is being implemented today, and the concept on the surface seems flawless. The scenario: An emergency happens, a message is sent and immediate action is taken. The system potentially could save numerous lives if used effectively. The only problem is the registration is voluntary.

There is no excuse not to sign up for the YSU Alert. The vast majority of us are on our cell phones all day anyway, even in class. They make unlimited texting plans, so the standard texting rate applied to the bill is out of the question or minimal at best. Ten cents for a texting fee seems like a small price to pay for an emergency notification.

The percentage of students without cell phones is so small that it seems unnecessary to take into account. Students without cell phones will be surrounded by those who do, so the message will be sent by word of mouth eventually. The messages are also sent to e-mail if students lack a mobile device.

Or you could just wait for that first class cancellation in the winter to sign up for notifications, but if an emergency happens before then and you're in the dark, don't say we didn't tell you so.

### OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editor-in-chief, managing editor and news editor. These opinion pieces are written separately from news articles and draw on the opinions of the entire writing staff. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

### YOUR SIDE POLICY

The Jambar encourages letters to the editor. E-mail submissions are welcome at editor@thejambar.com. Letters should concern campus issues, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification and the writer's city of residence for printing. Letters are subject to editing for spelling, grammar and clarity. The editorial board reserves the right to reject commentaries that are libelous or that don't defend opinion with facts from reliable sources. The editorial board will request a rewrite from the submitting writer based on these requirements.

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The views of this syndicated artist do not necessarily agree with those of The Jambar.

## Petting Zoo: License to drive

Melissa Mary Smith  
COLUMNIST

OK, It's confession time. No, I'm not a spy or a lion tamer or a man. Ready? I'm 23 and still don't have a driver's license. Whew. That feels better.

My pathetic situation has always made me feel like the Andy Stitzer of the driving world. While I've made strides toward getting my license, all of my efforts have proved fruitless.

If you're in the same boat as me, you know it's a pain relying on your friends and family and hitchhiking to get to the places you need to go, be it work, school or other activities.

It's even been a bone of contention in my relationships.

You might think my lack of license would equate to a lack of driving ability; you'd be wrong. I actually know how to

drive. I've been doing so since 2004 and even been told that I'm excellent at it, but alas, no license.



How could anyone go this long without a license? I asked around in hopes of feeling less like a loser and found out that my Aunt Francie didn't get hers until she was 46. A friend of a friend is 28 and never got his. My co-worker, Lynn, didn't get hers until she was 22.

It's a rite of passage I've continually put off for the past

five years. I have had a total of four driver's permits and have learned to drive on three different cars. It's okay to laugh. By now, I'm pretty used to it.

Recently, my parents were nice enough to buy me a new car and it's motivated me more. I've been practicing maneuverability like crazy.

Whenever I tell people I'm still practicing, they say "just schedule to take it," but my anxiety kicks in. I've always been scared of failure and sometimes think I'll never get it.

I'm often told by people it's better to have never gotten a license than to have had it taken away because of a DUI or other legal reasons.

On Sunday, my dad laid down the law: "You're getting your license in two weeks. No excuses."

So, in two weeks, if you happen to see me still being driven around, you have my permission to shout, "Jessica Tandy!"

## Letter to the Editor

Editor,  
This letter is response to the numerous articles covering the outburst by Serena Williams at the U.S. Open.

Well, I must state that something like this does not surprise me. After all, we have an undisciplined spoiled brat who is underworked and overpaid that probably never had to earn a living unless you consider hitting tennis balls all your life as some sort of labor. I am not familiar with the rules of tennis (nor do I want to be) but it seems apparent that this sport has a rank order of judicial authority similar to other sports. Evidently the line judge is subordinate to the chair umpire so it would seem that if one is not satisfied with the decision made by a line judge they would simply appeal to the chair umpire. But when people are raised to believe that winning is the only thing and everything else is discounted one may draw the conclusion that what Ms. Williams did was perfectly acceptable and appropriate. Let's see, "screaming at an official with a jabbed finger" and stating: "I'm going to shove this ball down your f---ing throat." Even John McEnroe (another spoiled brat) was taken aback by her behavior.

If I were the line judge (whether or not I was familiar with America's culture or lack thereof) I would have felt sufficiently threatened to seek out the protection of law enforcement. Ms. Williams should have forfeited the match, been arrested and banned from tennis. Her ill-gotten gains then could be rightfully distributed to accomplish more important things than rewarding the tirades of a selfish materialistic ego. The question that remains for all forms of organized sport is where does one draw the line between protest and a complete disregard for authority? A public apology is simply not acceptable and the sponsors of Ms. Williams need to be made aware of this through direct contact up to and including the boycott of products. As the old television commercial states "anything less would be uncivilized."

Joe Bialek  
Cleveland, OH

## Do you think the text messaging system will keep students safe and informed?



"I think it's dumb. I don't want YSU to text me every 30 seconds."

Mike Bole, senior



"Yeah I think so. Everyone pays attention to cell phones."

Cutris Brooks, freshman



"Yes, when you're on campus you never know what could happen. Text messages would help that."

Ashley Henry, freshman





## Theater program to go "Around the World in 80 Days"

Lamar Salter  
ARTS & ENTERTAINMENT  
EDITOR

Youngstown State University's theater department will be taking audiences on a trip of global proportions as it presents its second production of the semester, *Around the World in 80 Days*, a classic adventure story adapted by playwright Mark Brown and based on the famous novel of the same name written by

Jules Verne. The plot, revolving around a wager made to travel the world in 80 days is a heavily character-based story that will push the actors and their talents with its ensemble cast. The story itself has been adapted to a multiple of forms including a musical, mini-series and even a video game. For this take, the actors themselves will take on multiple roles, each with their own set of personalities and characteristics. Dennis Henneman, a pro-

fessor and director of the play said the cast will play a total of 39 different characters. Zach Campbell, who plays 16 roles, talked about the challenges of taking on different characters in the same play. The hardest part is the specificity," Campbell said. "It's definitely an actor's job." Nathan Beagle, who plays nine roles, has characters that will not only include a costume change, but accents as well. Beagle plays roles like a screwy detective and an In-

dian train conductor, each requiring their own specific voice and physical traits. We have to play the characters and embody them both physically and emotionally, Beagle said. Henneman said the students had been working on the production since before the fall semester started. The design of the play, which includes projection screens and general lighting, will also include a hand-painted map of the world as a floor for the characters to perform

on. They had been working on it for maybe about a week, Henneman said. Despite the difficulty involved, Campbell said that the actors for the role were generally voluntary, using it as an extracurricular activity. The best way to sharpen your craft is by being on the stage, Campbell said. Doors open for *Around the World in 80 Days* Oct. 1 at 7:30 p.m. at the Spotlight Arena.

## Local TimeBank investments pay off

Gary Angelo  
FEATURES REPORTER

TimeBank Mahoning Watershed is building a community of helping hands. The TimeBank Corporation, which was founded in 1980 in Washington, D.C., by Edgar Cahn, is a service exchange network. His vision was to award non-monetary credits to those who do good works. TimeBank chains exist across the United States, and there are about 300 operations in Europe. The TimeBank local chapter covers volunteer work from four counties: Mahoning, Trumbull, Mercer and Columbiana. Some examples of services include transportation, garden or yard work, minor home repair, car repair and small business assistance. Services available for TimeBank applicants include hair cutting, music lessons, computer assistance, general cooking and food preparation, language



translation and pet care and dog walking. The TimeBank system involves an individual devoting an hour to help out a group or a person. Once an individual devotes time, he or she earns a Time Credit as a reward for those efforts. A person can use his or her Time Credit to obtain a service from a friend or neighbor involved in the TimeBank. When volunteers first sign up for TimeBank, they are granted five hours of Time Credit. Additionally, TimeBank applicants establish a username and password on the site through the Community Weav-

er software. The way this site works is similar to social-networking sites like Facebook. The system also keeps track of Time Credits and work hours from the members. Volunteers are matched up according to their assets and career strong points in TimeBank's database. On the application, TimeBank also asks volunteers what they need help with; TimeBank then matches volunteers with others who could help them. What volunteers give comes back to them, so it's a win/win situation. Tony Budak, TimeBank Mahoning Watershed founder, president and coordinator, said his vision is to create a social network, giving teens, college students, retirees and others direction in life. We are trying to bring people together through a service exchange community, where members trade services with each other, Budak said, adding that his top slogan is, "Strengthening community through reciprocity." In turn, deeper development options come up for volunteers and this encourages others to forge together in a community. Tony Budak got interested in TimeBank after he retired and was interested in reaching out to the community. Budak's mission is to include a wide range of skill sets in TimeBank's database from amateur to professional. I work out of my home, building a virtual community of people to help each other out in social situations, Budak said. Budak said TimeBank is also important for individuals who live in unsafe neighborhoods. TimeBank gives these people the opportunity to network and put together neighborhood council meetings to work together to improve their community. For these individuals, we want to use the slogan, "If you want to use the door, then it's safe to go through that door," Budak said. Jackie Yohn, coordinator of TimeBank Mahoning Watershed, said people who volunteer for TimeBank pick skills they love and do not see these

as a job. TimeBank allows people to look deeper within to discover their strengths, Yohn said. If someone had a job writing resumes, they might not want to put that down on a TimeBank application because that is their job. Instead, applicants might want to put down something they like doing more, like a hobby. Yohn began as a TimeBank event coordinator, where she organized TimeBank picnics, socials, meetings and festival gatherings. As a TimeBank coordinator, Yohn is awarded time credits for her efforts. Her job is to keep track of the volunteers work. Yohn said she feels TimeBank will be beneficial in strengthening the Youngstown area. I think TimeBank is a new concept, and I feel that if Youngstown embraces TimeBank, it could bring a change of attitudes around here, Yohn said. Budak said he is hopeful TimeBank will flourish throughout the Valley. When I interview someone, I am not asking them to do an extra task. All I want them to do is to document their good works of service through TimeBank, Budak said.



IMAGES COURTESY OF TIMEBANK



# Rescue Mission of Mahoning Valley in a League of its own

Alicia Pattillo  
REPORTER

Adversity is clear in the city of Youngstown, but in one organization's quest to diffuse hardships arises the Rescue Mission of Mahoning Valley. Since 1893, the Rescue Mission has provided individuals with food, shelter and safety worldwide. Not always an easy job, the staff of the Rescue Mission of Mahoning Valley dedicates themselves to the task.

For over 18 years, Linda Sherrard has taken administrative action as assistant to her husband, executive director Rev. David L. Sherrard.

"It is a privilege and joy to work with my wife," Sherrard said. "We have a tag-team approach to things."

The couple said the bond that holds them together is God and their love for each other. The couple is committed to the work involved at the Rescue Mission of Mahoning Valley.

"It's more than just a 9-to-5," Sherrard said. "It's a 24-hour thing."

Linda said the Mission networks with agencies all over the country, including medical facilities, educational systems and social workers. Although the Rescue Mission is not to be misinterpreted as a permanent shelter, Linda is clear as to what is to be taken away for each individual's experience through the Mission.

The Mission is able to provide help to many lost souls, whether it be from abusive relationships, addictions or simply no resources due to in-

carceration.

"When the clothing's gone and food is gone, they will live with internal hope," Linda said. "People can tell that we care about them genuinely; a lot of times people just want someone to listen."

Hours spent through the distribution center for the Rescue Mission are hardly devoted to relaxing. Sherrard said he is always hard at work, working off his drive to fulfill the Rescue Mission's purpose statement, which is to "serve and glorify God through Christ-centered outreach."

A Rescue Mission veteran, Sherrard began his days in what he said are the "hardest, roughest areas" of Detroit. For 39 years, he has been giving the unfortunate individuals in the Rescue Mission all the love and support he has.

"If the attitude of all teachers, parents, employers and higher educators were to make the best of an individual, I know that things would be a whole lot different," he said. "Challenging them to the end is what it's all about."

As many as 300 volunteers give their time to the Rescue Mission of Mahoning Valley. Often, their time is spent to greatly benefit the recipients.

Robert Johnson has been a volunteer at the Rescue Mission for two weeks, with promises that the Mission will help him in transition to a rehabilitation center.

"I enjoy what I do; it's a nice feeling to help others," Johnson said.

Volunteer manager Raelyn Kish didn't know what to expect coming into a new environment three years ago,

but now she said she knows what the Rescue Mission is all about, feels comfortable and loves the people.

"The Rescue Mission is a place that truly makes life changes in people; anything you do here you know will make a difference," Kish said.

Kish said the Rescue Mission typically sees a lot of Youngstown State University students volunteer this time of the year.

"It's a good partnership," Kish said.

Sherrard said he sees a lot of donations come and go, but also knows there will never be a time where there is more than enough.

"Historically, when we have a need, the general public rises to the need who aren't as fortunate as you and me," Sherrard said.



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**How will I know when a text is from YSU Alert?**  
Your YSU Alert messages will come to you from the number 69310. Program this number as "YSU Alert" in your phone. That way, you will know when YSU is texting you.

**What type of alerts will I receive?**  
You will only receive emergency notifications and campus closings issued by YSU. If you choose, you may also receive weather alerts.

**Does YSU Alert cost anything to use?**  
There is no cost for an individual who has registered for the alerts; however, your cell phone carrier might charge you to receive text messages, so please check your plan.

**Will all cell phone carriers deliver YSU Alert messages?**  
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**Will I receive ads or SPAM on my phone?**  
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**Can I register my parents or other family members to receive alerts?**  
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**I don't use text messages. Can I receive YSU Alert by email?**  
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# got an opinion?

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Freshman James Tolliver works for every extra inch he can get for the rugby team as they hone their skills at a practice.

PHOTO BY CHELSEA MILLER/THE JAMBAR

## Rugby club in its second year of existence after transfer student starts club

Chelsea Miller  
SPORTS REPORTER

"Work hard, play hard" is a motto the members of the Youngstown State University rugby club take to heart every time they step onto the field. The sport, which is relatively unknown on campus, is a new addition to the club sports previously offered.

YSU never had a men's rugby team until Shawn McClellan started it last fall, after transferring from Wright State University. The team grew from there. Andrew Holmes, a biology major at YSU, heard

that McClellan was starting the team and decided to help.

"I love the violence of the game ... it's a lot of fun," Holmes said, adding that since joining he has found camaraderie and a sense of family in the team.

The rugby team, which has now grown to around 23 members, plays in the Ohio Rugby Union against schools such as the University of Akron, Hiram College, Wright State University and Marshall University. During the fall, league play, or exhibition matches, are played, and the spring is reserved for the tournament games. All games are followed

by "socials" where the home team hosts a dinner or a snack followed by a night of singing and drinking.

Drinking is something the rugby team adds to its repertoire.

"It enhances our play," athlete John Hooker said.

Adding to the relaxed atmosphere of the team, those who join are automatically awarded a nickname, and the captains are creative with the names. The team is composed of Teen Wolf, who Holmes said looks like a werewolf, Riverdance, who earned his nickname by the way he runs, and Kiddy Pool, whose initials are K.P.,

and who Holmes joked is "shallow, dirty and cheap."

The sport is not all fun and games. Rugby is a full-contact sport that is played like football, but without much padding. Players on the opposing team are only allowed to tackle the player with the ball.

"There's no blocking, so essentially it's 15 on one," Holmes said.

Not everyone who wishes to play makes it until the end, said Anthony Connelly, a senior who has been playing rugby for a year.

"Tryouts are unnecessary," Connelly said. "People leave."

To prepare for a tough

season ahead, the rugby team holds practice three times a week, with mini scrimmages at the end of practice. Conditioning is also an important aspect of the sport.

"The game does not stop for 40 minutes the entire half, so conditioning is a very big part of it," Holmes said. "Drinking, conditioning and running don't go that well together, so it's an uphill battle for us."

To kick off the season, the rugby club's first game is against one of their tougher opponents: the Akron's men's club. The game will be held Oct. 24 in Akron.

## All-Ohio Championships ahead for cross country team

Keith Langford Jr.  
SPORTS EDITOR

The Youngstown State University cross country team had a long running tradition of 12 straight years from the Mid-Continent Conference days to the current Horizon League days of finishing in the top three in its conference. Last season, the Penguins finished sixth in the Horizon League, and are hoping to bounce back from a subpar 2008 season.

Leading the women's team this season is senior Lauren Blasé. Blasé helped the team beat Buffalo and Kent State with her strong run in the 5K at the Akron Quad meet. Blasé finished third with a time of 19:06.

"To beat two [Mid-American Conference] schools is definitely a huge confidence builder," head coach Brian Gorby said. He added that Blasé shaved two minutes off last year's 5K time.

Another strong component of the women's team is freshman Samantha Hamilton. She finished right behind Blasé at the Akron meet, with a time of 19:07.

"[Hamilton] is the fastest freshman I've had here at YSU," Coach Gorby said.

Although the Penguins have a potent one-two punch in the 5K, Gorby said his

women's team is limited with depth and his core group has to stay healthy.

"We are not deep so we are trying to keep everybody healthy," Gorby stated.

On the men's side of the equation, freshman Kiplangat Tisia heads the team.

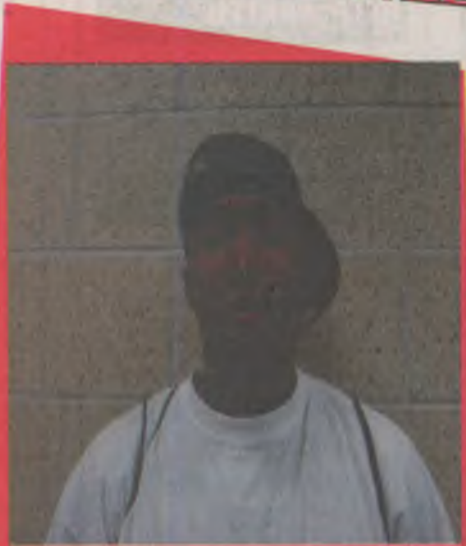
Gorby expects Tisia to be in the top five at every meet this season. So far, Tisia has not disappointed, with a top five finish at the Akron Quad meet. Tisia finished fourth in the four mile run at the Akron Quad meet.

Juniors Jack Lape and Jim Ramson are vital contributors to the team even though Tisia has taken over the role as main dog. Gorby hopes he can get all his runners to post times in the 25-minute range in the 10K run.

"We have to get five guys in the 25:00's," Gorby said. Noting that the success of his team lies in cutting down race times.

Coach Gorby's main focus for now is the All-Ohio Championship this week. Gorby strives for 10 teams to finish in the top 10 in this event, which showcases teams from Divisions I, II, and III throughout the state of Ohio. Last season the women's team finished 25th out of 40 teams, while the men's team finished 22nd out of 40 teams.

### INTRAMURAL PLAYER OF THE WEEK



## Andre Ballinger

Andre played football and basketball in high school, lettering in both, but does not participate in any college sports. Joe Conroy, director of intramural sports, said Ballinger deserved to be recognized as Player of the Week after leading his draft team to victory as quarterback. Conroy said it was the first time members of a team that did not previously know each other played together so well.

"It's fun," Ballinger said of intramural flag football. "You get to meet different people ... and you're being out there being competitive."