



"All glory be to God,
And to the Earth be Peace."
—Tate—"While Shepherds Watched"

BULLETIN

of the
**Mahoning
County
Medical
Society**

Vol. XI No. 12
December 1941



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N. B.

PRESIDENT'S PACE

Another year in the history of the Mahoning County Medical Society draws near to a close and it is good that we pause for a moment to review the year, take inventory of its accomplishments and in passing glimpse briefly into the future.

The committee reports appearing elsewhere in this issue give only a partial story of the work done, of the time and thought expended by the committeemen in behalf of the society. Time and space will not permit one to single out individuals for praise and compliments, though many deserve them. Suffice it to say that, with few exceptions, all have responded willingly and graciously to tasks assigned and have given unstintingly of their time and energy to the common weal. The cooperative spirit of our society has in no small way been responsible for placing its name high among the medical societies of the state.

This year has seen the passing of the Enabling Act in the Ohio General Assembly and following that, the writing of a Mahoning County plan for extending medical service to the lower income group. Again this year witnessed the all-out plan of our society in the examination of men for the Selective Service. In both these efforts not one man, or small group of men, carried the whole burden, but practically all members had a share in their accomplishment. At the same time all the regular functions of the society have been carried on smoothly and efficiently.

At this time I want to gratefully acknowledge the help and cooperation that has been accorded me by all members. Mine has been but a small share of the total work done. To me it has been a pleasure and a privilege to serve with you all.

The year 1942 promises to be one of unusual importance to organized medicine. The Medical Service Plan should be put into operation. The National Emergency under which we are now laboring may at any moment be converted into a state of National War with all that that means in added responsibility of the medical profession to community and to the nation.

To my successor in office I commend your continued united cooperation and unselfish interest in the welfare of our society.

May the coming Christmas Season be a Happy One for You All, and God grant the coming year may see Peace and Prosperity once more in this Old World.

O. J. WALKER, M. D., *President.*

BULLETIN *of the* Mahoning County Medical Society

D E C E M B E R 1 9 4 1

Editorials---

Good Bye 1941!

Time glides on with speedy foot. Time the avenger, the eternal panacea, that makes and cures pain. Yesterday the stripling known as 1941 strutted forth, head high though he held within his heart misery and foreboding.

Now 1941 is old, and soon must lay him down in that endless row of those who lived in tragedy and died in tragedy.

But through the hours, days, weeks and months, even unto the last, hope remained, faith that would not die lifted faltering spirits, and love supplied both effort and reward.

Men of good will rejoice and sing Glory to God in the Highest,—for in our Savior one day we shall find peace,—peace not for our friends alone but peace also for our enemies.

Medicine has not paused, except to get bearings. Our service to all, however beneficial it may have been to our patients, yielded to us blessings far greater.

Astonishing progress is in the making in every field. Chemotherapy, deficiency diseases, and hormones, are much to the fore. Old methods are being rechecked, procedures refined, and machinery for rederring service to those in the lower income groups will soon be functioning.

1941

Taxes? We shall pay only if we have income out of which to pay them. Strikes? Presently leaders must come forth who see that labor's best welfare must be combined with patriotism. War? Terrible and satanic, but if it must come, all together we shall unite and down the tyrant as quickly as possible.

May all of you have gained in grace and understanding during 1941. On this sad Christmas Day may hope bring you cheer, and for the New Year may resolution to play each his part bring an end to all unworthy intolerance and hate.

C.B.N.

Annual Meeting

This month ends the present arrangement of officers and will probably result in "shelving" some of us. Nobody should complain. If we have honestly tried to do our work, our service will prove helpful. We can't all be Oslers nor Criles nor Walter Reeds nor Abells nor Careys nor Fishbeins.

Let our gang come out and elect whomever they want, to whatever places they want 'em elected. Disuse is as fatal to democratic processes as it is to muscles.

The "Best" man is YOUR man.

So come out on election night, December 16th, and help the best man win!



MERRY CHRISTMAS



It is with all sincerity that The Isaly Dairy Company extends holiday greetings and best wishes to you, as members and associates of the Medical Profession. May the health and happiness you bring to others in the course of your daily work, be reflected in good cheer and happiness for you and yours this joyous Christmas season.



ISALY'S

December

CLERIC-MEDIC RELATIONS

By ROLAND A. LUHMAN

Minister, First Reformed Church, Youngstown, Ohio

"Well, I came through that illness all right,—thanks to Dr. Noll, God, and Reverend Luhman." Such were the grateful words spoken to me a number of years ago by a kindly old woman who had spent the greater part of a cold winter recovering from a mild "stroke." Not uttered facetiously at all, this woman gave expression of thanks for definite services which she felt had been rendered by her physician, her God, and her minister. There was nothing of the dramatic or the sensational about her observation. Upon inquiry as to just what each of these benefactors had done for her, she simply enumerated a few of the services as she was able to interpret such services and then remarked: "It just seemed that you were all working together to make me well." And then laughingly she concluded, "You see, there were three of you, and only one of me."

Those words spoken by that grateful person have verily haunted me. Seldom do I enter a sick room that these words do not flash into my mind. Many is the time I have used them in speaking to those who are ill, in my endeavor to arouse within them a willingness to cooperate with the forces that would attempt to bring about a restoration to health.

It can be readily understood why some physicians are somewhat reluctant in being persuaded that a minister, priest or rabbi can be of any help to the sick. For there are clerics who by the tenor of their voice, and the manner of their actions make themselves unwelcome in a sick room. That number, however, is relatively small. Yet because of the shortcomings of a few many must suffer.

Naturally the function of the physician and the minister in a sick room differ. Yet though these functions differ they are not antagonistic to

each other. Rather, they supplement each other. For the physician attempts to rebuild to usefulness a body by medication. The minister attempts to restore the person by inspiration. It is not assumed that the physician does not inspire. The matter under discussion is the prime function of each of these services. It becomes the duty of the medic to rebuild tissue, enrich blood and strengthen muscles. It becomes the duty of the cleric to arouse within the patient a zest for life by means of calling into play the mental and the spiritual certainties, energies and hopes of this languorous and lethargic individual.

Therefore, if the work of the physician is necessary to rebuild physically that person to usefulness, it is no less important that the patient feel his dependence upon such forces working within him and upon him through the ministrations of his physician. And it is at this very point that the cleric's contribution is made.

It is hardly necessary to speak to a patient about faith in God when it is obvious that he is wavering in faith in his physician or in his nurse. Speaking for myself alone, I always begin with what is at hand.

"And who is your doctor?" This is generally one of the first queries asked of a patient or of a member of the patient's family. If I know the physician personally, and I do know a great number of them in this city, I always speak of some great service he has performed for some one in the past. His ability is mentioned. His thoughtfulness and his devotion to the patient is brought out. If it happens that the doctor in charge is unknown to me, still is he recommended. For it is my conviction that one practicing medicine and a recognized member of the medical

fraternity must have about him some qualities of usefulness. Furthermore, if nurses are employed, a kind word is always spoken in their behalf. Yes, it is necessary for me to begin with what is at hand in order that confidence and faith may be firmly established in the persons into whose hands the patient has entrusted himself.

So with confidence in man established, one can then proceed to "build the soul," as it were. A person carries into his illness his business interests, his family affections or disaffections. He harbours within himself those inner conflicts and hidden emotions which can render useless any medication or therapy of the medic. For it is not a point of argument as to whether these are apt to raise his blood-pressure, upset his heart or arrest bowel movement. They do pervert the chemistry of his digestion and of his metabolism. And here again, a minister should get in his "licks".

Truly, the cleric is not to turn psychiatrist. He should set himself to the task of discovering if he is able, generally through family connections if the patient fails to divulge the dreads and the anxieties of heart and soul, whether some of the patient's invisible faculties are starved, exhausted or poisoned. For both medic and cleric know that the sick do not get well by bread and medication alone. For the appendix and the gall bladder and the heart and all of the other vital organs of the human body are linked with the nervous system and with the mind. And a concussion of the soul, figuratively speaking, can certainly be just as damaging as a concussion of the brain.

Hence the cleric goes into the sick room by authority of the need of the patient. He goes that he may minister to the weakness of the patient by building up his confidence; that he may minister to the courage

of the patient by bolstering up his hope; that he may minister to the comfort of the patient by sustaining his patience. And any minister who goes into a sick room with such high purposes will render both patient and physician a service which neither is likely to forget.

Of course, the methods employed by the cleric to accomplish these ends differ in every case. I speak only for myself. In but a limited number of cases do I offer what is generally referred to as a "formal" prayer. Prayer is after all the heart's desire either expressed formally or expressed informally through encouragement. I feel that when I have succeeded in awakening within the patient through my sincere interest in him a desire to cooperate with his physician and his nurse and have aroused a willingness on the part of the patient to let loose the "haunting ghosts" that make him afraid, and have further excited a will to live on the part of the patient, that I have at least partially settled his body, heart and mind. In fact the prayer of the heart is answered even before it is uttered.

It should be the function of the cleric as he goes into the sick room to awaken a desire within the patient to grow. In illness this is expressed in the desire to "grow back" to health. Growth is progress. And this is of course the wish or the prayer, as one may choose to call it, of both physician and minister for the patient.

Yes, it is the physician and the minister together working for the good of the patient. And where there is good, there is God. So the observation of the kindly old woman was but the deep insight into a philosophical truth that where people work together for the common good there is God. In illness it is the medic and the cleric and God, all working together in the interests of the patient. All working together toward a common end, and that end in illness is restoration to health and usefulness.

DR. DONALDSON "GAVE"

On Thursday, November 13th, Dr. Walter F. Donaldson, Pittsburgh, Secretary of the Pennsylvania State Medical Association, and Editor of the Pittsburgh Medical Bulletin, addressed the Medical-Dental Bureau luncheon meeting. Dr. Donaldson took as his text the following: "Medical Statesmanship." A true statesman has been variously defined as "one skilled in public affairs and the art of government; who invents, foresees the future; reflects on what is past; makes early preparation; breaks no promise, serves no private end, gains no title, loses no friend; and by the practice of his art changes a nation from what it is into what it ought to be."

From the vantage point of forty years' observation of the physician's prominent part in changing this old world for the better, we have paraphrased this definition to express the ambitions of all true physicians:

"Medical statesmanship comprises the art of changing the health condition of a community, county, or state from what it is to what it ought to be."

Dr. Donaldson praised our local Bureau for its efficiency. He referred to it as the parent of the Pittsburgh Medical Bureau, which, he said, is doing remarkably fine service for the Profession and the people in Pittsburgh. By the way, Mr. John A. McGhee, who founded our Bureau, is the head of the Pittsburgh Bureau.

It is difficult to report the "feel" of such an address. The speaker's manner was free from those usual pyrotechnics so frequently adopted by folks who are over-anxious. But by economy of words, earnestly spoken, he left his hearers deeply concerned about our whole situation as

a profession whose every conscious thought is above all else to serve humanity.

Dr. Donaldson, objectively, but with searching analysis, portrayed the trend since 1932 towards a system strange to all American experience. Hitherto, we have held to the governmental philosophy that the individual is entitled to the rewards of his own diligence and effort, and that government should protect him against those who would deny him those rewards. For this the definite trend is to substitute some form of collectivism.

One could only with difficulty suppress righteous wrath at the indignities inflicted upon our representatives by Senator Wagner and his statelites at the hearings held to clarify the effects of the Senator's so-called Health Bill. Even the court trial in the District of Columbia smacked of tactics seemingly impossible in a great free country.

What does it all mean? Why all this persecution? Plainly, Dr. Donaldson feels, it is only an expression of a ruthless determination to make the Federal Government supreme in many things basically local in nature.

Dr. Donaldson is sure the fight is by no means over. It is for us to gird on the armor and to continue to fight.

Mr. Price, manager of the Youngstown Bureau reported that more than \$10,000 was collected for our Dentists and Physicians within the last month. Mr. Price introduced Mr. Mark McCrone and Mr. Thomas Hutch, on the collection staff of the Bureau. Dr. James L. Fisher, president, presided.

The attendance was large. Those who can arrange to do so will find it most profitable to attend these meetings.

ANNUAL REPORT OF THE SECRETARY

The Mahoning County Medical Society at the end of the fiscal year 1941 has two hundred and twenty four Active Members, nine Non-Resident Members, six Honorary Members, six Associate Members and four Interne Members. There are twelve of our Members in Active service, either in the Army or Navy. During the year we have welcomed to our Membership thirteen new members, six Active Members, four Associate Members and three Interne Members.

There have been ten regular Council meetings during the year.

This past year has seen the Enabling Act passed by the State Legislature, thereby becoming a law in the State of Ohio. The Medical Service Plan of the Mahoning County Medical Society is now in the Special Committee at Columbus for review and correction.

The Scientific Programs have maintained their high standard and we are looking forward to 1942.

JOHN NOLL, M. D., Secretary.

COMMITTEE REPORTS

Program Committee

During the year of 1941 the attendance at the meetings of the Mahoning County Medical Society has continued to be very satisfactory due to the high caliber of men that have appeared here. These have been obtained not only through the efforts of the committee but by the cooperation of the membership as a whole.

Our Annual Post Graduate Day which was conducted by the group from the University of Wisconsin was outstanding in every respect. The talks were both interesting and instructive and we had one of the largest crowds in attendance in the history of the society. This was the first year the ladies participated as an auxiliary, and from the reports I gather that some interest was stimulated.

In addition to our regular meetings we were fortunate to have Dr. E. H. Cary, former President of the American Medical Association, and Chairman of the National Physicians Committee for the Extension of Medical Service, to address us on "Political Medicine."

Our Fall Post Graduate Lectures were conducted by Dr. Thomas D. Spies, and a record crowd was present.

Additional talks were given by Dr. F. Dennette Adams, Boston, Mass., Dr. Murray M. Copeland, Baltimore, Md., Dr. John A. Toomey, Cleveland, Ohio, Dr. S. Milton Goldhamer, Ann Arbor, Michigan, and Dr. Claude S. Beck, Cleveland, Ohio.

W. H. EVANS, M. D., Chairman.

Public Relations and Economics Committee

The activities of the Sub-Committees within this classification are reported separately by their respective chairmen. There was one matter during the year which was handled by the Committee as a whole. This problem was the examination of N. Y. A. Youth. After much discussion in Committee with the Ohio State Medical Association the matter was turned over to the County Societies, leaving the items of fees and other details for them to work out.

The spirit of the task from the standpoint of the N. Y. A. was to be a health improvement measure as well as assurance that the youth were fit for the jobs assigned by the N. Y. A. Abnormalities were to be corrected during N. Y. A. activities, thus preparing them much more satisfactorily for private employment.

Many more than the required twelve physicians cooperated. The response from the Society was excellent. But due to limited facilities, only twelve physicians could be used for the examinations. Both hospitals furnished space for examinations and cooperated perfectly, all of which brought out a comment by one of the officials of this program that examinations were conducted with more efficiency here than in any other city in this area.

Before the money ran out three hundred and one Youth were examined. These classifications and figures given below do not mean much because of the limited number examined. But it is surprising how many abnormalities there are within this group of Youth.

	Male	Female
Abnormal hearing.....	44	50
Abnormalities of teeth....	109	172
Abnormal distant vision...	86	123
Abnormal color vision....	6	3
Ear drum abnormalities..	32	47
Sinus abnormalities.....	7	3
Enlarged tonsils.....	42	55
Abnormalities of lungs....	3	4
Functional cardiac diffi- culties	2	3
Organic circulatory difficulties	3	7
Hernia	1	0
Nervous and Mental cases	2	11
Skin abnormalities.....	14	57
Orthopedic abnormalities except flat feet.....	5	2
Veneral diseases.....	2	1
Flat feet.....	0	1
Positive X-ray for Pul. Tbc.	2	0

WALTER KING STEWART, M. D.
Chairman.

Sub-Committee on Indigent Relief

	Cost	Home Calls	Total Patients	Office Calls	X-Rays	Vener- eal	Obs.	Fee Cases
January	\$ 2,294.96	277	599	286	2	90	3	3
February	1,646.55	142	427	257	3	68	0	7
March	1,724.31	131	494	301	4	94	1	3
April	1,561.47	115	404	279	1	90	2	2
May	1,551.94	99	410	307	3	85	0	3
June	1,214.33	85	303	217	2	68	2	4
July	1,329.81	72	323	249	3	69	2	8
August	1,344.23	84	284	200	2	38	0	12
September	1,415.23	117	354	237	0	24	1	5
October	1,379.33	97	215	215	3	43	1	4
	\$15,462.16	1219	3813	2548	23	669	12	51
1940	\$26,213.80	2097	6105	4144	49	1067	48	58
1939	25,901.98	2108	6433	3887	52	767	101	165

The Committee on Indigent Relief wish to suggest that the members of the Society refer back to the Dec., 1940, issue of the Bulletin and compare particularly the total costs of Medical Relief in Mahoning County. Regardless of better living conditions and in general better times, the total cost has remained about the same. We would attempt to show that with an apportioned amount, and a Central Bureau the care of the Indigent could be conducted from year to year without too much controversy.

The above figures, however, do not adequately express total cost because after a patient becomes hospitalized he or she is no longer under the care of a private physician, but becomes a strictly charity case. In or out of a hospital the doctor should be paid for his services, and it remains up to the individual as to how this situation can be changed.

We wish to thank our members as well as members of the Mahoning County Relief organization for their cooperation.

JOSEPH C. HALL, M. D. Chairman.

THIS MONTH—

Annual Meeting

ELECTION OF OFFICERS:

President-Elect

Secretary

Treasurer

One Delegate to State Association

Two Alternate Delegates

Society's Representative on Board Associated Hospital Service, Inc.

The By-Laws, as to voting and holding office, read as follows:

"The privileges of voting and holding office shall be restricted to the **ACTIVE MEMBERS** in good standing, and whose dues and assessments are paid in full."

Active members are urged to be present and to participate in this election.

YOUNGSTOWN CLUB

Tuesday, December 16, 1941

8:30 P. M.

JANUARY—

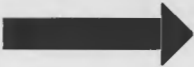
Max Sauer

Will put plenty into a scalding denunciation of garbled type! To those piffing pussy-footers who sneak into the headlines by persiflage, he says "Phooey!" He thinks Leesburg is too good a place for some folks. Yes sir!

Be present and have a "devil" of a time with this newspaper feller!

January 20, 1942

YOUNGSTOWN CLUB



DUES

PLEASE PAY DUES PROMPTLY

Keep in Good Standing

Chapter 2, Section 3, Constitution and By-Laws
Ohio State Medical Association

Sec. 3. Arrears in Membership. A member of this Association shall be deemed delinquent and in arrears in all his relationships as a member from and during the period extending from January 1 of the current year until his dues and assessments shall have been received at the headquarters of this Association, having been transmitted by the designated officer of the component society of which he is a member.

Committee on Medical Economics

This committee began shortly after the first of the year on the tedious project of a medical service plan which might be applicable to Mahoning County and vicinity. This work was very ably started under the chairmanship of Dr. Ivan C. Smith, who entered army service before it was completed. The Committee has carried on and worked very well in drafting and re-drafting proposed plans.

Our plan was submitted to the Ohio State Medical Association in the early summer, and it was tabled along with others which had been presented, until such time as a committee could be formulated to act upon them, and attempt to present a master plan for the state. Incidentally, Dr. Skipp has informed us that the plan presented by The Mahoning County Medical Society was very popularly received by the Committee.

Following is a letter from Mr. Charles Nelson which brings up to date the situation so far as medical service plans are concerned with the State association.

The Ohio State Medical Assn.
Columbus, Ohio
November 4, 1941

Dr. Lewis K. Reed, Chairman,
Committee on Medical Economics,
Mahoning County Medical Society,
634 Market St.,
Youngstown, Ohio.

Dear Dr. Reed:

This is to inform you that the Committee on Medical Service Plans of the Ohio State Medical Association spent about four hours Sunday in making a preliminary review of the proposed medical service plan of the Mahoning County Medical Society. As you can well imagine, a review of this kind is a big job and for that reason the committee was unable to complete the job at that meeting. Another meeting of the committee will be held in the very near future for the purpose of con-

tinuing with its analysis of your proposal.

Although I could give you, at this time, some of the changes which will be suggested by the committee, I believe that it would be confusing to do so now and, with your permission, I shall withhold sending you a memorandum on the matter until after the committee has completed its study. Dr. Skipp attended the meeting and no doubt will be in a position to give you verbally and in an informal way some of the questions which were considered.

Also, at this time, I'd like to call your attention to the following excerpt from a resolution adopted by The Council of the State Association on October 5, 1941, dealing with medical service plans:

"That the State Association should not provide legal service for county medical societies engaged in the drafting of plans and of various legal documents to be used in the operation of such plans, but that the Committee on Medical Service Plans should have authority to engage competent legal counsel to be used by the committee in reviewing plans which may be submitted by local medical societies and to clarify questions of general state-wide scope."

This resolution, I believe, answers your inquiry as to the attitude of the State Association with respect to providing legal counsel for local societies engaged in drafting or considering a medical service plan.

Sincerely yours,

Charles S. Nelson,
Executive Secretary.

LEWIS K. REED, M. D., Chairman.

Committee on Public Relations

At the beginning of the year we were informed by Dr. James Birch that there was a small sum of money remaining in the "Aid to Dependent Children Fund" which is handled

through Judge Beckenbach's court. Dr. Birch was instructed to attend a committee meeting, at which meeting he was authorized to supervise the expenditure of this sum with the best interest to the A.D.C.

Later in the year and prior to the election, the committee had a luncheon meeting with Mr. Warren Williamson relative to the .5 mill levy for the Tuberculosis Sanitarium. Mr. Hoobler and several members of the Medical Association along with others interested in the committee were also present. After careful review of the present financial requirements of the Sanitarium, the committee concluded that support of this levy should be endorsed and a form letter was sent to all members of the Medical Society with this information.

G. M. McKELVEY, M. D., Chairman

Social Committee

The Social Committee wishes to express thanks to the members who attended the different functions of the Society, arranged for their enjoyment.

The Golf Meet held Thursday, July 24th, at Southern Hills Country Club, was attended by 95 enthusiastic pill-rollers and dinner guests. A good time was reported by all. Many prizes were awarded, in fact so many, we lost count of who got what from whom.

The Annual Picnic was held as usual at Bert Millikin's farm, Thursday, September 11th. The joke of the year was on those who did not attend as Mr. Millikin pleasantly surprised us by announcing the party was on the house.

The Fall Lecture Course held October 30th at Youngstown Club attracted some 220 dinner guests.

JAMES D. BROWN, M. D. Chairman.

Lay Education Committee

Your committee on Lay Education

wishes to make this short report in regard to the activities for the past year.

A radio program has been carried on with the excellent cooperation of the pioneer broadcasting station of the Mahoning Valley, WKBN; one program being put on each week by a member of our Society.

Thirty-one lay talks were given by many members of the Society. At no time was there a refusal to cooperate with the committee.

All requests were filled and reports coming back were excellent.

On behalf of the committee, I wish to personally thank the officers and the entire membership for their assistance in making the work of this committee a success and a help to the community.

Wm. M. SKIPP, M. D., Chairman.

Postgraduate Day Committee

The Fourteenth Annual Postgraduate Assembly was held at the Pick-Ohio Hotel, Wednesday, April 30, 1941.

The program was conducted by a group from the University of Wisconsin:

Dr. William S. Middleton, Dean and Professor of Medicine.

Dr. Joseph W. Gale, Associate Professor of Surgery.

Dr. Elmer L. Sevringhaus, Professor of Medicine.

Dr. Ralph M. Waters, Professor of Anesthesia.

The program was very well presented and thoroughly enjoyed by all who attended.

I wish to express my personal appreciation, and I am sure those of the members of the Society, to the other members of the Committee who so ably assisted in making this a successful event.

WALTER J. TIMS, M. D. Chairman.

Public Health Committee

The recent and continuous examinations of selectees for national defense has been instrumental in pointing out to us that an unreasonably large number of men are physically unfit. As a result of study of this condition President Roosevelt called the National Nutrition Conference for Defense in Washington May 26 and 27, 1941. We didn't read much about it at that time because of the publicity that was being given to the sinking of the Bismarck, but, nevertheless, what occurred at that meeting has begun to sift through. The papers read by such men as Hershey, Sherman, Merlin and Wilder, who is Chairman of the Committee on Food and Nutrition of the National Research Council, are being published and the nation is gradually becoming National Defense conscious in a nutritional way. It was pointed out that one-third of the rejections of the selectees was probably due to inadequate nutrition.

Committees were appointed who made definite outlines for the promotion and organization of the population to promote better nutrition in general. As the result of this, it has become the duty of our Mahoning County Medical Society to be the leader in this project in our county. The duty was assigned to the Public Health Committee by Dr. Walker, as the result of which on October 28, 1941, a meeting of over 20 leaders of various organizations in this county was held and a chairman and secretary of the Mahoning County Nutrition Council were elected. Since then, the chairman and secretary have met and appointed a temporary planning committee to make an outline of the procedure necessary to make the general public nutrition conscious.

The plan in brief is this, the medical profession has certain knowledge of foods and nutrition and it is our duty to publicize this to the public in

general in as many ways as possible. For instance, radio talks, speakers bureau, which will function in delivering addresses to small and large public meetings, movies, posters, etc. The cooperation of the members of this society is urgently requested in putting over this campaign for better nutrition. We are just a small part in what is going to become a national movement. You will hear more about it later.

H. E. HATHHORN, M. D., Chairman.

Medical Preparedness Committee

Herein is submitted the report of the Medical Preparedness Committee for the year 1941.

During this period the work of the Committee has been almost exclusively devoted to the examination of registrants in the Selective Service System.

Before the group system of examination was started at the Youngstown Armory, there were completed, in the offices of the appointed physicians and in the out-patient department of the Youngstown Hospital and St. Elizabeth's Hospital, 2768 examinations. At the group examinations at the Armory, 2577 were completed.

There has been a total of 5345 general examinations made by the regularly appointed examiners and volunteers of the Mahoning County Medical Society and the Corydon Palmer Dental Society. Of this number 3117 were accepted for general military service, 1277 for limited service, and 951 were disqualified. In addition to the general examinations there were several hundred special examinations completed by the Medical Advisory Board.

Examinations were discontinued in Youngstown early in November of this year when the new plan of examining selectees from this county was made effective. Registrants are

at present being examined by the Army Board in Canton, Ohio.

The Medical Preparedness Committee takes this opportunity to express its sincere gratitude to all the members of the Mahoning County Medical Society and to the members of the Corydon Palmer Dental Society for their willing and generous cooperation.

F. W. McNAMARA, M. D., Chairman.

Hospital Relations Committee

The relationship between members of the Mahoning County Medical Society and the hospitals during this year 1941 has been so pleasant that the Hospital Relations Committee has had practically no work to do. This splendid cooperation is a credit to all members of The Mahoning County Medical Society and to the management of the various hospitals. The committee wishes to thank all persons concerned.

W. K. ALLSOP, M. D. Chairman.

Housing & Library

This committee has endeavored to carry on during the year with little activity, however, considerable time was spent cataloging the books at the library.

Our meetings have been held during the year as usual at the Youngstown Club and the Postgraduate Assembly at the Pick-Ohio Hotel.

J. N. McCANN, M. D. Chairman.

Publicity Committee

The duties of the Publicity Committee have been diligently performed during the year. Notices have been sent out from time to time of our different important events (thanks to our Ass't Secretary, Mary Herald) also posters displayed in the different Hospitals.

The Committee has tried to cover all activities and it has been a pleasure serving the Society.

A. C. MARINELLA, M. D., Chairman.

Committee on the Hard of Hearing

The new Committee on the Hard of Hearing was organized something over one year ago. It is composed of the otolaryngologist members of the Society. Its purpose is to act as a liaison body for the Mahoning County Medical Society and the several organizations interested in the problems of the hard of hearing. The latter are:

(1) The Health Department; specifically, this organization's work in group audiometer testing of the hearing among children in the public schools.

(2) The Youngstown Society for the Hard of Hearing; specifically, this organization's work in rehabilitation and social re-inclusion of persons having defective hearing. Classes are held for the purpose of teaching lipreading, voice control and conservation of residual hearing.

(3) The Hearing Aid Manufacturers and their representatives.

The Committee at its first meeting in 1940 met and agreed on a spirit of full cooperation with the above organizations. Mr. Hawthorne of the Health Department as the guest of the meeting expressed his desire to cooperate with the Medical Society, and outlined the problems of the Health Department as to the management of the children found to have defective hearing by group audiometer testing. Notes are sent home to the parents of these children advising consultation with their family physician. By this means, it is hoped, underlying conditions affecting the child's hearing may be corrected.

At the second meeting in November of 1940, Dr. Kenneth Day of Pittsburgh was the guest of the committee. The subject of his discussion concerned the practical application of group audiometer testing of the school child. The recommendations of Doctor Day seemed so practical

in reducing the tedious examinations of all children, irrespective of history and age, that the Committee voted to submit the recommendations to Mr. Hawthorne for the consideration of the Health Department. This has been done in conversations with Mr. Hawthorne and the Chairman.

Through recent personal communications with Mr. Hawthorne, the Chairman is informed that the Health Department has nine hundred records on the hearing of Youngstown school children. Those determined to have defective hearing will be requested to see their physician for further testing and have state forms to be filled in as to the degree of defective hearing. If there are a sufficient number of those with irreparable and handicapping hearing loss, special hard of hearing classes will be started. The state bears the per capita cost.

Mrs. Oreste Salcini, the President of the Youngstown Society for the Hard of Hearing, has demonstrated her interest and cooperation with the Committee on numerous occasions. She reports that the society's lipreading class numbered seventy-five and that the attendance for the ten month school year was 989 and the total attendance with society members was 1249.

The local Society for the Hard of Hearing hopes to have a resident teacher in lipreading employed, and to have a permanent meeting place, for social recreation, study and demonstration of hearing aids. At present a lipreading teacher is employed for the weekly afternoon and evening classes. The classes are held from 2-4 P. M., and 7-9 P. M. Thursday each week at the Y. M. C. A. and are open to all adults with defective hearing. There is no tuition charge. The Community Corporation gave this year \$450.00 for lipreading classes.

The study of lipreading should be

urged before too great a loss of hearing is incurred, since visual hearing is stressed as the first and most necessary step in the struggle back to normal living. Mrs. Salcini asks the help and encouragement of the physicians to this end.

R. E. QDOM, M. D., Chairman.

TREASURER

To members of the Society:

Inserted in this Bulletin is a copy of the financial report as submitted by the auditor. I believe no further explanation of the Society's finances is necessary.

ELMER H. NAGEL, M. D., Treasurer.

Women's Auxiliary Advisory Committee

The Woman's Auxiliary is well organized under the leadership of Mrs. R. M. Morrison. Regular meetings were held throughout the year. The ladies are looking for a project worthy of their talent and efforts, but to date have made no definite decision on this matter.

A. J. BRANDT, M. D., Chairman.

EDITOR FUMBLED

This is in "Sackcloth and Ashes" to our good friends of the Federation of churches. The editor dropped the ball on you. He didn't do it a-purpose, please.

He apologizes for failing to print in the Bulletin for November notice to our readers of Dr. Stamm's address to our groups, held on Thursday evening, November 13th, at the Y. M. C. A.

Please believe us, we are "all-out" for those fine men and women who came far and near to bring to us and to our community that precious message which, while healing broken hearts and bringing light to those of us who are groping in darkness, at the same time helps so much in restoring our broken bodies.

The medical profession of Mahoning County greatly acknowledge God's guidance, and your help.

THE MEDICAL CRIER

A Page of Sidelights, News and Views in the Medical Field

Now comes December, the month of the joyful holidays—the season of jollification and good cheer. The time of shopping for fine gifts and the time of diminished income because the patients want to go shopping, too. The last fling of the waning year, a moment of peace and good will in a world suddenly exploded into hate. Let us make the most of it while we can. Next year—who knows?

The time, too, for the business meeting and election of officers. Time to give credit to the committee men who have worked hard this year and who will be in there pitching next year. Think well before those ballots are marked. Give the young men a chance. The Society needs new blood coming up all the time or else it will stagnate.

Worried with their own affairs, pressed by the needs of their patients, busy with their eternal scientific meetings, lulled by the false security of this temporary prosperity, they are forgetting the threat which hangs over them. Before they again awaken the bus will have gone—taking with it their freedom of action, their individuality and their leadership in the health affairs of the nation.

Unless we keep in mind the events of the last eight years, beginning with the Committee on Medical Care and ending with the trial of the A. M. A. in a criminal court in Washington, these golden hours for preparation will be lost. For the debacle in Washington was not the end, it was only one step in the direction medical affairs are taking. Now the proponents of socialized medicine are using the statistics of the physical defects found in draft examinations as propaganda for the adoption of compulsory government controlled medical service. They say that the high rate of rejections shows

the lack of medical care throughout the nation.

Naturally we are interested in maintaining the health of the nation by giving the people the best possible medical care. Satisfied that the quality of medical care in America is the best in the world, we must give more thought to its distribution. It would be folly now to drop plans which will prove effective in satisfying the demand for better care of the low wage earner. Patients in that class are no better prepared now to meet their problems of medical expense than they were a year ago. And people generally are becoming more willing to turn to government agencies for solution of their problems. This loss of the old time tradition of individual initiative is one of today's greatest tragedies. It will take the greatest efforts not only of the leaders in the profession but of us who are in the rank and file to compete with the promises held out by tax supported agencies.

It behooves us to get solidly behind the Committee for Extension of Medical Care. We hear so little said about this potent organization working in our behalf. Its leaders are of the best, its policies are sound and its methods modern. It meets propaganda with better propaganda. It enlists on our side all the other branches of service and industry who are also threatened with encroachment. Why should not the free press, the individual insurance companies and other great industries desiring to preserve their freedom unite with medicine in its fight against National Socialism? Let us make our own plans to handle our own problems and let us unite with other free agencies to resist the attempt to tear down the system of free enterprise on which the strength of this nation was built. As Paul said, "Think on these things!"

J. L. F.



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SINCE LAST MONTH

Dr. and Mrs. Edgar C. Baker are in San Francisco, California, where Dr. Baker is attending the meeting of the American Radiological Society.

Dr. M. S. Rosenblum attended the Central States Society for Clinical Research meeting at the Drake Hotel, Chicago.

Dr. and Mrs. Wilfred J. Carney spent a short visit with the former's parents, Mr. and Mrs. Martin J. Carney, en route to Macon, Ga., where Dr. Carney is surgeon with the U. S. A. Medical Corps at Camp Wheeler.

The following doctors attended the conference of the American College of Surgeons in Boston: R. R. Morrall, S. W. Weaver, Paul Fuzy, Paul Kaufman, Patrick Kennedy, Paul McConnell, Wm. F. Hatcher, R. E. Odom, W. B. Turner, G. M. McKelvey, and F. W. McNamara.

Dr. and Mrs. A. E. Brandt were guests at Chalfonte-Haddon Hall during the month.

Dr. and Mrs. Wm. Skipp recently visited their son, William, student at Carson Long Military Academy, New Broomfield, Pa.

Dr. and Mrs. Robert Piercy and daughter, Jo Ann, have returned after a visit with Dr. and Mrs. F. F. Piercy.

Dr. F. W. McNamara has returned from Bayside, L. I., where he and Mrs. McNamara were guests of their daughter and son-in-law, Mr. and Mrs. Edward J. Dietz. Mrs. McNamara will continue her stay for a short time.

Dr. and Mrs. G. M. McKelvey announce the birth of a daughter, Lucia.

Dr. P. L. Boyle has received his diploma from the American Board of Gynecology and Obstetrics.

Dr. C. D. Hauser was recently operated upon in St. Elizabeth's Hospital. He made an uneventful recovery and is convalescing at his home.

Dr. M. J. Kocialek is still on sick "leave." He is uncertain as to when he will return to active practice.

Dr. S. R. Cafaro has been promoted to Captain in the United States Army Medical Corps.

At the November meeting of the Staff of St. Elizabeth's Hospital Dr. J. N. McCann presented a paper on "The Heart in Pregnancy" and Dr. J. B. Birch a paper on "Hemorrhagic Diseases of the New Born."

Doctors P. J. Mahar, W. K. Stewart, J. Hall, H. E. Hathhorn, and J. B. Birch, and their wives attended the Ohio State-Michigan game at Ann Arbor, Michigan.

Mr. J. L. Price, manager of the Medical-Dental Bureau, is confined to the North Side Hospital due to a major operation.

Lloyd R. Osborne Dies

Lloyd R. Osborne, son of Dr. H. M. Osborne, died at 2:15 A. M. Saturday, December 6th. Mr. Osborne was in Saranac Lake, N. Y., Rest Home where he had been ill for one year.

PAY YOUR DUES

Dues for 1942 are now due and payments should be made to the secretary AT ONCE.

ANNOUNCEMENT

The Lyons Physician Supply Company takes pleasure in announcing a change in local salesmen.

Mr. Dale W. Brothers, a member of the sales force for several years, is now in charge of Youngstown sales, his territory being taken over by Mr. Samuel L. Streets. Mr. Fred W. Lyons will be in charge of floor sales, specializing in office and electrical equipment.

The company cordially invites members of the medical profession to inspect its completely remodeled sales rooms.



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VICTOR ELSASSER
Representative

NOTED ECONOMIST TO SPEAK AT BUREAU MEETING

Professor J. E. Smith to Speak on "Government Encroachment"

Physicians and Dentists of Youngstown and vicinity will have a rare treat on Thursday, December 18, when they will have the opportunity to hear Dr. J. E. Smith, professor of Economics at Youngstown College, who will address them on the subject of "Labor Problems." The occasion will be the monthly luncheon of the Medical-Dental Bureau at the Tod Hotel.

The talk will be one of a series which the Bureau is sponsoring this year in developing its theme of American Independence.

Dr. Smith is well known as a brilliant speaker and a prominent authority on labor problems. He is a graduate of Oxford University, a Rhodes scholar and holds honorary degrees from the University of London and the University of Nebraska. During the last campaign for the presidential nomination, he was in charge of the labor relations for candidate Tom Dewey. He is now engaged, in addition to his faculty activities, as special adviser to the Ives Committee on Labor of the New York State Legislature at Albany.

Surgical Films To Be Shown

Immediately after the luncheon which will let out promptly at 1:30, there will be a showing of surgical motion pictures in color as follows:

1. CORRECTION OF NASAL DEFORMITIES

Dr. J. Barrett Brown—Washington University School of Medicine.

2. CANCER OF THE FEMALE BREAST, diagnosis and treatment. Dr. Frank E. Adair, Memorial Hospital, New York.

These films are shown through the courtesy of the Corydon Palmer Dental Society and Dr. J. H. Chess-

rown. They will take approximately one hour to show. Members and their friends are cordially invited to come for the luncheon and stay for the motion pictures as guests of the Medical-Dental Bureau.

Americans and Aliens: BEWARE

War came to America today, December 7th, 1941. War, stripped of all ugly hypocritical pretense, grim and horrible, is here.

And war that simply could not have sprung forth only last Sunday burst upon us while the representatives of the attacker were stalling at Washington, pretending to seek a "formula" for peace. What unutterable perfidy,—as debased as the slimy little snakes who committed it!

Over a hundred American boys paid with their lives on this one fateful Sabbath Day—even within a few hours after the beginning. Unless we wish to justify worse, we shall as a nation see that their blood is avenged.

From now until Japan is on her knees,—yes, until Hitler, Mussolini, and all their cruel ilk shall have drunk defeat to the dregs, —we Americans are as ONE MAN dedicated to ONE TASK—defeat and death to these tyrants.

So let all true Americans—no matter whether native born or foreign,—buckle on the armor—the whole armor. Whether we shall fight in offices, in coal mines, in steel mills, on or under the sea, on land, or in the air—we are all IN THE ARMY NOW. Let all such beware of the second kind. All appeasers, saboteurs, lovers of other lands, haters of ours,—let them beware. We shall have none of them. They must put up AND shut up. Let all such BEWARE.

—C.B.N.

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FINDINGS FROM THE FIELD

Ten Commandments of Medical Ethics

(Bulletin, Pierce County Medical Society)

I. Reverence and Responsibility. Remember thy Creator in the days of professional youth. Bow reverently before the wonderful human body, sick or well, as thou wouldst before a sacred shrine, conscious of thy high duty; resolved to serve to the best of thy power, whether the patient be black or white, prince or pauper, saint or degenerate.

II. Historic Appreciation.—Honor thy father and thy mother. Likewise give praise to the fathers in medicine whose rich heritage of scientific and clinical truth has been handed down to thee through centuries of patient toil. Hold fast to that which is good, but let not prejudice coming out of the past blind thy vision to the newer truths of medical advancement.

III. Keeping the Faith.—Thou shalt not worship the graven images of false practice—of avarice and selfishness which eat at the very heart of medical idealism; of clever artifice; of brazen quackery which knowingly deceives; of erratic isms and cults which tell but half truths, leading the ignorant and unwary astray.

IV. Inviolable Confidences. — Thou shalt not disclose the secrets confided to thy keeping by trusting patients unless they be criminal or treasonable import. Nor shalt thou abuse the professional intimacy granted to thee by women, which becomes a professional and moral obligation thou shouldst hold inviolate.

V. The Sanctity of Life.—Thou shalt not hazard life unwarrantably; neither shalt thou shrink before the obvious perils of duty when life is at stake. The unborn shalt thou not destroy except after due consultation, it is deemed advisable for the larger saving of life. Suffer not death to come through neglect in care of the sick, nor from failure in reading,

study and counsel to gain the greatest benefit for the patient.

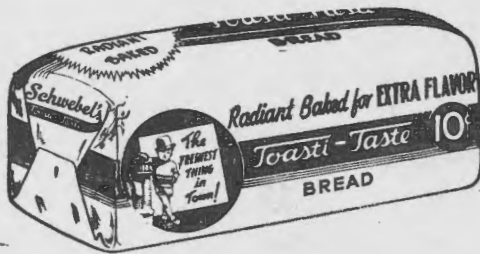
VI. Professional Cooperation. — Thou shalt not bear false witness against a worthy professional brother, but seek ever to protect his good name from calumnious attack by misinterpreting laymen. Of thy knowledge give him unstintingly, counseling and cooperating for medical progress.

VII. Gentlemanly Conduct. — Thou shalt not prate of cases nor countenance unseemly boasting of thy achievements in the lay press. Always a gentleman, let thy conduct be reserved but without cowardice; courteous but free from flattery; dignified but of warm heart; tender in ministrations but firm in command; clean of body, speech and mind.

VIII. Honesty in Business.—Thou shalt not steal; neither shalt thou make extortionate charges nor deceive by secret division of fees. As a laborer worthy of hire, expect fair compensation, but by open methods and with conscience void of offense toward thy fellow-man.

IX. Obligations to One's Own.—Take heed of the morrow for the sake of thine own flesh and blood. Therefore shalt thou keep orderly accounts, collecting from the full-handed just recompense for services rendered. To the poor and the families of deserving colleagues, thou shouldst account it a privilege to render faithful attention.

X. Personal and Public Service.—Remember thou art thy brother's keeper—physically in the measures and remedies advised for the prevention, alleviation or healing of disease; spiritually in the cheer, thou bringest to heavy hearts and the courage thou givest to halting steps. So walking upright before man,



HOLIDAY GREETINGS

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mayest thou show thyself approved unto God. Thus journeying toward life's end, if not singing with the Psalmist "My cup runneth over," thou wilt at least be sustained by the reflections of "A workman that needth not be ashamed."

—Journal of the Indiana State
Medical Association
(Our thanks to Dr. C. R. Clark
for calling our attention to this.
—Ed.)

City Workers Denied Free Choice (Milwaukee Medical Times)

There was something smug about the recent announcement that the usual \$80,000 workmen's compensation fund of the city attorney's office would be slashed \$5,000 in 1942. It was implied that the taxpayers would be very pleased at this reduction in the usual appropriation—so pleased, in fact, that the perennial objection of the fairminded citizen to an antiquated and discriminating system of handling city employee accident and disability cases would be silence for another year.

Admittedly any reduction in city expense is commendable. The reduction in the budget for the 1942 workmen's compensation fund testifies to the success of employee safety campaigns and to the efficient handling of compensation cases. Thus far this year the city has had to spend only \$65,100 for this purpose.

We have no fault to find with the medical care being dispensed to the sick and injured among the city employees by the limited number of physicians and surgeons appointed to the panel at the pleasure of a political office holder, City Attorney Walter J. Mattison. The doctors, of course, are interested in this city compensation work and do a fine job of it. However, six of these panel members received two-thirds of the total payments made in the past eighteen months. Certainly there are more than six among our 1,000 med-

ical men who are qualified to care for the city's sick and injured. Yet the panel remains closed with an obstinacy that cannot help arouse both the public and the medical profession.

The answers of the city attorney to the many objections that have been raised to his system are flimsy indeed. He tried to reply to his critics recently when the announcement of the appropriation reduction was made in the press. He said, for example, that other cities were using his closed panel system as a model. We wonder what city would adopt such a system. Weakly he answered the hints that six of the 53 doctors on his panel receive two-thirds of the payments made by the city in compensation cases in the last year and a half. He said these doctors were better known than others—we would say "better known" because the choice offered the injured worker is so limited in number. He also stated that employees are allowed free choice of physician. We answer: "free choice" among less than 1% of the total number of doctors is not very free. On other occasions Mattison has defended his stand by saying that the doctors are chosen for skill in industrial surgery and for easy availability to sick or injured employees in all sections of the city. Certainly hundreds of physicians would make for even more availability, would they not? And surely skill in industrial surgery cannot be limited to a few in this large community of doctors.

Time and again organized medicine has offered a cure to what it believes a faulty system. That cure is the adoption by the city of the open panel of The Medical Society of Milwaukee County. Drawn up six years ago, the panel is composed of some 700 physicians who have signified their willingness to treat compensation cases for all employers, including the city. The panel has been adopted and is being used by insur-

ance companies and self-insurers in industry to such an extent that its doctors care for approximately 98% of all industrial injuries to the mutual satisfaction of insurers, industry, employees and physicians. What is there about city employees, 11,000 of them, that sets them apart? Why shouldn't the open panel prove just as satisfactory for city employees? We know it would, but will it have a chance?

DR. BECK PLEASED US

A large audience felt highly compensated for their effort in attending Dr. Claude S. Beck's meeting of the County Society, November 18th.

Dr. Beck discussed "Experimental Heart Disease Treated by Operation." His address reflected painstaking and extensive experience, with patients and in the laboratory. He traced the historical progress of surgical treatment of coronary sclerosis and angina pectoris, using beautiful lantern slides demonstrating grafting of pectoral muscles, and the implantation of omentum to increase or restore the blood supply. Also, he showed a very interesting motion picture on the surgery of the heart.

We are greatly indebted to our friend and neighbor, Dr. Beck, for one of our most interesting and valuable meetings.

Will all members who have been in service and are returning to practice please notify the Secretary at once so that they may be again placed on the active roll of the Society.

Paul Harvey, The Peripatetic

One of the most modest of our colleagues is Dr. Paul Harvey. They say men of great ability are often that way. But it CAN be pushed too far!

For example, Dr. Harvey, who stays mighty close to his work year-in and year-out, did a lot of traveling this year—not a hint of which got into these pages. What an Editor we

have! (Cat got your tongue, Doc? Incidentally Dr. Harvey didn't have a thing to do with writing this—Editor).

Anyway, Dr. Harvey traveled to the Pacific coast, to the Atlantic coast, to the great Northwest, and to Boston. Not just gadding around either, although he'd be well entitled to do that. But he has post-graduated in some of these important places, and as a good doctor should he has "Improved each shining hour." (And, also, he has seen to it that his work as Associate Editor was done on time, all the time! Editor). To bring this report up to date, this reporter reports that Dr. Harvey went hunting right lately, but didn't kill a blessed thing. He wouldn't, he's that tender hearted!

Lay Education Committee

For November, 1941

Radio Station WKBN—

Nov. 5th—Dr. Samuel R. Zoss; topic—Asthma in Childhood.

Nov. 12th—Mr. Anton J. Laere; topic—What's Behind a Prescription?

Nov. 19th—Dr. E. J. Wenaas; topic—The Cataract Adventure.

Nov. 26th—Dr. Samuel Schwebel; topic—To the Diabetic Army in the U. S.

Speeches given were:

Nov. 8th—Dr. C. H. Cronick; topic—Mental Health—given before nurses, veterans of the World War.

Nov. 10th—Dr. Gordon Nelson; topic—What Can We Do in Case of an Emergency?—Given before employees of Strouss-Hirshberg.

WM. SKIPP, *Chairman*

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LINDEN, NEW JERSEY

Are the Neuritic Symptoms of Pregnancy *due to a deficiency* of vitamin B₁ (thiamine)?

SUCH common neuritic symptoms of pregnancy as pains in arms and legs, muscle weakness, and (less frequent but more serious) paralysis of the extremities may result from a shortage of antineuritic vitamins, recent investigations appear to show. Although neuronitis of pregnancy has long been considered a toxemia, no toxins have ever been identified.

Clinical observations of Strauss and McDonald lead to the conclusion that the condition is a dietary deficiency disorder similar to beriberi, caused by lack of vitamin B₁. They report recovery in their cases receiving this therapy, including dried brewers' yeast.

Hyperemesis as Cause of Avitaminosis

Wechsler observes that all cases of polyneuritis of pregnancy recorded in the literature were preceded by long periods of severe vomiting. "It would seem," he adds, "that because of actual starvation these patients suffered from avitaminosis and consequent neuritis," a view likewise held by Hirst, Luikart, and Gustafson. Plass and Mengert observe that the practice of giving high carbohydrate feedings for hyperemesis gravidarum is still more likely to cause avitaminosis.

Dried brewers' yeast, as it is far richer than any other food in vitamin B₁ (thiamine), is being used with benefit both in the prevention and treatment of polyneuritic symptoms of pregnancy. Dewy found that additions of yeast to the diet reduced electric irritability of the peripheral nerves and brought clinical improvement. Vorhaus states that he and his associates, after administering large amounts of vitamin B₁ (thiamine) to 250 patients having various types of neuritis, including that of pregnancy, observed in about 90% of cases "varying degrees of improvement, i.e., from partial relief of pain to complete disappearance of all symptoms."

Need for Vitamin B₁ (thiamine) in Lactation

Evans and Burr, Hartwell, Sure and co-workers, and Macy *et al* are among numerous authorities who find that the nursing mother also needs a supplement of vitamin B₁ (thiamine) from 3 to 5 times the normal requirement. It is accepted that during pregnancy and lactation the requirement for vitamin G (riboflavin) is increased.



Consisting of nonviable yeast, Mead's Brewers Yeast Tablets offer not less than 50 International vitamin B₁ (thiamine) units and 50 Sherman vitamin G (riboflavin) units per gram (20 International units of vitamin B₁ and 20 Sherman units of vitamin G per tablet).

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