

BULLETIN

of the
MAHONING
COUNTY
MEDICAL
SOCIETY

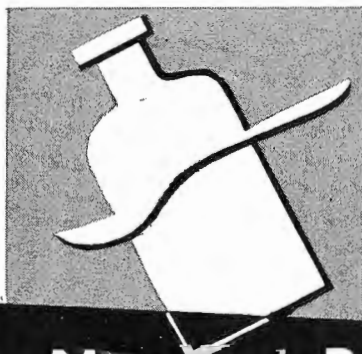
NOVEMBER • 1954
Vol. XXIV • No. 11

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1. Jolliffe, N., Special Article, Council on Foods and Nutrition: The Preventive and Therapeutic Use of Vitamins, J.A.M.A., 129:613, Oct. 27, 1945.
2. Lewey and Shay, Dietotherapy, Philadelphia, W. B. Saunders Co., 1945, p. 850.

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Our President Speaks

THANKSGIVING

Because of the multitudinous tasks of our daily life, we have very little time for reflection upon the many blessings we constantly enjoy. It is fitting, then, that we contemplate, as is customary at this season of the year, upon the many advantages still afforded us in this great country of ours and relegate to their proper place the irksome difficulties that arouse our dissatisfaction.

The sufferings and struggles of former generations have given us a priceless heritage. Through their efforts it is our right and privilege to worship God as our conscience dictates, to raise our children according to our own standards and ideals, to voice our approval or disapproval of government through the ballot. In our own field of endeavor our fine medical schools through their teaching and post graduate programs have provided the American public with the highest standards of medical care anywhere in the world.

Although the American public is often unaware of the unselfish devotion of the majority of our fellow workers to their task, yet we should give thanks for the privilege of serving our fellowmen. The tangible evidence of our thanks should be a rededication to strive individually and collectively to uphold the high standards of medical practice and to give the people still better medical service that our care of the sick will be above reproach.

It is the desire of your President and the members of your council that you and your family will have a most enjoyable Thanksgiving holiday and that you will not be unmindful of our real blessings.

James D. Brown, M.D.
President

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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial Staff or the official views of the Mahoning County Medical Society.

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EDITORIAL**TAKE TIME TO EXPLAIN**

Patients often complain that they cannot understand their doctor. Their difficulty is due to the lack of knowledge of the doctor's terms and words but even more to the inability of the doctor to devise explanations. The physician must develop an explanation based on models, diagrams and analogy. This requires great ingenuity, adroitness, sagacity and above all, patience. Therefore, it is easy to appreciate why so many physicians evade this great responsibility.

Some physicians can use incomprehensible words and terms with such facility, cleverness and finesse to cover up their own ignorance that neither they nor their patients are aware of any incompetency or dishonesty.

To explain successfully every doctor must first realize the patient's need for a proper and fitting explanation. Then with imagination, skill and above all, time he will be able to fulfill his obligation.

Andrew A. Detesco, M.D.
Editor

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GUEST EDITORIAL**IF I WERE DEAN . . .**

The Hippocratic Oath is traditionally required of medical students on graduation. If I were dean of a medical school, no student would graduate until the First Aphorism of Hippocrates were as much a part of his professional life as anatomy, physiology and pathology. I am less fearful of moral lapses among physicians than of their ignorance in medical politics and professional relations with their colleagues.

Life is short, and the Art long; the occasion fleeting; experience fallacious and judgment difficult. The physician must not only be prepared to do what is right himself, but also to make the patient, the attendants, and externals cooperate.

More than 30 years ago, Dr. Frank Lahey warned the medical profession that unless it took part in the administration of the hospitals, the hospital would some day take it. When we begin to lose control of the attendants and externals, we are in line to lose control of the patient also.

Medical policies are evolving progressively under control of lay foundations, union health centers, health benefits granted labor by industry in lieu of wages, hospital centers and the Veterans Administration, Blue Cross and other insurance plans. Perhaps this represents a social trend and physicians should revise their attitudes toward socialized medicine, or else take more part in medical politics.

Certain branches of medicine have already become captive and dying specialties — notably pathology and radiology. The cynical cry at the beginning of World War II: "Who wants to die for Danzig?", had an ominous answer for all who weren't concerned with another's freedom. What with social trends and economic pressure, the likelihood of other branches becoming captive is good especially since the notorious individuality of physicians makes them easy prey for divide and conquer.

To those physicians who feel so secure that they can choose to remain aloof from the political problems of medicine, I would offer — if I were Dean — the Devotion of John Donne:

No man is an Iland, intire of itselſe; every man is a peece of the Continent, a part of the maine; if a Clod bee washed away by the Sea, Europe is the lesse, as well as if a Promontorie were, as well as if a Mannor of thy friends or thine owne were; any man's death diminishes me, because I am involved in Mankinde; And therefore never send to know for whom the bell tolls; it tolls for thee.

Nicholas G. Demy, M.D.
President
Radiological Soc. of N.J.

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References

(1) Kirby, W. M. M.; Waddington, W. S., & Doornink, G. M.: *Antibiotics Annual, 1953-1954*, New York, Medical Encyclopedia, Inc., 1953, p. 285. (2) Finland, M., & Haight, T. H.: *Arch. Int. Med.* 91: 143, 1953.

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COUNCILOR'S PAGE

The Summit County Medical Society billed our 1954 Post-graduate Day as "The Sixth Councilor District's greatest Post-graduate Day." It was indeed a great day. Nineteen speakers participated in the program. The paid attendance was 638, the largest attendance at any of our post-graduate meetings. From Mahoning County we had 44 in attendance. Nineteen of these were house officers. Summit County certainly put on a program that we shall remember for a long time. Panel discussions seem to please and be very popular at these meetings.

Registration began early, and the meetings started on time. Predictions of rain caused some of us to worry about attendance, but the type of program and the list of speakers brought out a crowd. A breakdown of attendance will be announced as soon as the figures are available. There were, however, a large number of physicians from outside the Sixth District in attendance, particularly from the Eleventh. A grand job of publicizing this meeting was done in the Eleventh Councilor District.

Members of the Council of the Ohio State Medical Association were special guests. Dr. Prugh and Dr. Heusinkveld were unable to be present as they were our representatives at the annual meeting of the Indiana State Medical Association. Members of the Council who were present and introduced to the group were Dr. Paul A. Davis, Dr. Richard L. Meiling, Dr. G. A. Woodhouse, Dr. Charles L. Hudson, Dr. Robert E. Hopkins, Dr. Robert S. Martin and Dr. H. T. Pease. Other members of the Council expressed their regrets at not being able to be present.

From our home office we had our executive secretary, Charles S. Nelson, and our assistant executive secretary and director of public relations, G. H. Saville. These two men, as well as their whole staff, are doing an excellent job for us at Columbus, and we were very happy that it was possible for our members to get better acquainted with them and to discuss some of the problems confronting organized medicine.

Exhibitors, because of space, were limited to 15. Their booths were well attended at all times, and we hope that you will see that it was profitable in a financial way for the expense and work involved for them to set up the exhibit. After all, they helped us; let us help them.

Trumbull County will be host to the Post-graduate Day next year. The meeting will be held at the new Packard Auditorium in Warren on Wednesday, October 26, 1955. Their committee is already at work.

Our Mahoning County representation at this meeting was smaller than one should expect. The reason for this is, I think, that Thursday is our "day off." We are the only county in Ohio or Western Pennsylvania that takes Thursday off; all others take Wednesday. Of course, we can take off any day we desire, but it seems to some of us that we, as a county, should get in line with our neighbors and designate Wednesday as our official day off. I think this should be brought up at one of our meetings, thoroughly discussed, and then after careful thought and consideration, voted upon again.

Some of my colleagues have told me, "Why plan to attend more meetings? We have too many now!" In answer to this, I would say that the problems of organized medicine and the preservation of the medical profession as one of "free enterprise" were never so great as now. If the govern-

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ment can "divide and conquer," socialized medicine will come in through the back door, side door, or down the chimney. We need strong grass roots organizations: local, state, and national. If you will read the proceedings of Council in your State Journal, you can realize how many problems are brought up for discussion. And there are some problems discussed which cannot, because of their nature, be published. After decisions are made in these cases, they are made known to the membership.

The complexion of Congress has changed as a result of November 2 election. It is too early to predict what this will mean for the medical profession. President Eisenhower recently promised a determined fight for Federal Reinsurance in 1955. Republicans have been reluctant to go along with this plan. The A.M.A. opposes it. Rep. John Dingell (D., Mich.), number 1 champion of compulsory health insurance, has been quoted as saying that reinsurance is a "transparent fake", and that he is "amazed" that the President is so "naive" as to resubmit it to Congress. His idea of a perfect solution is Compulsory Health Insurance. We may have to face this problem again next year in addition to some which confronted us during the 1954 session of Congress.

Anyway, it was an instructive and enjoyable Post-graduate Day. Thanks to you, Summit County, and to all others who had a part!

C. A. Gustafson, M.D.

T-V PROGRAMS

The Mahoning County Medical Society is now participating in two television programs. The first of these is a monthly program organized, sponsored, and managed by the Woman's Auxiliary to The Mahoning County Medical Society. This program is to be held monthly on Sunday afternoon from 2:00 to 2:30 P.M. over Station WFMJ-TV. Mrs. David Brody is the moderator, producer and director of the program and the panel is composed of members of The Mahoning County Medical Society. This has proven to be a very interesting program and we hope you will plan to listen to it. For the date each month, please consult your Bulletin and other communications from The Mahoning County Medical Society.

The other television program in which The Mahoning County Medical Society participates is Stu Wilson's program each Wednesday at 12 o'clock noon over station WKBN-TV. Each week Stu Wilson interviews a member of The Mahoning County Medical Society on a variety of medical topics. This interview lasts approximately twelve minutes. We hope you will listen when possible and ask your patients for comments on these programs. In time, everyone will be asked to participate in one or the other of these programs if the programs continue long enough and we hope you will cooperate in helping us with this public service feature.

*The Public Relations Committee of
The Mahoning County Medical Society*



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KEEPING UP WITH A.M.A.

By *Wm. M. Skipp, M.D.*

Russians Move In On the I.L.O.

AMA for many years has maintained a keen interest in the activities of the International Labor Organization because of its covenants embracing sickness benefits and compulsory health insurance.

Mr. McGrath wrote: "What Should We in the United States Do About I.L.O.?"

"First and foremost, it seems to me that with the admission of Communist 'employer' and 'worker' delegates, the basic premise upon which the I.L.O. was founded has been violated. Although the spread of nationalized industries in socialist countries had previously presented a problem, the fact is that up until now worker, employer, and government delegates from practically all the countries represented in the I.L.O. had been free to express their divergent views.

"But the I.L.O. has now officially accepted the premise that a government man, acting under government orders, can qualify as an 'employer' delegate.

"The I.L.O. was originally founded on the basis that worker delegates would represent free trade unions whose membership was determined on a voluntary basis, and that employer delegates would represent associations of free employers, likewise joined together on a voluntary basis.

"The abandonment of these basic principles destroys the underlying foundation of the I.L.O."

W.M.A. Needs Immediate Financial Support

Doctors who are members of the United States Committee of the World Medical Association now are receiving letters citing the present financial plight of the W.M.A. and urging immediate financial support to build up a depleted treasury. The membership fee is only \$10.

"At the moment," Dr. Louis H. Bauer, Secretary-Treasurer, says, "we do not have sufficient funds either to handle the General Assembly or run the association for another year.

"But there is a constantly growing tendency for decisions affecting all of medicine to be made at the international level. This tendency is a threat not only to the future of medicine itself, but to the rights and privileges of every practicing physician. One example is the current attempt of incompetent organizations to draft a Code of International Medical Law which would affect all physicians in peace as well as in war."

Dr. George D. Johnson, South Carolina delegate to the AMA Session in San Francisco: "How the House of Delegates completes its work is amazing and is due to efficient and tireless secretarial work as well as competent speakers. The democratic principle is followed to the letter. Nothing is railroaded. Anyone can discuss any resolution at the proper time."

VA Administrator Outlines New Plan for Aging Veterans

V.A. Administrator Harvey Higley has outlined a new plan for federal care of the aged and chronically ill veteran to help solve a problem "that rapidly is becoming more acute."

His proposals were made to the American Legion at Washington, D.C., where he said 174 new hospitals are almost completed. He said wards can be set aside for chronic illness such as heart, diabetes, arthritics, amputees, etc., but he asked the veterans to help him get enough money in the future to modernize old hospitals, rebuilding, and to establish rehabilitation programs for mental illnesses. 85,000 are receiving care, 15,000 are on the waiting list for non-service connected conditions. Again here comes the old story: money, equipment, beds for non-service connected conditions.

Dept. of Health, Education and Welfare Fiscal 1955 Budget

Secretary Oveta Culp Hobby issued a regulation directing that the states now match federal money dollar-for-dollar for direct expenses of tuberculosis prevention and case-finding. Previously the ratio was 50 cents of state money for every federal dollar.

The C.I.O. Has Found a New Ally

Walter Reuther, President of the C.I.O. has joined the American Legion with attacks on AMA because this gives C.I.O. a new place to attack the stand of the association in getting socialized medicine. There are two big lobbies now working for the same program also attacking medicine's stand against free medical care for labor and the non-service-connected disability of the veterans. VA Administrator Higley is taking the same stand.

The new Commander of the Legion, Sanborn P. Collins, Jr., is showing more restraint than the past Commander, Arthur J. Connell.

The Legion has launched a national education program to convince the public that AMA's program about non-service-connected disabilities is not right and the public should pay for all medical service needed by the ever growing band of veterans . . . 20 million now, increasing by 1 million a year. 85% under care now are for non-service-connected disabilities.

Because AMA has taken a stand opposing free medical care for non-service-connected disabilities the Legion and C.I.O. are calling the profession names. Socialization through war is what we are getting . . . for all the Legion approved a resolution pledging opposition to "socialized medicine in all its aspects." Think what these two opposing principles have to say for each other.

Look Takes a Look at Medical Care Costs

The October 5 issue of Look magazine carries an article entitled "Are Your Doctor Bills Padded?" From the standpoint of the medical profession, the article isn't good. It certainly will give the lay public the impression that medical care costs are high and that the doctor is getting the lion's share of the medical dollar.

McCall's Article Compliments Profession

September McCall's magazine compliments the medical profession. It is entitled — "The Doctor Everyone Loves."

Health, Education and Welfare Wants More Money

The Department is going to ask for \$200 million more this year, for the fiscal year 1955, which will bring their Social Security and health program

to \$1,942,000,000. Where will it stop? Here is a new bureaucratic department upping its spending. The VA will provide more hospital patient days in 1955 than 1954.

DR. MERRILL D. PRUGH, President, Ohio State Medical Association—

To be a good doctor each one of us must:

1. Give good medical service.
2. Make our services available at all times to all who need them.
3. Make our fees fair to both the patient and the doctor.
4. Make our personal interest in the patient known to the patient.
5. Treat both patients and fellow practitioners as we would like to be treated.

Newspapers Now Supporting AMA on Vet Care

During the last few weeks many editorials are showing a definite swing to the fundamental principle that a veteran has earned federal medical care only if his illness is due to military service.

The Boston Herald said "The AMA deserves attention on this unpopular but important issue." The Dallas Morning News: "The AMA is more realistic on this issue." The DesMoines Register: "The position of the medical groups is sound." The New Orleans States: "There is evidence that a considerable section of public opinion backs the medical association's position." Danville, Ill., Commercial News: chided the Legion for "putting the taxpayers as well as the current American system of medical service, recognized as the best in the world, on the spot."

HYPERGLOBULINEMIC PURPURA*

In 1943 Waldenstrom introduced the term hyperglobulinemic purpura to describe patients with an unexplained increase in serum globulin, an elevated sedimentation rate, and purpura of many years' duration. He noted that this condition was benign and that it had to be differentiated from multiple myeloma, which is similar in many respects.

Thus far thirteen patients with this disease have been reported in the literature. The characteristic findings are purpuric lesions which occur in periodic showers in the lower extremities. They are often brought on by unusual exertion, prolonged standing, or excessive pressure from clothing. After repeated episodes the skin shows a residual brown pigmentation. These purpuric attacks last from two to nineteen years with an average of ten.

In addition to the skin findings, laboratory tests show a high gamma globulin, a markedly increased sedimentation rate, a mild anemia and some impairment of renal function. After long periods of study no evidence of multiple myeloma is found. No specific treatment is described.

Report. *Ann Int. Med.* 40:350, February 1954.

* Taylor, F. E. and Battle, J. D., Jr.: Benign Hyperglobulinemic Purpura: Case

Time is not only a good therapist; it is a wise diagnostician.

By the late Joseph L. Fetterman, M.D.

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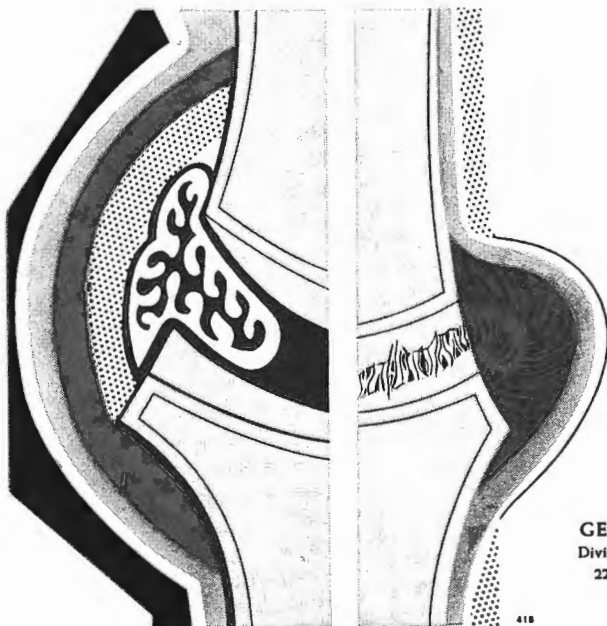
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THE LAW IN DAILY LIFE

In our complex civilization, the law touches us many times in our daily lives. The physician is awakened by an alarm clock which has been warranted to ring, in a house, title to which he has acquired according to a real estate contract. He turns on the light furnished by the Light Company as per contract. If he is lucky, he is waited on by a solicitous wife, the other party to his contract of marriage. Before he starts for the hospital, he enters into several oral contracts for medical service through the operation of his contract with the Telephone Company. Let us hope the physician obeys the traffic laws in driving to the hospital in his automobile, which he purchased under a contract and which is covered by insurance contracts. There he fulfills a number of contracts for personal medical service to treat illness and injury, often resulting from torts (violations of a legal private right, damages for which may be recovered in a court of law). Then he proceeds to a restaurant for lunch, where a waiter (agent) hands him the offers (menu with prices) for furnishing food, for which he later pays the cashier (another agent).

Following further compliance (we hope) with the traffic laws, the physician finally arrives at his office, for which a rental contract is in operation and contracts for personal medical services are entered into and carried out to treat illness and injury, often resulting from torts. After cashing a check (negotiable instrument) at the bank, he then drives to homes of patients, involving the traffic laws, automobile purchase and insurance, and personal medical service contracts as above. Next, the physician returns a book at the library in accordance with his contract of bailment and then drives to the home, which he had bought under contract. He picks up the newspaper delivered according to contract by the newsboy (an agent). His wife greets him with tickets to the theatre or a dance, which are merely tangible evidence of contracts for entertainment, into which she has entered. His son soon arrives home from work by a bus, which operates under a carrier contract, with the girl to whom he is bound by a contract of engagement to marry.

We cannot escape the inevitable contract. It is omnipresent and omnipotent. We have long since learned to live with it. Fortunately, our body and its parts cannot ordinarily be contracted for, but blood, blood vessels, corneas etc. have been transplanted and in some cases, have become involved in contracts of sale. However, repairs to our body (operations) have frequently been the subjects of contracts, just as repairs to our homes and automobiles. Incidentally, in addition to the private practice of medicine, there are contract practice, group practice, industrial practice, governmental and administrative medical practice etc., all of which are contractual.

Sidney Franklin, M.D., LL.B.

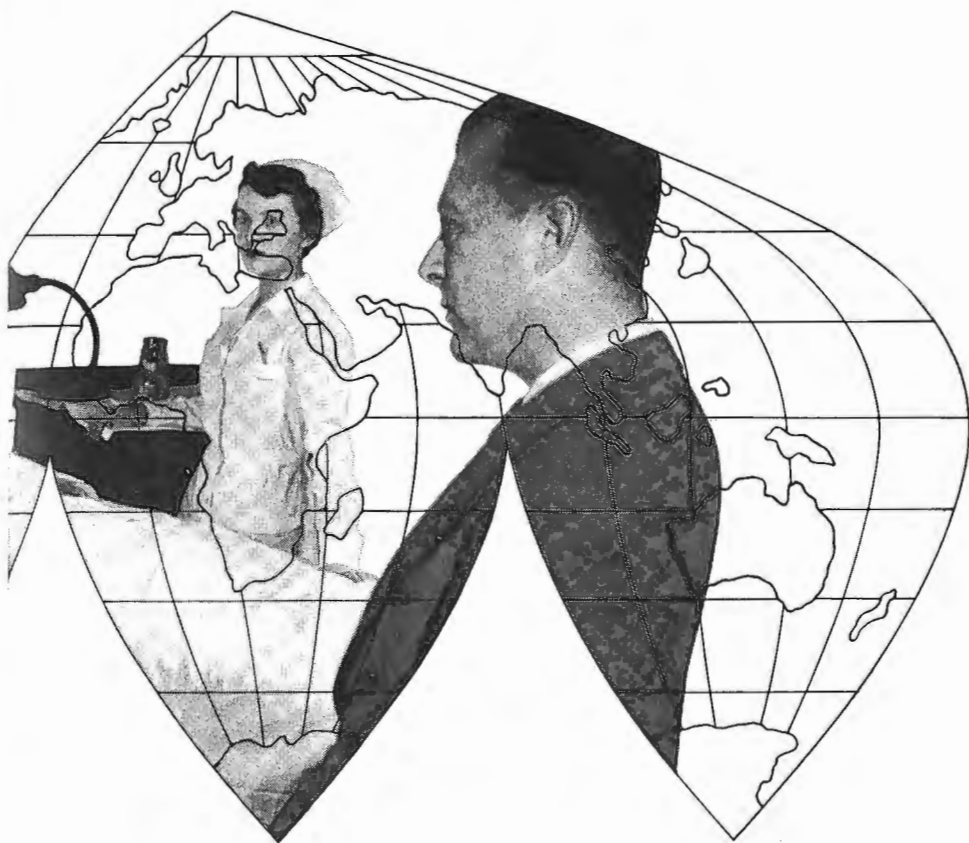
"Preventive medicine is the medicine of the future."—*Sir William Osler.*

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HAVE YOU MET



ULRICH H. BOENING, M.D., who recently joined our ranks as a Junior Active member of the Mahoning County Medical Society? Dr. Boening was born in Hemmerde, Germany in 1922. His medical education started in 1940 at the University of Muenster, Germany, which he attended for one year. He attended the University of Freiberg until 1944, then he continued his studies at the University of Goettingen until 1947 when he graduated. He was a contract physician to the U. S. Army at the 97th General Hospital in Frankfurt, Germany from 1949 to 1953, when he arrived in the United States. He served a year internship at the Youngstown Hospital Association and successfully completed the Ohio State

Medical Board examination in June of this year. He is now in general practice sharing offices with Drs. S. G. Patton, Jr., and C. F. Wagner at 5532 Mahoning Ave. In 1950, Dr. Boening married Adelheid Voelker of Hannover, Germany, and they now reside at 1350 S. Canfield-Niles Road.

SIMON W. CHIASSON, M.D., who is now an Active Member of the Mahoning County Medical Society? Born in Inverness, Nova Scotia, Canada, in 1920, his premedical training was obtained at St. Francis Xavier in Nova Scotia and in 1945, Dr. Chiasson completed his medical education at McGill University in Montreal. His internship was taken at St. Mary's Hospital in the same city and followed there by a two year residency in OB-GYN. The next four years were spent in general practice in Saskatchewan and then he completed his third year of residency at St. Elizabeth's Hospital in this city to become board-eligible in OB-GYN. Dr. Chiasson is associated with Dr. J. J. McDonough in a practice limited to OB-GYN. Dr. and Mrs. Chiasson, the former Miss Mary Murphy, with their daughter reside at 327 S. Edgehill Avenue.





DONALD R. DOCKRY, M.D., who has recently become a Junior Active member of the Mahoning County Medical Society? Dr. Dockry was born in Painesville, Ohio in 1922. His premedical training was completed at John Carroll University in 1943 and he received his degree of M.D. from the University of St. Louis in 1947. His internship was spent at St. Elizabeth Hospital from 1947 to 1948. His surgical residency was started there in 1948 only to be interrupted from 1951 to 1952 while he served with the U. S. Army Medical Corps. He returned in 1952 and completed his surgical training in 1954. Since July, 1954, he has been associated in the practice of general surgery with Dr. A. K. Phillips at 250 Lincoln

Avenue. Dr. Dockry resides at 4703 Norquest Blvd. with his wife, formerly Marjorie Hershel, a nurse at St. Elizabeth Hospital, and their two children, Ann and Bart.

PAUL J. FUZY, JR., M.D., whom we welcome as an Active Member of the Mahoning County Medical Society? A native of Youngstown, Ohio, Dr. Fuzy was born in 1922. He attended Princeton University for his premedical education, graduating in 1944. He graduated from Harvard University Medical School in 1946 and spent a year in internship at the Youngstown Hospital Association. The U. S. Navy Medical Corps claimed his attention from 1947 until he commenced his general surgical residency at the Youngstown Hospital Association in 1950. After two years, Dr. Fuzy started proctology residency which was completed in 1954, and he is now eligible in surgery and has completed Part I of the American

Board of Proctology. Dr. Paul J. Fuzy, Jr. is now associated with his father, Dr. Paul J. Fuzy and Dr. Harry A. Smith in the practice of proctology at 510 Gypsy Lane. Dr. Paul J. Fuzy, Jr. and his wife, the former Susan Evans of this city, reside with their children, Paul III and Felicia, at 252 Alameda Ave.



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Bottles of 100 and 500 tablets

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Riboflavin.....	2.0 mg.
Pyridoxine Hydrochloride.....	0.5 mg.
Nicotinamide.....	10.0 mg.
Ferrous Gluconate.....	5.0 grs.
Folic Acid.....	0.67 mg.
Vitamin B ₁₂ Activity.....	5.0 mcg.

Bottles of 60 and 500 tablets

The Upjohn Company, Kalamazoo, Mich.

ATLAS OF CONGENITAL CARDIAC DISEASE

In response to numerous requests from physicians, students, scientific workers and libraries throughout the world, the American Heart Association has reprinted the "Atlas of Congenital Cardiac Disease," by Dr. Maude F. Abbott. This classic monograph, a critical analysis of 1000 cases of congenital cardiac anomalies, was first published by the Association in 1936. Long since out of print, it has now been reprinted in a limited edition of 1500 numbered copies exactly as it appeared originally.

The work of Dr. Maude Abbott, who died in 1940, served to bridge the gap between the previous unsystematic and largely descriptive knowledge of congenital cardiac defects and the present era of precise diagnosis and dramatic surgery. Her systematic study and classification opened the way for the practical developments of the past two decades.

The monograph was published largely at the suggestion of and with the encouragement of Dr. William W. Francis of the Osler Library, McGill University, Montreal, and with the permission of the executors of Dr. Abbott's estate.

The volume, which was printed by Peter F. Mallon, Inc., Long Island City, is available at a cost of \$5.00. Copies may be obtained from the National Office of the American Heart Association or through affiliated heart associations and medical booksellers.

ANATOMICAL CARDIAC STAMPS

Sets of anatomical cardiac rubber stamps are now available at cost to interested physicians to assist them in keeping records of heart patients. The rubber stamps were devised from diagrams in the book "Congenital Malformations of the Heart", by Dr. Helen Taussig, and published by the Harvard University Press for the Commonwealth Fund.

The stamps are distributed nationally by the Stamford Heart Association, 190 West Broad Street, Stamford, Connecticut, at a cost of \$3.00 for each category (three stamps), postpaid.

The stamps imprint an outline of the heart and chest which enables physicians to record fluoroscopic findings of disease conditions or abnormal changes in the heart shadow. They are available in three categories. 1. *Infant*: small size; large size. 2. *Child*: small size, large size. 3. *Adult*: one size only, 2" x 1-3/4". Three views are available in each size, anterior, posterior, left anterior oblique and right anterior oblique.

*"The heights by great men reached and kept
Were not attained by sudden flight,
But they, while their companions slept,
Were toiling upward in the night."*



Max Miller, M.D.

NOVEMBER MEETING

TIME:

**TUESDAY, NOVEMBER 16, 1954
8:30 P. M.**

PLACE:

ELKS CLUB, 220 W. Boardman Street

SPEAKER:

DR. MAX MILLER

Department of Medicine of the School of Medicine
of Western Reserve University, Cleveland

SUBJECT:

**"The Metabolism and Use of Fructose
in Diabetes Mellitus"**

The November meeting will be a combined meeting of the Mahoning County Medical Society, Mahoning Academy of General Practice, and Mahoning Diabetic Association. The meeting will highlight Diabetic Week.

PLAN TO ATTEND!

PERSONALITY OF THE MONTH

The month of November brings Dr. Max Miller of the Department of Medicine of the School of Medicine of Western Reserve University, Cleveland, Ohio. Dr. Miller is coming to speak at the Mahoning County Medical Meeting on "The Metabolism and Use of Fructose in Diabetes Mellitus."

In order to know something about our guest, let's take a look at the background and life of Dr. Miller. He was born on June 22, 1910 in New Haven, Connecticut and started on the road to medicine in 1931 when he graduated from Yale University with a degree of B. S. 1935 found Mr. Max Miller changing his name to Dr. Max Miller after graduating from the Yale University School of Medicine. Dr. Miller stayed in his home town of New Haven for the years 1934 to 1937 but was not idle during this time. His internship was spent at Trudeau Sanatorium and at the New Haven Hospital, where he also became assistant resident in medicine.

Now Dr. Miller moved to Cleveland to the Western Reserve University School of Medicine as a teaching Fellow in Medicine, a position he held until 1940. Lakeside Hospital was the next stop on the trip of medicine, and in 1940 he became assistant physician and later in 1948 associate physician, which position he still holds. 1940 also found him on the teaching staff at Western Reserve University School of Medicine as an instructor in Medicine, and in 1947 he became assistant professor of medicine and later, 1951, associate professor of medicine.

Dr. Miller's entire day is not spent in work alone. He has several hobbies of which piano and tennis are the favorites. He has a slight addiction to chamber music, and manages to swim which is also a pastime. Barbara Ann Foster became Mrs. Max Miller somewhere in those busy years and they have two children, Claire Louise, age 12, and Eric Foster, age 7 years. They reside at 2288 Chatfield Drive, Cleveland Heights, Ohio.

The Societies that Dr. Miller belongs to are numerous and we here mention a scant few of these: The American Society for Clinical Investigation, the Society for Experimental Biology and Medicine, American Diabetes Association, Cleveland Academy of Medicine, and the Ohio State Medical Association. Somewhere shiny and bright are three honorary keys, for Phi Beta Kappa, Alpha Omega Alpha, and Sigma Xi.

Dr. Miller's avid interest in metabolism and chemistry is evident in the thirty some papers he has written on these subjects, starting as early as 1937.

We are pleased and honored to have Dr. Miller as our personality of the month and look forward to meeting him and talking with him on November 16, 1954 at The Elks Club.

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PROCEEDINGS OF COUNCIL

October 11, 1954

The regular monthly meeting of the Council of the Mahoning County Medical Society was held at the offices of Dr. M. W. Neidus, 318 Fifth Ave., Youngstown, Ohio, on Monday, October 11, 1954.

The following doctors were present: J. D. Brown, president, presiding; G. E. DeCicco, S. W. Ondash, F. G. Schlecht, A. K. Phillips, M. W. Neidus, A. Randell, C. A. Gustafson, W. M. Skipp, comprising the council, also Mrs. D. R. Brody, Drs. E. A. Shorten and L. S. Shensa.

Dr. Shensa, Dr. Shorten and Mrs. Brody submitted a radio program to be broadcast each Sunday at 2:00 P. M. over WFMJ and a TV program to be broadcast on Wednesdays at noon over WKBN-TV and asked for suggestions about publicity. Council approved the program set-up and suggested newspaper advertising or any other form of publicity that the committee might deem more effective.

The adoption of the following resolution was moved, seconded and unanimously passed:

"Resolved, that each applicant for Active Membership furnish with his or her application a recent photograph. Same to be submitted prior to reading of application at a regular monthly meeting of the Society, at which the presence of the applicant is mandatory. Applicants must meet with a specially appointed committee of five, three of which must be censors and the two remaining physicians representing each hospital before Council acts on his or her application."

The Executive Secretary read a letter from the Ohio Bell Telephone Company in which they invited the Council and interested members, not to exceed 25, to tour the building at 108 W. Rayen Ave., and attend a dinner at 7:00 P. M. The dates available for this meeting are November 4, 11 or 18. Council selected November 4 and instructed the Executive Secretary to contact our members and to advise the telephone company.

Dr. Gustafson announced that Dr. S. G. Patton would be presented with a fifty-year pin at our meeting on October 19th.

The Executive Secretary read a letter from Trumbull County Medical Society in which they stated the following resolution was passed at their September meeting:

"That physicians practicing medicine in Youngstown and participating in the Mahoning County Medical Society, and whose offices are adjacent to North Side Hospital, that is in the new Gypsy Lane Medical Building, be waived to return to the Mahoning County Medical Society."

Also, a point for our consideration: "That the Trumbull County Medical Society would like to be host to the Sixth Councilor Postgraduate Assembly, October, 1955, providing their Civic Auditorium is completed."

The Executive Secretary was instructed to contact Dr. Joseph A. Browning, Secretary-Treasurer, Trumbull County, as to the exact date in October 1955, and make tentative arrangements at the Pick-Ohio Hotel in case their auditorium is not completed.

**DIABETIC DETECTION WEEK
HELP FIND THE UNKNOWN DIABETIC**

Diabetic Detection Week . . . November 14 - 20, 1954

Exhibit at North Side Unit, Youngstown Hospital Association,
Wednesday, Thursday and Friday, November 17, 18, 19
7 P. M. to 9 P. M.

Dietician and Physician in attendance. Movies on diabetes will be shown.

Free urine tests will be taken in all Doctors' offices and all Hospitals. Clinitest material will be supplied to all Physicians, free of charge.

All Physicians are asked to aid in this program.

ANNUAL BUSINESS MEETING

Elks Club

Tuesday Evening, 8:30, December 21, 1954

ELECTION OF OFFICERS

President-Elect

Secretary

Treasurer

Delegate (Three year term)

Three Alternate Delegates

Representative to the Associated Hospitals

A free buffet supper will be served following the Election

Also — at 8:00 P. M.

Annual Meeting — Medical Service Foundation

This meeting will be held in conjunction with the annual meeting of the Mahoning County Medical Society. IT WILL START AT 8:00 P. M., just prior to the regular Society meeting. There will be election of Trustees, approval of the reports of the Treasurer and Secretary and such other business as may properly come before the meeting.

EVERY MEMBER OF THE COUNTY MEDICAL SOCIETY IS A MEMBER OF THE MEDICAL SERVICE FOUNDATION. ATTEND AND PARTICIPATE IN THE CONDUCT OF ITS BUSINESS.

Dr. Gustafson discussed 6th Councilor Postgraduate Day. Dr. Schlecht was appointed to contact our members in the hope they would get their reservations in early.

The following application was approved:

Jr. Active Membership

Dr. Robert Martin Foster, 402 Oak Hill Ave., Youngstown, Ohio

Unless objection is filed in writing with the Secretary within 15 days, the above applicant becomes a member of the Society.

G. E. DeCicco, M.D.
Secretary

—◆—
HAVE YOU HEARD

- That Dr. John A. Rogers attended a course in Recent Advances in Cardiovascular Diseases at Mt. Sinai Hospital in New York City, October 11-15, 1954?
- That Dr. Anthony Telego reported to the Medical Field Services Training Center at Fort Sam Houston, Texas, on October 20th for a 21-month tour of duty with the U. S. Medical Corps? Until his return, Dr. R. A. Jenkins will occupy his offices at 3714 Market Street.
- That Dr. Wayne L. Agey has opened his offices at 6960 Market Street for a practice limited to internal medicine and gastroenterology? Dr. Agey attended in Chicago, Ill., October 28 a meeting of The American Society of Liver Diseases under the auspices of The Hektoen Institute, Cook County Hospital.
- That a son, Bruce Evans, was born to Dr. and Mrs. Paul J. Fuzy, Jr., on October 24, 1954?
- That Dr. Bryan H. Hutt was operated on at North Side Hospital, November 1, 1954?
- That Dr. W. P. Young and Dr. A. A. Detesco attended a postgraduate course in "Diseases of the Chest" at the Cleveland Clinic, October 27 and 28, 1954?

—◆—

The following members attended the 6th Councilor District Postgraduate at Akron on October 27: Doctors J. D. Brown, D. R. Dockry, R. R. Fisher, Sidney Franklin, Samuel Gaylord, C. A. Gustafson, J. P. Harvey, F. L. Schellhase, A. B. Sherk, I. C. Smith, M. H. Speck, S. J. Tamarkin, C. C. Wales, D. T. Yoder, also nineteen Internes and Residents.

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FROM THE BULLETIN

TWENTY YEARS AGO — NOVEMBER, 1934

The President pointed out some good reasons for attending meetings: Dues were ten dollars a year then and when a man missed a meeting he was not getting his money's worth. The program committee promised their speakers a large audience but when the attendance was poor it was a reflection upon the Committee and the Society as a whole. Those arguments stand up well even today.

The attendance at the first fall meeting was 135. Dr. John Duff of the New York Hospital spoke on "Renal and Ureteral Calculus", presenting the new concept of hyperparathyroidism in the formation of kidney stones. Weston A. Price, D.D.S., M.S., F.A.C.D., was announced as the speaker for November. More about Dr. Price next month.

Dr. Edgar Baker presented a scholarly article on the life of Mme. Curie. Dr. Andrew Miglets reported an unusual case of diabetes insipidus. Dr. James Brown authored an article on the "Subque". He reviewed 100 surgical charts and reported that every gall bladder case received from one to three "subques" of 1000 to 2000 cc. each. Most gastro-intestinal cases received from 1 to 10. The fluids used were usually Locke's solution, normal saline and saline with glucose. The "subque" was the standard method those days of maintaining the patient's fluid balance. It was pretty rough. Dr. Saul Tamarkin wrote on the "X-ray Treatment of Thyrotoxicosis" and said that the method should be given a fair trial.

J. A. McGhee (bless his memory) took his glass in one hand and pen in the other and wrote an inspired article on the Medical-Dental Bureau which was then a struggling infant. He reminded the doctors that an improved financial status gives incentive and encouragement to more ardent scientific effort.

Dr. L. G. Coe and the late Sidney McCurdy were named as the best delegates that Mahoning County ever had. Dr. W. H. Evans and John Keyes appeared on the program of the Ohio State meeting in October. Dr. W. M. Skipp was made a fellow of the College of Surgeons. Dr. W. H. Bunn addressed the Union Medical Society on "Common Cardiac Irregularities." The old Union Medical Society is now known as the Sixth District which put on the Post-Graduate Day at Akron last month.

Dr. Gordon Nelson was in the North Side Unit suffering from typhoid fever. Drs. H. E. Hathhorn and B. J. Dreiling were proud fathers of sons.

TEN YEARS AGO — NOVEMBER, 1944

The old Municipal Hospital for contagious diseases was taken over by the State Welfare Department for use as a Receiving Hospital for mental cases. This was an important milestone in medical progress in Mahoning County. Dr. Herbert Cronick was named as the medical director. Extensive remodeling was planned for the old building which had lain idle for years.

Dr. Sidney McCurdy, former president of the Society and surgeon for the

HAVE YOU A FANCY VEST?

The vogue for these extra Vests is stronger than ever this year. — Silks — Flannel — Corduroys — We have a fine selection to choose from. \$13.50 up.

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Youngstown Sheet and Tube Company, died at his old home in St. Johnsbury, Vt. September 26.

Dr. Norman Wetzel, author of the Wetzel Grid, was the speaker that month. His topic was "Growth Failure in Children."

An article by Dr. Herman Zeve, abstracted from the *Navy Medical Bulletin*, outlined the intensive treatment of primary and secondary syphilis with mapharsen and bismuth. The average number of treatment days was 22.5, reducing greatly the infectious period and the period for cure. No mention was made of penicillin.

Drs. Erhard Weltman and S. H. Davidow became members of the Society.

Lt. Comdr. M. B. Goldstein was heard from in New Guinea where "there is more skin disease than anything else."

There was a remarkable letter from one of our members written from the front in Germany and printed without any signature. It must have been from the late Oscar Axelson, as he was with the Third Armored Division. He wrote in part: "Our Third Armored Division hit Normandy Beach last June and we've moved quite rapidly through France and Belgium. We led the advance from the Seine River through the Siegfried Line and covered this entire distance in eighteen days. I have had some thrilling experiences and narrow escapes. My tent and bag of clothes have been shot up but I've been luckier. Several times the enemy surrounded us but we fought our way out with few casualties. Because of the enemy's retreat most of their casualties were left behind so actually I've cared for more German wounded than our own . . . The men have a novel treatment for lice. A mixture of sand and alcohol is applied to the body. The lice become intoxicated, throw the sand at each other and are stoned to death!"

Good old Oscar, hard working and cheerful. He lay down on his office cot one day after a hard day's work and never got up. We miss him.

J. L. F.

THE AMERICAN MEDICAL EDUCATION FOUNDATION

The time has come again for us to get on our horse and give support to a worthwhile cause, Medical Education.

We did well in this County last year but not 100%; we must repeat, as this is not a one year undertaking, for Medical Education is ours to support. If we do not do the supporting then Government will take over. Do we want this?

Medical Education can be supported in two ways: Either send your check to AMEF indicating your choice of College, or send your check direct to your Alumni Fund notifying your County Committee that you have done so; either way, we thank you.

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AUXILIARY NEWS

Your Women's Medical Auxiliary is working as your "press agent" this year. With vital assistance from the Mahoning County Medical Society and its Public Relations committee, headed by Dr. Louis Shensa and Dr. Ed Shorten, we have undertaken a series of medical forums for television viewing one Sunday a month over WFMJ-TV, Channel 21. This is part of a series of public service programs informing the community of work being done by local organizations. The Women's Auxiliary is proud to be able to further the cause of good medicine and public relations between doctor and patient.

Our first program was October 10; our subject was "Doctors and Civil Defense." Members of the panel were Dr. F. Schellhase, Dr. Edgar C. Baker, Dr. Bernard Taylor, and Mr. Robert Hay of the Civil Defense. Our discussion led to many unusual facts about the role our physicians play in case of enemy attack—injuries received in such attack, radio-activity and germ warfare. In due respect to my television colleagues, we are not professionals, but our Hooper rating was good!

November 7 we are invited into the community's living rooms again. Our subject, "Anaesthesiology." Dr. A. J. Fisher, Dr. Anthony Bayak, and Mrs. William Adams of North Side Recovery Room, will be our panel.

December 5, we turn to the problem of "Children". Our speakers to date for that program are Dr. G. Cook, Dr. Stertzbach, Dr. Sid Davidow.

On subsequent programs we will discuss mental health, heart, problems of the aged, allergies, and skin diseases, stomach disorders, and accidents. All doctors are chosen by the Public Relations committee and are contacted weeks ahead of show time.

The chief aim of our series is to educate, but in a manner of informal consultations; presenting common problems and ills; discussing the simple questions surrounding these problems, thus letting the lay public become aware of what the doctors are trying to do for them.

Mr. Warren Parks and Mr. John Yoder of WFMJ-TV, have extended every courtesy in lending us a helping hand in organizing our production.

Wide awake medical societies are focusing increasing attention upon use of television to present a positive picture of American medicine and further health education. We should be justifiably proud in being able to sponsor this type of program. It is the best form of ethical publicity for our doctors. It is good public relations.

The Woman's Auxiliary to The Mahoning County Society entertained members and guests at a style show at Calvin Center. The members of the Woman's Auxiliary to The Columbiana County Medical Society were special guests.

Clothes for travel wear were featured and the show was staged as a tour through the capitals of Europe with travel posters as scenic background.

Before the program dessert was served at tables bright with yellow covers and autumn flowers. Mrs. Ivan Smith welcomed the Columbiana delegation headed by Mrs. H. F. Banfield, Jr.

Mrs. Harold L. Powell won the door prize. Program chairman for the day was Mrs. Patrick B. Cestone while Mrs. Samuel Schwebel headed the social committee.

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Methylcellulose	0.15 Gm. (2 1/2 gr.)

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THE ZEMMER COMPANY

PITTSBURGH 13, PA.

Many smartly dressed women attended the autumn style show staged by the Medical Auxiliary at Calvin Center.

In place of a meeting in November a dance will be held Saturday, November 13, 1954 — 10:00 p.m. to 2:00 a.m. at Squaw Creek Country Club. The purpose of this affair is the Nurses Scholarship Fund. The chairman is Mrs. Sam Zlotnick.

Blodwyn Rogers
Publicity Chairman

FREE HEARING TESTS EDUCATE PUBLIC

"Early detection and early care," slogan used in counselling County fair-goers found to have impaired hearing, is really paying off for persons with loss detected during the past two years through free hearing tests given at the Mahoning County Fair, according to personnel of Youngstown Hearing Society, which supervised tests sponsored jointly with Mahoning County Board of Health.

Parents this year brought back children found during 1952 and 1953, whose hearing now tests "normal" after medical care resulting from pure tone audiometric screening and counselling given at the Fair. "We would not have known," said one mother, "that Junior's bad behavior and poor attention were really due to poor hearing — we had been punishing him all summer for the wrong thing!" Junior, aged seven, had prompt medical care following the 1953 fair, and now has perfectly normal hearing. Other parents also praised the project.

A total of 1146 tests was made, this year. Of this number, 571 persons were given special counselling and a signed statement in regard to their hearing, with 325 of them receiving referral to otologists.

This was the largest number of tests made in any of the three years the free test project has been part of the health exhibits sponsored by the Mahoning County Medical Society. In 1952, only about 350 people were interested. In 1953, the State Department of Health loaned its "hearing trailer" (sound and air conditioned) and state personnel, and 916 tests were made. This year, the trailer was again loaned, and personnel was recruited locally from among trained and qualified speech and hearing therapists of the Youngstown Hearing and Speech Center and the public schools of Youngstown and Campbell, Mahoning County Board of Health nurses, and special teachers of the deaf and hard of hearing classes in the Youngstown schools. The increase in tests was 230 above last year's total, with a steadier stream of people lined up at the exhibit booth almost constantly during the Fair. The current tests came close to taxing the capacity of both trailer and personnel.

Test sheets are being processed by volunteers recruited from Quota Club, under the supervision of the staff of the Hearing and Speech Center. By mid-October, it is hoped to have test results available to doctors through the offices of Mahoning County Board of Health and the Hearing and Speech Center.

May Vetterle—Youngstown Hearing Society



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WHAT THEY ARE SAYING . . .

Dr. W. Andrew Bunten, A.M.A. Delegate from Cheyenne, Wyoming— "When doctors of medicine realize that their best friends are the other physicians in their own communities, a great step forward will have been taken and many unnecessary situations, which result in ill feeling and misunderstanding, will have been eliminated. There is no greater incentive in the world for outstanding performance than good, clean, honest, and tough competition."

—o—

Dr. J. M. Donald, President, Medical Association of the State of Alabama— "Dogmatism, arrogance, and smugness have no place in the medical profession. There are so many pitfalls in the practice of medicine, even when we apply all of our present-day knowledge. We should be forever humble and vigilant in order to make as few mistakes as possible. Beware of the physician who 'knows all the answers' and who does not welcome consultation."

—o—

Dr. F. J. L. Blasingame, Trustee, American Medical Association and President, Texas Medical Association— "In matters scientific, all is well, and men and women in medicine are for the most part highly respected. But in matters pertaining to the socio-economic problems of medicine all is not well. Leadership in matters of health is being challenged constantly. Naturally, in a competitive society as we have in America, other groups, especially those with high pressure leanings, will absorb this leadership if the medical profession is not vigilant of its responsibilities every day of the year."

—o—

Dr. W. W. Bauer, Director, A.M.A. Bureau of Health Education— "Direct selection of specialists by patients is an error which can lead only to disappointment. If all patients were to be served by specialists, these doctors would waste their valuable time seeing patients outside their specialized scope, and the referral of patients back and forth would constitute a parade begging description."

—o—

Dr. E. Vincent Askey, Vice-Speaker of A.M.A. House of Delegates— "People seem to resent the American Medical Association as being to blame, in some vague way, for sickness that has created a problem for them.

"As a matter of fact, people actually resent illness. Illness is not planned for. It disrupts the routine of life. It is unpleasant. It is dangerous and threatens to kill those we love. It is expensive.

"We must in some way get people to realize that really the American Medical Association is in their corner in this great fight for health."

—o—

Rep. Walter Judd of Minnesota addressed the Tennessee Valley Medical Assembly a few days ago. He made a few remarks which, coming directly from a lawmaker who is also a physician, confirm what many of us have been saying for a long time. He said that "physicians must understand government and know their way in and out of it. In fact, they must become politicians in a measure." This is necessary, Dr. Judd declared, because government is playing such a strong role in all phases of American life today.

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"Don'ts" for physicians in the prescribing and use of narcotics:

Don't leave prescription pads around. Addicts want them for effecting narcotic forgeries.

Don't write a narcotic prescription in lead pencil. Avoid writing any Rx in pencil; many are changed to call for morphine.

Don't write for narcotics this way: Morphine HT $\frac{1}{2}$ # X or Morphine HT $\frac{1}{4}$ # 10. Several X's or zeros can be added to raise the amount. Use brackets, or spell out.

Don't carry a large stock of narcotics in your bag. Addicts are constantly on the lookout for these in doctors' offices and cars.

Don't leave your car unlocked if your bag contains narcotics. This is an invitation for the addict to steal narcotics.

Don't store your office supply where patients can get at it. Avoid storage near sink or urinal. The patient may ask to use these.

Don't fall for a good story from a stranger claiming ailment that usually requires morphine. The addict can produce bloody sputum, simulate bad coughs or other symptoms. Make your own diagnosis.

Don't give a narcotic prescription without seeing the patient. Addicts have posed as nurses to get doctors to prescribe narcotics.

Don't write for large quantities of narcotics unless unavoidable. Diversion to addicts is a profitable business: as much as \$3.00 for $\frac{1}{4}$ gr. Morphine Sulphate.

Don't prescribe narcotics on the story that another doctor had been doing it. Consult that physician, or the hospital records, whenever possible.

Don't leave prescriptions signed in blank at the office for nurses to fill in. Signed blanks are bad practice and many have been stolen by addicts.

Don't treat an ambulatory case of addiction. Addicts must be under proper control. Addicts go to several doctors at a time.

Don't dispense any narcotics without keeping a record of it. Bedside and office administration are permitted without a record.

Don't buy your office narcotic needs in the name of a patient. The law requires you to use an official opium order form.

Don't resent a pharmacist's call for information about a prescription you have written. The pharmacist is held responsible for filling forgeries. Please cooperate.

Don't hesitate to call this Bureau to get, or give, information. It will be held strictly confidential.

Medical Annals of District of Columbia



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"THE CORRELATION OF THE OPTICAL DENSITY OF SERUM BETWEEN CANCER AND NON-CANCER PATIENTS"

James A. Quinn, M.D., Stanley A. Katz, M.S., and Arthur E. Rappoport, M.D., of The Youngstown Hospital Association have attempted to measure the optical density of blood serum, and correlate the results between cancer and non-cancer patients. The optical density was determined by placing 1:1 dilution of serum with normal saline in the Coleman Junior Spectrophotometer. The test is simple, inexpensive and quick.

After 1,000 tests were performed on a true hospital population including all types of diseases, the results were compared. The test was accurate in predicting cancer in 92 percent of all histologically proven cases, and was inaccurate in calling 14 percent falsely positive. A second series of 500 cases were tested after the obvious faults of the test were eliminated. The second group also included a large number of normal population, as well as hospital population. In this series, the percentages improved to 96 percent true positives, and decreased to 3 percent false positives.

Since completion of these groups, they have tested only problem cases requested by the patients' LMD. Recent analysis of proven cases within this group (200 cases) revealed the same percentages experienced in the above 500 case series.

They feel the test has great merit as a cancer detection test. Support for this comes from the high percentage of accurate prediction, and in the fact that the only malignancies incorrectly diagnosed were far-advanced, metastatic, and anaplastic cancer.

The entire project is now in the form of a manuscript which will be sent to the publisher this month. They will then await publication of the article, and for the problem to be reduplicated by other authors before its final value can be established.

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