

# The Mahoning Valley Historical Society

## The Arms Museum

648 Wick Avenue Youngstown, Ohio 44502

Telephone (216) 743-2589

*Organized September 10, 1875 — Incorporated February 8, 1909*

Sister Susan Schorsten  
Chief Administrator  
St. Elizabeth Hospital  
1044 Belmont Avenue  
Youngstown, OH 44504

March 10, 1987

Dear Sister Susan:

Thank you so very much for talking to me last Friday about the past and the future of St. Elizabeth's. May I also extend my thanks to Mrs. Hernan for participating in the interview and for presenting the MVHS with her book Circle of Caring.

Again, thank you very much.

Sincerely,


Hildegard Schnuttgen  
Trustee

cc.

HS:bkb

ENTERING ST. ELIZABETH HOSPITAL TO INTERVIEW ITS CHIEF ADMINISTRATOR, SISTER SUSAN SCHORSTEN, IS CERTAINLY A GREATER PLEASURE THAN VISITING ILL FRIENDS OR--HEAVEN FORBID--GOING THERE AS A PATIENT. SINCE THE HOSPITAL RECENTLY CELEBRATED ITS 75TH ANNIVERSARY I WANTED TO LEARN ABOUT THE HOSPITAL'S HISTORY. THE SISTERS OF THE ORDER OF THE HOLY HUMILITY CAME FROM FRANCE IN 1911, AND THE HOSPITAL ORIGINALLY WAS ESTABLISHED BECAUSE THE MANY ETHNIC CATHOLICS IN THE AREA WERE OVERWHELMED BY THE ANGLO-SAXON "SUPREMACY" AND WANTED THEIR OWN HOSPITAL. OF COURSE, ALTHOUGH STILL CATHOLIC IN ITS PHILOSOPHY THE HOSPITAL DOES NOT DISCRIMINATE EITHER IN PATIENT CARE OR IN STAFFING. MARYBETH BURKE HERNAN, WHO PARTICIPATED IN THE INTERVIEW PRESENTED AN AUTOGRAPHED COPY OF HER BOOK A CIRCLE OF CARING TO THE MAHONING VALLEY HISTORICAL SOCIETY. THIS BOOK RELATES THE HISTORY OF THE HOSPITAL, AND ALSO HAS SOME FINE PICTURES e.g. A PHOTO OF THE STAMBAUGH MANSION--NOW THE SCHOOL OF NURSING--THAT STILL SHOWS THE OLD PORTICO WHICH HAS BEEN REMOVED. HOWEVER, SISTER SUSAN TOLD ME OF PLANS TO HAVE IT REBUILT ACCORDING TO ORIGINAL PLANS. ILLUSTRIOUS YOUNGSTOWNERS ARE HONORED IN THE BOOK, e.g. CHARLES B BUTLER, CHARLES B. CUSHWA, JUDGE FORD, SIDNEY S. MOYER, RABBI SIDNEY BERKOWITZ AND OF COURSE, THE BISHOPS BECAUSE OF THEIR CONTRIBUTION TO THE HOSPITAL. SINCE THE BOOK GIVES THE ENTIRE HISTORY OF THE HOSPITAL, I ASKED SISTER SUSAN ABOUT HER "VISIONS" FOR THE FUTURE. THERE WILL BE, STARTING IN LATE SPRING, A HEALTH EDUCATION PROGRAM FOR ELEMENTARY SCHOOL STUDENTS, AND LATER FOR HIGH SCHOOL STUDENTS. ONCE A YEAR, THE STUDENTS WILL SPEND A DAY THERE TO LEARN ABOUT HEALTH CARE, INCLUDING NUTRITION, DENTAL CARE, SEX EDUCATION, SAFETY, DRUGS, HUMAN GROWTH, ETC. THIS PROGRAM WILL TAKE PLACE IN COOPERATION WITH ALL CITY, COUNTY, AND CATHOLIC SCHOOLS IN MAHONING AND TRUMBULL COUNTIES.

ALSO, THERE IS A GERIATRIC PROGRAM IN PLACE THAT WILL BE EXTENDED IN THE NEAR FUTURE. JUNE 19, 1987 IS "SALUTE TO OLDER AMERICANS" DAY AT ST. ELIZABETH'S. PRELIMINARY NEGOTIATIONS ARE TAKING PLACE WITH THE PARKVIEW COUNSELING CENTER TO OBTAIN THE BUILDING FOR THE OUTPATIENT DEPARTMENT. SISTER SUSAN SEVERAL TIMES MENTIONED OUR OWN DR. MELNICK AND HIS BOOK THE HISTORY OF MEDICINE IN YOUNGSTOWN. SHE HOPES THAT SOMETIME IN THE FUTURE ST. ELIZABETH'S WILL HAVE A MUSEUM OF YOUNGSTOWN'S MEDICAL HISTORY. DEAR COLLEAGUES, IS THERE ANOTHER HISTORICAL MUSEUM IN THE MAKING WITHOUT OUR PARTICIPATION?



**A SALUTE  
TO OLDER  
AMERICANS**

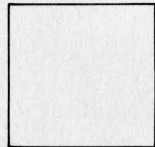
# **Educational Health Fair**

**Friday, July 25 - 10 a.m.-7 p.m.**

**St. Elizabeth School of Nursing**

**Sponsored by St. Elizabeth Hospital Medical Center**

**ST. ELIZABETH HOSPITAL MEDICAL CENTER**  
**1044 Belmont Avenue • Youngstown, OH 44501**



## Free parking and easy access

Free parking is available in the School of Nursing lot on Caroline Street. Security patrolmen will be on duty. For those needing assistance, volunteers will be on hand to escort guests from the parking lot to the building. Entrances to the School of Nursing are barrier-free.

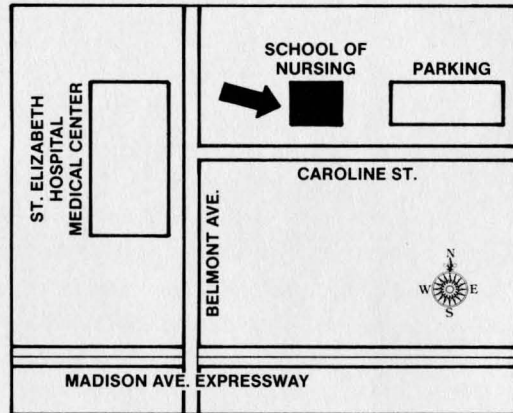
## For more information

Call the Geriatric Services Department at St. Elizabeth's for more information on "A Salute to Older Americans" or to register in advance at **746-7211, extension 2453.**



**ST. ELIZABETH HOSPITAL MEDICAL CENTER**  
**1044 Belmont Avenue • Youngstown, OH 44501**  
**(216) 746-7211**

Sponsored by the Sisters of the Humility of Mary



**A free  
health fair for  
adults 60+  
and their families**

The fastest-growing segment of the U.S. population, adults aged 60 and over, account for nearly 14 percent of those living in the Mahoning Valley. As older adults live longer and more independently than ever, they face new challenges and have special health and emotional concerns that must be addressed. Because we're concerned about our aging population's needs, St. Elizabeth Hospital Medical Center has put together an informative, entertaining program for seniors and their families. We'll have exhibits, discussions and materials on special services at St. Elizabeth's for older adults, plus mini-lectures on vital topics. The day's schedule includes activities listed below:

## **Activities and topics for every need**

### **CLASSROOMS 106 AND 107**

**Exhibits** — Booths on Wellness Programs, CareLink™, Lifeline®, Medicare information, physical therapy, podiatry, pharmacy, Adult Day Care Center — and many more.

### **CLASSROOM 5**

**Nutritious Snacks** — Available to all participants throughout the day.

### **CLASSROOM 6**

**Mini-Lectures by St. Elizabeth's Staff**

**10:00 - 10:30 a.m. — Primary Care Response to an Aging America**

Dr. William Gillanders  
*Director, Family Health Center*

**10:45 - 11:15 a.m. —**

**Panel Discussion: St. Elizabeth's Services for Older Adults**

Topics: Lifeline, CareLink, Adult Day Care Center, Geriatric Assessment Unit

Participants: Nancy Siefert, RN, *administrative director, Emergency Care Department*; Marlene Blackford, RN, *coordinator of Geriatric Services*; Theresa DeCapua, RN, *coordinator of Adult Day Care Center in Boardman*; Nancy Doult, RN, *head nurse, Geriatric Assessment Unit*.

**11:30 - 12:00 Noon — Medications and the Older Person**

Paul McEvey, R.Ph., *Staff Pharmacist*  
Paul will discuss importance of complying with medication orders, problems with "mixing" medications and other topics dealing with prescription and non-prescription drugs. (Bring along your current medications, or a list of them, for answers to your questions.)

**12:15 - 12:45 p.m. — Benefits of Physical Activity**

Randy Hodak, LPT, *Physical Therapist*  
Physical activity is **still** possible at any age. Randy will discuss "safe" exercise and precautions.

**1:00 - 1:30 p.m. — Living Alone vs. Loneliness**

Anita Seiler, MSW  
*Medical Social Worker*  
How to deal with feelings of loneliness; community activities which can help maintain your sense of worth and dignity.

**1:45 - 2:15 p.m. — You and Your Doctor: A Partnership**

Dr. Charles Wilkins  
*Director of Geriatric Medicine*  
How to get the most out of your relationship with your doctor.

**2:30 - 3:00 p.m. — Panel Discussion: St. Elizabeth's Services for Older Adults**  
(Repeat of morning session)

**3:15 - 3:45 p.m. — Myths and Realities of Aging**

Cynthia Wright  
*Coordinator of Wellness Programs*  
Cindy will dispel some myths about getting older and talk about things to look forward to in aging.

**4:00 - 4:30 p.m. — Digestive Changes as We Age**

Carol Vaupel, RD, *Registered Dietitian*  
(Clinical Nutrition Department)  
What do changes in digestion mean? Carol will address this question and discuss how to prepare favorite foods — and some new ones — for easier digestion.

**4:45 - 5:15 p.m. — Spiritual Well-Being for the Elderly**

Reverend Gerald DeLucia, *Chaplain*  
Reverend DeLucia will discuss ways we can put our religious faith to work for daily strength and support in times of need.

**5:30 - 6:00 p.m. — Adjusting to Role Changes in Aging**

Marlene Blackford, RN  
*Coordinator of Geriatric Services*  
How to deal with and adapt to major changes in your life — death of a spouse, retirement, moving in with a child, going to a nursing home and more.

**St. Elizabeth Hospital Medical Center**  
1044 Belmont Avenue — P.O. Box 1790  
Youngstown, Ohio 44501-1790



Non-Profit Org.

U. S. Postage

**PAID**

Permit No. 60

Youngstown, Ohio



A MAJOR TEACHING HOSPITAL ASSOCIATED WITH  
**The Northeastern Ohio Universities College of Medicine**





**SCOTTISH  
GERIATRIC  
SYMPOSIUM**

**Thursday, September 25, 1986**

ST. ELIZABETH HOSPITAL MEDICAL CENTER  
DIVISION OF GERIATRIC MEDICINE

— presents a Symposium —

**SOLVING COMMON GERIATRIC PROBLEMS**  
**A Scottish Perspective**

Thursday, September 25, 1986

Avalon Inn, Warren, Ohio

**- PROGRAM -**

8:15 A.M. - 8:45 A.M.	REGISTRATION
8:45 A.M. - 9:00 A.M.	WELCOME AND INTRODUCTORY REMARKS SISTER SUSAN SCHORSTEN, H.M. <i>Executive Director</i> CHARLES E. WILKINS, M.D. <i>Director, Division of Geriatric Medicine</i> ROBIN D. KENNEDY, M.B., Ch.B., M.R.C.P. <i>Program Moderator</i>
9:00 A.M. - 9:30 A.M.	<b>PRIORITIES OF ESTABLISHING GERIATRIC CARE PROGRAMS IN THE U.S.: THE SCOTTISH PERSPECTIVE</b> JAMES WILLIAMSON, M.B., Ch.B.
9:30 A.M. - 10:00 A.M.	<b>FALLS AND IMMOBILITY IN THE ELDERLY</b> BRENDAN J. MARTIN, M.B., Ch.B., M.R.C.P.
10:00 A.M. - 10:30 A.M.	BREAK
10:30 A.M. - 11:00 A.M.	<b>AUTONOMY: RESPECTING THE OLDER PERSON'S RIGHT TO MAKE DECISIONS</b> MARLENE BLACKFORD, BSN, R.N., C.
11:00 A.M. - 11:30 A.M.	<b>ASSESSMENT FOR PLACEMENT IN THE NURSING HOME OR LONG TERM CARE</b> COLIN T. CURRIE, M.B., Ch.B., M.R.C.P.
11:30 A.M. - 1:00 P.M.	LUNCH
1:00 P.M. - 1:30 P.M.	<b>ACUTE AND SUBACUTE CONFUSIONAL STATES</b> PAUL V. KNIGHT, M.B., Ch.B., M.R.C.P.
1:30 P.M. - 2:00 P.M.	<b>BARRIERS TO RECOVERY FROM STROKE</b> IAIN LENNOX, M.B., Ch.B., M.R.C.P.
2:00 P.M. - 2:30 P.M.	BREAK
2:30 P.M. - 3:15 P.M.	<b>CONCURRENT WORKSHOP SESSIONS</b> (Select one of the following:) <b>A. Problems of the Elderly Orthopedic Patient</b> COLIN T. CURRIE, M.B., Ch.B., M.R.C.P. <b>B. Working with the Family of an Institutionalized Patient</b> JAMES WILLIAMSON, M.B., Ch.B. <b>C. Use and Abuse of Diuretic Therapy</b> BRENDAN J. MARTIN, M.B., Ch.B., M.R.C.P.
3:15 P.M. - 4:00 P.M.	<b>CONCURRENT WORKSHOP SESSIONS</b> (Select one of the following:) <b>D. Care of the Dying</b> IAIN LENNOX, M.B., Ch.B., M.R.C.P. <b>E. Total Discharge Planning with Home Assessment</b> PAUL V. KNIGHT, M.B., Ch.B., M.R.C.P. <b>F. Dealing with Acute Urinary Incontinence</b> COLIN T. CURRIE, M.B., Ch.B., M.R.C.P.
4:00 P.M. - 4:30 P.M.	QUESTIONS, DISCUSSION AND PROGRAM EVALUATION



ST. ELIZABETH  
HOSPITAL  
MEDICAL CENTER  
Youngstown, Ohio

REGISTRATION FORM  
**SCOTTISH GERIATRIC SYMPOSIUM**  
Thursday, September 25, 1986  
Avalon Inn - - Warren, Ohio

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Registration Fee:**

\$50 for Physicians

\$40 for Residents

\$30 for Nurses and Allied  
Health Professionals

Concurrent Sessions  
(Select 2):

A    B    C    D    E    F

Make check payable to:

GERIATRIC MEDICINE EDUCATIONAL FUND

Mail check with this form to:

Division of Geriatric Medicine  
Department of Internal Medicine  
St. Elizabeth Hospital Medical Center  
P.O. Box 1790, Youngstown, Ohio 44501

## **PROGRAM FOCUS**

St. Elizabeth Hospital Medical Center has made a major commitment to enhancing the care of the elderly of the Mahoning Valley. Part of this commitment has involved an educational focus of sponsoring workshops and symposia. For the third consecutive year, St. Elizabeth's is hosting a symposium with Scottish physicians who are at the forefront of Geriatric Medicine. They will address a broad range of geriatric topics.

## **REGISTRATION INFORMATION**

- Location:** Avalon Inn  
Warren, Ohio
- Date:** Thursday, September 25, 1986
- Cost:** \$50 for Physicians  
\$40 for Residents  
\$30 for Nurses and Allied  
Health Professionals

## **FOR FURTHER INFORMATION**

### **CONTACT:**

TERRI LYNNE BAER  
Division of Geriatric Medicine  
St. Elizabeth Hospital Medical Center  
Youngstown, Ohio 44501-1790  
(216) 746-7211, Ext. 4255

## **ACCREDITATION**

Registered nurses will receive ONA 6 contact hours. St. Elizabeth Hospital Medical Center is approved as a provider of Continuing Education by the Ohio Nurses Association which is accredited by the Eastern Regional Committee of ANA. St. Elizabeth Hospital Medical Center's number is OH-052. As an organization accredited for continuing education, the MSAHEN certifies that this program meets the criteria for 5 credit hours in Category I of the Physician's Recognition Award of the American Medical Association.

## **PROGRAM FACULTY**

- MARLENE BLACKFORD, B.S.N., R.N., C.  
Coordinator, Geriatric Services  
St. Elizabeth Hospital Medical Center
- COLIN T. CURRIE, M.B., Ch.B., M.R.C.P.  
Senior Lecturer and Consultant  
University Department of Geriatric  
Medicine  
Edinburg, Scotland
- ROBIN D. KENNEDY, M.B., Ch.B., M.R.C.P.  
Professor of Medicine  
Albert Einstein College of Medicine  
Director, In-Patient Geriatric Services  
Montefiore Medical Center,  
Bronx, New York
- PAUL V. KNIGHT, M.B., Ch.B., M.R.C.P.  
Lecturer  
University Department of Geriatric  
Medicine  
Glasgow, Scotland
- IAIN LENNOX, M.B., Ch.B., M.R.C.P.  
Consultant Physician in Geriatric Medicine  
The Victoria Infirmary  
Glasgow, Scotland
- BRENDAN J. MARTIN, M.B., Ch.B., M.R.C.P.  
Consultant, Department of Geriatric  
Medicine  
Glasgow Royal Infirmary  
Glasgow, Scotland
- JAMES WILLIAMSON, M.B., Ch.B.  
Director of Geriatrics  
Shaughnessy Hospital  
Vancouver, British Columbia

## **PLANNING COMMITTEE**

- Marcia Augustyn-Lindsay, BSN, R.N.  
Terri Lynne Baer  
Marlene Blackford, BSN, R.N., C.  
Virginia M. Caputo, MSN, R.N.  
W. Robert Kennedy, Ph.D.  
Charles E. Wilkins, M.D.