



BULLETIN

of the
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COUNTY
MEDICAL
SOCIETY

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Youngstown • Ohio

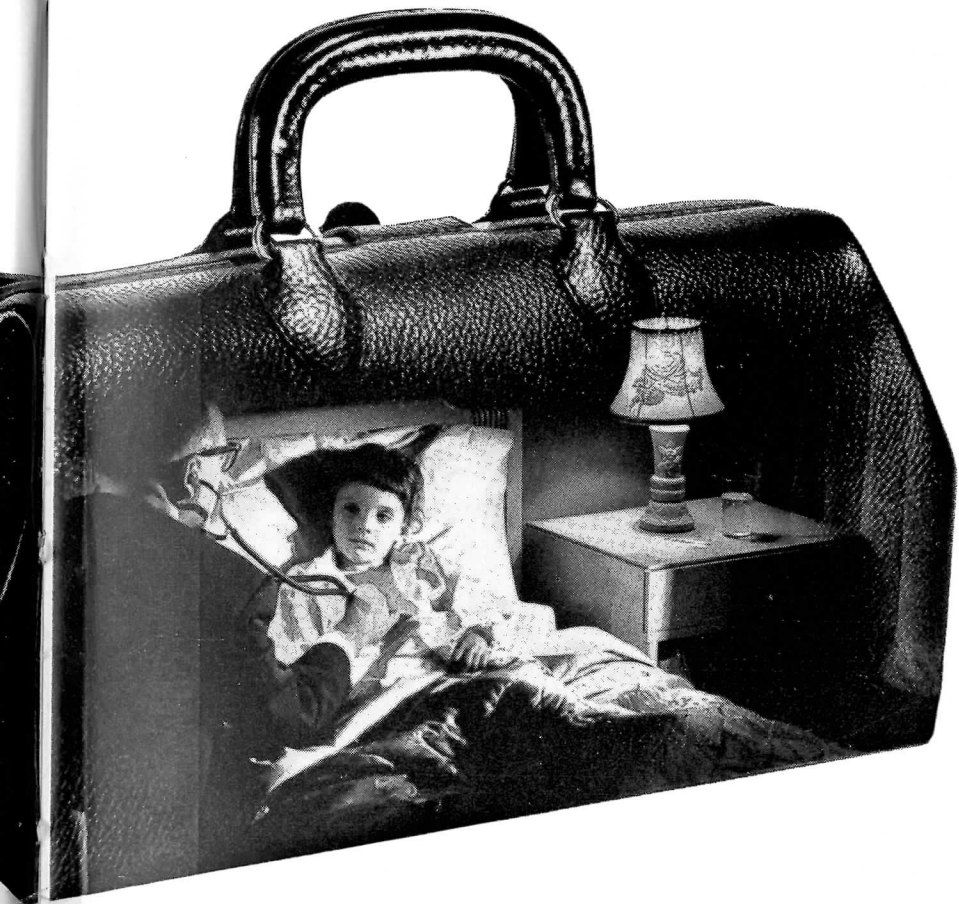
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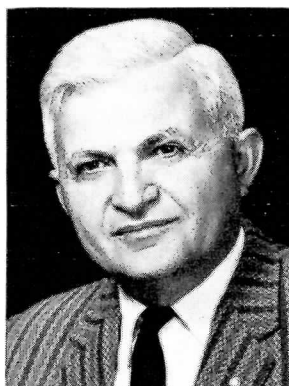
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*Our
President
Speaks*



Your President attended the dinner sponsored by the Youngstown Board of Trade to plan for the revitalization of the downtown area. Few people realize the plight we are in. What happens to the nucleus of Youngstown will determine whether or not we can grow. The situation is grave.

A committee of interested citizens will be appointed to make plans for the building up of downtown Youngstown. Money is urgently needed for that project. I urge all our members to contribute generously to this most important undertaking.

At this time I would like to express my deep appreciation to Dr. Delfs for her outstanding work as chairman of the Polio Committee. Her graciousness and humanitarian approach has solved that particular problem.

M. W. Neidus, M.D.
President

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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial Staff or the official views of the Mahoning County Medical Society.

Volume 29**March, 1959****Number 3**

Published for and by the Members of the Mahoning County Medical Society

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Samuel Zlotnick, M.D.**EDITORIAL****AMA CLINICAL MEETING**

The action of the House of Delegates of the American Medical Association in their recent clinical meeting in December, 1958, is of general interest to all of us.

On health for the aged, a proposal was submitted for persons over 65 years of age with reduced incomes to develop further voluntary health insurance or pre-payment plans acceptable to the medical profession and the recipients. That all physicians everywhere expedite the development of this plan and agree to accept a level of compensation that will permit the development of such insurance plans at a reduced premium rate.

The House approved a statement on medical education and hospital supporting development of additional facilities for basic medical education. American medicine, the statement points out, fully recognizes the needs being brought about by increasing population, social and economic trends. Existing medical schools should consider the possibility of increasing their enrollments and developing new facilities. It also declares that American medicine has the responsibility to encourage the creation of new 4 year medical schools and 2 year basic science programs by institutions of higher education which can provide the desirable setting.

A suggested amendment of Article II of the Constitution, "That the objectives of the association are to provide the science and art of medicine and the betterment of public health and the understanding of the socio-economic conditions which will facilitate the attainment of these objectives." It was also recommended the Board of Trustees establish a mechanism which will assure the responsibility for promoting active liaison with each national medical society.

Miscellaneous actions included a plan to develop "Buyers Guide" which will be sent to physicians to help their patients develop the merits of available health insurance programs.

Called attention to all individuals or institutions responsible for interns and resident training that medical services provided to patients in hospitals are the responsibility of the duly licensed physicians.

They took notice of the recent restrictive changes in the Medi-Care program, expressed regret at the substitution of federal facilities for private cases in the areas mentioned, and urged the association to encourage the re-establishment of services under the free-choice principle to accomplish the original intent of the act.

The long awaited report of the commission on medical care plans was discussed and action deferred until the June, 1959, meeting. In the meantime, the suggestion was made to the constituent associations reviewing the report should arrive at some decisions in regard to the following basic reports:

Free-Choice of Physicians—acknowledging the importance of free choice of physicians, is this concept to be considered a fundamental principle, incontrovertible, unalterable and essential to good medical care without qualification.

Closed Panel Systems—What will be your attitude regarding physicians participating on those systems of medical care which restrict free-choice of physicians?

The suggestions acknowledge that the policy of the A.M.A. to encourage and support the highest quality of medical care for all patients remain unchanged. The question, however, whether attitudes toward the free choice of physician and the closed panel system may be undergoing evolutionary changes.

L. O. Gregg, M.D.

POLIO IMMUNIZATION DRIVE

The Polio Committee of the Mahoning County Medical Society and the City Health Department are promoting an all-out publicity campaign during the month of March to urge people to start their polio immunizations now.

All members of the Medical Society are asked to help the campaign by reminding their patients about the inoculation program.

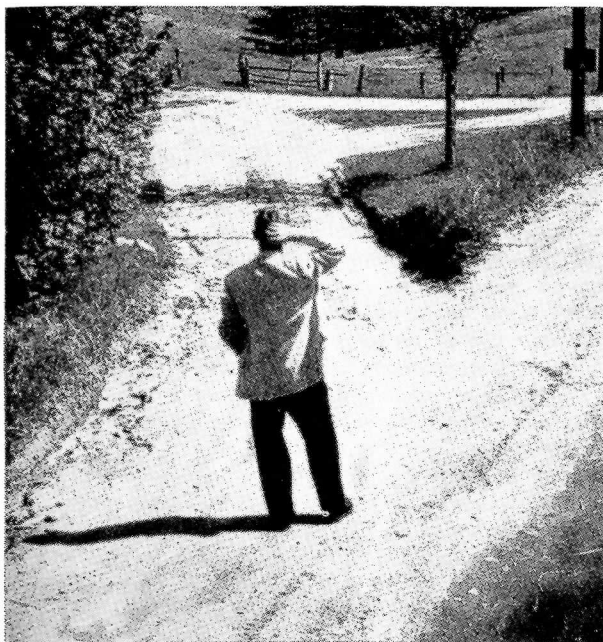
The Vindicator and the radio and television stations are contributing space and time to help the campaign. Television stations WFMJ-TV, WKBN-TV, and WKST-TV are carrying regularly scheduled slides and announcements. Radio Stations WBBW, WFMJ, WHOT, and WKBN are carrying live and transcribed spot announcements through the month of March. The news departments of all the stations have featured the polio drive in their daily newscasts.

Assisting Dr. Delfs and Dr. Blum in the combined effort is Mrs. Mary M. Oberlin, Health Education Consultant for the Ohio State Department of Health. Mrs. Oberlin made several trips to Youngstown in order to help plan the campaign, and has provided polio publicity material for radio, TV and newspaper use.

The theme of campaign publicity is twofold: (1) to convince people that adults and children alike should have polio immunization, (2) to get them to take the initial step of going to their physician to begin the series of shots.

Patients who are indigent may be sent to the Board of Health Clinics. Advise such patients to watch the newspaper or radio-TV for announcements of dates and places for the clinics.

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COUNCILOR'S PAGE

The County Society Officers' meeting held in Columbus on February 22, was highly successful and well attended. However the Sixth Councilor District—on latest information—was the only district in the State that had representation from every county in the District.

At our Sixth Councilor District group meeting held just before lunch, we had very spirited and sincere discussions on many problems faced by the Sixth District. Two suggestions or requests to the county societies were made and unanimously passed by the group, and they asked me to transmit these requests to the presidents for approval of the membership.

(1) Could there be a district-wide committee to study, carry on research and recommend and implement inter-county action in regard to third party medical care plans? After as much discussion as time would warrant, it was voted that we ask each County president to appoint one member from his county to serve on such a committee. I here-by transmit this request to the presidents and await your prompt and favorable reply.

(2) What can be done about pseudo-professional groups, making false claims on television regarding ability to treat ailments which are strictly within the realm of medicine?

It was the wish of the group that a committee consisting of one member from each county be appointed to study this problem and submit recommendations. I made the suggestion that Dr. Shensa of Mahoning County be appointed chairman of this group.

So please—each county president—appoint one member for this committee and notify me of such appointment. It is my opinion that these need not be entirely new committees but can be formed out of the membership of present legislative and public relations committees.

C. A. Gustafson, M.D.



RESOLUTION

The following resolution will be submitted by the Mahoning County Medical Society to the Ohio State Medical Association at the annual meeting, April 21 - 24:

WHEREAS, it is agreed that immunization of children against diphtheria, whooping cough, tetanus, poliomyelitis and smallpox has greatly reduced the incidence of these diseases and

WHEREAS, by reducing the occurrence rate in those so immunized such immunization has correspondingly diminished the frequency in those not so immunized and

WHEREAS, such immunization can be accomplished easily and safely in the preschool child therefore

BE IT RESOLVED that the Ohio State Medical Association go on record as approving compulsory immunization against diphtheria, tetanus, whooping cough, smallpox and poliomyelitis of all children prior to entrance to either public or private schools and further

BE IT RESOLVED that the Ohio State Medical Association, through its appropriate committee, have introduced and passed into law by the Ohio State Legislature the necessary legislation to effectively implement this resolution.



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HUGE HIATAL HERNIA ASSOCIATED WITH ACUTE CORONARY THROMBOSIS

Case Report

by

Angelo Riberi M.D., and Robert J. Hritz M.D.

Much has been written about esophageal hiatus hernias and their role in the production of cardiac symptoms. The patient, whom we are reporting, presented with the unusual condition in which a huge hiatal hernia may have, directly or indirectly, produced a coronary thrombosis that resulted in a fatal myocardial infarction.

A 65 year old white man was admitted to St. Elizabeth Hospital complaining of acute abdominal pain of three days duration and persistent vomiting of two days duration. There was no history of previous episodes of pain or indigestion suggestive of symptomatic hiatus hernia. Physical findings were within normal limits, except for signs of minimal dehydration and a moderately distended abdomen with a "poorly defined mass" in the right upper and lower quadrants. CBC showed Hemoglobin of 16 Grams, Hematocrit 58, WBCs 14,300 with 85 per cent neutrophils. A flat film of the abdomen taken on the day of admission did not reveal evidence of bowel obstruction. A chest X-ray was within normal limits. A Levine tube was inserted for nasogastric suction and intravenous fluids were given to maintain a satisfactory electrolyte and fluid balance. Fluid and Gastric suction were continued for three days and the patient appeared somewhat improved. At this point a G.I. series was ordered. Shortly after he swallowed 10 ounces of a liquid barium sulfate and the first films were taken, the patient suddenly gasped and died. The films obtained antemortem showed a markedly distended small bowel (Fig. N. 1) and an intrathoracic stomach that pushed the heart forward against the sternum (Figs. N. 2 and 3). At autopsy, strangulated small intestine was found in a right femoral hernia of the Richter's type which could not be detected by external examination (Fig. N. 4). Proximal to the obstruction, the bowel was markedly distended and red purple in color. A sliding esophageal hiatus hernia was present measuring about 10 cm. in its greatest diameter. The major portion of the stomach projected through the hernia into an incomplete serous sac posterior to the heart and anterior to the thoracic aorta. The esophagus was of normal caliber and length. The stomach was dilated 2-3 times its normal size. The right main stem coronary artery was completely occluded close to its origin by a brownish adherent thrombus (Fig. N. 5). Near the apex, in the interventricular septum, there was a brownish tan discoloration which obliterated the normal bundle markings. The remainder of the heart and coronary arteries showed only moderate atherosclerosis. On microscopic examination the thrombus was attacked



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DR. L. HENRY GARLAND, Clinical Professor of Radiology, Stanford University School of Medicine (Moderator).

DR. ALFRED GOLDMAN, Associate Professor of Clinical Medicine and Director of the Medical Chest Service, Washington University School of Medicine.

DR. AVERILL A. LIEBOW, John Slade Ely Professor of Pathology, Yale University School of Medicine.

DR. RICHARD H. OVERHOLT, Clinical Professor of Surgery (Thoracic), Tufts University School of Medicine.

DR. LEO G. RICLER, Visiting Professor of Radiology, University of California School of Medicine, Los Angeles; Consultant, Cedars of Lebanon Hospital.

DR. J. G. SCADDING, Dean and Director of Studies, Institute of Diseases of the Chest, Brompton Hospital, London, England.

by early organization and the infarct showed necrosis and granulocytic exudate compatible with an infarct of some 12 hours duration.

DISCUSSION

The role of hiatus hernia in the production of cardiac symptoms has interested many investigators. Von Bergmann in 1932 (1), and Harrington in 1933 (2) and 1938 (3), indicated that these hernias were associated with symptoms that simulated angina pectoris. Further interest in this problem was created by Gilbert. He found 18 hiatal hernias in 44 patients suffering from typical attacks of angina pectoris (4). According to Salzberg and Blades it is often possible to demonstrate in these patients electrocardiographic signs suggesting coronary artery disease accompanied by typical precordial pain and concomitant tachycardia. (5)

Sweet in analyzing a series of 130 cases of hiatus hernia (6) treated surgically, found 32 patients in whom the diagnosis of angina pectoris had been debated prior to surgery.

Jones and Chapman (7) were able to demonstrate that it was possible to elicit retrosternal pain with radiation toward the left arm by simply distending the lower esophagus of perfectly normal young adults with a balloon.

Holoubeck and co-workers (9) reported on 21 patients who had been treated for different lengths of time for coronary artery disease while the painful symptomatology was actually produced by diaphragmatic hernia. According to these authors, the electrocardiographic tracings in these patients showed a transient low T wave voltage in Lead I. It seems significant that this alteration did not appear with exercise and did not recur after corrective surgery of the lesion.

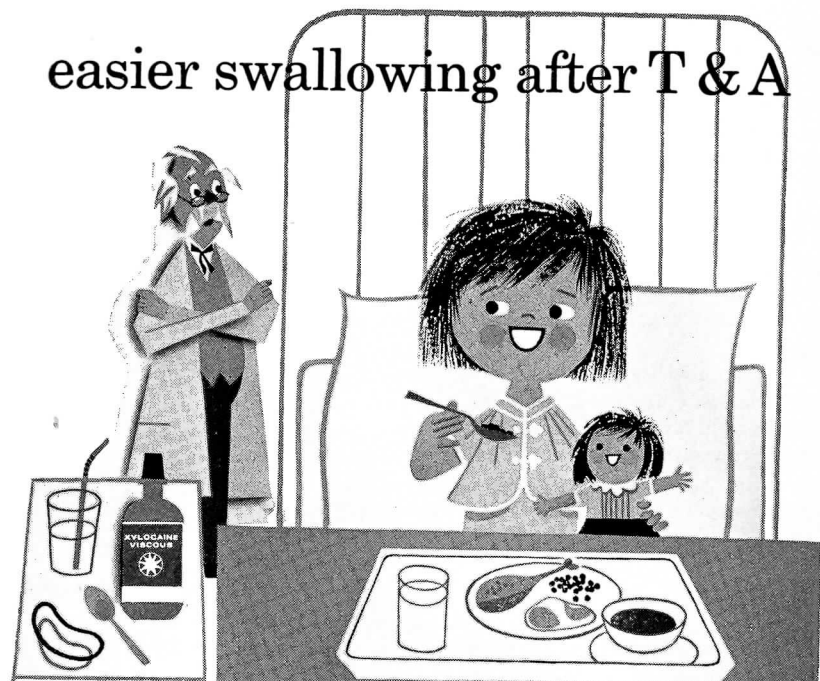
A very pertinent study is that of Palmer (10) who made interesting observations on a group of 214 patients with hiatus hernia. Among them he found 11 patients with the classical manifestations of myocardial infarction. In addition, several other patients had symptoms suggestive of coronary artery disease. This painful symptomatology was attributed to an autonomic reflex initiated by the displaced gastric pouch. Moreover, according to Palmer, nitroglycerine not only relieves the pain of angina pectoris, but it also often affords relief for the pain of hiatus hernia and other types of esophageal dyskinesias.

On the other hand Master and associates (11) do not believe that simple hiatus hernia can produce disturbances of the coronary circulation if the coronary arteries are not diseased. However, they agree that angina pectoris can be precipitated by hiatal hernia when the coronary arteries are sclerotic. This being probably due to a trigger mechanism similar to that occurring in gallbladder disease as brilliantly demonstrated by Ravdin.

This relationship was also observed and reported by us when, in association with Lortat-Jacob and Parma we presented our findings in the so called "Malpositions of the greater tuberosity of the stomach" (14).

Thus the consensus is that autonomic reflexes seem to be responsible for this painful symptomatology; however, there is also some evidence that mechanical compression by the herniated viscus may be involved. This is particularly true when the hernias are of the large "balloon type" described by Effler (15). When the greater part of the stomach is in the chest, the hernia is so large that it can easily be diagnosed on a plain X-Ray. The air and fluid present in the stomach displace an equivalent amount of air in the lungs (Effler). It appears then obvious that this situation can seriously interfere with normal cardiac function by pushing the heart forward against the

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Our patient's hernia seems to fit the category of "balloon hernia" as described by Effler.

Only one other case is reported in the literature that resembles the present one. The patient had definite attacks of angina pectoris when his stomach was distended. He refused surgery and eventually died from coronary occlusion possibly induced by gastric distension with cardiac displacement.

SUMMARY

An unusual case of hiatal hernia is reported. An unrecognized incarcerated femoral hernia of the Richter's type precipitated a series of events starting with intestinal obstruction that forced the greater part of the stomach into the chest displacing the heart and culminating in death from myocardial infarction.

The role of hiatus hernia in producing coronary artery signs and symptoms has been reviewed and the possible role of the large dilated stomach in the production of coronary thrombosis in our case discussed in the light of the interesting radiological and autopsy findings.

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March 18	March 24	April 5
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P. A. Dobson	March 29	April 7
R. W. Fenton	C. J. Fisher	J. C. Hall
J. E. Allgood	March 31	April 9
March 19	P. B. Cestone	W. L. Mutschmann
J. M. Russell	T. A. Lander	April 10
March 22	April 2	R. R. Miller
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13. Sallet J., Doreau J. L., Tetreau H. and Maurat J. P.: Retrosternal pain and coronary disturbances caused by gastric hernia through the esophageal hiatus. Bull. et Mem. Soc. Med. Hop. de Paris, 70:625, 1954
14. Lortat-Jacob J. L., Parma A. and Riberi A.: A better knowledge of the pathology of the esophageal hiatus: Cardio-tuberositary malpositions. Arch. Ital. Mal. App. Dig. Vol. XX, IV:247, 1954
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HAPPY BIRTHDAY ! ! !

March 18

K. E. Camp

P. A. Dobson

R. W. Fenton

J. E. Allgood

March 19

J. M. Russell

March 22

F. A. Friedrich

March 24

H. E. Mathay

March 29

C. J. Fisher

March 31

P. B. Cestone

T. A. Lander

April 2

S. Franklin

April 5

L. Bloomberg

April 7

J. C. Hall

April 9

W. L. Mutschmann

April 10

R. R. Miller

April 13

R. J. Heaver

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for prolonged relief—PRANTAL REPETABS, 100 mg.

with sedation—PRANTAL with Phenobarbital Tablets, 100 mg. with 16 mg. phenobarbital.

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REPETABS,® Repeat Action Tablets.

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MEDICAL GLEANINGS

SALT METABOLISM IN HYPERTENSION

by John M. Weller—Sibley W. Hoobler

Annals of Internal Medicine Vol. 50, No. 1 January 1959

SUMMARY

Sodium chloride metabolism in essential hypertension is abnormal. Patients with essential hypertension may have a slightly elevated serum sodium concentration, expanded total body sodium content, and increased amounts of sodium and water in their arterial wall.

Hypertension may be alleviated by sodium depletion. Chlorothiazide, a potent natriuretic agent, may exert an antihypertensive effect in both hypertensive animals and patients. This drug potentiates the effect of various antihypertensive regimens. The concomitant administration of chlorothiazide reduces the requirement for ganglionic blocking drugs in the treatment of hypertension. Sympathectomized patients are unusually responsive to the blood pressure lowering effect of chlorothiazide.

The increased renal tubular rejection of sodium, chloride and water in response to salt loading, which is present in essential hypertension, is felt to be the result of the elevated blood pressure and not its cause. There is no evidence that water excretion occurring in excess of sodium excretion, causes a "relative retention" of sodium in the majority of hypertensive patients.

The hypothesis is discussed that in essential hypertension the sodium content of certain compartments or tissues, possibly vascular smooth muscle, may be increased and lead to the elevation of the blood pressure. The effectiveness of chlorothiazide in the treatment of some cases of hypertension might be through its ability to deplete these tissues of sodium; in other instances it appears to act through depletion of the plasma volume.

SPONTANEOUS STROKES IN THE YOUNG

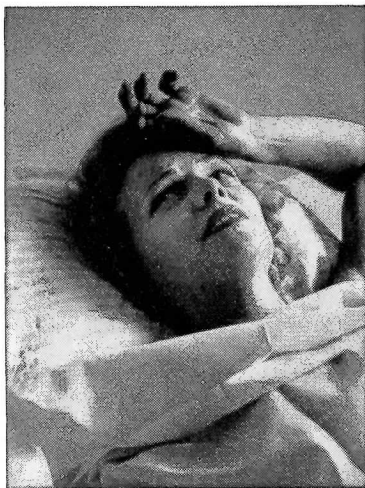
Harold Stevens, Ph.D., M.D., F.A.C.P.

Washington, D.C.

The occurrence of spontaneous strokes in healthy normotensive young subjects is not rare, as witnessed by 32 cases whose ages range from five and one-half to 44 years. No cases were included that had traumatic, neoplastic, infectious, embolic, or other primary disease. Two large etiologic groups were identified, those due to cerebral venous thrombosis, and those due to cerebral arterial thrombosis. Of the latter group, 16 cases were observed, some due to carotid artery thrombosis. Diagnosis of carotid artery thrombosis can often be made by clinical observation, including a history of acute onset of headache with contralateral hemiplegia, and ipsilateral Horner's syndrome. Palpation of the carotid artery and ophthalmodynamometry are valuable but not infallible technics that deserve more frequent usage. Arteriography is often indispensable, particularly to exclude intracranial aneurysm or tumor, but unnecessary, painful or dangerous tests can often be circumvented by careful analysis of clinical data.

Unfamiliarity with spontaneous strokes in the young may motivate the perplexed clinician to subject the patient to a consecutive series of elaborate tests to uncover the elusive etiology. Syphilis and hypertension are easily and readily eliminated. Brain tumor, collagen disease, and congenital and acquired diseases of the vascular and hematologic systems are then sought after. The multiple tests necessary to investigate these various possibilities are usually negative. But the time consumed is often sufficient to permit spontaneous improvement. An erroneous diagnosis of multiple sclerosis is then often made by exclusion.

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establishes peaceful indifference to pre-operative preparation *without serious hypotensive effects.*

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Recommended Parenteral Dose: 25-50 mg. (1-2 cc.) I.M. q.4 h., p.r.n.

Supplied as: Vistaril Capsules—25 mg., 50 mg., 100 mg.

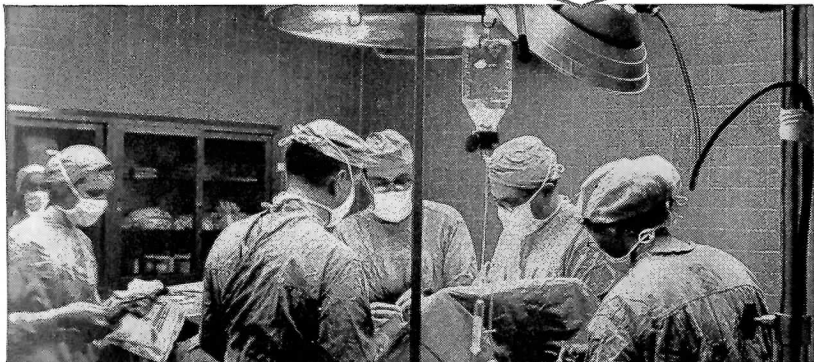
Vistaril Parenteral Solution—10 cc. vials and 2 cc.

Steraject® Cartridges, each cc. containing 25 mg. hydroxyzine (as the HCl)

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Most spontaneous (arterial) strokes in the healthy young are due to solitary atheromatous plaques similar to those found in older patients. Stress seems to precipitate the attack in some cases.

Development of a rational therapeutic program rests on accumulation and assessment of further data, especially on pathogenesis. The usefulness of anticoagulants in the treatment or prevention of a "stroke" requires further validation. Prognosis in these selected patients was generally good with no specific treatment. The indiscriminate use of anticoagulants without proper refinement of the heterogeneous diagnosis of "stroke" is hazardous. Increased bleeding into a hemorrhage infarct is a particular danger.

Further study of strokes in the healthy young would be particularly rewarding since the causative lesion can be studied in "pure culture," without contamination of the issue by the diffuse and multiple degenerative changes accompanying strokes in elderly patients.

Robert L. Jenkins, Jr., M.D.

OSMA COMMITTEE MEMBERS

Eight positions on committees of the Ohio State Medical Association are held by members of the Mahoning County Medical Society. Committees and members are: Committee on Hospital Relations, Stephen W. Ondash; Committee on Federal Legislation, Craig C. Wales; Committee on Cancer, William J. Flynn and A. E. Rappoport.

Civil Defense Sub-Committee of the Committee on National Defense, Frederick L. Schellhase; Committee on Poison Control, Asher Randell; Committee on Laboratory Medicine, Arthur E. Rappoport; Women's Auxiliary Advisory Committee, Carl A. Gustafson.

SOCIETY OFFICERS CONFERENCE

More than a hundred physicians met at the Deshler Hilton Hotel in Columbus, Sunday, Feb. 22, for the OSMA Conference of County Medical Society Officers.

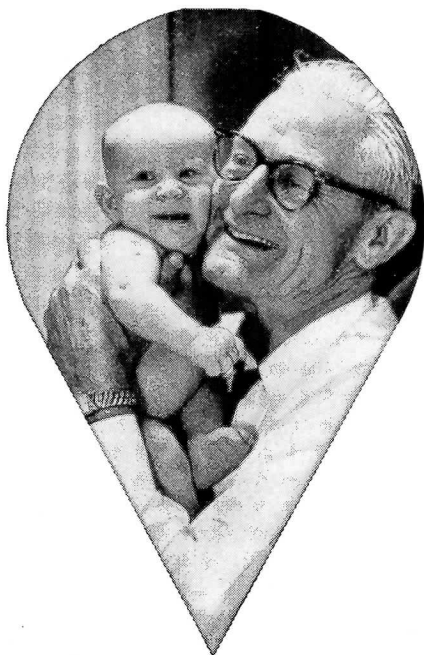
The morning program, beginning at 9:30 consisted of three discussion meetings: one for Legislative Chairmen, one for Public Relations Chairmen, and one for Society Presidents and Secretaries.

Following lunch, Mr. Leo E. Brown, Director of the Division of Communications of the AMA, told the assembled doctors that we need a better informed profession on socio-economic subjects.

In regard to public relations, he said that if medicine is to counteract criticisms, it must present positive facts through all media. He urged doctors to "do it with others," to participate in community projects with other interested groups. He felt that the creation of a "corporate image" is a major effort facing the profession.

In other addresses, Mr. Wayne E. Stichter spoke about legal pitfalls facing the County Society; Dr. Julian P. Price, Vice-Chairman of the Board of Trustees of the AMA, and Mr. George H. Saville spoke of legislative bills in Washington and in the Ohio State Legislature that affect medicine.

The meeting was conducted by Dr. George A. Woodhouse, President, and Dr. Frank H. Mayfield, President-elect, of the Ohio State Medical Association.



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Mark... age 3 days

Mark's urea clearance is low—but only normally so, for a newborn. Mark's renal functions will mature in a few days. Meanwhile the Dextri-Maltose[®] carbohydrate modifier in Mark's Lactum formula protects him against renal osmolar overload.



Dorothy... age 1 month

"Lactum liquid is so easy to use! I just add a canful of water to the contents of the Lactum can," Dorothy's mother says, "and there's a day's supply of formula! I spend less time in the kitchen and more time with my baby. And that's the way it ought to be."

Sandra... age 2 months

Sandra's mother didn't have enough breast milk for her hungry little daughter and felt a bit guilty about it—though for the average baby, her supply would have been quite enough. The extras that Sandra needed were supplied by convenient supplemental feedings of Lactum (powder), and by Poly-Vi-Sol[®] drops.



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THE CYTOLOGIC DIAGNOSIS FOR CANCER OF THE UTERUS

*A Preliminary Report
of
The Division of Exfoliative Cytology
of
The Youngstown Hospital Association*

Between November 1, 1957 and December 31, 1958, the cytologic smears of 4127 cases were examined for gynecologic cancer in the Cytology Laboratory of The Youngstown Hospital Association. This represents the total number of gynecologic smears submitted by 131 members of this hospital. In the majority of the cases, a vaginal pool aspiration smear and a cervical scrape were submitted concomitantly.

Of this number, 64% of the women had no symptomatic complaints, 79% were in their premenopausal years. The age group 31-40 years, comprised 35% of the total number, the largest single group whose smears were screened in this laboratory during this period.

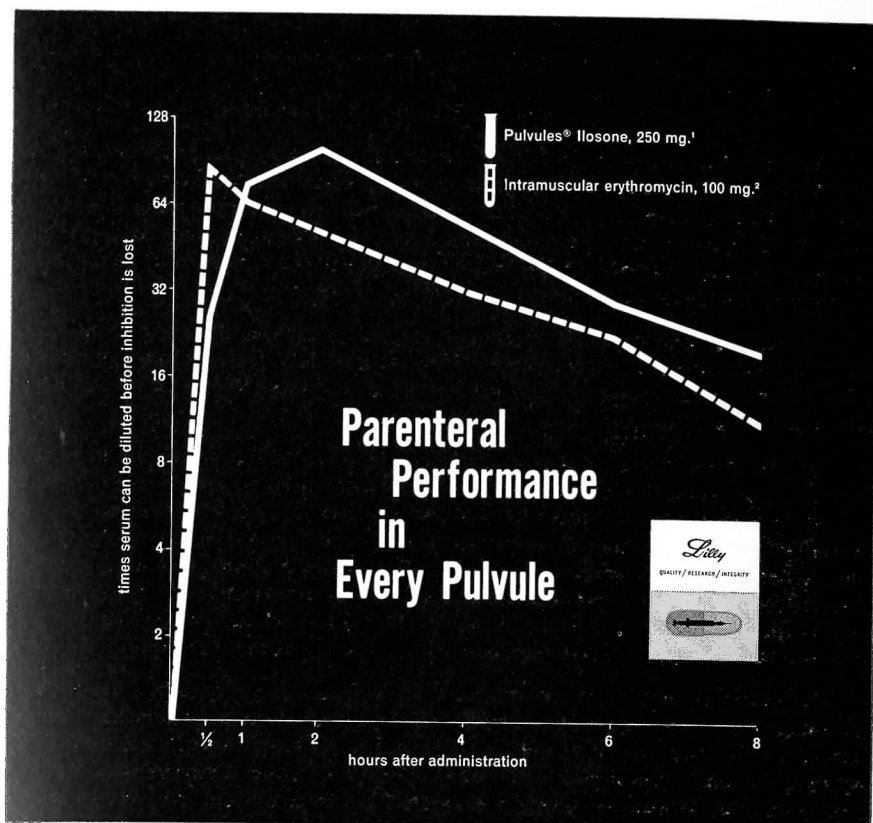
Of the 4127 cases screened, 28 patients were found to have abnormal cells in their smears. All of them were subsequently proven to have either cancer of the cervix or cancer of the corpus uteri. It should be noted that of these 28 cancer patients, 5 were truly unsuspected cases in that the patients had non-relevant complaints and the pelvic examinations revealed no abnormal findings. The cytologic examination was carried out as a routine procedure. In addition, 19 of the 28 cancer patients had carcinoma of the cervix. Four of the 19 patients had pre-invasive carcinoma only.

In addition 297 of the 4127 cases also had surgical tissue specimens submitted for histologic examinations. In 14 cases, histology revealed carcinoma of the corpus. Of these, 9 patients had abnormal cells in their preliminary smears and 5 patients were reported to have negative smears. In reviewing the smears of these 5 patients, 2 had had only one smear from cervical scrape material without a vaginal pool aspiration smear, which explains the absence of abnormal cells arising from the endometrial cavity. Two had suspicious cells and 1 had malignant cells in the smears which were not recognized in the initial screening.

Conclusion: Exfoliative cytology, like any other diagnostic method, has its merits and limitations. During the past 14 months, this cytology laboratory has shown satisfactory diagnostic accuracy for carcinoma of the cervix, especially in view of the fact that 5 patients were diagnosed when cancer was clinically unsuspected and 4 patients had cancer in pre-invasive stage. The cytologic diagnosis for carcinoma of the corpus was less accurate than the reported average from various other clinics. Vigilant screening and careful adherence to the proper technique for procuring specimens should improve the diagnostic result of this cancer in the future.

In view of the enthusiastic acceptance of the value of cytology screening, the Division of Exfoliative Cytology has recently been expanded. Two new laboratories and an office have been fully equipped to handle promptly, the constantly increasing number of examinations desired by the physicians of this hospital.

Winifred Liu Mutschmann, M.D.



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every six hours, but doses of 500 mg. or more may be administered safely every six hours in more severe infections. For optimum effect, administer on an empty stomach. Supplied in Pulvules of 250 mg. (For children under fifty pounds, a 125-mg. Pulvule is also available.)

1. Antibiotic Med. & Clin. Therapy, 5: 609, 1958.
2. Data from Antibiotics Annual, p. 269, 1954-1955.

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Annual Banquet



More than a hundred physicians and their wives attended the Annual Banquet and Dance on Saturday, Jan. 31, at Tippecanoe Country Club.

Dr. A. Earl Brant, as toastmaster, kept the inaugural ceremonies lively and brief. He presented Dr. Andrew A. Detesco, retiring president, with an appreciation plaque for his service during the past year. A gavel was presented to Dr. M. W. Neidus, president for 1959. Also honored, was Dr. M. S. Rosenblum, retiring editor, who was presented with a bound volume of the 1958 *Bulletin*.

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quet and Dance



On a more sober note, Dr. Brant called for a silent prayer for the members who passed on during 1958. These were Drs. Waldo Zimmerly Baker, Ralph W. Beede, Louisa S. Cervone, Eugene E. Elder, Thomas Kernan Golden, Charles David Hauser, and John LoCricchio.

Invocation and benediction were offered by Rev. P. Breen Malone, assistant at St. Edward Church.

Following dinner, music for dancing was provided by Lou Sikora's Orchestra. Chairman for the affair was Dr. F. A. Resch.

FROM THE BULLETIN

Twenty Years Ago—March 1939

Dr. George Curtis, Professor of Surgery at Ohio State University addressed the Society that month on "Iodine Metabolism in Thyroid Disease." Great preparations were being made by E. J. Reilly and his committee for Post-Graduate Day the next month when a group was coming from the University of Pennsylvania.

D. E. C. Baker writing on "The Use of X-ray in Tuberculosis" said that until the start of this decade numerous medical men had no appreciation of the necessity for Roentgen work in connection with tuberculosis. He discussed the use of paper film which was being tried then for group studies but did not last long. He said that the new method of photofluoroscopy showed great promise for public health work.

President Skipp announced that the State Medical Council was going to offer each County Medical Society a plan for complete medical service for the low income group under Society supervision with free choice of physician at a price they could afford to pay. There was a great deal of time spent on planning and discussing such a venture but nothing ever came of it. More about that later.

The Mahoning Tuberculosis Sanitarium was well filled with patients. Dr. Kirkwood was business manager, roentgenologist, clinician and therapist all in one. Dr. Harry Patrick said that our Public Relations Committee should go to the County Commissioners with a plan for proper staffing of the institution.

Renner's was advertising Bock Beer as the best spring tonic. Scott's were selling the new spring Knox hats at \$5.00.

Ten Years Ago—March 1949

President McCann urged the members to pay promptly the \$25.00 assessment levied by the AMA for a campaign of publicity against socialized medicine. Editor Gustafson called the whole scheme of compulsory health insurance "Pickpocket Medicine."

Dr. Arnoldus Goudsmit authored a paper on "The Use of Tetraethyl Ammonium Chloride in Migraine." He said that in patients whose acute paroxysm fails to yield to usual measures, the use of Etamon Hydrochloride deserves a trial.

The Associated Hospital Service Inc., the Youngstown Blue Cross Plan reported payment of \$1,965,106.45 to hospitals in 1948, an increase of over \$500,000 over 1947. The new Blue Shield Plan, started in 1948 numbered 10,530 subscribers by the end of the year.

A group from the University of Buffalo was scheduled for the April Post-Graduate Day. Our old friend John Talbott talked on "The Treatment of Hypertension." Dr. John Paine lectured on "Carcinoma of the Lung." A. K. Phillips was the Committee Chairman.

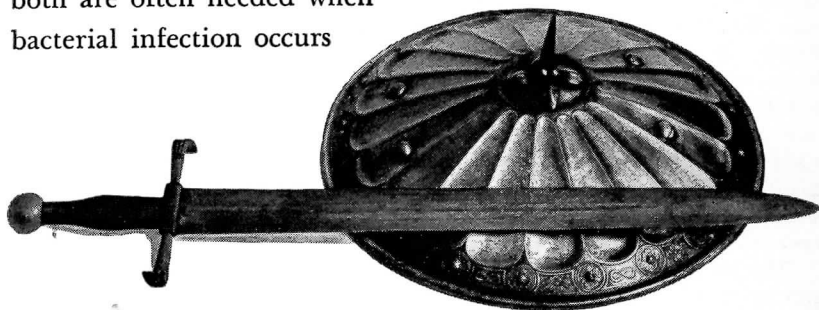
By this time the Tuberculosis Sanitarium had a medical and surgical staff and a resident physician. Joseph Keogh was staff President. Dr. Newcomer was the Director and J. F. Stotler was Secretary. Monthly staff meetings were held with scientific papers and reports on the work in the institution.

Pertussis Hyperimmune Serum was available at Lyons Physicians Supply. Who has seen a case of pertussis recently? Renner's said that Old Oxford ale was a good spring tonic. The new Knox hats were \$8.50 to \$20.00.

J. L. Fisher, M.D.

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IN MEMORIAM

DR. C. C. STEWART

1877 - 1959

A gentle soul joined his ancestors when Doctor Chauncey Stewart passed to the great beyond. The medical profession of Mahoning County has lost an honored member and a kindly gentleman. Locally, he was the last of the hardy and devoted physicians who made their calls by "horse and buggy." Doctor Stewart had hundreds of loyal patients, many of whom he had ushered into the world during his fifty years of active general practice in Poland, Ohio. His wife, a skillful nurse, ably assisted him in his large obstetrical practice. He was modest and retiring, but felt it a duty to take an active part in community affairs, serving on the Town Council for several years. His soft voice and his smile gave courage to those who trusted their lives to his care. His greatest pleasure was found in his garden and in his home. He kept abreast of medical progress by reading medical literature and attending staff and society meetings, even after retiring. He was proud of his profession and was very pleased to show his fifty-year medal, which was presented to him last year.

"His life was gentle and the elements so mixed in him that nature might stand up and say to all the world, This was a man!"

W. H. Bunn, M.D.

ANNUAL OSMA MEETING

A stellar array of medical talent has been arranged as a form of "bonus" for those attending the 1959 Ohio State Medical Association Annual Meeting in Columbus, April 21-24.

The "bonus" is in the form of speakers selected for April 24 when the program will be presented by the Ohio State University College of Medicine in conjunction with its 125th anniversary.

Included in that day's program will be:

William Halemberg, M.D., professor and chairman, Department of Anesthesiology, Medical College Hospital, Medical College of South Carolina, who will speak on "Modern Drug Therapy and Anesthesia."

Wilford B. Neptune, M.D., an associate in the Overholt Thoracic Clinic, Boston, Mass., who will discuss "Clinical Use of the Pump Oxygenerator without the Use of Donor Blood for Prime or Support during the Perfusion."

Paul I. Hoxworth, M.D., director, Division of Hemotherapy, Department of Surgery, University of Cincinnati College of Medicine, who will speak on "Physicians' Responsibility in Transfusion."

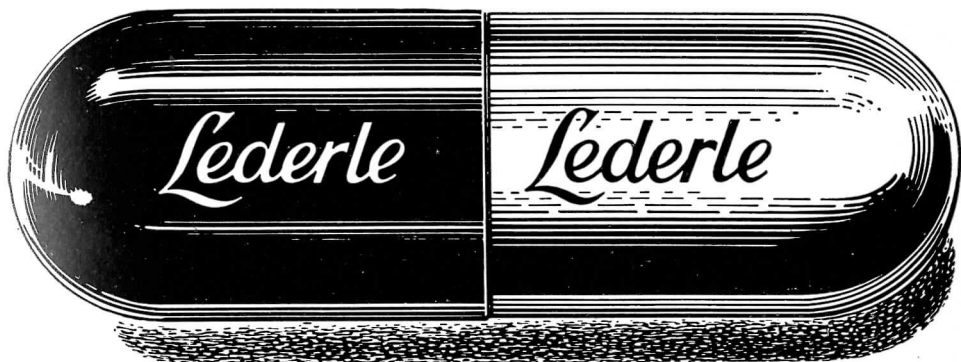
Jack Widrich, M.D., director of radiology, Mount Sinai Hospital, Miami Beach, Florida, who will speak on "Urinary Bladder Distention Producing Large Bowel Compression and Obstruction."

Herbert G. Shepler, Captain (MC), U. S. Navy, director, U. S. Naval Air Development Center, Johnsville, Pa., who will present a movie and slides on "Recent Advances in the Study of Human Responses to Acceleration as Applied to Space Problem."

Robert A. Moore, M.D., Dean, State University of New York College of Medicine, who will speak on "Tumors of the Testes."

Curtis P. Artz, M.D., associate professor of surgery, University of Mississippi Medical Center, Jackson, Miss., who will speak on "Present Status of Intravenous Nutrition with Emphasis on Fat Emulsion."

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PROCEEDINGS OF COUNCIL

FEBRUARY 9, 1959

The regular monthly meeting of the Council of the Mahoning County Medical Society was held on Monday, Feb. 9, 1959, at the office of Dr. M. W. Neidus, 318 Fifth Avenue., Youngstown, Ohio.

The following physicians were present: M. W. Neidus, President, presiding, C. E. Pichette, C. W. Stertzbach, H. J. Reese, J. J. McDonough, L. O. Gregg, and H. P. McGregor, comprising council, also J. L. Fisher, S. L. Davidow, C. K. Walter, and R. L. Jenkins.

Meeting was called to order at 9:45 p.m. The minutes of the previous meeting were read and approved.

Dr. Neidus introduced discussion concerning the Home Care Program. The motion was made, seconded, and duly passed that the Mahoning County Medical Society approve the establishment of a Home Care program in Mahoning County and urge that the program be implemented through the local hospitals according to the plans already presented by the Youngstown Hospital Association and St. Elizabeth Hospital Home Care Committees. The Executive Secretary was requested to write a letter to that effect to the two hospital home care committees and to Mrs. Charles P. Henderson, Chairman of the Home Care Lay Committee.

Dr. R. L. Jenkins, Chairman of the Poison Committee, gave an extensive report of the situation locally in regard to poison facilities and the use of the poison centers at Akron and Cleveland. He reported that the local hospitals are well equipped to handle poison cases and that the services of the Akron and Cleveland centers are designed to cover our area. He recommended use of local facilities and telephone use of the Akron-Cleveland facilities. The motion was made, seconded, and duly passed that the recommendations be adopted.

The Executive Secretary was requested to read two letters from Mr. John B. Morgan, Executive Vice President of the Associated Hospital Service. The letters were in answer to a resolution of council requesting extended Blue Cross coverage in the field of mental and nervous disorders. Following discussion, the Executive Secretary was instructed to write a letter to Mr. Morgan extending an invitation to attend the next meeting of council.

Dr. Davidow introduced discussion concerning the administering of certain inoculations at the Board of Health Clinics. These inoculations were the ones recommended by the Pre School Health Committee as being mandatory for all school children. The motion was made, seconded, and duly passed that council go on record as favoring the suggestions of the Pre School Health Committee that Diphtheria, Pertussis, Tetanus, and Small Pox inoculations be given by the Board of Health in addition to Polio inoculations for the indigent.

Dr. Stertzbach introduced discussion concerning incorporation. He read an opinion that had previously been submitted by Mr. Franklin Powers, legal council for the Society. The Executive Secretary was asked to write a letter to Mr. Powers inviting him to attend the next meeting of council.

Dr. McDonough reported that he had been asked by the Ohio State Medical Association to go to Columbus on Feb. 21 for discussion of the resolution that he had submitted on a Retirement Plan for Physicians. Discussion ensued regarding the plan and Dr. McDonough was given the approval of council to proceed with his plans for the Columbus meeting.

Dr. Neidus introduced discussion concerning the Multiple Sclerosis Society and the request for doctors to serve on their Advisory Board. The motion

"old age must be resisted and its deficiencies supplied"

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vitamins

Vitamin A	1,667 Units (0.5 mg.)
Vitamin B ₁ mononitrate	0.67 mg.
Ascorbic acid	33.3 mg.
Nicotinamide	16.7 mg.
Vitamin B ₂	0.67 mg.
Vitamin B ₆	0.5 mg.
Vitamin B ₁₂ with intrinsic factor concentrate	0.033 USP Unit (oral)
Folic acid	0.1 mg.
Choline bitartrate	6.67 mg.
Pantothenic acid (as the sodium salt)	5 mg.

minerals

Ferrous sulfate (exsiccated)	16.7 mg.
Iodine (as potassium iodide)	0.05 mg.
Calcium carbonate	66.7 mg.

digestive enzymes

Taka-Diastase®	20 mg.
Pancreatin	133.3 mg.

protein improvement factors

L-Lysine monohydrochloride	66.7 mg.
dl-Methionine	16.7 mg.

gonadal hormones

Methyl testosterone	1.67 mg.
Theelin	0.167 mg.

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was made, seconded, and duly passed authorizing Dr. Neidus to appoint members of the Medical Society to such a board.

Dr. Neidus introduced discussion concerning the Citizens Organization for Civic and Physical Improvement, sponsored by the Downtown Board of Trade. Following discussion, the motion was made, seconded, and duly passed that the Medical Society contribute \$100 to this organization.

Dr. Neidus introduced discussion concerning the County Welfare Department. A letter was read from Melvin C. Stewart, Director of Admissions, Lakeside Hospital in Cleveland. Dr. Neidus asked Dr. Stertzbach to meet with Mr. Feuer and himself.

Mr. Rempes presented a proposal made by a local photographer for photographing all members of the society. Following discussion, it was decided that the proposal be presented to the entire society at a future meeting.

Dr. James L. Fisher spoke in regard to the election of officers of the Medical Dental Bureau to be held on Feb. 24. He asked for a good turn-out at the election.

The following applications were presented by the Censors, and read by the Executive Secretary:

ACTIVE MEMBERSHIP

Dr. Vitalij Holonko, 23 Lincoln Ave., Youngstown, Ohio.
Dr. John Jacob Turner, 34 Ridge Ave., Youngstown, Ohio.

ASSOCIATE MEMBERSHIP

Dr. Leonard A. Blum, City Hall, Youngstown, Ohio.

JUNIOR ACTIVE MEMBERSHIP

Dr. Annelies Ruth Dziadzka, 1009 Belmont Ave., Youngstown, Ohio.
Dr. James Howell Fulks, 402 Oak Hill Ave., Youngstown, Ohio.

INTERN MEMBERSHIP

Dr. Robert John Hritz, St. Elizabeth Hospital, Youngstown, Ohio.
Dr. John O'Carroll, St. Elizabeth Hospital, Youngstown, Ohio.

Unless objection is filed in writing with the Secretary within fifteen days, the above applicants will become members of the Society.

Bills were read. A motion was made, seconded, and duly passed, to pay each one. A list of bills is attached to the minutes.

C. E. Pichette, Acting Secretary

WOMAN'S AUXILIARY NEWS

The February 19th meeting of the Auxiliary to the Mahoning County Medical Society was a guest night at the Youngstown Playhouse. One hundred thirty members, husbands and guests saw the opening performance of the musical, "Finian's Rainbow". This was the first time the new Arena Theater had been used. The room was made especially colorful with the new red and white chairs, which were in part made available by a donation from the Auxiliary.

The Players, as usual, put on a superb performance of this delightful musical production, showing again how much talent there is in Youngstown.

Following the show a delicious buffet was attractively served in the rehearsal room.

Program chairman for the evening was Mrs. David Brody, assisted by Mrs. Robert Wiltsie. On the social committee with Mrs. Raymond Scheetz were Mrs. Joseph J. Sofranec, Mrs. Francis Gambrel, and Mrs. Edward Pichette.

The March meeting of the Auxiliary will be a Tea for prospective nurses and will be held at the South Side nurses' home.

Mrs. Ben S. Brown, Publicity Chairman

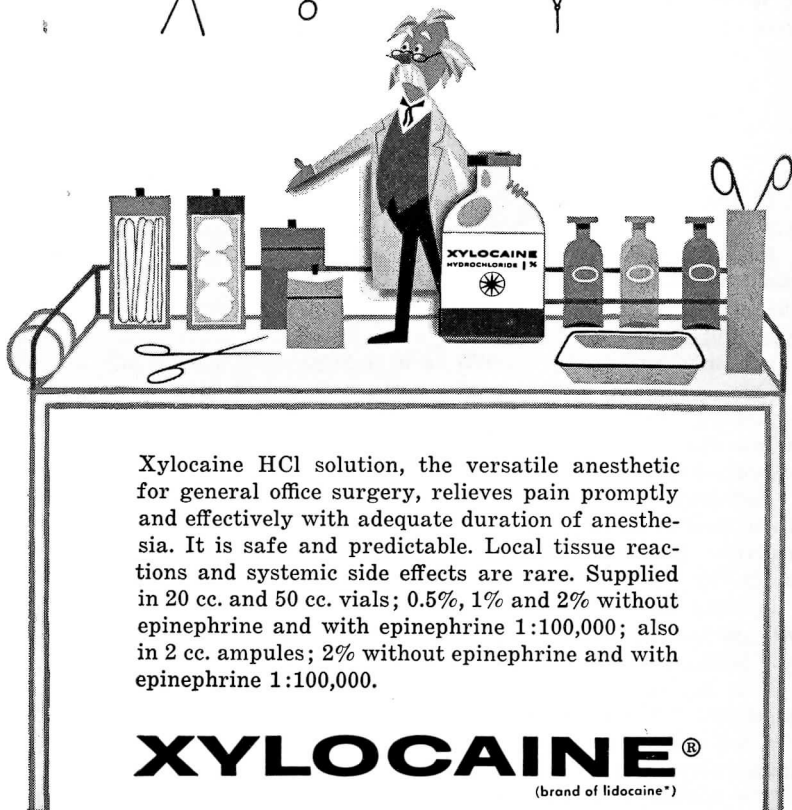


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OPEN LETTER TO THE EDITOR

The following editorial appeared in the Youngstown Vindicator some weeks ago. I thought it was so good that I wrote to the author, Mr. Jack Mabley of the Chicago Daily News Service, and obtained permission to have it reprinted in the Bulletin of the Mahoning County Medical Society.

I hope you will be able to do this. The "battle of the budget" is on and I believe that President Eisenhower will do everything in his power to establish and maintain fiscal responsibility. However, the big spenders are on his back and the going will be rough. I recently heard a radio broadcast to the effect the President was not receiving mail in behalf of a balanced budget and it was the opinion of this newscaster that the public was apathetic and didn't care whether the budget was balanced or not.

Certainly this should not be said of the members of the medical profession. I sincerely hope that all the members of the Mahoning County Medical Society will read this editorial and write our President a letter indicating a vote of confidence for living within our means.

Sincerely yours,
John J. McDonough, M.D.

Write Eisenhower a Letter
By Jack Mabley
(CHICAGO DAILY NEWS SERVICE)

Chicago, Jan. 16—The President is ready for the biggest battle of his life in public office.

He is going to fight with all his energy for a balanced budget as a force against inflation.

He is making this fight because he believes the nation's ordinary people are behind him.

It is time for us who believe he is right to let him know it.

Ours is a ponderous, incredibly complex government.

And yet, such is our democratic system that every one of us has a direct line into the White House. It's as near as the mail box and the cost is one four-cent stamp.

And because so pitifully few people know the influence that one well-written, well reasoned letter to Washington can have, most of us disfranchise ourselves. (It is easier to write a letter than to cast a vote, and a letter has far, far more influence.)

A letter will go into the White House. If it does not go to the President, it will go to one of his representatives whose duty is to inform the president of the feelings of the people.

It is not enough that Mr. Eisenhower feels or thinks that people are behind him. We owe it to him to let him know it.

If we don't care enough to spend four cents and 15 minutes preparing a letter, we're in a lot sorrier shape than I care to acknowledge.

The spenders are putting enormous pressure on Congress to spend billions more than we will take in next year.

They sneer at those who believe we should live within our income in a year that promises to be the most prosperous in our history.

They say reactionaries want to set back the clock, to ignore the needs of the aged and of education and of the poor and of national defense and of the hungry people of the world.

One thing is more important, for without it all these projects will go down the drain. We must maintain the integrity of our money.

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If we continue to dilute it, to print paper money, to live beyond our means, we will become bankrupt, just as Communists have predicted.

If we can't live within our income now, we never will.

The cheap and easy way to meet financial problems on a national scale is to go deeper into debt.

Whether this is done by a household or a nation, there has to be a day of reckoning. The cowardly way is to stall off that day, let the next generation worry about it.

President Eisenhower is determined to save our financial security and to help protect our savings and insurance and pensions.

He needs all the help he can get. There isn't a person reading these words who can't give help.

Reprinted with permission Jack Mabley and Youngstown Vindicator

LETTER

Members of Mahoning County Medical Society:

The Mahoning County Unit of the American Cancer Society wishes to publicly thank the Members of the Mahoning County Medical Society. We have received wonderful cooperation thru the Speakers Bureau, headed by Dr. Pichette. Since inaugurating an extensive educational program, this fall, your Society has been most helpful in providing Physician Speakers on Cervical Cancer. Reports from the Pathology Depts. from both hospitals has shown concrete results. The number of Pap Smears obtained so far this year has more than doubled. We feel that this increase has been due partly to our educational program but mostly because of the sincere interest of the Members of your Society.

Each year about 23,000 women die of uterine cancer. Only about 55% of uterine cancer patients are now being saved. The cell examination might make possible a cure rate of nearly 100%. That is why the American Cancer Society believes that education of women as to the value of a Pap Smear should be a major project.

Scholarships have been provided to train four cyto screeners here in Mahoning County. This was necessary because of the increased demands placed on our Labs.

April is Cancer Crusade Month. May we ask you for your support in our annual drive to "Fight Cancer with a Check-up and a Check."

George T. Peterson

President

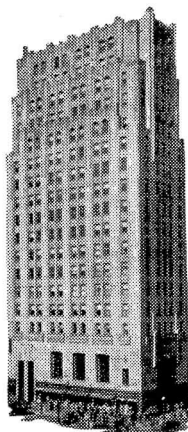
Mahoning County Unit

American Cancer Society

LOCAL BUSINESS MACHINE SHOW

The Second Office Machine and Equipment Show, sponsored by the Youngstown Chapter of the National Office Management Association, will be held at Youngstown's Idora Park Ballroom, March 18 and 19. This may be of special interest to doctors who are considering new office equipment or business machines at this time.

Admission to the show is free. The hours will be from 10:00 a.m. to 10:00 p.m. for the two days of the show, Wednesday and Thursday.



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SOCIAL NEWS

Youngstown Hospital

This is the season for meetings. High point of the season is of course, heart month, and we all enjoyed the lectures given by Dr. Terry and Dr. Gilbert of the National Heart Institute given February 17th.

But the out-of-town meetings give us a chance to get away from it all for a few days. These are too numerous to mention but some of the ones we heard about are listed here. The new Ohio Society of Internal medicine held its annual meeting at Cincinnati on January 21st. This was written up in the last issue. Among those present from our staff were Dr. Rosenblum and Dr. Ipp.

The Cleveland Academy of General Practice put on a refresher course February 11th and 12th. Dr. Ipp made this one too, along with Drs. Friedrich, Resch, LaManna, Wagner and R. R. Fisher. Also there was Dr. Bob Caulkins, one of our former G.P. residents, now practicing in Delaware, Ohio. Dr. G. E. DiCicco attended the Jefferson Graduate Assembly in Philadelphia on February 4th, 5th, and 6th. Dr. Fred Schlecht departed on Feb. 19th for the Carribbean cruise for a little study and relaxation.

One meeting which attracted a good bit of local interest was the Institute on Law Medicine Problems, presented by the Law Medicine department of Western Reserve University February 12th. The accent was on injuries to the extremities and was presented with the cooperation of the Cuyahoga County Coroners Office. The meeting was attended by Drs. Hardin, Schellhase, Shorten and Mathay, also by various local attorneys, as well as many industrial relations representatives of U.S. Steel, General Fireproofing, Republic Rubber and others.

So much for the meetings. Some of us went out of town to recuperate from the fast pace. Dr. Jack Schreiber and Dr. D. M. Rothrock took off for Florida for some well earned rest. Dr. Rothrock is recuperating from a recent illness.

Last, but not least, Dr. Allen H. Holt and his wife announced the birth of a daughter on February 5th. Her name is Sally, and she is the fifth little Holt to arrive. We had all better send Dr. Holt some X-ray work if he is going to feed all those mouths.

R. R. Fisher, M.D.

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SOCIAL NEWS

St. Elizabeth Hospital

Dr. John Benko was elected President of the Tri-State Horse Show Association comprising West Virginia, Pennsylvania and Ohio. Congratulations, Dr. B., as this is quite an honor.

Dr. and Mrs. W. O. Mermis left on a trip to New York, Florida, and Nassau and will return in late February.

Our Editor-in-Chief, Dr. L. O. Gregg is in Chicago for 6 weeks to take a special course in stapes immobilization and fenestrations. While he is dissecting and studying, Mrs. Gregg and their two daughters will visit Alabama and Florida.

Dr. and Mrs. Vernon Goodwin and Dr. and Mrs. Lewis Zeller will attend the Ear, Nose and Throat Convention in Mexico City where Dr. Goodwin will present a paper on, "Complications Following Rhinoplastic Surgery."

Drs. Sheetz, Phillips, and their wives have been on a two weeks Caribbean cruise returning in late February.

The annual Medical Society dance was held on the 31st of January at Tippecanoe Country Club in honor of the installation of the new officers, for those who attend, it was a great success.

Dr. and Mrs. Paul Ruth were in Florida for a two weeks vacation with their children visiting friends.

Drs. Sofranec and Lowendorf attended the recent Orthopedic conference in Chicago.

Dr. Burt Firestone just returned from Jamaica. He looks well rested and well tanned.

Alexander Calder, M.D.

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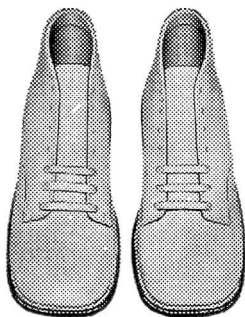
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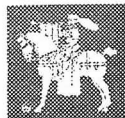


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Akron	Children's Hospital W. Bowery and W. Bechtel	BL 3-5531, Ext. 246
Cincinnati	The Academy of Medicine of Cincinnati 152 E. Fourth Street	PA 1-2345
Columbus	Children's Hospital 561 S. 17th Street	CL 8-9783
Cleveland	Cleveland Academy of Medicine 2121 Adelbert Road	CE 1-4455
Springfield	City Hospital E. High Street and Burnett Road	FA 3-5531, Ext. 226
Toledo	Toledo Health Department 635 N. Erie Street	CH 4-1961-(Day) GR 9-2244-(Night)

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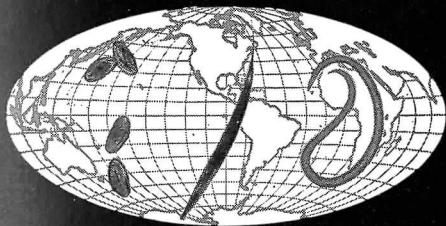
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DR. FRANKLIN CONDUCTS LAW MEETING

Dr. Sidney Franklin arranged and conducted the opening session of the Practicing Law Institute of the Cuyahoga County Bar Association at the Hollenden Hotel in Cleveland, Ohio on February 4, 1959. The program included a talk by Dr. Louis Bloomberg on the subject "Trauma to the Eye" and was very well received.

MEETINGS

March

AMERICAN COLLEGE OF ALLERGISTS, Fairmont Hotel, San Francisco, March 15-20. Dr. M Coleman Harris, 450 Sutter St., San Francisco, Secretary.

AMERICAN ORTHOPSYCHIATRIC ASSOCIATION, Sheraton-Palace Hotel, San Francisco, March 30-April 1. Dr. Marion F. Langer, 1790 Broadway, New York 19, Executive Secretary.

AMERICAN SOCIETY OF FACIAL PLASTIC SURGERY, New York City, March 18. Dr. Samuel M. Bloom, 123 E. 83rd St., New York 28, Secretary.

NATIONAL HEALTH COUNCIL, Palmer House, Chicago, March 17-19. Mr. Philip E. Ryan, 1790 Broadway, New York 19, Executive Secretary.

SOUTHWESTERN SURGICAL CONGRESS, New Brown Palace Hotel, Denver. March 30-April 1. Dr. C. M. O'Leary, 1213 Medical Arts Bldg., Oklahoma City, Okla., Secretary.



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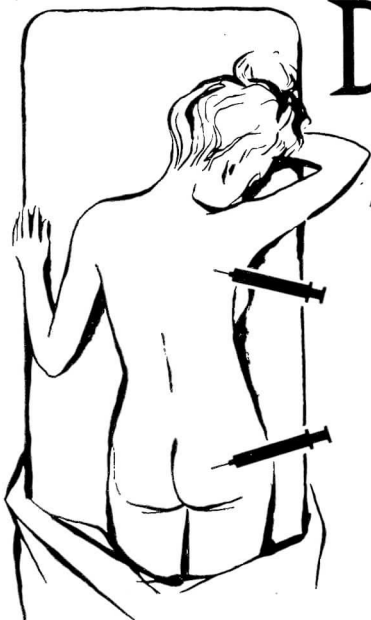
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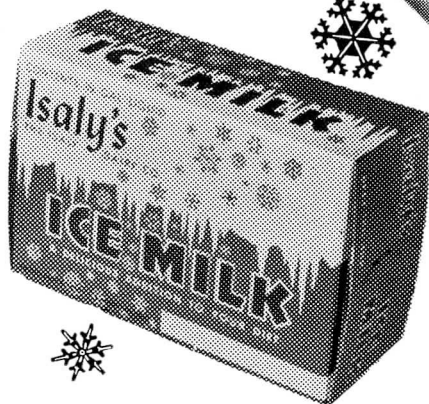
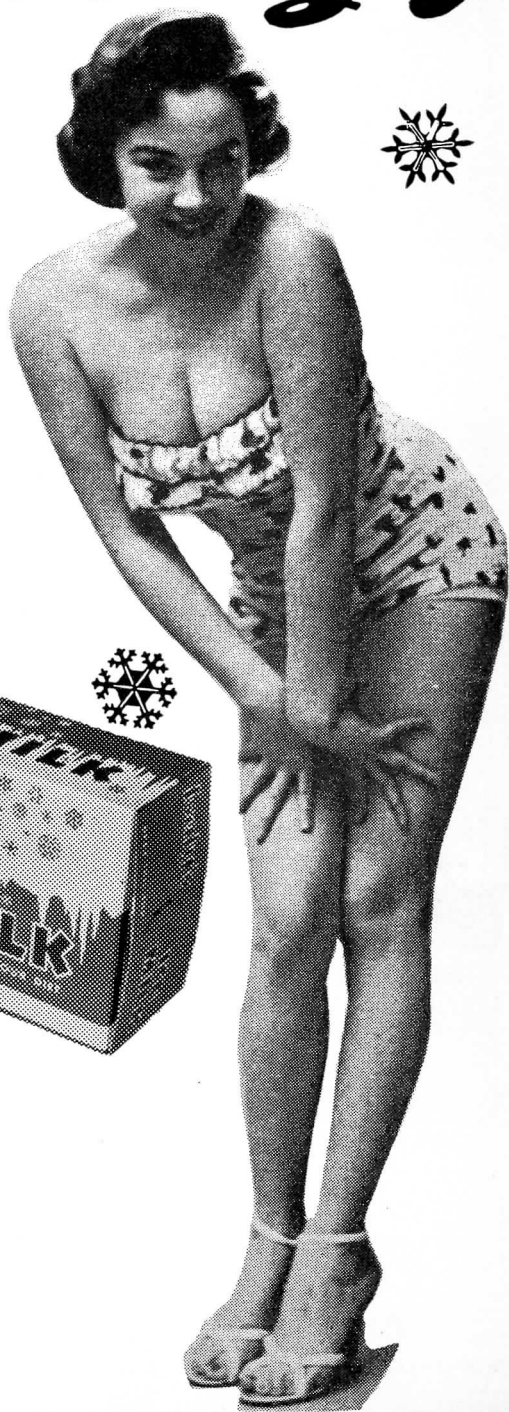
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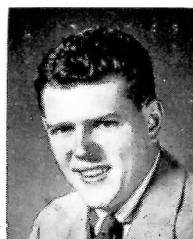
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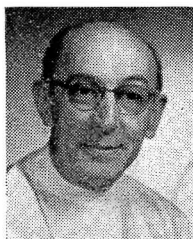
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