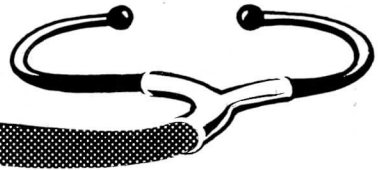




BULLETIN

of the
MAHONING
COUNTY
MEDICAL
SOCIETY



FEBRUARY, 1961 • VOLUME XXXI, No. 2

YOUNGSTOWN, OHIO

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2. Constantly striving to maintain **adequate inventories** for the needs of the profession.
3. Operating a **complete repair department** covering all equipment sold.
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FEBRUARY MEETING

Tuesday, February 21, 1961

Mural Room



BUSINESS MEETING



FREE BUFFET DINNER



6:00—Cocktail Hour

6:30—Free Buffet Dinner

7:30—Meeting

Send your reservation and check to:

Mahoning County Medical Society
245 Bel-Park Bldg.
1005 Belmont Ave.
Youngstown 4, Ohio

MEDICAL-LEGAL BANQUET

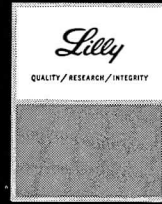
Thursday, March 23, 1961

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High serum levels of antibacterial activity mean fewer treatment failures in severe infections or in infections only marginally sensitive to penicillin. In other words, high "ABA" means . . .

*consistently dependable
clinical results*



V-CILLIN K[®]

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intense antibacterial activity

V-Cillin K produces greater antibacterial activity in the serum against the common pathogens than any other oral penicillin.¹⁻³

unsurpassed safety

No form of penicillin has been shown to be less allergenic or less toxic than V-Cillin K.^{4,5}

proved clinical effectiveness

Documented experience with penicillin V and potassium penicillin V reveals the clinical excellence of V-Cillin K.

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*Now at lower cost to
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Prescribe V-Cillin K, in scored tablets of 125 and 250 mg., or V-Cillin K, Pediatric, in 40 and 80-cc. bottles.

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Our President Speaks

MEDICAL FREEDOM

In the past few months, I have frequently been asked why I am opposed to compulsory medical care for the aged under the Social Security System. I am sure you have had that same question put before you.

We should not hesitate to answer that we want to continue as free men. We want to continue to care for our patients as we have been trained to do—free to employ our knowledge in the best interest of each individual patient. We want our patients to continue to be our boss—not the Federal Government.

We want our patients to be free to select the physician of their choice and be free to change physicians whenever they desire to do so. Freedom to use individualized, reasoned and learned medical judgment will give our patients the optimal medical care.

The relationship between patient and physician is too personal—too vital to good medical care—to be either dictated or restricted by the government. First-rate medical care, which includes humane consideration for the problems of the individual, cannot survive if patients and physicians are shackled by rules, regulations and red tape.

Compulsory medical care under social security, in our opinion, will result in the deterioration of the future quality of medical care for our patients.

The Social Security has enough problems in trying to meet its present obligations, without adding something new: the purchase of health care.

—A. K. Phillips, M.D.
President

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Volume 31

February, 1961

Number 2

Published for and by the Members of the Mahoning County Medical Society

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EDITORIAL —

FREEDOM — EVERY DOCTOR'S BUSINESS

During the second week in January when former President Eisenhower's White House Conference on Aging was meeting in Washington, I observed a television debate at 8:30 a.m. between Senator Pat McNamara of Michigan and Dr. Leonard Larson, president-elect of the American Medical Association. Their topic, of course, was medical care for the aged under the Social Security System.

I don't know how my wife eats breakfast, listens to me vaguely—and to the television speakers attentively, and watches television. The screen, at an odd angle across the room, is completely beyond me most of the time—but not this fateful morning. I watched and listened to the television. I am not at all sure that I ate anything.

It was gruesome. For fifteen minutes I saw and heard the skillful annihilation of Doctor Larson, the A.M.A., and the free enterprise system of medical care in the United States. Doctor Larson, a fine and kindly looking practitioner of medicine, was a sorry match for the wily, political, strike-up-the-band McNamara. Nor could he deftly fence the weighted and leading questions asked by Martin Agronsky or Dave Garroway in order to get to the basic truths of our free system of medical care in the United States. It was a pitiful sight. Whew!!!

What can you and I do? Certainly we must do something—we must train ourselves to meet these *political* challenges. We have not failed in the care of our patients. The good general health and longevity of the American

people and the high esteem in which the average physician is held proves this. Yet, politically and public relations-wise, we have missed the boat. We are not alone, however, because the entire American industrial system has failed to sell the free enterprise system and consequently has encountered the dilemma of a superior productive development increasingly snarled and thwarted by short-sighted and restrictive laws. Now the corporations of our country are attempting to meet this threat of creeping socialism by establishing courses for both their employees and management in political science.

The Chamber of Commerce in Youngstown, as well as in other cities across the country, is conducting such courses in practical politics. This program has had a good reception and has produced good actual political results. The physicians of our community who are members of the Chamber of Commerce (*and they all should be*) are invited to attend these courses in practical politics. There is a waiting list at the present time to take this course among the Chamber of Commerce membership.

Also, as you should now know, the Medical Society, in conjunction with Youngstown University, is offering a seminar in political science during the month of April. Every member of our organization should attend these lectures.

Freedom is a priceless heritage of all Americans and we are in danger of losing it. Medical care under federal control is the thin edge of the socialistic wedge that threatens our freedom. Every doctor must honestly ask himself "What am I doing for the cause of freedom?" John Donne wrote in 1600:

"No man is an island, entire of itself; every man is a piece of the continent, a part of the main; if a clod be washed away by the sea, Europe is the less as well as if a promontory were, as well as if a manor of thy friends or thy own were; any man's death diminishes me because I am involved in mankind; and therefore never send to know for whom the bell tolls—it tolls for thee."

—John J. McDonough
Editor

HAPPY BIRTHDAY

Get Your Annual Check-up

Feb. 16

R. W. Rummell

Feb. 17

J. A. Altdoerffer
O. A. Turner

Feb. 21

N. B. Salistean

Feb. 25

P. J. Fuzy

Feb. 26

J. R. Sofranec
E. M. Thomas

Feb. 28

J. S. Goldcamp

March 2

R. R. Goldcamp

March 5

F. J. Gambrel

March 6

L. H. Getty
J. P. Harvey

March 7

M. D. Evans
E. DiIorio

March 10

R. A. Brown
M. Szauter

March 12

S. F. Petraglia

March 13

H. W. Haverland

March 15

B. J. Dreiling



the choice--by acclamation! for ringworm therapy

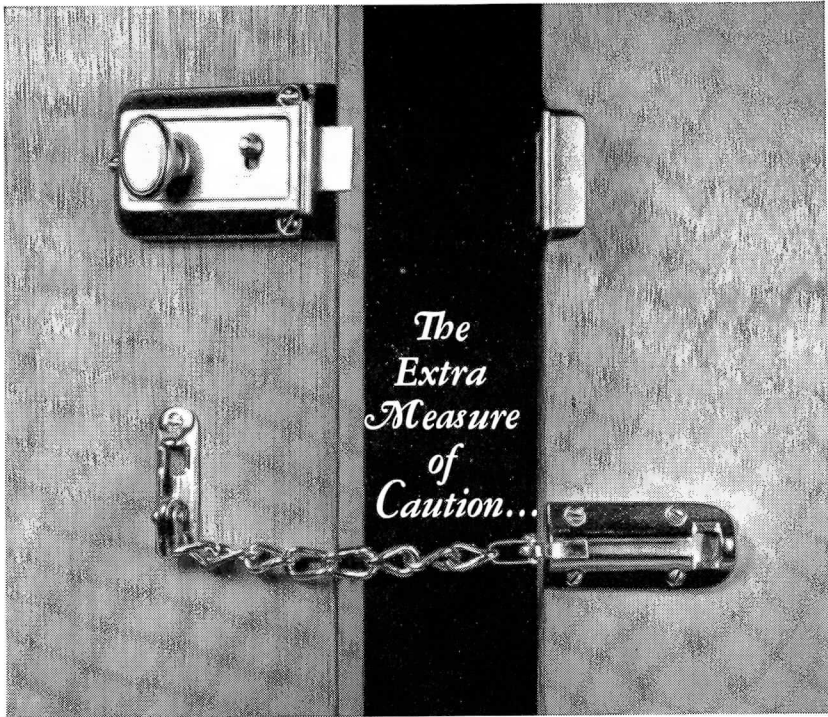


In the less than 2 years since griseofulvin—first orally effective antifungal antibiotic—was introduced, over 250 leading investigators have published over 150 clinical reports and reviews in 20 countries concerning results in over 4,500 patients with dermatomycoses. Almost all of the patients benefited from griseofulvin.

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VENEREAL DISEASE CLINIC REPORT FOR 1960

TOTAL NUMBER OF PERSONS SEEN DURING THE YEAR.....	469
Persons not seen previously	423
OF THESE:	
Admitted for Syphilis	25
Admitted for Gonorrhea	241
Admitted for Chancroid	1
Persons not infected and not admitted	156
	423

Syphilis

Number of cases treated this year	68
Carried over from 1959	38
Delinquent patients or patients previously dismissed who came back for check-up or treatment	5
Admitted this year	25
Primary and secondary	1
Early latent	8
Late latent	11
Central nervous system	2
Congenital	2
Cardiovascular	0
Prophylactic	1
	25
Number of blood tests taken	575
Reactive	216
Nonreactive	359
	575
Number of spinal punctures	4
Reactive	3
Nonreactive	1
	4
NUMBER OF CLINIC VISITS FOR SYPHILIS	498

Gonorrhea

Number of cases treated this year	246
Carried over from 1959	5
Admitted this year	241
	246
Males	156
Females	85
	241

OF THE 241 PATIENTS:

4 or 1.6 per cent were under 11 years of age
 77 or 32 per cent were between 11 and 20 years of age
 119 or 49.3 per cent were between 21 and 30 years of age

37 or 15.4 per cent were between 31 and 40 years of age

3 or 1.3 per cent were between 41 and 50 years of age

1 or 0.4 per cent was between 51 and 60 years of age

Number of cultures taken (on females only, mostly as a test of cure)	58
Positive -----	0
Negative -----	58
	<hr/>
	58
NUMBER OF CLINIC VISITS FOR GONORRHEA -----	758
Chancroid	
Admitted for Chancroid -----	1
NUMBER OF VISITS FOR CHANCROID -----	7
NUMBER OF CLINIC VISITS MADE BY PERSONS NOT INFECTED AND NOT ADMITTED OR REFERRED TO OTHER AGENCIES ---	319
GRAND TOTAL OF CLINIC VISITS -----	1,582

Mrs. Friedl Polk, RN, the clinic nurse, processed 484 "Epidemiological Forms" during 1960: 174 which pertained to clinic patients and 310 to patients of private physicians.

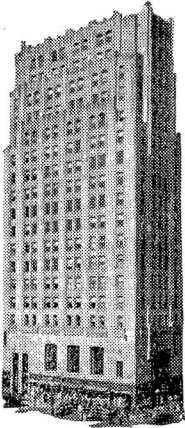
One hundred seventy-two persons were interviewed for contact finding and 165 home visits were made. These investigations resulted in the discovery of:

- 92 female suspects for Gonorrhoea.
 - 58 of whom were infected
 - 15 were not infected
 - 19 could not be located.
- 63 suspects (male and female) for syphilis.
 - 24 of whom were brought under treatment
 - 23 under observation
 - 13 not infected
 - 3 not located or moved out of jurisdiction.
- 3 suspects from SEPARATION CENTERS.
 - 2 infected and treated
 - 1 still in Army.

Of the "Epidemiological Forms" processed by Mrs. Polk:

- 48 were sent out of city.
 - 27 to other cities in Ohio
 - 15 to Pennsylvania
 - 1 to North Carolina
 - 5 to Alabama
- 24 were received from out of the city
 - 1 from Alaska
 - 8 from other cities in Ohio
 - 5 from Fort Knox, Ky.
 - 1 from California
 - 3 from Pennsylvania
 - 2 from Fort Dix, N. J.
 - 1 from Alabama
 - 1 from West Virginia
 - 2 from Washington, D. C.

Respectfully submitted,
Henri Schmid, M.D.



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Youngstown, Ohio

THE SINGLE ANNUAL INJECTION OF EMULSIFIED EXTRACTS IN THE TREATMENT OF HAY FEVER

by

Samuel R. Zoss, M.D., F.A.C.A.

Since last fall, investigations have been made about the treatment of my patients with the so-called "One Shot Treatment for Hay Fever." In the literature, the names for this type of treatment range from "The Pollen Hay Fever Treatment by Repository Method," "The Opsiphylactic Treatment of Pollinosis," and "The Single Annual Injection of Emulsified Extracts in the Treatment of Hay Fever." I prefer the latter.

A symposium was held in Pittsburgh at the annual Midwest Forum on allergy on the methods of preparation and the results achieved. Allergists in all the major cities of the United States participated in this experiment. The results, obtained in this mass experiment, proved conclusively that emulsion treatment was equally as effective as the multiple injection method that has been used for many years; in addition, there were fewer reactions, and more convenience for the patient in the emulsion treatment.

Emulsion therapy is not new. In previous years, the emulsions that were being used, were too unstable, and the particles were not uniform in size and small enough. Further work on emulsions came through the efforts of two well-known allergists, Dr. Mary Loveless and Dr. Ethan Allen Brown. With the aid of many scientists in chemical and engineering fields, they were able to produce good emulsions, which have uniform, small particles and are fairly stable. Each day, newer and better emulsions are being perfected. All emulsions are under government control for investigational use and each allergist is required to have the proper credentials for the use of these materials.

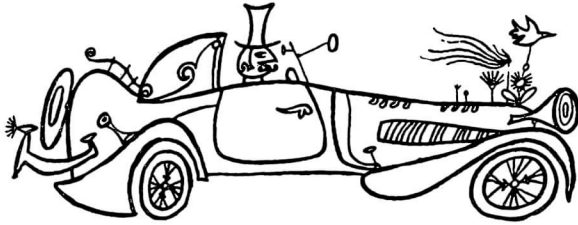
The method of preparation is both costly and time-consuming. The emulsifying machine is very expensive as is all the other equipment. Syringes and needles should be of the disposable type, since it is very difficult to clean out the emulsion. The extracts must be carefully calculated for each individual patient, after a thorough allergic study has been made; the mixture is then placed in the emulsifying machine with the mixture passing through an 18-gauge double-hubbed needle for fifty minutes, then through a 22-gauge needle for another fifty minutes. Sterile technique is of vital importance. The emulsion, which is now ready for injection, must first be examined microscopically to insure that the extract is uniform in its consistency and that the particles are of proper size. Steroids and antihistomunes are given to the patient before the injection and some anti-allergic drugs for patient's use if a reaction occurs. Because this method is both costly and time-consuming, the cost of a single injection approaches the cost of weekly preseasonal injections.

Patients should be seen at the following times of the year for these injections: February to early March for Spring Hay Fever due to trees; mid-

DELINQUENT DUES

The names of all dues paying members who have not met their financial obligations to the Mahoning County Medical Society by March 31st will be published as delinquent members in the April Bulletin and again in the May and June Bulletins if their delinquency persists. It shall be the duty of the treasurer of the society to furnish the editor of the Bulletin the names of the delinquent members for publication in the April, May and June Bulletins.

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April to early May for Summer Hay Fever due to the grasses; and mid-June to late July for Fall Hay Fever due to the weeds. A new patient, without previous pollen therapy, should be placed on one year of aqueous pollen treatment so that the amount of extract he can safely take will be known and will give the allergist a definite clue as to the amount of emulsion that patient will need the following year.

This emulsified extract treatment for allergic diseases seems to be the most significant advance in the injection treatment of Hay Fever, since the introduction of pollen injection treatment by Noon in 1911.

References:

1. *Abram, L.*—personal communication, 1960.
2. *Blank, P.*—personal communication—1960.
3. *Brown, E. A.*—complete papers on emulsion therapy—1958-1960.
4. *Panel discussion*—Midwest Forum on allergy—Pittsburgh, October, 1960.

◆

BOARD OF HEALTH BULLETIN — CITY OF YOUNGSTOWN
REPORT FOR DECEMBER, 1960

	Resident		Non-Resident		Total
	M.	F.	M.	F.	
Births	175	169	166	175	685
Deaths	87	69	54	51	261
Infant Deaths	6	3	4	3	16
DECEMBER, 1959					
Births	264	234	234	251	983
Deaths	77	79	51	44	251
Infant Deaths	2	4	—	4	10

CONTAGIOUS DISEASES

	December 1960		December 1959	
	Cases	Deaths	Cases	Deaths
Chicken Pox	75	0	7	0
German Measles	2	0	0	0
Measles	16	0	7	0
Mumps	23	0	54	0
Poliomyelitis	0	0	0	0
Scarlet Fever	8	0	3	0
Tuberculosis	5	1	7	1
Whooping Cough	0	0	0	0
Gonorrhoea	19	0	8	0
Syphilis	9	0	6	0
Rheumatic Fever	3	0	5	0
Trichinosis	0	0	1	0
Typhoid	0	0	1	0
Infectious Hepatitis	10	0	0	0

VENEREAL DISEASES

	Male	Female	Total
<i>New Cases</i>			
Syphilis	0	0	0
Gonorrhoea	12	4	16
			—
Total Patients			16
Total Visitor (Patients) to Clinic			114

DR. TEITELBAUM HONORED FOR PUBLIC SERVICE

Dr. Harold H. Teitelbaum, director of the Mahoning County Tuberculosis Sanatorium, was honored by being named the recipient of the annual award for distinguished public service by the Gripers. Dr. Teitelbaum is the first doctor to receive this award since its inception in 1953.

The award is presented by the Gripers, an informal group of men who lunch together, as a means of recognizing outstanding service by a public official or employee.

Dr. Teitelbaum was presented with a plaque and \$200 at a dinner held in his honor on February 7th.

Dr. John J. McDonough was general chairman for the dinner.

CULTURAL SEMINAR PRONOUNCED SUCCESS

The Cultural Seminar for Physicians had an auspicious beginning as seventy-five persons came through a snowstorm to hear Mrs. Christine Rhoades Dykema open the Seminar on Literature, Thursday, January 26, at St. Elizabeth Hospital Auditorium.

That Mrs. Dykema, speaking on "The Aims of Literature," won over her audience completely was evidenced by the enthusiastic applause that greeted her lecture, and the variety of questions submitted for answer.

The numbers enrolled for the seminars have exceeded the expectations of those who planned the series. Sixty-seven were registered for the Seminar in Literature at the opening date. This does not include interns, residents, and their wives, who are guests of the society. Fifty-five were enrolled for the Seminar in Philosophy, which does not begin until March 2; and forty-eight were enrolled for the Seminar in Political Science, which does not begin until April 13.

Dr. Clair L. Worley, Ph.D., and Mr. John P. Gillespie, from Youngstown University have expressed pleasant surprise at the numbers attending.

Dr. Jack Schreiber, who instigated and carried through the plan, has announced the seminar a success, and urges members of the medical society to enroll for the two remaining seminars. The Seminar in Philosophy will begin on Thursday, March 2, and the Seminar in Political Science will begin on April 13. Both will be held at the auditorium of Youngstown Hospital, South Side.

Registration for the remaining seminars may be made by sending a check to the Mahoning County Medical Society. Cost per seminar is \$7.50 single, or \$10.00 a couple.

The Mahoning County Medical Society wishes to express thanks to Sister M. Baptista for the cordial reception, the use of the St. Elizabeth Hospital auditorium, and the coffee and doughnuts served between the lecture periods.

DR. REILLY TO TB NURSING BOARD

Dr. Edward J. Reilly has been appointed society representative to the Nursing Advisory Board at the Mahoning County Tuberculosis Sanatorium, effective February 3, 1961. The appointment was made by Dr. A. K. Phillips, president.

Dr. Reilly is successor to Dr. Frederick S. Coombs, who has completed two three-year terms and who is not eligible for reappointment.

NON-RESIDENT MEMBERS

The following were voted to non-resident membership in the Mahoning County Medical Society at the Annual Banquet, Saturday, January 21:

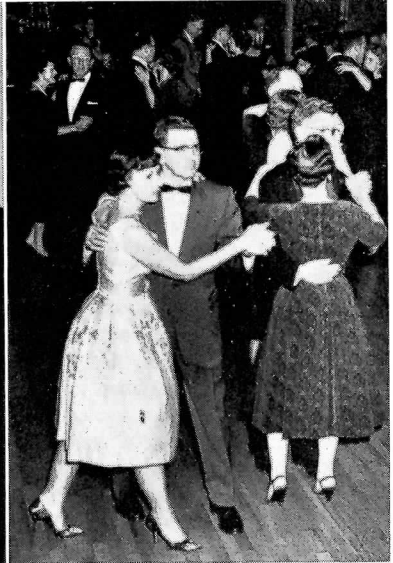
Dr. Lawrence E. Fetterman

Dr. Allen H. Holt

Dr. Harry W. Haverland

Dr. Frank R. Raynak

ANNUAL BANQUET



One hundred and forty-three doctors, wives and guests attended the Annual Banquet and Dance held at the Mural Room on Saturday, January 21.

An appreciation plaque was presented to Dr. Fred G. Schlecht, retiring president, by Dr. C. E. Pichette, master of ceremonies. In turn, Dr. Schlecht presented a gavel to the incoming president, Dr. A. K. Phillips. As usual, the gavel was a gift of Dr. A. E. Brant, who turns out the gavels in his workshop for each new president.

Dr. Jack Schreiber, editor for 1960, was presented a bound volume of the past year's Bulletins.

Dr. Pichette honored the past presidents who were present, and requested a moment of silence for Dr. J. D. Brown, who was the only member of the society to pass on in 1960.

Guests of the medical society, along with their wives, were the following officers of the Corydon Palmer Dental Society: Dr. Jack E. Young, president; Dr. Robert C. Bitonte, vice-president; Dr. Robert V. C. Carr, secretary; and Dr. John A. Parillo, treasurer.

Dr. Sidney Berkowitz gave the invocation.

Elton Wasley's orchestra played for dancing.

APPLICANTS FOR ACTIVE MEMBERSHIP

Dr. John T. Martin hails from Dixie and was born in Fayetteville, N. C. He was graduated from Furman University in Greenville, S. C., where he made a name for himself in football. He received his medical education in Philadelphia at Jefferson Medical College graduating in 1932.

He practiced medicine in Warsaw, Ohio, and Glouster, Ohio. In 1939 he went to New York Eye Hospital for one year. The next twenty years were spent in the U. S. Army.

He was one of the early army medical officers to go to England and he helped to set up the first American Army Hospital there. He had much to do with the military medical plans for the Normandy invasion. Before coming here he was chief of ophthalmology at Beaumont Army Hospital in El Paso, Texas. At present he is associated with Drs. Sovik, Benko, and Sofranec and is an associate staff ophthalmologist at St. Elizabeth Hospital.

He is married to the former Myra Ravezahn of Reading, Pa. She is a registered nurse having graduated from Jefferson Medical College Hospital School of Nursing in Philadelphia. They have two children, one who is married and the other will enter Ohio State University Medical School in September. They also have one grandchild.

His hobbies are numerous. He is an avid photographer and he is quite adept with the hammer and saw and he does much of the work of fixing up and remodeling his own home. He is also a good golfer.



Dr. Sanford R. Weiss was born in Canonsburgh, Pennsylvania, in 1929. During his early youth he had many a haircut from a famous barber, none other than Perry Como. The family lived in Chicago a while before coming to Youngstown and he was graduated from Rayen High School. He received his B.A. and M.D. degrees from Ohio State University receiving the latter degree in 1953.

He received his radiological training at Philadelphia General Hospital under the eminent Dr. Bernard Widman. His training there was interrupted by a two-year stint in the U. S. Navy where he was stationed at New Orleans, Louisiana.

He is married to the former Blanche Luchin of Cleveland. She was also a student at Ohio State University. They have three lovely children. He is an expert golfer and enjoys spectator sports.

APPLICANTS FOR ACTIVE MEMBERSHIP



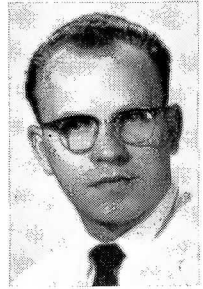
Dr. Nicholas B. Salistean was born in Youngstown on February 21, 1918. He was educated in Romania, receiving his medical degree at the University of Cluj in the year 1944. He is currently an associate member of the staff of St. Elizabeth Hospital. He served in the United States Army from 1955 to 1959 and is a member of the Association of Military Surgeons of the United States. Before entering the army, he practiced in Passaic, New Jersey, and Clifton, New Jersey. His present office for the general practice of medicine is at 3718 Market St.

His wife is the former Jacqueline Hurtut and they have two children, Daniel, aged 5, and Christian, age 3½. His hobbies include fishing, bowling, and classical music.

Dr. Richard Roland was born in Bucharest, Rumania, in 1929. Before coming here he also lived in Austria and Italy. He received his Bachelor of Arts degree at Youngstown University in 1954. He spent the next four years at St. Louis University Medical School graduating in 1958.

His wife is the former Babette Waldman of Youngstown. They have two children, Wendy, aged five, and Robert, one, and they live on Northgate Drive. He likes to do modern painting and wood carving. He is a good swimmer.

He has an office in Austintown where he has been for the last year and a half. He is on the courtesy staff of Youngstown Hospital.



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FROM THE BULLETIN**Twenty Years Ago — February, 1941**

President Walker announced that after a year of study the society was ready to present to the public a non-profit, voluntary medical service plan which would permit families in the low income group to budget the costs of adequate medical care. This plan never became operative and the writer does not remember what happened to stop it. If you will follow this column we will try to give you the story as developed in later issues of the Bulletin. The analogy between this plan and the present efforts of the society to meet the problem of Third Party Medical Care makes the subject apropos.

Youngstown was in the throes of an influenza epidemic, the third small one since the great epidemic of 1918. The Bulletin warned members that influenza epidemics usually appear in two or three waves. The first is soon burnt out in three weeks. The second appears in about thirty-three weeks, is more severe and subsides more slowly. One of the worst features is the terrible lassitude and loss of strength which follows the disease.

Radio programs and speeches by Fred Coombs, Carl Gustafson, Lewis Reed and Ray Hall, were all on "Influenza, Pneumonia, and Mastoids" which reflect the interest of the times.

Dr. E. H. Young had a leading article on "The Constitutional Treatment of Burns." The U. S. Public Health Service issued a list of dangerous drugs which could be dispensed only on prescription. On the list were: Aminopyrine, aspidium, carbon tetrachloride, chenopodium, cincophen, santonin and tetrachlorethylene. How many of us use those drugs today?

It was a rough winter. Jack McCann had chains on his tires. H. E. Chalker and L. G. Coe took their families to Hollywood, Florida. C. S. Lowendorf took his family on a southern cruise and stopped in New Orleans for the Mardi Gras. Capt. Myron Steinberg went down to Camp Shelby, Mississippi, courtesy of the U. S. Army.

The Associated Hospital Service, announced an increase in membership to 58,215 persons and provided care for one out of five patients who entered the hospitals. St. Elizabeth's Hospital reported that 42 per cent of the patients had some form of hospital insurance.

New members that month were: William D. Collier, Milton M. Kendall, B. B. Burrowes, Nathan D. Belinky and Ray J. Scheetz.

Ten Years Ago — February, 1951

Wars and threats of wars. The country was ostensibly at peace, yet the Korean struggle was going badly and had everyone alarmed. The Bulletin was full of talk about civilian defense and preparation for atomic attack. President Wenaas said that the Society was taking definite steps in preparing the doctors for a civil defense program. Ten years later the danger is nearer than Korea and there is no safety except in strong military power.

One hundred thirty-six area physicians, forty-nine dentists and five veterinarians registered on January 15th under the new doctor draft law. Every physician in Ohio was required to turn in a questionnaire. The Army expected to add 1,733 physicians by March. Of those called up, one out of five failed to pass the physical examination. The major causes for rejection were: tuberculosis, duodenal ulcers, neuropsychiatric ailments, hypertension and asthma. It was pointed out that doctors were five to ten years older than non-medical registrants and the rejection rate could be expected to be higher.

Lt. (j.g.) Robert Fisher reported for duty at the Minneapolis office of Naval Officer Procurement, A. J. Bayuk and J. K. Herald were in Cleveland for a course in Cardiac Resuscitation given by Dr. Claude Beck. Charles

Waltner received certification as a diplomate in psychiatry from the American Board of Psychiatry and Neurology. W. J. Flynn was studying at the Memorial Hospital in New York. H. S. Banninga was in Cincinnati to attend a seminar on "Survival Under Atomic Attack."

Dr. C. E. Pichette had leading article on "Osteitis Pubis." The treatment recommended was conservative and supportive. A few cases required surgery. Antibiotics did not seem to be of much value.

The A.M.A. Medical Education Foundation was established December 20, 1950. Members were urged to contribute. The Venereal Disease Clinic reported 140 new cases of syphilis, 320 of gonorrhea, one chancroid and one granuloma inguinale.

From Cynical Sam's column (Dr. W. D. Coy): "Being suspicious of everybody isn't good for your peace of mind. You will develop into a much nicer character if you assume that everyone has the best intentions. This will also enable you to understand why your wallet isn't where you thought it was."

—J. L. Fisher, M.D.

SCHOOL EXCLUSION GUIDE FOR CONTAGIOUS DISEASE

DISEASE	PATIENT	HOUSEHOLD CONTACT	READMITTED BY	PERIOD OF EXCLUSION
Chickenpox	Exclude	Not Excluded	Health Com. School Phys. School Nurse Principal	Minimum—10 days without or 7 days with physician's statement.
Diphtheria	Exclude	Exclude 1 week plus negative culture	Health Com. School Phys.	Until 2 negative cultures have been obtained and a minimum of 14 days.
Measles	Exclude	Not Excluded	Health Com. School Phys. School Nurse	Until recovery is complete. Minimum is 5 days after rash appears.
German Measles	Exclude	Not Excluded	Health Com. School Phys. School Nurse Principal	Until recovery is complete. Minimum is 5 days after rash appears.
Meningococcus Meningitis	Exclude	Excluded until after prophylactic sulfonamide treatment	Health Com. School Nurse	Until released by attending physician.
Mumps	Exclude	Not Excluded	Health Com. School Phys. School Nurse	Minimum—7 days without statement of physician.
Poliomyelitis	Exclude	Exclude 7 days	Health Com.	Until released by attending physician.
Scarlet Fever	Exclude	Exclude 5 days or prophylactic treatment	Health Com. School Phys. School Nurse	Until released by attending physician and negative throat culture.
Smallpox	Exclude	Exclude	Health Com.	Until released by attending physician.
Whooping Cough	Exclude	Not Excluded	Health Com. School Phys.	Minimum—3 weeks and until characteristic cough is gone.
Impetigo	Exclude	Not Excluded	School Phys. School Nurse	Until lesions are dry.
Scabies	Exclude	Not Excluded	School Phys. School Nurse	Until rash is inactive.
Pediculosis	Exclude	Not Excluded	School Nurse	Until all nits and lice are gone.
Tinea (scalp)	Not Excluded if cap is worn	Not Excluded	School Phys.	
Hepatitis (infectious)	Exclude	Exclude 14 days or until immunized	School Nurse	Until released by attending physician.

January, 1961

—B. M. Brandmiller, M.D.,

Chairman, Pre-school and School Health Committee

With approval of Health Commissioners of Campbell, Struthers,
Mahoning County and Youngstown.

INFECTIOUS HEPATITIS



Epidemiological evidence indicates that during the next few years, hepatitis will become an increasingly important communicable disease problem. Annual hepatitis morbidity has been observed to occur in a cyclical pattern in which peaks occur irregularly every five to ten years. In 1957, Ohio's infectious hepatitis morbidity reached a low level, as it did in the rest of the nation. Since that time, annual morbidity has increased steadily. From January

through August, 1960, approximately three times as many cases have been reported to the Ohio Department of Health as compared to the same period of 1957 and approximately twice as many cases as for the comparable period of 1959. Ordinarily in August the monthly reports of hepatitis are at a low point for the year, with 30 to 60 cases reported in the state. In August, 1960, however, 207 were reported in the state. Hepatitis has never approached this level of morbidity in Ohio since it became reportable in 1953. The previous peak year in both Ohio and the U. S. had been 1954, but this year's cases are one and one-half times the morbidity of that year.

Nature of the Disease

Infectious hepatitis is a common contagious disease that causes an inflammation of the liver. The causative organism has not been isolated, but is considered to be a virus. In severity it ranges from inapparent infections to serious disease resulting in death. The early symptoms resemble a cold or influenza. There may be a running nose, sore throat, headache, muscle aches and fever, which may be followed by nausea and vomiting. Loss of appetite, weakness and fatigue are almost always present. There may or may not be jaundice. Since all of the symptoms of hepatitis can be caused by other diseases, it is necessary to consult a physician for diagnosis.

Mode of Spread

Infectious hepatitis is usually spread by person to person contact. By means of studies utilizing human volunteers, it has been demonstrated that the infective agent is present in the intestines and stools of an infected person. Contamination of his hands and body, clothing, bedding, toilet and bathing facilities may spread the disease to other persons. It may sometimes be spread by food or water that has been contaminated by the patient. Thoroughly cooked foods and clean, tested water are safe.

Susceptibility to the Disease and Its Complications

It is most common in pre-school and school age children. Fortunately the disease is usually mild in infants and small children, but in older people and pregnant women the symptoms are more severe and long lasting. Although the disease is infrequent in elderly persons, the frequency of serious complications is much higher.

Treatment

The illness in each patient has different characteristics, but in general, the treatment consists of a period of bed rest followed by a gradual increase in activity. This period varies from a few days to several months depending on the severity of the case, but in any instance this must be determined by the physician. A return to normal activity too soon may cause a relapse.

An appetizing bland, nutritious diet is essential in healing the injury to the liver. In some cases supplementary vitamins are added to the diet. Equally important to recovery is the avoidance of certain common toxic substances which must be destroyed by the liver before they can be eliminated from the body, or which may actually do further damage to the liver in its weakened condition. Such substances include alcohol, chloroform, carbon tetrachloride, benzene, and certain medications.

Active Immunization

At the present time there is no vaccine available for the prevention of infectious hepatitis.

Isolation

The best method of preventing the disease lies in avoiding contact with persons who are infected with it. This means that persons who are ill must be isolated from others for a period of time.

Practices of Hygiene

Once the patient becomes ill, it is fairly easy to separate him from others by putting him to bed; however, he may spread the illness several days before it is realized he is ill. Therefore, it is especially important when the disease is common in the community that all persons pay special attention to their personal and group hygiene. Frequent and proper hand washing, clean clothing and bedding, the sanitary disposal of body wastes and the sanitary preparation and handling of food will go far in preventing the spread of this disease.

(To be continued)

PSYCHIATRIC SERVICE AT ST. ELIZABETH HOSPITAL

A new psychiatric service designed to accommodate patients of the private psychiatrist was inaugurated at St. Elizabeth Hospital on Monday, January 23.

The formal opening of the wing marks the first time in the history of the community that a private institution has offered psychiatric facilities.

Development of the department was begun late in 1960, and required the complete remodeling of a portion of one of the floor wings to provide space for 12 patients. In addition to the patient units, the new section also has a bright, modern day room complete with a television set for patient relaxation and recreation. A sun room at one end of the wing has been completely done over and now serves as a cheerful dining room. A kitchen, offices, and nurses' station have also been constructed to accommodate the needs of the new unit.

Heading the medical section of the Psychiatric Department will be Michael A. Kachmer, M.D. Dr. Kachmer, a native of Youngstown, graduated from Ursuline High School and Youngstown University. Upon receiving his medical degree from St. Louis University, he interned at St. Elizabeth Hospital and later took residency training in psychiatry at the Lafayette Clinic of the Wayne University, School of Medicine. A member of the American Psychiatric Association, he is married to the former Mary Ann Hessler, and they have three children.

The St. Elizabeth Hospital psychiatric service has been licensed by the Department of Mental Hygiene and Correction, division of Mental Hygiene of the State of Ohio; and as such, meets all of the requirements and standards established for a psychiatric service.

—J. W. Tandatnick, M.D.

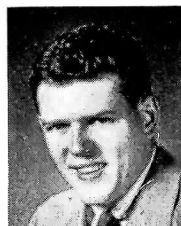


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SOCIAL NEWS—ST. ELIZABETH HOSPITAL

Mrs. Wm. H. Charlebois had a baby girl, on the 24th of December. This is their fourth child.

Dr. Wm. H. Charlebois held the fort while J. J. Sofranec, C. S. Lowendorf and H. J. W. Marcella attended the American Academy of Orthopedic Meeting in Maimi.

Many of the staff are meeting at the Liberty Lanes Bowling Alley Thursday afternoon at 1:30. Everyone is invited (including members of City Hospital).

February 7th, the section of medicine of St. Elizabeth Hospital is having its first annual dinner-meeting at the Chateaubriand. This meeting will be in honor of the chief of medicine, Dr. Paul Mahar and will be a combined business and social meeting.

—G. L. Altman, M.D.



SOCIAL NEWS — YOUNGSTOWN HOSPITAL

The pediatricians of Youngstown Hospital are doing their share in promoting pediatrics. Dr. and Mrs. Ken Hovanic announced the birth of a daughter on January 5th. She is their sixth child. Dr. and Mrs. Bob Wiltsie had a son ten days later, their fourth.

Our sympathies are extended to Dr. Ben Brown in the recent loss of his mother.

Dr. and Mrs. Morris "Murph" Rosenblum attended the inauguration of President Kennedy. That afternoon they attended a gala reception at the Occidental Restaurant in Washington as guests of Rep. Michael J. Kirwan.

Dr. John Collins Harvey, the son of our Dr. Paul Harvey, is the new chief editor

of Tice's Practice of Medicine. Dr. Robert Wiltsie addressed the Jayceettes on both new and familiar diseases of childhood. Dr. Barclay Brandmiller gave an interesting talk on "Problems of the Shy Child" at a recent meeting of the Calon Lan Welsh Club.

Dr. B. B. Burrows has been elected treasurer of St. Augustine Episcopal Church. Dr. Burrows was the chairman of the banquet committee of the Buckeye Elks for its eighth annual interracial Senior Citizens Banquet.

Dr. Elmore R. McNeal is the new president of the Mahoning Saddle and Bridle Association.

Dr. and Mrs. Gene Fry and their children drove to the West Coast. They visited in Phoenix and other points before going on to Los Angeles where their daughter, Christine, sailed for Aubland, New Zealand, on the S. S. Arcadia. She will spend the last half of her junior year there with a physician's family as an exchange student in a high school.

Mr. and Mrs. Samuel M. Ewing (Dr. Genevieve Delfs) and their daughters, Merideth and Melinda, were on a two-week holiday trip in Florida. They spent a few days fishing at Isla Morada.

Drs. Robert A. Brown and James W. Gillis were elected to the Board of Deacons at First Presbyterian Church. Dr. R. W. Fenton was elected elder at Struthers U. P. Church.

—G. E. DeCicco, M.D.



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PROCEEDINGS OF COUNCIL**January 24, 1961**

The regular monthly meeting of the council of the Mahoning County Medical Society was held on Tuesday, January 24, 1961, at the Youngstown Club, Youngstown, Ohio.

The following physicians were present: A. K. Phillips, president, presiding, F. G. Schlecht, Asher Randell, H. P. McGregor, M. S. Rosenblum, J. J. McDonough, Jack Schreiber, R. J. Scheetz, C. C. Wales, Frank Gelbman, R. R. Fisher, G. E. DeCicco, C. E. Pichette, C. W. Stertzbach, H. J. Reese. Also present were Dr. R. B. McConnell and Dr. A. E. Rappoport. Absent were: A. A. Detesco, P. J. Mahar, E. R. McNeal, and F. A. Resch.

The meeting was called to order at 7:30 p.m. The minutes of the previous meeting were read and amended to include a notation of a special meeting of council for the purpose of approving a Christmas bonus of \$200 for the Executive Secretary.

Dr. McGregor introduced discussion concerning ambulance speeding. He said that the sheriff and the chief of police had been contacted and had assured cooperation. It was suggested that a member of the society might attend the safety meeting in the mayor's office. The matter was turned over to the Safety Committee to work with Dr. McGregor.

It was announced that a proposed television program over WXTV was placed in charge of Dr. R. L. Tornello.

Discussion was introduced by Dr. McDonough concerning the various county boards of health and the possibility of encouraging closer relationship. It was requested that Dr. Fenton be contacted for discussion.

The Motion was made, seconded, and duly passed that the following resolution be adopted by council:

RESOLUTION

WHEREAS the Sixth Councilor District Postgraduate Day, held on October 26, 1960, at Stambaugh Auditorium in Youngstown was the responsibility of the Mahoning County Medical Society, and

WHEREAS the distaff portion of the program was assumed by the Woman's Auxiliary of the Mahoning County Medical Society, and

WHEREAS the Woman's Auxiliary not only conducted their own program for the day, but also lent invaluable assistance to the Mahoning County Medical Society in many areas, and especially in receiving and registering guests

THEREFORE BE IT RESOLVED that the council of the Mahoning County Medical Society expresses the gratitude of the society to the Woman's Auxiliary for its outstanding contribution to the success of Postgraduate Day.

Dr. Rappoport introduced a resolution prepared by the Ohio Society of Pathologists concerning private laboratories. After Dr. Rappoport left the meeting, discussion ensued. The motion was made, seconded and duly passed that the resolution be presented to the Society at the February meeting.

A letter was read from the Mother's Club of the Jackson-Milton School District concerning candy machines in the schools. The executive secretary was instructed to forward the letter to the Corydon-Palmer Dental Society.

A letter was read from the Ohio Federation of Post Office Clerks regarding mass jet spray inoculation for polio. The motion was made, seconded and duly passed that council follow the established policy in regard to mass inoculation.

A letter was read from Bob White concerning pharmacist-doctor relationship and mutual problems. It was suggested that this might provide subject matter for a "Diagnosis" radio program. The letter was turned over to the Public Relations Committee.

Dr. R. B. McConnell, chairman of the Program Committee, reported on the program proposals for the coming year. The motion was made, seconded and duly passed that Dr. McConnell be authorized to purchase two \$37.50 bonds as prizes for resident papers provided a meeting is held for the reading of the papers.

The motion was made, seconded and duly passed that Dr. McConnell be authorized to pay the necessary expenses for a speaker other than a medical speaker.

Dr. Randell introduced discussion concerning Blue Cross-Blue Shield group coverage for members who changed from Active to Non-resident. The motion was made, seconded, and duly passed that such members be allowed to continue the group coverage provided that they write to council for approval and that such approval is forthcoming.

Dr. McDonough introduced discussion concerning publicity for the hospital utilization committees. The matter was referred to the Public Relations Committee with instructions that it be brought up at the next council meeting with a proposal.

Dr. Schreiber reported on the Seminar, indicating that 67 reservations for the Seminar in Literature were made at this date. He reported that the 1960 *Bulletin* showed a profit.

The motion was made, seconded and duly passed that Dr. Schreiber be commended as editor of the 1960 *Bulletin*.

Dr. McDonough introduced discussion concerning an investment program for the society. Following discussion, the motion was made, seconded, and duly passed that the matter be brought before the society at the February meeting.

Dr. McDonough introduced discussion concerning the possibility of a revolving loan fund for young doctors in the community. The motion was made, seconded and duly passed that the matter be brought before the society. The motion was made, seconded and duly passed to table the previous motion for two months.

The following applications were presented by the censors and read by the secretary:

ACTIVE MEMBERSHIP

John T. Martin, 207 Mahoning Bank Bldg., Youngstown, Ohio
 Richard Roland, 5532 Mahoning Ave., Youngstown, Ohio
 Nicholas B. Salistean, 3718 Market St., Youngstown, Ohio
 Sanford R. Weiss, Youngstown Hospital, North Side
 Charles Alvin Whitten, Jr., 501 Central Tower, Youngstown, Ohio

INTERN-RESIDENT MEMBERSHIP

Henry Paul Bauer, Jr., Youngstown Hospital
 Andre DeBakker, Youngstown Hospital

The above applicants will become members of the society within fifteen days after publication in the *Bulletin*, unless objection is filed in writing with the secretary during that time.

The motion was made, seconded and duly passed that the bills be paid. Meeting was adjourned.

—C. E. Pichette
 Secretary

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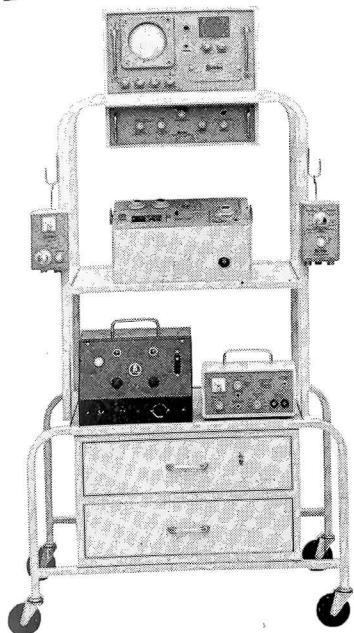
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WIFE LINE

Thanks again to Isabelle Calvin for providing us with such a wonderful way to raise \$1,269.64 for the scholarship funds. Isabelle had as her co-chairman Belva Hardin, and assisting them were Beechie Bennett, Janet Brody, Lou Dobson, Anny Fagnano, Eleanor Katz, Marian Schellhase and Romaine Stillson. The singers were Dave Brown, Gene Fry, Bryan Hutt, Ed Pichette, Bill Bunn, Fred Schellhase, Hugh Bennett and Ed Thomas. Members of the well-rehearsed band were A. E. Rappaport, Dean Stillson, Jim Smeltzer, Bob Kiskaddon, Bob Brown, Ed Beynon, Paxton Jones, Jim Fulks and J. Politi. And, of course, you recognized the beautiful dancers as Ray Lupse, Bill Bunn, Bob Fisher, Andy Detesco, Bob Wiltsie, and Fred Friedrich. The real can-can girl was Joan Musselman who did a wonderful job. Master of ceremonies for the production was Bob Tornello, who collaborated with Janet Brody on the script and direction. Others in the cast were Eleanor Rappaport, Florence Zeller, Helena Costantini, and Rene Cossette. I have purposely omitted the proper titles for the learned gentlemen so their amateur standings will not be in jeopardy.

The January meeting provided us with a great deal of information on which to ponder and act. This was the combined meeting for the Auxiliaries to The Mahoning County Bar Association, The Mahoning County Dental Society and The Mahoning County Engineers Society. Florence Zeller and Jane Fry were chairman and co-chairman, assisted by Ruth Bruchs and Donna Fulks for the dessert-coffee which preceded the business meeting and panel. Helen Goudsmit brought us up to date concerning our auxiliary affairs during the short business session. Libby Werbner is to be handed a bouquet for the job she did as program chairman. She was ably assisted by her co-chairman Elizabeth Scharf and her committee, Helen Ginder and Marjory Rosenblum. Libby introduced the Rev. Albert Pennybacker who was the panel moderator. He gave a short account of the White House Conference for the Problems of the Aged, to which he was an official Ohio delegate. He in turn introduced Mr. Fred Richards, an 82-year-old man who leads a very active life. In fact, Libby had to call him either early in the morning or in the evening since he was out and doing during the day. He is very active in the oldsters' group which meets in Wick Park Recreation Center. Mr. Richards extended an invitation to our group to stop in and see just what they do at the Center. Following his interesting talk we heard Mrs. Edna McDonald, instructor of sociology at Youngstown University. She brought home the fact that we must not always think in terms of "they" but also of "we" when dealing with problems of the aged, since we will some day be in that group. The time to prepare for retirement is now. Dr. Robert Kiskaddon dealt with the problem from a medical viewpoint. He stressed several points, among them, life must be made interesting for these folks and they must be allowed to do for themselves. A person with interests is less likely to have serious illnesses. Another very important message was that every person in Youngstown has available to him good medical care. If he is unable to pay for private care, the outpatient departments are equipped and staffed to offer them the best of medical care. No one need go without, due to lack of funds. There were many other points brought up; I wish I could remember them all to pass along to you. Those of us who were able to attend were fortunate indeed.

For our February meeting, we will be the guests of the Women's Auxiliary to the Mahoning County Bar Association at a luncheon to be held in the Jade Room on the 15th at 12:00 noon. The program will feature a Hat Show by Edith Williams.

Carol Cook has asked our help in connection with A.M.E.F. Our auxiliary receives credit for money donated by our husbands to any medical school.

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Our best wishes to Sharon Calder and Carole Wiltsie on their new arrivals.

—*Shirley Caccamo, Publicity Chairman,*

THIS AND THAT

Dr. Edward R. Annis of Miami, Florida, who very recently debated Hubert Humphrey on medical care for the aged under Social Security "stole the show" in my book.

When asked if the doctors in the country opposed Forand legislation because it would hurt their pocketbooks (it really wouldn't at all) his reply was that if our patients trust their lives and the lives of their families to our care they will readily trust their pocketbooks too. How could one say it better than that!

The Mahoning County Medical Society takes a measure of pride with Dr. Paul Harvey in the fame of his son, Dr. John Collins Harvey, of John Hopkins University, who has been chosen Editor for TICE'S 'PRACTICE OF MEDICINE. This is a great honor. Congratulations Doctor Paul and Doctor John Harvey.

Dr. John Stotler has an excellent photograph of Dr. Tom Dooley taken with John when Dr. Dooley spoke in Youngstown to the Chesterton Club in 1959. It is a very fine and clear picture and John has it prominently placed in his library.

I had the opportunity of speaking to Dr. Dooley briefly when he was in Youngstown. I asked him how do you practice medicine under such primitive conditions? His reply was that if he could bring 17th or even 18th century medicine to a country that was practicing 12th century medicine, it would be a start in the right direction. His death is a real tragedy for the entire world. He has been rightfully called the "magnificent American". Did someone say the American physician's image was slipping?

How wonderful it was to see my neighbor, Dick Middleton, thoroughly enjoying a neighborhood party some weeks back. The great big handsome brute looked better and stronger than ever (he was behaving too) and what a tribute to the medical, surgical and anesthesiological teams that cared for him.

I am not at all certain what should or should not go into this *BULLETIN* but since it goes into the home and is read by the family, it occurred to me that unusual experiences involving our children might prove interesting to our membership. For example:

Alberta and I recently arrived home at a good hour from the Medical Society dance to find the following note carefully written over the entire bulletin board:

"Dear Mom,

Grandmother is fine, Samantha* is in the cellar, the letter to the college of my choice is on the kitchen shelf and everything is just peachy! There were no phone calls or mysterious visitors; I didn't light any matches and the dishwasher had soap in it. Janie didn't write a letter to Bill but I did.

I don't know what else you could possibly want to know but if you do, I am either watching television or in bed. Oh yes, Janie put the clothes on the line.

(Signed) Your ever loving, ever efficient, radically different, extremely responsible, humbly obedient, way out never to return teenager Carol Ann."

*The cat.

—*John J. McDonough*

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