

# BULLETIN

of the MAHONING COUNTY MEDICAL SOCIETY

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### SEPTEMBER MEETING

September 10, 1957

Elks Club

5:30 — Indoctrination Meeting For New Members 6:30 — Cocktail Hour

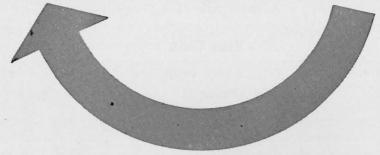
> 7:30 — FREE Buffet Dinner 8:15 — Business Meeting

Adoption of the New Constitution and By-Laws will be the only item on the agenda.

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Alternate Delegates

Representative to the Associated Hospital Service J. M. RANZ

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### Our President Speaks

Recent success in passage of legislation submitting to city voters a charter amendment providing for the creation of a Youngstown Health District, a full time physician health commissioner and a Board of Health, hails a significant milestone in the public health activity of our Society of Medicine. Passage of the legislation climaxes a series of sincere and persistent efforts made by us to bring the public health program of our community to acceptable standards and to have the type of public health surveillance that all of us should have.



Dr. John J. McDonough and his committee deserve high compliment for the tremendous job of securing the necessary signatures and in so doing, taking every precaution, to assure that an adequate number of valid signatures would be presented to our legislators. It was heartening to see so many public-spirited citizens, in all walks of life, willingly assist all members of the healing professions in our task of achieving a public service in the all important matter of community health.

Needless to say, we are now even more dedicated to our work and your committee is approaching the task of educating the public to the need of a health district, health commissioner, and a board of health, with renewed vigor. Nothing should provide greater incentive than the issue of a public health need for the improvement of conditions of public health in our community. However, like in all other matters, painstaking explanation to our citizens is necessary in order to forcefully point out a need, which we as physiciancitizens know is more important than any public improvement costing infinitely more.

If Youngstown is to become modern in non-medical matters, it must first become modern in the approach to Public Health if it is to consider itself the equivalent of any other city of its size. I urge you to join the committee in the program of education of our public and thereby bring this tremendous benefit, at long last, to our city.

There is no conceivable reason why the people of Youngstown shouldn't enjoy the advantages of a top-flight and progressive Health Department. It is our obligation therefore, to press this matter as physician-citizens who are expected to lead our fellow citizens in the all-out effort to get a prime need. We must not fail ourselves or our fellow citizens in this vital matter.

-S. W. Ondash, M. D.

### BULLETIN of the Mahoning County Medical Society

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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial Staff or the official views of the Mahoning County Medical Society.

Volume 27

August, 1957

Number 8

Published for and by the Members of the Mahoning County Medical Society

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STAFF

### **EDITORIAL**

### THE CITY HEALTH ISSUE

The opportunity is here taken to congratulate Dr. John McDonough and his committee on the successful placement of the issue for a qualified City Health Department on the November ballot. For many years the Mahoning County Medical Society has sponsored such a move. On two other occasions, technicalities frustrated its attempts to place the question before the people.

It is extremely difficult to understand why such a measure meets such vigorous objections from so many of those to whom the people of this valley have entrusted their care. The position that a trained physician is not needed is extremely tenuous in view of the fact that every other community in the nation of similar size and import has seen fit to put such a man in charge of its health. To be in opposition to such a status would make it seem that everyone else was illogical except us. What could be more logical than to have a doctor trained in Public Health taking care of the health of the public? The argument that this is a partisan question is totally without fabric on the surface. Neither democrat nor republican will stand to gain or lose more or less than the other. The most recent objection that has been brought forth to the effect that the creation of such an office would effect a substantial increase in tax-load was answered by Dr. McDonough who cited the per capita costs in Akron, Ohio — about \$1.50 — as the same as Youngstown's. Akron already has a full time, trained physician Health Commissioner. They also have a Board of Health. Why then, he asks, shouldn't this community have one when they are already paying for it? Why indeed?

In any event, the issue is to be submitted to the people on the November ballot. It is encumbant upon each and every one of us to get behind this measure wholeheartedly to the end that Youngstown will be a better and healthier place in which to live and work.

-C. E. Pichette, M. D.

#### COUNCILOR'S PAGE

Your state council meets at the Granville Inn on September 13, 14, 15. If you have problems for consideration by the Council, submit them as soon as possible.

The Post Graduate Assembly Committees of the Sixth Councilor District will meet at Congress Lake on Sunday, September 8th. We sincerely hope that every county can be represented. You will be getting a preliminary announcement of our Post Graduate meeting within a few days. Stark County, as you know, is the host this year, and the meeting will be held in Canton on Wednesday, October 23. Reserve this date now!



You may recall that last May the Post Graduate Committees recommended that each county society contribute one dollar per member each year, as a back-log for some time when we may have a "stormy" Post Graduate day. Five counties have agreed to do this. The sixth county will give us an answer when their council meets in September. We have every reason to believe that they too, will vote the dollar per member. No checks will be accepted until all can be turned over to the treasurer at one time. I think it would be very well if the checks could all be given to our treasurer Dr. Sudimack, when we meet at Congress Lake on September 8th. Our Post Graduate Assembly has been the outstanding meeting of the state each year and is getting better all the time. Stark County has gone all out to make this one another outstanding medical meeting. Lets all give them our fullest support.

We have discussed the manner and method of giving the third polio vaccine injection, with the presidents of all six counties. There is a unanimous opinion that these injections should be given in the doctors' offices. There is no more "free" vaccine. There is also unanimous agreement that if a patient can not pay, no fee will be charged. The indigent can get his services by applying to the relief office, for an order to see the personal physician. At the same time we all agree that a very vigorous compaign should be set up to educate the public about the dangers of polio and the availability of the vaccine. If the above campaign is carried out, there need not be a single person who can not get the vaccine. (When I was a boy out in a small western town, the merchant who occasionally sold me a suit of clothes, would "throw in" a belt or a pair of suspenders. He thought that was good public relations. I concluded that if he didn't make more than an honest profit on the suit he wouldn't be able to give me the suspenders.)

The first supplies of a vaccine against Asian influenza are expected to become available to the public during September. There will not be sufficient vaccine to immunize a majority of the population before the influenza season, but we should all urge a maximum use of the vaccine just as rapidly as supplies are available. All of us had to discard polio vaccine because of the apathy of the public. Lets not let this happen again. Our surgeon general says that if epidemics should occur they could spread from San Francisco to Boston in a period as short as perhaps four weeks.

C. A. Gustafson, M. D.

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#### FROM THE BULLETIN

### Twenty Years Ago — August, 1937

Secretary Poling in his report on Society activities said that "not many problems of great importance need solving."

Former internes at St. Elizabeth's Hospital held their reunion at the Youngstown Country Club on July 15th. S. R. Cafaro, Elmer Nagel, R. V. Clifford arranged the program. Dr. McNamara was honored as St. Elizabeth's first interne.

The same day the former internes of the Youngstown Hospital held their reunion at Southern Hills Club and the oldest ex-interne present, Dr. John Heberding was elected president of the association.

On August 19th the Medical Society held an old fashioned picnic at Bert Millikin's farm, featuring a ball game between the two hospitals. The ball field out there was just a pasture field with rocks for bases. As usual there were several sprained backs, pulled tendons and fractures but the steamed clams and chicken were delicious and everyone had a good time. Bert passed away just last month and we miss him but we will remember with fondness his generous hospitality and the good times we had at his place.

Neidus reported in his column on "Medical Gleanings" that the adrenals play an important part in salt metabolism, estrogen controls the symptoms of the menopause and that the new Protamine Insulin frequently causes reactions at night.

It was a good summer, no depression, no war nor rumors of war and not many problems needed solving.

### Ten Years Ago - August, 1947

President McKelvey announced that petitions would be circulated to have a Charter Amendment providing for a Board of Health and a Health Commissioner put on the ballot for the fall election. The dead line was September first, so there was not much time and seven thousand signatures were needed. The effort failed because not enough signatures were obtained.

Dr. Francis J. Gambrel was chief resident in obstetrics and gynecology and Donald Dockry was an interne at St. Elizabeth's. Martin Conti returned home from the Navy and entered private practice. J. K. Herald returned from New York and entered the field of proctology. E. R. Brody returned from a Post-Graduate course at the New York Skin and Cancer Hospital. David and Nathan Belinky moved into their new office on Wilson Ave.

Timely excerpts from John Noll's article on "Psychiatry From An Internists Viewpoint." "All physicians must practice some form of psychiatry or fail many times in their attempts to help the patient. We must place more emphasis on the individual as a whole, both mind and body in our daily rounds. No array of well trained specialists will take the place of a sympathetic, firm understanding doctor. Whether called the 'art of medicine' or 'psychosomatic diagnosis' modern medicine cannot afford to omit the time required to learn the personality and social status of our patients."

—J. L. F.

### the next patient you see



that patient may need nutritional support that patient may need a corrected diet and

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### ODDS AND ENDS

Dr. and Mrs. A. K. Phillips are back from a fishing trip in Canada.

Dr. and Mrs. Elmer Wenaas are the proud grandparents of a baby boy born on July 16th, Dr. Wenaas' birthday.

Mrs. P. J. McOwen was recently a patient at St. Elizabeth Hospital.

Dr. and Mrs. F. J. Gambrel recently returned from a three week vacation in Florida. They spent some of their time with the Kupec's who were there during June.

Also back from Florida are Dr. and Mrs. M. E. Conti. Incidentally Dr. Conti was recently made a Captain in the Naval Reserve.

Dr. Sisek is recuperating nicely from a recent illness.

Dr. Peter Boyle is back from a month vacation in England.

Dr. F. G. Kravec returned from Columbus where he attended the annual meetings of the Ohio State Medical Association and the Ohio Chapter of the American College of Chest Physicians. He was re-elected secretary-treasurer of the latter group.

Dr. and Mrs. George Cook spent three weeks at their cottage on Lake Erie.

Dr. and Mrs. Rodrigas (orthopedic resident at South Side Hospital) have just returned from Mexico where they were visiting their families.

Two recent weddings were: June 15, 1957 Miss Doris Goudsmit, daughter of Dr. and Mrs. Arnoldus Goudsmit. July 20, 1957 Miss Joanne Marinelli, daughter of Dr. and Mrs. A. C. Marinelli.

July is an expensive month for the Dr. John A. Rogers. Mrs. Rogers' birthday is July 10. Her mother, Mrs. Reese James, celebrates July 14. Son Jack has a birthday on July 7, and Dr. and Mrs. Rogers have a wedding anniversary on July 27th. They just stay home in August and recuperate.

Dr. Samuel Epstein, 2024 Guadalupe Ave. was in Baltimore, Md., where he spent a week in post-graduate study at Johns Hopkins Medical School.

Dr. Milan Halmos and his family vacationed in Canada recently.

Dr. Gustafson is moving to the Bel-Park Professional Building. Best wishes doctor.

Our best wishes to Dr. Paul Fuzy and family in Florida.

Dr. and Mrs. Firestone and family had a wonderful 9,000 mile tour of the west. Ask him about this country.

Congratulations and best wishes to Dr. Donald Dockry in his new location.

Congratulations and lots of happiness to Dr. Paul Dobson and his bride.

Dr. Bob Foster was recently out at the Canfield race track at a sports car rally. Led the pack for 22 laps, in a race. Then was forced to quit when oil began to heat up.

Dr. and Mrs. T. K. Golden left August 5th for a stay at Cape May.

Dr. and Mrs. Raupple et al spent the week of the 5th up at camp on Lake Erie.

Dr. Altman with his four young sons and wife recently toured New England. Everyone should do this once.

Dr. and Mrs. Chester Lowendorf spent their vacation at Bemus Point, Lake Chataugua. Enjoyed it, greatly.

Dr. Sidney Franklin addressed the annual meeting of the American Board of Legal Medicine at St. Moritz Hotel, N. Y. City. Subject: "Problems of Senility."

Congrats to Mr. and Mrs. Paul Herald on birth of their new son.

Congratulations to Dr. and Mrs. H. E. Mathay and Dr. and Mrs. E. Wenaas who recently celebrated their twenty-fifth wedding anniversary.

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tion, premenstrual tension, menopause, and palliation of inoperable breast cancer.

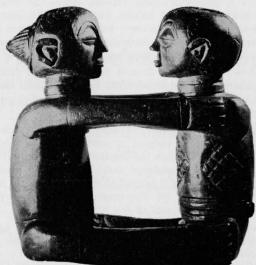
Halotestin is unique in that it causes no sodium retention or edema, and that jaundice or hypertension has not been observed.

Administration and dosage: The total daily dosage may be administered singly or divided into three or four doses. Average doses vary from 2 to 10 mg. per day (20 mg. in inoperable breast carcinoma) according to the individual and the condition being treated.

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### NEW PRINCIPLES OF MEDICAL ETHICS

The House approved the long-discussed revision of the Principles of Medical Ethics, originally submitted at the 1956 annual meeting in Chicago. The final version, presented by the Council on Constitution and Bylaws and then amended by reference committee and House discussions in New York, now reads as follows:

#### **PREAMBLE**

"The principles are intended to aid physicians individually and collectively in maintaining a high level of ethical conduct. They are not laws but standards by which a physician may determine the propriety of his conduct in his relationship with patients, with colleagues, with members of allied professions, and with the public.

SECTION 1. — The principal object of the medical profession is to render service to humanity with full respect for the dignity of man. Physicians should merit the confidence of patients entrusted to their care, rendering to each a full measure of service and devotion.

SECTION 2.—Physicians should strive continually to improve medical knowledge and skill, and should make available to their patients and colleagues the benefits of their professional attainments.

SECTION 3.—A physician should practice a method of healing founded on a scientific basis; and he should not voluntarily associate professionally with anyone who violates this principle.

SECTION 4.—The medical profession should safeguard the public and itself against physicians deficient in moral character or professional competence. Physicians should observe all laws, uphold the dignity and honor of the profession and accept its self-imposed disciplines. They should expose, without hesitation, illegal or unethical conduct of fellow members of the profession.

SECTION 5.—A physician may choose whom he will serve. In an emergency, however, he should render service to the best of his ability. Having undertaken the care of a patient, he may not neglect him; and unless he has been discharged he may discontinue his services only after giving adequate notice. He should not solicit patients.

"SECTION 6.—A physician should not dispose of his services under terms or conditions which tend to interfere with or impair the free and complete exercise of his medical judgment and skill or tend to cause a deterioration of the quality of medical care.

SECTION 7.—In the practice of medicine a physician should limit the source of his professional income to medical services actually rendered by him, or under his supervision, to his patients. His fee should be commensurate with the services rendered and the patient's ability to pay. He should neither pay nor receive a commission for referral of patients. Drugs, remedies or appliances may be dispensed or supplied by the physician provided it is in the best interests of the patient.

SECTION 8.—A physician should seek consultation upon request; in doubtful or difficult cases; or whenever it appears that the quality of medical service may be enhanced thereby.

SECTION 9.—A physician may not reveal the confidences entrusted to him in the course of medical attendance, or the deficiencies he may observe in the character of patients, unless he is required to do so by law or unless

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it becomes necessary in order to protect the welfare of the individual or of

the community.

SECTION 10. — The honored ideals of the medical profession imply that the responsibilities of the physician extend not only to the individual, but also to society where these responsibilities deserve his interest and participation in activities which have the purpose of improving both the health and the well-being of the individual and the community."

In approving the new Principles of Medical Ethics, the House of Delegates also reaffirmed the "Guides for Conduct for Physicians in Relationships with Institutions," adopted in 1951, and requested the Board of Trustees to devise and initiate a campaign to educate both physicians and the general public to the dangers inherent in the illegal corporate practice of medicine in its various forms.

-AMA House of Delegates, June 1957

### HOW VERY TRUE!

A WORD ABOUT PR: G. A. Harshman, former president of the Pennsylvania Newspaper Publishers Association, had this to say: "Public relations has been defined as to do good and to be good. Certainly this is the bedrock upon which successful public acceptance must be built and any program which lacks it would be like the proverbial house built upon the sand. Yet essential as it is to do good and be good — even that is not enough. You must tell the people about it."

LET'S DO IT!

—The P. R. Doctor, May, 1957

### FLU VACCINE

At the latest Washington meeting, it was disclosed that scientists from the National Institutes of Health had already succeeded in developing an effective vaccine against the new type Asiatic virus, following essentially the same techniques used in manufacturing the Salk anti-polio vaccine. Six U. S. pharmaceutical companies are now working to produce the vaccine commercially. It is expected to provide eight to twelve months protection against the Asiatic-type flu.

Commenting on this quick break-through, the New York Times said: "The speed with which  $\alpha$  new and effective type of vaccine is being produced against a virus strain that was unknown in this country just a month ago is evidence of the many practical applications of basic knowledge that result

from years of fundamental research."

-Sec'y Letter, July 8, 1957

### HAPPY BIRTHDAY!!!

R. B. McConnell J. L. Fisher W. K. Allsop A. W. Miglets L. J. Gasser J. M. Basile S. W. Ondash F. Gelbman D. A. Belinky W. W. Ryall J. N. Gordon R. S. Boniface J. C. Vance S. Keyes W. T. Breesmen C. K. Walter J. R. LaManna J. Campolito O. M. Lawton D. R. Dockry



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### SIXTH COUNCILOR DISTRI

CANTO

October

Stark County will be host in Canton, Ohio, Wednesday, October 23 for the annual assembly. All meetings, with the exception of the morning and afternoon panels in obstetrics and gynecology will be held at the Onesto Hotel. The obstetrics and gynecology meetings will be held at the Y. M. C. A. ½ block away until 4 P.M. at which time they will join in a large panel on "Adolescence" at the Onesto.

An excellent group of speakers from many sections of the United States has been obtained and their topics will be of interest to all physicians.

PROG

"Are Lipoprotein Determinations Predictive of Coronary Disease?" Dr. John W. Gofman, Institute of Medical Physics, Belmont, California.

"Abdominal Tumors of Childhood", Dr. Orvar Swenson, Associate Professor of Surgery, Harvard, Boston, Massachusetts.

Panels in OB & GYN. "Habitual Abortion", Dr. Carl T. Javert, Director of OB and GYN, St. Lukes, New York City; "Abnormal Bleeding of The Last Trimester of Pregnancy", Dr. Leon Israel, Chief of Gynecology, Graduate Hospital, University of Pennsylvania, Philadelphia, Pa.; "Management-Diabetes in Pregnancy", Dr. William P. Given, Assistant Professor of Obstetrics and Gynecology, Cornell, New York City.

Panel, "Coronary Disease"; "Dietary and Pharmaceutical Approach in Prevention and Treatment" (moderator) Dr. William B. Bean, Professor of Medicine, University of Iowa, Dr. Gofman, Dr. Philip Tumulty, Associate Professor of Medicine, John Hopkins, Baltimore, Maryland.

"Fashions and Trends in Infant Nutrition", Dr. Paul Gyorgy, Professor of Pediatrics, University of Pennsylvania, Philadelphia, Pa.

Panel—"Management of Biliary Tract Diseases and Associated Conditions", (Moderator) Dr. Robert Zollinger, Professor of Surgery, Ohio State University, Dr. Cornelius Sedgwick, The Lahey Clinic, Boston, Dr. Swenson.

Panel — "Carcinoma of Endometrium", (Moderator) Dr. Javert, Dr. Israel, Dr. Given.

### CT POST GRADUATE DAY

N, OHIO

23, 1957

The medical auxiliary has also planned an interesting day including luncheon and a style show. They will join their husbands at the pre banquet reception and banquet following the afternoon sessions.

Concluding the day will be our evening speaker Dr. William Bennett Bean, Professor of Medicine at The University of Iowa. He will entertain us with his satire on the present day practice of medicine as only he can present it.

### RAM

"The Adolescent Clinic", Dr. J. R. Gallagher, Physician in Chief, Adolescent Clinic, Peter Bent Brigham, Boston, Mass.

"Collagen Diseases", Dr. Tumulty.

Panel-"Amenorrhoea", (Moderator), Dr. Israel, Dr. Javert, Dr. Given.

"Epilepsy", Dr. Clark Randt, Director of Neurology, Western Reserve University, Cleveland, Ohio.

Panel—"Management of Upper Gastro Intestinal Tract Bleeding", (Moderator) Dr. Zollinger, Dr. Bean, Dr. Stanley Hoerr, Cleveland Clinic, Dr. Sedgwick, Dr. Swenson, Dr. Tumulty.

Pathological Conference "Ovarian Tumors" Dr. Javert, Dr. Israel.

"The Use of The Newer Antibiotics", Dr. Robert Mercer, Head, Department of Pediatrics, Cleveland Clinic.

Panel — "Treatment of Benign Diseases of The Colon" (Moderator) Dr. Zollinger, Dr. Hoerr, Dr. Sedgwick.

"Medical and Surgical Treatment of Parkinsons Disease" Dr. Randt.

"Newer Concepts Regarding Cancer", Dr. Donald Effler, Chairman, Dept. of Thoracic Surgery, Cleveland Clinic.

Panel — "Adolescence", (Moderator) Dr. Gallagher, Dr. Bean, Dr. Given, Dr. Gyorgy, Dr. Tumulty, Dr. Randt.

#### MEETINGS — AUGUST, 1957

AMERICAN UROLOGICAL ASSOCIATION — North Central Section — Grand Hotel, Mackinac Island, Mich., August 28-30. Dr. Edwin C. Graf, 7 W. Madison St., Chicago 2, Illinois, Sec.

MICHAEL REESE HOSPITAL, course in Electro-cardiographic Interpretation

for Graduate Physicians, Chicago, Aug. 19-31.

WEST VIRGINIA STATE MEDICAL ASSOCIATION, The Greenbrier, White Sulphur Springs, August 22-24. Mr. Charles Lively, P. O. Box 1031, Charleston 24, Executive Sec.

### MEETINGS - SEPTEMBER, 1957

AMERICAN UROLOGICAL ASSOCIATION, Northeastern Section, White Face Inn, White Face, N. Y., Sept. 8-11.

INTERSTATE POSTGRADUATE MEDICAL ASSOCIATION OF NORTH

AMERICA, Chicago, Ill., Sept. 29-Oct. 3.

U. S. SECTION, INTERNATIONAL COLLEGE OF SURGEONS, Chicago, Ill., Karl Meyer, 1516 Lake Shore Drive, Chicago, Illinois, Sept. 9-12.

COLLEGE OF AMERICAN PATHOLOGISTS, New Orleans, La., Sept. 29-Oct. 4. A. H. Dearing, Prudential Plaza, Suite 2115, Chicago 1, Illinois.

- AMERICAN CONGRESS OF PHYSICAL MEDICINE AND REHABILITATION, 35th annual scientific and clinical session, Hotel Statler, Los Angeles, Sept. 8-13.
- ST. LOUIS UNIVERSITY, course for General Practitioners on Diagnoses and Treatment of Cancer in the Oral Region, Francis Hospital, Washington, Mo., Sept. 10.

PENNSYLVANIA HEART ASSOCIATION, convention in Pittsburgh, Sept. 14-15. AMERICAN FRACTURE ASSOCIATION, cannual meeting in El Paso, Texas,

Sept. 30-Oct. 2.

AMERICAN ACADEMY OF GENERAL PRACTICE, Symposium on Infectious Diseases, Battenfeld Auditorium, Kansas University Medical Center, Kansas City, Kansas, Sept. 21.

OHIO STATE UNIVERSITY, course in pulmonary disease for general practi-

tioners, Union Building, Columbus, Sept. 27-28.

### MEETINGS — OCTOBER, 1957

INTERNATIONAL CONGRESS OF INTERNATIONAL SOCIETY OF ANGIO-LOGY, Atlantic City, N. J., Oct. 10-13. Dr. H. Haimovici, 105 E. 90th St., New York 28, N. Y., Sec.

AMERICAN ROENTGEN RAY SOCIETY, Washington, D. C., Oct. 1-4. Barton

R. Young, Germantown Hospital, Philadelphia 44, Pa.

AMERICAN ACADEMY OF PEDIATRICS, Chicago, Ill., Oct. 7-10. E. H. Christopherson, 1801 Hinman Ave., Evanston, Ill.

AMERICAN COLLEGE OF SURGEONS, Atlantic City, N. J., Oct. 14-18.

Michael L. Mason, 40 E. Erie St., Chicago 11, Illinois.

AMERICAN SOCIETY OF ANESTHESIOLOGISTS, Los Angeles, Calif., Oct. 14-19. J. E. Remlinger, Jr., 188 W. Randolph St., Chicago 1, Illinois.

AMERICAN HEART ASSOCIATION, Scientific sessions — Chicago, Illinois, Oct. 25-28. American Heart Assoc., 44 E. 23rd St., New York 10, N. Y.

NINTH POSTGRADUATE ASSEMBLY IN ENDOCRINOLOGY AND META-BOLISM, Augusta, Ga., Oct. 21-25. Dr. Robert Greenblatt, Medical College of Georgia, Augusta, Ga.

AMERICAN ASSOCIATION for the SURGERY OF TRAUMA, Annual meeting, Oct. 31-Nov. 2, The Homestead, Hot Spring, Va., James K. Stack, 700

N. Michigan Ave., Chicago 11, Illinois, Sec.

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(1) Holt, J. O. S., Jr.: Dollos Med. J. 42:497, 1956. (2) Gelvin, E. P.; McGavack, T. H., ánd Kenigsberg, S.: Arn. J. Digest. Dis. 1:155, 1956. (3) Notenshon, A. L.: Am. Proct. & Digest Treat. 7:1456, 1956.

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AMERICAN CANCER SOCIETY, cannual meeting, Oct. 28-29, Park-Sheraton Hotel, New York City, N. Y.

NEW ENGLAND SURGICAL SOCIETY, annual meeting, Oct. 4-5, Mount Washington Hotel, Burton Woods, N. H., Dr. Richard Warren, Peter Bent Brigham Hospital, 721 Huntington Ave., Boston 15, Mass., Sec.

ST. LOUIS UNIVERSITY, course in recent advances in hematology for general

practitioners, Oct. 8, Francis Hospital, Washington, Mo.

### STAFF MEETING TONIGHT?

The world has so much in the way of disease,
I am sure we all have been as busy as bees;
I know at the end of this frustrating day,
I am thinking of home and of hitting the hay.

Re: a meeting tonight, a discouraging fact is
It won't be improving my mind or my practice
A meeting's a must 'til I've filled out my quota,
But this is the night for a bourbon and soda.

And this is the night, though I ought to be thinner
For stuffing myself on a leisurely dinner.
So carry on men, and I hope you do well with it,
Tonight is the night I'll be saying the hell with it.

-Courtesy, King County Medical Society

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Symptoms: Avoids the physicians, dentist or hospital; moves, leaving no forwarding address; ignores bills, statements and letters; or discovers treatment was unnecessary, or ineffective, or both; physician's, dentist's or hospital's charges excessive, as neighbor got more for less than from another; can't afford to pay; paying on new automobile; they don't need the money; as I was told to pay when I could.

Prognosis: Usually curable in early stages; if neglected, is progressive and

becomes chronic and incurable.

Prescription: Refer promptly when ailment is discovered to competent specialists (Medical Dental Bureau).

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Result: Complete return to mental normalcy; greatly relieved conscience; restore high regard for physician, dentist and hospital as indicated by recommendation to all acquaintances, and prompt payment for all further services.

Discussion: Unnecessary and unwise delay in proper use of suggested prescription, results in rigor mortis of the physician's, dentist's or hospital bill

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#### HURRICANE AUDREY

Everyone is familiar with the death and destruction left by Hurricane Audrey when it ripped through Cameron and Calcasieu parishes in Louisiana on Thursday, June 27, but not everyone is familiar with the heroic work of physicians there during one of the nation's worst disasters. More than 500 persons lost their lives and property damage added up to many millions of dollars.

The best word picture of what happened there from the profession's standpoint was a letter to me from Paul Perret, who handles public relations for the Louisiana State Medical Society, and the society's president, Dr. H. Ashton Thomas.

Their letter announced that the state society had voted to campaign for financial assistance to three Cameron parish physicians, all under 37 years old, who lost their offices, clinics and homes. Only physicians will be solicited for contributions.

In a memorandum addressed to all members of the Louisiana State Medical Society, Dr. Thomas said the fund is intended "to give all members of the society an opportunity to display their admiration and gratitude to these doctors for their splendid contribution to the cause of medicine."

Voluntary contributions to the fund have already been received from many laymen, as well as from doctors outside of the state. Contributions should be sent to: Cameron Parish Medical Rehabilitation Fund, c/o Louisiana State Medical Society, Room 105, 1430 Tulane Avenue, New Orleans 12, Louisiana.

Funds collected will be distributed equally between Dr. C. W. Clark of Cameron and Drs. G. W. Dix and S. E. Carter of Creole to assist in re-estab-

lishing their practices.

Mr. Perret visited the devastated area and talked with many doctors. He said that in spite of severe personal losses — especially in the case of Dr. Clark, who lost three of his five children — "the three physicians performed heroically during the hurricane. At the beginning of the storm, they were the only doctors in the hardest hit area. They literally worked without sleep for days and many lives were saved through their efforts."

He said what is left of Dr. Dix's small hospital is presently lying in a marsh about a mile from where it stood before the storm. Dr. Clark's buildings and equipment are a total loss. A portion of Dr. Carter's building remains standing but all of the furnishings and equipment were ruined.

Memorial hospital is providing the three doctors with office space so they

can carry on at least part of their practice.

The place where they practice normally is "rural" in every sense of the word and extremely colorful. The population is made up primarily of French-speaking people. Only one of the doctors is a native of the area. Another picked the place to practice because of its remoteness.

All three of the doctors are determined to return to the devastated area and re-establish practice. They have a genuine devotion to the people.

While the rehabilitation fund was set up primarily to assist the three doctors in re-establishing normal medical services for the people of Cameron parish, it was created also as a tribute to all the doctors in the hurricane area who, according to Dr. Thomas, "performed above and beyond the call of duty."

During the hurricane, the entire membership of the Calcasieu Parish Medical Society was mobilized to render aid to disaster victims. The society includes members practicing in Calcasieu and Cameron parishes. Of the



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approximately 90 members, 25 were dispatched by helicopters and army "ducks" to several centers with the first wave of rescue workers.

Other medical society doctors served at aid stations and in hospitals and refugee centers at several points. Normal medical facilities came to a complete halt in the two-parish area for almost three days while doctors administered exclusively to the needs of hurricane victims.

Dr. Joseph A. Hertell, Atlanta, medical director for the southeastern area of the American Red Cross, said: "In the major 10 disasters I have witnessed in the past five years, the Calcasieu Parish Medical Society's disaster operation was the best planned and executed." He attributed the fine performance to good planning on the part of the medical society and the espirit de corps of its members. He said assignments "were never questioned."

Attached to this letter is a copy of an editorial, "A Small Town's 'Big Man'," which was published in The Patriot of Harrisburg, Pa. It was prompted by press service stories about the role which doctors, especially Clark, played in caring for the hurricane victims. The editorial is a fine tribute to the medical profession as a whole and is symbolic of many editorials which appeared in newspapers all over the country, praising the Louisiana doctors for an outstanding job under the most trying conditions.

-Sec'y Letter, July 22, 1957

### A SMALL TOWN'S 'BIG MAN'

The only doctor is the small town's "big man." His home is usually the town showplace. Sometimes, so is his life. Then he really is, in the fullest sense, the town's "big man."

Cameron, La., is a small town. Before Hurricane Audrey, 2,500 men,

women and children lived there. There are far less now.

Dr. Cecil Clark is Cameron's "big man."

His home, before Hurricane Audrey, was Cameron's showplace. His home, like those of the families to whom he ministered, is gone. It was destroyed by the hurricane and its devastating tidal wave.

Cameron will come back. Dr. Clark will build a new home. But it will never be the same — for Cameron or for Dr. Clark. Cameron's families are decimated — Dr. Clark's among them.

His three daughters perished in the flood. For hours, his wife's fate was unknown. So was that of his two sons visiting not too far away when the storm swept in.

It started Thursday.

Dr. Clark was at the town's medical center when it hit. He was the only doctor there. The flood poured into Cameron. The injured and the dying poured into the makeshift hospital. Dr. Clark did what he could for all of them — hour after hour. He knew nothing of his family that first nightmare of a night. Friday, he knew his home was gone — and so was his family. A little later he learned three of his children had perished.

"He just kept working, taking care of the injured as though nothing had

happened," a Cameron man said.

Saturday afternoon, he was still working when the first crew of outside doctors was rushed in. He hurried to a reunion with his wife, who had been pulled from the raging torrent 20 miles away. Then he returned to Cameron to help identify the dead and to again care for the injured, all of them his patients.

The Hippocratic Oath for physicians says, "So far as power and discern-



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ment shall be mine, I will carry out regimen for the benefit of the sick, and I will keep them from harm and wrong . . ."

The deputy sheriff of Cameron said, when it was all over, "The Doctor was tired and had a sad look on his face. He was brokenhearted, and the people really appreciate what he has done."

Maybe, the Hippocratic oath says it better. It ends:

"If I shall fulfill this oath and break it not, may the fruits of my life and of art be mine, may I be honored of all men for all time. . ."

The last time we commented editorially about a doctor, it was also to point at the Hippocratic Oath and another emergency, nowhere near the scope of what happened to Cameron. We did not like what he did. We said so.

We can't say enough today for Dr. Cecil Clark. He became a shining symbol in Cameron's grave hours of need of other doctors everywhere.

May Dr. Cecil Clark "be honored of all men for all time . . . "

He is, indeed, a "big man."

In the months ahead, as Cameron rebuilds, Dr. Clark will rebuild, too. His new home well may be, as his old one was, Cameron's showplace. But it always will be only a dull patch compared to the showplace that is his life.

—The Patriot, Harrisburg, Pa., July 2, 1957

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#### **VOLUNTARY HEALTH INSURANCE**

NEW YORK, N. Y. — Health Information Foundation released results to-day of the first survey of its kind to test the effectiveness of typical voluntary health insurance coverage among insured groups in the population. Entitled "Voluntary Health Insurance in Two Cities," the study report was written by Dr. Odin W. Anderson, Foundation research director, and the staff of the National Opinion Research Center of the University of Chicago. The volume was published by Harvard University Press.

The survey was conducted to bring new data to the health insurance field which has grown from 12 million subscribers and policy-holders 17 years ago to 112,000,000 today. Seventy percent of these persons are members of insured groups. A survey objective was to study the financial impact of services not usually covered for such groups by present health insurance—such as physician's home and office calls.

According to the survey, among those insured by Blue Cross and Blue Shield in Boston, Mass. and Birmingham, Ala., and by the Aetna Life Insurance Company in Boston, about 75 percent of hospital charges are covered by insurance and an average of 62 percent of all surgical charges.

Moreover, among the families incurring charges for hospital care, an average of 61 percent had 80 percent or more of those charges paid by in-

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surance during the survey year. For surgery, the comparable figure was 46 percent of families with 80 percent of their bills paid.

Although this newly-published report does not evaluate such statistics, it shows that they compare favorably with figures from the Foundation's Nationwide Family Survey of Medical Costs and Voluntary Health Insurance.

As for health services not commonly covered by insurance, the survey shows that frequently families have expenses for uninsured services which are too high in the aggregate to be called "out-of-pocket" items.

Whereas about 8 percent of the families in the survey incurred charges of more than \$100 during the survey year for surgery, for example, an average of 18 percent with charges for physician's services other than surgery or obstetrics had bills totalling more than \$100. The latter are not now covered by typical insurance. Likewise, about 13 percent of the families interviewed incurred charges of more than \$100 during the survey year for medicines.

Through such comparative data the report is intended to show how typical voluntary health insurance measures up for the subscriber or policyholder. It also shows to what extent certain benefit provisions need to be expanded and others provided for in further assisting people to meet their unexpected health expenses. According to the authors, their overall objective was to demonstrate "how to provide an increasingly more stable financial base for personal health services" through the health insurance structure.

The authors assume in one calculation that if it is reasonable to expect insurance to cover 80 percent of all charges for hospital care nationwide, upgrading of benefits would be needed among 41 percent of the families now holding hospital insurance. If the same arbitrary standard were followed for surgical benefits, 55 percent of all surgical contracts would need to be upgraded.

Since extended benefits and added coverage mean higher premiums, according to the authors, the survey investigated what subscribers say about the costs and benefits of voluntary health insurance. An average of 70 percent of those interviewed said they were completely satisfied with their coverage as it is. Twenty-five percent of the household heads in Birmingham said they would favor additional protection, particularly for general medical-care expenses outside the hospital, as did 17 percent of the household heads interviewed in Boston.

One-fourth to one-half of the subscribers desiring greater benefits would not want to pay for them, according to the study, even though they expressed a desire for them. But one-third to two-thirds would be willing to pay more for additional benefits.

Such statistics must be examined in terms of the proportion of premiums paid by employers, according to the authors: the insured whose premiums are paid in whole or in part by employers expressed greater satisfaction with their coverage and greater willingness to pay for added benefits.

The survey report is intended primarily for the health insurance industry and the health field. In his preface, George Bugbee, Health Information Foundation president, says that the Foundation hopes the study "may set a pattern for prepayment plans and insurance companies in making additional regional studies of the same sort".

"Such studies would, for the first time, give board members and those responsible for administration of these agencies exact information on how

their plans are meeting the public need."



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### SCIENTIFIC PROGRAM

### Wednesday, September 18, 1957

	Registration and Visit Exhibits
8:45	Address of Welcome
9:00—9:45	CURRENT PROBLEMS IN THE TREATMENT OF INFECTION  —Morton Hamburger, M.D., Cincinnati, Ohio
9:45—10:30	THE ART OF TREATMENT WITH TRANQUILIZING DRUGS
	-Frank J. Ayd, Jr., M.D., Baltimore, Maryland.
10:30—11:15	Visit Exhibits
11:15—12:00	REHABILITATION OF THE HEMIPLEGIC PATIENT— Paul A. Nelson, M. D., Cleveland, Ohio.
12:00-1:30 P.M.	Lunch and Visit Exhibits.
1:30—2:15	CERVICAL BIOPSIES IN OFFICE PRACTICE—
1.00 2.10	Malcolm L. Barnes, M. D. George S. Allen, M. D., Louisville, Ky.
2:15-3:00	Visit Exhibits
3:00-3:45	THE ALLERGIC PATIENT, HIS PROBLEMS, OFFICE DIAG-
	NOSIS AND TREATMENT (Emphasis on Bronchial Asthma) Nathan E. Silbert, M.D., Lynn, Mass.
3:45-4:30	INTRA-ARTICULAR AND PERI-ARTICULAR INJECTIONS
	WITH HYDRO-CORTISONE IN THE OFFICE -
	J. I. Kendrick, M.D., Cleveland, Ohio.
Banquet	BOTH DOCTORS AND PATIENTS ARE HUMAN BEINGS—
banquet	Edward H. Rynearson, M.D., Rochester, Minn.
	Thursday, September 19, 1957
8:00 A.M.	Registration and Visit Exhibits
9:00—9:45	ATHLETIC INJURIES — Richard Patton, M. D., Columbus, O.
	THE IRRITABLE CHILD — James L. Dennis, M.D., Oakland,
9:45—10:30	
	Calif.
10:30—11:15	Visit Exhibits
11:15—12:00	NEW METHODS FOR THE TREATMENT OF THE ARTERIO-
	SCLEROTIC HEART—
	Walter L. George, M.D., Cleveland, Ohio.
12:00-1:30 P.M.	Lunch and Visit Exhibits.
1:30-2:15	GYNECOLOGICAL DISEASE IN ADOLESCENTS AND
	CHILDREN — Edward Allen, M. D., Chicago, Illinois.
2:15-3:00	Visit Exhibits.
3:00—3:45	COSMETIC DENTAL PROBLEMS IN THE GROWING CHILD
0.00	—John E. Aldrich, D.D.S., Columbus, Ohio.
3:45-4:30	BEHAVIOR PROBLEMS IN ADOLESCENT CHILDREN—
0.10-1.00	Louis J. Wise, M.D., Cincinnati, Ohio.
	Louis J. Wise, W.D., Omenman, Omo.

Adjournment.

4:30

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### WASHINGTON'S MEDICAL DISCIPLINARY ACT

Through the ballot box, individual physicians of Washington State recently demonstrated their interest in a new state law providing for self-

discipline of the medical profession.

Ralph W. Neill, executive secretary of the Washington State Medical Association, wrote to me a few days ago and said nearly 70 per cent of the state's doctor population participated in the September election of the first Medical Disciplinary Board, which will have authority to revoke or suspend the licenses of medical doctors guilty of unprofessional conduct.

Elected to the Board, effective October 1, were Drs. James H. Berge, Seattle; W. C. Moren, Bellingham; Clyde B. Hutt, Vancouver, Washington; J. E. Downing, Yakima; Marc Anthony, Spokane, and Jess W. Read, Tacoma.

Passed by the 1955 State Legislature, the Medical Disciplinary Act was sponsored by the Washington State Medical Association. Dr. Berge, who was named in September as president-elect of the Association, was chairman

of the committee which drafted the disciplinary bill.

The Disciplinary Act is unique because it gives the medical profession legal authority to purge itself of unprofessional practices by policing its own ranks, says Dr. M. Shelby Jared of Seattle, who was president of the Washington State Medical Association during the past year and is now chairman of the association's Executive Committee.

The law provides that charges of unprofessional conduct may be made against a doctor by "any person, firm, corporation or public officer." The Disciplinary Board may also initiate proceedings without a formal complaint. After a hearing in which the accused doctor is given full opportunity for defense, the board has the responsibility of disciplining or exonerating the doctor. The rights of the accused are further protected by provision for appeal to the courts.

In its definition of unprofessional conduct, the Disciplinary Act includes

the following:

Conviction of any offense involving moral turpitude, criminal abortion, fraud in obtaining a license, deceptive advertising, advertising regarding menstruation, personation of another practitioner, habitual intemperance, misuse of narcotics, using secret treatment methods, willful betrayal of a professional secret, repeated acts of immorality or gross misconduct, rebating, aiding or abetting an unlicensed person to practice medicine, and mental incompetency.

-Worchester "Medical News"

#### HIF REPORTS ...

According to Health Information Foundation, the average American incurred total charges of \$71.50 for medical care and services in 1956. In the same year, the average person covered by voluntary health insurance received benefits of \$27.

In the past eight years, the proportion of the nation's total medical expenses met by voluntary health insurance has increased three times as fast as the proportion of Americans holding such insurance, according to Health Information Foundation.

Voluntary health insurance now pays more than 25 percent of the total annual expenses for all personal health services incurred by both insured and uninsured persons in this country, Health Information Foundation reports.



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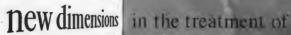
### SUPERIOR VITAMIN A ABSORPTION VIFORT(R)

### Water-dispersible polyvitamin drops

Each 0.6 cc. (as marked on dropper) provides the following vitamins in a clear aqueous dispersion: A 5000 U.S.P. units, D 1200 U.S.P. units, C 60 mg.,  $\rm B^1$  1.8 mg.,  $\rm B^2$  0.4 mg., niacinamide 3 mg.,  $\rm B^6$  0.3 mg., calcium pantothenate 1.2 mg. Supplied in 15 and 30 cc. dropper bottles.

Vitamin A from Vifort is better absorbed and utilized than vitamin A from fish liver oil. Clinical superiority has been evidenced in normal children and in patients with impaired absorption,

### ENDO PRODUCTS INC.



in the treatment of severe hay fever and other difficult allergies...

### METICORTEN\*

(PREDNISON)

broadens benefits

narrows side effects

lengthens established gains

for outstanding hormonal control with minimal electrolyte disturbances

in

hay fever and other respiratory allergies, contact dermatitis and allergic eczemas, drug and other sensitivity reactions, allergic and inflammatory eye disorders

METICORTEN, 1, 2.5 and 5 mg. white tablets.

MC-1-3166





