

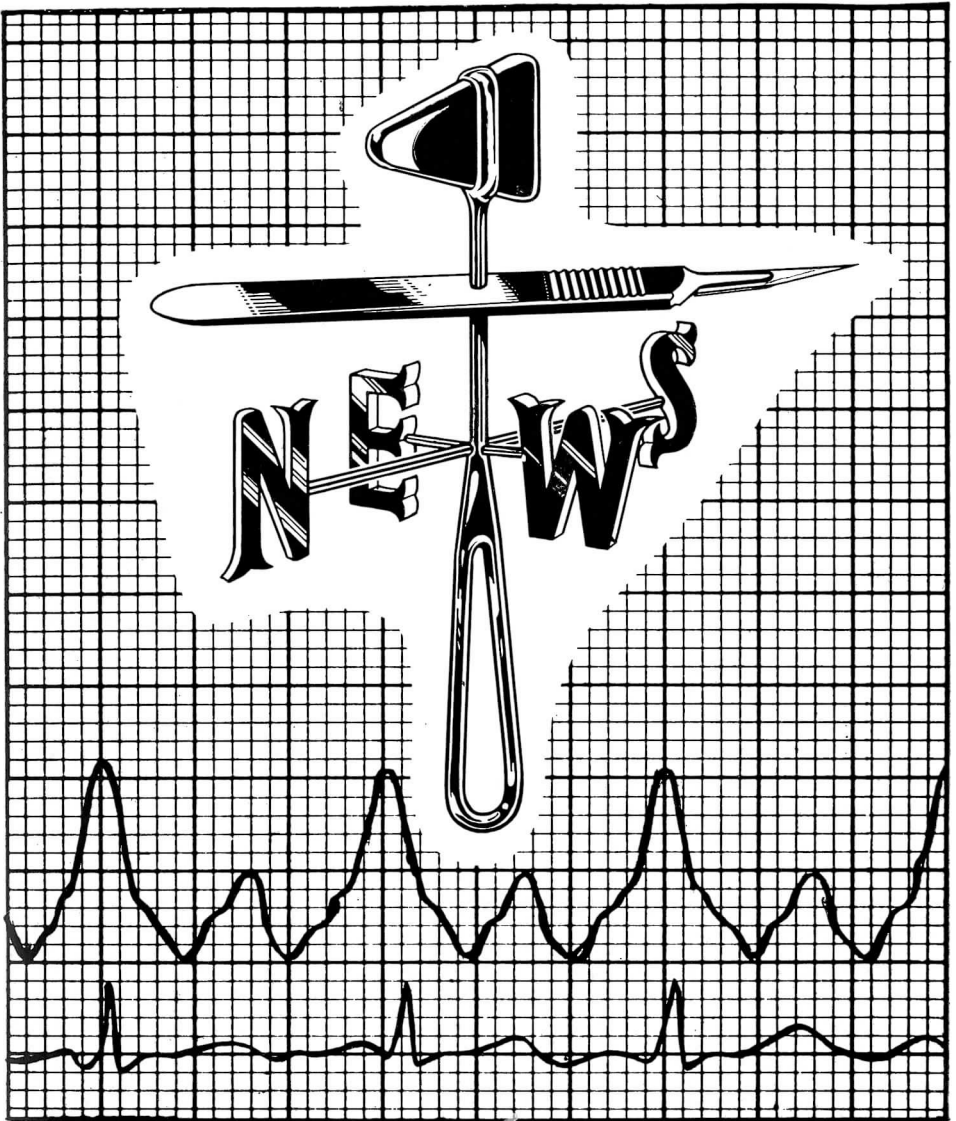
BULLETIN

of the
**MAHONING COUNTY
MEDICAL SOCIETY**

Volume XXXV

Number Ten

OCTOBER, 1965





V-Cillin K now costs approximately 21 percent less. This significant price decline constitutes a substantial saving and still offers these important benefits over penicillin G:

The effectiveness of intramuscular penicillin. Just three 250-mg. doses daily provide total twenty-four-hour penicillin blood levels equal to those achieved by injection of 600,000 units of procaine penicillin G. A fourth dose increases daily penicillemia to levels 35 percent above those achieved by injection.

Consistent dependability—even in the presence of food. Comparative pharmacologic data show that V-Cillin K produces peak blood levels *twice* as high as those of penicillin G, with *half* the dose.

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Indications: V-Cillin K is an antibiotic useful in the treatment of streptococcus, pneumococcus, and gonococcus infections and infections caused by sensitive strains of staphylococci.

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OCTOBER MEETING

Tuesday, October 19, 1965

MURAL ROOM

SPEAKER

William T. Heron, Ph. D.

TOPIC

**"The Uses and Abuses of Hypnosis in Medicine
and Dentistry"**

This is a joint meeting for members of the Mahoning County Medical Society and the Corydon Palmer Dental Society.

6:00 p.m. Social Hour

6:30 p.m. Dinner (\$5.00)

7:30 p.m. Meeting

Send your reservation and check to:

Mahoning County Medical Society
1005 Belmont Avenue
Youngstown, Ohio 44504

POSTGRADUATE DAY

Wednesday, October 20, 1965

CANTON, OHIO

COMMUNITY HEALTH CARE SYMPOSIUM

Thursday, November 11, 9:30 a.m. — 4:30 p.m.

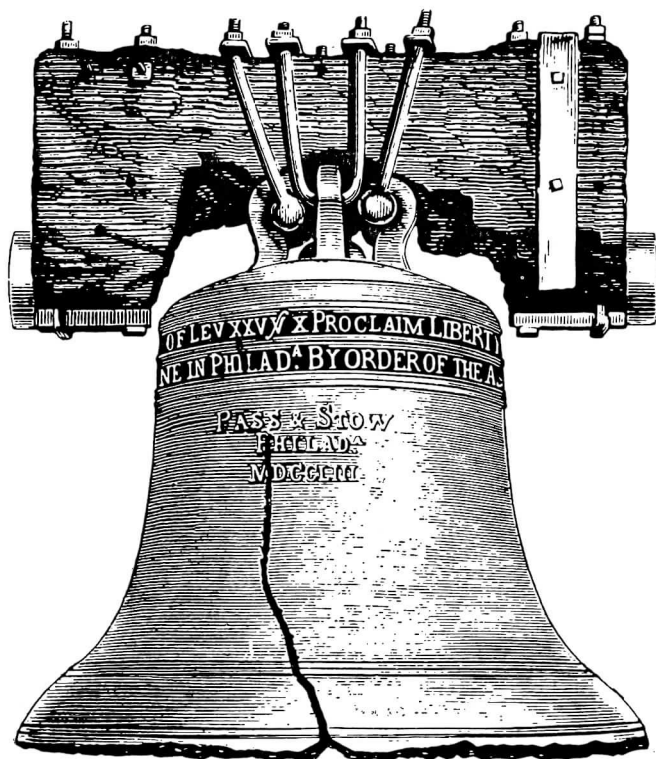
MURAL ROOM

NOVEMBER MEETING

Nomination of Officers

Tuesday, Nov. 16, 1965

MURAL ROOM



PHILADELPHIA, PA.—NOV. 28-DEC. 1, 1965

Plan to attend the world's most comprehensive four-day postgraduate course in recent developments in medical science, and participate in the observance of the founding of the first medical college established in this country—the Medical School of the University of Pennsylvania.

This postgraduate refresher course, conducted by the nation's outstanding medical authorities, will be presented for you in historical Philadelphia. Philadelphia has many luxurious hotels and colorful restaurants. Mail the enclosed registration and room reservations coupons now!

TWO POSTGRADUATE COURSES: Gynecology and Obstetrics; and Cardiovascular Therapeutics (each to be presented in 3 half-day sessions) **BREAKFAST ROUND-TABLE DISCUSSIONS:** Gynecologic Difficulties in the Adolescent • Early Management of Traffic Accident Patients • Common but Worrisome Pediatric Problems • The Nature of Chronic Bronchitis and Pulmonary Emphysema • Prevention of Long Term Illness: A Practical Approach • Clinical Uses of Electroencephalography **SCIENTIFIC SESSIONS:** Ulcerative Colitis • Pediatrics • Chemotherapy of Cancer • Preventive Surgery in Cancer • Bacterial Infections • Ultraviolet Irradiation in Medicine • Genetics • Current Status of Drug Therapy in Rheumatology • Psychiatry • Urology • Gastrointestinal Surgery • Cardiovascular Surgery • Current Concepts of Shock • Computers in Medicine • Pain in the Back • Orthopedics • Common Otolaryngology Problems • Eye Problems and the Non-Ophthalmologist • **CLOSED CIRCUIT COLOR TELEVISION • MOTION PICTURE PREMIERES •**Hundreds of **SCIENTIFIC AND INDUSTRIAL EXHIBITS**

The complete scientific program, plus forms for advance registration and hotel accommodations, will be featured in JAMA October 25

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From the Desk of the President

COMMUNITY HEALTH CARE — A WORKSHOP

For some time the Mahoning County Medical Society has felt the need to sponsor a community-wide health care symposium, pointing up for all to see the many facets and responsibilities surrounding total health care for the Youngstown area.

For example, what can be said, pro and con, regarding present available Youngstown medical facilities? What is the majority opinion of the local physicians who must study patient needs daily? What physical needs can representatives of the administrations of our two hospitals see immediately and for the long term?

If we are to build new institutions for the care of the sick, should the concept of progressive hospital care be the order of the day, or should we simply build another general hospital? There is deep concern in the minds of the doctors on this point. There is no question at all that our present hospitals should be expanded to meet the present obligations, but what are we to do about the *management of extended care patients*? Should we consider a program of developing hospital complexes that may be completely specialized, limited in scope of therapy but often more economical to operate? Certainly the cost of maintaining extended care for the chronically ill in our present institutions is prohibitively high and a solution for this must be found. Could the proposed Boardman Hospital fill this absolute community need?

Directly related to the problem above is that of recruiting the necessary medical personnel. Here we hope that the nurses, the medical technicians, administrators, and physicians will openly probe the mystery of how and where to find the desperately needed trained individuals to maintain the present facilities as well as the contemplated future institutions. Sloppy management of the patient must not happen! Quality medical care has been the aim of every physician and para-medical individual in the health care field. But, as we spread ourselves thinner and thinner, breaks in the chain can occur with serious detriment to the patients welfare. With the passage of the Medicare Act, maintaining the quality of medical care will be the most serious challenge American medicine has yet to face.

The *problem of rising health care costs* must be an important part of our community health care workshop. Here we will ask for opinions and guidance by the hospital administrators, the family physician, the pharmaceutical industry, and staff representatives from the American Medical Association who qualify as experts on the over-all costs of medical care.

That health care costs are rising is a fact of life. What to do about it is something else. How can we best present these costs in their true perspective? How can we make the individual patient realize and understand exactly why it costs as much as it does to enter and have treatment in a

(Continued on Page 272)

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Volume XXXV

October, 1965

Number 10

Published for and by the Members of the Mahoning County Medical Society

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THE BETTER HALF

There is an article in this issue of the BULLETIN by Mrs. Alberta McDonough who is Bacteriologist for the City Health Department Laboratory. Although it is being published without his prior knowledge, it was written as a surprise rather than an attempt to up-stage our president. Its presentation in the BULLETIN is appropriate not only because the topic is of interest, but also as an example of outstanding productivity and accomplishment by a physician's wife. Many other examples can be found in our Society, I am sure.

As physicians we all obtain considerable education and training before we are embarked on our careers. It is natural that we should choose mates of somewhat similar culture and educational background. Many a doctor's wife holds a responsible position prior to marriage, and often for a few years thereafter. Then come her years of child bearing and raising, and most of her energies are devoted to the household and the children. As the children grow and more leisure time becomes available, women's clubs and similar activities occupy a larger portion of her life. But these activities often fail to fill the void, and it is at this point that many a physician's wife experiences frustrations and unhappiness. These are the results largely of not feeling the satisfactions of constructive activity which are so much a part of her husband's life.

Happiness and contentment are of course individual matters, and each woman must seek satisfaction for her own particular needs. For many bright women this may mean productive work outside her home, as suggested earlier. It is certainly old-fashioned and unrealistic to state categorically that every wife and mother must devote most of her energies to her home. Labor-saving devices and paid household employees can do much of her work without loss to anyone. A satisfied working wife can often contribute more of herself to her home than a frustrated full-time home-maker. And she need be no threat to our masculine ego.

Equality of the sexes has become a legal as well as a social reality. A working wife does not lower our status on the social scale. No longer is there a need to deny her the satisfactions of professional productivity. And no longer is there a need to deny society the use of her abilities, education and skills.

—Kurt J. Wegner, M.D.
Editor

FROM THE DESK OF THE PRESIDENT

(Continued from Page 270)

modern American hospital? This must be understood by all and I think it is a serious responsibility of all communications media to learn and spell out for the people why the health care costs are what they are in 1965.

What of the *relation of the third party* in the medical care program? What are the hopes and fears of Blue Cross and Blue Shield? How do labor management, and the private insurance carriers look at this enlarging picture? And lastly, but by no means least, how does our government, through its Department of Health, Education and Welfare, see the present and future of quality medical treatment in the United States?

The Mahoning County Medical Society will work long and hard to make this symposium on November 11th a contribution to our community.

— John J. McDonough, M.D.
President

HEALTH CARE SYMPOSIUM IS NOVEMBER 11

Dr. J. Everett McClenahan, Medical Director of McKeesport Hospital, Past-president of the Allegheny County Medical Society, and nationally known expert on areawide health facilities planning will be the luncheon speaker at the Community Health Care Symposium, sponsored by the Mahoning County Medical Society to be held on Thursday, Nov. 11 at the Mural Room. Dr. McClenahan will speak on "Hospital Utilization."

The day-long program, beginning at 9:30 a.m. will include panels on four subjects: "Availability of Medical Facilities," "Problems of Medical Personnel," "Problems of Rising Health Care Costs," and "Role of the Third Party."

A member of the Medical Society will be in charge of each panel. Taking part in the discussions will be representatives of both hospitals, labor, HEW, Blue Cross, an insurance company, osteopathic physician, nurse, technician and pharmacist.

The meeting will be open to the general public and all segments of the community with an interest in health will be invited. The meeting will be held in conjunction with National Community Health Week. Thursday was chosen as the meeting day in order to encourage physician attendance.

Chairman for the Symposium is Dr. R. D. Murray. Serving on his committee, and taking part in the panel discussions, are Dr. B. C. Berg, Dr. Jack Schreiber, Dr. S. V. Squicquero, Dr. C. W. Stertzbach, Dr. J. W. Tandatnick and Dr. H. Holden. The program will be introduced by Dr. John J. McDonough.

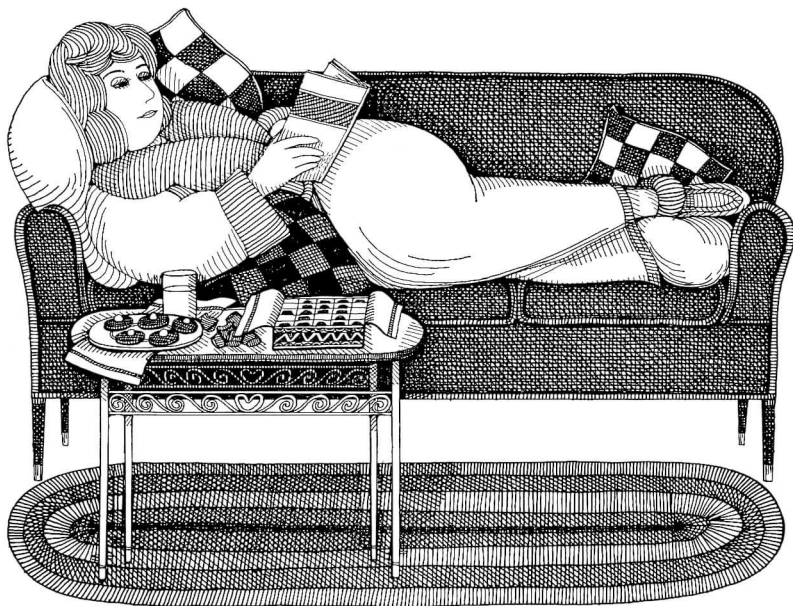
Representing the American Medical Association on the program will be Mr. Kenneth W. Wisowaty, staff associate in the Department of Hospitals and Medical Facilities, and author of numerous articles on Health Facilities Planning.

Both Mr. Wisowaty and Dr. McClenahan will take part in an Institute on Voluntary Areawide Health Facility Planning, at Columbus on Sunday, Nov. 7, sponsored by the Ohio State Medical Association, the Ohio Osteopathic Association of Physicians and Surgeons, and the Ohio Hospital Association. The purpose of the State meeting is to consider the feasibility of launching a State-wide planning commission. Members of the Youngstown panel will be attending the Columbus meeting.

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Contraindications: Hyperexcitability; agitated pre-psychotic states. **Precautions:** Dexedrine (dextroamphetamine sulfate, SK&F) should be used with caution in patients hypersensitive to sympathomimetic compounds; in cases of coronary or cardiovascular disease; and in the presence of severe hypertension. **Side effects:** Insomnia, excitability and increased motor activity. Before prescribing, see SK&F product Prescribing Information. **Supplied:** Spansule[®] capsules (in three strengths), tablets and elixir.



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Two reminders from
Lyons Physician Supply Co.

1. Don't forget to mail your reservation for Postgraduate Day to the Stark County Medical Society.

2. Don't forget to look for the Lyons people on Postgraduate Day, Oct. 20th.

See you in Canton!

Lyons Physician Supply Co.
Youngstown, Ohio

ANNUAL PG DAY, CANTON, OCTOBER 20

The Sixth Councilor District Postgraduate Day will be held in Canton at the Hotel Onesto on Wednesday, Oct. 20, with registration open at 8:00 a.m., and the program beginning at 9 o'clock. Theme for the program is "What's New in the Practice of Medicine?"

Evening banquet speaker will be Tom Andrews, leading journalist, editorialist, syndicated columnist and worldwide speaker.

Host organization is the Stark County Medical Society. All Mahoning County physicians are urged to attend and to take along their wives, who will want to attend the Auxiliary activities. Last year's Postgraduate Day was held in Mahoning County, and was well attended by Stark County physicians.

The program has been announced as follows:

Morning Program

Metabolic Aspects of Acute Infections, Dr. William R. Beisel, Lt. Col., U. S. Army Medical Corps.

Congenital Orthopedic Anomalies, Dr. Fredrick Rheinlander, associate professor of orthopedics, Western Reserve University.

Modern Operation of an Industrial Medical Program, Dr. John MacIver, assistant medical director, U. S. Steel Corporation.

Radioactive Scanning and Echoencephalography, Dr. G. Robert Nugent, associate professor of surgery, West Virginia University.

Laser Surgery and Research, Dr. K. W. Kitzmiller, Laser Laboratory, Children's Hospital, University of Cincinnati Medical Center.

Cardio-angiography, Dr. William C. Sheldon, Department of Pediatric Cardiology, Cleveland Clinic.

Panel: Threatened Abortion—Its Cause, Management and Prevention, Dr. William C. Weir, Dr. Richard Stander and Dr. William Rigsby.

Practical Ways to Help the Infertile Patient to Motherhood, Dr. William Weir, assistant clinical professor, Western Reserve University.

Afternoon Program

Medicare—New Aspects and Their Impact on the Practice of Medicine, Dr. James Donges, Anderson, Indiana.

Modern Forensic Medicine, Dr. Lester Adelson, chief of forensic pathology, Western Reserve University.

A New Look at Viral Immunizations, Dr. Fred Heggie, Department of Pediatrics, Western Reserve University.

Recent Advances in Rh Investigation, Dr. Richard Stander, associate professor of obstetrics and gynecology, Indiana University School of Medicine.

Induction of Labor—Why, When and How, Dr. William Rigsby, assistant professor of obstetrics and gynecology, Ohio State University.

Studies and Experimental Immunopathology, Dr. Fred Germuth, director of laboratories, Aultman Hospital, Canton.

Panel: Trauma, Drs. Rheinlander, Beisel and Nugent.

MDs UNDER SOCIAL SECURITY

Self-employed physicians are now included in the social security system.

The provision was retroactive to the first of this year. The bill for this year's income for all self-employed physicians earning \$4,800 a year or more will be \$259.20 due next April.

In 1967, these physicians will have to pay \$405.90, rising over the years to \$514.80 by 1987.

The tax cannot be deducted in any way for federal income tax purposes.

—Multnomah County Medical Society Bulletin

MEDICARE PARTICIPATION — A.M.A. VS NON-PARTICIPATION — A.A.P.S.

In the coming months, we will hear and read much about this controversy and misunderstanding will be wide spread. This will be unfortunate since the members of each group are dedicated to the same common purposes, namely; to render the highest quality health care to all people, regardless of their ability to pay; to further perpetuate and continue to dominate the ever improving standard of health care familiar to this country and to prevent the socialization of this health care. However, to accomplish this and preserve the system so long familiar to us, the methods and the philosophies of the two groups conflict and divide, shall we say, into the AMA "passivists" and the AAPS "activists"?

The AMA has advised physicians to act individually if they do not wish to participate in Medicare and warned that acting in concert through medical organizations may be considered a violation of the Sherman Anti-Trust Act. In contrast, the AAPS has stated that although societies cannot coerce physicians to refuse participation in Medicare, medical societies may advocate non-participation for individual physicians, since the action is one to be taken to uphold the high standards of medical care.

The AMA has expressed the desirability of giving advice and guidance to HEW so Medical benefits will be presented in the most meaningful manner to our patients with a minimum of disturbance and inconvenience to the medical profession. The AAPS calls this a complete reversal of AMA policy and an indefensible display of collaboration with and complicity in evil.

Confusing or not, the sum and substance of both groups has a common denominator—we, as individuals are free to act as individuals and think as individuals in arriving at our personal decision. So long as we have this privilege we should feel free to exercise it without fear of criticism from any individual or group. Conscientious thought will be needed to reach a fair and just decision. This decision involves our personal beliefs in morals, ethics and heritage, the social and economic welfare of our patients, and our political philosophy for now and the future concerning our profession and its future.

Only a few years back former Representative Forand predicted, or forewarned us, when he said, "If we can once get our foot in the door, we can expand and move ahead." The implementation of Medicare is still nine months away but even now editorialists and commentators are predicting the rapid expansion of services and coverage. Why? Because already there are bills (Douglas Amendment) in the legislative "hopper" to do this. The Senior Citizens Council are already asking and working for further expansion of benefits in the form of drugs outside the hospital, elimination of the deductible clauses, etc.

It was a "lay" person's letter to the editor in the Sept. 19, 1965, Cleveland Plain Dealer, which rekindled my thoughts on this subject and inspired me to put them in writing and pass them along. In one paragraph he wrote "Ten years ago, Medicare was unthinkable but today it is an unwelcome reality to the AMA, and on Jan. 1, 1966, every working individual will be aware of its cost in his pay check. There is nothing on the horizon to prevent the entire medical-hospital field, for all age groups, from coming under government supervision except restraint in all areas by hospitals, doctors and individuals. Without it, socialized medicine is just a matter of time and politics."

The freedom to choose is still our privilege according to the AMA and the AAPS legal consul. Our individual decisions will require a great amount of deliberation and soul searching.

—C. W. Stertzbach

INDICATIONS: Grand mal epilepsy and certain other convulsive states.

PRECAUTIONS: Periodic examination of the blood is advisable. Nystagmus in combination with diplopia and ataxia indicates dosage should be reduced.

SIDE EFFECTS: Allergic phenomena such as polyarthropathy, fever, skin eruptions, and acute generalized morbilliform eruptions with or without fever. Upon discontinuation of therapy eruptions usually subside. Rarely, dermatitis goes on to exfoliation with hepatitis, and fur-

ther dosage is contraindicated. Though mild and rarely an indication for stopping dosage, gingival hypertrophy, hirsutism, and excessive motor activity are occasionally encountered, especially in children, adolescents, and young adults. During initial treatment, minor side effects may include gastric distress, nausea, weight loss, transient nervousness, sleeplessness, and a feeling of unsteadiness. All usually subside with continued use. Hematologic disorders, including megaloblastic

anemia, leukopenia, granulocytopenia, pancytopenia, and aplastic anemia have been reported. Nystagmus may develop.

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COLUMBUS HAS EXEMPLARY PLANNING AGENCY

Interest in area-wide hospital planning will be stimulated by the Community Health Care Symposium to be held on Nov. 11, sponsored by the Mahoning County Medical Society.

Ohio has four health facility planning agencies covering areas that include 45.64% of the State's population. Of special interest is the organization that plans for the area surrounding the State's capital.

A recent article in the Journal of the American Medical Association commented on the Columbus agency: "The Columbus Hospital Federation, advocate of the voluntary approach to coordinated planning for hospitals and related health facilities, exemplifies the 'new look' in planning. Besides the usual surveys of existing facilities, projected construction programs, and patterns of utilization, the following areas were listed in an organizational report:

1. Determination of health personnel needs in the region.
2. Distribution patterns of medical specialists.
3. Hospital medical staff appointments.
4. Listing of physicians in each county.
5. Determination of immediate and projected health man-power shortages.
6. Survey of professional schools in region.
7. Publication of health careers directory.
8. Determination of medical service requirements within institutions.
9. Methods of determination.
 - a. Gross determination.
 - b. Definitive determination of degree of specialization.
 - c. Determination of deficiencies of medical services within institutions.
 - d. Methods of obtaining adjustments in local community medical service programs within institutions.

The Federation has the support and policy-level participation of the local medical organizations as well as the Ohio State Medical Association.

"It is significant that the term 'advisory' is never used in connection with physician representation in the Columbus Hospital Federation. All committee appointments are board-level and the president, the immediate past-president, and the president-elect of the Academy of Medicine of Columbus and Franklin County are in a position to speak officially on behalf of the medical profession."

The other facility planning agencies in the State, located in Cincinnati, Toledo and Dayton, list different but related objectives and organizational structures.

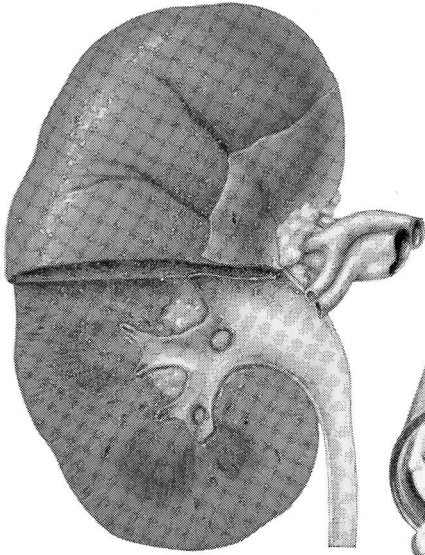
One of the authors of the JAMA article, Kenneth W. Wisowaty, will be a panel guest at the Nov. 11 all-day meeting to be held at the Mural Room.

"WITHOUT PARTICIPATION — DISASTER!"

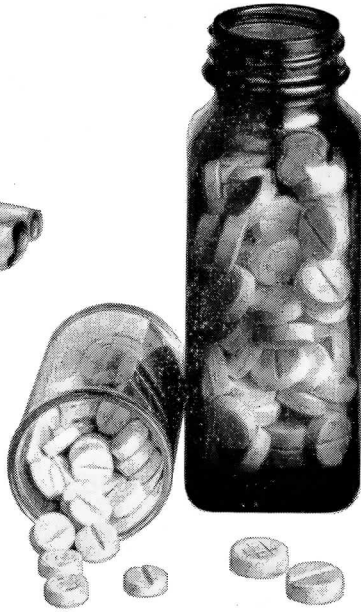
A National Conference on Areawide Health Facilities Planning was held at Miami Beach, Florida on November 28-29, 1964 under the auspices of the Department of Hospitals and Medical Facilities of the American Medical Association.

At the end of the conference, Dr. John M. Rumsey, Chairman, AMA Committee on Medical Facilities, summarized the work of the conference with this statement. "It has been said (this morning) that action without planning is dangerous and planning without action is futile. I think that it should be added that planning and action without full and active participation of those being planned for, as well as those being affected, is not only tyrannical but disasterous."

at Merck Sharp & Dohme ...



understanding...



precedes development

The development of chlorothiazide and probenecid were events of major importance, but perhaps even more important for the future was the Renal Research Program by which they were developed. When Merck Sharp & Dohme organized this program in 1943, it was expressing in action some of its basic beliefs about research:

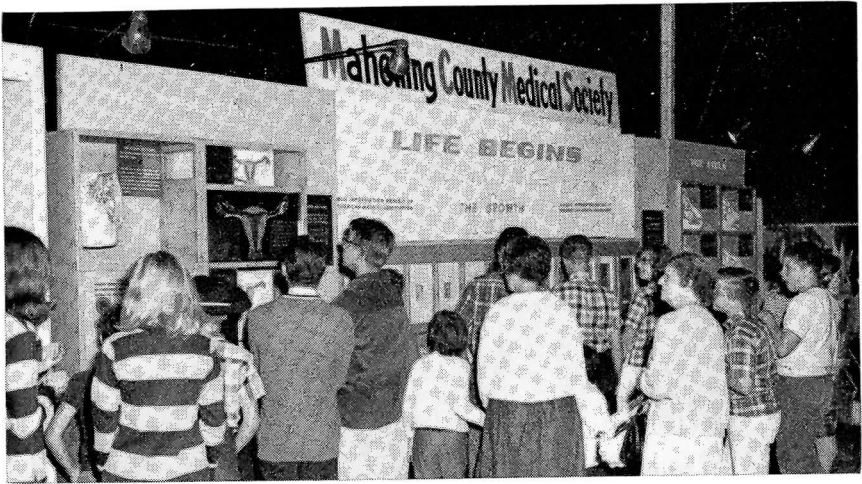
- Many problems connected with renal structure and function were still undefined or unsolved. The Renal Research Program would begin its basic research in some of these problem areas.
- From knowledge thus acquired might come clues to the development of new therapeutic agents of significant value to the physician.

For example, the Renal Research Program put fifteen years into this search before chlorothiazide became available. But because these years had first led to a greater understanding of basic problems, the desired criteria for chlorothiazide existed before the drug was developed.

Along with other research teams at Merck Sharp & Dohme, the Renal Research Program continues to add new understanding of basic problems—understanding which will lead to important new therapeutic agents.

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where today's theory is tomorrow's therapy



THRONGS FLOCK TO HEALTH TENT

From morning til night crowds poured through the medical health tent at the 1965 Canfield Fair. An estimated 80,000 people visited the 20 exhibits set up under the supervision of the Canfield Fair Committee of the Mahoning County Medical Society.

The biggest single attraction, and perhaps the most popular exhibit on the entire fairgrounds, was the AMA "Life Begins" brought back by the Medical Society for the third time in the past eight years. Fair-goers laden with balloons, cotton candy, pop bottles, and often funny hats put aside frivolity momentarily as they solemnly peered at the miracle of birth portrayed by a set of twelve fetuses ranging from 45 days to nine months.

In a second exhibit, entitled "Today's Best Bargain, Your Family Doctor," the Medical Society pointed out the high rise in cost of everyday commodities during the past 20 years compared with the modest rise in doctor's fees.

The hospital exhibit was outstanding, as usual. This year, St. Elizabeth Hospital held the limelight with a beautiful display of physio-therapy equipment and techniques.

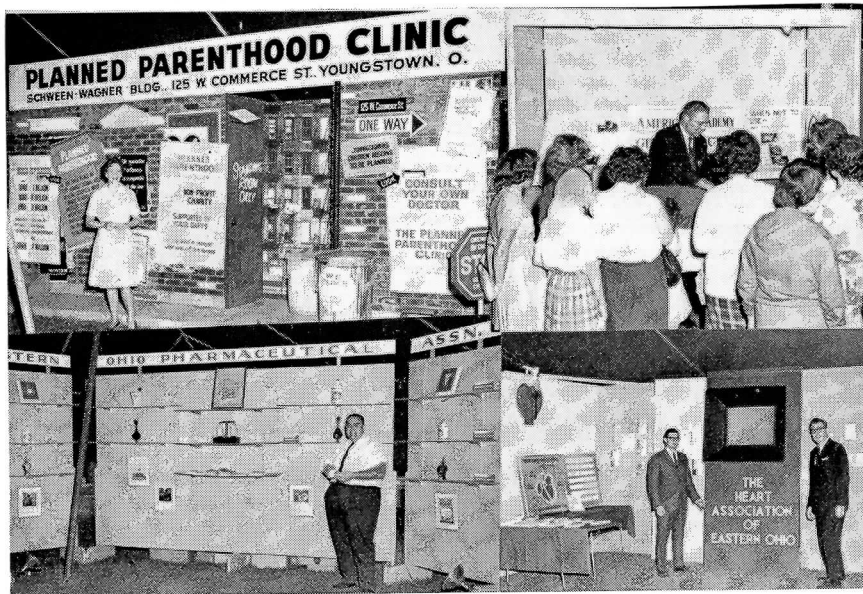
This year's tent was enlivened by a number of brand new exhibits. Designed to gain attention was the remarkable Planned Parenthood display. The pharmacists produced a beautifully executed background for their booth, as did the Heart Association. The Mahoning Chapter of the American Academy of General Practice provided a working exhibit, using "Resusci-Anne" to demonstrate mouth-to-mouth resuscitation. The American Red Cross brightened up the center of the tent with a "burning house."

The Podiatrists came up with a novel idea that was popular. They simply provided a "rest station for tired feet" in their booth space, and many a tired visitor gratefully accepted the chance to sit.

Repeating their success of last year, the Woman's Auxiliary to the Medical Society manned a health careers booth. They were assisted by lab technicians and nursing students as they answered questions of young people interested in entering the health field.

Working exhibits were maintained by the TB and Health Association, which gave chest X-rays; by the Youngstown Hearing and Speech Center, which tested hearing in the Ohio Department of Welfare Hearing Cruiser; and by the Corydon Palmer Dental Society, which made bitwing X-rays for youngsters.

Other fine exhibits were provided by: The Safety Council of Greater Youngstown, the Youngstown Society for the Blind, The United Cerebral Palsy Assn., The Mahoning Cancer Society, Blue Cross and Blue Shield, the Mental Health Assn., the Tru-Mah-Col Chapter of the National Multiple Sclerosis Society, and the Mahoning County Chapter of Muscular Dystrophy.



Beautiful new exhibits were shown by the Planned Parenthood Clinic, the Eastern Ohio Pharmaceutical Assn., and The Heart Association of Eastern Ohio. At the upper right, Dr. Nick Gordon gathers a crowd as he demonstrates mouth-to-mouth resuscitation.

MEDICAL ASSISTANTS SOCIETY OF MAHONING COUNTY

On Thursday, September 9th, the first meeting of the 1965-66 season for the Medical Assistants Society of Mahoning County was held at the Brown Derby restaurant as a dinner-meeting with Mrs. Jo Sammartino presiding.

A roast beef dinner was enjoyed by the 42 girls attending after which Candy Shufflebarger introduced our Guest Speaker, Dr. Edward Kessler, who is the director of training for internal medicine at St. Elizabeth Hospital. Dr. Kessler spoke on "The Artificial Kidney" — giving the history of the machine and its inventor, its uses and the problems involved. His talk proved informative to all the members present.

Mrs. Sammartino called upon the committee chairmen to give their reports.

A discussion was held on the Society's annual Card Party and Style Show which will be held on Thursday, November 4th, at the Iodora Park Ballroom. Each member received 12 "starter" tickets to sell, with more available. Genevieve Repasky, General Chairman, asked every member to do her share to make this year's event a success.

The Medical Assistants next meeting will be on Tuesday, October 5th at the North Side Hospital. There will be a tour of the Dietary Department at 8:00 P.M. to be followed by a business meeting.

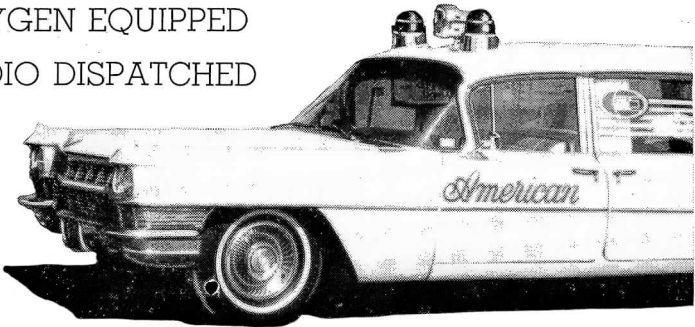
— June Kyle, Reporter

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TODAY, IN THE YOUNGSTOWN PUBLIC HEALTH LABORATORY

Some of you may recall when last I wrote an article that was printed in this journal. If you do, you will understand when I say "how sweet it is!" to return to an old love, the laboratory. I feel very much at home and at ease among the test tubes again. The proverb still holds "when all else fails, read the instructions!" In fact, I know now why I never bothered to memorize a recipe! And all the prepackaged, premeasured, standardized instant reagents available for use today are simply marvelous. The microorganisms thrive on a correctly prepared formula, as ever, and with no backtalk, either. In spite of all the conceivable automatic devices, I'm sure there will always have to be a planning agent, or a selector of buttons to push, a reader of directions, an agent for dissemination of information, call it what you will!

It is a wonderful experience to realize anew the accomplishments of public health everywhere, and especially here, in our country, where we tend to take it all for granted. A comment most often made by people returning from abroad, refers to the "wonderful taste of water that you don't have to boil before drinking; just turn on the tap." The standard test developed by the United States Public Health Service over the years for determining potability and safety of water supplies is a main procedure performed in our Health Department Laboratory, enabling the health officers and sanitarians to check out the sources of potential trouble, and to recommend corrective action where necessary. Our second big available service is the testing of milk samples for quality control as required by law.

To be more specific, after a visit of inspection by the Survey Officer from the Ohio State Public Health Bureau of Laboratories in May, 1964, our laboratory was issued certificates of approval for the following test procedures: (which must be renewed, incidentally, every two years).

WATER

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MILK

Standard Plate Count
Phosphatase Test

Coliform Count
Residual Penicillin

In this connection, it should be mentioned that no single test result is absolute by itself. Only through a planned program of periodic, regular sampling and testing, does a pattern emerge which will indicate the condition of the particular supply. For example, we regularly check municipal park and swimming pool waters.

In addition, our laboratory participated in the "split-milk" program conducted semi-annually by the State of Ohio Public Health Laboratories. This involves testing twenty-four specially prepared, identical milk samples, which are refrigerated and shipped by the State to about forty other approved laboratories throughout Ohio, who use United States Public Health Service Standard Methods for Testing Milk and Water. Results of the "unknowns" are immediately returned to Columbus for purposes of analytic comparison and control.

Considerable time and study has also been given to ways and means of modernizing the Laboratory. The planning proved to be fortunate, because in December, the Board of Health authorized purchase of close to two thousand dollars worth of the most seriously needed equipment for replacement of antiquated pieces. This program is continuing. Hopefully, we are committed to a policy which calls for standardization on the one hand, and dynamic flexibility on the other. Both are essential to adapt a program to the community, and to keep public health services up-to-date.

Just recently, we were pleased to be nominated by the State Health Department for consideration as a participating laboratory in a proposed National Laboratory Network to be administered through the Communicable Disease Center (CDC) and the State Public Health Laboratories, as a part of the National Defense Preparedness Program. Implicit in such a program, would be a communication network between the laboratories, the possibility of providing special training programs, and the provision of certain diagnostic microbiological reagents to participating laboratories. The number of laboratories to be selected is based on the population and geographic data. It will be interesting to see what develops in this connection.

May I extend an invitation to all of you to come to the Youngstown Health Department Laboratory on the 4th floor of City Hall, downtown, and see the improvements?

—Alberta Nelson McDonough
B.A., M.Sc., M.T. (ASCP)
August 30, 1965

AMA TO HOLD UTILIZATION MEETING

The dynamics of hospital utilization review programs will be discussed in depth at the Seventh Annual Medical Services Conference entitled "Medical Staff in Action—1965, Utilization Review."

The one-day meeting sponsored by the AMA Council on Medical Service and its Committee on Medical Facilities will be held from 9 a.m. to 4:30 p.m., Nov. 27, in the Bellevue-Stratford Hotel, Philadelphia. The Saturday conference will immediately precede the AMA's 19th Clinical Convention.

A featured speaker on the program will be J. Everett McClenahan, M.D., who is also the scheduled luncheon speaker for the Mahoning County Medical Society's Community Health Care Symposium, to be held at the Mural Room on Nov. 11.

For pre-registration at the Philadelphia meeting, write to: American Medical Association, Department of Hospitals and Medical Facilities, 535 North Dearborn St., Chicago, Ill. 60610.

October 17

J. Malkoff

October 19

L. C. Zeller

October 20

U. A. Melaragno

H. Sisek

October 23

J. E. L. Keyes

October 24

H. E. Fusselman

October 25

P. L. Jones

October 28

I. H. Chevlen

M. M. Szucs

October 29

F. K. Inui

October 30

W. B. Turner



Get Your Annual Check-up

November 3

D. R. Brody

R. J. Brocker

November 4

K. J. Hovanic

R. A. Hernandez

November 5

V. D. Lepore

November 6

L. O. Gregg

November 9

J. B. Birch

November 10

J. C. Melnick

November 11

H. Schmid

November 14

M. Petrovich

November 15

J. P. Kalfas

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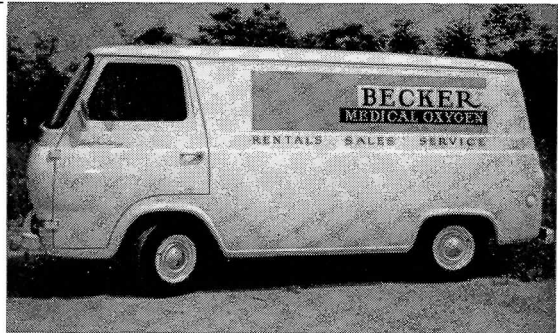
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the
Bulletin*



THIRTY YEARS AGO — OCTOBER 1935

The annual golf day on September 25th., postponed from the 19th because of rain, was rained out. Members consoled themselves by sitting around holding hands and exercising elbows.

C. A. Gustafson opened his office at 101 Lincoln Ave. E. J. Wenacs returned from post-graduate study and joined W. H. Evans in the practice of ophthalmology. Dr. Paul Harvey had an excellent article in this issue on "Peptic Ulcer." R. H. Middleton and Helen Heck were married. Karl Allison died. He was our first proctologist.

TWENTY YEARS AGO — OCTOBER 1945

Doctors were streaming back from the war. Others out in the Pacific were counting their points and hoping. Some of the returnees had no office, no car and very little money. Dr. Allsop's committee was busy checking office space, arranging telephone service and offering financial aid. Service men were assured they would be given their former hospital appointments, their industrial and insurance jobs. The Home Savings and Loan Building kept every doctor's office just as he left it, cleaned and ready to move in and no charge for rent or storage.

John Keyes, Sears, Klatman, McConnell, DeCicco, Goldberg, Epstein and Kaufman were home and ready to work. Bowman, Firestone, Tims, McElroy, Boyle and Lawton were back in the country but not yet separated from military service.

Barclay Brandmiller was in Manila for V-J Day where he found Denny Thomas and Kenneth Camp. John Rogers was convalescing at Sorrento from a streptococcal pharyngitis.

Last minute promotions: Andrew Detesco to Lieutenant U.S.N.R., W. H. Evans, J. L. Fisher and M. B. Goldstein to Commander U.S.N.R.

The Ohio Medical Indemnity was organized in Columbus. Bill Skipp and Dave Endres were elected to the Board of Directors.

TEN YEARS AGO — OCTOBER 1955

The first Indoctrination Dinner for new members was voted a great success. Speakers and their subjects were: Vern Goodwin on Medical Ethics, Ivan Smith on the Constitution of the Mahoning County Medical Society, James D. Brown on Hospital Relations, Joseph Wasilko on Insurance, C. A. Gustafson on the function of the Ohio State Medical Association and William Skipp on the function of the American Medical Association.

New members that month were; Active: Chas. N. Giering, H. L. Allen, Jas. W. Barnes, D. B. Brown, Alex Calder, L. P. Caccamo, D. J. Cox, G. H. Davies, G. B. McAleese, George B. Pugh and Jack Schreiber. Associate: R. E. Carr, R. D. Murray and N. E. Sharrer. Intern: John Burke, James Medley, R. J. Paul and K. H. White, Jr.

— J. L. F.

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PROCEEDINGS OF COUNCIL

SEPTEMBER 14, 1965

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, Sept. 14, 1965, at the Mural Room, Youngstown, Ohio.

The following physicians were present: John J. McDonough, President, presiding, B. C. Berg, L. P. Caccamo, S. W. Chiasson, L. J. Gasser, Frank Gelbman, A. W. Geordan, R. L. Jenkins, Bertram Katz, J. V. Newsome, C. E. Pichette, H. J. Reese, F. A. Resch, Jack Schreiber, C. W. Stertzbach, J. F. Stotler, C. K. Walter, and Kurt Wegner. Also present were Dr. Lou Bloomberg and Phil Tear. Absent were: H. N. Bennett and R. J. Scheetz.

The meeting was called to order at 7:30 p.m. The minutes of the previous meeting were read and approved.

Bills were read. The motion was made, seconded and duly passed that each bill be paid.

The following application was presented by the censors and read by the executive secretary:

ASSOCIATE MEMBERSHIP

Dr. Loren J. Zehr, 3839 Loveland Ave., Youngstown, Ohio

The application was approved. The above applicant will become a member of the Mahoning County Medical Society within fifteen days after publication in the Bulletin, unless objection is filed in writing with the secretary during that time.

The executive secretary reported that, as a result of a poll of the entire membership, 40 physicians submitted their names to be placed on an "any doctor" call list for the Medical-Dental Bureau. Following discussion, the motion was made, seconded and duly passed that the Medical Society, through its executive secretary, contact the Medical-Dental Bureau every three months to ascertain if the call list is proving satisfactory, and that the membership be polled once a year for new names to be added to the call list.

The executive secretary announced that the membership had approved the proposed Workmen's Compensation "usual and customary" fee plan by a vote of 137 to 7, and that the Ohio State Medical Association had been so notified.

The executive secretary announced the results of the poll of council taken during the summer concerning program advertising. By a vote of 10 to 4, council decided that program advertising is unethical. This was published in the September Bulletin.

A motion was made, seconded and duly passed that the delegate position vacated by Dr. Gaylord be filled by election at the December meeting of the membership.

Dr. Gelbman introduced discussion concerning the public relations program of the Medical Society. Mr. Tear answered questions concerning the McCallister Co. services to date. He will furnish each member of council with a written report prior to the next council meeting.

Dr. Chiasson introduced discussion concerning the WKBN morning spot. Following discussion, the motion was made, seconded and duly passed that the spot should identify any physician giving it, as a member of the Mahoning County Medical Society.

A letter was read from the Youngstown Hospital School of Nursing thanking the Mahoning County Medical Society for financial aid to a nursing student through the Medical Foundation.

Dr. Reese mentioned the method, adopted by Kiwanis, of helping nursing students through their first year, only, after which they are in a better position to help themselves.

A letter was read from Dr. Kiskaddon concerning the problem of phys-

icans on emergency calls and the speed limit. During the discussion, it was noted that ambulances need not normally exceed the speed limit. Council agreed that the speed laws should be obeyed.

A letter from Dr. Sovik was read, concerning the current emergency room problem. During the discussion it was agreed that the lack of house staff might be remedied if prospective interns would realize the educational advantages of this area. The motion was made, seconded and duly passed that an ad hoc committee be appointed by the President to study the educational program and facilities of the hospitals in the community with a view toward coordination.

A letter from Mr. Nelson Cook was read in which he gave his personal views of Medicare from the standpoint of an elderly person.

A letter was read from the Mayor and one from City Law Director, in which they stated that the city physicians are actually police physicians, and not under the jurisdiction of the City Health Department.

A letter from the Jewish Community Center was read which requested speakers on medical subjects. Dr. McDonough reappointed Dr. H. N. Bennett to continue to be chairman of the Medical Speakers Bureau.

A letter from the Huron County Medical Society was read concerning the Ohio Department of Public Welfare "Discrimination Agreement." Dr. Bloomberg requested that a fight be put up against the agreement. During the discussion, it was noted that there was some question concerning the legal validity of the agreement, and that it would be put to a test at the State level.

Mr. Rempes reminded council of the Sept. 29th Sixth District meeting at Congress Lake and checked to see which of the invited members would be able to attend.

Dr. McDonough announced his selections for the Nominating Committee to be Dr. Gregg and Dr. Ondash. Dr. Schreiber announced Dr. McGregor and Dr. Noll. Because Dr. McGregor is currently hospitalized, he announced an alternate to be Dr. J. L. Fisher. The motion was made, seconded and duly passed that the committee be approved by council.

Dr. Wegner asked council to approve a 5% additional commission on ads procured by the Medical Society Magazine Group for the purpose of financing a New York representative, which is expected to result in an increase in advertising. Permission was granted.

Dr. McDonough read a note from President Crawford requesting a committee on hospital relations. He announced that the Area Wide Hospital Planning Committee would fill this purpose.

Dr. Schreiber discussed a special meeting of the American Medical Association House of Delegates to take place in Chicago on Oct. 2nd and 3rd. He requested that the Medical Society sponsor his attendance at the meeting, where he wishes to present the theory of "responicare." Following discussion, the motion was made, seconded, and duly passed that \$100 be set aside for Dr. Schreiber's expenses at the House of Delegates meeting.

Discussion ensued concerning implementation of the Medicare Law.

Dr. McDonough announced the Community Health Care Symposium, to be held on Thursday, Nov. 11. Dr. Murray is chairman for the meeting. Mr. Wisowaty, AMA expert on hospital planning, will be present to take part in the day's meetings, and Dr. Everett McClenahan, hospital utilization expert will be the luncheon speaker.

Meeting was adjourned.

— Howard Rempes
Executive Secretary

BULLETIN BOARD

For the third consecutive year, Dr. William E. Sovik has been appointed representative from the Ohio Ophthalmological Society to the National Medical Foundation for Eye Care. The appointment was made by the Society's new president, Dr. Herbert Kesinger.

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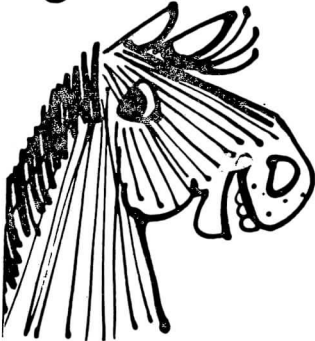
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ANOTHER SALUTE

The dangers and pitfalls in compiling a list was demonstrated once again in the article, "Salute to Past Presidents," printed in the last issue of the Bulletin. The name of Dr. J. L. Fisher was omitted entirely from the list, and the wrong year was indicated opposite the name of Dr. L. G. Coe.

Therefore, the Bulletin offers these corrected names and dates of office:

SALUTE TO PAST PRESIDENTS

1935 J. L. Fisher

1936 L. G. Coe.

DR. KUPPERMAN WAS SEPTEMBER SPEAKER

More than 100 physicians, including some 20 members of the house staffs of both hospitals, were present at the September 21 meeting to hear Dr. Herbert S. Kupperman, professor of endocrinology, New York University.

Illustrating his lecture with slides, Dr. Kupperman touched on many phases of adolescent problems which could be controlled by the endocrinologist. Dr. Kupperman was introduced by Dr. Joseph W. Tandatnick, program chairman.

In a brief business meeting, first reading was given to a proposed constitutional amendment concerning the power to raise dues. Dr. John J. McDonough, president, presided.

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HEALTH DEPARTMENT BULLETIN

AUGUST, 1965

	<i>Resident</i>		<i>Non-Resident</i>		<i>Total</i>
	<i>M.</i>	<i>F.</i>	<i>M.</i>	<i>F.</i>	
Births -----	122	114	155	107	498
Deaths -----	74	59	60	43	236
Infant Mortality -----	1	3	2		6

AUGUST, 1964

Births -----	107	94	125	108	434
Deaths -----	84	54	70	32	240
Infant Mortality -----	1	2	6	2	11

COMMUNICABLE DISEASES

	1965		1964	
	<i>Cases</i>	<i>Deaths</i>	<i>Cases</i>	<i>Deaths</i>
Mumps -----	0	0	2	0
Tuberculosis -----	3	0	7	0
Infectious Hepatitis -----	1	0	0	0
Rheumatic Fever -----	2	0	1	0
Syphilis -----	20	0	0	0
Gonorrhoea -----	19	0	16	0

VENEREAL DISEASES

New Cases

	<i>Male</i>	<i>Female</i>
Syphilis -----	4	1
Gonorrhoea -----	8	8

Total patients ----- 21

Total visits (patients) ----- 126

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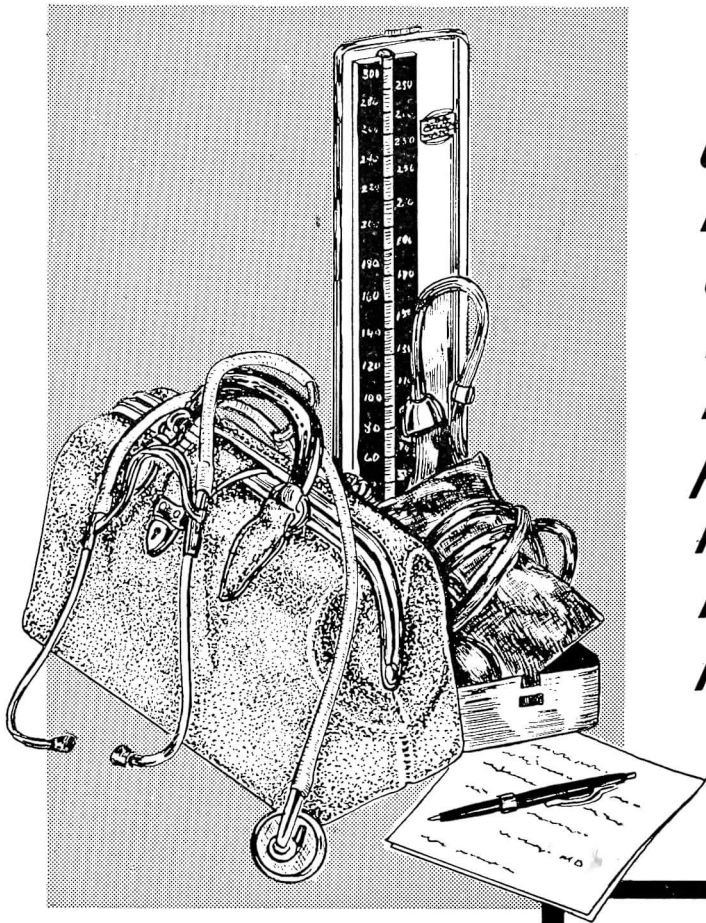
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