BULLETIN

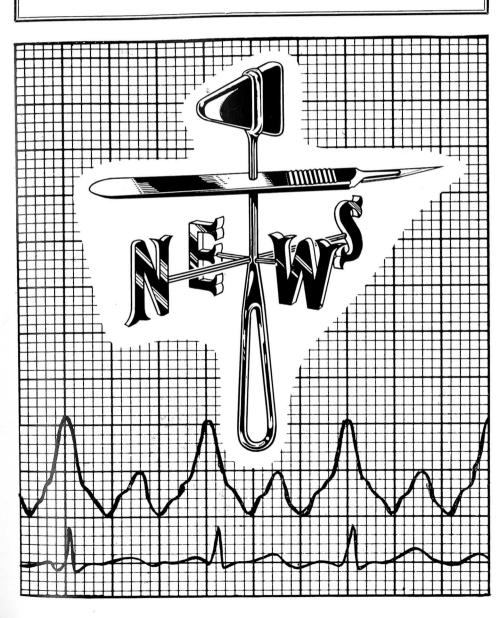
of the

MAHONING COUNTY MEDICAL SOCIETY

Volume XXXVI

Number Three

MARCH, 1966





If you can hang on for a few minutes, Doctor, I'm sure I'll start coughing again.

Some patients don't realize there's more to a cough than meets the ear.

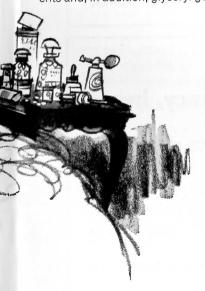
If it's the useless, exhausting type of cough that often accompanies respiratory infection or allergy, you can provide prompt relief with Novahistine DH. Its decongestant-antitussive action controls frequency and intensity of cough spasms without abolishing cough reflex. And the fresh, grape flavor of Novahistine DH appeals to children and adults alike.

When your diagnosis is bronchitis, complicated by thick tenacious exudates, Novahistine Expectorant is particularly useful. It not only provides decongestive action and controls the cough, but also encourages expectoration, thus easing

bronchial constriction and obstruction.

Use with caution in patients with severe hypertension, diabetes mellitus, hyperthyroidism or urinary retention. Ambulatory patients should be advised that drowsiness may result. Continuous dosage over an extended period is contraindicated since codeine phosphate may cause addiction.

Each 5 ml. teaspoonful of Novahistine DH contains codeine phosphate, 10 mg. (Warning: may be habit forming); phenylephrine hydrochloride, 10 mg.; chlorpheniramine maleate, 2 mg.; chloroform (approx.), 13.5 mg.; l-menthol, 1 mg. (Alcohol 5%). Each 5 ml. of Novahistine Expectorant contains the above ingredients and, in addition, glyceryl guaiacolate, 100 mg.



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MEDICAL-LEGAL BANQUET

Tuesday, March 15, 1966 MURAL ROOM

SPEAKER: Dr. Nicholas Nyaradi

TOPIC: The American Dilemma

Dr. Nyaradi was Minister of Finance of the Republic of Hungary. He is acquainted with the top Soviet leaders and is a foe of Communism. He is currently Director of the School of International Studies at Bradley University.



Wives Invited

This speaker is so interesting, that everyone who can possibly attend should plan to do so. Bring your wife. Join the attorneys and their wives at this annual get-together.

6:00 p.m. Hospitality Hour 7:00 p.m. Dinner

\$5.00 per person

\$10.00 per couple

APRIL MEETING

Tuesday, April 19, 1966

MURAL ROOM

Speaker: Dr. Carroll L. Witten, member of the U. S. Health Insurance Benefits Advisory Committee

Topic: IMPLEMENTATION OF MEDICARE

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72 BULLETIN



From the Desk of the President

UNITED — OR DIVIDED

Many major problems confront our medical society today — Medicare and hospital expansion, to name but two. The decisions made regarding these are destined to affect our future so profoundly that I should think that we would all be concerned, informed, and, to say the least, interested.

If such an interest exists, there has been no obvious display of it, except from a very few. Apathy or defeatism seems more apparent. In addition, there would appear to be a lack of unity—possibly due to self interests. This disease leaves us individually and collectively wide open to complete collapse and subservience by individuals and groups who would control our very existence.

These unhealthy symptoms are obvious at poorly attended meetings where every opinion is urgently needed; where every decision should represent the majority; where every decision should strengthen the society and staff as a whole. Unless we all participate, cooperate, and support our society and medical staffs, we will serve other masters than those of our own choosing.

The phrase may be trite, but it is true: "United we stand, divided we fall." Apathy, defeatism and selfish motives will be disastrous.

—F. A. Resch, M.D. President

BULLETIN of the Mahoning County Medical Society

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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff or the official views of the Mahoning County Medical Society.

Volume XXXVI

March, 1966

Number 3

Published for and by the Members of the Mahoning County Medical Society

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James L. Fisher, M.D. Sidney Franklin, M.D. William R. Torok, M.D.

Editorial

PATIENT CONCERN—UNCHANGED

It is refreshing to be told since the passage of Medicare that doctors are responsible citizens again. We must wonder however, who changed—the doctors or our critics. I would take the position that our critics have changed. The position of the profession on fundamental health matters is the same now as when I first became a doctor. The ways to implement the care of patients has changed with the increase in scientific knowledge; but the Art with its expressed concern for the patients has remained unchanged. The Oath says "The regimen I shall adopt shall be for the benefit of

The Oath says "The regimen I shall adopt shall be for the benefit of my patients according to my ability and judgment; and not for their hurt, or for any wrong. Whatsoever house I enter, there will I go for the benefit of the sick Whatsoever things I see or hear concerning the life of men which ought not to be noised abroad, I will keep silent thereon;

counting such things to be as sacred secrets."

What now is the attitude of the physician to Medicare? It is the same as our attitude toward all third party elements. Our basic concern is doctorpatient relationship. Anything beyond this relationship involving third parties we tend to view as intruders—and such is our feeling for government medicine. Moreover, such is our feeling for private third parties. Why should this be so when statistics show that third parties are paying an increasing share of the cost of medical care? The key is the interest of those concerned. In the private sector the motive is profit. In the government sector the motive is political. The doctor has a motive which is neither profit nor political.

The Oath further says "While I continue to keep this Oath unviolated, may it be granted to me to enjoy life and the practice of the Art, respected by all men, in all times. But should I trespass and violate this Oath, may

the reverse be my lot."

Our motive is the practice of the Art. It has not changed. I sincerely hope it will not change. When our generation of physicians hands the mantle to the next, may it be as unsullied as we received it.

—R. L. Jenkins, M.D., Editor

ANTI-COMMUNIST SPEAKER AT MEDICAL-LEGAL BANQUET

The speaker for the March 15th Medical-Legal Banquet probably knows as much about Communism as any person in the United States. He is Dr. Nicholas Nyaradi, now Director of the School of International Studies, Bradley University.

It was in earlier capacities that he learned so much about the Communists. He was born and educated in Hungary, where he received two doctor degrees, one in political sciences and another in jurisprudence. He was an attorney, and legal advisor and executive director of one of the largest banks in Hungary.

He participated in the anti-nazi underground movement during the War. He was Under-Secretary of the Treasury and Minister of Finance of the Republic of Hungary until 1948, when Soviet pressure forced him to flee the country. He knew Alexander Kosygin, the present Prime Minister of Russia, and Alexander Shelepin, second in command of the Soviet communist party apparatus.

Because of the caliber of the speaker, the Mahoning County Medical Society, as host organization, asked that the Medical-Legal Banquet be opened to wives this year. Dinner will be at 7:00 p.m., following a hospitality hour at the Mural Room Ballroom. Reservations may be made at the medical society office, at a cost of \$5.00 per person.

DIAGNOSIS IN SIXTH YEAR

"Diagnosis," the Mahoning County Medical Society weekly radio program, heard over WFMJ, is now in its sixth year of broadcasting. The program, under the supervision of Dr. John J. McDonough, is heard every Tuesday at 8:05 p.m. Mitch Stanley, WFMJ station manager, has been program moderator for the entire series.

The first program was aired in November of 1960. Participants were Drs. McDonough, McNeal, Scheetz, Randell and Morrison.

The program continues the original format of bringing topical medical discussions to the radio audience. Last month's programs were as follows:

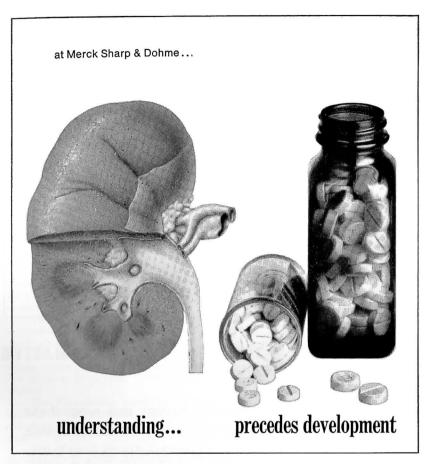
- Feb. 1: HEART MONTH AND THE HEART ASSOCIATION—Drs. H. N. Bennett and W. H. Bunn.
- Feb. 8: NEW DIAGNOSTIC PROCEDURES IN HEART DISEASE—Drs. L. P. Caccamo, Elias T. Saadi, and W. H. Bunn.
- Feb. 15: RECENT SURGICAL PROCEDURES IN HEART DISEASE—Drs. F. K. Inui, E. A. Massullo, and W. H. Bunn.
- Feb. 22: STROKE PROGRAM AND RISK FACTORS IN HEART DISEASE—Drs. J. A. Rogers, J. L. Smeltzer, and W. H. Bunn.

ATTEND THE MEDICAL-LEGAL BANQUET

OHIO 65 WILL DISBAND

The Ohio 65 Health Insurance Association will terminate all its insurance plans at midnight, June 30, when federal medicare benefits begin.

The Association was a banding together of 54 insurance companies in Ohio to share the risks of the over-65, and was formed in 1964. The Mahoning County Medical Society passed a resolution at that time requesting the formation of such an organization.



The development of chlorothiazide and probenecid were events of major importance, but perhaps even more important for the future was the Renal Research Program by which they were developed. When Merck Sharp & Dohme organized this program in 1943, it was expressing in action some of its basic beliefs about research:

 Many problems connected with renal structure and function were still undefined or unsolved. The Renal Research Program would begin its basic research in some of these problem areas.

 From knowledge thus acquired might come clues to the development of new therapeutic agents of significant value to the physician. For example, the Renal Research Program put fifteen years into this search before chlorothiazide became available. But because these years had first led to a greater understanding of basic problems, the desired criteria for chlorothiazide existed before the drug was developed.

Along with other research teams at Merck Sharp & Dohme, the Renal Research Program continues to add new understanding of basic problems—understanding which will lead to important new therapeutic agents.

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THE MEDICAL SERVICE FOUNDATION OF MAHONING COUNTY

A resolution to form a Foundation for the Mahoning County Medical Society was presented to the Society at its annual meeting, December, 1947, and was passed by the Society without a dissenting vote.

The Foundation, after many conferences and numerous trips to Columbus by Atty. Franklin Powers, was incorporated under the laws of the State

of Ohio as a Corporation Not For Profit.

This was just the beginning of implementing the Foundation. Due to the untiring efforts of Mr. Powers, our attorney, Dr. Howard W. Jones, Youngstown University president, Bishop James A. McFadden, Carl Ullman of the Dollar Bank, Dr. McCann and others, the Mahoning County Commissioners were convinced that this Foundation would be a great asset to the community.

The Relief Director at that time was Isadore Feuer. At first, the normal processess of the Foundation worked well, but later many obstructions developed in the way of multiple signatures, and delays to the point that

the income to the Foundation dropped almost to zero.

Mr. Feuer's successor, James É. O'Brien met with a delegation of physicians and arranged a meeting with the Mahoning County Commissioners

to iron out these difficulties.

This meeting was held at the County Commissioners office. In addition to the three commissioners, the following were present: Dr. Howard Jones, Atty. James E. Bennett, Jr., Dr. John N. McCann and Dr. E. J. Reilly. After some discussion, an agreement was reached that the welfare slips were to be signed in the same manner as physicians sign for private patients on admission and discharge.

The function of the Foundation is the establishment of scholarship grants to qualified young men and women interested in the medical and nursing

professions.

Through the years, the Foundation has contributed to many other worth-while organizations and projects such as the American Medical Educational Foundation, Mahoning County Tuberculosis Sanitorium, and Youngstown University

The Foundation receives its income from the services rendered by physicians to hospitalized indigent patients. Also it has received a handsome gift from Judge John W. Ford, in memory of his friend, Judge James E. Bennett.

The Medical Service Foundation has been a worthwhile accomplishment, for without it many would not have received the education and training that have not only benefited the community, but have given a vocational stimulus that is so essential in the advancement of the medical profession.

—Edward J. Reilly, M.D.

ATTEND THE MEDICAL-LEGAL BANQUET

ELI LILLY TOUR IN MAY

Dates for a tour for Mahoning County physicians and their wives, sponsored by the Eli Lilly Co., have been announced for May 18 through 21. The tour will begin with a dinner at the Sheraton Lincoln Hotel in Indianapolis on the 18th, and, following two days at the Eli Lilly plant, will conclude with a Saturday morning at the Indianapolis Speedway, where participants may witness speed trials for the Memorial Day race.

The tour will include physicians from other medical societies, and is limited to 40 persons from Mahoning County. Reservations may be made with Bob McGivern, Eli Lilly sales representative, or with the medical society office.

VENEREAL DISEASE CONTROL — CITY OF YOUNGSTOWN, OHIO PERIOD COVERED: JANUARY 1, 1965 TO DECEMBER 31, 1965

In columns 1 through 6 the numbers on the left pertain to the V. D. Clinic. Those on the right refer to the private physicians.

				2		8		4		2	9		•	7	ω	8	
Venereal Diseases	No. of Cases Reported	of es rted	No Case tervi	No. of Cases In- terviewed		No. of Contacts Obtained	No. σ pects tαcts tig	No. of Sus. pects & Con- tacts Inves- tigated	No. o pects tact	No. of Suspects & Contacts Examined	No. of Suspects & Contacts Placed Under Treatment	Sus- Con- laced ler nent	No. of Persons Given Nursing Service	Per- Given sing rice	No. of Nursing Visits	of ing its	
Syphilis (total)	47	26	16	6	43	69	46	308	21	286	10	4	47	6	29	20	
Primary and secondary	Ξ	4	11	4	25	22	28	22	15	6	7	က	11	0	11	0	
Early latent	4	7	4	4	16	11	16	11	4	S	2	0	9	7	6	2	
Late and late latent	24	40	0	Т	0	က	0	က	0	0	0	0	7	က	က	14	
Congenital	က	Т	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Stage unspecified	2	1	0	0	0	0	0	0	0	0	0	0	28	4	36	4	
Gonorrhea	215	72	121	67	133	16	126	24	90	12	88	8	37	က	33	2	
Other venereal diseases																	
Epidemiological treatment for syphilis	က	က	1	0	2	0	2	0	7	0	1	0	0	0	0	0	
											2	Not Found	pund			53	

The heading "syphilis (total)" of columns 4 and 5 includes patients who have received adequate treatment (139) and persons not infected (133).

IF NEW YORK CAN DO IT, WHY NOT YOUNGSTOWN?

In the "AMA News" of January 24, 1966, Dr. John R. Philip, M.D. acting health commissioner of New York City, announces a 15% decline in the number of reported cases of infectious syphilis in New York City for the first 10 months of 1965 compared with the same period of 1964; in 1964 there had been an 8% increase over 1963 for that period.

This achievement was due to the active and intelligent leadership on the part of the N. Y. Health Department and to the whole-hearted "cooperation of physicians with the City Department of Health's intensive, long-term campaign of case finding, education and treatment of infectious syphilis".

This decline on reported cases of syphilis in the largest city of the land,

shows that the steady increase during recent years is not irreversible.

We know that syphilis and gonorrhea can be controlled; this was proven during World War II and the years immediately following. —Henri Schmid, Dir.

Venereal Disease Clinic of the Youngstown City Health Dept.

ATTEND THE MEDICAL-LEGAL BANQUET

OSMA MEETING IN MAY

"Care of the Patient: 1966," is the theme for an entirely new 1966 Annual Meeting of the Ohio State Medical Association, at the Sheraton-Cleveland Hotel, Cleveland, May 24-28.

"A new schedule, new features and a newly expanded scientific exhibit section will highlight the new look," said Dr. Samuel Saslaw, Columbus, Chairman of OSMA's Committee on Scientific Work.

All Annual Meeting sessions will be Daylight Saving Time. Dr. Saslaw said, "The Annual Meeting will begin on Tuesday evening with the first session of the Ohio State Medical Association's policy-making body, the House of Delegates. At that session, Dr. Herbert M. Platter, Columbus, who retired January 1, after 48 years as secretary of the Ohio State Medical Board, will be honored. The entire Annual Meeting is dedicated to Dr. Platter.

"New features include speeches by Dr. Charles L. Hudson, Cleveland, AMA President-Elect and Dr. Edward R. Annis, Miami, Florida, AMA Past-President. Dr. Hudson will speak on 'Medicare's Rules and Regulations and Their Effect on the Practice of Medicine' at a general session Thursday, May 26, beginning at 1:30 P.M. Dr. Annis will speak on 'Care of the Patient: 1966' Friday, May 27, at a general session beginning at 1:30 P.M. These general sessions will immediately precede the scientific section meetings.

Other general session topics include "Marriage Problems," Wednesday, May 25, at 1:30 P.M. and "Athletic Injuries," at 9:00 Thursday morning, May

Another new feature of the Annual Meeting will be the presentation of six Medical Booth Seminars Friday morning, May 27. These Medical Booth Seminars which will present practical demonstrations of equipment and procedures used in a physician's everyday practice will include the following subjects:

"Conditioning, Prevention and First Aid for Athletic Injuries," "Bedside Pulmonary Function Testing," "Physical Medicine in the Home," "Resuscitation," "Lacerations," and "Fractures."

DR. DOMBCZEWSKY HEADS TB SANATORIUM

Dr. Ilarion N. Dombczewsky has been appointed superintendent and medical director of the Mahoning Tuberculosis Sanatorium. He has been acting in both capacities since the death of Dr. H. H. Teitelbaum last November, and has served as staff physician at the sanatorium since 1957.

Prior to coming to Youngstown in 1957, he was resident staff physician

at the Molly Stark TB Hospital near Canton.

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phosphate.

Precautions: Phenacetin— With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. Caffeine—Not recommended for persons extremely sensitive to its CNS stimulating action. Codeine phosphate—Use with caution in addiction-prone individuals. Carisoprodol—Carisoprodo addiction-prone individuals. Carisoprodol - Carisop

sitivity to compounds of similar chemical structure, e.g., meprobamate.

Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. Phenacetin — Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dysponent expansis hemolytic anamia skin rash. longed ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. Caffeine—Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. Codeine phosphate—Possible side effects are nausea, vomiting, constipation, and miosis. Carisprodol—The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol besional patient may not tolerate carisoprodol be-cause of an individual reaction, such as a sensacause of an individual reaction, such as a sensi-tion of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leuko-penia, occurring when carisoprodol was adminis-tered with other drugs, has been reported as has an instance of fixed drug eruption with cariso-perceduland subsequent cross-reaction to memorprodol and subsequent cross-reaction to mepro-bamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression.

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1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculo-skeletal disorders. Industr. Med. Surg. 33:25, Jan. 1964.

Also available with ¼ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

WALLACE LABORATORIES / Cranbury, N. J.

CSO-5713

NEW ACTIVE MEMBERS

Dr. Richard S. Richards, Anesthesiologist, was born in Campbell on April 4, 1934. He attended Woodrow Wilson High School and Columbia University, from which he received his B.A. degree in 1956. His medical degree was conferred at the University of Pittsburgh in 1960. He was an intern and resident in Anesthesiology at Youngstown Hospital from 1960 to 1963. After practicing at Parma Community General Hospital, he returned to Youngstown and became associated with Bel-Park Anesthesia Associates in 1964.

He is a member of the American College of Anesthesiology and the American Society of Anesthesi-

ologists.

Dr. Richards is a member of St. Joseph the Provider Church, Sigma Alpha Epsilon Fraternity, Alpha Omega Alpha Medical Fraternity, and Phi Rho Sigma Medical Fraternity. His wife is the former Charlotte Blaemire, whom he married in 1961, and they have three children, Stephen John, Chrissie Ann and Paul Michael. They live at 129 South Shore Drive. His hobbies are sports, photography, mechanics, and coin and stamp collecting.



Dr. William R. Torok, Radiologist, was born in Youngstown on August 27, 1934. He attended Girard High School and Western Reserve University, from which he was graduated with a B.A. degree in 1956. He received his medical degree at Ohio State University in 1960. He was an intern and resident at St. Elizabeth Hospital from 1960 to 1964. At that time he became associated with the Radiology Staff at St. Elizabeth Hospital.

He became a captain in the Active Army Reserve

in 1962, a position that he still retains.

He is a member of St. Edward Church. His wife is the former Judith Humble, whom he married in 1957,

and they have five children, Alexander, William, Audrey, Melissa, and John. They live at 1824 Coronada Ave. Dr. Torok's hobby is sports.

ATTEND THE MEDICAL-LEGAL BANQUET

DENTISTS HONOR PHYSICIANS

The Corydon Palmer Dental Society honored the Mahoning County Medical Society with the presentation of a citation at their annual awards dinner last month. Dr. Resch accepted the honor for the medical society.

The award to the medical society was made in appreciation of publicity given to Dental Health Week by way of the "Diagnosis" radio program.

Among others honored by the dentists were Esther Hamilton, and representatives of the area's radio and television stations.

SOCIAL SECURITY PAMPHLETS AVAILABLE

Those members who attended the Feb. 15th meeting, received copies of the pamphlet, "Social Security for Physicians," prepared by the Social Security Administration of the U. S. Department of Health, Education, and Welfare. The Mahoning County Medical Society has a quantity of these pamphlets, and any member desiring a copy may have one by calling the office, 746-8431.

MEDICARE MUSINGS

Many physicians are being lulled into a false sense of security by the frequent press releases from the Department of Health, Education, and Welfare. It has been repeated over and over, that it is not the intention of HEW to control, in any manner whatever, the practice of medicine. Indeed, in their frantic attempts to sign up the elderly for Part B (so-called "Doctor Bill Insurance"), HEW officials have reassured our patients that Medicare is simply a mechanism for paying hospital and doctor bills. Let's look at the law itself.

With regard to regulations, Sec. 1871 states, "The Secretary shall prescribe such regulations as may be necessary to carry out the administration of the insurance programs under this title. When used in this title, the term 'regulations' means, unless the context otherwise requires, regulations prescribed by the secretary." Therefore, if the law is deficient in provisions relating to physicians, one may be sure that every last detail of administration

of medical care insurance will be spelled out by the secretary.

The ultimate authority for Medicare administration is vested in the HEW Secretary with unlimited power. Sec. 1874 reads, "except as otherwise provided in this title, the insurance programs established by this title shall be administered by the Secretary. The Secretary may contract with any person, agency, or institution to secure on a reimbursement basis such special data, actual information, and other information as may be necessary in the carrying out of his functions under this title." (Emphasis mine)

This one authorization alone should make every practitioner and hospital administrator tremble. Think what it would mean if anyone—just anyone—selected by the HEW Secretary could have access to confidential records!

The HEW Secretary thus has very broad powers. Consequently, any hospital or other provider of services, any physician, and any prospective patient who agrees to accept Medicare hospital benefits or who signs up for Medicare Insurance must accept the rules and regulations in force at the time, or

to be promulgated at a later date.

Physicians have until July 1st to decide whether or not to accept Government dollars or fill out Federal forms. It might be well, in these next few months to weigh that decision very carefully. Once committed, the physician's only recourse if he cannot live with the rules and regulations, is to withdraw from the plan. This might well be a good deal more traumatic than not participating in the first place.

—Jack Schreiber, M.D.

ATTEND THE MEDICAL-LEGAL BANQUET

MILITARY ADVISORY COMMITTEE APPOINTED

Dr. A. K. Phillips and Dr. John Noll will act as co-chairmen for the Military Advisory Committee for the current year. Other members of the committee are Dr. Asher Randell and Dr. F. L. Schellhase. The committee, appointed by Dr. Resch, president, will work in cooperation with the Ohio State Medical Association Military Advisory Committee.

DELINQUENT DUES

The names of all dues paying members who have not met their financial obligations to the Mahoning County Medical Society by March 31st will be published as delinquent members in the April Bulletin and again in the May and June Bulletins if their delinquency persists. It shall be the duty of the treasurer of the society to furnish the editor of the Bulletin the names of the delinquent members for publication in the April, May and June Bulletins.

—Council

Mahoning County Medical Society

MEDICAL CONTROVERSY

In response to the first two Medical Controversy Columns, I must admit that it would appear that I am anti-hospital. Nothing could be further from the truth. I feel that the adequate treatment given in the office would do much to let our hospitals function in a proper manner; so that they could best utilize the specialized equipment and talent that they have. However since we have brought up the subject of hospitals, there are some things that I would like to say about our hospitals, which has nothing to do with the quality of professional care that is rendered. I believe that since our hospitals are certified and our staffs have all had very adequate and continuing training, that the professional level of care is more than adequate.

Looking at it from the patient's point of view, I think that there are some things that the hospital might look into, and that we might encourage them to do. Over the years the daily bed bath has been a feature of hospital care, and which is probably the first thing that a patient thinks of when he thinks of a hospital. I am not advocating doing away with the daily bed bath; but somewhere in the new building plans for our hospitals there should be room for more showers, so that patients might be able to get the excess

soap washed off. I am sure that this would add to patient comfort.

Harking back to my medical school days, there was a Beauty Shop in our medical school hospital; and this was something that I was disturbed not to find when I came to Youngstown. I think that a Beauty Shop with facilities for the female patients on an ambulatory basis would be a tremendous morale builder. There is no question in my mind that Barber Shop facilities would be most welcome to the male patients, and some type of tonsorial care should be available at the bedside as well as in a central location. A coronary patient after he is feeling better would certainly welcome a haircut and a shave by a professional; and a fastidious woman after an acute illness, would certainly welcome the improvement in her appearance which a trained beautician could obtain. The bedfast patient would certainly welcome the services of a manicurist.

I believe that these services could pay for themselves, and not be involved in hospitalization insurance, etc. In addition, the services of a beautician in the hospital would do much to help in the indoctrination of new personnel as to the proper hairdos and make up techniques; so that the personnel waiting on the patients would be pleasant to behold and increase the

feeling of well being that the patient might obtain.

It seems that we might also have available to the hospitals a dry cleaning and laundry service over and above the usual sheets and pillowcases, sterile linen, etc. On rounds we are always running into dripping nighties; and if this service could be done carefully and professionally, it would be a

welcome comfort to a great many patients.

In addition, those patients who come from out of town and wish to stay with their loved ones while diagnosis and perhaps definitive acute treatment is being accomplished; have no comfortable place to stay. Perhaps there should be some facilities for the family close by the intensive care unit where people could rest in comfort. A nearby motel facility for the out of towners to stay overnight and yet be close enough to the hospital so that they could return immediately if their presence were needed would be a convenience that should be thought of in the future.

A perennial problem of course is parking; and I would believe that the only solution to present parking problems around all hospitals is to have

bigger parking lots.

A real public relations service at the emergency entrance would be enough orderlies to assist the injured from cars and ambulances. At present there seems to be a gap between getting to the hospital and into the hospital.

—R. L. Jenkins, M.D.

Grom the Bulletin



THIRTY YEARS AGO-MARCH 1936

The Medical Economics Committee under Dr. E. J. Reilly completed an agreement with the Mahoning County Commissioners regarding treatment of the indigent sick. The agreement divorced the city and county health commissioners from the medical relief office and gave complete charge of medical relief to the Committee. The Commissioners agreed to make no attempt to set up clinics for the treatment of any type of disease. The Committee assumed responsibility for the conduct of the doctors and promised that they would render "adequate and honest service to the indigent" for the fees agreed (amounts not mentioned). There was to be no pro-rating of fees because of lack of funds and it was agreed that "red tape and clerical work be abolished and bills be paid 30 days after receipt of statement."

George Madtes took the doctors to task for going to extremes in economic affairs. They had closed the dispensaries and were opposing all free immunizations. They were viewing with suspicion and distrust any lay movement to improve the public health. He said "Some type of medical work can be done efficiently only by mass effort and there are public health problems which must be done efficiently. They include diptheria immunization, vaccination, tubercular testing, veneral disease handling. Public health matters

cannot be handled properly in private practice."

Dr. J. B. Kupec became a member of the Society.

You could buy a double breasted "Duke of York" suit at McKelvey's for \$25.00. Babies were getting Oleum Percomorphum instead of Polyvisol and it was Karicin for fecal putrefaction those days.

TWENTY YEARS AGO-MARCH 1946

Major Fred Coombs had a leading article on "Therapeutic and Toxic Effects of Salicylates." He described a maniacal delirium called the "Salicylate jag" and warned of the increase in prothrombin time accompanying full

doses of salicylates.

Comdr. O. M. Lawton was back home and addressed the staff of the Youngstown Receiving Hospital on "The Neuroses." Martin Conti, the first medic to join the services in 1939 was still out on an island in the Pacific. The service records of Lt. Col. H. E. Hathorn, Major Barclay Brandmiller and Capt. Lewis S. Shensa were published. Brandmiller made four combat landings, he has a bronze arrowhead and five campaign stars. Gordon Nelson was named a member of the state committee on medical care of veterans.

TEN YEARS AGO—MARCH 1956

Excerpts from the "Reminiscences of Medical Practice" by the late John Heberding: In 1905 medical practice was changing from the horse and buggy to the automobile. Dirt roads were plentiful, the automobile was unreliable at best, and in winter and spring it was impossible so John acquired an automobile in 1907 but still kept his horse and buggy for several years.

From 1905 to 1908 there was a vast amount of typhoid fever. In the South Side Hospital there was a men's ward and a woman's ward always filled with typhoid fever patients. With the building of the filtering plant for

city water about 1908, typhoid nearly disappeared except for a few cases

contracted from surface wells.

X-ray work was just in its beginning in 1905-1907. Glass plates were in use for making radiographs at that time. Films did not come into use until 1922. Safety films did not come into use on account of poor quality until after the Cleveland Clinic disaster of 1927. After this their quality was rapidly improved by the manufacturers and they were soon in general use.

Only a few of the more difficult fractures had any X-ray work done in the early days. Very little other X-ray work was done. However, with a growing realization of its value and with the gradual improvement in X-ray tubes and generators the amount and type of X-ray work done increased very rapidly.

New members were: W. L. Agey, R. V. Bruchs, P. A. Dobson, P. J. Fuzy,

Ir., S. F. Gaylord and R. Handy, Jr. —J. L. F.

ATTEND THE MEDICAL-LEGAL BANQUET

MEDICAL ASSISTANTS SOCIETY

The Medical assistants of Mahoning County met on Tuesday, February

lst, at Ivy Hall with President Jo Sammartino presiding.

The program was a panel of Medical Assistants and the guests panelists were Dr. Armin Banez, Dr. Robert McConnell and Dr. Bernard Schneider—with Miss Evelyn Thomas, Moderator. Subjects discussed were: What do you expect of your Doctor? and What do you expect of your Medical Assistant?—followed by a question and answer period.

After the regular business meeting a social hour was held. The next meeting will be held on Tuesday, March 1st, 1966, at 8:00 P.M. at the South Side Nurses Home. A film will be shown on "Psychiatric Services in General

Hospitals."

—June Kyle, Reporter

BEST OFFER

Physicians' office furniture for sale—very good condition. Examining table, pediatric table with scales, instrument cabinet, treatment table and stool, desk chair, 2 pull-up chairs, miscellaneous.

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In Memoriam

DONALD MASON ROTHROCK

1895 - 1966

Last month we lost one of our finest and most colorful members. Dr. Rothrock was a family physician of the old school.

He came here in 1925 after graduating from the University of Pennsyl-

vania and interning in the Altoona General Hospital.

During World War I he served in the U.S. Army. While in camp he was put in charge of the fire department for some reason known only to the Army. He was a better doctor than fire chief and he used to tell in his droll way how a fire truck and thirty fire extinguishers disappeared during his tenure, and how the Army tried for years to collect from him because he had signed for them. The fire truck was only \$6,500.00. Who got it, he never knew.

After that he was transferred to another camp with his health record, service record and all. On the way he opened the folder to look at his ser-

vice record. It said he was "noisy and uncooperative."

Noisy he was, but very cooperative with sick patients. His patients in the hospital knew when he stepped off the elevator. They heard his voice, they knew his step and when he entered the room they felt better just to know he was there. He would come any time, day or night. If he could not cure, he gave comfort and solace.

He delivered babies, he set broken bones, he removed tonsils, he made house calls and hospital calls and still found time for baby welfare stations.

He did not consider such service extraordinary, it was routine.

He had great enthusiasm and zest for life. He loved his work and enjoyed social contacts with his many friends. He always minimized his physical disabilities. He watched his diet and took his insulin quietly and his diabetes never interferred with his activities.

His later years were unhappy. Disabled by cerebral thrombosis in 1959,

he was forced to retire and spend seven years of invalidism at home.

But he was not forgotten by his old patients. At his death there was a flood of remembrances from them. He was a fine doctor and a good friend.

AUXILIARY PROMOTES CD SHELTER LISTINGS

An idea for listing all Civil Defense shelters in the telephone directory, originated and promoted by the Woman's Auxiliary of the Mahoning County Medical Society, has received support from the Ohio Civil Defense organization in Columbus.

The proposal was taken to a state conference meeting by Bud J. Fares, Civil Defense director of Youngstown and Mahoning County, following his

acceptance of the suggestion made by the Woman's Auxiliary.

Ohio Bell officials say that the proposal has been forwarded to Cleveland for study by the company's staff. If it is accepted, it will probably be carried out on a statewide basis.

MENTAL HEALTH CENTER COMMITTEE **APPOINTMENT**

Dr. Louis H. Scharf, chairman of the Mental Health Committee of the Mahoning County Medical Society, has been appointed the medical society representative on the professional mental health advisory committee of the Child and Adult Mental Health Center, Inc. The appointment was made by Dr. Resch at the request of Dr. Roger H. Sharpe, president of the Center.

Public Relations

ACCENT ON YOUTH

Several projects have already been undertaken by the Public Relations Committee to implement the youth program of the Mahoning Couny Medical

Society. More youth activities are in the planning stage.

The Medical Society will make a presentation of the book, "Today's Health Guide," the excellent medical volume published by the American Medical Association, to the library of every high school in Mahoning County. The books will serve to provide good sound medical information to students

for many years to come.

The Committee has arranged for the presentation of the Mahoning County Medical Society Scholarship and trophy "for an outstanding exhibit pertaining to the field of medicine" at the Austintown Fitch Science Fair on March 12th. Dr. John C. Melnick, chairman of the Youth Committee, will judge the

medical exhibits and award the \$50 scholarship.

Wishing to recognize excellence in all areas, not only medicine, the Committee has arranged for the presentation by the Medical Society of the "Today's Health Guide" book to winners in the Vindicator Spelling Bee.

Still in the planning stage is a dinner or banquet to be given by the Mahoning County Medical Society at the close of the school year for senior students from all high schools who have done outstanding work, with special attention to those who have shown an interest in medicine.

In further school relations, the Committee is searching for a suitable motion picture to present to the several school systems to be used as a career

quidance film in the field of medicine.

The Public Relations Committee is meeting twice a month, every 1st and 3rd Monday evening. Suggestions and ideas for improved public relations are welcome. Members are encouraged to present ideas to Ben Berg, chairman, or to committee members, R. L. Jenkins, Kurt Wegner, F. A. Resch and Howard Rempes.

ATTEND THE MEDICAL-LEGAL BANQUET

DR. P. L. JONES HEADS YOUNGSTOWN STAFF

Elected president-of-staff for the coming year at the Youngstown Hospital Association is Dr. Paxton L. Jones. Dr. H. Bryan Hutt is vice-president, and Dr. J. B. Stechschulte is secretary-treasurer.

Members of the Medical Executive Committee are: Drs. B. S. Brown, G. W. Cook, G. E. DeCicco, A. A. Detesco, H. B. Hutt, P. L. Jones, D. W. Met-

calf, R. R. Miller, S. A. Myers, and F. G. Schlecht.

Retiring officers are: Dr. G. W. Cook, president, Dr. G. E. DeCicco, vicepresident, and Dr. F. A. Miller, secretary-treasurer.

ALL OFFICERS ATTEND COLUMBUS MEETING

The Mahoning County Medical Society was well represented at the annual County Medical Society Officers Conference, sponsored by the Ohio State Medical Association on Sunday, Feb. 27, in Columbus. In attendance were: Dr. F. A. Resch, president; Dr. H. J. Reese, president-elect; Dr. C. K. Walter, secretary; Dr. M. C. Raupple, treasurer; and Howard Rempes, executive secretary.

Speakers of special interest were: Dr. Henry P. Worstell, who spoke on "The Workmen's Compensation Usual and Customary Fee Plan;" Dr. Drew L. Davies, on "The Doctor Draft and the County Military Advisory Chairman;" and Dr. William R. Schultz, on "The Physician and Hospital Relations."

Honored guest and speaker was Dr. Charles L. Hudson, President-elect, American Medical Association. Presiding were: Dr. Henry A. Crawford, president, and Dr. Lawrence E. Meredith, president-elect of the Ohio State Medical Association.

PROCEEDINGS OF COUNCIL FEBRUARY 8, 1966

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, Feb. 8, 1966, at the Mural Room, Youngstown, Ohio.

The following physicians were present: F. A. Resch, President, presiding, L. P. Caccamo, Frank Gelbman, R. L. Jenkins, Bertram Katz, R. B. McConnell, John J. McDonough, J. V. Newsome, C. E. Pichette, M. C. Raupple, H. J. Reese, F. L. Schellhase, Jack Schreiber, C. W. Stertzbach, J. W. Tandatnick, and C. K. Walter. Absent were: H. N. Bennett, B. C. Berg, F. A. Friedrich, R. D. Murray, and Kurt Wegner.

Dr. Resch introduced Mr. Charles F. Axtmann, Jr., of Axtmann and Lomax, accountants for the Medical Society. The executive secretary was requested to read a summary of the standing of the two Medical Society funds, the Scholarship Fund and the Investment Fund, after which the disposition of the

funds was open to discussion.

Following discussion, the motion was made, seconded and duly passed that Mr. Axtmann meet with Attorney James Bennett, to arrange for a Trust to be formed. ${}^{\natural}$

Mr. Axtmann questioned the number of trustees, and council agreed that there should be six trustees plus the president of the Medical Society as exofficio trustee. It was agreed that these would serve three year terms, with two men being elected to office each year.

Following discussion, the motion was made, seconded and duly passed that a bank be the corporate trustee with the power to invest funds with

the advice, but not necessarily the consent, of the Board of Trustees.

Following further discussion, the motion was made, seconded and duly passed that election of trustees be through the nominating committee and by the membership at large.

Mr. Axtmann was accorded a vote of thanks for attending the meeting

and giving advice.

The minutes of the previous meeting were read and approved.

Bills were read. The motion was made, seconded and duly passed that each bill be paid.

The executive secretary reported on the following items of information: The Medical-Dental "Any Doctor" calls list for January was passed around for members to see.

Atty. James Bennett has talked to Dr. Bayuk concerning the Trumbull County

Welfare Department and plans to meet with him.

Dr. Resch and Mr. Rempes attended calling hours for Dr. Rothrock. The executive secretary requested opinion from council concerning sending flowers to the funerals of wives of members. The motion was made, seconded and duly passed that flowers be sent in the case of both wives and children.

The medical society office is currently having all addressograph plates re-

made to include the zip code number.

The executive secretary requested opinion of council as to disposition of the old typewriter. It was suggested that an ad be placed in the Bulletin, and, if necessary, in the Vindicator, to sell the typewriter.

The medical society office is accepting old medical books and other medical

items of historial value.

All four officers will be attending the County Medical Society Officers Con-

ference in Columbus, Sunday, Feb. 27.

Deadline for resolutions to the Ohio State Medical Association is March 25th. A Lilly tour for all members of the Medical Society has been announced for sometime in May.

The Medical Society is cooperating in the YMCA Hi-Y Civic Day. The executive secretary requested that council members respond if it became necessary to get more sponsors for students.

Dr. Murray requested that the council give the Hospital Relations Committee

guidance in regard to further activity in area-wide hospital planning. Dr. Raupple, treasurer, announced that 32 members still owe dues for 1966. and that the deadline for dues is March 31st.

Dr. Reese read a letter from the Ohio State Welfare Department giving some indication of welfare fees to physicians in other counties. He also announced that word had been received that the Ohio State Welfare Depart-

ment will be setting fees for the counties after July 1st.

Dr. Tandatnick introduced discussion regarding the Medical Service Foundation. It was decided that since council had no authority over the Foundation, that this could not be proper business for council, and that those wishing to discuss it, should meet together after council was adjourned. It was suggested that the officers of the Foundation be invited to report at the next meeting of council.

Dr. Walter, insurance chairman, reported on the comparative cost and benefits of a \$50 deductible Blue Cross plan and the current plan now being

carried by the Medical Society group.

Dr. Schreiber announced the programs for coming Society meetings: Feb. 15, William McCauley will speak and answer questions on Social Security. At the Medical-Legal Banquet, March 15, Dr. Nicholas Nyaradi, former Secretary of the Treasury of Hungary, will address doctors, lawyers and wives on "The American Dilemma." On April 19, Dr. Carrol Whitten will speak on Medicare.

Meeting was adjourned.

-Howard Rempes Executive Secretary

March 18

K. E. Camp P. A. Dobson

R. W. Fenton J. E. Allgood

March 19

I. M. Russell

March 22

F. A. Friedrich

March 24

H. E. Mathay

R. Roland

March 29

C. J. Fisher

L. N. Green F. C. Tiberio

March 31

P. B. Cestone



Get Your Annual Check-up

April 2

S. Franklin

April 4

R. S. Richards

April 5

L. Bloomberg

April 7

J. C. Hall

April 9

W. L. Mutschmann

April 10

R. R. Miller J. J. Anderson

April 12

R. V. Basso

April 13

R. J. Heaver

April 15

J. E. Might

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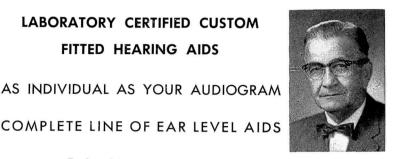
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BULLETIN BOARD

Dr. E. T. Saadi and Dr. Michael Vuksta took part in a recent air pollu-

tion and respiratory diseases seminar at Youngstown University.

Dr. J. L. Calvin recently received a letter from the Council on Clinical Cardiology of the American Heart Association informing him of his being elected to Fellowship.

Dr. C. C. Wales was re-elected a Vice President of the Y.M.C.A. Dr.

James Smeltzer is the new President of the Child Guidance Center.

Dr. G. E. DeCicco, Dr. Dean Stillson and Howard Rempes are members of the Board of Directors of the Christ Mission Kindergarten Association, sponsors of the Goodwill Industries in Youngstown.

Dr. G. W. Cook has been appointed to the Medical Advisory Board of

the Ohio State Crippled Children Services by Gov. James A. Rhodes.

Dr. Edward Thomas has been named to the Cabinet at the First Babtist Temple. Mr. Rempes has been elected an Elder at John Knox United Presbyterian Church. Dr. James Fulks has been elected to the Zion Luthern Church Council.

Drs. B. M. Brandmiller, G. E. DeCicco, W. P. Young, W. Martin, J. N. Gordan, A. A. Detesco, M. Yarmy and C. H. Weidenmier attended recent courses at Cleveland Clinic Education Foundation.

Dr. and Mrs. Donald Gross are on a Caribbean Cruise.

Two Youngstown physicians addressed the Columbiana County Medical Society in Lisbon on Feb. 15. Dr. Fred Coombs spoke on "Clinical Diagnosis, Physiotheraphy and Medical Treatment of Rheumatoid Arthritis." Dr. John C. Melnick spoke on "Early X-ray Changes in Rheumatoid Arthritis, with Special Emphasis on Fine Detail X-rays. —G. E. DeCicco, M.D.

S. Q. LAYPIUS OBSERVES:

Here is a little history of the birth control movement in Youngstown.

In 1935 a group of prominent women organized a Committee to promote birth control and sought the approval of the Medical Society for the Clinic

they proposed to establish.

The President was a general practitioner doing obstetrics and he frowned on the idea. When the ladies called on him he rebuffed them. He called on the leading obstetrician for advice and support but the doctor said "They don't mean any harm and they want to do something so leave them alone."

Then the young obstetrician Al Brandt appeared before Council and explained the purpose of the committee in such a convincing way that Council

gave them unanimous approval.

The Birth Control Clinic was established in the Bus Arcade with the blessing of some of the clergy and the approval of the Medical Society.

Shortly after that someone had the happy idea to change the name to "Planned Parenthood". It caught on and received the approval of the Catholic Church as well as the Community Chest. They had an active clinic going to limit the size of the families of the under privileged, the handicapped and mentally retarded.

But they were unable to cope with the population explosion after World War II. Not just here, but everywhere in this country. The returning veterans were not interested in birth control. As a result we have today more teenagers than ever before in our history. The maternity departments of our hospitals resounded with the shrieks of women in labor and the cries of the newborn. Facilities had to be enlarged. The pediatricians became very busy.

Then came the pill, one a day for twenty days a month. Information spreads rapidly in our country even though some people never read. But they watch TV and they listen to radio and there is still the word of mouth gossip. The pill is easy to get. Soon it was being taken by the multiparas, the newly weds, the bachelor women and the teen-agers.

Why the bachelor women and the teen-agers? I have no idea.

But I will say this: The population explosion is over. Easy contraception has made a profound change in the sex life of women. We are approaching the casual Polynesian customs where sex is natural. Maybe we have been too rigid. It is time to change our ideas about those things.

One thing I have noticed is that the parents who have had extra-marital

sexual experience are the most strict with their children. Times change and the pendulum swings. If you don't like things now, just wait.

SOCIAL SECURITY AT FEBRUARY MEETING

A better than average attendance of 93 members attested to the interest in physician inclusion under Social Security, the subject for a talk at the Feb. 15th meeting of the Mahoning County Medical Society. Speaker was William J. McCauley, district manager of the Youngstown Social Security office. Following his talk, Mr. McCauley answered questions.

In a business meeting, the medical society approved a resolution to the Ohio State Medical Association supporting the AMA concept of usual and customary fees to all governmental agencies and other third party plans.

HERBERT PHILBRICK AT OPEN MEETING

Herbert Philbrick, author of the book, "I Led Three Lives," will be the speaker at a public meeting at Stambaugh Auditorium on Monday, March 14th at 8:30 p.m. Mr. Philbrick is also known for his radio series, "I Was A Communist for the FBI."

His appearance in Youngstown is sponsored as a public service by Republican Associates. All tickets are \$1.00 each, and may be had by phoning Mrs. Raymond Powers, 757-2038. Following the talk, there will be a reception at the Voyager, open to all wishing to attend.

SOCIETY RECEIVES 100-YEAR-OLD BOOKS

Another gift of hundred-year-old medical books has been received at the medical society office. Presented by Mr. Edward P. Mitchell of North Lima, the books include three volumes of London Lancet from 1845, 1850 and 1852, A Treatise of Dislocations and Fractures of the Joints by Sir Astley Cooper (1842), A Treatise on the Practice of Medicine by John Eberle (1835), Principles of Human Physiology by Wm. B. Carpenter (1845), and an old catalogue of medical instruments. A book-plate listing Mr. Mitchell as donor will be placed in each book. Books are available for inspection by members.

HEALTH DEPARTMENT BULLETIN

	JANUARY	, 1966			
	Re	sident	Non-F	Resident	Total
	M.	F.	M.	F.	
Births	69	67	111	66	313
Deaths		75	59	55	276
Infant Deaths	2	1	2	4	9
	JANUARY	, 1965			
Births	51	50	76	78	255
Deaths		67	72	72	303
Infant Deaths	6	2	1	2	11
COMMUNICABLE DISEASES			1966		1965
		Cases	Deaths	Cases	Deaths
Infectious Hepatitis		1	0	1	0
Tuberculosis		3	0	4	0
Gonorrhea		14	0	22	0
Syphilis			0	6	0
Rheumatic Fever		2	0	4	0
VENEREAL DISEASES					
New Cases			Male	Female	
Syphilis			0	2	
Gonorrhea				5	
Total Cases					18
Total Visits (patients)					110
•			dney Frank		M.S.P.H.
			ommissioner		



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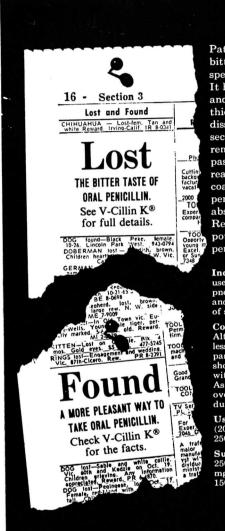
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