BULLETIN

of the MAHONING COUNTY MEDICAL SOCIETY

Volume XLIV

MAY, 1974

Number 5



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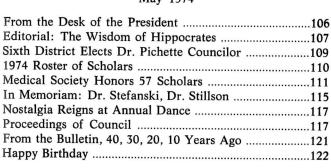
Representative to the Associated Hospital Service: C. E. PICHETTE Executive Secretary: H. C. REMPES, JR.

Mahoning County Medical Society Meetings — 1974

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From the Desk of the President



WHERE WERE YOU, GRANDPA?

Grandfather was sitting in his comfortable chair, his grandson perched on his lap. While the elderly gentleman affectionately stroked the small boy's head, the young lad looked straight into the old man's eyes and asked, "Where were you, Grandpa, when the Government took over medicine?"

Yes, you must ask yourself—where were you? Nearly every physician will be a grandfather and therefore must ask himself this question.

History has shown that the greatest good is liberty. Americans have fought a Revolutionary War, a Civil War and two World Wars for "life, liberty and the pursuit of happiness." There has been continuous coercion, gradualism and intervention of government in the practice of medicine.

Each physician must exercise initiative and responsibility to preserve our heritage. It is his duty and obligation to prevent unconditional submission to the planners and vote-seeking politicians.

A minority of colonists supported the Revolutionary War. Christ had but 12 disciples. Lenin had but a hand-full of followers. A small match can destroy a forest. The doctor must use his interest and determination and, although doctors represent only .1 of 1% of the people of the United States, they cannot succumb to the inevitability of government control. Each doctor has his patients who will support him. With this support he "shall overcome."

From the small acorn comes the mighty oak, Grandpa!

—John C. Melnick, M.D. President



BULLETIN of the Mahoning County Medical Society

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MAY. 1974



Number 5

The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

EDITOR

ASSOCIATE EDITORS

Louis Bloomberg, M.D.

J. L. Fisher, M.D. D. H. Levy, M.D.

J. C. Melnick, M.D.

F. A. Pesa, M.D.

Editorial

I am indebted to Dr. Sam Zoss for this month's editorial.

THE WISDOM OF HIPPOCRATES

"To know is science, but merely to believe one knows is ignorance."

These words should guide us in the examining of the many health schemes that the medical public is now being offered. Nothing will make a politician more popular than the mere hint that he can improve the health of the people. If I thought that any proposed health plan would have any chance of actually improving medical care, I would be an enthusiastic advocate. As of now I must retain my doubting attitude. The wisdom of Hippocrates should give pause to those who feel they have the panacea for the ills of modern medicine.

The essence of American medicine is the relationship between doctor and patient. Can a plan be devised to improve this relationship? Will this plan work better than many recent governmental programs, e.g. the poverty program, the post office, etc. The answer is very much one of doubt and chance.

We do not believe that our patients should be the victims of chance or doubt. Our political leaders must be aware that they are gambling with our most precious asset—a standard of medical care unparalleled in history. There are faults. Correct them by the method of Hippocrates: science and knowledge. Try new ideas in controlled experimental situations. We believe that every American can be guaranteed good medical care; but this guarantee should not destroy the doctor-patient relationship by tying the physician's hand in red tape.

In the past a physician's obligations were to his patients and to his God. I am obliged to my patients, my God, Blue Cross, Blue Shield, Medicare, Medicaid, PRSO, HMO, malpractice carrier, BNDD, recertification examination, various insurance companies, FDA and others too numerous to list.

Hopefully there will be a bit of time left to minister to the patient.

-Louis Bloomberg, M.D. Editor

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6TH DISTRICT ELECTS DR. PICHETTE COUNCILOR







Congress Lake Country Club has traditionally been the meeting place for quarterly Sixth District meetings. Following dinner (above) the delegates met in a session opened by Dr. Lieber (bottom) to elect a councilor and discuss OSMA resolutions.

Dr. C. Edward Pichette was nominated to the position of nominee for Councilor from the Sixth District of the Ohio State Medical Association at the caucus meeting held at Congress Lake on Tuesday, April 24th. Delegates (or their alternates) from all six counties in the district, 19 in all, were all present and voting. Dr. Robert Clark of Summit County received 8 votes. Dr. Pichette received 11, and was elected by the Sixth District to fill the one-year unexpired term of Dr. Maurice Lieber of Stark, who will be elected to the office of president-elect of the Ohio State Medical Association at the Cleveland meeting. Dr. Pichette's nomination must be ratified by the entire House of Delegates in an election procedure traditionally held on the final day of the meeting of the House.

Dr. Edward E. Grable of Stark County was elected chairman of the Sixth District delegation and chaired the caucus meeting. Dr. Emmett P. Monroe of Summit County was elected to represent the Sixth District on the Nominations Committee at the State meeting.

In a three hour session, delegates from the six counties discussed all 50 resolutions to be presented to the House of Delegates. Eighteen of the resolutions have to do with some aspect of PSRO, MAI, or NHL. The delegation agreed to support the strongest possible stand calling for repeal of PSRO. They agreed that MAI should do peer review for doctors only and have no contact at all with any third party.

Attending the meeting from Mahoning County were Dr. J. J. Anderson. Dr. Rashid Abdu, Dr. J. C. Melnick, Dr. C. E. Pichette, Dr. W. E. Sovik, Dr. Jack Schreiber, Dr. J. W. Tandatnick and Mr. Rempes.

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Girard

Belinda Blazina Tom DiPiero

Hubbard

Kathy Jones George Kroner

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Sue Oliver James Romick

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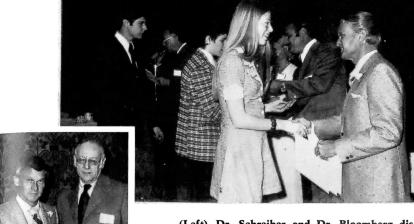
*Suzanne Chizmar

*Paula Marrie

*Dominic Dannessa *Stephen Motosko

*denotes a tie for scholarship honors.

MEDICAL SOCIETY HONORS 57 SCHOLARS



(Left) Dr. Schreiber and Dr. Bloomberg discuss the program. (Above) Karen Bode leads the Chaney scholars as they receive their pins and certificates.

Dr. Jack Schreiber was the speaker at the eighth annual Scholarship Dinner of the Mahoning County Medical Society, honoring 57 top scholars from 25 high schools in Mahoning County, Trumbull County and Pennsylvania. Dr. Louis Bloomberg was master of ceremonies. Dr. James Might was chairman in charge of arrangements.

Illustrating his talk with several feats of magic, Dr. Schreiber urged the young people to approach life with enthusiasm and to accept the responsibility of being an American and making America great.

Following his talk, Dr. Schreiber presented a certificate to each student enrolling him or her in the Mahoning County Medical Society Roster of Scholars for 1974. Dr. and Mrs. Melnick presented each student a gold pin, emblematic of the scholarship honor.

The student guests were the top boy and top girl scholar from each school as selected by the school principal. In cases of absolute tie, all tying students were included. Acting as hosts were a number of physicians and wives. The invocation was given by Dr. Leonard P. Caccamo.

MEDICAL ASSISTANTS ELECT OFFICERS

The Medical Assistants Society, at their annual meeting, elected officers for 1974-75: Nena LaBarbera, president; Dorothy Klein, president-elect; Joan Schuchler, recording secretary; June Kyle, corresponding secretary; Betty Ann Perschka, treasurer.

Councilors are Charlotte Kramer and Jo Sammartino for three-year terms; June Boyle for a two-year term; Grace Brady and Peg Drabison for one-year terms. Carole McClendon remains on the board.

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In Memoriam

CLARENCE STEFANSKI, M.D. 1892 - 1974

Dr. Clarence Stefanski, a general practitioner, died of a heart ailment on Monday, April 1, at North Side Hospital following an illness of six-month duration. He was 82.

Dr. Stefanski was born Feb. 4, 1892, in Youngstown. He was graduated from South High School, received his pre-med schooling and his medical degree from Eclectic Medical College in Cincinnati, from which he was graduated in 1917. Following a year's internship at Grace Hospital in Detroit, he served overseas as a captain in the Medical Corps with Field Hospital 35 in World War I.

In 1920, returning from the war, he opened an office at 20 W. Front St., later moving to the Mahoning Bank Building where his office was located until his retirement. Besides his private practice, he was plant physician for Republic Steel for a number of years and chief examiner for the P&LE and Penn Central Railroads.

In 1967, the Mahoning County Medical Society presented him the OSMA fifty-year pin, and in 1970 he received a 50-year award from the Ohio Academy of General Practice.

He was a member of the Youngstown Hospital Association Clinical Staff, a 32nd degree Mason and a charter member of St. Alban's Lodge No. 677, F&AM. He was a Knight Templar and a member of Al Koran Shrine, Aut Mori Grotto, American Legion Post No. 145 of Poland and Veterans of Foreign Wars. He was a life member of BPOE Elks Lodge 55, and was a member of Trinity United Methodist Church.

Dr. Stefanski was quoted as dearly loving the profession of medicine. He did much to help it flourish in the Mahoning Valley. His contributions were great. He will be long remembered.

DEAN E. STILLSON, M.D. 1918 - 1974

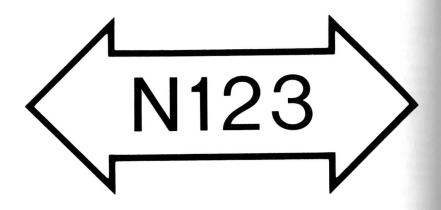
Dr. Dean E. Stillson, internist, died on Sunday. April 21, at his home. He was 55.

Dr. Stillson was born Sept. 30, 1918, in Youngstown. He was graduated from Boardman High School, took pre-medical courses at the College of Wooster and earned his doctorate at Case Western Reserve University in 1943. Following internship at Cleveland City Hospital, he served as a captain in the Army in the European Theater. He returned to finish a residency in internal medicine at Youngstown Hospital Association, later entering practice at 2914 Southern Blvd. where he maintained his office until his death.

Dr. Stillson was secretary-treasurer of the staff of Youngstown Hospital Association. He was a member of Argus Lodge F&AM, a past president of the College of Wooster Alumni Association in Youngstown, a past president of the Colony Club and had been a member of Youngstown Kiwanis Club, Christ Mission Board, Camp Fitch board of management and Trinity United

Methodist Church.

The medical community is saddened at the passing of so young a doctor. His quiet manner and his concern for those he treated was well-known to both his patients and his colleagues. His untimely passing has been a source of great sorrow to his many friends.



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NOSTALGIA REIGNS AT ANNUAL DANCE



PRESIDENTS (above) Dr. and Mrs. Wieneke and Dr. and Mrs. Melnick. CO-CHAIRMEN (right) Dr. and Mrs. Ruth and Dr. and Mrs. Weiss.





An old fashioned car, an old medical office, and numerous posters and photos of long ago greeted a record crowd attending the "You've Come A Long Way, Doctor!" dinner-dance, April 20th at Squaw Creek Country Club. The attendance count of 119 persons is the largest for the annual social function in more than a decade.

Credit for the outstanding turn-out belongs to the Woman's Auxiliary, which set the old fashioned theme and handled all details of the evening. Co-chairmen were Mrs. Sanford R. Weiss and Mrs. Paul E. Ruth. Members of their committee were Mrs. S. W. Chiasson, Mrs. Nicholas Garritano, Mrs. Bruce Lipton, Mrs. Ikuo Maeda, Mrs. Lawrence Pass and Mrs. James Sofranec. On a special telephone committee for the dance were Mrs. John J. Buckley and Mrs. James Dallis. Publicity was handled by Mrs. Patrick Brucoli and Mrs. Arthur Whittaker. The dance was planned to raise money for the Auxiliary scholarship fund. Scholarship chairman is Mrs. John Jacob Turner.

Dr. John C. Melnick, president, made the only speech of the evening, thanking the ladies of the Auxiliary for their fine work in arranging the dance. Special guests were Dr. and Mrs. Terrance Martzial, president of the Dental Society. The Tom Miklas orchestra played for dancing.

PROCEEDINGS OF COUNCIL April 9, 1974

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, April 9, 1974, at the Youngstown Club.

The following applications were presented by the censors:

ACTIVE: Richard W. Juvancic, M.D.

Milton L. Paige, M.D. Vinod K. Sethi, M.D.

ASSOCIATE: Thomas F. Barrett, M.D. Alfred Reed Hoffmaster, M.D.

The applications were approved. The applicants will become members of the Mahoning County Medical Society fifteen days after publication in the *Bulletin*, unless objection is filed in writing with the secretary before that time.

Letters were noted from Dr. L. K. Reed, chairman of the medical-legal committee and from Atty. Arseny Melnick, president of the Bar Association, both related to the recent proposal of Mr. Ihle that interested parties get to gether to discuss malpractice claims. The Bar suggesed that it be referred to a joint medical-legal committee. Dr. Reed expressed a willingness to investi-

gate the matter further.

Letters from Dr. Ondash, chief of staff at St. Elizabeth Hospital, and Mr. Esson, administrator of Youngstown Hospital Association were noted Letters were in answer to the Medical Society request for hospital stands on HMO's. The motion was made by Dr. Abdu, and properly seconded, that we publish in the Bulletin our letter and the answers received. The motion was later amended to send the information to our members only rather than publish in the Bulletin. Dr. Anderson, new chairman of the YHA executive committee, requested that the letters not be sent out until he had a chance to send in his reply.

Dr. Lupse, chairman of the Task Force on Uterine Cancer Control for the Mahoning Cancer Society, discussed the upcoming Pap Smear Drive being sponsored by the Cancer Society. He answered questions concerning the drive and requested the moral support of the Medical Society. He asked that a poll be sent out asking physicians to help in the drive. After Dr. Lupse left the meeting the motion was made by Dr. Banez, and properly seconded, that the Medical Society give moral support to the Pap Smear Drive and that the office send out a poll for physician participation.

A letter, forwarded to council by Dr. J. K. Herald, was read. This was a letter that he had received from Travelers Insurance Co. requesting that he submit to them a copy of his price schedule. Dr. Schreiber noted that the law governing price disclosure will probably expire on April 30th and that COLC will be defunct. It was also noted that a physician is under no obligation to mail out his prices, but the insurance company could be told to come into the office if they want to see them.

A letter was read from the Washington office of the American Medical Association stating that the developmental contract for the Northeast Ohio Health Care Foundation showed a grant of \$115,000, and that HEW has been requested to give more information. Dr. Tandatnick was requested to see

if he has information in his files on the HMO.

Dr. Might, public relations chairman, reported that everything was on schedule for the scholarship dinner. He reported that the Medical Society will present a book as prize in the Vindicator Spelling Bee. He reported that the Science Fair this year will be held at Chaney. The motion was made by Dr. Might, and properly seconded, that we present a \$50 bond for the best exhibit pertaining to medicine, as we have done in the past. Motion was passed.

It was noted that the Medical Society was invited to send a representative to a curriculum committee at Youngstown State University. Other members of the committee are Dr. Lawrence Looby, chairman, Dr. Paul Van Zant (biology), Dr. Lee Rand (chemistry), Dr. Rappoport (YHA), Dr. Squicquero (St. E.). The motion was made by Dr. Bloomberg, and properly seconded, that the president appoint the chairman of our medical school committee, Dr. L. P. Caccamo, to the YSU committee. Motion was passed.

Dr. Bloomberg brought up the matter of a free Glaucoma test clinic held by the Boardman Lions Club at the Southern Park Mall. Following discussion, it was suggested that medical society committee be formed to work out medical

society guide-lines and/or policy on medical screenings.

Mr. Warren Rollins, a representative of the Agler Insurance Co. came into the meeting and discussed a number of plans, including health, hospitalization and life insurance. It was suggested that Mr. Rollins meet with the insurance committee.

Meeting was adjourned.

—Howard Rempes **Executive Secretary**

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From the Bulletin

FORTY YEARS AGO — MAY 1934

The Economics Committee employed legal counsel to force the State Relief Commission to pay for the care of the indigent sick (who made up about 50% of many doctors' practices). The fee schedule set up by the State was: Office call \$1.00. House call \$2.00 (night calls 50 cents additional). Normal delivery \$20.00 in the home. Forceps \$5.00 extra. Forceps became very popular. Before that forceps delivery was a measure of last resort. Indigent sick in the hospital were cared for free by the house staff. That means the attending staff and internes. There were no residents.

Professor McCrae of Jefferson Medical College said that the tars in automobile exhaust fumes are responsible for the tremendous increase in carcinoma of the bronchus. He also noted that the increase in cigarette smoking

coincided with the increase in carcinoma.

There was a College of Surgeons and a College of Physicians. Member-

ship in those meant that you were in, but there were no boards.

Karacin (Merrell) was the popular remedy for "intestinal toxemia". Viosterol in Halibut Liver Oil (Mead Johnson) was the newest things in vitamins for infants. Older children who failed to thrive were given Whites Eggol, a special egg emulsion of Cod Liver Oil prepared by Ralph himself. Many of the old supporters of the BULLETIN are still with us. I wonder if any of those infants were harmed by irradiated cholesterol.

You could park at the Central Square Garage for 12 hours and have your

car washed for a dollar.

THIRTY YEARS AGO — MAY 1944

Major Steven Ondash was awarded the Legion of Merit for outstanding service in Greenland. He served in the British West Indies, Canada and Alaska. Anywhere Steve goes his performance is outstanding. Joseph Keogh was home after two years at Pearl Harbor. J. M. Russell was serving at McArthur's advanced headquarters in New Guinea. Fred Schellhase was down there too, serving with the 5th Air Force. It was a long way to Guadalcanal, Saipan, Eniwetak, Okinawa and Japan.

Captain Sidney Davidow was home on leave after a year in the Aleutians and the Attu landing. Captain Morris Rosenblum was back after a year in Puerto Rico. Brack Bowman, J. L. Scarnecchia, H. E. Hathhorn and John Welter were in England getting ready for a short trip across the Channel to France. Bert Firestone and John Rogers were in Africa about to hop over to

Italy.

TWENTY YEARS AGO — MAY 1954

President James Brown said that 90% of patient's complaints about doctors are due to careless criticism by other doctors.

Editor Detesco wrote that the physician and his family receive the most

inadequate medical care.

The Civil Defense Director wanted \$5,000.00 from the city and the same amount from the county to set up a disaster center and bomb shelter under the Mahoning T.B. Sanitorium. He did not get it.

Hugh Bennett was convalescing at home after a long stay in the North Side Unit. During his illness he completed his Board requirements in internal medicine. James Calvin became a member of the Society.

TEN YEARS AGO — MAY 1964

The program announced for June was Medicine and Religion. President Schreiber said the theme would be "Body and Soul!"

Dr. Annis made 16 speeches in two days while here last month. What a

schedule!

Our good friend Robert Tschantz of Canton was elected President of the O.S.M.A. He is now Delegate to the A.M.A. from Ohio.

The speaker that month was the celebrated Barry Bishop, member of the American Expedition that conquered Mt. Everest in 1963. He was introduced by his friend and classmate W. Claire Reesy, Jr. who also has had mountain climbing experience.

Mr. Bishop received a tremendous ovation after his thrilling account and

pictures of the ascent of Mt. Everest.

New members that month were: Edward Kessler, Milton J. Lenhart and Vincent D. Lepore. —J. L. F.

DR. CACCAMO ON MED SCHOOL BOARD

Dr. Leonard P. Caccamo has been elected a trustee of the Northeastern Ohio Universities College of Medicine. He replaces Mr. Clarence J. Strouss. and will serve a nine-year term. Atty. John M. Newman was reelected at the same time to a six-year term.

Dr. Caccamo has been chairman of the medical society Medical School Committee since its inception in 1966. The Committee was instrumental in making Youngstown State University eligible for a part in the consortium medical school through a number of activities, the principal one being a feasibility study on behalf of YSU conducted in 1969.

Dr. Caccamo represents the Medical Society on a Curriculum Committee of YSU currently planning curriculum for provisional medical students.

HAPPY BIRTHDAY



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May 17 C. C. White May 18 S. F. Gaylord May 20 T. F. Barrett May 21 M. A. Soares May 23 M. W. Neidus J. W. Tandatnick W. J. Cleary May 24 A. Calder J. J. Wasilko May 25 B. B. Burrowes May 26 J. M. Benko

May 27 G. B. Pugh

May 28 H. Segall C. H. McGowen May 30 H. L. Allen C. A. Gustafson May 31 H. J. Reese June 3 B. C. Berg June 4 H. B. Hutt H. H. Ipp I. Schrieber R. A. Wiltsie June 5 A. M. Rosenbloom G. L. River N. S. Natividad June 6 E. R. Brody

R. Cossette

June 8 A. DiDomenico G. G. Nelson E. R. Ebie June 9 K. C. Kunin I. Noll M. F. Sheridan June 10 R. W. Parry Iune 12 J. H. O. Bleacher Iune 13 J. G. Guju R. L. Jenkins, Jr. F. A. Resch June 14 R. R. Fisher June 15 U. H. Boening E. Shapira Bloomberg

A. R. Cukerbaum

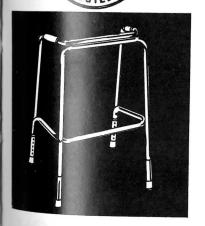
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Before prescribing, see complete prescribing information in SK&F literature or *PDR*. The following is a brief summary.

★Indications: Edema associated with congestive heart failure, cirrhosis of the liver, the nephrotic syndrome; steroid-induced and idiopathic edema; edema resistant to other diuretic therapy, Also, mild to moderate hypertension.

Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired.

Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Rarely, necrotizing vasculitis, paresthesias, citerus, pancreatitis, and xanthopsia have occurred with thiazides alone.

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