

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume XLV

FEBRUARY, 1975

Number 2



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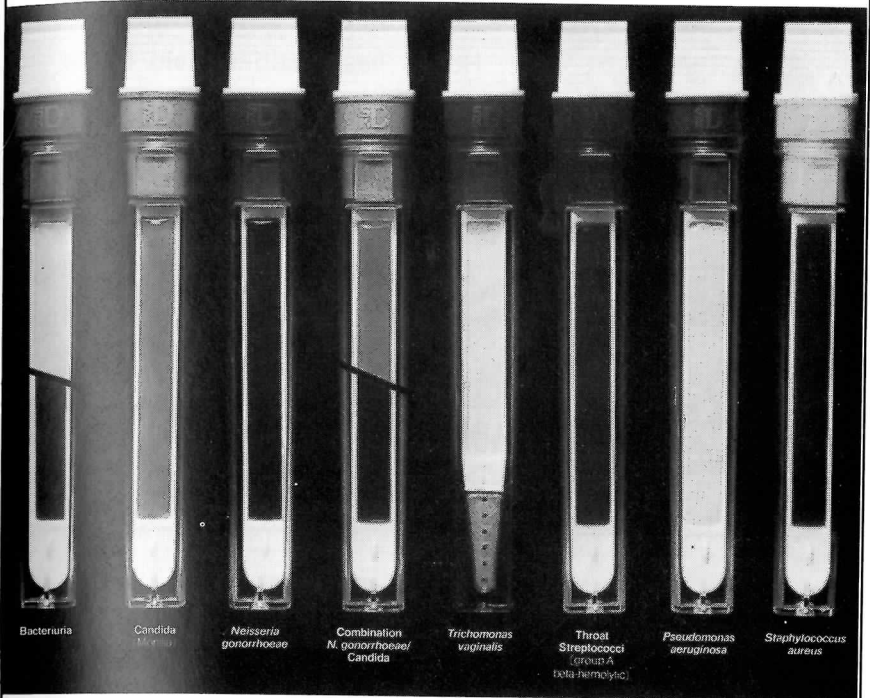
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Mahoning County Medical Society Meetings — 1975

January	March	May	September	November	December
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



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From the Desk of the President



For those who are wondering just what the Mahoning County Medical Society does, here is a sample list of 1974 tangible activities:

There were 6 general meetings of the Society where, in addition to the usual business, we had the following guest speakers: Atty. Marvin Edwards on "National Health Insurance", at a meeting attended by the dental and osteopathic associations and the Bar Association. Dr. Maurice Lieber on "The Governor's Task Force on Health" and Senator Stanley Aronoff on "Confidentiality of Records." At the December meeting Dr. C. Edward Pichette, Councilor of the 6th District, gave a comprehensive report on the district activities.

Your council held 10 meetings in 1974 which consumed between 5-6 hours each. It acted on 74 pieces of correspondence, debated 41 issues and listened to 29 committee reports.

During the year, 43 mailings were sent to all members of the Society and/or the Women's Auxiliary and the Society published 12 issues of the *Bulletin*. The Society managed both the physicians' and medical assistants' Blue Cross groups, which involved a total of 4 billings.

The Society was represented by four delegates and four alternate delegates at the OSMA House of Delegates meeting in Cleveland, where Dr. C. E. Pichette was elected Councilor of the Sixth District, and submitted 4 resolutions for consideration by the House.

In the line of public relations and community involvement, the Society placed 23 news releases or letters in the *Vindicator*, made two \$500 loans and one \$1500 loan to medical students and held a dinner for 57 honor students from 25 different high schools at its annual scholarship dinner. The Medical Society presented each of these students with a pin and certificate.

Your Society presented a \$50 award at the All City Science Fair and presented a book award in the *Vindicator* Spelling Bee. It supervised the Medical-Health Building at the Canfield Fair and prepared two medical society exhibits.

Your Society entertained 294 medical assistants at the Annual Medical Assistants' dinner.

The Grievance Committee held 4 meetings and studied 25 cases. Speakers Bureau members made 18 talks before civic groups, arranged by the medical society office. Speakers from the Medical Society made more than a dozen radio or T.V. appearances.

M.C.M.S. was officially represented at meetings of city council, the Chamber of Commerce, the N.E. Ohio Medical School, Blood Bank Com-

(Continued on Page 33)



BULLETIN

of the Mahoning County Medical Society

Published Monthly for and by the Members

1005 Belmont Ave.
Youngstown, Ohio 44504
Phone (216) 747-4956

Volume XLV

FEBRUARY, 1975

Number 2

The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

EDITOR

Earnest Perry, M.D.

ASSOCIATE EDITORS

J. L. Fisher, M.D.

J. C. Melnick, M.D.

Editorial

THOUGHTS ON TOGETHERNESS

It is always interesting to attend the meetings of our County Society and see the "apparent" friendship, togetherness and brotherhood that exudes among the members of our society. But there are two thoughts that flash into my mind and make me wonder if this is a reality or a facade.

First thought—I wonder why, in this modern day, physicians in Youngstown can only have active staff membership at one hospital with courtesy staff membership at the other. Now, I know immediately some will say that it is better that way because they do not want to go to more than one hospital, and for a variety of other reasons. On the other hand, why shouldn't a physician be allowed to decide whether or not he wants to hold active membership at both hospitals? As long as he is aware and willing to accept the responsibilities. I contend that if a physician with courtesy privileges attends that hospital with any degree of regularity (as some of us do) he might want, and I think he has the right, to have some voice concerning matters that govern his actions in that hospital. I further contend that the courtesy staff member is subjected to subtle "inequities".

I can't help but wonder if this situation arose out of petty jealousies existing between the two hospitals and was perpetuated by both the administrative and medical staffs.

The second thought that comes into my mind is a result of hearing recently that one of our new physicians, who a short while ago joined an established office, has left town because the partnership did not work out. I am not concerned that this individual left town; I am concerned, however, because I was told that he left town because he agreed initially that if he left that particular office he would not practice within a certain radius of Youngstown.

I have always been against restrictive covenants, whether it be in education, housing, medicine, or tiddly-winks. And to think that in this day and age, with a shortage of physicians, and with the high esteem and ethics associated with our profession that an established physician would insist on a younger man signing and holding him to an agreement such as this. One has to wonder if the physician who insists upon this type of agreement is afraid of competition and attempts to keep it at a minimum.

We have too many important issues facing the private practice of medicine today. We should not be fighting each other, ours is the task of working together, for this is the way strength is obtained. We also must speak out against injustices within our own ranks: For are not the sins of omission as bad as commission?

—Earnest Perry, M.D.
Editor

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FROM THE DESK OF THE PRESIDENT

(Continued from Page 30)

mittee, Canfield Fair, Medical Assistants' Society, the 6th District of OSMA, and several others.

The Medical Society office answered approximately 7500 phone calls, and made approximately 2000 referrals for people looking for a doctor. It answered approximately 500 phone complaints on a variety of subjects and responded to approximately 5000 phone calls requesting general medical information. It also typed and mailed over 2000 pieces of first class mail.

Whether you realize it or not, all this was done on your behalf, and to represent you. If you think this has been worthwhile, attend meetings and give a hand where you can. If you think to the contrary, attend meetings and help make the changes.

—Rashid Abdu, M.D., President

THREE-DAY HEART PROGRAM IN MARCH

A three-day work-shop, entitled "Stroke: A Cataclysmic Event," sponsored by the Eastern Ohio Chapter of the American Heart Association, will be held on March 20, 21 and 22 at Holiday Inn, Belmont Ave. Arrangements have been made by the Professional Educational Committee, Dr. Gilliland, Chairman, and by the Nursing Advisory Committee, Sister Stella Schmid and Ann Sepic, Co-chairmen.

The first day's program, for physicians, will be on "Treatment—Medical, Surgical and Rehabilitation." This will be on Thursday, March 20, 8:00 to 4:00. The second day's program will be for nurses, and is entitled "Acute and Restorative Care of the Stroke Patient and His Family." The third day's program, entitled "Home Care for Stroke Victims," will be aimed toward patients and their families.

Further information is available at the office for the Eastern Ohio Chapter, phone 799-1541.

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Dr. Melnick
tion plaque
and Dr. Abdu
at the Install
Youngstown



(Left) Ron Gority leads-off the entertainment at the Installation Banquet with a rousing Eddie Cantor tune. (Above) Entertainment include Linda Welch, Gillespie, Jean White, Gority, Carol Geln and George Barry.



Photographed at the Banquet Ball at the Youngstown Club are (top left) Cyndy Rashid Abdu with Sally Melnick; (top right) Al Robert Gilliland with Eleanor Pichette; (lower left) Yune-Gill and Haeng-Ja Elizabeth and Yiechul (lower right) Al and Christine Limbert.

Entertainment highlight at the Banquet was the serenading of Sally Melnick by Elvis Presley (John Gillespie).



Vindicator photo by SHUBA

Dr. Pichette presents OSMA 50-year award to Dr. Wenaas, Dr. Goldstein and Dr. Weltman at the December meeting, as Dr. Melnick congratulates the recipients.

PHOTO REVIEW

precia-
ident,
gavel
at the



ANNUAL BALL HAS ORIENTAL THEME



To some it was "A Romantic Evening in the Orient," and to others it was "The President's Ball," but to all it was a beautiful dinner-dance with the largest attendance (207) recorded since the annual function was initiated more than a dozen years ago.

Held Saturday, January 18th, at the Youngstown Country Club, the benefit ball was planned and carried out by the Women's Auxiliary, with special assistance in some very important areas by some of the husbands.

The event was co-hosted by Mrs. Robert L. Gilliland, Auxiliary president, and Dr. John C. Melnick, retiring Medical Society president, in honor of the new president, Dr. Rashid Abdu.

Those in attendance received the Oriental wish for "fortune, long life and happiness." Special entertainment consisted of a presentation of oriental dances. Authentic oriental decorations were complimented by the projection of picture views of the orient during the dinner.

Ten charming young oriental wives of local physicians, dressed in their exquisite gowns, assisted in staging the party, serving as hostesses and preparing their own very special hors d'oeuvres.

Committee chairman was Mrs. Alexander Phillips, with co-chairman, Mrs. Francis Gambrel, and assisted by members of the committee, Mrs. Dean Limbert, Mrs. Yiechul Jung and Mrs. Anthony Deramo.

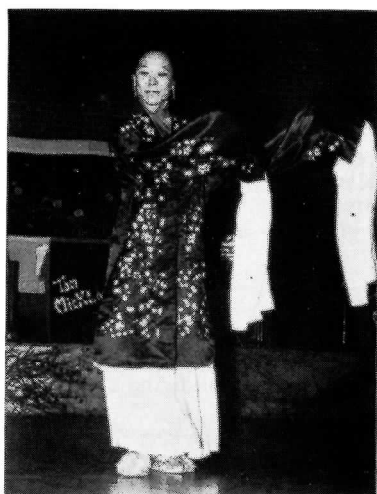
Hostesses were Mrs. Jung, Mrs. Danny K. B. Chung, Mrs. H. S. Hwang, Mrs. Ung-Gill Jeong, Mrs. Yune-Gill Jeong, Mrs. Choon Sil Koo, Mrs. Jae Joo Lee, Mrs. David Lan, Mrs. P. H. Huang and Mrs. Mus Karmindra.

TRUMBULL-MAHONING DINNER IS FEB. 26

A combined meeting of the Trumbull County Medical Society and the Mahoning County Medical Society will be held on Wednesday, Feb. 26, at Squaw Creek Country Club, Belmont Avenue extension.

Although the program has not been announced, the evening will primarily be one of fellowship with physicians in the Warren, Niles and Girard area with whom we have close professional relations. The meeting is for members only. No wives will be invited to attend.

Arrangements were made by Dr. J. J. Stanislaw, president of the Trumbull Society and Dr. Rashid Abdu, president of Mahoning. A cocktail hour will begin at 6:00 and dinner will be served at 7:00 p.m. An announcement and reservation return slip is being mailed to every member. Further information in regard to reservations may be had by calling the office of the Mahoning County Medical Society, 747-4956.



BULLETIN LISTS REGULAR MEETINGS

The schedule of regular meetings of the Mahoning County Medical Society for the year is carried in every issue of the *Bulletin*. You will find the dates listed by months at the front of the magazine, just above the Table of Contents. Watch for this calendar and plan to attend every meeting. Meetings are on the third Tuesday of January, March, May, September, November and December. Meetings are at the Youngstown Club unless otherwise noted.

DR. ROBERTS IS BUNN LECTURER

William C. Roberts, M.D., F.A.C.C., will give the annual Bunn Memorial Lecture on Thursday, Feb. 20th, 8:00 a.m., at St. Elizabeth Hospital School of Nursing. His topic will be "Coronary Arteries in Ischemic Heart Disease."

Dr. Roberts is Chief, Section of Pathology, National Heart and Lung Institute, National Institute of Health, Bethesda. His appearance here is sponsored by the Eastern Ohio Chapter of the American Heart Association.

POLLUTION PROGRAM TELEVISED



WKBN'S Merv Jones and Norm Berger are hosts to Dr. Melnick on the Sunday 10:30 TV program.

An outstanding film on pollution, "Countdown to Collision," shown on WKBN-TV, prompted a follow-up discussion on the same subject on the television program "Sunday, 10.30," with Dr. John Melnick as guest. In an interview conducted by Merv Jones and Norm Berger, regular program hosts, Dr. Melnick provided medical statistics on the problem with special emphasis on the Mill Creek Park stream and lake pollution with which he is well acquainted.

The film was developed and produced by the George Washington University Medical Center Department of Medical and Public Affairs. Mr. Frank Kavanaugh, producer of the film, made a special trip to Youngstown to be present for the televised interview. Both the film and the follow-up program were aired in early December.

MEMBERSHIP STATISTICS

The membership roster of the Mahoning County Medical Society shows the following categories of members as of January 1, 1975:

Active	288
Associate (first year members)	32
Honorary	30
Non-resident	17

During 1974, there were 11 deaths. Five moved from Mahoning County. Two retired from active practice. Eleven new physicians were added to the active roster and 24 were added to the associate roster.

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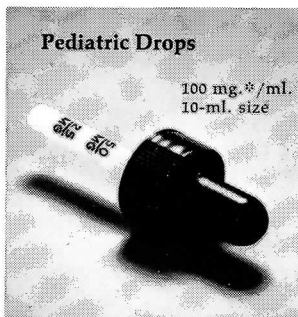
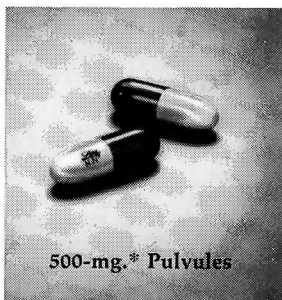
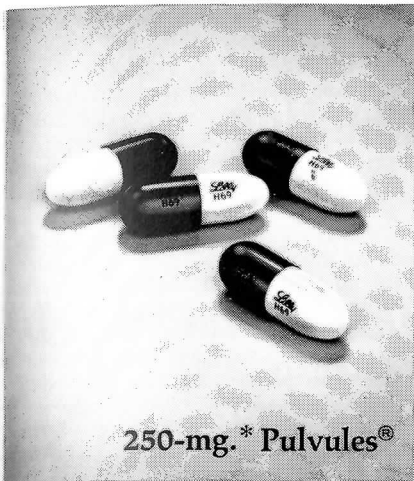
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PROCEEDINGS OF COUNCIL**Jan. 14, 1975**

The regular meeting of the council of the Mahoning County Medical Society was held on Tuesday, Jan. 14, 1975, at the Youngstown Club.

Dr. Abdu welcomed new members to council this year: Drs. Barton, Gilliland, Hernandez, Pappas and Perry.

The following application was presented by the censors:

ASSOCIATE: Frederick William Kunkel, M.D.

The application was approved. The applicant will become a member of the Mahoning County Medical Society 15 days after publication in the *Bulletin*, unless objection is filed in writing with the secretary before that time.

Council approved a new application form for active membership that will not require the applicant to fill in the extensive exact information that he had already provided on his associate membership application.

Dr. Pichette discussed business pertinent to the Sixth District of the Ohio State Medical Association.

It was reported that 205 ballots had been received relative to non-participation in Region Six Peer Review Corporation. 203 members are against participation. 1 is for participation, and 1 wants more information. Votes are still coming in.

A motion was made by Dr. Sovik, and properly seconded that a letter be written to Atty. Harnish, president of the Mahoning Valley Health Planning Association, complimenting him on his wise decision on not being persuaded by an outside organization (namely Region Six Peer Review Corporation), and to inform him that the Mahoning County Medical Society has always had peer review. Further, that the members of the Mahoning County Medical Society have cast a majority vote precisely against the Region Six Peer Review organization of Akron. An amendment was made by Dr. Schreiber, and properly seconded, that the liaison committee from the Mahoning County Medical Society will be happy to meet with him and explain the situation. The amendment was passed. The original motion was passed.

A summary of the Allen Photographic Corporation proposal was read. The Allen contract was read. The secretary was instructed to send a letter to Allen asking if both the book and the composite photo can be made and also to ask specific costs.

A letter was read from Mr. Charles Edgar, in reply to a request from Dr. Melnick, in which Mr. Edgar lists places where copies of the OSMA resolution against the PSRO concept were sent. Council asked that Mr. Edgar be thanked for his reply and that it be noted that council does not think this is a vigorous campaign.

Dr. Abdu reported on information concerning the federal government's program entitled "Maximum Allowable Cost," which would mandate cheap drugs be used instead of that prescribed by the physician. Dr. Abdu's letter to the Food and Drug Administration protesting the measure was approved by council. The suggestion was made by Dr. Pichette that the Medical Society develop a statement to be used on prescriptions stating that anyone who changes the medicine must assume the responsibility for bioequivalency. The motion was made by Dr. Schreiber, and properly seconded, that the suggestion be referred to the medical-legal committee. Motion was passed.

Dr. Melnick, chairman of the Historical Committee, made the motion, properly seconded, that the Medical Society establish a Historical Committee Fund, which would accept donations and contributions, and would administer the money received in defraying expenses incurred in writing and taping historical material, and in acquiring medical items of historical value. Motion was passed.

A letter was read from the local BiCentennial Commission asking the Medical Society to participate in the celebration. The letter was referred to the Historical Committee.

Dr. Abdu made the suggestion that the Mahoning County Medical Society devise a definite program of help for new physicians, which might include financial help in the way of loans as well as advice and guidance from established doctors in the same specialty. The suggestion was referred to the Socio-Economic Committee.

Dr. Abdu reported that Trumbull County Medical Society is interested in a joint meeting with the Mahoning County Medical Society and that he had agreed on a date of Feb. 19th. Council approved the meeting on that date.

Dr. Abdu suggested that it would be worthwhile to have someone from Mahoning County attend the meetings of Region Six Peer Review Corporation for information. Council agreed and Dr. Abdu appointed three to attend, Drs. Mahar, Dietz and Pappas. A letter will be written to Region Six to ask permission for our members to attend.

Dr. Abdu suggested a need for a medical-legal judiciary committee to discuss malpractice cases before they go to court. It was suggested that we write to other areas where this has been done to see what the results have been.

The motion was made by Dr. Schreiber, and properly seconded, that the two medical directors of our hospitals be invited to be ex-officio members of council. Motion was passed.

Meeting was adjourned.

Howard Rempes, Executive Secretary

PUBLIC HEALTH LAB REPORT

The multiplicity and comprehensive character of health resources that are available to the average American today is staggering. Technology has striven to keep up with development of methods so that everyone may benefit from their application. This should be reflected in laboratory practice, be it small or large. A prime barrier to such endeavor by laboratorians (extension of testing service) has always been the high cost involved. Today, however, more and more excellent, fast, inexpensive test procedures are being introduced. These turn the picture around completely. In order to be cheaper and less costly than a long complicated expensive technique, supermarket volume has to prevail. A lab technician who can turn out 100 10¢ tests per hour can be hired to do 800 of those tests per day. On the other hand, the laboratory can hardly afford the set-up involved if the technician is only asked to perform one of the 10¢ tests per day. In this example, quality performance need not be sacrificed because of quantity. In fact, statistical evaluation becomes more accurate, quality control becomes better, costs remain controlled, and epidemiology enters reality by use of modern tools available to the health professional.

Programs such as the state funded gonorrhea control screening project are demonstrating these principles in our community. Ingredients basic to good epidemiology are present. Coexistent with the "epidemic" is a new, improved method for detecting the causative agent. Service is funded and provided to cooperative physicians. Voila the successful program. During 1974, in this laboratory alone, a total of 21,000 GC cultures were examined, with a positivity rate of 2.8%.

In this same area of venereal disease, the rate of syphilis found appears to be edging upward again. Fortunately, waiting in the wings is a brand new recently approved and certified by appropriate agencies, rapid screening test for syphilis reactivity which is quite inexpensive. Hopefully, physicians will avail themselves of the new tool and join other multiphasic screening clinics who are already utilizing it to the benefit of all segments of the community.

Anyone desiring more specific information concerning these tests and their availability is asked to contact me at the Youngstown Public Health Laboratory, 744-8988.

Alberta McDonough, Director
Youngstown Public Health Laboratory

FEBRUARY

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Warnings: Caution patients about possible combined effects with alcohol and other CNS depressants. As with all CNS-acting drugs, caution patients against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering to addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions), following discontinuation of the drug and similar to those seen with barbiturates, have been reported. Use of any drug in pregnancy, lactation, or in women of childbearing age requires that its potential benefits be weighed against its possible hazards.

Precautions:

ORAL: In the elderly and debilitated and in children over six, limit to smallest effective dosage (initially 10 mg or less per day) to preclude ataxia or oversedation, increasing gradually as needed and tolerated. Not recommended in children under six.

INJECTABLE: Keep patients under observation, preferably in bed, up to three hours after initial injection; forbid ambulatory patients to operate vehicle following injection; do not administer to patients in shock or comatose states; use reduced dosage (usually 25 to 50 mg) for the elderly or debilitated and for children age twelve or older.

ORAL AND INJECTABLE: Though generally not recommended, if combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potentiating compounds such as MAO inhibitors and phenothiazines. Observe usual precautions in presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in psychiatric patients and hyperactive aggressive children. Employ usual precautions in treatment of anxiety states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship has not been established clinically.

Adverse Reactions: Drowsiness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment, but are also occasionally observed at the lower dosage ranges. In a few instances syncope has been reported. Also encountered are isolated instances of skin eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG patterns (low-voltage fast activity) may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice and hepatic dysfunction have been reported occasionally, making periodic blood counts and liver function tests ad-



visible during protracted therapy.

With the injectable form, isolated instances of hypotension, tachycardia and blurred vision have been reported; also hypotension associated with spinal anesthesia, and pain following I.M. injection.

Usual Daily Dosage: Individualize for maximum beneficial effects. *Oral: Adults:* Mild and moderate anxiety and tension, 5 or 10 mg *t.i.d.* or *q.i.d.*; severe states, 20 or 25 mg *t.i.d.* or *q.i.d.* *Geriatric patients:* 5 mg *b.i.d.* to *q.i.d.* (See Precautions.)

For Parenteral Administration: Should be individualized according to diagnosis and response. While 300 mg may be given during a 6-hour period, do not exceed this dose in any 24-hour period. To control acute conditions rapidly, the usual initial adult dose is 50 to 100 mg I.M. or I.V. Subsequent treatment, if necessary, may be given orally. (See Precautions.)

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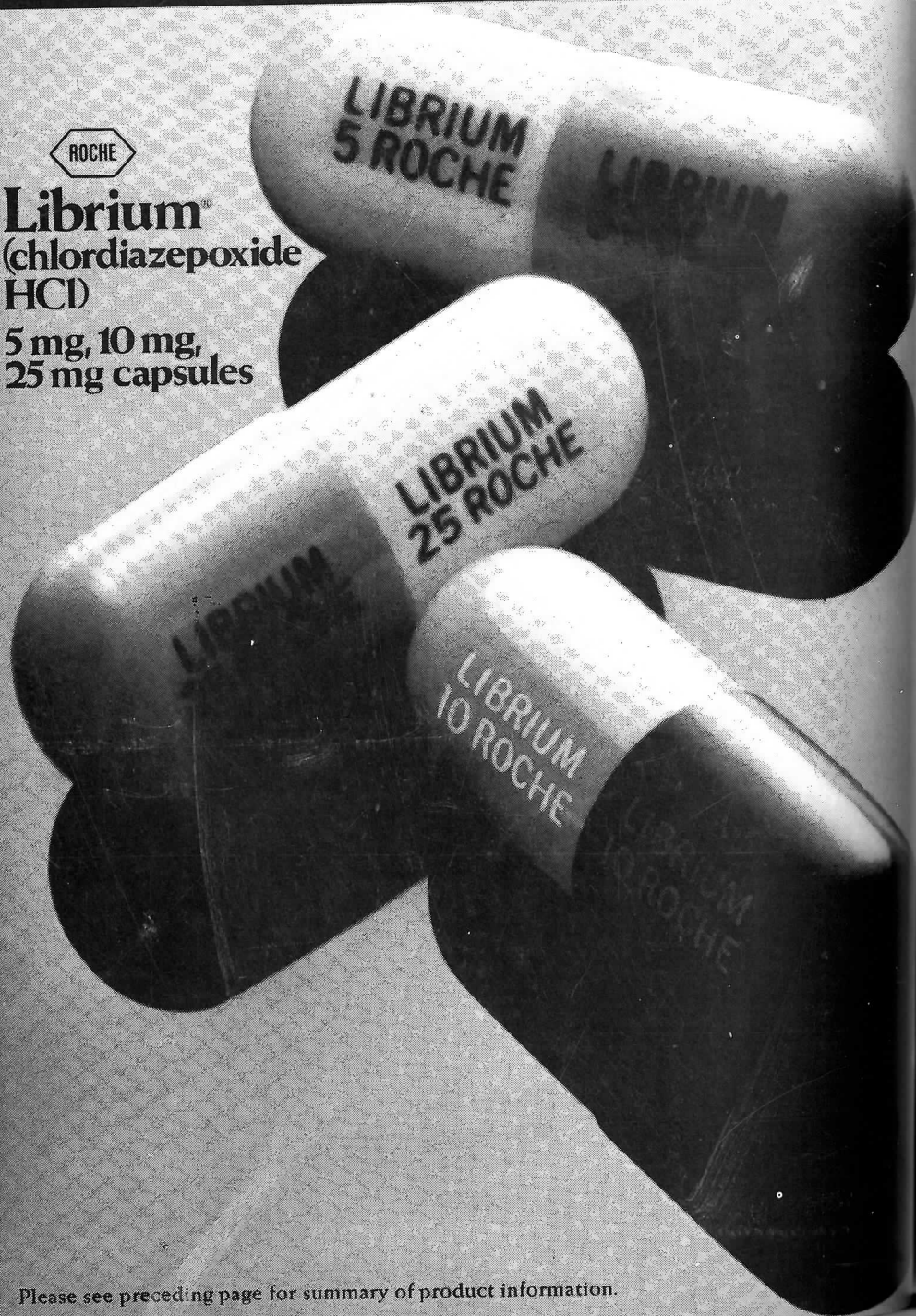
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