

BULLETIN

of the
**MAHONING COUNTY
MEDICAL SOCIETY**

Volume XLV

NOVEMBER, 1975

Number 8



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If Our Area Manager Isn't In Maybe Our Secretary Can Help

Our Blue Shield professional relations managers are busy people, constantly out calling on doctors and their office staffs. Which means that if you phone, the area manager may not be in right at that moment.

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Before prescribing, see complete prescribing information in SK&F literature or *PDR*. The following is a brief summary.

WARNING*

This fixed combination drug is not indicated for initial therapy of edema or hypertension. Edema or hypertension requires therapy titrated to the individual patient. **W** The fixed combination represents the dosage so determined, its use may be more convenient in patient management. The treatment of hypertension and edema is not static, but must be reevaluated as conditions in each patient warrant.

* **Indications:** *Edema:* That associated with congestive heart failure, cirrhosis of the liver, the nephrotic syndrome; steroid-induced and idiopathic edema; edema resistant to other diuretic therapy. *Mild to moderate hypertension:* Usefulness of the triamterene component is limited to its potassium-sparing effect.

Contraindications: Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired. Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (> 5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

Precautions: Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect. 'Dyazide' interferes with fluorescent measurement of quinidine.

Adverse Reactions: Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Necrotizing vasculitis, paresthesias, icterus, pancreatitis, xanthopsia and, rarely, allergic pneumonitis have occurred with thiazides alone.

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Two prime reasons patients drop out of hypertensive therapy are (1) the patient failed to understand directions, and (2) the regimen was overly complicated. Maintenance dosage is simple with 'Dyazide', easily understood, once or twice daily, depending on response. There's seldom need to complicate the regimen with potassium supplements or unwieldy potassium-rich diets.

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NOVEMBER

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Representative to the Associated Hospital Service: C. E. PICHETTE

Executive Secretary: H. C. REMPE, JR.

Mahoning County Medical Society Meetings - 1975

January	March	May	September	November	December
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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From the Desk of the President



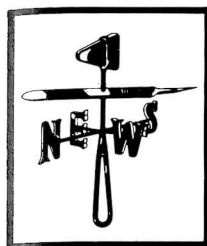
Recently a retired colleague asked me if physicians now charge their fellow physicians for professional services. For forty years while he was in practice, he said, he never charged a physician nor his immediate family a penny for professional services. Now he and his wife are both billed by their physicians.

To me this was news. To care for a colleague or his family has always been considered a privilege and honor, for it means that my fellow physician has confidence in me as a professional and as a human being — an endorsement which can never be bought. My wife, my children and I have always been taken care of by physicians who never expected to be paid and when an attempt was made to pay them, they refused.

I realize that the pressures of the times have brought many changes in us, including the prevailing philosophy that a physician must be paid in CASH for everything he does. Also with practically everyone carrying insurance it makes it somewhat indirect and easy.

However, I wonder if it would do us more good if we set certain things "not for sale", among them taking care of our own colleagues and their families when they need help.

—R. A. Abdu, M.D.
President



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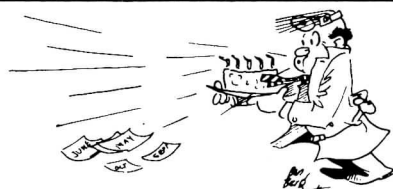
The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

EDITOR Earnest Perry, M.D.

ASSOCIATE EDITOR J. C. Melnick, M.D.

EDITOR EMERITUS James L. Fisher, M.D.

HAPPY BIRTHDAY



Get your annual check-up • Is it time to renew your driver's license?

Nov. 16

F. J. Kocab

Nov. 17

J. J. Turner
F. R. Pruitt

Nov. 18

H. N. Bennett
F. R. D'Amato
A. T. Deramo

Nov. 19

L. E. Slusher

Nov. 21

G. D. Sangvai

Nov. 22

G. D. Fry

Nov. 23

B. M. Schneider

Nov. 24

C. S. Lowendorf

Nov. 25

V. Holonko
G. J. Nigam

Nov. 26

S. V. Squicquero
R. R. Rich

Nov. 27

R. V. Bruchs

Nov. 28

C. H. Weidenmier
H. C. Rempes

Nov. 30

S. E. Tochtenhagen

Dec. 1

D. R. Bernat

Dec. 2

C. A. McReynolds

Dec. 3

C. E. Wagner

Dec. 4

H. J. W. Marcella
C. A. Hixson

Dec. 9

B. E. Einfalt

Dec. 10

H. L. Shorr
B. M. Bowman

Dec. 12

W. R. Johnson
H. A. Parris
P. P. Zafirides

Dec. 13

E. A. Shorten

Dec. 14

J. L. Solana

Dec. 15

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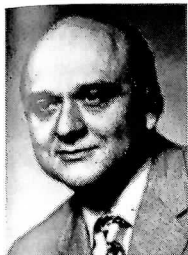
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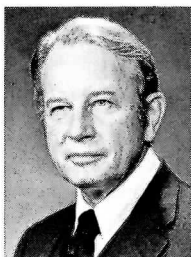
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RECEPTION TO HONOR DRS. LIEBELT, OLSON



Dr. Liebelt



Dr. Olson

The Woman's Auxiliary will host a reception for Dr. and Mrs. Stanley W. Olson, provost, and Dr. and Mrs. Robert A. Liebelt, dean, of the Northeastern Ohio Universities College of Medicine on Sunday, Nov. 23rd at Dr. Richard D. Murray's Medart Building.

All members of the Mahoning County Medical Society, along with their wives or husbands and special guests from the community, are invited to attend between the hours of 3:00 and 5:30 p.m.

Dr. Olson was Director of the Medical Education Consultant Group for Northeastern Medical Education Development Center of Ohio, Inc., the group that sponsored the planning and sought legislative approval for the new college. He is a graduate of Wheaton College and the University of Illinois College of Medicine. He was an intern at Cook County Hospital, Chicago, a resident at Municipal Contagious Diseases Hospital, Chicago, and a Fellow in Medicine at Mayo Foundation. He received an M.S. in internal medicine at the University of Minnesota. He was a captain on active duty with the Army Medical Corps during World War II.

He was president of Southwest Foundation for Research and Education, San Antonio. He has also served as director of the Division of Regional Medical Programs for the U.S. Public Health Service; director of the Tennessee Mid-South Regional Medical Program and Professor of Medicine at Vanderbilt University; and Dean and Professor of Medicine at Baylor University College of Medicine, Houston.

Dr. Liebelt joined the Northeastern Ohio Universities College of Medicine as Dean and Professor of Anatomy in August, 1974. He is a graduate of Loyola University and received an M.S. at Washington State University. After a year at the University of Chicago he went to Baylor University College of Medicine where he received his Ph.D. and M.D. degrees.

Dr. Liebelt served as Chairman of Anatomy at Baylor College of Medicine from 1960-1971. He then became Associate Dean for Medical Curriculum at the Medical College of Georgia, later becoming Provost. Dr. Liebelt continues to maintain research interests in the problem of cancer and its relationships to nutrition.

The Auxiliary members planning the afternoon reception are Mrs. Leonard Caccamo, Mrs. A. W. Geordan, Mrs. Sam Squicquero and Mrs. Robert Wiltsie. Reservations may be made by phoning the Medical Society office, 747-4956.

NOVEMBER MEETING

Nominations for 1976 officers and council. Special presentation by the Ohio State Medical Association, entitled "Bureaucracy to Autocracy, a study of P. L. 93-641."

Tuesday, November 18

Dinner at 6:30 — Meeting at 7:30 p.m.

Wives and husbands of members invited
Youngstown Club

AUXILIARY COMPLETES DRUG PICK-UP



Bill Garrett and driver look over the neatly packaged drug samples with Phyllis Rich and Jane Sevachko before loading them on the huge White Star truck in the parking lot of the 1350 Building.

Wednesday, Oct. 29th, was D-day for those of the Woman's Auxiliary who worked on the annual drug sample pick-up — "D" standing for "Delight" that the job was completed successfully.

On that day, William T. Garrett brought his White Star Truck into the parking lot at the 1350 Building and loaded it with boxes of drug samples for the trip to Detroit, where it will be delivered to the World Medical Relief program. The Auxiliary extends thanks to Mr. Garrett for this service that the White Star Trucking Co. has been performing annually, without charge, for the Auxiliary for more than 10 years.

In addition to the load going to World Medical Relief, the Auxiliary sent supplies to local agencies, including the Free Clinic at Youngstown State University, the Juvenile Research Center, Florence Crittenden Home and Visiting Nurses Association.

The Auxiliary also extends thanks for storage space in the 1350 Building on Fifth Ave. to Drs. Melvin Fader, Milton E. Greenberg, A. Malkoff, Jack Malkoff and Harry Wagman. Numerous members of the Auxiliary helped pick up and pack 110 boxes of drug samples. Chairman was Mrs. Robert R. Rich. Co-chairman was Mrs. Gerald S. Sevachko.

NOMINATIONS IN NOVEMBER

The general membership, meeting November 18th at the Youngstown Club will nominate candidates for 1976 offices, with elections to take place at the December 16th meeting.

The nominating committee will present its report at the November meeting, and this will consist of one suggested name for each office being vacated. Other nominations may be made from the floor. In all cases, the two receiving the highest number of votes will be the nominees for office. In the event of tie votes in the nominations, there will more than two nominees.

It will be necessary to nominate candidates for president, vice president and secretary; for one delegate and two alternate delegates; for four of the eight council positions; for two of the six positions on the Board of Trustees of the Mahoning County Medical Society Foundation; and for the representative to the board of Blue Cross of Eastern Ohio.

Because certain offices have eligibility requirements, an information sheet will be available to each person attending the meeting. Only active members will be permitted to vote. Associate (first year) members and non-resident members are not active and do not have voting privileges.

A complete listing of current council members will be found on the "Table of Contents" page of this *Bulletin*.

COMMITTEES - - WHY?



The Committees of the Mahoning County Medical Society is not really a controversial subject, but during the year there will be several members who will ask a question about committees. The first question is "Why wasn't I put on a committee?" The second question is "Why was I put on that committee?"

The best answer to these questions is an explanation as to how committees and committee members are selected for the year.

This is a function of the incoming president. He draws on three sources: his personal knowledge of his fellow members, the structure of committees from the past year, and the answers sent in to the annual questionnaire asking members on which committee they would like to serve.

The president may wish to continue the same committee personnel in order to keep experience and continuity on his committees; or he may wish to make many changes in order to draw new members into the workings of the Medical Society; or he may decide on a compromise between the two ideas.

Most of the members answering the questionnaire will be assigned to the committee of their choice. If they are not, there are two reasons for this. First, several of the committees are very popular. If they become too large they become unwieldy. Therefore they are limited to a workable size, necessarily eliminating a number of the candidates. The other reason is that some of the questionnaires are returned much too late, long after the committees are made up.

The announcement for committee appointments is published in the *Bulletin*, and no other announcement is made. All members are always advised to keep on hand the January *Bulletin* for the entire year. It not only contains a complete list of committees and chairmen, but also a complete roster of members, along with a listing of officers, delegates and council members for the year. Each member should check all committees to see if his name is listed either as a member or a chairman.

Some members have expressed concern because they do not know the function of the committee to which they have been assigned. In practice, when a piece of business is referred to a committee, complete information will be sent along with it to enable the committee to undertake the work effectively and efficiently.

Many, in fact most, committees will not meet during a year's time. They are on a stand-by basis to receive work referred by either the council or the president as problems arise in that particular area. Other committees meet on a regular basis due to a continuing need for their services. Still other committees meet one time a year due to the nature of the work required.

In addition to the published list of committees, the president will appoint from time to time an ad hoc committee to work on a problem that does not fall within the general scope of any of the formal committees. An ad hoc committee is dissolved at the completion of its task.

In conclusion, all members of the Medical Society are asked to accept committee appointments as made by the president. The officers and council may set policy and make decisions, but the real work in the community is done by committees.

In Memoriam

RUSSELL W. RUMMELL, M.D.
1903 - 1975

Dr. Russell W. Rummell, former medical director of the Youngstown Hospital Association, died at his home on Tuesday, Oct. 7. He was 72.

Dr. Rummell was born in Youngstown, where he attended Garfield School and was graduated from South High School. He attended Western Reserve University Medical School and received his medical degree from Jefferson Medical College in 1929.

He interned at Germantown Hospital, Philadelphia, and at South Mountain TB Sanitarium. His residency was at Germantown Hospital for three years. He entered the general practice of medicine in New Middletown for several months before coming to Youngstown in 1934.

In 1948 he was named medical director of Youngstown Hospital Association and served in that post until 1965, when he was named director of education and coordinator of the office of the medical staff.

He served as a director of the Red Cross Mahoning Chapter and was on the board of the Eastern Ohio League of Nursing, as well as on the executive board of the local March of Dimes committee. He represented the hospital on many community projects until his retirement in 1966.

Dr. Rummell was a member of Lambda Chi Alpha and Alpha Kappa Kappa fraternities. He was a member of Grace Evangelical Lutheran Church. His many friends in the medical profession are saddened at his passing.

BUREAUCRACY TO AUTOCRACY

The Ohio State Medical Association has been invited to bring the results of their studies of "The National Health Planning and Resources Act of 1974 (P. L. 93-641) to the November meeting of the Mahoning County Medical Society.

Robert E. Holcomb, Associate Field Service Director for OSMA will be the speaker and will bring with him a slide presentation that is the result of months of preparation by the OSMA staff. Holcomb anticipates that the regulations will have been issued by the Nov. 18th date of the meeting and hopes to incorporate them into his talk, which is entitled "Bureaucracy to Autocracy."

The National Health Planning and Resources Act has not received priority attention by the Medical Society, due mainly to a preoccupation with more timely issues of P.S.R.O. and the crisis attending non-availability of malpractice insurance. However, knowledgeable people see P. L. 93-641 as the most all-encompassing health legislation to be passed into law to date, with a far-reaching effect on the practice of medicine that is not even now thoroughly understood.

Physicians and spouses are invited to attend the meeting at the Youngstown Club. Dinner is at 6:30 p.m., preceded by a social hour at 6:00. Those not coming for dinner are welcome to attend the meeting, which should begin shortly after 7:30. Reservations may be made at the Medical Society office.

VOCATIONAL SCHOOL TOUR OFFERED

A tour of the W. C. Smith Vocational High School at Canfield will be arranged if sufficient doctors are interested. The invitation has been extended by the Medical Assistant instructors at the School. Those interested may contact the Medical Society office, 747-4956.

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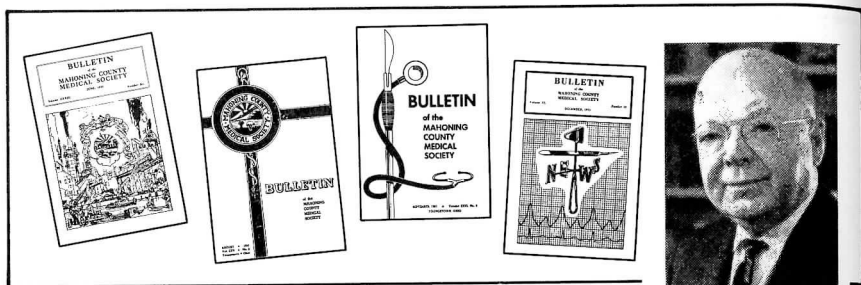
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From the Bulletin

FORTY YEARS AGO — NOVEMBER, 1935

We had two Post-Graduate Days that year: one of our own in April and one with the Sixth District in November. Two of our members, E. R. Thomas and C. R. Clark appeared on the program. H. L. Backus was here from Philadelphia to talk on "The Genesis Of Gallstones".

C. D. Hauser, J. N. McCann, J. M. Ranz, Dean Nesbit, D. M. Rothrock, L. G. Coe and I. C. Smith went to Detroit to the Interstate Post-Graduate Meeting.

Society dues for 1936 were reduced from \$15.00 to \$12.00.

Earl Young and Charles McReynolds were new members.

From a report of a staff meeting, "This being the night of the prize fight, very few members were present!"

THIRTY YEARS AGO — NOVEMBER 1945

They were trickling back home from military service by two's and three's. Oscar Axelson was back after a strenuous campaign in Normandy, Belgium and Germany. Morris Rosenblum and Bryan Hutt were out and taking refresher courses. Stephen Ondash stopped in Thomasville, Ga. and married Sabrina Kozlowski. Mrs. Andrew Detesco went to Chicago to meet her husband on his way home from the Pacific. DeCicco was in Dr. J. D. Brown's office while Jim was at the University of Michigan for a course in gastric surgery.

President Bunn was urging the purchase of a permanent home for the Society. Some members were promoting the moving of the South Side Unit to the Midlothian Blvd. neighborhood. St. Elizabeth's Hospital established the first Cancer Diagnostic Clinic under the direction of Dr. A. J. Brandt. The Youngstown Hospital was planning an addition to the North Unit.

Dr. W. E. Ranz died in Texas. He was the inventor of the "Ranz" bed, the first of the modern beds which could be elevated for the "Fowler" position.

TWENTY YEARS AGO — NOVEMBER 1955

More than 500 physicians attended the tenth annual Post-Graduate Day of the Sixth Councilor District at the new Packard Music Hall in Warren. There were twenty-two outstanding teachers on the program.

C. W. Stertzbach opened an office for the practice of ophthalmology at 3610 Market St.

E. J. Wenaas announced the association of George B. Pugh for the practice of Ophthalmology in the Dollar Bank Bldg.

E. A. Shorten became a fellow of the International College of Surgeons. New members were S. F. Gaylord, Robert McConnell, F. R. D'Amato, R. W. Perry and Ben Berg.

The newest thing for doctors' morale was a New Zealand suede jacket from Scott's at \$55.00.

TEN YEARS AGO — NOVEMBER 1965

President McDonough wrote "It seems to be only a matter of time until our fast growing Youngstown University is brought closer to the medical teaching picture."

Medicare was a new thing then and most of us did not know much about the rules or how it would change our practice. After ten years, it seems to be a blessing for many old people by paying a large part of their medical expenses.

They still have free choice of doctor and hospital, and doctors have free choice of whether they wish to participate or not.

Jack Schreiber was back from a special meeting of the House of Delegates and reported to Council on the way Medicare would operate.

Howard Rempes urged the members to send in their checks to Esther Hamilton's "Alias Santa Claus Fund". Her show was probably the biggest social event of the year. It was always held the first Saturday night in December and was the official opening of the Christmas season.

New members that month were: Active, John J. Buckley, D. J. Dallis, Edward Kessler, Milton J. Lenhart, Vincent D. Lepore. Associate, B. Patrick Brucoli, William Ray Johnson, Juan A. Ruiz, Jose L. Solana, C. Conner White, Jr. Non-Resident, Michael C. Galose, William Moskalik.

—J. L. F.

NOMINATING COMMITTEE WILL REPORT

A report of the Nominating Committee will be submitted to the membership at the Nov. 16th meeting. Members of the Committee are Drs. Abdu, Friedrich, Jarvis, Melnick, Newsome and Ondash. Further nominations may be made from the floor by written ballot at the meeting.

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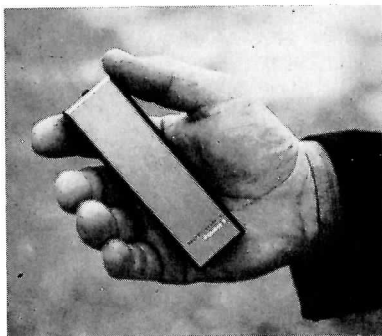
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PROCEEDINGS OF COUNCIL

Oct. 7, 1975

The regular meeting of the Council of the Mahoning County Medical Society was held on Tuesday, Oct. 7, 1975, at the Youngstown Club.

The following applications were presented by the censors:

ACTIVE:

Thomas F. Barrett, M.D.
 Danny Chung, M.D.
 E. R. Constantinidi, M.D.
 Y. V. Ginde, M.D.
 Lloyd E. Slusher, M.D.

ASSOCIATE:

A. Gary Bitonte, M.D.	Joungsen Hong, M.D.
S. K. Gandhi, M.D.	Ivan A. Lopez, M.D.
S. K. Garg, M.D.	Jeet Mehta, M.D.
S. H. Habib, M.D.	A. Z. Rabinowitz, M.D.
Paul W. Ho, M.D.	Richard James Solyn, D.O.
	Panos P. Zafirides, M.D.

Applications were approved. The applicants will become members of the Mahoning County Medical Society 15 days after publication in the *Bulletin*, unless objection is filed in writing with the secretary before that time.

Dr. Fulks explained and answered questions about a proposed ambulatory surgical service (surgicenter) being planned. The motion was made by Dr. Anderson, and properly seconded, that the Medical Society give approval to the concept of a surgicenter as presented by Dr. Fulks. Motion was passed.

Dr. Pichette made a report as Sixth District Councilor. He stated that OSMA, MAI, and the Ohio Foundation for Medical Care are all experiencing financial difficulties.

A letter was read from OSMA attorney, Mr. Pohlman, in which he gave the opinion that members who belong to their county medical society must belong to the Ohio State Medical Association.

A letter was read from Dr. Lieber in answer to our request for information as to the status of Amended Substitute Resolution 23-74. Basically his answer was a quotation from a 1975 resolution that stated that the words "advise its members not to involve themselves (in PSRO) shall not be interpreted as a requirement . . . for nonparticipation in PSRO activities."

A letter was read from the Ohio Department of Health stating that current regulations do not require physical rechecks at Camp unless specifically required by the Health Commissioner.

The matter of an "Emergency Health Services Feasibility and Systems Planning Grant" of the Mahoning Valley Planning Association was referred to the liaison committee with the suggestion that the committee meet with the liaison committee of MVHPA to discuss the subject.

A letter was read from a Mahoning County Health Levy Committee asking for support for a one mill levy to provide operating funds for the Mahoning County General Health District. It was suggested that more information be obtained to be presented to the next meeting of council.

A letter was read from the City Health Department including a brochure on "Implementation of an Expanded Emergency System" based on a St. Paul, Minn. experience. The executive secretary was asked to summarize the brochure for the next meeting.

Dr. Dietz reported a very successful Medical Assistants Dinner.

Dr. Melnick introduced discussion concerning what is a legitimate reason for a doctor's newspaper ad or announcement. It was noted that the October *Bulletin* will carry this information. It was suggested that when a physician changes or adds a procedure which might also be applicable to other physicians, this information could ethically be sent to other physicians

as an announcement, but that it should not be the subject of a newspaper announcement or ad. The Board of Censors was requested to draft a policy along these lines.

Dr. Abdu asked that Council approve sending information to members in regard to the Retired Senior Volunteer Program (RSVP), which encourages older persons to remain active in community activities and gives them guidance for engaging in community service. Council approved sending the information.

Meeting was adjourned.

Howard Rempes
Executive Secretary

AMA-ERF CHRISTMAS SHARING CARD

The American Medical Association Education and Research Foundation is a non-profit, tax exempt organization established in 1951. Every dollar given to AMA-ERF goes to the medical schools and to the Medical Loan Guarantee Program. Its purpose is to supply help for the undergraduate teaching programs of all approved medical schools and to enable students, interns and residents to obtain low interest loans to pursue their education.

Once again the Woman's Auxiliary is supporting the "Christmas Sharing Card". Your contributions to the AMA-ERF will add your name to this card which will be sent to all members of the Mahoning County Medical Society. (You may designate the medical school of your choice to receive your contribution—all tax deductible.) The Medical Auxiliary pays for the card and the postage. We also relieve you of the work of addressing, signing, stamping and mailing all those cards.

Our deadline is November 25, 1975. Please make your check payable to AMA-ERF and state how you wish your name listed on the card.

Send check to: Fran Barton (Mrs. G. Robert)
148 Warner Road
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Thank you.

—Fran Barton, 1975 AMA-ERF Chairman

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Contraindications: Patients with known hypersensitivity to the drug.

Warnings: Caution patients about possible combined effects with alcohol and other CNS depressants. As with all CNS-acting drugs, caution patients against hazardous occupations requiring complete mental alertness (e.g., operating machinery, driving). Though physical and psychological dependence have rarely been reported on recommended doses, use caution in administering to addiction-prone individuals or those who might increase dosage; withdrawal symptoms (including convulsions), following discontinuation of the drug and similar to those seen with barbiturates, have been reported. Use of any drug in pregnancy, lactation, or in women of child-bearing age requires that its potential benefits be weighed against its possible hazards.

Precautions: In the elderly and debilitated, and in children over six, limit to smallest effective dosage (initially 10 mg or less per day) to preclude ataxia or oversedation, increasing gradually as needed and tolerated. Not recommended in children under six. Though generally not recommended, combination therapy with other psychotropics seems indicated, carefully consider individual pharmacologic effects, particularly in use of potentiating drugs such as MAO inhibitors and phenothiazines. Observe usual precautions in

presence of impaired renal or hepatic function. Paradoxical reactions (e.g., excitement, stimulation and acute rage) have been reported in psychiatric patients, and hyperactive aggressive children. Employ usual precautions in treatment of anxiety states with evidence of impending depression; suicidal tendencies may be present and protective measures necessary. Variable effects on blood coagulation have been reported very rarely in patients receiving the drug and oral anticoagulants; causal relationship has not been established clinically.

Adverse Reactions: Drowsiness, ataxia and confusion may occur, especially in the elderly and debilitated. These are reversible in most instances by proper dosage adjustment, but are also occasionally observed at the lower dosage ranges. In a few instances syncope has been reported. Also encountered are isolated instances of skin eruptions, edema, minor menstrual irregularities, nausea and constipation, extrapyramidal symptoms, increased and decreased libido—all infrequent and generally controlled with dosage reduction; changes in EEG patterns (low-voltage fast activity) may appear during and after treatment; blood dyscrasias (including agranulocytosis), jaundice and hepatic dysfunction have been reported occasionally, making periodic blood counts and liver function tests advisable during protracted therapy.

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