

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume LIII

FEBRUARY, 1983

Number 2



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1983 - MAHONING COUNTY MEDICAL SOCIETY MEETINGS - 1983

Tuesday	Tuesday	Tuesday	Tuesday	Tuesday	Tuesday
Jan. 18	Mar. 15	May 17	Sept. 20	Nov. 15	Dec. 20

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From the Desk of the President



The NEOUCOM experience appears to be working out to the betterment of all concerned; for our community, our patients, our universities in the consortium, and our local physicians. We have a student body at the Rootstown Campus second to none whose performance on National Board tests has been outstanding, and whose poise, dedication, maturity and professionalism in patient care is uplifting. Many in the 6-year Medical program are drawn from our local high schools and are, in a real sense, some of the finest students available to higher education. We can be proud these new physicians are our very own sons and daughters, neighbors and their children.

Doctor Stanley Olsen and Doctor Robert Liebelt have performed their work well in assembling an impressive group of medical educators and have implemented some innovative programs; I know what they have begun so well will be continued by our new Dean, Doctor Colin Campbell. Research grants have been awarded to the faculty at NEOUCOM at a rate well in excess of the national averages, reflecting the reputations these men have already established as luminaries in the research field. This has and will continue to advance the quality and breadth of exposure in the education program.

The classes of '81 and '82, our first and second graduating classes, are already in residency programs and performing beautifully. Our students have a decided edge in understanding patient care in a community setting, as they are being made a vital part of it. The co-mingling of the practitioner and student in patient care exerts a salubrious effect on both; we are indeed fortunate to have these young men and women in our midst.

I have recently come to understand the real hardship many of these young people are facing today. Many (being from our economically depressed community) have parents temporarily out of work. Families in urgent financial distress without hope of relief in the near future. These students are thus placed in situations where they must borrow money to live and finance their education. Unfortunately, financing today can become a very costly proposition and a hard-pressed student over a six year period can amass a debt of overwhelming six-figure proportion.

Since we have a real stake in the lives and success of these nascent physicians, we must take an active interest in their financial welfare as well. Many actually face the prospect of discontinuing their schooling

(Continued on Page 41)



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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

EDITOR

R. W. Juvancic, M.D.

EDITOR EMERITUS

James L. Fisher, M.D.

MANAGING EDITOR

Robert B. Blake

EDITORIAL STAFF

Robert R. Fisher, M.D.

John C. Melnick, M.D.

James A. Lambert, M.D.

Jack Schreiber, M.D.

Editorial

CREW CUTS

A recent news item reported that crew cuts are returning in California. This is not the punk rock type, but has the familiar military look. Can we hope for this to sweep the country as a forerunner to the reexamination of the values which paralleled America's rise to greatness?

Time was when America had heroes and dreams and *RESPECT!* It also had inequities and shabby treatment of some segments of society. Continued wars, economic and military, dimmed the lights of shining heroes and spotlighted dark villains.

Respect was taught in the home — sometimes by example, sometimes by gentle or forced persuasion. Respect was expected in school — the flag, government and military leaders, teachers, religious, professions, elders, authority. Pride in workmanship and production accomplished personal and community achievements.

Youngstown's Ray "Boom Boom" Mancini may be one of the new young breed ushering in a refreshing era of parental respect and community pride. We older folks misunderstood the negativity of youth — the Beatles, long hair, unkempt clothing, perceived unconcern for good work, drugs, alcohol. But respect was there, waiting to be nurtured. The young respected each other, at least.

It is said that mental depression is one of America's greatest health problems. While the availability of medications has helped immeasurably, it did focus on temporary control in many instances.

One has to wonder why depression is so common. Are there so many organic and physiologic cases or does a lack of self-respect contribute to the inability to cope with life's complexities?

Self-respect is the primary ingredient needed for satisfactory success in any venture. And, it must be present before we can expect respect from others.

In spite of the troubles of recent years, will today's youth begin asserting itself positively to lead us into new areas of greatness and accomplishment? I like to think so. At least the crew cuts make them more attractive.

Richard W. Juvancic, M.D.

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because of the financial crunch. This cannot be allowed to happen!

Mahoning County for the past 15 years has had a physicians-sponsored scholarship fund that provides approximately \$6000 per year to needy student applicants. This fund is administered through the scholarship committee of the Medical Society that has done a great job keeping the principle invested wisely and productively. The money is, of course, available to the NEOUCOM students and many students studying here now are beneficiaries of these loans. This fund is very much in need of additional pledges from our membership so its good work can continue to be expanded. Pledges of any amount are welcome and appreciated.

A second group of physicians concerned with the plight of these young people has begun "*The Physicians Fund for Medical Education*" to try to raise monies to assist these students. As president of your Medical Society I am a member of this committee. It is the aim of this organization to find enough concerned physicians who will put up \$1000 each (or smaller incremental amounts over a 2, 4 or 10 year span) to establish a physician loan fund. This fund is not meant as a primary loan source but as a supplement only to keep down interest payments — which are usually deferred and compounded the 6 year period of study.

I believe these programs deserve our enthusiastic support, their aims are altruistic and laudable and their good-will ripple-effect is unmeasurable. They are a meaningful contribution to the fine local talent in our own College of Medicine, which has in so many ways demonstrated its firm commitment to excellence. I hope to see our traditionally generous physicians of Mahoning County willing to get involved in these much needed programs.

P. J. Mahar, Jr.

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The Health and Human Services Administration reports that the nation's total health care expenditures in 1981 amounted to \$287 billion. (That is 237 thousand million or \$237,000,000,000.00.) That was about 15 percent more than was spent in 1980 and compares to the \$42 billion in 1966. Health care now consumes 9.8 percent of the gross national product.

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Outgoing president, Dr. R. W. Kiskaddon (left) received the President's Plaque from 1983 president Dr. P. J. Mahar Jr. at the January 18 Installation Dinner.

MAHAR IS INSTALLED, KISKADDON HONORED

Paul J. Mahar, Jr., M.D. was installed as president of the Mahoning County Medical Society at the January 18 meeting of the Mahoning County Medical Society and outgoing president R. M. Kiskaddon, M.D. was honored with a special plaque.

In the traditional ceremony, Dr. Kiskaddon administered the oath of office to the officers and council members who will serve in 1983. He then presented to Dr. Mahar a gavel, made by Dr. Patrick Cestone. (List of those installed is on the contents page.)

During his introductory portion of the meeting, Dr. Kiskaddon asked the assemblage to pay special homage to departed members of the Society. Those were: H. Bryan Hutt, Myron H. Steinberg, Umberto A. Melaragno and John H. Smith.

Mrs. Dolly Handel, president of the Society Auxiliary, spoke briefly, pledging the assistance and cooperation of the auxiliary to the Society and its officers.

Bound volumes of the 1982 *Bulletin* were presented to Mrs. Kiskaddon and to Dr. Richard Juvancic, *Bulletin* editor. Entertainment was provided by Herb Niland, Master of Magic in a Humorous Manner.

FOOD FOR THOUGHT

The contingency fee arrangement for plaintiffs' attorneys "has done more to set the standards of medicine (in this country) than the American Medical Association, the Joint Commission on Accreditation of Hospitals, and all the specialty boards combined." Irvin J. Reiner of Houston, Texas, in the November 8, 1982 issue of *Medical Economics*.

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PROCEEDINGS OF COUNCIL**January 11, 1983**

The regular meeting of the Council of the Mahoning County Medical Society was held Tuesday, January 11, 1983 at the Youngstown Club.

The meeting was opened by Dr. P. J. Mahar, Jr. at 7:20 p.m. Dr. Mahar recognized Drs. Jaffer, Lambert, Grossman, Brucoli and DiDomenico and welcomed them as new members of Council, noting that Dr. Jaffer attended the December meeting.

The minutes of the previous meeting, having been read, were approved.

The treasurer reported that interest income for the 1982 year exceeded that of the previous year. He noted that two physicians have failed to pay their 1982 dues and were sent notification, by registered mail, that they will be dropped from membership.

The bills were read and a motion made, seconded and passed to pay each bill.

The following applications were presented by the Censors:

ASSOCIATE: James D. Enyeart, M.D.
William P. Sutherland, D.O.
Sandra E. Willis, M.D.

The applications were approved. The applicants will become members of the Mahoning County Medical Society in the voted category 15 days after publication of the names in the *Bulletin*, unless objection is filed in writing with the Executive Director before that time.

A letter was read from the Youngstown Health Department concerning a Communicable Disease lab service being provided by that department. A question arose concerning the name of the "certified laboratory" that is being used by the Health Department. (It is the YSU Micro-biology laboratory.)

A letter was read concerning a China trip and it was suggested that flyers about trips not be made a part of the agenda in the future.

A letter was read from the Stark County Medical Society inviting the members from Mahoning County to attend the Feb. 11 meeting of SCMS at Skyland Pines Club, 3550 Columbus Rd., N.E., Canton at 6:00 p.m. to hear a program on Liver Transplantation, presented by David H. Van Thiel, M.D. Reservations have to be made by Feb. 10 and the cost is \$12.00 payable to the SCMS, 4150 Belden Village St., N.W., Canton 44718.

The Scholarship Committee reported an effort will be made to have a speaker from NEOUCOM for the event, being held April 14. It was noted that eight host couples are needed for the dinner.

A report from the Medically Indigent Committee reveals that only 84 of the 354 active and associate members responded to the questionnaire about care for the medically indigent. All members are urged to make any suggestions they may have for taking care of the problem of medically indigent. It was suggested that the questionnaire be re-circulated in an attempt to receive a higher proportion of input from the members.

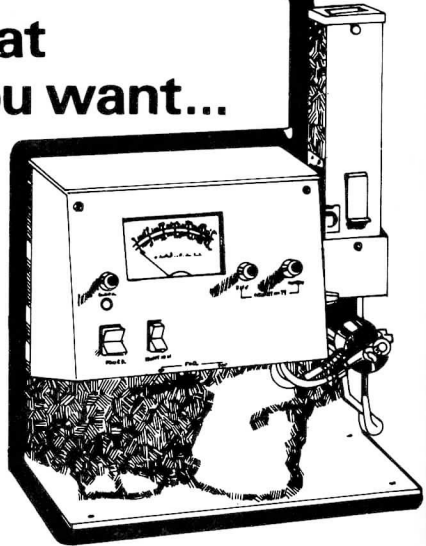
A report was given concerning the efforts of NEOUCOM to raise money for student loans, medical research, Provost's discretion and other items. It was noted that the Society has a foundation that makes loans to students and it is receptive to contributions to enhance that program. The executive director was instructed to send a fund solicitation in the mail to the physicians, requesting contributions (tax deductible) to the Mahoning County Medical Society Foundation. It was pointed out that some physicians (one or two) send a contribution to the Foundation in lieu of sending flowers to a funeral.

The following resolution was presented for Council approval and accepted for submission to OSMA for consideration at the House of Delegates session in May: "Whereas; at the present time there is little risk in filing a lawsuit in the State of Ohio, and Whereas, Ohio citizens are continuously

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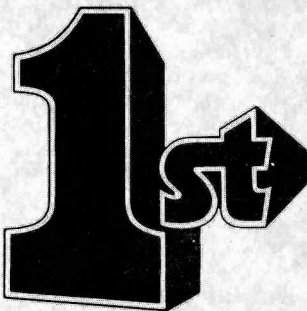
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at risk to defend themselves against frivolous actions, and to end up penny-less even in victory, and Whereas, due to the nature of their profession, physicians are at increased risk, and Whereas, this increased risk of mal-practice suits significantly increases the cost of medical care in Ohio, Therefore be it Resolved, that the Ohio State Medical Association diligently utilize every means to convince the Ohio State Legislature to modify the tort section in Ohio so there is a financial risk when a plaintiff loses a lawsuit." It was agreed the resolution will be presented for consideration at the Sixth District OSMA caucus. A motion was made, seconded and passed to adopt the resolution in principle.

There was some discussion on the AMA efforts to keep the FTC out of the regulation of medicine. Anyone with suggestions as to what can be done about the FTC regulation of the practice of medicine was urged to contact the OSMA Councilor so the suggestion can be channelled to AMA.

A motion was made, seconded and passed that a total of three council and/or general meetings in 1983 be held on a rotating basis at the various Country Clubs in our area.

A motion was made, seconded and passed, increasing the amounts of two of the budget accounts, on recommendation of the executive director.

Sixth District Councilor Dr. Anderson announced the caucus to be held Jan. 26, 1983 at the College of Medicine in Rootstown, and urged all delegates, alternates and officers to attend.

It was announced the Society's annual Installation Dinner is Jan. 18, 1983 at the Youngstown Club at 6:00 p.m., with spouses and guests invited.

The meeting was adjourned at 8:45 p.m.

Robert B. Blake, *Executive Director*

C. M. E. AT ST. ELIZABETH HOSPITAL

FAMILY GROUND ROUNDS

- Feb. 18, 1983 — **CARDIOVASCULAR** "Beta Blockers in the Management of Coronary Artery Disease," Jan Weber, M.D., Graduate Hospital, Philadelphia, Pa. A GEIGY Visiting Fellow.
- Feb. 25, 1983 — **GASTROENTEROLOGY** "An Aggressive Approach to the Medical Management of Peptic Ulcers," Bertram Fleshler, M.D., Case Western Reserve University School of Medicine, A SMITH, KLINE & FRENCH Visiting Fellow.
- March 4, 1983 — **PULMONARY** "Aerosols, Airways and Asthma," Howard J. Schwartz, M.D., Case Western Reserve University Consultant in Allergy. A GLAXO Visiting Fellow.
- March 11, 1983 — **CARDIOLOGY** "Calcium Antagonists in the Treatment of Angina Pectoris," Milton Packer, M.D., F.A.C.C., Director of Coronary Care Unit, Division of Cardiology, Mount Sinai Hospital, New York. A KNOLL Pharmaceutical Visiting Fellow.

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From the Bulletin

FIFTY YEARS AGO — FEBRUARY 1933

There was a great controversy over the cost of medical care. President Coolidge had appointed a committee to study it and after five years the report was made. In fact two of them: A majority report and a minority report. The majority report proposed to lower the cost by a complicated system of group practice centralized in hospitals and most practitioners were opposed to it. There was no mention then of social security because there was no such thing. Neither were there any Blue Cross or Ohio Medical Indemnity.

Business was at a standstill. Two of our banks had shut their doors. Hoover had been defeated and Roosevelt was not to be inaugurated until March. He had promised great things and the people were marking time, hoping the government would do something.

The Health Department reported on the recent smallpox epidemic, 164 cases in Mahoning County. Most of them were mild and many in children. A vigorous campaign was being waged to vaccinate everyone. A doctor who was "carrying" a needy patient could get his prescriptions rebated to cost plus 10% by writing MDC on the prescription, and the pharmacist would cooperate.

FORTY YEARS AGO — FEBRUARY 1943

Barclay Brandmiller was in Florida, wishing he were in Ohio. Bill Evans was on the U.S.S. Rixey, an auxiliary hospital ship and transport. John Renner was on the Albemarle, a repair ship for the Navy air arm. Any one who has visited a repair ship or hospital ship and has seen the officer quarters knows that the appointments are de luxe. DeCicco's address changed so often his mail was always three months late. J. E. L. Keyes was in Utah teaching ophthalmology. Joe Keogh was at the Naval Hospital at Aiea Heights overlooking Pearl Harbor. Hank Sisek was around the other side of Oahu clad only in a pair of trunks and getting brown as a native. Gordon Nelson in Chicago and Paul Kaufman in Alabama were both to land soon in Africa.

Local hospitals reported increased occupancy due to group hospitalization but there were still many empty beds. Youngstown Hospital was 85% filled. St. Elizabeth Hospital reported that 20% of admissions were Blue Cross.

THIRTY YEARS AGO — FEBRUARY 1953

President Goodwin took note of the new additions to the hospitals and asked, "Where are we going to get the personnel to staff them?"

An article on the nursing shortage showed that in the past 50 years while the ratio of physicians to population had remained about the same, the ratio of nurses had increased 200%. Yet there was an acute shortage! The article explains that nurses are now doing many things doctors used to do.

The Medical Service Foundation awarded the following scholarships: Francis Breslyn, Margaret Dechant, Margery Bertrand and Peggy Ann Marsh in nursing; John C. Melnick in medicine.

Dr. John McCann was installed as President of the National Federation of State Medical Boards.

New members were: C. S. Peabody, M. C. Hanysh and L. O. Gregg.

TWENTY YEARS AGO — FEBRUARY 1963

The Keogh Law permitting physicians to put away tax-free money for their retirement was passed by Congress. No one knew how it was to be administered and the general attitude was to wait and see.

New members that month were: Gust Boulis, Wilfred B. Dodgson, Nicholas Joseph Garritano, Philip Bernard Giber, Robert E. Hamlich,

Maurice Oudiz, Richard K. Rohrer, Elias T. Saadi, Walter J. Weikenand, Skevos Michael Zervos, Frank G. Kocab, C. Conner White and Paul E. Longaker.

Sidney Franklin was appointed Youngstown Commissioner of Health.

A report was received from Dr. John McDonough in Peru about his experiences aboard the S.S. Hope.

John Clair Vance, Sr. died in January. His loss was mourned by his many friends and the host of patients he had served so well.

TEN YEARS AGO — FEBRUARY 1973

Editor William Moskalik proposed that the answer to HMO organizations was to invite some of the proponents of such a plan to try forming similar organizations among the trades, like Construction Maintenance Organizations, Labor Maintenance Organization or a Plumbers Maintenance Organization. He didn't think such a plan would gain much acceptance.

The new medical school was shaping up into a "consortium" venture which appeared to be the best way to keep all three universities, Akron State, Kent State and Youngstown State, working together instead of fighting each other. The consortium concept was the brain child of the Society's Medical School Committee, chaired by Dr. Leonard Caccamo.

Alberta McDonough, microbiologist with the Youngstown Health Department, reported on the Gonorrhea screening program which started in August, 1972. During that time she went from an average of 100 cultures a month to about 500 per month. The main problems were with the clumsy candle jars for the Thayer-Martin media and the courier service. During the month of December, 1972, there were 473 cultures with 24 positives.

Dr. John Melnick was still writing about the history of medicine in Youngstown. All of the articles which were written for the 1972 *Bulletin* were incorporated into a 132 page book which he had published under the title of "A History of Medicine in Youngstown and Mahoning County, Ohio."

Dr. E. Troy McCune of Sebring passed away at the age of 66. Three retired physicians were made honorary members. These were Dr. J. M. Basile, Dr. H. Bryan Hutt, and Dr. C. A. McReynolds.

Robert R. Fisher, M.D.

DR. SETHI NAMED DIPLOMATE

Dr. Usha Sethi, obstetrician-gynecologist on the staff at St. Elizabeth Hospital and member of the Mahoning County Medical Society, has been named a diplomate of the American Board of Obstetrics and Gynecology. She attained this status after passing the board's certification examination.

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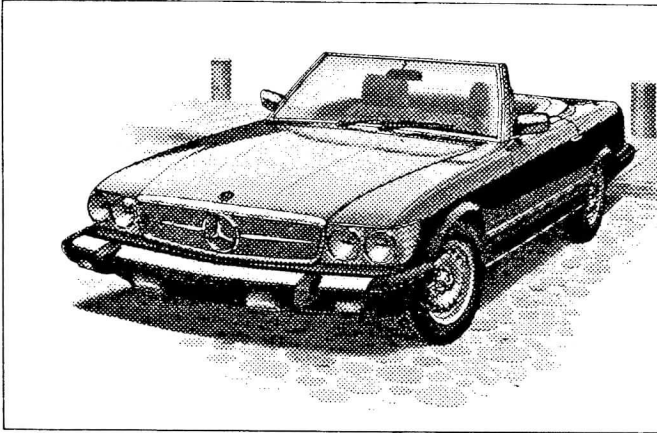
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 Boulis
 Bunn
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 Lakhani
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 Nalluri
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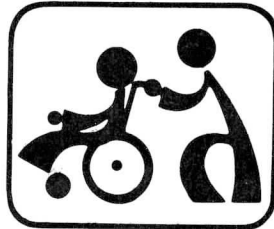
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NEWS FROM NEOUCOM

Colin Campbell, M.D., former dean of the School of Primary Medical Care, University of Alabama, took over as Provost and Dean of Northeastern Ohio Universities College of Medicine at Rootstown, Ohio on February 1. He succeeds Dr. Robert A. Liebelt.

The following promotions were announced by the NEOUCOM Board of Trustees: to Professor—Ludwig M. Deppisch, M.D., Pathology; Abdur Rashid, M.D., Internal Medicine;

From assistant to associate professor—Hugh Bennett, Internal Medicine; Steven M. Kalavsky, M.D., Pediatrics; Frederick Kunkel, M.D., Internal Medicine; Amarjeet Nagpaul, M.D., Internal Medicine; Ernest F. Sabado, M.D., Pathology;

From clinical assistant to clinical associate professor—J. James Anderson, M.D., Pediatrics;

From clinical assistant to assistant professor—Emil Dickstein, M.D., Internal Medicine; Charles McGowen, M.D., Internal Medicine.

From instructor to clinical assistant professor—Joungsen Hong, M.D., Internal Medicine; Khalid Iqbal, M.D., Pediatrics.

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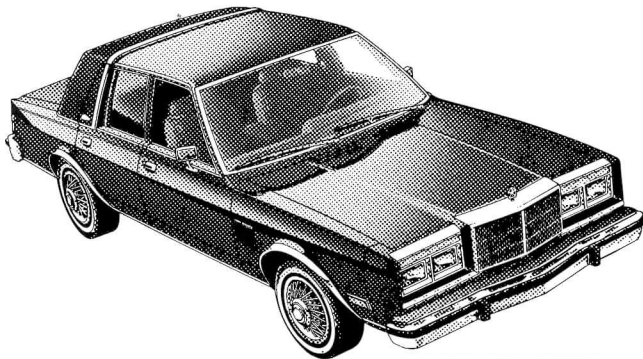
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Y. H. A. CME CALENDAR

- FEB. 12, 8:00 - 9:00 a.m. Hitchcock. Tumor Conference "Parathyroid-Multiple adenoma, Type II". P. D. Bunn, M.D., moderator. Cat. I and Presc. 1 hour.
- FEB. 12, 9:00 - 10:00 am. Hitchcock. Surgical V.P. "Initial Antimicrobial Treatment For Life-Threatening Infections". Charles V. Sanders, M.D. Professor of Medicine and Microbiology, LSU Medical Center. Cat. I pending. 1 hour.
- FEB. 15, 8:00 a.m. Tower 2. Emergency "Coma". A. Nagpaul, M.D., YHA Neurology Service. Cat. I and Presc. 1 hour.
- FEB. 17, 8:00 - 9:00 a.m. Tod #2. Pediatric Rounds. Cat. I. 1 hour.
- FEB. 17, 8:00 - 9:00 a.m. Hitchcock. William Bunn Memorial Lecture. Cat. I. 1 hour.
- FEB. 19, 8:00 - 9:00 a.m. Hitchcock. Tumor Conference "Childhood Leukemia". L. Pass, M.D., moderator. Cat. I and Presc. 1 hour.
- FEB 19, 9:00 - 10:00 a.m. Hitchcock. (1) "The Interdisciplinary Oncology Unit", (2) "Deoxycycoformycin — An Exciting Phase II Agent". Michael R. Grever, M.D., Director Interdisciplinary Care Unit, O.S.U. Cat I (pending). 1 hour.
- FEB. 22, 8:00 - 9:00 a.m. Emergency. "Hypertension". A. Rashid, M.D., YHA Nephrology Service. Cat. I and Presc. 1 hour.
- FEB. 24, 8:00 - 9:00 a.m. Hitchcock. Medical Rounds Panel "AIDS Syndrome". John York II, M.D., director DeYor Laboratories; L. Pass, M.D., Chief YHA Hematology-Oncology Services; J. Myers, M.D., Chief YHA Infectious Disease Service. Cat. I and Presc. (pending). 1 hour.
- FEB. 26, 8:00 - 9:00 a.m. Hitchcock. Tumor Conference. "Malignant Basal Cell CA". R. Murray, M.D., moderator. Cat I and Presc. 1 hour.

HIGH FIBER DIET SURVEY

Interest in the use of a high fiber diet for a number of medical conditions has prompted a survey of 750 regional physicians, beginning this month, conducted by Jean Hassell, M.S., R.D., instructor, food and nutrition, Home Economics Department, Y.S.U.

Frequency and effectiveness of each doctor's prescribing practices with the high fiber diet will be probed by a questionnaire which also will seek information on the physician's specialty. The questionnaire will also ask about the amount and kind of high fiber diet and who gave the patient instructions.

The ten specific entities being surveyed include:

1. constipation
2. irritable bowel syndrome (spastic colon)
3. diverticular disease
4. hiatal hernia
5. elevated serum cholesterol
6. appendicitis
7. varicose veins
8. colon cancer
9. diabetes mellitus
10. hemorrhoids

After analysis results of the study will be published in hopes that similar studies in other parts of the country will yield useful information.

The National Institute of Arthritis, Metabolism and Digestive Diseases indicates illnesses of the GI tract are responsible for the hospitalization of more Americans than any other group of diseases. One question which begs for answer is whether or not high fiber diets or other medical means will be suitable alternatives to surgery in many of these conditions.

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CHINA TOUR

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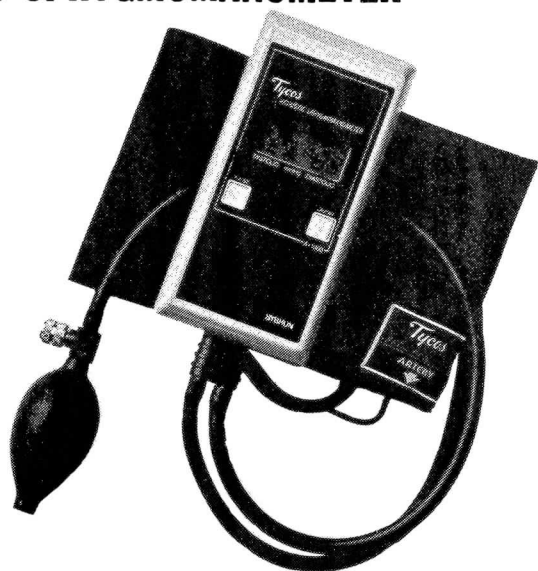
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