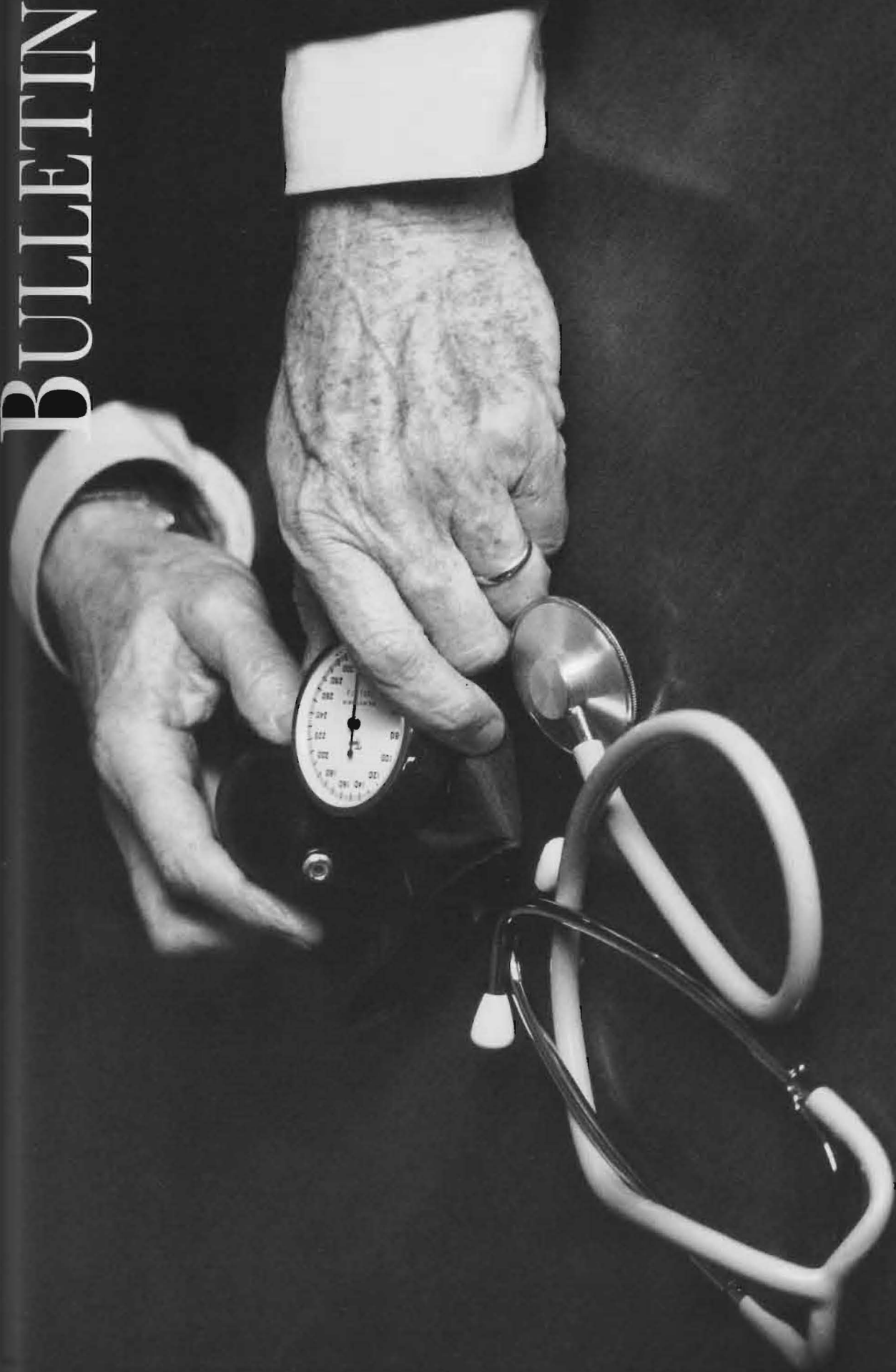
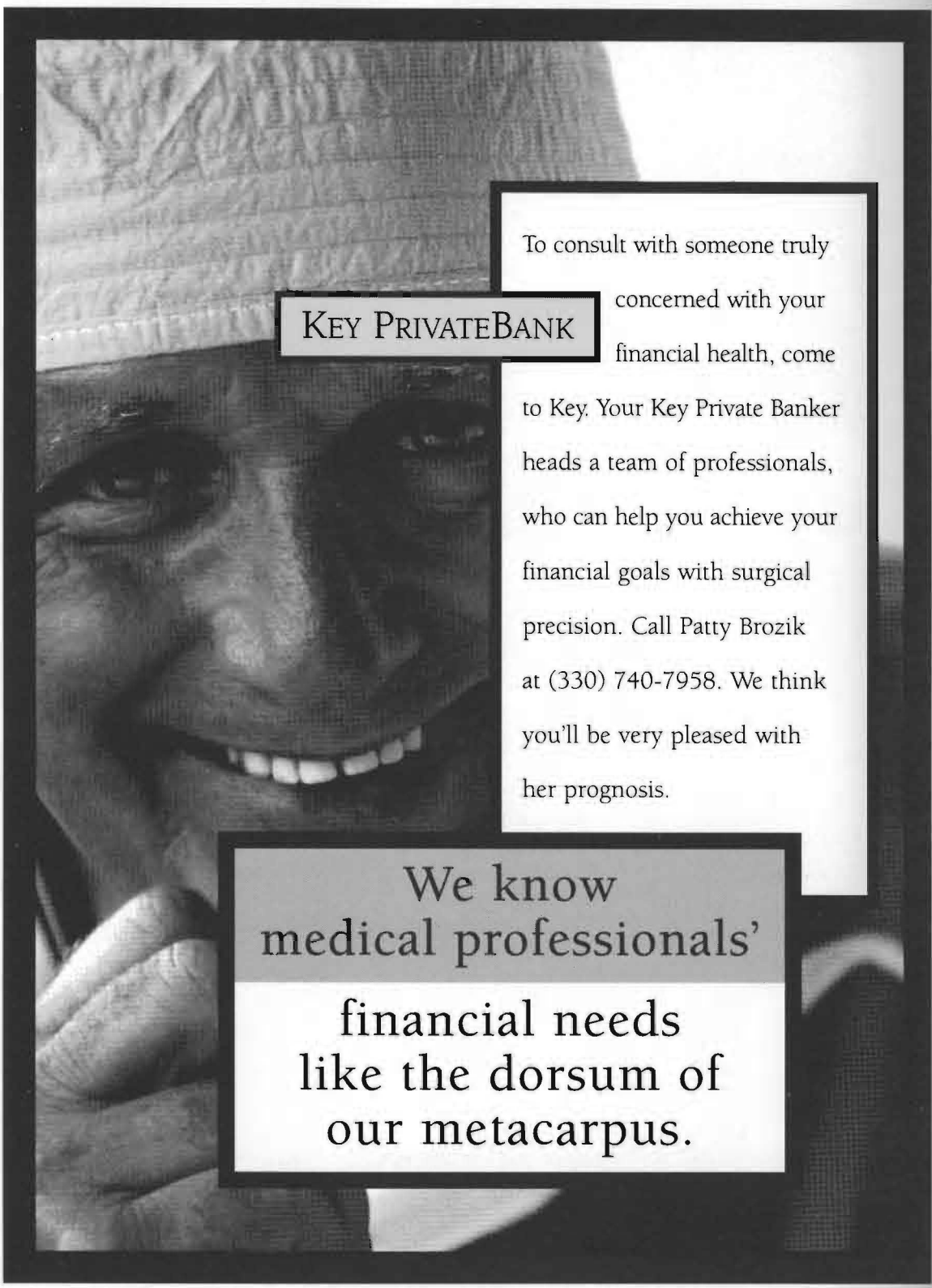


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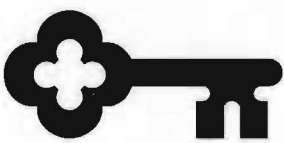




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Prompt Pay Bill Passes Ohio House of Representatives

The Ohio House passed Senate Bill 4 on June 28 by a vote of 96-0 and it is on its way to Governor Taft for signing. The bill will become effective one year after the Governor signs the legislation. Senate Bill 4, the OSMA initiated "prompt pay" bill, requires HMOs and other third party payers to have efficient claims processing systems in place that provide for timely reimbursement to physicians. The MCMS and the OSMA thank all the members who, through grassroots efforts, helped to achieve this beneficial law for Ohio physicians.



Founded 1872

BULLETIN

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The Perception of Titles

MY FATHER'S DECISION TO RETIRE FROM ACTIVE MILITARY SERVICE IN 1966 WAS FOSTERED IN PART BY A RESTLESS political climate and continued escalation of military activities in Vietnam. Although, he would have stayed longer if it were not for those events, I vividly recall him explaining to my mother that one of the things he was looking forward to in retirement was that people would no longer refer to him as "Sergeant." he seemed to relish the fact that, as a civilian, people would soon address him as "Mister."

Retiring at a relatively young age of 40 and not having the benefit of an education beyond high school, he landed a job as a Boy Scout camp caretaker in western Kentucky. At last, he would be known as Mr. Dwinells. But, it wasn't long when word got around about his former rank in the military. Soon, the nickname "Sarge" caught on as naturally as if it had been his birth-given name. To his annoyance, and until his final days on earth, everyone, including his employer, co-workers, friends and sometimes even us kids, referred to him as Sarge – in a teasing way of course – and not mister as he had always hoped.

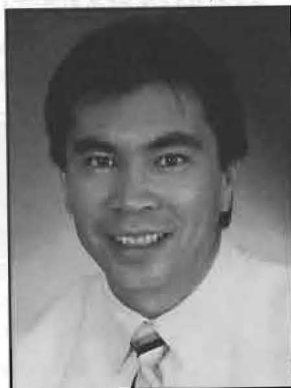
As a boy who watched war movies that depicted sergeants leading men into battle and becoming heroes, I could not understand his displeasure in this name – a title that signified

authority and leadership – on TV anyway. Why was he so bothered by being called Sarge? He replied that the word did not trouble him as much as what it meant to others. He explained that in a closed society, like the military, he had attained a level of expertise and respect in his field. But now that he was in the "real world" the title sergeant was perceived as undignified – almost derogatory in fact. To him, it had the semblance of a mascot for some high school football team. He worried about the image the name portrayed. My dad clearly understood the importance of perception and its relationship to titles, and he knew that Sarge conjured up notions of an uneducated man who undoubtedly displayed tattoos on their skin and frequently barked out orders. To him it was an ignoble title that had no respect in "real" society. Over the years, I saw how that perception often closed doors for him. I think it would have jeopardized a successful life if it were not for his perseverance and determination.

When I began college, people did not refer to me as "Mister" – I was only eighteen years old then. Most just called me by my first name – sometimes by my last. When I received my undergraduate degree in Biology, a title still eluded me – probably because I looked too young to be called Mister. But my titleless dilemma soon resolved when I entered medical school. Unprepared and inexperienced, a title was occasionally thrust upon me during that first year. Wearing a white lab jacket, donning a stethoscope around my neck, and armed with a notebook chock full of medical tid-bits, I was suddenly being addressed as "Doctor" by patients not realizing my true identity. I certainly looked and played the part, but a void of knowledge definitely existed. I was merely masquerading a perception. For the first time it dawned on me what my father meant by titles and how it invoked certain perceptions. It wasn't about what I knew or who I was. It wasn't even about my life experiences. It was all about image. To most, the word 'doctor' suggests a person who has attained a high

continued on page 5

Ronald Dwinells, MD

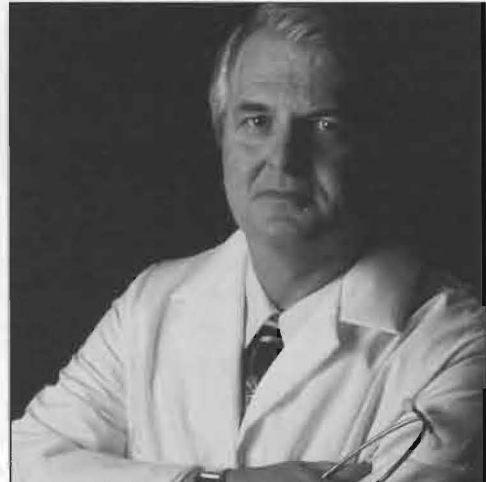


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MCMS Annual Meeting Held

THE ANNUAL MEETING OF THE MAHONING COUNTY MEDICAL SOCIETY WAS HELD JANUARY 23RD AT THE HOLIDAY INN, Boardman. Among the new officers installed at that meeting was Dr. Ronald Yarab, the Society's 129th president. Product displays were provided by Susan Zappa of Aventis Pharmaceuticals; John Basista of Novartis Pharmaceuticals; Lloyd Peck and John Fause of Stillson & Donahay Insurance Agency; and Suzanne Tucci of Visiting Nurse Association.



L to R: Dr. Janardan Tallam, Dr. Ronald Yarab

The business meeting was conducted by outgoing president Dr. Janardan Tallam. The members paused for a moment of silence in remembrance of the following members who passed away last year: Drs. Narendra Badjatia, Leonard Caccamo, Martin Conti, Aniceto DiDomenico, and Samuel Petraglia.

The Society acknowledged the following past presidents who were in attendance: Drs. Denise Bobovnyik, Y. T. Chiu, Thomas Detesco, Daniel Handel, Robert Jenkins, Chris Knight, John Melnick, and C. Edward Pichette. The Society also recognized Dolly Handel, past president of the Alliance, who was in attendance.

Dr. Tallam acknowledged the outgoing members of Council Drs. James D'Apolito and Ronald Rhodes. He also recognized *Bulletin* contributors Dr. Ronald Dwinells, editor; Dr. Robert & Mary Jane Jenkins, society photographers; and Dr. John Melnick, columnist. Also recognized were Canfield Fair chairpersons Drs. Jay Osborne and Fred Friedrich.

Dr. Sanford Gaylord was the recipient of the 2000 *Distinguished Physician of the Year* award. Due to ill health, Dr. Gaylord was unable to attend. In his absence, Dr. Tallam presented the award to Dr. Gaylord's sons, Glenn, Judd and Scott, speaking of Dr. Gaylord's many accomplishments and his decades of service to medicine and the community.

Representing the OSMA, Sixth District Councilor Dr. Chris Knight acknowledged the achievements of the recipients of the association's *Fifty Years in Medicine* award:

Drs. Hendrik Marcella, Annelies Dziadzka, and George Davies, who were unable to attend.

As parliamentarian, Dr. Knight then reviewed two proposed by-laws amendments which had been submitted to the membership by mail. The first proposed that the words "A majority" be stricken from the latter half of Article V, Section 2, which would then read:

At any council meeting twenty-five percent (25%) of the members of the Council present shall constitute a quorum for the transaction of business.

The second amendment proposed that the words "Ten percent of" be stricken from Article X. Article X would then read:

The active members, members in training, and retired members present shall constitute a quorum at any regular or special meeting.

The amendments were approved by the members present, and will be submitted to the OSMA for approval.

Dr. Detesco, chairperson of the nomination committee, gave the following nominations report:

President-Elect	Eugene L. Potesta, MD
Secretary/Treasurer	Richard J. Marina, MD
Delegates to the OSMA (3 to elect)	Thomas N. Detesco, MD Daniel W. Handel, MD Janardan R. Tallam, MD
Alternate Delegates to the OSMA (4 to elect)	John R. LaManna Jr., MD Eugene L. Potesta, MD Marc S. Saunders, DO Ronald M. Yarab, MD
Council Members-at-Large (2 to elect)	James E. Boniface, MD Joel D. Siegal, MD
Foundation Trustees (2 to elect)	David J. Dunch, MD Norton I. German, MD

The 2001 slate of officers was elected by acclamation.

Dr. Chris Knight conducted the installation of officers. Afterwards, Dr. Janardan Tallam presented the president's gavel to incoming president Dr. Ronald Yarab. Dr. Yarab then presented Dr. Tallam with the president's plaque. After summarizing his year in office, Dr. Tallam turned the meeting over to Dr. Yarab who discussed his plans for the coming year.

In new business, the Society voted to change the date of the Society/Alliance International Dinner Meeting to March 23, 2001. Following announcements of several upcoming events, the meeting was adjourned.

Dr. Gaylord Honored as Distinguished Physician of the Year



Sanford F. Gaylord, MD

The 2000 *Distinguished Physician* award was awarded to Dr. Sanford F. Gaylord. This award is presented to a member of the MCMS who has distinguished himself in the field of medicine, and also the community. The award was presented to three of Dr. Gaylord's sons on his behalf at the Society's Annual Meeting.

Dr. Gaylord was born in Cleveland, Ohio. He graduated from Glenville High School and attended the Ohio State University for a short time before enlisting in the Army Air Corps, where he was trained as a B-24 navigator. While enlisted, he flew 32 combat missions with the 8th Air Force in Europe during World War II. For his service, he was decorated with the Distinguished Flying Cross and Air Medal.

Following the war, he attended John Carroll University and Chicago Medical School. He served his internship at Chicago Central Hospital in Illinois, and residencies in internal medicine at Detroit Veterans Hospital and Mount Sinai Hospital of Cleveland.

Dr. Gaylord came to Youngstown in 1954 to enter into practice with his uncle, Dr. William Neidus. He was chief of medicine at St. Elizabeth Health Center

and one of Northeast Ohio's first gastroenterologists, later becoming chief of gastroenterology at St. Elizabeth's.

For several years, Dr. Gaylord also hosted a monthly radio program dealing with health issues. He lectured extensively and had numerous articles published in professional journals.

A pilot, Dr. Gaylord had an instrument rating and was one of the few Federal Aviation Administration-qualified air medical examiners.

Dr. Gaylord has served on the board of the Youngstown Symphony Society, where he was program director for 10 years. An acclaimed pianist, he won a National Piano Competition in Indianapolis when he was just 17. His last public performance was at the Butler Institute of American Art in 1998.

Dr. Gaylord is married to the former Sondra Hill. He is the father of eight and the grandfather of six. He retired from private practice in 1999.

Editor's note: Dr. Gaylord passed away Sunday, February 4, 2001 after a lengthy illness.

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Dr. Yarab installed as president

DR. RONALD M. YARAB, JR. WAS INSTALLED AS MCMS PRESIDENT AT THE SOCIETY'S JANUARY MEETING. A YOUNGSTOWN native, Dr. Yarab received his bachelor's degree from the Medical University of South Carolina and his medical degree from the University of South Carolina School of Medicine. He completed his internship at the Medical College of Ohio in Toledo and served a residency at The Ohio State University College of Medicine.

Dr. Yarab is board-certified by the American Board of Physical Medicine and Rehabilitation. He is a diplomat of both the National Board of Medical Examiners and the Association of Academic Physiatrists.

A fellow of both the Physiatric Association of Spine, Sports and Occupational Rehabilitation (PASSOR) and the American Board of Disability Analysts, Dr. Yarab holds membership in various medical organizations, including the American Academy of Physical Medicine and Rehabilitation, and the American Congress of

Rehabilitation Medicine.

Dr. Yarab serves as medical director for Austin Woods Sub-Acute Rehabilitation in Austintown. He is a medical consultant to both the Ohio Bureau of Workers' Compensation and the Industrial Commission of Ohio.

Dr. Yarab is a past recipient of the OSMA *Young Physicians of the Year Award*, and was also selected as one of 50 practicing physicians across the country to attend the AMA's *Emerging Leaders Development Program*.

A Society member since 1994, Dr. Yarab has served in various capacities, including *Bulletin* editor and coordinator of the Young Physicians Committee. He currently serves as an MCMS alternate delegate to the OSMA.

Dr. Yarab is married to Susan Yarab, P.T., M.H.S., a past president of the MCMS Alliance. Together with his wife, Dr. Yarab maintains a private practice in Boardman.

If you are even thinking about a new claims management system (and you probably should be), save this date — September 5, 2001.

The Mahoning County Medical Society and the Ohio State Medical Association are hosting a meeting at the Holiday Inn, Boardman on Wednesday, September 5 from 6:00 P.M. to 8:00 P.M. to introduce local physicians to the benefits of **athenahealth**. The OSMA recently signed an agreement to partner with **athenahealth** after an independent research and technology firm, which researched more than 70 practice management packages, identified **athenahealth** as the premier provider of integrated practice automation and claims management services. OSMA members qualify for a 6% discount off of **athenahealth's** price.

The suite of services offered by **athenahealth** currently includes patient registration, scheduling, eligibility verification, billing, collections and many other important features. And, since **athenahealth** is a subscription service (based on monthly net collections), there are no up front licensing fees, which makes converting to **athenahealth** so much easier and less expensive.

During this meeting, physicians will hear from Todd Park, co-founder and president of **athenahealth** and see a demonstration of the product. OSMA staff will be on hand to provide information about the recently enacted SB 4, Ohio's new Prompt Pay Law, and HIPAA, both of which have electronic claim filing implications.

Registration materials will be mailed to members soon. Call the Mahoning County Medical Society office at (330) 758-1624 for more information.

May Dinner Meeting

THE HOLIDAY INN, BOARDMAN WAS THE SETTING FOR THE MAY 22, 2001 MEETING OF THE MAHONING COUNTY MEDICAL Society. Following an introduction by Ralph M. Fajack, vice president of McDonald Investments, the guest speaker Richard J. Nash, chief market strategist for Key Corp, spoke on the "Economic Outlook for Today and Beyond".

Dr. Michael Esteban was welcomed as a new resident member. Guests included Ben Reynolds, OSMA Northeast Ohio Field Representative, and Susan Yarab, immediate past president of the Alliance. Product displays were provided by Don Hehr of Janssen Pharmaceutica; Greg Kreiger and Pat Bundy of Option Care; and Joe Simko and Brian Kesner of Pfizer Pharmaceuticals.

In his president's report, Dr. Ronald Yarab noted that the OSMA Annual Meeting was held May 18-20 in Cincinnati. In addition to Dr. Yarab, the MCMS was represented at that meeting by Drs. Denise Bobovnyik, Dan Handel, Chander Kohli, and Chris Knight, Sixth District Councilor.

Mrs. Susan Yarab, who was recently in-

stalled as chairperson of the State AMA Foundation, gave a report on the OSMA Alliance annual meeting that was held in Cincinnati May 17-18. She noted that Kathy Dwinnells is the new Sixth District Director, overseeing Columbiana, Mahoning, Stark & Trumbull counties.

The following announcements were made:

- A breakfast meeting is scheduled for the Canfield Fair medical exhibitors June 14 at the Youngstown Club;
- A program on fibromyalgia presented by Dr. Yarab and Susan Yarab, PT will be held June 14 at the Holiday Inn, Boardman;
- An OSHA workshop is scheduled for June 21 at Antone's Banquet Center; and
- A Family Fun Night co-sponsored by the Columbiana, Mahoning and Trumbull county medical societies will be held June 30 at Cafaro Field in Niles. This event will include a picnic supper and a baseball game between the Mahoning Valley Scrappers and the Jamestown Jammers, an affiliate of the Atlanta Braves.

The next Society meeting will be held Tuesday, September 25 at the Holiday Inn, Boardman.

From the Desk of the Editor

continued from pg. 4

level of education and training; an individual possessing knowledge and wisdom of health, someone highly regarded by others and someone that could heal the sick. Suddenly, I commanded a great deal of respect as well as power – all because of this title. If I wanted or needed something, I would simply use the word "Doctor" in front of my last name and alas, I would soon have it – just like magic! Could Sarge do that? Not in a million years! Am I that much smarter? Did I possess more wisdom and knowledge at the age of 23 than my dad did at 40? Am I a better person than he was? No, but the difference is that I had a great title and he never did. He always knew that titles created certain perception. Although he journeyed through life burdened with the name Sarge, he continued to work hard so that his children could have an opportunity to pursue respectable professions

and acquire worthwhile titles.

So what's the perception of titles? Many things. It symbolizes who you are, where you've been and what you've done. It symbolizes a level of education, accomplishments and sometimes even financial status. It can open doors and it can certainly close doors. Many times, it can provide opportunities through perception. My dad's title was not a true symbol for who he really was, thus he used it sparingly. I too use my title infrequently, but not because I'm ashamed of it. For me, it's a prized possession and I do not want to cheapen it by overuse. Anyway, it doesn't necessarily instill intelligence, good citizenship, or magnanimity – those are just perceptions. But, you may certainly call me Doctor—it sounds great—however, just please don't call me Sarge!

Boardman Cancer Center

AT A CURSORY GLANCE, THE BUILDING LOCATED ON THE CORNER OF MCCLURG ROAD AND MARKET IS SOMEWHAT reminiscent of a Frank-Lloyd Wright architectural project.

The automated front door beckons the visitor to explore the inner workings of Humility of Mary's newest Radiology-Oncology facility. Complete with a circular fireplace that not only provides warmth but an appealing ambiance, and art work that accompanies every gaze, a visitor immediately feels a sense of comfort and peace.

Dominating one end of the building is a large square room with high ceilings and no windows. Behind the drywall, a barrier of concrete five feet thick cradles the room. Expectantly, the cavernous room, at first, impose a "coldness" – a feeling of discomfort, however, in no time this sense is overcome by pleasantries that surround the room. A look at the great ceiling reveals a large, pleasant photo illuminated by back-lights that dominates one's visual field. The site of the photo, displaying the brightness of a summer day with a large splattering water fountain serves to soothe and calm any sense of anxiety. The pleasant assault on the visual senses is complemented by stimulation of the auditory and olfactory senses as well. Music, that is selected by the "guest" fills the air and a constant pleasant aroma looms lightly.

This is the sort of experience encountered

by patients who come to the new Cancer Center located on 8401 Market Street, Boardman. Opened in January, 2000, it has already managed to treat over 100 patients for cancer-related problems in a holistic manner. According to Carolyn Carducci, Program Director, Humility of Mary Cancer Programs and Terri Mellington, Director of Cancer Prevention and Early Development, not only does the office provide treatment for existing diagnosed cancers but also plays an integral role in a number of prevention and educational programs. Support groups frequently meet at the facility.

Dr. Rashad El-Dabh, a radiation oncologist and medical director of radiation oncology at Humility of Mary asserts that the program offers state-of-the-art treatment using conformal radiation therapy. The majority of the patients are those afflicted with prostatic and breast cancers. Dr. El-Dabh state that the patients of this area are very fortunate to have this facility in their community, allowing them to obtain high quality radiation medicine here instead of having to travel to Pittsburgh or Cleveland.

The facility is removed from a traditional hospital setting and the patient care is approached in a holistic manner. Sensitivity to their needs from many perspectives is provided. If you have not done so, I would encourage physicians to tour this wonderful facility.

On The Cover

"The Doctor's Hands"

Photo by Mary Jane Jenkins

Mary Jane Jenkins was born in Cherryville, North Carolina. She graduated from the Woman's College of the University of North Carolina, receiving a degree in chemistry. She received a medical technology degree from Bowman-Gray School of Medicine, North Carolina.

A past treasurer of the Mahoning County Medical Auxiliary, Mary Jane is a recipient of the Alliance's *Gem of the Year* award.

She and her husband Dr. Robert Jenkins have pursued photography as a hobby since their retirement. They have photographed for both the Medical Society and Alliance.

Mary Jane's "The Doctor's Hands" was inspired by a poem given to her and her husband by a patient.



Mary Jane Jenkins

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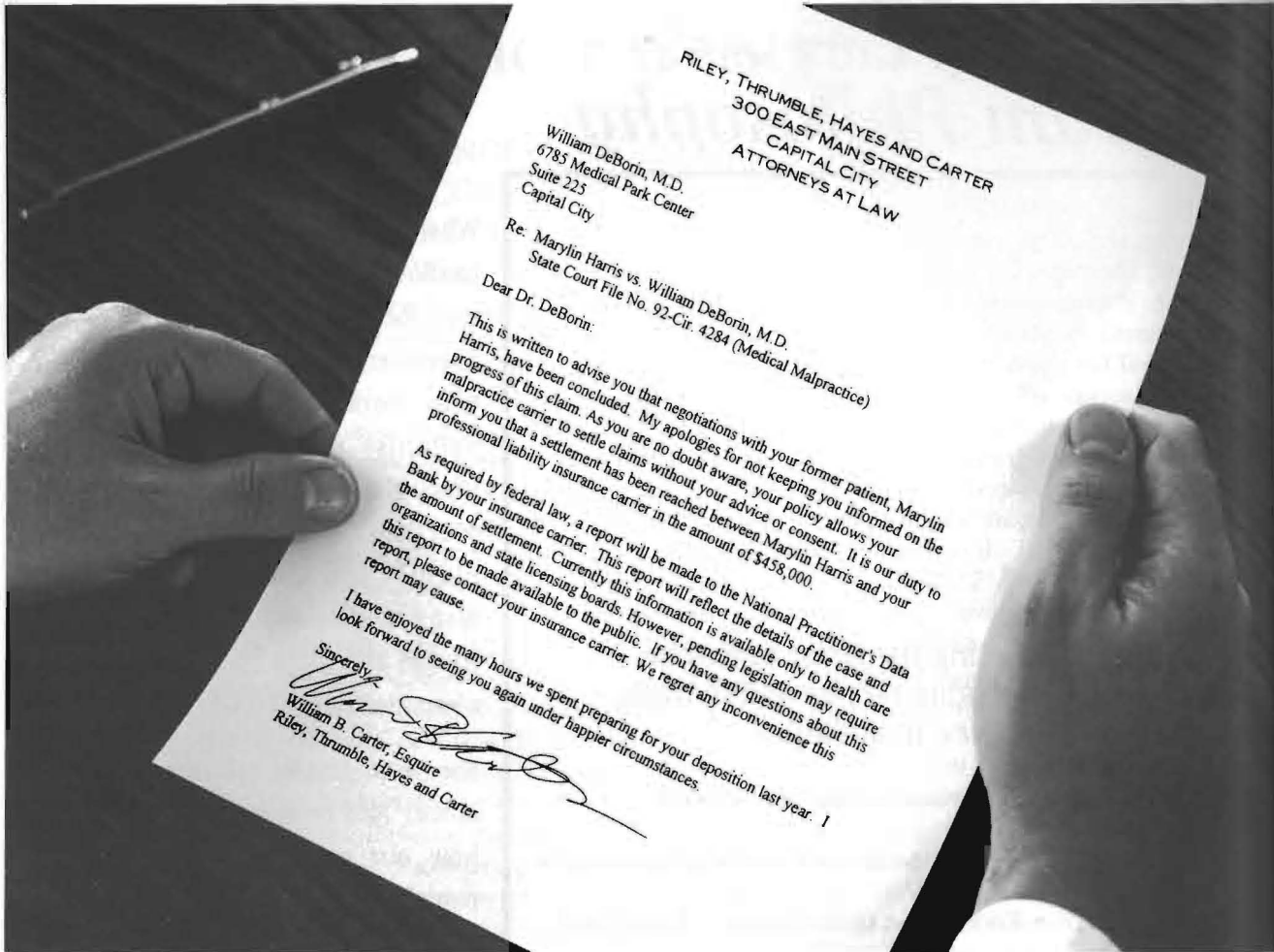
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Notes From The Editor

My editorial, this month, centers on the notion of titles. As you know, sometimes it is amazing what the title *Doctor* does. It sometimes opens doors when they're closed to most other people. Occasionally, a change in voice and mannerisms occurs when people discover that you're a *Doctor*. And as we have all experienced, because society dictates that the word *Doctor* must be used synonymously with wealth, our bill for certain goods and services mysteriously becomes higher. Regardless, I thought it would be fun to write an article about perceptions of titles.

In the Community Health Advocates section, I wrote about the wonderful new Cancer Center located in Boardman. It is an impressive facility and I encourage you to tour it if you haven't done so already.

Dr. Raymond Boniface was kind enough to submit an article regarding estrogen replacement therapy. The well-written article is an excellent review of this topic and I want to thank him for his submission. Also, please check out the OSHA article by Bill Johnson...something we all need to be reminded about periodically.

Congratulations to **Dr. Richard Memo** who was elected President of the North Central Section of the American Urological Association in October 2000! Congratulations also goes to **Dr. James Stille** who was recently named a fellow of the American College of Surgeons and to **Dr. Suman Mishr**, elected as fellow to the American College of Endocrinology!

To contact either the Society or myself for feedback, our addresses, phone numbers, and e-mails are:

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Alliance News

Under the leadership of Susan Yarab, the MCMS Alliance has wrapped up another successful year. Highlights included a playground party featuring Winnie the Pooh that was held at Boardman Park; a new members tea which featured a fashion show by Kegelles; and a tour/luncheon at the NEOUCOM campus with the Trumbull and Columbiana medical society alliances.

Fundraisers for the 2000-01 year included a Charity Doll Party held at Piccadilly Parlour which raised \$1,200 for the Potential Development Center for developmentally delayed children; a Christmas Sharing Card drive on behalf of the AMA Foundation; and the Medical Alliance cookbook sale, which benefits both Sojourner House for Battered Persons and the Potential Development Program.

President-elect Linda Awad chaired the annual International Dinner meeting held with the Society on March 23, 2001. Other committee members participating included Joyce Bernstine, Heidi Boening, Donna Hayat and Ann Might.



Alliance member Linda Evan and guests at Piccadilly Parlour.

In Defense of Estrogen Replacement Therapy: A Clinician's Brief Overview, Past and Present

Raymond S. Boniface, MD

MY FIRST EXPOSURE TO ESTROGEN REPLACEMENT THERAPY WAS IN THE EARLY 1950s WHEN THE AVERAGE GP or GYN gave aqueous estrogen to women in the menopausal phase of their lives. It was also given orally in high doses in the form of Premarin. However, it seemed that at that time it was given on a PRN basis and many times upon request from the patients themselves. Evidently, they felt somewhat better with it.

However, it was not being taken in a complete therapeutic alliance with the physician. It seemed that nobody really pushed it in a definitive therapeutic approach. In fact, one could hear frequently that a patient who had a hysterectomy should not have felt as bad as they did and simply were better off without a uterus. The theory was rampant that the mood changes were probably due to something "in their head" and that they were neurotic.

Even at that time there were clinical indications brought forth by many gynecologists. I recall that one internist was actually using estrogen replacement in young men who suffered coronary occlusions. That theory never caught on. The aggressive use of birth control pills and the danger of thromboembolic phenomenon added to the rejection of estrogen as a therapeutic tool.

I recall a national GP meeting in the early 1960s when the ban was almost complete. At a particular meeting, however, a doctor interrupted the speaker on the podium and shouted to the group that estrogen was "the eternal youth medicine for women". I recall that he was shouted down.

Since that time much has been learned about estrogen replacement therapy and the biological function it has on the brain itself. The so-called mood changes that occur are not taken lightly by clinicians, including psychiatrists. The hot flashes, the sleep problems, the anger, the anxiety, panic and the dysthymia are all of value in evaluating a possible depressive episode. In fact, some consider the peri- and postmenopausal state as regressive events that should not be taken lightly.

There are indications that low estrogen is involved in the pathology. With the advent of SSRI's and the serotonin model of these neurovegetative endocrine problems, the role of estrogen replacement has come to the fore. Brain scans continue to demonstrate that certain SSRI's actually stimulate estrogen receptors in the brain and alleviate some of the uncomfortable symptoms. Moreover, brain scanning has demonstrated that estrogen replacement in women actually produces positive endocrine changes in the brain in general.

The so-called syndrome "PMDD" has yet to be interpreted accurately and may well be in some women "an event" with down-the-road deteriorating effects. In some women, PMDD may well be the beginning of a cell aging condition. Some clinicians feel that the syndrome "Belle Indifference" may well be a combined low estrogen and bipolar affective disorder. How the syndrome should be treated, when and for how long, is not known. It certainly has been found that blood estrogen levels are not helpful in determining who should be treated.

Presently the role of estrogen and its effect on bones in reference to osteoporosis has definitely been proven. Osteoporotic cervical spine and fractured hips are serious conditions, as we all know. It seems that estrogen's role in preventing Alzheimer's disease seems to be the "order of the day". Ophthalmologists are reviewing its role in macular degeneration. Dentistry has found it interesting to examine its role in periodontal disease.

In a startling discovery by neurologists in reference to Parkinson's disease in women, they have demonstrated that "low estrogen is bad for brain cells". In fact, estrogen has a potent, protective effect that maintains the integrity of the nigral-dopamine system. Redman, at Yale, states that women have more mesocephalic dopamine-producing cells. That explains why Parkinsonism is more prevalent in men. He states that

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A Look Back...

Fifty Years Ago Spring 1951

Officers were: **Elmer J. Wenaas**, president; **C.A. Gustafson**, president-elect; **G.E. DeCicco**, secretary; **A.K. Phillips**, treasurer; and **S.W. Ondash**, editor.



Walter J. Tims wrote an excellent article on "Flourides in Public Water." The approximate cost per day for the Mahoning Valley Sanitary District was \$25.00.

Dues increased from \$15.00 per year to \$50.00! One out of five doctors failed to pass physical tests for the Army.

W.D. Coy was perennial contributor to the *Bulletin* as "Cynical Sam and Uncle Dudley."

Forty Years Ago Spring 1961

Officers were: **A.K. Phillips**, president; **C.W. Stertzbach**, president-elect; **F.G. Schlect**, immediate past president; **C.E. Pichette**, secretary; **M.P. McGregor**, treasurer; and **J.J. McDonough**, editor.



Medical Society dues, including OSMA, were \$50.00. Dues for the AMA were \$25.00.

C. Edward Pichette was elected chief of staff at St. Elizabeth Hospital, **Orville J. Walker**, pathologist at Youngstown Hospital, held the first clinical-pathological conference.

Claude Norris and his wife, who were both Cherokee Indian, retired to "Belle Nemus", a plantation in Virginia.

W.P. Young became president of the Mahoning Chapter of the American Academy of General Practice.

Thirty Years Ago Spring 1971

Officers were: **J.F. Stotler**, president; **Henry Holden**, president-elect; **R.L. Jenkins**, immediate past president; **K.M. Lloyd**, treasurer; **M.C. Raupple**, secretary; **H.C. Rempes, Jr.**, executive secretary; and **Felix A. Pesa**, editor.



A bill calling for the establishment of a medical school at YSU was introduced in the Ohio State House of Representatives.

G.E. DeCicco was elected president of staff at Youngstown Hospital Association.

Twenty Years Ago Spring 1981

Officers were: **D.J. Dallis**, president; **R.M. Kiskaddon**, vice president; **B.P. Brucoli**, immediate past president; **H.S. Wang**, secretary; **A.Z. Rabinowitz**, treasurer; **R.A. Memo**, editor; and **R.B. Blake**, executive director.



John C. Melnick called for old medical equipment for a proposed medical museum.

Deaths included **Raymond A. Hall** at age 74 and **Bertie C. Burrows** at age 70.

Howard Rempes, retired executive director, thanked the Medical Society in a letter for giving him and his wife a cruise of their choice.

Ten Years Ago Spring 1991

Officers were: **Brian S. Gordon**, president; **Jane F. Butterworth**, president-elect; **Kimbroe J. Carter**, secretary; **Danny Chung**, treasurer; **James A. Lambert**,



immediate past president; **Bruce M. Rothchild**, editor; and **Eleanor A. Pershing**, executive director.

The *Bulletin* got a fresh new look and larger dimensions.

F.A. Resch was honored by the Western Reserve Care System's Family Practice Center.

Distinguished Physician's honors were awarded to **Frederick A. Friedrich** and **Lewis K. Reed**, the latter of which was the first physician honored posthumously.

Medical Museum Donations

Many thanks to **Richard Murray** for a self-painted portrait of the doctor and two assistants in an operating room setting. **Dr. Pugh** donated books and multiple antique eyeglasses with cases. **Henry Holden** donated several medical instruments including a set of small, medium, and extra long sigmoidoscopes.

Numerous medical items were received from **Gib James** that had been donated to him over the years by several physicians for the St. Elizabeth's staff. This collection added enormously to the museum.

John C. Melnick, MD



John C. Melnick, MD

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OSHA Bloodborne Pathogens Update

William E. Johnson, OSHA Safety Consultant

THE JANUARY 18, 2001 ISSUE OF THE FEDERAL REGISTER ADDRESSED THE RECENT UPDATE TO THE OSHA BLOODBORNE Pathogens Standard (BBP) (29 CFR 1910.1030). On November 16, 2000, then-President Clinton signed into law the Needlestick Safety and Prevention Act. The Act directed OSHA to revise the BBP standard within six months in order to harness the alarming rate of needlestick injury to healthcare workers.

The Centers for Disease Control and Prevention has estimated that healthcare workers in hospital settings sustain 384,325 percutaneous injuries involving contaminated sharps annually. When non-hospital healthcare workers are included, the best estimated number increases to 590,164. There are more than 20 infectious agents; those of primary concern are the human immunodeficiency virus (HIV), hepatitis B virus (HBV) and hepatitis C virus (HCV). We have addressed the epidemiology of these diseases during our annual BBP seminar.

The effective date of this directive is April 18, 2001. Specifically, the new requirements can be categorized into four areas:

1. modification of definitions related to engineering controls
2. revising and updating the Exposure Control Plan
3. solicitation of employee input
4. record keeping

Let us address these separately.

1. New definitions:
 - a. "Sharps with Engineered Sharps Injury Protections" includes, but is not limited to, syringes with a sliding sheath that shields the attached needle after use; needles that retract into a syringe after use; shielded or retracting catheters used to access the bloodstream for intravenous administration of medication or fluids; and IV medication delivery systems using a catheter port or connector site using a needle that is

- housed in a protective covering,
- b. "Needleless Systems" includes, but is not limited to, IV delivery systems using a blunt cannula, or other non-needle connection and jet injection systems that deliver subcutaneous or intramuscular injections without use of a needle.
- c. "Engineering Controls" now includes "safer medical devices", e.g. sharps with engineered sharps injury protections and needleless systems. These include blunt suture needles and plastic or mylar-wrapped glass capillary tubes, as well as sharps disposal containers and biosafety cabinets.

2. Exposure Control Plan revision:
 - a. Reflect changes in technology that eliminate or reduce exposure to bloodborne pathogens
 - b. Annually document consideration and implementation of appropriate commercially-available and effective safer medical devices, designed to eliminate or minimize occupational exposure.
 - c. The revised plan requirements make clear that employers must implement the safer medical devices that are appropriate, commercially-available and effective. No one device is appropriate in all circumstances.
 - d. The standard specifically notes that an "appropriate" safer medical device includes only devices whose use, based on reasonable judgment in individual cases, will not jeopardize patient or employee safety or be medically contraindicated.
 - e. This document must be updated annually.
3. Solicitation of employee input:
 - a. The employer shall solicit input from nonmanagerial employees responsible

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OSHA Update

continued from pg. 19

for direct patient care who are potentially exposed to injuries in the identification, evaluation, and selection of effective engineering controls and work practice controls. This solicitation must be documented. A form for this purpose was provided at the BBP seminar in June 2000.

- b. This does not require input from all potentially exposed employees.
4. Record keeping
 - a. Employers shall establish and maintain a sharps injury log for the recording of percutaneous injuries from contaminated sharps.
 - b. The information shall be recorded and maintained in such a manner as to protect the confidentiality of the injured employee. Records can be "hard copy" or electronic.
 - c. The log shall contain the following:
 - i. Type and brand of device involved in the incident
 - ii. Department or work area where the incident occurred
 - iii. Explanation of how the incident occurred
 - d. On January 1, 2002, the new OSHA 300 and 301 logs go into effect. Sharps injuries may be kept on these logs, provided they are maintained separately

to ensure privacy of those injured. Therefore, employers must keep a separate sharps log from the effective date of this rule until the revised Recordkeeping (29 CFR 1904.6) rule becomes effective.

The preceding information provided has been gleaned from the specific referenced documentation. Questions can be directed to the offices of Johnson & Gunn.

EOPO Bankruptcy Update

In the bankruptcy case of the Eastern Ohio Physicians Organization (EOPO), Anthem is awaiting a determination from the Mahoning Court of Common Pleas concerning payment obligations to EOPO.

Physicians should anticipate at least a six-month wait before there are any significant events to report on this case, which is being heard in the United States Bankruptcy Court of the Northern District of Ohio, Case No. 01-40410.

OSMA Annual Meeting — Dr. Knight Elected

Chris A. Knight, MD, was elected secretary/treasurer of the Ohio State Medical Association during its annual meeting May 18-20 in Cincinnati. Walter E. Matern, MD, Cincinnati, was installed as president, while John W. Thomas, MD, Wooster, was elected to the post of president-elect by acclamation.

Dr. Knight is the immediate past OSMA Sixth District Councilor and a past president and delegate of the Mahoning County Medical Society.

MCMS member and past president Daniel W. Handel, MD, was re-elected a delegate to the AMA. Dr. Handel also serves as a delegate to the OSMA and is chairperson of OMPAC.

Sixth District members were elected to the several notable positions at the meeting. From Stark County, David J. Utlak, MD, was re-elected as a delegate to the AMA, and Andres B. Lao, Jr., MD was re-elected as an alternate delegate to the AMA. From Trumbull County, James M. Sudimack, MD was elected Sixth District Councilor. MCMS member Denise Bobovnyik, MD, is the new chairperson of the Sixth District.

The Sixth District was one of only two districts to have 100% OMPAC participation by their delegates.

Action was taken on 34 resolutions. The resolution titled Medical Malpractice Review Board submitted by the Sixth District was referred to the OSMA Council.



Chris A. Knight, MD

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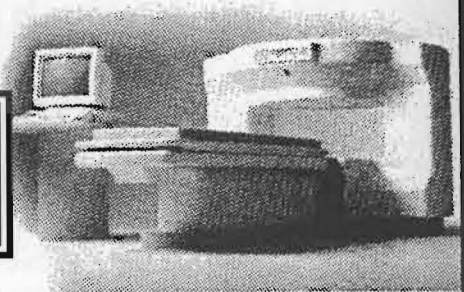
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In Memoriam

CHATRCHAI WATANAKUNAKORN, MD

September 6, 1935 — July 11, 2001

HAROLD J. HASSEL, MD

January 10, 1923 — April 23, 2001

KENNETH E. CAMP, MD

March 18, 1914 — February 22, 2001

SANFORD F. GAYLORD, MD

May 18, 1923 — February 4, 2001

SAMUEL F. PETRAGLIA, MD

March 12, 1924 — December 5, 2000

LEONARD P. CACCAMO, MD

December 19, 1922 — October 27, 2000

Joint Meeting Held by Society and Alliance

THE MAHONING COUNTY MEDICAL SOCIETY AND ALLIANCE HELD THEIR ANNUAL JOINT DINNER MEETING ON MARCH 23, 2001 at Tippecanoe Country Club. In observance of National Doctors' Day and National Medical Alliance Month, the menu featured international cuisine.

Guests included Ben Reynolds, OSMA Northeast Ohio Field Representative, and Susan Yarab, immediate past president of the Alliance.

Society president, Dr. Ronald Yarab, conducted a brief business meeting and gave a report on the AMA Leadership Conference. Dr. Daniel Handel reported on current legislation and the Ohio Medical Political Action Committee.

Alliance president Susan Yarab spoke of the celebration of National Doctors' Day and

on behalf of the Alliance, thanked Society members for their continued service to our community. She gave a recap of her year as president, and acknowledged the Alliance officers.

The Alliance's annual "Gem of the Year" award was presented to Anita Gestosani, a past president of the Alliance. Anita was cited for her many years of devoted service to the Alliance, and her active volunteer work in the community.

Product displays were provided by: Frank Netti of Aventis Pharmaceuticals; Edward Hassay of Insurance Buyers Service; Robert Naymik of Proctor & Gamble; and Marie Fryda of TAP Pharmaceuticals.

After a performance by the Canfield Folk Dancers, the meeting was adjourned.

Anita Gestosani is named Alliance "Gem of the Year"

Anita Gestosani was honored as the MCMS Alliance "Gem of the Year" at the Doctor's Day-International Dinner celebration. The event was held at the Tippecanoe Country Club in Boardman. Selection for this award is based on outstanding service to the community and promotion of healthcare issues.

The eldest of five children, Anita Jaworski Gestosani was born and raised in New Castle, Pennsylvania. Anita graduated from New Castle High School and went on to St. Francis Hospital School of Nursing. She later earned her BSN degree from Youngstown State University.

Anita joined the Alliance in 1980, and has served on various committees over the years. She chaired the 1986 Family Christmas Party and Doctor's Day; served as treasurer from 1987-88; and was president for the 1989-90 Alliance year.

A member of the Junior League of Youngstown since 1989, Anita co-chaired the Mother-Daughter Brunch and has served on committees for the Angel Ball, Mentorship Youngstown Place-

ment, and Town Hall Series. She is also a member of the American Cancer Society Swim-a-long Committee.

As a member of the Junior Guild of St. Elizabeth Hospital Medical Center, Anita chaired two Charity Balls and served on the 1990 Symphony Ball Committee.

Anita is a member of the Charter Board of the Penguin Swim Club and has served on the Youngstown Swim League Board since 1994, having chaired the 1995 Youngstown Swimming Championships. A past board member of Canfield High School's Swim Team Boosters, she currently serves on Canfield's Hockey Boosters.

Anita and her husband Tony are the parents of three children: David, Josh, and Vanessa. The Gestosani's reside in Canfield and are members of St. Michael's Church.



Anita Gestosani



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New Members



Michael M. Arshoun
Internal Medicine, Radiology, Oncology
Western Health Northside Medical Center
1074 Gypsy Lane, Youngstown, OH 44501
 Med. Ed: Ain Shams University, Cairo Egypt
 Res: NY Methodist Hospital, Allegheny General Hosp.
 St. Elizabeth Health Center
 Fellow: Allegheny General Hospital
 Sponsored By: Eric W. Swenson, MD; Kenneth A. Kaplan, MD; Chris A. Knight, MD



John R. Becker Jr., MD
Neurology
1340 Belmont Avenue, Youngstown, OH 44504
 Med. Ed: Medical College of Ohio at Toledo
 Res: University of Pittsburgh, Pittsburgh, PA
 Int: Western Reserve Care System, Yo., OH
 Sponsored By: Michael J. Miladure, MD;
 Tejdeep Singh, MD, FACP;
 Donald Tamulonis, MD



J. Ray Bernal Jr., MD
Dermatology, Internal Medicine
7430 Southern Blvd., Youngstown, OH 44512
 Med. Ed: Youngstown State Univ./NEU/COM
 Res: University of Florida - Shands Hosp.
 Int: University of Florida - Shands Hosp.
 Sponsored By: Daniel W. Handel, MD; Anthony L. Mehle, MD;
 Janardan R. Tallam, MD



Patrick Brian Cestone, Jr., MD
Diagnostic Radiology
Cardiovascular & Interventional Radiology
St. Elizabeth Health Center, Dept. of Radiology
1044 Belmont Ave., Youngstown, OH 44501
 Med. Ed: St. Louis University School of Medicine
 Res: St. Elizabeth Health Center
 Fellow: St. Elizabeth Health Center
 Sponsored By: Janardan R. Tallam, MD; Eugene L. Potesia, MD; Richard J. Marina, MD



Charles F. Dumois, MD
Family Practice
1014 Lisbon Street, Canfield, OH 44406
 Med. Ed: Universidad Central Del Este Dominican Republic
 Res: Western Reserve Care System, Yo., OH
 Western Reserve Care System, Yo., OH
 Sponsored By: William T. Bartels, MD; Janardan R. Tallam, MD; Eugene L. Potesia, MD



Vivian Iaderosa Starr, DO
Internal Medicine
32 Jacobs Road, Youngstown, OH 44505
 Med. Ed: University of Health Sciences, Des Moines, IA
 Res: St. Joseph's Health Center, Warren, OH
 Int: Youngstown Osteopathic Hospital, Yo., OH
 Sponsored By: Marc Saunders, DO; Janardan R. Tallam, MD;
 Daniel W. Handel, MD



Milton James, MD
Ophthalmology, Retina Vitreous
Vitreous Retinal Consultants, Inc.
3695 Boardman-Canfield Rd., Ste. 200, Bldg. B
Canfield, OH 44406
 Med. Ed: Hahnemann Medical
 Res: Health Science Center at Syracuse, Syracuse, NY
 Int: University of Southern California
 Fellow: Eye Consultants of Atlanta, Atlanta, GA
 Sponsored By: Richard J. Marina, MD; Chris A. Knight, MD;
 Ronald M. Yarab, Jr., MD



James T. Kerrigan, MD
Orthopaedics
6470 Tippecanoe Road, Canfield, OH 44406
 Med. Ed: Medical College of Ohio at Toledo
 Res: Mt. Carmel Mercy Hospital, Detroit, MI
 Int: Mt. Carmel Mercy Hospital, Detroit, MI
 Sponsored By: Richard J. Marina, MD; Chris A. Knight, MD;
 Ronald M. Yarab, Jr., MD



Robert D. Lewis, MD
Plastic & Reconstructive Surgery
Orthotic Surgery
1074 Tippecanoe Rd., Ste 1, Canfield, OH 44406
 Med. Ed: University of Illinois
 Res: Akron General Medical Center
 Summer Health Systems, Akron, OH
 Manhattan Eye, Ear & Throat Hospital, NY, NY
 Sponsored By: Daniel M. Garritano, MD; Janardan R. Tallam, MD; Eugene L. Potesia, MD



Jorge A. Martinez, MD
Pain Management, Anesthesiology
755 Boardman-Canfield Road, Ste A-3
Boardman, OH 44512
 Med. Ed: University of Guadalajara, Mexico
 Res: Allegheny General Hospital, Pitts., PA
 Int: St. Rafael Hospital, New Haven, CT
 Sponsored By: Richard J. Marina, MD; Chris A. Knight, MD;
 Janardan R. Tallam, MD



Gopal J. Nigam, MD
Pediatrics
4308 Belmont Avenue, Youngstown, OH 44505
 Med. Ed: KGS Medical College, University of Lucknow, India
 Res: Beth Israel Hospital Medical Center, NY, NY
 Sponsored By: Sudershan K. Garg, MD; Hira L. Khanna, MD;
 Subbarayud Cuddapah, MD



Manu Sethi, MD
Anesthesiology
Bel-Park Anesthesia Associates
602 Parmalee, Ste. 110,
Youngstown, OH 44501
 Med. Ed: University of Cincinnati
 Res: The University Hospital, Cincinnati, OH
 Int: The Christ Hospital, Cincinnati, OH
 Sponsored By: Ronald M. Yarab, Jr., MD; Chris A. Knight, MD; Janardan R. Tallam, MD

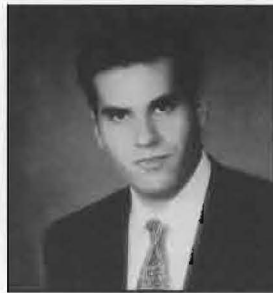
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New Members



Roberto L. Maldonado, MD
Diagnostic Radiology
1044 Belmont Avenue,
Youngstown, OH 44501

Med. Ed: University of Puerto Rico
Redcy: St. Elizabeth Health Center, Youngstown, OH
Int: St. Elizabeth Health Center, Youngstown, OH
Sponsored By: Richard G. Barr, MD; Steven Auel, MD;
Mehri Salemaspour, MD



James N. Pantelakis, MD
Orthopaedic Surgery
835 McKay Court, Suite 100,
Boardman, OH 44512

Med. Ed: Northeastern Ohio University
Redcy: Mt. Carmel Medical Center, Columbus, OH
Int: Mt. Carmel Medical Center, Columbus, OH
Sponsored By: Raymond J. Boniface, MD; James E.
Boniface, MD; Thomas S. Boniface, MD



John M. Koval, MD
Internal Medicine
6505 Market Street, Suite 205
Youngstown, OH 44512

Med. Ed: Medical College of Ohio, Toledo, OH
Redcy: Youngstown Hospital Assoc., Youngstown, OH
Sponsored By: Ronald M. Yarab, MD; Richard J.
Mariau, MD; Janardan R. Tallam, MD



Robert J. Marx, DO
General Surgery, Endoscopy
250 DeBartolo Place, Suite 1622
Youngstown, OH 44512

Med. Ed: Kirksville Coll of Osteo Med
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Med. Ed: Autonomous University of Guadalajara
Redcy: St. Elizabeth Health Center, Youngstown, OH
Int: St. Elizabeth Health Center, Youngstown, OH
Sponsored By: Thomas E. Albani, Jr., MD
Robert G. Spratt, MD
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Defense of Estrogen

continued from pg. 14

without estrogen to protect the cells in women, Parkinson will develop.

The debate continues, however, over when, how, and with what formula replacement should begin. Some clinicians state that clinical depressions occur during the postmenopausal period and that estrogen may have value in treating depression. Again, an aging process may well be establishing itself and may need to be treated with hormones at some level. It has been said that dopamine was the most important discovery in the history of medicine. More and more, one sees evidence of that. Combining the knowledge we have of serotonin, estrogen, cortisol, noradrenaline, dopamine and thyroid, perhaps endocrinology may well be a sub-specialty of all clinicians.

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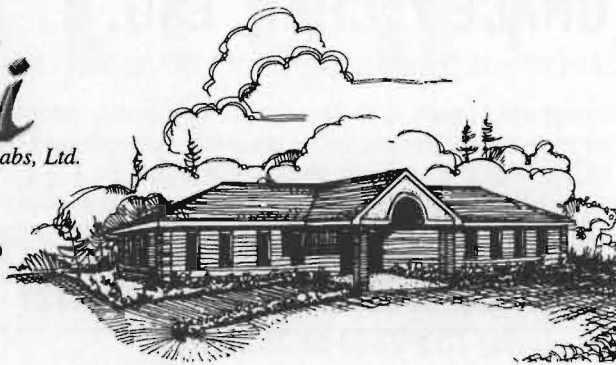
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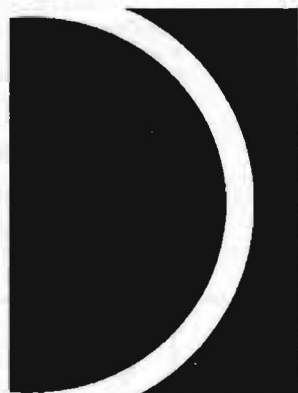
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