

THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY SINCE 1931

THE JAMBAR

YSU LARGELY UNAFFECTED BY OPIOID CRISIS

Graphic by *Lydia Tarleton/The Jambar*

RACHEL GOBEP

While the opioid crisis is still apparent in the Mahoning Valley, this trend is not seen on the campus of Youngstown State University.

The university has had six drug law arrests from 2015 to 2017 and 29 drug law referrals, according to YSU Crime Statistics for 2017, 2016 and 2015. YSU Police Chief Shawn Varso said none of these arrests or referrals have involved opioids.

Varso said he cannot recall the last time a student was arrested at YSU associated with opioids, but there was incident at the university regarding a non-student in 2016.

"We had a visitor in the lot near the Courtyard Apartments that had [overdosed] ... The gentlemen still had the needle in his arm when our officers got on the scene. They gave him Narcan, they were able to revive him," he said.

Varso said opioid use is not a problem on campus as it is in the surrounding counties, but just because the university police do not see it, that doesn't mean opioids are not used at YSU.

"I'm not naive to think that an [overdose] is not going to happen. With the usage that we have in our area, it's just a matter of time before we get somebody," Varso said. "My hope is that we get to them in time ... and we can get them help."

According to the Ohio Department of Health, an eight-year low has been reached in unintentional prescription opioid-related overdose deaths in Ohio, and there has been a four-year low in heroin-related overdose deaths.

The number of unintentional drug overdose deaths rose from 83 in 2016 to 112 in Mahoning County in 2017 due to fentanyl use.

"Illegally produced fentanyl, which is being mixed and used with other street drugs, such as cocaine, heroin and psychostimulants such as methamphetamine, is now driving up Ohio's and the Mahoning Valley's unintentional overdose deaths," ODH officials said, according to an Oct. 1 report by *The Vindicator*.

Ryan McNicholas, the coordinator of the Alcohol and Drug Compliance Report for YSU and the assistant director for marketing, fitness and wellness programs, said he believes that students are not using opioids because they are highly educated.

"[Students] have the sense of knowing the dangers of opioids or drug usage, so they tend to steer away from it. They also see the harm that has been within their networking or support systems ... family, friends who have been addicted. They have seen the outcome of that and obviously do not want to go down that road," he said.

McNicholas also said there have also been many campaigns regarding the use of opioids and drugs in general, and parents are beginning to have conversations with their children at a younger age.

He said that because of where the university is located, he believes the absence of an opioid issue on campus is a positive sign.

"Drugs may be more prevalent on the outskirts of campus or surrounding areas. I feel that our students do a good job of prioritizing what's important in their lives and that not being one of them," McNicholas said.

Ann Jaronski, the director of Student Counseling Services at YSU, echoed Varso's comments and said she believes that some YSU students do use and abuse opioids, but they do not tend to seek counseling services from the counselors on campus.

Jaronski and Ann Lally, assistant director of Student Counseling Services, are not addiction specialists, but generalists.

"[We] work with students who have a wide variety of concerns ... When we see a student, who has a concern that is outside of our expertise, we refer that student to an expert. In the case of major substance abuse and addiction, we refer to addiction professionals in the community," Jaronski said.

She said she believes there are multiple reasons why a person may use or abuse mind-altering substances.

"Oftentimes, someone tries a substance just to experiment, likes the effects, tries it again and then begins to abuse that substance because they like the way it makes them feel or not feel," Jaronski said. "Some people get addicted and cannot stop on their own."

She provided advice for anyone in the YSU community who may be considering turning to opioids or other substances.

"I would suggest starting with learning good self-care, not just self-indulgence, the stuff we do that makes us 'feel better,' strategies to deal with stress and mental health issues," she said. "If someone is struggling with anxiety, depression, bipolar disorder, substance abuse or other mental health issues, I would suggest seeking professional counseling. The counseling process will help them identify what the issues are and what the options are for addressing those issues."

According to a 2016 study by the University of Michigan in 2016, 7 percent of 870 respondents said they had misused opioid painkillers, and 4 percent had done so in the previous year.

Additionally, Lisa Laitman, the director of the Alcohol & Other Drug Assistance Program

at Rutgers University, said up to 30 percent of college students had substance abuse disorders in 2017.

A New York Times report found that opioid-related insurance claims from college-age patients at Blue Cross Blue Shield nearly doubled between 2010 and 2017.

When it comes to the use or possession of opioids and discipline on campus, students will be referred to the Office of Student Conduct.

Eddie Howard, vice president of student affairs, said a student would most likely be charged with possession and endangering behavior if caught with opioids, but every student conduct case is handled differently based on the information presented.

"Some situations require us to take immediate action ... In other situations, we might not take such an extreme measure," Howard said. "We may actually provide a student with an alternative sanction either through a student conduct conference or we might end up allowing a student to finish their coursework, but schedule their hearing at a later date."

He said in all situations, information is presented to a student after the initial investigation to tell them what they are charged with based on the Student Code of Conduct. The student then has the opportunity to make an adequate defense for the charges.

If an incident occurs off of campus, Howard said the university and the Office of Student Conduct have the power to intervene.

Read next week's *Jambar* for strategies and educational programs used at the university, including the collaboration between YSU and the Andrew's Student Recreation & Wellness Center to create a Drug & Alcohol Prevention Program.

FEATURES



3



9



6



16

INSIDE THIS ISSUE

NEWS

- 3 Students Combat Human Trafficking
- 4 Moot Court Nationals
- 5 Serving Through Faith/Prelude to Spring
- 6 YSU Social Media
- 7 Giant Eagle Curbside Delivery

ARTS & ENTERTAINMENT

- 8 Space Kat
- 9 Harlem Quartet
- 10 Mario's Movies

OPINION

- 13 Editorial

SPORTS

- 14 Women's Basketball Column
- 15 Tennis / Men's Basketball
- 16 Track & Field

JAMBAR STAFF

EDITOR-IN-CHIEF

Morgan Petronelli

MANAGING EDITOR

Rachel Gobep

NEWS EDITOR

Alyssa Weston

REPORTERS

Amanda Joerndt

John Stran

Courtney Hibler

Frances Clause

PHOTOGRAPHY EDITOR

Tanner Mondok

PHOTOGRAPHERS

Tyler Rothbauer

J. Harvard Feldhouse

SPORTS EDITOR

Brain Yauger

SPORTS REPORTERS

Dominic Joseph

Joshua Fitch

ADS MANAGER

Mary Dota

HEAD DESIGN EDITOR

Lydia Tarleton

ASSISTANT DESIGNER

Anastasia Truby

VIDEO JOURNALIST

Miles Garrett

DJ Davis

ARTS & ENTERTAINMENT EDITOR

Marah Morrison

ARTS & ENTERTAINMENT REPORTERS

Mario Ricciardi

Victoria Remley

COLUMNIST

Brian Brennan

HEAD COPY EDITOR

Samantha Welch

ASSISTANT COPY EDITOR

Robin Stears

SOCIAL MEDIA CURATOR

Brent Bigelow

WEB MANAGER

Brady Sklenar

ASSISTANT WEB MANAGER

Ryan Peplowski

BUSINESS MANAGER

Mary Dota (mfdota@ysu.edu)

CONTACT US



thejambar@gmail.com



330.941.1991



330.941.2322

ADVERTISING



thejambarad@gmail.com



330.941.1990



THEJAMBARYSU



JAMBARVIDEO



THEJAMBAR



STUDENTS COMBATING HUMAN TRAFFICKING WITH NEW ORGANIZATION

Photo by *Tanner Mondok/The Jambar*

JOHN STRAN

A group of students at Youngstown State University are attempting to raise awareness about the issue of human trafficking in the area.

The Youngstown State University Coalition Against Human Trafficking is in the process of becoming a student organization whose goals, along with raising awareness, are to educate the YSU community and in turn, prevent human trafficking from happening in and around campus.

Alexis Heldreth, a sophomore history major and treasurer of Y-CAHT, said the moment people become aware of the issues, they become safer and obtain the power to help halt human trafficking.

“If even one potential victim is able to get themselves out of harm’s way because Y-CAHT has taught them the red flags of human trafficking or made them aware of how local the problem really is, then the coalition is a success,” Heldreth said. “We want to make the university better and we want to be a resource

for victims, potential victims and those who want to help stop trafficking.”

Human trafficking has been a recurring issue in Youngstown. The heavy vehicular traffic that passes through the freeways and highways within and just outside the city are just one reason the crime is sometimes easy to commit and difficult to stop.

Though the issue has been known to happen in Youngstown, more specifically near YSU’s campus, this is the first group of its kind at YSU.

Heldreth believes there wasn’t a group previously because people tend to think of human trafficking as a national issue and not a local one.

“I think, in general, human trafficking is a crime that people perceive as existing everywhere but where they live,” Heldreth said. “I know before I took Susan’s class, I was not aware that this was something that happened in Youngstown, let alone at YSU.”

Heldreth was referring to Susan Laird, sociology professor at YSU and Vice President of the Northeast Ohio Coalition Against Human Trafficking.

Laird has noticed many students in her classes having a passion

about the topic, but was still surprised so many students wanted to join at the onset of the group.

Heldreth said about 20 students attended the first meeting and indicated they wanted to be part of Y-CAHT.

One student who joined the group was junior general studies major Francine Hazy who is now secretary of the group.

Hazy is interested in joining the group because a student in one of her YSU classes had previously been arrested on human trafficking charges.

“Knowing that I had sat across the aisle from him three days a week for an entire semester shocked me and it made me realize just how close to home this issue can be,” Hazy said. “I have always felt safe and secure on campus, but when I learned that, I became paranoid and afraid to be by myself in certain situations.”

With Y-CAHT, Laird hopes students understand the closeness of the issue just as Hazy did with her experience.

Students interested in joining can attend the group’s next meeting Jan. 28 at 5 p.m. in Debartolo Hall or email any of the officers, which includes Hazy and Heldreth.



MOOT COURT TEAM ARGUES IN 10TH-CONSECUTIVE NATIONAL TOURNAMENT

Photo courtesy of **Samantha Fritz**

AMANDA JOERDNT

The Moot Court team at Youngstown State University made their 10th appearance at the American Moot Court Association's national championship tournament on Jan. 12 and 13 at the University of Central Florida.

Four different teams were entered into the competition, and they each had either team or individual successes. Throughout the regional tournaments, 457 teams entered and only 80 teams were selected to attend nationals.

Ron Slipski, lecturer in the department of politics and international relations, has been coaching YSU's Moot Court team for the last eight years and has attended nationals every year.

He said he enjoys watching the students succeed in the regional and national competitions.

According to Slipski, the team endures months of preparation for the national competition and works with local attorneys.

"I have them read the problem and analyze all the cases, and we relate them to the case problem," he said. "Repetition and asking different questions is what I try to help the students with so when they get to nationals, there is no question the students haven't already heard."

The team entered in three regional competitions this year, which determined the individual teams who attended nationals.

Slipski said their success at nationals was very close to top-notch institutions at the competition and scoring was tense.

"There were 160 individuals that went to nationals and we

scored fifth and 25th in the nation," he said. "Two of our teams got into the round of 32 and one of them lost. The other team lost to who eventually won the national competition, so that's how equal we really are."

In Slipski's opinion, watching the students grow and make professional connections is an important aspect of moot court.

"They make friends with students who are at the best institutions in the nation. You go up against the best and they've grown a lot from that," he said. "It's nice to watch them interact with very high-leveled students and many of them make lasting friendships."

Jacob Tomory, a junior philosophy and political science major, has attended nationals two times, and he and his partner, Samantha Fritz, lasted to the round of 16 teams and were eliminated on a 2-1 decision.

Of the four teams entered, three made it to the second day, which is a huge improvement from last year, according to Brian Duricy, a senior mathematics and economics major, who has been a member of moot court since his freshman year.

In last year's competition, all three teams that made it to the second day in last year's competition got knocked out in the round of 64. This year, all three teams that went on to the second day made it to the round of 32.

Tomory said he hopes YSU will stay in the upper division of the rankings in the future.

"Looking at our overall performance, along with the performances of the teams ahead of us in the rankings, I expect [the teams] to maintain our national ranking of sixth, or maybe even move into the top five programs in the country," he said.

Tomory said moot court is a rewarding program and challenges you in all aspects of life.

"While all the trophies and stuff are great, the best part is how much [moot court] teaches you," he said. "I've learned a lot, not just about the law, but also about putting together a good argument, helping others understand your point and the value of hard work."

Brian Duricy, and within the last two years, Duricy ranked 139th and 113th in the nation, where this year he placed fifth individually.

Moataz Abdelrasoul, a junior pre-law major and second-year moot court team member, placed 25th individually in his first time competing in the national championship tournament.

According to Duricy, the YSU teams are always coming up with new arguments and viewpoints to have an edge over other institutions.

"I think every year at least one person on the team will have an argument, and you'll go to the tournaments and never see that elsewhere," he said. "I think it's nice that we have the ability to distill the argument down, and just hope [the argument] is stronger than the opponents."

Duricy said watching the team's hard work reflect at nationals is always rewarding.

"Everyone on the team is so talented and most of them want to go to law school, so it's great preparation for them," he said. "I think the fact that we're able to represent the university continually at the national tournament is really nice because there are schools from all over the world."



SERVING THE CAMPUS AND COMMUNITY THROUGH FAITH

Photos by **Frances Clause /The Jambar**

FRANCES CLAUSE

If Youngstown State University students are looking for a free warm meal during the winter months, the Catholic Student Association is hosting their Table of Plenty dinners at the Newman Center every Wednesday at 6 p.m.

The Newman Center is a Catholic Campus Ministry that serves students, faculty and staff through sacraments, worship, faith formation, study sessions and volunteer projects.

Thomas Brozich, director of the Newman Center and adviser of the CSA, said a way to begin involvement with the organization is through their Table of Plenty dinners.

"The Table of Plenty helps build community among students and opens up the door for others to come, as well," he said. "Everyone always feels welcomed, and it's a great start to

learn more about what the CSA offers."

Brozich, his assistant at the Newman Center, Darlene Marks and the students of the CSA enjoy finding different recipes to use for the weekly dinners, ranging from bacon fried rice to pasta and meatballs.

"There's a lot of diversity in the students that come here, and we have a lot of fun," Brozich said. "You don't have to be Catholic to be a part of the CSA or to come here for food, activities and company."

Besides the CSA's weekly meals, the organization is working to feed homeless people in the area through their outreach project this semester.

"The first time the CSA went out to feed the hungry was at the end of the fall semester," Brozich said. "After that, [the CSA] started talking about going out to do this once a month, but some of our students have been

doing it weekly on their own."

Marks is proud of the students taking initiative with the outreach project and finding their own time to dedicate their efforts.

"It's difficult to get back into the flow of things with the semester starting again for the students, but they are starting strong with the outreach project," she said.

The CSA has brought soup and burritos to homeless people at bus stations in the Youngstown area, the Rescue Mission of Mahoning Valley and the Dorothy Day House.

"The first time the CSA went out to feed the hungry was a big success, and we fed over three dozen people and even gave out blankets and clothes," Marks said. "It doesn't take a lot of people to make a big difference."

Kayla Phares, a junior forensic science major and president of the CSA, said she hopes to recruit more students and get them involved

with volunteer opportunities.

"I became a part of the CSA during the fall semester, and it has been a great way for me to get in touch with my faith, meet new people and has allowed me to volunteer through the outreach project," she said.

Phares said volunteering is one of the most important components of the CSA, and as the newly elected president, she would like to see the organization reach its full potential in this area.

"Christians are supposed to help people," Phares said. "Showing God's love through kindness and volunteering feels good to do, and I think others should experience that."

To get involved with the outreach projects, sign up sheets are available in the student lobby of the Newman Center.

A NICE PRELUDE TO SPRING

BRIAN BRENNAN

In 1974, an unusual fad was taken up throughout the United States — "streaking," the act of running around naked in a public venue as a prank, dare or act of protest.

Streaking always made the news. A streaker disrupted the Oscars on live television. Country music singer Ray Stevens released a popular song about the craze. Streaking even made a brief appearance on the YSU campus.

Some members of the university community were amused; others were not, especially Campus Security Chief Paul Cress.

On the evening of March 7, 1974, at about 6 p.m., four male students emerged from the Kilcawley dormitory wearing nothing but ski masks and tennis shoes. They made their way past the amphitheater, where the fountain is now located, and headed to the engineering science building, Moser Hall. From there, the quartet walked back to the dorm.

That was that — the prank was pulled.

About forty people caught sight of the streakers as they strolled

through the campus core. The general reaction was one of wry amusement.

The Jambar quoted a typist in the English Department who saw streaking as "one of the healthiest things ... a nice prelude to spring."

On the other hand, a philosophy professor thought that streaking's "authenticity" and "meaning" would decline as more people disrobed. One elderly gentleman believed that streakers were voicing suppressed sexual urges. However, most of the men interviewed decried the absence of female streakers.

On March 11, another student attempted to streak through Kilcawley Center, but was prevented by Campus Security. Another exposed his backside through an open window in the Kilcawley dorm overlooking the amphitheater.

Additional would-be streakers were apprehended on the Kilcawley roof. Even so, one member of Campus Security simply shrugged it all off, believing that streaking was "better than riots and throwing rocks." However, his boss was not as understanding.

Cress immediately and correctly issued a cease and desist order in accordance with Ohio's Public Indecency Act. Streakers on

campus would now be subject to detention under state law.


Research for this article failed to come across any reports of arrests, perhaps because the streaking fad quickly passed from the local scene. However, Cress' creepy comments to The Jambar promotes speculation as to the fate in store for any streakers falling under his tender mercies.

"If people persist in this foolishness, we'll let the hospital decide whether they should be running around," Cress said. "Whether we'll prosecute them is dependent on the hospital's diagnosis."

Perhaps Cress viewed streakers as mentally ill or on drugs. Who knows? Of course, this was the same man who maintained a secret campus "enemies list" in his office. In the language of the time, Cress was really "uptight."

Today, streaking is inadvisable; under current Ohio law, one could be convicted of indecent exposure and labelled as a registered sex offender depending on circumstances.

For more information, see the relevant Jambar issues at <http://hdl.handle.net/1989/3238> and <http://hdl.handle.net/1989/3239>.



YSU SOCIAL MEDIA EXCELS IN NATIONWIDE REPORT

Photo by **Tanner Mondok/The Jambar**

ALYSSA WESTON

Youngstown State University's social media accounts came out on top during a nationwide report by Rival IQ and Up & Up Agency.

The report looked at over 300 NCAA Division I universities in the U.S. and ranked their Facebook, Twitter and Instagram pages based on a combination of page engagements, views, followers and other analytics.

Overall, YSU ranked third in Ohio and 173 in the U.S., but earned the highest marks on Twitter with a ranking of 61 in the U.S. and second in Ohio.

Kati Hartwig, coordinator of social media and digital marketing and two-time YSU alumna, is the university's first full-time employee whose job is solely dedicated to social media.

Hartwig said the students are what set YSU's social media apart from the rest.

"[YSU's social media has] evolved so much and really [followers] can tell the personality of the student body based off how the students are interacting with [YSU's] social media each year," she said.

Hartwig has recently focused the university's social media on user-generated content, such as sharing submitted photos.

Through Instagram's question and answer feature, YSU's account will ask followers for suggestions on campus related topics such as their favorite place on campus and advice for freshman.

In the next year, YSU's social media team hopes to have more posts that spark conversations and questions or take part in campus activities in different way, such as through video.

"We are always looking for ways to change it up," Hartwig said.

Adam Earnhardt, chair of the department of communications and social media critic, believes YSU's social media takes a lot of time to be engaging with followers.

"I think [YSU's social media] probably looks for tweets or other posts from students or perspective students that they can interact with," he said. "I think it shows they're being responsive to students."

Earnhardt said he thinks in the last five years YSU's social media has become more active on

platforms are used by traditional college-aged students: Snapchat and Instagram.

According to Earnhardt, social media is one of the biggest channels that YSU or any university has to reach students or potential students, and he praised YSU's social media staff for their ability to tastefully take pop culture references and memes to engage with followers.

"[Social media users] have to toe the line between being funny and potentially being offensive and [YSU's social media] does a really good job of towing that line," he said. "They are able to add a human touch to [the social media accounts], which is sometimes hard to do."

Lexi Timko, a senior communications major and social media assistant for YSU, explained that with personal social media, users "do what they want" as far as content, whereas YSU's social media is more focused on what the audience wants.

Timko said she credits the university's social media success to Hartwig.

"[Hartwig] being so involved is what connects our audience with the university. She does such an amazing job. I just feel she really

connects with our students here at YSU," she said.

Since Timko's time as a social media assistant, she has learned tactics to change profile theming and aesthetic, partaking in conferences and works to coming up with new ideas to evolve YSU's social media.

"We want to tell the story of our university and show what we value through our posts," she said.

According to Hartwig, YSU's social media strives to allow its followers have a say and make them feel as though they are a part of YSU whether they are an alumnus, community member, student, faculty or staff member.

"With social media [society] always wants to feel like [they] are a part of something bigger. Everybody feels like they have something to say, and [YSU's social media] wants them to," she said.

Hartwig said YSU is that "something bigger" that followers can be a part of.

"No matter where [the YSU community] goes we will always be right there and they can follow us and hang out with us, at least digitally," she said.

Photo by *Tyler Rothbauer/The Jambar*

GIANT EAGLE PROVIDING CURBSIDE DELIVERY TO YSU STUDENTS

COURTNEY HIBLER

Youngstown State University is partnering with Giant Eagle to provide students with a fast and simple curbside grocery delivery service on campus.

This service allows on-campus and commuter students to order their groceries through the Churchill Commons Giant Eagle in Liberty with a required \$35 minimum purchase. Orders can be placed using a debit or credit card and students can sign up at www.gianteagle.com/ysu.

When students sign up for the service, they are encouraged to use their student e-mail address to receive delivery notifications immediately.

Vaughn Myers, associate director of Kilcawley Center, said Giant Eagle has agreed to waive any delivery fees, and the groceries will be delivered on Mondays and Thursdays to the Cove in Kilcawley Center.

“Students will then be able to pick up their groceries,” he said.

“We strongly encourage YSU students to use this because if it all goes well, we would like to offer this to faculty and staff too.”

Myers said the number of orders placed will be limited in the beginning, but as the curbside delivery gains more interest, an expansion of orders will be made available.

According to Myers, the idea for curbside grocery delivery came together when Michael Cardwell, assistant director of retail of Kilcawley Center, reached out to Giant Eagle in Liberty.

“They were already offering Curbside Express and were excited to partner with us,” Myers said. “They didn’t hesitate to say yes and seemed very eager to get this started.”

Myers said the initial discussion for this service took place last spring, and Giant Eagle was the only grocery store offering curbside and delivery services.

In his opinion, this will be something convenient and easy for students on campus.

Louis Rendes, a senior computer information systems major, said this is a great idea and will provide options to those who may not have any means of transportation.

“Several of my classmates are from Nepal and don’t have any way to get to a grocery store,” he said. “This will drastically help them out since they can pick their groceries up right on campus.”

Haley Wilbert, a freshman pre-respiratory science major, said a lot of students will be able to utilize this system.

“I transferred here from Pittsburgh, and a lot of students had to find a bus route or a friend with a car in order to get food,” she said. “I know people who had to walk to the store, which was almost three miles away.”

Wilbert said two of her roommates are international students and cannot drive to the store, struggling to find ways to reach a way to buy their food.

“I’m really excited YSU is starting this and they keep improving things on campus,” she said. “I’ve never been happier, and it’s nice to see YSU supporting their students.”

Myers said there has been a great amount of growing positivity for this service and he looks forward to seeing how this will work.

“It can only grow as much as we allow it to, and I hope to see this become successful for the YSU community,” he said.



Photo by J. Harvard Feldhouse/The Jambarr

SPACE KAT BRINGS AUTHENTIC TEXAS BARBECUE TO YOUNGSTOWN

VICTORIA REMLEY

Space Kat barbecue in downtown Youngstown was created through passion and a love of making people happy. Jack Zizzo, the chef and owner of Space Kat barbecue, started the business one year ago.

“I had been traveling and cooking for about 10 years in various cities, and it’s my way of bringing what I learned back to the folks of Youngstown,” Zizzo said.

Zizzo rents Space Kat’s kitchen out of The Draught House, and said he came upon this idea from seeing it in practice in Austin, Texas. When he discovered The Draught House’s kitchen was vacant, he took a trip to Youngstown to meet Jordan Klucinec, the owner of The Draught House.

He pitched Klucinec his idea for Space Kat barbecue, and then later moved his business venture into The Draught House.

Space Kat provides a full barbecue menu authentic to Central Texas, and Zizzo uses dry rub, salt and pepper and a marinara sauce over a live fire to cook the barbecue.

He said people should come to Space Kat first to get away and relax.

“I think it’s a very comfortable environment for people,” he said. “Whether you just want to drink, or if you want to eat, the bar setting here is very warm and comforting.”

Space Kat gives Youngstown a chance to experience authentic barbecue, which Zizzo said is hard to find in the Youngstown area. He said they cook everything low and slow, and it shows in the flavor of the food.

“We try to treat our ingredients very well and just put a lot of love into what we do,” he said.

Zizzo opened Space Kat because he was passionate about running his own business, and in his opinion, working for other chefs limits the amount of creativity he can have.

“To me cooking is an art form and it’s my way of expressing myself, so that was the most important thing,” he said. “No matter where I was, I wanted to showcase my food and my style.”

Nick Tancabel, a Youngstown State University senior math major, admired Space Kat’s food, and said his father is a butcher, so he grew up around a lot of fine cuts of meat and the barbecue is very tender.

“It’s very flavorful. I’ve kind of learned how to really pick apart a good piece of meat,” he said.

Tancabel visits Space Kat barbecue for the atmosphere, and said the restaurant is a hidden gem in Youngstown.

“You see the YSU atmosphere, you see the Browns helmet up top [on the wall behind the bar] and it’s very much like home,” Tancabel said.

Josh Fromel, a YSU senior electrical engineering major, said he enjoys the food.

“The food is some of the best I’ve had in Youngstown. I get the beef tri-tip. It’s one of my favorite meals to have downtown,” he said.

Fromel eats there because he loves the atmosphere of The Draught House.

“I came here one night, and I saw that they were serving food and I had to try it just for the heck of it and I loved it,” he said.

Space Kat barbecue is open Wednesday and Thursday from 4 to 10 p.m. and Friday and Saturday from 4 p.m. to 2 a.m. Its last operating week until March is the week of Jan. 20.

Photo by *Marah J. Morrison/The Jambar*

WORLD-CLASS QUARTET COMES TO YOUNGSTOWN

MARAH J. MORRISON

The Harlem Quartet, a New York-based stringed quartet, presented a master class for the Dana School of Music students on Jan. 16 in Bliss Hall.

Along with the master class, the acclaimed quartet performed on Jan. 17 at the Ford Family Recital Hall. The quartet was founded in 2006 by The Sphinx Organization, a national nonprofit organization dedicated to building diversity in classical music.

Since its public debut in 2006 at Carnegie Hall, the quartet has appeared throughout the United States as well as France, the U.K., Brazil, Ethiopia and South Africa.

Jaime Amador, viola, said once he saw Youngstown State University music students change the way they played during the master class, he could tell by their faces that they enjoy what they do.

“[They’re] actually getting what you’re explaining to them,”

he said. “I think that’s one of the best things for me. That fulfills why we’re here.”

Amador said he enjoys playing music with different people, which got him into music, and when it comes to playing music with different people, it doesn’t matter what kind of language they speak or if they’re a different nationality.

Ilmar Gavilán, violin, said he enjoyed the questions from students after the master class, and he thought they were engaged and to the point.

“Rather than general questions, they were really made with objective of growing,” he said. “That makes me feel that the class was not just symbolic but made an impact.”

Gavilán said he never tried to become a musician, and it was done little by little, but in the end he was happy he ended up where he is today.

“I grew up in a musical family,” he said. “It was so natural. It was a part of everything around me.”

Melissa White, violin, said the music students at YSU are bright and great thinkers. She said they are talented and their

questions were stimulating.

“Their music making was wonderful to hear and to get to work with them and see how fast they were to pick up on ideas and try all of our suggestions was exciting,” she said.

White said she saw the violin on “Sesame Street” when she was four and asked her parents if she could play.

“After two years of begging for a violin, I got to start playing,” she said.

“Youngstown feels close to home,” White said. “It’s nice to come back and have our friends be here with us.”

Felix Umansky, cello, said he could tell the students enjoy performing and the music, and as a listener, made it much more engaging for him.

“They were really eager to try all of our suggestions,” he said. “It was a really engaged group of students.”

Umansky said he always grew up with music in his home and his parents are both musicians, so that is how he got started.

“As I got older and older, I realized that music is the way I felt most comfortable expressing myself as a person,” he said.

MARIO'S MOVIES: 'GLASS' IS HALF EMPTY

MARIO RICCIARDI

Mic drop. I'm out. I think after the most savage headline of my career, I deserve a week off. Plot twist, I can't. I have to meet a 500-word deadline. Not a very M. Night Shyamalan worthy plot twist huh? But come on, that's still a pretty epic headline right? I kid you not, some guy on Rotten Tomatoes' blurb was "'Glass,' it turns out, is broken." Nice try, buddy.

For those who don't know who M. Night Shyamalan is, he is the man behind such twists endings as the dead people in "The Sixth Sense," the asphalt road in "The Village," and the secret trilogy between "Unbreakable," "Split" and "Glass." Honestly, it's a toss-up if that clears things up for you or not. What you should know is that his name is totally worth taking the time to learn how to spell and he is as savage as my headline.

Shyamalan is the definition of "Listen to Your Heart" by Roxette. Go look at his Rotten Tomato scores. He makes huge hits like "The Sixth Sense," and "Signs," then makes really bad movies like "The Last Airbender" and "After Earth," then comes back with hits "The Visit" and "Split." His movies have more twists than a pack of Red Vines, and on top of that his career is an actual twist.

The man takes major swings and instead of letting bad reviews get him down, he starts preparing for his next time up at bat. You usually get that kind of baseball talk over in sports with Brian Yauger, that's how you know I'm serious. Digression: I have to take sports talk seriously because when people talk about it I have

no idea what's going on, so I have to pay close attention to the context clues so I know how to respond.

Saturday morning my mom asked me how "Glass" was and my immediate response was "interesting." I then kicked myself for not just saying good and moving on because I then had to explain 20 years worth of films to her. It all starts with M. Night Shyamalan's 2000 superhero film "Unbreakable."

"Unbreakable" follows everyman David Dunn, a star athlete in college who has never gotten sick, who becomes the sole survivor of a devastating train crash. Samuel L. Jackson's character Elijah Glass spends the movie trying to convince Dunn that he is superhuman.

Elijah was born with bones so weak that a rough shove will leave them shattered. His rationale is that if he was born with such weakness there must be someone on the other end of the spectrum born with great strength. The twist is that "Glass" is responsible for disasters like the train crash to find this person. He turns out to be the villain.

"Unbreakable" is a very honest film about people, not superheroes. It is crafted as a character study first, nodding to the mythology second. 2017's "Split" is about the 23 warring personalities that share the body of Kevin Wendell Crumb. A handful of the personalities are trying to awaken a 24th personality called The Beast. The Beast has superhuman strength and can scale walls like Spider-Man. How do the personalities awaken The Beast? By feeding it young girls.

The film is essentially an unsettling Hitchcockesque thriller about how the latest captives try to escape. At the end of "Split,"

David Dunn shows up confirming that the two films, spanning a 17-year absence, are connected. That's the set up for "Glass," the final entry in the trilogy.

"Glass" rounds up the three super personalities and puts them in a psychiatric ward. The villain of this film? Dr. Ellie Staple — a psych doctor tasked with convincing the three that their abilities are no more than delusions of grandeur.

In terms of review, "Glass" is an unsatisfactory ending to a trilogy that took so long to execute. Its biggest flaw is its inability to use comic book zeitgeist appropriately to balance the exposition and grounded tone of the film. The majority of the film lacks on its own, but when put next to its predecessors it's a far cry from a worthy finale. The build up to its ending is ultimately empty.

That said, the ending is one of the most unique and thought-provoking ends to a comic book movie I have watched. It stays true to the pre-Marvel studios craze, and leaves the audience with a challenging, albeit powerful, endnote. This conclusion left me "Split" on rating the film, but I had to maintain an "Unbreakable" critical mind for this review of "Glass."

"Unbreakable" 🍷🍷🍷🍷 3/5 Penguins

"Split" 🍷🍷🍷🍷 4/5 Penguins

"Glass" 🍷🍷🍷🍷 2/5 Penguins

Plot twist, this review is three reviews in one.



Photo by **Tanner Mondok/The Jambar**

After Winter Storm Harper dumped around 10 inches of snow in Youngstown over the weekend, Donald Priour, a physics professor at Youngstown State University, built igloos on campus between Ward Beecher Hall and Maag Library.

CLASSIFIEDS

HOUSING

CHRIS HAS HOUSES!

Nice all-inclusive homes with individual leases. For your group of four or more, from \$475 each. Call Chris: 330-743-7368

ALL PARTIES WELCOME

CT Rentals has nice, city licensed, all-inclusive houses and apartments. Now leasing for tenancy. Our package includes: All appliances plus over 90 channels of cable T.V. broadband internet with WiFi and ADT Security. All private bedrooms with individual leases and all utilities, maintenance and grounds keeping included from \$475.00 a month per person. Call Chris 330-743-7368

FURNISHED LUXURY APARTMENT

In Boardman- Historic Newport Drive. 6 minutes from Univ.
Fully appointed- One bedroom
\$800.00 month- All inclusive
Call alumnus- Robert 954-614-8733

HELP WANTED

HELP WANTED

All Star Driving School — Hiring full time or part time. Great opportunity for college students looking for job to fit around school schedule. Must be 21. Will train no experience necessary. Call or email 330-726-3377, info@allstardriving.net for further info.

OTHER

NEED BIRTH CONTROL, PAP SMEAR, STD TEST? PREGNANT?

Dr. Hill, 1350 Fifth Ave., near YSU campus, all insurances, walk-ins. Mon-Sat - 330-746-7007, askthedoctor@aiwhealth.com, answered confidentially.

United
Way



AD

UNITED WAY OF YOUNGSTOWN AND THE MAHONING VALLEY IS SEEKING VOLUNTEERS FOR THE VOLUNTEER INCOME TAX ASSISTANCE ("VITA") PROGRAM.

In collaboration with our community partners and VITA sites, we provide low-income residents with free tax preparation assistance to help them maximize available credits and receive tax refunds. Free Training is provided for Volunteers and flexible schedules are available. Excellent networking and resume building opportunity for college students.

FOR MORE INFORMATION PLEASE
CONTACT TRINA BENSON
AT UNITED WAY (330).746.8494

YOUR AD HERE

CONTACT MFDOTA@YSU.EDU

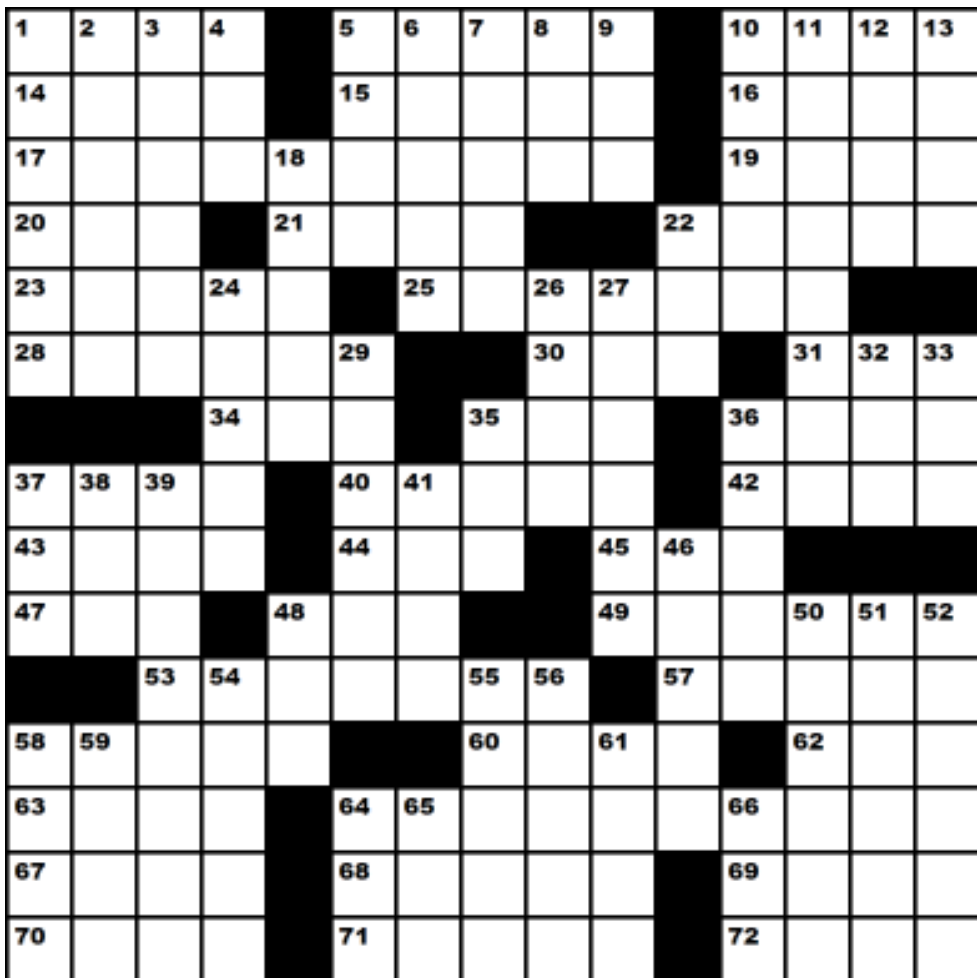
Welcome to
TRIPP LAKE CAMP
Teach tennis, swim, canoe, gymnastics,
kayak, water ski, photo and more

Tripp Lake Camp is looking for males and females who like to travel, meet new people, and teach activities to children. If you're interested in spending your summer in MAINE, give us a call or stop by our website for more information.

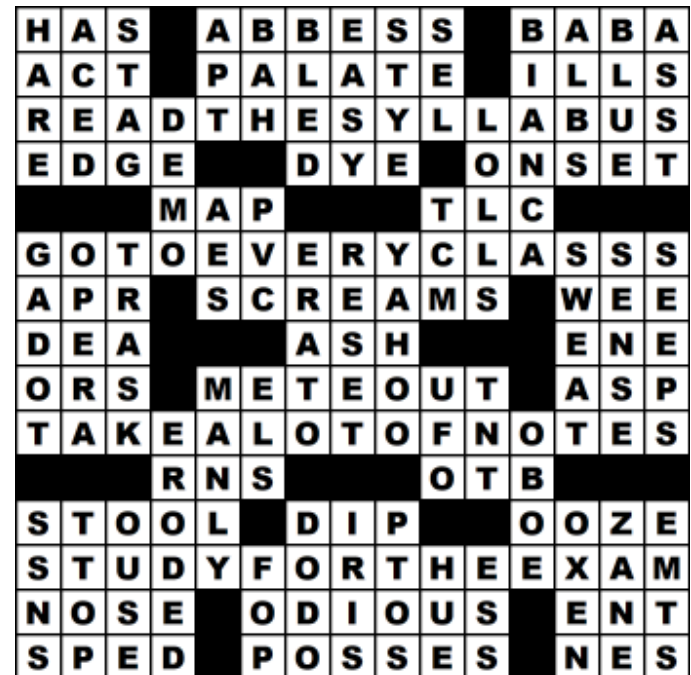
1-800-997-4347

www.triplakecamp.com

TRIPP LAKE CAMP for Girls



SOLUTION TO LAST WEEK'S PUZZLE



FIND THE SOLUTION TO THIS WEEK'S PUZZLE ONLINE.

PENGUIN NIGHTS**Across**

- Swiss mountains
- Word in a lower-division class description
- "Takes care of," Soprano-style
- ___ a soul (no one)
- Remote button
- Web addresses
- One of many 64 Across activities (2 wds.)
- Many a YSU student
- "Firefly" captain
- First place?
- Sorority sisters, in the past
- Like 42 Across and 32 Down
- Liquidate (2 wds.)
- ___ Pi Eta
- Like Jones Hall
- Choose
- Web-crawling software
- Business abbr.
- Trendy TriBeCa neighbor
- Hostess snack cake

- "Not Your Granny's ___"
- Soba noodle alternative
- Oodles (2 wds.)
- Placement test
- Fall Career Fair month (Abbr.)
- After taxes
- Put away the groceries?
- Cowboy's rope
- Sex ed topic
- World Wildlife Fund symbol
- Target of Bill Maher's "New Rule: stop wearing plastic shoes"
- ___-de-camp
- Ready to go
- ___ Ness
- January 25 Penguin Nights event in Kilcawley
- Woodwind that's usually black
- Per ___ (yearly)
- Assess
- Bartlett or Bosc
- Authority (Hyph.)
- Used Messenger, say

Down

- Kind of cracker
- Early Spanish vocabulary (2 wds.)
- Early round
- The S in GPS (Abbr.)
- Apple debut of 2010
- Post-it messages
- Bale binder
- Stimpy's pal
- The O in NATO (Abbr.)
- Lacking
- 64 Across offering (2 wds.)
- Went lickety-split
- 1040 form data (Abbr.)
- Japanese sport with bamboo swords
- New England cape
- Brothers' keeper?
- Like finals week
- "Mama Said Knock You Out" singer, ___ J
- Career record held by Pete Rose (2 wds.)
- Vietnamese noodle soup
- 2,000 pounds
- QB mistake (Abbr.)
- Kama ___
- ___ Solo
- World Cup cheer
- 64 Across beverage (2 wds.)
- Slurpee alternative
- Shenanigan
- Response (Abbr.)
- Trousers measure
- "___ Fideles"
- With lots of skin art
- Earth pigment
- Fran Drescher role
- "Unbreakable Kimy Schmidt" roomie
- Clippity-___
- Grad gown
- QUEST project, say
- "Well, that ___ weird."
- One ___ million (2 wds.)
- Weekday when the Maag closes at 5 p.m.

THE JAMBAR

EDITORIAL

THE WAR ON NEWS MEDIA

This week has proved to be a whirlwind for news media organizations. From the Covington Catholic High School students versus the Native American veteran, to President Donald Trump telling Press Secretary Sarah Huckabee Sanders not to bother with White House press briefings — the media just can't seem to catch a break, and rightfully so.

As of now, the three released videos of the incident between the Covington Catholic students and Nathan Phillips, a Native American and Vietnam-era veteran, displays how each video showcases a very different perspective and story from one another.

Depending on which video is viewed first, the precedent of perceiving how the situation would be interpreted is set.

The first video that was released on Friday showed Nick Sandmann, a Covington Catholic student, squaring up against Phillips in a standoff on the steps of the Lincoln Memorial in Washington D.C.

 **NBC News** @NBCNews · 8h
In an exclusive interview with NBC's Savannah Guthrie, Nick Sandmann said he "had every right" to stand in front of Nathan Phillips, but now wishes he and his classmates "would have walked away and avoided the whole thing."
nbcnews.to/2Dtzhqq
1.4K 173 556

In the video, Sandmann is seen smirking while wearing the red "Make America Great Again" hat that was trademarked during Trump's presidential election campaign, while staring down Phillips as he sang Native American songs and beat on his drum.

The altercation took place during a colliding of events between the March for Life rally and the Indigenous Peoples March.

Once the first video was released, the news media took it and ran with it, without digging in too deep and waiting for details

to emerge. As a result, only Phillips' side was heard while the high school students were taking all of the heat.

The video went viral and the public ran to their phones and computers quickly to cry outrage at the situation. Unfortunately, the media had a direct hand in causing such an uproar. Suddenly, every station was dying to have Phillips speak out on their show and the Covington Catholic students were nowhere in sight.

Sandmann has since spoken out and claimed that he stepped in between Phillips and a group calling themselves the Black Hebrew Israelites in an effort to diffuse the situation.

Unfortunately, situations such as these that result in inaccurate storytelling and the vast spreading of rumors can ruin lives, and this is something that will follow the students forever.

Regardless if the students' actions were wrong or right, an accurate and honest picture has to be painted by the news media in order for the public to rightfully form their opinion instead of the media telling the story that best fits their political agenda.

Trump recently tweeted that he spoke with Sanders and told her not to bother with White House press briefing any longer due to the "ridicule" she endures by the press everytime she takes the podium.

 **AprilDRyan** @AprilDRyan · Following

There is a need for briefings!

12:10 PM - 22 Jan 2019 from Washington, DC

There has not been a press briefing since Dec. 18, 2018.

Trump is only adding fuel to this raging Dumpster fire of "fake news" the media is trying to subdue and the public's already skeptical opinion of the media is dwindling quickly.

The press is one of the only gateways the public has to honestly questioning their elected officials in power, which is a foundation

this country was built on.

Without this opportunity, the public is missing out on questioning one of the highest ranking elected officials in the country, who has been making very impactful decisions on their lives, such as the month-long government shutdown that is still in effect.

 **Donald J. Trump** @realDonaldTrump

The reason Sarah Sanders does not go to the "podium" much anymore is that the press covers her so rudely & inaccurately, in particular certain members of the press. I told her not to bother, the word gets out anyway! Most will never cover us fairly & hence, the term, Fake News!

140K 10:28 AM - Jan 22, 2019

But after the Lincoln Memorial incident, does the news media even deserve that opportunity at the moment?

We are living in a time when missing one detail can send a story spiraling in the wrong direction and result in an misconstrued meaning in the public's eye.

Once something goes viral, the news media is quick to pounce and report whatever they can about it, even if all of the facts aren't apparent at first glance — and this is absolutely wrong.

The media has now entered into a market where the quickest source wins, and this leads to inaccurate information being spread to its consumers — this has to change now.

As members of the media, we have to remember to tread lightly with our words for they have more impact and influence than we might initially conceive.

It's not only up to the media to change; it's also up to the public to question everything and not rely on single sources for their news.

We have to do better. We can do better, and we will do better.

Photo by *Brian Yauger/The Jambar*

THE WOMEN'S BASKETBALL TEAM DESERVES MORE ATTENTION

BRIAN YAUGER

A wise man once said, “put some respek on my name,” and it’s long past time to “put some respek” on the women’s basketball team.

The team currently sits at 14-5, third in the Horizon League, and they are hardly getting the attention they deserve.

Friday’s game against Wright State University was the most lively I’ve seen the crowd all season, which was well warranted. It was one of the most exciting games of basketball I’ve watched in my time covering sports.

I get that women’s basketball isn’t as popular a sport as men’s basketball, but this team has been playing out of their minds and deserves more credit for doing so.

As of Monday, the women’s team just set a program best — four different players receiving Horizon League Player of the Week. Alison Smolinski, Mary Dunn, Chelsea Olson and most recently, Sarah Cash have each earned the honor this year.

The Penguins are top five in the conference in nearly every statistical category.

Smolinski ranks fifth in the conference in scoring, averaging 13.8 points per game. Cash (13.1 PPG) and Dunn (12.8 PPG) round out the top 10 at seventh and eighth place respectively.

Melinda Trimmer is tied for the assists per game lead, averaging 4.1 a game. Chelsea Olson is the leader in defensive rebounds, bringing down an average of nearly seven per game.

I’m just bothered by some minor things —

there’s nothing overtly bad, it’s just the tiny details.

Like not dimming the lights and rolling out a red carpet during the player introductions for the women’s team like they do for the men. Granted, this could be a choice by the team, and if so ignore this, but the difference in spectacle is a bit jarring when you’re watching the teams on back-to-back days.

I know that may seem minute, but it’s something that’s irked me since I noticed it. There’s a different level of “hype factor” that’s glaringly obvious and can be viewed as one team being treated as “lesser” than the other.

Obviously, I’m not arguing that the men’s team should be treated lesser, quite the opposite. The men’s team, despite the results, has been playing very well over the last month and the

wins are absolutely going to follow suit.

The two teams support each other so well. The women’s team is always there at the men’s games and the men’s team is always there in the crowd showing their support. So, the issue isn’t with the two teams not supporting each other. It’s more of a general perception issue.

Things are starting to change around, however. The media has started to take notice. I’m not as alone in media row as I was to when the year began, so things are definitely looking up.

All I can say is, if you’ve yet to check this team out, do it. You won’t regret it. This group has the potential to be one of the best women’s basketball teams in YSU history and that’s not something I’d want to miss.

PENGUIN TENNIS PROGRAMS KICK OFF SEASON SECOND IN HORIZON

BRIAN YAUGER

The Youngstown State University tennis teams are gearing up for the spring portion of their schedule on Friday with the men squaring off against St. Bonaventure University and the women taking on the University of Pittsburgh.

The Penguin men were slotted just 10 points behind defending Horizon League champs Cleveland State University. The Vikings received all seven first-place votes

and had 49 points while YSU had 39 points.

The YSU women's team has won five straight postseason championships and tied with the University of Illinois-Chicago for the regular-season crown in 2018. They're slotted 12 points back from the first-place UIC Flames and received three first-place votes.

The men's team kicks off their season on Friday at home against St. Bonaventure University, then heads to Pittsburgh on Sunday to take on Duquesne University.

The women open their season on the

same day in Pittsburgh to take on the Panthers and have a busy weekend with matches on Friday, Saturday and Sunday. Saturday they return home to take on St. Francis University, Pennsylvania, before heading back out to Pittsburgh to take on Duquesne.

Conference play begins for both teams in late March.

Home games for the Penguins are played at the Western Reserve Tennis Center in Streetsboro, Ohio.



Photo courtesy of YSU Sports Information

AFTER ANOTHER LOSS, YSU MEN'S BASKETBALL LOOKS TO REBOUND ON THE ROAD

JOSHUA FITCH

"We have to get them tougher. There's no doubt about it, we've got to get tougher in those final 10 minutes."

Those were the words of Jerrod Calhoun, coach of the Youngstown State University's men's basketball team after its most recent loss to the Northern Kentucky University Norse, 82-74.

The Penguins have now lost two games in a row and eight of its last 11 overall. With a record of 6-15, there's no doubt it's been a tough year for such a young team.

Calhoun has mentioned several times throughout the season that his confidence in his players will not waiver and that their time is coming.

He said opposing teams better take advantage now while the Penguins are young, because the potential being portrayed now will come to fruition in the very near future. Calhoun added that the Horizon League will have to acknowledge YSU as a contender, because this teams' time is coming soon.

The young players he is referring to are guards Darius Quisenberry, Donel Cathcart III, Garrett Covington and forward Naz

Bohannon.

In the loss to Northern Kentucky, Cathcart led the way in scoring for YSU with 16 points, Covington chipped in 11 points and Quisenberry paced the Penguins with 10 points and 6 assists.

Once again scoring in crunch time was a problem for the Penguins. After playing inspired basketball throughout a game that included eight lead changes and eight ties in the first 29 minutes of the game.

Down the stretch, the Penguins were down just 60-57, but after a 13-4 run by Northern Kentucky, the Penguins couldn't gain any ground and were down 13 points by the 4:35 mark in the second half.

"There's a fine line. You're trying to encourage them. You're trying to be positive," Calhoun said in the post game presser. "I was going up and down the court trying to get some energy and life. They respond. Our guys played really hard, we're just having those tough moments down the stretch."

Junior guard Donel Cathcart echoed the same message post game, adding the team must find a way.

"[It] comes down to the wire. In the last 10 minutes of both games we just played,

that's where it kind of went away. That's when everyone has to come together as a team and figure something out," Cathcart said.

The losses to Wright State University and Northern Kentucky wrapped up a short two-game homestand for the Penguins. The team now hits the road for a three-game trip against Cleveland State University, Oakland University and the University of Detroit Mercy.

With only 10 games remaining on the schedule, all against Horizon League opponents, it's just another opportunity for the young Penguins team to grow.

"You know, it's unfortunate. I feel for my guys. Basketball is a long season. We all need to hit the reset button," Calhoun said. "It's a tough and emotional grind and these two games were [against] some of the best teams in our league."

Calhoun added that the team had through Monday off following the loss to Northern Kentucky and started preparations against Cleveland State Tuesday with a refreshed team.

Tipoff is scheduled for 7 p.m. on Saturday in Cleveland, when the Penguins visit the Vikings. You can follow the action on 570



Photo by Brent Bigelow/The Jambar



A WEEK OF BROKEN RECORDS AND HORIZON LEAGUE HONORS FOR YSU TRACK AND FIELD STARS

Photo courtesy of **Robert Hayes**

JOSHUA FITCH

It's been a busy week of success for two of Youngstown State University's track and field standout athletes. Chad Zallow for the men's team and Chontel Fils for the women's team each earned Horizon League Track and Field Athlete of the Week honors.

This is Zallow's second consecutive week earning the award, after setting a YSU and Watson and Tressel Training Site record in the men's 60-meter dash, with a time of 6.72 seconds.

Fils broke the triple jump record during her performance at the YSU College Invitational, while finishing in first place with a 12.28-meter jump. She also had a third-place finish in the long jump, even with a jump of 5.70-meters.

Zallow, the senior hurdle and sprint man from Warren, has drawn recognition from across the country and exploded onto the track and field scene since his start with the Penguins athletic program in 2016.

YSU Track and Field Coach Brian Gorby, who has been with the Penguins for 29 years,

acknowledges that Zallow really is a once-in-a-generation athlete.

"There's nobody whose ever come through our program like him. From a team perspective, he alone puts us in the top five or ten in the nation," Gorby said. "He's definitely the best track and field athlete in our program's history."

Zallow has been named on the NCAA All-America first team twice in his career, while earning just as many second-team honors. Even though Zallow is now a household name, it's what takes place away from the meets and the cameras that makes him so great.

"It's what people don't see. He separates himself based on his natural talent, but he outworks everyone, and we've had some great ones. He's an ambassador for the program," Gorby said.

He also gave credit to assistant coach David Townsend, who works with Zallow on a daily basis.

Chontel Fils, a junior exercise science major from Bradonia, New York, competing in jump events, is now making noise after her record-breaking performance in her most recent

appearance on the field.

"We knew she was going to be extremely good," Gorby said. "She's quiet and reserved, but she goes out there and gets it done. To do this this early is a total credit to her. Great personality and very humble."

Overall, the Penguins put up a strong performance at the YSU College Invitational.

The men finished in first place in the triple jump with a 13.72-meter leap by sophomore Daiquain Watson.

Last season, Watson, a natural science major, took home third place in the high jump at the Horizon League Championship meet.

Also taking first place, this time in shot put, was senior Dom Westbay with a throw of 17.17-meters. This first-place finish also broke Westbay's personal best throw by .01-meters, set in the YSU Icebreaker meet earlier in the season.

Other notable performances included freshman sprinter Suerethia Henderson, who won the 60-meter dash with a time of 7.68 seconds. Henderson followed up with a time of 24.93 seconds in the 200-meter run, finishing

in first place. Freshman Destiny Washington took second place in the 60-meter with a time of 8.71 seconds.

For the men's 60-meter dash, taking home second place was junior Collin Harden, finishing in eight seconds flat.

In the 5,000-meter run, senior Jennifer Muhlenkamp from Shreve, Ohio finished in second place with a time of 18 minutes and 18.33 seconds (18:18.33).

Gorby said to see so many of his athletes do so well lately is really a testament to the athletes.

"Got to give the kids and coaches a ton of the credit. It's a total team effort, our staff does a great job," he said.

The next meet for the Penguins will be Friday as they travel to Pennsylvania for the Penn State National Elite Invitational. After the two day meet is completed, the Penguins return home to take part in the YSU National Mid-Major Invitational beginning Feb. 1.

In total, the squad will participate in six meets before the Horizon League Indoor Championship meets Feb. 23.