

FOR RELEASE: Mailed February 2, 1988

EDITORS/NEWS DIRECTORS

The Board of Trustees of Youngstown State University will hold a regular meeting at 3 p.m. Friday, Feb. 5, in Tod Administration Building.

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vindi
warren
niles
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Yo business journal
WYSU-FM
WBBW
WHOT
WFMJ radio and tv
WKBN radio and tv
WYTV

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CORRECTION

In our Dental Hygiene release of Feb. 3, the sixth paragraph should read dental hygienist, not oral as stated at the end of the paragraph.

The following sentence should say appointments may take longer instead of take no longer.

Thank you.

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NEWS SERVICE
87- 259

FOR RELEASE: IMMEDIATE

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YOUNGSTOWN, Ohio - An "alternative" is defined as a choice between two or more courses of action.

"Alternatives" will be the focus of the National Collegiate Drug Awareness Week on the Youngstown State University campus Feb. 8-12.

The program and events are free and open to the public as well as the university community. They are being sponsored by YSU's Substance Abuse Services in conjunction with the National Interassociation Task Force on Alcohol and Other Substance Abuse Issues, and supported by YSU's Substance Abuse Awareness and Support Group.

Focus of the week's programs will be positive alternatives to alcohol and all types of drugs, including tobacco. There will be a student organizations' fair offering many alternatives, including the many activities available on campus, demonstrations of yoga and other relaxation techniques, lectures on stress management and other topics plus several movies on drug-related topics.

Drug Awareness Week will open at 10 a.m. Feb. 8 in Kilcawley Center Arcade. At noon there will be a kickoff by Dr. Charles McBriarty, vice president of Student Services.

The concluding event at noon Feb. 12 will be a talk by Penguin Football Coach Jim Tressel on athletes and drugs and drug testing.

Jain Savage, coordinator of the University's Substance Abuse Service, said, "College has a lot to offer, and we have a very enriching atmosphere

MORE

here. There should be no reason for students to be frustrated or depressed - there are a lot of places to get help. There is absolutely no reason people have to turn to drugs."

The schedule for National Collegiate Drug Awareness Week is:

Drug Awareness Week

- Feb. 8 -- 10 a.m., Kilcawley Arcade (also Feb. 10,11)
Displays and information by area drug abuse/support agencies
- 11 a.m., Cardinal Room, Kilcawley
Drug display and information by YSU Campus Security
- 11 a.m., Room 2069, Kilcawley
Movie, "Epidemic" (also at noon and 1 p.m.)
- Noon, Scarlet/Carnation Room, Kilcawley
Kickoff with Dr. Charles McBriarty, vice president of Student Services
Pete and Penny mascot appearance
- Feb. 9 -- 10 a.m., Scarlet/Carnation Room, Kilcawley
"Free Alternatives" Organization Fair
- 10 a.m., Buckeye I and II, Kilcawley
Stress Management Workshop by Dr. Judy Green, Counseling Services
- 11 a.m., Room 2069, Kilcawley
Movie: "My Father's Son" (also at noon and 1 p.m.)
- Feb. 10 -- 10 a.m., Room 2069, Kilcawley
"Imagery" presentation by Dr. Jim Esperon, Counseling Services
- 11 a.m., Room 2068, Kilcawley
Movie: "Sons' and Daughter's Drugs and Booze" (also at noon and 1 p.m.)
- Feb. 11 -- 11 a.m., Room 2036, Kilcawley
"Imagery" by Dr. Esperon
- Noon, Scarlet Room, Kilcawley
Movie: "America Hurts/Drug Epidemic" (also at noon and 1 p.m.)

MORE

ADD TWO

Yoga presentation by Pat Schneider and Danna Bozick of the
Women's Resource Center

1 p.m., Scarlet Room, Kilcawley
Relaxation Techniques by Dr. Mark Kittleson, H & PE

Feb. 12 -- 10 a.m., Carnation Room, Kilcawley
Stress Management by Dr. Judy Green, Counseling Services

11 a.m., Carnation Room, Kilcawley
Relaxation Techniques by Dr. Kittleson, H & PE

11 a.m., Room 2057, Kilcawley
Movie: "Medical Aspects of Mind Altering Drugs" (also at noon
and 1 p.m.)

Noon, Scarlet/Carnation Room, Kilcawley
Coach Jim Tressel speaking on Athletes and Drugs, and Drug
Testing

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