

FOR RELEASE:

IMMEDIATE

Mailed March 16, 1987

YOUNGSTOWN, Ohio - Dr. William M. Sherman, assistant professor in the Exercise Science Laboratory at Ohio State University, will present a program on "Nutrition for the Athlete" at Youngstown State University on Tuesday, April 7.

The program is free and open to the public and health care professionals.

It will be held at 8 p.m. in the Chestnut Room of Kilcawley Center, Spring Street.

Dr. Sherman has done extensive research and has had many articles published on nutrition and its effect on athletic performance.

The seminar is sponsored by YSU's Nutrition Society, Home Economics Department, Student Government, and the Mahoning Valley Dietetic Association.

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YOUNGSTOWN, Ohio - A 10-week course for emergency medical technicians will begin April 6 on the Youngstown State University campus.

It is being offered by St. Elizabeth Hospital Medical Center and YSU's Emergency Medical Technology (EMT) Paramedic Program and the Office of Continuing Education.

"Advanced Emergency Medical Technician Certification Course" will meet from 7-10 p.m. Mondays and Wednesdays, April 6 through May 6.

It will cover methods used in delivering care to the ill and injured and to emergency patients. The course consists of 30 hours of classroom instruction, 10 hours of laboratory practice, 8 hours of clinical experience in a hospital emergency department, and 24 hours of field experience.

It meets Level II national requirements and is approved by the Ohio Board of Regents. Successful completion of the written and practical examinations will lead to state certification as an Advanced EMT.

To be eligible, participants must have either a high school diploma or G.E.D., be over 18, hold a valid driver's license, and be an Ohio state-certified EMT.

Randall E. Coleman, a paramedic with Advanced Gold Cross, will be instructor. The fee for the program is \$140, or 125 for those registering prior to March 23.

For more information, or to register, call the YSU Office of Continuing Education at (216) 742-3358.

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