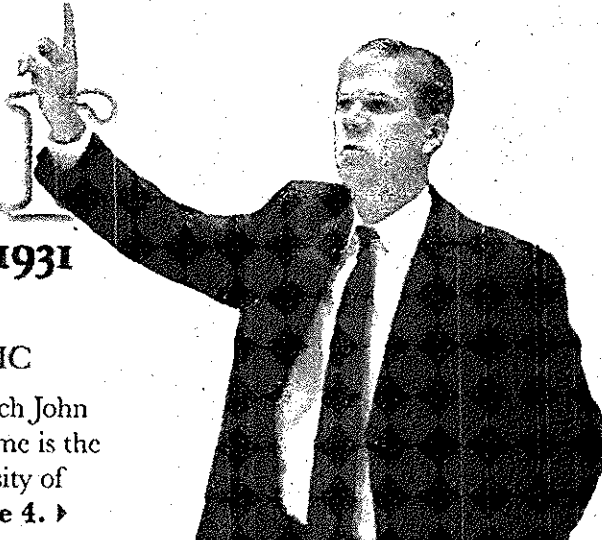


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TOO MUCH BOOZE?

Just because you got obliterated last night doesn't mean you have to feel terrible today. Hangover causes and cures. See page 8.



GEARING UP FOR UIC

YSU men's basketball coach John Robic hopes the second time is the charm against the University of Illinois-Chicago. See page 4.

VOLUME 74, ISSUE 45

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Also Inside



Lady Penguins hope to snap losing streak at Begghly Center. See page 4.

News Briefs



PARKS

Parks poetry reading
"Rosa Parks: Then and Now," a poetry reading celebrating the 50th anniversary of her historic protest, will be held at 7:30 p.m. Friday, Feb. 11 at the YSU SMARTS Center, 25B Federal Plaza West, in Youngstown.

Tax help

The YSU accounting department will be available from 11 a.m. to 3 p.m. Saturday in Williamson Hall to assist students with their tax returns. The help is offered as part of the Volunteer Income Tax Assistance program. For more information call 330-941-3084.

Odo lecture set for Feb. 19

National Security and Racial Profiling after Pearl Harbor: World War II and the Japanese Internment," a lecture by Franklin Odo, director of the Asian Pacific American Program at the Smithsonian Institution, will be held from 9 a.m. to 1 p.m. Saturday, Feb. 19, in the Ohio Room of Kilcawley Center.

Weather >> Snow



thejambarpoll question

Last question
Will the Browns win the Super Bowl under the direction of Romeo Crennel?
Today's question
Has Gov. Taft laid out a good plan for Ohio?

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COLUMBUS

Taft proposes new tuition cap

11,000 more students will become eligible for needs based grants under the Governor's proposed plan

Address

Ohio Gov. Bob Taft gave his "State of the State Address" Tuesday, which included a 6 percent tuition cap. (KRT Campus)

By Leonard Crist
The Jambar

An annual cap limiting tuition increases and better funding for grants and student loans are among the higher education budget initiatives Ohio Gov. Bob Taft outlined in Tuesday's "State of the State" address.

"With college costs rising and the state budget under pressure, we must act to make sure no Ohioan is denied a college education because they cannot afford it," Taft said. "I challenge our state colleges and universities to keep tuition increases to a minimum by becoming more productive and more collaborative."

To that end, Taft proposed a 6 percent annual tuition cap that can only be exceeded for the purpose of needs based scholarships. The actual percentage increase allowed for the proposed scholarship exception, as well as any changes in total higher education funding, will be revealed today when Taft unveils his final budget.

The current tuition cap allows for a 6 percent annual increase with an additional 3.9 percent allowable increase for the purposes of technological improvements and needs based scholarships.

"I thought there was a lot to applaud in his aspirations and hopefully the legislature will respond."



YSU President David Sweet

Taft reiterated his goal of increasing university enrollment by 30 percent over the next 10 years and said he will expand the Ohio College Access Network so more young people and their families will have access to college information and financing options.

Taft also announced plans to increase funding and expand the state's needs based grant program, which will make an additional 11,000 students eligible for the aid, as well as a new program that will provide more than \$100 million in low-interest student loans to Ohio students.

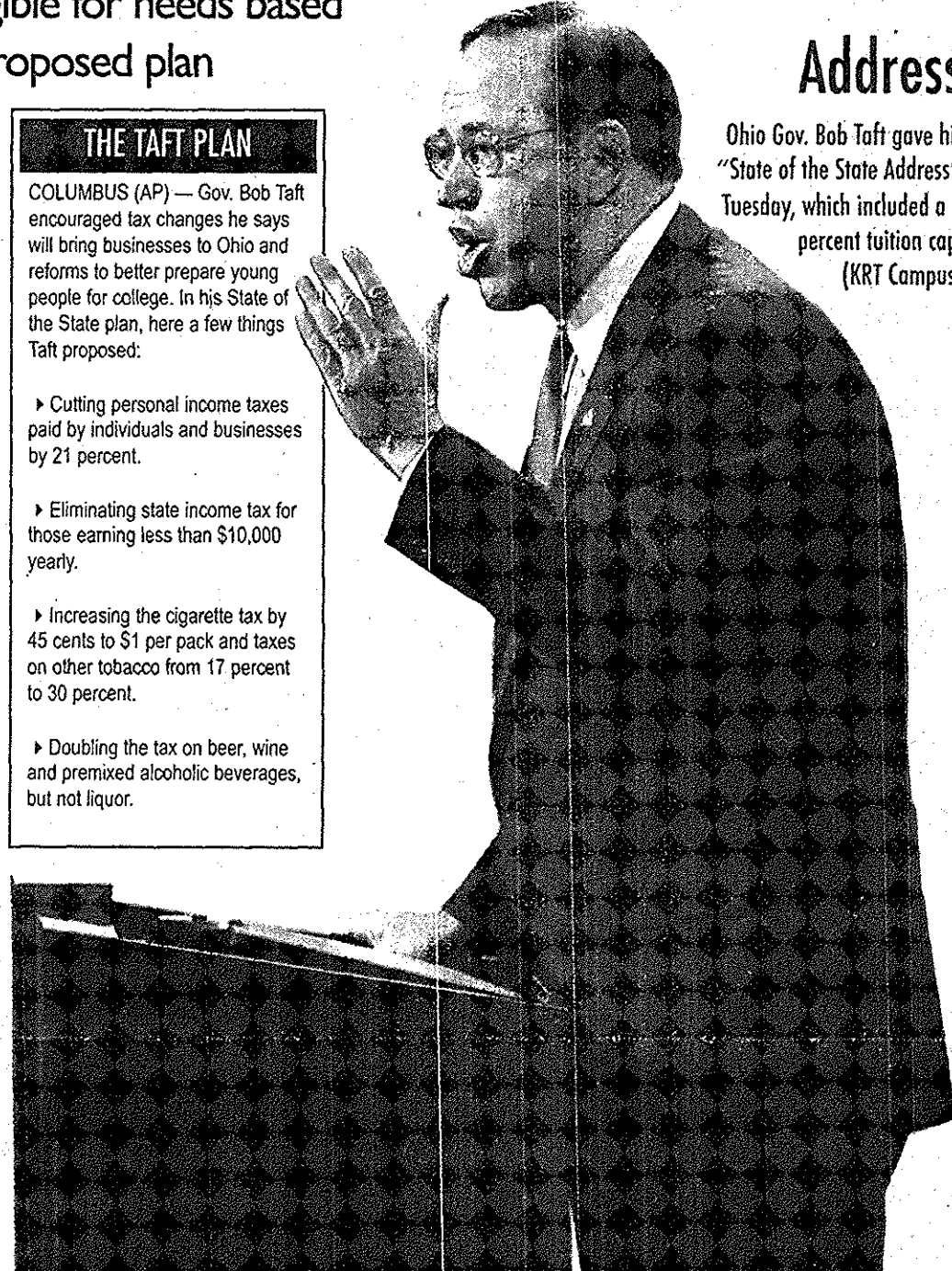
Youngstown State University President David

please see **TAFT**, Page 5

THE TAFT PLAN

COLUMBUS (AP) — Gov. Bob Taft encouraged tax changes he says will bring businesses to Ohio and reforms to better prepare young people for college. In his State of the State plan, here are a few things Taft proposed:

- ▶ Cutting personal income taxes paid by individuals and businesses by 21 percent.
- ▶ Eliminating state income tax for those earning less than \$10,000 yearly.
- ▶ Increasing the cigarette tax by 45 cents to \$1 per pack and taxes on other tobacco from 17 percent to 30 percent.
- ▶ Doubling the tax on beer, wine and premixed alcoholic beverages, but not liquor.



YSU

McCloud promoted to new position

Joe Edwards has been named interim dean of the College of Fine and Performing Arts

By Todd Griffiths & Maysoon Abdelrasul
The Jambar

The man that university officials have praised for his leadership and innovation has just accepted a full-time position in university President David Sweet's cabinet.

George McCloud, dean of the College of Fine and Performing Arts since 1997, has been named Special Assistant to the President for University Advancement. Joe Edwards, associate dean of the College of Fine and Performing Arts, was named interim dean of the college.

McCloud had been working for the past two years as a part-time special assistant to the president, a position that will be terminated. The former dean said he is



MC CLOUD



EDWARDS

excited about the opportunity to now work side-by-side with Sweet on a full-time basis. He added that he will work closely with Sweet and other administrators "doing whatever it is that needs to be done in the area of advancement."

Those areas of advancement include working heavily in marketing and communications, and the responsibility for many university promotions, special events on

campus, the universities radio station, WYSU-FM, and fundraising. McCloud said, though all aspects are important, he will be concentrating more on the fundraising and marketing front.

In addition to those responsibilities, he will have various duties given to him by the president.

Hugh Chatman, executive director of human resources and public relations, said McCloud's salary as special assistant to the president for university advancement would be \$129,000. His former salary as dean of the College of Fine and Performing Arts was \$116,878 with a supplemental \$7,000 for his part-time position as special assistant to the president.

Sweet said the increased salary for

please see **MC CLOUD**, Page 2

Bookstore construction closes lounge

By Mike Vlaiiku
The Jambar

Students looking to nap or study in the Watson-Tressel Lounge of Kilcawley Center will have to find a new place to go until this summer.

The lounge, located on Kilcawley Center's second floor, is closed until further notice to accommodate the changes being made to the Youngstown State University

please see **LOUNGE**, Page 3

SGA maps out appeal for more funding

By Christina Poe
The Jambar

Youngstown State University's recent tuition increase was the main agenda at Monday's Student Government Association meeting.

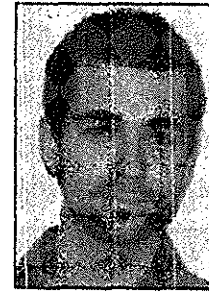
SGA members discussed their efforts in appealing to state legislators for more higher education funding. They also made plans for meeting with other universities about dealing with the state's current economic situation.

SGA President Angela Mavrikis said she and SGA Executive Vice President J.T. Holt recently met with YSU officials to discuss next year's 9 percent tuition increase. The two were informed the university administration was sending students an explanation through university CUE-mail.

Holt added the pair will also be attending the Inter-University Council, a gathering of all stu-

"We don't want to go to the state blind and say, 'hey we need this much money'"

Bob McGovern, SGA vice president for financial affairs



dent government leaders from Ohio state universities, in Columbus to further discuss the issue with other Ohio university student representatives.

Vice President for Financial Affairs Bob McGovern updated the body on the ad hoc committee SGA created to lobby in Columbus for more higher education funding.

please see **SGA**, Page 5

YSU Academic Senate passes admissions proposal

The proposal will add extra requirements to YSU's open admissions policy

By Christina Poe
The Jambar

Youngstown State University's Academic Senate passed a proposal last week that will add extra requirements to the university's current open admissions policy.

The senate's Academic Standards committee began research in November to identify at-risk students by comparing individual YSU GPAs with high school GPAs and ACT scores.

Tom Shipka, chair of the Academic Senate, said the passed policy is the "product of extensive consultation."

Shipka said members of the Academic Standards committee gathered input from YSU administrators and faculty for more than six months before drafting the proposal, adding the result of the committee's research is a well-crafted piece of work.

Professor Tod Porter, chair

please see **ADMISSIONS**, Page 2

ADMISSIONS, continued from page 1

of the senate's Academic Standards committee, said the policy is designed to increase the success of at-risk students by more tightly defining what classes they will take.

Porter said the committee decided students will be considered at risk if they have a high school GPA of 2.0 or lower and an ACT score of 17 or lower.

The conditional admissions policy will go into effect in the Spring 2006 semester to execute it with a smaller group of students and assess possible problems, Porter said.

Porter added these students would be confined to a certain list of classes until their status changes.

According to the proposal, at-risk students will be obligated to meet four requirements before being recognized as a regular student. The student

must complete any developmental course they have tested into, acquire six hours of non-developmental class credits, achieve good academic standing and sign and fulfill a contract with the Center for Student Progress (CSP).

According to the proposal, the contract will commit the student to work with the CSP until the conditional status is removed.

Tom Maraffa, special assistant to the president, said the conditional admission policy is aimed at retaining students.

Maraffa, a member of the Academic Senate, said the goal is to increase the chances that "at-risk" students receive a full education.

"If people enroll and drop out, it doesn't do us any good and it doesn't do the students any good," Maraffa said.

Despite the committee's concern about different high school grading standards, Porter said they were confident those GPAs have been accurate predictors of students' performances at YSU.

Porter added the policy is an addition to, not replacement of, YSU's current open admissions policy. He also said the policy is not a cure for the success of unprepared students, but a "modest step" in the right direction.

"Not all of them will succeed, but we're doing a better job of setting them on the right path," Porter said.

Call Christina Poe at (330) 941-1913

Mill Creek MetroParks JOB FAIR

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6:30 - 8:30 p.m.
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PARTICIPATING DEPARTMENTS

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- Police (OPOTA required)
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MCLOUD, continued from page 1

McCloud's position includes extra responsibilities he will be taking on.

"I think the objective is to lead to an investment that will have a greater turnout in an overall strategy," Sweet said.

With McCloud's resignation, Edwards will serve as interim dean until a new dean is hired through a nationwide search. The search is expected to conclude by the end of the 2005-06 academic year.

Edwards, a 36-year-

employee of YSU and former director of the Dana School of Music, said he is pleased with the state of the department at this time and is looking forward to working closely with the chairs and faculty of the department.

"Nothing in the department needs to be bluntly repaired or changed ... due to the fine job that McCloud did as dean," Edwards said.

Sweet agreed with Edwards.

"As dean of the College of Fine and Performing arts, Mr. McCloud proved his leadership abilities," Sweet said.

University officials also recently announced Eileen Grief, the interim executive director of financial services since July 24, has been named the executive director of financial services.

Call Todd Griffiths at (330) 941-1913

POLICE BLOTTER

A Youngstown State University police officer smelled marijuana in the University Courtyard Apartments on Feb. 4.

According to the police report, the officer saw five people standing outside the stairwell on the first floor holding alcoholic beverages. The officer saw a ceramic pipe used for smoking marijuana on the ground. The evidence and the individuals were taken to the station, according to the police report. After running the information, there was an arrest

warrant for one of the individuals.


YSUPD was sent to University Courtyard Apartments on Feb. 6 in reference to damage done on a parking lot entrance control gate. Building maintenance told police the camera showed a black Jeep Cherokee attempt to open the gate several times but was unable. The driver of the jeep then drove through the gate causing the arm to break.

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YSU African American History Month Celebration

Thursday, February 3
Lecture—"Slavery: The True Cause of the Civil War"
Dr. Paul Finkleman
7:30 p.m., Presidential Suite, Kilcawley Center

Friday, February 18
Play—"The Color of Love"
7:00 p.m., Chestnut Room, Kilcawley Center

Saturday, February 19
Panel—"Myths and Realities on Health Issues in the African American Community"
7:00 p.m., Ohio Room, Kilcawley Center

Tuesday, February 22
Panel Discussion—"Black Artistic Creations at Youngstown State University"
7:00 p.m., SMARTS Center

Friday, February 25
Film—"The Ghosts of Rwanda"
7:00 p.m., Ohio Room, Kilcawley Center

Saturday, February 26
Lecture—"The African American Male and the HIV/AIDS Crisis in the Black Community"
J.L. King
7:30 p.m., Ohio Room, Kilcawley Center

Art Exhibit—"Black Artistic Creations at Youngstown State University"
Monday, February 1-February 28
The Dean's Suite in DeBartolo Hall and the SMARTS Center
Panel discussion
Tuesday, February 22, 7:00 p.m., SMARTS Center

Monday, February 5
The African Marketplace
Noon-6:00 p.m., Kilcawley Center

Tuesday, February 8
Lecture—"The African American Struggle: Shifting Visions and Strategies"
Dr. Joe W. Trotter
7:30 p.m., Ohio Room, Kilcawley Center

Friday, February 11
Poetry Reading—"Rosa Parks: Then and Now"
7:30 p.m., SMARTS Center

Monday, February 14
Concert—Jazz Performance "Horns and Things"
7:00 p.m., Peabery's Café, Kilcawley Center

Thursday, February 17
Lecture—"The Black Family: Tracing Your Ancestry"
Roland Barksdale-Hall
7:30 p.m., Ohio Room, Kilcawley Center

Proverb of the Month:
"When a cock is drunk, it purrs about the hen."
—An African Proverb

Event Parking:
Park in the parking lot below the McDonald's restaurant.

African American History Month is co-sponsored by **WTOJ**, **FOX 22**, and **HOME SAVINGS**.

Also co-sponsored by Marcus Garvey Empowerment and Enrichment Organization

thejambar
youngstown state university

Editorial & Opinion

Thursday, February 10, 2005

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thejambar

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The Jambar is published twice weekly during the fall and spring semesters and weekly during the summer sessions. The first copy of The Jambar is free; each additional copy is five cents. Mail subscriptions are \$25 per academic year. Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors.

OUR SIDE

Taft must take proposal seriously

"No Ohioan should be denied a college education because they cannot afford it."

No truer words were ever uttered by Ohio Gov. Bob Taft despite the fact the state's higher educational budget has been dwindling for years.

Now in Taft's recent "State of the State" address, he did a good job of talking about the support he would like to give and improvements he would like to make to higher education funding.

In Tuesday's address, Taft spoke of the promises and problems with Ohio, its economy and its future. Included in this list was the current state of disrepair for Ohio higher education's funding, or lack thereof.

We look to Taft to bring us out of the rubble and prove that under his leadership, all Ohioans will receive that college education.

Only six paragraphs worth of material were dedicated to Taft's "commitment" to higher education. During that time, he managed to outline his hopes and plans to expand enrollment, increase graduation rates and restrict tuition at Ohio public universities and colleges.

He spoke of increasing enrollment and graduation in college in order to advance the state.

Primarily, his focus was on funding. Taft promised increased funding and eligibility for the need-based college-grant programs. He also touched upon creating a reduced-rate loan program for students, though it would not be incorporated into the state's budget.

Finally, he came to his challenge for the state colleges and universities to "keep tuition increases to a minimum by becoming more productive and more collaborative," something we had begged our own university officials to do just two weeks ago. In addition, Taft has also proposed a 6 percent tuition cap, "to be exceeded only for the purpose of funding needs-based scholarships."

This proposal we applaud. As the students who continually have to scrounge for the funds to fulfill the yearly tuition increases, we find this reduced cap refreshing. Though it is suspicious that Youngstown State University's 9 percent increase did come just weeks before this announcement by Taft.

Now that Taft has explained his seemingly good intentions for the future of higher education, we give him our own challenge: show us you are serious about improving the state of funding for higher education.

Make sure your budget does include money for needs-based scholarships. Continue (or start) to find ways to maintain that funding so that schools do not have to resort to any kind of tuition increase, let alone within a 6 percent cap. Make it so students won't have to rely on the reduced interest loans you propose, and can walk out with their diplomas debt free.

The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.

Letters must be typed and should not exceed 400 words. Each letter must include a name and telephone number for verification purposes. Submissions are subject to editing for spelling and grammar. Letters must be received by noon Friday for Tuesday's edition and by noon Tuesday for Thursday's edition.

The Jambar will not print letters that libel others or threaten harm. The editor in chief reserves the right to reject letters that do not follow policy. The views and opinions expressed do not necessarily reflect those of The Jambar staff or YSU faculty, staff or administration.



LETTERS TO THE EDITOR

Bush has turned his back on America

Editor,
Two weeks ago America inaugurated a president who is now at war with America.

I'm writing this letter to Republicans and Christians. You have been lied to, you have been cheated, you have been used by a greedy, vicious and evil man, who himself is probably being manipulated by the rich and powerful, who do not have your best interests, or the interests of the nation, anywhere in their soul.

Four years ago George W. Bush inherited the largest budget surplus and the strongest economy of the past 50 years. At that time he already had plans to gut a century of hard won social and economic gains, but in the year 2001 GWB had proposed a budget that slashed 150 programs centered on American farms, education, housing, public transportation, environmental protection and just plain social justice his own party would have turned their back on Bush. In January 2001 the Congressional Budget Office projected the surplus would reach \$281 Billion in 2001, \$881 Billion by 2011 and accumulate \$5.6 Trillion by 2011. [CBO, Budget and Economic Outlook, 1/01] You can look this up for yourself at www.cbo.gov Bush then

passed his now infamous "tax cut for the rich" and in the year 2002 America posted its first deficit since 1997, which has grown to \$477 Billion in 2004. This is the largest deficit in history, larger than the previous record of \$290 Billion in 1992 by George the First. And now, by the CBO's own estimate, (I quote) "The deficit will exceed \$400 Billion every year through 2014." [CBO, Center on Budget and Policy Priorities, 12/1/04.]

Bush has trashed our economy. The dollar is down against the Euro, down against the Yen and all major Asian currencies, and at a record low against major markets. I hoard my Canadian quarters. Against this downturn Bush will now take revenge on those same 150 programs he dared not touch in 2001. Today in the news, as I now write this, 12 were killed and 60 injured in a suicide bombing, in a separate attack 15 more died. It sickens me to write this: In the two weeks preceding the Super Bowl over 50 Americans died in Iraq. Locally, Columbiana schools may close one, if not two, schools and face layoffs, Trumbull County will layoff patrol and support personnel and NASA Glenn Research will layoff 700 of its 1200 employees. The WMD of our economy is GWB.

Anyone who is a loyal republican, and anyone who considers them self to be a good Christian,

should be appalled by the actions of GWB. I call on republicans and Christians, not to "Bring it on" but to "Take it back." Take back that which was once yours, a proud political party of responsible leaders. America needs your action, red or blue, secular, of faith or atheist. Say no to the Bush Agenda. The job you save will be your own.

Richard Pirko
Department of Physics
and Astronomy

Issue needs to get the facts

Today's article on the legislation sponsored by Larry Mumper is especially fitting after Joe Ilesue's letter to the editor last issue.

Joe Ilesue makes a number of allegations that are based on what he hears around campus. There are no specifics. He is descriptive, with phrases like "reeks of liberalism," "liberal philosophies," and "trying to recruit."

There are several things that initially come to mind on this topic:

First off, arguing is like warfare. You arm yourself to the teeth with as many facts as you can to bolster your opinion. If you do not, and the other guy does, you lose the battle.

Second, the legislation has an air of condescension and arrogance. It seems like he is implying

that college students can't stand the strain of fending off ideas that he doesn't approve of. I didn't know that college students needed protection from ideas.

Third, it appears that with a broad paintbrush, professors in all colleges are being painted as radical left-wingers.

That's like saying all women want to be cared for by a husband, producing children in abundance and never having to balance check-books or work.

Most of the professors I've met over 30 years have been diverse, filled with ideas and opinions that vary tremendously.

No opinion is 100 percent correct but there are many valid viewpoints that we should at least listen to and explore.

You cannot really know your own position on any subject if you don't learn everything there is to know about it, which means knowing what opposing viewpoints are and what the facts are.

Mumper's legislation is about stifling dissent, not "protecting" college students.

College students are adult enough to hear opposing viewpoints and discard the ones that have no validity.

Isn't that part of maturity?

Susan Easter
YSU Alumnae

NEWS

LOUNGE, continued from page 1

Bookstore.
Set to open in the Fall 2005 semester, the new 4,000 square-foot addition and renovation to the YSU Bookstore will include brand new carpeting, a customer service area, a new loading dock, an entryway into the rec center and a large tiled inlay of the YSU mascot in the new main entrance into the bookstore.

While these updates are going on, two-thirds of the bookstore will be closed, forcing the supplies into the Watson-Tressel lounge and booting out the tables, computers and chairs. This is all part of the first of two phases of construction for the bookstore.

The construction is estimated to last until late spring, in which Phase II will begin, rearranging the store and putting the Watson-Tressel lounge back together. The

project is to be completed by mid-summer.

While the lounge is being used by the Bookstore, at least half of the furniture and all of the computers will be stored away until the updates are complete. However, Kilcawley Center Director Matt Novotny said that should not be a concern. "We are using the space as merchandise management," Novotny said.

"This will only be a temporary fix for an estimated 2 or 3 months, but we're not exactly sure about the time this project will take to be completed. As soon as possible, the computers will be up and running, hopefully before finals."

The loss of the computers will be compensated by the Bytes & Pieces lounge that will now stay open until 11 p.m., along with the computers in Peaberry's and the

computers in the downstairs lounge that should help ease the major changes in Kilcawley Center.

Chuck Sabatino, director of the YSU Bookstore, said the changes and possible inconveniences are worth it because the new YSU Bookstore will be "very attractive" and "exciting" for YSU students.

"We're changing the whole layout of the store and adding a new addition, which will include a new supply section, new textbook area with a sitting area to look before you buy, a corridor that leads between the bookstore and Kilcawley Center, and the new store will also lead right into the new recreation center."

Call Mike Vlaiku at (330) 941-1913

Winter Concert set for Friday

The New Music Society of the Dana School of Music will be performing its Annual Winter Concert at 11 a.m. Friday in Bliss Recital Hall. The group, directed by Gwyneth Rollin, will be performing pieces of music composed by students as well as contemporary composers. The performance is free.

"It will be a chance for people to hear music that's being performed for the first time," Rollin said.

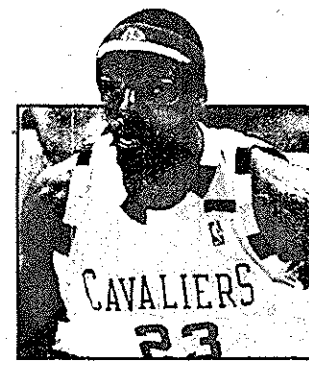
Premiering at the show will be three works by Dana students, two of which were written by composition students. Sophomore Meleah Backhaus' "Two Pieces for Cello" will be performed by freshman Darla Wilson. Senior Justin Endler will be presenting his vocal and percussion piece, "Water Turned to Bone."



HEADLINES

► **Chow now a Titan**
Norm Chow has been named offensive coordinator of the Tennessee Titans.

► **Cavs tame Raptors**
The Cavaliers dropped the Raptors Tuesday 104-91, improving their season record to 28-19.



Thursday, February 10, 2005

www.thejambar.com/jambarsports@hotmail.com/330-941-3758

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Sportswire

Information taken from the YSU Sports Information Web site (ysu.edu/sports) and wire reports

Bolt, Gillespie have second straight record-breaking meet

Akron — Sophomore sprinter Danielle Bolt won the 60-meter dash in a school-record time of 7.56 seconds at the Akron Open on Saturday at UA's Athletics Field House.

Bolt added ran a personal-best time of 25.05 in the 200 to place second while Aaliyah Gillespie also set a school record in the 60-meter hurdles with a mark of 8.60.

Jeanna Cunningham placed fourth in the 400 with a personal-best time of 57.37 and Gillespie added a fifth-place spot in the 60 meter dash in 7.85. Cunningham and Gillespie then teamed up with Yandeh Joh and Bolt to place fourth in the 4x400-meter relay.

Weizer breaks YSU weight throw record at Robert Morris

Indianapolis —

Youngstown State sophomore Drew Weizer was named the Horizon League's Men's Indoor Track & Field



WEIZER

Athlete of the Week, league assistant director of communications Taylor Payne announced Wednesday.

Weizer broke the school record in the weight throw with a mark of 55 feet, 9 inches at the Western Pa. Intercollegiate Indoor Championships on Sunday.

Carly Youlton named Athlete of the Week

Indianapolis —

Youngstown State freshman Carly Youlton is the Horizon League Indoor Track and Field Athlete of the Week, league assistant director of communications Taylor Payne announced Tuesday.

In her first collegiate meet, Youlton placed fourth in the triple jump with a mark of 36 feet, 8 1/2 inches and added a ninth-place spot of 17-4 3/4 in the long jump at the Golden Flash Gala. Her mark in the triple jump ranks third all-time in school history while her long jump mark ranks fifth.

Penguins Ink Four to 2005-06 Squad

Youngstown — Four athletes have signed National Letters of Intent to continue their academic and track and field careers at Youngstown State beginning in the 2005-06 season, head coach Brian Gorby announced.

Local standouts Jen Grayson of Maplewood and Stephanie Jarvis of Canfield, Darcelle Formby of Cleveland Rhodes and Justin Meeson of Lakewood will be looked upon to make an immediate impact to continue YSU's recent success in the Horizon League.

YSU

Hill looking for players to 'step up'

After dropping two on the road, the Lady Penguins hope to turn the tide at Beeghly Center

By Justin Smolkovich
The Jambar



Bearing down

Coach Tisha Hill said opposing teams have focused their defense on Cathy Hanek (12) and Barb Fabianova (33), who are potential double-digit shooters.

The Lady Penguins will be hosting two games following a two-game absence from Beeghly Center that saw the Penguins drop both to Cleveland State and Loyola.

Head coach Tisha Hill said she is looking for the team as a whole to step up to the challenge and contribute more.

"Right now I am looking for people to step up," Hill said. "The consistent play obviously has been Perugini on the boards and in scoring."

The play of the Penguins has been hampered, however, by opposing teams keying in on the Penguin shooters.

"Cathy (Hanek) and Barb (Fabianova) are both there to break into double digit scoring," Hill said. "People are playing them tough and are really making it difficult for them to get shots off."

Against Cleveland State the duo of Hanek and Fabianova was held to just 2 points.

However scoring has not necessarily been the problem for the Penguins, Hill said.

It has been the defensive end that has proved worrisome for the second year coach.

"Some of the players are really trying to pull it out of others to get us to buckle down and get those stops," Hill said. "It's going to take some time

to believe in a defensive system and know that it is not just one-on-one defense."

So far the Penguins are winning basketball games, posting nine wins on the season, the most since 2002.

While the nine wins are an improvement over her first season at the helm, Hill is not ready to celebrate.

"Our staff, by no means are we sharing with them that they have done good because we have gotten nine wins. It's not enough. It's not enough for us right now," Hill said.

The first step to chalking up more wins will come primarily from how hard the Penguins decide to work to make the season as rewarding as possible, and to give the Penguins a chance to make some noise in the conference tournament.

"It will definitely come with the hard work they are putting forth in practice," Hill said.

With the conference tournament looming on the horizon, Hill and the Penguins are buckling down and concentrating at the task at hand.

The journey to the conference championship and ultimately an opportunity to play in the NCAA tournament must begin now.

"Right now, with us, it's one game at a time. We've got to play hard and we've got to play together and then we will be fine," Hill said.

Call Justin Smolkovich at (330) 941-3758

Robic hopes second time the charm

By Justin Smolkovich
The Jambar

The Youngstown State University Penguins will face two games in three days as they travel to Chicago and then head north to the University of Wisconsin-Milwaukee.

Coach John Robic said he believes the second time may prove the charm for the 4-17 Penguins, who are coming off a loss to Green Bay.

"Against UIC, watching the tape, we had chances in that game. We answered their runs pretty well," Robic said about the Penguins first match up against the flames, which the Penguins lost 62-56.

Robic also noted UIC is a dangerous team looking to solidify a conference tournament seed.

"They are right in the thick of things like a lot of teams are for that third seed," Robic said. "We are going to get their best effort Thursday."

The Flames are dangerous due in large part to their talented big-man Jovan Stefanov, who scorched the Penguins in their previous meeting showing a hot hand from behind the

"Against UIC, watching the tape, we had chances in that game. We answered their runs pretty well."

John Robic, YSU Men's basketball head coach

3-point stripe.

"Stefanov for UIC gives us a tough, tough, match up because he is about 6 foot 8 inches -6 foot 9 inches and he is their three-man," Robic said. "When they made their run against us last time he scored 11 consecutive points."

The Flames' Cedric Banks complements Stefanov, who has recently been lighting up opponents and putting up big numbers.

"Cedrick Banks is as good as ever and is playing well as he showed Saturday against Milwaukee when he had 29," Robic said.

The Penguins will need to overcome to avenge their loss to Green Bay. Last Saturday's loss, if anything, has inspired the Penguins, who are looking for their third conference win.

"I think immediately after the game it brought them back down to Earth's surface a little bit," Robic said.

Robic said he also believes the Penguins will come out filled with emotion and ready to play as the last few days of practice have been competitive.

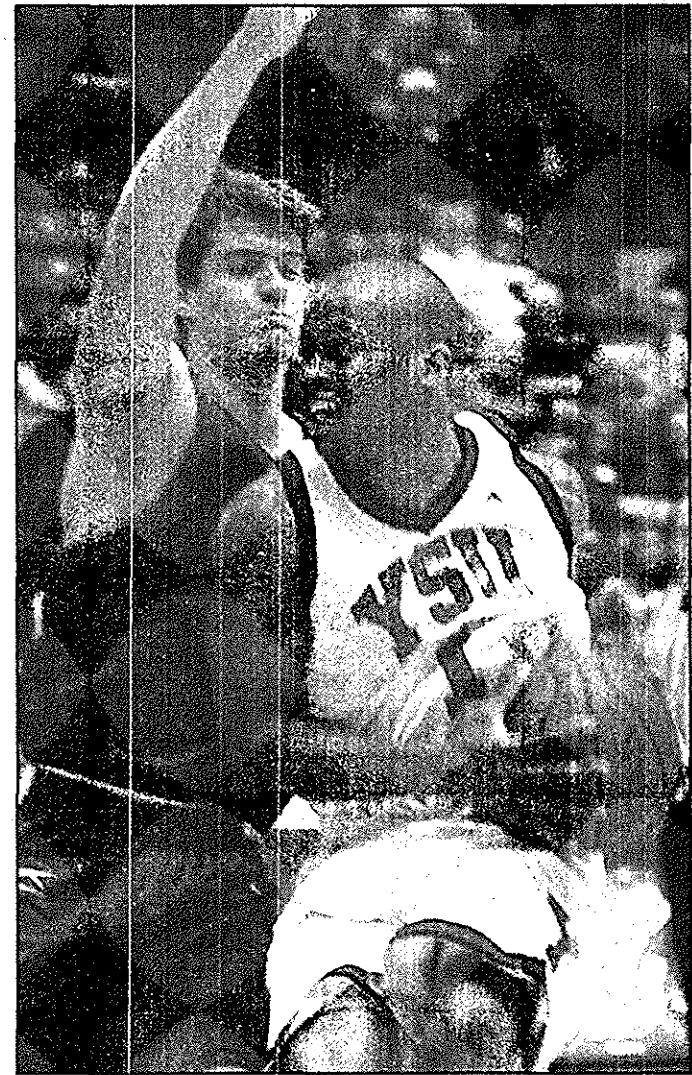
"If we can get that same type of effort the next two days, I'll feel very comfortable headed into the game on Thursday," the coach said.

Familiarity will also play a large part in helping the Penguins match up against both the Flames and Panthers of Milwaukee, as the Penguins are down to a solid rotation of players.

"It is primarily eight guys right now," Robic said. "Unless we need to throw a bigger player in a pinch, we could go nine. But we are primarily going with the same eight most of the way."

The Penguins will take on the Flames at 8 p.m. today and will travel to Milwaukee to play the Panthers on Saturday with another 8 p.m. tip off.

Call Justin Smolkovich at (330) 941-3758



Tale of the tape

YSU head coach John Robic hopes the second time is the charm against UIC today. Tip off is set for 8 p.m. at Beeghly Center. (Jambar file photo by Chuck Rogers)

Q&A

An interview with YSU track & field standout Aaliyah Gillespie

By Nijma Awadallah
The Jambar

As part of the 2003-04 Horizon League indoor/outdoor champions, Senior Aaliyah Gillespie has been a motivating asset to the team. Aaliyah, the Arabic word meaning "highest" suits her well as she continues to shatter records, including her current record time with 8.71 in the 60 meter hurdles. She said she dreams to start a fit-



GILLESPIE

ness facility to help kids share the importance of sports, which she feels has allowed her to be able to enjoy the success she is enjoying today.

Recently a Jambar reporter sat down with Aaliyah as she spoke of her experience with the Penguins.

J: Where are you from?

G: I am from Cleveland, Ohio

J: Who would you say was the biggest influence in your life?

G: The biggest influence

would probably be my mom.

J: Why would you say she was the biggest influence?

G: Because even in high school she always buckled down on me. She wanted to make sure that track wasn't everything in my life and make sure that I was well rounded and she kept me in focus, school everything, made sure everything was a focal point and not just track.

J: When did you start running track?

G: Seventh grade I ran track, then eighth grade we had volleyball, basket-

ball and track and I played all three, but the best was track no matter what. I enjoyed it the most. When I was little I could beat my brother I was like, "whoa I got it, I guess I could be some kind of good!"

J: This is your last year, how's it feel being a senior?

G: It's kind of nervous a little bit, but it's kind of good too because this is the highlight of my career and I want to be the best. Everything built up to this, when I was in high school my coach

please see GILLESPIE, Page 5

TAFT, continued from page 1

Sweet said, "I thought there was a lot to applaud in his aspirations and hopefully the legislature will respond."

Sweet said increased money for grants was good, but he felt differently about increased loans.

"There's no question about it, I'd much prefer grants and scholarships to students taking out loans," Sweet said.

Sweet would not speculate on whether YSU would see funding cuts when today's final budget proposal is revealed. But, he said YSU has a record to boast about in terms of efficiency and effectiveness and feels the university was successful in making their case to raise tuition last month.

State Sen. Marc Dann (D-32) said he felt Taft's higher education proposals are "well intentioned," but do not hit at the heart of the problem.

"We shouldn't be talking about capping tuition, we should be talking about flat lining tuition or bringing it down," Dann said.

He said he agrees with the concept of capping tuition, but it needs to be coupled with financial support for the universities.

"Stabilizing and improving our production of educated workers is the most important economic development objective of this state, or it should be the most important," but

Taft's comments did not reflect that, Dann said.

Taft would rather cut taxes for the rich than to improve Ohio's commitment to technological innovation and the development of a highly educated workforce, Dann said.

"That's just backwards," he said.

State Sen. Robert Hagan (D-33) called the proposed tuition cap unacceptable, because 6 percent is still twice the inflation rate. The cap should always be at the inflation rate, he said. Hagan added he hopes the YSU Board of Trustees does not pass another increase in light of the proposed tuition cap.

Hagan said he applauds anyone who can reduce the cost of higher education, but under the Taft administration, costs have skyrocketed to the point where students are finding it difficult to pay for their education.

"The real engine of prosperity is in higher education. When people are educated they find jobs and they create opportunities for jobs," he said.

Taft's budget, however, does nothing to encourage people to go to college, he said.

By reducing corporate taxes and not collecting taxes that are owed, Hagan said Taft asks students and middle class families to make up for what the corporations are cheating on.

SGA, continued from page 1

McGovern said he discussed the possibility of a student testifying for higher education funding with State Sen. Bob Hagan (D-33), who McGovern said gave the "green light" for the idea.

At the ad hoc meeting McGovern said he gave each committee member an Ohio university to research, including Kent State University and Miami University.

Each member will investigate figures from 1999 to 2005 for each university, including their budgets, tuition costs and total enrollment.

McGovern said using these

numbers, the committee will be able to assess an exact amount of state funding needed during the next two years to keep tuition increases at a minimum.

"We don't want to go to the state blind and say 'hey, we need this much money,'" McGovern said. Also discussed at the meeting was the upcoming month-long Tsunami Relief Campaign that will begin Feb. 14.

Jaymin Patel, secretary of student services, said flyers for the event had been posted around campus and student organizations were finalizing their fundraising plans. He

reminded the body the campaign was not totally aimed at students, but instead is a campus-wide effort that includes faculty and staff as well.

"We want to try to get every facet of the university involved in this," Patel said.

Patel added students will be able to make donations at spots around campus, such as the YSU Bookstore, or they can deposit their money into the university's relief account at Home Savings and Loan Banks.

Call Christina Poe at (330) 941-1913

GILLESPIE, continued from page 4

said that I was going to have a great collegiate career. So now I am seeing what it's all about.

J: Could you talk about your experience with the Penguins?

G: Over all it's been good, I had a little injury here and there, but everybody helped through everything, whenever I needed anything they gave it to me or helped me work to get it. My teammates are the greatest, it's like a big family and that's all about running track.

J: Is there a team ritual you guys usually do before a meet? A motto of some sort?

G: Not really. Our coaches try to pump us up. We are a team but we try to focus before an event so we warm up and stretch and listen to our headphones and get focused.

J: What song do you usually listen to, to get you into focus?

G: I could be a variety of songs, but its like what ever gets me focus so its probably one of the songs that makes me feel like I'm the best, so I could get psychologically ready. Last meet I was listening to Lil' Scruffy.

J: Anything you want to say to your teammates?

G: I just want to say that everyone has potential, and we could actually dominate the Horizon League Championships for the next years. Everybody has to give their all. Even when they're feeling down, pick themselves up and keep going. And mainly to, Danielle [Bolt] she's like my little sister, she's grown a lot and I know with any challenge that she faces she could

overcome it.

J: 8.71 is your current breaking time in the 60 m hurdles at Bowling Green, how does that make you feel?

G: It feels great because I know I am getting better. It's something in me that I know I am achieving, really one of my goals is to win every meet, so it still feels great. I know I'm still doing something right, my coaches are doing something right.

J: What is your favorite color?

G: Blue

J: Favorite movie?

G: "Love and Basketball"

J: What CD do you have in your CD player?

G: Destiny's child; Bad Habit.

College Success Workshops

Exploring Speed Reading: Friday, February 11 @ 11:00 am; Rm. 2068, KC

The Messages You Send: Tips on College Etiquette: Tuesday, February 15 @ 12:00 noon; Rm. 2068, KC

Memory Techniques: Wednesday, February 16 @ 10:00 am; Rm. 2068, KC

Note Taking & Mind Mapping: Thursday, February 17 @ 2:00 pm; Rm. 2068, KC

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APPLICATION DEADLINE:
1 p.m. Tuesday, March 1, 2005.

Interviews will be scheduled late March through mid-April. Editor-in-chief interviews will be held the week of March 7, 2005.

Miscellaneous

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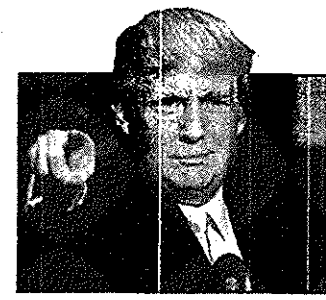
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► *Trump tale*
 ABC has greenlighted an unauthorized biopic of Donald Trump, star of the hit television show "The Apprentice."

FIGHTING *the* Hangover

Had a few too many? Here's why you feel bad, and what you can do about it

By Bill Rodgers
 The Jambar

With a sickening lurch you wake up on the morning after a night out with your friends and find that — somehow — your happy-go-lucky world of relative comfort has been replaced with an agonizing hell of tormented nausea.

As you sit up you feel your stomach heave as frigid beads of sweat form on your forehead. You feel as if someone is slowly trying to crush your brain between two monstrous ape-like hands.

As your hangover reduces you to a weak, whimpering ball of pain, there's only one thought going through your pounding head: "I'm never drinking again."

Know your enemy

Hangovers are the unfortunate price many people must pay after a night of drinking. Chances are, if you've drunk before, you have probably had a hangover at some point in your life.

What is a hangover, though? Surprisingly, little scientific research has been done on this beast of a medical condition. There's no concrete definition; a hangover is simply known as the after-effects of drinking too much. You know what a hangover is when you have one.

SoYouWanna.com, an online how-to guide, describes a hangover.

"A nasty hangover is Mother Nature's way of telling you, 'Fool, I told you not to drink so much. Now you gonna pay.'"

There are a number of symptoms associated with hangovers. They all can vary in type and severity depending on the person experiencing the hangover. Dr. Anil Minocha, a gastroenterologist, outlined the symptoms on his Web site DiagnosisHealth.com.

"In general, an alcohol hangover involves two or more of the following symptoms: headache, nausea, diarrhea, lack of appetite, shakiness, feeling tired and an overall feeling of being unwell. Simply put, it feels like the 'flu,'" Minocha said.

"[H]angover characteristics may depend on the type of alcoholic beverage consumed and the amount a person drinks," said Robert Swift of Brown University and Dena Davidson of the Indiana University of Medicine in a paper they published about hangovers.

Swift and Davidson said hangovers usually begin several hours after a person stops drinking, when their blood alcohol concentration (BAC) is falling.

"Symptoms usually peak about the time BAC is zero and may continue for up to 24 hours thereafter," Swift and Davidson said.

How did I get this miserable?

What about alcohol causes hangovers? The answer isn't simple; hangovers have

many causes. Swift and Davidson's research outlines six different factors that may induce hangovers. They include: the direct effects of alcohol, chemicals resulting from alcohol being metabolized (metabolites), personal characteristics and other biologically-active chemicals found in alcoholic beverages.

Alcohol alone has a laundry list of direct effects on the body that are so horrible it's a wonder people drink at all. First, alcohol increases the body's urinary output, dehydrating the body.

For every four drinks someone has, Swift and Davidson say that the body loses 1 quart of water over several hours. This loss of water is responsible for headaches and the weak, dizzy, thirsty and dry feelings people have during a hangover.

Nauseated? Does the thought of the Taco Bell you had last night make you want

Surprisingly little scientific research has been done on this beast of a medical condition.

to gag? You have alcohol to thank for this too.

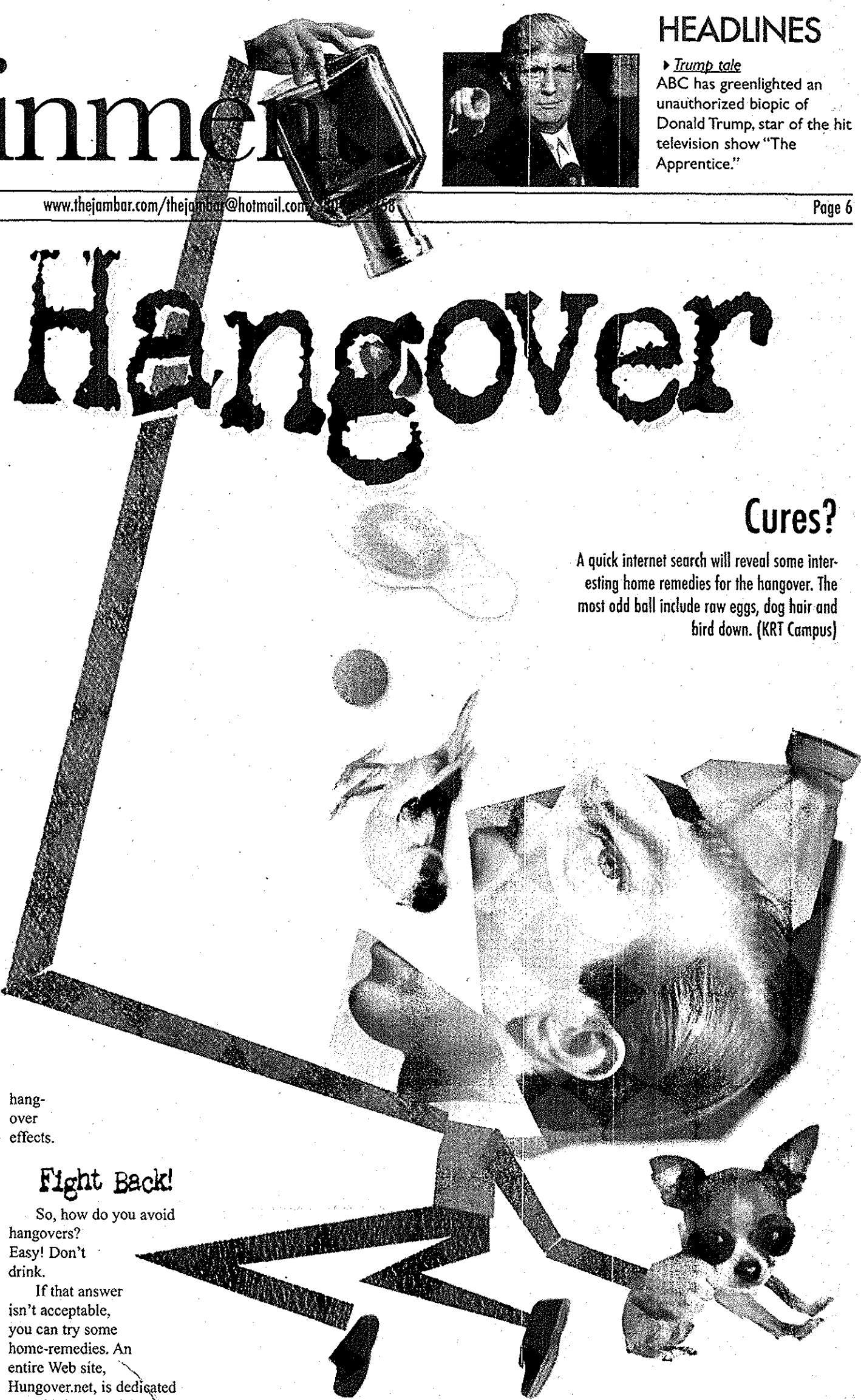
"Alcohol directly irritates the stomach and intestines, causing inflammation of the stomach lining..." Swift and Davidson said. In addition to the inflammation, (a condition called "gastritis"), alcohol also increases the amount of gastric acid in the stomach. This causes the feelings of nausea that accompany hangovers.

Alcohol also deprives the body of a decent night's rest. Alcohol-induced sleep is of a poorer quality because it "disrupts the normal sleep pattern, decreasing the time spent in the dreaming state (i.e., rapid eye movement [REM] sleep) and increasing the time spent in deep (i.e., slow-wave) sleep," said Swift and Davidson. This causes feelings of fatigue.

It's debated whether other factors influence the negative effects of alcohol experienced during hangovers. It may be that acetaldehyde, a chemical by-product that occurs when alcohol is metabolized, could be responsible for the worst effects of hangovers.

Other chemicals found in some alcoholic beverages are also thought to influence your hangover. These chemicals, called congeners, occur as by-products of the fermentation process, says a Wikipedia.org article.

Congeners contribute to the taste, smell and appearance of alcoholic beverages. They can be found in drinks like stout, beer, red wine and whiskey. Swift and Davidson say research shows drinks with fewer congeners, such as vodka and gin, cause fewer



Cures?

A quick internet search will reveal some interesting home remedies for the hangover. The most odd ball include raw eggs, dog hair and bird down. (KRT Campus)

hang-over effects.

Fight Back!

So, how do you avoid hangovers? Easy! Don't drink.

If that answer isn't acceptable, you can try some home-remedies. An entire Web site, Hangover.net, is dedicated to archiving people's preferred method of combating hangovers. They range from normal cures such as drinking fruit juice to bizarre witch-doctor cures like sticking 13 black pins in the cork of the bottle you drank from. Beware, Wikipedia warns these home remedies may not do your aching head any good.

Since an all-out battle with a hangover may not be a good idea, perhaps the best course of action is to send in a pre-emptive strike.

Minocha said to make sure you have had plenty to eat before going out for the night. Also, drink a lot of water before, after and during your night out. The water will help against the dehydrating effect of alcohol. According to the SoYouWanna article, "every glass of juice or water you swallow now is worth two in the morning."

If you still wake up in the morning with a hangover, it may be tempting to swallow a few pills for your headache. Swift and Davidson say this could be dangerous to your health as aspirin can increase your nausea, and acetaminophen (e.g. Tylenol) can be toxic to your liver after drinking alcohol.

Remember: drink in moderation (ease up on the keg-stands), don't go out on an empty stomach, keep drinking water and the morning after your friend's 21st birthday party will pass by (hopefully) hangover-free.

Call Bill Rodgers at (330) 941-3758

Hangover anatomy

A heavy bout of drinking affects nearly every system of the body for up to 24 hours. A look at the body's reaction to a large dose of alcohol:

Throat and mouth feel dry and scratchy due to dehydration

Heart can become inflamed, start beating with an abnormal rhythm, or even stop beating

Liver builds up fatty and lactic acids, impairing the body's ability to metabolize sugar. The resulting low blood sugar (hypoglycemia) can cause weakness and mood disturbances.

Stomach lining becomes inflamed, delaying digestion; excess gastric acid contributes to nausea.

Brain's blood vessels dilate, causing a throbbing headache. Dehydration can cause the brain to pull from its lining, intensifying the pain.

Pituitary gland releases improper amounts of several hormones, disrupting the brain's circadian rhythm (which makes sleep feel less restful) and interfering with normal kidney function

Central nervous system becomes chemically overexcited, causing sweating, tremors and sensitivity to light, sound and touch

Muscles become weak from dehydration and low blood sugar levels

Pancreas increases production of digestive chemicals, causing pain, nausea and vomiting

Kidneys fail to reabsorb water, causing increased urination and dehydration

SOURCES: Alcohol Hangover: Mechanism and Mediators, by Dr. Robert Swift and Dena Davidson, Alcohol Health and Research World, Vol. 22 No. 1, 1998; Dr. Fred Freytag, National Headache Foundation; KRT

12/30/99

Graphic/DANIEL NIBLOCK/Sen-Sentinel/KRT