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OYSU_JAMBAR

Thursday, October 26, 2023



A CALL FOR CALM



The rock was painted by the Students for Justice in Palestine.

Photo by Jillian McIntosh / The Jambar

SJP chapter forms at YSU

By Jillian McIntosh The Jambar

Youngstown State University students attended an open forum discussion called Palestinian's Response to the Israeli Aggression at the Arab American Community Center on Oct. 11.

The military of Hamas, a Palestinian Islamist political party in charge of Gaza, invaded Israeli territory Oct. 7.

Batool Alkarain, a sophomore international business major, attended the forum. She is the vice president of the Students for Justice in Palestine chapter at YSU. Alkarain said the purpose of the organization is to inform the campus community about the Palestinian and its history.

"We want to spread more awareness and invite people to come so they can ask us questions," Alkarain said. "We can give them more information about what is happening right now, tell them about the history and educate them more."

Alkarain said the organization was created to promote peace.

"We have this organization, just because we want to have peace. That's what we are calling for, we call for peace for everyone," Alkarain said.

Mousa Kassis, YSU's network director of Ohio Small Business Development Center Export Assistance, was one of the panelists at the forum. He explained what peace means for Palestinians.

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ZTA celebrates Breast Cancer Awareness Month

By Tala Alsharif The Jambar

Breast Cancer Awareness Month is a campaign that takes place in October to raise awareness and educate people on screening and early detection of breast cancer, according to UCLA Health.

The sorority Zeta Tau Alpha is raising awareness about breast cancer at Youngstown State University as it is the sorority's national philanthropy.

Daniella Hosack, senior biology major and president of Zeta Tau Alpha, explained one in eight women are diagnosed with breast cancer and men can be diagnosed as well.

The National Breast Cancer Foundation stated breast cancer death rates have declined by 40% because of improvements in early detection.

Hosack said the sorority believes it's important to celebrate breast cancer survivors.

"Breast Cancer Awareness Month, to us, is honoring those who didn't survive from breast cancer and celebrating the survivors we have — especially in our area," Hosack said. "It's bringing more awareness towards ... self-breast exams to catch early signs."

During October, the sorority hosted events such as painting the rock, fundraisers and competitions for sororities and fraternities.

"We did a Swenson's fundraiser ... an AG Beauty fundraiser where 10% or 15% would go towards our philanthropy," Hosack said.

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SJP

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"The word peace means [to be] more in-depth about giving the people their rights, and especially the Palestinian people after 75 years. Also their rights for freedom and liberation, just like every nation on earth," Kassis said.

Kassis said Palestinians are often misrepresented in news coverage.

"This is for our Palestinian community and Arab community, I know that you listen to the media and sometimes you really get upset about the facts," Kassis said. "Be proud if you are Palestinian, Arab, Muslim, Christian, for all our Palestinian brothers to get their rights back and fighting to establish peace."

Raneen Musleh, a senior political science major, also attended the discussion. She said having family in Palestine is heartbreaking.

"I have family that live in Palestine, so this is heartbreaking," Musleh said. "It's honestly hard to focus on everyday life because I am over here in America, privileged, while my family in Palestine is suffering."

Musleh said the purpose of her advocacy is to raise awareness.

"I am somebody's daughter, and I

know they worry about me," said Musleh. "People might say I might get a target on my back for the things I post, more of trying to educate people. It's not me trying to fight with people. It's not a religious issue, it's nothing like that."

Students can join the SJP chapter on campus and attend meetings. Information about upcoming events will be posted on social media @sipvsu.

Editor's note: Tala Alsharif is the current president of SJP and works for The Jambar. She had no editorial participation in this story.



Raneen Musleh read a statement at the Arab American Community Center's open forum.

Photo by Jillian McIntosh / The Jambar

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7-DAY WEATHER FORECAST

Sat. Sun. Mon. Tue. Wed. Fri. Thu.

High: 76°F High: 77°F High: 66°F High: 65°F High: 50°F High: 43°F High: 40°F

Low: 59°F Low: 61°F Chance Chance of precip: of precip:

19%

Partly Cloudy

84%

Scattered

Chance 80%

Partly Cloudy

Chance of precip: of precip: 94%

Rain

of precip: of precip: of precip: 91%



Low: 52°F Low: 47°F Low: 32°F Low: 28°F Low: 25°F

Chance



Chance

56%



Partly Cloud

Chance

25%

Information courtesy of accuweather.com

Rich Center awarded \$27,593

By Christopher Gillett

The Jambar

The Paula and Anthony Rich Center for the Study and Treatment of Autism received a \$27,593 donation from Ante4autism through the Youngstown State University Foundation on Oct. 21.

Ante4autism is an annual poker tournament that takes place in Las Vegas to raise money for autism-related organizations. Over its existence, Ante4autism has raised \$1.3 million, with this year's tournament raising \$161,000.

Doug Krinsky started Ante4autism through an organization he founded with his wife, Kelly Krinsky, called Beat Autism Now. Alongside bringing in professional and celebrity poker players, Doug Krinsky has also brought in furniture companies to sponsor the event.

Doug Krinsky said he became involved with raising money for autism after his son, Michael was diagnosed with autism spectrum disorder.

"[My son] is why we do all of what we all do. Between my wife and I—everything we do is really to help folks like Michael," Doug Krinsky said. "We know there's plenty of families that can't afford to do what it takes to get their son, daughter, adult with autism, or the

families to reach their potential. So, that's why we did our thing, because we want to help those families reach their full potential."

The Rich Center, part of the Beeghly College of Education, functions as an externally funded nonprofit organization. It caters to students with autism and their families, does research and educates YSU students pursuing nursing, special education and other degrees.

The Rich Center was founded in 1995 through outside donations and named after Paula and Anthony Rich, who died in the crash of USAir Flight 427.

Georgia Backus, the Rich Center's director from 1995 to 2013, said the center has grown its scope since its creation.

"In the very beginning, we had a dream, a vision, of what we wanted the center to look like, and we are getting there every single day," Backus said. "It's just absolutely grown tremendously, even in terms of research [and] working with faculty. It is just amazing."

When the Rich Center started it was only a summer program and had three students, but now it operates year round and works with 60 students.

Michael Latessa, interim executive director of the Rich Center, said the work is hard but worthwhile.

"They say 'If you meet one child with autism, you

meet one child with autism.' It's a spectrum for a reason, and being able to provide individualized care for everyone that walks in our door, it can have its challenges," Latessa said. "Seeing the work work that we do and the quality of life that we provide to our students on the autism spectrum makes this all worthwhile."

Ante4autism is supporting other organizations this year such as the National Autism Association of Southeast Ohio and Autism Speaks.

Autism Speaks has been criticized because of statements connecting vaccines to autism and over its descriptions of autism spectrum disorder. Doug Krinsky said charities often receive criticism while encouraging people to make their own decisions on the organization.

"What Autism Speaks does is they try to advocate for everybody on the autism spectrum, the parents, the support network, as well as the kids and the adults on the spectrum. Not everybody agrees with every single charity that's out there. That's kind of why we started our own charity, [because] we wanted to do our thing," Doug Krinsky said. "You can research them all and make your own opinion on them all."

If interested in the Rich Center, go to its website or call it at 330-941-1927. For more information on Ante4autism, go to its website.



Breast Cancer

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Traditionally, Zeta Tau Alpha has a big philanthropy event toward the end of the month. This year the sorority hosted a Pink Pancake breakfast, where students dyed pancakes pink, served breakfast, sold raffle tickets and t-shirts.

One of the sorority's affiliates is the National Football League and they're invited to pass out pink ribbons at a Cleveland Browns game every year.

Hosack said she enjoys seeing the impact Breast Cancer Awareness Month has on people.

"It's really awesome to see ... people get so excited

about it," Hosack said. "I've got to meet new survivors [and] old survivors that we've seen ... recurring every year. It's really cool to see how important it is to them.

Zeta also hosted Pink Out Week from Oct. 8 to Oct. 14 to promote breast cancer awareness and education by having fundraisers and mini events.

Hosack said she hopes the week taught students more about the importance of at-home breast care exams and to realize how common breast cancer is.

She also hopes to see students involved with ZTA philanthropy events and loves seeing them show their support by wearing pink ribbons.

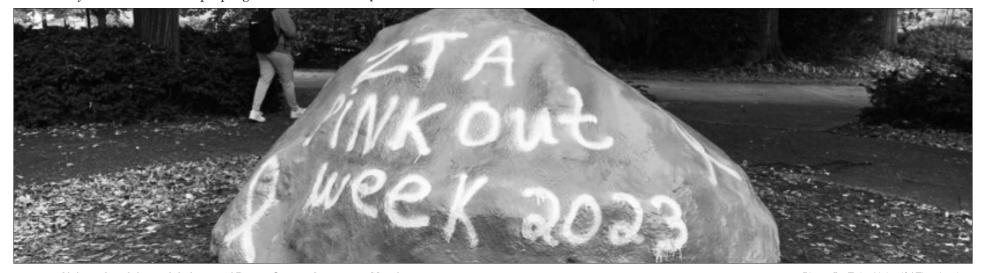
"It's really cool to see people get involved and to wear their pink ribbons for the month of October," Hosack said. "I love seeing people put the pink ribbon on their bookbag."

Zeta Tau Alpha is working toward a bigger philanthropy event on campus in the future.

"In the past, we did a huge event called the Pink Ribbon Cheer Classic, which happened for 20 years. We had one [virtual year] and we raised, I think, \$1.5 million to total it all up." Hosack said.

In its 20th anniversary, the sorority raised \$48,000. Hosack said she wants to reach that level again.

Students interested in Zeta Tau Alpha's fundraiser can visit the link found on its instagram @deltazeta_ysu. Students who want to learn more about breast cancer awareness month can visit its national website.



Zeta Tau Alpha painted the rock in honor of Breast Cancer Awareness Month.

Photo By Tala Alsharif / The Jambar

THE JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Press Collegiate Press honors. The Jambar is published weekly in the spring and fall semesters. The Jambar is free for YSU students and faculty.

EDITORIAL POLICY

The editorial board consists of the editor-in-chief, managing editor, news editor, sports editor, arts and entertainment editor and head copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar's business manager, multimedia journalists and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

LETTERS TO THE EDITOR POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com. Letters should concern a campus issue, must be typed and must not exceed 400 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for publication. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff has decided that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitted writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

Jenny on the printing block

By Matt Sotlar The Jambar

Youngstown State University's Student Literary Arts Association is collecting material for its online literary publication magazine, Jenny Magazine.

SLAA is a student organization that promotes involvement in literary arts, including writing and poetry. After starting in 2010, SLAA began publishing Jenny Magazine.

English and creative writing professor and SLAA advisor, Christopher Barzak, said online publications are the best way for the organization to receive exposure.

"One of the things an online publication has is the ability to reach a wider audience all around the world," Barzak said.

The name Jenny was chosen from the Jeannette Blast Furnace in Youngstown. This same Jenny was also referenced in the Bruce Springsteen song, "Youngstown." The furnace was housed in Brier Hill Steel Company and remained in operation for 60 years, ceasing blasts in 1977 when the steel mill shut down.

Barzak said Jenny Magazine highlights not only Youngstown's industrial history, but its cultural and creative diversity.

"[SLAA] wanted to have a magazine that is devoted to showing that Youngstown's history has been in industrial manufacturing and is also a place where we have lots of cultural manufacturing," Barzak said. "There are writers here, there are artists here [and] we want to display them."

Jenny's editorial staff is composed of SLAA members and the staff changes every year. Most of the material published is fiction, poetry, creative nonfiction, personal essays and featured artists.

Despite being run by the SLAA, Barzak said Jenny Magazine publishes material from all over the world.

"Anyone can submit. You don't have to be a YSU student, you can be a member of the community in general. You can be from anywhere in the world," Barzak said.

Before Jenny Magazine, SLAA hosted the Youngstown Reading Series, a series of lectures introducing both students and the broader community to authors from both the Youngstown area and from around the country. Previous lecturers have included poet Peter Oresick and authors Nin Andrews, Eric Wasserman and Alan DeNiro. The series began in 2008.

Barzak said that SLAA is great for both publishing lit-

erature and teaching students how to publish a professional magazine.

"Students who love literature, both reading it and writing it, and who want to also learn the process of how to go about creating an issue of a magazine and all the processes that go along with that," Barzak said.

Jenny is releasing a special themed issue called "Reimagine Youngstown," which will include material focused on the city of Youngstown in some way, shape or form.

Jenny usually publishes toward the end of the school year. Barzak said that the selection process for the magazine can be extensive.

"We tend to get hundreds of submissions each year, and we can't include everything. So we go through that process of evaluation ... and then we go through stages of copyediting the material... and we release the issue sometime around mid-April," Barzak said.

Anyone can join SLAA by either attending one of its meetings or by reaching out to Barzak via email at cmbarzak@ysu.edu. Those interested in reading Jenny Magazine can head to its website.

Come one, come all, be you

By Sydney Fairbanks
The Jambar

National Coming Out Day, a holiday that supports members of the LGBTQ community, was celebrated Oct. 11. This year, organizations at Youngstown State University celebrated the day with carnival-themed activities

According to the Human Rights Campaign, the first Coming Out Day happened in 1988 on the one-year anniversary of the National March on Washington for Lesbian and Gay Rights. The event was organized by Jean O'Leary and Robert Eichberg to celebrate members of the LGBTQ community 'coming out of the closet.'

The phrase 'coming out of the closet' comes from the phrase 'skeletons in the closet,' meaning to keep a secret because of social stigmas. In the 1960's many covert men thought of their sexuality as a sort of skeleton in their closet.

That phrase, mixed with the tradition of young women 'coming out' to society at debutante balls in the early 20th century, birthed the idea of LGBTQ people 'coming out of the closet' when they reveal their sexuality.

Rayvin Gorrell, president of YSUnity, says that the Coming Out Day celebration can help LGBTQ students — whether their identities are public or not —realize there is a safe space for them.

"There may be students who are not out yet, and seeing that there are people who are out of the closet and celebrating who they are and being who they want to be is a good thing. They may feel more comfortable to see that we're participating in these events on campus," Gorrell said.

Student Activities partnered with local LGBTQ-friendly resources such as Full Spectrum Community Outreach Center and Dot Lou. YSUnity, Campus Recreation, YSU Student Counseling Services, the Office of Diversity, Equity, and Inclusion, and the Office of the Dean of Students were also involved in planning the events.

Attendees participate in basket raffles, spin prize wheels, and pet baby chickens and ducks. Students also painted the rock and made crafts like tote bags and blankets.

There was a door students could sign and take pictures with to signify coming out of the closet. Fitting in with the carnival theme, the slogan for this year's celebration was "come one, come all, be you."

Gorrell said the Coming Out Day event is important to the LGBTQ community because it's one of the only events that celebrates the community besides Pride Month, which is celebrated in June.

"It's really nice to have something that is on campus and visible, and people can see it and be part of it," Gorrell said.

Despite being Coming Out Day, students did not have to be part of the LGBTQ community to benefit from and celebrate the day.

Jordan Record, a graduate assistant in Student Activities, said that the emphasis of this event was for students to feel comfortable and have a safe space whether they are out of the closet or not.

"National Coming Out Day is all about celebrating the queer community, and really just allowing those people — whether they are out or not — to celebrate who they are and know that they are in a safe space," Record said.

YSUnity is open to anyone who wants to learn more about the LGBTQ community or needs a safe space to chat.

Shopping small and creativity meet

By Molly Burke The Jambar

Anyone looking to host an event, buy clothes and accessories, shop for art or print clothing designs all while supporting local businesses can find something at Culturati Studios in downtown Youngstown.

Located on East Federal Street, Culturati Studios combines its 5,000-square-foot, multi-purpose rental space, Culturati Printing and The Culturati Market-place.

Steven Jimenez, coordinator and owner of Culturati Studios, said Culturati brings people together with its different services.

"We have printing solutions, we have consignment [and] we have event space. That event space holds everything from fashion expos to baby showers, graduation parties [and] birthday parties," Jimenez said. "Culturati is bringing people together, giving them a platform to celebrate life and be artistic and creative."

Jimenez said The Culturati Marketplace sells a variety of fashion and art pieces, which are collected and made by himself and other employees.

"We sell everything from artwork to sneakers, clothing, jewelry, accessories and that's just the beginning. Eventually, I want to get into vinyl and get into collect-

ables, books, stuff like that," Jimenez said. "[Our products come from] everywhere from the streets, flea markets, resellers [and] the internet."

Culturati Studios held its Thrills and Threads fashion expo from 3 to 8 p.m. on Oct. 13. At the event, customers could shop from about 20 local fashion vendors and the marketplace.

Tyrese Hawkins, a senior business major at Youngstown State University, came to the fashion expo to sell clothes and sneakers with his resell brand, 10ToesTy. He said vending at Culturati events allows him to meet new people.

"My favorite part about coming to events like this is that you get to meet a whole bunch of different people ... and just catch vibes and nobody here is going to be worried about you, nobody here is judging," Hawkins said. "It's easy to just make friends as well."

Senior marketing major, Mya Snyder, sells accessories and clothes made from discarded textiles with her business, Sew What? Sew This! Snyder vended at Thrills and Threads and said it was inspiring.

"Aside from networking ... it's so incredibly inspiring to not only know people around me are doing similar things and really succeeding with their art, but also knowing that there are opportunities in Youngstown. A lot of people don't think there's much going on in Youngstown but there really is, you just have to find it," Snyder said.

Yanik King, a senior fashion and interior merchandising major, is the social media manager for Culturati Studios and coordinator for The Culturati Marketplace. King said Culturati is important for the YSU community.

"We are right down the road from campus. It's really good for people to come down. We have a lot of YSU gear so people can come and buy clothes," King said. "There's a lot of stuff here you won't find in Ohio. We go out and we look for these things. We put time and effort to cultivate and curate all our pieces [and] price them reasonably for people in college."

Fashion and interior merchandising major, Colin Ryan, interns at the marketplace. He said the internship has helped further his experience with his major.

"It's gotten me a lot stronger in bonding with people and talking with people ... trying to sell them clothes," Ryan said. "I'm learning a lot of stuff in the fashion field like how to buy, trend forecasting and learning really what people like to buy."

Those interested in booking an event, shopping at the marketplace or screen printing can visit Culturati Studios' website. For more information and event dates, check out Culturati Studios' Instagram.







Photo by Molly Burke / The Jambar

READING IS LIT

Falling into literature with Lit Youngstown

By Elizabeth Coss
The Jambar

Lit Youngstown hosted its 7th annual Fall Literary Festival from Oct. 19 through Oct. 21 around Youngstown State University's campus.

With community at its core, the event hosted a variety of sessions, workshops, speakers and performances.

Karen Schubert, director of Lit Youngstown, said the festival is a way to incorporate many aspects of the literary arts within the community.

"Writing is a solitary act and it can give us the impression that that's all there is ... but really the work comes out to the community — that's how it's fulfilled — is by being taken in by the community," Schubert said.

Schubert said part of the event's planning was showcasing that the literary arts consist of a diverse group of voices.

"We really try to design the conference with [community] in mind," Schubert said. "I loved all of the different ways that language was expressed — in different languages, through rhythms and music and just so many different stories."

A spoken word poetry reading took place in Mc-Donough Museum of Art on Oct. 19 and kicked off the festival.

Carolina Loyola-Garcia, one of the guest speakers, was part of McDonough Museum's #NotWhiteCollective.

Loyola-Garcia, a multi-disciplinary artist and profes-

sor at Robert Morris University, said she was invited by Lit Youngstown and the #NotWhiteCollective alongside other performers to show diversity in creative works.

"The collective prepared a selection of works, a lot of it original work by the different members, and we structured it in a way that was more performative because we all have very different backgrounds," Loyola-Garcia said.

Loyola-Garcia said she highlighted stories of discrimination during Spain's colonial history through Flamenco singing.

"If you listen to the lyrics of Flamenco music, you're going to get a lot of the history of Spain throughout the many centuries," Loyola-Garcia said. "I made a selection of lyrics that were talking about those themes and I sang them."

A book fair was hosted in McDonough Museum the following days. Pop! Art, Books, Culture is a bookstore in Boardman that tabled at the fair. Craig Duster, owner of the bookstore, said the event offered a mix of fun with business

"There are people who read and there are people who are into literature," Duster said. "I was here last year, too. We've only been open for two years ... I was kind of blind to a lot of stuff that goes on in the literary community in this area and just to be a small dinky part of it is really exciting to me."

Duster was also on the planning committee for Lit Youngstown. He said the event was a reflection of how committed Schubert is to bringing the arts to the community.

"This is such a great event and it really is a reflection of how committed [Schubert] is to Youngstown and the arts — not just the literary arts," Duster said. "I don't know any place else in this part of the country where you're going to see this many poets all together."

One of the event's featured authors, Alison Stine, hosted a fiction workshop. Stine, originally from Mansfield, Ohio, said guiding writers during the workshop was impactful.

"I don't teach full-time. I work as a writer for my day job as a journalist and so I really missed the classroom," Stine said. "Getting to interact with people who are maybe at the beginnings of their career — maybe they feel stuck or maybe they hadn't considered the things I write about as things they could is really exciting for me."

Schubert said every February, Lit Youngstown opens a portal for feedback and proposals to request sessions for the next festival.

"Every year we put out a call for proposals. We have columns of ideas for people to consider when they're proposing," Schubert said. "We really encourage students and students working with faculty members to put in a proposal ... anything that touches the literary arts, we're interested in."

More information and upcoming event schedules by Lit Youngstown can be found at lityoungstown.com.





Photos by Elizabeth Coss / The Jambar

The Jambar **Column**

Over the hill

Before I wrote this, I had a terrible writer's block. I could not — for the life of me — think of a topic to write about that wasn't political. Then, I had a stroke of genius.

Picture this; I'm driving with the radio on, and I'm listening to a song by the second greatest band of all time, "Brain Damage" by Pink Floyd. The DJ informed me that "The Dark Side of the Moon," the band's best-selling and greatest album to date, is somehow already 50 years old. That got me thinking, what else turns 50 this year?

Many new musical acts appeared on the scene in 1973. Queen, Lynyrd Skynyrd and Bruce Springsteen all released their debut albums, all of which I have listened to. But that's still not enough, I wanted to know, what else were people rockin' to back in '73?

Elton John's "Goodbye Yellow Brick Road," a testament to glam rock and singer-songwriters, is officially over the hill. Led Zeppelin's "Houses of the Holy," is also celebrating a birthday. The Steve Miller Band's "The Joker," still preaches the "pompatus" of love 50 years on.

Along with the aforementioned, Aerosmith, Tom Waits and ABBA dropped their first albums 50 years ago. Initially, their albums were overlooked both critically and commercially, but now I don't think I've been to a wedding where they weren't playing the dreaded "Dancing Queen." Isn't it funny how life works out?

That's just music, but what about movies? Well, Martin Scorscese's "Mean Streets" hit the streets Oct. 14, 1973.

William Peter Blatty, author of "The Exorcist" and a literary idol of mine, was sitting down to watch Ellen Burstyn, Linda Blair and Max von Sydow terrify viewers in the film adaptation of his novel. No film like "The Exorcist" had been screened before, at least not on a major scale.

A Sci-Fi favorite of mine, "Soylent



Matthew Sotlar

Green," was also released in 1973. Coincidentally, the film was set in 2022. Even more coincidentally — and horrifying — is the fact that there is a real company named Soylent that makes meal replacement

products.

Al Pacino went from good cop to bad cop in "Serpico," and George Romero's "The Crazies," both debuted on screen. The former grossed far more than the latter, shockingly.

In 1973, the U.S. was embroiled in the Watergate Scandal. For those who do not know what that is by now, shame on you. President Richard Nixon was also sworn in for his second term, having won a landslide election the year prior. One good thing Nixon did in '73 was withdrawing the U.S. from Vietnam.

Skylab, the U.S.'s first space station, was launched May 14, 1973. Eleven days after its launch, a repair crew was sent up to fix the station, as it was busted in the vacuum of space, somehow.

For those interested in seeing Skylab, head down to the National Air and Space Museum in Washington, D.C.

The racehorse Secretariat won the 1973 American Triple Crown, destroying numerous records in the process. I've only included him because I remember watching the movie about him in elementary school. Pretty cool horse if you ask me.

In 50 years, I imagine someone will be writing an article about how America was captivated by Taylor Swift, and how there was almost a civil war over "Oppenheimer" and "Barbie." I can hope that whoever writes that article will be as funny as me, but I know such a feat is impossible to conceive.

The Jambar **Editorial**

Technology: Where do we draw the line?

Technological advancements have become a prominent fixture of average life, especially during the 21st century.

On one hand, technology has allowed us to do things we have never thought possible. Some of these things include mobility — running a business, playing video games or even talking face-to-face.

A Forbes article written by Murray Newlands, stated because of technology, "mobile employees can do all they need to do without being chained to an office."

As for convenience, people can now have as many products as they want delivered to their location.

Food, groceries, alcohol, feminine hygiene products and even literal vehicles can be delivered to a person's location at the click or tap of a button.

Despite how helpful this technology is, it can be argued that we are becoming dependent on it.

Social media has made it easier than ever to connect with others, but as this technology brings us together, it can't help but push us further apart.

Lindsay Dodgson, a senior reporter at Insider, wrote an article about how social media can lead to increased feelings of isolation.

"People who logged onto social media accounts for more than two hours per day were twice as likely to experience social isolation than those who spent less than half an hour," Dodgson said.

Along with this, technology has made advancements in communication, as COVID-19 essentially forced us to become more adaptable to working at home. This technology has made it much easier to get in touch with many different people, but allows us to get lost in the fact that it becomes too easy at times.

Why take the time to arrange a meeting with someone, or see someone in person, when you could just as quickly call them up and talk to them, or even see their face over FaceTime or Zoom?

New-age technology has also promoted a much more inactive lifestyle.

According to an article from the BBN Times, written by Mihir Gadhvi, recent technology promotes a much more stationary lifestyle.

"The rise of digital entertainment, social media, and streaming platforms has led to a decrease in physical activity ... People spend more time sitting in front of screens, leading to health problems such as obesity, cardiovascular diseases and weakened muscles," Gadhvi said.

Arguably, technology makes our world both grow and shrink. It allows our lives to be much more convenient, while at the same time it can promote a more sedentary lifestyle, and make us more dependent on what is said to be aiding us.

Quote of the Week

"Only put off until tomorrow what you are willing to die having left undone."

- Pablo Picasso,

Spanish painter, sculptor and printmaker

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Letter to the Editor

Oppose Pete Complete

On Wednesday Nov. 1 the Academic Senate will vote on the Pete Complete Book Program. I will vote in opposition.

The main reason for my opposition is that the program is an opt out rather than an opt in program. Devising the program in this way is not a financial benefit for the students. Barnes & Noble could simply implement a program for Youngstown State University students that caps the total rental price for required course material in a semester. No YSU payment would be necessary.

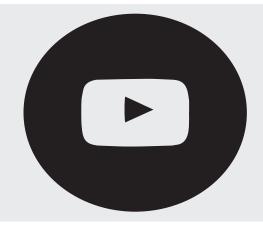
Speaking of rentals, senators should be aware of the price comparisons presented to students who are considering not opting out of the program (easier if we could say "opt in"). Students will be comparing the price of renting used material from Barnes & Noble to that of buying brand new material. Would not comparing rentals to rentals be more informative?

At both the last senate meeting and the information session that I attended, it was mentioned that students who were taking a heavy load of general education classes tended to be more likely to not opt out (tongue twister again) of the program. Has the following been considered? Perhaps upper-level students have recalculated the "savings" of not opting out of paying \$23 per credit hour to rent course material.

Jamal Tartir Professor of mathematics Boardman, OH

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Heartbreakers served at home

By Marissa Masano

The Jambar

The Youngstown State University women's volleyball team continued its Horizon League schedule against Cleveland State University, Oakland University and Northern Kentucky University. The 'Guins entered the matchups 7-14 overall and 2-8 in conference play.

The Penguins played Cleveland State on Oct. 20 in the Beeghly Center. The team fell to the Vikings in four sets.

In the first set, the Penguins held a 7-0 lead and a 14-9 advantage. However, Cleveland State rallied, took the lead, 20-16, and won the set by a score of 25-21.

The Penguins trailed the entire second set. CSU won 25-22 to take a 2-0 lead in the match.

The 'Guins took the third set, 25-15, to extend the match. Sophomore Abbie Householder had three aces during the set.

In the fourth set, the Penguins and Vikings were knotted at 20 apiece until CSU had a kill to take a 21-20 advantage. The Vikings went on to take the fourth set, 25-20.

The Penguins had fewer errors than the Vikings and outhit them 148-140. The Penguins led in blocks, accumulating 10.

Freshman Gabriela Machin led the team with 10 kills and five blocks. Senior Malave Dayan led the team with five blocks.

Senior Elise Moeller, who had been sidelined with an injury since Sept. 2, returned for the team and had nine kills and 10 digs.

Graduate student Josi Borum led the team in assists with 20, finishing with 10 digs and eight kills.

Householder led the team with a match-high 24 digs. Householder also led the team in aces with four. Three of her four aces occurred at the start of the third set.

Youngstown State hosted Oakland on Oct. 21 in the Beeghly Center in the next Horizon League match. The Golden Grizzlies swept the Penguins with scores of 25-20, 25-19 and 25-15.

Oakland held the Penguins to a .088 hitting percentage and led the match in kills, attempts, assists and aces.

In the first set, the Penguins got within a one-point margin of the Golden Grizzlies but fell after Oakland went on a 6-2 scoring run.

In the second set, Oakland scored seven of the final 10 points to win 25-19, and in the third, it went on a 10-3 run to close out the matchup.

Junior Jazmin Vergara had a match-high 11 kills and posted two blocks and six digs.

Borum had a match-best 19 assists and led the team in aces. The graduate student also posted six digs and five kills.

Freshman Maria Insana led all players with 14 digs. Insana also posted an assist.

Sophomore Julia Sell led the team in blocks with five.

The lady 'Guins traveled to Regents Hall on the campus of Northern Kentucky on Oct. 24, where the Penguins were defeated by the Norse 3 sets to 2.

The Norse took the first and second sets, but YSU was able to take the third and fourth sets. Even though the 'Guins could force a fifth set, they were defeated by a score of 13-15.

The Norse led in aces, 13-1, and blocks, 12-8. Youngstown had more kills, assists and digs. The team also accumulated more errors than Northern Kentucky. Nine of these errors came in the second set.

Householder led the team in kills, aces and digs. She recorded 17 kills, one ace and 18 digs. Senior Isabel Schaefbauer had a match-best 30 assists, and Sell led the team in blocks with six.

After the conclusion of these games, Sell ranks fourth in blocks in the Horizon League. Householder is 14th in points, 16th in digs and 16th in kills in the Horizon League.

The team ranks fourth in blocks and sixth in digs in the conference. The 'Guins have a 2-11 conference record and sit 10th in the standings.

Youngstown will stay on the road as it plays the University of Wisconsin-Milwaukee on Oct. 27 and the University of Wisconsin-Green Bay on Oct. 28.

To watch the games, check out ESPN+ and for stats, highlights and more visit ysusports.com.



Soccer fights for playoff spot

By Dylan Lux The Jambar

With one more game left in the regular season, the Youngstown State University women's soccer team inches closer to the Horizon League tournament.

The Penguins traveled to Green Bay, Wisconsin, on Oct. 21. The team squared off against the University of Wisconsin-Green Bay. Entering the matchup, the Penguins were 6-6-3 overall and 2-4-2 in conference play.

With a win on the road, the 'Guins stayed alive in the race for the postseason, needing a top-six spot in the conference standings to make the conference tournament.

Youngstown State sat in ninth place before the matchup with the Phoenix, needing to gain three spots to qualify. Green Bay was eliminated prior to its matchup with YSU.

With a scoreless first 25 minutes, sophomore Chloe Weiland broke the tie with an unassisted goal from just outside the box at the 25:31 mark of the first half. This was Weiland's third goal of the season, which ties her

for first on the team with sophomore Taylor Berry.

Shrum spoke on the significance of the young forwards, saying the future of the team looks bright.

"It means a lot, and the future of the program is bright," Shrum said. "Having players like that up front that can get in behind the defense and score, or take players on and score, is a positive anytime you look at it."

Soon after, at the 29-minute mark, graduate student Jordan Evans scored off an assist from freshman Emma Berdiner to put the Penguins up 2-o. Evans netted her second goal of the year.

The 2-0 score took the teams into halftime after YSU accumulated eight total shots in the first 45 minutes.

After a scoreless second half, the Penguins won the matchup against Green Bay and kept their postseason hopes afloat. The team now has 11 points in the conference standings, placing it eighth.

The team totaled 12 shots throughout the contest, with seven shots on goal. Berdiner earned her second assist of the year on the goal from Evans.

Senior goalkeeper Brooklynn Kirkpatrick posted her

fourth shutout of the season and had two saves against the Phoenix.

In the Penguins' next matchup, they will return home to Farmers National Bank Field to take on Robert Morris University on senior night.

Weiland said the team is looking to do what it can to win and not let the outside factors contribute to the nerves.

"[I'm] a little nervous but honestly, it's just another game for us," Weiland said. "You can't control the outside factors, just what we can do on the field ... just getting it done the way we know how to do it."

Being the last game of the team's regular season, a win would give YSU 14 points — just enough for sixth place in the conference.

With a win against Robert Morris and a win or tie from Oakland University, the women's soccer team will find itself in the Horizon League tournament and be dancing yet again.

To rewatch the regular season finale, go to the ESPN+ archives. For stats on the game, visit ysusports.com.

Men's tennis undergoes coaching change

By Madeline Hippeard

The Jambar

Just three days before competing in the ITA Midwest Regionals, the Youngstown State University men's tennis team underwent a big change of coaching staff.

On Oct. 16, Kody Duncan replaced Ulises Hernandez as head coach for the men's tennis program.

Before coming to YSU, Duncan served as the head coach for the men's and women's tennis teams at Edinboro University for nearly seven seasons.

Duncan was named the Pennsylvania State Athletic Conference Coach-of-the-Year for his team's achievements in the 2022-23 season.

In Duncan's final four seasons at Edinboro, the men's team went 53-17. Moreover, Duncan led the Edinboro men's team to the NCAA Tournament in five of his six full seasons as a coach.

During the announcement of his position, Duncan expressed his excitement to be the new head coach of the men's tennis program at Youngstown State.

"It is my privilege to lead these talented athletes in their pursuit of excellence, both as tennis players and as individuals. I look forward to the journey ahead and am ready to serve Youngstown State with my utmost dedication and passion for the sport," Duncan said.

Three days after Duncan's appointment, the tennis team traveled to Ann Arbor, Michigan, to compete in the ITA Midwest Regionals on Oct. 19 and Oct. 20.

On Oct. 19, the Penguins competed in the qualifying stages of the Main Singles Draw, which consisted of two rounds of play.

Junior Nathan Favier said the ITA tournament is special since it's the biggest one of the fall.

"Going there was a big challenge for us and we wanted to show the big teams that we are here and we're able to do good stuff," Favier said.

Three Penguins earned victories in their first matches.

Favier defeated the University of Toledo's freshman Poonthong Komolpisut in three rounds with scores of 1-6, 7-6 and 10-6.

Freshman Onder Balaci defeated Cleveland State University's freshman Alan Matyjas, 6-3 and 6-2.

Senior Asier Pena Ibanez also earned a win, defeating Cleveland State's freshman Andrew Zimcosky in three rounds with scores of 6-4, 1-6 and 10-4.

Favier, Balaci and Pena Ibanez were all defeated by their next opponents in the Main Singles Draw.

On Day Two, the 'Guins competed in the Doubles Main Draw. Favier and junior Clement Mainguy secured two wins.

First, the duo defeated the University of Wisconsin's freshman Tomas Zlatohlavek and sophomore Micheal Minasyan, 8-4. Then, they defeated freshman Jeremy Zhang and junior William Monz from the University of Illinois, 8-7. The duo's winning streak was cut short by Ohio State's senior J.J. Tracy and sophomore Alexander Bernard.

Balci and Nishant Dabas beat Michigan State's senior Luke Baylis and junior Josh Portnoy, 8-5, but were defeated by their next opponent, senior Pawit Sornlaksup and graduate student Marko Galic from Toledo.

The Penguins will return to action Oct. 27 when they travel to Cleveland State University to participate in the Cleveland State Invitational. For more information and to find the results of the 'Guins next matches, visit ysusports.com.

Lastovka nails winning kick in homecoming game

By Cameron Niemi

The Jambar

The Youngstown State University football team had its 2023 homecoming game inside Stambaugh Stadium on Oct. 21. Illinois State University came to town, the Penguins won by a final score of 41-38.

Illinois State came in with a 4-2 record and ranked No. 25 nationally. Youngstown State was coming off a last-second field goal loss against the University of South Dakota.

The all-time series against the Redbirds coming into the game was 15-15. The game was a closely-fought contest from start to finish. The first half saw 56 total points alone as both offenses went back and forth.

The Penguins got on the board first as senior running back Tyshon King ran in a 1-yard touchdown, which gave YSU a 7-0 lead. King finished the game with 148 yards on 12 carries, as he averaged 6.2 yards per carry.

The Redbirds responded with a drive of their own, which tied the game at seven. The Penguins then marched 75 yards downfield in three plays. Senior quarterback Mitch Davidson rolled out to his left and found junior wide receiver C.J. Charleston on a deep 72-yard pass downfield for a touchdown.

YSU took a 14-7 lead before the end of the first quarter. At the start of the second, Illinois State drove down the field and tied the game.

Davidson and the offense went down the field for a 6-play, 75-yard drive. Davidson connected with senior wide receiver Bryce Oliver for a 15yard touchdown.

Illinois State continued to answer back with drives of its own. The game was tied 21-21 half-way through the second quarter.

The 'Guins offense immediately responded with a quick three-play drive as Davidson connected with redshirt freshman wide receiver Joey Farthing for a 33-yard touchdown. This was the second week in a row that Davidson found Farthing in the endzone.

By halftime, the game was tied 28-28 as the Redbirds scored with less than 30 seconds left in the first half.

The second half saw less offense and more defense. YSU took the lead again as redshirt freshman kicker Andrew Lastovka kicked a 22-yard field goal. Illinois State scored a touchdown and had a 35-31 lead heading into the fourth quarter.

The Penguins had the ball at the start of the fourth. The team went on a seven-minute drive down the field, which ended with Davidson's pass to senior Dra Rushton for the 6-yard score,

which gave Youngstown State the lead once again, 38-35.

Davidson finished the game 16-of-25 through the air for 203 yards, as he passed to nine different players. Davidson threw four touchdowns, which is a single game career-high record for the quarterback.

Davidson spoke after on the back-and-forth game and the team bouncing back after last week's loss.

"Coming into this game we know it's a must win. It's Youngstown, it's gritty football, and I

believe we came out as a team and we played well," Davidson said. "Overall, I thought we played well and I'm super proud of my team."

With less than five minutes remaining in the game, Illinois State was held to a field goal by the Penguins' defense to tie the game, 38-38.

YSU marched down the field and got the ball within field goal range with just five seconds left on the clock. Lastovka lined up on the left hash as he stepped up and drilled the game-winner from 37 yards out. Lastovka was hounded by his teammates from the sideline after the kick.

Lastovka played a crucial role on special teams. He received Missouri Valley Football Conference special teams player of the week as he was a perfect 5-of-5 on PATs and 2-of-2 on field goals.

Lastovka spoke after the game on his game winner and staying calm under pressure.

"I wasn't nervous at all," Latovka said. "Calling the timeout, we knew it was gonna happen. Just keeping your head in the right place and knowing you can make it, no matter the circumstance."

Youngstown State improves to 4-3 on the season and 2-2 in the MVFC. YSU also jumped up to No. 24 in the Stats Perform FCS Top 25.

YSU will play its second-straight home game as it will host the 3-4 Missouri State University at 2 p.m. on Oct. 28. For more information on the game, go to ysusports.com. To watch, visit ESPN+ or listen to the game on 570 WKBN.

