

Joint Conference Committee Next Step

LICENSURE BILL PASSES SENATE

Where We Are Now

On Wednesday, March 21, the Senate Committee on State Government, Health and Human Resources voted Amended Sub. H.B. 205 #6 out of committee by a 6 to 2 margin. Senator Marigene Valiquette, chair of the committee, vigorously supported the bill and moved it through the committee. The other five senators voting for the bill were Senators Marcus Roberto, William Bowen, David Hobson, Ben Skall, and Tom Talbot. Senator Oliver Ocasek has also actively supported the bill but was out of town during the committee vote. Senators Gary Suhadolnik and William Ress voted against the bill in committee.

On Thursday, March 29 the full Senate passed the Counselor/Social Worker Licensure Bill by a 26 to 7 margin. A listing of how each Senator voted is given below:

Voted For the Bill

Stanley Aronoff
Robert Boggs
William Bowen
Eugene Branstool
Charles Butts
Thomas Carney
Oakley Collins
Lee Fisher
Paul Gillmor
David Hobson
Morris Jackson
Donald Lukens
Steven Maurer
Harry Meshel
Robert Nay
Oliver Ocasek
Richard Pfeiffer
Marcus Roberto
Michael Schwarzwaldner
Ben Skall
Cooper Snyder

Lowell Steinbrenner
Tom Talbot
Marigene Valiquette
Alan Zaleski
Neal Zimmers

Voted Against the Bill
Richard Finan
Ben Gaeth

Theodore Gray
Paul Pfeifer
William Ress
Gary Suhadolnik
Thomas Walsh

Letters of Appreciation Needed
It is very important that we write letters of appreciation to the Senators who supported

the bill. If your own Senator supported the bill, write to him/her. Also, we all need to express our thanks to Senator Valiquette who moved the bill through committee and to Representative Dean Conley, the bill's prime sponsor in the House, and Michael Schwarzwaldner, the Senate prime sponsor. You can address your letters to the State House, Columbus, Ohio 43215.

Support Counselor Licensure — contribute today

Getting the counselor licensure bill passed is costing the organization a lot of money. Communication, postage, a paid lobbyist, travel to committee meetings, all have a price tag. It will be worth it when the bill is enacted.

YOU can help by making a financial contribution. Please make checks payable to OPGA and put "Legislation" in the lower left hand corner. Send to: James Herrick, 288 Loveman Avenue, Worthington, OH 43085. Contributions are tax deductible.

Legislators Need Campaign Help

Four legislators who have supported counselor/social worker licensure have asked for campaign volunteers in the upcoming primary and/or general election. They are Senators Marcus Roberto, Michael Schwarzwaldner, Robert Nay, and Representative Dean Conley. If you can help or get others to donate a few hours of time, contact these legislators at the State House. Call 1-(800)-282-0253 and ask them to return your call. We owe these four legislators a lot and any

(continued on page 2)

Sharpen your skills at Workshop May 5

"Sharpening Your Skills" is the theme for OPGA's one-day Spring Workshop to be held at the Sheraton-Columbus (50 N. Third St.) Saturday, May 5. (Not May 7, as incorrectly stated in flyer). Participants may register for any one of the eight four-hour workshops designed to enable them to develop and broaden their counseling skills and specifically address current counseling issues.

Dr. Glenn Saltzman, Northeast Ohio Universities College of Medicine, will speak on "Caring — It Can Cost You Your Life" at the 1:00 p.m. luncheon, which is included in the cost of the workshop.

Registration fees are \$25 for OPGA members, \$35 for non-members, and \$3 extra for a CEU Certificate of Attendance verifying hours spent at the workshop. Registration fees, with name, address, phone, and workshop number, should be sent by April 28 to Sandra K. Weller, 2602 Eastmoreland Dr., Oregon, OH 43616. Make checks payable to OPGA or give VISA or MasterCard number with expiration date.

Those who wish to stay overnight Friday at the Sheraton should indicate they are with OPGA. One hundred rooms have been reserved and their use will offset the cost of the workshop meeting rooms.

The program will begin with Registration at 8:30 a.m., followed by the workshops

from 9:00 a.m. to 12:50 p.m. and the luncheon at 1:00 p.m.

The eight workshops and presenters are: (1) "How to Cope With Difficult People," Joseph E. Six, Human Relations Dept., Columbus City Schools; (2) "Coping with Kids," Dr. Thomas Sweeney, Ohio University; (3) "Counseling Issues Related to Loss: Death and Suicide," Geoff Wells, Wells-Merriam Funeral Home, with Susan Huss and Eve Kripke, Anthony Wayne Schools; (4) "Counseling the Right Brain," Mark Aman, Springfield City Schools;

(5) "Counseling Issues Related to Health," encompassing "Eating Disorders," Pat Beamish, Ohio University; "Aging," Jocelyn Fuller and Jim Glendenning, Columbus Counseling Clinic, and "PMS (Premenstrual Syndrome)," Ellie Dun, North Central Institute, Columbus; (6) "Family Counseling Issues: Child Abuse, Spouse Abuse, Chronic Mental Illness," East Center for Community Mental Health, Toledo; (7) "Families in Transition: Divorce/Single Parent/Step-Families," Jack Stoneburner, Columbus; (8) "Counseling Alcohol/Substance Abuse Families," The Tennyson Center Alcoholism-Chemical Dependency Rehabilitation Services.

SPECIAL ISSUE

Tentative plans for OPGA Guidelines include a special Fall issue devoted to graduate students of counseling, their interests and issues. Keep your eyes and ears open for potential authors and/or material you think appropriate and forward names or articles to us c/o OPGA Guidelines, 127 Carroll Hall, University of Akron, Akron, OH 44325. THANKS!

— Helen Sutton

OPGA becomes OACD as of July 1, 1984

The OPGA membership has voted unanimously to change the name of the organization to the Ohio Association for Counseling and Development (OACD), effective July 1. The new name will keep the state branch's title consistent with that of the national organization, which has changed to American Association for Counseling and Development (AACD) from the former American Personnel and Guidance Association (APGA).

Many other state branches are also changing their names to be consistent with the national organization and the OPGA Executive Board believes that the new name (OACD) better reflects the diversity of counseling organizations which our state association represents. It is hoped that counselors and related practitioners in a wider variety of work settings not currently affiliated with OPGA may also be better able to identify with an organization whose name is now broader in scope.

Counselors: It's your move!

Nominations needed for programs for 1984 All-Ohio Conference

Program nominations are invited for the 1984 All-Ohio Conference, which will be held on Monday, November 5 and Tuesday, November 6 at the Hyatt Regency, Ohio Center, Columbus. A Pre-conference will be held Sunday, November 4 at the same location.

On page 2 of this issue is a form on which you may nominate yourself or someone else (from any profession) to present a program that would offer counselors skill building or updating on issues. Please see that at least one program is nominated from your district or from your area of concern!

The registration fee of presenters will be waived for the day of presentation, but a fee will be required for those who wish to attend the second day of the conference. Travel, parking and meal expenses will be the presenters' responsibility.

The deadline for submitting nominations for programs is April 30. Programs submitted after the deadline will not be accepted.

Please return the completed form to Wanda L. Harewood, State Dept. of Education, Guidance and Testing Section, 65 S. Front St., Room 719, Columbus, OH 43215.

General Assembly recognizes Ohio mental health counselors

The General Assembly of the State of Ohio has recognized Ohio's mental health counselors by proclaiming April 8 through April 14 to be "National Mental Health Counselors Week."

Sponsored by Mr. Schwarzwaldner and Mr. Pfeifer, the Senate Concurrent Resolution.

WHEREAS, The members of the 115th General Assembly of Ohio wish to take this opportunity to recognize Ohio's mental health counselors during "National Mental Health Counselors Week," April 8 through April 14, 1984; and

WHEREAS, Mental health counselors provide 50 percent of the mental health services in the United States and it is an ever-growing profession, both within Ohio and the nation; and

WHEREAS, In determining the most appropriate counseling for each client, the mental health counselor utilizes individual and group counseling techniques oriented toward assisting individuals with methods of problem solving, personal and social development, and daily decision-making, and with the complex processes of developing self understanding and making life decisions; and

WHEREAS, In conjunction with other helping professionals, such as psychiatrists, psychologists and social workers, mental health counselors work in all aspects of community health agencies and are vital to our health care system; and

WHEREAS, The public recognition has been small; the many outstanding sacrifices of these caring individuals have been great; therefore be it

RESOLVED, That we, the members of the 115th General Assembly of Ohio, in adopting this Resolution, recognize Ohio's mental health counselors during "National Mental Health Counselors Week," April 8 through April 14, 1984; and be it further

RESOLVED, That the Clerk of the Senate transmit only duly authenticated copies of this Resolution to the Mental Health Counselors Association and to the news media of Ohio.

The resolution is signed by Thomas A. Smith, Clerk of the Senate; Senator Harry Meshel, President of the Ohio Senate; and Representative Vernal G. Riffe, Jr., Speaker, Ohio House of Representatives.

To The Members:

The calendar says Spring is on the way, but the weather cannot seem to read the calendar. Spring brings with it growth spurts in many aspects of life. Hopefully, the coming of Spring will inspire each of you to spurts of energy and growth.

Energy spurts are needed not only in your personal life, but in your professional life. Use that Spring energy toward furthering your profession through involvement in various professional activities, such as legislative efforts (see page 1 article on licensure); run for, or volunteer for, an office in your local organization; encourage your colleagues to join OPGA and attend OPGA's Spring Workshop.



Susan Huss efforts (see page 1 article on licensure); run for, or volunteer for, an office in your local organization; encourage your colleagues to join OPGA and attend OPGA's Spring Workshop.

Mark May 5 on your calendar and plan to come to Columbus. The Spring Workshop has an exciting new format and will provide opportunities for the development and improvement of counseling skills. Current issues have been identified and workshops are planned to address these areas. (For more detailed information, see page 1 of this issue.)

At the last Board meeting, it was decided to change our membership year from July 1-June 30 to the anniversary system. What this means is that if you join OPGA in March, your next annual dues are due one year from then. We hope this will encourage more people to join and that it will remove the burden of dues all being due at the same time of the year.

Hope to see you all in Columbus on May 5!
— Susan Huss

Love is not measured by how many times you touch each other, but by how many times you reach each other.

— Cathy Morancy

Dr. Wysong wins award

The work of Dr. H. Eugene Wysong, Department of Guidance and Counselor Education, University of Toledo, in conjunction with "Guidance Program Evaluation Procedures and Instruments" was judged to merit the First Annual Exemplary Practices Award of the Association for Measurement and Evaluation in Guidance (AMEG). Both the AMEG Award Committee and the AMEG Executive Committee found the procedures, instruments, and the use made of them to have "high potential for improving measurement and evaluation in guidance — through example."

The AMEG Award Certificate was presented to Dr. Wysong at the AMEG Annual Luncheon held March 19 at the Hyatt Regency Hotel in Houston, Texas in conjunction with the 1984 National Convention of the American Association for Counseling and Development.

As the AMEG Award winner, Dr. Wysong receives a year's membership in AMEG and his Guidance Program Evaluation Procedures and Instruments will be described in an AMEG Newsnotes article.

OPGA congratulates Dr. Wysong on receiving this award.

Time to apply for Chapter II Block Grants

The Ohio Department of Education will be holding regional meetings in April to consider requests for federal Block Grant funds, which can be used for school guidance services such as additional personnel, equipment and supplies.

Interested counselors should get in touch with their district Chapter II coordinator regarding proposals for use of these funds.

OPGA GUIDELINES
Vol. 11, No. 3 April, 1984

Published October, January, April, June, by the Ohio Personnel and Guidance Association.

Bill Nemeec Executive Editor
Helen Sutton Managing Editor
Cynthia Marco Advertising Manager

Address material for publication to: OPGA Guidelines, Dept. of Counseling and Special Education, Room 127, Carroll Hall, University of Akron, Akron, Ohio 44325.

1984 All Ohio Conference Nomination for Program

(Please type or print all information requested.)

PERSON SUBMITTING THE NOMINATION

Name _____ Position/Title _____

Address _____

Institution _____ Home Phone (____) _____
Bus. Phone (____) _____

PERSON/S NOMINATED TO PRESENT A PROGRAM

Name/s _____ Position/Title _____

Address _____

Institution _____ Home Phone (____) _____
Bus. Phone (____) _____

Intended Audience _____

Topic _____

Brief description of presentation (25 words or less) _____

Send your completed nomination to Wanda L. Harewood, State Dept. of Education, Guidance and Testing Section, 65 S. Front St., Room 719, Columbus, OH 43215.

Licensure passes Senate

(continued from page 1)

way we can help them will be appreciated.

Where We Go Next

The bill will now go to a joint conference committee of the House and the Senate because the Senate has made changes in the House-passed version of the bill. When the differences are worked out, both Houses of the legislature must approve the compromise version. Assuming all goes well, we will then have a licensure bill. The timetable is to have all work on the bill completed by the end of May.

Problem Areas

1. Privileged Communication Provision Stays. Good news! The concerted effort by the Ohio Prosecuting Attorneys Association to have this provision deleted from the bill was rejected by the Senate.

2. Diagnosis and Treatment Issue. The House-passed version would have prohibited licensed counselors from diagnosing or treating mental disorders regardless of degree, training, or past experience. Of course, this provision was unacceptable to the Social Worker and Counselor Coalition (SWACC) for reasons that have been outlined in detail in previous issues of *Guidelines*.

The Senate-passed version of the bill will allow licensed professional counselors to include the diagnosis and treatment of mental and emotional disorders in his/her scope of practice if they meet certain requirements that will be established by the Licensure Board to determine who is qualified to diagnose and treat mental and emotional disorders.

The Board to be established by the bill will have six months after its enactment to prepare specific qualifications that counselors must meet to receive the endorsement to diagnose and treat mental and emotional disorders. Until such time as those rules become effective, any professional counselor who wishes to diagnose and treat mental and emotional disorders can do so only under the supervision of a licensed psychologist or psychiatrist.

One of the problems that must be resolved in the joint conference committee is a provision in the Senate version that will require the full legislature to approve the rules proposed for the diagnosis and treatment qualifications. It is hoped that a compromise on this issue can be worked out so we do not have to take these requirements back through both Houses.

It must be kept in mind that as long as a counselor licensed under this bill does not include diagnosis and treatment of mental and emotional disorders in his/her scope of practice, they can still use the title "licensed professional counselor." If they wish to include diagnosis and treatment as part of

their scope of practice they will have to meet additional qualifications.

A complete copy of the bill (Sub. H.B. 205 #6) can be received by writing your Senator.

EDITOR'S NOTE: We're having to work very hard to develop a strong and effective bill. We are definitely making progress. We've never been this far in nearly ten years of working on this bill. Thanks to the work of the Social Worker/Counselor Coalition and the support from the field, I feel we are going to make it. Thanks to all who are helping realize our goal. Hard work and commitment does pay off. Let's give one final push to make Ohio the ninth State to pass a counselor licensure law.

— Bill Nemeec

If you tell the truth, you don't have to remember anything.

— Mark Twain

WHEN YOU FINISH READING
THIS COPY OF GUIDELINES —

Share it
with a colleague
who is not a member
of OPGA!
Encourage others to join.

You cannot bring about prosperity by discouraging thrift. You cannot strengthen the weak by weakening the strong. You cannot help the wage earned by pulling down the wage payer. You cannot further the brotherhood of man by encouraging class hatred. You cannot keep out of trouble by spending more than you earn. You cannot build character and courage by taking away man's initiative and independence. You cannot help men permanently by doing for them what they could and should do for themselves.

— Abraham Lincoln

Thanks!

Contributors to this issue include Jim Glendening, Charlotte Huddle, Susan Huss, and Dean Schrock.

Flying Solo

After three years of night classes and this past semester and a half of full time grade school, I am now doing "real counseling"; i.e., I have a weekly group and four weekly individual clients being seen under the supervision of our required practicum here at the University of Akron. What a difference it makes! How much more I need to learn from all the rest of you becomes apparent, as well as how much I have already learned and am able to implement.

I am conscious of my growth from student to professional particularly this semester, not only in the practice of counseling, but also in a subtle shift in perception of relationships in my department for those of us completing the program this semester or this summer.



Helen Sutton

Conversations with professors are more often on the level of peers now. There is a sense of joint purpose and effort different from the student-faculty dichotomy realistically experienced in the beginning of the program.

Field experience at a local residential treatment center for alcohol/drug abusers is contributing considerably to my increased sense of professionalism. The opportunity to see how the program operates and learn to interact with this kind of client is invaluable, as is my participation in a special group for clients at the University's Speech and Hearing Clinic and my teaching Career Planning to undergrads. (Hadh't taught for eight years.)

Classmates, too, are providing a wealth of information and experience, both in reviewing client tapes in Practicum and in Seminar presentations. In the latter, so far, we have heard about counseling the terminally ill (and their families), chemical/alcohol abuse, stress management, art therapy, and changing self-defeating behaviors.

Efforts of our local mental health counselors, many of whom have been classmates, to organize into a chapter of OMHCA to promote licensure and professional identity have also increased my personal sense of identity as a professional counselor, as has my participation in OPGA via this newsletter, the board meetings, and various conferences, not to mention Bill Nemeec's almost daily updates on the licensure bill.

Now all I need, to go with the education and the sense of professionalism, is a JOB! It's time to get the resume updated, start hunting, and join the rest of you in working for a living again! I'm looking forward to it. See you May 5 in Columbus!

— Helen Sutton

— NOTICE —

The Executive Board Meeting previously scheduled for Friday, April 13 at the State Savings Bank in Worthington has been changed to Friday, May 4 at the Sheraton-Columbus, 50 N. Third St.

The June 15 meeting, scheduled for the State Savings Bank, 6895 N. High St., Worthington, has not been changed.

Newsletter Deadlines

Deadline for the June issue is May 7; for the September issue, August 20.

Ohio Personnel and Guidance Association

Serving All
Counselors
In The
State of Ohio!

Personal Notes — RETIRED —

Dr. Raymond A. Wasil, Associate Director, Division of Educational Services, Ohio Department of Education.

Dr. Wasil, at the State Department of Education since 1975, spent many of his weekends and evenings speaking in support of counseling in the State of Ohio. He worked at the national level with APGA, AVA, DOL and other professional and government agencies over the years, served as consultant to many states and was recognized by the President of the United States for his work to organize industry/education programs.



Raymond Wasil

Dr. Wasil also worked in business and industry, as a special education teacher, teacher, counselor, supervisor, county director and state director. He will be leaving the state Department of Education to work full-time in a number of other areas, including community work and school consultation.

Dr. Wasil's experience at the state department will be missed. OPGA wishes him well in his future endeavors.

— DIED —

San Hankinson, father of Rick Hankinson.

Memorials may be made to the Sam Hankinson Memorial Trust Fund at the Knox Co. JVS, Mt. Vernon. Funds will be used for vocational school equipment and uniforms for needy students.

— MOVED —

Barbara Dzur, OPGA Secretary, to 420 Ridge Drive, Medina, OH 44256.

WANTED: WRITERS! WANT TO WRITE?

We need to know...
What's happening in counseling with you and your colleagues —

- Awards
- Promotions
- Photographs
- New Programs
- Good Old Programs
- Past, Present, Future
- Your Views
- Workshops
- Institutes
- Ideas on Human Growth & Development
- News of the Profession

Send to Editor, OPGA Guidelines, Room 127, Carroll Hall, University of Akron, Akron OH 44325.

NOTIFICATION

Those wishing to join the Ohio Mental Health Counselors Association may do so on the OPGA Combined Membership Form on page 8 of this issue of Guidelines. For further information write to the Ohio Mental Health Counselors Association, 867 West Town Street, Columbus, Ohio 43222 or call (614) 461-6173, Ext. 33.

NBCC Update

7,000 certified to date

Lloyd Stone, Chairperson of the Board of Directors of the National Board of Certified Counselors reports that over 7,000 counselors have committed themselves to professionalism by seeking and obtaining certification from the National Board (NBCC). They are encouraged to use the NCC designation by putting it behind their names on letterhead, on correspondence, in the phone book, or wherever else the public is likely to see that they are National Certified Counselors.

NCCs will receive *NBCC Newsnotes*, a newsletter from the NBCC Board to keep them up to date and abreast of plans. Included in the first issue are brief biographies of Board members, information about ex-

amination development, guidelines for specialty certification affiliations, an update on recertification, convention information, etc.

Exam Update. The norming of the NBCC Counselor Certification Examination continues through 1984. Beginning in 1985 a minimum score will be established which must be met before certification is granted. Counselors planning to participate in the last norming exam (no minimum criterion score) on October 27, 1984 must apply for certification in time for their application to be received by August 1, 1984. NBCC encourages early application for this exam as response is expected to be heavy and the application deadline is FINAL.

1985 Testing Dates Established. The NBCC Board of Directors has scheduled administration of the NBCC Counselor Certification Examination on the last Saturdays in September and April plus during the AACD convention. Application deadlines for 1985 exams will be announced later.

NBCC Financial Report. The current financial status of NBCC is excellent. Revenues in excess of the amounts currently required to sustain the certification process have been soundly invested in anticipation of appreciably decreased revenues in the next few years. It is expected that the number of applications will drop in 1985 due to the fact that a minimum criterion exam score will be established which must be achieved before certification is granted and a very large number of counselors will already have taken the norming exam in 1983-1984. Reserves are to be used to sustain the certification process and ensure continuation of important priorities such as continued promotion of the NCC designation.

Ohio Personnel and Guidance Association
Serving All Counselors
In The State of Ohio

What
Is
a

National
Certified
Counselor
?



NATIONAL BOARD FOR
CERTIFIED COUNSELORS, INC.

WHEN YOU FINISH READING
THIS COPY OF GUIDELINES —

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with a colleague
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of OPGA!
Encourage others to join!

Questions and Answers for the public about "National Certified Counselors"

What is NBCC?

The National Board for Certified Counselors is an independent, non-profit, voluntary organization whose primary purposes are to establish and monitor a national certification system, to identify to professionals and the public those counselors who have voluntarily sought and obtained certification and to maintain a register of those counselors. NBCC was initiated as a result of the efforts of the American Association for Counseling and Development (formerly APGA) in promoting credentialing for counseling professionals. It is the intent of NBCC to provide a national standard that can be used as a measure of professionalism by interested groups, agencies, and individuals. NBCC encourages the continuing professional growth and development of the National Certified Counselors.

What Is Certification?

Certification is a process by which the professional certifying board grants formal recognition to an individual who has met certain pre-determined professional standards as specified by that group.

What Is A Register?

A register is a document that lists by name and other pertinent information those individuals who have been certified by a professional certification board. Such a document can assist the public in identifying certified practitioners. NBCC maintains a computer-based register of Board-certified counselors at its administrative headquarters. Beginning in 1985, NBCC plans to publish its Register of National Certified Counselors biannually.

What Does "NCC" Mean?

Counselors certified by the National Board for Certified Counselors are authorized to use the designation "NCC" which stands for National Certified Counselor. These counselors meet the professional standards established by the Board and abide by the NBCC Code of Ethics.

What Are The NBCC Certification Eligibility Requirements?

Brochure Available. NBCC's new brochure, "What Is A National Certified Counselor?" (below), was designed to promote the professional identity of NCCs and to assist the public in understanding the purpose of NBCC and the professional standards that have been met by those who hold the NBCC credential. Single copies of the brochure may be obtained on request from the NBCC office, 5999 Stevenson Avenue, Alexandria, VA 22304, (703) 823-9800 x262, 263. Bulk copies may be purchased at the nominal rate of \$5.00 per hundred, which covers printing, postage, and handling.

Remember: NBCC is Paying For Items! The NBCC Counselor Certification Examination is designed to assess the cognitive counseling knowledge of candidates for certification. Examination development is coordinated by Dr. Larry C. Loesch, AACD/NBCC Examination Consultant. On a continuing basis, Dr. Loesch adds items to the NBCC examination item pool.

Contributors of items selected for retention will be paid \$5.00 per item in any of the following content areas: (1) Human Growth and Development, (2) Social and Cultural Foundations, (4) Group Processes and Counseling, and (7) Research. \$3.00 per item will be paid for items selected for retention in each of the following areas: (3) The Helping Relationship (includes counseling theories), (5) Life Style and Career Development, (6) Appraisal of Individuals, and (8) Professional Orientation.

Persons wishing to contribute items for consideration should submit items in a multiple choice, four distractor format, typed double-spaced on plain white paper; provide a cover letter stipulating that the items are original, that they are not copyrighted, and that NBCC will have free and unrestricted use of selected items (NBCC cannot return lists of items submitted for review); and identify the content area for each item submitted.

Send items plus cover letters to Dr. Larry Loesch, AACD/NBCC Examination Consultant, 1215 Norman Hall, University of Florida, Gainesville, FL 32611.

All candidates for National Certified Counselor must fulfill both the minimum education and experience requirements set forth by the Board. Counselors certified by NBCC hold a master's or doctorate degree in counseling or a closely related field from a regionally accredited university. They have at least two years professional counseling experience and have documented a supervised counseling experience. All candidates must take a counselor certification examination.

How Long Is NBCC Certification Valid? NCC's are certified for a period of 5 years. In order to be recertified at the conclusion of the 5-year cycle the counselor must: accrue specified continuing education credits; show evidence of continuing professional practice or reexamination; adhere to the NBCC Code of Ethics in professional practice.

What Is The Code Of Ethics?

Specification of a code of ethics enables the NBCC to clarify for current and future certified counselors, the nature of ethical responsibilities held in common by the certified counselors. Areas addressed by the Code are: the counseling relationship; measurement and evaluation; research and publication; consulting; and private practice.

How Many Counselors Are Certified?

As of February 1984 nearly 7,400 counselors will have successfully completed the NBCC certification process. The Board is proud of the dedication and professionalism of these counselors.

If you would like further information about the National Board for Certified Counselors, contact: NBCC, 5999 Stevenson Ave., Alexandria, VA 22304, (703) 823-9800 x262, 263.

The above questions and answers are reprinted from the brochure published by the National Board of Certified Counselors as a public service. Reproduction of any or all parts is encouraged.

DATES OF UPCOMING EVENTS FOR 1984

May 5	OPGA Spring Workshop	Columbus
June 24-27	ASCA National Elementary and Middle School Guidance Conference	Tulsa
July 15-18	ASCA Super Summer Seminar	Golden, Colorado
August 2-5	ASCA Leadership Development Conference	Duke University
Sept. 20-22	OVA Conference	Dayton
November 5-6	All Ohio Conference	Columbus

For more information, please check with your organization leaders.

Gilles de la Tourette Syndrome: psychological or physical problem?

by Eleanor L. Stewart
Master's Student, Special Education
(Learning Disabilities and Behavior Disorders)
University of Akron

Gilles de la Tourette Syndrome (TS), a tic condition which begins in early childhood or adolescence (between the ages of 3 and 14), has been frequently misdiagnosed as a psychological illness. Tics are one of the most common neuropsychiatric disturbances of childhood and more than a quarter of all children may suffer from them at one time or another; until recently tics were considered to be purely psychological in origin. However, there is no evidence in the psychiatric, psychological or medical literature which suggests that the etiology of Tourette Syndrome is psychological.

The first symptoms include involuntary movement of the face, arms, limbs and trunk. These are frequent, repetitive and rapid. The most common first symptom is a facial tic (eye blink, nose twitch, grimace) and may be added to or replaced by tics of the neck, trunk and limbs. While in most cases there are multiple tics, only one part of the body may be involved.

Additional symptoms such as touching, repetitive thoughts and movements, and compulsions can also occur. The involuntary movements may also be complicated and involve the entire body, as in such movements as kicking and stamping. Verbal tics (grunting, throat clearing, barking, etc.) may be added to or replace some of the original symptoms. Echo phenomena have also been reported. This involves repeating others' words, repeating one's own words and repeating others' movements. Verbal tics may be expressed as coprolalia, explosive foul language.

Symptoms have been known to appear, change, and disappear (remission). It is impossible to predict whether a tic will disappear or become chronic or develop into Tourette. Some researchers believe it possible that all tics have a common organic basis.

Frequent social embarrassment plus the further anxiety of not being "in control" of his or her own body may create emotional/behavioral difficulties. Many of those afflicted suffer low self-esteem, obsessions, and body image confusions; families are often thrown into chaos when the disorder is severe. Because of such bizarre behavior patterns, the social, educational, and emotional growth of the child is likely to become problematic. Counseling may be necessary for the child and/or parents. In rare cases, despair over the disruptive effects of the disorder on social and occupational functioning may lead to suicide.

Review of the literature by Shapiro in 1978 produced the following conclusions from patients' histories:

- 1) Three times as many boys as girls have Tourette Syndrome.
- 2) Tourette is found in all social classes.
- 3) No significant relationships were found in patients' developmental histories between Tourette and birth weight, history of abortions, or complications of pregnancy and delivery.
- 4) There was not identifiable relationships between psychopathology in families and Tourette Syndrome.
- 5) The relationship between minimal brain dysfunction (MBD) and Tourette was unclear, although a greater-than-expected frequency of MBD was found in Tourette patients. There were higher incidences of soft neurological signs, EEG abnormalities and perceptual difficulties.

Tourette Syndrome is not fatal. There is no cure yet, but Haloperidol (Haldol) is the drug that has been most successful with some TS patients. Side effects include muscular rigidity, weakness, fatigue, depression and cognitive impairment. About fifty percent of TS patients are diagnosed as learning disabled. Many of those classified as hyperactive will also be on medication. Therefore, in treating a TS client, it is most important to know which drugs the patient is taking and possible side effects.

A. Shapiro, M.D. and E. Shapiro, Ph.D. are among the leading TS researchers in the United States. From their numerous case studies of Tourette patients and an extensive review of the literature in this field, they suggest the following to those who may be counseling patients with Tourette:

- 1) Do not recommend psychotherapy or other psychological treatment for controll-

ing tics in TS patients. Present data suggest the etiology is organic rather than psychological and that psychological procedures are ineffective in controlling tic symptoms.

2) Symptoms over prolonged periods do affect personality adversely and interfere with emotional, social, vocational, and professional growth.

3) Many of the secondary effects of having Tourette can be effectively counteracted by patients' learning about the illness, reading about it, meeting and talking with other TS patients.

4) The number of TS patients available at any one time is a limitation, but Shapiro and Shapiro believe that group therapy with other TS patients would be helpful in treating many of the secondary psychological effects of TS.

The TS Association is very active nationally and has local chapters in which parents and patients may receive support and information. For further information on local TS groups, write the Ohio Chapter, Tourette Syndrome Association, 81 Powhatton, Milford Medical Bldg., Milford, OH 45150 or call (513) 831-2976. Write to the national TS Association at 40-08 Cpl. Kennedy Street, Bayside, NY 11361.

My Personal War

by Mike K.,
TS patient

*My body remains
Tense and strained
Holding back,
Involuntarily awaiting
The sudden surge
Of energies
Stifled by others.*

*My mind can only
Concentrate upon
What others think
About me;
Yet I sit,
Rigid and tight as a drum,
Awaiting the internal onslaught.*

*Now my limbs thrust
And my neck snaps
As my mind and body
Wage another battle
Of an eternal war.
A war of which
There will never be a victor.*

*I howl with laughter
And spit out
My obscenities
That conjure themselves
In my new emerging psyche.
My buffer zones are gone,
And my muscles begin to shred.*

*I grit my teeth
And gnash out at my enemy;
My tormentor retaliates,
And I begin to sob
As my backbone becomes rubberized
From my stretching for escape.*

*Finally, I am left
Battered and worn
From the draining event.
Although I did not
Defeat this haunting in my life
I have escaped, for now.*

— Reprinted from TSA Newsletter
Oct. 1983

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Current Family Issues: Divorce Adjustment focus of AU Spring Conference

The Center for Family Studies at the University of Akron is presenting their third annual spring conference Friday and Saturday, April 13 and 14. Friday's session for helping professionals, "Successful Coping: Helping Clients Recover from Divorce and Other Crises," runs from 8:30 a.m. to 4:00 p.m. and features Bruce Fisher, Ed.D., founder and director of the Family Relations Learning Center, Inc., author of the *Fisher Divorce Adjustment Scale, When Your Relationship Ends, and Rebuilding*. Dr. Fisher is assisted by his wife, co-author and co-facilitator Nina Hart-Fisher.

Friday fee for professionals is \$25; for students, \$10. A box lunch is available for \$3. Contact Dr. Helen Cleminshaw at (216) 375-7879 for further information.

An information educational seminar for people who are ending and rebuilding relationships, "Successful Coping: 'How Do I Recover From Divorce and Other Crises?'," will be presented Friday evening and 8:30 a.m. to 4:00 p.m. Saturday by the Fishers.

"Rebuilding After A Crisis," 7:30 to 9:30 p.m. Friday evening, is free. The fee for Saturday is \$5; box lunches are available for \$3 for those who preregister. Child care, provided by the University of Akron Nursery Center, is \$1 per child for the day, but reservations are necessary (375-7760).

Co-sponsors for the conference include OPGA District 7; the Departments of Counseling and Special Education, Home Economics and Family Ecology, and Social Work, of the University of Akron; the Northeast Ohio Universities College of Medicine; and the Akron Area Association of Churches.

Dr. Coyne presenter at OAMFT Conference

Dr. James C. Coyne, director of research for the Mental Research Institute (MRI), presented "Treating Depressing Relationships: A Strategic Approach," the state of the art of interactional approaches to depression, at the Ohio Association for Marriage and Family Therapy (OAMFT) Spring Conference March 30 and 31 in Columbus.

In addition to director of research, Dr. Coyne is co-director for the MRI Mood Disorders Clinic and assistant professor of Psychology at the University of California at Berkley. He is the author of over two dozen articles on depression and strategic therapy, and is the co-author of two forthcoming books on Family Therapy and Depression.

The Mental Research Institute has consistently innovated in the field of family therapy, from the original double blind theories of schizophrenia to the development of paradoxical approaches to change. They have recently developed a brief strategic approach to the treatment of depression within an ongoing inter-personal system. This approach assumes that the patient's distress and symptoms arise from the mismanagement of life transitions or the accumulated mishandling of everyday difficulties.

In the MRI approach, therapeutic interventions typically focus on the attempted solutions of patients and their significant others — what is being done to deal with their difficulties — rather than the difficulties themselves. Through the use of lectures and actual case study audiotaped demonstrations, the nine-hour workshop covered, in three sessions: the importance of social relationships in depression; methods of intervention in strategic therapy; specific tools for working with both depressed persons and their significant relationships; and common pitfalls and how to avoid them.

Middle age is that difficult time between adolescence and retirement when you have to take care of yourself.

What about YOUR group?

Can we include news
of YOUR organization's
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Send your written contributions by May 7 to: Helen Sutton, Guidelines Editor, Department of Counseling and Special Education, Carroll Hall, Room 127, University of Akron, Akron, Ohio 44325.



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Chapter/Division/District News

Elaine Mavrides chaired the Akron Chapter of the Ohio Mental Health Counselors Association (OMHCA) meeting February 23 with 20 members present. Dr. William Nemecek updated the group on the counselor-social worker licensure bill and asked everyone to write their legislators in support of it. (It passed the Senate; see page 1.) The next meeting of the group is a brown bag luncheon Wednesday, April 25 at noon, Western Reserve Human Services Transition Group Room, 1540 West Market Street, Akron. All interested counselors and students are welcome to attend.

The new president of the Ohio Mental Health Counselors Association (OMHCA) is Dr. Jocelyn K. Fuller, a Licensed Professional Counselor, Clinical Psychologist, Clinical/Neuropsychologist and Counseling Psychologist.

Dr. Fuller's goals for OMHCA include: forming and strengthening local OMHCA groups, sponsoring training workshops throughout the state (e.g., private practice, therapeutic skills development, special issues, etc.), publishing a newsletter more frequently, investigating special liability and/or health insurance as a part of OMHCA membership, pursuing the ecological resolution of any problems surrounding HMO's and their impact on the mental health community, and confronting issues surrounding licensure for currently unlicensed mental health professionals, while working to further strengthen those licensure laws which already exist.

Miami Valley Personnel and Guidance Association (MVPGA) members have been invited to join with Thomas L. South, Clinical Counselor, Center for Psychological

and Developmental Services, The University of Dayton, in organizing an Ericksonian hypnosis society in the Dayton area.

Dr. Jeffrey Zeig, Milton H. Erickson Foundation, Phoenix, has advised South that the Foundation would sponsor the society if certain guidelines are met. The use of Dr. Erickson's name is copyrighted, so Zeig suggested that the association be called the Milton H. Erickson Society of Dayton, Ohio. The Foundation's newsletter will announce the affiliation if the society's name, board of directors, by-laws and ethical code are approved by the Foundation. Upon approval, the Foundation will send a letter or certificate granting permission to use Dr. Erickson's name and their newsletter will advertise seminars and workshops sponsored by the society.

The goals of the association will be to bring together professionals interested in the work of Dr. Erickson and to promote his ideas to other mental health professionals in the Greater Dayton area. Activities proposed for the group include monthly meetings at the University of Dayton, workshops, C.E.U. courses, seminars, a local newsletter, a video and audio tape library, reduced prices on Ericksonian books and cassettes, and social events.

If you express an interest in the society by writing to Thomas L. South, Psychological Services, University of Dayton, Dayton, OH 45469 or calling him at (513) 223-3141 or 275-3785, you will be contacted regarding meetings.

Those interested are advised that the Graduate School of Counselor Education at the University of Dayton will be offering a course in Ericksonian approaches and techniques this fall called "Introduction to Uncommon Counseling Techniques: EDC 602." The course will emphasize non-trance communication techniques evolving from

Ericksonian hypnosis. It will also be a prerequisite for an advanced course in uncommon counseling, in which the emphasis will be on learning of hypnosis (trance) techniques. More information about the course will appear in the MVPGA newsletter.

OPGA Region 6 and OSCA District IV held a special counselors' conference, "Substance Abuse: Counseling Strategies and Resources," April 5 at Ohio University in Athens.

Dr. Thomas Sweeney, Ohio University, Past President AACD, hosted the conference and helped organize it with Tom Martin, OSCA Vice President-elect, District IV chairperson, and Tom Luken, Counselor, Gallia-Jackson-Vinton JVS, OPGA Region 6 coordinator. Martin's and Luken's work was part of an effort to unite the counselors in Southeast Ohio so that all may stay better-informed regarding professional issues such as licensure, counselor certification, and the development of Written Guidance Plans.

Ohio Association for Counselor Education & Supervision (OACES) held a professional development meeting, "Accreditation and Licensure Update," February 24 in Columbus.

The agenda included a presentation on accreditation of counselor education programs by Tom Sweeney, with panel reaction by Bill Nemecek, Sally Nave and Jim Wiggitt; Lunch; and a licensure update by Mel Witmer.

Members of the OPGA Region 7 Planning Committee met March 15 at the University of Akron. The agenda included a licensure update and request for letters to legislators, request for nominations for programs for the All Ohio Conference, and plans for a District 7 one-day workshop this Fall.



Ohio Vocational Guidance Association has announced the winners in its Career Education Week poetry and poster contests "Opening Doors to the Future with New Skills." The winning posters in each category are pictured above with three of the judges. They are, left to right, 10th-12th, Deborah McCartney, Gallia-Jackson-Vinton JVS; 3rd-6th, Todd Davis, C. R. Coblenz Elementary (New Paris); 7th-9th, Crissy Subler, Versailles Exempted Village; and K-2nd, Benny Thompson, C. R. Coblenz Elementary.

These posters were forwarded to NVGA for national judging and certificates were awarded to winners and runners up. Although this was the first contest for several years, a total of forty-nine entries were received. Steve Rosenthal, Jewish Family Services, was Career Guidance Week Coordinator.

Lisle Fellowship announces Alaska family-focused unit

The Lisle Fellowship will hold a two week intercultural unit for persons interested in University of Dayton hosts suicide, abuse seminars

"The Suicidal Client: Techniques of Assessment and Management" is the title of a seminar being offered by the University of Dayton's Department of Counselor Education and Human Services Friday and Saturday, April 13 and 14 at J.F. Kennedy Union (311-312). Linda Satterly, M.A., Applied Behavioral Science, and Director, Suicide Prevention Center, Dayton, will lead participants in exploring the myths of suicide and will present a model for assessing suicidal risk and techniques for effective management of suicidal clients. Emphasis will be placed on techniques and skill development.

"Breaking the Cycle of Abuse: Intervention and Education in Domestic Violence" was scheduled for Friday and Saturday, April 6 and 7, also at Kennedy Union (222), with Susan Ruffing presenting. Ruffing is the Associate Director of the Columbus League Against Child Abuse, Founder of Parents Anonymous in Franklin Co., and a member of the Governor's Task Force on Violence.

women, August 15-29 in Ketchikan, Alaska. The unit will provide a quality family experience so that family members can examine their behaviors in setting enough removed from the everyday to see the effects of those behaviors on each other.

Virginia Satir, internationally known for her work with families, will be available to share her knowledge and herself as resource person for the group of approximately fifty persons during the final five days of the unit.

Lisle is a voluntary non-profit organization which seeks to improve the quality of human life and contribute toward world peace through improved relations between and among people of different cultures. Since 1936, Lisle has sponsored 150 summer and year-round groups in 13 nations and has over 3,000 alumni more than 60 nations.

Lisle members integrate experiential learning in the host community with cooperative group living, structures dialogue, and evaluation of intercultural issues within a diverse group.

If this two week experience is of interest to you, contact Joyce Hardin, 6655 Solon Blvd., Solon, OH (216) 246-1560 or write to Mark B. Kinney, Associate Professor of Social Foundations, The University of Toledo, 2801 West Bancroft St., Toledo, OH 43606.

OAWDAC holds conference in Mansfield on personal, professional relationships

The Ohio Association of Women Deans, Administrators, and Counselors (OAWDAC) is sponsoring a one-day drive-in spring conference, Saturday, April 14 at the Westbrook Country Club on Shelby Road (Route 39) in Mansfield. Theme for the conference is "Personal and Professional Relationships: Current and Future Issues."

The conference begins with Registration at 8:30 a.m., followed by a one-hour Panel Discussion from 9:00 to 10:00. Five other one-hour sessions are each offered twice during the day, topics and presenters for which are: "Communicating With Teenagers," Pat Fafrak, Coordinator of the Community Education program, Townhall II Crisis Center, Cent.; "Dual Career Couples," Dr. Judith Rosenthal, Assistant Director of Educational Services, Management and Organizational Development, Tinker-Mercy Medical Center, Canton; "Mentoring," Dr. Elizabeth Alleman, Leadership Development Consultants;

"Your Aging Parents," Susan Ritchie, Director of Physical Medicine and Rehabilitation Services, Edwin Shaw Hospital, Akron, and former Director, Gerontology, Oberlin College; "Guest Program, Kent State University; and "Getting Along With Your Boss," Dr. Marilee Niehoff, Associate Professor of Psychology, Kent State University, and M.S. Niehoff and Associates.

Conference fee, including morning coffee and luncheon, is \$20, or \$15 for students. \$5. For further information contact Maria Ivanovich, 3511 Villa Casa Court, Brunswick, OH 44212.

OAWDAC provides information, assistance, and support for women educators and administrators who work in a variety of professional positions and educational settings; the spring conference is one way in which they do this.

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Human Development conference June 25-28 in Memphis

"Education and Training for Human Development," a conference sponsored by The Center for the Study of Higher Education, College of Education, Memphis State University, will be held June 25-28, at the Peabody Hotel in Memphis, Tennessee.

Co-sponsors for the conference include the National Association of Women Deans, Administrators & Counselors; the Career Planning and Adult Development Network; American Association for Higher Education; American College Personnel Association; Association for Humanistic Psychology; Association for Psychological Type; Council for the Advancement of Experiential Learning; Institute for Studies in Educational Mathematics (Perry Network); Mid-South Association of Training and Development; National Academic Advising Association; National Association of Developmental Educators; and the Southern Association of College Student Affairs.

The conference will bring together theorists and practitioners from colleges and universities, business, industry, community agencies and other organizations who are actively concerned with applying research and theory concerning human development to education, training and associates areas in order to (a) keep abreast of the latest developments in research and theory and their application and (b) increase communication and strengthen the support networks for those at work in these areas.

The conference will assume that participants have a general grasp of research, theory, and potential implications for at least one of the major areas addressed. It aims to address the cutting edge issues in these respective areas.

This year the areas of professional/development, the adult life cycle, and adult developmental stages will be addressed. Theorists will highlight current research concerning the differences in developmental patterns for women and men. Key aspects of the larger social context in which these changes are occurring — the changing world of work, corporate education, the

changing demographics, the impact of information technologies — will be addressed by professionals in both business and education.

Nationally recognized resource persons bring participants up-to-date on latest research and application in each area and are available for follow-up discussions. Additional two-and-one-half hour workshops help participants dig into concrete applications with experienced practitioners. Contributed paper sessions provide opportunities to share and hear about work in progress.

Major speakers and their topics include Donald Super, Adjunct Professor, University of Florida, "Career Patterns Over the Life Span;" Nancy Schlossberg, Professor, University of Maryland, "His Life/Her Life;" Hank Koehn, Vice President and Director of Futures Research, Security Pacific Bank, "Help Wanted 1990: Skills and Professions in the Decade Ahead;" Lee Knefelkamp, Associate Professor, University of Maryland, "Developmental Stages: Different Patterns, Different Voices;" Badi Foster, President, AETNA Institute for Corporate Education, "Adult Learning and Effectiveness in Business: Challenges for Corporate and Higher Education;" and Harold Hodgkinson, Senior Fellow, Institute for Educational Leadership, Inc., "From Jogging to Hiking: Middle-Aged People, Jobs, Companies, Schools, Aspirations, Demographics."

Thirty-seven other practitioners will present thirty-one other different workshops.

For preliminary program, fees and registration forms, write to The Center for the Study of Higher Education, College of Education, Memphis State University, Memphis, TN 38152.

Fear not that thy life shall come to an end, but rather fear that it shall never have a beginning.

— Cardinal Newman

Jennings Foundation offers grant for Workshops

The Martha Holden Jennings Foundation will pay for one teacher to attend the Community Intervention Workshops on alcohol and drug abuse being held in various areas around the state during this school year. The approximate amount of the grant is \$350, which will cover tuition.

In order to obtain the grant, a letter on your school letterhead requesting the funds and signed by your school superintendent must be sent to George Chapman, 1040 Huntington Bank Building, Cleveland, OH 44115. Further information may be obtained by calling (216) 589-5700.

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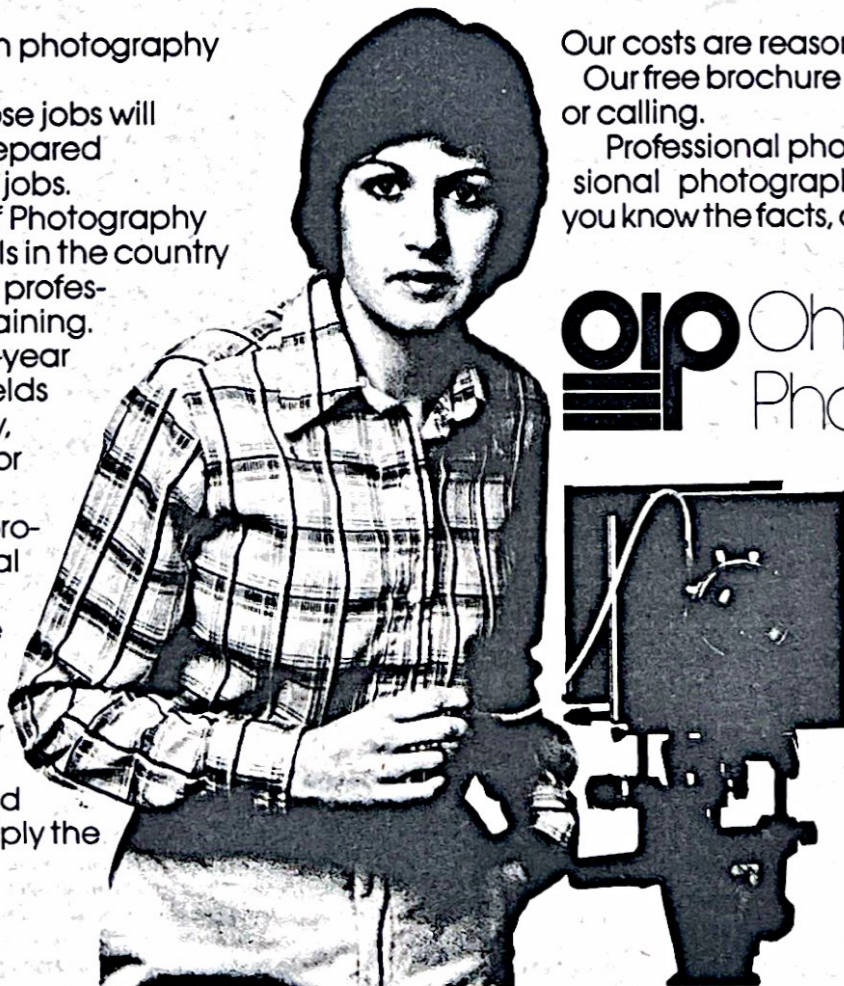
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Credentialing/Licensure; Third Party Payments

Professional Issues in Counseling

by Dean Shrock

Doctoral student in Counseling, University of Akron

The following are the second and third in a series of three articles which address three professional issues in counseling: 1) identity, 2) credentialing/licensure, and 3) third party payments. A current survey of the literature revealed these to be major issues of concern, and I believe rightfully so, because they directly affect one's employment in the field.

I've included some basic definitions and historical information where appropriate to help clarify these issues, and also different positions held by those in the field as to the most beneficial stance and direction counseling should take to improve its position as a profession.

Credentialing/Licensure

A major issue and concern among counselors and counseling psychologists today is an evaluation of professional counseling competency. Many see some form of certification or licensing as a way to resolve professional identity, satisfy legal agents, improve the right to practice, and as a protection to the public.

Protection of the consumer is the main reason posted for developing standards to determine competency level. "Health service without competence is basically no health service at all" (Adkinson, 1980, p. 105). But where credentialing may be the primary goal, consumers are not really requesting this, and many of the bills presented to state legislatures do not include necessary skills or performance standards, and disciplinary action is inadequate against those licensed (Fretz and Mills, 1981, p. 5). Some argue that credentialing/licensing protects the profession more than the public, that the infrequent licensing enforcement in actuality that has been done and would likely continue to be done, would really curb economic competition and not incompetence or quality of service (Fretz and Mills, 1981, p. 5; Cottingham, 1981, p. 20).

In essence what credentialing sets out to do is:

1) define itself in terms of a body of scientific knowledge; 2) identify societal needs to which its services are directed; 3) describe skills and competencies that address the identified needs; 4) establish standards for professional preparation and training; 5) accredit training programs that meet the standards; 6) endorse individuals demonstrating requisite professional skill as being competent to practice the profession; and 7) act to ensure professional competence by monitoring ethical behavior and requiring periodic evidence of ongoing professional growth (APGA, 1983).

Certification, the issuing by some group of a certificate to use a professional title, acknowledges one has met certain standards of training and/or performance, but generally has no legal enforcement. Licensure regulates the use of a professional title and practice, and is legally enforceable.

One of the concerns with credentials and licensing involves educational degrees earned. Many counselors argue that they are qualified at the master's degree level, with additional experience, to deliver many of the mental health services the public seeks. But others argue that less training and education than the doctoral degree makes the quality of service questionable, if not dangerous. The issue becomes more complex when internship or training programs are discussed, and further, when qualifications are contested based on the university department where the counselor should be trained, i.e., education vs. psychology.

Kirk (1981, p. 24) favors a substantial educational base because "we require all the psychological knowledge and understanding we can lay our hands on to attempt to fulfill our self-stated mission and perform well." Whether or not a master's degree suits this rationale, the fact is that most practicing counselors do not hold a doctorate degree, and argue that with additional experience/training, as can be defined by some accreditation, certification, or licensing body, they are duly qualified to practice.

But those who favor the doctorate degree as a necessary level of education may then have their credentials questioned if their training has not been primarily in a psychology department. Almost all problems for counseling psychologists are related to this issue (Fretz and Mills, 1981, p. 6). And even a Ph.D. is less discriminated against than an Ed.D. (Fretz and Mills, 1981, p. 9).

Where the American Psychological Association (APA) has been largely responsible for requiring more restrictive credentials, Division 17 (APA, 1975, p. 135) proposed, "the quality of counseling psychology programs is related to the qualification of the psychologists who teach them, not necessarily the university division that offers the program." But some internship sites will not even consider applicants from counseling psychology departments. In 1979 only 43 of 128 centers listed in the Association of Psychology Internship Centers directory accepted applicants from counseling psychology programs and only one or two agencies accepted only counseling psychology applicants (Fretz and Mills, 1981, p. 7).



Dean Shrock

There is a much greater tendency to look to clinical psychology programs as offering the most appropriate training because of their identification with medical settings. Initially, clinical psychologists, who were mostly trained in medical settings, were only allowed to do psychological assessments and not therapy, because only psychiatrists were believed to be properly trained for psychotherapy because of their training as physicians. But clinical psychologists became recognized as part of medical model treatment teams because of their strong effort to have themselves included in legislative clauses, and their reasoning that if they are properly trained they should have the full right to practice their profession (Fretz and Mills, 1981, p. 4). Now they are accused of fighting counseling psychologists on the same issue. And others question whether or not the inclusion of "clinical psychology" in legislation covers all psychology health providers or only those trained in clearly labeled clinical psychology programs.

Thus some argue if training and skills are the real issue. Clinical psychology has responded that they sometimes require internship simply for membership in the Division of Clinical Psychology (APA); not so, Counseling Psychology where internship is: (1) less than 12 months in duration (in recognition of the academic year), (2) often half time or less in a number of different agencies, (3) oftentimes completed in an organization which may not be seen as a health service-providing agency, e.g. a marriage counseling agency, a career development center, and (4) not supervised by psychologists, but rather by social workers, guidance counselors, etc. (Fretz and Mills, 1981, p. 9).

Related to this issue is that the National Institute of Mental Health (NIMH) has almost always granted funds to agencies such as community mental health centers only for interns from clinical, not counseling psychology programs (Fretz and Mills, 1981, p. 7). Clinical psychologists are given the nod over counseling psychologists in employment, generally. The Veteran's Administration (VA) has been one of the best job opportunities for counseling psychologists (availability and salary), but many more VA jobs are offered to clinical than counseling psychologists (Fretz and Mills, 1981, p. 8). And yet, counseling and clinical psychology training programs have been thought to be similar enough that some counseling psychology programs have been dropped by some institutions because they were not different enough, and, therefore, not economically feasible (Fretz and Mills, 1981, p. 13).

Current psychology laws do tend to favor more stringent credentials for mental health providers, but they also tend to restrict the practice of counselors and counseling psychologists, even when they would seem to have the same or similar knowledge and skills as many licensed practitioners (Sunbury and Cochran, 1980, p. 135). There is relatively little relationship here to performance; "when experimental psychologists (without clinical training) can be licensed to practice psychotherapy in some states, it is no wonder the laws fail to protect the public" (Gazda, 1981, p. 24). Counselors and psychologists alike would seem to agree on the need for some credentials, but any certification/license would also seem to need, even more, an evaluation of competent performance (Hogan, 1981, p. 42; Krumboltz and Menefee, 1980, p. 47; Tan-

ney, 1981, p. 27).

State licensing boards favor some uniform standards for counselors and psychologists because legislatures are not prone to regulate occupations, and psychology in particular; there is a real concern with the federal government restraint of trade law (Cottingham, 1981, p. 20). Three states (Alaska, South Dakota, and Florida) have lost their licensing boards to sunset reviews, which are:

legislative examination of the effectiveness of a licensure board, that is, how much does it protect the public, what is the value of this protection compared to the cost, what kinds of interprofessional difficulties does the legislature create? (Fretz and Mills, 1981, p. 14)

The American Mental Health Counselors Association (AMHCA) certification program was begun in 1979 partly to address this state-by-state complication of regulation (Messina, 1980, p. 103). But generally regulations do follow psychology statutes, so it seems imperative for counselors to seek their own regulatory body or otherwise face the consequences of others "developing overqualifications for certification, which can operate to deny significant segments of our society access to a certified occupation" (Messina, 1980, p. 109).

It appears clear that unless counseling establishes itself as an independent profession with appropriate credentials which can be legally enforced, counselors' rights to testing, confidentiality, and insurance reimbursements are severely limited (Sunbury and Cochran, 1980, p. 136). And it is this "third party payments" issue that may be the real issue, for clients are prone to go where they can use their insurance (Sunbury and Cochran, 1980, p. 134).

Third Party Payments

We have already discussed that master's and doctoral level counselors may be excluded from practicing because of a clouded identity or questionable training, but health insurance companies may well be the proverbial nail in the coffin. Asher (1980, p. 130) thinks that all state licensing boards are moving toward more uniform standards, basically to please insurance companies, which was the real reason the National Register of Health Service Providers in Psychology was created, "to identify practitioners qualified for reimbursement." Note that the AMHCA certification program does not guarantee reimbursement because it is not legally recognized, but even in the state of Virginia where private practice of counselors is legal, they are not eligible for third party payment. And some would say that to argue that counselors are as well trained as counseling psychologists to provide mental health services, including therapy, weakens counseling psychologists' position for third party payments and the right to practice (Fretz and Mills, 1981, p. 4).

"Freedom of choice" options in insurance policies allow for direct payment to psychologists (vs. referred and supervised by psychiatrists). This has caused many employers to offer positions only to those professionals qualified for reimbursement (Fretz and Mills, 1981, p. 3). But others contend that there is no need for credentials, that people will seek our effective mental health service even if they don't have health insurance (Fretz and Mills, 1981, p. 6).

A further complication is that although the National Register and the Association for the Advancement of Psychology have said that "clinical psychology," as referred to in legislation, is a "generic" label, insurance companies don't always agree. And, even if someone is listed in the National Register, they can be denied reimbursement if they are a counseling psychologist; thus, career counseling, assertiveness training, and encounter groups are often ineligible for reimbursement, and it has, therefore, been recommended to call such services "stress reduction" for career counseling, or "phobic desensitization" for assertiveness training (Fretz and Mills, 1981, p. 11).

This type of reasoning is most unfortunate, for indeed there is a real need for these services, and especially career counseling: *Competence with this method is a wise investment for practitioners. Nor should there be a problem in regard to third party payments. The counseling psychologist assesses the underlying condition which requires the selection of this method of approach, be it anxiety, depression, or both, or other diagnosis familiar to the third party payer. It is not a cop-out. There is*

no single more serious basis for growing physical and emotional ill health than work maladjustment and similarly (marital counseling) is not a purpose and end in itself; usually it is a way of approaching mental health problems in the service of amelioration, and Growth Groups for whatever nature may also be seen in this way; by now pure and unadulterated intellectual curiosity rarely brings anyone into groups. For the usual "personal counseling" it seems to me we have as many approaches and styles as do our clinical psychology brethren, perhaps more (Kirk, 1981, p. 25).

Selfishness and self-protection are seen by some as the major concern here (Tanney, 1981, p. 27), and this extends beyond the exclusion of counselors and counseling psychologists from reimbursement. The APA has applied several times to join the Joint Commission for Accreditation for Hospitals (JCAH), whose primary purpose is "protecting the public and aiding the consumer," and each time has been rejected (Tanney, 1981, p. 26). Attorney General Brown of Ohio has initiated an antitrust case against the JCAH "based on evidence of restraint of trade including limitation of inpatient care provided by psychologists. Continuity of psychologists' care to outpatients who need short-term hospitalization has been eliminated" (Tanney, 1981, p. 26). The JCAH Board of Governors, comprised of the American Medical Association, American Hospital Association, American Dental Association, American College of Physicians, and American College of Surgeons, would seem to have a questionable interest in impartiality and consumer interest.

Gazda (1981, p. 22) thinks psychiatrists are especially antagonistic toward psychology because clinical psychologists, in particular, "criticize and belittle psychiatrists." He sees this as more than an economic issue; psychology has challenged the competency of psychiatrists.

Hopefully all mental health providers would cooperate for the profession's and public's best interest, but the evidence suggests a real need for master's and doctoral level counselors to work toward eligibility for third party payments both as a public service and as an economic reality. A clearer statement of the counselor's identity, a unified position on professional counselor qualifications, and licensing which could qualify counselors for health insurance reimbursement, appear to be very relevant issues for the counseling profession.

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Counselor groups meet, discuss common issues

Representatives of Ohio Personnel and Guidance Association, Ohio School Counselor Association, Ohio Association of College Admissions Counselors, and Ohio Association of Student Financial Aid Administrators met January 16, 1984 at Ashland College to discuss common issues and concerns. From this discussion came the decision to meet twice yearly to share ideas and plans so that common interests and issues can be shared.

This meeting and decision represent one more move toward bringing together the professional organizations concerned with counseling in Ohio.

PMS Workshop held April 4 in Youngstown

Ellie Dun, Coordinator for Premenstrual Syndrome Project, North Central Mental Health Services, Columbus, presented a Premenstrual Syndrome (PMS) Workshop at the Child and Adult Mental Health Center, Youngstown, April 4.

Workshop topics included definition and symptomology of PMS, differential diagnosis, treatments (diet, exercise/relaxation, stress management, progesterone/estrogen therapy) and research.

Ms. Dun will present another workshop on PMS for the Annual Meeting of the National Council of Community Mental Health Centers in New Orleans, Louisiana, June 1.

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