

Ohio Counseling Association

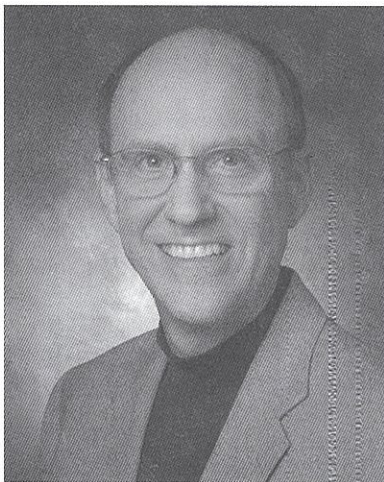
GUIDELINES

Spring, 2003

Vol. 29, No. 3



A Branch of the
American Counseling Association



From the President's Desk

Richard Hazler, Ph.D., LPCC

OCA grades high on mid-year evaluation

Strengthening the OCA budget picture for now and for the future while also promoting professional development and public relations activities for members have been critical tasks for this year. Mid-year grades are in and OCA has made major progress that I'd like to briefly highlight for you.

Cooperative approach to budget strengthening

Current year - Cooperative efforts have merged to significantly strengthen the OCA budget for the current year. Costs of committees and administration of OCA have been held steady or reduced across the board. That is no easy task in these times of increased demands on OCA accompanied by society's financial stress. A second influx of cash came with the monetary success of the fall conference that was beyond projections. Then a major round of applause must go to those Chapters and Divisions who were able to identify savings that could be returned to the OCA budget. These changes have transformed a projected budget deficit for the year into one that is financially sound.

The future - OCA also needed to look seriously at budget issues beyond this year in order to create a more financially stable organization. A three-pronged strategy is being worked out that should more effectively funnel money to the places it is most needed. Divisions who have not had to pay for OCA services, such as the Executive Director, Legislative Liaison, OCA website, the newsletter and others, are planning to initiate a general service fee to OCA that would offset a small, but important portion of these costs. Chapters do not charge membership fees, but instead receive

funds directly from OCA member dues. They are willing to reduce the amount of funds provided by OCA to help further support these services. The Division and Chapter actions should promote much stronger OCA budgets in the future that would allow for the third part of this plan. Stronger OCA budgets should begin building necessary reserve funds required to get us through emergencies and also provide grants to Chapters and Divisions for innovative activities. Specifics of the plan are expected to be completed in the next few months. This plan will allow all member services to progress, expand opportunities for new ideas to improve the services through better utilization of funds, and do these things without raising dues.

I hope that all members will show their appreciation for the work of Division and Chapter representatives and other members of the Executive Council on these issues. Budget problems can be the worst of problems for these leaders, but I have never worked with a group that could so thoughtfully examine and effectively balance their own individual organizational needs with what is best for the whole. I only wish our government and world leaders could more frequently demonstrate the same degree of cooperation.

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From the President's Desk cont.

Professionalizing the Treasurer's position

One position I held for a year as a teenager was treasurer of my church youth fellowship. Each week I would count what was contributed, add it to the previous funds, and subtract expenses. Each week it came out wrong! My solution was to put in a little or take out a little to balance the

books. It was the last time I was a treasurer, but I've seen some situations in professional organizations that were not a whole lot better than the job I did. OCA has been extremely fortunate to re-elect our highly knowledgeable, skilled and conscientious current Treasurer, David Di Lullo, for several years. Elections do not insure such qualities, however. Like other state organizations, the OCA Executive Council has proposed a bylaws change that would insure us of always having a treasurer with the appropriate knowledge and skills needed to deal with expanding financial issues over time. The change would make the OCA Treasurer an appointed position as it is in most large organizations. You will find a ballot in this edition of GUIDELINES to vote on this bylaw change.

Asserting support for Ohio counselors

I want to highlight two cooperative OCA efforts to promote the profession of counseling in Ohio. The first is OCA and OSCA's cooperation on a Legislative Day on April 9. This action was deemed worthy enough to be awarded a \$500 grant from ACA to offset costs and keep registration fees low. Look for the announcement and more information in this edition of GUIDELINES. We need a strong showing of both school and mental health counselors to learn about key issues, develop more effective ways of influencing the legislative process, and personally contact legislators while there.

OCA has also worked closely with OSCA, OACES and the Ohio Department of Education to develop a program for on-the-job mentoring for new school counselors who do not have previous school experience. Training is being cooperatively planned for mentors and ODE has allocated funds to support mentors during their training and as they

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provide mentoring services. It is another example of what can be accomplished when the emphasis stays on developing positive working relationships where the viewpoints of all sides are fully considered.

Legislative Update

Cynthia Snyder, J.D.

The 124th General Assembly ended in December and all measures that were still pending died with the close of the year. This includes House Bill 33, which would require equality of insurance coverage for mental health and addiction treatment. The bill's sponsor Representative Lynn Olman (R- Maumee) has committed to reintroducing the bill this year and has requested that it be assigned the same bill number. This will likely happen next week. The Coalition for Healthy Communities continues to advocate on behalf of this legislation and expects the same level of opposition from the business community and insurance industry as in previous years. Nevertheless, the measure continues to be a priority for the sponsor, and OCA will continue to participate in legislative advocacy on behalf of the bill.

House Bill 374, the licensure of marriage and family therapists, did pass the Senate late in the lame duck session and will become effective on April 6, 2003. An amendment added in Senate committee that would allow certain counselors to be grand parented in to a marriage and family therapy license had to be removed on the Senate floor. This was due to the fact that the House had adjourned and could not return to concur in any Senate amendments. The sponsor of House Bill 374, Representative Jean Schmidt (R- Loveland), has agreed to add the language to legislation early this year. There is general agreement that the language needs to be changed and it will likely occur with little fanfare.

Elections for OCA President-Elect

It's time to vote for President-Elect for OCA for the 2003-2004 term. Our candidates are Cynthia J. Osborn and Tracy C. Leinbaugh. Please take a few minutes to read about their experience and goals, then vote on this important issue by completing the ballot on page 4.

Cynthia J. Osborn



Cynthia J. Osborn is her sixth year as an assistant professor in the Counseling and Human Development Services program at Kent State University. She is a Licensed Professional Clinical Counselor (LPCC) in Ohio, as well as a certified chemical dependency counselor (CCDC-I). Cynthia is in her second year as Professional Development Chair for OCA and has served as president of both the Ohio Association of Spiritual, Ethical, and Religious Values in Counseling (OASERVIC) and the Ohio Association of Counselor Education and Supervision (OACES). Her clinical work has been in the areas of substance abuse and co-existing mental health issues, and her background includes work with children and adolescents in church

and vocational school settings. Cynthia's teaching and research interests include solution-focused counseling, motivational interviewing, substance abuse counseling, clinical supervision practices, and leadership in counseling. She has also written and presented on the topics of stamina for counselors, using a written contract in supervision, and the use of projective tests with adolescent clients.

Vision and Goals for OCA

The profession of counseling in Ohio and the organization of OCA share a strong and rich history, one that deserves our periodic reflection and appreciation. In order to serve OCA, one of my goals will be to reflect on and learn from our origins and accomplishments in the state. From this historical perspective, I believe our current needs and future efforts can be clarified and made relevant.

Two missions of OCA in recent years have been to promote the profession of counseling and to represent all licensed counselors in Ohio. These will remain goals for me. In order to accomplish these, OCA will need to continue to cultivate and maintain "external" and "internal" forms of communication.

External communication refers to the on-going relationships OCA has with other professional boards (e.g., Ohio Counselor and Social Worker Board, Ohio Department of Education), its "parent" counseling associations (e.g., ACA Midwest Region, ACA), and its membership in advocacy groups (e.g., Ohio Coalition for Healthy Communities). It is in these and other relationships that OCA is able to advocate for our profession. Internal communication includes supporting the "front line" or "grass roots" efforts of OCA's divisions, chapters, and standing committees. It is within these regional and/or specialized groups that meaningful and enduring change can be more clearly defined and implemented. I will promote the continued use and

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support of our consultants (i.e., government relations consultant and the executive director), who provide stability and visibility for the organization; maintain financial stability for OCA; help plan for another quality and well-attended All Ohio Counselors Conference; and the maintenance of an informational and user-friendly OCA web page.

I am proud of my professional counselor identity and my association with an organization and a state that have fought for our recognition as professional counselors. If elected OCA President-Elect, I will strive to further our visibility, relevance and effectiveness as counselors for the benefit of those whom we serve.

Tracy C. Leinbaugh



Tracy C. Leinbaugh, Ph.D., N.C.C., P.C.C., Licensed School Counselor, Licensed School Psychologist, is currently in her fifth year as an assistant professor in the Department of Counseling and Higher Education at Ohio University. She received her Master of Education degree in counseling, School Psychology Specialist degree, and Ph.D. in counselor education from the University of Idaho. Her background includes working with children and adolescents and their families in various settings including an adoption agency, psychiatric hospital, child development center, public school system, juvenile center, and private practice. She provides service to the community by volunteering as the Clinical Director of the Hocking Valley Regional Critical Incident

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Stress Management Team, overseeing the training and continuing education of the members and as a member of the Red Cross Disaster Mental Team.

Tracy has been active in the Ohio Counseling Association, and has served as Ethics Chairperson; acting treasurer, secretary, president-elect, and president of the Ohio Association for Counselor Education and Supervision; treasurer of the Ohio Association for Spiritual, Ethical, and Religious Values in Counseling; and secretary, president-elect, and president of the Southeast Ohio Counseling Association. She is secretary-elect of the North Central Association for Counselor Education and Supervision.

Tracy believes in the importance of maintaining a strong counselor identity regardless of the setting or the specialty area in which the counselor practices. That central identity is a strength that enables us to collaborate and, through our professional organization, further our advocacy efforts for our profession and for our clients. In order to increase collaboration and build an effective team, planning is essential.

Tracy's goal is to continue with the strategic planning process developed, providing continuity and sustaining our vision for the future.

Vision and Goals for OCA

The OCA Executive Council has discussed the goals they believe are particularly important to work toward in the future. Tracy will support, encourage, and facilitate continued planning, and take action toward the achievement of the groups' goals. Particularly pressing is the need to increase the overall membership as well as the membership of the Divisions. Working collaboratively with the Public Relations Committee as well as the Division and Chapter Executive Boards, Tracy will continue working to increase the public's awareness and knowledge of what professional counselors can do and are doing in their communities. In addition, letting counselors know what the organization can do for them is paramount. The All Ohio Counselors Conference has increased its attendance, and Tracy will work toward involving more members in the conference. She will work closely with the Executive Director to continue to produce a conference that is well attended and meets the

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continuing education needs of counselors as well as networking opportunities. Tracy will collaborate with Divisions and Chapters to increase services as well, including expanding workshop offerings and CEUs.

Our professional organization has much to offer all of us as we work to help others, and Tracy will promote increasing the visibility and the collective voice of professional counselors in all specialties across the state.

Bylaws Amendment

In addition to the President-Elect vote, we'd like you to also vote on the following bylaws amendment.

It is moved that the following sections of the OCA Bylaws be amended to revise the sections in **bold**:

ARTICLE VI, Officers, Section 5. The Treasurer shall be **appointed by the President with the guidance of the Finance Committee and the approval of the Executive Council** for a two (2) year term. *(Previously the Treasurer was an elected position for 2 years)* The Secretary shall be appointed by the President and shall serve a one (1) year term.

ARTICLE VIII, Nominations and Elections, Section 1: The President-Elect of OCA shall be elected annually **by ballot from among those holding Professional and Retired membership in OCA**. The Treasurer shall be **appointed** *(Previously read "elected")* for a two year term. *(Previously there was a third sentence which is now eliminated. It indicated that both the President and Treasurer were elected)*. The Secretary shall be appointed by the President. The nomination and election Committee shall function in accordance with the provisions of Article IX, Section 1, i,

BALLOT

PRESIDENT-ELECT

- Cynthia J. Osborn
- Tracy C. Leinbaugh

BYLAWS AMENDMENT

- I agree with the proposed amendment
- I do not agree with the proposed amendment

Please check your selections, cut out this ballot and return to OCA, 8312 Willowbridge Place, Canal Winchester, OH 43110

Your ballot must be postmarked no later than April 1, 2003

and present the final slate of officers to the Executive Council prior to February 1.

Revision Rationale: The duties of the Treasurer have become increasingly complex involving a variety of legal and financial issues, making it an office requiring specialized knowledge and skills that do not lend themselves to the election process. This bylaws change would make the position one that is appointed by the President upon the advice of the Finance Committee and the approval of the OCA Executive Council.

Online Counseling: Ethical Considerations

Laura McCormick and Victoria White
Ethics Committee, Youngstown State University

The development of the Internet has presented mental health counselors with a potentially effective method of providing counseling to individuals who may not seek, or be able to receive, traditional face-to-face counseling. Feelings of guilt and shame often develop from the stigma associated with seeing a counselor, and the possibility of being seen entering a mental health facility may be enough to deter a person from seeking counseling (Stofle, 2001). Additionally, an individual's access to counseling services may be limited due to a physical disability, social phobias or panic attacks, lack of services in the geographic area, or the unmet need for a counselor who specializes in working with a specific population or disorder (Stofle, 2001; Sussman, 1998).

Counseling services are currently being conducted online and have an expected annual growth rate of 55% (Zabinski, et al., 2001). As such, it is imperative that counselors are aware of the potential benefits and risks

involved. Sussman (1998) states that as a profession, we must "do our best to offer [clients] protection from...unqualified Internet 'therapists' while still allowing the [client] to exercise choice" (p. 8).

The *Ethical Standards for Internet Online Counseling* (1999) were developed by the American Counseling Association (ACA) to ensure that clients receive online counseling from trained, technologically competent counselors who are aware of the potential benefits and risks involved. The ACA requires that counselors deliver their internet services through "secure" websites or e-mail communications which utilize encryption technology designed to protect the transmission of confidential information (Standard A.1., 1999). Clients are to be informed about the potential benefits and risks involved in online counseling, information about the counselor's licensure and expertise, and limits to confidentiality (ACA, Standards A.4., B.1., and B.2.).

Upon obtaining informed consent, counselors are to ensure that clients are above the age of minority, are intellectually, emotionally, and physically capable of using the online counseling services, and of *understanding* the potential risks and limitations of such services (ACA, Standards A & E under "establishing the online counseling relationship", 1999). It is imperative that counselors be able to identify signs of severe mental disorders or suicidal ideation in order to determine whether or not a client should be referred for face-to-face counseling. Likewise, counselors should be aware of indications of a client's isolation or computer dependence (Oravec, 2000). As such, counselors providing online services are only to practice areas within their expertise (Standard D under "establishing the online counseling relationship", 1999), as well as be familiar with any relevant state or local statutes, rules,

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regulations, or ordinances (ACA, see "Legal Considerations").

Childress (2000) states, "...if there is a reasonable expectation that online therapeutic interventions may be beneficial [and]...mental health professions do not step forward to provide these services, then consumers will be forced to seek online therapeutic services from unlicensed and untrained providers" (p. 5). The rapid development of online counseling cannot be ignored, and professional counselors who wish to provide on-line services have a responsibility to be aware of the ethical mandates of the ACA.

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The Hero Within

Morris Rosenthal
University of Cincinnati

The phrase “Our idols have clay feet” alludes to the fact that our heroes are not always what we think, and often disappoint us. Our society has been bombarded with stories of people in leadership positions, people we were taught to admire and to emulate, disappointing us, sometimes even harming us. Athletes who take bribes and performance-enhancing drugs, business leaders that lie and cheat for personal profit, politicians who operate in their own best interest rather than for their constituents, and world leaders who harm their own people and deceive other governments for their personal gain. Even members of the clergy, who should represent the highest standard for truth and morality, have betrayed and disgraced us.

Where do we go for guidance? To whom do we look for role models? Are we even sure anymore what is right and what is wrong? [Does it depend on what your definition of what “is” is?] The line has been crossed so often it has become blurred.

And yet we as counselors have the awesome responsibility of dealing with peoples’ lives. We involve ourselves in their thoughts, their feelings, and their behavior. Our clients look to us for guidance in leading meaningful and fulfilling lives. This gives us the duty to protect our clients by acting ethically, morally and professionally, and the responsibility to be models they can look to for acting with integrity and character.

Ethics is defined as a principle of right and good behavior; integrity is a firm adherence to a standard of moral and ethical behavior. In counseling, to behave at the highest ethical level

we must keep in mind six moral principles:

- Autonomy, the promotion of self-determination allowing our clients to choose their own direction.
- Nonmaleficence, not causing harm. This involves respecting clients and always putting the best interest of the client ahead of our own.
- Beneficence, contributing to the good of the client by promoting growth and development.
- Justice, providing fair and equal treatment for all people.
- Fidelity, honoring commitments and fulfilling responsibilities. This allows for a trusting therapeutic relationship where clients feel safe.
- Veracity, truthfulness. It is only with truthfulness that trust can develop.

Moral and ethical choices are not always easy. They can be painful and troublesome. Decisions to do the right thing are not simple and often don’t make things easier. Nothing in life takes more courage, but nothing offers greater rewards. As individuals we cannot cure all the ills of the world, but as counselors, if we always conduct ourselves ethically and morally, then perhaps we will be the real heroes.

Legislative Training Day

Carol Pohly, M.Ed., LPCC

Our Legislative Training Day for 2003 will soon be here! It will be held on Wednesday, April 9th at the Hyatt on Capitol Square in Columbus, Ohio from 9:00AM to 3:30 PM, with a continental breakfast beforehand. It promises to be a rewarding experience.

The morning will consist of training in the art of lobbying. After lunch, there will be a tour of the State

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House from 1:00 to 2:00. Then you will be able to spend the afternoon putting your newly-acquired skills into action by meeting with a staff member of your legislator’s office and talking with him/her about specific concerns of Ohio counselors.

In addition, on the evening before the Legislative Training Day (Tuesday, April 8th), OCA and OSCA will host a legislative reception. All legislators from the House and Senate (both Democrats and Republicans) will be invited to attend. This will be a great opportunity to meet legislators in person and to express your interests and concerns to them.

If you would like to stay overnight in Columbus on April 8th, we have reserved some rooms at the Hyatt on Capital Square for Training Day attendees. These will be available at the reduced rate of \$79 on a first-come, first-serve basis.

The fee for the Training Day will be \$50.00 per person. This includes the Tuesday evening reception as well as the continental breakfast and lunch on Wednesday. In addition, CEU’s will be offered for counselors.

Brochures will be in the mail shortly. Don’t miss this exciting event!!!

If you have further questions, please contact Carol Pohly at ppccarol@earthlink.net or (937)434-6217.

OCA Workshop

OCA Professional Development announces a workshop on:

“Managing Clinical Supervision: Strategies to Protect Clients, Prepare Professionals, and Provide Legal Risk Management”

Presented by
Janet Elizabeth Falvey, Ph.D.
University of New Hampshire

Author of *Managing Clinical Supervision: Ethical Practice and Legal Risk Management* (2002), and co-author of *Documentation in Supervision: The Focused Risk Management Supervision System (FoRMSS)* (2002), both available from Wadsworth/Brooks-Cole Publishing.

Saturday, May 31, 2003
The Hilton at Easton
Columbus, OH
9:00 a.m. – 4:00 p.m. (6 contact hours)

Registration information will be mailed to all OCA members in early March.

Sponsors for this event include:
Ohio Counselors Association
The Ohio Counselor and Social Worker Board
Ohio Association of Counselor Education and Supervisors
Ohio Mental Health Counselors Association

Questions? Contact Cynthia Osborn,
OCA Professional Development
Chair,
(330) 672-0695 or cosborn@kent.edu

Call for Manuscripts

The *Ohio Journal of Professional Counseling* is a peer-reviewed journal that is published on the website of the Ohio Counseling Association. The editors invite articles dealing with current professional issues, theory, innovative programs and practices, and research with implications for practice in various counseling specialties including school, community/mental health, drug and alcohol, multicultural, group, rehabilitation, and counselor education. Supervisors, practitioners, students, and counselor educators are encouraged to submit manuscripts for review and possible publication. Papers previously published or submitted and under consideration elsewhere are not eligible for review

by the Editorial Board. This professional journal follows the guidelines of the *Publication Manual of the American Psychological Association, Fifth Edition*. Manuscripts may be submitted by email to Tracy Leinbaugh at leinbaug@ohio.edu

Therapist Position Opening

Well-established, Christian-based counseling agency seeking therapist. LPCC or LISW preferred. 3-5 years' clinical experience preferred (minimum 2 years required). Must be able to work independently to establish a counseling practice in new territory. Marketing skills/experience required in order to develop referral source relationships and clientele. Competitive compensation and benefits. Send resume and reference list to J. Anthony Mosley, Executive Director New Source Counseling Centers, P.O. Box 150, Circleville, OH 43113-0150.

New Source Counseling Centers is a private, not-for-profit agency, and an equal opportunity employer, in existence for over 20 years.

Chapter and Division News

North Central Ohio Counseling Association

NCOCA has had a great year so far. We are working on professional development through the offering of workshops on a quarterly basis to the counseling community in the greater Cleveland area, and we are striving to increase our connection with each other through various networking opportunities, e-mail communication, and our quarterly newsletter. Our winter workshop was held on January 25th, where we heard presentations on

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Sand Tray Therapy, Narrative Counseling, and Working With Resistance in Counseling. 6 CEU's were offered for the daylong workshop. Our spring meeting is tentatively scheduled for April 12th, when we plan to offer 6 CEU's that address supervision and which will meet the licensure requirements for supervisors. We will be putting out a call for proposed presentations for this workshop, so if you would like to present an issue related to supervision or a related topic, you are invited to participate. We will be looking for both full-day presenters and for 2 to 3 hour presentations. Proposals can be submitted to Martha Flemming or to Aaron Kindsvatter, our program chair at akindsva@kent.edu. For more details about NCOCA, our programs, or to be put on our mailing list, please contact NCOCA president, Martha Flemming, at NSCounsel@aol.com, or via voice mail at 216-462-0270, ext. 12. We hope to see you at a meeting soon!

- Martha Flemming

The Ohio Association for Spiritual, Ethical, and Religious Values in Counseling

The OASERVIC executive board wishes you a warm and healthy year ahead in 2003.

As we review this past year, we are delighted to report that our membership in OASERVIC grew steadily in 2002. We feel that this is a testimony to the fact that spiritual, ethical and religious values continue to play a significant role in the work counselors are doing throughout Ohio. This past year also saw the first OASERVIC "Wellness Room" offered at the All Ohio Counselor Conference in November. One of our primary goals for 2003 is to take what we learned in offering a Wellness Room this last year, and build on that to offer a quality

wellness program at AOCC this year that supports a wide and consistent offering of wellness activities.

Looking ahead to May 2nd and 3rd of 2003, OASERVIC is delighted to report that we will be co-sponsoring a conference entitled *Trauma, Neuroscience, and the Body*, at the Hilton Hotel next to Easton shopping center in Columbus, Ohio (same location as AOCC the past two years). Internationally renowned trauma researchers and practitioners Dr. Bessel van der Kolk and Pat Ogden will be the conference presenters. We have been working closely with conference organizers at the Mount Carmel Crime and Trauma Assistance Program in Columbus to offer this high-caliber conference at rates that are reasonable for both professionals and students. Rates for this two-day conference have been set at \$179.00 for professionals, and \$99.00 for students. The conference will provide attendees an extraordinary opportunity to glimpse the latest efforts that are being made in the trauma field from two of the fields' leading voices. If you are interested in learning more about this conference, please contact the Program Coordinator of the Mount Carmel Crime and Trauma Assistance Program, Dawn Scheuneman, at 614-234-3443 or dscheuneman@mchs.com.

OASERVIC is also currently accepting nominations for several positions that will be open for the 2003-2004 year of operation (July 1, 2003 – June 30, 2004). We are seeking nominations for those who would be willing to serve in the positions of President-Elect, Treasurer, and Secretary. If you would like to nominate yourself or someone you think might be interested in serving in this exciting organization, please email your nomination(s) to OASERVIC President Charles Lindsey, sorrell1@earthlink.net. Please ensure that you forward your nominations by March 15th, 2003.

Wishing you all the best from the OASERVIC executive board.

– Charles Lindsey

Ohio Career Development Association

OCDA invites conference proposals from school counselors, career counselors, counselor educators and students. The OCDA May 2003 Conference will be co-sponsored by OCA and the Ohio School Counselor Association! Through professional development, we seek to assist school counselors in fostering the career development of students as well as help career counselors in their work with adolescents and adults. This collaborative effort will enrich career guidance and counseling in school and non-school settings throughout Ohio.

This conference will be held at the Ramada Plaza Hotel in Columbus, Ohio on Friday May 2, 2003. OCDA and OSCA welcome morning keynote speaker Spencer G. Niles, D.Ed., President-Elect of the National Career Development Association. Dr. Niles will present on "Life Structure Counseling for Career Development." In addition, OCDA will hold an afternoon of roundtable sessions on career issues in adults and career guidance and counseling in the schools.

Call for roundtable proposals and registration forms are available on the OCDA website at <http://www.ohiocounselingassoc.com/ocda/index.htm>. The deadline for submission is March 24th. Also, two awards for exemplary service to career development will be presented by OCDA at the conference. All members of OCDA and OSCA can submit nominations for the following awards: Career Practitioner of the Year, School Counselor of the Year.

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The award nomination form is available on the OCDA website.

For questions about the conference, please contact Dawn Wisniewski, OCDA Program Chair at dwisnie@aol.com. For questions about award nominations, please contact Gene Helton, OCDA Awards Chair at whelton@kent.edu. For general questions, please contact Lou Busacca, President of OCDA at lbusacca@kent.edu. We look forward to seeing you at the conference!

- Louis A. Busacca

Ohio Association for Counselor Education and Supervision

The OACES Board has been busy preparing for the Winter meeting at the Fawcett Center and the Supervision Summit on April 25, also at the Fawcett Center. We encourage all counselors to consider making a proposal to present at the Supervision Summit. Our co-sponsors are OCA, OSCA, and the School Counseling Program at the Ohio State University. We are particularly interested in presentations that will help address the supervision needs of school counselors, their school counselor interns, and school counselors in their induction year. The Call for Programs follows:

CALL FOR PROGRAMS:
SUPERVISION SUMMIT – APRIL
25, 2003
DUE: MARCH 8, 2003

The Ohio Association for Counselor Education and Supervision, in conjunction with the Ohio Counseling Association and the Ohio School Counselor Association, will hold its annual Supervision Summit at the Fawcett Center at The Ohio State University on April 25, 2003. We welcome programs that address supervision of counseling students,

professional counselors, professional clinical counselors, and school counselors as well as programs that emphasize diversity issues in supervision.

Programs will be offered in time slots of 50 minutes, with a 10 minute between programs.

General Instructions

Submit program proposals and curriculum vitae of all presenters to: Dr. Tracy Leinbaugh, 201 McCracken Hall, Ohio University, Athens, OH 45701 (leinbaug@ohio.edu) by March 1, 2003.

Program Proposal Format:

Chairperson (Contact Person): Provide complete contact information for the program chairperson including: name, institutional affiliation, primary mailing address, day and evening phone numbers, fax number, and primary email address.

Co-presenters: Provide complete contact information for each co-presenter including: name, institutional affiliation, primary mailing address, day and evening phone numbers, fax number, and primary email address.

Program Title: Your title should clearly and accurately describe the focus of your presentation.

Program Summary: In 50 words or less describe your presentation. This will be the description that will be used in the conference program.

Program Description: Provide a 200 word (maximum) synopsis of your program. This should include: (a) a summary of the information, technique, theory, or research to be presented; (b) the type of presentation (lecture, discussion, cooperative learning groups, etc.); and (c) a description of any accompanying audio-visual materials, including handouts, if any.

Please remember to visit our website at <http://www.coe.ohio-state.edu/dgranello/oaces/oaces.htm> for the minutes of the Winter Meeting on February 21, 2003. The agenda includes nominations for officers with the election to be held at the April 25 Supervision Summit; a report from OCSWB members Rose Quinones, Frank O'Dell, and Michael Davis on changes, possible upcoming changes, and answers to questions; a report of the progress on the alternative licensure for school counselors, particularly regarding the impact on the internship and induction year; discussion on what we can do to help prepare for the supervision requirements of school counselors; meeting the needs of counselor supervisors, including future opportunities for counselors to get the required ethics and supervision continuing education hours; and an update on the strategic plan: what we've accomplished, our evaluations, and possible future objectives.

- Tracy C. Leinbaugh

Southeast Ohio Counseling Association

SEOCA has met one of the objectives on the Strategic Plan for this year. Thanks to the efforts of past-president, Nicole Hill, we have a Leadership Manual organized in sections to correspond to our yearly goals and objectives with all of the information future leaders of SEOCA will need to continue the organizations work with minimal disruption.

We are currently asking for nominations for officers for the coming year. Our Treasurer, Tim Stambaugh, will be leaving us, and will no longer be available to hold an office, so in the absence of our past-president, Nicole Hill, who has relocated to Pocatello, Idaho, we've asked Tim to handle this process, and nominations can be either e-mailed to

Guidelines

me at leinbaug@ohio.edu or sent to me at 201 McCracken, Ohio University, Athens, OH 45701, and I will forward them on to him. Please consider nominating someone you think will make a good secretary, treasurer, or president – elect. You may nominate yourself.

Don't forget the "Brown bag CEUs" in conjunction with the Association for Play Therapy (APT). As a member of APT, I have access to a wonderful play therapy video by one of the leading experts in the field. This can be shown during a brown bag lunch, with a short exam following, or after work, possibly with a brown bag dinner. Please contact me at leinbaug@ohio.edu if you are interested.

- Tracy C. Leinbaugh

Central Ohio Counseling Association

The officers of the Central Ohio Counseling Association will hold an ethics workshop in April of this year. A newsletter will be sent out via e-mail to all members of COCA informing you of the date. As professional counselors, we are required to have CEU's in ethics. So we are happy to be able to offer you this workshop that will be conducted by Jean Underfer-Babalis, the President Elect of COCA. If you have not already done so, please send us your e-mail address at cenohiocounseling@earthlink.net.

- Danette Conklin

Ohio Mental Health Counselors Association

The Ohio Mental Health Counselors Association and the Ohio Counseling Association present the second annual OMHCA spring conference. This year's conference is titled "Innovative Techniques For The Clinicians' Toolbox". The

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conference is being held on the campus of Wright State University in Dayton on Saturday, April 5 from 8:00 am to 4:30 pm. The workshop will include presentations on Solution Oriented Possibility Therapy, Energy Psychology, EMDR, and Hypnosis and will provide 6 hours of counselor CEU's. For a complete description and printable registration form please check our website at www.ohmhca.org.

OMHCA is moving ahead with its bylaws revision. Members will be mailed information and a ballot in the next few weeks. All changes can be viewed at any time on the website. The new bylaws expand our current executive board to include regional representation throughout Ohio. Any OMHCA member who would like to become active in the governance of OMHCA please contact Thomas Fine at tfine@mco.edu or call 419-383-5682.

The OMCHA website will continue to be updated with news that effects counselors. Our government relations page is updated as news happens, so please contact it frequently. We will also post information about all workshops that provide counselor CEU's that our submitted to us by OCA affiliates. Please submit all workshop information to Thomas Fine at tfine@mco.edu.

- Tom Fine

Ohio School Counselor Association

The OSCA Board has been busy representing school counseling throughout the state. Developments related to the changes in school counselor licensure are presenting new challenges and opportunities. Specifically, the induction year required for new school counselors who do not have a teaching background has led to discussions among OSCA board members, OCA, OACES, and the Ohio Department of

Education. OSCA hopes to sponsor professional development support for these new counselors through mentoring by practicing school counselors. ODE has agreed to provide \$2000 for each school district to help them prepare for the task of mentoring new school counselors.

The OSCA-OCA joint legislative training day is coming up on April 8 and 9. This training promises to be a wonderful opportunity to learn more about the legislative process and how counselors can participate in that process to support counseling - including school counseling - in Ohio. I hope many counselors will consider attending because it is an unusual opportunity and at \$50, a great price.

Plans for spring include assisting with workshop sponsorship with OACES and with OCDA.

Best wishes from OSCA for the remainder of the winter months.

- Katherine Ziff

All Ohio Counselors Conference

Dates for future All Ohio Counselors Conference meetings are as follows:

- November 5-7, 2003
- November 3-5, 2004
- November 2-4, 2005

All meetings will be held at the Easton Hilton in Columbus, Ohio.

Guidelines

NOTICE!!

**Effective January 1, 2003
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