# Guidelines | Ohio Counseling Association

The mission of OCA is to promote and advance the profession of counseling.



VOLUME 34, NUMBER 1 FALL 2007



Vision for OCA
Daniel R. Cruikshanks, Ph.D., PCC, NCC
President, OCA

It was a great honor to assume my role as your president for 2007-2008 on July 1st, and to lay out my vision for OCA of the coming year at our annual leadership retreat in July. The leadership retreat provided an opportunity for the OCA Executive Council, its committees,

and leaders of OCA chapters and divisions to come together, discuss the current issues and needs of the field and begin to develop strategies to meet these. The retreat also allowed me to outline a vision and goals for my term. I would like to take this opportunity to share this vision and the related initiatives we are developing.

The American Counseling Association has been working hard on a major effort to develop its vision for the counseling profession in the 21st century. As the ACA vision becomes clearer, I have looked to their leadership to guide my thinking. ACA has rendered the issues and concerns of the field of professional counseling down

#### IN THIS ISSUE

2007 All Ohio Counselors Conference	3
Nominate a Counselor for an OCA Award	4
Chapters & Divisions	6-7
State House Report	8-9
Making Counseling a Household Word Initiative	11
OCA Continues to Take Leadership Role in the Counseling Profession	13
Executive Council	15

to a list of seven primary themes that we must address in order to move forward and strengthen our profession. So, what are the themes, and what do they mean for us? The following is a brief outline of what encompasses this vision and some thoughts about how Ohio counselors individually can take action to affect change in at least a few of these.

- -Strengthening counselor identity
- -Presenting ourselves as one profession
- -Improving public perception/recognition and advocating for professional issues
- -Creating licensure portability
- -Expanding and promoting the research base of professional counseling
- -Focusing on students and prospective students
- -Promoting client welfare and advocacy

"Vision" continues on page 5

# Ohio Counseling Association 2007-2008



Daniel Cruikshanks

President

Bill O'Connell

**President-Elect** 

Thelma Greaser

**Past-President** 

Tim Luckhaupt

**Treasurer** 

Rabeena Alli

Secretary

Kelley Schubert

**Parliamentarian** 

Tim Luckhaupt

**Executive Director** 

#### Guidelines

FALL 2007: VOLUME 34, NUMBER 1

Join OCA for Life!

A Lifetime Membership in OCA is now available for a one time membership fee of \$600. This will allow individuals to become members of OCA for life without ever needing to renew their membership! Please obtain the new OCA Membership Form by accessing the OCA website at www.ohiocounseling.org.

Another new membership category is **Legacy Member** (what had previously been referred to as Lifetime Member). This is an honor extended only by the OCA Executive Council and reserved for those OCA members who have demonstrated outstanding service and leadership during their careers.

*Guidelines* is the Ohio Counseling Association's quarterly newsletter published for its members. We welcome your comments, suggestions, and news.

Deadlines for submission are August 1; November 15; February 1; and May 2 of each year.

Advertisements and articles are subject to editorial approval and revision. OCA reserves the right to reject any ad or article for any reason.

Please address correspondence and submissions to:

David Mann

OCA Guidelines Editor

dmann@ashland.edu

#### **Contact Information**

**OCA** 

8312 Willowbridge Place

Canal Winchester, OH 43110

(614) 833-6068

ocaohio@yahoo.com • www.ohiocounseling.org

The Ohio Counseling Association is a branch of the American Counseling Association

# OCA and OSCA invite you to join us in Columbus!

# 2007 All Ohio Counselors Conference "Celebrating a Profession of Excellence" October 31-November 2





Kris Owen (President, Ohio School Counselors Association) & Daniel Cruikshanks (President, Ohio Counseling Association)

As we began to plan this year's All Ohio Counselors Conference, we reflected upon how far we have come as a profession. In doing so, we realized that we have a great deal to "celebrate." For example, Ohio mental health counselors and school counselors have successfully come together to put on one of the largest state conferences in the nation. Additionally, Ohio's counselors have worked closely together over the years,

through joint professional development and legislative advocacy efforts, to strengthen the counseling profession within Ohio. We believe that Ohio counselors epitomize our vision...we are all counselors, regardless of our specializations. Ohio exemplifies all that is excellent about the field of counseling. Therefore, our theme for this year: "Counseling...Celebrating a Profession of Excellence" seemed only fitting. We are featuring many "excellent" presenters who will be sharing their expertise with us so please plan to attend and join with us in our year of "Celebration."



Save Time by REGISTERING ON-LINE at www.cdeducation.org!aocc/reg

#### **Conference Agenda**

Wednesday, October 31	
9:00 a.m 10:00 a.m	Complimentary Coffee
9:00 a.m 10:00 a.m	Registration for All Day Sessions
10:00 a.m 12 noon	Morning Session for All Day Pre-Conferences
12:00 noon - 1:00 p.m.	Lunch
1:00 p.m 5:30 p.m	Afternoon Session for All Day Pre-Conferences
6:00 p.m 9:00 p.m	Registration
7:00 p.m 9:00 p.m	Evening Pre-Conference Sessions
(D)	

#### Thursday, November 1

8:00 a.m 6:00 p.m	Exhibits Open
8:00 a.m 10:30 a.m	Complimentary Coffee
9:00 a.m 10:00 a.m	Workshops
10:15 a.m 11:45 a.m.	Workshops
12:00 noon - 2:00 p.m.	Luncheon, Awards, Keynoter
2:15 p.m 3:15 p.m.	Workshops
3:30 p.m 4:30 p.m.	Workshops
4:45 p.m 5:45 p.m.	Workshops
8:00 p.m ?	Evening Social

#### Friday, November

rriday, November 2	
8:00 a.m 12 noon	Exhibits Open
8:30 a.m 9:30 a.m.	Workshops
9:50 a.m 11:20 a.m.	Workshops
11:35 a.m 12:35 p.m.	Division Meetings
12:50 p.m 1:50 p.m.	Workshops
2:05 p.m 3:05 p.m.	Workshops
3:20 p.m 5:20 p.m.	Post-Conference Sessions

# Nominate a Counselor for an OCA Award

Holly L. Harper & Dakota King-White OCA Awards Co-Chairs

Do you know a professional counselor who provides exceptional service as a clinician? Are you aware of a counselor educator who is an excellent mentor or extraordinary scholar? Do you know an individual who has distinguished service to the counseling profession? Do you know an individual who is innovative and has made a significant impact on the counseling profession? Are you aware of a counselor educator who has demonstrated extraordinary research through professional publication? Consider nominating a colleague for an OCA award. The awards will be presented at the 2007 All Ohio Counselors Conference.

## CHARLES "CHUCK" WEAVER

For long, consistent, and distinguished service to the counseling profession and exemplary caring for people.

#### DAVE BROOKS AWARD

To one who has demonstrated a willingness to serve and take responsibility, while creating new paths in the counseling profession.

#### HERMAN J. PETERS

To one who promotes innovative ideas and theories in the counseling field and has a significant impact on future trends.

## COUNSELOR OF THE YEAR

One who has gone beyond the call of duty by demonstrating exceptional service as a practitioner and/or counselor educator, through the application of OCA goals.

## RESEARCH & WRITING AWARD

One who has demonstrated extraordinary research and writing ability, as evidenced by journal publications for the counseling profession.

# PUBLIC POLICY & LEGISLATION AWARD

One who has demonstrated excellent advocacy by engaging in meaningful lobbying on behalf of the counseling profession.

NOMINATION PROCEDURE: Please submit the Award Nomination Form with a supporting statement of 250 words or less. Letters of support are also encouraged. Attach a current vita and/or brief biographical sketch of nominee. Nominee must be a current OCA member. Deadline for submissions is October 1, 2007.

# PLEASE SUBMIT THE MATERIALS VIA EMAIL ATTACHMENT TO:

Holly L Harper hharper@heidelberg.edu or drhharper@yahoo.com

# PLEASE SUBMIT THE MATERIALS VIA MAIL TO:

Ohio Counseling Association 8312 Willowbridge Place Canal Winchester, OH 43110 FAX to: 614-833-5894

#### "Vision" continued

### Strengthening counselor identity

How many times have you found yourself in a social situation and, when responding to the obligatory social prompt, "So, what do *you* do?", hesitate a moment? If you say, "Well, I'm a counselor (or professional counselor)" I'm willing to bet that you then have to spend the next several minutes trying to explain what that means. No, I don't work at Consumer Credit Counseling, a day camp, or a Jenny Craig weight loss center. I'm a highly trained, highly skilled mental health/educational human development professional. Perhaps you've caught yourself saying, "Well, I'm kind of like a psychologist", and you might think, "Why is it that psychologists never have to have this conversation?"

I have been engaged in work on the issue of professional identity at a national level for several years. I have been part of a task force that has developed trainings offered at the annual convention of the ACA every year since 2002. In these discussions I have heard from counselors all over the US that when we talk about counselor identity, we're not exactly sure what this means. To me, these comments illustrate the point and explain why ACA has made it a priority to improve our concepts of who we are as professional counselors. If it is still unclear to us, then it will also be unclear to the pubic.

So how can we strengthen counselor identity? There are some simple ways that each of us can make a difference. I believe that if each of us were to embrace these simple ideas, collectively, we could make a significant impact in effecting change and resolving the problems that face professional counselors nationwide. Each of us must embrace our professional identity. As a counselor educator in charge of an internship program, I visit community mental health agencies and schools all over northwest Ohio. Almost without exception, I never see counseling staff at agencies identified accordingly. Indeed, regardless of the credentials of staff at mental health agencies, mostly I see nameplates and business cards that simply say "Therapist." But what is a therapist? If I seek services at such an agency, I might see someone who is licensed as an LCDC, LSW/LISW, LPC, LPCC, or an LMFT. As a consumer, I'm not likely to know the difference, and unfortunately, I'm not all that likely to be clearly informed and educated about the differences despite the fact that the differences are likely to be significant. And if I work at an agency that has this practice, I am far more likely to blend and blur these distinctions myself. In the education setting, many schools continue to use the term guidance counselor or other titles even though we now have had professional licensure for school counselors for several years now. There are three titles that Ohio's counselors might have, and these should be proudly displayed on all of our documentation wherever we work: Professional School Counselor; Licensed Professional Counselor (or Professional Counselor); Licensed Professional Clinical Counselor (or Professional Clinical Counselor).

# Improving public perception/recognition and advocating for professional issues

A moment ago I outlined a scenario that I think most of us have faced more often than we'd like to admit—the awkward attempt to explain what we do. In discussing some very simple ways of strengthening counselor identity, I've also provided an example of how we can also advocate for the profession in ways that would directly improve public perception of counseling professionals. There are many ways that counselors can advocate for our profession.

"Vision" continues on page 12

# **Chapters and Divisions**

Greater Cincinnati Counseling Association (GCCA)
John Burik, President

The Greater Cincinnati Counseling Association is dedicated to promoting and advancing growth, networking and identity for the discipline of counseling, while valuing the strength derived from collaboration and diversity.

GCCA is co-sponsoring a conference with Dr. Dan Siegel hosted by the Southwest Ohio Infant Mental Health Association. The topic of the conference is "The Developing Mind: Brain to Brain Relationships" and will be held at the Sharonville Convention Center on September 28, 2007.

President John Burik is hosting a general meeting for GCCA members on Monday, October 1, 2007, at the Greater Cincinnati Health Foundation from 6 p.m. to 8 p.m. Complimentary hors d'ouevres and beverages will be available (if you have never been before, GCCA puts on a good spread). One CEU contact hour for will be available on the topic of parentification. GCCA members Jan Danner and Aunja-Leis Bishop will serve as the presenters. GCCA and visiting OCA members may attend at no charge. Non-members pay \$20 or may join OCA/GCCA and enjoy member benefits.

Mark your calendars for the 32nd Annual GCCA Winter Workshop Friday and Saturday, January 4-5, 2008. Ten CEU contact hours are available to counselors, social workers and psychologists in Ohio and Kentucky. RCH's will be available to chemical dependency counselors. The workshop will focus on "Creativity in Counseling" and feature Dr. Sam Gladding from Wake Forest University and Dr. Robert Wubbolding from the Center for Reality Therapy. The event is co-sponsored by the Xavier University Department of School and Community Counseling, Child Focus, Inc. and the Ohio School Counselor Association District 10.

Look for more information about GCCA events and the 2008 workshop on www.cincycounseling.com

Ohio Association for Counselor Education and Supervision (OACES) Jean Underfer-Babalis, President

Welcome to the new year here at Ohio Association for Counselor Education and Supervision (OACES)! Our first meeting will held at the All Ohio Counseling Conference (AOCC), Friday, November 2, 2007 at 11:35 AM to 12:35 PM at the Easton Hotel. Check your AOCC program for details about where we will be located. You may order a box lunch to be delivered at the meeting, or bring your favorite salad or sandwich with you. Come and join us as we gear up for the new year. Let your voice be heard. Also, make sure you are on our listserv so that you may be kept up-to-date about what is going on in the world of supervision and counselor education.

Continued next page

With more than 1,700 professional clinical counselors in the state of Ohio with supervision designation, supervision has also been the focus of my efforts. The supervision taskforce is making every effort to increase the membership of OACES to be more representative of supervisors in Ohio. Supervisors help new professional counselors (PC) move from theory into practice by teaching, mentoring and consulting. Hence, OACES recognizes the enormous efforts and responsibility that supervisors have in fashioning the future of counseling and future professional counselors. OACES plans to be an integral part in the process of providing for the needs for professional counseling by providing for the needs of supervisors. Please join us in edifying the identity of all counselors and becoming a member of OACES. The taskforce is made up of Hilda Glazer, Lynne Guillot-Miller, Barbara Mahaffey, and David Mann.

Since taking office this July 1, 2007, most of my energies as your new president have been around the proposed changes in the rules and regulations that the Ohio Counselor, Social Worker, and Marriage & Family Therapy Board (CSWMFTB) proposed earlier this spring. Steve Rainy, Daniel Cruitshanks, and other members worked on the proposed changes as they relate to faculty in the Ohio counselor education programs around the state. I want to thank all members who contributed to that process as I know that I left many people out.

July was a busy month. First I attended the Ohio Counseling Association (OCA) Leadership Training and stayed in a haunted hotel. That was fun! Then the next week on July 19, 2007, I attended the morning Counselor Professional Standards Committee meeting at the CSWMFTB meeting. I did not have much to contribute as I was so new in my presidency, but I did appreciate the warm welcome I received from Jan White, Susan Huss, Randi Cohen, Victoria White-Kress and Fred Dailey (the public member), as well as from James Rough, Simeon Frazier, Tracey Hosom and Rena Elliott. As your president, I intend to attend the CSWMFTB counseling meetings as frequently as possible.

Ohio Association for Spiritual, Ethical, and Religious Values in Counseling (OASERVIC)

Louisa Foss, President

Dr. Craig Cashwell to Speak in February—OASERVIC will host a workshop featuring Dr. Craig Cashwell at Walsh University in North Canton on Friday, February 22 from 8:30am-12:00noon. Dr. Cashwell, a faculty member in the counseling program at the University of North Carolina at Greensboro, is the author of many important works in the area of spirituality and religion. The title of the workshop is "Integrating Spirituality and Religion into Counseling: Unity in Diversity." The workshop will explore methods for using client spiritual and religious strengths for improving therapeutic outcomes. Dr. Cashwell will also present strategies for effectively addressing ethical issues related to the integration of spirituality and religious diversity, increasing self-awareness of biases, and expanding counselor knowledge bases in regard to spirituality and religion in counseling. The cost for the event is \$50 for non-OASERVIC members, \$25 for students, and no charge for all OASERVIC members. Three credit hours of CEUs are pending. For more information, contact Dr. Louisa Foss at 330-490-7268 or Ifosspierce@walsh.edu.

OASERVIC Again Hosts Wellness Room at AOCC–Back by popular demand, OASERVIC will again be hosting the Wellness Room at the All Ohio Counselors Conference in Columbus, November 1-2. The room will feature chair massages, guided meditation experiences, aromatherapy, art displays, yoga and other opportunities for reducing stress and increasing wellness. Anyone interested in learning more about OASERVIC is invited to visit the Wellness Room or attend the OASERVIC business meeting with light breakfast on Friday, November 2 at 8:00am in the OASERVIC suite, rooms 200 and 202, Hilton Columbus at Easton. For more information, contact Dr. Donna Menigat at donnamenigat@columbus.rr.com.

# Ohio Statehouse Report Towner Policy Group

#### Rules Filed by Licensure Board

The Counselor, Social Worker, and Marriage and Family Therapist Board has proposed more than 50 rules for consideration. These rules include changes to requirements for becoming a supervisor, counselor education programs, and revisions of ethical guidelines for counselors, along with many other minor and major changes.



OCA Lobbyists (L to R) Amanda Sines, Carolyn Towner, and Kristy Smith

The public hearing for the rules was held on Friday, July 20, 2007. Carolyn Towner ended up reading the testimony for Daniel Cruikshanks, because he ran into construction on his way into Columbus, and the Board would not wait for him to arrive to give the testimony in person. Bill O'Connell also made comments on practicum portions of the rules. Another counselor, Robert Uhle from a faith based counseling center, testified before the Board regarding the possible increased cost their center could encounter due to the supervision provision. In addition, written comments were submitted by Dr. S.R. Thorward on behalf of the psychiatrists.

The Board has placed most of the rules in a "to be refiled" status. On August 21, 2007, Counselor Board member Susan Huss; Executive Director Jim Rough; and the Assistant Attorney General for the Board met with Kathleen Salyers, Chair of the Government Relations Committee; Daniel Cruikshanks, President of OCA; Susan Sears, a former member of the Board and member of the Government Relations Committee; Amanda Sines and Carolyn Towner, Lobbyists for the OCA and Colette Dollarhide, representing OACES regarding concerns the OCA has with the rules. The Counselor Practice Committee of the Licensure Board will be meeting on these rules from 2:00 to 4:00 on September 20, 2007 to discuss the concerns the OCA has with the rules.

# Senate Bill 53 Being Considered by the Ohio House Health Committee

Senator Patty Clancy (R – Cincinnati) reintroduced the Ohio Counseling Association's mental health hold legislation early this year. The bill is titled Senate Bill 53. Senate Bill 53 would amend the current mental health hold law that applies to psychiatrists, psychologists, physicians, health officers, parole officers, police officers, and sheriffs to allow a licensed professional clinical counselor (LPCC) to have a person taken into custody and transport the person to a hospital where the person may be held if the LPCC has reason to believe the person is mentally ill and represents a substantial risk of physical harm to their self or others if allowed to remain at liberty pending examination. The LPCC would be required to give the hospital a written statement stating the circumstances under which such person was taken into custody and the reasons for the LPCC's belief. Senate Bill 53 passed the Ohio Senate on March 20, 2007 by a vote of 26 – 7.

The bill is now being considered by the Ohio House of Representatives in the House Health Committee. A sponsor hearing was held on March 28, 2007. At the hearing on May 30, 2007, the Committee accepted a substitute bill. The substitute bill brought the bill back to the original introduced language. Interested parties to the legislation and members of the Committee expressed concern over the one hour time frame that was added in the Senate Health Committee, so the current version of the bill does not have the time limit.

Continued next page

# Ohio Statehouse Report Towner Policy Group

On March 30, 2007, James Rough, Executive Director of the Counselor, Social Worker and Marriage and Family Therapists Board, and Dr. Robert Wilson, representing the Ohio Counseling Association and the Ohio Mental Health Counselors Association testified as proponents of the legislation. Both gentlemen gave testimony similar to that given in the Senate Health Committee and explained why the bill was needed. Dr. Robert Wilson told the Committee that this bill will allow LPCCs to better perform their professional responsibilities to their patients. LPCCs have the statutory "duty to protect" third parties from harm threatened by one of their clients. By passing this legislation, LPCCs will have an important tool in fulfilling this duty.

An opponent hearing on the bill was held on June 6, 2007. Paul VanderSchie testified in opposition on behalf of the Ohio Association of County Behavioral Health Authorities Governance Committee. Mr. VanderSchie is the Director of the Mental Health & Recovery Board of Clark, Green and Madison Counties. The Ohio Psychiatric Physicians Association (OPPA) did not testify in person, but they did submit a letter to the Committee expressing their concerns. The OPPA believes "Ohio's law wisely limits the number of health professionals who can initiate the process" and stated that last session an amendment was prepared to include independent social workers, independent marriage and family therapists, certified nurse practitioners and clinical nurse specialists. The OPPA questions whether expanding the list of who can initiate the civil commitment process actually will improve the process.

# Please Write the House Health Committee Members

Towner Policy Group has been meeting with members of the House Health Committee to answer any questions and clarify the purpose of the SB 53. Counselors are urged to do their part and contact their state representatives and members of the House Health Committee to ask them to support Senate Bill 53. Counselors should explain why this bill is needed and the problems counselors have had in the past having someone sign the mental health hold form for them. If you do not know who your legislators are, you may find out using your zip code at www. legislature.state.oh.us. Letters may be addressed as follows:

The Honorable	
Ohio House of Representatives	
77 South High Street	
Columbus, Ohio 43215	
Dear Representative	

"Statehouse Report" continues on page 10



# Counseling: Celebrating a Profession of Excellence







The Ohio Counseling Association executive council met for its annual Leadership Retreat July 12-13 at the Buxton Inn in Granville, OH.

## "Statehouse Report" continued

## **Healthcare Simplification Act**

House Bill 125, sponsored by Representative Matt Huffman (R – Lima), is the Healthcare Simplification Act, and would remedy many of the administrative demands providers face in their interactions with insurers. The bill would help to keep insurance companies from making unilateral changes to contracts without notice to providers, particularly regarding fee schedules. In addition, the bill prohibits an insurer from "selling" or "renting" its provider network to third parties, which results in therapists unknowingly being forced to offer discounted fees to an entity with whom they have not signed a contract. House Bill 125 has been undergoing hearings in the House Civil and Commercial Law Committee. A similar bill, Senate Bill 127, has been introduced by Senator Kevin Coughlin (R – Cuyahoga Falls) and has been referred to the Senate Judiciary on Civil Justice Committee.

Each week testimony before the House Civil and Commercial Law Committee has focused on different aspects of the bill, including: contracting provisions (i.e., disclosure, most favored payer, silent PPOs, and all-products clauses); credentialing provisions; web-based eligibility provisions; applicability (i.e., ERISA issues); and general proponent and opponent testimony.

The legislation calls for a summary disclosure form for contracts between providers and health plans, along with full disclosure of fee schedules, payment policies, categories of coverage, and terms under which contracts may be changed. The bill's first provision would also restrict "most favored payer" clauses that undermine providers' ability to negotiate separate fee agreements with different insurers, and would eliminate "all products" clauses that require providers to participate in all of a health plan's products as a condition of participating in any one product.

The bill also calls for a standardized annual credentialing process for all Ohio providers. Currently, provider practices must annually verify the credentials of every provider working in the practice with every contracted insurer, and bi-annually with health plans, hospitals, and other health care entities. Finally, the bill would establish a web-based insurance eligibility system developed by third-party payers offering comprehensive patient information at the time services are rendered.

# Making Counseling a Household Word Initiality

The Public Awareness and Support Committee invites ACA members to submit an original expression describing "what it means for me to be a counselor" or "what I do as a counselor". Accepted submissions will be displayed at the 2008 convention in Hawaii.

#### Categories are:

- slogan or sentence up to 16 words
- statement up to 200 words
- poem or essay up to 800 words
- photograph (print or jpeg)
- illustration

Mail or email your submission by **January 15th, 2008** to: ACA Public Awareness and Support Committee, c/o Ms. Janice

MacDonald, 5999 Stevenson Avenue, Alexandria, VA 22304 jmacdonald@counseling.org or to Jane Webber, Webberja@shu.edu; Jan R. Bartlett, jan.bartlett@uni.edu; Christy Lyons clyons@bridgew.edu; or Delila Owens,

delilaowens@hotmail.com

Please include your name, home address and phone number, ACA membership number, email address, workplace, work title, work address and phone number, and the title of your submission. By your submission, you authorize ACA and the PASC to publish your submission with your name.

## **Promoting Public Awareness**

There are many important ways that each of us can contribute to enhancing public awareness of the profession, whatever our talents and interests, and whatever the constraints on our time.



There is one very simple public awareness tool that you are already using: participating in a professional organization. Membership in a national or branch association communicates to the public that you are part of a dynamic, emerging profession that is dedicated to improving the wellbeing of people throughout the life-span; that you adhere to a rigorous code of ethics in your work; and that you are committed to continually enhancing your skills and knowledge as a professional counselor. It's a powerful statement—don't hesitate to make it.

#### "Vision" continued

Becoming involved in professional leadership, contacting legislators at the state and national level regarding counselor related issues, intervening when you see counselors engaged in unprofessional or unethical conduct, simply working within your workplace to ensure that counselors are properly identified—all of these ways of advocating make a difference, and ultimately will improve public perception. What I suggest is that you find a way that best fits your personality, talent and time. Above all, stay connected to and actively engaged in your profession.

## Presenting ourselves as one profession

By virtue of our history, ours is a field of divergent views, interests and foci. As I often say to my students, we're like a three legged stool (school/mental health/vocational), and while this historical triad can be seen as a source of strength for our program, it also has created barriers between us. As we move further into this century, we need to embrace the unique areas of specialization while also celebrating our strengths as a uniquely American profession—the profession of counseling, a profession of excellence. Regardless of the settings in which we work, we are Professional Counselors first—we are all working to help people grow and develop the skills and abilities they need to overcome the problems they face.

As we discuss these and the other facets of ACA's 20/20 Vision and how these can guide us here in Ohio, look to OCA to roll out several new initiatives and exciting services over the next year. Later this year, for example, we will be introducing a new online CEU program in which we will make select programs from AOCC available through our website. Also, we are currently discussing an agency endorsement program. In the meantime, as always we are actively engaged in legislative advocacy on behalf of counselors and consumers of counseling services. If you're interested in Ohio legislative issues affecting counselors, you can now visit the OCA website and download our quarterly Legislative Report which contains all of the pertinent information on issues and what you can do to make a difference. And finally, we want to hear from you. Let us know how we're doing and what you would like us to address. Remember, the Ohio Counseling Association is your professional

association representing your interests and serving you in Ohio. Your ideas guide us as we move forward in support of the new Vision.



# PRIVATE PRACTICE OPPORTUNITY

Established private practice is seeking an independently licensed therapist, preferably with clinical experience with children and membership in managed care plans, who is interested in full time practice in Delaware.

Contact: Lucy Hunter, LPCC, at 740-363-8370

Ohio Counseling Association Continues to Take a Leadership Role in the Counseling Profession Kathleen Salyers, OCA Government Relations Committee

I would like to say how honored and excited that I am to be the new OCA Government Relations Committee Chair. I know with what high esteem we hold Bill Nemec and am very grateful that he will continue as a member of the Government Relations Committee. I am especially grateful for his continuance on the committee as it will provide the opportunity to continue to learn from him. I wish that he were continuing as the Chair, as I am sure we all do, but I also understand his need to devote time to his family. I greatly appreciate the time, knowledge, and support that he has given me during this transition, especially due to his very busy schedule.

As I have had the opportunity to become more involved with the government relations associated with the Ohio Counseling Association, I have come to have an even greater respect for those such as Bill Nemec and Susan Sears who have truly devoted their lives to the counseling profession. And even though they are retired and attempting to focus on other areas of their lives, they continue to be willing to actively be involved with OCA and to share their many years of experience and knowledge. I believe that their commitment to the counseling profession is an example for all of us. Their example causes me to pause when I think, "Oh, I don't have time" or "Oh, let someone else do that." I pause because I know that is the easier, softer way. And that is not the way that Bill and Susan have spent their lives. I am so grateful that they will both continue as members of the Government Relations Committee and other areas of OCA involvement, because even though they are attempting to live the life of retirees...we still very much need them as the counseling profession continues to move forward and faces new challenges and new opportunities. They are our historians who remind us where we have been as a profession, where we are, and assist us in making decisions as to where we are headed.

I feel so fortunate to have been given this opportunity, through my interaction with Bill Nemec, Susan Sears and others over this past summer, to reflect upon the need for all of us to be actively involved and advocate for the counseling profession. This has caused me to be even more aware of how important all of our voices are in the decision making process of moving our profession forward. I am very excited about the many opportunities that we have right now to advocate for our profession and all of the possibilities that holds. I look forward to all of our working together as part of the Ohio Counseling Association during this opportune time for the counseling profession.



Interested in helping other counselors, educators, and students grow personally and professionally? Consider submitting articles for future issues of the *Guidelines*! We're looking for brief articles (approximately 150-300 words) that address issues of interest to our readership.

Submissions should be sent in electronic format to the *Guidelines* editor, David Mann, at dmann@ashland.edu by the dates noted on page 2.

# MARK YOUR CALENDAR NOW!

# ACA Annual Conference & Exposition



Honolulu, Hawaii March 26-30, 2008

Pre-Conference Learning Institutes: March 26-27

Education Sessions: March 28-30

Exposition: March 27–29

Summer Rate March 26– August 31		Super Saver Sept 1– Nov. 30	Advance Dec. 1 – Feb. 15
ACA Members Professional/Regular	\$250	\$280	\$330
New Professional/ Student/Retiree	\$165	\$180	\$225
Non-Members General Attendees	\$450	\$470	\$520
Non-Member Student	\$280	\$300	\$430

Register Online: www.counseling.org/conference By Phone: 800-347-6647, x222 (M-F, 8AM - 7PM ET)



saym32@hotmail.com

amber.lange@utoledo.edu

aehall@kent.edu

pillay@ohio.edu

NCOCA Co-President—Allison Bruce

NWOCA President—Amber Lange

SEOCA President—Yegar Pillay

€E.VA
President—Daniel Cruikshanks
dcruiksh@heidelberg.edu
President-Elect—Bill O'Connell
oconnell@xavier.edu
Past-President—Thelma Greaser
great@cgfs.org
Treasurer—Tim Luckhaupt
ocaohio@yahoo.com
Secretary—Rabeena Alli
ralli@kent.edu
Parliamentarian—Kelley Schubert
kschubert@new-albany.k12.oh.us
Executive Director—Tim Luckhaupt
ocaohio@yahoo.com
OACES President—Jean Underfer-Babalis
jeanub@destinedformcre.com
OAMCD Representative—Rhonda Norman
norman@xavier.edu
OMHCA President—Donna Tromski-Klingshirn
donna.tromski@wright.edu
OCDA President—Kevin Glavin
kglavin@kent.edu
OASGW President—Christie Jenkins
jenkinschristie@aol.com
OSCA President—Kris Owen
kris_owen@fc.pickerington.k12.oh.us
OASERVIC President—Louisa Foss-Pierce
lfosspierce@walsh.edu
EOCA Prsident — Jessica Eaton
jeaton@meridianservices.crg
COCA Parity of the Desire
GCCA President—John Burik
jburik@fuse.net
MVCA President—Christine Ferens
ferenspcc@juno.com
NCOCA Co-President—Samantha Posey

dking-white@scs-k12.net Bylaws Co-Chair—Clarissa Matthews claire.912@hotmail.com Bylaws Co-Chair—Kathy Goins kathy.goins@pickawayross.com Ethics Co-Chair—Louisa Foss-Pierce lfosspierce@walsh.edu Ethics Co-Chair—Darcy Haag Granello granello.1@osu.edu STANDING COMMITTEES AND LIAISONS Finance Chair—Jo-Ann Lipford Sanders jsanders@heidelberg.edu Government Relations Chair—Kathleen Salyers ksalyer@utnet.utoledo.edu Membership—Betty Irby irbybetty@sbcglobal.net Membership-Megan Mahon mcrotte@aol.com Nominations & Elections Chair—Thelma Greaser great@cgfs.org Newsletter Editor - David Mann dmann@ashland.edu Professional Development - Yegan Pillay pillay@ohio.edu Public Relations Chair—Kristina Camden kcamden@walsh.edu Technology Chair—Daniel Cruikshanks dcruiksh@heidelberg.edu AASCB Liaison—Tom Davis davist@ohio.edu All Hazards Task Force—Tara Meckley-Hill tmhm7@aol.com AOCC Coordinator - Tim Luckhaupt ocaohio@yahoo.com Midwest Region (ACA)—Thelma Greaser great@cgfs.org Ohio CSWMFT Board Liaison—Jon Coventry jaguar40@wilkshire.net Ohio CSWMFT Board Liaison—Paul Granello

granello.2@osu.edu

sburns1@kent.edu

Webmaster—Stephanie Burns

Archives Chair - Dana Heller Levitt

Awards Co-Chair - Dakota King-White

Awards Co-Chair—Holly Harper

levitt@ohio.edu

drharper@yahoo.com



Be sure to register for the

# **2007 All Ohio Counselors Conference**

being held at the Hilton, Columbus October 31-November 2





See page 3 for details!



A Branch of the American Counseling Association 8312 Willowbridge Place Canal Winchester, OH 43110 NON PROFIT ORG.
US POSTAGE
PAID
COLUMBUS, OH
PERMIT #692