



# THE JAMBAR

Since 1931 The student voice of Youngstown State University



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Issue 1

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### TO THE POINT

#### SBCD seminars at YSU Metro College

The Ohio Small Business Development Center at Youngstown State University will hold business seminars in September at the YSU Metro College.

The cost for each seminar is \$25 or \$80 to attend all four and reservations are required. Dates for the seminars are Sept. 6, 13, 20 and 27.

#### Playhouse Auditions

The Youngstown Playhouse will hold auditions for Disney's Beauty and the Beast Sept 3-5 at 6:30 p.m. at the Youngstown Playhouse. A one to two minute song is requested.

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## STATE OF THE UNIVERSITY

# Sweet times

## President talks past and future of YSU

Sarah Sole  
News Editor

With a centennial theme of "a proud past and a promising future," Youngstown State University President David Sweet welcomed back faculty, students and staff to the start of the fall semester during his state of the university address.

While outlining future plans amidst a backdrop of past and present achievements, Sweet spoke of the necessity of YSU's involvement in a community college and developing a Mahoning Valley P-16 council as a way to reduce the need for remedial classes at YSU.

Sweet also answered critics, referring to previous "internal attacks" and saying that in the future, "those who engage in these activities will be compromising the university as a whole."

### Promising future

Sweet said that Eric Fingerhut, Ohio Board of Regents chancellor, wants to increase the number of students attending universities who have completed high school core classes while reducing the number of students who need remedial classes, Sweet said.

He suggested collaborating with local school districts to encourage high school students to attend college.

The P-16 council would increase preparation for high school students. While he is not sure of the planning, he said the council would increase the number of students that go on to college. "We need to work to increase the college-going rate."

Sweet believes part of that problem is the lack of a Mahoning Valley community college, which creates an educational gap, Sweet said. The plan for implementing a community college should have YSU as its center, he said.

If YSU is not a part of the proposed community college, then it will present a major challenge to the university, Bege Bowers, associate provost said. YSU's involvement with the community college will be easier for us as an institution, she said.

A new area college could present YSU with competition.

People in the area have a need for a community college, said Frank Castronovo professor and director of theater. "We should make every effort to provide what they need. Growth is not a bad thing."

Castronovo was also impressed with the speech, which he called

"upbeat."

"I think we have a lot to look forward to," Castronovo said.

Stressing the importance of keeping students at the center of all plans, Sweet said, "This institution has a proud history of adapting its programs to the needs of our students." He stated his goal of engaging more students in research projects and academic internships.

The new semester brings with it new academic opportunities for students, such as the foreign language department's offering of Arabic and Mandarin.

### Proud past

The university has obtained \$32 million of the \$43 million goal for the Centennial Capital Campaign that will go towards programs and scholarships. Additionally, there was a 3 percent increase in enrollment last year, the highest since 1995.

The centennial archives will be dedicated this fall at Maag Library.

Sweet credited other positive changes to the late Provost Robert Herbert.

Herbert's work with CLASS

*please see Sweet, PAGE 2*



## Highlights

### On university infighting:

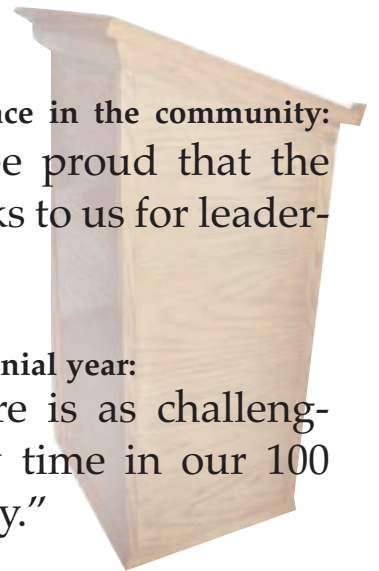
"Those who engage in these activities will be compromising the university as a whole."

### On YSU's place in the community:

"We can be proud that the region looks to us for leadership."

### On the centennial year:

"Our future is as challenging as any time in our 100 year history."



## CAMPUS DINING

# Pete's place prepares for fall opening

Sarah Sole  
News Editor

When she saw the lemon triangle, Rachel Wightman told herself she could still have the dessert, since she had organic dressing on her salad.

Evidently, the dessert was worth the rationalization.

"It was amazing," Wightman said.

Wightman was just one of many YSU students employed in Kilcawley Center who took part in a complimentary lunch served Wednesday at Pete's Place, the new campus restaurant formerly known as Noodles. Aside from a new look, Pete's Place will offer a buffet featuring healthier options when it opens today.

Students need healthy options on campus, and Pete's Place aimed to address that need, said Tomdd Totterdale, general manager of the YSU Dining service Services for YSU. Those preparing the menu for Pete's Place met with the nutritionist at Andrews Student Recreation and Wellness Center.

Andrew's Wellness and Recreation Center.

Totterdale said Pete's Place offers



Above, Kilcawley students sample the new menu offered at Pete's Place during a preview lunch held Wednesday.

Right, Executive Chef Clint Kifolo sits down for lunch in Pete's Place Dining Room, photo by Sarah Sole, The Jambar.

unique food, and its buffet-style dining helps students get in and out of the restaurant quickly.

"It kind of does a little bit of everything," he said. "It's a much better

*please see Pete's, PAGE 3*



## YSU

# Foley appointed trustee by Governor

Chelsea Pflugh  
Reporter

Stephen Foley, a junior Political Science and Psychology major, was recently appointed by Governor Ted Strickland as a student trustee to the YSU Board of Trustees.

Foley was selected from several applicants at YSU and had to meet extensive requirements to be considered. His application was processed by several state board administrations, and was officially appointed by Governor Strickland.

Foley will represent the entire student body at YSU when he attends each Board of Trustees meeting. When he applied for the position, Foley said he realized the great responsibilities that come with the job and how difficult it will be to represent every student.

"I plan to attend every meeting, stay close to the Student Government Association, and I hope students contact me and voice their comments and concerns", Foley said.

Foley said that he is here for every student. He realizes that student opinion of the university or administration may be bleak at times, but he plans on improving it.

He wants to boost the morale of those in contact with students, such as faculty and administrators.

Foley's main goals during his time on the Board of Trustees will be campus and downtown development.

*please see Welcome, PAGE 2*

## CAMPUS LIFE

# Saddle up for Wild West Welcome Week

Elizabeth Boon  
Reporter

With a new school year kicking off, Youngstown State University wants students to have some fun. Welcome Week is meant to provide students with activities that allow them to meet new people and help them get into the swing of things for the new semester.

Sponsored by Campus Rec, Student Life, YSU Housing and Residence Life, Center for Student Progress, and Student Diversity Programs, the entire first week of school is packed with all kinds of events that cover a wide variety of interests.

Welcome Week coordinator Melanie



Koontz said this week shows students what YSU has to offer.

The newest addition to Welcome Week is a mechanical bull that will be available for rides on Monday at the campus core from 11 a.m. to 2 p.m. If there is rain, the bull will be in the

Chestnut Room in Kilcawley. Koontz said the bull is something new and fun for the students to try.

Monday will also offer video games, henna branding and caricatures. These activities are located on the campus core and in the lower arcade of Kilcawley Center.

Students can also sign up for the fan bus on Monday. The bus will be going to the Ohio State game on Saturday. To ride the bus, students must go to Bytes 'N Pieces and put down a \$15 deposit, which ensures a seat on the bus and which afterward can be returned.

Maag Library will also be celebrating Welcome Week on Monday and

HOUSING

# More residents means change

Adrienne Sabo  
Editor In Chief

The number of Youngstown State University students living on campus is slightly up this year, according to the Office of Housing and Residence Life, and the increased amount of students has translated into dormitory modifications.

Danielle Meyer, associate director of Housing and Residence Life, said the number of registered residents is "just ahead of where we were last year."

This year two student lounges in Lyden House were converted into triple rooms. The students in those rooms were contacted in advance of the decision.

"Tripling rooms is an option we consider," Meyer said.

"We don't turn students away. We house students to the best of our ability," she said. "If there is a continual want,

there will be a point when we have to say we want more beds."

She said in addition to the two converted rooms, there are other rooms in Lyden that were designated as triples when the dormitory was built.

Bill Sperlazza, director of Housing

"We don't turn students away. We house students to the best of our ability...If there is a continual want, there will be a point when we have to say we want more beds."

Danielle Meyer, Associate Director of Housing

and Residence Life, said that students will continue registering for housing during the week.

Meyer said she is on her fourth draft of a resident's list as of Thursday. She said the process is "constantly in motion."

The registration process lasts from Feb.

1 to Sept. 1.

The start of the new school year brings change to Housing and Residence Life at YSU. The newly renovated Christman Dining Commons will be open for students. Erin Driscoll, assistant director for Residential Education, said that "everything I've heard is positive" and that students have commented on how the dining hall feels like a new place.

Driscoll said she's excited to have the returning residents use the dining hall.

Residents had a weekend of events planned to coordinate with the Wild West theme of Welcome Week. On Saturday and Sunday, shuttles bused students to Boardman to pick up any necessities. The weekend concluded with a movie on the lawn in between Lyden and Cafaro houses.

Driscoll said the events are a good chance for students to meet other residents and meet the staff that will be around all year to help them.

From Sweet, PAGE 1

and STEM set the stage for future development at the university, Sweet said. "Bob made a lasting contribution."

Sweet said the university will conduct a self-study this semester in preparation for a February visit. "I ask each of you to reflect on your own time here and your own accomplishments," he said.

Regional accomplishments, such as city beautification, were also mentioned.

City development through the beautification of neighborhoods near campus is also important, Sweet said, and Youngstown needs the energy of young adults. "We can be proud that the region looks to us for leadership," he said.

### Looking ahead

Stephen Foley, student trustee, believes future involvement with programs such as city beautification and

a community college will benefit YSU.

Foley said the community college will help YSU lead the community. The university's involvement in neighborhood revitalization will not distract attention from students, he said.

"Most of the focus is going where it needs to be," Foley said.

In addition to achievements, Sweet spoke of overcoming obstacles.

Sweet said communication is key in dealing with campus issues, as the entire campus has a stake in the discussions, Sweet said he wants to create a new position, director of staff relations, to help in human resources. The first of the open campus conversations will be held Sept. 14 at Pete's Place (formerly Noodles).

"Our future is as challenging as any time in our 100 year history," Sweet said.

From Welcome, PAGE 1

Tuesday with prize giveaways that include an iPod and a digital camera. There will also be free popcorn, candy and gifts.

The Foam and Dance Party, one of the biggest and most popular events of Welcome Week, takes place on Tuesday. The party is from 7 to 10 p.m. in the Rec 5 area, which is the athletic court area across from Pete's Place (formerly Noodles).

Kollin Rupert, who has been planning the party, said this year's event is bigger and better than ever. There will be a foam pit, DJ, dunk tank, corn hole, football toss and bouncy boxing, which takes place in an inflatable boxing ring.

Rupert said there will also be many great giveaways including two pairs of tickets for the YSU vs. OSU game and two pairs of Cleveland Indians tickets. Vouchers will also be given away for the next Penguin Productions concert. Gift certificates for University Pizzeria and Inner Circle will be up for grabs, as will a gift basket from The Beat coffee shop.

Free pizza, pop and ice cream from Rita's will be given away during the party.

Last year's foam party saw 900 people, but this year Rupert said they are hoping for 1,000. Students need to bring valid YSU ID to gain entry.

The foam party is just one of many social events.

## Welcome Week Calendar

Monday	Foam and Dance Party Rec 5 Area 7-10 p.m.	Thursday	Christman Dining Commons Grand Re-opening Celebration Christman Dining Commons 4-8 p.m.
Mechanical bull rides Campus Core 11 a.m. - 2 p.m.	Wednesday	Black Jack and Texas Hold 'em Kilcawley Center 11 a.m. - 2 p.m.	Penguin Pre-party Peaberry's 7-10 p.m.
Henna branding, Caricatures Campus Core 11 a.m.- 3 p.m.	Tuesday	Line dancing Campus Core 11 a.m.-1 p.m.	Friday
Maag Movie Night Multimedia Center, Maag Library 6 p.m.	Greek Cookout University Courtyard Apartment Recreation Area 5-8 p.m.	Party on the Plaza Buffalo Wild Wings, downtown Youngstown 5-10 p.m.	

Maag's movie night on Tuesday will feature free popcorn and the film "The Prestige."

On Wednesday, students can test their casino game skills with Blackjack and Texas hold 'em in Kilcawley Center from 11 am to 1 pm. If students have never played before, experts will be there to teach them.

Thursday will be the kickoff for fall sports. Students who come to the campus core between 11 a.m. and 1 p.m. can meet members and coaches of various teams and see Pete and Penny. The YSU marching band and cheerleaders will also be in attendance. Free food and prizes will be available.

Welcome Week will end with Party on the Plaza at Buffalo Wild Wings in downtown Youngstown from 5 p.m. to 1 a.m. Hern Brothers and Hindsight will provide live music.

There's still plenty to do on Saturday, including taking the fan bus to Ohio State University to watch the Penguins play the Buckeyes. If students can't make it to the game, there will be a party at Buffalo Wild Wings that includes beverage specials, food, prizes and, of course, televisions to watch the game.

Koontz said she hopes for a great turnout for all of the Welcome Week activities. Students should attend events to meet new people and get acquainted with the university, she said.

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## DINING

# Christman renovation: new look still hot from the oven

Elizabeth Boon  
Reporter

Junior Ian Peshel says that Christman dining hall looks ten times better today than it did last semester. "There's more of a friendly atmosphere," he said.

Over the summer, Peshel and other workers completely transformed Christman Dining Commons. Instead of plain tables and chairs, the cafeteria now features booths, big screen plasma televisions, and a sports bar-like area.

In addition to the new furniture and televisions, a huge neon Pete the Penguin has been hung on the wall. Sophomore Maddie D'orio

says that she loves the penguin, as well as the cafeteria's improved look.

D'orio says that Christman now has a café feel to it. "It's more like a place where you can hang out, rather than just go and eat," she said.

Peshel also thinks that more students will be attracted to the new look and feel of Christman. "People will like the atmosphere better," he said.

Peshel thinks people will be willing to make longer trips across campus to the new Christman — himself included. Peshel lives in the Courtyard Apartments.

While D'orio has her doubts about a huge group of new students coming to Christman, she thinks the new look could attract some that might not have come before.

"I think the biggest problem will be getting people into it in the first place. You will have the people who always go there enjoying it, but some people may still shy away," she said, "because it's 'Christman.'"

Christman manager Jeff Flauto said that commuter students or those who without a meal plan should check out the newly transformed dining hall. He said that Christman offers a great convenience and value for students.

Junior Sierra Estell is intrigued by the renovation, despite the fact that her residence, Buechner Hall, has its own cafeteria. Estell ate at Christman a few times during



Over the summer, workers completely transformed Christman Dining Commons. Instead of plain tables and chairs, the cafeteria now features booths, big screen plasma televisions, and a sports bar-like area, photo by Elizabeth Boon, The Jambar.

her freshman year but hasn't gone back since. Now she might.

"I'd definitely be willing to check it out and if I liked it I would hang out there. There isn't a lot to do on campus so I'd be very willing to check it out," said Estell.

Because of the more casual atmosphere, students say they feel like it's a place to kick back and relax. "It's more like a place where you can

hang out rather than just go and eat," said D'orio.

An all-you-can-eat meal at Christman costs \$5. The food quality is good for a cafeteria setting, Flauto said.

A ribbon cutting ceremony will take place on Thursday, Aug. 30 from 4 to 8 p.m. The grand opening will include music, food samples and prize giveaways.

## CAMPUS LIFE

## Upperclassmen: I wish I knew then

Christi Williams  
Jambar Contributor

Welcome to Fall Semester 2007. The sun is shining, the birds are singing and all over campus freshmen are wandering, lost, confused and a little anxious.

"Hey. Hey. ... Can you tell me where Meshel Hall is?"

"There are two Beeghly buildings! Two! Which one is mine?"

And then, endearingly, the wandering freshmen arrive at their 8 a.m. classes half an hour early. As upperclassmen, guiding our new friends to success should be a priority. After all, we were freshmen, too, once.

The Jambar found some upperclassmen willing to share some of the tricks, tips and loopholes they wish they'd discovered as freshmen.

Junior Jon Penick had a good freshman year, but he wishes he would have been more frugal with his spending money.

"I had a work-study job freshman year, I would get paid every two weeks, and the money would be gone in two or three days," Penick said.

Aside from wallet worries, many students wish they would have studied harder, studied during summer semesters or studied just enough to pass credit/no credit classes.

High school classes were conducted at a slower pace than college classes, junior Mychal Savage said. He could often pick up new concepts with ease. In college, Savage said, students cannot always digest all the information delivered in lectures.

"I didn't study at all in high school, and still managed to be a straight-A student. If I don't study now, I have a serious problem on my hands," Savage said.

Kelli Kolcun, a senior studying secondary education, missed out on summer classes.

"I wish I had known to take summer classes, so I could graduate sooner," Kolcun said.

Senior Allison Huck said, "I wish I had known about credit/no credit grading for your General Education Requirements. I didn't learn about it till I was a junior!"

Kolcun offered additional advice to incoming students.

"Oh! And parking, you have to come early to get a parking spot. Especially if you have any classes after, like, 10 a.m.," she said.

Senior Tom Kusiowski wishes he would have met with an academic adviser.

Talking to an adviser would have made his time at school more economized, Kusiowski said. "I didn't think that I needed them. Boy, was I wrong."

The same goes for Ariel Benes, a graduating senior and music-turned-psychology major.

"I wish I had known that banner in DeBartolo Hall wasn't lying. Your adviser is your friend," Benes said.

In addition to meeting with academic advisers, students recognized the importance of meeting with classmates.

Talking with classmates about study groups and lecture notes would have been beneficial to

John David Foster, a senior.

"I enjoyed freshman year, but I do wish that I knew how important and benefiting it would have been if I were more social in my classes," he said.

Balancing a social life with academics is something that senior Velissa Vaughn wishes she had paid more attention to when she was a freshman. Typically, students

focus more on social activities, she said.

"You need to have a social life, but remember which one is more important," Vaughn said.

Soccer player and junior Keeley Rice only spent time with the soccer team her freshman year. Joining a club would have helped her find more diverse friends, she said.

"Freshman year I wish I would have broadened my horizons," Rice said.

Ashley Holt, a junior business major, said, "I wish I had known about Greek life earlier so I could have gotten involved sooner. And that high school cliques don't mean anything once you graduate."

Juniors Brandi Veigh and John Cutlip wish they'd picked a major sooner. Veigh switched from nursing to English to business and, finally, back to English.

Cutlip said, "I wish the engineering department had sold me on the program better, so I hadn't switched majors."

But junior Sade Tate thinks students just need to relax.

"Man, I wish that I knew that you don't have to know what you're going to do for the rest of your life," Tate said. As a freshman, Tate felt pressured to choose a major and figure out a career path. "I learned that you should just let it flow, and it will come to you," she said.

From Pete's, PAGE 1

improvement from last year." Candy Counter employee One student agrees.

Elina Rios, candy counter employee, agrees. She said she thinks Pete's Place will attract more customers than Noodles did.

"Noodles was kind of dingy," she said.

Gauging the prices at Pete's Place to be about equal to other campus eateries, Rios said she liked the pizza more than the salad, because she dislikes organic salad dressing.

Other students had their own shared their opinions about the food.

Jason Lisko, Student Director director at Kilcawley Center, spoke highly of the food and said he would definitely come back. "I think the menu's a little more upscale," he said.

Clint Kifolo, eExecutive Chefchef, is putting emphasis on made-from-scratch items like various soups, whole-wheat pastas and pizzas.

For \$5.79, students can get a salad, pizza, soup, bread and beverage from the buffet. Sandwiches and Entrees entrees are also available as add-ons.

Kifolo also paid close attention to the menu's nutritional value.

Pete's Place worked with the YSU's nutrition

department to serve organic items that are vegan and vegetarian friendly, Kifolo said. A majority of the food contains no trans fat.

"It was a little bit difficult for students to find [nutrition] values at Christman [Dining Commons]," Kifolo said.

## Pete's Place Hours

Monday – Friday

Breakfast: 7:30 a.m. – 10:30 a.m.

Lunch: 10:30 a.m. – 2:00 p.m.

Wednesday Night Dining 3:00 – 7:00 p.m.

## STUDENT GOVERNMENT

## SGA prepares for coming year

Ashley Tate  
Reporter

As the fall semester falls into action, Youngstown State University's Student Government Association has a few changes in mind and a list of activities on its agenda — but nothing quite set in stone.

President Dave Spatholt said that a lot of SGA's agenda is decided by the legislative body and what they do depends on committee interest.

"We are happily involved with the programming board via student representation ... and we have even become involved in Welcome Week, providing funding for a charter bus traveling to the OSU game," Spatholt said.

Graduate student Bob McGovern described a few of the events that have been successful in the past and said that he hopes to see continue, including extended library hours before and during finals week.

"Another successful event has been pizza with the president, which was started two years ago. I hope that continues because it has been able to bring students, faculty and staff together to discuss wide-ranging issues," McGovern said.

Junior Samantha Basile said that she would like to see pizza with the constituents and concerts planned by SGA, and is looking forward to Spatholt and Cross following up on a lot of their ideas.

Spatholt and vice president Erica Cross said they have spoken together about changing SGA up a bit, but keeping the same structure, which has worked in the past.

"We saw places where the finer details could be manipulated to better stimulate the student body as well as the representatives themselves. Some examples of these include the reintroduction of representative hours, changing up the

seating order of reps at our general meetings, as well as reworking the arrangement in our office to provide for increased interaction within the SGA office itself," Spatholt said.

"This will instantly affect students as they will be able to more easily express their feelings to SGA," Spatholt said.

A challenge that Spatholt said he will face as president is "staying prepared enough to tackle any issue that arises."

For vice president Cross, she said her challenge will be in "raising the standards of our work in academics while also being involved in SGA's entire agenda."

President Spatholt said his main goal is to "live up to the platform that Erica and I set forth while also completing the projects proposed by various committees."

Cross' main goal is increasing awareness of SGA and promoting collaboration with student government.

An option that Spatholt said to get more students involved in SGA and other student activities is the introduction of presidential liaisons. These look for ways to better involve centers of activity on campus with SGA.

Basile said that it is important for students to be involved "not only to voice their opinions, but to feel like they got the most out of their time in college. We have a great campus and getting involved showcases all the wonderful opportunities YSU has to offer."

McGovern agrees with Basile about students voicing their opinions and said that student involvement in other activities is also important.

"[It's important] so that students can broaden their horizons, learn about and experience things they otherwise would not have, and — for academic organizations in particular — participate in something outside of class that will help them with their careers," McGovern said.

# Opinion



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## OUR SIDE

### Tribes unite

Sometimes, it looks like Youngstown State University is a campus divided: commuters, residents and international students, each group further split into tribes from each town, each residence hall and each country.

Little by little, the university is striving to make campus cliques more aware of each other.

Like any social scene, the campus community is not immune to the us-and-them mentality.

Our cliques may not be as pronounced as those you might have come across in grade school: the commuters, the residential students, and the international students.

Commuters, it has been said, often feel separated from campus life because they don't call the university their home.

But now, steps are being taken to will give different students a chance to get to know one another.

Two campus eateries have undergone makeovers. Christman Dining Commons is aiming to shed its image as a residents-only cafeteria, and the former Noodles is now Pete's Place.

Both dining locations offer more than food. Students from all walks of life have a chance to mingle, or at least observe the other tribe from across the buffet.

This year, the university is doing more to invite international students to the table. Recently revived, the host family program helps students from overseas to meet local host families.

More could be done to give international students a way to enter mainstream student life.

After all, the cultural exchange is almost more important for the local student body than it is for the international students. Often, local students are not aware of international students unless they go out of their way to become involved with related activities.

All students need to be encouraged to get involved with university groups and activities.

No matter whether they live on campus or drive to class every day, the students of YSU have the school in common.

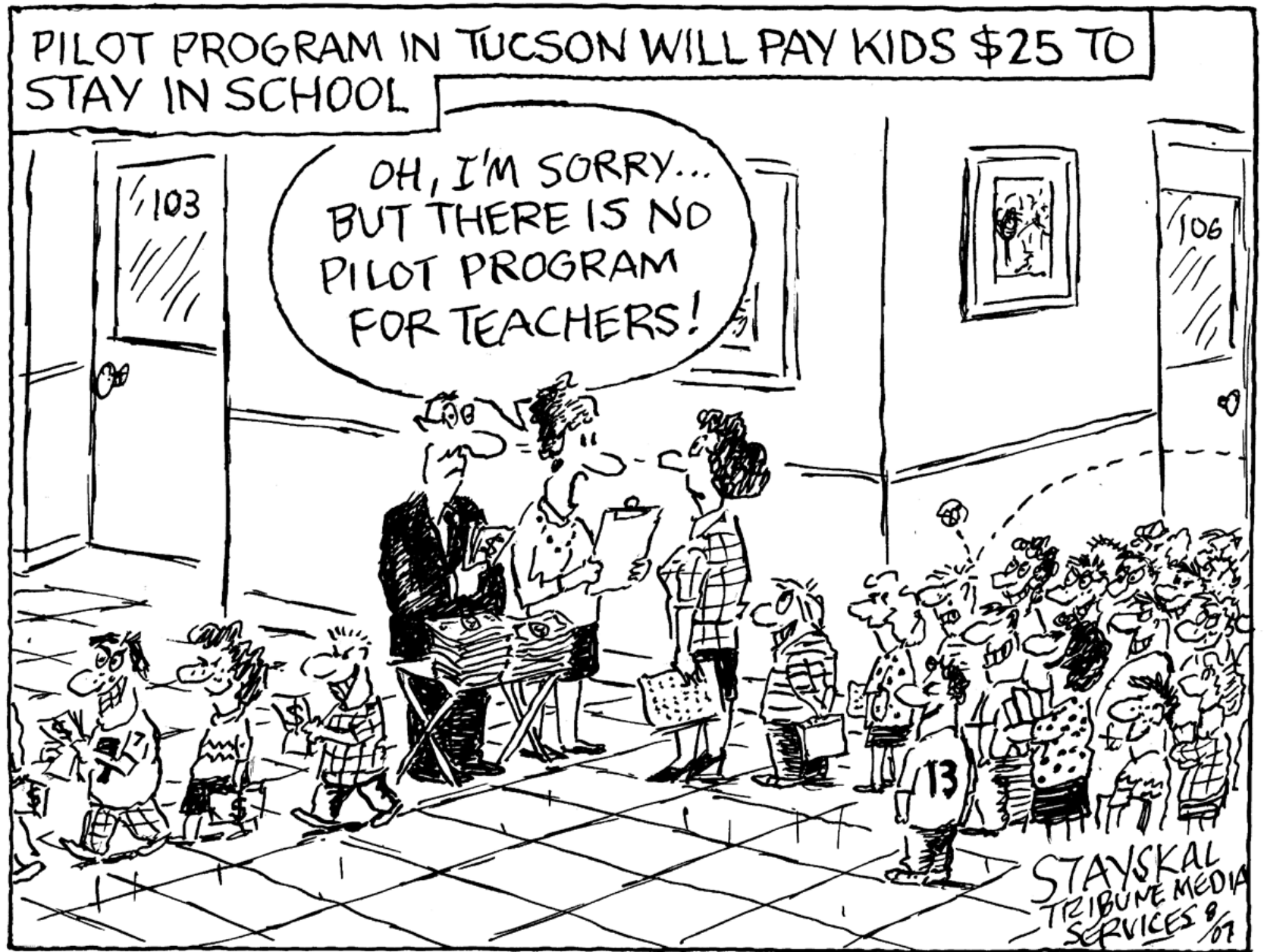
One of the best learning opportunities afforded by a college education is the chance to learn about people. Staying within the fence of one tribe — and never pushing outside your comfort zone — is like robbing your own education.

*The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.*

## LETTERS POLICY

Letters must be typed and should not exceed 400 words. Each letter must include a name and telephone number for verification purposes. Submissions are subject to editing for spelling, grammar and clarity. Letters must be received by noon Friday for Tuesday's edition and by noon Tuesday for Thursday's edition.

The Jambar will not print letters that libel others or threaten harm. The editor in chief reserves the right to reject letters that do not follow policy. The views and opinions expressed in published letters do not necessarily reflect those of The Jambar staff or YSU faculty, staff or administration.



## A LETTER FROM THE PRESIDENT

### Welcome to all students to a new and exciting academic year!

This year, YSU celebrates its Centennial anniversary. From a class of nine men in a commercial law course at the YMCA in downtown Youngstown to over 13,000 students from across Ohio, the nation and the globe and a curriculum of over 100 majors and certificates, the 100-year history of YSU has been extraordinary. I invite and encourage all students to participate in the various centennial events planned for this academic year, starting with homecoming on Saturday, October 20, featuring the annual homecoming parade, the Centennial Celebration clock

countdown, special Centennial music and banners, and much more.

I also encourage students to get involved. Engage yourselves in activities and student groups. Attend a special lecture, a campus sporting event, a theatrical or musical performance. Work in a lab. Get to know faculty members. Seek out an internship. Research. Explore. Learn. Enjoy. This is your university. I encourage you to take advantage of its many, services, and opportunities both in and outside the classroom and the hundreds of dedicated and talented faculty and staff.

Students who have seized upon those opportunities have found



great success and made their mark. For instance, four mathematics students recently won prizes at a national competition in San Jose, California. In each of the last three years, YSU students have been awarded prestigious national Goldwater and Phi Kappa Phi scholarships. And, over the past several years, YSU engineering students have built a stellar reputation at competitions across the country.

Youngstown State has been transformed through the leadership of its students. Examples of recent student led initiatives include 9/11 Memorial located near Kilcawley Center and the Diversity Banners and Diversity Circle. Students have also been

actively engaged in the development of programming for the Andrews Student Recreation and Wellness Center, the planning for renovation of Kilcawley Center, and the planning for the new building for the Williamson School of Business Administration. Most recently, the YSU Student Government has taken the lead to restore the Victorian Gardens adjacent to the Wick Pollock Inn. Go and take a look, it is worth a visit!

As we move into YSU's second century, you represent our next generation of YSU success stories. Have a great year!

Sincerely,

David C. Sweet  
President

## COMMENTARY

### 'Family Ties' - it's more than the title of a TV show

Linda P. Campbell  
MCT

Back in the summer of 1971, the narrator was saying, he, 15-year-old Kevin Arnold, had experienced more vacation-imposed family togetherness than his teenage soul could stand.

The protagonist of "The Wonder Years" wanted nothing more than to escape the suffocation of his parents and learn for himself one of those disquieting realities: At some point, all roads don't lead home anymore.

TV it might be, but that's the image we've come to expect of teenagers. You know them — you might have one or more living in your house. They disappear into their rooms without so much as a "see you later," balk at mandatory family events, text-message their friends incessantly, offer the woefully unsatisfying "OK, I guess" when asked how their day went.

Now comes MTV, trying to tell us that family makes teenagers happy.

That's not a fake news show concoction but rather the result of a survey of 1,280 young people ages 13-24 interviewed for an MTV/Associated Press study.

When asked, "What one thing in life makes you most happy?" 20 percent said spending time with family. That outranked friends, spouses, God, pets and even listening to music. Only 1 percent said money. "My MTV" wasn't even on the radar screen.

And when asked separately about degrees of contentment, 73 percent said their relationship with their parents made them very or somewhat happy; 76 percent said the same about their relationship with family. That was behind listening to music (88 percent) but ahead of boyfriend/girlfriend (39 percent), money (37 percent) or "stuff" (71 percent).

If you're wondering about the "sex life" question, only 29 percent said they were very or somewhat happy with theirs. That's because 45 percent said the question didn't apply to them. I guess that should be reassuring.

"Parents are seen as an overwhelmingly positive influence in the lives of most young people," MTV's online report says about the study.

Even better, the list of heroes is topped by Mom (29 percent), Dad (21 percent) and Parents (16 percent). Presumably that's for more than willingness to provide taxi service on demand, buy frivolous wardrobe items, help with the fundraising projects and not hover when friends come to the house.

And though Bob Marley, John Lennon, Tyra Banks and even Marilyn Monroe get brief mentions, nowhere to be found are the superstars or wannabes of pop culture.

MTV, which supposedly has its finger on the youth pulse, calls the results remarkable. But should they be?

Just because teenagers want independence doesn't mean they crave the chaos of being plunked onto some deserted island to start their own society. (Oops, wrong network - that's CBS doing what critics are calling "Lord of the Flies" TV.)

Just because they don't respond effusively to interrogation, friendly or otherwise, doesn't mean they don't want their opinions considered.

Just because they want privacy doesn't mean they don't appreciate support, a sympathetic

ear, a place where they can be themselves.

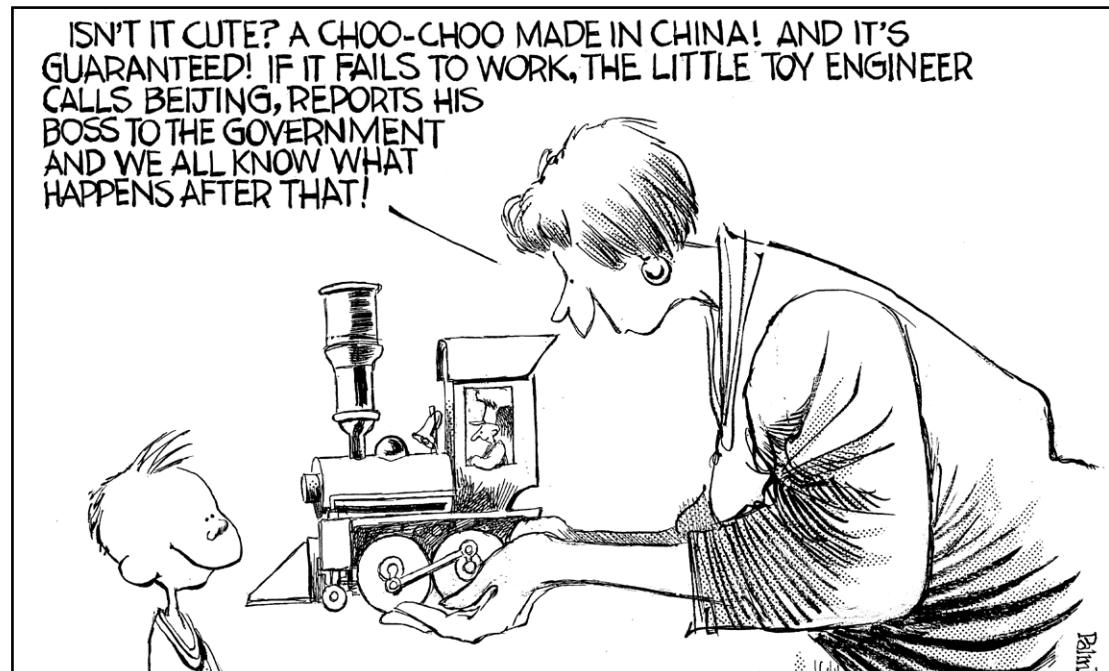
Just because they appear to ignore almost everything you say doesn't mean they aren't soaking it up for later use.

Just because times have changed doesn't mean the fundamental value of family has.

Sometimes I worry about not doing the old-fashioned Sunday dinner together that's still traditional in many families. Instead, we steal family time on long drives to baseball games, soccer games, you-name-it games and the meals afterward. On the multiple short drives to and from school. On occasional afternoons or evenings when we magically find down time.

When the iPods are off and the conversation seems random, that's when the most enlightening revelations occur. You learn about the bands they like and don't, details about their friends, events at school they never thought to share, places they went without telling you, things they've heard and seen that they knew you'd find inappropriate, their views about the world and their place in it.

And if you listen well, it shouldn't be surprising that family matters to them as much as it does to you.



CAMPUS LIFE

# Resident is making most of roommate experience

Christi Williams  
Jambar Contributor

For incoming freshman going away to school for the first time, often think about what it's going to be like living in a residence hall. Living in the residence hall is an important and exciting part of college life, yet sharing space with another person can bring its challenges.

Filling out the personal profile is a crucial first step, which allows roommates to be paired up with someone compatible.

To create an enjoyable experience and atmosphere for incoming freshman, Erin Driscoll, Assistant Director for Residential Education, made a few suggestions for first time roommates.

She suggested that residents come into the experience with an open mind and create a roommate contract to help layout the ground rules. She also recommends that students get to know their resident assistant.

"One of the most important points to keep in mind is communication. If there is a problem

you need to get to the root of it. Getting along with different personalities is difficult but is a part of the real life experience." Driscoll said.

Director of Housing and Residence Life Bill Sperlazza three key to living in a residence hall."

"Maturity, levels of maturity are different. Some people are mature and some aren't. Respect, it is important to respect yourself, and respect others. Attitude, come in with a good attitude and an open mind."

Sperlazza said student should keep in mind that "living together is a two-way street. Living in close quarters isn't always an easy thing to do at first."

Sperlazza described the adjustment of sharing personal space. Roommates usually become privy to each other's personal lives. "That's a huge hurdle to overcome," Sperlazza said.

Living in a Residence Hall is a time when people make life-long friendships. However, it is important to maintain an open and honest relationship, with constant communication. This will help resolve any differences, and will lead to a happy and healthy living situation.



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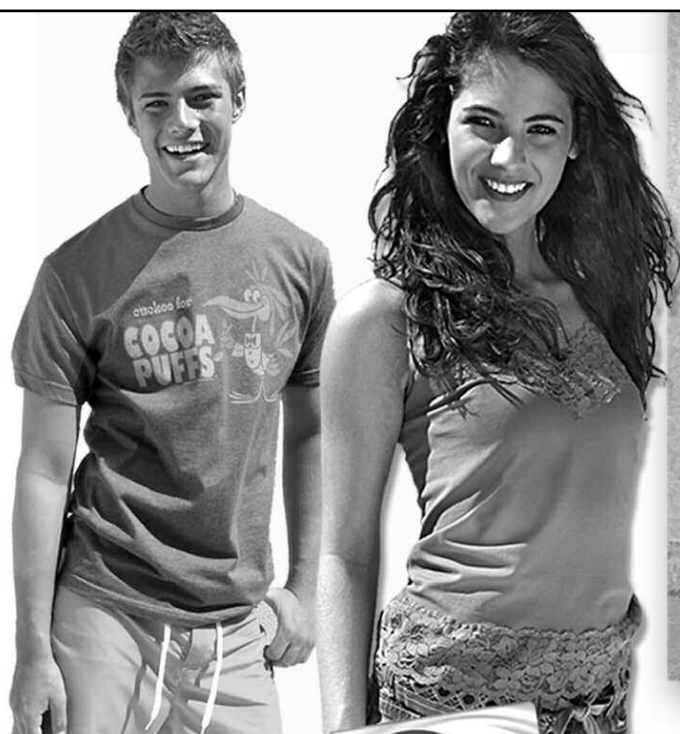
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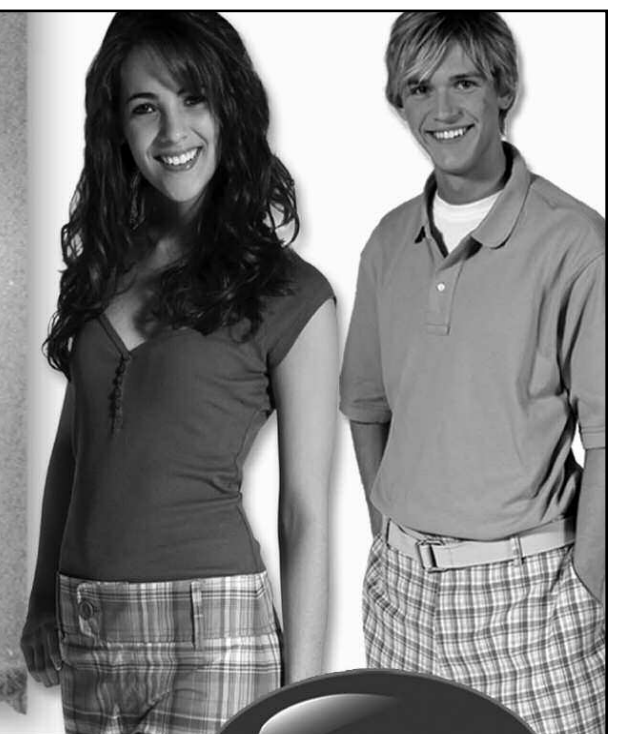
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# Campus Life

Monday, August 27, 2007

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## STUDENT LIFE

## International dinner welcomes exchange students

Sarah Sole  
News Editor

Vytas Sulskis is learning about American food: fast food, to be exact.

"In Lithuania, all I eat is my mom's cooked food," Sulskis said. Sulskis was just one of many international students who attended the international welcome potluck dinner at the First Presbyterian Church in downtown Youngstown on Aug. 25. The host family committee and the United Nations Association of the United States of America (UNAUSA) coordinated the event to help international students meet host families. They hope students like Sulskis will learn more about American culture while teaching others about their own cultures.

The friend and family program was popular in the early '90s but then faded away, former campus minister Jim Ray said. This dinner is the first for the program in recent years.

"We're trying to get it back," he said.

The dinner helps international students to join up with host families. These students live in Youngstown State University residence halls, but spend time with local host families who introduce the students to American living.

Locals invite the students to their homes to eat family dinners and have genuine interaction with Americans in an informal setting. Besides downtime from school, students spend time watching the Super Bowl or taking in regional theater and performing arts.

"It's a cultural mixing," Ray said.

Nitin Sood, an international student from India, agrees.

"It's a nice experience getting in touch with different people," Sood said.

Sood said he chose YSU because his aunt lives nearby and also because he likes the area's climate. Sood studies physical therapy and is in his second year at YSU.

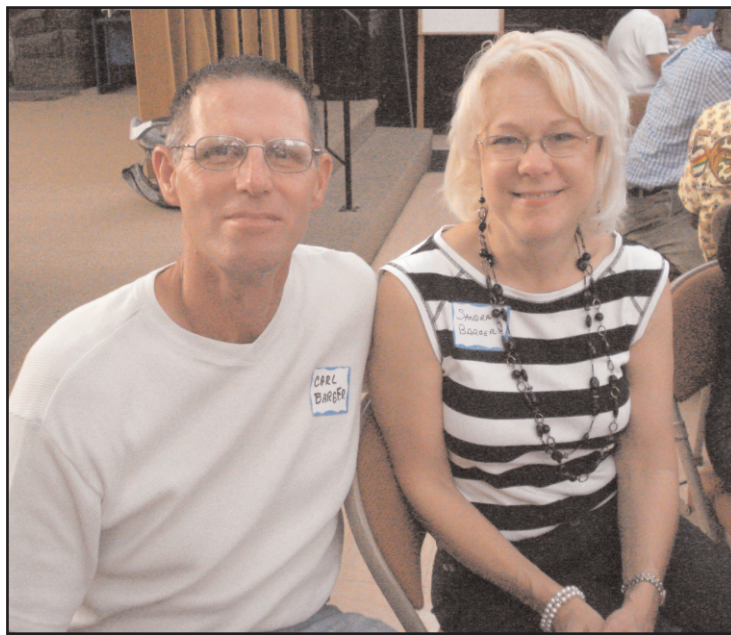
Although campus is a nice place to study, there are some downsides, Sood said.

"It's a boring place. We look forward to functions like these," Sood said.

Initially, Sood was homesick. He knew, though, that opportunity comes with knowledge. "I was interested in studying more," he said.

Other students had similar reasons for studying abroad.

Hailing from India, international student Danish Shakeel came to YSU to study physics, mathematics and computers, and for



Dinner hosts, Carl and Sandra Barger, enjoyed dinner with the international students.

Youngstown's low cost of living.

"I want to build some new technology for the benefit of society," he said.

Shakeel said he was interested in learning about the American culture, like the clothing and food.

"I wanted to learn. That was the reason behind all of this," Shakeel said.

Those involved with the event expressed the importance of cultural sharing.

Jef Davis, director of the Center for International Studies and Programs, spoke to the audience about the importance of the host family program.

"Students who were graduating had never visited an American family," he said, explaining that international students can get a taste of American culture through visiting with American host families.

Community organizations help to put information out to the public about becoming host families, said David Porter, president of the UNAUSA.



Danish Shakeel, an international student from India, serves himself food at the International Dinner. Photos by Sarah Sole.

"This is a great example of the community and the university working together," Porter said.

Carl Barger said he became interested in becoming a host after reading an ad about it in the newspaper.

Last December Barger and his wife became a host family for Saif Ahmed, a student from India. Ahmed and four or five of his friends came over for Super Bowl Sunday, Barger said.

"They asked us questions about football. It was fun; it was interesting," Barger said. "They come here with no prejudices. A person is just a person to them."

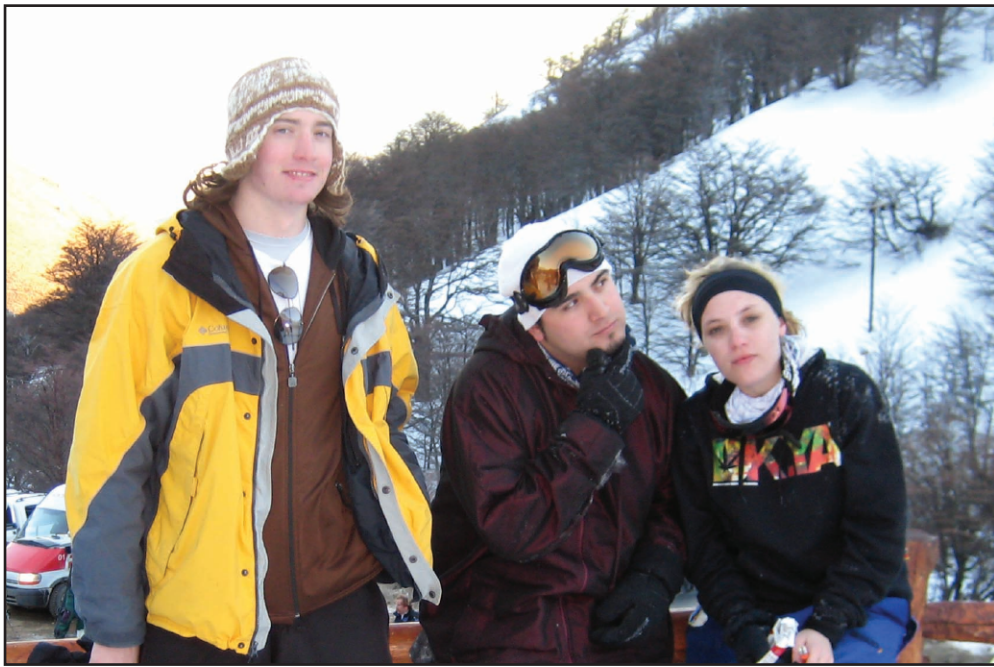
## STUDENT LIFE

## In Argentina, too busy to be homesick

Rudi Whitmore  
Features Reporter

Andrew Emig had always wanted to study abroad. So last semester he went online to find out as much as he could — and found himself in Buenos Aires for six and a half weeks this summer studying Spanish.

"I guess I always wanted to go abroad," said Emig, a junior electrical engineering major. "Ya know, out of the country. We have the International Studies office on campus, so I went down there."



Junior Andrew Emig skiing with Argentines he met on a trip to the Precordillera, the lower mountains of the Andes. While the snow wasn't the best for skiing due to the region's unpredictable weather, and his rented ski pants were dirty and too short, Emig made new local friends, and even stayed with them for three days. Photo courtesy of Andrew Emig.

Getting the ball rolling on his trip to Argentina involved "overwhelming paperwork," Emig said. "Annette Al-Hayek, the director, was really helpful with everything."

The hardest part was deciding where to go. "The main reason I picked Argentina was because it was very affordable," he said, "as opposed to Europe or the UK or Ireland. I had always wanted to go to Europe, but it was half the cost [of the program] and once you're there, the money you have to spend on top of that, in Europe, as opposed to pesos which are much cheaper than the dollar."

Having taken Spanish in high school, Emig wants to be fluent enough to eventually be able to hold a conversation. "I learned a lot where I was at. There's still a ton left to learn. I still can't have a conversation..." Emig trailed off, laughing, "Well, not a good one anyway."

Emig can't really point out much bad about his trip. "The only thing that was kind of discouraging was the first day. I landed in Buenos Aires; I was exhausted from traveling, and trying to find my way around the airport and a taxi to where I was staying. I realized, they can't understand anything I say to them, and I can't understand anything they say to me!"

"I kinda lost my confidence a little bit," he admitted. "But I was tired, when I woke up the next day, it was alright."

Just take it in, do as much as you can. You never know when you'll be there again.

Andrew Emig,

When asked about a best experience, Emig floundered: "Just one? Um... Well, of course the people. That's number one, all the great people."

Americans doing the same thing I'm doing, the porteños [what people from Buenos Aires call themselves], a ton of people from Europe traveling."

Emig didn't have much time for homesickness, but when he missed friends or wondered what they were up to, there was always the Internet. "It wasn't hard. I could get online, get emails. I wasn't home for the fourth of July and that was weird. They

were probably wondering more about what I was doing!"

Emig advises anyone who wants to travel abroad to do it, and pack light. "Always pack less than you think you need," he said. "And plan ahead of time, especially if you don't have a passport and have to do the paperwork for everything. Just take it in, do as much as you can. You never know when you'll be there again."

## UPCOMING events

Tuesday, August 28

Cleveland Indians  
Jacob's Field, ClevelandGoo Goo Dolls  
Time Warner Cable  
Amphitheatre,  
Cleveland

Wednesday, August 29

Andy Paczak  
O'Donald's in  
Austintown  
8 p.m.Jason Michael Carroll  
The Wedge

Thursday, August 30

Rascal Flatts  
Post Gazette PavilionRush  
Blossom Music CenterSwing Dancing  
Cedar's

Friday, August 31

Live Jazz  
Selah Café  
7 p.m.November Loop  
Cedar's

# Off campus dining

Besides going south of the boarder or taking the "subway" to those golden arches, where else is there to go to eat on, or near campus? How much of a variety do YSU students have to choose from?

## The Beat

### Breakfast

Breakfast Special  
Fiesta Scrambled Eggs  
Scrambled Eggs  
Croissant Sandwich

### Sandwiches

BLT Club Sandwich or Wrap  
Chicken Breast  
Chicken Salad Croissant  
Turkey & Swiss  
Salami and Provolone  
Blackbean & Colby  
Marinated Eggplant  
Tomato & Presto  
Tuna Salad or Egg Salad  
Honey Mustard Chicken

Pita  
Humus & Pita  
Columbian Beans & Rice  
Half of a sandwich  
Wraps  
Mexican  
Eggplant  
Humus Garden  
Chicken  
Club

### Salads

Broccoli Salad  
Potato Salad  
Nacho Salad  
Chicken Salad  
Tossed Salad  
Home Made Soup of the Day

### Baked Goods

Muffins & Scones

Cookies  
No Bake Cookies  
Bagels  
Croissant  
Bread Pudding  
Texas Sheetcake  
Specialty Desserts  
Specialty Coffee & Drinks  
Regular Coffee  
Hot Tea  
Espresso  
Mocha  
Latte  
Cappuccino  
Red Eye  
Café Aulait  
Hot Chocolate  
Steamers  
Mystic Chai  
Italian Soda  
Creamosa

## Mighty Moe's

### Appetizers

Baked Potato  
Cheese Sticks  
Veggie Basket  
Jumbo Shrimp  
Shrimp Basket  
Veggie Eggroll  
Shrimp Eggroll  
Chicken Eggroll  
Chicken Quesadilla Roll  
Broccoli & Cheddar Bites  
Chicken Strips  
Popcorn Chicken  
Mini Chicken Taco  
Cajun Chicken Strips  
Cream Cheese Poppers  
Mini Beef & Bean Burrito  
Breaded Jalapeno Ravioli  
Bites Olive & Asiago Cheese  
Cheesehead Chicken Wedges

### Salads

Breaded Chicken  
Grilled Chicken  
Grilled BBQ Chicken  
Grilled Cajun Chicken  
Grilled Fajita Chicken  
Grilled Italian Chicken  
Grilled Teriyaki Chicken  
Grilled Buffalo Chicken  
Grilled Chipotle Chicken  
Grilled Bourbon Chicken  
Grilled Garlic Herb Chicken  
Grilled Sweet & Sour Chicken  
Grilled Honey Mustard  
Steak Fajita  
BBQ Steak Fajita  
Cajun Steak Fajita  
Teriyaki Steak Fajita  
Buffalo Steak Fajita  
Bourbon Steak Fajita  
Tuna  
Turkey  
Gyro  
Chicken Gyro  
**Soup & Chili**  
**Pitas & Wraps**  
Kibbie  
Baba Ghanouj  
Spinach Hummos  
Original Hummos  
Vegetable Hummos  
Jalapeno Hummos  
Roasted Red Peppers  
Hummos  
Falafel  
Tuna Salad  
Chicken Salad  
Seafood Salad  
Caesar Chicken Salad  
Buffalo Chicken Salad  
Lemon Pepper Seafood Salad  
**Specialty Pitas & Wraps**  
Breaded Chicken  
Grilled Chicken  
Grilled BBQ Chicken  
Grilled Cajun Chicken  
Grilled Fajita Chicken  
Grilled Italian Chicken  
Grilled Teriyaki Chicken  
Grilled Buffalo Chicken  
Grilled Chipotle Chicken  
Grilled Bourbon Chicken  
Grilled Garlic Herb Chicken  
Grilled Sweet & Sour Chicken  
Grilled Honey Mustard  
Steak Fajita

### BBQ Steak Fajita

Cajun Steak Fajita  
Teriyaki Steak Fajita  
Buffalo Steak Fajita  
Bourbon Steak Fajita  
**Hot Dogs**  
Hot Dog  
Chili Dog  
Cheese Dog  
Chili Cheese Dog  
Jumbo Hot Dog  
Jumbo Chili Dog  
Jumbo Chili Cheese Dog  
Jumbo Cheese Dog  
**Hot Sandwiches**  
Philly Steak  
Chicken Philly  
Steak Hoagie  
Smothered Chicken  
Hot Roast Beef  
Hot Pastrami  
Portobello Mushroom  
Mushroom Burger  
Garden burger  
Buffalo Burger  
Cheeseburger  
Bacon Cheeseburger  
Fish  
Gyro  
Chicken Gyro  
Breaded Chicken  
Grilled BBQ Chicken  
Grilled Italian Chicken  
Grilled Teriyaki Chicken  
Grilled Buffalo Chicken  
Grilled Chipotle Chicken  
Grilled Bourbon Chicken  
Grilled Garlic Herb Chicken  
Grilled Sweet & Sour Chicken  
Grilled Honey Mustard  
Steak Fajita  
BBQ Steak Fajita  
Cajun Steak Fajita  
Teriyaki Steak Fajita  
Buffalo Steak Fajita  
Bourbon Steak Fajita

Tuna  
Turkey  
Gyro  
Chicken Gyro  
**Soup & Chili**  
**Pitas & Wraps**  
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Baba Ghanouj  
Spinach Hummos  
Original Hummos  
Vegetable Hummos  
Jalapeno Hummos  
Roasted Red Peppers  
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Falafel  
Tuna Salad  
Chicken Salad  
Seafood Salad  
Caesar Chicken Salad  
Buffalo Chicken Salad  
Lemon Pepper Seafood Salad  
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Grilled Buffalo Chicken  
Grilled Chipotle Chicken  
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Grilled Sweet & Sour Chicken  
Grilled Honey Mustard  
Steak Fajita

Steak Fajita  
BBQ Steak Fajita  
Cajun Steak Fajita  
Teriyaki Steak Fajita  
Buffalo Steak Fajita  
Bourbon Steak Fajita  
Chicken Parmesan  
Eggplant Parmesan  
Veal Patty Parmesan  
Meatball Parmesan  
**French Fries**  
Chili  
Cheese  
**American Dinners**  
Stuffed Pepper  
Stuffed Cabbage  
Potatoes & Cheese Pierogies  
Salisbury Steak  
Green Pepper Steak  
Tuna Noodle Casserole  
Beer Battered Fish

**Italian Dinners**  
Spinach Ravioli  
Cheese Ravioli  
Beef Ravioli  
Spaghetti & 2 Meatballs  
Cavatelli & 2 Meatballs  
Fettucine Alfredo  
**Italian Specialty Dinners**  
Meat Lasagna  
Chicken Marsala  
Chicken Parmesan  
Egg plant Parmesan  
Veal Patty Parmesan  
Chicken Fettucine Alfredo  
**Middle Eastern Dinners**  
Kibbie & Hummos

Falafel & Hummos  
Grape Leaves & Hummos  
Dolma Cabbage  
Dolma Eggplant  
Dolma Bell Peppers  
Shish Kabob  
Chicken Kabob  
Khoresh Ghormeh Sabzi  
Khoresh Gheimeh  
Khoresh Curry  
Khoresh Bademjan  
Khoresh Fesenjon  
Khoresh Karafs  
Khoresh Bamieh  
**Vegetarian Dinners**  
Vegetable Lasagna  
Eggplant Lasagna  
Portobello Mushroom  
Lasagna  
Crococoli Cheese rice  
Casserole

### Specialty Pizza

BBQ  
Gyro  
White  
Garden  
Spinach  
Spinocoli  
Chicken Gyro  
Grilled Chicken  
**Jumbo Buffalo Wings**  
Plain, Ranch, Greek Garlic,  
Hot Garlic, BBQ & Hot  
**Pizza Rolls**  
Spinach Rolls  
Pepperoni Roll  
**Calzones**  
Steak  
Veggie  
Chicken  
Meatball  
**Strombolis**  
Steak  
Garden  
Chicken  
Regular  
**Snacks**  
Salsa & Chips  
Nachos & Cheese  
Gourmet Cookies

### Ice Cream

Floats  
Shakes  
Sundaes  
Banana Splits  
Mighty Moe's Flurries  
Soft Served Ice Cream Cones  
Fruit Smoothies  
Fruit Iced Drinks  
Brewed & Specialty Coffees  
Espresso  
Mighty Moe's Coffee on the Go  
Caramello  
Razz-Ma-Tazz  
Mocha  
Mound Bar  
Flavored Cappuccino  
Hot Cocoa  
Latte Mocchiato  
Almond Joy  
Mega Mocha  
Oregon Chai  
Milky Way  
Latte  
Steamers

## University Pizzeria

Pizzas  
New York Style  
Chicago Style  
Specialty Pizza  
Briar Hill  
White with Hot Peppers  
Pineapple & Ricotta w/ Raisins & honey  
Potato, Bacon, Onions & Cheddar  
Eggplant & Ricotta  
Spinach, Tomatoes, Romano, Olive Oil, & Garlic  
Greek w/ Olives, Spinach, Tomatoes, Onions, Feta, & Herb  
BBQ Chicken, Onions, Tomatoes & Cheddar  
Meatballs & Hot Pepper  
Buffalo Chicken w/ Onions, Tomatoes, & Hot Peppers  
Pasta  
Rigatoni  
Penne  
Penne & Pink Vodka Sauce  
Stromboli  
Regular  
Deluxe  
Calzone  
Wings  
BBQ, Garlic, Hot, Mild, or Ranch  
Paninis  
Porchetta

The Roman  
The Italiano  
Tacchino  
Tuna Mediterranean  
The Brutus  
Verde e Pollo  
Black Angus Burgers  
Cheeseburger  
Black & Blue  
Mushroom  
Jalepeno  
Meatball or Sausage Sandwich  
Sandwiches  
Salads  
Caesar  
Cranberry Walnut  
Tuna Mediterranean  
Chef Salad  
Greek Salad  
Chicken, Steak Salad or Burger  
Breakfast Paninis  
Egg & Bacon or Sausage w/ Cheese  
Egg Potatoes & Peppers w/ Cheese  
Egg Spinach & Tomatoes w/ Cheese  
Fries  
Idaho  
Spicy Sweet Potatoes  
Baked Goods  
Brownies  
Cookies  
Cakes & Deserts/Biscotti

## Inner Circle Pizza

### Pizza

Original, Briar Hill, White, Thin  
Spinocoli, Spinach & Tomato, Spinach  
**Calzones & Strombolis**  
Pepperoni, Sausage or Mushroom  
Pepperoni and Mushroom  
Pepperoni and Sausage  
Loaded  
Fish Calzone  
Special Calzones  
Chicken, Spinach and Broccoli  
Veggie Steamer  
Spinach  
Buffalo Wings  
Regular, Garlic or BBQ  
Mild, Hot or Kamikaze  
Chicken Tenders  
Pasta  
Salad  
Steak Salad  
Grilled chicken  
Our Famous Circle Salad  
Roasted turkey  
Spinach  
Salad with cheese  
Bread Stix  
Buffalo stix  
**Soup**  
Wedding Soup  
Soup of the day  
**Subs**  
IC hoagie  
Ham & Cheese  
Salami & Cheese  
All Cheese  
Club Sub  
Combo  
Fish & Cheese  
**Hot Sandwiches**  
Steak hoagie  
Special Steak Hoagie  
Marinated Chicken  
Meatball Sandwich  
Hot Sausage Sandwich  
Hamburger  
Cheeseburger  
Circle Burger  
**Side Order**  
French Fries  
Italian Fries  
Roasted Garlic Mushrooms  
Fried Cheese Sticks  
Hot Chips  
Mini Corn Dogs  
**Desserts**  
Cinnamon Dip  
Cinnamon Elephant Ears

## M.V.R.

### Appetizers and Sides

Italian Greens  
Fried Hot Peppers  
Fried Cheese  
Mozzarella Sticks  
M.V.R. Hot Chips  
French Fries  
Cheese Fries  
Onion Rings  
Fried Mushrooms  
Fried Zucchini  
Fried Cauliflower  
Fried Pepper Rings  
Veggie Combo  
Breaded Wings  
Chicken Brest Tenders  
Garlic Bread  
Penni or Spaghetti  
Cacatelli  
Meatball  
**Salad**  
Tossed Dinner Salad  
Spinach Salad  
Antipasto Salad  
M.V.R. Chicken Salad  
**Sandwiches**  
Hamburger  
Meatball Splash  
Meatball Sub  
Grilled Chicken  
Buffalo Chicken Sandwich  
Coach's Cajun Chicken  
Italian Chicken Sandwich  
Chicken Parmigiana Sandwich  
M.V.R.'s Italian Melt  
Sausage Sandwich  
S.P.S  
Lefty Special  
Tuna Melt  
Pepper and Egg Sandwich on Italian  
Fish Sandwich  
Grilled Cheese  
Veal Splash  
**M.V.R. Favorites**  
Chicken Cacciatore  
Chicken Diablo  
Chicken Parmigiana  
Chicken with Greens  
Stuffed Shells  
Whitefish with Greens  
Whitefish with Artichokes  
Whitefish Diablo  
Past with Chicken & Marinara  
Eggplant Parmigiana  
Veal Parmigiana  
**Famous Pastas**  
Spaghetti or Penne with Meatballs  
Cavatelli with Meatballs  
Ravioli  
Stuffed Rigatoni and Greens  
Tressel Tortellini  
Carmine's Pasta  
Linguine with Greens Marinara  
Linguine with Red or White Clam Sauce  
Papa Joe's Pasta  
Gnocchi  
Homemade Lasagna  
Fettucine Alfredo  
Spicy Bow-Ties

## Coney Island Hot Dog Express

Our famous Hot Dog  
Cheddar Dog  
Kraut Dog  
Chicago Dog  
Our Famous Chili  
Sauce To Go  
Burgers  
Charbroiled  
Hamburgers  
Charbroiled  
Cheeseburger  
Double Hamburger  
Double Cheeseburger  
Grilled Chicken Fillet  
Fish Fillet  
Cheese Steak  
Gyro  
Italian Sausage  
Tuna  
Fries  
Salads  
Garden  
Chicken  
Chef  
**Desserts**  
Cake

## Coyoacan's

Burritos  
Tacos Dorados  
Quesadillas  
Chicken Taco  
Salad  
Enchiladas  
Loaded Nachos  
Combo Special  
Ancient Aztec  
Mexican Salsas

# Sports

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## FOOTBALL

# Penguins set to defend Gateway title

## A rebuilt team and strong conference will make a return trip to the playoffs challenging

Andrew Berry  
Sports Editor

Back-to-school season means college football fans can also return to cheering for the hometown football squad that produced one thrilling game after another on the gridiron in 2006.

Fueled by the unstoppable running back Marcus Mason and a defense that kept opposing offensive coordinators up at night, the Youngstown State University football team marched on to a 9-2 regular season record, two home playoff wins packaged with national television coverage, and an exhausting list of accolades and awards.

Unfortunately, the dream season came to a screeching halt as the Penguins fell just one game short of their first national championship appearance since 1998.

After losing 49-24 to eventual champion Appalachian State University in the semi-finals of last year's playoffs, the Penguins recharged during the off-season and are set to defend the team's first outright Gateway title and earn another trip to the playoffs for a shot at the national crown.

However, that may be easier said than done following the graduation of 26 players, the most the team has lost since 2000.

The Penguins will have to do without the aforementioned Mason and his 1,847 yards and 23 touchdowns that earned him Gateway Conference Player of the year.

Also departed are All-American cornerbacks Jason Perry and Codera Jackson who combined for 126 tackles and eight interceptions. Outside Linebacker Marty Hutchinson, the team's leading tackler with 111 stops, has also moved on.

Graduation may not have been nice to the Penguins, but that doesn't mean head coach John Heacock is without options.

Back under center for the Penguins will be tenured quarterback Tom Zetts. The senior signal caller lit up opposing defenses in 2006, throwing for 2,086 yard and 14 touchdowns.

The true leader in Zetts should become apparent in 2007 as he has a new supporting cast to work with, but the team must gel quick-

ly if offense hopes to put up the point totals it did last season.

On defense, first year coordinator Jeff Mills will have to overcome the loss of six starters from last year's squad.

The front seven should be strong for the Penguins with junior Mychal Savage anchoring the defensive line and senior linebacker James Terry coming back from injury. Terry, who was given a medical redshirt for 2006, saw his season end in the team's third game at Penn State.

Strong play by the secondary was a big part of the Penguins success a year ago, but with

senior Dorian Chenault as the only returning starter, pass defense is suddenly a major concern.

Winning the Gateway outright will be even more challenging this season. The conference

sent three teams to the playoffs last year and is loaded with enough talent for more postseason participation this year.

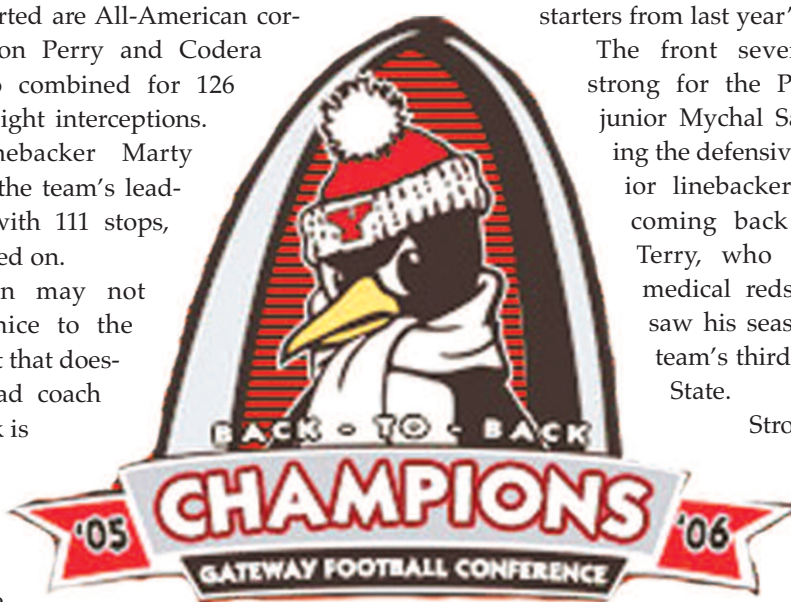
With the 2007 season marking the 25th anniversary of Stambaugh Stadium, the Penguins will play seven games in front of the home crowd. The bad news is the team must travel to face conference favorite Northern Iowa for an Oct. 27 game that will have major influence on the Gateway's final standings.

The rest of the schedule will be just as tough with the Penguins opening the season in Columbus against Ohio State.

The game will mark the first time the Penguins face their former head coach Jim Tressel as they do battle with the Buckeyes at Ohio Stadium.

Absent on this year's schedule is Western Kentucky. The Hilltoppers are currently in transition after leaving the Gateway and are headed for the Football Bowl Subdivision. Filling the void left by the Hilltoppers departure will be Southern Utah.

Under Heacock, the team has seen its winning totals increase significantly every year since 2004. For the Penguins to recapture the magical season that was 2006, the team will have to stay healthy, focused and determined to defend its conference crown.



## Conference outlook



Northern Iowa  
2006 Finish: 7-4

The squad tied for second place in the conference and missed out on the playoffs, but the Panthers have enough returning talent to make a serious title run. Senior quarterback Eric Sanders has most of his weapons back on offense, including junior tailback Corey Lewis who gained 894 yards and 10 touchdowns. The holes on defense are even smaller with just two key players lost to graduation. With experience plentiful on both sides of the ball, the Panthers are definitely the team to beat in this year's Gateway lineup.



Illinois State  
2006 Finish: 9-4

The Redbirds successful 2006 campaign would have been better had they figured out a way to beat the Penguins, losing to YSU in the regular season and playoffs. Quarterback Luke Drone may want to call Tom Zetts for advice as All-American running back Pierre Rembert took his 1,743 yards and 16 touchdowns and graduated. Also gone is All-American linebacker Cameron Siskowic and receiver Laurent Robinson, now an NFL pass-catcher. Despite losing such playmakers, the Redbirds will battle Northern Iowa and YSU for the top two spots in the conference.



Southern Illinois  
2006 Finish: 9-4

Earning a fifth straight trip to the postseason in as many years will not be easy. The departure of perennial runner Arkee Whitlock concludes the exit of the conference's trio of top backs from 2006. Whitlock amassed 1,828 yards and score 25 touchdowns in his final season. With his departure, Southern Illinois will become a pass-heavy team with senior quarterback Nick Hill having three senior receivers at his disposal. What will keep the Salukis out of the playoffs, other than no Whitlock, is the loss of six starters on defense.



Western Illinois  
2006 Finish: 5-6

After two straight losing seasons, things may begin to turn around for the Leathernecks. Junior running back Herb Donaldson becomes the conference's top ball-carrier after rushing for 1,417 yards and 18 scores last year. Donaldson will have to carry much of the load as junior Will Ducey takes over at quarterback after throwing just six passes in 2006. Expect the defense to pick up any slack as the Leathernecks return Jerome Bennett and Jason Williams, a linebacker duo that combined for 194 tackles, four sacks and two interceptions.



Missouri State  
2006 Finish: 2-9

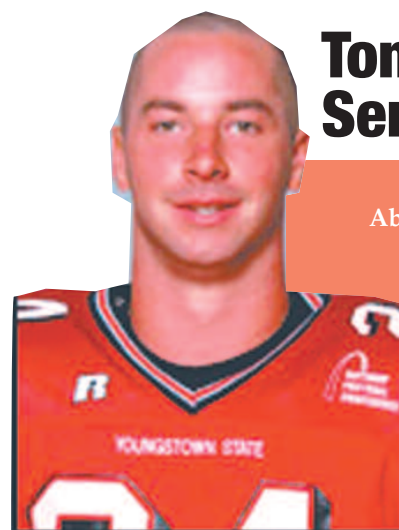
The Bears struggle to stay afloat will continue well into 2007. The team has a new offensive coordinator, no sure starter at quarterback, no returning starters at running back, and a Swiss-cheese defense. Missouri State had trouble scoring points, posting more than 20 only three times in 11 games. Senior receiver Jerry Nicholson is the best option on offense catching 27 passes for 381 yards and four scores last season. Having to replace the entire defense after graduating 12 letter-winners means the Bears will hibernate in the Gateway's basement this season.



Indiana State  
2006 Finish: 1-10

You can blame the defense for the Sycamore's unimpressive 1-21 record the last two seasons. Even though the defense returns most of its starting unit and top players, it's the same group that surrendered almost 45 points a game in 2006. The offense is in good shape with senior quarterback Reilly Murphy and senior runner Tony West back. Unfortunately, the loss of three productive senior wide-outs means the team won't be winning any shoot-outs. Expect the Sycamores to wrestle the Bears for last place in the conference.

## Players to watch

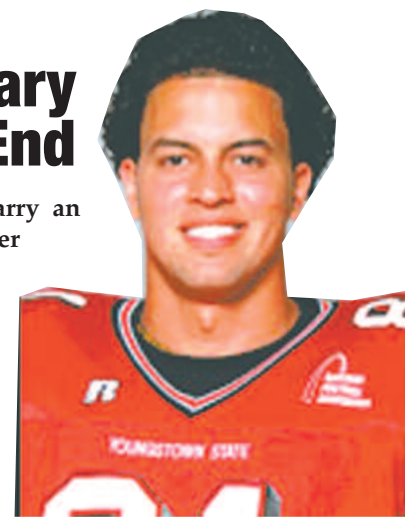


**Tom Zetts**  
Senior, Quarterback

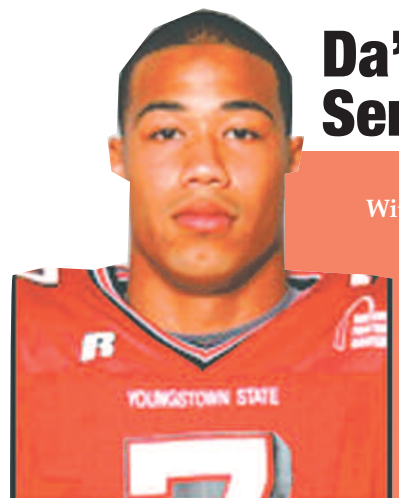
Able to thrive in an offense that produced over 2,000 rushing yards, Zetts showcased excellent field general skills last season and shined when it mattered most in the playoffs. What makes the senior so deadly is his ability to scramble and move the chains with his legs if necessary. Being set at the quarterback position will help the Penguins as the team rebuilds the offense around the senior quarterback. If Zetts improves on his 2006 numbers, the offense will continue to run like a well oiled machine.

**Louis Irrizary**  
Senior, Tight End

His size and ability to stretch the field make Irrizary an immediate impact player. The All-Gateway Newcomer selection caught a pass in every game and was the Penguins third leading receiver with 304 yards and two touchdowns on 25 receptions. If Irrizary puts together a solid season, don't be surprised if scouts push his stock for the NFL Draft through the roof. Expect the passing game to be explosive if Irrizary can increase his production from last season.



**Da'Michael Horne**  
Senior, Wide Receiver



With the team's leading receiver T.J. Peterson gone, Horne has his chance to step in and become Zetts' new favorite target. The 5'11" wide-out caught six balls for 61 yards and a touchdown in a limited role last season. While the Penguins work out the kinks in the run game for the first few weeks, getting a rhythm in the pass offense will be crucial. Horne has the tools to become a top-notch receiver. Senior receiver Rory Berry should draw off defenders allowing Horne more opportunities to catch on.

**Brian Mellot**  
Sophomore, Center

Two starting linemen are gone from the offense, meaning the Penguins must replace All-American center Ryan Jewel. Moving over from the defensive line, Mellot gets his shot at being the solution for the departed Jewel. If Mellot can make smooth transitions to both his new position and Zetts, the offense will execute efficiently. The revamped line should allow the Penguins ground attack to take off.

