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Experienced Penguins look to make noise in Horizon League page 7



SEARCH FOR THEMSELVES:
Unproven Penguins hope to establish identity early in season page 7

THE JAMBAR

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VOLUME 90, ISSUE 21

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K-House residents suffer sleepless nights

Jenny Boyce
Enterprise Reporter

It's 3 a.m. Class starts at 8, and while you'd like to be sleeping, you're trying to ignore the pounding of feet out in the hall and a hum of voices that steadily becomes louder outside your door. Your neighbors are laughing and yelling, and you're officially unable to sleep.

Students residing in Kilcawley House on the campus of Youngstown State University say that they're experiencing situations just like this every night.

Freshman Joey Simon lives in Kilcawley, and said it's nearly impossible to sleep on the seventh floor.

"There are constantly loud noises and running at 2 or 3 in the morning," he said.

"It's damn near impossible to wake up for classes with all the noise," Simon said of his early schedule.

One floor down lives freshman Amy Sanor.

"The top two floors definitely are the rowdiest," Sanor said.

"People scream and run up and down the halls at all hours of the night," she said. "It's not as bad as it was earlier in the semester, or maybe I'm just used to it."

One of the duties of the live-in resident assistant on each floor is to maintain building quiet hours, which Housing and Residence Life also posts in the building and lists in the resident handbook.

Quiet hours are in effect for Kilcawley from 11 p.m. to 10 a.m. Sunday through Thursday. On Friday and Saturday, quiet hours are from midnight to 10 a.m.

Kilcawley's housing coordinator Jacqueline Clifton said that she is aware of the noise and that it was taken into consideration when designating resident assistants for each floor.

"The noise level is a bit higher on the top [two] floors compared to the lower floors," said Clifton.

"But RAs are strategically positioned to handle those floors," she said. "They have a little more responsibility than the RAs on the bottom floors."

Housing's resident handbook states that students who repeatedly violate quiet hours will receive a "Letter of Concern" from their building's housing coordinator, the full-time professional staff member who supervises resident assistants. Further violations are grounds for disciplinary actions such as community service, removal from a

quiet study floor, or "more serious sanctions."

Kilcawley residents have been punished in the past for unruly behavior. Former student Stephon Bogan, who resided on the seventh floor of Kilcawley last year, was required to perform community service along with his friends for breaking courtesy rules.

"It is off the hook on both [sixth and seventh] floors," Bogan said.

"I lived there for a year and it was crazy; people got wrote up all the time. We even had seventh floor versus fifth floor wrestling and boxing matches," he said.

Bogan said his community service consisted of odd jobs around the school, such as helping custodians sweep the floors.

One quiet hours rule limits

NEIGHBORS page 3

SERIES

Interview with a YSU trustee

Raib gives student perspective from the trustees board

Sarah Sole
News Editor

Q. What do you think are some positive and negative effects of the tuition freeze?

A. As a student, the tuition freeze is beneficial because it allows students to know what their tuition will be for the next couple years, and allows the institution to show its commitment to students by supporting the tuition freeze. However, a deficiency will occur because our operating expenses will rise, but the university's income will not.

Q. What do you think will be some long-term benefits of the accreditation process?



A. Accreditation should give the students confidence in YSU. This process allows the many facets of the university to come together and reflect on our strengths and challenges. The self-analysis process enables the university to continually facilitate strong education in the valley at the highest standard.

Q. What are the steps in the accreditation process and what

role do students play in that?

A. The accreditation process takes about two years from the time the university begins its self-study to the site visit of the Higher Learning Commission. This involves numerous volunteers of students, faculty, staff, and administrators across campus to identify standards set by the HLC. There are five main criteria that the university must meet, ranging from academics to service, and every criteria committee includes student members as well as utilizes student interviews in their research.

Q. Do you think there is a difference in the campus experience for commuters and residential students?

A. Yes. Speaking for myself as a commuter, being informed and involved in campus life when you don't live on campus is a daunting task, one that took me three years to overcome.

Q. What are some ways to get commuters more involved with campus life?

A. Increasing the knowledge of events. And many times, students don't get involved because their friends aren't. If a more effective student-networking hub were available, many commuters would not feel as uncomfortable getting involved.

Q. Do you think the average

TRUSTEE page 5

YSU

Departments on campus to find home in old business hall

Elizabeth Boon
Jambar Contributor

As the Williamson College of Business Administration at Youngstown State University trades spaces for a new home, its old one will not go abandoned.

YSU President David Sweet said Williamson Hall, the space for the WCBA since 1970, will function as swing and academic space once the new building for the college is built.

"The plan is to refurbish the building and use it for relocating

departments that are squeezed for space," Sweet said.

There is \$100,000 budgeted for renovations to Williamson Hall.

He said there is no place to move departments that don't have adequate space.

Dean of the College of Business

Administration Betty Jo Licata said the building will open up space for campus classrooms as well.

"The old building will provide various options for space needs on campus," she said. "The classrooms can continue being used."

While Licata said that no firm

decisions have been made and that the building's use is still in discussion, John Hyden, director of facilities, said that the open space will be put to good use.

"This will alleviate some headaches that we've had during renovations," he said.

"The old building will provide various options for space needs on campus."

Betty Jo Licata, dean of College of Business Administration

Hyden said that during past renovations, departments have been spread all over campus.

"It makes it very difficult for the occupants of buildings," he said. "It's easier and cheaper to move people to another building. It's not cheap to renovate a building when it's occupied with people. This is giving us the ability to do it."

Sweet said that ground will be broken for the new building next fall. He said that construction will take 14 to 16 months.

Additional reporting by J. Breen Mitchell

YSU

Accreditation: Has YSU diversified enough in ten years?

Ashley Tate
News Reporter

The Higher Learning Commission criticized Youngstown State University 10 years ago for not having a higher minority representation among faculty, staff and students.

Bege Bowers, associate provost, said that every section of the accreditation self-study will focus on diversity among other key points.

A draft of the study has been released but the committee is still focusing on editing, revising and rewriting it. They are also still presenting to certain groups like the executive administration staff council and academic senate.

Diversity importance was stressed throughout the strengths, challenges and recommendations of each of the five criteria of the draft — something chairperson and professor of human ecology Janice Elias said is "extremely important."

"Our society is becoming multicultural. Students may be involved in international business. The Higher Learning Commission committee puts a great deal of emphasis on preparing students."

Elias said diversity is broadly supported throughout the curriculum and outside of the classroom.

Even though the commission disapproved of YSU's minority numbers in 1998, diversity among campus constituencies has improved since the last visit.

A strength in the "Mission and Integrity" criterion is that the university recognizes the value of internal diversity and promotes an understanding of diversity, which are crucial in institutional and curricular objectives.

Besides displaying strengths, the university faces challenges and recommendations as well.

Because YSU is an open-admissions institution, public view of the university's academic quality suffers, and Bowers said there are various things that the campus community can do to change that.

"Keep stressing the safety of the campus; we fare very well. [Stress] the many accomplishments of the students, faculty and staff. Every year our students continue to win scholarships based on performance."

Campus safety and attractiveness is a strength in the "Preparing for the Future" criterion.

A recommendation mentioned in the "Mission and Integrity" criterion is to "improve orientation and training of new and continuing administrators, faculty and staff so that all employees understand the YSU mission and 'culture.'"

Culture is "everything about us," Bowers said. YSU has long focused on the teaching aspect of its mission and needs to help new employees understand the rela-

ACCREDITATION page 5

TO THE POINT

African Student Union to celebrate in Peaberry's

The African Student Union is sponsoring an African Cultural Night in Peaberry's in Kilcawley Center 6 to 10 p.m. Friday. The evening will feature an African fashion show and a presentation by Isam Amin, assistant professor of geological and environmental sciences, on the crisis in Darfur. Tickets are \$5 for students and \$10 for faculty and staff.

Holocaust survivor to present book

Inge Auerbacher, an award-winning author, will be giving a presentation of "The Holocaust Through the Eyes of a Child Survivor" 7 p.m. Tuesday. The talk, sponsored by the Judaic and Holocaust Studies, will be held in the Ohio Room. Auerbacher is part of the 1 percent of children survivors of the Terezin Concentration Camp in Czechoslovakia.

Health clinic extends flu shots

The Student Health Clinic and the Youngstown Community Health Center will sponsor two additional Flu Clinics on campus from 9 to 11 a.m. and 1 to 3 p.m. Tuesday and Thursday in the Student Health Clinic. Shots are offered for YSU students, faculty, friends and family for \$15. No credit cards will be accepted.

SGA gives free hats

The Student Government Association is hosting a tailgate for YSU's last home football game Saturday. The tailgate will feature free food and drinks for students and free Pete the Penguin replica hats.

Penguins to play final home game

The Youngstown State University football team will end its season with the last home game and regular season game 1 p.m. Saturday at Stambaugh Stadium.

POLICE BRIEFS

Student reports stolen cell phone

On Monday a student reported that he left his cell phone on a bench on the inner core of campus and returned to find the phone missing. The victim reported the phone as stolen to the cell phone provider.

Suspicious woman loiters in bathroom

A police officer was sent to Christman Dining Commons on Saturday about a report that a female wearing a black trench coat and carrying a camouflaged purse had been in the restroom for approximately two hours. Upon arriving at the dining hall the woman who fit the description was leaving Christman. She refused to provide information about where she lives and was escorted off campus.

Man gets arrested two days in a row

A suspicious man wearing a dark colored jacket over a hoodie was reported entering Meshel Hall Friday. The officer arrived at the scene and recognized the subject as the man who was arrested the day before for public indecency and had been verbally advised to stay off of YSU property. The man was then arrested for criminal trespassing.

YSU

Student wages, scholarships get clipped

Increase in general fund from tuition feeds faculty wallets, decreases student wages by 5.8 percent

J. Breen Mitchell
Jambar Contributor

With a \$3.3 million increase in the general fund at Youngstown State University, student staff wages and scholarships will get a smaller chunk of the budget.

The general fund is made of up of money generated by student tuition and state support. For the 2008 fiscal year, the fund contains \$140,800,000, up 2.4 percent from 2007.

The revenue from the general fund will go primarily to personnel, with increases in faculty, staff and fringe benefits.

However there is a 5.8 percent decrease in the budget for students wages.

Budget Director Neal McNally said that this decrease should not be interpreted as a drop in student funding.

He said there was a one-time increase in student wages during

last fiscal year, and that the amount budgeted for the 2008 fiscal year is actually the same as last year.

"Spending is not down for students," McNally said.

"The student wage budget should not be interpreted as how much YSU spends on students, especially since most students don't work for YSU," he said.

State support plays a role in funding the budget.

Total state appropriations for this year total \$45,784,570, a 6.8 percent increase over last year. And money generated from tuition and fees amounted to a 0.1 percent increase over last year.

The amount budgeted for scholarships is down by 12.1 percent.

McNally said that 2007 ended with an excess in scholarship funding, so the new budget was scaled back accordingly.

McNally also said that increases were not needed this year due to a flat tuition rate and an increase in

scholarship funds coming in from other sources.

The budget would be modified in December, and that student wages may increase, he said.

"I would hope that the university would have a justifiable reason for the decrease," Student Government Association President Dave Spaltholt said.

There are other sources for scholarships on campus.

Paul McFadden, Director of the Office of University Development, said the Centennial Campaign is one source for scholarship money.

Since it's beginning in 2002, and announcement in 2006, the Centennial

Campaign has raised \$7 million for Endowed undergraduate and graduate scholarships.

It was announced Oct. 19 the Campaign has raised \$34.2 million of its total goal of \$43 million.

POLITICS

Experts speak out on what sex scandals say about politics, politicians

By Carol M. Ostrom
The Seattle Times
(MCT)

When a married politician resigns after allegations that he had sex with a young man in an out-of-town hotel room — particularly when he tips off the cops himself — the obvious question is: "What was he thinking?"

In the case of Washington state Rep. Richard Curtis, a 48-year-old Republican from La Center, Wash., no one knows — yet. Curtis, who resigned last week, has declined to elaborate, on the advice of his lawyer.

But because cases like his are becoming so familiar, experts in politics, risk-taking behavior and psychology have plenty to say. They recall the indiscretions of former President Bill Clinton; former New Jersey Gov. Jim McGreevey, who announced on live television in 2004 that he was a "gay American"; and the late Spokane Mayor Jim West, who last year was ousted from office after a scandal involving alleged gay sex.

Last week, Curtis told The Columbian in Vancouver, Wash., that he was not gay and that sex was not involved in what he said was an extortion attempt.

But in police reports released last week, Curtis said he was being extorted by a man he'd had sex with in a Spokane hotel room. The other man contends Curtis reneged on a promise to pay \$1,000 for sex.

What's going on when politicians risk everything for a quickie? Do they have some innate need to take risks — a sort of Evel Knievel — like urge to juggle chainsaws at the top of a ladder? Or are they just clueless, like the guy who lights up while pouring gas into his lawn mower?

Is the power of a closeted sex drive so strong that it just can't be resisted for long? And why would someone repressing sexual urges become a Republican politician instead of finding a job with a private company where no one would care?

"There really is a pattern here,"

says John Gastil, a University of Washington professor who studies communications in politics.

Curtis' encounter allegedly also included his appearance at a porn shop in women's lacy lingerie. Even so, it only qualifies as a "medium-grade sex scandal," says Brian Gladue, a behavioral biologist at the University of North Texas Health Science Center who has studied sexual behavior.

"What's his excuse?" asks Gladue. "That will tell you an enormous amount about how they're going to do their own risk management."

Oddly or admirably, Curtis, who told police he had spent his career in risk management, apparently was candid when they interviewed him. Although he told police he gave the young man money "for gas," he admitted to the sex, according to the police report.

He didn't say he was sleepwalking, Gladue notes. He didn't say the whole thing was a setup by Democrats out to get him. He didn't say the lacy lingerie was just a Halloween costume he was "test-driving." He didn't say he had a compulsion he couldn't control and offer to enter rehab.

He has insisted that he was a victim, however. "I am not the criminal here," he told an editor at the Columbian.

At 48, Curtis — like McGreevey — now faces the sudden destruction of the life he's built.

Why would any politician take such risks?

For the answer to that, start with the notion that people who go into politics are more likely than others to be risk-takers, say experts in the field. To a large extent, they're people who are comfortable inviting scrutiny because that's what politicians do to get elected.

"Politics tends to attract risk-takers," says Frank Farley, a Temple University psychologist who has studied risk-taking, politics and human motivation. "It's an uncertain job, you live at the whim of the electorate, there's no tenure. It's often short-term — you're in for two or four years, and you're out. Then you have to start all over again

in some field."

Often, successful politicians got there largely because of that personal chutzpah, a risk-taking predilection honed and encouraged by success. For those who come from modest circumstances or small towns, risk-taking is often the only ticket out, as it was for Bill Clinton, who fueled his brainpower with nerve to overcome a childhood broken home and financial hardship.

"Often one of the ways to get ahead is to take risks, be bold; if you don't, the world is going to pass you by, because you don't have anything besides your psychology — no wealth, you're not a Bush, not born into money," Farley says.

Such risk-takers are likely more prone to do things others consider unsafe, says Gladue. "It's not that they're brain-damaged and they can't evaluate the dangers; they just have a higher threshold for risk than most people. ... (To them) it's not risky."

Everyone finds a level of risk they're comfortable with, Gladue says. They'll hike but not climb. Or they'll climb Mount Rainier, but only in the summer. Or they'll climb Mount Rainier in all seasons, but not Mount Everest.

Some people just keep "pushing the limits," Gladue says. "Everybody knows somebody like that. You just don't want to be in a car with them, because they're not managing risk as well as you'd like them to be."

There's plenty of research indicating that such sensation-seeking personalities are more likely to engage in risky sexual behavior as well, Gladue says. "This is part of who they are. Their temperament gets a little watered down as they get older, but it doesn't go away."

Some evolutionary biologists have argued that politicians, as the modern-day equivalent of the "alpha male" gorilla, are even more tempted than others by the lure of sexual conquests, almost as a right of office. After all, they say, in nature it's the alpha male who gets the sexual access.

Of course, these days such "evolutionary" urges are generally tempered by pragmatism, they add.

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The Introductory workshop (Grants 101) is intended for new and novice faculty and staff. The Intermediate workshop (Grants 102) is intended for experienced faculty (PIs or PDs).

November 19: 10 – 11 a.m., Grants 101
November 20: 12:30 – 1:30 p.m., Grants 101
1:30 – 2:30 p.m., Grants 102
November 27: 10 – 11 a.m., Grants 101
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From NEIGHBORS page 1

music volume. If the neighbors can hear it, it's too loud.

"We often have sixth floor girls come up to our floor and complain about stereos and TVs being too loud," Simon said of the seventh floor noise.

Sixth floor freshman Alaina Felgar said she's been woken up by music from a neighboring room.

Another rule bans loud talking, running, yelling or other disruptive noise during quiet hours.

"There have been girls running up and down the hall screaming after quiet hours and I get pretty irritated with it," Felgar said.

"I don't like living here and intend to move out next semester," she said. "It's just not for me."

Felgar, who plans to move to the University Courtyard Apartments next semester, is not the only student dissatisfied with the level of order maintained in Kilcawley.

Junior Betlehem Belay, a former sixth floor resident of Kilcawley House, said the lack of peace and quiet during her first semester in the dorm diminished her studying and led to bad grades in her classes.

While Belay said that most people complained about the noise, it wasn't just from one floor.

"Granted there were quite hours... but they didn't start 'til late at night, or they were not enforced as much," she said.

In addition to quiet hours at night, Housing has a policy of 24-hour courtesy hours as a reminder that residents should avoid disturbing each other at all times.

Freshman and third floor resident Kara Conrad has found that courtesy is sometimes lacking. "I've heard a lot of them actually saying things like 'f- courtesy hours' and 'I don't give a sh- about being courteous,'" she said.

Despite the noise, Conrad can usually study, except for "some nights when some of the girls get a little out of control," she said.

Some residents prefer commotion to quiet because activity makes living in the residence hall fun.

"Well there is always noise!" said sophomore Shawnie Showalter with a laugh.

Showalter is well aware that her floor, the sixth, and the floor above

are the rowdiest.

"I absolutely love my floor, and [the] seventh floor," said Showalter.

Lyden and Cafaro houses

Freshman Jennifer Martin resides on the fourth floor of Lyden House, where she said she's had no problems.

"Everyone pretty much gets along [and] all of the RA's are awesome," she said.

Martin, along with former residents Elizabeth Conley and Gabby Taylor, said she did not find Lyden House to have a problem with noise or courtesy during quiet hours.

"There was always a place in Lyden to study," said Taylor, now a junior, who lived in Lyden last year.

"I never had trouble getting to sleep, and never had any complaints," she said.

Conley, a senior, said that when she resided on the second floor of Lyden during her first semester, it was a relatively quiet place to live. Conley moved to Cafaro House, the

honors hall next door to Lyden, the following year. She said she also preferred living in Lyden.

Freshman Joe Scheller disagrees.

"There's noise 24/7, especially early in the morning around 1 or 2 a.m.," he said.

Scheller said the noise distracts him from studying.

"It keeps me up, but it's easier to just deal with it. Sometimes I have to go somewhere else and do my homework," he said.

Junior Ramon Ramos, who lives at Cafaro, said the quiet hours are not actively enforced, "but if someone is being obnoxiously loud they come and [take] care of it."

Senior Andrew Mattson, another Cafaro resident, agreed. "[The quiet hours are] not necessarily enforced, but I haven't had a need for anyone to enforce them."

"The loudest thing I hear is some kid running down my hallway," he said.

Additional reporting by Chelsea Pflugh.

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The Holocaust Through the Eyes of a Child Survivor

Tuesday, November 13
7 p.m. in the Ohio Room,
Kilcawley Center

Inge Auerbacher

"...Ms Auerbacher has reached out to share her experiences, as well as to teach the lessons of intolerance to many young people."

Quote by Elie Wiesel

Inge Auerbacher's childhood was as happy and peaceful as any other German child's - until 1942. By then the Nazis were in power, and because her family was Jewish, she and her parents were sent to the Terezin concentration camp in Czechoslovakia. Inge was seven years old. Between 1941-1945, a total of 140,000 people were shipped to Terezin; 88,000 were sent primarily to the gas chambers in Auschwitz, and 35,000 died of malnutrition and disease in Terezin. Of the 15,000 children imprisoned in Terezin, Inge is among the one percent that survived. Inge wrote of her experience in a number of books including the award winning "I am a Star." Inge has been lecturing on the Holocaust since 1981, and has spoken to thousands of people in the USA, Canada and Germany.



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For too long we've let the state's hostile climate go unchecked, costing Youngstown State University and the campus community hundreds of thousands of dollars in heating and winter maintenance costs. This is the winter of our discontent.

Ohio weather, quit jerking us around.

Though James Taylor saw fire and rain, we haven't seen the fire part this week, though we've seen sun, snow and rain. Just on Wednesday it was raining, sleeting, snowing and then the sun came out for a short period of time. It's called a weather pattern for a reason. It should be consistent. The cold is not only inconsiderate, it is undermining our university.

How many tuition dollars will go to patching up the new sidewalks that the Ohio weather will undoubtedly crack and pock mark?

And what about the landscaping our campus is known for? Staff and students have worked extra hours this year to install the new flowerbeds along University Plaza and Elm Street and to renovate the Wick-Pollock's sunken garden. Well, say goodbye to any annual flowers planted there.

On the upside, some would argue that the campus looks festive blanketed in white. Right up until the middle of March, this holds true. By May, we've all forgotten how the sidewalks look. (Grey? White? Taupe?)

We have a right, as an editorial staff, to voice our opinions on unfair situations, such as when winter lasts six months instead of three.

While it doesn't seem quite right that winter should hit this early if it will last until mid-spring, we at the Jambar have resigned ourselves to fate, albeit with some resistance.

Putting on a coat is like admitting some kind of failure, but today we donned scarves boots and gloves.

POLICIES

The Jambar editorials reflect the opinions of The Jambar's editorial staff, which includes the Editor in Chief, News Editor, Managing Editor and Copy Editor.

The Jambar encourages letters to the editor. E-mail submissions are welcome at thejambar@gmail.com. All letters must be typed and must not exceed 400 words.

Submissions must include name and telephone number for verification, and letters are subject to editing for spelling, grammar and clarity. For Tuesday's edition, letters are accepted until noon on the previous Friday. For Thursday's edition, letters are accepted until noon Tuesday.

The Jambar will not print letters that libel others or threaten harm. The Editor in Chief reserves the right to reject letters that do not follow policy.

The views and opinions expressed in published letters do not necessarily reflect those of The Jambar staff or the faculty, staff or administration of Youngstown State University.

ABOUT THE JAMBAR

The Jambar is published twice weekly during the fall and spring semesters and weekly during the summer sessions. Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press Honors.

Mail subscriptions are \$25 per academic year. Additional copies of The Jambar are \$1 each.



COMMENTARY

The organic bandwagon is running on faith

By E. Thomas McClanahan

McClatchy Newspapers

Next on the grocery-store list: syrup. Ah, here it is.

I eyed the choices, then did a double-take. The high-end brands were at eye level, and boy, were they high end. One variety asked a price of nearly 10 bucks for about 12 ounces. Farther down, near the floor, I found what I wanted: the lowly store brand — twice the quantity for less than two dollars.

How can anyone sell syrup in such small amounts for \$10? Easy: It's organic. It's imbued with innocence and purity. It's free of the vile corporate taint. Fellow shoppers, this syrup was lovingly made by happy elves deep in an ecologically harmonious old-growth forest.

Or something like that. This store shifted toward the upscale end of the market some time ago, and the aisles now bristle with little signs that pop out

announcing, "Organic!" or "Natural item!" Big deal. Snake venom and crude oil are natural, too.

Even so, I like the store's extra choices and the exotic foods, even if I avoid them most of the time. Choices are good, even if rarely exercised.

But the whole organic thing strikes me as over the top. Surely, something so baseless will eventually collapse of its own weight.

On reflection, maybe not. People who buy organic are getting something they value. They're paying a stiff premium not for only for a product but for psychological reassurance. Organic, they believe, is safer, or perhaps they feel the higher price is something to be paid as a penance for the excesses of consumerism.

There's a parallel here with fear of flying. Commercial air travel is the safest means of conveyance by far; thousands die on highways each year while airline fatalities are rare.

Yet statistics mean nothing to those inclined to worry. Some people are convinced the chemicals used to produce food on big farms will eventually make them sick, even though the risk is virtually nil.

The evidence on this point is overwhelming. In 1996, to cite one of many examples, the National Research Council published a big report on carcinogens in food. The authors concluded that most "naturally occurring and synthetic chemicals in the diet" appear in such low amounts that "that they are unlikely to pose an appreciable cancer risk."

Lifestyle choices pose far bigger risks. If you're worried about cancer, you should lose weight, cut down on coffee and alcohol, quit smoking, stay away from red meat and processed foods.

I have to admit I've become more careful about what I eat. My daily cheeseburger has given way to the turkey sandwich, and sometimes I can be found in the supple-

ments aisle of a certain health-food store. I think some part of what I'm buying with those high prices is the illusion that I'm enjoying greater control over my health. Maybe it's even true.

But consider what might happen if we got rid of all pesticides. As Bjorn Lomborg writes in "The Skeptical Environmentalist," we might save about 20 lives a year at a cost estimated at more than \$20 billion. At a minimum, that's \$1 billion per life. Isn't that worth doing in a rich country?

If we can cut back on pesticides at a reasonable cost, who could object? Unfortunately, the trade-offs aren't attractive.

Without pesticides to ward off insects and fungi, crop yields would drop, especially for fruits and vegetables. More land would have to be plowed. Rising food prices would mean fewer people consuming healthy produce, especially among low-income families. With

fewer people eating fruit, cancer rates would rise.

As Lomborg notes, we'd be eliminating a minuscule cancer risk at the cost of more than \$20 billion, while allowing additional cancer deaths that would number in the thousands.

Lomborg, a former Greenpeace member, drives many environmentalists nuts because his analytical methods frame issues as trade-offs and hard choices. That's a direct attack on the movement's core emotional impulse — that facet of environmentalism that resembles religion. For some people, I suspect, going organic is about more than good health. It's one of the ways you're saved, for crying out loud. It's redemption. Some things are just taken on faith, such as the belief that eating non-organic food is risky.

If people want to buy that stuff and pay the high prices, fine. Just make sure there's a good supply of regular bananas for the rest of us.

COMMENTARY

The writers' strike may make us all smarter

McClatchy-Tribune

The following editorial appeared in the Fort Worth Star-Telegram on Nov. 6:

When "CSI: Miami's" Lt. Horatio Caine cocks his head, removes his sunglasses for the nth time in the episode and utters some hyper-cheesy line like, "Evidence ... as always ... will speak for itself," it's hard not to scream at the television: "Who writes this stuff?"

Members of the Writers Guild of America do. But the television and film writers won't be crafting any new one-liners for Caine or any Hollywood or New York character — fictional or otherwise — in the short term.

They're on strike after negotiations with the Alliance of Motion Picture & Television Producers failed to reach agreement on writers' demands to receive a piece of ad revenues that companies make when TV shows and films are streamed on the Internet.

(For the record: David Caruso, aka Caine, doesn't sound or look any less ridiculous on an iPod.)

The other area of discontent for writers is how to divvy up DVD revenues.

Film and TV fans are expected to shell out \$16.4 billion on DVDs this year. A writer receives about 3

cents on a typical DVD selling for \$20.

The strike's effects will first become obvious in the offerings of Leno and Letterman, Kimmel and Conan, Stewart and Colbert.

These masters of snappy one-liners pegged to the news certainly can't be expected to come up with punch lines on their own. Bring on the re-runs.

A strike this early in the new fall season could mean bad news for devotees of drama series that may have only half of a full season's episodes completed.

TV fare that won't be affected by a writers' strike: Unscripted, not-even-close-to-real-life "reality" shows. And sports. And the age-old reality show known as the news.

Although a dearth of new episodes of "Two and a Half Men" and the latest late-night wisecrack about Dick Cheney no doubt will deeply affect some viewers' quality of life, it's important to put this issue in context.

These aren't doctors or police officers or teachers striking. They aren't trash collectors or airline pilots or the computer tech crew at your company. They write scripts for TV and movies.

Heaven forbid that this might force people to turn off the idiot box and pick up a book.

COMMENTARY

Pharmacist's duty is to patient, not pope

McClatchy-Tribune

The following editorial appeared in the San Jose Mercury News on Wednesday, Oct. 31:

Pope Benedict XVI is entitled to call on pharmacists in his flock to refuse to dispense certain prescription drugs — involving birth control or euthanasia — if they have a conscientious objection to them.

But pharmacists throughout the world have a moral obligation to their patients and should ignore the pontiff's plea.

Benedict told a gathering of Catholic pharmacists Monday that they have the right to refuse to dispense emergency contraception or euthanasia drugs to people who have been given prescriptions by their doctors. He also said they should inform patients of the ethical implications of using certain drugs.

That's objectionable on many levels. But what next? Will the pope demand that pharmacists be required to ask women seeking fertility drugs if they are married? Should those pharmacists feel an

obligation to ask men to prove they are straight and married before dispensing drugs that enhance sexual performance or stem AIDS? And should pharmacists of the future be allowed to prevent patients from receiving drugs developed through stem cell research?

Medical decisions should be made by patients and their physicians in doctor's offices, not by the pope or other religious leaders in churches or at the drug counter.

Californians should take pride in knowing that this is one area in which its Legislature is a model for the nation. Gov. Arnold Schwarzenegger in 2005 signed a bill, which was backed by the California Pharmacists Association, that prohibits pharmacies from obstructing patients from obtaining drugs or devices prescribed by their doctor. It does permit pharmacists with moral objections to dispensing a prescription drug to allow another pharmacist to fill the prescription, as long as it is done in a prompt manner. It does not prevent phar-

macists from lecturing patients about their choices, but it should.

The state of Washington in April joined California in passing a policy that prohibits pharmacists from failing to dispense prescription drugs for religious or moral reasons.

Reps. Carolyn Maloney, D-N.Y. and Chris Shays, R-Conn., and Sen. Frank Lautenberg, D-N.J., have introduced similar legislation in Congress. If it passes the House and Senate, and it should, it would likely be vetoed by President Bush, who has already expressed his displeasure with the bill.

A handful of states, including Georgia and South Dakota, have joined the president in allowing pharmacists to follow their conscience at the workplace.

That should be viewed as unacceptable, particularly in rural states where the nearest alternative pharmacy may be more than an hour's drive away.

Pharmacists who cannot bring themselves to fill a prescription for moral or religious reasons should find a new profession.

Doping testosterone

Athletes take testosterone to increase strength and endurance. Testing athletes for testosterone is tricky, mainly because it already occurs naturally in the body. How testosterone enhances performance:

Muscle growth

Normally, small cells (myoblasts) fuse, adding their nuclei and protein fibers to build muscle cells



Myoblasts → Muscle cell

Protein fibers

Blood vessel

- Creates stronger, longer muscles
- Increases strength
- Allows athletes to train harder, longer

Advantages of taking testosterone

TE Ratio

The standard measure for testosterone in urine is called the TE ratio. The average person's ratio is 1; the World Anti-Doping Agency considers deviant ratings suspicious



Connective tissue around muscle

Tendon

Bone

Muscle structure

© 2006 MCT

Source: World Anti-Doping Agency, U.S. Anti-Doping Agency, "Textbook of Medical Physiology," University of Illinois at Urbana-Champaign

Steroids destroy careers, ethics, balls

Melissa Mary Smith
Janbar Contributor

The world of sports has constantly demonstrated the tests of human strength, endurance and attaining personal goals.

Anabolic steroid and drug use in sports, however, has long created controversy and has also destroyed the careers of well known athletes like track star Marion Jones, who tested positive last year for the performance enhancing drug erythropoietin, or EPO.

If athletes are well aware of the repercussions — both physical and ethical — of steroid and drug abuse, why do they continue to use them?

"Most of them know that the damage is, for the most part somewhat minimal, and they know the performance improvements are significant. Most athletes, even if they think it will affect them, if they know that this is their way to the gold medal, they'll still use it," said Dan Wathen, head trainer of YSU's athletic department.

YSU junior Shawn Schumaker, Andrews Student Recreation and Wellness Center trainer, said that college athletes might use steroids because it gives them a competitive edge. If they see their professional sports idols using them, they too will be inclined to use, he said.

Wathen explained that while steroid use isn't as rampant at the college level it is more apparent in professional sports. He also said that even in the past, there has never been a great deal of steroid use at YSU.

Anabolic steroids are types of steroid hormones, like testosterone, that contribute to the process of protein synthesis in muscle mass production.

Wathen said that anabolic steroids, which are synthetic, are mainly used in power sports that require a significant amount of training and speed, but Schumaker estimates that most sports have some amount of steroid use in them and it's mainly just a matter of how effectively usage is hidden.

Although the likelihood of

injury is increased while training and using steroids, Wathen said recovery time and physical endurance are also increased, thus giving athletes further reason to continue abuse.

Athlete or not, there are many risk factors involved with steroid abuse. For the less detrimental, abusers might begin to notice the appearance of acne, body hair growth/loss, clitoral enlargement, testicular shrinkage or increased blood pressure.

For the more serious cases, abusers can experience early heart attack, stroke and kidney failure.

Steroids can also cause psychological problems such as mood swings, increased aggression that might escalate to violence and, in some cases, depression.

As anabolic steroids can be injected (and taken orally), the practice of needle sharing also increases users' risk of contracting HIV and hepatitis.

Anabolic steroids can only legally be prescribed medicinally for developmental and impotency

problems and in muscle loss prevention cases for AIDS patients.

While drug testing is effective to a certain extent, Wathen explains that it has become increasingly difficult to detect new performance-enhancing drugs, or lab constructed designer steroids, and human growth hormones because of their ever-changing compositions.

The NCAA updates its drug testing and policies and procedures yearly and has taken a firm no-drug stance for college athletes across the country.

"If your only motivation is winning — winning at all costs — there's not a whole lot you can do for those people in terms of changing their ideas on steroids. If it is to win properly, ethically, morally, then you won't use steroids," Wathen said.

Wathen said he feels steroid use is a sad commentary on both sports and society alike. The only true way to solve the dilemma of steroid abuse in sports is if society as a whole goes back to a more moral and ethical state.

From ACCREDITATION page 1: Self-study examines learning

relationship between scholarships and teaching because it may not be implemented the way it is proposed.

A challenge in the criterion "Preparing for the Future" is that a two-year state-mandated tuition freeze will make it difficult for the university to budget and plan.

Bowers said the university must develop alternate program funding. "If you can't increase the tuition, then you have to find other ways to get the revenue. Since we have the lowest tuition, it affects us the most."

The study recommends that the university "determine, document and communicate university policies and procedures on allocation of financial and human resources."

The third criterion, "Student Learning and Effective Teaching," says YSU programs and centers that support student learning "have well-qualified staff, provide effective services within the limits of their resources and work well together."

With the end of the semester comes student course evaluations, a

challenge the university faces.

According to the self-study draft, student course evaluations present little information to individual faculty. Since the plans for evaluating teaching differ, they leave some faculty with inadequate information for developing and improving their teaching.

The study also recommends increasing the compensation for part-time faculty.

In the "Acquisition, Discovery and Application of Knowledge" criterion of the self-study, a strength the university possesses is the number of co-curricular organizations and programs available that boost student leadership, scholarship, service, creativity and professionalism.

Elias said this is vital for students because they work on committees, developing projects to help with managerial skills.

She uses The Jambar as an example of how it's the direct, practical and applied experience that is important rather than theoretical. Working for The Jambar helps develop skills that may or may not be learned in the classroom.

"It's more real; you can read about it in a book and do classroom assignments, but it's not the direct experience.

A challenge in this criterion, though, was that many employees expressed in the March 2007 Campus Climate Survey that they didn't agree the university's financial allocations support a life of learning for faculty, staff and students.

Elias said she isn't quite sure why they disagreed with that statement, but YSU does allocate a lot of financial resources to that.

Also in this criterion, it is recommended that YSU provide students with international experiences.

A way to increase student awareness with studying abroad is through scholarship funds, Elias said.

Some students have misconceptions about the expenses of the trip and overestimate. Elias said they should research more because it may not be as expensive as they think. She said there will be more financial help available as well.

The Youngstown Early College

is one example of a collaborative venture with K-12 education, a strength the university displays in the "Engagement and Service" criterion.

Other examples include the English Festival and Tech Prep. Elias said there are numerous programs where YSU works with public school students.

"We bring thousands of students to our campus every year."

Even though many public school students visit campus every year, a challenge that the study indicates is that YSU faculty and staff are unaware of the benefits of the Ohio Learning Network.

Elias said it is a system that offers courses by other OLN institutions, and students can benefit from the opportunity of obtaining a degree by combining YSU on-site courses with distance-learning courses offered by OLN.

The Higher Learning Commission will visit YSU Feb. 18 to 20, 2008. Bowers said it's unfortunate that they're coming during this time because "they won't get to see the beautiful leaves and flowers."

lege at the forefront of our minds is going to be very critical. This increase could mean many things for YSU, and it is important that we plan ahead.

Q. Are there any campus issues that have not been mentioned that you feel should be addressed?

A. Many controversial speakers and displays have been to our campus recently, and I applaud these activities. In my opinion, a university campus should be an open ground for students to develop their opinions, and if we are never exposed to ideas or images that make us uncomfortable, then we will never grow and explore new outcomes.

From TRUSTEE page 1

college student feels apathetic toward current issues? What are some ways to attract additional student attention to campus issues and issues beyond campus?

A. Students will usually only care about the issues that affect them. I didn't really understand the impact of the strikes two years ago until I learned that I might not have had my first day of school. When we are able to show students current issues, campus and beyond, and are able to communicate to them clearly and effectively the impact that an issue has on their education or their life, I think that only then will a college student's apathy dissipate.

Q. What kind of opportunities do you think you have as a student trustee to bring about change for YSU?

A. I have the opportunity to listen, learn, and influence as a student trustee. My role ensures that a student is at the heart of every decision made for the campus of YSU. But it surprises me that the most change I have made on this campus hasn't been through my role as a student trustee, but as a student with an idea or a desire to improve our campus, and the motivation to do so.

Q. Have the trustees ever brought up the campus parking issue? If they haven't, how do you think they would address the problem?

A. To my recollection, parking has not been brought to the trustees other than in the context to purchase more land for surface lots, which I think is almost the only way that they would or could address this problem.

Q. What issues have the trustees talked about that you think are most important?

A. In light of the strike two years ago, the trustees hold the highest hope that the upcoming negotiations will be congenial and concluded quickly. I would not like to see the students pushed into an uncertainty of their educations in any way. I also believe that keeping the conversations about the development of a local community col-

Graduates buried in college debt

Patricia Alex
The Record

It's no small thing to make it to the top of one of U.S. News and World Reports' college lists. But the folks at Seton Hall University aren't exactly celebrating their No. 1 national ranking for student-loan debt.

Sixty-one percent of students graduating from the South Orange, N.J., campus have to pay back student loans — the average totaling \$37,724, according to America's Best Colleges 2008. The numbers are high but they are not an aberration. Nationally, nearly two-thirds of graduates of four-year schools have debt, according to the Project on Student Debt. That debt load averages \$20,000.

New federal measures are expected to ease some of the burden going forward. But, for now, student debt — which is estimated to have more than doubled in the last decade — has a stranglehold on many students and families.

"I'll be paying it off for at least 10 years," said Andrea Antwi, who quickly ran up \$20,000 in debt during her freshman year at Seton Hall. She ultimately decided on a less-expensive route, attending Essex County College and now Rutgers University, where she is a junior. Still, she will graduate with at least \$35,000 in loans to repay.

"When you're a senior in high school, these kinds of things don't enter your mind," said Antwi, who hopes to follow her parents into a career in nursing. "But it's crazy. It's depressing."

Experts warn that the burden is weighing heavily on a generation who may make a host of life-altering decisions—such as career choices and homeownership—based on a large debt acquired at a young age. They say the debt problem may even be greater than reported since the numbers take into account only specified student loans, excluding other borrowing such as a parent who may have tapped a home equity loan to pay for college.

The averages are bad enough, but the extremes are downright scary. There are stories of students graduating with six-figure debt and looking at payments well into middle age.

Debt numbers for New Jersey students are a bit above the national average and, paradoxically, students at some of the state's most expensive schools have the least debt. That's because schools such as Princeton and Drew universities, which cost more than \$40,000 for students who live on campus, have large endowments that allow the institutions to supplement tuition for middle-class and lower-income students.

Princeton, for instance, has an endowment approaching a staggering \$15 billion. Princeton students, on average, graduate with the lowest debt load in the nation, according to the U.S. News survey. About 26 percent of Princeton graduates carry student-loan debt, averaging \$4,965.

Tom White, a spokesman for Seton Hall, said the university and other Catholic schools don't have a history of amassing large endowments.

"Fund-raising for scholarships is newer to Catholic schools—we never saw ourselves as a charity," White said. "The debt load is high, we can't dispute that." But he said efforts are under way to address the issue. "We're just finishing a \$150 million fund-raiser and \$24 million will be endowed for scholarships."

Tuition at Seton Hall is more than \$27,000 and living expenses add \$10,000 to the tab. Part of the cost issue has to do with being located in an expensive part of the country, said White.

"We're not making excuses, just trying to put it in context," he added. Another area school, New

York University, comes in a close second on the U.S. News list, with 61 percent of graduates carrying debt, averaging \$34,417.

Monmouth University in West Long Branch is not on the national list but, in fact, has one of the highest rates of student debt in the state, averaging just over \$33,000, according to the debt project. Just over three-quarters of students there graduate with debt. Tuition at the school is \$22,400 a year.

Graduates from one of the state's least expensive schools, New Jersey City University, have some of the highest debt loads—an average of just over \$26,000, according to the debt project—since the school serves more low-income students who may have to borrow more to get through school.

Advocates are hoping the new federal college cost reduction act will help rein in indebtedness. Interest rates on federally subsidized student loans will be cut in half over the next four years and opportunities are available for loan forgiveness for those who go into some public service jobs under the new legislation. There also will be a cap on the percentage of yearly income dedicated to federal loan repayments and grants to low-income students will be increased.

Congressional leaders have hailed the bill as the single biggest investment in making higher education affordable since the G.I. Bill in 1944.

In New Jersey, the measures generate an increase of more than \$549 million for college students in the next five years, according to federal estimates.

"It's a significant step forward," said Robert Shireman, executive director of the student debt project, which is funded, in part, by the Pew Charitable Trusts. "Today a growing number of borrowers are in peril and this creates a safety net to make sure we're not continuing that."

Nine of 10 student loans are from government sources. Private student loans have come under even more scrutiny as part of a push to clean up the industry and its cozy relationships with some colleges.

Rep. Steve Rothman, D-Fair Lawn, voted for the cost-reduction bill and said even more needs to be done. "We know that much more help is needed for working- and middle-class families," he said. "This needs to be a national priority."

Disparities in debt load

High tuition and little aid result in high debt for graduates of some colleges while students at other schools graduate relatively debt-free. A list of the colleges where graduates leave with the most and the least student loan debt.

School with the most debt by percent of grads with debt and average amount of debt:

Seton Hall University	61%	\$37,724
New York University	61%	\$34,417
Worcester Polytechnic Institute (Mass.)	83%	\$34,409
University of North Dakota	72%	\$33,032
Pace University (N.Y.)	72%	\$32,980

School with the least debt by percent of grads with debt and average amount of debt:

Princeton University	26%	\$4,965
California Institute of Technology	34%	\$5,156
Harvard University (Mass.)	42%	\$9,717
Howard University (D.C.)	88%	\$10,868
Utah State University	25%	\$11,040

Info from the U.S. News and World Report.

YSU

Pre party hosts open mic night

Diane Plotton

Jamba Contributor

While some students attend Penguin Pre-Party to get pumped for the game, senior Christa Flora just wants to sing.

As lead singer for the up and coming band, The Fluorescent Whens, this will be Flora's debut performance.

"This is a lot different than singing in a chorus," she said.

The band is a fun past time for her and her bandmates, and she is appreciative of the opportunity to perform, Flora said.

The Fluorescent Whens will go

"I go to every single [Pre-Party]. It's a lot of fun and free food. You can't beat that!"

—Shane T. Golden, junior

on at 8:30 p.m. for this week's Penguin Pre-Party. They will be performing covers of "Love is a Battlefield" by Pat Benatar, "Come on Eileen" by Dexy's Midnight Runners, and Pink's "Who Knew."

Senior Frank Nolasco, a guitarist for the Fluorescent Whens, said the band is a combination of two bands that broke up over the summer.

Though the band is performing only covers at this week's Pre-Party, Nolasco said the band has been writing and recording songs for the future.

While Nolasco listed The Beach Boys and the Beatles as musical influences, Flora cited Alicia Keys, Carrie Underwood, and Pink as female performing role models.

Veteran Open Mic Night performer Shane T. Golden, a junior agreed that the Pre-Party offers many opportunities for aspiring performers.

"Hopefully this can be a career for me in the future," he said of performing.

Although Golden may not be performing this week he will still be in attendance.

"I go to every single [Pre-Party]. It's a lot of fun and free food. You can't beat that!" he said.

Nolasco said the Pre-Party is a great place to hang out, relax and have some fun on Thursday nights.

"Hopefully we can get some more people out," he said.



Top 10 Box Office

- 1 American Gangster
- 2 Bee Movie
- 3 Saw IV
- 4 Dan in Real Life
- 5 The Game Plan
- 6 30 Days of Night
- 7 Martian Child
- 8 Michael Clayton
- 9 Tyler Perry's Why Did I Get Married?
- 10 Gone Baby Gone

Upcoming Events

Today

Open Mic Night
Peaberry's
7 p.m.

Rock Star Karaoke

The Wedge
9 p.m.

Friday

Keith Urban
Quicken Loans Arena
7:30 p.m.

Saturday

Dane Cook
Wolstein Center at CSU
7 p.m.

Via Sahara

Thee Ben Vee
Unmerited Favor
The Cellar
9 p.m.

Sunday

The Academy Is
Club Zoo
7 p.m.

MUSIC

Jay-Z's 'American Gangster' is solid

Glenn Gamboa

Newsday

Jay-Z has never suffered from a lack of ambition, but what he takes on for his new album "American Gangster" (Roc-a-Fella) is a lot, even for him.

Not only does he set out to build a concept album that can stand next to the Denzel Washington/Russell Crowe movie that he clearly admires, he wants to raise hip-hop's standards, while also fighting those who twisted the racist comments of Don Imus into an indictment of hip-hop. Throw in the sudden fall-off of his last album "Kingdom Come" and the questions about whether he has lost his touch and Jay-Z — Young Hova, Mr. Roc-a-Fella, Def Jam's President Carter — has himself a challenge.

No worries, though. Jay has it under control, completing "American Gangster" in a handful of weeks after seeing an early screening of the movie in late August, no less.

"This is black superhero music right here, baby," he declares in "Roc Boys." And he's right.

"American Gangster" is bold, both in concept and in execution, with Jay-Z telling the story of a Brooklyn teen getting into the drug trade and then getting stuck in it. Jay does it in character, as if it were a series of monologues crafted into a one-man play. However, it is no one-man effort, as the musical backdrops — many crafted by Diddy and the Bad Boy Entertainment's production team The Hitmen, as well as Pharrell Williams, Jermaine Dupri, Kanye West and Just Blaze — are often just as remarkable.

"American Dreamin'" comes early in the story, as Jay rolls out his hopes and dreams over a gorgeous sample from Marvin Gaye's "Soon I'll Be Loving You Again" that provides a hazy aura of innocence. He offers some playful rhymes ("I need a personal Jesus, I'm in Depeche Mode ... It's like Tony La Russa on how you play your cards") and some serious ones ("I wish you health/I wish you wheels/I wish you wealth/I wish you insight so you can see for yourself") in a flow that matches the song's neo-soul vibe.

The songs get brasher and his flow gets darker as the story unfolds. On "Roc Boys," the album's victory lap, Jay packs in as much boasting as he did when he was coming up, back in the "Reasonable Doubt" days, over a dramatic, horn-filled funk celebration.

When things start to fall apart, in the ominous "Success," which features onetime rival Nas, and the fiery "Fallin'," where Dupri welds together '70s soul and the



AMERICAN GANGSTER

Grade: A

Dirty South bounce, Jay's delivery is fast and furious, rapping, "Fight and you'll never survive, run and you'll never escape, so just fall — from grace."

As strong as the songs are on record, they sound even more potent live, which Jay proved at a recent taping of a VH1 "Storytellers" in Brooklyn, backed by a 12-piece band. That power wasn't lost on him either, as he booked the band for a short national tour to promote the album.

As if "American Gangster" wasn't compelling enough, Jay-Z adds one more layer with "Ignorant —," which could easily be the album's most popular track if the chorus wasn't a string of expletives that radio can't play.

The song was an outtake from the sessions for "The Black Album," but it's reworked here to fit in the story and to fit as a commentary on the current attacks on hip-hop.

Jay goes in and out of character, offering a disclaimer ("We're all actors ... Don't fear no rappers, they're all weirdos, De Niro in practice, so don't believe everything you hear") followed by gangsta rap stereotypes filled with swearing and violence.

He takes those who seized on the Don Imus controversy to criticize hip-hop to task, saying, "I missed the part when it stopped being about Imus, what do my lyrics have to do with this —? 'Scarface' the movie did more than Scarface the rapper to me."

The result is a true guilty pleasure and he knows it, teasing, "You like it, don't front."

That could apply to all of "American Gangster." For as much as people want to root for the underdog and knock off those at the top of their game, sometimes you also have to appreciate greatness when it comes.

There's a writers' adage that advises, "Show, don't tell," that Jay-Z has taken to heart. In his recent work, he's been concerned about telling everyone how great he is. On "American Gangster," he shows it — crafting not just the likely album of the year, but one that will likely go down as one of hip-hop's greatest.

PREVIEW

Search for themselves

Unproven Penguins hope to establish identity early in season

Aaron Blatch

Sports Reporter

With just four days remaining before the season opener against University of California, Los Angeles, the Youngstown State University men's basketball team has more questions than answers. The Penguins must recover from the loss of star swingmen Quin Humphrey and Keston Roberts, particularly on offense, and develop a playing style that fits their new strengths.

The team is coming off a solid 14-17 season, its best in six years, and ended with four wins in the final six games. That win total will be tough to match if the Penguins don't find some way to replace the 35.1-points-per-game vacancy left by Humphrey and Roberts, the only two double-digit scorers on last season's roster.

The Penguins' cupboard is far from bare, however, as five players who made multiple starts last season return.

Point guard Byron Davis returns for his senior year after averaging 8.6 points and 3.9 assists a game in his first season as a Penguin. Expect Davis' offensive responsibilities to increase with no established scorer playing next to him. With few teammates able to create shots for themselves, Davis will have to attack the basket more often to get them open looks.

The Penguin most ready for a breakout season could be junior forward Jack Liles. Liles provided the



Jerry Slocum, head coach men's basketball

"We have a really good balance of younger and older guys. Our freshman our really good and if we were playing a game tonight, two of them would start. I feel really encouraged about our future."

team with energy and activity around the basket in his sophomore season and will look for more touches and the chance to become a presence in the low post. The 6-7 forward should easily improve on last season's averages of 7.4 points and 6.4 rebounds per game.

The team will also look for continued improvement from senior forwards John Barber and Dwight Holmes and junior guard Mikko Niemi, all of whom got significant playing time last year.

The Penguins will need a different style if they want to match or improve on last season's record. Last year Humphrey and Roberts each attempted almost double the number of shots as any other player on the team. This version of the Penguins will have to implement a more balanced attack with different

players contributing on offense unless someone steps forward to take on the role of go-to-guy.

The development of Liles and the other post players will also be crucial. The team will likely look to go inside first because the current roster combined to shoot only 32.7 percent from 3-point range last season.

Getting the ball inside offers another benefit: allowing the Penguins to continue last year's trend of beating a path to the free throw line. Due mostly to Humphrey's hard drives to the rim, the team attempted 146 more free throws than its opponents last season. Others will have to pick up the slack to create easy scoring opportunities for the team.

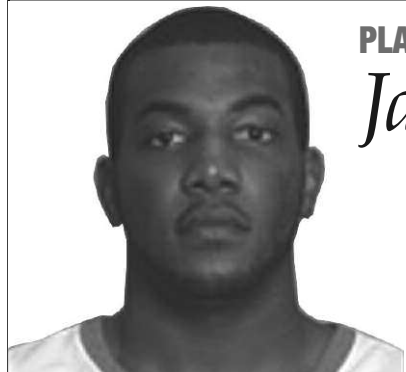
Head coach Jerry Slocum returns for his third season as Penguin captain. His team will face

its most difficult challenge in the season's opening game when it takes on national championship contender UCLA at Pauley Pavilion on Monday. The Bruins were 30-6 last season and feature arguably the nation's best point guard in Darren Collison.

The opening game will be aired on ESPN2, giving the Penguins a chance to answer to turn their question marks into exclamation points on a national stage. While an upset isn't likely, the team should be able to use the season opener to gauge its progress and find out what lineups are most effective. If they can do these things they should be prepared for the Horizon League schedule, where they will try to shift the spotlight away from what they lost and onto what they still have.



Photo courtesy of Ron Stevens



PLAYER TO WATCH

Jack Liles

Junior - Forward

No. 50

SCOUTING REPORT

Expect Liles to be a crowd favorite at Beechly Center this season with his high energy level and powerful dunks. His game will have to expand to more than that for the Penguins to reach their full potential. At 6-7, Liles isn't as big as many players he competes against but his activity makes him effective. He should get more touches in the post this season and have an opportunity to be a true back to the basket big man. Developing an inside game would add a new element to an offense that last year was based around slashing and jump shooting.

PREVIEW

Strength with experience

Experienced Penguins look to make noise in Horizon League

Aaron Blatch

Sports Reporter

The Youngstown State women's basketball team returns every key contributor from last year's squad, including 13 letter winners. This depth and experience could lead to a breakthrough season for head coach Tisha Hill's team after last year's 7-21 campaign.

Senior guard Heather Karner returns after leading the team in scoring last year with 10.9 points per game. Horizon League coaches showed their respect for Karner's ability in naming her Preseason All-League Second Team this year.

She will be joined in a loaded backcourt by junior Monique Godfrey, who averaged 10.8 points per game last year, junior Velissa Vaughn, who chipped in 8.2 points, and senior Lauren Branson, a third-year starter at point guard.

This group should give the Penguins the one constant in all good NCAA teams — talent and experience at guard. They have shown the ability to shoot from long-range, with Karner making a team-high 52 3-pointers last year and Vaughn knocking down over 38 percent of her 3-point attempts.

Experience at guard should help cut down on the team's average of 19.5 turnovers a game last season.



Tisha Hill, head coach women's basketball

"It's enjoyable to coach a group that is working as hard as this group is and that continues to give everything they have on the court. It's very important that we get off to a very good, strong start."

boards per game.

Junior Ashley Pendleton finished last season strong and will compete with junior college transfer Tiara Scott for time at forward. Pendleton averaged 5.8 points and 4.2 rebounds a game as a sophomore. Scott should help improve the team's shooting percentages, as she shot 47.3 percent from the field and 79.6 percent from the foul line in her career at Western Nebraska Community College.

Nikita LaFleur made 16 starts at center last season and was the Penguins' leading shot-blocker. Anjalisa Lyons should also see time in the post after a solid freshman season.

The frontcourt will have to do a better job on the boards because last year's team was out-rebounded by almost four rebounds per game. Becoming more offensive minded in the post could also get the Penguins easy baskets and enable the team's shooters to get more open looks.

The Penguins were picked to finish sixth in the Horizon League by the league's head coaches, sports information directors and select media. With stability throughout the lineup and in the coaching staff, the Penguins should be able to compete with all league opponents if they make the natural progression expected of an experienced team.



Photo courtesy of Ron Stevens



PLAYER TO WATCH

Heather Karner

Senior - Guard

No. 22

SCOUTING REPORT

Karner was a member of the Horizon League All-Newcomer team in her first season at YSU. She gives the Penguins an explosive scorer who can shoot from the outside. Karner's 10.9 points per game led the team, as did her 52 three-pointers. Last season she showed that she could produce scoring outbursts, highlighted by a 34 point performance in the season's opening game. The Penguins should try to create more shots for Karner. Despite her talents, she attempted only 10 field goals a game last year. The senior will try to improve her game by developing more consistency on offense and decreasing her team-leading 3.0 turnovers a game.

FOOTBALL



KNOCK OUT — Senior linebacker Jeremiah Wright puts a big hit on Lock Haven quarterback Ilio DiPaolo and brings him down for a sack. Wright and Penguin defense have a tough task ahead as they get set to go up against Western Illinois. Photo by Andrew Berry.

Penguins to battle Leathernecks in season finale of top-ranked teams

Andrew Berry
Sports Editor

Before the 2007 season started, the Youngstown State University football team was picked to finish third in the Gateway conference.

With one game left on the schedule, the Penguins still have a shot for a share of third slot in the final conference standings. All it would take to achieve that would be a win over Western Illinois in the two team's final game of the season.

For the Penguins, Saturday's contest will be one more for the home crowd, and the last for 19 senior players that will have good-bye following the gridiron grudge match with the Leathernecks.

Even though the Penguins are trying to accomplish something on the field by closing the season out with a two-game winning streak, head coach Jon Heacock believes the celebration of senior day is important.

Heacock said during the week's preparation for Saturday's game the senior class goes through the motions of realizing that this week truly is their final moments as a Youngstown State student athlete.

"I think they've had some great memories at Youngstown. The relationships those guys have are important in this game, maybe more so than rings and trophies," Heacock said. "You play 60 minutes of football this week for a lifetime of memories and those are things nobody can

Series breakdown versus Western Illinois

Saturday's contest will be the 23rd meeting
 The Penguins have won the last three game against WIU
 YSU defeated the Leathernecks for Senior Day in 2006
 The Penguins lead the series at 12-10 all-time against WIU

Players celebrating Senior Day

- | | |
|--------------------|--------------------|
| QB Tom Zetts | SS Bob Perez |
| WR Rory Berry | OL Matt Kishman |
| FS Dorian Chenault | OL Leon Edwards |
| HB Tim Dewberry | DE Myles Banford |
| WR Dustin Helle | LB Joe Nicholson |
| SS Vince Gliatta | LB Rashon Cotton |
| LB James Terry | DE Maurice Smith |
| FS Tony Lawrence | TE Louis Irizarry |
| LB Jeremiah Wright | DE Blake Halverson |
| OL Josh Tanner | |

take away from you."
 "All their life there's always been next year. For the seniors, every practice, everything they do this week, is for the last time. There is no more," Heacock said.

Unfortunately for the Penguins, Saturday's game will be the last for the entire team regardless of the contest's outcome. Win or lose, there will be no trip to the playoffs for Youngstown State.

While the team may have not met their goals of winning the Gateway conference title for a

third consecutive year and returning to the playoffs, Heacock doesn't believe the season was a complete bust. He felt his players performed to their highest ability and showed approval of how his team handled itself on the field in 2007.

"I'm not disappointed with any of our guys," Heacock said. "They're probably a little frustrated with where we are, but I never will be disappointed with them because they work too hard."

Senior tight end Louis Irizarry stressed that winning the

game against the Leathernecks and beginning a one-game home winning streak for next season will give the team a positive boost in his absence.

To do that, the Penguins will have to shutdown the Western Illinois' running back Herb Donaldson, a one man wrecking machine for the Leatherneck offense.

With nearly 1,500 yards and 10 touchdowns to his credit this season, Donaldson is arguably one of the top backs in the nation. The junior juggernaut is currently in the running for the Payton trophy, an award that is handed out annually to the best offensive player in the Football Championship Subdivision.

While Heacock stressed his usual lecture on winning the turnover margin means winning a football game, he was quick to add on the importance of making Donaldson a non-factor throughout the contest.

"If you don't stop him, you've got a long day ahead of you," Heacock said. "He'll be the best running back we've played since Beanie Wells at Ohio State."

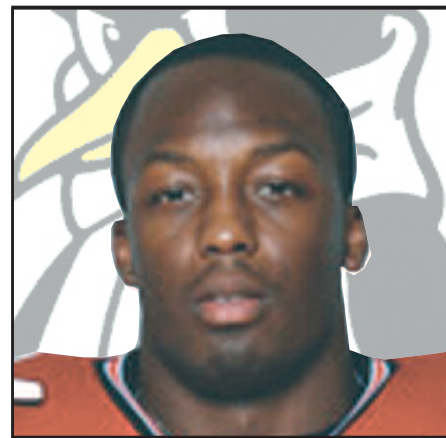
Having made clear the team's goal for the weekend, Heacock said his team is preparing this week to give the outgoing senior class one last moment in the sun by being victorious one more time at the Ice Castle.

"It's all about finishing what you started for your seniors," Heacock said. "The focus is on giving our guys the best chance to have success out there."



This Week's Impact Match-ups

Jabari Scott, tailback No. 34



The Penguin running game caught fire last week against Indiana State as the team nearly picked up 400 yards on the ground alone against the Sycamore defense. Sophomore running back Jabari Scott led the way for the Penguins with 149 yards and two touchdowns in his first 100-yard performance of the season. Another 100-yard would help the Penguins achieve victory as YSU has won 19 of its 21 games when a running back eclipses the century mark on the ground. Jason Williams of the Leathernecks is the big road-block standing in the way of the Penguins' running backs on Saturday. Williams has had an incredible season on defense and leads his team with 99 tackles and eight sacks. Williams can be a disruptive force as he has forced five fumbles this season. Scott and the other Penguin running back would be wise to steer clear of Williams.

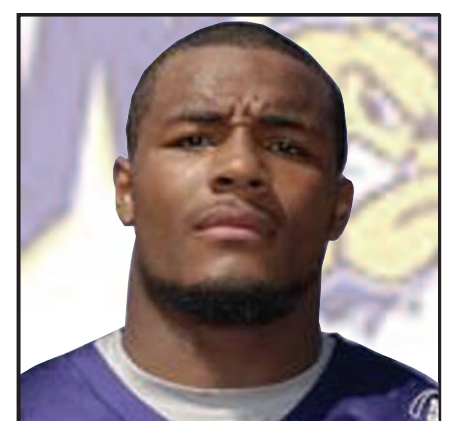
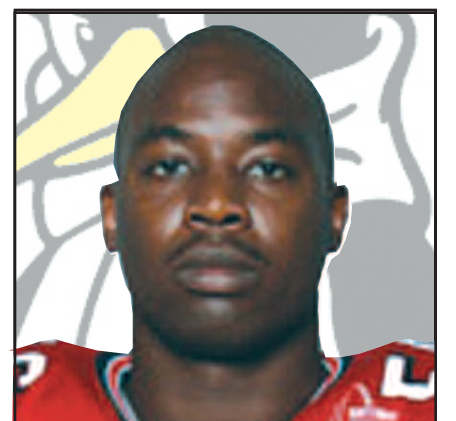


Jason Williams, linebacker No. 6

James Terry, linebacker No. 56

The offensive gameplan for Western Illinois is simple: give the ball to Herb Donaldson. A leading candidate for the Payton Award, Donaldson is one of the best running backs in the nation and has the stats to prove it. In 10 games for the Leathernecks Donaldson has amassed 1,491 yards on 259 carries and rushed for 10 touchdowns this season. The talented tailback is averaging 5.8 yards per carry and 150 yards per game on the ground. For senior linebacker James Terry and the Penguin defense, shutting down Donaldson could be the key to getting the Western Illinois offense off the field.

The Penguin defense has faced off against many top backs in 2007 and played solid run defense in the season-opener against Ohio State. A repeat performance of the game against the Buckeyes from Terry and the defense could spell trouble for Donaldson.



Herb Donaldson, tailback No. 3

GATEWAY

Weekend guide to Gateway football



No. 5 Southern Illinois vs. Illinois State
Saturday, 2:30 p.m.



No. 1 Northern Iowa vs. Indiana State
Saturday, 6:05 p.m.

Keys to Victory

While immobilizing Herb Donaldson is the key for the Penguin defense, keeping him out of the end zone won't be enough. Western Illinois has a talented kicker in Taylor Rowan and rely on his leg when the offense stalls out. Rowan has nailed 18 of his 28 field goal attempts this season, but what is most impressive about Rowan is his range as Rowan has hit six out of seven kicks from 50 yards out and beyond. His season long field goal of 56 yards made it through the posts with room to spare.

The Penguin defense has played strong on third down this season allowing opposing offenses to convert just 39 percent of third down opportunities. Because the Leathernecks run the ball more than they pass, the Penguins will find themselves faced with a lot of third and short situations on defense. The Penguins should expect the run, but shouldn't be too quick to bite on play action pass. Look for Western Illinois to mix up their scheme with short passes to the flats and over the middle to confuse YSU.