

**THURSDAY** 

September 25, 2003

Scattered Showers HIGH: 66-LOW: 43

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# Board approves Degree

By Christina Poe The Jambar

A proposal to create a Bachelor of General Studies Degree was approved by the YSU Board of Trustees yester-



ATWATER

President of Academic Affairs Tony Atwater, in his presentation to the Board, said degree

Provost Vice

would give students of varied educational and experimental backgrounds a chance to complete a bachelor's degree.

With its approval at the board meeting yesterday, the proposal will be sent to the Ohio Board of Regents for further deliberation.

Though still in the review process, Atwater said the General Studies degree proposal has raised much excite-

If approved, Atwater said the degree's strength will lie in its flexibility by offering students a chance to experience a variety of subjects.

If adopted, the degree will offer the strong liberal arts program that Atwater said YSU has offered students in other academic programs.

Atwater said he feels the degree will be responsive to the needs of Mahoning Valley residents interested in higher education and will fill the needs of the student popula-

Atwater said those students that would potentially benefit from the program would range from students with associate degrees looking to earn a bachelor's degree to students who have already attained some college credits but had to postpone their studies.

"The degree is tailor-made for students of different educational backgrounds," Atwater said. "It will be more efficient" for them as well as more economical.'

Other topics touched upon in the meeting included the proposal of an Undergraduate Research Award Program and the proposal modifications to the contracts of intercollegiate coach-

The proposal of the Internal Audit Function, already a debate among some university officials, raised a few eyebrows when approved by the trustees.

Vice President of YSU-Associated Classified Christine **Employees** Domhoff, said she did not think outsourcing the univer-

See MAJOR page 7

# ≥ Peek

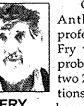
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# Professor violates court probation

By Angela Olin The Jambar



GIRARD professor Gary Fry violated his probation for two 2002 convictions and has

complete another six-month and to pay fines.

was found guilty of one charge reveals that Fry failed to meet of unauthorized use of a vehiweapon while intoxicated. He six months of probation. pleaded no contest to the charges, and in a plea agree-

A check of Girard One year ago today, Fry Municipal Court records the terms of his probation and cle and one count of using a is now serving an additional

In January, the Girard Municipal Court notified Fry ment with prosecutors, Fry that he had not been paying his agreed to one year of probation fines. Fry, who earns \$87,526

annually as a professor, was summoned to court March 24 and found guilty of violating his probation.

Records show that Fry was failed to pay any of the sum until he was summoned to court. He made one payment of \$100 on March 24. Since

then, he has made four other payments including one for \$25. He still owes the court

"Looks like he still owes ordered to pay \$533 to the us money," said Girard court in fines and costs. He Prosecutor Bob Johnson, "We may have to get him back in

See FRY, page 7

# Credit card bills pile up for students

By MIKE VLAIKU The Jambar

Sophomore Adam Vutech is involved in both school and work and is constantly trying to push his self to improve on whatever he is doing.

One day before Adam went to another day of work he made an astonishing and quite unpleasant discovery. There in the mailbox, intertwined with junk mail and coupon books, lie at least two credit card bills, each high in price.

Vutech, studying to become a teacher, has two cards maxed at \$4,500 on items such as his car, rent, appliances, clothing, and furniture. That's not including a \$10,000 student loan and a \$5,000 bank loan. With all this debt, 20-year-old Adam only grosses around \$11,000 a year from working in a furniture warehouse and as a stock clerk at a grocery store.

Adam is just one of the thousands of students who try to make it on their own only to get into financial trouble somewhere along the line due to the overuse of a

See CREDIT, page 7



# OSU running back to battle NFL in court



NFL BOUND?: Ohio State running back Maurice Clarett is suing theNFL to change its eligibility requirements.

BY MATT DUVAL The Lantern (Ohio State U.)

U-WIRE, Columbus.

After weeks of speculation, suspended Ohio State tailback Maurice Clarett officially sued the National Football League yesterday, asking a judge to throw out the league's eligibility rule.

Under the NFL's current policy, Clarett would not be eligible for the rookie draft until 2005. He ran for an OSU freshman record of 1,237 yards last season despite suffering through a shoulder injury for the last half of the season. Players cannot enter the draft until they have been out of high school for three years.

"The NFL is the only major professional sport, unlike baseball, basketball or hockey, which prohibits the drafting of players who have not completed three college seasons or who are not three years removed from high school graduation," the lawsuit states. Clarett's attorney, Alan C Milstein, filed the suit in Manhattan federal court.

The suit further claims the NFL's policy violates anti-trust laws. It later claims Clarett would have brought a contract worth millions of dollars. The suit asks U.S. District Judge Shira Scheindlin to throw out the rule and declare Clarett eligible for the April 2004 draft or require the league to hold a supplemental draft in the mean time.

"We do not believe this lawsuit serves in the best interests of Maurice Clarett or any college football player," NFL spokesman Greg Aiello said. "We will fight this and look forward to explaining to the court both the very sound reasons underlying our eligibility

Milstein told The Associated Press he believes the suit, which requests a jury

See COURT, page 7

# Eckman suggests refund cards

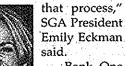
By Trina Quarles The Jambar

In the near future, refund checks for financial aid may take the form of a debit card.

Replacing hard checks with debit-type credit cards was the central topic of the Student Government Association meeting Monday afternoon.

The university is considering the debit card plan to save

"It costs like \$2 for every check that is issued. If a student drops a class, then another check has to be issued. The debit card would eliminate



considered to

participate in

Bank One is one of several banks being

the program. Brian Harickle, a cash management specialist for Bank One, attended the SGA meeting and provided information about the Bank One program. Harickle said a student's refunds would be applied to the card, which then would be mailed to that stu-

All additional and future refunds would be credited to that card, which students would keep for the duration of their university careers.

The cards, called "prepaid" cards, carry the VISA logo and function as debit

"Students can use them at the store or at the ATM machine," Harickle said, adding that lost or stolen cards would be replaced for free.

"If the card was stolen last night, and it had \$2,000 and you call today, we will reissue you a card with a \$2,000 balance. The VISA logo is what provides that protection," Harickle said.

Students would be responsible for keeping track of balances, as Bank One does

See SGA, page 7

## Inside today's issue:

'The Cremaster Cycle' wows audience. Page 4



thejambar.com poll question:



Are you in credit card debt? Vote @ www.thejambar.com Penguin fall sports in full stride. Page 10



# The Cartinate of the Control of the

# YSU Students Ride WRTA FREE Every Friday!

Let's face it, an average student can spend roughly the same amount fixing their car every semester as they do in tuition. With cash-in-pocket being at a premium, you can't do better than FREE! That means more money for books (yeah, sure), more money for supplies (um...okay), and more money for shall we say...necessities (your call). Just show your student ID and ride WRTA for FREE every Friday. Did we mention that a little more cash may come in especially handy over the weekend?

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# EDITORIAL OPINION

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#### **Today's Editorial**

# Fry, time to pay

Anthropology professor Gary Fry makes \$87,000 a year. One year ago today the Girard municipal court ordered Fry to pay \$533 in fines and costs for his two misdemeanor convictions.

He didn't pay the money and was found guilty of violating the terms of his probation. To date, Fry has only paid \$275 of his

Where is the money?

Last September, Fry was found guilty of one charge of unauthorized use of a vehicle and one count of using a weapon while

This September he is back in the classroom, never having received any disciplinary measures from the university. His personnel file is filled with evaluations that fail to mention his criminal history. His file goes unblemished from the wrongs that he

At \$7,250 a month, the fees could have been paid roughly 13 times in one month. Yet, Fry has dragged his feet on paying such an insignificant fee. In March, Fry paid \$100. His payments since then have been sporadic and have dwindled to as low as \$25.

Fry, who lives alone in his Hubbard home, can blame neither a house full of children nor a residence that equals a mortgage in the millions for his failure to furnish the funds.

Where is the money? How are YSU students supposed to respect a member of YSU's faculty if he shows a blatant disrespect for the law? What example is Fry setting for students enrolled in his classes, struggling to make payments of their own?

A university that employs irresponsible faculty risks the possibility of producing irresponsible students.

Professors such as Fry taint the university and its reputation. As Fry continues to withhold his monetary tokens of remorse, he adds gravity to the damage that has already been done.

Fry owes it to the municipal court to pay his dues and he owes it to the university to clear our name.

## Letter to the Editor YSU making efforts to improve computers

The complaints voiced by Lauren Girdler about the lack of a piece of software in Maag library and that computer labs are closed at weekends prompt me to defend the efforts being made at YSU to maintain such facilities during financially challenging

In the seven years since I arrived in Youngstown, YSU has made great strides in providing students and faculty with access to computer technology. My first office in Ward Beecher did not have a computer and I had to bring my own Mac to school in order to get anything done. We had to use a dialup line to get Web access. Now we have at least three student computer labs in Ward Beecher. All are connected to the on-campus network, and all contain up to date software for science students to use.

Obviously we need to improve, but the current funding crisis means that we sometimes struggle to maintain services never mind improve them. Our own computer guru (Ray Hoff) is being spread incredibly thin as demands on his expertise grow and updating software and hardware is becoming increasingly difficult. We need more funds and more help and more software and more hardware and more labs and more hours and more...

I still think we are light years ahead of where YSU was seven years ago, and in line with a letter I wrote to the Jambar last year, we still offer our students a good value for their money. Once the funding crunch passes, I hope we can take that next step and offer Ms. Girdler and many other students access to software and hardware at any location on campus at any time of the night or day.

Peter Norris, Ph.D. Associate Professor, Chemistry

The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members: Editor in Chief Angela Olin, News Editor La'el Hughes, Design Editor B.J. Lisko and Copy Editor Mark Stevens. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.

Letters must be typed and should not exceed 400 words. Each letter must iclude a name and telephone number for verification purposes. All submissions are subject to editing for spelling and grammar. Submissions must be received by noon Friday for Tuesday's edition and by noon Tuesday for Thursday's edition.

The Jambar will not print letters that libel others or threaten harm. The editor in chief reserves the right to reject letters that do not follow policy. The views and pinions expressed do not necessarily reflect those of The Jambar staff or YSU faculty, staff or administration.

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#### Prescription problems



#### **Commentaries**

# President's propaganda fools nation

By Matthew Liller The Jambar

One of the most startling statistics in recent history was announced last week. The number was "70", and it represented the percentage of Americans who believed that Saddam Hussein was involved in the 9/11 attacks. This bordered on propagan-

What could cause 70 percent of the population to believe such a colossal falsehood? President Bush's constant rhetoric on the connection is the most obvious rea-

Take his remarks on May 1 of this year: "The battle of Iraq is one victory in a war on terror that began on September the 11, 2001 — and still goes on."

Although Bush should be held accountable for his misleading words, the blame for this bamboozle against America sits firmly on the shoulders of the media for letting him get away with it.

The false connection should have been clearly exposed before the war and not after Bush finally admitted it as false six months after the war. There certainly was no proof that the link existed, and it does no good to report it as "breaking news" months after the war has ended and thousands have lost their lives.

The same can be said for the nonexistent weapons of mass destruction (WMD). It is important for the press to show the American public that Bush is a liar, but it is more important to inform them before

they allow the President to start a pre-emptive war under false pretenses.

While Colin Powell touted his evidence that Iraq had hundreds of thousands of tons of WMDs, the press did little to discredit his bogus and outdated information. Only in July, five months after the war started, did the media finally begin to seriously question the adminis-

All the while, our President smirked and talked about "revisionist historians" just as he began to rewrite his reasons for going to war. Damn it, we needed to free all those Iraqis who greeted us with open

Was our battle in Iraq a "War on Terror" or just a really expensive humanitarian effort? Since all the reasons for a pre-emptive strike have been discredited, and Iraq was not an imminent threat, the war has been exposed as the enormous sham that it is. Now, not only does Bush have the blood of American GIs on his hands, so does the press.

The media is obligated to be the voice of the people, and it is criminal for them to not report accurately. Although there is no law on being timely, there are laws against being an accomplice to a crime. Ask Joseph Goebbels.

It is easy understand why the Bush administration wants media deregulation so badly. When a company can own all of the television stations, radio stations and newspapers in multiple cities, less investigation and reporting is needed.

Owners of these large conglomerates. such as Jack Walsh of NBC or Rupert Murdoch of Fox, manipulate coverage to further corporate America's interests, even if that means war (I would implore you to check the ratings during Operation Iraqi Freedom).

24-hour news networks all report on the same five stories daily and include à dozen debate programs that scream about those same five stories. The goal is to keep America uninformed, stupid, and passive. If you listen closely enough you can hear the sucking sound of relevance being amputated from the media.

In the next few years we may see a real investigation into why Bush secretly allowed members of the bin Laden family to flee the U.S. just days after 9/11, or why it took over an hour to scramble jets after the first plane hit the World Trade Center. Hopefully. But don't hold your

I do have some good news. I'm positive that Bush has spent a few sleepless nights and afternoons worrying about giving Iraqis all the freedoms that Americans enjoy, and it has finally paid off. Tuesday, the U.S.-backed Iraqi Governing Council banned Arabic-language networks from government buildings and news conferences for two weeks. Now the Iraqi people can finally enjoy a free press that can't inform them. All is right with the world.

Call Matthew Liller at (330) 941-1913.

# Trying to justify the dreaded group project

By Tina Thompson The Jambar

It's a beautiful, sunny day. There's a hint of fall breaking out on the trees around campus. An internal war rages within me — enjoy what is sure to be the last of this blissful weather or attend

I opt for class. Bad decision. I settle in my chair taking pains to keep my attention away from the window. However, I can see the sunlight glinting off the chrome trim of cars parked in the upper deck of the Lincoln lot.

I daydream while gazing longingly out the window. Suddenly, I am abruptly yanked back to the classroom, as the two words I dread most, spill from the professor's mouth.

Pop quiz? No. Research paper? Nope. Mid-term exam? Uh-huh. Group Project. The horror.

Thunderclouds begin to gather in the once clear sky. A foul wind picks up across the lawn and blows discarded bits of trash across the grass. In my heart, despair builds as I hear

the outline of project goals.

There will be weekly presentations

regarding specific topics as assigned by the instructor to be supplemented with written progress reports.

Weekly meetings?! A ragged sigh rips from lips as I hear the names of group members called out like roll call in a I glance anxiously about looking to

assign labels. Yes, there's "the Procrastinator;" hmm, I bet he's "Mr. No-Show;" she's clearly the "Quiet One;" and he's obviously, "No-Nonsense." That leaves me to decide who I

should be. The "Over-Achiever;" perhaps, "The Bully;" or take an opposite position and be "Ms. Whatever." Group projects are the bane of my

existence. They suck any possibility of joy out of the class. Contrary to what we are told, they are not real life. I worked for 20 years in "the real

world" before enrolling at YSU. I am well aware of the role group projects play in the workplace. Let me tell you, they are different

from anything I have experienced at YSU.

First: someone is in charge. There is a person responsible for the product, and everyone in the group knows who it is. It's the boss' assistant.

Second: everyone has an area of

expertise. The guy, who's a CPA, is in charge of numbers. The woman, who's a graphic artist, is in charge of brochures. They don't change jobs. Ever.

Third: there's a reason for the project. There's a goal. Entice a new client; explain a budget request to the home office; streamline an operation. It is never because it seems like it would create wellrounded team players.

Trust me, if you have ever successfully convinced a supply clerk that you need both blue and black pens, you are a wellrounded team player.

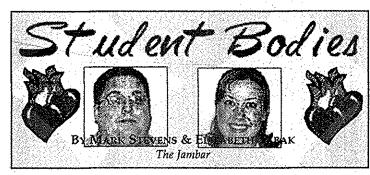
Fourth: you meet during work hours, and everyone shows up. Not once has a group leader said, "How's Saturday at 10 p.m.? We can e-mail before we go out and party for the night." Most leaders feel this kind of schedule is actually detrimental to the project.

Fifth: you get paid. Enough said. Needless to say, I'm not a big fan of the group project. It seems every semester I'm sentenced to at least one of these tortuous experiences.

Upon reflection, you can label me, "the Whiner."

Call Tina Thompson at (330) 941-1913.

# ARTSENTERTAINMENT



Her Side:

It seems as if it was only yesterday.

Victimized by another harsh breakup, I'd take my destroyed 16-year old heart and listen to Boyz II Men's "End of the Road" while I stared deep into the eyes of my Leonardo DiCaprio poster asking why couldn't all the boys be just like him.

That's right, I said Leonardo DiCaprio poster. What do you want me to say? He was hot back in the day, so back off.

Don't worry, though. Like I said, that was back in the day, and a lot more than just my affection for Leo has changed. I've also put my days of feeling sorry for myself and pining over some guy on the curb with my Leo poster. Well that is of course until Mark picked it up and hung it next to his Justin Timberlake poster.

Hey, Justin Timberlake from. isn't all that . bad. I have to say that over the past couple of years, 1 have become a "Bye, Bye, Bye" kind of

Face it: feeling yourself after you've broken up

with your special someone a little pain to get past. doesn't help things. Hanging around after the fact to plead your case doesn't help things. Talking continuously and obsessively to their friends about how you want to be with that person and how you can make them happy doesn't help things. And continuing to sleep with your ex most certainly does not help things.

If you have broken up it's obviously a sign that one of you has decided to move on. Take a hint, you should probably be moving on, too.

Not to get all "afterschool-special" on you, but you should also have the maturity and common decency to be civil with each other. I'm not saying best friends; that would obviously defeat the purpose of what I just said, but at least make the attempt to get along. If you cared about each other enough to start something, you should care

enough to end it with decency. I'm not trying to be a heartless wench here. It's just that in the past year or so, with the exception of one or two minor errors in my judgment, I have found the best way to end it is with a clean break; it's hopeless to keep hoping. I know that it's easier said than done, even when it comes down to the most insignificant of short-lived, non-dating relationships, but you have to face reality sometime.

So, for as much as I may be a little hurt and a little jealous that my once prized poster is hanging over Mark's desk now, I realize that it looks better there than it did in my

His Side:

I know Beth isn't knocking my J Timberlake poster. 941-1811.

Homeskillet has got it going on for real, for real.

But that's Beth; she's a hater. Hates me because of what Justin and I have. Back off chick, he's mine.

Since that nonsense has been effectively handled, on with the business at hand.

This week's theme is "happiness is a state of mind."

In order to be happy, one has to allow for happiness. Wow, looks like we're taking a turn towards serious, intellectual conversation here. We may even approach a philosophical nature in this discus-

But I won't let my people down too much. I'll try to stay somewhat in character.

Let it go. That's an order private. Fishes, as they say, are plentiful in this proverbial sea of people. Good and tasty fishes are out there. There are more fishes where that last one came

So

yourself

struggling

to get over

a serious

relation-

ship, good

There I said

Anything

was

that

find

"Quit whining and crying and all that nonsense and just accept the fact that everything end's eventually."

> worth any-— FAT HEAD thing going to be something

that entails

Quit whining and crying and all that nonsense and just accept the fact that everything ends eventually. We all die. Nothing is promised, eternal or infinite except for wisdom.

And let me drop some wisdom on that posterior right quick, because that's my job.

Dear Ann Landers, My boyfriend of three vears has just told me that he doesn't think our relationship is going well and he wants to take a break. How can I convince him to keep on loving me and to stay with me for the rest of my miserable, pathetic, life of self pity?

Excuse me Ann, but Fat Head would like to handle this one. Thanks a bunch. Get a clue. Anybody that

needs convincing is already gone from a relationship. It's

That person that you are so convinced is your soul mate is just a person.

I'm not downplaying the feelings that you feel when something ends. Been there, felt that. The feelings of abandonment and loss are nothing shy of devastating, but you don't do yourself or anyone else any damn good by wal-

Take it as a loss. Learn from the things that went wrong in your relationship, and prepare yourself to love and be loved again. I have no funny ending to

this week's column, so I'll just bow out without trying to force something. It's an off day.

Call Elizabeth Tabak at (330) 941-3758

Call Mark Stevens at (330)

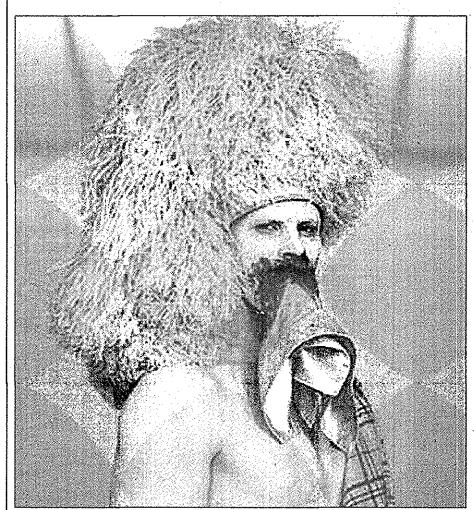
#### Nyabinghi, Tonìght-Andi Camp, Six Parts Seven, Racer Mason. <u>Fridav</u> Gil Mantera's Party Dream, Grand Buffet, Baleen. <u>Saturday</u> - Tristan De Cuhna, ZU

#### Cedars, Friday - Barrel Ghost, Officer 27. Saturday - November Loop Plaza Cafe - Tonight - Chris Ryan & The Noise, Donny Brook. Saturday Sea to Shove, Red Umbrella, Eve to Adam

<u>Weekend Calender</u>

#### Film Review

# 'The Cremaster Cycle' wows viewers





**GOOD SHOW:** Four of The Cremaster Cycle films debuted at The Melwood Screening Room last weekend. The fifth and final installment is scheduled to run this weekend.

By SARA TKAC The Jambar

Thursday, September 25, 2003

The first image you will see is of a strange man-like creature with pointed ears and orange hair in a tuxedo, tap-dancing around a small black box on the floor. The floor suddenly starts dissolving yet the creature keeps with his dancing. Thus begins The Cremaster Cycle films.

Matthew Barney's Cremaster Cycle is a vivid, imaginative, stunning and shocking piece of cinematography.

The series includes five films, each one splendid and rich in metaphor and symbolism. Barney's characters, creatures from his overactive imagination, are played by the artist, and other actors, including Ursula Andress and Richard Serra. Included in character list, are bored flight attendants, 2 Goodyear Blimps, Bronco Stadium, a beautiful woman with glass legs who turns into a cat, giants, gnomes, The Isle of Man, The Chrysler Building, a French bulldog, a Sea-God and lots of bees. The sculpture, make-up and music become a part of the character list.

The films are mostly non-verbal, although Cremaster 2 has some dialogue. The soundtrack is amazing. From country western to operatic overtures, it covers many genres of sound, making the films that much more powerful.

Although Barney had a particular vision in mind, each person interprets the films into their own story, which is part of the phenomenon of the films.

The five films incorporate sculpture, drawing, photography, cultural myths and personal fantasies. Barney began work on the films in 1994, and finished his work in 2002. He then began working on the premiere at The Guggenheim Museum in New York, NY, which officially began in the spring of 2003. The premiere not only included the films, but also each piece of sculpture from the films and still photographs of all the characters. Barney and his art took up all 5 floor of the museum and all spare rooms including the theater. Not only was the premiere at the Guggenheim, but Cremaster 3 was filmed there as well.

Four of the films played last weekend at The Melwood Screening Room in Pittsburgh, PA, and another is scheduled to finish out the

Call Sara Tkac at (330) 941-1990.

#### **Commentary**

# Butler, McDonough fight to the death?

BY MATT WATTS The Jambar

Throughout the course of history, it has become second nature for neighbors to feud. Take the Hatfields and the McCoys. The Browns and Steelers. And to a lesser extent, my neighbor "Marsha" and I.

So, upon learning that I had to do an article featuring the two museums on Wick Avenue, I anticipated more of the

I first went to the McDonough Museum of Art to find out what was going on. I was greeted by Assistant Director Angela DeLucia. We sat down for an interview, and I picked her brain.

"Things are always changing here," DeLucia said.

And she was right. The McDonough usually makes changes every month or so. Right now, they are featuring work by the studio art faculty of YSU. It's all part of their Biennial Faculty Exhibition, which is

running now through Oct. 3. But what was the best thing they had? That's what I wanted to know. She thought that maybe I would like to answer that one for myself. We took a tour of the place.

After walking, we came to a work called "See No Evil, Hear No Evil, Speak No Evil, Fear No Evil." It was crafted by Andrew Bac. This, I imagined, was the McDonough's idea of beating the Butler on a last second Hail Mary or something. Maybe winning a property dispute. Yeah, remember that one "Marsha?" You'll never get over the fact that I own half of your driveway.

It's a laser-crafted work that's really no bigger than a construction brick. Maybe that added to the appeal. Sort of a sword-in-the-stone kind of thing. I told her this was my favorite piece, and she wasn't surprised. "I think younger people like things that pop out at them," DeLucia

I thought I might get a second opinion just to make sure.

Enter freshman Matt Corsale. "It's

"Surely the Butler's slogan had to be 'antieverything McDonough' or something."

nice." Nice? I want to know if you think it is the most appealing piece here? "That's hard to say. It does stand out compared to most of the other exhibits." Why? "Because it's not the same work." Fair enough.

The McDonough plans on displaying the works of President Feng Jian-qin of the Nanjing Institute, China for their next exhibit Beginning Oct. 17. Beginning in December, they will also highlight the works of art students graduating from the university this fall. Boasting a reputation based on "contemporary ideas, art, education, and community" the McDonough fares well against its nemesis the Butler.

I crossed Wick Avenue, narrowly escaping a speeding white Cavalier to the tune of a really loud car horn type sound. I should say I ran, and if you have ever seen anyone running with a backpack on, you can guess how much of a dork I am

I met with the Butler Public Relations Director Cathy Earnhardt. I wondered how they responded to their crossroad

Surely the Butler's slogan had to be "anti-everything McDonough" or something. Instead, Earnhardt said, "Our mission is to collect and show American art." Hmm. She's bluffing. What about the

"Oh no, I think [the two museums] complement each other. They both show

She continued, "Some of the things we do are similar. We kind of run along paral-

Ah-ha! I saw an opening. So there is a big rivalry?

I envisioned tailgaters on each side of

the road, hissing and booing each other

like crazed maniacs. But, no. Their goals, I came to understand, are one in the same. Art is not com-

petition as much as it is a celebration. I made a recovery. "What are the new things at the Butler"?

That's a good question. I went forward. "Right now, we are showing realist paintings by Richard Schmid," Earnhardt said. Schmid had spoken at the Butler Sept. 6.

The Butler is also running a collection of holographic works by Phillipe Boissonnet (ah, thank God I'm not in broadcasting) which goes nicely to "complement" the McDonough's crowned

I also found out by taking a tour that the Butler has just opened Andrews Pavilion, a new wing containing an expanded gift shop, café and sculpture gallery. After the first of the year, the Butler will be celebrating its 85th year of operation. Interesting. Again, I needed an outside opinion.

Re-enter Freshman Matt Corsale (clever, huh?). He's an engineering major, so I'm sure his opinion on the new addition is arbitrary.

"A+". Oh come on, Matt. That's too easy. "Well it's not falling over, is it?"

He had a point. As for the art, "It's bigger here, so they can show more stuff." And? He told me to stop asking so many questions. Why? He karate-chopped me.

Ok, maybe I didn't get the real grip of art at the start. But like Rocky said to the Russians at the end of Rocky IV, "everybody can change." It's hard to say which museum delivered the knockout punch, but it wouldn't hurt for you to go down and decide for yourself.

As for Marsha and I, there's no art involved there. She's cold like the Siberian winter. Shame on you, Marsha. Shame on

Call Matt Watts at (330) 941-3523.

# Program looking for 'sick' students

By Christina Poe
The Jambar

Were you one of those people that could fake sick to get out of class in high school?

If so, the Standardized Patient Program (SPP) at Northeastern Ohio Universities College of Medicine (NEOUCOM) may be looking for you.

The SPP, located on NEOUCOM's Rootstown campus in the Center for Studies of Clinical Performance, is looking for volunteers ages 18 to 40 to depict patients for NEOUCOM medical students.

In collaboration with NEOUCOM, Youngstown State, Kent State University and Akron University all offer a two-year joint B.S./M.D. program where students can earn various bachelor's degrees before moving on to NEOUCOM to complete their medical degree.

Lisa Lambert, the coordinator of public relations at NEOUCOM, said students are categorized differently, based on their status at NEOUCOM and their class rank.

"[Before attending NEOUCOM] they're called C1, C2 and C3 students," Lambert said. "When they come to NEOUCOM's Rootstown campus to begin medical training, they're referred to as M1-M4 students."

It is at NEOUCOM that these M1-M4's will take part in the Standardized Patient Program

In this program, students interview and perform exams on their "patients". These "patients" are volunteers who pretend to have various medical conditions.

Kate Axiotis, a
Standardized Patient
Recruiter/Trainer for
NEOUCOM, said persons
interested in participating as
patients in the SPP program
can call a recruiter and fill out
an application. She said participants are chosen based on the
needs of the program.

Once interested parties are determined to fit the criteria of the program and complete a phone interview, they are then trained so that they can give an accurate, consistent portrayal of the medical condition that they are enacting.

Lambert said YSU currently has 93 students enrolled in its B.S./M.D. program.

One of these students, freshman Keira Beachler, said the SPP program will give her and other students the ability to recognize certain conditions faster.

"It's good because we'll get to analyze lots of different problems and conditions," Beachler said. "We'll be able to recognize illnesses right away."

Axiotis said that students would not only gain a higher awareness of certain conditions, but they will also be prepared to interact more effectively with patients of various backgrounds and ages.

Those interested in volunteering for SPP can contact a Standardized Patient Recruiter/Trainer at 330-325-6747 or 1-800-686-2511 ext. 6749.

Call Christina Poe at (330) 941-3523.



#### **Fashion**

# Style goes knee-high with trendy socks

By JENEE OSTERHELD Knight Ridder Newspapers

Fashion is a funny thing.

One minute it's the trucker hats, the next it's the jerseys. Now it's the

socks.

Not fancy socks either. We're talking 1980s, wear 'em high, Dr. J-

style tube socks.

"Socks are huge for the fall," says
Tina Wells, CEO of Buzz Marketing
Group, based in New Jersey. It's really a play off the mod trend crossed
with the athletic trend, she said.

Jersey dresses were big during the summer, and an easy way to carry the athletic trend into the fall is with the tube sock, Wells says.

Classic footwear such as Kangaroos, Pumas and Converse are all coming back for the fall, and tube socks are a great way to complement the style. They also lend an urban edge to the ever popular miniskirt, Wells says.

They are often worn with Converse All-Stars or Nike Air Force Ones. And color coordination is a must.

"It's an expression of your individuality and personality," says Teandra Howard, 17, of Kansas City, Mo., who endorsed the sock trend when it began at the start of the summer.

"I saw them in hip-hop videos, but when I visited St. Louis, everyone was wearing them," she says.

Tube socks were hard to find at first, Howard says, so she brought a bunch back from St. Louis. But by the middle of the summer the socks were everywhere, from shoe stores to fashion boutiques.

"There are so many different colors and ways you can put it together. It's about how you feel," says Howard, a high school senior.

You might be happy and go bright with pink or green, or if you're feeling more laid-back, you might go navy, says Howard, who wears her socks with jerseys and team tees.

The socks are a part of the jersey trend and just as quick as it came, it

will go and something new will pop up, she says.

"But I think the athletic trend will stay and flip a little with football jerseys," she says.

Helena Taylor likes to sport her socks with net shirts, jerseys, jersey shorts and denim skirts.

"I like the sense of style involved and how it's coming back from the old-school basketball days," says Taylor, 15, a high school sophomore in Kansas City.

"It's an athletic thing that girls can get into. Boys have the throwback jerseys and girls have jersey dresses, shorts and tube socks."

As it gets colder it will move into football jerseys and cuffed jeans with the tube socks pushed down, Taylor predicts.

Maybe instead of tube socks, they'll match the football jerseys with leg warmers, which also are appearing in fashion boutiques this fall.

"You shouldn't wear just anything with the sporty look," Taylor says. Keep it athletic, don't dress it up and don't do it just because it's trendy, she says.

"If you wear the socks, add your own style to it and do it because you're feeling it, not because you're trying to copy what you see on television."

A FEW PLACES YOU CAN BUY

American Eagle, \$8.50 Wet Seal, \$8.50 Footaction USA, \$10

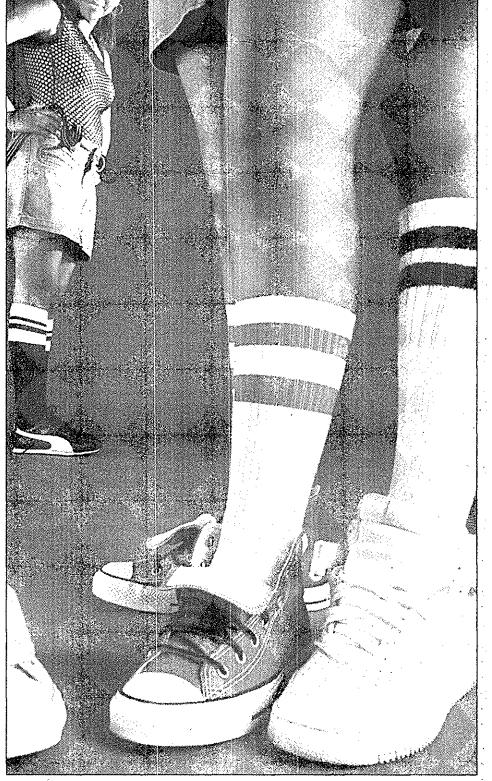
HOW TO ROCK THE SOCKS Show your socks. Wear shorts, a jean skirt or cuffed jeans.

jean skirt or cuffed jeans.

Keep it sporty: jersey dresses, jersey shorts, athletic tees, airbrushed tank tops or netted shirts.

Wear a pair of solid white socks, then place a wristband that coordinates with your jersey on top, below the knee.

Coordinate. Most people match the socks with their top. And often the shoes are coordinated as well.



KRTCampus.co

TRENDY FEET: Tubesocks are making a comeback in current fashion trends.

# Experts say sleep vital to our well being

By PATRICIA CORRIGAN Knight Ridder Newspapers

ST. LOUIS \_ Sleeping five or six hours a night and bragging about it?

You may think you're getting away with something, but your body knows better. Most people require at least eight hours of sleep each night for optimum functioning. If you're routinely staying up late to go online or out dancing, your body is paying a high price.

People in the sleep disturbance business say "chronic under-sleeping" increases the risk of accidents, may suppress immune function and could lead to heart disease, diabetes or other dangerous health conditions. All of that is in addition to less serious repercussions, such as decreasing your productivity, making you irritable and causing you to doze off at the weekly staff meeting.

You say you can live with that? Think

again.

"We know that if we deprive rats of sleep, their body temperatures plummet and they die. That tells us that the body has an internal need for sleep," said Mark Muehlbach, clinical director of the Clayton Sleep Institute, an agency that tests people for sleep disorders.

Few people would deny that a good night's sleep makes them feel refreshed and restored. Some studies show that sleep may allow the body to remove toxins and restore damaged tissues. Others show that sleep may help us store memories in the brain and "get rid of nonsense." Some researchers are trying to determine the effects of sleep deprivation on the immune system. And at least one study has reported that people who drive while sleep-deprived cause as many accidents as people who drive drunk.

ple who drive drunk.

For years, sleep experts have recommended that adults get at least eight hours of sleep a night to function properly. Yet a poll conducted in 2000 by the National Sleep Foundation (www.sleepfoundation.org) found that "on average, adults sleep just under seven hours during the workweek" and that one-third of adults sleep only six and a half hours or less nightly. The foundation, a nonprofit organization that supports sleep- and fatigue-related education, research and advocacy, also learned that "a full 45 percent of adults agree that they will sleep

less in order to accomplish more."

That's because many of us are under the impression that sleep is not as important as the other things we do, says Dr. Kimberly Zoberi, a family practitioner in Des Peres, Mo. "We live in a society that

"We know that if we deprive rats of sleep their body temperatures plummet and they die."

— MARK MUEHLBACH Clayton Sleep Institure

tells us we can do every single thing, and we really can't," she said. "Something's got to give, and unfortunately, it's often our personal well-being."

And every afternoon, when our eyes ache to close for just a few minutes, we lie about the seriousness of the situation.

Matt Uhles, a coordinator at the Clayton Sleep Institute, cited a poll conducted in 2002 by the National Sleep Foundation. "Fully 99 percent of participants admitted that a poor night's sleep will impact performance the next day," he said, "but 48 percent reported that they thought it was 'normal' to be sleepy in the

afternoon."

It's not. If we got enough sleep each night, we wouldn't feel sleep-deprived during the day. That's not to say that almost everybody doesn't experience a dip in the natural rhythm of the body in the afternoon.

afternoon.

"We do have a natural 'sinking period' from 2 to 4 p.m. each day, a time when we should slow down," said Uhles. "Other societies have a siesta at this time, but we Americans refuse to take daily naps." If you are running on something close to empty, that natural dip will be harder on you.

Why don't people get enough sleep? Too many temptations.

"As a result of indoor lighting and around-the-clock entertainment, our sleep patterns have changed dramatically, even though our need for sleep has not," said Zoberi. "Now when the sun goes down, instead of ending the day as our ancestors did, we go to the movies, do household chores, watch TV or head for the mall."

Uhles agreed. "Most people sleep by default," he said. "In fact, a large portion of the population sees sleep as an unnecessary evil."

Some people, of course, suffer from sleep disorders. And studies show most people deal with sleep disorders on their own, perhaps choosing an over-the-counter medication at the pharmacy or grocery. Zoberi isn't opposed to that solution, at least for a few days. "Over-the-counter

medications are OK for very short-term use \_ maybe two or three days in a row,"

How do you know when sleep deprivation has surpassed being an occasional problem and developed into a disorder? If you've had trouble sleeping off and on for a month or longer, Zoberi suggests seeing your doctor.

Insomnia \_ the ability to fall asleep or stay asleep \_ is the most common sleep problem, and about half of older adults report frequently experiencing at least one symptom of insomnia. Insomnia itself may be a symptom of another sleep disorder, including sleep apnea, restless leg syndrome, involuntary leg jerks or narcolepsy, which is a disorder of the central nervous system. Depression or anxiety also may contribute to a loss of sleep.

"Most disorders are treatable, and usually we can put people back to sleep," said Muehlbach.

Sometimes, people overlook a string of sleep disturbances during the week, figuring they will catch up on lost sleep over the weekend. Zoberi isn't buying that. "Our bodies do try to catch up, and if given the opportunity, you will sleep more," she said. "But does catching up erase the damage you did over the last five days? No. It's better to get the right amount of sleep, let your body have time

to do its restorative functions, each night."
You may be thinking that naps are the answer. They aren't. A short nap does not provide the deep sleep your body needs. Also, a nap that lasts too long can interfere with sleep later that night. However, Zoberi said a 30- to 45-minute nap about the same time every day "can refuel you to get through the next set of challenges."

Even people reluctant to go to bed earlier or take short naps are likely to admit there is an innate attraction to the idea of personal downtime. "We tell people to think of sleep as a minivacation that you take every day," said Uhles. "You can't get around it, because you can't survive without sleep. It's in the top three, along with water and food. Your body must have it."

Why remains a mystery. In spite of the countless studies that show how sleep helps us, researchers do not understand precisely why we need sleep.

precisely why we need sleep.

"That is the million-dollar question,"
Muehlbach said. "All research shows that
if we go without sleep, we get tired, which
is the body telling us we need to sleep \_
but we don't really know why. Still, since
we spend about one-third of our lives
sleeping, we would hope there is more
than one single function that benefits."

## COURT, continued from page 1

trial, could be resolved in as

little as three months.

"This is the kind of case usually decided on a summary judgment," he said. He said the judge would most likely decide the case because there are no facts in dispute.

"The rule is a restraint of amateur athletes who were strangers to the collective bargaining process," the suit says. Yesterday's lawsuit came a

day after Milstein, Clarett's mother and NFL officials met in Washington.

"The purpose of the meeting was we expect Maurice to be one of their employees in the very near future," Milstein told the AP. "We wanted them to know what we were going to do and why we need to do

While the lawsuit did not come as a total shock, Aiello said he was surprised at the

"We thought we were going to have an opportunity to respond after the meeting," he said. "We're just disappointed that we were not allowed to do so."

While Ohio State coach Jim Tressel has said he maintains contact with Clarett, he told reporters at his press luncheon yesterday he became aware of the lawsuit just min-

utes before the luncheon.

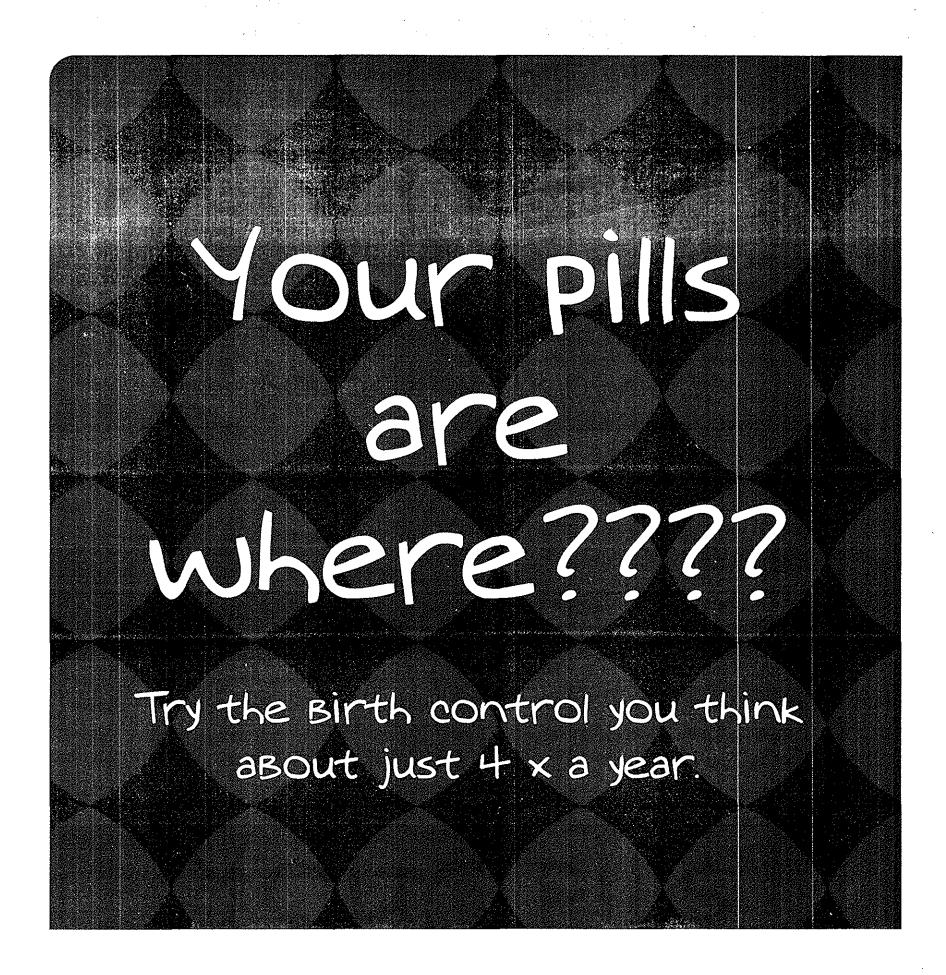
"I don't know really much of what's behind the decision, so I don't know if he's testing the waters or how he's approaching it," Tressel said.

Ohio State Director of Athletics Andy Geiger was not surprised by yesterday's filing, saying only the timing was

news to him.

Earlier this month, NFL commissioner Paul Tagliabue was asked if the league could win a lawsuit like Clarett's; he said the NFL had a strong case and would win it.

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# Over 50 attend African American Dialogue conference

By Trina Quarles The Jambar

Last Saturday a collective group of influential community leaders gathered in Kilcawley center for the First Annual Conference for African American African Dialogue.

More than fifty people attended the eight-hour conference that started at 8:30 a.m. Many of the speakers shared their personal experiences along with advice on their

education and community development.

Before everyone scattered into their particular sessions, the group sat attentively listening to the keynote speaker Dr. Earnest Perry, chief of surgery for Forum Health.

Perry spoke on the importance of making health care available to all citizens.

respective topics. The event was divided into several sessions on health and health care, economics,

speakers to arrive. In the session dealing with educational issues, Samuel Adu-Poku, associate professor in the department of art, said that cultural diversity in education is a personal concern.

citizens

decision of going to the doctor

for their children and that

should be rewarded for work-

ing hard and they deserve

be taught to provide "culture"

any conscious or unconscious

the attendees dispersed into

bias against their patients."

Perry said that people

Perry said doctors should

"Doctors must not possess

As Perry's address ended,

several corners of

shouldn't be," Perry said.

quality health care.

"Cultural diversity holds the promise of greater opportunity for Africans and African Americans," Adu-Poku said.

Adu-Poku said it was

of important for black children to and development session and black football coaches. Then I Youngstown are faced with the of their education, as early as or providing food and clothing grade school.

> "Children of African descent need to know where they are from, in order to fully understand who they are," Adu-Poku said.

> Ben McGee, superintendent Youngstown City Schools, also shared in the dialogue on educational issues. McGee. spoke of a possible after-school program for students to provide them with exposure to the struggles that are faced by the peoples of Africa.

McGee also spoke of Kilcawley, waiting for their teaching college students and those younger — the value of education.

"Children seek out what they think holds the most value in society. We need to reach them with a 'positive

conspiracy'," McGee said.

Williams, McCullough Sterling founder McCullough Williams Funeral Home, shared his life's experience during the community

have exposure to Africa as part how he has used his life's lessons to help build up Youngstown.

75-years · At McCullough reflected on his experiences as an individual dealing with dialogue of racial identification and discrimina-

"I went from being colored to being a Negro, to being black, now finally I am an African American. I'm proud to be an African American," McCullough Williams said.

McCullough Williams described segregation in 1949 as being "segregation at its best". "In 1949 black students

couldn't live on campus. You couldn't even play college basketball if you were black," McCullough Williams said. McCullough Williams

spoke of the trials he faced choosing a career as a black youth.

"At first I wanted to be a football coach but I looked around and I didn't see any

thought about being a journalist but again, I didn't see any black journalists. All I saw

were black funeral directors." McCullough Williams has been a funeral director for over 50 years.

He said the turning point in his life came in 1956 in a hotel restaurant in Cleveland.

"I still remember the date, August 6, 1956. I was sitting in a hotel restaurant and a man came up and introduced himself as Martin Luther King, Jr. He told me about the bus boycotts," McCullough Williams said. "When [Martin Luther Kingl gave his speech that evening, there were 600 people in the auditorium and it was so quiet you could hear a pin

"I was so impressed that I was determined to come back to Youngstown and make a difference.

McCullough became Youngstown's first black councilman in 1957.

McCullough Williams

Youngstown City Hall.

Jay Williams, who also serves on the Youngstown 2010 project, spoke on the importance of community development in Youngstown.

was followed by Jay Williams,

the community developer for

McCullough Williams set the ground work. Now it's up to us as citizens to continue what he started," Jay Williams said.

Jay Williams compared the citizens of the country of Ghana in Africa to the black citizens of Youngstown.

"Youngstown's resources may not be as bountiful as Ghana's but in both cases if the citizens are not managing the resources then they are not in power," Jay Williams said.

In closing, Jay Williams said, "We need to use our knowledge, skills, talents and abilities to help our communi-

Call Trina Quarles at (330) 941-1913.

#### FRY, continued from page 1

Fry was ordered to additional probation and to seek additional treatment during his March hearing. The type of treatment was not explained and Girard probation officials said they cannot release any details about the terms of Fry's probation.

Fry, who has refused comment in the past, could not be reached Wednesday.

Provost Tony Atwater said he could not comment about the probation violation.

"Truth is, I have heard about it," Atwater said. However, Atwater directed all comments to Director of Faculty Relations Thomas Maraffa.

Maraffa could not be reached for comment late Wednesday afternoon to discuss the probation violation. Earlier Wednesday, before The Jambar had knowledge of the probation violation, Maraffa characterized Fry's earlier

Maraffa said there were discussions between universi- 941-1991. ty officials after news of Fry's

arrests surfaced. "Nothing was put into his personnel file because it is a confidential matter, his private life," Maraffa said. "We recommended a few things. Whether he took those into consideration, I don't know? He would have to share those recommendations with you."

Girard Prosecutor Bob Johnson said Fry was supposed to have met once a month with a probation officer, where he was to talk about his possible drug or alcohol prob-

Fry was arrested in his DeBartolo Hall lab Sept. 10, 2002, on the vehicle charge. In August 2002, Hubbard Township police arrested him for the weapons charge at his

A year earlier, Fry had been arrested and convicted of marijuana abuse. He had been ordered to pay fines to the court for that charge.

Call Angela Olin at (330)

#### CREDIT, continued from page 1

credit card. With the constantly rising prices of many of today's commodities such as gasoline and food and money not always being on hand, a credit card can become a necessity for many. It is also very common to forget how much is charged to the card and over-spend, something most students find out the hard way.

With the credit card so common these days, the once daunting task of getting approved for the card is now a painless process. In fact, many first year college students have already had credit cards for a while and have also ran into problems with debt due to not paying attention to how much they spend.

One such company that deals with card approval from not only current students, but up-and-coming students as

well, is Capital One Visa. Their guidelines for card approval are

quite easier that what some assume.

Applicants must simply be 18 to get a card without parental consent to get approved, while individuals as young as 13 can receive a card with parental approval and a co-signer. If an applicant has no credit history, which many students don't, a minimum credit line of \$200 is issued.

On a positive note, don't be surprised by the diminishing number of credit card companies set up at tables in Kilcawley

"The number of representatives of these companies has been getting lower and lower for whatever the reason" said Mary Margaret Hovanes, Assistant

Center. She continued, "Three student organizations used them as a fund raiser

last year, as opposed to 17 the year before." A part of the reason may have been due to representatives for the credit card companies violating university policy. Hovanes said, "For a credit company to put up a table, it must be in Kilcawley Center. If that company is not in the building, or they are alongside of a particular building, they should not be here. If university police notice this, they ask them to

Most credit card companies use a process of collecting interest on unpaid balances known as annual percentage rate (APR). When companies put this finance charge on an unpaid bill, interest will raise the final payment until it is paid off. This misleads some students into paying the very smallest amount possible, thinking that this can help pay the bills, when this actually makes the final bill higher.

Before running into a situation that can get out of hand, there are companies that give advice to anyone that might be afraid of running into debt. Alliance Credit Counseling is one of the many companies out there helping people who might find themselves in a jam by managing their money or credit in the best way.

Jane Alleson, a representative of the company, states that the majority of the people who call in daily are people under the age of 27. Out of those people, at least 1 in ten owe from \$6000 to \$10,000.

They suggest to limit the cost of spending by averaging out how much is Administrative Director of Kilcawley made by a person and how much money is

needed for necessities. Anything that isn't needed can be covered by cash or purchased at a later date. The company also suggests that any of the major credit cards Visa, Discover and MasterCard around the same for interest rates.

Some students are fortunate enough to never run into debt and have no credit problems throughout their lives. Even if they're running low on cash, they always find a way to get out of a jam.

"Even though credit cards can lead to trouble sometimes, they can also help out greatly," says sophomore Janet Kennehan. They have gotten me out of some pretty expensive situations since I was 16. It's just making sure to be responsible with them and judging how much you really need to charge on the card. I think as long as a person handles them with care and doesn't spend their money on unnecessary things, a credit card can be a great thing"

In some cases, many students use them just for emergency purposes and that appears to be the most beneficial in the end. Keep in mind, you may have wans that someday you will have to pay back and your jobs outside of school may not be enough.

If you are one of the many full- or part-time students who must use them, be smart with them. Don't abuse what you don't have, and keep in mind that using multiple cards may lead to some tough binds financially when you take that long walk to the mailbox at the end of the

Call Mike Vlaiku at (330) 941-1913.

## WHAT A CHILD LEARNS ABOUT VIOLENCE CHILD LEARNS FOR LIFE Teach carefully. We can show you how Call 877/ACT/WISE for a Irce brochure or visit www.actagainstviolence.org

**DEPO-PROVERA\*** Contraceptive (sjection

#### MAJOR, continued from page 1

sity's Internal Audit depart-

ment was a wise idea. "[Outsourcing the Internal Department] will cost the university more money," Domhoff said. "A firm outside of the Youngstown area will probably also be hired, which will mean university money will not be benefiting the area."

Call Christina Poe at (330) 941-3523.

#### SGA, continued from page 1

drawn accounts. SGA Vice President Adam Vukovic greeted the debit card plan with cautious optimism.

heard before a decision is our attention," she said. made. Students need to know

not issue monthly statements. if there are any hidden costs or cussed extending Maag combat the costs. A \$25 fee is applied to over- any other penalties," Vukovic Library's business hours.

said. SGA form a committee to seek "All the facts need to be very important and deserves McNicholas. The cost covers

SGA officials also dis-

Each additional hour the Eckman suggested that library is open would cost \$65 out information. "This issue is Campus Life Ryan tion.

staff and facility maintenance. Grants are being sought to 941-1913.

SGA members are also seeking a grant to update the special needs students' lounge to \$75, said SGA Secretary of or add a second lounge loca-

Call Trina Quarles at (330)

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prone acetate injectable suspension, USP) This product is intended to prevent pregnancy. It does not protect against HIV infection (AIDS) and other sexually transmitted diseases.

infection (AIDS) and other soxually transmitted diseases.

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OEPO-PROVERA Contraceptive Injection is a form of brith control that is given as an intransactive injection is a form of brith control that is given as an intransactive injection proper and once every 3 months (13 weeks). To continue your contraceptive protection you must return for your next injection promptly at the end of 3 months (13 weeks). DEPO-PROVERA contains methodisprospecterone execute, a chemical similar to (but not the same as) the natural hormone progesterone, which is produced by your owness during the second that of your menstrual cycle. DEPO-PROVERA acts by preventing your egg cells from inpening if an egg is not released from the owness during your menstrual cycle. In cannot become fertilized by sperm and result in pregnancy. DEPO-PROVERA also causes changes in the lining of your uterus that make it less bleby for pregnancy to occur. How effective is DEPO-PROVERA Contraceptive injection? DEPO-PROVERA Contraceptive injection of DEPO-PROVERA Contraceptive injection on the program of DEPO-PROVERA Contraceptive injection. In the institution of DEPO-PROVERA Contraceptive injection must be year ONLY during the first 5 dust of a normal mentitual period ONLY within the first 5 dusy after childbrith if not breast-feeding and indexts reports of DEPO-PROVERA Contraceptive injection. ONLY within the first 5 dusy after childbrith if not breast-feeding and indexts reports of the most reliable methods of birth control available. This means that the average annual pregnancy rate is less than one for every 100 women who use DEPO-PROVERA. Contraceptive injection is one 99% effective making it one of the most reliable methods of birth control available. This means that the average annual pregnancy rate is less than one for every 100 women who use DEPO-PROVERA. The effectiveness of most reliable methods of birth control available in this reliable method. The effectiveness of DEPO-PROVERA is not other contrace

The following table shows the percent of women who got pregnant while using different kinds of contraceptive methods. It goes by the contraceptive methods it goes by the contraceptive method is goes by the contract of pregnancy (the rate expected in women with use each method abundle and radiated by userfy and the typical rate of prognancy (which in account who become pury) the contract of because they did not follow the direct owners, and the contract of the prognancy of the contract of t

Method	Lowest Expected	Typica
DEPO-PROVERA	03	0.3
Implants (Norplant)	02*	02*
Fernale sterozation	G.2	0.4
Male stenization	01	0.15
Oval contraceptive (p. i)		3
Combred	0.1	
Progratogers arey	05	
430		3
Progestusers	2.0	
Copper T 399A	0.8	
Condom (without spermicide)	Z	12
Guphrugm (with spermickle)	6	18
Cerval cap	6	18
Withdrawa	4	18
Periodic abstracrice	1.9	20
Spermicide alone	3	21
Vigral Sponge		
used before childbirth	6	18
used after children	9	
A	. 61	1 1

Source: Trusses et al Obstet Gyneco: 1990,76359 56 \*from Norplant\* parage elect.

Who should not use DEPO-PROVERA Contraceptive Injection?

Not all women should use DEPO-PROVERA. You should not use DEPO-PROVERA if you have Not all women should use DEPO-PROVERA. You should any of the following conditions:

• if you think you might be pregnant.
• if you have any vaginal bleeding without a known reason.

Birth control you think about just 4xa year.

irregular or scanty menstrual periods
 high blood pressure
 irregalar headaches
 asthma

attima
epilopy (consisions or seizures)
dubetes or a family history of dubetes
a history of depression
if you are taking any prescription or over-the-counter medications
This product is intended to prevent pregnancy. It does not protect against transmission of HIV (AIDS) and other sexualty transmisted diseases such as chilamydia, genital horpes, genital warts, gonorrhea, hepatitis B, and syphilis.

What if I want to become pregnant after using DEPO-PROVERA countries of injection?

Because DEPO-PROVERA is a long-acting birth control method, it takes some time after your last injection for its effect to wear off. Based on the results from a large study done in the United States for women who stop using DEPO-PROVERA in order to become pregnant, it is expected that about half of those who become pregnant will do so in about 10 months after their last injection; about thirds of those who become pregnant will do so in about 15 months and about 93% of those who become pregnant will do so in about 15 months and about 93% of those who become pregnant will do so in about 15 months and about 93% of those who become pregnant will do so in about 18 months after last injection. The length of time you use DEPO-PROVERA has no effect on how long it takes you to become prognant after you sop using it. What are the risks of using DEPO-PROVERA Contraceptive Injection? What if I want to become pregnant after using DEPO-PROVERA Contraceptive

What are the risks of using DEPO-PROVERA Contraceptive injection? 
\*\*Inequire Measurati Bedeeting\*\*

The side effect reported most imageably by women who use DEPO-PROVERA for 
contraception is a charge in their normal mentional cycle. During the first year of using 
DEPO-PROVERA, you might have one or more of the following charges: irregular or 
unpredictable bleeding or spotting, an increase or decrease in measurable belong, or no bleeding, 
at all Unusually heavy or continuous bleeding, however inot a usual effect of DEPO-PROVERA 
and if this happens, you should see your health care provider inght away. With continued use of 
DEPO-PROVERA, bleeding usually decreases, and many women stop having periods completely, 
is clinical studies of DEPO-PROVERA. SS% of the women studied reported no ministrual 
bleeding (amenorinea) after 1 year of use, and 65% of the women studied reported no ministrual 
bleeding after 2 years of use. The reasion that your periods stop is because DEPO-PROVERA 
causes a resting state in your oranes. When your owners do not release an egg monthly, the 
regular monthly growth of the fairing of your uterus does not account and, therefore, the bleeding 
DEPO-PROVERA your mentaruit peniod does not take pace. When you stop using 
DEPO-PROVERA your mentaruit peniod does not take pace. When you stop using 
DEPO-PROVERA your mentaruit peniod with force.

DEPOTRIONERS poor and a second of the second 3 Cincer Studies of women who have used different forms of contraception found that women who used DEPO-PROVERA for contraception had no increased overall risk of developing cancer of the breast, owns, uterus, cervice. However women under 35 years of age whose first exposure to DEPO-PROVERA was within the previous 4 to 5 years may have a slightly increased risk of developing breast cancer smilar to that seen with oral contraceptives. You should discuss this with full health-care provider.

your health-care provider. 
4 Unexpected Prepancy. 
9 Ecause DEPO-PROVERA is such an effective contraceptive method, the risk of accidental prepancy for women who get their shots regularly (every 3 months [i 3 weeks]) is very low. 
While there have been reports of an increased risk of low birth weight and neonatal inlain death or other health problems is infants conceived dose to the time of injection, such pregnancies are uncommon. If you think you may have become pregnant while using DEPO-PROVERA for contraception, see your health-care provider as soon as possible. 
\$\text{Sallingle Reactions}\$

Some women using DEPO-PROVERA Contraceptive Injection have reported severe and potentially life-threatening allergic reactions known as anaphylaus and anaphylactioid reactions. 
\$\text{Symptoms include the sudden oriset of hives or swelling and itching of the skin, breathing of fliculties, and a drop in blood pressure.

6 Other Risks
If you have had a stroke
If you have or nave had blood clots (philebits) in your legs
If you have or nave had blood clots (philebits) in your legs
If you have problems with your liver of liver disease
If you have problems with your liver or liver disease
If you are alregic to DEPO-PROVERA (medroxyprogesterone acetate or any of its other ingredients).
What other things should I consider before using DEPO-PROVERA
Contraceptive injection?
Out will have a physical examination before your doctor precipies DEPO-PROVERA
If your health-care provider if you have any of the following an injection of DEPO-PROVERA (production of the problems occur following an injection of DEPO-PROVERA).
If you have a physical examination before your doctor precipies DEPO-PROVERA
If your health-care provider mendately if any of these problems occur following an injection of DEPO-PROVERA:
If you health-care provider mendately if any of these problems occur following an injection of DEPO-PROVERA:
If you have a physical examination before your doctor precipies DEPO-PROVERA
If you health-care provider if you have any of the following:
If you have a physical examination before your doctor precipies DEPO-PROVERA
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If you health-care provider if you health-care provider mendately if any of these problems of the vice your health-care provider in your health-ca

• sharp crieft pain, coughing up of 600d, or worden shortness of breath (indicating a possible cot in the lung).
• sudden severe headache or vomiting of whitels or fainting, prictiems with your eyesight or specify, weakness, or numbness in an arm or leg (indicating a possible stroke).
• severe pain or swelling in the calf (indicating a possible dot in the leg).
• unusually heavy wagnal bleeding.
• severe pain or tenderness in the lower abdominal area.
• persistent pain, pus, or bleeding at the injection site.
What are the possible side effects of DEPO-PROVERA Contraceptive Injection?
\*\*IMPath Contraceptive Injection? Weight Goin

You may experience a weight gain while you are using DEPO-PROVERA. About two thirds of
the women who used DEPO-PROVERA in clinical trials reported a weight gain of about 5 pounds
during the first year of use. You may continue to gain weight after the first year. Women in one
large study who used DEPO-PROVERA for 2 years gained an average total of 8.1 pounds over
those 2 years or approximately 4 pounds per year. Women who continued for 4 years gained an
average total of 138 pounds over those 4 years or approximately 35 pounds per year. Women
who continued for 6 years gained an average total of 165 pounds over those 6 years or
approximately 2.75 pounds per year.

ZOUTE Side Effects.

2. Does like Effects.

In a clinical study of over 3,900 women who used DEPO-PROVERA for up to 7 years, some women reported the following effects that may or may not have been related to their use of DEPO-PROVERA: Irregular menstrual bleeding amenormea, headache, nervousiness, abdominal cramps, doziness, weakness or fatigue, decreased sexual desire, leg cramps, nausea, vaginal discharge or imitation, breast swelling and tenderness, bloating, swelling of the hands or feet, bulksche, depression, insomnia, ance, peokic pain, on hier growth or excessive hair loss, rash, hot fashes, and joint pain. Other problems were reported by very few of the women in the clinical trulks but some of these could be senious. These include convulsions, juridice, unimary tract infections, allergic reactions, fainting, puralysis, osteoporosis, tack of return to fertility deep ven thrombosis purmonary embolus breast cancer, or cervoid currer, if these or any other problems occur during your use of CEPO-PROVERA, discuss them with your health-care provider.

Should any presentations.

Missed Pendis

During the time you are using DEPO-PROVERA for contraception, you may skip a period, or your pendis may stop completely: if you have been receiving your DEPO-PROVERA injections regularly every 3 months (13 weeks), then you are probably not pregnant. However, if you think that you may be pregnant, see your health-care provider.

2 Loboratory Test Interactions

effectiveness of DEPO-PROVERA if the two drugs are given during the same time. If Number Methods is a passed to the nursing infant in the breast mist no harmful effects have been found in these children. DEPO-PROVERA does not prevent the breasts from producing mist, so it can be used by nursing mothers. However, to minimize the amount of DEPO-PROVERA that is passed to the infant in the first weeks after birth, you should wait until 6 weeks after birth, you should wait until 6 weeks after birth you should wait until 6 weeks after birth you should wait until 6 weeks after birth you should wait until 7 have considered to a first own of the considered the same that you are not pregnant as the time of the first injection, it is essential that the injection be given ONLY during the first 5 dusy of a normal mensional principle. If used 60 passed in the first injection of DEPO-PROVERA https://doi.org/10.1001/j.j.com/10.1001/j.j.com/10.1001/j.com/10





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# YSPAN holds rally in attempt to change immigration attitudes

BY ELIZABETH TABAK The Jambar

in an attempt to change attitudes with regards to immigration and globalization, members of YSPAN held a rally outside of Kilcawley Center yesterday. While YSPAN members spoke of America as a melting pot, students had mixed reactions to their teach-in.

Members of YSPAN organized a teach-in Wednesday afternoon to discuss American immigration and globalization policies after Sept.11. The group was also looking for people interested in participating in the Immigrant Workers Freedom Ride, which "If your trying to put out a fire, call the fire truck not the ambulance."

> — Dan Griesemer Junior, commenting on YSPAN

will be meeting in New York

teach-in. The two spoke on the



Harver and Hannah Foster were the only two members YSPAN

outside of

Kilcawley

Center, Jacob

duration of the

present for the

brought in chains, or were Native American, what right do you have to make

tion and current

immigrant discrimi-

Mayflower, or were

the

nation myths.

came on

"Unless

these myths?" Harver asked. Next to their podium stood a table covered with flyers, pamphlets and sign up sheets for the freedom ride. There was also a jar for donations to fund a bus for the free-

As Foster walked around to students and Harver sang the lyrics to "This Land is my Land" a number of students

dom ride.

ten to what Harver and Foster formed on the topic. had to say.

Freshman Jennifer Carr to and supported their cause. Carr said that she agreed with what the members of YSPAN had to say about immigration

"Immigration is not a big deal. We have all of these freedoms; they just want the same," Carr said.

Karl Zehr, a member of the Youngstown Environmental Studies Society, stopped by to share his views on the issue of immigration using examples from the movie "Gangs of New

Some students, such as

"He's killing your cause," Stavrou yelled to Harver. "My was one student who donated father came here on a work visa and became a citizen...if he [Zehr] is going to represent me I think it's an insult."

> Staughton Lynd, an activist and lawyer, and Aamir also spoke at the teach-in. As ation. the speakers expressed their views, the crowds outside of Kilcawley began to dwindle.

Junior Dan Griesemer felt the shrinking number of students stopping was caused by student apathy toward the subject matter.

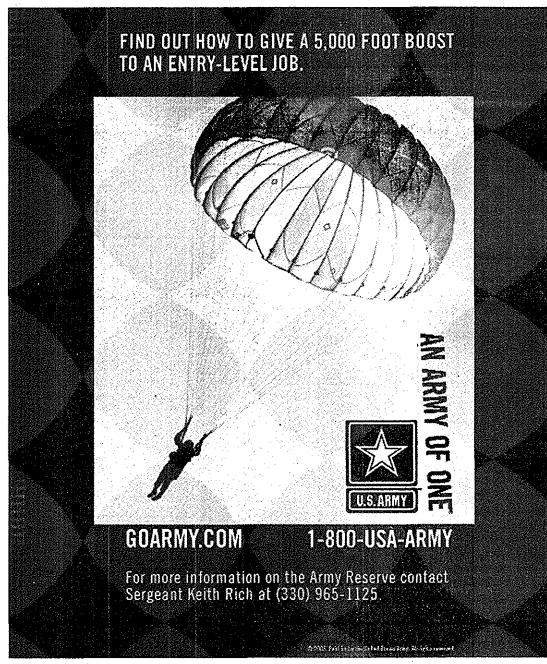
"Though I fully support 941-3758. Alexi Stavrou, felt that Zehr's freedom of speech, groups impromptu speech was unnecsuch as YSPAN only highlight

history of immigra- passed by. A few stayed to lis- essary, and felt he was unin- student apathy on subjects by trying to appeal to a group who doesn't care," Griesemer said. "If you're trying to put out a fire, call the fire truck not the ambulance.

Harver and Foster both said that they were trying to spark an interest in students who may not otherwise be Dean, a labor business agent, aware of the immigration situ-

> "We don't hold any grand delusions that we'll get something started today; we're just trying to get the word to people who are really interested," Harver said.

Call Elizabeth Tabak at (330)



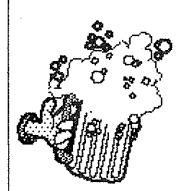


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Cosponsored by YSU Africana Studies, Department of Political Science, University Scholars and Honors Programs

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action for Dean-Kucinich type

universal-rational health care.

Contact Jack Labusch at

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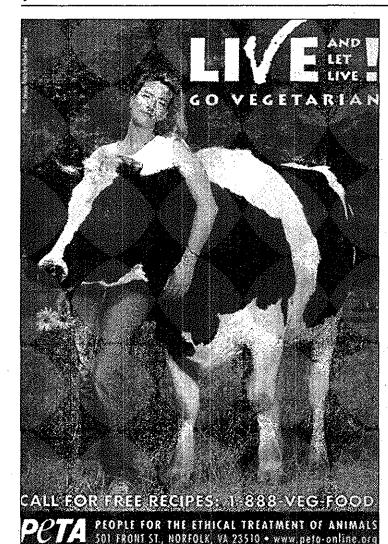
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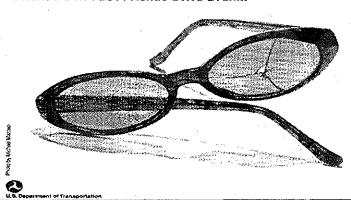
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throughout their organization. The SCA is recruiting several types of majors including environmental science, biology, communications/ writing, history, social sciences,

and computer science.

They are also willing to accept students from other majors who may be able to create their own type of internship opportunity

in service to the SCA. Career Services is sponsoring a general information session where students can come and meet a representative from the SCA. Find out how you can gain some valuable experience as an intern. Plan to attend the

Monday October 6th 7:00-9:00 P.M. The Gallery-Kilcawley Center

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information session on:

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# SPORTS RECREATION

#### Sports Wrapup

# Fall sports in full stride

By MARK STEVENS The Jambar

The world's largest pillow fight was shown twice by the 'worldwide leader in sports' on SportsCenter Tuesday night. In real sports news:

Men's Tennis Jumps to 2-0; Women fall to 1-0:

YSU's men's tennis team defeated the Duquesne Dukes on Sunday to run the team's recordto 2-0 on the young fall season. YSU was able to capture five of the six singles matches — even the loss was close — and all three doubles matches.

This year's team is led by seniors RJ Pepino and Kevin Schaffert, and will try to build on its early success this weekend when they journey up to Buffalo, NY for the CAN-AM tour-

Duquesne on Sept. 16 in the season's opening match. Since then, the Penguins competed in the Wittenberg Invitational where junior Karen Najbert and freshmen Gina Peretti and Nicole Muzechuk posted singles victories.

The women's team had a match yesterday against Pittsburgh and will battle UW-Green Bay and St. Francis (PA) this weekend.

Soccer team stumbles against

YSU's soccer team has fallen to 1- vidual crown by shooting a second 7 after a tough loss to Ohio State on round 74 to fall just one shot behind

Since rolling up 17 goals in a victory over Delaware State on Sept. 5, the Penguin offense has struggled mightily, managing just one goal in

the past four contests. The Penguins kick off Horizon League play this weekend with a match against Detroit in Michigan.

Softball Team Rolls to Invitational Win:

The YSU softball team kicked off their fall campaign with 4 big wins in the YSU Fall Softball Classic last weekend. The penguins defeated Clarion, Robert Morris and Canisius Stride:

YSU's hurlers were dominant as sophomore Kelly Murphy, junior broke the school record in her first Ashley Lockmiller and freshman ever race as a Penguin. With her The women's team lost to Karlie Brunell all posted victories and limited the opposition to but a few hits a game.

At the dish, senior Jenn Hartman led the way for the Penguins going 10 for 15. Also contributing for the Penguin offense were junior Kiisha Warfield, who hit .462 and senior Amanda Berry, who hit at a .333 clip.

Golf Teams Hit the Links:

On Monday, the YSU women's golf team finished in second place at the YSU Fall Invitational, Junior Gina Abruzzino nearly captured the indi-

the overall winner, Ali Meyer of

Also scoring well through the rain for the Penguins were senior Lori Hatcher (157), freshman Bonnie Sherman (164) and senior Jennie Fleiner (165).

The men's team was lead by Nate Komsa at the Butler Fall Invitational, which wrapped up on Tuesday. Komsa shot rounds of 76 and 74 and finished in the top 20. Overall, the Penguins finished in seventh place at the nine-team tour-

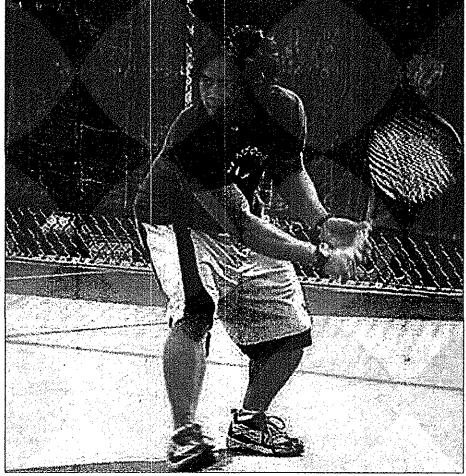
Cross Country Squad in Full

Freshman Lisa Davies nearly stellar performance, she was named the Horizon League Women's Cross Country Athlete of the Week.

Davies finished ninth overall at the Penn State Spiked Shoe Invitational on Saturday with a time of 22:04. The women's cross country team finished third overall.

For the men, Nick Buzek led the Penguins to a second place finish with a tenth place finishing time of 26:51. Senior Kurt Michaelis, junior Tony Orcena, sophomore Ryan Petrick and junior Paul Robinette all finished in the top 30.

This weekend the cross country



BJ Lisko/The Jambar

BACKHAND: Senior RJ Pepino (pictured) has helped the YSU tennis team jump out to a 2-0 record.

squads travel to New Rochelle, NY for the Iona Meet of Champions.

Volleyball Team Returns after Weather Delays:

After the Morgan State tournament was cancelled thanks to Hurricane Isabel, the Penguin volley-

ball team will take its 7-4 record into league play starting this weekend with matches against UW-Green Bay and UW-Milwaukee.

Call Mark Stevens at (330) 941-

#### Pardon 'The Jambar' Interruption

GAME	MARK STEVENS  "FAT HEAD"  RECORD STRAIGHT UP: 6-6 AGAINST THE SPREAD: 6-4	B.J. LISKO "THE COMMISH" RECORD STRAIGHT UP: 9-3 AGAINST THE SPREAD: 4-6	MICHAEL BALALE "THE NOMAD" RECORD STRAIGHT UP: 8-4 AGAINST THE SPREAD: 4-6
PURDUE (-10) VS. NOTRE DAME	goals. Touchdown Jesus has taken a knee and is praying to Reverend Field Goal anymore in South Bend. With their cur- rent offense, it's a shakedown breakdown Holiday night-	feebleness, and that has prompted head coach Tyrone Willingham to make a decision whether or not to stick with Carlyle Holiday as his starting quarterback. What he should do is stick a fork in him and try to spark something on the offensive side of the ball. Regardless of what he does,	Dame's comeback week. Unfortunately for the Irish, there are too many questions that won't be answered. If ND has any chance of winning, they'll have to do it without Carlyle Holiday,
OREGON (-4) VS. WASHINGTON ST.	way. But after seeing what they could do to a running game like Michigan's, I'm convinced that not only do they have a serious offense, there are some serious angry Ducks playing	last week. They face another formidable opponent in Washington St. Saturday but again have the home field advantage. Washington St. seems to be classic underachievers, beating up on weak opponents and getting stomped on by top ranked teams. I look for this week to be no different. Oregon wins 31-21.	the maize and blue, and this week, they host Washington State in a Pac-10 shootout. The Cougars' lone loss came to the Irish, so I have lost some faith in them. The Ducks are as potent offensively as anyone in the country and this week. The
USC (-13) VS. CALIFORNIA	lege football. It turns out that their stopping of Auburn was nothing to be excited about, since Angela, La'el and I could stop Auburn's running game this year. But shutting down	championship. They have annihilated their opponents to this point, and are coming off a thirty point thrashing of Hawaii. California won a close one against Illinois last week, nearly squandering the game in the fourth quarter. While Cal has shown that last year's success was no fluke, USC is simply too much for the Bears. <i>Trojans 38-17.</i>	shellacked the overrated Auburn Tigers and are riding on the coat tails of QB Matt Leinart who has the tools to take down Cal, who's only thumping came to Kansas State in the sea-
TEXAS A&M (EV) VS. PITTSBURGH	week. Texas A&M is going to have to deal with some pride issues after sticking close to Va. Tech only to have them pull away in the end. Pitt's offense comes to life in this one —	of their games. The second half has been a different story. Pittsburgh had a forth quarter meltdown themselves last week against Toledo and haven't been as explosive on offense as a lot of people predicted. I look for this one to go down to the wire. Still, I think the Panthers will pull this one	just ask the Pitt Panthers. This week they get their revenge on the road against a Texas A&M school that may struggle with Baylor. Pitt will look to put out the flames left from last week's fourth quarter meltdown and sophomore Larry Fitzgerald should have a career day. With their run-and-gun style, Pitt will expose the young Aggle secondary and win an
ALABAMA (EV) VS. ARKANSAS	with their former coaches, at least they might have a chance of scoring there. Arkansas was for real last year, and this year they're even tougher. I'm not knocking Northern Illinois	into Alabama to play the Crimson Tide. Arkansas is coming off an upset of Texas, while Alabama got whacked against Northern Illinois. I look for Alabama to continue its skid into oblivion under perhaps the most overrated coach in all of college football, Mike Shula. Razorbacks all the way, 35-20.	Tide host an undefeated Arkansas team that smacked the Longhorns two weeks ago. This week, their streak comes to an end as Alabama is coming off of a tough loss against N. Illinois and the home field advantage will come into play in a
YSU vs. Liberty	I've got nothing to say. YSU 52-12. Come on guys; I've been pulling for you for weeks.	they travel to Liberty. Coming off of two tough losses, I look	YSU travels to VA to play a very under-powered Liberty team that hasn't mustered up more than 7 points in any game this season. The Penguins handle the Flames and end their losing streak in a big way, demolishing the Flames 47-10
GENERAL COMMENTS	Did you know that the "Commish" used to be in a band called Hellvis? Wow. That's really clever man. Hell plus Elvis. Wow. Go you. Maybe that's where his sidebums come from. Or maybe your Flowbee only has one setting: bad. "Nomad" thanks for helping me at Best Buy the other day. For real, I appreciate it. Of course, that doesn't mean that I'll change my mind about us, if you know what I mean. Those were some nice speakers you showed me that you were getting for your room. I'm sure they'll enunciate the word "ambiguous" very nicely.	Jesus on them. Prayers won't help him pick the right games. Jesus may be your homeboy but I'd be willing to bet he could care less about football. Fat Head only prays to the god of pepperoni, that he gets his pizza delivered in 30 minutes or less. I was the only one to pick Florida Atlantic to win last	beat Arkansas at home. I think he's still mad at me for my car blocking his driveway; now he has nowhere to iron his pants before school. The Commish continues to lose prestige, especially after taking sides with our tiny friend Fat Head in the Alabama game. The Commish needs to spend more time doing research on his games, and less time making sure his