

**YSU
SUPER
FAN**
see page 4



THE Jambar

THE STUDENT VOICE OF YOUNGSTOWN STATE UNIVERSITY

Tuesday, January 30, 2007

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IN TODAY'S Jambar



Geo C 'Storms' into
Peaberry's
see page 4

Headlines

PAGE 2

Former faculty member's
donation benefits
students with scholarships

PAGE 6

Penguins' to host seven
home games in
2007 season

Pages

- ▶ Classified | 2
- ▶ Opinion | 3
- ▶ Ent./ Features | 4
- ▶ Sports | 6

Weather

today ▶ cloudy

23 | 13

wed.: cloudy 24 / 19
thur.: snow 30 / 18

YSU News

Study Tours in London and India

Twenty-two students and five faculty members from the Williamson College of Business and Administration traveled to Europe and India for a study tour, during the winter break. Students got a better understanding of the global trade and industry.

Faculty members Ram Kasuganti, Stanley Guzell, and John Russo went to India with 11 students and Mark Toncar and Larry Zielke took the other 11 students to London and Dublin. Students met with executives at a leading software company in Bangalore, the Securities and Exchange of India, Microsoft Headquarters, the IPC Systems Inc. and others.

For more information on the International study tours, call 330-941-3064.

Income Tax Preparation starts February 3

The Williamson College of Business and Administration Volunteer Income Tax Assistance Program will help people with their taxes.

The program is free and will take place on the fourth floor of Williamson Hall throughout February, March and April. The program is geared toward lower-income individuals and students.

Taxpayers should bring copies of W-2 and 1099 forms, a copy of last year's tax return and photo identification.

To make an appointment, call 330-941-3084. Walk-ins are accepted.

Master plan leaves Wick-Pollock in shadows

Jenny Boyce
NEWS REPORTER

Youngstown State University's \$131 million Centennial Master Plan – which includes renovations to campus buildings and establishing a symbolic link between the university and downtown Youngstown – does not include renovation to the long-deserted Wick-Pollock Inn anytime soon.

The construction of the University Courtyard Apartments in 2003 and the addition of the Andrews Student Recreation and Wellness Center in 2005 are two completed projects to YSU's Master Plan.

YSU administrators announced the Wick-Pollock Inn renovations two years ago, saying that they were to begin in late 2005 or early 2006.

The lack of attention to the inn has not gone unnoticed. The Jan. 12 edition of the Tribune Chronicle referred to the Wick Pollock Inn plan as a "flub," while YSU's Student Government Association took initiative on reactivating the inn's garden last semester.

"[The garden] was a little dangerous, and we wanted to fix it up," said SGA President Chad Miller, who received approval to clean up the Victorian garden in October.

The garden, however, along with the Wick Pollock Inn's three other components – the mansion, the large addition, and the carriage house –



Jambar/ Jenny Boyce

YSU administrators announced the Wick-Pollock Inn renovations two years ago, saying that they were to begin in late 2005 or early 2006, but the construction has still not started.

Centennial Master Plan unfinished projects

-Construction of a \$30 million building for the Williamson College of Business Administration.

-\$20 million in improvements to academic buildings, including Ward Beecher Hall, Cushwa Hall and Coffelt Hall.

-\$4 million toward improving entranceways to the university.

-\$9.5 million in improvements to campus parking.

-\$3 million in construction of an indoor practice facility for intercollegiate athletics.

-\$2.5 million for pedestrian safety improvements and landscaping enhancements.

-\$2.2 million toward creating an arts-inspired gateway between the main campus, Bliss Hall and the Smoky Hollow neighborhood adjacent to the university's east side.

-The preservation of two other historic buildings—the Peck House and the Sacherman House—which will receive more than \$2 million along with the Wick Pollock Inn.

was originally supposed to be restored with the donations given to YSU for this particular project.

"YSU received two gifts for the renovation of the inn," said Paul McFadden, the university's chief development officer, further explaining that YSU received donations of \$165,000 from the George and Helen Kohut Fund and \$183,000 from Youngstown's Sweeny Buick Trust.

"From what I understand, we still need a couple million," said McFadden.

As early as 2002, Executive Director of Facilities John Hyden spoke about the signs of wear evident to the man-

please see **WICK**, Page 5

CULTURE

February celebrates Black History

Ashley Tate
REPORTER

Black History Month at Youngstown State University officially kicks off Thursday, with an array of events beginning Saturday.

The celebration began early at YSU, with a Dr. Martin Luther King Jr. diversity breakfast Jan. 18; the Rev. Kenneth Paramore was the guest speaker.

Many events have been planned and as many as three occur on the same day; Saturday. There is a book club meeting on "Fortunate Son," an economic and entrepreneurship forum, and the African Marketplace.

Victor Wan-Tatah, professor and director of Africana studies and philosophy and religious studies, said about the marketplace, "It's just fun to go around and look at what is there and what people are able to create. There are lots of nice things to buy; a mixture of action, sound, look and dance."

The marketplace will feature a variety of vendors who will display different art products and the Harambee Youth Group and the Drum Circle of the Unity Building of Youngstown will add to the atmosphere.

Wan-Tatah is not worried about the turnout this year.

"We've always had great crowds," he said, adding that he expects more people because the calendar of events has been printed in local newspapers and aired on local television stations.

Wan-Tatah said, "Anybody that has an excuse about why they didn't attend one, two or more events doesn't really have an excuse because there's more than enough to choose from."

He also said people who don't make time to attend events "don't know the value of what they're missing. Just come and socialize. I encourage people to do this; you'll go back rejuvenated."

Among the people that Wan-Tatah expects to attend are young people and other races and ethnicities besides blacks.

Sophomore Wilson Okello plans to be one of those young people. Okello said he plans on attending some of the lectures to see what the speakers have to say.

"Any time you get the opportunity to be [a] part of something as motivational as the lectures and book review functions that will be coming to YSU, I

please see **MONTH**, Page 5

HEALTH

New study shows diet, exercise have same results

Jenny Boyce
NEWS REPORTER

adding muscle mass does not boost metabolism to help dieters take off more weight.

"There is a concept that if you exercise, you are going to lose less of your muscle," said Dr. Eric Ravussin, fellow researcher and mentor to Redman, who added that his team found no evidence that this was true.

Ravussin, Redman and their team tested 24 people, 12 who were put on a calorie-restricted diet, and 12 who dieted and exercised five times a week for six months.

The dieters ate 25 percent less than normal during the course of the study, while the

In a new study to be printed in the March edition of Journal of Clinical Endocrinology and Metabolism, Post-Doctoral Researcher Leanne Redman found that eating less is equivalent to increasing exercise when working to take off pounds.

Challenging the theories projected by popular diet and drug industries, the study from Pennington Biomedical Research Center of Louisiana State University also shows that while both activities effectively

reduce calories, the distribution of actual fat does not decrease. This supports the claim that there is no such thing as "spot reducing," which some dieters also refer to as working on their body's problem areas.

Marcia Matanin, a Youngstown State University professor of human performance and exercise science, agreed with this finding.

"One of the things that needs to be made clear is that while you can't specifically reduce fat from your problem areas, you can reduce the appearance of fat," said Matanin.

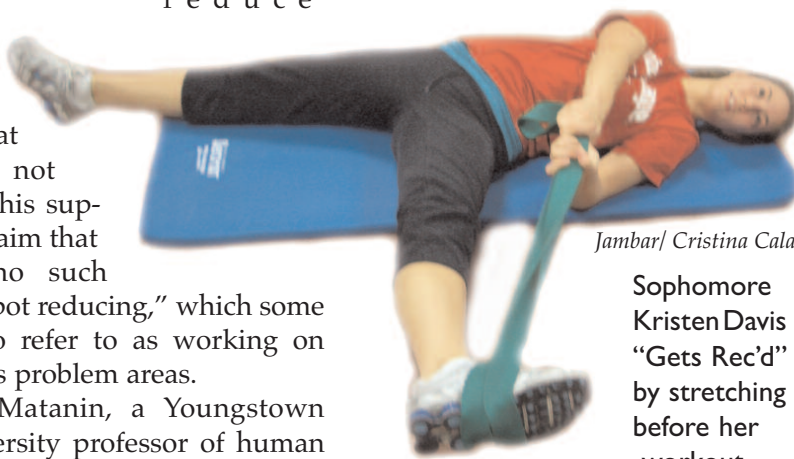
"Working out is what's going to do this."

The study also shows evidence that



Jambar/ Rudi Whitmore

Junior Travis Dusz climbs the rock wall at Andrews Student Recreation and Wellness Center where he works as an Adventure Recreation intern.



Jambar/ Cristina Cala

Sophomore Kristen Davis "Gets Rec'd" by stretching before her workout.

exercisers reduced their calorie intake by 12.5 percent and increased their physical activity to lose an extra 12.5 percent in calories.

The volunteers in both groups lost about 10 percent of their body weight, 24 percent of their fat mass and 27

please see **DIET**, Page 5

YSU

Former faculty member's donation benefits students with scholarships

Adrienne Sabo
NEWS EDITOR

Youngstown State University students in the geography, economics, philosophy and political science areas have a newly established scholarship.

With her late husband Robert, Ann Berich Maigetter established a \$1.05 million trust to fund scholarships for students in these four fields. Applicants must be of junior status, majoring in the one of these fields and have completed a FAFSA.

Paul McFadden, YSU's chief development officer, said that Maigetter wanted the scholarship to go toward juniors because she felt that if students reached their third year, they would make it out.

McFadden said, "This is a scholarship that will effect generations of students at Youngstown State University."

The scholarships will rotate annually, beginning with the geography department in the fall and each year adding another department to the rotation. The process will take four years for all departments to have their scholarships in

place.

Craig Campbell, chair of the geography department, said that students would be awarded an amount of money to make up the difference needed to pay for their tuition. Any money left over from that year will go back into the trust to accumulate interest.

Maigetter, who died in February 2006, was a part-time faculty member of the YSU geography department during the 1970's and 1980's.

The donation was a legacy gift to the university that was outlined in her will.

Campbell said, "My impression in knowing her and in talking to others who knew her is that she was always very dedicated to her school work, her discipline and to the university."

McFadden said, "This was a tremendous gift and there was nothing in it for her. Its is the most precious, unselfish gift anyone could make."

The donation will gain in value over the years in a trust managed by Sky Trust.

Recipients of the scholarship will be notified at an awards banquet in April.

News In Brief

Students, professor share experiences in China

Youngstown State University professor Ray Beiersdorfer and his students will share their experiences from their trip to China during a presentation in the Ohio Room in Kilcawley Center Thursday at 5:30 p.m. The group explored the geology of southern China during their trip.

Planetarium plans shows

The Ward Beecher Planetarium presents "Skywatch" at 8 p.m. Friday and Saturday. Also showing is the "Great Space Treasure Hunt" at 1 and 2:30 p.m. Saturday.

Police Briefs

Officer finds parking lot damage

According to a police report, a Youngstown State University police officer found that the entrance arm to the R-2 parking lot was broken in half. The broken piece to the arm was not found at the scene.

Vehicle hits fence

A vehicle traveling down a service road slid on the ice and snow and hit the fence of the M5 parking lot to avoid hitting a car, according to a police report. Damage was also done to the YSU lawn. No one was hurt in the accident.

Classified

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Clarification

In an article in Tuesday's issue of The Jambar, Jan. 23, and the editorial in Thursday's issue, Jan. 25, Student Government Association Adviser Chet Cooper's quotes were misinterpreted. "People who have the power to do things aren't showing this," was not about the YSU SGA, but it was a portrayal of the SGA at the University of Texas where Cooper was last semester.

Executive Vice President, Sarah Vansuch's comments, "It's your job to represent the students," and "she'd like

to see more debate in the future," were not referring to the current SGA meeting, but were goals for the SGA to achieve throughout the semester. Vansuch did not chastise the body, but used "harsh encouragement."

During the meeting SGA President Chad Miller did not chastise or reprimand the body. The meeting was non traditional and was intended to be an open forum for members to voice their opinions on how to improve the SGA,

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JAMBAR Editorial & Opinion

Tuesday, January 30, 2007

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Page 3

THE Jambar

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OUR SIDE

Reshape your diet because calories count

If you're watching your diet, then you might want to do some research before you take another bite of your McDonald's salad. That double cheeseburger that you convinced yourself was less healthy might be the better choice.

Take a look at the nutritional information provided on the Web sites of fast food chains and restaurants. The results are surprising.

An Arby's Chicken Club Salad with Buttermilk Ranch dressing totals 828 calories. While most may think that ordering a salad is better, the Arby's Melt with a small curly fry totals 641 calories. Almost a 200-calorie difference.

Before placing your next drive-thru order, do some research. Go to the Web sites of the restaurants you frequent and check out the nutritional information on the menu items you eat.

Doing your research before ordering can pay off in the end. With an average healthy consumption of 2,000 daily calories, each food choice throughout the day is important. Two of the Arby's salads in one day can easily blow three-fourths of your calorie intake for the day.

Menu Item	Calories
Big Mac	540
Double Cheeseburger	440
Small French Fry	250
Fruit and Yogurt Parfait	160
Asian Salad with Grilled Chicken	300
Arby's Melt	303
Arby's Marketfresh Roast Beef and Swiss Sandwich	777
Arby's Chicken Club Salad with Dressing	828
Taco Bell	
Crunchwrap Supreme	560
Taco Bell Nacho Supreme	430
Taco Bell Fiesta Taco Salad	860

McDonald's, Arby's, Taco Bell and Kentucky Fried Chicken, which are all located near campus, offer the nutritional information on their company Web sites.

Sometimes the old theories of how and what to eat do not apply in today's fast food market. Franchises are taking the steps to include healthier foods on their menus, but do not take them at face value.

Freshman 15 weight gain is not just a myth; it really does happen to some college students. Many students gain weight while in college because it is just convenient to eat fries and drink a milkshake on the frenzied path to and from class.

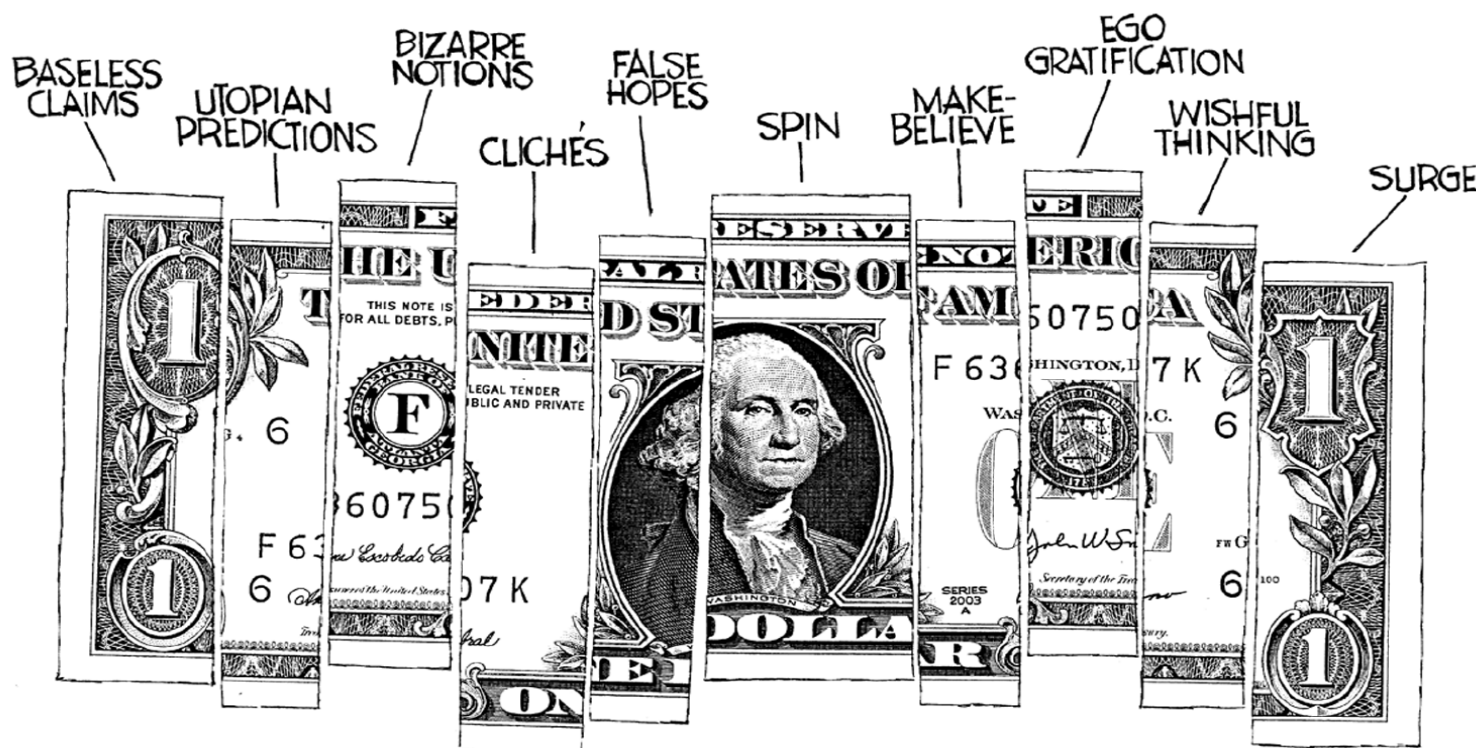
Watching our weight is not a priority during finals weeks when all we can think about is passing the next final and being done with it.

But we do need to be careful with our diets. Even as busy as college students are, we should be conscious of what we are eating and how much of it we consume. There are safe and healthy ways to diet. Whether we want to lose weight, tone our bodies or avoid that Freshman 15, there's a method to the madness of dieting. Research the types of diet and exercise suited for your health and fitness goals.

If you're watching what you eat, do it safely and healthfully. Do some background work before taking that first bite. And don't skip the gym.

The Jambar editorials reflect the opinions of The Jambar and its Editorial Board members. Those wishing to schedule meetings with the Editorial Board should call the editor in chief.

IRAQ: YOUR TAX DOLLAR AT WORK



LETTERS TO THE EDITOR

First meeting of the semester

Editor:

I am writing in response to the January 23 and 25 article and editorial concerning the Student Government Association's first meeting of this semester, which unfairly represented the SGA membership as apathetic.

The original (Jan. 23) article was written by the reporter newly assigned to SGA, who, through several factual errors made within her article, demonstrated her unfamiliarity with the organization. These mistakes were mostly immaterial: inaccurate titles and names; misattributions of projects; and misquotes (e.g., in one paragraph I was so misquoted that I did not even understand "my" statements).

In addition to these mistakes, the reporter also erroneously portrayed the tone of the meeting as negative, inaccurately reported that the members were chastised by the Executive Committee/Advisers, and intimated that the general membership of the body is apathetic: It is these mistakes with which I take issue. If these accounts were true, I would expect that SGA should be scrutinized for them. Fortunately, these reports are based on a serious misrepresentation of the remarks made by advisor Dr. Cooper and a general misunderstanding of the goals of our meeting.

First, Dr. Cooper's remarks were taken out of context and presented as a criticism of the SGA membership, which they were not (they actually referred to a different Student Government). Second, I felt I made it very clear to the new reporter that this meeting was expected to be different in content from a regular meeting, but she chose to disregard the productive things we did during the meeting (although she did not see them all; she was late) and write about the meeting in a negative light.

When the Jan. 25 editorial echoed the sentiments in the Jan. 23 article and used even stronger language, I felt I needed to address these misunderstandings. The editorial, in addition to misconstruing Dr. Cooper's words, added that I, too, chastised the body. On the contrary, I actually complimented them, but no one from the editorial board would have known that: None of them were present at the meeting.

The editorial also stated that the SGA membership was unprepared for the meeting. This, too, arises from a misunderstanding of our intent for the latter portion of the meeting. The "silence" to which the editorial referred occurred after we had completed our agenda and while we were undergoing an impromptu brainstorming session (for which it is difficult to prepare).

Both of these articles contained conclusions that were erroneous because they were based on misunderstandings. I felt it necessary to address these, as they have led to unfair affronts to the SGA membership. I request a retraction of the factual mistakes and inaccurate conclusions contained in these articles, as well as a formal apology to the SGA membership.

Chad Miller
President, Student
Government Association

Student Government misinterpretation

Editor:

It seems necessary to write a response to my constituents regarding the Jambar's last two publications about Youngstown State University's Student Government Association. The Jambar seems to have misinterpreted some of the statements and opinions regarding Student Government's first January meeting.

The most prominent problem with article concerning Student Government that was published Tuesday is based in the fact that the Jambar has recently assigned a new reporter to cover Student Government. I believe many of the recent errors come from this change. The so-called "quiet-response" that the article describes was a misunderstanding on the part of the reporter. The Jambar reporter arrived late to our meeting, which had a very short agenda. When Ms. Jenny Boyce arrived we were knee-deep in a scheduled reflection period. This time was allotted to brainstorm for ideas on how we could improve the projects and the efficiency of Student Government.

The errors continue with the misrepresentation of Dr. Chet Cooper's words in Tuesday's article and their subsequent misinterpretation in the editori-

al published Thursday. Dr. Cooper was trying to complement the body on their overall efficiency as compared to an example he saw at another campus. Since Dr. Cooper was not addressing an issue with our body, the basis for Thursday's editorial crumbles. It is inappropriate that the entire editorial is based solely on a previously published, and erroneous, article without further research.

The last problem with these articles is the way in which they address the different segments of our organization, allow me to clarify. The Student Government Legislative Body is not a "committee" as the Jambar refers to it — committees are specific sub-groups of the body itself.

I find it hard to believe that the Jambar has any basis for their words in either their article or their editorial. I also find it an outrageous sentiment that our body is "silent." Ms. Sarah Vansuch was correct when she stated that it was our job to represent the students during Monday's meeting. We do as Ms. Vansuch suggests consistently; having feverous debate on relevant issues like the recent smoking ban, Student Government sponsorship of political events, and even interpretation of Student Government's Financial Path. Dr. Cynthia Anderson even went so far as to compliment our debate of the smoking ban and its implementation on campus. A retraction and apology from the Jambar is essential to rectifying the damage that the Jambar's article and editorial has caused.

David Spatholt
Vice President for Financial
Affairs SGA
Rep. of the College of Arts
& Sciences.

Student affair assertions

Editor:

When I read the Student Affairs article in last Tuesday's edition of the Jambar, I found it to be quite a curious article. I was taken aback at the journalistic inaccuracies present in the article. I gave Ms. Boyce the benefit of the doubt. She is covering a new area and was overzealous, in an effort to produce an article that would be front page worthy. When I saw the Editorial in Thursday's edition, I felt that it was my duty to respond to the Jambar's outrageous assertions.

I would not want any of my constituents that were reading the Jambar to believe that the Jambar's position was correct.

First, I would like to point out that the Jambar recently switched reporters covering SGA, so this may have been the cause of some of the confusion. Also, another cause of some misinterpretation could have been that Ms. Boyce arrived late to our meeting. The majority of business on the agenda had already been completed and we were engaged in the section of our scheduled agenda where we were to contemplate what we could do to improve our performance and to gauge our expectations for the spring semester.

Second, Dr. Cooper was not referring to any specific issue and was merely describing the time he spent at Texas University last semester and how our participation compares to theirs.

Concerning the Jambar's Our Side section, I found it extremely offensive. The editorial was merely a reiteration of the previous article. I find it hard to believe that the entire staff of the Jambar could have an accurate view on the preparedness and participation of the SGA; given the fact that only one reporter was present during the meeting.

Finally, I would just like to inform all of my constituents that, yes; it is my duty to speak out for my fellow students. But, it is also the duty of the Jambar to provide precise representation of the facts as they are and not to misconstrue them. I demand a formal retraction and apology by the Jambar.

Ramon Ramos
Chair, Academic Affairs
Committee
Representative of the
College of Arts & Sciences

YSU

To send
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JAMBAR Entertainment & Feature

Tuesday, January, 30, 2007

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Page 4

Super Fan: The Man

Britta Snowberger
FEATURES REPORTER

If you have attended a Youngstown State University basketball game at Beeghly Center in the last 18 years, you have noticed him. His continued presence, exaggerated antics and unmistakable outfits draw attention from fans of every team.

The YSU women's basketball game against Cleveland State University on Saturday was no exception. He was there, perched as always in the northeast corner of the gym. Clad in a red Youngstown sweatshirt with white wristbands hugging the cuffs, high white socks stretching from his matching athletic shoes and red sweatpants resting mid-calf, Super Fan sat solemnly, ankles crossed, anxiously awaiting the 2:05 tip-off.

When the initial whistle blew, Super Fan rose to his feet and paced nervously. As the YSU women approached the northern basket, he flashed the team a series of signals like a baseball coach. Slowly and methodically, he showed 4-1-4-1 on his fingers, touched his nose and grabbed his right ear, as the basketball swished through the net.

Although the women's team did not score every time he suggested a play, Super Fan was far from discouraged. Sometimes he adjusted his glasses and motioned for the team to hurry down court. Other times, he grabbed his wrists, left then right, back and forth until the ball went through the hoop or out of bounds.

By halftime, YSU had pulled 20 points ahead of CSU. With the pressure off, Super Fan could finally relax – if only for a few minutes.

The 59-year-old sports enthusiast, born John Bartholomew, spent his early years in Youngstown before joining the Army and moving to Las Vegas, where he thrived as a card dealer and lived with his wife and stepson.

But in 1974, that life changed.

According to Joe Conroy, coordinator of programs and facilities at YSU and close friend, Super Fan was involved in a tragic car accident that left him with a chemical imbalance in his brain. Unable to accept change, Super Fan's wife and stepson moved on. He struggled to adapt. He lost his earnings. He acted out to keep strangers

from taking what little he had left.

With the help of friends like Conroy, Super Fan received a prescription for special medication when he moved back to Youngstown. He could then function in society.

Since returning to the city in 1988, Super Fan – “Sup” to some – has attended hundreds of YSU sporting events. He has not missed a home basketball game in 18 years. In addition, Super Fan appeared at every Beeghly Center home game played by the Youngstown Pride, a professional basketball team that was part of the former World Basketball League (WBL).

“From ‘88 to ‘92, I was at 100 straight Pride games,” he said. “One time, I made a three-point shot at halftime and got \$100. The whole house went down.”

Although the Pride vanished with the disbanding of the WBL in 1992, Super Fan's pride for YSU athletics has not diminished.

“I go to basketball games, volleyball games, football games and soccer games once in awhile,” he said. “I keep missing tennis, but you can only do so much, you know?”

Above all else, Super Fan enjoys the basketball games at Beeghly Center. He does not prefer the men's team or the women's team. He does not have a favorite player. He simply loves the game.

“Both teams are pretty good,” he said. “They just have to practice, because practice makes perfect. Other than that, they have to take their time and make their shots count.”

When he is not cheering for YSU, Super Fan likes to eat double cheeseburgers at the Fifth Street McDonald's and watch professional sports on television.

“At home, I watch the Cavaliers, the Indians and even the Browns – even though they take a lot out of me,” he joked. “But my favorite team to watch is the Philadelphia Eagles.”

After predicting a Chicago Bears Super Bowl XLI victory, the man with long gray hair and a gray mustache spoke of his own athletic endeavors. His passion for athletics grew while playing baseball, football and basketball for his church. He had even joined a boxing league.

A little older now, Super Fan participates in few sporting events. Although his athletic days are behind him, he still has YSU to keep



Photo courtesy of Britta Snowberger

Super Fan John Bartholomew dressed in full fan gear never says no to attending any YSU basketball game at Beeghly Center.

his zeal alive.

“Joe Conroy, Rick Love and Greg Gulas are all good friends of mine,” he said. “They always say, ‘Are you coming to the game?’ How can I say no?”

Super Fan has not said “no” in 18 years, and basketball fans have noticed. They have

grown fond of him. They have asked him for pictures. They have requested autographs. His memorabilia in high demand, Super Fan created a fan club.

“I still have a fan club, and it has over 350 members,” he said. “You can still join if you want to.”

Upcoming events

Tuesday, Jan. 30

Geo C and tha Storm at Peaberry's Café, 11 a.m.

Open Mike Night at Barley's, 10 p.m.

Wednesday, Jan. 31

Open Mike Night at The Royal Oaks, 10 p.m.

Karaoke at Cedars, 10 p.m.

Thursday, Feb. 1

Harlem Globetrotters 2007 Tour: Nothing Like It at the Chevrolet Centre, 7 p.m.

YSU

Geo C 'Storms' into Peaberry's

Britta Snowberger
FEATURES REPORTER

“I expect they'll pack the place like usual,” said Student Activities Director Greg Gulas about today's Peaberry's Café performers, Geo C and tha Storm.

“They get more of a following every time they're here, and their music is excellent.” Sponsored by the Student Activities Office, the Youngstown funk band's performance will begin at 11 a.m.

Currently a nine-piece ensemble, Geo C and tha Storm evolved in 2000 as a vision of its founding member, George Case – better known as Geo C. Case had been through a messy divorce that left him with little more than his beloved music. Working toward his dreams while remaining optimistic, Case took on two jobs to support his music career. Following years of hard work and dedication, he was able to put the extra jobs aside, open a record store downtown and hire musicians to play the songs he had worked so diligently to compose.

Today, Case's hand-picked funk band, Geo C and tha Storm, consists of Case, lead vocals and keyboard; Tommy B, horns and vocals; Ace Holmes, drums and vocals; Tyrone Williams, guitar and vocals; Mr. Jonathan, guitar; Keith Crockett, bass and vocals; Craig B, piano, keyboard and synthesizer; Melody, piano, keyboard and vocals; and Trevor T, percussion and vocals. Gaining interest from several major record labels, the band has opened for or played with

a number of national acts, including Fishbone and Kool and the Gang.

Influenced by artists like Bob Dylan, Bob Seger, Jimi Hendrix, Pink Floyd, Sly and the Family Stone, and the Eagles, Case writes every original song his band performs. He writes all of the lyrics. He writes the parts for all of the instruments. He sits in on the entire recording and mastering process. He likes to be in control. “Labels tell you what to do with your music,” Case said. “You have to make music independently for it to remain yours.”

Not only does Case control the band's sound, he influences its message as well.

“Not all songs have to be about shaking your ass,” he said. “You've got to write songs that say something – songs that make a statement.”

Case demonstrates his ability to “make a statement” with the song “Metaphorically Speaking,” off Geo C and tha Storm's third of four albums, “A Better Way.” In the song, Case suggests ridding the world of hatred by metaphorically “lynching” the Ku Klux Klan while “teaching their children to learn to live for love.”

Spreading a positive message, Geo C and tha Storm entertains crowds with its energetic stage presence and musicianship.

“Labels tell you what to do with your music. You have to make music independently for it to remain yours.”

Geo C. Case

When asked what makes his band unique, Case said that the funk band sounds the same live as it does on its CDs. He also mentioned the group's attire.

“People ask us about our suits,” he said. “We wear suits just because it's fun.”

Following the show at Peaberry's, Geo C and tha Storm is scheduled to play Saturday at Johnny's in Boardman and Feb. 9 at the Corner Pocket in Warren.



Photo courtesy of www.geocandthastorm.com

DIET, continued from page 1



Jambar/ Rudi Whitmore

Frank "Stretch" Duraney, a junior exercise science major, works his upper body using fitness equipment at Andrews Student Recreation and Wellness Center.

percent of their abdominal visceral fat. According to the study, the distribution of the fat on the body was not altered by either approach.

"We did CT scans on each volunteer to look at the weight changes in different areas of the body," said Redman, explaining that overall, there was no weight loss in the dieters' "areas of concern." These are typically found in the thigh or lower stomach areas.

"Individuals are genetically programmed for fat

storage in a particular pattern and this programming cannot easily be overcome," Ravussin said.

Renee Gilson, YSU graduate assistance with a master's degree in public health, said there needed to be a balance of exercise and diet in a person's routine.

"You can't just do one or the other," said Gilson. "To achieve overall complete health, you have to do both."

Sophomore Teresa Camens, a major in respiratory therapy, shares

similar views with Gilson concerning the study. While munching on an apple, Camens explained how she works out Monday through Friday – as did the dieters in the study – for an hour and a half to two hours.

"If you exercise a lot, you have to watch what you eat or you won't lose weight," said Camens, adding that she believes diet and exercise must go hand in hand, not one or the other.

Additional reporting by Jessica Woods

MONTH, continued from page 1

feel like you have to seize them," said Okello, who hopes to gain understanding and insight from the lectures.

Senior Kelli Cole said she would most likely attend the lectures also.

"I hope to learn about more historical black figures than the more frequently noted ones such as MLK Jr., Malcolm X, Harriet Tubman, etcetera. Though they were all amazing activists, there are so many more blacks who contributed to making a difference," Cole said.

Junior Alycia Smith said she isn't sure about what she'll be doing to celebrate, but plans to do something.

Wan-Tatah said that celebrating Black History Month is important because "it's more than things that happened during the Civil Rights movement and what happened in Africa; it's about black civilization. We are trying to bridge the gap through the courses in Africana Studies."

Celebrating is important to Smith as well.

"African Americans spent their lives trying to get the future [generations] to have a better life than they had. Why not take every opportunity to live out their dreams through the things they fought and now are offered to African Americans?" Smith said.

She also said that it's important for YSU to celebrate because we need to "give honor where honor is due."

Black history has had a major impact in Okello's life. He feels that without it, he wouldn't be where he is today.

"Black history has given me a sense of identity and pride in what I am and where I feel I need to go in life. I think it's impossible to recognize where

you are going if you don't know where you have been. These things that we often take for granted are things that we had no say in gaining, and it seems almost like a slap in the face to our ancestors if we knowingly don't take full advantage of the privileges we have."

Wan-Tatah said in addition to Black History Month, history is being made right now; in Congress, in the Superbowl where two black coaches will pit their teams against each other Sunday, and in the presidential race, in which Democratic Sen. Barack Obama of Illinois will have a major impact.

Chicago Bears Coach Lovie Smith and Indianapolis Colts Coach Tony Dungy will face off in Superbowl XLI on Sunday.

According to Canada Free Press' Web site, Black History Month started in February 1926 and originally was only a weeklong celebration instead of monthlong. In the 1970s, it was expanded to a month-long celebration. The celebration's founder was Carter G. Woodson, a son of former slaves.

According to spokaneschools.org, Woodson coined the celebration as "Negro History Week," which is now called Black History Month.

According to the site, Woodson chose February because even though the 13th amendment abolished slavery, many slaves didn't hear about the news until February 1865; the amendment was passed by Congress Jan. 31, 1865, and ratified Dec. 6, 1865

Feb. 3

The African Marketplace, Chestnut Room in Kilcawley Center; 12 p.m. to 6 p.m.

2007 Economic and Entrepreneurship Forum: "The Road to Prosperity: Building Wealth in the Minority Community," Ohio Room in Kilcawley Center; 9 a.m. to 12 p.m.

Book club meeting, "Fortunate Son," Schwebel Lounge in Kilcawley Center; 4-7 p.m.

Feb. 5

Panel of Discussion on Art: The Color of History, McDonough Museum of Art Auditorium; 6:30 p.m.

Movie Fest: "Lackawanna Blues," Jones Room in Kilcawley Center; 6-9 p.m.

Feb. 7

"An Evening at the Butler" African American Art Exhibit and Reception, Butler Institute of American Art; 5-7:30 p.m.

Feb. 8

Lecture on Diversity, Chestnut Room in Kilcawley Center; 7 p.m.

Feb. 10

Book club meeting, "Is Bill Cosby Right? (Or has the Middle Class Lost its Mind?)" Schwebel Lounge in Kilcawley Center; 4-7 p.m.

WICK continued from page 1

sion and its property from four years of neglect, saying that he and his staff were trying "to make sure [the inn] doesn't sustain any damage sitting vacant."

YSU gained full ownership of the inn and its components in September 2004 after settling a lawsuit with the First National Bank of Pennsylvania, but the property has remained closed since 1998.

Following the settlement, YSU decided to find a company not only for renovating the inn, but one that was also interested in developing and renovating similar buildings on campus for the Master Plan. Twenty requests were sent out to various firms in 2005.

One of YSU's first finalists was the Cleveland-based Paran Management Company. Talks between the company and YSU began in March 2005 but broke off three months later.

In June 2005, YSU Alumnus Donn McConnell of Hubbard Lumber proposed a plan that had sparked the interest of George McCloud, YSU's special assistant for University Advancement. These talks also met a dead end.

"It's much more complicated," said McCloud, when asked why plans for renovating the inn with past potential developers were cut short. "We need to find an appropriate operator."

During a telephone interview Friday, University President David Sweet said, "We're looking for someone to redevelop and re-polish the Wick-Pollock Inn and its components. We are trying to find a developer that meets our criteria; someone who's willing to share the risks and someone who shares our vision of restoring the Inn."

Sweet revealed that he is not only looking for a developer for the Wick-Pollock Inn, but

a developer who is also willing to take on the task of renovating other campus places that are a part of the Master Plan.

YSU's Master Plan will not be complete for an estimated six years, said Manager of News and Information Services Ron Cole.

In 2004, Sweet told The Jambar that the mansion and its rock garden would be at the core of YSU's restoration mission. Currently, there are no restoration plans in the works for the inn until a developer is chosen, Sweet said.

Robert O'Malley, a former partner in a 1986 venture to revamp the inn, had

expressed frustration about administrators' insistence to have an outside firm operate the inn.

In a 2004 Jambar interview, O'Malley said, "You don't need a major firm to come in and run it. You need to run it yourselves."

Sweet's ultimate vision for the inn is to some day turn it into a hotel, while using it as a learning laboratory for the hospitality students from the College of Health and Human Services.

"I'm actually in conversations with three different developers as we speak," Sweet said.

2007-2008 Financial Aid Awareness Week

Stop by one of our tables for information on financial aid for the 2007-2008 academic year. The priority deadline to complete the Free Application for Federal Student Aid (FAFSA) on the Web or Renewal FAFSA and the YSU Institutional Aid Application is **February 15, 2007.**

The following is list of places, dates, and times when staff from the office of Financial Aid and Scholarships will be available to distribute forms and answer questions:

Monday, February 5, 2007 10 a.m.-3 p.m. * Kilcawley Center- 1st floor across from bank

Tuesday, February 6, 2007 10 a.m.-3 p.m. * Kilcawley Center- 2nd floor in main hallway

Wednesday, February 7, 2007 10 a.m.-3 p.m. * Kilcawley Center- 1st floor Arcade-Elevator

Thursday, February 8, 2007 10 a.m.-3 p.m. * Kilcawley Center- 2nd floor in main hallway.

WHAT DO YOU THINK?
SEND US AN E-MAIL
THEJAMBAR@GMAIL.COM

Lose something?

Check YSU's **LOST AND FOUND** located at YSU Info on the upper level of Kilcawley Center.

Kilcawley Center
www.kc.ysu.edu

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Located at the heart of YSU campus is this beautiful "home away from home" just for women. At Buechner Hall, you can live comfortably, as well as inexpensively. Thanks to the large bequest of the Buechner Family, which completed the construction of Buechner Hall in 1941, more than 3/4 of all residents' costs are still absorbed by the Buechner Fund. Residents are responsible for an average \$1,263.37 per semester for double occupancy or \$1,365.12 for single occupancy. This includes a weekly \$28 cafeteria allowance, for up to 15 meals each week.

Buechner Hall 620 Bryson Street (Off University Plaza) Phone: 330-744-5361

Kilcawley Center Software SALE

YSU INFO [Formerly Bytes 'n Pieces]

The following software products are offered at student affordable prices due to a special license agreement with Microsoft. Software offered to current YSU students, faculty, and staff:

Office 2003 Front Page 2003 Windows XP
 Office Mac 2004 Visual Studio.Net

Priced Under \$25

A valid YSU ID must be presented. Only CASH or CHECK accepted. No Credit Cards. Note: Quantities of some software may be limited at times due to shipments. For further details and/or to purchase your software visit YSU Info Center (formerly Bytes 'n Pieces), located on the upper level of Kilcawley Center.

www.kc.ysu.edu

- ▶ 1/31 — M.Basketball vs. Butler @ 7:05 p.m.
- ▶ 2/1 — Swimming vs. CSU @ 6 p.m.
- ▶ 2/1 — Swimming vs. California/SRU @ 5 p.m.
- ▶ 2/1 — W.Basketball vs. UIC @ 7:05 p.m.
- ▶ 2/3 — M.Basketball vs. UIC @ 7:35 p.m.
- ▶ 2/3 — W.Basketball vs. Loyola @ 5:15 p.m.

Tuesday, January 30, 2007

www.thejambar.com/thejambar@gmail.com/330-941-3758

Page 6

MEN'S BASKETBALL

Men's basketball to host No. 11 Butler in rematch

Penguins look to make a splash in the standings against the Horizon League's top squad

Andrew Berry
SPORTS REPORTER

The season is winding down for the Youngstown State University men's basketball team, but the race for the Horizon League crown is just getting started.

With the league tournament just around the corner, assistant coach Brian Depaoli believes there is still time for many teams to make a late run for the top spots in the postseason.

"With the parody in the league, obviously anyone can finish anywhere from second to ninth depending on who wins these last few games down the stretch," he said.

YSU has found its way into the middle of the pack and is currently tied with four of its league counterparts with a 4-5 record. The Penguins also have the fifth best overall record in the league at 9-12.

The men's squad will be fighting in the race for the Horizon with a huge advantage in their corner, as five of its last seven league contests will be played at the Beeghly Center.

The first of the teams will invade Youngstown Wednesday when the Penguins play host to No. 11 Butler University.

The Bulldogs currently hold the pole-position in the Horizon League race with a 7-1 record and a 19-2 mark overall.

Last time out the Penguins suffered an embarrassing road loss as the Bulldogs handed the squad a 63-39 defeat. It was Youngstown State's lowest scoring total of the season and the second time the team was unable to break the 50 point barrier.

Remarkable defensive play has been nothing new for the

Bulldogs. Holding YSU to 39 points marked the ninth time this season the Butler defense surrendered less than 50 points to the opposition.

"We're going to have to score some points. It's defensively where they are really special," Depaoli said.

The Penguins should be able to give Butler a run for its money as the men's squad has played well in front of the home crowd this season. The team is 5-3 and has a verage slightly less than 70 points per game at the Beeghly Center.

Playing solid defensively and keeping the score close will be key to upsetting the Bulldogs. Three Butler players scored in double-figures against the Penguins earlier this season, an aspect of the game the YSU defense will need to pinpoint to keep pressure off the offense.

Holding junior guard A.J.



Jambar/Ron Stevens

The men's basketball team will take on No. 11 ranked Butler University at 7:05 p.m. Wednesday at Beeghly Center. The Penguins dropped their first game of the season against the Bulldogs and will look to even the series a 1-1. Quin Humphrey (2) will have to come up big to help the squad improve its 9-12 record.

Graves in check will be imperative. The Penguin defense did its job in the previous contest holding the second highest scorer in the league to just six points, a feat the team will need to

repeat if it hopes to come away with a victory. "They're a very good basketball team, and for them to be ranked 11th in the country, we're going to have to make some adjustments, especially in terms of trying to make sure they don't shoot the ball as well as they normally do," Depaoli said.

In the Penguins previous loss to Butler, the game was a tale of two halves, and a quick start by the YSU offense will be crucial this time around.

The squad was outscored 42-18 in the first period, but came out strong in the second half and kept the margin close scoring 21 points to the Bulldogs 25.

While the Bulldogs have put together a 19 win season, the two blemishes on their record have come away from their home court. If the Penguins continue their strong play at Beeghly, the chase for the Horizon League title may become a photo finish.

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The last 4 games

Youngstown State – 49
Wright State – 62

Scoring Leaders:
Quin Humphrey – 22
Keston Roberts – 10

Turnovers:
YSU – 16 WSU – 9

Points off Turnovers:
YSU – 6 WSU – 19

Rebounds:
YSU – 32 WSU – 27

Youngstown State – 68
Cleveland State – 63

Scoring Leaders:
Quin Humphrey – 22
Keston Roberts – 20
John Barber – 18

Turnovers:
YSU – 13 CSU – 16

Points off Turnovers:
YSU – 25 CSU – 18

Rebounds:
YSU – 37 CSU – 40

Youngstown State – 39
Butler – 67

Scoring Leaders:
Keston Roberts – 11

Turnovers:
YSU – 32 BU – 29

Points off Turnovers:
YSU – 2 BU – 12

Rebounds:
YSU – 32 BU – 29

Youngstown State – 81
UW-Milwaukee – 63

Scoring Leaders:
Quin Humphrey – 22
Byron Davis – 17

Turnovers:
YSU – 5 UWM – 8

Points off Turnovers:
YSU – 9 UWM – 5

Rebounds:
YSU – 43 UWM – 36

FOOTBALL

Penguins' to host seven home games in 2007 season

Jake Glavies
SPORTS EDITOR

With the bitter taste of defeat barely cleared from the mouths of many Youngstown State University football fanatics the Penguin Athletic Department has put forth a sweet concoction that will cleanse even the most sour palate. The recently released 2007 YSU football sched-

ule is a drink that goes down smooth with just a single spot that's hard to swallow. The toughest bit to gulp down will also be the sweetest as the Penguins open the season against in-state powerhouse The Ohio State University. Following this monumental match-up YSU will take-on the usual Gateway Conference suspects, minus the recently departed

Western Kentucky University, with a few new faces to round out the season. With games against Stony Brook and Southern Utah – the Penguins' first match-up against either squad – and other non-conference opponents South Dakota State and Lock Haven, YSU will be in a good position to improve upon its 11-3 finish last season.

The Road Ahead...

2007 Penguin Football Schedule

Sept. 1 @ Ohio State

Sept. 8 South Dakota State

Sept. 15 Stony Brook

Sept. 22 Lock Haven

Sept. 29 Missouri State

Oct. 6 @ Southern Illinois

Oct. 13 Southern Utah

Oct. 20 Illinois State

Oct. 27 @ Northern Iowa

Nov. 3 @ Indiana State

Nov. 10 Western Illinois

Games 2 Watch

Sept. 1 @ Ohio State



The Penguins will kickoff the 2007 football season with a trip to the Horseshoe in Columbus and a match-up against the Ohio State Buckeyes. OSU will be the most formidable foe YSU has come across in its 58-years of gridiron competition. The Sept. 1 season opener will be a rough start to the season for the red and white but any bumps and bruises to the Penguins' pride will be healed when the team returns to Youngstown \$650,000 richer for wear. Bottom Line: Even though the thought of a win is nearly unimaginable, the squad and its fans will have to hope for small victories like solid play from the defensive line, kicking game and tight end position.

Oct. 13 vs. Southern Utah



Southern Utah University was a pushover in the Great West Conference last season – finishing in last place with a 3-8 record – but the lack of history between SUU and Youngstown may make for a level playing field. The danger for YSU heading into its seventh game of the season, and first ever against the Thunderbirds, will be in underestimating an unknown commodity. Although Southern Utah finished the 2006 season with just three wins the boys from Cedar City, Utah squared off against eight teams that held a Top 25 ranking at some point during the season. Bottom Line: If the Penguins can play a solid game from start to finish this match-up should be a walkthrough with pads.

Oct. 27 @ Northern Iowa



The Penguins' late season trip to the University of Northern Iowa will be a make or break game for the team's hopes of a playoff birth. Standing in YSU's way will be a strong Panthers team and a series record of 6-14 against UNI, including a 31-23 Homecoming loss at Stambaugh Stadium last season. The deafening noise inside the UNI-Dome will be as much of a problem as the Northern Iowa team itself. Bottom Line: If the Penguins can get out of this end of the year test with a win it will do wonders for their chances of making a run at the playoffs and remaining in the top half of the Gateway Conference.