

The Jambor

The student voice of Youngstown State University since 1931

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YSU, SGA search for solutions to email issues

Kevin Alquist
NEWS REPORTER

Because of the high volume of Youngstown State University emails and the resulting disapproval from students who use the YSU email system, the institution's ability to relay any information via email may be in jeopardy.

According to an email sent to YSU faculty and staff from Gene Grilli, vice president for finance and administration, several email providers such as AOL and Time Warner are identifying YSU emails as junk mail or spam, based on user feedback and mail volume.

The high number of black-listed emails has resulted in

the system's poor reputation. Grilli said "blacklisting" means that emails are no longer being delivered in a timely manner, if at all.

The problem stems from the high number of updates and announcements that are sent to students every day.

David Porter, a political science professor at YSU, said he began noticing problems

when he didn't receive lecture notes he had emailed to himself for class. Then, during spring break, he was supposed to receive test results for his political science class. He didn't.

That's when he began asking questions.

"It's a collective thing that has become a big problem,"

EMAIL PAGE 3

Smart drug, bad consequence

Students take stimulants to boost grades, cope with stress

Chelsea Telega
ARTS & ENTERTAINMENT EDITOR

Senior Joe Voytek has a full plate — balancing 16 credit hours, a full-time job, a part-time internship, a daily 45-minute commute and attention-deficit disorder.

In November, Voytek was prescribed Vyvanse, a stress-reducing stimulant often prescribed to people dealing with attention-deficit disorders.

He takes a 40-milligram

pill every day, which he said lasts 12 hours.

"I don't feel it the whole time," Voytek said. "But it's something that, when I'm doing stuff, I just notice myself not getting sidetracked from what I'm doing right there at that moment."

And he's not the only student to take a drug to endure college.

"Everyone pretty much wants it," Voytek said about friends approaching him for his prescription. "It definitely helps. I'll tell you firsthand —

it definitely helps."

The use of Vyvanse, along with other stimulants like Adderall, has become prevalent among college students. They've been coined "smart drugs," allowing students to study longer and better.

A 2009 U.S. Department of Health and Human Services report stated that full-time college students are twice as likely to use Adderall non-medi-

cally than those who had not been in college or were only part-time students.

Before his Vyvanse prescription, Voytek took Adderall.

"Every now and then, finals week came around. [I]

ADDERALL PAGE 4

Students answer to spring stressors

Campus Connection

What stresses you out?



"I'm in a sorority and an RA, and in between classes and homework, it's hard to juggle."

- Lauren Summer, sophomore



"Too much homework, papers due on the same day and finals stress me out."

- Matthew Melito, freshman

Sarah Perrine
NEWS REPORTER

Research papers, projects, presentations, internships, part-time jobs, full-time jobs and class.

Welcome to the life of a college student.

With just three full weeks remaining in the spring semester, students and professors are feeling the stress.

So it's appropriate that April is National Stress Awareness Month.

As the semester winds down, the stress level for most students at Youngstown State University rises.

Jay Gordon, an associate professor of English, has witnessed increasing stress levels

with many of his senior students this semester. He said the stress intensifies as students scramble to finish their senior projects.

"A lot of people work well under pressure and at the last minute," Gordon said.

He said more students are visiting his office each day for help with their projects.

Hilary Carr, a senior professional writing and editing major, said she is feeling the pressure.

"This semester has been the most stressful semester of my college career," Carr said. "Between my senior project, the other two core courses I'm taking, the courses I'm taking in my minor and other responsibilities, it's been crazy."

Carr said she isn't the only

one who is stressed out.

"I think if you asked any senior if they were stressed out right now, you'd get an overwhelming response," Carr said.

The workload has been troublesome.

"There have been tears," Carr said.

According to College and Finance, a website that offers financial and general college advice for students and families, the top five student stressors are finances, academics, time management, roommate conflicts and relationships.

The site provided five ways to counter stress: increased sleep, regular exercise, a healthy diet, listening to music

STRESSORS PAGE 7

YSUUnity, OHLA promote condoms to raise AIDS awareness

Jordan D. Uhl
NEWS EDITOR

With 20- to 24-year-olds reporting the highest number of new HIV diagnoses annually, Tim Bortner realizes the importance of raising awareness at Youngstown State University.

Bortner's close friend is rapidly approaching the end of his life as a result of the fatal disease.

"I'd like to try to prevent anyone else — not just in the LGBTQIA community, but all walks of life — from getting any sexually transmitted disease, for that matter, so they don't end up like him," said Bortner, vice president and treasurer of YSUUnity.

Roughly 1.2 million Americans over the age of 13 are living with HIV/AIDS, which is the ninth most in the world, according to the World Factbook. More than 600,000 have died since the first cases were reported in the U.S. in 1981.

Globally, an estimated 33.4 million

people suffer from HIV/AIDS, and 25 million deaths have resulted since 1981.

According to AIDS.gov, the disease claimed the lives of more than 17,000 Americans in 2009.

Homosexual and bisexual men are the largest risk group to contract the disease, and they accounted for 61 percent of new HIV infections in the U.S. in 2009.

While Bortner isn't HIV positive, his mission is to raise awareness. On behalf of YSUUnity and in conjunction with the Ohio Lady Advocates, Bortner is planning an HIV awareness table, which will be set up in Kilcawley Center on Friday from 9 a.m. to 3 p.m.

Bortner, along with a few other members of each student group, will distribute literature and nearly 2,000 condoms to YSU students.

"We have all kinds. From glow in the dark, lubricated, ribbed to flavored," Bortner said.

The groups also have condoms from the "pride pack," which features rain-

bows and homosexual imagery. Bortner said he's concerned about passing those out, as their appearance draws snickers and uncomfortable sentiments from some less-accepting students.

"We've had some people make comments because they don't want to take one that has [the word 'gay'] on it, as opposed to a plain condom, even though it's used for the exact same purpose," Bortner said. "But some people are just judgmental."

Although HIV and AIDS are commonly associated with the LGBTQIA community, YSUUnity hopes to dispel some of the myths surrounding the virus.

"AIDS is not just a gay disease. It can happen to anyone — gay [or] straight, man or woman," Bortner said. Molly Toth, vice president of OHLA, said she understands the importance of raising awareness.

"These issues cut across populations who are particularly vulnerable to not receiving regular health care for a number of reasons, and it makes sense

for us to work together," Toth said. "I also think we can benefit from having more frank dialogue on these issues and work to remove the taboo surrounding HIV/AIDS and sexual health more generally."

On campus, condoms can be hard to find. Neither the convenience store in the YSU Bookstore nor the Candy Counter in Kilcawley Center sells condoms.

Ian Brady, sales manager at the YSU Bookstore, said the bookstore doesn't stock condoms, due to poor sales in the past.

Travis Battiest, the Student Government Association's vice president for university, said that while condoms aren't prevalent on campus, they're available to students who need them.

Condoms are offered in the YSU Office of Housing and Residence Life, and safe sex resources are provided to campus residents. Condoms and dental dams are also available in the Student

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Foreign language removed from STEM disciplines

Marissa McIntyre
ASSISTANT NEWS EDITOR

Some students at Youngstown State University may no longer be required to take foreign language courses.

The Academic Senate ruled in a meeting last week that departments in the YSU College of Science, Technology, Engineering and Mathematics would be able to decide whether the foreign language requirement should be removed.

In a close vote, 31 senators favored the motion, and 27 opposed.

Chet Cooper, chairman of the Academic Senate, said the idea was brought up a few months ago.

"Action was taken in the senate to allow programs that award a B.S. in STEM to choose to remove the requirement from the program," Cooper said.

Cooper said the physics and astronomy departments have decided to remove the requirement, but the math department kept it.

Nico Minniti, a mechanical engineering student, said he hasn't taken a foreign language yet, and doesn't think it's essential to his degree.

"Even if I took it, I feel like it would be a waste of time," Minniti said. "I took Spanish in high school, and I don't remember any of it. Unless I used it every day, it's not going to do any good."

As a biology professor, Cooper said the biology department's proposal is to remove the requirement from its program, but to retain the requirement in the curriculum for Bachelor of Arts degrees.

The revocation of the requirement may not be put into effect in certain departments until fall 2013.

Cooper said this is because each department must evaluate its curriculum before it's approved.

The decision must be made by the department, then approved by the college and finally presented to the academic standards committee of the Academic Senate.

Martin Abraham, dean of STEM, said the requirement



Martin Abraham, dean of the college of Science, Technology, Engineering and Mathematics, supports removal of the foreign language requirement for some STEM programs. Photo by Kevin Alquist/The Jambar.

could be double-listed as a program and degree requirement. If it is listed under both, the process could take longer.

Shearle Furnish, dean of the YSU College of Liberal Arts and Social Sciences, urged those in the Academic Senate to vote against the proposal.

"I want to see what's good for the students pursuing science degrees and any degree," Furnish said.

The foreign language department is housed in his college, but he said that didn't play a part in his reasoning.

Abraham agreed with Furnish and said foreign language is important in the

journey of greater education. However, he said with the time frame students have to graduate, those credit hours are not essential to their degrees.

"There are a whole lot of things that it would be great for students to learn. The reality is that we have four years to provide an education, and we have to make choices," Abraham said. "Amongst those choices we make is a determination as to what specific content provides the greatest value to our students."

Anthony Miaoulis, a junior construction and civil engineering major, grew up speaking English and Greek. He said he believes being bilingual will benefit him in the job market, but understands learning from a textbook is different from growing up with the language.

"Not everyone is naturally good with languages, and it's a good move [to remove the requirement] because it can affect someone's GPA," Miaoulis said.



Students face the sun

Nicole Novotny
REPORTER

Adam Heavner has run rides at Cedar Point for the past four summers. He works, on average, 10 hours each day and deals with the sun and its effects on his skin.

"It's really easy to forget to put sunscreen on because of the stress of the job," said Heavner, a senior at Youngstown State University.

According to the Skin Cancer Foundation, the risk of skin cancer increases when skin is unprotected and is overexposed to ultraviolet radiation from the sun or tanning beds.

Heavner said he is exposed to an abundant amount of sunlight nearly every day at Cedar Point.

During his summer training at Cedar Point, Heavner is told to wear sunscreen — and he must sign off that he was told about doing so.

Heavner said he doesn't discuss skin cancer with his doctor, but he is aware of what to look for.

The Skin Cancer Foundation also reports that it is important for people to be aware of moles on their bodies.

Heavner said he frequently checks for new moles.

"They say that if the moles aren't a perfect circle or are discolored, to get them checked," Heavner said.

His grandmother had skin cancer, and Heavner said he often asks himself how she acquired it.

"It didn't make sense because she always wore sunscreen," Heavner said.

According to the American Cancer Society, nearly half of all cancers in the U.S. are skin cancer, and more than 2 million cases are reported each year.

The Melanoma Center website explains that melanoma is one form of skin cancer, and also that it is the most dangerous.

The ACS defines melanoma as "a cancer that begins in the melanocytes — the cells that produce the skin coloring or pigment known as melanin ... [which] helps protect the deeper layers of the skin from the harmful effects of the sun."

Melanoma is responsible for nearly 75 percent of skin cancer deaths each year, according to the ACS.

The Skin Cancer Foundation cautions that those with pale complexions should be especially careful.

Sophomore Taylor Swan said she burns easily, and it's rare for her to tan after being exposed to the sun.

"I know about the different types of skin cancer because they were mentioned in science classes throughout my schooling, but they never went in depth about it," she said.

Downfalls of Facebook Researchers debate 'Facebook depression'

Nicole Novotny
REPORTER

Youngstown State University senior Allyson Pollice joined the Facebook community four years ago.

Pollice said her mood changes when she reads posts and comments about "stupid stuff," such as who's wearing what and why they're wearing it — rants she considers to be unnecessary.

She's a part of social media, but Pollice said it doesn't define her.

"There's never been a time that I've been on it 24/7, but I do check it a few times a day," Pollice said.

While Pollice said Facebook sometimes alters her mood, she doesn't get depressed.

But some researchers argue that such a thing as "Facebook depression" exists.

Gwenn Schurgin O'Keeffe, author of the article, "The Impact of Social Media on Children, Adolescents, and Families," defines Facebook depression as "depression that develops when preteens and teens spend a great deal of time on social media sites, such as Facebook, and then begin to exhibit classic symptoms of depression."

John Grohol, founder

and editor-in-chief of Psych Central, an online independent mental health and psychology network run by mental health professionals, said he disagrees, citing several references to back up his stance in his article, "Pediatrics Gets it Wrong about 'Facebook Depression.'"

Grohol cites another study, which states that researchers found a correlation between depression and social media sites in people with low-quality friendships.

YSU senior Kirsten Pesa said she is a social media addict at times, but it hasn't caused her to become depressed.

"I think some people are stupid on it, but it never affects me," Pesa said.

In her clinical study, O'Keeffe said that "[a]cceptance by and contact with peers is an important element of adolescent life. The intensity of the online world is thought to be a factor that may trigger depression in some adolescents."

While Pollice avoids depression induced by social media, she said she does see the connection between depression and social media.

Pollice said that while she was going through a breakup, she began checking Facebook to see whether any change had

occurred and to see what was being said about it.

"It was like pouring salt into the wound," Pollice said.

Pollice and Pesa both said Facebook exhibits good qualities. For example, they enjoy catching up with people they haven't seen in years.

Pesa said she has many friends from England, and Facebook makes it easier to maintain contact with them.

It's also a good way to promote events and other promotions Facebook users should know about, Pollice said.

In her report, O'Keeffe mentioned many benefits to using social media. For example, as long as the social interaction is positive, it can be a great tool in staying connected with friends, family and the community.

Enhanced learning opportunities that allow students "to meet" outside of class and share information also exist, according to O'Keeffe's report.

Pollice said she agrees.

However, she can still see the downside behind Facebook's silver lining.

"Facebook can be a really great resource as long as it's not abused and used for negative things," Pollice said.

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EMAIL PAGE 1

Porter said. An immediate stop has been put to all emails deemed nonessential by the university. Only bills and financial aid updates, along with emergency messages, will be sent to students.

Before the announcements were cut off, Grilli said in an email that announcements were exceeding 100,000 per day.

"One email sent out to students, faculty and staff could reach upwards of 20,000 people," said Travis Battiest, the Student Government Association's vice president for university affairs.

Though MyYSU announcements have always been sent to students daily, the volume has steadily increased.

Sophomore Mike Rohan said he's noticed longer delivery times.

"My professors will say they sent me something, but I won't get it until maybe two or three days later," Rohan said.

Website manager Bob Tupaj and SGA have been working since the fall to minimize the number of emails sent.

Together, they analyzed techniques used by other universities that allow students to view organized announcements from student groups and university events.

"The computer center is

looking into and experimenting with different ways to put all this together," Tupaj said. What they've come up with is utilizing the events calendar on the YSU website and combining information sent in MyYSU announcements into one daily or weekly email.

Battiest said though the logistics are still being worked out, the events calendar will be ready as part of the new YSU website.

"The calendar will minimize what will have to be included in the daily newsletter," he said.

Information not included on the events calendar will be sent in an automated newsletter.

Tupaj said students will be able to choose how often they receive the newsletter.

"The end user will have a choice to receive updates on a daily, weekly or monthly basis, and the computer will organize and send out the information thusly," Tupaj said.

Sophomore Daniel Catello said he likes the idea. It would be much easier on his inbox if he only received one email per day, he said.

"It's very beneficial to me because I'm already getting 20 or 30 emails a day," Catello said. "The announcements greatly add to the volume of my inbox."

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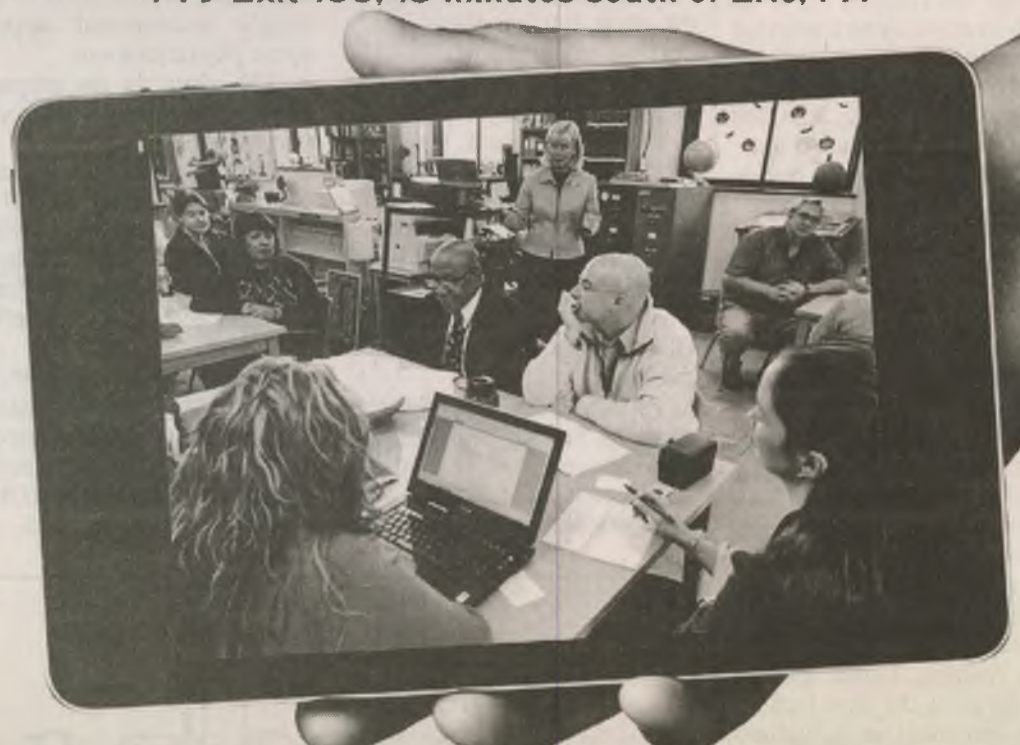
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AIDS PAGE 1

Health Clinic.

"I don't know how well that is advertised to students," Toth said. "Making these more available would only benefit students."

The campus community has been primarily open to Bortner and others within YSUnity. However, Bort-

ner said he occasionally that feels the group's message can be overshadowed by homophobia and prejudices.

"We're not coming to campus as a gay organization passing out condoms. We're just a regular organization passing out condoms," Bortner said.

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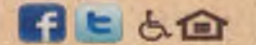
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SCAN FOR OFFER



NEWS BRIEFS

Awards dinner set for April 26

The annual Outstanding Alumni Awards Dinner, where 10 educators will be recognized, is scheduled to take place at 6:30 p.m. on April 26 in McKay Auditorium. Attendees can park in the F-2 lot at Fifth and Rayen avenues. Tickets cost \$28 per person and \$224 for a group of eight. The reservation deadline is April 19. For more information, contact Jean Grabaskas at 330-941-3215.

Economic essay contest deadline approaches

The deadline for this year's Stocks Essay Contest is April 23. The contest, sponsored by YSU's economics department, is named after Anthony Stocks, former 16-year chairman of the economics department. Only undergraduate students can enter. A 1,500- to 2,500-word essay on a relevant economic topic is required for submission. Winners will be announced on May 1 at the department's year-end dinner. Email submissions to Nancy O'Hara at neohara@ysu.edu.

Free lectures coming April 19

The university's Visiting Artist Committee is hosting two free lectures on April 19 at the McDonough Museum of Art at 4 p.m. and Bliss Hall Gallery at 5 p.m., respectively. Those planning to attend can park in the M-1 deck on Wick Avenue. Laurie Palmer will speak at the first lecture. She's practiced in sculptural and public art projects and has exhibited works in Europe and the U.S. Ohio native Emily Moorhead will spearhead the second lecture. Moorhead is a graduate of Washington University in St. Louis and received her Master of Fine Arts degree in interdisciplinary fine arts in 2010. She's been featured in several publications, including those at Miami University and Washington University, as well as the Art Libraries Society of North America.

POLICE BRIEFS

Semi-truck driver drinks while driving, pays price

YSU police officers pulled over a red semi-truck cab on Sunday after a call from the Youngstown Police Department reported that the vehicle was driving erratically. As the passenger opened the door, five beer cans fell out of the truck and into the parking lot. Officers saw an open can of beer on the floor and arrested her for consumption of an alcoholic beverage while inside of a motor vehicle. The driver and passenger were issued written trespass warnings and released on scene.

Driver with suspended license arrested

A YSU police officer stopped a vehicle on Fifth Avenue on Sunday. The driver couldn't provide a driver's license or proof of insurance. Police information networks informed the officer that the driver had a suspended license. The driver was cited, and his car was towed.

ADDERALL PAGE 1

had to write a big paper, had to study for two big tests the same day. It's just like, 'Hey, can I get an Adderall?'" Voytek would ask a friend. "No big deal," they would tell him.

According to a report in the 2010 American Journal on Addictions, 50 percent of people who are prescribed stimulants are approached by those who are not. They seek the medication illegally.

Voytek's reaction to Adderall made him seek an alternative prescription. He said he had a cluttered mind, felt jittery and was overstimulated.

These affects are minor compared to what Youngstown State University student Jonathan Crist experienced last month.

According to a police report, Crist flagged down a police cruiser outside his apartment complex. He told police he had "overdosed on Adderall."

Crist was "having problems in school and [did] not think he [would] graduate this year due to his grades." He had "bought the Adderall off an unknown subject," and "did not know how much of the drug he had taken," according to the report.

He told police he had not slept in two days, and was drinking beer and smoking marijuana with friends before he approached police at 2:39 a.m., according to the report.

Several attempts were made to contact Crist, who was taken to St. Elizabeth Health Center by ambulance that night.

In 2009, the U.S. Department of Health and Human Services reported that about 90 percent of full-time college students who used Ad-

derall outside of a prescription abused alcohol as well. Half were considered "heavy alcohol users."

The report also stated that non-medical Adderall users were nearly three times more likely to use marijuana than someone who is actually prescribed the drug.

Crist is 22 years old. A study done by the Substance Abuse and Mental Health Services Administration reported that 2.8 percent of all 21- to 22-year-olds use Adderall non-medically.

But the rate nearly triples when those 21- and 22-year-olds are enrolled in college. Seven percent of full-time college students take Adderall non-medically, the highest rate of use among all age groups measured.

Along with recreational uses, college students take Adderall for its ability to increase productivity and alertness.

While Adderall calms and focuses those with ADD or attention-deficit hyperactivity disorder, it has an adverse effect on those who aren't diagnosed with ADD or ADHD.

The effect is similar to cocaine use, which adds to the drug's recreational appeal, some physicians say.

The drug is an amphetamine, which has a history of varying uses.

Pilots originally used amphetamines during WWII to stay awake and alert while flying. In the 1990s, Adderall and Ritalin were used to treat children with attention-deficit disorders.

The National Center on Addiction and Substance Abuse reported that between 1992 and 2002, the number of prescriptions for ADHD medications in the U.S. in-

creased 369 percent to 23.4 million a year.

Chris Hammond, a pediatrician for PeaceHealth in Eugene, Ore., said ADHD was seen as more of a pediatric problem 16 years ago. He said the use of stimulants by adults has increased dramatically in the past eight years.

"They used to think that children would grow out of their ADHD, and to some extent they can, and they do," Hammond said. "I think that more people want to take the medication than depend on willpower."

Hammond said Adderall is sometimes used as a diet drug to control obesity, and that it has the ability to increase anxiety and obstruct sleep habits. The stimulant has addictive components and is a derivative of methamphetamine, he said.

As a pediatrician, Hammond steers away from prescribing children stimulant medications and said he doesn't have any patients currently on any type of stimulant.

He said non-stimulant drugs have a more positive effect on children overall.

"There are now non-stimulant ADHD medications, like Intuniv and Strattera, so there are other choices besides stimulants," Hammond said. "If we do prescribe something, it's not necessarily an extended release right away."

Extended release medications, he said, are less intense. Adderall is considered to have an extended release effect because the capsule gradually dissolves, releasing medication in a "slow and steady" manner over time.

Some experts are at a loss to explain why usage is so

high among college students.

"We can't give much insight as to why college campuses might have higher levels than other parts of the population," Brad Stone, spokesman for the Substance Abuse and Mental Health Services Administration, said about college students being twice as likely to use Adderall non-medically.

John Moretti, a psychology instructor at YSU and a former researcher for the National Institute on Drug Abuse, said when stimulants fall into the hands of people who are not written a prescription, they are often used as a performance enhancer.

"People take these drugs when they're out partying so they can stay up later and party more," Moretti said. "When they use the performance enhancers for school, they're taking lower doses so they're not getting a buzz, per se."

Moretti said those who take non-medicinal stimulants are typically people with lower grade point averages, Caucasians and people from a higher economic status.

He added that people who rely on a quick fix become entrenched and dependent.

Stimulants, he said, have been associated with addiction and can even prime people for addiction to other substances. He said when the effects of stimulants wear off, the sensations a person feels from a normal day seem dull.

"We always want a quick and easy fix. There are many ways to treat depression, for example, like exercise," he said. "But people would rather just do it in a pill. It reflects our culture and the attitude of the drug companies that are selling it."

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The Jambar
EDITORIAL BOARD

STEM
PAGE 2

Departments in the YSU College of Science, Technology, Engineering and Mathematics may now decide for themselves whether they want to include a foreign language requirement in their respective curriculums.

The Academic Senate ruled 31 to 27 in favor of the freedom-granting motion.

It's a commendable move, considering that it decentralizes liberty in determining appropriate course requirements.

Martin Abraham, founding dean of STEM, doesn't see foreign languages as an essential degree component, especially with the limited time frame students have to graduate.

It's time for the rest of campus to follow suit.

Two semesters of a foreign language fail to thoroughly prepare students for fluency in another language.

Students interested in becoming bilingual or trilingual must, most likely, major or minor in a foreign language or seek further instruction on their own time.

We get that learning a foreign language is important.

It equips us with a greater understanding of another dialogue, and cultural lessons are communicated along the way.

The world is getting flatter. We're growing closer to the farthest reaches of the world. We need to be able to communicate clearly with others.

But forcing minimal instruction down college students' throats isn't the most efficient way to create effective communicators.

In Sweden, students must demonstrate proficiency in Swedish and English before they're even accepted into a higher learning institution.

At YSU, the instruction comes far too late.

Either revoke the two-semester requirement entirely or mandate extensive instruction until fluency is attained.

Until then, YSU students will know how to greet a foreigner, then immediately ask where the nearest restroom is.



JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

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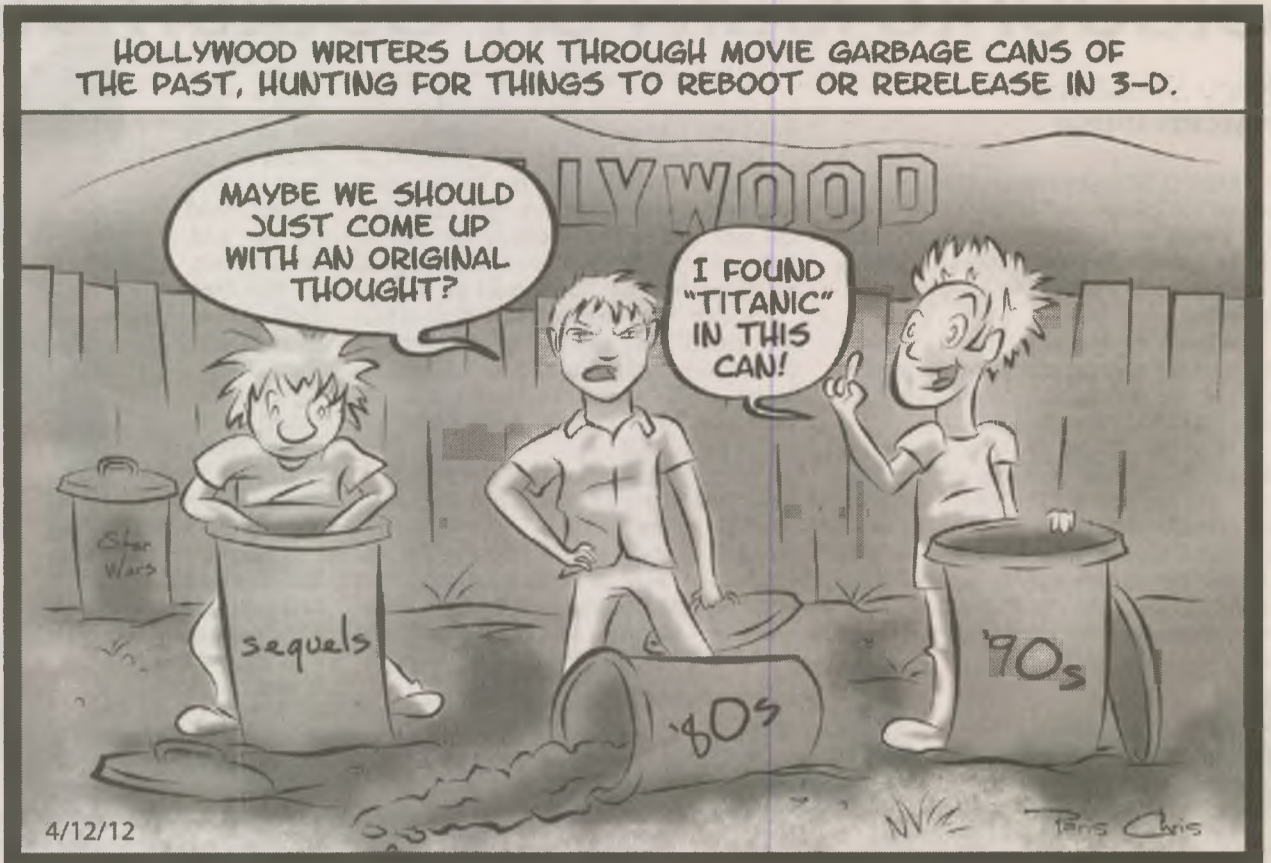
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The Jambar Cartoon



Cartoon by Paris Chrisopoulos/The Jambar.

Oh, desolate Youngstown; where art thou?

Rachel Lundberg
CONTRIBUTOR

It's a Friday night; you and your posse want to go out for a fun night on the town. You've gotten all gussied up and trotted out to the car when you discover your car battery is dead.

You're stuck in Youngstown. No movies, no clubs, nothing to do after 5 p.m. but eat at Buffalo Wild Wings or go to a bar.

Been there and done that. For a town that proclaims itself as "a great university town," Youngstown certainly has yet to bring in businesses that cater to its university's students.

More than 1,200 students live in campus housing. Add those living nearby in apartments or houses, and you've got a pretty solid client base.

And yet this city remains dead — not even so much as a full grocery store or a dry cleaners. The nearest movie theater is in Boardman, which is more than 8 miles away. Even a standard entertainment venue like a bowling alley is a drive.

Why, when we live in a town that has a few thousand students bustling through it day after day, do I have to drive to a neighboring

town for a decent meal or entertainment?

Come on, Youngstown. Open your nostrils and smell the decaying, unused potential.

Downtown Youngstown could be such a great college town. There are plenty of empty structures to fill, cheap overhead and a swarm of students a block away.

Look at the Youngstown Business Incubator. They've got little technology-based business hatchlings moving in left and right from the sound of it. If one of the hundreds of students graduating from YSU every year plucked up their entrepreneurial spirit, we could have a service/entertainment-based business market clamoring to fill up Federal Plaza.

The little convenience store and 9ine Lounge on Federal Plaza are a nice start — but they're only a start.

With the main businesses in Youngstown being bars, not much exists for students under 21. Bring in a movie theater, a bowling alley, a real club, laser tag and a restaurant that's open on the weekends other than Buffalo Wild Wings — or at least somewhere with fresh produce, for goodness' sake.

Until then, those "great university town" signs are false advertisements. Right now, we'd have

to move campus about 5 miles south for that to be a true statement.

It's not that there's nothing appealing in Youngstown. Apparently, we have a yogurt shop and a candy store. But I didn't even know about those until this week. And they close no later than 5 p.m.

Coyoacan, with its monstrous burritos we all know and love, closes early on Friday — and doesn't open its doors again until Monday. Mo's has been a nice-looking empty shell since 2009. A vicious cycle is going on here.

Youngstown is dead, so students go elsewhere for entertainment and housing, so good business ideas follow the students. Youngstown stays dead.

What we need is some courage, encouragement and a lot of advertising. There's no reason to stray off campus right now. But college students like new things, and a five-minute walk would be more than worth it for movie theater popcorn or the sweet feeling of shooting a friend in the back with a laser.

City of Youngstown, Williamson College of Business Administration and basically anyone with a good idea, let's get cracking. The potential is there; it just needs a good kick.

'Pink slime' a product of our cheap-beef economy

McClatchy Newspapers
(MCT)

To the legion of Americans running away from a hamburger additive as fast as a startled Angus, Kansas Gov. Sam Brownback is here to tell you: "It's beef, dude."

Technically, he's right. The U.S. Department of Agriculture's official definition of beef for marketing purposes is "flesh of cattle." And the product officially known as lean finely textured beef and now infamously called pink slime does originate with a cow.

But dude, we're talking about salvaged scraps, simmered at low heat and spun at high speed to remove the fat, then spritzed with ammonia to kill bacteria. It may pass bureaucratic muster, but it's not what consumers are used to thinking of as beef.

Beef, it seems, is in the eye, mouth and stomach of the governor. And the USDA food scientists who tried to get the additive banned. And the celebrity chef whose televised rant was instrumental in kicking off the pink slime scare. And we the consumers.

My personal opinion is that not everything that begins with a cow deserves to be thought of as beef. But neither does concocting an additive from cow parts make it slime.

Somewhere between the optimistically named "lean finely textured beef" and the over-the-top "pink slime" has got to be a more trustworthy definition of what is going into that hamburger.

But the truth is, meat and poul-

try products sold on the mass market contain a lot of ingredients, and a lot of history, that we'd rather not think about. Most of us prefer the illusion that our meat began just as we found it in the supermarket, shrink-wrapped and ready for the grill.

Donald D. Stull, a cultural anthropologist at the University of Kansas, studies the meat industry and has spent much of his career inside meat and poultry plants.

"It's a factory in reverse," he said. "It converts a live animal into lots of different commodities. Some are more attractive than others. A steak is more attractive than pink slime."

Hard to argue with that. Stull has drawn attention to many objectionable aspects of the meat and poultry industries. They are brutal on animals, workers, small towns and the environment. Yet reports of workplace injuries and pollution don't resonate in the same way as the thought that pink slime might be infesting one's hamburger.

"It is interesting to watch how framing really transforms the dialogue," Stull said. "It seems to me that critics have framed the debate in such a way that the meat industry is going to have a hard time recovering."

But Americans love cheap meat. Demand for inexpensive beef was what caused processors to devise a scrap-salvaging process in the 1970's. The ammonia rinse was added about 10 years ago to combat concerns about dangerous bacteria in ground beef.

To get rid of the controversial additive would raise the cost of hamburgers and other products.

The beef industry estimates it would have to slay 1.5 million additional head of cattle to make up for loss of the filler. About 600 jobs have been lost as the manufacturer of the additive closed three of four plants.

"We're a pink slime-based economy!" Jon Stewart exclaimed on the Daily Show.

For sure, we're a cheap meat economy. And as long as that's the case, the industry will never really change. The additive slimed as pink slime may disappear, but something else will replace it. Cattle will still be corn fed in close quarters. Workers will continue to do dangerous jobs for low pay. Rural America will continue to give way to factory farms. Food-borne illness will remain a critical problem.

Americans say they want reforms, but they have yet to show they are willing to pay for them in the checkout line.

I asked Stull, would he eat the hamburger additive known as pink slime?

"As an anthropologist, I'll eat anything that people put in front of me," he said.

I resolved some time ago to purchase meat, especially ground beef, at a specialty market. It costs more than the supermarket, but I have more confidence in the contents.

In a perfect world, we'd all eat the meat of grass-fed cattle raised within a 20-mile radius of our homes. In the real world, most of us will continue to eat mass-produced commodities that we don't want to know too much about.

That's the beef industry, dude.

Students learn on Guatemalan excursion

Kacy Standohar
FEATURES EDITOR

Matt O'Mansky, an assistant professor of sociology and anthropology, and 15 Youngstown State University students spent their spring break roasting marshmallows over a volcano in Guatemala.

While O'Mansky often travels abroad, he said he extended the invitation to see the ancient Mayan civilization firsthand on a nine-day trip.

"It's one thing to hear about the Maya, to see the pictures and videos, but it's something entirely different to actually be there in these cities," O'Mansky said. "So I wanted to give people the opportunity to go to Guatemala and get class credit for it."



(Left) Matt O'Mansky and students learn about Mayan civilization in Tikal, Guatemala. (Right) Junior Erika Hricik holds a tarantula. Photos courtesy of Brian Delvaux.

O'Mansky used historic temples as his classroom, and the group hiked, zip lined and observed exotic animals.

Even though the trip was planned in the fall, O'Mansky said the hardest part was recruiting members and lowering the cost of the trip. College of Liberal Arts and Social Sciences majors paid \$1,325, while all others paid \$1,825.

Senior Sara Weigel said that when the group first arrived in Guatemala City, the surroundings looked a lot like home — traffic jams and businesses, as well as a McDonald's, a Burger King and a Pizza Hut.

Weigel said that the deeper they went into the city, the more impoverished it became.

"The houses seemed like what we would consider to be shacks. Any one of us was considered rich by their standards," she said. "It made me appreciate the opportunity that much more."

Junior Erika Hricik said she woke up at 5 a.m. every day to go for a hike.

"We were drenched in sweat, but it was acceptable because everybody was sweating and gross," she said. "We got a great workout, and we were jungle-dirty."

Senior Jess Morris said volcano climbing was her most memorable experience.

"We had to hurry up back to the buses to avoid a funeral procession, and our bus driver, Pedro, got stuck behind a

traffic accident." Morris said. "In order to get up a hill, Pedro told us we had to hop out of the bus and run alongside the bus so that he could make it up the hill while semi-trucks were passing us."

Weigel said that zip lining over Lake Atitlan, while surrounded by volcanoes, was her favorite memory.

Many of the students who traveled to Guatemala gained friendships through the experience. Although the trip didn't involve excavating, O'Mansky said his students received hands-on learning.

"It was real life and not just in pictures," he said.

O'Mansky added that the trip opened all of their eyes to impoverished cities. He said the entire group was asked for money along the tour.

"These people have to decide whether or not to get food or medicine this month," he said. "I know we all have financial problems, but we are

rich to them." Hricik said the culture shock was important in order for her to understand how other people live.

O'Mansky travels to Guatemala most summers to perform field work; he is planning another trip during summer 2013, which could possibly be for two and a half weeks.

He said he encourages students to take as many study abroad opportunities as possible.

Weigel traveled to the Bahamas twice with O'Mansky, where they did archaeological excavating. However, she said she enjoyed Guatemala because she was given ample time to explore different cities.

"One of my favorite days was when we went to the Mayan center of Tikal. As [O'Mansky] said, Tikal is the Disney World of Mayan ruins," Weigel said. "It's impossible to describe the grandeur, and I've never seen anything like it in my life."

Greek Sing: 60 years of song and dance

Chelsea Telega
ARTS & ENTERTAINMENT EDITOR

In 2001, former Sigma Chi member Dan Procopio took the stage with only five other people, singing and dancing to Michael Jackson's greatest hits. Sigma Tau Gamma men belted out the melodies of ABBA while wearing fruit on their heads.

Procopio, manager of Kilcawley Center operations, said this is only one of the many experiences from his time participating in Greek Sing that he will remember for years to come.

This year, Youngstown State University's 60th annual Greek Sing competition will be held Saturday at 6 p.m. in Stambaugh Auditorium, and it will showcase some of popular culture's greatest hits.

Michael Koziorynsky, co-chairman of Greek Sing and member of Alpha Phi Delta, has been a part of Greek life since 2008 and has been involved in every Greek Sing since.

He said it is one of the longest-running traditions at YSU, second only to football, and at least 1,500 people are expected to attend this year.

"You're going to see a lot of popular artists in groups, so, when you go, you'll know a lot of the music," Koziorynsky said. "I would expect with some of the names that groups are doing, this show is going to be pretty exciting; it's going to be pretty high energy."

Greek life participates in fundraisers year-round to prepare for the event, which ultimately costs thousands of dollars.

Sixty years after its start, Koziorynsky said the only real difference he sees is the formality of the competition.

"Music then and music now adds a whole different perspective to it. And I know back then, they weren't as free with certain costumes and maybe certain dance moves," he said.

Procopio said the lack of tools available to those involved in Greek Sing 60 years ago made it more serious.

"I think, originally, it was more of a competition. It was meant to be more of, 'Who could musically be more in the forefront?'" Procopio said. "Back then, they didn't have CDs; there were things like big bands and trumpets."

Although Procopio said the groups are serious about their involvement, the competition is more camaraderie-based now.

Koziorynsky credits Greek Sing's recent success to the efforts made by retired and current coordinators of programs and marketing at YSU: Greg Gulas and Carrie Anderson, respectively.

Gulas was involved in planning the competition for nearly 14 years, and Anderson has been involved with Greek life as an Alpha Xi Delta member and faculty adviser since 2000.

"They took Greek Sing from something great to something fantastic," Koziorynsky said. "And now it's at Stambaugh Auditorium, a beautiful venue, and they kind of challenged us to raise the stakes with our venue so that we perform harder and get more involved."

Anderson said that although other venues were available to the group in the past, Stambaugh Auditorium brought it all together with the lighting, the sound and the stage.

She said the atmosphere motivates the students.

"It's pretty neat what they come up with — from their costumes, right down to the songs that they sing and how they perform on stage," Anderson said.

Anderson said it is common for the men in the competition to focus more on comedy, while the women try to perfect the performance in terms of singing and the sound.

The show, she said, has continually evolved each year. The props, costumes and creative ideas always seem to kick it up a notch.

One thing that hasn't changed over the years, however, is the competitive nature of the preparation.

"At this point, they're afraid that other chapters are watching them practice," Anderson said.

Koziorynsky said he felt that people didn't take the event seri-

ously when he started, but, after a while, the energy picked up.

Anderson said she sees the energy backstage right before the show starts, and it makes her work with the students absolutely worth it.

"It's been a really great experience for me; a lot of times it's fun for me to watch them shine and watch for their moment, as a student, to have that memorable experience that they'll remember throughout their collegiate career and on," Anderson said.

Procopio said his experiences with Greek Sing have been nothing but fantastic. He said it is a great opportunity to bring students and the community together to demonstrate what Greek life stands for.

Greek life gains a sense of accomplishment from the event, Koziorynsky said.

"With all of the negative stereotypes that happen with Greek life, it's things like this that are what Greek life is truly about," Koziorynsky said. "Sixty years of consecutive hard work. Things like this for Greek life are where our pride lies."

Professor turns research into planetarium show

Rachel Lundberg
CONTRIBUTOR

John Feldmeier, better known to his students as Dr. Crazy, is turning his research on intracluster light into Youngstown State University's first faculty-produced planetarium show.

The show, "Cosmic Castaways," premieres May 11.

Feldmeier, an assistant professor of physics and astronomy, began production in January 2011. He, along with collaborators Christopher Mihos and Patrick Durrell, researched intracluster light, the light emitted from stars between galaxies.

These stars are difficult to find, and their existence was suggested only in 1951, Feldmeier said.

"Cosmic Castaways" seeks to explain the origins and science surrounding these stars through an illustrative planetarium show.

"It is kind of cool to see some of your science up in the big dome," Feldmeier said, referring to the planetarium in Ward Beecher Hall.

Feldmeier said that purchasing planetarium shows is often expensive because of million-dollar production costs.

YSU typically purchases only one or two new shows a year. Feldmeier's goal has

been to solve this problem by producing an inexpensive — but quality — show to release to the public.

And he has just \$20,000 to work with.

The money is from a National Science Foundation grant. Feldmeier wrote the grant three years ago and received funding with two requirements attached.

The first states that a portion of it must be used for scientific use, such as research. The second requires the creation of a broader impact on the community. The \$20,000 Feldmeier set aside for the project is fulfilling the latter goal.

The NSF grants just a quarter of around 40,000 requests for funding every year.

Despite the lower-than-average budget, Annie Wilson, a biology major and planetarium employee, said the production is well under it.

Wilson attributes part of the low cost of production to Mihos' supply of simulations and the use of Blender, a free graphics program. Blender is not user-friendly, Wilson said, but she has spent the last 15 months mastering it.

Curtis Spivey, YSU's planetarium engineer, created graphics for the show using Adobe software. A glee club member in college and a music lover, Spivey built the soundtrack for "Cosmic Castaways."



Curtis Spivey, planetarium engineer, prepares to show a preview of "Cosmic Castaways" in Ward Beecher Hall's planetarium. "Cosmic Castaways" premieres May 11. Photo by Rachel Lundberg.

Mihos, an astronomy professor at Case Western Reserve University, provided simulations of colliding galaxies for Spivey and Wilson to incorporate into the show.

Feldmeier said this project is a scientific experiment in itself. It is essentially the first production of its kind, and it has been a nationwide collaboration.

Pamela Gay, an astronomer and professor at Southern Illinois University Edwardsville, is an expert in new media and the voice of the 20-minute "Cosmic Castaways." Most

of the contact between Gay and the rest of the production team has been through phone and email.

Feldmeier said the entire production team has been in the same room just a handful of times.

One of those occasions was among Spivey's favorite moments of production: playing the soundtrack for Gay and Mihos for the first time.

"I'm never going to get rich doing this job," Spivey said. "But they pay me to run my mouth and play with cool toys, and you can't beat that."

After the release of "Cosmic Castaways," Feldmeier and his team will take critiques, release the show to other planetariums for critiquing and continue the editing process.

Feldmeier said he hopes to finish perfecting "Cosmic Castaways" by winter. He then wants to release the video free to all planetariums and on YouTube.

Feldmeier added that this project will be the first of many, and he looks forward to fruition of the team's hard work.

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Youngstown
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STRESSORS PAGE 1

and managing time.

Mike Libbey, a junior mechanical engineering major, said a full course load coupled with his work schedule often stresses him out at this point in the semester.

His advice to other busy students is simple: "Keep on living and look to good friends."

U.S. Rep. Tim Ryan of Niles, D-17th, has another strategy: daily mindfulness meditation. In "A Mindful Nation: How a Simple Practice Can Help Us Reduce Stress, Improve Performance, and Recapture the American Spirit," Ryan touts its effects.

"Mindfulness trains your mind to be in the zone and acts as a huge stress reducer. By putting your mind in the present moment, you are able to get things done more efficiently," Ryan said.

Ryan said he believes that mindfulness should be a key

part of every student's life.

Ryan, who regularly meditates, said he sees its overwhelming benefits in his life, such as greater concentration and a stronger work ethic.

"By practicing mindful meditation, I am able to protect myself from that, and when I start to go down that path, it's easier for me to catch myself and stay focused," Ryan said.

For students who are stressed out at the end of the semester, Ryan suggests meditating.

"Starting mindful meditation now is the best time for students to start. Exam time can be very stressful, and it is also the most important time to train your mind to focus," Ryan said. "Five to 10 minutes in the morning is all it takes."

The American Psychological Association reports that increased stress causes insom-

nia, irritability, anger, fatigue, changes in eating habits, lack of motivation and headaches.

More than half of Americans claim that stress has also led to health issues, the APA reports.

But school isn't the only thing behind most students' stress.

For sophomore Daniele Harris, who is involved with the Residence Hall Association, stress is more than a crowded class schedule.

"My mother also bugs me and stresses me out by always calling me," Harris said.

Sophomore Matt English, who said school is the most stressful part of his life, said he does everything he can to cope with the pressure.

"I play sports at the Rec or outside, listen to and play music, or just watch movies. I try to do anything I can do to relax and take my mind off of school," English said.



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'One of the worst performances ever'

Men's golf looks to rebound before championship

Joe Catullo Jr.
SPORTS EDITOR

Youngstown State University men's golf coach Tony Joy said his team practiced well on Friday and was ready for the NYX Hoosier Invitational in Bloomington, Ind., on Saturday and Sunday.

The Penguins finished last out of 16 teams.

"[It was] one of the worst performances ever," Joy said. "It was just one of those things where all five guys played poorly at the same time, which normally doesn't happen. ... I think it was least expected, obviously, by me as the coach, but even the players themselves. The two seniors didn't play well."

Senior Anthony Conn finished tied for 70th and shot 18 over par. Senior Joe Santisi tied for 73rd at 19 over par.

"Anthony's really disappointed in his 81 [Sunday]," Joy said. "I think he'll be fine. Joe's played enough in his career where he knows how to play."

Conn said he agreed with Joy's sentiments.

"It was the worst in my three years here that I've been a part of," Conn said. "That's all I can really say about that."

Conn said he added that his scores came at a good time: The Penguins have two more tournaments scheduled before the Horizon League championship, which begins April 27.

"You can't play good every single week; it's golf," he said. "We got this under our belt. Everything happens for a reason. I feel the championship is wide open because there is not one team that proved their best."

Sophomore Mark Olbrych finished 69th overall and first on the team, shooting 17 over par.

Joy said his biggest concern was that the team was not competitive.

"Obviously, a big disappointment on my part," he said. "Just didn't see that type of performance coming. It was a long weekend not for myself, but I'm sure for the players. We have a lot of work to do now, but we still have time to get competitive."

Conn said the team was not competitive over the weekend.

"We go in every tournament to be com-



Senior Anthony Conn tees off during a tournament. Conn shot 18 over par at the NYX Hoosier Invitational. Photo courtesy of YSU Sports Information.

petitive," Conn said. "This week, we just really didn't compete. It was almost like a fluke."

The Penguins were without senior Michael Lower, who has not played since the University of Cincinnati's Bearcat Invitational in October.

"Michael Lower, who was our senior captain, he had some problems in the fall and was suspended from the team," Joy said. "It was just one of those things where there wasn't any way that we could get him back. We had to part ways, and let's just

leave it at that."

Joy added that since Lower's departure, the two seniors have put extra pressure on themselves to lead the team. However, Conn said he doesn't think so.

"I feel like it's a team sport," Conn said. "Yeah, it hurts, but you've got to move on. I want [the team] to feel like they can count on me and Joe."

The Penguins will compete in the Detroit Titans Invitational on Friday and Saturday, as well as the Earl Yestingsmeier Invitational on April 21 and 22.

Hankle evolving into leadership role

Joe Catullo Jr.
SPORTS EDITOR

After concluding matches with the University of Wisconsin-Green Bay on Saturday at the Boardman Tennis Center, junior Lauren Hankle was teaching freshman Marta Burak how to pitch a baseball using a tennis ball.

"Don't throw it high," Lauren said to Burak on the court. "You're pitching overhand, so you want to throw it lower."

Burak said, with a laugh, that Hankle didn't do a great job.

"She plays football better," Burak said. "She's good at football and basketball."

Along with teaching Burak, the Ukraine native, American sports like baseball, she is also trying to lead the Youngstown State University women's tennis team.

Hankle is the oldest player on the team. The rest of the team consists of two freshmen, three sophomores and two juniors, including Hankle.

Hankle is only a junior because she was redshirted last year and has one year left to compete.

She was redshirted after she tore her labrum during her sophomore season early on, despite finishing out the year.

Hankle, an exercise science major, has dealt with injuries before while playing at YSU. She also had three wrist surgeries, all on her right wrist, during her time at Hempfield High School in Lancaster, Pa.

One reason she chose YSU was because it offers a physical therapy program.

"Thought the girls were great," Hankle said. "When you're on a tennis team, you want to be with girls that you like, so that was the big reason why I came here."

She said her proudest moment came during her freshman



Junior Lauren Hankle prepares to return a serve against a University of Wisconsin-Green Bay opponent on Saturday. Hankle won her singles match while dropping in the doubles. Photo by Joe Catullo Jr./The Jambar.

season at YSU in the Horizon League tournament. She earned two victories against Cleveland State University and Butler University in the No. 2 singles.

Hankle was the determining factor in the quarterfinals and won to advance YSU in the semifinals in which she lost.

"We played in the third-place match," Hankle said. "It came down to my match again, and I won the match for us to get third place in the conference, which we had a lot of freshmen that year. Now I'm hoping to be better than that next year."

Hankle is still trying to recover from her recent surgery. First-year men's tennis coach Mark Klysner said he doesn't see any problems with her shoulder.

"So far, if you'd ask me at the beginning of the season, I thought for sure it would be a lot worse," Klysner said. "I really haven't heard anything out of

her. She seems to be doing very well when she gets treated from time to time, but I don't see any injuries with that."

While recovering, Hankle is also attempting to evolve into a veteran leader for the Penguins. She said the biggest problem she is trying to correct is staying positive.

"I'm trying to get better, with the help of the coaches, at staying positive and pumping them up because when I get hard on myself, it affects them as well," Hankle said. "When they see I'm confident, it helps them stay confident. I'm just trying to be a leader as much as I can."

Klysner said every player is different when it comes to leading a team. With that being said, Klysner said he believes that Hankle's ability to never quit is what makes her a leader.

"She focuses a lot on her match, which can be misconstrued because you can look at

it as not supporting the other girls," he said. "In actuality, she is supporting the other girls, but she's somewhat fired up on the court."

Burak said she sees Hankle as a leader because she helps and is supportive of her.

"How can I describe her?" Burak asked herself.

"Only good things," Hankle shouted as she sat behind Burak.

"Ah, she's a good teammate," Burak said. "What can I say? She supports us all the time, and she's a good player."

Burak then glanced over at Hankle, who was grinning back at her.

"What? I'm just saying," Burak said to Hankle.

Klysner said the team needs Hankle and her leadership in order to perform well next year.

"Hopefully, we'll have a team with a shot next year, and Lauren's going to be a big part of that," Klysner said.

Sports Briefs

Women's basketball serves the community

The YSU women's basketball team is back and volunteering its services in the community. The Penguins volunteered at several schools and churches during the 2011-2012 academic year. This year, the Penguins read to nearly 3,500 students in second through fifth grade. They also participated in two spaghetti dinners at Our Lady of Mount Carmel Church and walked in a nonviolence parade. Seniors Macey Nortey and Kenya Middlebrooks took on individual projects. Nortey collected soap and shampoo donations for a homeless shelter, and Middlebrooks planned a canned food drive.

Penguins conclude drills at WATTS

The YSU football team worked out in the WATTS to begin its final drills week on Monday. It was the second indoor practice this spring but the first full-pads practice. The Penguins were initially scheduled to practice at Stambaugh Stadium, but adverse weather caused the move. The Penguins practiced individual and situational drills for more than two hours. Following practice, junior quarterback Kurt Hess and head coach Eric Wolford talked to media about an upcoming tailgate contest. On Friday, prior to the annual spring game, the Penguins will determine the best tailgate food. Winners will receive gift cards. Tailgate lots open at 5 p.m., and the spring game is slated to begin at 7:30 p.m.

Penguin Spotlight



Sarah Heimlich



Aislynn Merling

Freshman Aislynn Merling and junior Sarah Heimlich finished first along with freshman Mallory Cortis from Saint Francis University at the Purple Eagles Invitational, hosted by Niagara University. All three players finished 19 over par. YSU won the tournament, finishing 92 over par and 13 strokes lower than Robert Morris University.

'Jack Up The Rev'



Sports Editor Joe Catullo Jr. will recap the baseball team's doubleheader on Wednesday at Kent State University. Tuesday's home game was canceled, which resulted in the scheduled doubleheader.