

RUSS NOLAN

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PAYO: Creating a Mindset of Helping

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Last spring, Megan Evans and Ashley Orr founded PAYO: Poverty Awareness in Youngstown — a service project dedicated to raising awareness of and alleviating poverty in the city — this year they're looking to broaden its scope.

"We decided that we wanted to do a year of awareness and a year of caring," Evans said.

In accordance with monthly themes, they're scheduling events to raise awareness and will hold monthly collections to care for impoverished citizens.

In August, they partnered with the Student Government Association and gave away Team Tressel T-shirts to students who threw a football through a target or donated food or clothing.

"We actually did have a few students pull out their gym shorts that they'd planned on working out in and give them to us," Evans said.

This month they're working with the Honors College to hold a canned food drive that will factor into the College's Scholar Wars. They're also participating in an SGA Serves event on Monday by volunteering to clean up Elm Street.

Orr said the purpose of having monthly events is to keep poverty awareness at the forefront of students' minds.

"Last year we did this two week project where our goal was to raise awareness — and we did raise awareness while we were doing all these collections — but we didn't keep the awareness up," Orr said. "We want it to be constant, so we change the mindset into a mindset of helping."

She said they are also making an effort to partner with other organizations.

"The problem isn't just Honor's problem, or the problem isn't just downtown Youngstown's problem. It's really all of ours," Orr said.

Next month, they will be running a book drive in collaboration with the Student Literary Arts Association. They will also provide opportunities for students to record themselves reading the books they donate so children can follow along and improve their literacy.

In the future, they're collaborating with Student Activities and the journalism program to add a poverty component to the Tunnel of Oppression in November. They are also planning on working with an honor society in the college of education to conduct a school supply collection.

Their efforts are building to a year-end event at Harding Elementary School.

"Our goal is to take everything we collect from all of these different events and put them in the gymnasium at Harding Elementary just like

we had done last year, and then invite the parents and the students to come and get what they need," Orr said.

Evans said they targeted families in the Youngstown City School district because 98.2 percent of students are considered economically disadvantaged — their household income is less than or equal to 185 percent of the federal poverty guidelines.

The decision to hold the event at the school was to reduce the stigma associated with going to a food bank or clothing drive, but Orr said they still have to contend with peer effects.

"If you look at people's consumption patterns, they'll commonly over consume in front of their neighbors," Orr said. "It also happens the other way, where they don't want to go collect things from this event because maybe their daughter's best friend will see."

In an attempt to reduce the effect, they will be holding a carnival this year.

"It's going to be a fun community event for all the Harding students to attend," Evans said.

Evans said they are planning on having games, dogs for students to pet, face painting and a bounce around.

"If we could get something like that, the parents could go through the line and pick up what they need without their children," Orr said. "Because

City and University Release Economic Development Plan

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Youngstown State University's Center for Urban and Regional Studies unveiled a citywide economic development plan at the Covell Centre on Tuesday.

The city and the university collaborated on the plan, which was the product of a \$220,000 grant from the U.S. Economic Development Administration.

The 495-page document sets goals for development, identifies opportunity sites, includes case studies comparing Youngstown to similar cities

and outlines a marketing campaign for the city.

The plan is focused on encouraging entrepreneurial activity, training citizens for jobs available in the city, creating a consortium of anchor institutions, promoting growth, continuing growth of the city core, increasing economic development in neighborhoods and investing in corridor and infrastructure upgrades.

Ronald Chordas, executive director of the Center for Urban and Regional Studies, presented the plan. He acknowledged the difficulty of implementing plans and said it will require long-term com-

mitments from stakeholders, the community holding itself accountable and continued coordination and collaboration.

"The difference I see between this and other plans that have been around awhile is groups like CityScape, YSU's escape — these young people are engaged in this process," Chordas said. "They aren't content to just let it die."

He said it is easy to get federal grants for planning, but it's more difficult to obtain funding to implement those plans.

"I'd like to see the federal government change their focus a little bit," Chordas said. "We have enough plans. Let's work on implementing these plans."

Mayor John McNally said previous planning efforts like Youngstown 2010 — which focused on the growth of 58 different neighborhoods — were too broadly focused.

"That's too much for a city to take on," McNally said. "They certainly didn't have the resources to do everything in the plan."

Despite that, the mayor said Youngstown 2010 still inspired positive things, like the establishment of the Youngstown Neighborhood Development Corporation.



Mike Htphlo, associate vice president of research, speaks about the university's role in implementing the plan at the Covell Centre on Tuesday.



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Professors Unite to Battle Osteoporosis in Astronauts

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Alicia Prieto-Langarica, assistant professor of mathematics and statistics at Youngstown State University, is collaborating with Marnie Saunders, a biomedical engineering professor at the University of Akron, to study bone micro-fractures and regeneration, and its effects on astronauts.

The research examines the constant regeneration that takes place in bones.

"With each step we humans take, we're causing very small micro-fractures in our bones. We have one type of bone cells that eat up the debris left by the cracks and another that lays more bone down to fill them back up," Prieto-Langarica said.

The goal of the research is to see what makes the cells lie and remove bone and how they communicate.

Prieto-Langarica said that astronauts, who have walked in zero gravity, come back to earth very susceptible to osteoporosis at a young age. This is due to there being no gravity in space and no stress on the bones.

I think sometimes that's hard too."

Orr said she would like to get as many students and organizations involved as possible.

"If you're a student group, think about how you can part-

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GRAPHIC BY RJ MIKOLA/THE JAMBAR.



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PROFESSORS UNITE
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Speaking to a Changing Climate

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Ray Beiersdorfer, professor in the department of geological and technical studies, is holding the Energy and the Environment Lecture Series at Youngstown State University for the third time.

Beiersdorfer began the lecture series three semesters ago to focus on environmental problems impacting the world and the city of Youngstown. The lectures take place every Wednesday in Cushman Hall and are open to students, faculty and the community.

He said he wants to give members of the community the information they need to stay on top of the issues.

“These lectures are to make people aware. This is the first step when it comes to change. I don’t know how successful it will be, but that’s the goal,” Beiersdorfer said.

Beiersdorfer said he wants to make the lectures relevant to current issues.

“I want a mix of lectures to show shale gas development, renewable energy and bigger issues related to health and climate change,” Beiersdorfer said.

He said he likes to have prevalent figures participate in the series. This year, Michael E. Mann, director of the Earth System Science Center at

Pennsylvania State University, will be discussing the infamous hockey stick graph — which he helped produce — and the controversy it created.

Mann said he will also incorporate findings from new research into his lecture.

“I will touch on some work we have been doing looking at the increased coastal risk to the U.S. east coast associated with the combined effects of sea level rise and intensifying hurricanes,” Mann said.

Beiersdorfer said climate change will have a tremendous impact on current YSU students.

“I know that students are busy with classes and getting a job, but climate change has been dumped on their generation. Whether or not they want to, they have to be more educated about it, and this is one way they can do that,” Beiersdorfer said.

The lectures will also address the risks associated with hydraulic fracturing, an issue Beiersdorfer is passionate about.

“We have eight months of damage caused by the earthquakes in our wells and properties in Youngstown without the state doing anything about it,” Beiersdorfer said. “Poland gets an earthquake and within one week of it becoming aware to the state and the public the damages get resolved, but not here.”

He said this is a product of

environmental racism.

“Environmental racism is when impoverished areas get the toxic waste dumps, get the incinerators, like in East Liv-

ingpool. It’s in the books and history that we teach here, that poor predominantly black minority areas get waste dumped on them,” Beiersdorfer said.

“I would like in the future for someone to come out to talk about environmental racism and justice because that is a real issue that is affecting the Youngstown area.”

He said he is open to suggestions for future lectures.

“I am always asking the community for recommendations on who they want to see in the lectures. If they have somebody, I will reach out to them,” Beiersdorfer said.

He said the lectures have gotten a good response from students in the natural sciences, with between 12 and 50 turning out regularly.

“I had a student come to me this last summer,” Beiersdorfer said. “She was a nontraditional student that was taking general education courses, and because of coming to these lectures, it’s changed how she sees the world and what she wants to teach her students in the future.”

For the complete schedule of lectures and speakers, visit <http://newsroom.ysu.edu/speaker-series-on-energy-and-the-environment-resumes-sept-9/>.

One in Four Female Undergraduates Reports Sexual Misconduct, Survey Finds

By Teresa Watanabe
Los Angeles Times
(TNS)

More than one in four female undergraduate students reported they were victimized by nonconsensual sexual contact in a national survey of 27 universities released Monday.

But the survey for the Association of American Universities, one of the most comprehensive ever conducted on college sexual misconduct, found wide variation in the cases depending on campus, gender, age and type of offense.

Among undergraduate females, for instance, between 13 percent and 30 percent had been victimized by the most serious types of misconduct — sexual penetration or touching involving force, threats of force or incapacitation by alcohol or drugs across the campuses surveyed. The risk was highest for freshman women, whose rate was 16.9 percent, compared with 11.1 percent for seniors in 2014-15. But over the course of their college life, 26.1 percent of senior females reported being victimized.

The online survey of 150,000 students also found low rates of reporting sexual misconduct and a mixed response over whether respondents believed their university would conduct a fair investigation. But the vast majority of those who actually reported their cases gave high marks to officials for showing them re-

spect and helping them understand their options.

The survey was aimed at helping campuses address the problem of sexual misconduct, according to Hunter Rawlings, the association’s president.

“The leaders of our universities are deeply concerned about the impact of these issues on their students,” Rawlings said in a statement. “Their participation in this and other climate surveys is an important part of their efforts to combat sexual assault.”

Many universities have moved to improve their response to campus sexual misconduct since the federal government began cracking down in 2011 with a record number of policy directives, fines and more than 100 investigations. Rawlings said the data can also be used to assist policymakers in crafting additional responses.

Estimates of the problem have varied widely. One frequently cited study of two large public universities found a rate of nearly 20 percent among female college seniors. The University of California’s 2014 survey of 104,000 students, faculty and staff members, however, asked its questions differently and found only 6 percent of undergraduates had experienced “unwanted sexual contact.”

The university association released only the aggregate results of the survey, which was conducted by the Westat research firm in April. Each of the campus participants, which included USC and Caltech in

California, was expected to release its own findings separately. Other participants included Harvard, Yale, Dartmouth, Brown, Cornell, Columbia, Purdue and the University of Arizona.

In a unique design, the survey asked students whether the nonconsensual sexual contact occurred by force, incapacitation, non-physical coercion or the absence of “affirmative consent,” an emerging standard that requires both partners to explicitly agree to the encounter. Physical force was the most prevalent tactic and coercion the least.

Overall, 28 percent of female undergraduates reported they were victimized by any of the four tactics. About 23 percent of female undergraduates and 11.7 percent of all students surveyed reported the most serious — physical force and incapacitation — had been used against them. The relatively low response rate of 19.3 percent could have produced a slight upward bias in the results, researchers said.

David Cantor, one of the lead survey investigators and a University of Maryland research professor, said one of the most striking findings was the wide disparity in campus experiences with sexual misconduct.

“This sends a very strong message that each institution faces really unique circumstances and challenges when trying to change campus climates and prevent and respond to sexual assault and misconduct,” he said.

Mastering Accounting

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Youngstown State University is set to begin a specialized Master of Accountancy program in the fall of 2016.

The Laricca School of Accounting and Finance and the College of Graduate Studies proposed the new program to the Board of Trustees on Sept. 8, where it was recommended for approval by President Jim Tressel.

The creation of the program is awaiting formal approval from the Chancellor’s Council of Graduate Studies. YSU will present the proposal at the Nov. 20 meeting.

Betty Jo Licata, dean of Williamson College of Business Administration, said there is a notable difference between the current Master of Business Administration program and the proposed program.

“One of the major differences between the two programs is the Master of Accountancy degree, it focuses on a specialized area of accounting and finance. Where the MBA is more of a broad based degree that includes all areas of business,” Licata said.

Ohio and Pennsylvania currently require applicants to complete 150 hours of university credit before taking the Uniform Certified Public Accountant Examination.

Raymond Shaffer, former chair of accounting, said the program is better suited to accounting majors looking to gain valuable experience in classes that will help them further their career and reach the 150-hour university requirement for the CPA.

“The rules that govern the CPA exam say students need 150 hours, but it does not specify what they need to be in,” Shaffer said. “The intent is for them to take classes to better themselves professionally ... but if it was offered they could take basket weaving for credit, and it would count.”

Licata said students should not take advantage of easy classes to meet the requirements.

“Smart students will use those hours to build their knowledge of skill competency. In order to build those hours, we believe students would be better served by pursuing a graduate degree than taking additional undergraduate

hours,” Licata said. Megan Giuliano, a junior majoring in accounting, plans on enrolling in the program if it is approved.

“I wasn’t interested in getting the MBA. I didn’t want to take that route. I wanted a more specific degree in accountancy,” Giuliano said. “I think the extra hours of class time and one-on-one time with the professors will prepare us for those exams and will be a great benefit.”

Giuliano said she wants to stay with YSU, and has previously been afraid that she would have to relocate to another university.

“To learn that I could stay where I’m comfortable, at YSU, it’s exciting,” Giuliano said. “It means another year staying close to YSU, being a part of the program and staying close to the faculty I’ve known in my undergraduate years.”

The graduate program will be offered within the WCBA. Licata said they hope to attract graduates from regional colleges and universities that do not offer a similar degree, such as Baldwin Wallace University or Mount Union University.

“Other schools have been very supportive and have also expressed interest in possible collaboration,” Licata said.

The program will focus on advanced knowledge of tax, finance and accounting, as well as broad management skills.

This includes leadership, ethics, communication and knowledge of business processes. Four new courses will be developed for the program.

The program is estimated to enroll 12 to 15 students initially, with the goal of eventually having 23 to 35 students pursuing the degree at any given time. The program is neither designed nor expected to become a large program.

In the beginning, Shaffer said that no new staff will need to be hired to support the program.

“The program is designed to work with our existing staff at first, and if enrollment increases enough we will look into hiring someone,” Shaffer said.

The program is projected to cost the university about \$72,000 next fall, with costs rising to around \$165,000 by its fourth year. Without taking State Share of Instruction into account, they expect to bring in around \$50,000 in the first year and nearly \$70,000 by the fourth year.

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NEWS BRIEFS

WCBA Alumni Honored with Banquet

The Williamson College of Business Administration at Youngstown State University will honor four alumni with the 2015 WCBA Outstanding Alumni Award at the WCBA Alumni Banquet. The banquet will be held Friday, Oct. 16 at 6 p.m. in Williamson Hall. The honorees are Anthony Vross, Thomas Meola, Melanie Cann and Chris Allen. Reservations for the banquet can be made at web.ysu.edu/wcba.

"La Mia Strada" Screening Tomorrow at YHCIL

The Youngstown Historical Center of Industry and Labor will host a screening of the film "La Mia Strada (My Road)" from 5 to 7 p.m. on Thursday, Sept. 24. This screening is free, open to the public and will be accompanied by a discussion with Michael DiLaura, the film's producer and director. For more information, call 330-941-1314.

ECON DEVELOPMENT PLAN FRONT

"From larger plans, we've got smaller pieces of work being done," McNally said.

He said the current plan's identification of opportunity zones and corridors are good for both the city and neighborhood groups who want to contribute to economic development.

They went corridor by corridor, identifying 1,200 acres across 2,000 parcels in the center city, along corridors and off corridors. Some of the corridors targeted for development are South Avenue, Market Street, Belmont Avenue, Oak Street and Poland Avenue.

Nick Chretien, an intern with the Center for Urban Research and Studies, helped with this part of the research.

"That was my life for a few months. It was pretty fun though, just finding different locations for potential businesses — both commercial and industrial — throughout the city," Chretien said.

Thomas Maraffa, a geography professor who helped with the research, compared Youngstown with benchmark cities like Scranton, Pennsylvania, Green Bay, Wisconsin, Toledo, Ohio and Flint, Michigan.

"You want them to be comparable, but also aspirational," Maraffa said.

He found that our central business district is near the bottom of the benchmark cities in terms of employment, establishments and payroll. However, our payroll per employee is near the middle of the distribution. In Youngstown, about two percent of the city's employment, establishments and payroll are concentrated in the central business district. In other cities, it's between 15 and 20 percent.

Maraffa said you could take the glass half-empty view that we are lagging behind other

cities, or the optimistic view that we have room to grow, and it's possible to do more with what we have.

Dominic C. Marchionda, city-university planner for the Center for Urban Research and Studies, said central business districts traditionally have the capacity to house about 10 percent of residents in a metropolitan statistical area. That means Youngstown could support nearly 6,000 more housing units if more jobs and businesses were located downtown for those residents.

Mike Hripko, associate vice president for research at YSU, said he will be taking on more responsibilities on behalf of the university for implementation of the plan.

"Those high level goals we're going to maintain," Hripko said. "Our strategies and our plans may change, but if we keep these in front of us as our top seven goals we'll be directionally correct going forward."

Hripko said establishing the consortium of anchor institutions is a big part of that, and the university has signed a memorandum of understanding with Mercy Health.

Chordas said the Center for Urban and Regional Studies will be coordinating efforts to obtain grants and financing.

"We have the connections to make it happen, so we're going to be a big part of raising money and going forward with everything," Chordas said.

McNally said the university and city realize they are joined at the hip in development efforts and their decision to work together is reason to be optimistic.

"The plan is continuing to foster and improve on the relationship between the city and the university," McNally said. "I think you're going to continue to see a lot more positive interaction between the two entities."

steps, which represent the 26 days that the bone cell research is being done in the lab at the University of Akron," Van Scoy said.

She said the program has yielded positive results in its early stages and is consistently similar to the 26-day physical experiments being done in Akron.

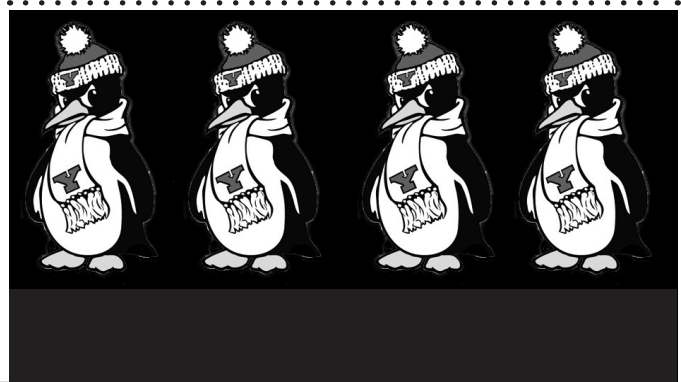
"Another neat thing about the program is that we can see what the sheet of bone looks like because the 3D matrix essentially stacks each day, and image, on top of the previous," Van Scoy said.

Van Scoy credits Prieto-Langarica with pushing her

to major in applied mathematics instead of electrical engineering.

"If it weren't for Dr. Prieto, I would not love math nearly as much as I do now, and I most definitely wouldn't be a math major," Van Scoy said. "I am so grateful for her encouragement and her belief in me. She has definitely changed my life."

Prieto-Langarica, Saunders, Van Scoy and Flora Opoku Asantewaa, a graduate student handling the statistics involved in the research, will soon be publishing a small portion of their research in a journal.



PROFESSORS UNITE FRONT

Prieto-Langarica credits Gabrielle Van Scoy, an undergraduate in the math department, for creating the program that runs her models.

"The program was created using MATLAB, which is a sort of programming language that is really good with matrices and plotting things," Van Scoy said.

The program only models bone formations, but Van Scoy is hoping to model bone metabolism as well.

"The program runs 26

Stout Receives Prestigious Accounting Award

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David Stout, the John S. & Doris M. Andrews chair in accounting at Youngstown State University, was awarded the 2015 Outstanding Accounting Educator Award from the American Accounting Association in Chicago.

The award recognizes excellence in accounting education and research over a sustained period of time. The PricewaterhouseCoopers Foundation sponsors it.

Stout said he was honored to receive the award.

"I have won my share of awards — not of this magnitude — but I always thought I was just doing my job. I never thought that I was doing anything special or extraordinary, but it is gratifying to think that someone out there agrees that whatever you have done is in fact special," Stout said.

While teaching, Stout has published 100 articles in various academic journals and is the co-author of "Cost Management: A Strategic Emphasis." Last year, he completed a three-year term as a member

of the Board of Directors for the AAA and is a past president of the AAA Ohio Region.

Betty Jo Licata, dean of the Williamson College of Business Administration, praised Stout for his academic endeavors.

"This is an exceptional honor for David Stout and recognizes his exceptional career in accounting education. He has demonstrated excellence in teaching, research and service to his profession," Licata said. "We are fortunate to have such a uniquely talented individual on the faculty of the Williamson College of Business Administration."

Stout said winning the Outstanding Accounting Educator Award was very important to him because typically, the recipients of this award are from larger institutions and primarily teach Ph.D. students. He said he wants to serve as an example for others who are on the same path.

"Beyond any personal satisfaction I am receiving from this award, to me, is the satisfaction of breaking the mold in a sense and having somebody receive the award from my background, someone who has not been at a large state insti-

tution that you would recognize," Stout said. "I'm as happy and proud about that as I am of receiving the award."

Among the attendees at the ceremony were Stout's wife, his oldest son, Licata and Raymond Shaffer, the former chair of accounting.

Stout said in the two days leading up to the event, he had the chance to introduce his family to the former presidents of the AAA, who told them about the prestige of the award. He said it didn't sink in until he was there.

"It never really sinks in until you go up on stage in front of all those people and you hear from the people who ran our organization the last 10 years, and then it sinks in that this is so rare of an event that you feel humbled," Stout said. "When I think of the people who preceded me, who won that award, I begin to question, 'Am I in that same category?' Then I just dismissed it. I went up on stage, smiled and lived in the moment."

Stout said he mainly wishes to be remembered for his commitment and love for teaching, and also for the impact he has had on his students.

"[As a teacher] you are able



PHOTO COURTESY OF DAVID STOUT

to have a direct and profound impact on the lives of young people. There are not many professions where you could say that," Stout said. "Those interactions that you have with students in class and outside of class are opportunities for life-long relationships."

Stout said he would like to write and publish two more articles before he retires in June 2017 in honor of the professors who inspired him. One article will be called "Defining Moments" and the other will be called "Things I've Learned Thus Far."

Stout said he would like to instill a sense of pride for the

university and its faculty in the students. He said they should be happy that they go to a college that has award-winning faculty.

"Don't be afraid to celebrate other people's accomplishment. Don't be afraid to recognize the good work that others are doing. It's our award. It's for YSU," Stout said. "If I leave any kind of legacy, it will be in the mindsets of students with whom I came into contact who said, 'You always took the time for us.' That would be the biggest compliment, more so than the plaque, the awards and the other stuff that I have received."



PHOTO COURTESY OF JOHN ABBOTT.

BILLY LUDT

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Russ Nolan, a New York-based jazz saxophonist, will host and perform at a workshop at Youngstown State University and play at Christopher's Downtown in downtown Youngstown on Friday.

Theron Brown, YSU's instructor of jazz piano, has a trio that will back up Nolan for the master class/performance. The performance is 1 to 3 p.m. in the YSU Dana School of Music.

Nolan will be performing some of his original tunes and arrangements for YSU students. The purpose of the class is to discuss composition techniques and ultimately encour-

age students to go out and create something of their own.

"In other words, I'm taking them through the creative process," Nolan said.

Nolan was recently voted onto "DownBeat Magazine's" Rising Star Annual Critics Poll.

Christopher's Downtown is located at 100 Federal Plaza East in downtown Youngstown. Nolan's performance at Christopher's is 6:30 to 10 p.m., with a jam session involving YSU students mid-performance starting at 8 p.m.

"They're good people at Christopher's, so we should have a really nice time," he said.

Aside from his performances in Youngstown, Nolan will be playing a jam session in Akron at BLU Jazz+ with Brown on

Thursday. On Saturday, Nolan is performing at BOB STOP at the Music Settlement in Cleveland from 8 to 11 p.m.

"First of all, I never planned to be a musician," Nolan said. "I wanted to be a professional athlete — I'm sure that's not unusual. Baseball was what I thought I had a chance of doing beyond high school."

After trying out for some minor league baseball teams, Nolan decided to become a musician, studying at the University of North Texas.

Nolan moved back to his hometown of Chicago out of college. There, he played in the jazz scene for 10 years. Two of the U.S.'s burgeoning jazz scenes are in Chicago and New

York City. Nolan lived for 10 years in New York City and over a decade in Chicago.

"The great thing about New York is that the world's best come there to play and study," Nolan said. "The ethnic influence you have from all parts of the world — they come and they infuse their music with jazz. It's a great thing."

Nolan cites several saxophone players who heavily influenced his playing style: Joe Henderson, John Coltrane, Sonny Rollins and Chris Potter. He is an ex-student of Potter's, a world-renowned saxophone player.

Toronto is the next stop on Nolan's tour. Later in the year, he will be teaching in Savannah,

Georgia, Houston, Texas and then Toronto again.

"But it's amazing," Nolan said. "The education system is good, and people are interested in learning and performing jazz. There are still some jazz clubs remaining down in that area."

Some of Nolan's albums are "Tell Me," "Relentless," "With You In Mind" and, his latest release, "Call It What You Want."

More information about Nolan's exploits, releases and upcoming shows can be found at <http://www.russnolan.com/>.

"I'm excited to meet everybody in Youngstown — check out the scene, hang with the students and play with the great musicians," Nolan said. "It's going to be a fun time."

Album Review: Ryan Adams Gives Swift's '1989' His Own Spin

By Mikael Wood

Los Angeles Times (TNS)

What if "The End of Innocence" meant as much to Taylor Swift as "Like a Prayer"?

That's one of many questions that animates Ryan Adams' "1989," on which the crafty alt-country singer reimagines Swift's blockbuster pop album as a polished roots-rock disc.

Here his lodestars aren't Madonna or Fine Young Cannibals, as Swift has identified hers, but Don Henley and Tom Petty (whose "Full Moon Fever" also came out in 1989).

Nobody who's followed Adams' career will be surprised by how deftly he channels the sound of that era. In the decade and a half since he released his solo debut, "Heartbreaker," Adams has explored just about every variety of American guitar music, including stripped-down folk tunes, thrashing punk jams and arena-scaled anthems.

Last year, in addition to a self-titled collection of slick but moody rock songs, Adams put out "1984," a pitch-perfect homage to old-school hardcore bands like Hüsker Dü.

So naturally he gets the booming drums and chorus-effect guitars just right in his versions of "Wildest Dreams," "Welcome to New York" and

"Bad Blood." In "Style," he changes Swift's reference to "that James Dean daydream look in your eye" to "that 'Daydream Nation' look in your eye" — a winking acknowledgment of the Sonic Youth album that had people talking at the time.

Yet Adams, who recorded "1989" at his Pax-Am studio in Hollywood, isn't merely playing an elaborate record-nerd game. He goes deep into Swift's songs, clearly relating to her lyrics about broken relationships, as in "All You Had to Do Was Stay" — "Why'd you have to go and lock me out?" he wonders with a sob in his voice — and "Blank Space," in which he adds an unprintable modifier to emphasize just how reckless

he and his ex were.

The celebrity subtext here — and there's no dismissing the celebrity subtext in anything related to Swift — is Adams' recent split from his wife, Mandy Moore. On a practical level, of course, their separation is likely what inspired Adams to undertake this project, given that the guy suddenly had a lot of free time on his hands (and a gear-packed clubhouse in which to spend it).


But in his appealingly ragged singing you can also hear the mixture of dismay and gratitude that any pop listener brings to a song that captures precisely what he or she is going through. It's there in "I Wish You Would," about regretting

your actions when it's too late to change them, and "I Know Places," about the pressure that public scrutiny can put on a couple.

And it's there in Adams' cautiously optimistic take on "Clean," in which the narrator finally shakes the last trace of a bad breakup.

An obsessive self-chronicler, Adams will almost certainly write his own songs about whatever went down between him and Moore. Until then, though, you get the sense that he's using "1989" to answer another question: Has anyone else ever felt like this?





YOUNGSTOWN STATE UNIVERSITY

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Before It Strikes

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Wolfe is a professor of Human Biology at Stanford University; the Founder and CEO of Metabiota, a company that specializes in microbiological research, products and services; and the Chair of Global Viral, a non-profit that promotes exploration and stewardship of the microbial world.

Wolfe was named a Rolling Stone "100 Agents of Change," a National Geographic Emerging Explorer, a World Economic Forum Young Global Leader, ST-AMBAUGH BOX OFFICE, MONDAY-FRIDAY, 9 A.M. TO 6 P.M.

*This event is free and open to the public, but tickets are required.

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EDITORIAL

About That Preacher On Campus Tuesday

“And I will strike down upon thee with great vengeance and furious anger those who would attempt to poison and destroy My brothers. And you will know My name is the Lord when I lay My vengeance upon thee.” Ezekiel 25:17

Well, that’s not really what it says. That’s from Pulp Fiction.

The actual Ezekiel 25:17 says essentially the same thing, but Quentin Tarantino spiced the verse up a bit and Samuel L. Jackson delivered the line as though he was God’s own angry, afroed messenger.

There is an inherent judgment in the most fun Bible verses to quote because usually it’s a prophet telling a bunch of people that God is super mad, and if they don’t straighten out, he’s going to wreck house. That judgment provokes the visceral reaction many people have to street preachers.

Tuesday, some Youngstown State University students showcased that reac-

tion by engaging a preacher who set up shop in the campus core with a variety of signs that expressed generally ignorant views and bigoted claims concerning gender roles and sexual orientation.

Later that afternoon, Jacob Schriener-Briggs, Student Government Association executive vice president, posted sage advice on Facebook for those encountering the preacher.

“A note on the religious antagonists on YSU’s campus today — if you disagree with their views, it might do better to ignore than to engage,” Schriener-Briggs said. “They want to get you angry. They don’t want reasonable dialogue. A shouting match between two competing views makes both views look bad.”

This editorial really could end with that point, but there’s space that needs filling so a deeper look is in order.

One of our reporters went to the preacher’s demonstration and filmed

some student reactions to the presentation. At one point in the video a female student is screaming at the preacher, who then offers her a Bible, which she rips from his hands and tosses to the ground.

We decided not to run that video.

We chose not to run the video because we didn’t want to give the preacher a larger platform for his message and because the interaction between the two individuals had no real value.

A student screaming objections was not going to change the mind of a man who drove two hours to stand in the middle of a college campus and tell students their values are wrong and they’ll be condemned to eternal torment for holding them. Likewise, a soapbox preacher with a highly conservative message isn’t going to sway a ton of minds on a college campus.

Engaging the preacher gives him and his message power. Imagine if students

ignored him and just walked by, giving little more than a passing glance to his doom saying. He would be deflated; a crazy man shouting to the wind. There’s nothing more pathetic than a comedian performing for an empty room.

Why is it that the least-deserving voices so often capture our attention? Why does Donald Trump get so much airtime for his antics when an in-depth look at his proposed policies shows his complete inability to run a country?

Why does a preacher draw a bigger crowd than SGA meetings, where students can actually engage issues on campus? Why does he draw a larger crowd than the Board of Trustees meetings, where students can see what those in charge are actually doing with tuition dollars?

Now, this isn’t to undermine the importance of standing up for students who are members of communities facing discrimination. The show of support

is wonderful. However, it takes little time to toss out an opinion, climb aboard a high horse and ride off into a sanctimonious sunset, especially when the target of one’s ire is essentially a caricature of a human.

It takes a lot more effort to actually join YSUnity and help them work toward better campus conditions for LGBT+ students.

For a bit of irony, here’s a Bible verse that offers some perspective on the issue. While giving the Sermon on the Mount, Jesus said, “Do not give dogs what is holy, and do not throw your pearls before pigs, lest they trample them underfoot and turn to attack you.”

Essentially, he’s saying “don’t waste my message on people who refuse to see its value.” Pigs don’t have much use for pearls. For the sake of this metaphor, consider a person’s attention as their pearl. No one should give their pearl to people who will squander its value on hateful and divisive ideas.

JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

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The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor, the copy editor and the news editor. These opinion pieces are written separately from news articles. They draw on the opinions of the entire writing staff and do not reflect the opinions of any individual staff member. The Jambar’s business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

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Experiencing Secondhand Stress

GINO DIGULIO

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Grab your backpack, find a comfortable spot in the world, go to Starbucks and buy the absolute largest cup of coffee they offer (preferably something with enough caffeine to keep a small elephant awake for an extended period of time) and get prepared for a mental breakdown or two ... or three. The middle of the semester is about to hit us, and just like every other semester, it will hit hard.

This is my third year at this university and to be completely honest, you would think I have grasped the idea of time management, balancing three jobs (one that forces me to travel the country every weekend) and school work, as well as my social life by now. I haven’t, and I am sure the majority of you haven’t either. So at least we are in this together!

Unfortunately, this semester’s midterm stress is different for me. In fact, I wasn’t stressed at all before this week. I thought I was organized, prepared and was ready for smooth sailing through the middle of the semester! That was until I saw a handful of people in the library having

mental breakdowns and panic attacks right before my eyes ... Then it hit me like a semi truck; the instant feeling of anxiety, apprehension and straight up panic for absolutely no reason.

My chest tightened, temples pulsed and I began frantically reviewing notes and started pumping out emails to professors and other students because I felt like I wasn’t doing enough in comparison to the students I saw.

What in the world was happening? I went from jolly Gino to restless Gino in a millisecond. I was experiencing secondhand stress. I’m sure you all have experienced this to some degree also. This is a real psychological condition, and it runs rampant in our productivity-infatuated culture. It has lasting effects and can sometimes be mistaken for other types of anxiety and stress.

Disorganization and forgetfulness, failure to communicate and random outbursts of inadequacy are just some of the manifestations of secondhand stress. Once you find evidence of secondhand stress, it is a good idea to take care of it as soon as possible. Especially since midterms are upon us, and the workload will only intensify with time.

Now, I may not personally know you, but nobody deserves to go through anxiety and

stress to *that* degree. So here are some ways to help manage your secondhand stress (or just self-created stress for all I know) before it manages you.

First, try to be aware of what is happening in your life. Being completely oblivious to your mental health will most likely force you into a deeper realm of stress/secondhand stress and even depression. Know when it is happening and take charge. Next, create healthy habits. So no, that bag of Cool Ranch Doritos, as delicious as it may be, is definitely not going to help you out all that much when you are experiencing stress.

Lastly, dress to repress — a phrase I use when I dress like a bum. Allowing yourself to be comfortable physically will help alleviate some of the anxiety. Repress all of those emotions and get yourself back on track!

Now, as the midterm season kicks into high gear, pay attention to your surroundings, your mental health and your friends’ mental stability. We are all in this together and stressing out is not the correct answer to our problems. And if you don’t take this advice, just remember to go in the cubicles in the library before you start publicly crying. Call it your “me time.”

**THE JAMBAR
COM**

Coaching Changes Could Help YSU Basketball

Jeff Brown

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After a more than disappointing season a year ago, the Youngstown State University basketball team saw major changes before the start of the season. Perhaps the most important change came from the addition of two new assistant coaches Kevin Bruinsma and Stew Robinson.

The coaching positions opened after Brian DePaoli left the coaching staff due to personal reasons. Fellow assistant coach Steve Hall became the head coach and administrator of a high school basketball team in Detroit.

Bruinsma is in his third year with the YSU program, but has spent the last two years as the director of basketball operations. Bruinsma will be responsible this year for scouting opponents, on court coaching and overseeing the academic progress of student athletes.

"I worked the clock with the OPS guy, so I was on the floor and I would pay attention. Coach [Jerry Slocum] would always stop by at times and say, 'When you get your chance to be on the floor, this is what I would do here.' He hasn't been giving me advice just now, but he's been giving me advice since I got here," Bruinsma said.

While Bruinsma may be inexperienced on paper when it comes to coaching, he still thinks he can make a positive impact on this team.

"I'm the youngest guy on staff. I'm a really, really high-

energy person. I'm pretty vocal on the floor," Bruinsma said. "I'm very comfortable and confident in the things I do. I'll bring a relentless enthusiasm. I love the atmosphere, I love to cheer and I love to coach. I love to teach the guys and see them have success."

Stew Robinson

While Bruinsma is fairly new to coaching, the hire of Stew Robinson brings in a coach with 14 years of experience at the collegiate level, including the last four years at the University of Illinois at Chicago, a Horizon League conference foe. Over those four years, Robinson became familiar with the Horizon League, something that could become beneficial when the team enters conference play.

"I know all the teams in the league. We got some minimal chances at Green Bay [University] for instance. We got a new member in Northern Kentucky [University]. I'm really familiar with all the teams," Robinson said.

After going only 2-14 in Horizon League play a year ago, Robinson said that his knowledge of the Horizon League can help the Penguins become a contender for the conference championship, and maybe even make the NCAA tournament.

"I'm coming here with the mindset of winning a Horizon League championship — plain and simple. Winning the Horizon League championship puts us in a better position for a better spot in the tournament, and a potential bid for the NCAA Tournament," Robinson said. "I've been to the NCAA tourna-



PHOTO BY DAN HINER/THE JAMBAR.

Kevin Bruinsma was promoted after serving as the Director of Basketball Operations. Stew Robinson was an assistant coach at the University of Illinois at Chicago. The official announcement was made by the Youngstown State University Athletic Department on Sept. 21.

ment as a player and I've been there as a coach.

"My main focus is to get the players to that tournament so they could feel that exhilaration. I want the university to get to the tournament to feel that exhilaration of playing in the NCAA tournament because it's a deserving university."

Previous to coaching at UIC, Robinson spent eight years [2003-2011] as an assistant coach for Basketball Hall

of Famer Bob Knight and his son Pat Knight. Robinson was also a three-year starter for Bob Knight at the University of Indiana, where he helped the team to a Big Ten Conference title during the 1982-83 season. Robinson is looking to pass on that knowledge to this YSU team.

"You always do things the right way. You never try to cheat, or try to shortcut your way into winning and embar-

ass the university that you are at, your coach or your family," Robinson said. "That's one of the biggest things I want to do here in Youngstown. We want to put out a good product, but we want to make sure we do it in the right way. This is an outstanding university and we don't want to embarrass it in any way."

YSU's men's basketball will open its 2015 season at Kent State University on Nov. 14

YSU Cross-Country Team Prepares for All-Ohio Championships



PHOTO COURTESY OF YSU SPORTS INFORMATION.

The Youngstown State University cross-country team will compete in the All-Ohio Championship on Oct. 2. The Penguins finished 11th out of 38 teams in 2009, the last time YSU competed in the All-Ohio Championships.

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University cross-country team has been known over the years as a team that starts slow before hitting its stride toward the end of the year as one of the perennial powers in the Horizon League. This year however the Penguins are off to one their best starts in school history.

Through two meets, the Duquesne Dual and the Tommy Evans Classic, the women's team is undefeated, including wins against Mid-American Conference opponents Kent State University and the University of Akron. The men's team also had a strong showing defeating Duquesne 45-18 and defeating Akron, the top team in the MAC at the time, in the Tommy Evans Classic en route to a second place finish at the meet.

"This is probably the best we've ever been this early in the season. We usually go with more of a base type approach and then pretty much get faster as the season goes on," head coach Brian Gorby said. "Basically, those two meets were pre-season meets, we kind of

treat them like that, but we've probably run faster than ever in the 20-25 year history that we've ever run."

Senior Austin McLean and junior Melissa Klim have led the way for the Penguins, finishing in the top 10 of each event. McLean finished sixth in the Duquesne Dual, but was able to pull off a first place finish in the Tommy Evans Classic.

Both McLean and Gorby said that the new aggressive running style the team has taken on could be a major reason for the team's early success. Instead of pacing themselves and trying to make a final push at the end, the team starts out fast and tries to stay with the leaders throughout the race.

"That's about the first time we ever came out fast like that. We needed to do something different. We've been going out too slow in races like that," McLean said. "It definitely showed because we did so well at Akron. We got second, and I don't think we've ever beaten a team there to be honest."

The Penguins could be participating in their most difficult meet to date, the All-Ohio Championships, which the

team has not competed in since the 2009 season. The All-Ohio gives the Penguins a chance to compete against some of the top talent in the state of Ohio, something Klim feels confident in after the women's team's recent success against Ohio schools Akron, Kent State and the University of Malone at the Tommy Evans Classic.

"When you beat some [teams], you're like 'well they're not competition — we'll just beat them again,'" Klim said.

The All-Ohio Championships gives YSU the opportunity to get a practice meet in at the Elvin R. King Cross-Country Course at Cedarville University, which will host the Horizon League Cross-Country Championship later this fall.

"This gives us a great chance to put ourselves up against some of the better teams in Ohio, as well as learn the course for conference," McLean said. "It doesn't have a lot of hills or anything, but [we] got to learn some turns and figure out how we're going to race there. I'd like to just go out aggressive again like we did at Akron and see where we fall."

YouTube.com/
JambarVideo



MISSOURI VALLEY FOOTBALL ACTION WEEK FOUR ACTION

Robert Morris at (6) South Dakota State

(10) Liberty at Southern Illinois

*Eight other conference members

have bye weeks.