

HARRY POTTER A&E BETTER BLOCK O

Youngstown: The City of You

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The citywide economic development plan released last week includes a marketing plan that proposes adopting a new logo for the city and branding Youngstown as “The City of You.”

RJ Thompson, director of Youngstown Design Works, presented the campaign when the plan was released. It features a series of banners spotlighting a member of the com-

munity and what they are able to do in Youngstown.

“We need to give the people of Youngstown a space to tell their story,” Thompson said. “These people make the city what it is ... and the things that they’re doing and they’re creating and building give the city its spirit.”

The campaign highlights the ability to achieve things quickly in Youngstown. Thompson said Youngstown Design Works would’ve taken years to establish in a city like Pittsburgh. He also highlighted the Little Youngstown Cinema, which started screening inde-

pendent and foreign films over the summer.

“People being able to make these things happen here is a really great point of pride that needs to be communicated,” Thompson said.

Thompson lives in Pittsburgh, and he said as an outsider looking in, he thinks it’s important for Youngstown to have a distinct presence.

“Having a clearly-defined identity gives some personality to the community, to the city as a whole,” Thompson said.

Mayor McNally said he was impressed by the work that Youngstown Design Works presented.

“One of the keys that I wanted to see come out of this was getting away from our corporate seal and trying to come up with an identity for a city of Youngstown,” McNally said.

Thompson said he’s received positive feedback from the community.

“I can say that very definitively, the support for it has been resoundingly enthusiastic,” Thompson said.

He said he designed the City of You as a grassroots campaign. If a business wants City of You banners in colors that match their logo, they can do that and finance it on their own. If another business would like City of You T-shirts with their logo on the back, they can do that as well.



PHOTO COURTESY BY RJ THOMPSON.

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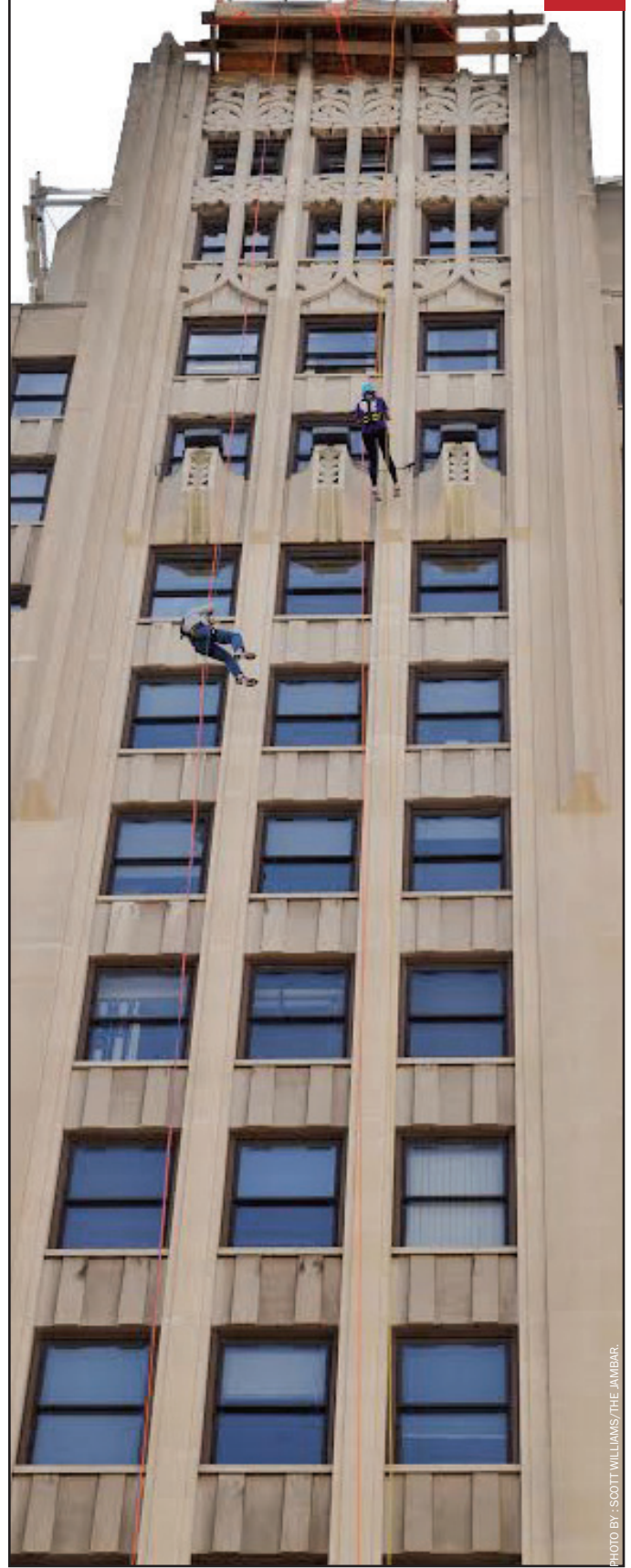


PHOTO BY: SCOTT WILLIAMS/THE JAMBAR.

Meeting of the Minds: Class Faculty Share Research

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The newly formed CLASS Faculty Scholars Forum offers faculty in the College of Liberal Arts and Social Sciences the opportunity to share their research with their peers across departments.

The forum was created by Helene Sinnreich, director of the Center for Judaic and Holocaust Studies, and takes place in the CLASS Dean’s conference room at 4 p.m. on the first and third Monday of each month.

One of Sinnreich’s main goals is to build connections between CLASS scholars for the sake of research.

“I wanted to increase the presence of awareness for what we’re doing to each other in CLASS and to the community,” Sinnreich said. “As we’re sitting here in our offices, going about our day-to-day businesses, we’re not sharing our scholarship with each other.”

Another major goal is for faculty members to get im-



PHOTO BY: SAM PHILLIPS/THE JAMBAR.

mediate feedback on their work.

“I like to go meet with my colleagues informally to go over papers, but with the forum we can have respectable, immediate feedback from scholars of other departments for work that hasn’t been published yet,” Sinnreich said.

The forum began its first session on Sept. 14, with a presentation on Estonia by Tomi Ovaska, an economics professor.

Ovaska said he wants to look at what steps Estonia has taken to become one of the fast-

est rising nations in the world after breaking free from the Soviet Union in 1991.

He said the forum will help him find scholars in other CLASS departments with helpful knowledge.

“We all work in the same building here, yet there isn’t so much interaction between departments,” Ovaska said. “I don’t necessarily write papers together with the sociologists and the philosophers, but there’s no reason why not.”

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International Students, Represent!

SAM PHILLIPS
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Youngstown State University students voted to appoint an international representative to the Student Government Association on the homecoming ballot. The move would add diversity and a global perspective to the SGA body.

According to Ashley Orr, president of SGA, the representative wouldn’t have voting power, but they would have the chance to promote new ideas and help solve issues.

“At the end of the day, we do a lot of advocacy through the administration — that doesn’t take a vote, it takes a leader. So we really want to help develop an international student into a leader, so that their voice is heard on campus,” Orr said.

Jacob Schriener-Briggs, executive vice president of SGA, said that the idea came from a conversation with Gabi Gessler, executive vice president of SGA’s student life committee. They discussed how college can be especially

difficult for international students and realized having an international student on the body could be beneficial.

“It would bridge the gap between international students and the institution itself. If they had any questions or concerns or weren’t sure about certain things, having a seat on SGA would give them access to students who do know the ins and outs of YSU,” Schriener-Briggs said. “We just thought it would help the integration process and help them more smoothly transition to being a student at YSU.”

Gessler said attending the International Coffee Hours at YWCA inspired her to encourage their participation.

“Most of these students who have come abroad for this opportunity are of some of the most brilliant and accomplished at the university,” Gessler said. “In order for this University to provide opportunity and growth for each and every students’ capabilities, it is imperative that each and every voice be heard.”

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Running with Nuns

NATALIE HOELZEL

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On Oct. 3, Youngstown students and residents are welcome to attend “The Nun Run” — a 5k marathon to benefit those affected by HIV/AIDS that will be held at The Ursuline Center in Canfield.

The Ursuline Sisters of Youngstown, a religious organization that helps northeastern Ohio citizens in need, formed the Ursuline Sisters HIV/AIDS Ministry

and will sponsor the run.

The ministry provides services to adults and children infected with or affected by HIV/AIDS at three locations: the Ursuline Motherhouse and Educational Center in Canfield; Casa Madre, the children’s program site on Youngstown’s south side; and the Comprehensive Care Center in the Oak Hill Renaissance Place.

Dan Wakefield, special projects coordinator of the Ursuline Sisters HIV/AIDS Ministry, came up with the idea for the run in order to

bring the community together.

“I was trying to think of something that was a family-friendly event that would allow people of all ages to come and have a good time,” Wakefield said.

Kathleen Minchin, the co-founder of the Ursuline Sisters HIV/AIDS Ministry, expressed her support of Wakefield’s notion.

“Dan Wakefield is a runner, and when he proposed the idea to us, we all got on board,” Minchin said. “Dan is in charge, and we do whatever he wants us to

do in order to improve the quality of the event.”

Participants are able to take part in a raffle during the race where they will be able to win gift baskets and other prizes.

First, second and third place awards will be issued at the end of the race.

Kelly Dahman, a Youngstown State University student who works at the Ursuline Motherhouse, encourages everyone in the Mahoning Valley to run in the race.

“I am not by any means a runner. I don’t usually par-

ticipate in 5ks or fun runs, but this one is special,” Dahman said. “It is for a local organization that makes such a big impact in ways we aren’t even aware of.”

The cost of registration is \$20 before Oct. 2 and \$25 the day of the run. Currently, 110 people are signed up for the run.

All proceeds from the event will be used to help children in the Mahoning Valley who struggle with hunger, as well as those afflicted with AIDS.

Outstanding Opera: Students Compete for Scholarship

SAMANTHA WELCH

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Victor Cardamone personally dedicated his winning performance at the first Dana’s Got Talent voice competition to his mother.

“I try to do everything as best as I can and if I’m doing it for anybody it’s definitely my mom,” Cardamone said.

His mother, who was diagnosed with terminal cancer in February 2011, was not able to attend the performance due to her progressing illness.

The Dana School of Music’s voice department pre-

sented Dana’s Got Talent on Sept. 27. The competition featured 12 vocal performances by six students, one selection in English and another in Italian. The contest took place at 6:30 p.m. in St. John’s Episcopal Church at 323 Wick Ave., Youngstown.

The cash awards given at Dana’s Got Talent were a \$3,500 scholarship, won by Cardamone, and a \$500 crowd favorite selection.

Cardamone’s Italian selection was “La donna e mobile” from the opera “Rigoletto” followed by the English selection “Bring Him Home” from the musical “Les Miserables.” His

idol, Luciano Pavarotti, was a big influence in the Italian song selection, having played The Duke of Mantua in “Rigoletto.”

“It’s really an answer to prayer because this scholarship will help with funds to student teach next fall,” Cardamone said. “I’m very thankful to all my friends, family, professors and God for everything.”

Cardamone is a double major in music with a focus on French horn and music education. He hopes to attend graduate school where he will study vocal performance. Cardamone began his private study of voice in college and developed an

interest in theatrical performance in his third year. He has worked with Opera Western Reserve and the Youngstown Opera Guild.

“It feels so surreal,” Cardamone said. “I can’t wait to call my mom and dad.”

Sierra McCorvey was selected as the crowd favorite in Sunday’s competition and received the \$500 scholarship. McCorvey sang “My Man’s Gone Now” from “Porgy and Bess” and “Non mi dir” from “Don Giovanni.”

“I wanted to do something super hard and just go for it,” McCorvey said. “No guts, no glory — didn’t want to play it safe.”

McCorvey worked on the two selections she performed since her junior year.

Susan Foster and Gary Lehman were the two judges present at Dana’s Got Talent. Both judges have performed worldwide, each performing with The Metropolitan Opera.

The Dana Chorale, directed by Hae-Jong Lee, performed “Va pensiero” from Giuseppe Verdi’s opera “Nabucco” for the closing ceremony. The four remaining contestants in Dana’s Got Talent were Nicholas Hazelton, Rebecca Enlow, Paul Hill and Kathleen Bachtel.



PHOTO BY SCOTT WILLIAMS/THE JAMBAR.

Representatives of Youngstown State University, Hallmark Campus Communities and Fortress Real Estate Co. and City of Youngstown Mayor John McNally break ground on a new student housing complex along Rayen, Fifth and Belmont Avenues. YSU is partnering with Hallmark and Fortress to build the 162 bedroom facility, which is being funded entirely by Hallmark. The expected completion date is August 2016.

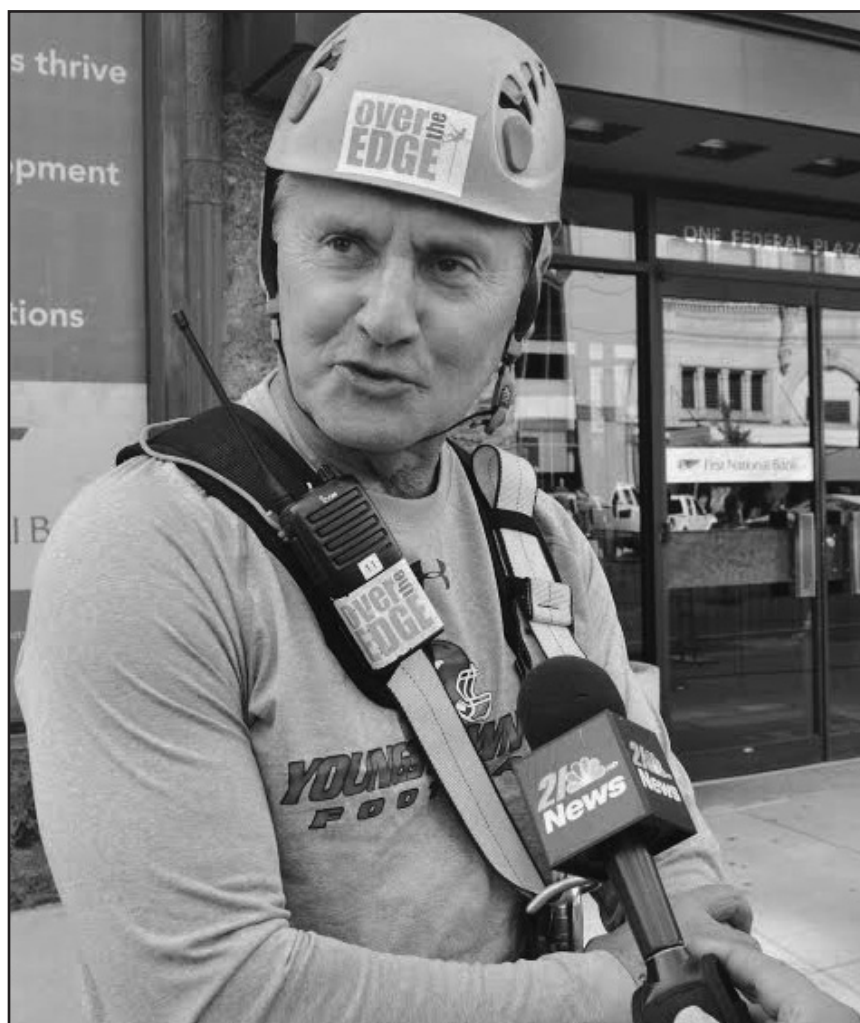


PHOTO BY SCOTT WILLIAMS/THE JAMBAR.

Mayor John McNally rappels down Youngstown’s Metropolitan Tower to kick off the Over the Edge event on Friday and YSU President Jim Tressel talks to reporters following his descent. Over the Edge raised money for the Beatitude House, which is celebrating its 25th year serving homeless and disadvantaged women and children.

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NEWS BRIEFS

Virus Hunter to Present Skeggs Lecture
Nathan Wolfe was named one of "Time" magazine's 100 Most Influential People in the World in 2011 for his breakthrough discoveries on where viruses come from, why they spread and how to stop them. The author of "Viral Storm" will present Youngstown State University's Skeggs Lecture at 7 p.m. on Oct. 8 in Stambaugh Auditorium. Tickets for this free lecture are available at the Stambaugh Box Office.

Construction on New Student Apartments Begins

Youngstown State University, Hallmark Campus Communities and Fortress Real Estate Co. have officially announced the start of a new construction project for a student apartment building along Rayen Avenue, between Fifth and Belmont Avenues. University Edge will be a four-story apartment building with 162 beds and is expected to be completed and open for the start of the 2016 fall semester.

MEETING OF THE MINDS FRONT

Ovaska said the forums will tremendously help faculty members improve their work.

"If we get all these interdisciplinary scholars together, get them talking, for sure every paper that's presented will get better," Ovaska said. "This project deals a lot with history and foreign languages, and I plan to talk to faculty from those departments soon."

Sinnreich will be presenting "Rosh Hashanah and Yom Kippur in Auschwitz: An Encounter with Mengele" on Oct. 26, and Deborah Mower, professor of philosophy and religious studies, will be presenting "Motivating Civility" on Nov. 9.

"Motivating Civility" will take a look into what motivates people to be civil in arguments when being un-

civil almost always gives an advantage.

"What I will be presenting isn't my full-blown work," Mower said. "It's only my initial thoughts for moving forward with research. I think that's what is so great about what Dr. Sinnreich did. It gives faculty an opportunity to show early work. Possibly someone from psychology will be able to give me feedback before I dive in completely."

Sinnreich said any students with a desire to attend these forums should just come in and sit down.

"The idea is for students to have an opportunity to see what it is we do as scholars," Sinnreich said. "At the end of the day, we're not interested in our students learning how to regurgitate facts, we're interested in our students to learn how to learn for their own future research."

INTERNATIONAL STUDENTS FRONT

Orr said during the four years that she's been a part of SGA, there's never been an international student on the board. To recruit possible representatives, she and Schriener-Briggs will promote the position at the International Student Association meetings and the weekly International Coffee Hours SGA sponsors. The Center for International Studies and Programs will also assist in recruiting students.

"The CISP is going to be very instrumental in promoting this position. They have offered to send out an email to all their international students studying at YSU with a link to the application," Orr said. "Then, once we get applications we will start the interviews, like we do for all representatives."

Schriener-Briggs said each college has a certain number of seats, depending on the number of students enrolled in that college. Students must acquire enough signatures on a petition to be on the ballot. Then, students in that college can vote for a representative.

"[We want] to help international students get on the body because it's complicated enough for students who attend here on a regular basis who know the culture," Schriener-Briggs said. "We didn't want to put more on the plate of an international student than we have to. We wanted a system where we could help them get access to

us." Ahmed Silver, an electrical engineer major, is interested in the position. He said an international student representative would help SGA fully understand the issues and needs facing the international students. He said he would like to see the creation of "International Day," where students get to display the customs and food from their home country.

Orr hopes international students will be encouraged to run as representatives for their college in addition to representing the international students.

"The reason we created this position where you're a non-voting member is to generate some of that initial interest, to make them aware that this is an organization that is really open to them," Orr said. "If we can help the international students become acclimated to the organization, then that will be one less barrier when it comes time to run."

She said having an international student on SGA is an advantage for everyone, not just the international students.

"It really aligns with [the] University's climate right now. I know the University is trying to expand its international student population right now. It's very important. People need to have global perspectives. So, I think it will help not only the international students but SGA too," Orr said. "This is a really cool opportunity for us to expand our diversity."

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THE CITY OF YOU FRONT

"We are looking for the community to buy into it on a philosophical and conceptual level," Thompson said. "I think it's something that can sort of corral everyone together and make something really great and celebrate the city."

The campaign allows neighborhoods and organizations to personalize the logo and banners with their own dual color schemes.

He said someone approached him after he presented the plan on Tuesday with a clear idea of what he wanted.

"He's like, 'I want green

for my neighborhood. I want it to look like this. I want the T-shirts to be green and black. I want this and this and this, and we'll make it happen.' And I'm like, 'Perfect, that's exactly what we're looking for,'" Thompson said. "So as long as our friends are able to make it happen, then I believe it will."

The city has yet to formally approve the campaign, but Thompson said he anticipates a rollout sometime in 2016. He has the support of the mayor and his staff.

The mayor said by focusing on the people of the city, the campaign offers a lot of possibilities.

"We have 65,000 people who live here on a daily basis,

plus students up on campus everyday, and there's 75,000 different 'Stories of You' that we need to talk about," McNally said. "What they're doing to make their 'You' a special experience I think is something that we can really tap into."

Thompson said he hopes everyone will have their own interpretation of The City of You.

"I want people to look at it and think, 'The City of You, what does that mean?'" Thompson said. "Well, I live here, I'm a contributor, what can I do to give back or make this place better, or through making this place better, am I making myself better?"

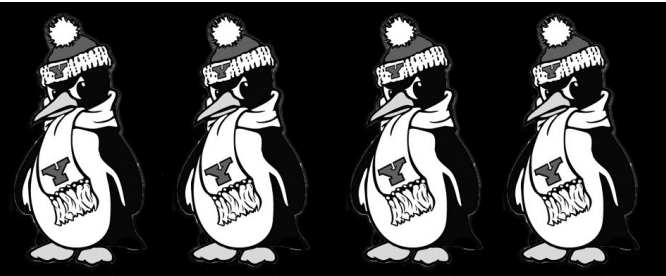


PHOTO COURTESY BY RJ THOMPSON.

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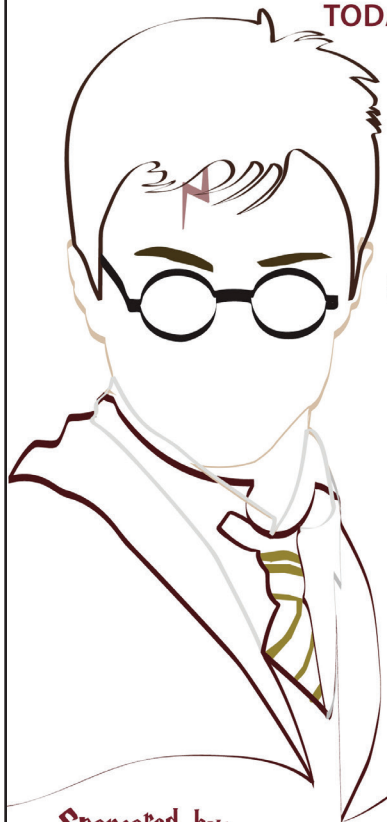


Harry Potter Scholar Gives Lecture on Literary Alchemy

JOHN GRANGER, "DEAN OF HARRY POTTER SCHOLARS," PRESENTS

"Literary Alchemy:"

THE SECRET MAGIC-FORMULA OF HARRY POTTER AND TODAY'S BEST SELLING BOOKS"



Tuesday, September 29th
at 7pm DeBartolo Auditorium
(room 132)

Harry Potter scholar John Granger will explain the tradition of this artistry from Shakespeare to C. S. Lewis along with the three alchemical stages in each of the beloved Potter books and the series as a whole. With the tools John shows readers how to use, you will see what *Harry Potter*, *Twilight*, and *The Hunger Games* have in common not only with each other but with Shakespearean drama, the Metaphysical Poets, and novels by Charles Dickens and C. S. Lewis.

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MARY VAN JURA
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John Granger, the "dean of Harry Potter scholars," will deliver a lecture about literary alchemy on Sept. 29 at 7 p.m. in the DeBartolo Hall auditorium at Youngstown State University.

This lecture is in conjunction with the "Harry Potter's World: Renaissance Science, Magic and Medicine" exhibit displayed on campus. Granger is speaking about the elements that give series like "Harry Potter," "Hunger Games" and "Twilight" so much success.

"Working to explain the artistry and meaning of the seven novels for those who love them turned me into a 'Potter Pundit,'" Granger said.

Granger's favorite part about giving lectures is getting to talk to thoughtful people who understand the magic of the series.

"Tuesday I hope they get the 'what,' the 'how' and the 'why' of literary alchemy," Granger said.

He will focus his lecture on the structure, symbolism and popularity of the series.

Angela Messenger, the director of the YSU Writing Center, and Cassie Nespore, the curator of the Melnick Medical Museum, arranged for Granger to host the event since he is such an energetic national speaker.

Messenger said that the lecture will not only be directed toward Harry Potter fans, but also fans of many works of young adult literature and classic titles by C.S Lewis and Charles Dickens.

After the lecture, Messenger says there will be an opportunity to discuss theories with Granger. Guests are invited from schools that participate in the YSU English Festival, and fliers are posted around campus welcoming anyone to come.

"We will have some refreshments with a magical twist and some activities for any younger guests who may be attending," Messenger said.

Messenger is also the adviser of Room of Requirement, a YSU campus organization that pays tribute to Harry Potter by playing Quidditch matches, throwing Halloween parties, hosting a Yule Ball as an end of semester dance and becoming involved with social issues.

Amanda Dradt, the president of Room of Requirement, is a junior at YSU. She says that they are more than just a Harry Potter club and that they invite all fandoms like "Doctor Who," "Supernatural" and "The Walking Dead."

"We hang out at meetings and play games like old friends," Dradt said.


From the lecture, Dradt hopes to get an inside look on what J.K. Rowling was thinking about when she was writing the books, so she can have a better understanding of why the series is such a page-turner.



PHOTO BY BILLY LUDT/THE JAMBAR.

The McDonough Museum of Art is celebrating its 25th anniversary with the "GOTTA HAVE IT!" exhibition. The exhibition is a retrospective on the history of the McDonough, featuring over 100 pieces. "GOTTA HAVE IT!" will run until Nov. 6, which is the same day as its benefit auction. Proceeds from pieces sold in the auction will benefit the John J. McDonough Trust. All items can be viewed at mcdonoughmuseum.yosu.edu. Purchasing a paddle for the benefit auction automatically enters buyers into a raffle for a framed photograph from the 1993 National Champions YSU football team, signed by Jim Tressel. Many of the pieces featured in the "GOTTA HAVE IT!" exhibition were created by YSU faculty and alumni. Photographs from NPR's StoryCorp project "Voices of the Valley" are also available. Most pieces in the auction will start at \$25. More information about "GOTTA HAVE IT!" can be found at mcdonoughmuseum.yosu.edu.




YOUNGSTOWN STATE UNIVERSITY

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Nathan Wolfe

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Wolfe is a professor of Human Biology at Stanford University; the Founder and CEO of Metabiota, a company that specializes in microbiological research, products and services; and the Chair of Global Viral, a non-profit that promotes exploration and stewardship of the microbial world.

Wolfe was named a Rolling Stone "100 Agents of Change," a National Geographic Emerging Explorer, a World Economic Forum Young Global Leader, STAMBAUGH BOX OFFICE, MONDAY-FRIDAY, 9 A.M. TO 6 P.M.

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EDITORIAL

It Was a Beautiful Day in the Neighborhood

If you happened to drive down Mahoning Avenue on Saturday, you were probably confused. You weren't hallucinating. There were people on the streets — lots of them. There were pop-up art galleries, a farmer's market and street musicians.

It was a Better Block event — a demonstration of what a walkable, mixed-use commercial district would look like on Mahoning Avenue — and it was a lot of fun.

Last week, the latest in a long line of citywide economic development plans was released by the city and Youngstown State University's Center for Urban Research and Studies.

It outlined a variety of development goals that were familiar and, more or less, common sense: en-

courage entrepreneurship, promote growth, increase economic development, etc. The valuable goals of training the workforce to fill existing jobs and creating a consortium of firmly established city institutions were focused on.

A unique aspect of the plan was the identification of opportunity sites along the city's corridors. The mayor said it was a valuable thing to have on paper.

The revitalization of downtown Youngstown is well established. There are still empty storefronts and abandoned buildings, but it's reached the point where development is likely to continue on its own.

Increasing investment in the neighborhoods and focusing on the corridors is the next logical step.

Downtown can thrive, but for the city to truly prosper, people need to live here. It's great that YSU, the Youngstown Business Incubator and local hospitals are employing hundreds of people, but as long as they're commuting in from suburban homes in Austintown and Poland, the neighborhoods surrounding the center city are going to continue to deteriorate.

The Youngstown Neighborhood Development Corporation has done yeoman's work fighting blight and restoring property values in targeted neighborhoods, but there's still a lot of work to be done.

It's a classic chicken and egg problem, but for people to be excited about living in the Garden District, Crandall Park or Brownlee

Woods, there needs to be commercial development along Mahoning, Belmont and South Avenues.

Millennials continually report a desire to live in cities, but a recent survey by the Urban Land Institute revealed many are living in city neighborhoods or dense mixed-use suburbs.

The opportunities are there in Youngstown; we just need to make it happen.

Holding more events like Better Block is a good start. It's become commonplace to see people engage with downtown with events like Silly Science Sunday and Federal Frenzy. Seeing people activate neighborhood corridors is novel and transporting, and it needs to happen more frequently.

Another interesting aspect of the citywide eco-

nomie development plan was a marketing campaign that brands Youngstown as the City of You that celebrates the ease with which people make things happen here. You can start an incubator in Oak Hill or start showing foreign films downtown without much trouble. It's been done.

If that self-actualization starts happening along corridors where housing and commercial space are currently undervalued, we could see the birth of diverse communities in vibrant neighborhoods.

It just requires some will and effort. Get out there and make Mahoning Avenue the Corridor of You.

JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

OUR SIDE POLICY

The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor, the copy editor and the news editor. These opinion pieces are written separately from news articles. They draw on the opinions of the entire writing staff and do not reflect the opinions of any individual staff member. The Jambar's business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

YOUR SIDE POLICY

The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com or by following the "Submit a Letter" link on thejambar.com. Letters should concern campus issues, must be typed and must not exceed 500 words. Submissions must include the writer's name and telephone number for verification, along with the writer's city of residence for printing. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff decides that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitting writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

Be Kind to You

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Last week I sat down with Mary Beth Earnhardt to interview her about her debut novel, and we ended up chatting for a good while about life afterwards. One thing she told me repeatedly as I went on about my first semester in grad school so far was "You need to be kind to yourself," and I haven't really been able to get it out of my head since.

The advice was in response to any time I mentioned something I felt inadequate at — interviewing her, for example. Anyone who knows me pretty well, or follows me actively on social media, knows that I tend to be a pessimist, that I have a propensity to complain and be my own worst critic. I've been OK with that; it's part of who I am. But I still couldn't get it

out of my mind: "Be kind to yourself."

With midterms either coming up or currently happening, this seems like apt and timely advice. There are many ways to be kind to yourself, there are varying degrees. It can be something small and simple to improve your day: indulging in a favorite snack, cuddling with baby goats or some other pet, taking time to read a new book or watch a new show. These can definitely be good stress relievers to break up the hours spent studying for midterms.

On a larger scale, self-kindness can come from how you treat yourself in the areas you feel the least comfortable with or inadequate at. Instead of saying "Well, I'm just not that good at statistics/biology/financial accounting, so this test is going to be horrible," you can see it as a new challenge to confront something that

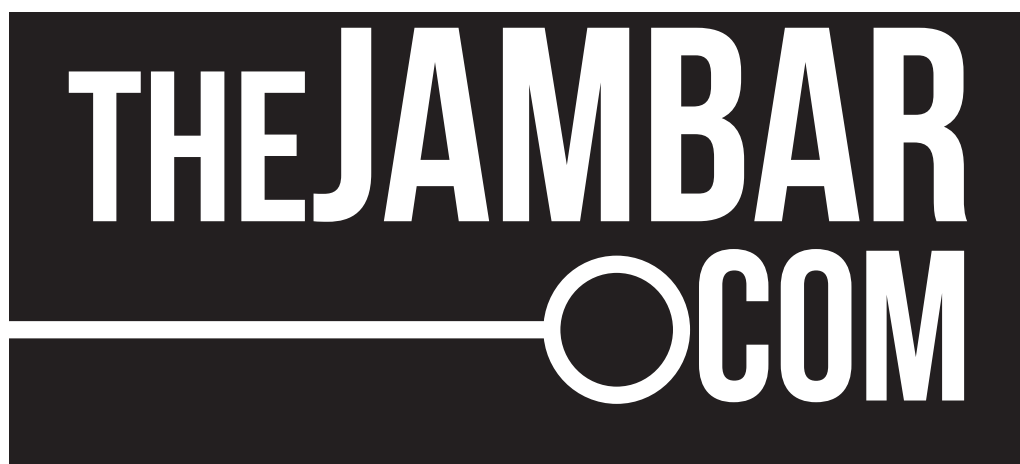
may scare you and give you an opportunity to grow.

This was another bit of advice Mary Beth gave me during our talk last week. Another part that has stuck with me. The act of writing her upcoming novel was something a little out of her comfort zone, a challenge she wanted to see if she could do. Publishing it was something that scared her a little, but instead of just saying "Well, I'm no good at this, it's probably not going to happen," she took the challenge to take advantage of an opportunity to grow. She was kind to herself.

Midterms can definitely be stressful — I am most certainly already there with a few of my classes this semester. But that just makes it all that more important to take care of ourselves. Buy yourself a donut, take a breather with your favorite fictional character, be your own loudest cheerleader.

Be kind to you.

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Valparaiso Hands YSU Soccer Historic Loss

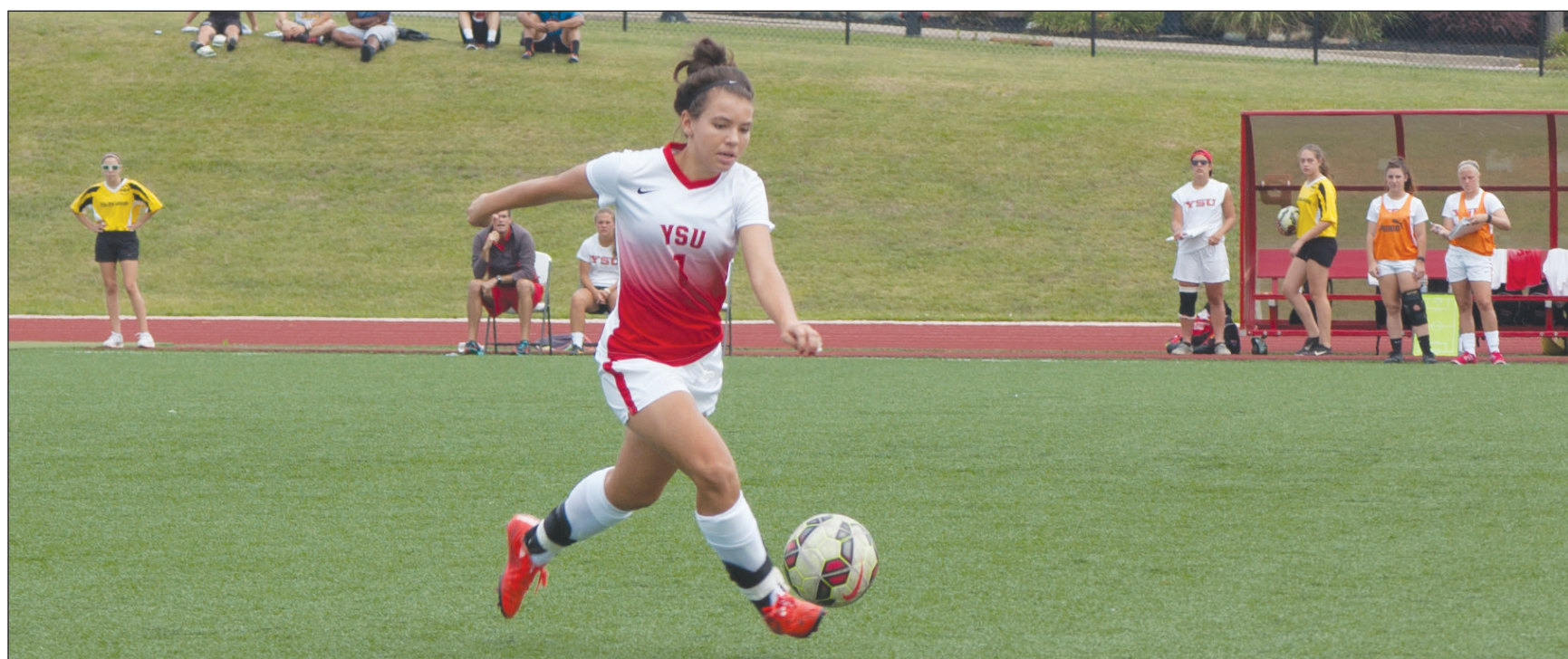


PHOTO BY DAN HINER/THE JAMBAR.

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The Youngstown State University soccer team has been competitive this season, but the Penguins suffered their worst loss since 2009 on Saturday.

Valparaiso University, the defending Horizon League champions, handed YSU a 6-0 loss on Saturday, its worst loss in years.

The scoring began 24 minutes into the first half, when Valpo [3-3-3, 1-0-1 Horizon League] junior forward April Cronin converted on a shot attempt for an unassisted goal,

her fifth this season. Ten minutes later, freshman forward Cory Griffith scored her first goal of the contest, sophomore defender Sydney Gountounas was credited with the assist. Valpo took a 2-0 at halftime.

During the 56th minute in the second half, Griffith found the net again from an assist by fellow sophomore defender Grace Rogers to increase the lead to 3-0. Two minutes later, junior midfielder Michelle Mottonen's first goal of the year, assisted by senior midfielder Rita Craven, extended the lead to 4-0.

Late in the second half, junior defender Shelby Oelschlagler scored her first goal of the year on a free kick on an

assist from redshirt freshman Jordon Tindell to give Valpo a 5-0 lead.

Unfortunately, things went from bad to worse after YSU gave the Crusaders another goal after they scored in their own goal with 3:52 left in the match, giving Valpo a 6-0 lead.

Valpo outshot YSU [5-6, 0-2 Horizon League] by a 20-4 margin. Oelschlagler and sophomore Morgan Manzke led with three shot attempts each, 10 of Valpo's shots were on goal.

Elizabeth Balgoyen recorded four saves during her seventh start of the season.

YSU junior midfielder Kathy Baquero was sent off the field with about a minute

remaining in the first half after receiving her second yellow card of the match. Baquero will be suspended from Wednesday night's contest at Cleveland State University.

YSU head coach Will Lemke offered his thoughts on Saturday's game afterward.

"It's about as frustrating as it can be," Lemke said. "It's the worst defeat we've ever taken at home, and it ties the worst defeat we've ever had here. It was rough having to play a person down, but we have to worry about the things that we can control and the things that we can manage. I don't think even in the first half that we did a good job of that."

Next on the schedule is

Cleveland State University [5-4-1, 1-0 Horizon League]. The Penguins are 2-1 on the road this season and will play their first road game since Aug. 28.

Lemke discussed the team's upcoming match against the Vikings and what YSU has to do to leave Cleveland with the win.

"Obviously, we've got to heal and rebound," he said. "We've just got to put this loss behind us. Cleveland State is our number one conference rival. We've done OK against them. We've got to heal and rebound and refocus on doing our job, and we've got to get that first conference win so we can get rolling. We've got to have a short memory for sure."

Please Don't Get Too Excited for YSU Football

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This column represents the views of the sports editor and not necessarily the rest of The Jambar staff.

I woke up on Saturday, after the worst week of the semester and realized I have the day off. But instead of enjoying the time off, I started thinking of the upcoming Youngstown State University football schedule.

Penguins' fans are excited for the addition of Bo Pelini as head football coach and an influx of talent on defense, but I can't get excited. I want to believe the Penguins will go undefeated the rest of the season

like many YSU fans, but one by-product of being a sports reporter is the loss of undying devotion to my teams and the creation of objectivity.

YSU is a Football Championship Subdivision school. It doesn't play Big Ten or Southeastern Conference teams every week, but that doesn't mean the conference isn't any less challenging.

FCS fans have nicknamed the Missouri Valley Conference "the SEC of the FCS," and realistically, the Penguins are going to suffer a few losses in the conference. The conference has six teams in the top 25 and four in the top seven. YSU will be tested right off the bat as it opens conference play with University of South Dakota on

Saturday.

As if that wasn't a good enough reason to think the Penguins are going to have a difficult schedule, FCS fans saw Southern Illinois University [1-2], one of the only unranked teams in the Missouri Valley Football Conference, knock off Liberty University this weekend.

A national championship might be in the works once again at YSU, but I don't think it will be this year. I'm not saying you shouldn't support the team or expect an epic collapse like we've seen in the past. I just want everyone to understand that creating a winning culture takes time, and dynasties like North Dakota State University are rare.

The dialog from the students and the YSU faithful always seems the same. Fans expect Pelini to be the savior for the football team, but let's remember that former head coach Eric Wolford was viewed the same way early in his career at YSU. With playoffs and national championships being talked about every season, or every week in some instances, the expectations from fans and the university are almost unattainable.

YSU fans should support the football team regardless of the team's record. YSU has seen an increase in attendance at football games, but how much of that is because of the new coaches and bright future?

With the creation of the

Penguin Pack earlier this semester, the attendance of the student body should be higher than in recent years, but those numbers usually drop off as the team starts to accumulate losses.

Don't give up on the team if they start to pick up a few loses. Instead, try to go to more games if you can. The fans hold more power than you think. Athletes will tell you the attendance of the games matters. The more positivity a team receives, the harder the team will perform, and now that the football team is looking at one of the toughest schedules in the nation, YSU will need all of the cheers and support you can provide.

MISSOURI VALLEY FOOTBALL ACTION WEEK FOUR RESULTS

(6) South Dakota State def. Robert Morris 34-10

Southern Illinois def. (10) Liberty 34-13

*Eight other conference members

have bye weeks.

MISSOURI VALLEY FOOTBALL CONFERENCE STANDINGS

	CONFERENCE	OVERALL
1. South Dakota State	0-0	3-0
2. Illinois State	0-0	2-1
3. Indiana State	0-0	2-1
4. North Dakota State	0-0	2-1
5. Northern Iowa	0-0	2-1
6. South Dakota	0-0	2-1
7. Youngstown State	0-0	2-1
8. Missouri State	0-0	1-2
9. Southern Illinois	0-0	1-2
10. Western Illinois	0-0	1-2



Check out the Penguin Playbook on The Jambar's Youtube channel for sports videos throughout the year!

YouTube.com/JambarVideo