

THE ZOU

A&E

SPORTS COLUMN

CROSS-COUNTRY

S

Rejecting Violence, Addressing Ignorance and Inciting Change: Minnijean Brown-Trickey Speaks at YSU

SAM PHILLIPS
sPhillips@student.ysu.edu

Minnijean Brown-Trickey, a civil rights activist, answered questions in Youngstown State University's Chestnut Room following a screening of "Journey to Little Rock: The Untold Story of Minnijean Brown-Trickey."

In 1957, Brown-Trickey and eight other teenagers were the first black students to attend an all-white school in Little Rock, Arkansas following the Brown v. Board of Education decision desegregating public schools. They faced death threats, heckling and physical torment, culminating in the governor deploying the National Guard to block them from entering the school. They went down in history as the "Little Rock Nine," and the experience led Brown-Trickey to dedicate her life to social activism.

The first question asked following the screening was whether or not Brown-Trickey was happy with the changes that have been made since the civil rights movement.

"Nope," Brown-Trickey said. "There haven't been many changes unfortunately. Right now, in these United States, we are more segregated based on color, language, class

and culture than we were before the Brown Board decision. That's sad."

Brown-Trickey returned to visit her school 45 years later. They told her some parts of history weren't being taught, such as the high school being the first all-white school to allow African American teenagers to attend.

"You have to demand what you want. Stop teaching the illusory American story that is so soft and untrue. I don't believe the history books because I know the stories taught at Little Rock, and if I'm not in those books, then I'm not buying it," she said. "If we look at what's being taught to kids and they're not learning about the Little Rock Nine, how can they feel a sense of their own self?"

Brown-Trickey said schools need a more diverse population in order for students to succeed. She joked that she told her children to bring 'one of everything' because she doesn't want to live a boring life.

"Statistics have shown that students in a multicultural environment do better. I will not be imprisoned in a segregated monocultural life," she said. "We can afford learning about each other so we know that we are the same."



Minnijean Brown-Trickey, one of the Little Rock Nine, speaks in Kilcawley Center's Chestnut Room following the screening of the documentary, "Journey to Little Rock: The Untold Story of Minnijean Brown-Trickey."

BROWN-TRICKEY SPEAKS AT YSU
PAGE 4

TEDx Speaker Series Tiffany Kashmiry: Overcoming Addiction

LAURA MCDONOUGH
llmcdonough@student.ysu.edu

At 38 years old, you would never guess that Tiffany Kashmiry used to be addicted to heroin and alcohol. You would never guess that she used to steal to get a fix. You would never guess she's lost count of how many times she's been arrested, or that her drug of choice had nearly taken her life three times.

You would never guess because, unlike the 8,200 people who died from overdoses in 2013 according to the Centers for Disease Control and Prevention, Kashmiry was able to beat the disease and turn her life around for the better.

A Young Alcoholic – Soon to be Addict

Kashmiry grew up in New Springfield, Ohio, and like a lot of children and teenagers, she didn't know exactly what she wanted out of life.

"I just knew that by a cer-

tain age that I wanted to have kids and a career and do something with my life. I wasn't sure what though," Kashmiry said.

As a freshman in high school, Kashmiry was introduced to alcohol but still managed to graduate. The escalation to heroin came at age 22 when Kashmiry's boyfriend at the time introduced her to the drug.

"That was it, I just fell in love with it and didn't think twice about doing it," Kashmiry said.

During the eight years she was with her now ex-boyfriend, he regularly provided her with the drug.

"If he couldn't get it for me – I mean, he always got it for me – but if there was a reason why he couldn't, I got introduced to drug dealers early on so I could go and get it myself," Kashmiry said.

Between her boyfriend and her own knowledge of drug dealers in the area, Kashmiry always had easy access to heroin. What began as one bad choice soon became a real problem.

"I wasn't fazed by jail anymore, because I was going so much. So jail wasn't like ... I wasn't scared of it. My overdoses didn't scare me either. At that point in my life I didn't want to live anyway," Kashmiry said. "I had become an addict. I was a full-blown heroin addict. I couldn't get my life together. I woke up every single day needing heroin. It was just no way to live."

Although she made poor choices, her family always stood behind her.

"Anytime I got in trouble, my dad had the best attorney in town. I suffered very minor consequences," Kashmiry said. "Even though I went to jail, my consequences were not as bad as they should have been because my dad was always helping me."

When Kashmiry was approximately 32 years old, she realized her options had quickly run out.

"I was pregnant," Kashmiry said. "I had no more options other than to get sober. There was nothing else for me to do except to die."

Four months into the pregnancy, she had a relapse for two weeks. Fortunately, her now 6-year-old daughter Kylee was born happy and healthy.

"God definitely blessed me with that," Kashmiry said. "She's amazing. She's kind hearted, compassionate, funny [and] smart."

Life After Addiction Is Possible

Since the birth of her daughter, Kashmiry has put her life back on track to accomplish her dream of having a child, having a career and doing something with her life.

"We are like best friends," Kashmiry said. "I'm her mom first and foremost, but we go and do things together, and it's easy. It's easy being her mom most days. Mornings are rough, but most days it's good to be her mom."

After a year of sobriety, Kashmiry enrolled in Youngstown State University,

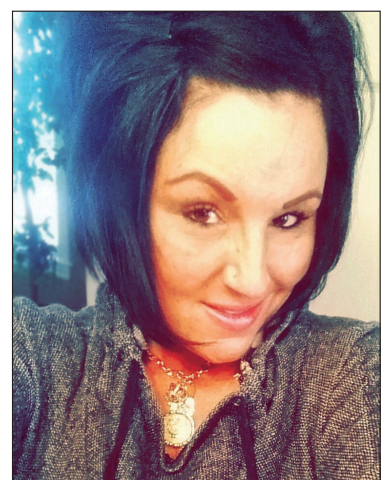


PHOTO COURTESY OF TIFFANY KASHMIRY.

where she earned a bachelor's degree in social work in May. She plans to return to YSU to complete a master's degree.

"I wanted to help people. I wanted to share my message with addicts and alcoholics to let them know that there's hope. That it can be done," Kashmiry said.

She would ideally like to work in a substance abuse treatment center, helping others out of a situation she was in not long ago.

TEDX SPEAKER SERIES
PAGE 4



VISIT THEJAMBAR.COM
For information on breaking news as well as complete access to these stories and more.



Like us on Facebook!
Facebook.com/thejambaratYSU



Follow us on Twitter!
Twitter.com/TheJambar



PHONE
330-941-1990



EMAIL
jambarad@gmail.com

Skeggs Lecture Goes Viral



Nathan Wolfe answers questions with a small group of Youngstown State University students prior to his lecture Thursday.

JAKE MYERS

jcm Myers02@student.yzu.edu

For many, a viral outbreak is the stuff of nightmares. For Nathan Wolfe, professor of human biology at Stanford University, they're the reason he gets up in the morning.

Known as the "Indiana Jones" of virus hunting, Wolfe spoke Thursday as a part of the Skeggs Lecture Series.

Approximately 600 people attended his lecture at Stambaugh Auditorium. Wolfe is founder and CEO of Metabiota, a for-profit company specializing in microbiological research, products and services. He is also the founder of Global Viral, whose mission is to promote understanding, exploration and stewardship of the microbial world.

"I teach an occasional undergraduate seminar, but I spend most of my time running a company called Metabiota, which I founded in 2008, and then I am helping to lead a nonprofit called Global Viral," Wolfe said. "I don't have the same opportunities to be engaged in academia, so I just kind of do these things every once in a while ... I do maybe four or five of these a year."

Wolfe started off his lecture by explaining the importance of Dr. John Snow to the field of epidemiology.

Epidemiology is the branch of medicine that deals with the incidence, distribution and possible control of diseases and other factors relating to health.

Snow was responsible for creating the "ghost map," which showed the outbreaks of cholera in London in 1854. According to Wolfe, this was the "first sort of geographic information system."

Unlike the common consensus at the time, which was that diseases were transmitted through the air, Snow surmised that the cholera moved through water. He removed the handle on the well that he believed to be infected and eventually stopped the transmission of the disease.

Wolfe went on to discuss how the interconnectedness of the world puts us at greater, more intense risks.

"A virus that emerges from central Africa has the potential to traverse the planet in no time," Wolfe said.

Other topics that Wolfe touched upon were risks from terrorist attacks using microorganisms, such as a recent incident where anthrax was released from a high-rise building.

He also said there are risks to storing frozen viruses. For example, a virus from the 1950s caused an outbreak in the 1970s due to a lab incident.

"This was an exclusive risk that was never faced as a popu-

lation before," Wolfe said.

Wolfe said that the reason we were able to determine that the virus was the same was because of our capacity to sequence genetic information.

"We were given this wonderful sort of gift in biology that all of the things we know about the planet, every form of life that exists out there, uses basically one kind of code, and this miracle of course is DNA," Wolfe said.

Wolfe has initiated a program that educates bush people on how to identify which animals are likely to carry viruses.

In areas with primitive or less developed societies that live alongside animals which are likely to carry viruses, members of the indigenous societies will take blood samples from these animals. They then place their blood on filter paper, which is then sent to be tested for viruses. If positive, the samples undergo genetic sequencing.

Although fieldwork has its downside, Wolfe sees it as a necessity to identify risks.

"One of the great things we have found about working around the world is that there is never a place that we worked, no matter what level of resources are present, where we can't find great scientists who are really engaged in working on these kinds of problems," Wolfe said.

One of Wolfe's major rea-

sons for lecturing is to get future generations interested in the field.

"I would say part of me doing a talk here at Youngstown State University is that I think it is very important for the next generation of scientists to engage in microbiology," Wolfe said. "I think it is a fascinating subject that has technology now that permits us to really understand it, and the risks for these epidemics are very high, so part of it for me is to interface with the next generation of scientists and to encourage people to explore interest in this area."

This was evident with the amount of time he spent with YSU students and guests, according to Jackie LeViseur, director of university events at YSU.

"Dr. Wolfe was very gracious, kind and very approachable," LeViseur said. "He really took the time to talk to everyone at the event, especially our students, and gave them a once in a lifetime opportunity to interact with a scientist of such renown."

In the afternoon, prior to the lecture, Wolfe met with a small group of students.

After the lecture, he held a question and answers session and then rounded out the evening with a book signing.

"It was truly a pleasure to have him here," LeViseur said. "Dr. Wolfe's manner was the same at the book signing; he

spent as much time with guests as they wanted, answered questions and took photos with them."

Topics covered during the Q-and-A session included Lake Erie blue-green algae, which lead to a discussion of "global viral mixing" and the "lost diversity of amphibians."

Subjects also included divergent organisms, such as influenza, and the need for a universal influenza vaccine.

During the Q-and-A, Wolfe professed that cyanobacteria, a photosynthetic bacteria, is his favorite microbe.

When asked what the biggest public health misstep in Wolfe's lifetime was, he cited that it was when public health officials came out after the HIV epidemic and announced that we would have a vaccine within a year.

There is still no vaccine for HIV.

Although Wolfe denies that his job is as "sexy" as that of Indiana Jones, he and his companies are the first line of defense against deadly viruses.

"You don't even seem to be aware of the severity of risk to you and your livestock populations, or even the wildlife around you faces, as the consequences of globalization and the interconnectivity of animals including humans on the planet," Wolfe said. "I think he [John Snow] would be scared; I think all of us would be scared."

Johns Hopkins Study Links Fracking and Premature Births

Sean Cockerham

McClatchy Washington Bureau (TNS)

WASHINGTON — New research from Johns Hopkins University suggests pregnant women living near fracking wells in Pennsylvania are more likely to give birth prematurely or have high-risk pregnancies.

"Now that we know this is happening we'd like to figure out why," said Brian Schwartz, lead researcher and a professor at the Johns Hopkins Bloomberg School of Public Health. "Is it air quality? Is it the stress? They're the two leading candidates in our minds at

this point."

Schwartz and his colleagues studied the records of more than 9,000 mothers who gave birth in north and central Pennsylvania between 2009 and 2013. They compared the data with information about natural gas fracking wells in the region.

The researchers found that living among the most active quartile of fracking activity was associated with a 40 percent increase in premature birth and a 30 percent increase in reported high-risk pregnancies, which can mean factors like high blood pressure or excessive weight gain.

Johns Hopkins said the research, published in the journal *Epidemiology*, was

peer reviewed and funded by grants from the National Institutes of Health, the National Science Foundation and the Robert Wood Johnson Foundation.

Huge amounts of high-pressure water and chemicals are pumped underground in the fracking process to break shale rock and release oil and natural gas inside. Fracking has created an energy boom in the U.S., although it's beginning to falter with the crash in oil and gas prices.

Schwartz said clearing of land for well pads, recovery of the drilling fluids, and heavy truck traffic on rural roads contributes to the environmental impact of fracking. He said a single study doesn't provide de-

finite evidence of the impacts of fracking, but that it adds to the knowledge.

He said other research has shown a connection between fracking wells and low birth weight.

"There are now four studies that have looked at various aspects of reproductive health in relation to this industry and all have found something," Schwartz said in an interview.

The Pennsylvania director for Energy In Depth, a research arm of the Independent Petroleum Association of America, said her organization was still going through the Johns Hopkins research but said it "doesn't take any environmental samples and relies heavily on assumptions."

Energy In Depth's Nicole Jacobs also noted that Schwartz is a fellow at the Post Carbon Institute, a think tank that works on alternatives to fossil fuels.

Schwartz said the nation needs energy, but the growth of fracking wells has outpaced knowledge of the environmental and health impacts.

He said the research is "still in its infancy" but should give policymakers reason for concern. "Our research adds evidence to the very few studies that have been done in showing adverse health outcomes associated with the fracking industry," he said.

Adobe Design Contest Semi-finalists

DOM FONCE
DomFonce@gmail.com

Carson Fryman and Nathan Unger, students in Youngstown State University's Graphic and Interactive Design program, were chosen as semi-finalists in this year's Adobe Design Achievement Awards contest.

Fryman currently works for Via680 and graduated from YSU in August.

Unger, a senior at YSU, said the Adobe Design contest is a good way for him to put his creative works into a professional realm and make connections with other designers.

He said there were about 3,000 entries this year and that it's important that a YSU student and alumnus made it so far in the competition.

RJ Thompson, an assistant professor of art who taught Unger and Fryman, said they are an example of what is being done at YSU.

"Great work comes out of Youngstown," Thompson said. "And I'm proud that Nate and Carson have had this success and can lead by example and inspire students to follow in their footsteps."

He said they both have bright futures ahead of them.

"School is the best time to be experimental, push the boundaries of their talents, and to really be ambitious," Thompson said. "By submitting their work to Adobe, and becoming semi-finalists, they understand what that ambition has done for



COURTESY OF CARSON FRYMAN.

them presently, and hopefully what it can do for them in the future. I don't think either student will struggle to find a job."

Unger submitted two projects — a faux brand package design for dog toys and treats called ChowDown and an infographic about elephant poaching.

He said he chose the dog treat packaging because the shape of the blister packages was unique, and the infographic was an assignment in his typography course that entailed a look into social awareness topics.

Fryman created an advertisement for Down syndrome. She said the topic was near and dear to her.

"I chose Down syndrome because it is something that

is personal to me and something that I believe should be brought more awareness," Fryman said. "Many people do not understand that individuals with Down syndrome are just like someone we would consider 'normal' — they are more than capable of obtaining and holding jobs, living independently, etc."

Fryman chose Down Syndrome Association of the Valley as the featured company on her ad.

"I chose to make my cousin Hailee the focal point and inspiration for this project," Fryman said. "Once that process was completed then an organization was chosen and their ads were featured on the advertisements."

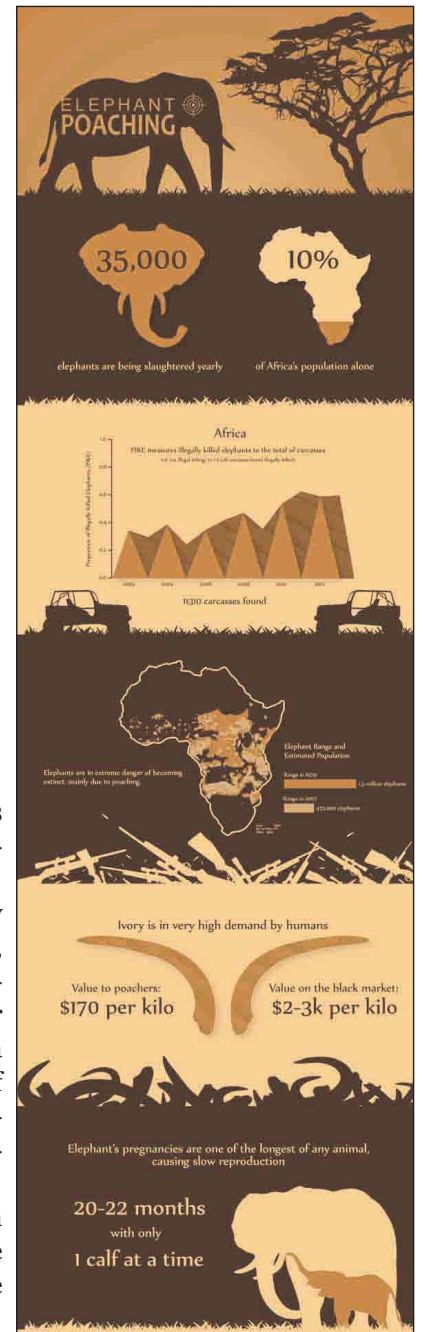
Richard Helfrich, assistant

professor of GID at YSU, has taught both Fryman and Unger.

"I think that the company and the other institutions, nationally and internationally, shows that having our students recognized is a testament to the quality of student we have and is something that highlights the program," Helfrich said.

Helfrich said that both Unger and Fryman were some of the best students he has had.

"Nate is a member of the National Student Advertising Campaign, and last year we traveled to Toledo to work on an advertisement campaign for Pizza Hut," Helfrich said. "And Carson is doing great things with Via680 in the



COURTESY OF NATHAN UNGER.

Youngstown Business Incubator."

After graduation, Unger has goals to be an in-house designer for a small advertising agency, and Fryman is continuing her work at Via680.



GET YOUR DEGREE, TUITION-FREE

Let the National Guard help you pay for college

- Up to 100% Paid Tuition
- Job Skills Training & Experience
- Monthly Paychecks

For more information
call/text Lee Keck
at (216) 543-3927

NATIONAL GUARD 

NATIONALGUARD.com • 1-800-GO-GUARD

JAMBAR STAFF

EDITOR-IN-CHIEF:
 Graig Graziosi 330941.1991
MANAGING EDITOR:
 Gabby Fellows 330941.1807
COPY EDITOR:
 Amber Palmer 330941.3758
NEWS EDITOR:
 Justin Wier 330941.1989
ARTS & ENTERTAINMENT EDITOR:
 Billy Ludt 330941.1913
SPORTS EDITOR:
 Daniel Hiner 330941.1913
ASSISTANT NEWS EDITOR:
 Lauren Foote 330941.1989
WEB MANAGER:
 Alyssa Pawluk 330941.1807
DESIGN EDITOR:
 Gwenasia Gadsden 330941.1807
ASSISTANT DESIGNERS:
 RJ Mikolaj 330941.1807
 Kolby Brown 330941.1807
SALES MANAGER:
 Christiana Young 330941.1990
COLUMNIST:
 Jordan McNeil 330941.1913
 Gino DiGuilio 330941.1913
ASSISTANT COPY EDITOR:
 Sara Pompeo 330941.1913
ARTS & ENTERTAINMENT REPORTER:
 Mary Van Jura 30941.1913
MULTIMEDIA EDITOR:
 Alan Rodges 330941.1913
MULTIMEDIA REPORTERS:
 Scott Williams 330941.1913
 Ashley Custer 330941.1913
SPORTS REPORTERS:
 Will Clark 330941.1913
 Andrew Zuhosky 330941.1913
 Jeffery Brown 330941.1913
GENERAL ASSIGNMENT REPORTERS:
 Dom Fonce 330941.1913
 Samantha Philips 330941.1913
 Laura McDonough 330941.1913
BUSINESS MANAGER:
 Mary Dota 330941.3094
ADVISER:
 Mary Beth Earnhardt 330941.3095
EMAIL thejambar@gmail.com
FAX 330941.2322

CLASSIFIEDS

HOUSING

HOUSING
 Two bedroom apts for rent. One block from YSU. All utilities plus cable/internet included in rent. Call 330-720-0964 or 330-770-4472 \$500.00 per student.

YOU'RE THE ONLY ONE
 Licensed and Inspected one-bedroom apartment includes all utilities, appliances and laundry. Plus ADT, cable, dual broadband Internet. From \$695. Call Chris 330-743-7368.

IT TAKES TWO
 Licensed and inspected two-bedroom apartment includes all utilities, appliances and laundry. Plus ADT, cable, dual broadband internet. \$455 each. Call Chris 330-743-7368.

HOUSING
 Apartment for Rent. 5 bedrooms upstairs duplex, 2 bath, parking lot, security, washer/drier, near campus, \$750+ utilities. See Craig's list. Kathy 330-565-4158.

OTHER

Need Birth Control, Plan B, Pap Smear, STD Test, 3D/4D Ultrasound, Pregnant?
 Dr. Hill, 1350 Fifth Ave., near YSU campus, all insurances, walk-ins. 330-746-7007, askthedoctor@aihealth.com, answered confidentially.

NEW BEGINNINGS RESIDENTIAL CENTER
 Behavior Care Staff for residential behavioral/mental health center for youth. FT/PT positions. Must be over 21, have valid driver's license, minimum HS diploma. Criminal background check required. Submit resume to: PO Box 664, Youngstown, OH 44501.

HELP WANTED

HELP WANTED
 Looking for a preschool teacher and a teacher assistant with a degree, CDA or 2 year experience minimum. Near YSU. Call 300-740-0323.

HELP WANTED
 Delivery driver for flower shop. Willing to work around college schedule. Good driving record. Good physical condition. Contact if interested 330-799-3261 Mon-Fri 9 to 5.

NEWS BRIEFS

Fall Fire Fest 2015

Penguin Productions will present its third annual Fall Fire Fest on Oct. 15 from 7 to 11 p.m. at the Green on Grant, located at the intersection of Grant Street and Ford Avenue on the west side of YSU's campus. The event is free and open to the public. Live music will be provided by two Nashville based acts, The Vespers and Jordan DePaul. A bonfire, food and drink vendors and a pep rally are also scheduled. Attendees are encouraged to bring non-perishable food items to donate to the Second Harvest Food Bank.

Wick Avenue Project Receives a Generous Donation

The John S. and Doris M. Andrews Trust has donated \$250,000 to help fund improvements to the Wick Avenue corridor at Youngstown State University. The money will be used to pay for enhanced lighting along Wick Avenue. The Wick Avenue project will repave the roadway, placing all utilities underground and improving lighting, starting in the spring 2016 semester.

TEDX SPEAKER SERIES FRONT

Kashmiry said she really likes who she's become without drugs in her life and feels she's much better than she used to be.

"What I was doing before, I had to wake up and see who I was gonna rob, see who I was gonna steal from," Kashmiry said. "Today, I just wake up, I get my daughter ready for school, I go and meet my best friend for coffee, I go to work, I take [Kylee] to dance."

Today Kashmiry is an entirely different person than she was several years ago. She said the disease did not define who she was, because now that she's clean she's become a better person.

"It's funny because my friends ask me to watch their kids and get them off the bus, and that would have never happened before. No one would want me near their kids before," Kashmiry said. "It's just nice that people trust me today."

Kashmiry said addicts with children miss out on some of the most important events in their children's lives, and she's thankful to experience them with Kylee.

"Things like watching her hit a baseball for the first time, teaching her to ride a bike. [They will] never get that opportunity and it's sad because they grow up," Kashmiry said. "I thank God I have that experience with her, to watch her grow and be a good mom to her."

A lot of strength comes from her daughter Kylee, keeping her anchored when she becomes overwhelmed.

"Her face pops into my head, and I know I can't be weak when I want to be weak. I have to keep pushing forward because her little face is there," Kashmiry said. "She never ever has to see me drink or use drugs."

Drug Addict Turned Public Speaker and Addiction Counselor

Kashmiry has taken her experience and turned it into a positive by using her own story to speak at her old high school about the dangers of drug and alcohol abuse.

She said walking into her high school for the first time, not as an alcoholic teenager but as a strong adult, gave her chills.

"The memories of high school came flooding back, and who I became is, that's where I started," Kashmiry said. "The alcoholic soon to be addict."

In one of her talks with the students, she said, "I sat in the same seat as you and I could have been anything I wanted in my life, and I chose drugs."

Kashmiry sees value in sharing her experiences with others.

"Just keeping it to myself isn't going to help someone, so I figure if I can share with whoever, whenever, maybe one person out of however many I can help, that would be a reward for me," Kashmiry said.

Looking back, she said she's shocked and proud that she made

it to where she is now.

"Most people don't survive this, most people don't survive heroin addiction," Kashmiry said. "Going through the depths of hell, literally, to come out on top where I'm at now, it just totally floors me."

In addition to speaking at high schools about the dangers of addiction, she is a certified Chemical Dependency Counselor Assistant.

"I can relate to people who just can't stop. People get mad and say, 'all you have to do is quit.' No, it's not like that. It's not that easy," Kashmiry said. "Some people will live and die an addict."

Kashmiry said her experience may allow her to understand the feelings of an addict better because she's been through it herself, but that doesn't make her a better counselor.

"I think that life experiences are what makes a person a good recovery coach or therapist. Life experiences are what makes you be able to empathize with those who have been through it," Kashmiry said. "[The life experience] definitely enhances the job because of the knowledge that you have."

Addicts Need to Seek Help

Kashmiry lost a cousin to drugs. She said the end of heroin abuse is normally either suicide or overdose because addicts don't know what else to do or are afraid to seek help.

"I guess if you're in the field, you're okay with it, but I was treated poorly when someone found out I was an addict. They refer to us as 'those people,' and we're stigmatized," Kashmiry said. "I understand, but it's not who we are deep down inside."

She said people struggle to differentiate between the disease and the person underneath.

"I think we're all good people. We're not bad people, we're just sick people," Kashmiry said.

Kashmiry said people focus too much on incarcerating addicts and dealers, and not enough on curing the problem by helping them become productive members of society.

"They're thinking prison and jail is going to help them, but they need more help than that," Kashmiry said. "They need to be introduced to jobs and places where they can go to make money [legally]."

With such a high death rate associated with addiction — not only with heroin — Kashmiry encourages anyone struggling with addiction to seek help as soon as possible.

"Seek treatment, seek professional help regarding addiction. Don't wait, if they have an ounce of courage to stop doing whatever they're doing, they need to take it and run with it," Kashmiry said. "This disease definitely wants us dead, that's for sure."

According to studies, nearly 80 percent of past heroin addicts will relapse.

Kashmiry said she refuses to be one of them.

BROWN-TRICKEY SPEAKS AT YSU PAGE 4

A student asked her what she thinks is causing the rise of discrimination in the U.S.

"Profound intentional ignorance. We don't know anything about ourselves and our history. We don't want to know about anyone else's history," Brown-Trickey said. "The demise of a civilization is when they get too stupid to think."

She said ignorance is the root of most problems in our country, and we need to address problems rather than pretend everything is perfect here.

"We have to criticize our country or it won't grow and it won't change. If enough people speak out, I am hopeful that it will make a difference," she said. "Never forget what's possible by our individual and collective action. If you don't like something, do something about it. Otherwise, shut up."

She said that James Lawson, an adviser for Martin Luther King Jr. during the civil rights movement, told the Little Rock Nine that non-violent strategies would help them survive their situation.

"We have to honor who we are, what we are capable of, and see ourselves as non-violent creatures. Non-violence can end suffering and transform," Brown-Trickey said. "It's a way of life for courageous people. In our society, which has a high value for violence, you really do have to be courageous to teach non-violence."

Brown-Trickey said teenagers and young adults don't put enough pressure on their government to solve problems in modern society. She said people should have flooded the streets after the last school shooting and demanded something be done to prevent another one.

She asked how many people wrote letters or emails to the government after the shooting to express what they think should be done, and only a couple people raised their hands. She said that is a problem.

She also said she thinks young people can be the future if they take initiative.

"I'm telling you. I think the young people are going to take it forward, but we have to help them. We can't go around saying they did this or that. It diminishes people's efforts to change," Brown-Trickey said. "We have to interrupt the status quo."

Diane Gonda, an adjunct professor in the English department, presented the documentary. She said that students need to be empowered to change the world.

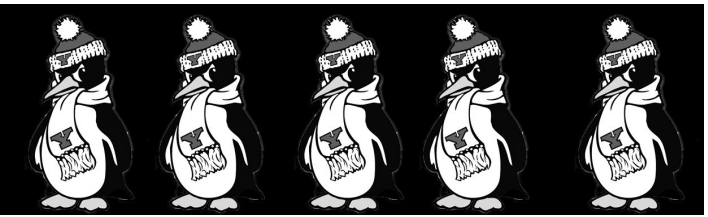
"It's a message of non-violence. It's a message of changing the status quo. I see some students are moved by the presentations, and they are so capable of being successful," Gonda said. "I know that learning self-empowerment is the way to go. I am so honored to have met Minnijean, to know her, to hear her story and to do just a little bit to advance the cause of non-violence."

Tyler Brentley, a graduate student working in student affairs, was inspired by the presentation.

"She did what she did at such a young age at a time when things were much different, much harsher, much worse. If she could do it at that time, then why couldn't we do something similar now? This should be a starting point for us to dig deeper into history as a whole," he said. "I think by informing ourselves, we can be a lot more successful in society as a whole. We don't want to make mistakes they made and we can build on their triumphs."

CHICKEN DINNER, \$8.00
Wednesdays, 1130 AM-1PM
 BAKED CHICKEN (LIGHT OR DARK)* SALAD*
 VEGETABLE*MASHED POTATOES & GRAVY*
 BREAD*DESSERT AND "BOTTOMLESS" COFFEE OR TEA
St. John's Episcopal Church
 323 Wick Ave. - across Wick from YSU's Jones Hall
 For preorder or take out call 330.743.3175

LIKE US ON FACEBOOK THE JAMBAR



THE JAMBAR .COM



Bocce for Hope



PHOTOS BY GRAIG GRAZIOSI/THE JAMBAR

Shannon Tirone, the associate vice president of university relations, prepares to pitch a bocce ball during this year's Hope Foundation Mahoning Valley Carmstrong Bocce for Hope fundraiser. The HFMV and Carmstrong Foundation — named after MVR owner Carmen Cassese — collaborate annually to raise funds.



Volunteering to bartend for the event, Sylvia Imler, Youngstown State University's executive director of multicultural affairs — as well as several other individuals from Youngstown State University and around the city — helps raise money for children with terminal illnesses.

UC Berkeley Defends Handling of Sex Harassment Claims Against Professor

Katy Murphy
The Oakland Tribune
(TNS)

BERKELEY, Calif. — As fury grows over reports that astronomer Geoff Marcy sexually harassed female students for years, the University of California, Berkeley, Monday defended how it has handled complaints against the professor.

The claims surfaced late last week when BuzzFeed published a story on a confidential university investigation that concluded in June and resulted in a warning. According to BuzzFeed, four students complained that they had been subject to unwanted advances, including kisses, groping and

massages. It reported that the harassment was an open secret among astronomers.

"The university has imposed real consequences on Professor Geoff Marcy by establishing a zero-tolerance policy regarding future behavior and by stripping him of the procedural protections that all other faculty members enjoy before he can be subject to discipline up to and including termination," the university said in a statement.

But students are livid that the professor received what they see as a mere warning for his past behavior as part of an agreement reached with the university's vice provost for the faculty.

"I think it says that the faculty does not truly care about

sexual assault and harassment against its students and care more about our academic reputation," said Meghan Warner, a senior and a student representative to a University of California task force on sexual violence.

Marcy, a professor at Berkeley since 1999, was considered in the running for a Nobel Prize for his discovery and study of large planets outside of our solar system. He did not respond to a request for comment, but posted an open apology letter on his faculty page last week, shortly before BuzzFeed — which obtained the confidential report — broke the story.

"While I do not agree with each complaint that was made, it is clear that my behavior

was unwelcomed by some women," Marcy wrote. "I take full responsibility and hold myself completely accountable for my actions and the impact they had. For that and to the women affected, I sincerely apologize."

The incidents are believed to have occurred between 2001 and 2010 with students who have since graduated; the university first received the complaints in July 2014, said campus spokeswoman Janet Gilmore.

Faculty have more protections than students who are accused of violating campus policies, and they undergo a sanctioning process that includes a hearing before their peers. The university administration cannot unilaterally fire

a professor, for example, while it can expel a student.

The university concluded that setting "clear behavioral standards" for Marcy on his interactions with students, along with the waiving of those protections, "was the most certain and effective option for preventing any inappropriate future conduct," it said.

But the problem is greater than this one high-profile professor, Warner said. Graduate students who are harassed by faculty, she said, often fear that reporting the problem will end their careers.

"It's been a real problem for graduate students, and it's something activists haven't addressed nearly enough," she said.

The Zou Rocks the Red Rocks



All the lights shine on The Zou's frontman, Khaled Tabbara, at their Friday night performance at the world-renowned Red Rocks Amphitheater.



PHOTOS COURTESY OF KHALED TABBARA.

Youngstown's *nouveau-indie* rock group made their Red Rocks Amphitheater debut on Oct. 9. Frontman Khaled Tabbara said it was a personal dream of his to play on that stage.

BILLY LUDT
wrludt@student.ysu.edu

At 19, Khaled Tabbara hiked through Red Rocks Park in Colorado. It was daytime, and his destination was the amphitheater. When he arrived, nobody was on stage, so he climbed up on it.

Tabbara pulled out a disposable camera, snapped a picture of himself on the empty stage and told himself he'd play there one day. At that time he had not performed in front of anybody.

On Oct. 9, that teenage day-dream came true.

The Zou performed Oct. 9 for The Rocky Mountain Entrepreneurial Summit at the world-renowned Red Rocks Amphitheatre.

"It was probably one of the greatest experiences of my entire life, to be honest," Tabbara said.

Tabbara fronts The Zou, a Youngstown born and bred indie rock group, on vocals and plays the keyboard and guitar. Remaining members of the band are Dean Anshutz (drums, percussion), Billy LaGuardia (drums, percussion, bass), Rob Thorndike (guitar, vocals), Adam DeAcentis (bass), Katianna Timko (vocals), Bernadette Lim (vocals, keys), Jake Stephens (bass) and Joey Graziosi (keytar, flute, saxophone, EWII, keys).

Red Rocks Amphitheater has hosted performances from many globally recognized musicians — The Beatles, Phish, U2, Widespread Panic and The Flaming Lips to name a few — and the venue has a history of musicians recording performances for live albums.

"It's such an important place in music," Tabbara said. "Everybody in the band had their favorite band who'd played there."

Rows upon rows of bench seating are carved into the natural rock formations of the Red Rocks Park. The stage sits in the shadow of an expanse of rocks. Backstage resembles a complex system of caves, the walls adorned with pictures of the many artists who have played there.

"The acoustics are fantastic; the lights are just amazing; the crowd was wonderful," Tabbara said.

The Zou shared the stage that night with improvisational funk band The Motet and headliners, alt hip-hop group, Flobots.

Tabbara lived in Denver for some time and with his prior experience with Red Rocks — as a spectator — he knew how great an opportunity it would be to have the band perform there.

They were informed a month and a half prior to the show that they were perform-

ing, but Tabbara was skeptical.

"I didn't really believe him," Tabbara said. "I just kept telling the band, look if this happens, great. Let's not get too excited."

They received their plane tickets to Denver a week before the show.

"I was in denial," Tabbara said. "I told everybody, 'it's absolutely real. Be ready.'"

Tabbara came back home from a yearly songwriting conference in Denver to gather up the band and fly back to Denver.

Seven members of The Zou performed at the Red Rocks. Their numbers fluctuate depending on availability and where they are playing, due to some members living out of state or out of the country.

"I just really like making music," Tabbara said. "I write these songs, and then I have all these friends that are insanely talented. We just make it work."

The opportunity presented

itself, so the band decided to record their performance for a future release. They flew in a sound person from New York to setup the show for multi-track recording, ready to be mixed in-studio.

"It was all kind of a blur," Tabbara said. "We organized it. We pulled it off. It was fantastic. I do have to add some things to the bucket list, because one of them just got checked off."

As a band, The Zou has performed in 28 states and played over 400 shows since its conception in 2007. They make an effort to play two to three times a year in Youngstown.

The Zou will perform on Halloween at Suzie's Dogs & Drafts. Their latest album, "Kills, Pt. 2," was released on Aug. 22. They plan to tour in December and have already started work on their next studio album.

EDITORIAL

History in the Flesh

“History repeats itself.”
At least it does when we forget.

Last Tuesday, Minnie Brown-Trickey, one of the Little Rock Nine, visited Youngstown State University’s campus to speak to students, answer questions and show a documentary about her life. The Little Rock Nine were — despite being enrolled — barred entry to their racially segregated high school in 1957 by the governor of Arkansas. The incident went on to become a turning point in the civil rights

movement.
Hearing Brown-Trickey’s story about facing death threats and abuse from an unruly white student body to go to school at a time when education and its quality were separated by color is more direct than reading books and watching film alone. Brown-Trickey’s tale about racial injustices in 1957 resonates loudly with the current events happening in 2015. This year, the nation has seen a citizen uprising that has lay dormant for years. Stemming mostly from police brutality, ri-

ots, uprisings and outspoken attitudes have not gone unnoticed by the American public. It is a memory from a not so distant past, when people of color were forced to live a more fearful life. Last week, Simeon Wright, cousin of Emmett Till, spoke in the area about the crimes Till endured. Till was forced out of his house at gunpoint, tortured and killed for allegedly catcalling a white man’s wife. Till was found at the bottom of a river, tied down with a 75 pound cotton gin to his neck with barbed wire.

Till was 14. Michael Brown was 18. Tamir Rice was 12. Sandra Bland was 28. Hearing the stories of those who have suffered — who have lived through the history — opens doors for listeners in ways stories heard secondhand simply couldn’t. History, undoubtedly, repeats itself. Whether it be weather patterns or marches for equality — what happens once most likely happens twice. When people with perspective and experience come to campus to share both, go hear what

they have to say. Reading a book or watching a documentary doesn’t compare to connecting directly with another human being. Learning from those who have experienced the past firsthand will hopefully prevent those of the present from committing the same mistakes. If the knowledge doesn’t prevent trends, it can at least tell the current population how to handle, or not handle, the situation at hand.

JAMBAR POLICY
Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Collegiate Press honors. The Jambar is published twice weekly during the fall and spring semesters and weekly during the first summer session. Mail subscriptions are \$25 per academic year. The first copy of The Jambar is free. Additional copies of The Jambar are \$1 each.

OUR SIDE POLICY
The editorial board that writes Our Side editorials consists of the editor-in-chief, the managing editor, the copy editor and the news editor. These opinion pieces are written separately from news articles. They draw on the opinions of the entire writing staff and do not reflect the opinions of any individual staff member. The Jambar’s business manager and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

YOUR SIDE POLICY
The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com or by following the “Submit a Letter” link on thejambar.com. Letters should concern campus issues, must be typed and must not exceed 500 words. Submissions must include the writer’s name and telephone number for verification, along with the writer’s city of residence for printing. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff decides that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitting writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.

LIKE US ON FACEBOOK
&
FOLLOW US ON TWITTER

The Press Box Perspective: Maybe a Two-Quarterback System’s the Answer

DAN HINER
dhinerjr@gmail.com

Sports fans are creatures of habit. We love to see consistency, and something as simple as watching the same players suit up game in and game out brings fans solace. That’s why it hurts me to say the quarterback situation at Youngstown State University could, or should, see a slight modification depending on the outcome of the game on Saturday night. The Penguins will host #8-ranked South Dakota State University. The Jackrabbits have one of the top defenses in the Missouri Valley Football Conference and will pose a challenge for YSU quarterback Hunter Wells this weekend. Last season, Wells was considered a godsend for Penguins fans. When Wells took over the starting job, it strengthened the YSU office. But since his first few starts, Wells has seen a decline in production. Wells scored 14 passing touchdowns and one rushing touchdown, but he also committed nine turnovers last season. Statistically, Wells has been one of the top quarterbacks in the conference, but a couple critical mistakes played a role in YSU’s 31-29 loss to Illinois State Univer-

sity Saturday. This season, Wells has accumulated 927 passing yards and seven touchdowns, but his three interceptions in the past two games could have been costly. Wells threw an interception on the first drive of the game during YSU’s loss to Illinois State. The interception was returned for a touchdown and put the Penguins behind the eight ball early in the first quarter. I’m not advocating for the benching of Wells, but a change in offensive philosophy should be considered. Backup quarterback Ricky Davis is a name most of you don’t know, but he’s someone that could provide a matchup nightmare for opposing defenses. Davis was a two-star recruit coming out of high school in 2012, but his arm isn’t where it should be for a starting quarterback. Davis is only a sophomore and his ability to throw the ball could improve under the tutelage of offensive coordinator Shane Montgomery. But Davis has one advantage over the rest of the quarterbacks on the roster — his ability to run. The 6-foot-3-inch 220-pound quarterback’s ability to run with the football from the quarterback position is by far his greatest strength. He could add another quality runner to work alongside running backs Martin Ruiz and Jody

Webb. And with the depleted offensive line due to the loss of Trevor Strickland, Davis’ ability to scramble could decrease sack numbers and keep the offense consistently moving in the right direction. Davis has seen time during his first season and a half at the collegiate level. He’s seen time in certain packages under former YSU head coach Eric Wolford, but he only used him in rushing situations. Davis’ ability to throw has improved over the summer. Recently, he played in the second half of the Penguins’ 31-3 win over St. Francis University on Sept. 19. Davis only attempted two passes, and his only completion to this point of the season was good for 21 yards. He also carried the ball four times for 32 yards. Again, I’m not calling for Wells to lose his starting job, but the addition of Davis to take a number of snaps each game could bring a breath of fresh air to an offense that will need to produce heading into the second half of the season. Penguins fans watching two quarterbacks taking snaps under center could be a discouraging sight because we’re used to seeing Wells consistently at quarterback, but if Wells continues to turn the ball over, Davis could provide a consistent threat and a consistent offensive weapon.

THE JAMBAR
COM

Inches Short: YSU Falls to Illinois State



Hunter Well was ruled down prior to crossing the goal line during the game-tying two-point conversion.

PHOTO COURTESY OF DUSTIN LIVESAY

JEFF BROWN

jrbbrown02@student.ysu.edu

Youngstown State University quarterback Hunter Wells came up inches short on a two-point conversion with 32 seconds remaining as the Penguins fell to Illinois State University 31-29 on Saturday night.

YSU [3-2, 1-1] attempted an onside kick following the failed two-point conversion, but a member of the Illinois State hands team batted the ball out of bounds. Illinois State [4-1, 2-0] was not flagged on the play. YSU coach Bo Pelini was upset with the call and was called for an unsportsmanlike conduct penalty.

One of the more infamous cases of an onside kick being batted out of bounds was a 2008 game between the University of Notre Dame and Navy. Notre Dame batted the onside kick out of bounds and

Navy was awarded a re-kick. "It doesn't matter after the onside kick, well, you'll have to talk to the conference office about that," Pelini said. "We didn't play well in any phase of the game to win this football game."

Late in the first quarter YSU had an extra point blocked after a three-yard Shane Kuhn touchdown run, which may have meant the difference in the game.

Illinois State quarterback Tre Roberson was listed as questionable with a thumb injury coming into Saturday's contest but did not enter the game into Illinois State's third series on offense. A few plays later, Roberson scampered for a 58-yard touchdown run to give Illinois State a 14-6 lead early in the second quarter. Roberson finished 6-11 for 130 yards and one touchdown. He also ran for 90 yards on five carries.

"Well honestly we were ex-

pecting him to come in in the first quarter," safety LeRoy Alexander said. "I felt like we're really good at first. We just hurt ourselves and missed assignments."

Missouri Valley Football Conference leading rusher Marshaun Coprich also found success against the Penguin run defense, rushing for 132 yards on 23 carries and scoring the game-winning touchdown with 4:17 remaining.

A fake punt on a fourth and five from the Illinois State 39 yard line earlier in the drive set up the touchdown.

Pelini blamed the Penguins' poor tackling as a reason to Illinois State's rushing success. The Red Birds finished with 222 total rushing yards.

"It's really hard to cover them when you miss tackles and people don't do their job," Pelini said. "He's a good football player [Coprich]. When you get your opportunities, when you're one on one, you

got to make the tackle."

YSU running backs Martin Ruiz and Jody Webb led the way for the Penguins' offense in both rushing and receiving. The two backs compiled 196 rushing yards while also tallying eight catches for 116 yards.

Wells completed 18-27 for 240 yards and one touchdown but threw a crucial pick six on the Penguins' first possession of the game.

"We came out flat in the

first half. It is what it is," Wells said. "I can't start the first drive off with a pick six. That's on me and I take full responsibility. It's no one but my fault."

Pelini was not at all happy with his team's performance on Saturday.

"We lost. I don't know, maybe I've been gone too long, but if you lose, that's a step back," Pelini said. "Our standards are a lot higher than that."

MISSOURI VALLEY FOOTBALL RESULTS WEEK SIX

(3) North Dakota State def. (10) Northern Iowa 31-28

(8) South Dakota State def. (19) Indiana State 24-7

Western Illinois def. South Dakota 40-21

Southern Illinois def. Missouri State 73-26

GRAPHICS BY RJ MIKOLAJ/THE JAMBAR.

McLean Leads YSU Cross-Country to Win Against Malone



The Youngstown State University men's cross-country team won the Disney World Cross-Country Classic on Oct. 10. The cross-country team will compete in the Penn State National Invitational on Oct. 17.

PHOTO COURTESY OF BRIAN GORBY

JEFF BROWN

jrbbrown02@student.ysu.edu

The Youngstown State University men's cross-country team finished with five runners in the top 25, including three in the top 10, as the Penguins cruised to a first place finish in the Disney World Cross Country Classic, which consisted of 25 teams and 256 runners.

YSU edged out the victory over rival Malone University, who defeated the Penguins a year ago in the event. Malone is considered one of the top cross-country programs in the

nation. "We sort of have a little rivalry with Malone College. As far as the Disney Classic goes, they've beaten us the past three years or so," YSU sophomore runner Ryan Sullivan said. "It was kind of almost a head-to-head match between us and them and it was great to come out on top."

Austin McLean led the way for the Penguins finishing in second place, after winning the event a year ago. McLean was named Horizon League Runner of the Week for his performance.

"I love bringing the representation back to Youngstown, the fact that people are looking at a guy from Youngstown as 'a guy to watch,'" McLean said. "Being able to help bring this team to a championship, and that's what I love — the recognition Youngstown gets for it."

YSU sophomores Alan Burns and Ryan Sullivan rounded out the top 10 with ninth and 10th place finishes. Not only did YSU have three runners in the top 10, but junior Ethan Wilson finished 13th and senior Jon Hutnyan finished 22nd.

Even though the cross-country program had success in the past, the men's team hasn't received the accolades the women's team has earned over the years. Sullivan believes that the depth of this year's team is something that was lacking in years past.

"It's phenomenal as far as the team aspect goes. We came from having such a large spread last year. Having front runner or so and then a few people kind of behind him," Sullivan said. "Definitely a big reason we're able to win was our depth this year. Cross-

country is so much of a team sport. You can't have your all-star like you do in football. In cross-country you need to have your top five, and even your top seven, be as close to the same caliber to even be able to call yourself a great team."

Up next for the Penguins is the Penn State Invitational this Saturday in State College, Pennsylvania. The invitational will provide the Penguins with one last tune up before the Horizon League Championship on Oct. 31.

"It plays a big role because now is our chance to