"The Forgotten Man is delving away in patient industry, supporting his family, paying his taxes, casting his vote, supporting the church and school, reading his newspaper, and cheering for the politician of his admiration, but he is the only one for whom there is no provision in the great scramble and the big divide." —Prof. Wm. Graham Sumner

# BULLETIN

of the

Mahoning County Medical Society

HONING COL

SOCI

Vol. XIV No. 3 March 1944

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Published mor	thly at	787 Wick	Avenue,	Youngstown,	Ohic	2	Annua	l Subscription	\$2.00	

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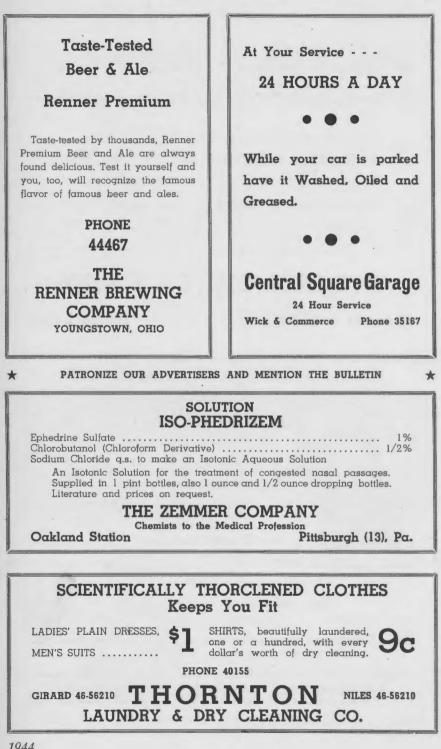
Psychotherapy

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Elizabeth McLaughry, M.D. Elizabeth Veach, M.D.

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THE MAHONING COUNTY MEDICAL SOCIETY



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March

\*



## PRESIDENT'S PACE

Some organizations have recently devoted considerable attention to Youngstown Municipal Hospital Problems.

The City went to a great deal of expense, some twenty years ago, in erecting this magnificent structure for the care of contagious diseases, intending it to provide adequate facilities for these needs.

The results of good planning have the unhappy faculty of going awry at times. This, contrary to all intentions and purposes, seems to have happened to this "could be" efficient institution.

Many factors are involved in its failure to function: location, inaccessibility, lack of adequate equipment, insufficient staffing of doctors and nurses and, perhaps most of all, unavailable operating funds. This wasteful situation can be and should be corrected.

## "POSTGRADUATE DAY"

On April 19th, our Society is undertaking to stage its 16th Postgraduate Day. This is a brave undertaking in these war times. The Committee is most courageous and, except for their complete confidence that you members will never "let them down," they would not attempt it. The two local members, Drs. Dean Collier and E. C. Baker, deserve our highest praise and gratitude for their willingness to participate in the program. Their papers are the fruit of years of careful thought and experience. We should be proud that we have members who place no limitations upon their own expenditure of mental and physical effort in behalf of good medicine and the scientific sponsorship that has brought acclaim to our Society these many years.

The visiting doctors are famous in their fields, also. Thus this war-time P. G. Day will lend lasting fame to our Society and will continue our tradition of Professional Progress.

Remember the date, April 19th.

Elmer H. Nagel, M. D.,

President.

# BULLETIN Mahoning County Medical Society

#### MARCH

## Editorials---

## Dr. Novak

Drs. Montani and Sedwitz and the other former students of Dr. Emil Novak, were affectionately proud as he spoke to us on February 15th. By his manner of speaking,clear, succinct, comprehensive-simple, gracious and kind-Dr. Novak justified that pride, but not in his students only. The whole audience, and it was a nice, large audiencewere pleased, too. We sensed that before us was a scholar, a careful investigator, and an experienced clinician. But equally we knew that he was a man whose heart was that of a great physician.

Dr. Novak spoke on the Endocrines, with Special Reference to Gynecology. No comment, fortunately, is needed here since an abstract of his address will appear elsewhere in this issue. It is quite enough to say that seldom has anyone spoken to an audience so intensely at attention for every word.

Dr. Sam Sedwitz was responsible for the coming of Dr. Novak. We all owe much to Sam for this fine program. Dr. Novak is recognized as one of the leading gynecologists in the world today. But, busy as he can be, he not only comes to us with his magnificent address, he goes back home and prepares especially for us an abstract to cover the highlights of his paper.

With men such as Dr. Novak and last month Dr. Maclachlin, honestly fellows, isn't it grand to belong to such a Profession?

#### Major Grindlay Speaks

The local profession was honored recently by Major John H. Grindlay, a former Youngstowner, who 1 9 4 4

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has won national distinction in the armed services. Dr. Grindlay was closely associated with Dr. Seagrave, famed author of "Burma Surgeon," and has had much experience in the problems of malaria, dysentery, and beri-beri, — more pronounced maladies of the area where he served, although not peculiar to those parts of the world. Dr. Grindlay's parents, residents of Youngstown, were the proud hosts of their son while visiting here.

## Dr. Wilce At Last!

Back in October Dr. Wilce was scheduled to speak to us, but unavoidable circumstances made his coming impossible. At that time he promised to "make good" later, and this is the month. Fortunately Dr. Wilce's discussion is just as timely as before. In fact, in the light of recent disclosures as to the fitness or rather lack of fitness, of so many of our draftees it would appear that Dr. Wilce's address is needed now more than ever.

A large attendance is sure to greet the speaker and he will well-repay our effort to hear him.

## What, Why and Who: The Council?

(a) What is the Council? The Council is an agency of the Society exactly as are the various Committees. In fact, the Council is essentially nothing but a standing committee. It is in no sense a sovereign body.

It has only the powers necessary in order to perform its duties. These are clearly set forth in the By-Laws.

The real SOVEREIGN BODY (Continued on Page 75)



# **STORED-UP ENERGY**

Here, indeed, is energy ... and a full measure of pleasure, too ... carefully stored away under modern refrigeration ... for the health and enjoyment of all the family. Tempting, fresh dairy foods from Isaly's ... wholesome, nutritious milk and cream ... Isaly's quality butter ... protein-rich cottage cheese ... eggs ... vegetables ... fruit ... and a brick of Isaly's three-layer ice cream. Here are the foods of a war-time America ... building foods ... high in nutritive value ... yet happily low in cost.



## **Dairy Specialists**

## THE ENDOCRINES IN GYNECOLOGY

By Emil Novak, M. D., Baltimore, Md.

It is a safe assumption that most medical men are more interested in organotherapy than in endocrinology. Their chief interest in the latter, in other words, is in its possible application to the treatment of the functional gynecological disorders which form so large a part of the cases encountered in medical practice. However, it is not easy to give any simple rules of thumb on this point, and the fact remains that it is simply impossible to prescribe endocrine preparations for such indications with any intelligence unless one has at least an elementary idea as to the endocrinology of the reproductive functions. This, after all, is not difficult to acquire, in spite of the bewildering amount of literature on the subject, and the lack of knowledge still existing on many points.

We have come a long way since the naively simple concept taught the older men here present, to the effect that menstruation is caused by an internal secretion of the ovary. then still a mysterious, totally unknown principle. Now we know that the ovary produces two hormones, and they are no longer mysterious. since we know their exact chemical composition, and since they can both be prepared synthetically, and we know more about their pharmacological effects than we know about most of the drugs employed in daily medical practice. These statements apply both to the estrogenic hormone produced by the follicle and the progesterone which, in the ovary, is produced only by the corpus luteum. Furthermore, we have available numerous reliable commercial preparations of both these hormones.

No longer, however, does our concept of menstruation envisage only the ovaries and the uterus for we now know, as a matter of fact, that the anterior pituitary dominates and makes possible the cyclical activity of the ovaries. It exerts this domination through the agency of the two pituitary sex hormone principles. One of these, the follicle-stimulating principle, brings about maturation of ovarian follicles and thereby the elaboration of estrogen. The other, the luteinizing principle, is responsible for luteinization and thus the production of progesterone. Unfortunately, however, neither of these two factors has been isolated in pure form, we know nothing as to their molecular structure, and no sex hormone preparation made from the pituitary gland has as yet established itself as being of undoubted clinical value. When biochemists give us the purified hormones of the pituitary, as they some day will, we may expect to improve our treatment of certain functional disorders such as many cases of amenorrhea and sterility.

Among other hormones with which the gynecologist is concerned are those found in the blood and urine of pregnant animals and women. In pregnancy urine there is a dual principle, made up of follicle stimulating and luteinizing components, and now known to be of chorionic origin, arising in the embryo itself. The pregnancy urine hormones are, as a matter of fact, responsible for the changes produced in the ovaries of mice or rabbits when the Aschheim-Zondek or Friedman tests are positive. It is important to emphasize that the pregnancy urine preparations do not contain the pituitary sex hormones, as many practitioners seem to believe.

The pregnant mare serum preparations which are made up dominantly of the follicle stimulating principle (equine gonadotropic hormone) have come into wide clinical use, chiefly for their supposed effect in making non-ovulating women ovulate, but the weight of the best evidence is that they are of very questionable value in this respect, to say the least.

The gynecologist of today must make frequent use of thyroid substance. While comparatively little is known of the nature of the relationship between the gonads and the thyroid, some relation undoubtedly exists, and there is general agreement as to the value of thyroid therapy in such disorders as amenorrhea. sterility, and habitual abortion. Finally, even the male sex hormone principles, usually in the form of testosterone propionate, are not infrequently resorted to in the management of certain disorders, such as functional bleeding and primary dysmenorrhea.

It is impossible in a short address to indicate more than a few principles in the management of the functional disorders which constitute so large a part of gynecological practice, although the present status of these problems has been rather fully reviewed in the author's recently published textbook on Gynecology.

As regards the menopause, one may first stress the fact that only a small proportion of menopausal women need any organotherapy at all, and this should never be given unless the characteristic vasomotor symptoms are present and sufficiently disturbing to call for treatment. Estrogenic therapy has established itself as of undoubted efficacy, but its use has been greatly abused, and the country is full of psychological addicts to needle treatments for which there is often no clear-cut indication.

With the increased use of the nonhormonal but powerfully estrogenic substance called diethylstilbestrol (stilbestrol), similar abuses have arisen. The use of this drug is not possible in from 10 to 15 percent of women because of the unpleasant though not dangerous side-effects it may produce, especially nausea and vomiting. The fact that it is so cheap and so effective by the oral route has given it a great advantage over the natural hormone preparations. But it is often used in unnecessarily large and unnecessarily prolonged dosage, with postmenopausal bleeding as a frequent result. Such bleeding is very disturbing, for it leads to the suspicion of malignancy, and often demands diagnostic curettage.

There should be no such thing as a routine dosage of either the natural hormones or of stilbestrol. The troublesome vasomotor symptoms almost always occur in periodic exacerbations, and these can often be relieved or greatly ameliorated by treatment for only a few days. As soon as the patient is thus improved, the stilbestrol may be discontinued entirely, or the dosage greatly diminished. Prophylactic and so-called maintenance dosage are both illogical and may be harmful.

The organotherapy of endocrinopathic amenorrhea is notoriously unsatisfactory, and it must be adapted to the type of case under treatment. The pituitary is more often than the ovary the primary seat of the dysfunction. In such cases the ovaries fail to function, although they would function if they got the proper impetus from the pituitary. Efforts to substitute for the latter are handicapped by the fact already mentioned, that no reliably potent preparations of the pituitary gonadotropes are available. Since amenorrhea is in itself harmless, there are now a few cases which call for no organotherapy. In other cases psychological considerations, or the association of sterility, constitute the chief indications. General measures, dietary restriction where there is no associated obesity. the use of thyroid in small doses even when the basal metabolic rate is normal, efforts at such gonadotropic therapy as is available, and often the substitutional use of estrogens-this is the general plan commonly followed. Substitutional therapy is not always culpable, as witness the lifesaving value of substitutional insulin therapy in diabetes. Substitutional

March

estrogenic therapy will often bring about pseudomenstruation, but it does not promote ovulation. It is usually unwise to resort to ovarian therapy before the age of 16 or 17, unless some bovious endocrinopathy exists.

Only one or two points can be touched upon with reference to primary dysmenorrhea. There is still much uncertainty as to the role of the endocrines in this disorder, and certainly endocrine therapy is not always called for, and when used should form only a part of the treatment. Constitutional and psychotherapeutic measures may be more important in certain cases. If the menstrual pain is not too extreme and if limited perhaps to only one day, simple analgesics, such as codeine and aspirin, or one of the newer antispasmodic drugs, are often enough to make the patient reasonably comfortable. Such a plan is often more sensible than to subject the patient to the annovance and expense of hypodermic endocrine therapy, not to speak of the uncertainties of the latter, whether the testosterone, progesterone or estrogen plan be resorted to, according to individual indications.

Time will not permit of more than brief mention of one of the most important of all gynecological endocrinopathies, functional bleeding. The mechanism of all cases is not the same, as I have elsewhere discussed. In the most common variety, that occuring in the premenopausal years, the treatment is simple and effective. First one must determine that the bleeding is functional, and this usually means diagnostic curettage. The bleeding can then be permanently checked by radiotherapeutic induction of the menopause, since further pregnancies are rarely an important consideration at this age.

In young women more conservative measures are called for, and here we have our field for organotherapy. While not always brilliant in its results, it will usually tide the girl over until the endocrine re-adjust-

1944

ment takes place, as it does in most cases. The hormone plans of treatment involve the employment of testoserone, progesterone, or the pregnancy urine preparations. In many cases, however, the administration of estrogens, by propping up the estrogen level, will often be the most effective treatment.

There are various other applications of hormone therapy in the field of gynecology, but those sketched so imperfectly in this brief summary represent perhaps the most important. This incomplete as it is discussion should emphasize that one should employ endocrines as nearly as possible in conformity with what we have learned as to the endocrinology of the reproductive cycle. Even a very elementary knowledge of the latter will add much to the intelligence and zest with which our clinical problems in this field are approached.

## Editorials

#### (Continued from Page 71)

is the Society itself, that is, the members acting collectively.

(b) Why the Council? A number of years ago such far-sighted leaders as H. E. Patrick, F. W. McNamara, Earl Brant, A. W. Thomas, R. W. Fenton, W. X. Taylor, and others realized that the routine business of the Society had become too complex to be handled either before or after the scientific parts of regular meetings. They saw, too, that a large group could not dispose of these matters expeditiously nor with the wisdom needed. Careful and detailed thought and discussion were necessarv if serious errors were to be avoided and consistent progress made. So they set up the present system, patterned after the most progressive Societies of that day. This method is now the practice of all Societies the country over, excepting only the very small groups.

(c) Who is the Council? Every member in the Council, except the editor, is an officer of the Society, elected by vote of the Society to serve in some important capacity. This holds for even the one-year men, the 3 alternate delegates, so that the majority of those serving in the Council are experienced men in the affairs of the Society. Besides, they have all been democratically elected.

Does this not seem almost ideal as a true instrument for efficient and at the same time democratic handling of our affairs?

Several things stand out in the 11 years of my service on the Council: No subject has been so heatedly debated as to cause any member to utter a discourteous word to any other Council member nor about any other member of the Society. Never has any member hesitated to express his opinions freely and candidly upon any subject before the Council. Never has the Council wished to assume authority more properly to be handled by and within the Society as a whole. An example is the recent action by the Council in asking the Society to nominate men to fill the unexpired terms of vacancies, although under the By-Laws the Council has that authority. Time and again, the Council has turned to the Society for instruction in disposing of affairs of sufficient importance to take up the time of the Society.

#### P. G. Program Perking!

Machinery for Postgraduate Day is set-up, all the parts are being put into place, and the timers are " "timing" or clicking, or meshing,-or to forget "slangwidge," the general arrangements are rapidly taking form for a great Postgraduate Day. Now come the details. The fellows have handled the "spade" work well indeed,-but look for the real artistry, the try-hard fellows,-they have the mortar mixed and the forms placed. and they know how-to-pour.

We just yearn to see you old and new fellows, those from all the towns and Counties who ever did come to see us. We hope you will do your best to be with us and we expect to make an extra-special effort to give you both fun and profit.

## The P-G Army

Generals:

E. C. Baker, Program

A. J. Brandt, Postgraduate Day

E. J. Wenaas, Social

J. D. Brown, Publicity

V. L. Goodwin, Membership & Attendance

Field Command:

ciu communu.	
Program	
W. H. Bunn	P. J. Mahar
F. A. Miller	E. C. Goldcamp
F. W. McNamara	T. K. Golden
A. E. Brant	E. R. Brody
J. N. McCann	J. P. Harvey
R. R. Morrall	S. H. Sedwitz
Postgraduate	
E. H. Young	R. W. Rummell
H. E. Fusselman	E. R. Brody
P. J. Fuzy	E. J. Reilly
Samuel Zoss	E. J. Wenaas
Social	
W. C. Autenreith	D. M. Rothrock
J. B. Birch	S. H. Sedwitz
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Publicity	•
M. I. Berkson	W. E. Sovik
W. A. Neel	N. J. Nardacci

Membership and Attendance J. F. Dulick W. O. Mermis J. F. Dulick M. I. Berkson W. O. Mermis J. M. Cavanaugh R. D. Beede M. H. Speck T. A. Landers A. C. Montani

M. H. Steinberg M. P. Mahrer

A. R. Rosapepe

Army and Navy, Captains, Lieu-tenants (Including Shavetails), Non-Coms, Privates-that's us!

This is being printed because the whole of our forces want each unit and each member to realize that we must face as one man our job of putting over a great Postgraduate Victory.

As a United Army we can do it, but that is the only way.

LET'S SHOW OUR BOYS WE ARE CARRYING ON TOO!

March

#### "Hap" Probably Over-Seas!

Mrs. H. E. Hathhorn has received word that Capt. Hathhorn (we call him "Hap," because he is that kind of a guy) was recently transferred from Oregon to some port of embarkation in the East. Until recently, since leaving for service nearly two years ago, Dr. Hathhorn has been located at Corvallis. Oregon, at first as assistant, then for several months as Chief of Medicine of the Station Hospital at Camp Adair. On December 21st, he was transferred to the 83rd General Hospital and made Chief of Medicine.

Dr. Hathhorn has been recommended for promotion, and those who know his fine record of service and his splendid professional qualities know that that promotion will undoubtedly be forthcoming.

Oh, well, whether it's Lieutenant Colonel or Lieut. General or just plain "Lute," nothing is too good for "Hap," and our old mint bed down in "Ole Virginny" will be enlarged to take ample care of him when he comes visitin' us,—after the smoke of battle has cleared away!

#### And Now "Commander" Lawton!

Say, I'm glad we have a lake down there in Ole Virginny, because if all these Service newly-made brass hats take me up, the farm will just be one big mint bed. But there's always a way. We have a special place for our up-and-coming Naval Officers.

Along this line now comes "Commander" O. M. Lawton, recently promoted from Lieutenant Commander. O. M. is what you might say, "in the swim!" We knew he'd do it. Lawton was sure to increase his honors and prestige, to the glory and pride of his family and all of us!.

## And Now Bill Bunn!

These "officers" of the armed service give us pride. But the old home front boys are bravely pressing on too, and in them we find equal cause for praise, and for a bit of "strutting" as fellow members. Right lately our own President-Elect and fellow member, Dr. Wm. H. Bunn, was elected to the Board of Directors of the American Heart Association. That's good! Bill most richly deserves this high honor. And, believe us, he is welcome to dabble his "tootsies" in our pond and quench his thirst at our "sources" any time he will.

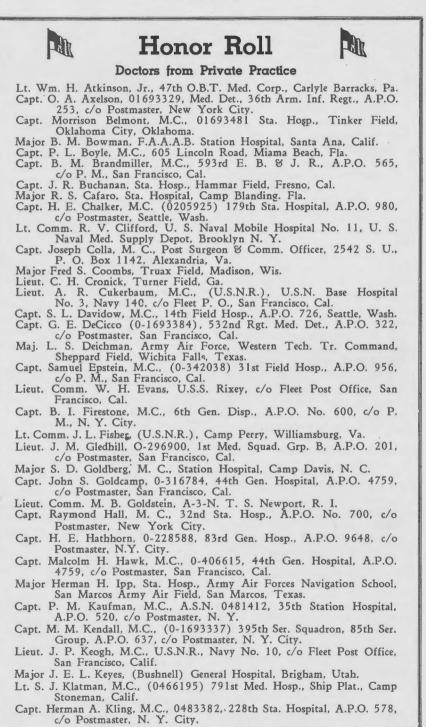
#### B. & P. Women Organize for Control of Cancer

The Women's Field Army for the control of cancer will hold a meeting on April 12th and will be addressed by Dr. Farrell T. Gallagher of Cleveland. Dr. Gallagher's subject will be "Control of Cancer." The meeting will be held at the Great Hall at Trinity Church and will be sponsored by the Youngstown Business & Professional Women's Club. All doctors and their wives are invited and urged to attend.

The Women's Field Army is a lay organization connected with the American Society for the Control of Cancer. This Field Army is organized by states and sub-divisions of the states over most of the country. Mahoning County has been slow in properly joining in this movement. The movement has now been sponsored by the Youngstown Business and Professional Women's Club who have undertaken this as one of their projects. These women are trying to do a job of lay education which is fundamentally important in the control of Cancer. It goes without saying to the physician that early cancer is curable. This organization, by promoting and spreading pertinent facts about the early recognition of cancer, is doing an incomparable job where it is organized and working.

This is a chance for the medical (Continued on Page 91)

#### BULLETIN



March



## Honor Roll



Lieut. J. B. Kupec, Med. B.O.Q. Station Hospital, Patterson Field, Colorado Springs, Colorado.

Lt. Com. O. M. Lawton, U. S. Naval Rec. Station, 1704 Douglas St., Omaha 2, Nebraska.

Capt. L. J. Malock, M.C., Borden Gen. Hospital, Chickasha, Okla. Major A. C. Marinelli, M. C., Station Hospital, New Orleans Staging Area,

Major A. C. Marthell, W. C., Station Hospital, Hew Orleans Caging Lan, New Orleans, La.
Capt. H. D. Maxwell, M. C., Camp Ripley, Minn.
Major P. R. McConnell, 38th Gen. Hosp., A.P.O. 678, Unit No. 1, c/o Postmaster, N. Y. City.
Maj. W. D. McElroy, M. C., 32nd Sta. Hosp. A.P.O. No. 700 c/o Postmaster, New York City.

Capt. R. H. Middleton, M. C., 1570th Ser. Unit, Med. Detachment, Camp Breckenridge, Morganfield, Ky.

Passed Ass't Surgeon, (r) A. W. Miglets, U. S. Marine Hosp., Chicago, Ill. Lt. Stanley Myers, M. C., U.S.R., Base Hosp. No. 4, Navy 133, c/o Fleet Post Office, San Francisco, Cal.

Capt. M. W. Neidus, Med. Det., Carlyle Barracks, Carlyle, Pa.

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Major T. E. Patton, Med. Dept. Replacement Train. Center, Camp Grant,

Lt. Robert L. Piercy, Carlyle Barracks, Carlyle, Pa. Capt. Asher Randall, Lexington Signal Depot, Lexington, Ky.

Capt. Clara Raven, M.C., Newton D. Baker Gen. Hosp., Martinsburg, W.Va.

Capt. Clara Raven, M.C., Newton D. Baker Gen. Hosp., Martinsburg, W.Va.
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Capt. Densmore Thomas, M.C., 01693343, A.P.O. 38, Co. B 113th Med. Bn., c/o Postmaster, San Francisco, Calif.
Maj. W. J. Timş, (0-466186) 10th A.D.G., Hq., A.P.O. 638, c/o Postmaster, New York City.
Capt. C. C. Wales, M.C., (0-327480) A.P.O. 84, 333rd Inf., Med. Det., Camp. Claborne, La

Camp Claiborne, La. Capt. S. W. Weaver, M.C., Sta. Hosp. SAAAB, Santa Ana, Cal. Capt. L. W. Weller, Station Hospital, Camp Wallace, Galveston, Texas. Capt. J. A. Welter, 0-1693346, 437 Med. Coll. Co., (Sep.) A.P.O. 9494,

c/o Postmaster, N.Y. City. Lieut. Com. H. S. Zeve, M.C., (USNR), U. S. Naval Hospital, Navy 117, c/o Fleet P. O. N. Y. City.

#### BULLETIN

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## Honor Roll



#### Youngstown Hospitals' Internes

Lt. W. Frederick Bartz (A prisoner of the Japs)

- Capt. David E. Beynon, 903rd AAA AW Bt'n, A.P.O. 827, c/o Postmaster, New Orleans, La.
- Capt. Kenneth E. Camp, M.C., (01693332) Co. B., 113th Med. Bn., A.P.O. 38, c/o P. M., San Francisco, Cal.
- Capt. Louis D. Chapin, M.C., 82nd Gen. Hospital, c/o Baxter Gen. Hospital, Spokane, Wash.

Lt. Walter V. Edwards, Jr., Ft. Hayes, Columbus, Ohio.

Lt. Howard R. Elliott, Ft. Benjamin Harrison, Indiana.

Lt. William E. Goodman, Co. B., 83rd Medical Battalion, 13th Armored Division, A.P.O. 263, Camp Beale, California.

Lt. Benjamin G. Greene, 152nd Field Artillery Battalion, A.P.O. 43, c/o Postmaster, San Francisco, Cal.

Lt. James Hamilton, M.C., U.S. Navy, A.P.O. 661, c/o Postmaster, New Orleans, La.

Capt. Woodrow S. Hazel, Station Hospital, Lowry Field, Colorado.

Lt. Joseph M. Herbert, Ft. Sam Houston, Texas.

Capt. Herbert B. Hutt, Torney General Hospital, Palm Springs, Calif.

Richard P. Jahn, (Address Wanted)

Major Louis R. Kent, M. C., (0379847) Med. Det., 506th Parachute Inf. Reg., A.P.O. 472, c/o Postmaster, New York City.

Lt. Sidney C. Keyes, Carlyle Barracks, Pa.

Ass't Surgeon Robert S. McClintock, U.S.S. Tampa, C.G., c/o Fleet P.O., New York City.

Major Donald A. Miller, M.C., (0-471307), 30th Station Hospital, A.P.O. 690, c/o P. M., N. Y. City.

Capt. Albert M. Mogg, Co. C, 329th Medical Bat., Army P.O. 104, Camp Adair, Oregon.

Lt. Wilbur V. Moyer, (Address Wanted)

Lt. Melton E. Nugent, Aberdeen, S. Dakota.

Lt. Raymond M. Nesemann, Algoma, Wisconsin.

Lt. Howard E. Possner, Jr., (Address Wanted)

- Capt. Louis G. Ralston, A.S.N.-O-47972, 533rd Sqd., 381st Bomb G. P., A.P.O. 634, c/o Postmaster, New York City, N. Y.
- Lt. Frederick L. Schellhase, M.C., (0490063) 55th Group Carrier Sq. 375, T.C. Gp., A.P.O. 503, Unit 1, c/o Postmaster, San Francisco, Calif.

Major Charles R. Sokol, M.C., 15th Fighter Group, A.P.O. 959, c/o Postmaster, San Francisco, Cal.

Capt. Frederick R. Tingwald, M.C., 60th Field Artillery Battalion, A.P.O. 9, c/o Postmaster, New York City.

Lt. Nevin R. Trimbur, 2nd Ech., Cub 9, c/o Fleet P.O., San Francisco, Cal. Capt. Richard W. Trotter, Hq. 151st Med. Bn., A.P.O. 689, c/o Postmaster, New York City.

Robt. E. Tschantz, Home address, 740 Seventh St., N. W., Canton, Ohio. Lt. Clyde K. Walter, (Temp. Address) c/o F. M. Swisher, Spelter, W. Va. Lt. Walter B. Webb, (Address Wanted) THE MAHONING COUNTY MEDICAL SOCIETY



## Honor Roll



#### St. Elizabeth's Internes

Capt. Adanto D'Amore, Med. Corp. U. S., American Prisoner of War, Interned in Philippine Islands, c/o Japanese Red Cross, Tokyo, Japan, Via New York, N. Y.

Maj. Geo. L. Armbrecht, M.C., (0357508) Med. Det. 8th Inf., 4th Div. U. S. Army, A.P.O. 4, Ft. Jackson, S. C.

Capt. Nathan D. Belinky, M.C., American Prisoner of War, Interned in Philippine Islands, c/o Japanese Red Cross, Tokyo, Japan, Via New York, N. Y.

Dr. Donald J. Burmingham (P.H.S.) 210 Domer Ave., Takoma Park, Md. Lt. David D. Calucci (Address Wanted).

Lt. C. J. Duby, M.C., 62 Lawson Gen. Hospital, Atlanta, Georgia.

Mai. E. F. Hardman, Station Hosp., Morris Field, Charlotte, N.C.

Lt. Morris I. Heller (Address Wanted).

Lt. V. G. Herman, Public Health Dispensary, 4th and D. Street, Washington, D. C.

Capt. Sanford Kronenberg, M.C. (01693635) 118th Station Hospital, A.P.O. 464, New York, N. Y.

Capt. H. C. Marsico, M.C., Co. B 48th Med. Bn., A.P.O. 252, c/o Postmaster, New York City.

Maj. Stephen W. Ondash, M.C., 4th Aux. Surg. Group, Lawson General Hospital, Atlanta, Georgia.

Capt. A. K. Phillips, Patterson Field, Fairfield, Ohio.

Lt. C. E. Pichette, 185 Otsega, Ilion, N. Y.

Capt. Joseph Sofranec, (0489202) 110th Station Hospital, A.P.O. No. 3385, c/o Postmaster, New York, N. Y.

Lt. L. J. Thill, c/o U.S.S. Bibb, Fleet Post Office, New York, N. Y.

Lt. John Veit, Southwest Pacific. (Correct address wanted).

#### **Corydon Palmer Dental Society**

S. R. Abrams	R. C. Harwood	J. A. Parillo
M. Alpern	P. B. Hodes	F. K. Phillips
N. J. Alterio	J. J. Hoffrichter	A. E. Plahy
	J. J. Hurray	W. S. Port
G. R. Backus		R. W. Price
M. W. Baker	F. D. Irwin	
V. P. Balmenti		E. W. Reed
F. C. Beaumont	W. T. James	P. P. Ross
T. L. Blair	P. P. Jesik	W. R. Salinsky
E. L. Boye	T. K. Jones	J. F. Schmid
D II O O	H. E. Kerr	R. A. Senseman
R. V. C. Carr		J. E. Shafer
J. D. Chessrown	A. S. Lasky	J. J. Sirotnik
F. E. Elder	A. Malkoff	P. W. Suitor
	J. L. Maxwell	J. M. Thornhill
C. F. Fester	W. J. McCarthy	
A. E. Frank	W. V. Moyer	R. E. Wales
		D. J. Welsh
L. Galvin	A. G. Nicolette	W. T. Willis

#### BULLETIN



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## Honor Roll



#### St. Elizabeth's Hospital Nurses

Regina Aleksiejezyk Rita Bahen Ruth Billock Bettijane Binsley Roselyn Block Margaret Brinsko Ursula Burke Betty Lou Butler Eleanor Cassidy Ann Chmura Mildred Clarke Catherine Crogan Helene Dluhos Ann Dorsey Catherine Doyle Rita Daffey Mildred Engel Mary Fehrenbaugh

Virginia Frame Hilda Gherasin Mary Grace Gabig Irene Griffin Ann Hassage Ann Heiser Margaret M. Hogan Catherine Holway Mary L. Kelley \*Mary Klaser (Deceased) Rose Vertucci Helen Kral Irene Vassey Mary Lubonovic Mildred Lymburner Mary McCambridge Clara McNeish Eileen Magill Theresa Magyar Margaret Maletic

Josephine Malito Shirley O'Horo Alma Pepper Marie Perfett Congetta Pietra Ann Pintar Teresa Schlecht Anna Sullivan Ann Walko Mary Louise Yamber Ethel Yavorsky Helen Zamary Helen Zerovich Mary Ziroff

#### Youngstown Hospital Nurses

Mabel Anderson Ellen Andre Ethel Baksa Dorothy Barner Mary Berkowitz Suzanne Boehm Stella Book June Bowles Betty Boyer Florence Brooks Dorothy Buckles Ruth Burrage Marjorie Bush Victoria Dastoli Margaret Davis Dorothy Dibble Mary Dudzensky Rita Duffy Nellie Duignan Clara Esterhay Margaret Fajak Ruth Friedman Sally Friedman Ethel Gonda Alice Gosnell Dorothy Graves Evelyn Louise Hahlen

Elizabeth Heaslip Mary Ann Herzick Gertrude Hitchcock Rosemary Hogan Frances Bulla Holden Mary Hovanec Elizabeth Hudock Irene Janceski Agnes Keane Kathleen Kemerer Katherine Keshock Eugenia Kish Lois Knopp Irma Kreuzweiser Jessie Lane Marietta Leidy Vivian Lewis Olive Long Ruby Lundquist Elizabeth McBride Jeannette McQuiston Hilda E. Mort Frances Moyer Helen Ornin Dorothy Oswald Anglynne Paulchell Ruth Peters

Mary Petransky Edna May Ramsey Lucille Reapsummer Mary Resti Ruth Rider Marie Rolla Rose Rufener Margaret Scarnecchia M. Schnurrenberger Mary Margaret Shore Ruth Simmons Mary Louise Smith Mary Stanko Donna Stavich Stella Sulak Mary Taddei Freda Theil Ursula Thomas Rebecca Ulansky Anna Vanusek Madaline Vranchich Agnes Welsh Eleanor Whan Edna Williams Pearl Yanus Mildred Yocum Jennie Zhuck

## March Meeting

## JOHN W. WILCE, M. D.

Director, University Health Service, Professor Clinical Medicine, Ohio State University, Columbus, Ohio.

## Subject:---

## "THE HEART IN ATHLETICS, INDUSTRIAL AND MILITARY CORRELATIONS."

Although he has brought the student health service at Ohio State to the front rank in the nation, Dr. Wilce is best known as "Jack" Wilce who as head coach from 1913 through 1928 brought the Buckeye football squad from a struggling college aggregation to a squad of championship caliber. Ohio Stadium was built and paid for during Wilce's regime as head football coach.

Dr. Wilce was the leader in the organization of the intra-mural athletic system at Ohio State and served as its first director.

Graduating from Wisconsin in 1910, Wilce became teacher of history and director of athletics at LaCrosse high school in that state. It wasn't long, however, until he was called back to the University of Wisconsin as assistant professor of physical education. From there he came to Ohio State, in whose interest he has been active for more than two decades.

While coaching football he was also attending medical school and he received his medical degree in 1919. After relinquishing his coaching duties, he continued active on the health service staff and on the physical education and medical faculties. In 1934 he was made director of the health service, which reports an average of 5800 student calls per month.

Dr. Wilce holds an honorary life membership in the American Football Coaches' Association. After serving for seven years as president of the central Ohio area, Boy Scouts of America, he is now a member of the executive council of that organization, a member of the executive committee, Ohio Public Health Association, a past president, Columbus Rotary Club, and a member of numerous medical societies. He was elected to membership in the American College of Physicians in 1938. He is the author of a book on football, and he has also written extensively on health problems.

March 21, 1944 YOUNGSTOWN CLUB

8:30

## Postgraduate Program

## Wednesday, April 19th, 1944

## HOTEL PICK-OHIO

## Afternoon and Evening Session

## PROGRAM

Our program has been made especially attractive by papers from two of our own doctors who have made special study of the subjects they will discuss. Other papers by members of the Faculty of Georgetown University Medical School, Washington, D. C.

## AFTERNOON SESSION

2:30 Clinical Problems Concerned with Blood Incompatabilities —Dr. W. D. Collier, Youngstown

3:30 Surgery of Thrombosis of the Peripheral Veins —Dr. Ross Veal, Georgetown University

4:30 Venography of the Lower Extremity —Dr. E. C. Baker, Youngstown

## DINNER 6:00 P. M.

7:30 Post-War Problems of Tropical Diseases in Civilian Practice —Dr. E. R. Whitmore, Georgetown University

8:30 Acute Obstruction of the Small Intestines —Dr. Ross Veal, Georgetown University

March

PROOF FROM THE LABORATORY

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# In Memorium

Frank F. Lyons has passed on. In the hearts and memories of his multitude of friends and associates. however, he will live as long as memory itself, not only for his wealth of good humor and stories, but also for his high ideals of business and social ethics from which he never deviated. He not only believed in the Golden Rule.-he lived it. So numerous and widespread were his charities that only Time itself can possibly reveal their full extent, as he himself never mentioned them. Many a tired and dispirited physician received a much needed mental and spiritual uplift by merely coming in and absorbing some of his unfailing good humor. In his memory we who are left behind pledge ourselves to maintain the same high standard of ideals which he set for his company, and to carry on in such a manner as he himself would be proud.

## THE LYONS PHYSICIAN SUPPLY COMPANY

FRED W. LYONS, President

## FROM OUR DOCTORS IN THE SERVICE

Doctors are earnestly requested to write the Bulletin of their activities and by all means CHANGE OF ADDRESS. Let's help keep the good work up.

#### Capt. Fred Tingwald

Dec. 2, 1943 I am sorry that I did not write to you before of my pleasure in receiving the Bulletin. The delivery has been excellent and to date I do not believe I have missed any copies. So far, in my travels, I have not met any of the Youngstown men although I have followed them both at home and in the service, by means of the Bulletin. As far as I am concerned I believe that I am one of the steadiest job holders in the army having my present assignment for my entire period of active duty which now is over thirty-four months. Let me express to you my deepest appreciation for the regular news I received of Mahoning County events.

#### Major George L. Armbrecht, M. C.

December 5, 1943. Again I would like to have my address changed. In fact, it seems I am continually writing you this same request. After I left Ft. Dix, N. J., in mid-September I moved to Camp Gordon Johnston near Carrabelle. Florida. THAT is a camp! Rough and ready! Dirt floors in the barracks, outside shower and wash houses, and the latrines, too. Florida is not all oranges and sunshine—on occasion I have never been colder in my life than on a night problem along the Gulf of Mexico.

Now early this month I have again been moved to another station. This is a fine post and very close to Columbia where we can go for a change of food and surroundings.

## Capt. Louis D. Chapin, M. C.

Dec. 5, 1943 I have received my first issue of the Bulletin and I wish to thank you for remembering me. My new address is 82nd Gen. Hospital, c/o Baxter Gen. Hospital, Spokane, Wash.

I would like to give you Capt. Marsico's latest address—listed under St. Elizabeth's Hospital Interns. He is in Sicily at present. Capt. Henry C. Marsico. M.C., Co. B 48th Med. Bn., A.P.O. 252, c/o Postmaster N. Y. Citv. Listed also there is the name of Lt. John T. Murphy (address wanted). Lt. Murphy was hurt while participating in training with Ski Troops. He is now "Retired for disability incurred in line of duty" and is in the X-Ray Dept. at Evanston Hospital, Evanston, III.

Another St. Elizabeth Interne has been in the service a long time but his name

1944

has not been included. It is Lt. John Veit, address, Southwest Pacific. I don't know his correct address but I've heard he has been in the thick of things with an engineer unit on New Guinea.

Really do enjoy getting the "Bulletin" as evidenced by this request for change of address.

With best wishes for a Merry Christmas to you and the Mahoning County Medical Society membership.

#### Capt. Richard W. Trotter

December 10th, 1943. . I have received one or two copies of the Mahoning County Medical Association Bulletin since I have been overseas, and enjoy it very much. For a few months it has not come, and, as it may be due to some address change, I am sending you my present address: Capt. Richard W. Trotter. Hq. 151st Med. Bn., A.P.O. 689, c/o Postmaster, New York City.

If you could continue to send the Bulletin to that address, I would appreciate it, for I certainly enjoy hearing about the Youngstown medical men.

#### Capt. D. E. Beynon

December 10, 194<sup>a</sup>. Your more than welcome Bulletin reached me today and it gave me great pleasure to read where many of my fellow-internes as well as practicing physicians are located in the armed forces. I also wish to thank you for the card which was received a week ago. Such remembrance from home go a long way here where one never sees anyone from Youngstown and where contact is lost

#### Lieut. A. R. Cukerbaum

with former acquaintances.

January 11, 1944. Received the Xmas card and the Bulletin from the Society. It is always interesting to read the Bulletin and learn about the fellows in service and at home.

I have been transferred to another hospital, in fact I am on duty at the Hospital Stan Myers was attached to before he came to Base Hospital No. 4. Would appreciate my address being changed so that I'll receive the Bulletin more promptly. Did duty at Base 4 with Stan about six weeks before I was transferred. Came up here on the ship Bill Evans is attached to, and Bill and I saw Sam Schwebel in one of the ports while we were en route. It was grand seeing and being with Bill, Sam and Stan.

**SAVE 15%** Beil-Rempes Drugs, Inc. Youngstown Owned and Operated **On** All 31 Central Square · Tod House **Cash and Carry Items** Blair Stores are conveniently lo-Our whole attention is devoted to cated at-Glenwood and Princeton, serving the medical profession and filling out prescriptions. Hundreds 4224 Market Street, 8 N. Phelps Street, 27 S. Phelps Street, Elm at of physicians and families feel an added confidence when they have Tod Lane, Belmont at Foster and 34 a prescription filled at Beil & N. Main Street, Hubbard, Ohio. Rempes. They know that this assures the best in quality and the utmost in ain onre We Invite You to Visit Our **Responsible Cleaners and Furriers Prescription Department** PATRONIZE OUR ADVERTISERS AND MENTION THE BULLETIN \*

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32 North Phelps Street

March

Am located on a Tropical Island with cocoanut trees, the climate being hot, humid and plenty of rain. Have charge of the Dermatology Service here. I have been fortunate that since being in service, that I have always worked in my speciality. Am kept quite busy here.

Regards to the gang at home and hope it is not too long until I am back.

#### Capt. Samuel Epstein

December 18th, 1943. Received your Christmas Greeting card and thanks very much, it was good to hear from you.

Please note my new address (my former address was Camp Howze, Texas), as I am looking forward to the Bulletins reaching me here.

Have been - the Hawaiian Islands since early November. Though I see by the papers that you are experiencing cold weather back home, it is quite warm here; in fact, while at the beach this past Sunday I bumped into Sam Klatman, who is here only temporarily.

Best wishes for a Merry Christmas and a very Happy New Year.

#### Capt. Woodrow S. Hazel

Dec. 3, 1943

I sincerely appreciate the recently received greetings of the Society.

I have been in the army since June, 1941, this being my 29th month in the Medical Corps. I suppose I am fortunate in my assignment at Lowry Field, but the army tends to make one restless. Bob Sokol, my former room-mate at Lowry and fellow interne at Youngstown was home on furlough recently from Hawaii. He is now a Major and flight surgeon. He sees Sisek, Keogh, and Lawton occasionally and states that they are doing well.

My address is unchanged, but you can be assured I will notify you if I am transferred.

## Capt. H. A. Kling

## January 24, 1944

I want to take this opportunity to thank you for sending me the Bulletin all these months. Seems so long since we were all together in good old Youngstown, but your faithful copy has come through to bring back fond memories and keep me informed of old friends. I have been in England since last summer and on the surgical service in a large hospital. I am proud to say that the type of surgery done in Youngstown ranks very high since having a chance to compare ideas from different sections of our country. It was fun helping to organize the operating room set-ups and different departments in our side of the organization. We started from scratch and soon had more patients than North and South Units together. I have done a lot of work and have had my own days to operate with an assistant (not two). Besides, I have had the proctology service. I am now in the hospital with arthritis, due to this rainy climate I guess. It rains here almost every day, winter and summer.

Good luck everyone.

#### Capt. Barclay M. Brandmiller

January 8, 1944. Having just received our new A.P.O. address, I wanted you to be sure to get it so that the Bulletin can be forwarded. Am aboard a transport, our destination for the present is still a military secret. On board the same transport is Dr. John Russell and also two former classmates of mine from Jefferson.

#### Passed Asst. Surgeon M. M. Szucs

Jan. 20, 1944 The Bulletin has been reaching me in a round about way—via Boston, so I presume that you had not been notified of my change of address.

At present I am stationed at the U. S. Marine Hospital, Manhattan Beach, Brooklyn, N. Y., and have been the cardiologist at this hospital since May 1, 1943.

I will be looking forward to receiving my Bulletin more direct.

## Ass't Surgeon (R) H. J. Reese

Jan. 24, 1944 I certainly should have written a long time ago, but never did. It's so long that I can't even apologize. Anyway, nothing tremendous has happened to me since I left Youngstown. When I was home last September, I tried to see you at the office, but you were busy that particular afternoon.

On last December 31st, I received a form of New Years greeting—a transfer of duty. As a result I am now working at a new spot, the Merchant Marine Medical Center. The work I am doing is strictly hush-hush in nature, being strictly military, but I can say that it has a lot to do with the movement of convoys. It has successfully separated me almost entirely from the stethescope.

This is sort of different from what I have been doing up until this time, for I had been working in the sick wards. Maybe the change is a good idea.

Maybe the change is a good idea. By reading the Bulletin I gather that the Medical Society is still doing its usual good job, and that you have been doing an excellent job as its leader. Keep up the good work, for we will need a strong Society to come back to. It certainly looks as if medicine as represented by the A.

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## Address:

W. W. RICHARDSON, M. D., Medical Director Formerly Chief Physician, State Hospital for Insane, Norristown, Pa.

March

M. A. and the National Physicians Committee certainly has to get a lot tougher or else it is going to lost its fight against State Medicine. Take this from methose doctors who are in the service would be the first to decry a form of socialized medicine as is being advocated.

I have to go back to my work now. Before I forget, please tell Miss Herald that I now have a new address: Apt. 4G, 40 Shore Blvd., Brooklyn 29, N.Y. In that way I'll continue to get the ever-welcome Bulletin. Regards to Mrs. Nagel, Mary and Bill.

## B. & P. Women Organize

(Continued from Page 77)

profession to show its support in a movement comparable to that of the tuberculosis seals or the infantile paralysis balls. I believe this movement affects more people today because of the higher cancer death-rate than either of the preceding movements.

The State Organization is controlled by an Executive Committee on which are members of the medical profession from different parts of the state. These medical members of the executive committee are approved by the Ohio State Medical Association and the movement is recognized by State and National organizations.

Our own local chairman is Dr. Dean Collier. The State Commander is Miss Bell Greve, a well known and highly capable social worker in Cleveland. E. C. BAKER, M. D.

## Auxiliary Meetings

The regular January meeting of the Women's Auxiliary of the Mahoning County Medical Society was held on Wednesday the 19th, at the Woman's City Club: Mrs. Robert B. Poling, President, presided.

Speakers were Dr. Dwight B. Arnold of the faculty of Youngstown College, who outlined the adjustment work he is doing in the Elementary School of Youngstown College and Judge H. P. Beckenbach who gave a very interesting talk, stressing the need of a Child's Guidance Clinic in Youngstown.

The Auxiliary program for 1944 is dedicated to the development of children in wartime, with emphasis on their needs for health and welfare.

All committee chairmen read their reports during the business session.

The February meeting was held on the 21st of the month at the home of Mrs. P. J. McOwen. After an enjoyable evening of bridge, refreshments were served. Assisting Mrs. McOwen were Mrs. J. B. Birch, Mrs. L. G. Coe, Mrs. H. A. Kling and Mrs. J. J. Wasilko.

Mrs. R. B. Poling and Mrs. E. H. Hake were elected as delegates to the National Convention with Mrs. A. E. Brandt and Mrs. F. F. Monroe as alternates.

The next meeting will be held at the Woman's City Club on March 20th with luncheon and panel discussion on Child Mental Health and Welfare.

> Mrs. R. E. Odom, Publicity Chairman.

## We Have A New Sister

Thanks to the good luck—and to the good judgment, too,—of Dr. Al Cukerbaum, the Society has a new little Sister! This happened on February 13th,—and came about when Miss Beatrice Jean Sandler of New Castle, became Mrs. A. R. Cukerbaum, the wife of one of our heroes, Lieut. A. R. Cukerbaum.

Mrs. Cukerbaum is a daughter of Mr. and Mrs. Louis Sandler of New Castle.

Everybody wishes the fine young couple the greatest happiness,—and that they may soon find it possible to come back home from the wars. At present they are stationed at the Great Lakes Naval Base Hospital, Chicago, Ill.

## Our Talent Goes Far

Recently we received a program of the 21st Annual Convention of The Puerto Rico Medical Association. Participating in this gala affair was our own Dr. Morris Rosenblum, who's paper was entitled "Medical aspects of Hypertension."

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## SINCE LAST MONTH-

Dr. and Mrs. E. J. Wenaas are home after a three week vacation at Fort Myers, Fla.

Mr. and Mrs. John Ford Elsaesser announce the birth of a son at North Side Unit. The baby is a grandson of Dr. Armin Elsaesser.

Major and Mrs. Louis Deitchman have been visiting Mr. and Mrs. Sam Deitchman, 385 Broadway. Maj. Deichman will return to the 182nd Gen. Hosp. at La Garden General Hospital, New Orleans, and Mrs. Deitchman will remain in Youngstown.

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Capt. and Mrs. R. H. Middleton announce the birth of a girl on Tuesday, January 25th, North Side Unit. Capt. Middleton was home on leave for the occasion.

Dr. and Mrs. Donald A. Gross, Hubbard, spent a short vacation at Buck Hill Falls, Pa., recently.

Dr. and Mrs. W. B. Turner have returned from a week's stay at the Waldorf-Astoria, New York.

Dr. and Mrs. R. R. Morrall have arrived home after a short visit in Chicago.

Dr. and Mrs. William M. Skipp announce the birth of a son, Thomas Jackson Skipp II, North Side Unit, Youngstown Hospital, February 13.

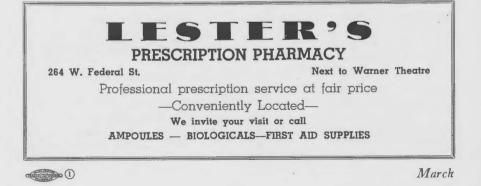
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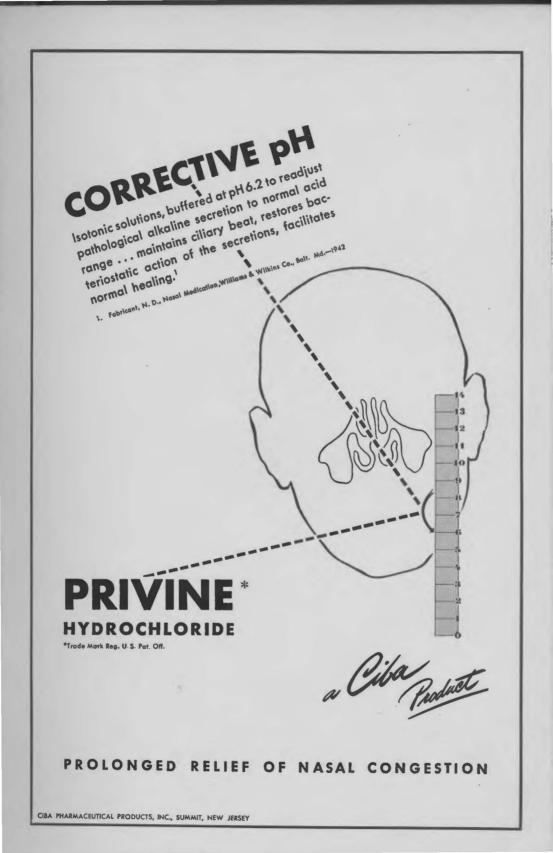
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#### 123 E. COMMERCE STREET

OFFICE SUPPLIES ACCOUNT BOOKS STEEL & WOOD OFFICE FURNITURE

> For Prompt Service Call 4-4479





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## To state it another way:

ONE

# ONE

level tablespoonful of Pablum (or Pabena) when mixed with .... tablespoonful of milk, formula or water (hot or cold) makes . . . ONE

rounded tablespoonful of cereal feeding of average consistency.

To make thicker feeding (as in pylorospasm, pyloric stenosis, etc.), increase the amount of Pablum or Pabena. To make thinner feeding, as in 3-months infants, increase amount of milk, formula or water.

NO COOKING ... MIX UP ONLY AMOUNT TO BE FED ... NO LEFTOVER CEREAL TO GO BACK INTO REFRIGERATOR ... PABLUM IS ECONOMICAL ... NO WASTE ... QUICK AND EASY TO PREPARE ... SINCE 1932

Mead Johnson & Company. Evansville. Ind. U.S.A.

PABLUM (SINCE 1932) - PABENA (SINCE 1942)