



Learning without thought is  
labor lost; thought without  
learning is perilous.

—Confucius

# BULLETIN

of the  
**MAHONING  
COUNTY  
MEDICAL  
SOCIETY**

Youngstown, Ohio

SEPT. • 1947

VOL. XVII No. 9



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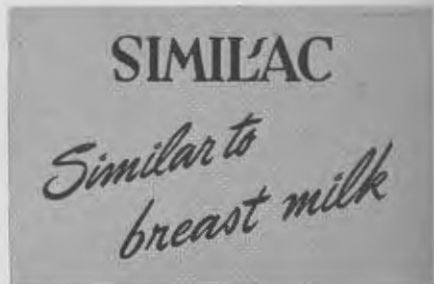


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# THE MAHONING COUNTY MEDICAL SOCIETY

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## MEDICAL CALENDAR

1st Tuesday 8:30 p. m.	Monthly Staff meeting, Youngstown Hospital Auditorium—Nurses' Home
1st Tuesday 8:30 p. m.	Monthly Staff meeting, St. Elizabeth's Hospital, Faculty Room—Lourdes Hall, St. Elizabeth's School of Nursing.
Sunday following 1st Tuesday 11:00 a. m.	Monthly Surgical Conference, St. Elizabeth's Hospital Library.
2nd Monday 9:00 p. m.	Council Meeting—Mahoning County Medical Society—Office of the Secretary
2nd Tuesday 11:30 a. m.	Monthly Medical Conference, Youngstown Hospital. Auditorium—Nurses' Home
8:30 p. m.	Monthly Staff Meeting—Youngstown Receiving Hospital Auditorium
3rd Tuesday 8:30 p. m.	Monthly Meeting—Mahoning County Medical Society—Youngstown Club
4th Tuesday 8:30 p. m.	Monthly Staff Meeting Tuberculosis Sanitarium, Kirk Road
Every Tuesday 8:00 a. m.	Weekly Medical Conference, St. Elizabeth's Hospital Solarium.
Every Thursday 11:30 a. m.	Weekly Surgical Conference Youngstown Hospital—Stewart House
Every Thursday 12:30 p. m.	Orthopedic Section Library—S. Side Unit, Youngstown Hospital
Every Friday 11:00 a. m.	Urological Section Library—S. Side Unit, Youngstown Hospital Clinic—St. Elizabeth's Hospital Library
Every Friday 11:30 a. m.	Clinic—Pathology Conference Auditorium Nurses' Home South Side Unit Youngstown Hospital
Alt. Saturdays 11:00 a. m.	Obstetrical Section North Side Unit of Youngstown Hospital

## COMING MEETINGS

- American Public Health Association, Atlantic City, October 6-10.  
 Mississippi Valley Medical Society, Burlington, Iowa, October 1-2.  
 Sixth Councilor District Post Graduate Assembly, Canton, Ohio,  
 November 5.  
 Twelfth Assembly, United States Chapter, International College of  
 Surgeons, Chicago, September 29 - October 2.  
 American Roentgen Ray Society, Atlantic City, Sept. 16-19.  
 International College of Surgeons, Chicago, Sept. 29 - Oct. 2.



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# BULLETIN of the Mahoning County Medical Society

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C. A. GUSTAFSON, Editor  
101 Lincoln Avenue

## ASSOCIATE EDITORS

F. S. Coombs  
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J. L. Fisher  
S. Klatman

S. W. Ondash  
H. J. Reese

## PROGRAM FOR 1947 - 1948

The following is the prospective program for the Mahoning County Medical Society for the 1947-48 season. All of the speakers mentioned have responded by letter and agreed to come as our guests on the dates indicated. The only date which has not been yet filled is June 15, 1948 and we are purposely holding this one open for a few weeks to perhaps fill it with one of the most popular suggested speakers.

September 16, 1947 - Dr. Howard D. Fabing, University of Cincinnati, Department of Psychiatry. Probable subject, "Modern Therapeutic Technique in Neuropsychiatry." (Alternate subject, "Psychiatric Illness from Combat" with sound film.)

October 21, 1947 - Dr. Robert Zollinger, Dr. Wiseman and Dr. Morton of Ohio State University. Subject, "Symposium on Peptic Ulcer; X-ray, Medical, and Surgical Aspects."

November 18, 1947 - Dr. John H. Dingle, Professor of Preventive Medicine, Western Reserve University. Subject, "Upper Respiratory Infections."

December 17, 1947 - Business Meeting.

January 20, 1948 - Dr. Louis C. Kress, Roswell Park Memorial Institute, Buffalo, N. Y. Subject as yet not indicated but on the general matter of Carcinoma and other malignant tumors.

February 17, 1948 - Dr. Paul G. Bovard, Consultant in silicosis for the makers of silica brick thruout the U.S.A., of Tarentum, Pa. Subject, "Silicosis."

March 18, 1948 - Annual Banquet, Speaker - Mr. Harold Eide of Saugerties, N. Y. Subject, "My Alaska Adventures."

April 14, 1948 - Post Graduate Day (this date has been changed by Dr. Willard Thompson, the Director of the program, to the second Wednesday instead of the third Wednesday because some of his Speakers will be attending The American College of Physicians meeting in San Francisco the following week.) Dr. Willard O. Thompson, the Endocrinologist of Chicago will bring probably the following five (5) speakers, Dr. Dragstead, Dr. Cole, Dr. Youmans, Dr. Goldberg and Dr. Keaton.

May 18, 1948 - Edith H. Quimby. Subject, "Some uses of Radioactive Substances in Biology and Medicine."

June 15, 1948 - open.

Lewis K. Reed, M. D.  
Program Chairman



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SEPTEMBER

## MANY WORLDS

Regardless of our ability to look further and further into the inconceivable vastness of intelligent order which surrounds us until we must resort for measurement to terms of light-years, we remain geocentric in our thinking. This little world in a small solar system, on the outer edge of a remote galaxy, remains our sole source of physical contact, the sole origin of our experiences.

Also regardless of the increased accessibility which has come from these experiences and which makes it seem so small, it has not grown more simple, has not become nearer unified. The impression of structural affinity, which we get when viewing things remote, does not remain when we study them more intimately.

This is likewise true of structures and organisms which are available for minute observation. Similarity is seen, but is soon lost in differentiation, as in crystallization or in function. Nor do these distinctions tend to pass away, except to recur. These differences, as well as the similarities, are the permanencies to which we hold fast, from which we project our lines, from which we progress, to which we sometimes return.

This omnifarious unit, intricate and becoming more intricate as we broaden our understanding, must of necessity remain the source of our psychic world, furnish it sustenance, and even limit its possibilities. So when we consider ourselves as in a psychic world, it would be unreasonable to expect in it less differences, amidst apparent similarities, than are found in the physical world. Indeed, among those who strive for permanencies in the psychic world, the search, and even the acceptance, become almost individualistic. And in those who do not strive, but are willing to accept leadership, the shades of opinion, growing out of detail, develop into animosities which become heritages.

That our social or economic spheres could be dissociated from the intricate physical and our multitudinous psychic worlds, is a popular fallacy. It is a delusion as dangerous in thought as it would be in attempts at consummation.

We should not need to be reminded that the East is still the East. We do not need to be told that in the great mass of African and Asiatic human beings, the social and economic development of the individual has not begun. Each class or caste is moving in its separate world, with nothing but exploitation to account for their contracts - worlds differing because of developments, differing because of arrests, different ages existing simultaneously.

There and elsewhere over this earth are worlds in which there is no knowledge of the conditions which we judge to be the better. There live many people in primitive conditions which they would not exchange for ours; as well as some to whom our standard has ceased to make appeal. Some of these are simple people whose simple ways are adequate. We cannot be excused from questioning the wisdom of our choice under many conditions which we do not understand.

Whatever alterations that may follow our efforts, it is plain that mature individuals would be changed but little, and the immature ones would require long, uninterrupted and unopposed exposure to



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our ministrations, if they are to be permanently affected. And these ministrations of ours would exhibit our vices as well as our virtues. It still remains true that civilization and syphilization are inseparable, even though the latter be much more alert.

We are apt to forget that in our efforts to improve mankind, we are keeping alive, to propagate their kind, the unfit which would have perished; that we are striving to modify the conditions which are to influence the progress of the race. Our sympathies confront our judgment. We make our choice; though we have not sufficient wisdom to guide us. Through limited vision, we lack perspective.

That real interest in pure science knows no boundary lines, but spreads itself all over the earth, is not evidence that all other interests will or can be fused into one. New-found knowledge permeates all the differences of men, alters them, yet leaves them as varied as before. The world which encircles our armchairs presents an illusion of homologous possibilities. Nor can the intricacies of human relations, or the quality of man's thought, be seen from the air.

Through all this there is a distinction which is to be recognized. It was voiced by Socrates when he said that he was of the world. And so have all the great thinkers and doers since then been not of Athens, nor of Rome, but of the world.

So does now the interest of enlightened persons include the knowledge of the conditions of the peoples everywhere, their manners and their propensities. It includes sympathy and assistance where this is possible or advisable. It engenders a feeling of responsibility for one's conduct to others than those in one's immediate neighborhood. These are basic human virtues which are the foundation of peace. Government may assist, but this world-fellowship is not amenable to political control.

Whether our returns to the world for what we have received be material, immaterial or both, we have added to the diversity which is the essence of life itself. An homologous world! Mankind, no doubt, has had other chimerical ideas which it would like to forget. Who could survive and remain sane in a world devoid of its infinite variety?

W.D.C.

### CYNICAL SAM

Peace on earth by agreement? Peaceful people do not agree to keep the peace.

————— o —————

To the individualist, truth is still relative; but to the collectivist, untruth is absolute.

————— o —————

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## A MODERN HEALTH MEASURE

In the August 1945 issue of the "Bulletin" of the Mahoning County Medical Society, the President's Page carried the following statement:

"It has become increasingly apparent that there is a lag between modern knowledge in the field of public health and its application to health conditions in Youngstown. This is a situation largely due to the fact that the position of health commissioner is a political appointment with a guaranteed tenure of office of not more than four years. No graduate of a school of public health or a physician especially trained in this field can afford to accept a position with such an uncertain future. Members of the Mahoning County Medical Society appointed as health commissioner are working under a distinct handicap. Regardless of how willing or well intentioned these men may be, they are not adequately trained and must spend months or years "catching up" before becoming efficient.

We are trying to arrange for a survey of our public health needs in Youngstown. When this is completed, we will be able to inform the public just what is lacking in health supervision, how much money will have to be spent to modernize the department of public health and what alterations in the charter will be necessary to permit such change."

A survey of our public health needs was made by Dr. Ralph Gregg of the Public Health Service. The recommendations which this observer suggested have been incorporated into an amendment to the Charter of the City of Youngstown. This amendment, if sufficient signers are obtained to place it on the ballot, will be voted on at the November elections.

As I see it, it is the duty of the members of the Society to take this petition to the voters. It is our recommendation for a health set-up for the city which will make Youngstown a better and safer place in which to live. We can with clear conscience urge the passage of this public health measure because we will not be benefiting either as a body or individually from this action. If the voters of this city do not care to accept this plan, at least we have done our duty in recommending to them a modern health measure.

W. H. Bunn, M. D.

### BOARD OF HEALTH vs. A HEALTH DEPT.

Perhaps one who has been honored to sit on both sides of the table, may have seen more than anyone else the big difference between being on a Board of Health and later on in life as Health Commissioner.

Before the Charter plan was adopted May 15, 1923 in Youngstown I had been appointed and served through several mayors (14 years) on the then Board of Health. I had been elected President different times with the mayor as ex-officio President. I also served on the Ohio State Board of Health under Gov. Willis. Dr. H. E. Welch served very successfully as Commissioner of Health as he had done as

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Health Officer under the Board of Health.

I am glad that the Committee of the Mahoning County Medical Society did not insist, as it first did, to load the contemplated Board with Doctors of Medicine. All people should be interested in health and all methods used to have a healthy city. By recognizing the Mahoning Valley Druggists Asso., two laymen with one doctor of medicine and one a member of the Visiting Nurses Asso. should make a good Board of Health. But instead of two laymen, I feel that the Dental Society should have had recognition.

In a Board of Health, after being organized, they elect a president and secretary. This board then elects the Health Officer from all applications sent in. The Boards as constituted by law must hold meetings at least once a month. All matters pertaining to Health come before this Board. Any individual having a grievance can present it before the Board. Under the Commissioner of Health, he is the only arbiter and his word is final. He has been placed in a position where he alone can establish quarantines, or through the Law Dept. try cases of food adulteration or any of the Abatters within the city, can prohibit meat being brought in unless it has been inspected. This power can easily be for good or evil. Some of the doctors who have been placed as Com. of Health have given little attention to the work. Others have been unfaithful, trying their best to do the work outlined.

I think the old expression of "two heads being better than one" will lead anyone to feel that five heads with a sixth as a Health Officer will be better than one. There are so many angles for a City to have good health that it seems to me that we should have again a Board of Health free from politics. I, as Com. of Health, brought the V.N.A. under the City Health Dept. They have and still are doing a wonderful work and I think all doctors doing general medicine will agree that they are in deed "Angels of Mercy".

Abuses of health laws are more apt to come about under a Com. of Health than with a Health Board. In your Board of Health, all legislation desired for up-holding health laws in existence or new ones are passed upon with the advice of the Health Officer. Ordinances to such laws are drawn up by the Law Dept. Then they are presented to Council for action. It was surprising to me to see that the law requiring Blood K. and K. just couldn't be carried out and that chest plates of Tb. or those suspected of Tb. could not be obtained. This condition applies to all food handlers engaged in the City of Youngstown such as chefs, waiters, bar-tenders, etc. Under the Board of Health such conditions need not exist as the Health Officer has his Board to fall back on. The Board has its Health Officer to see that this regulation is carried out. I am sure if many of you M. D. s could see in the kitchens of some of our eating places they would be surprised to see how some of their meals are taken care of before they get them.

We have a good man in Roy Mellon. He has been educated over many years in Health work. He has had too much work to do as City Chemist. He should by all rights be made the Secretary of the new Board, as George Stevenson did years before on the Board and as City Chemist. He comes in contact with different health rules every day which must be decided upon at once.

A Health Com. under our present system just can't handle a posi-

**SPECIFY**  
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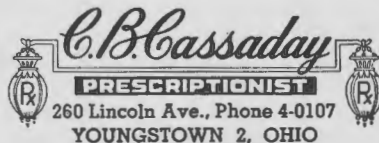
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tion of that kind and keep up his practice in medicine. I believe every Health Com. from Dr. Welch down to the present time has lost more financially than he gained with what salary was paid him. The Mayor loses his power of being able to call the Commissioner of Health into his private office and ask him to lay off some good Republican or Democrat who has been doing things contrary to existing laws. Under a Board of Health the Health Officer will have the backing of the Board, because all such practices will have been discussed beforehand and a decision arrived at.

The Hospitalization of the indigent should not be a duty of the Board of Health. I know some of the Sanitary Police have never met some of the Commissioners of Health we have had. There has not been the supervision of this vital part of a Health Board or Health Department. In a Board of Health all the heads; such as City Chemist, Chief Sanitary Officer, Chief of the Milk Department and Chief Inspector of meats and vegetables are all required to attend the monthly meeting of the Board of Health. Here as they give their reports, the Board is able to help them in their programs. All which makes for a healthier city. The employees of the Health Department will be a happier band of men under a Board of Health. Under a Commissioner of Health they have been allowed to do things that they themselves feel are questionable. Under the Board of Health the Health Officer gives a resume of the month's work. This will be fully discussed by the members, a decision arrived at and that is put in effect as soon as possible. Another Department of Health Board in a City like Youngstown demands a well organized V.D. Clinic. Two well known and well liked men have done and are still doing a wonderful job. Dr. Henry Schmid and Dr. M. J. Sunday are doing an uphill work without funds enough and without the help that is needed. I wish every M.D. in Mahoning County could visit and see for themselves the work being done. The Ohio Board of Health, promised even in my administration as Health Commissioner, wonderful things they would do. A full time Health Officer could see that this clinic could be helped immeasurably.

Youngstown has been free of great epidemics for some time. It is certainly time the citizens awaken to the great advantages of having a Board of Health and a Health Officer who has been trained, educated and graduated in Public Health. I, for one, feel that this is something we should be proud to be able to vote and work for—A Board of Health.

Take Health out of politics. It is too precious a commodity to have in the hands of politicians. Let us all, as a Medical Society, put this across and we will indeed have a city that we can justly feel proud of and will take its place in health among the progressive cities in these United States of America.

W. W. Ryall, M. D.

### VETERINARIANS OFFER SUPPORT

In the reorganization of the city Board of Health, it is the earnest hope of the Youngstown Veterinarians, the sentiment of whom I

**WOMEN'S AUXILIARY**  
**TO THE**  
**MAHONING COUNTY MEDICAL SOCIETY**

**announce their**

**ANNUAL DINNER DANCE**

**Saturday, October 25, 1947**

**8:30 P. M.**

**HOTEL PICK-OHIO**  
**Formal**

**EMERSON WILLIAMS ORCHESTRA**  
**Prizes - Favors**

**Members of the Medical Society and their Ladies**  
**are Cordially Invited**

**Anyone failing to receive an invitation call**  
**Mrs. W. O. Mermis 8-2734, not later than October 18, 1947.**

**SEPTEMBER MEETING****Tuesday, September 16, 1947****9:00 p. m.****Youngstown Club****Speaker: Howard D. Fabing, M. D.****Subject: "Modern Therapeutic Techniques in Neuropsychiatry"**

Born in Cincinnati, 1907; received A.B. from University of Cincinnati; M.D. from University of Cincinnati Medical College 1931; Rotating Internship at Cincinnati General Hospital; Neurological Residency, Cincinnati General Hospital; one year at Queen Square, London, England; Private practice and the teaching of physiology and neurology in 1935; entered service in 1942 after serving at the Walter Reed Hospital and Finney General Hospital; went to the ETO in 1943 where he was director of the School of Military Psychiatry in ETO; served on the staff of the 130th General Hospital in Belgium, a special neuropsychiatric hospital; returning from service went into the Central Office of the Veterans Administration in Washington at which time he was Chief of the Neurological Section and also special Assistant in Graduate Training in Neuropsychiatry; traveled all over the U.S. visiting medical schools and helping them to get started on the Graduate Training Program of Neuropsychiatry for Veterans Training; returning to the practice of medicine in Cincinnati in 1946. Original work done by Dr. Fabing in the field of post-encephalitic parkinsonism, treatment of epilepsy, narcolepsy, and concussion syndrome following shell blast.

---

**6th Councilor District Postgraduate Day****November 5, 1947****CANTON, OHIO****BY A GROUP FROM UNIVERSITY OF CHICAGO**



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By combining sulfadiazine and sulfathiazole in a single preparation, the dangers of crystalluria and its troublesome complications are greatly reduced. Recent studies\* have shown that the total urine solubility of two sulfonamides is greater than that of a single sulfonamide, since the presence of one exerts little influence upon the solubility of the other. Consequently, a greater total quantity of concurrently administered sulfadiazine and sulfathiazole can be dissolved in the urine than of either drug alone.

Added renal protection is provided in Aldiazol by the presence of sodium citrate and sodium lactate which alkalize the urine and further increase sulfonamide solubility.

Rapid absorption of Aldiazol is promoted, since the contained sulfadiazine and sulfathiazole are in microcrystalline form. In consequence, higher blood levels are attained in shorter time than with ordinary sulfonamides.

Aldiazol is indicated whenever sulfonamide therapy is called for. Because of its liquid form, it is especially useful in children, facilitating accurate dosage as well as administration.

Each teaspoonful of Aldiazol contains:

Sulfadiazine (microcrystalline) . . . . .	0.25 Gm.	Sodium Citrate . . . . .	0.46 Gm.
Sulfathiazole (microcrystalline) . . . . .	0.25 Gm.	Sodium Lactate . . . . .	0.55 Gm.

\*Lehr, D.: Proc.Soc.Exper.Biol.& Med. 58:11 (Jan.) 1945

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Sulfadiazine  
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SEPTEMBER

voice, that you will consider one of our profession as an appointed member.

The health administration deals with major issues of intracommunicable diseases, in which animal diseases are of paramount directive and control. These comprise such communicable diseases as the following:

- Tuberculosis of man of Bovine origin
- Rabies of man of canine origin
- Weil's disease of canine leptospirosis origin
- Tuleremia of rabbit origin
- Psitticosis of avian (parrots, Parakeets, etc.) origin
- Anthrax of equine and bovine origin
- Encephalomyelitis of equine origin
- Undulant fever of bovine and porcine origin  
(infectious abortion)

In addition to the above consideration, the veterinarian by his training, should be considered for his qualifications of guardianship of meat, milk and food, his assignment to which has long been made eminent by the U.S. Bureau of Animal Industry, the U.S. Army and a rapidly increasing number of Municipal Boards of Health.

While this request is brief in its justification, yet its issues are of such importance as to elect your consideration of a member of our profession to serve on the City Board of Health under your proposed charter change.

T W. Craver, D.V.M.

### A BETTER YOUNGSTOWN

A community, such as Youngstown, is known to the state and nation by the quality of its housekeeping; that is to say in what manner it conducts its municipal affairs. Some of the municipal affairs are good, some are not so good. Our parks and playgrounds are a credit to the community. Our fire department is well warned and well directed through lacking in material equipment. Our water supply reflects the highest thought and effort of the sanitarian. Our streets are passably clean and well paved. Our police department is manned by brave and capable men who could make Youngstown a city free of rackets and social parasites. Lastly our health department could be elevated out of the political slough and made to provide leadership in health and sanitation, if it also could be freed from the political handicap.

This opportunity is now presented to the electorate of Youngstown. The referendum being presented by the Mahoning County Medical Society provides a medium for just that. It is hoped that the electorate will avail themselves of this opportunity to the lasting benefit of themselves, their children and the future citizens of Youngstown.

H. E. Patrick, M. D.

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## HEALTH DEPARTMENTS

At the annual meeting of the American Medical Association House of Delegates in 1942, a resolution was passed calling for the development as rapidly as possible of complete territorial and population coverage in the Continental United States with modern full-time public health organizations on a county, joint county, or district basis.

The Resolution as approved by the A.M.A. in 1942 is as follows:

"Whereas, a major inadequacy in the civilian health protection in war as in peace time continues from the failure of many states and of not less than half the counties in the states to provide even minimum necessary sanitary and other preventive services for health, by full-time professionally trained medical and auxiliary personnel on a merit system basis supported by adequate tax funds from local and state and where necessary, from federal sources, therefore be it.,

Resolved, that the Trustees of the American Medical Association be urged to use all appropriate resources and influences of the Association to the end that, at the earliest possible date, complete coverage of the nation's area and population by local, county, district or regional full-time modern health services be achieved."

A Board of Health and a full-time, trained commissioner of Health for Youngstown, will be in line with the recommendation of the House of Delegates of the American Medical Association.

### State Health Department Services

Assuming that all citizens of Ohio are interested in the preservation and maintenance of their health, the people of Ohio generally should demand that Ohio's State Department of Health be provided with sufficient funds for the employment of competent personnel and for the maintenance of adequate facilities that proper service may be provided. The department is not receiving adequate appropriations from State funds. This is a serious problem—one which warrants careful study and prompt action. The Ohio Department of Health can be a source of valuable information and assistance on many health problems. It is doing a good job now but can do a much better job when provided with better support and more funds. Ohio is depending too much on Federal money, failing to meet its own responsibilities in this field. Ohio can stand on its own feet if the people make known their desires.

### Health Education

Educational programs on personal hygiene and disease prevention should be expanded. The prevalence of controllable diseases, morbidity and mortality from preventable causes can be sufficiently reduced if the public is properly and adequately informed, and will cooperate with physicians and health authorities by following their recommendations. This program begins at home and can be most effective there. But community action centers in schools and in discussion groups. Few program subjects are more interesting or more beneficial than authoritative presentations of health problems. Our speakers bureau and radio programs could be a big factor in health education.

o

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**CENTRAL OHIO RAPID TREATMENT CENTER****Post Office Box 539****Columbus, Ohio**

To: Local Health Commissioners  
From: Medical Officer in Charge, Central Ohio Rapid Treatment Center  
Re: Change of location from Lockbourne Army Airbase to Fort Hayes

The Central Ohio Rapid Treatment Center has been moved to its new location in the recently vacated Station Hospital at Fort Hayes within the city limits of Columbus. The acquisition of this property and all of its equipment will greatly increase the calibre of the services rendered at the Center. Many of the problems resulting from our former location are now eliminated, and in place of the former directions, we are now asking that the following be observed:

**MAILING ADDRESS:** Our mailing address remains the same, namely Post Office Box 539, Columbus, Ohio.

**TELEPHONE:** Our new telephone numbers are Main 5281 and Main 5282. Please post these for your own use, and give them to all patients referred to the Center.

**PATIENTS ARRIVING BY BUS:** These patients will come into the Bus station on Third and Town Streets. They should walk west along Town Street, crossing High Street, to the next corner, which is Town and Front. Directly across from Laxarus' Annex they are to board a bus marked "Leonard-Fifth Avenue."

If they will get off at Buckingham and Washington, they will be directly across from the main gate of Fort Hayes. Here they are to inquire of the guard who will direct them to the Rapid Treatment Center.

**PATIENTS ARRIVING BY TRAIN:** These patients will come into the Union Station. Upon leaving the station, they should walk left on High Street, and cross Naughton, Chestnut, and Spring Street. On the southeast corner of the next street (Long and High) is Green's 5c to \$1.00 Store. On the Long Street side of this store they should board a bus marked, "Leonard-Fifth Avenue." They should get off at Buckingham and Washington, as outlined above.

The Travelers' Aid Booth at the Union Station will be happy to provide travelers with assistance in reaching us; but again, patients should have our phone number to be used in case of difficulty.

**TAXI:** Taxi fare from either station to Fort Hayes is only 40 cents.

Please see that this information gets into the hands of the person or persons directly responsible for the V.D. Control Program in your jurisdiction. Also, inasmuch as many referrals are made by private physicians, it would be greatly appreciated if this information concerning our change of location were passed on to them.

(Signed) Charles R. Freeble, Jr. M. D.  
Medical Officer in Charge  
Central Ohio Rapid Treatment Center

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**Oakland Station**

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## SANATORIUM OPENS DOWNTOWN BRANCH

The Chest X-ray Service of the Downtown Branch of the Mahoning Tuberculosis Sanatorium located at 100 Dollar Bank Building on the mezzanine floor was opened to the public Wednesday, Sept. 3, 1947.

This Downtown Branch of the Sanatorium is directly under the supervision of Dr. Joseph P. Keogh, Medical Director of the Sanatorium, who is also deputy Health Commissioner for Tuberculosis in the four Health Districts of Youngstown, Campbell, Struthers, and Mahoning County General District. Mrs. Evangeline Fish is the nurse in charge, and Miss Emma Schuler, who received her X-ray training under Dr. E. C. Baker and who was formerly with the Tuberculosis Sanatorium and the Veterans Administration, is the X-ray Technician.

This Chest X-ray Service is open to the public. Any person may step into the Downtown Branch and request a small 70 mm. Chest X-ray. The chest X-ray will be taken immediately or an appointment will be given. Each person will be asked to name his personal physician and in the event there is any pathology found the report of this pathological finding will be reported to the physician and the patient will be instructed to see his physician to secure the report of his X-ray. In case the finding is negative the patient will receive a report directly from the Downtown Branch. Any physician who wishes to receive both positive and negative reports on any patients listing him as their personal physician, will receive same on request.

All physicians are urged to refer their patients to the Chest X-Ray Service for an X-Ray on their prescription. This will refer many persons for X-Rays who would not otherwise hear of this service. All physicians referring patients for Chest X-Rays will receive a report whether negative or positive.

In the event that a large 14" x 17" X-Ray is desired this becomes a matter strictly between the physician and the patient. Any patient who can afford and wants to go to a private radiologist, the above procedure should be followed. Large pictures will be taken at the downtown branch X-Ray Service on indigents or people unable to pay for a large film on the prescription of the private physician or on the order of a Health Commissioner. The prescriptions should be marked PHS for Public Health Service and the patient will then receive a large picture at no charge.

The downtown branch will be open from 9 until 5 except Friday and Saturday. On Friday it will be open from 1 until 8 p. m. and on Saturday from 9 until 12 noon.

The purpose of this whole service is to provide more adequate public health service for the people of Mahoning County and to provide an opportunity for every physician to have his patients Chest X-Rayed so that he in turn may provide better medical care for the community.

The downtown branch is a joint project of the Mahoning Tuberculosis Sanatorium which is providing the Medical Staff and the Mahoning County Tuberculosis & Health Association which is providing the space, technician, and much of the equipment, and the

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### *Consider Cosmetics*

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Tablets of 50 mg.  
2 cc ampuls and 30 cc  
vials of 50 mg. per cc.

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### Powerful Analgesic and Antispasmodic.

Some Demerol\* Advantages—Danger of respiratory depression greatly relieved. Does not interfere with cough reflex or cause constipation.

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Demerol Hydrochloride produces efficacious analgesic and antispasmodic action without the adverse effects of morphine.

Subject to Federal Narcotic Regulations.

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SEPTEMBER

State Health Department is providing the 70mm. photofluorographic equipment and the nurse.

The four Health Commissioners of Mahoning County, Dr. S. G. Patton, Mahoning County General District, Dr. W. E. Maine, Youngstown, Ohio, Dr. E. J. Reilly, Campbell, Ohio and Dr. Chas. Scofield, Struthers, Ohio, are cooperating in designating the Medical Director of the Sanatorium as Deputy Health Commissioner for Tuberculosis, and reporting all known cases of tuberculosis to the Deputy Health Commissioner who will set up a central Registry of all known tuberculosis patients in the downtown branch of the Mahoning Tuberculosis Sanatorium.

The Pneumo-thorax Treatment Service of the downtown branch will open October 1st, following delivery of a fluoroscope ordered by the Tuberculosis and Health Association to be paid for out of Christmas Seal Funds. All patients requiring treatment will be handled by appointment only.

This Health Service is for the benefit of the public and for the physicians who serve the public. In the belief that what is good for the public is also good for the physician, this service will be dedicated to public health service to the citizens and physicians of Mahoning County. All physicians are invited and urged to inspect the downtown branch at their convenience any time after its opening.

Edward J. Reilly, M. D.  
President  
Mahoning County Tuberculosis  
and Health Association

### DOCTOR WANTED

Petersburg, Ohio  
August 16, 1947

Dr. G. M. McKelvey,

Kind Sir:

I am writing to you to see if you could help us get a doctor. My father was a doctor for these people until he was hit by a car. Some years ago we had three M.D.'s and now none. Our people are badly in need of medical care. If we call one from another town, they tell us that they have all they can take care of.

I have three very nice rooms for rent, first floor, side entrance room, with shelves for medicine and supplies, hand wash basin. The waiting room is away from my side of the house.

I had a doctor in here before. He went into the service. I also had a dentist 7 years ago. If you could send us a part-time doctor it would be better than none at all. Write to me.

Vida L. Floor  
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## **McKelvey's**

Proudly announces its appointment as  
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# CARE

**Four services to bring the essentials of life to your friends and  
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Through CARE (Co-operative for American Remittances to Europe, Inc.) you can send packages to a friend, relative or member of any designated group in Austria, Belgium, Czechoslovakia, Finland, France, Greece, Hungary, Italy, Netherlands, Norway, Poland, Rumania, Germany (the American, British and French zones and all of Berlin), England, Scotland, Wales and Northern Ireland.

**See the four Care packages (which include Food, Woolen Blanket and Cotton packages) displayed in our Personal Shopper's Office, third floor. Each package costs \$10, contains carefully thought-out, greatly needed supplies.**

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## OUR EXCHANGES

We are on the exchange list with about 30 medical society bulletins. These bulletins are on file in the library of the South Side Hospital. Drop in and look them over.

Alameda County Medical Association Bulletin, Oakland, California  
 Arkansas Medical Society Journal, Little Rock, Arkansas  
 Blue Cross Bulletin, Chicago, Illinois  
 Charlotte Memorial Hospital, Charlotte, North Carolina  
 Cleveland Academy of Medicine Bulletin  
 Columbus Academy of Medicine, Columbus, Ohio  
 Corydon Palmer Dental Society Bulletin, Mahoning-Trumbull-Columbiana Counties  
 Erie County Medical Society Bulletin, Buffalo, New York  
 Fort Wayne Medical Society Bulletin, Tacoma, Washington  
 Fulton County Medical Society Bulletin, Atlanta, Georgia  
 Georgia Medical Association Journal, Atlanta, Georgia  
 Grace Hospital Bulletin, Detroit, Michigan  
 Hennepin County Medical Society Bulletin, Indianapolis, Indiana  
 Jackson County Bulletin, Kansas City, Missouri  
 Lake County Medical Society Bulletin, East Chicago, Indiana  
 Memphis Medical Journal, Memphis, Tennessee  
 Nassau County Medical Society Bulletin, New York  
 New Jersey Medical Society Journal, Orange, New Jersey  
 New York Medicine  
 Omaha-Douglas County Medical Society Bulletin, Omaha, Nebraska  
 Orleans Medical Society Bulletin, New Orleans, Louisiana  
 Philadelphia Medicine, Pennsylvania  
 Pierce County Medical Society Bulletin, Tacoma, Washington  
 Queens County Medical Society Bulletin, Forest Hills, New York  
 Rocky Mountain Medical Journal, Colorado  
 Spokane County Medical Society Bulletin, Spokane, Washington  
 St. Louis Medical Society Bulletin  
 Topeka, Kansas Medical Society Bulletin  
 Washington State Medical Association

**September Meeting**

**YOUNGSTOWN CLUB**

(NO CHANGE IN MEETING PLACE)

## The Wrong Side of 40?

Since emotional instability is one of the major symptoms of the menopause, the choice of the medication and the method of administration employed in alleviating it are important. The ideal product would be one having a uniform, sustained action; the administration of which caused the least pain or discomfort to the patient and which produced a minimum of undesirable side effects.

**A superior product for this purpose is**

# Aquaspension Estrogenic Substance

**2 mg. per cc.**

This suspension contains a natural hormone complex of estrogens obtained from pregnant mare urine, more than 90% of which is crystalline estrone. The crystals are from 6 to 10 microns in size, and on shaking are uniformly dispersed in the diluent. Due to their small and uniform size, and the use of a special suspending medium which enables them to be evenly dispersed and suspended, the action should be more uniform and the absorption retarded, releasing the hormone gradually into the system.

**Packaged in 10 cc.**

**Diaphragm-Stoppered Vials**

**(2 mg. - 20,000 units - per cc.)**

**PITMAN-MOORE CO.**

**Division of Allied Laboratories, Inc., Indianapolis**

## RESIDENT AND INTERN STAFF AT YOUNGSTOWN HOSPITAL ANNOUNCED

The Youngstown Hospital Resident and Intern staff for 1947-48 includes eleven residents and fourteen interns. The Hospital provides residencies in General Surgery, Medicine, Proctology, Pathology, Orthopedics, and Radiology.

Dr. Fred S. Schlecht, Dr. Robert L. Tornello and Dr. James L. Alexander were appointed as residents in General Surgery. Dr. Schlecht is a graduate of Ohio State University College of Medicine and interned at the Youngstown Hospital. He spent an eighteen month residency in Surgery at the Youngstown Hospital and two years in the Medical Corps of the U.S. Army. Dr. Tornello is a graduate of Loyola University Medical School of Chicago and interned at Kings County Hospital, New York, New York. He served in the Medical Corps of the U.S. Navy for thirty months. He became a surgical resident September 1, 1946. Dr. Alexander, a graduate of the University of Oklahoma School of Medicine, interned at the University Hospital, Augusta, Georgia. He served in the Medical Corps of the U.S. Army for three years.

Dr. Dean E. Stillson and Dr. Francis G. Mackey received appointments as residents in Medicine. Dr. Stillson is a graduate of Western Reserve University Medical School and served his internship at Cleveland City Hospital. He spent two and a half years in the Medical Corps of the U.S. Army. Dr. Mackey is a graduate of Ohio State University College of Medicine. He interned at the Youngstown Hospital and served nine months of a residency in Medicine there. He then served two years in the Medical Corps of the U.S. Army.

Dr. Edward A. Shorten was appointed as resident in Proctology. Dr. Shorten is a graduate of Western Reserve University Medical School and served his internship at the Youngstown Hospital. He spent two years in the Medical Corps of the U.S. Navy followed by five months residency in Pathology and eight months in Surgery at the Youngstown Hospital.

The following are residents in Pathology: Dr. R. G. Thomas, Dr. S. G. Patton, and Dr. E. G. Anderson. Dr. Thomas is a graduate of the Western Reserve University School of Medicine and interned at the Youngstown Hospital. Dr. Patton is a graduate of the University of Pittsburgh School of Medicine and interned at the Youngstown Hospital. He served an eighteen month Orthopedic Residency at Youngstown Hospital and spent two years in the Medical Corps of the U.S. Army. Dr. Anderson is a graduate of the University of Kansas Medical School. He interned at the Youngstown Hospital and spent two years in the U.S. Army.

Dr. Frederick G. Hamilton was appointed as resident in Orthopedics. He is a graduate of Hahnemann Medical College, Philadelphia and interned at Huron Road Hospital in Cleveland. He served as a surgical resident at St. Alexis Hospital, Cleveland and Huron Road Hospital in Cleveland. He was in the Medical Corps of the U.S. Navy.

Dr. G. Y. Smith is resident in Radiology. He is a graduate of Long Island College of Medicine and interned at the Metropolitan Hospital, New York. He practiced Medicine in Connecticut for three years and served in the Medical Corps of the U.S. Army four and a half years.

He completed a course in Radiology in the Graduate School of Medicine, University of Pennsylvania and has been a resident in Radiology since July 1946.

The intern staff consists of Dr. Raymond E. Beitzel, graduate of Ohio State University College of Medicine, Dr. Donn F. Covert, Dr. Walter S. Dietrich, Dr. Robert B. Love, Dr. Robert A. Mayer, Dr. Douglas L. McCorquodale and Dr. Norman E. Willis, all graduates of Western Reserve University School of Medicine, Dr. William H. Gross, Jefferson Medical College of Philadelphia, Dr. John G. Guju, Marquette University School of Medicine, Dr. Paul W. Holtzman, Indiana University School of Medicine, Dr. Louis A. Loria and Dr. Richard Y. Morgan, Medical College of Virginia, Dr. Paul Pipik, University of Illinois College of Medicine, and Dr. Victor E. Welch, University of Buffalo School of Medicine.

### ST. ELIZABETH'S HOSPITAL

At the last meeting of the St. Elizabeth's Hospital held on August 5, 1947, Dr. M. D. Friedman presented a resume of the present status of the problem of Herniated Intervertebral Discs.

It was pointed out that current knowledge dates back to an article by "Mixer and Bar" which appeared in the "New England Journal of Medicine" in 1934. This article crystallized the problem and established the fact that herniation of lumbar intervertebral discs is the most common cause of low back pain with sciatic radiation.

The characteristic features of the syndrome are sciatic pain, paraesthesia in the involved extremity, and areas of numbness in those regions effected by root compression. Other causes of pain must, of course, be carefully excluded by those physical and urological studies.

The sciatic pain from disc herniation is almost always aggravated by coughing, sneezing, and straining. Jugular compression also increases the sciatic pain in these cases. Practically, all of the positive cases show definite strain leg raising sign. Root compression from herniated discs gives a history of remission and relapses. In a patient who is seen during his first attack, conservative treatment by bed rest, some form of heat and traction should always be tried first. If this brings relief, nothing else need be done except perhaps avoidance of active physical effort. However, in patients who get repeated attacks of pain which resist conservative measures of treatment and which prove completely disabling to the patient, exploratory laminectomy with removal of disc fragments often produces cure.

The lecture was supplemented with slides which illustrated various phases of the problem, and patients were shown who had been operated on for the cure of disc hernia.

H.J.R.

SEPTEMBER

## NEWS ITEMS

Returned from a fishing vacation at French River Lodge, Ontario, Canada are the following anglers: Drs. Clifford, Cafaro, Colla, Coe, Poling, Kupec, Kocialek, Ranz, McOwen and Osborne.

Dr. Cafaro journeyed from St. Augustine, Florida and Dr. Osborne from Phoenix, Arizona, in order to join the group. The party reports excellent fishing and to date, stories of their experiences sound reasonable enough. After adequate inquiry the one about the fish that got away from Dr. Colla—despite an unhappy assist from Dr. Clifford, can be labeled as fact and not fiction. A stop over at Toronto, Canada featured the trip.

Dr. and Mrs. S. W. Ondash, and Dr. and Mrs. J. J. Sofranec and their children returned from a two week sojourn at Geneva-on-the-Lake.

Dr. and Mrs. Vernon Goodwin and their children recently returned from a stay at their home at Madison-on-the-Lake.

Dr. and Mrs. T. K. Golden and Dr. and Mrs. J. J. Wasilko and children have concluded a two weeks vacation at Cape May, New Jersey. While there they were guests at the Lafayette Hotel. Dr. John Stotler also vacationed at the same resort.

Dr. and Mrs. F. F. Piercy have returned from Lake Chautauqua where they spent 12 days at the Assembly Grounds.

Dr. V. A. Neel has returned from a fishing trip at Georgian Bay, Ontario.

Dr. O. A. Axelson is convalescing from an operation recently performed at South Side Unit.

Mrs. W. J. Tims and son, Jay, spent a few days with Dr. Tims who is taking a postgraduate

course in Proctology at Polyclinic Hospital in New York City.

Dr. and Mrs. H. E. Mathay spent a few days at Pirl Beach on Lake Erie.

Dr. and Mrs. M. J. Kocialek have returned from a motor trip to Montreal, Canada and from there they went by boat down the St. Lawrence to Murray Bay, returning by way of the New England states.

Dr. and Mrs. M. I. Berkson have returned from a two-week vacation in Atlantic City.

Dr. and Mrs. W. Z. Baker and sons and daughter, Norman, Waldo, Jr., Robert and Sally, have returned from a 10 day vacation spent at Duncan and Tilden Lake out of North Bay, Canada.

Dr. and Mrs. James B. Birch and children have returned from a month's vacation at Salter's Point on Cape Cod.

Dr. L. S. Shensa and son, Stanley, have returned from a 10-day fishing trip to Bobcaygeon, Ontario, Canada.

Dr. and Mrs. J. Claire Vance, with their two sons, Jack and Dick, have returned from a two weeks' vacation to Canada, Lake Chautauqua Assembly Grounds and Ashtabula Harbor.

Dr. and Mrs. P. J. Mahar and their children, Mary and Paul, Jr., have returned from Daytona, Beach, Florida, where they spent two weeks.

Dr. and Mrs. W. C. Autenreith have returned from a two weeks motor tour to Fort Lauderdale, Florida.

Dr. and Mrs. Robert L. Piercy and their children, Jo-Ann, Barbara Lee and Carolyn, have returned from a week's vacation at White Plains, N. Y.

**Announcement**

John J. McDonough, M. D., announces the limitation of his practice to Gynecology also the association of Bernard J. Doyle, M. D., practice limited to Obstetrics.

**Births**

Dr. and Mrs. Henry Sisek announce the birth of their second child, a girl, at North Side Unit, August 3.

Dr. and Mrs. M. Carl Raupple announce the birth of a son, July 24th at St. Elizabeth's Hospital.

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**UNCLE DUDLEY**

Had there been in Athens one or two other cynics comparable to Diogenes when he tramped with dirty feet on Plato's rugs, thereby exhibiting greater pride in his rudeness than Plato did in his culture, we surmise there would have arisen differences between them over regional and jurisdictional manifestations of their contempt.

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To most people the pursuit of happiness takes the form of an effort to obtain something tangible and important, something extraneous and attainable. How successfully it eludes this kind of pursuit!

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We are not averse to accepting modern improvements, when they improve. We are not given to bemoaning the loss of what should have been destroyed. However, we are willing to sing praises for the departed pot-bellied stove in the cracker-barrel store of the past. In addition to the usual fuel, many local and national fallacies were consumed in that old stove, and many vagaries passed into 'innocuous desuetude'. Nothing has taken its place.

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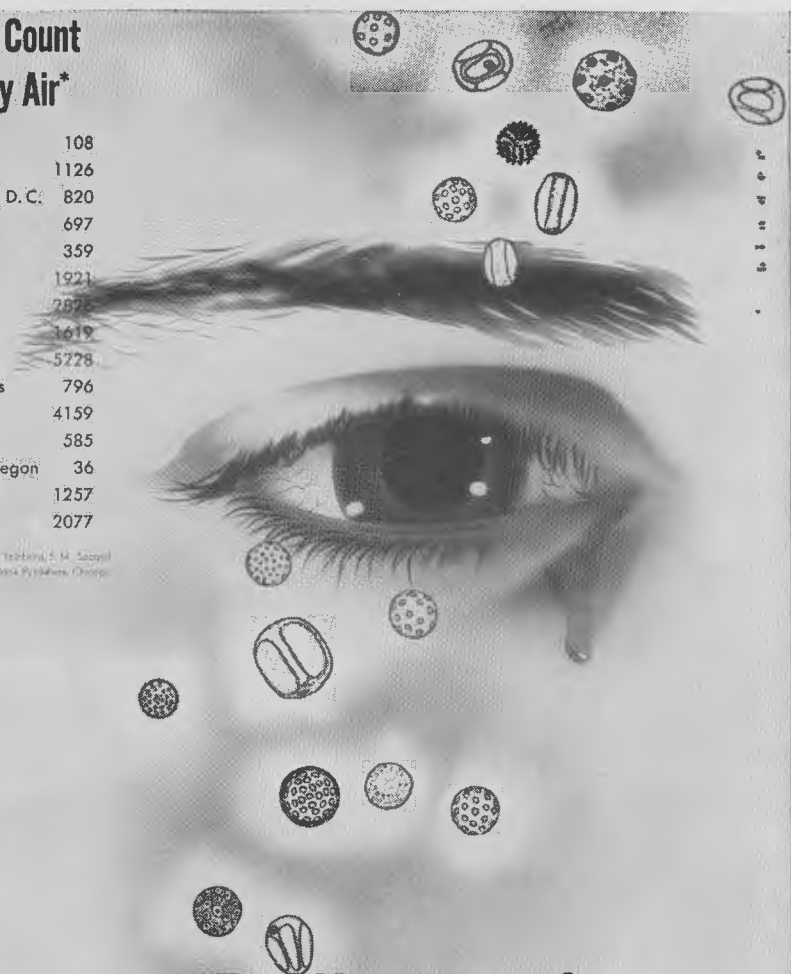
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Atlanta	697
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St. Louis	2878
Chicago	1619
Des Moines	5228
New Orleans	796
Omaha	4159
New York	585
Portland, Oregon	36
Philadelphia	1257
Dallas	2077

\*"Allergic March" (Feinberg, J. A. M. A. 132:702, 1946)  
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