



If you would understand anything,  
observe its beginning and its de-  
velopment.

—Aristotle

# BULLETIN

of the  
MAHONING  
COUNTY  
MEDICAL  
SOCIETY

Youngstown, Ohio  
VOL. XX No. 3  
MARCH • 1950

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Hamblen, E. C.:  
Some Aspects of  
Sex Endocrinology in  
General Practice,  
North Carolina M. J.  
7:533 (Oct.) 1946.



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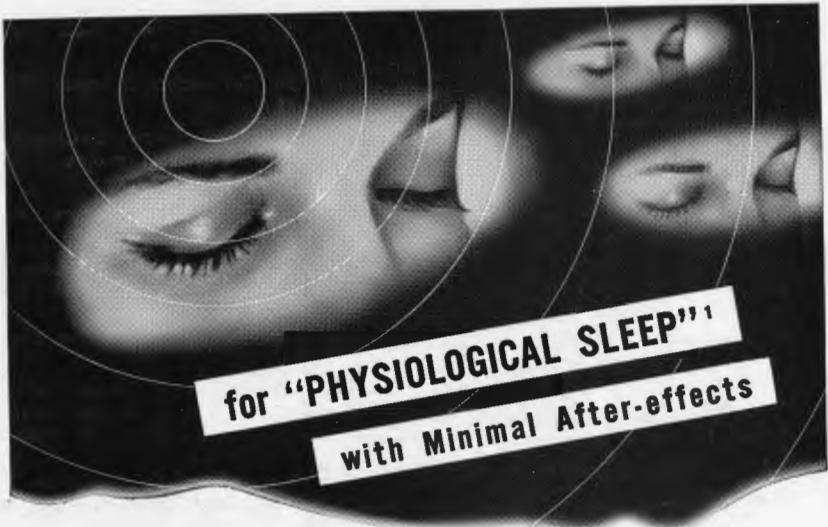
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<sup>1</sup>N.N.R., 1947, p.398.

<sup>2</sup>Goodman, L. & Gilman, A., The Pharmacological Basis of Therapeutics. MacMillan, 1944, pp. 177-8.

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## PRESIDENT'S PAGE



The right to vote is one our most prized possessions. That right is given to us by the Constitution of the United States. It is increasingly evident that there is a country-wide indifference to the privilege. In the Mahoning County Medical Society 10% of our active membership did not feel that it was important enough to register. This is part of a trend which is national in scope, and tragic as it may seem, failure to vote is encountered among individuals who are supposedly intelligent and belong to so-called upper levels of the social structure. In some civic organizations as many as 25% of the members have failed to register. Moreover, it is the members of these same organizations that scream to high heaven about the political skulduggery that goes on at various levels in our national government. In Russia and other totalitarian states everyone votes, and everyone votes in a certain way, — or else. It is high time that we assume the responsibilities of voting and consider it a rare privilege to do so. It matters not how you vote, but it matters a great deal that you do vote. Let us remember to do so next time!

Gordon G. Nelson, M.D.  
President

# BULLETIN of the Mahoning County Medical Society

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275 W. Federal St.

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## SOCIETY SPONSORS ESSAY CONTEST ON VOLUNTARY MEDICAL CARE

Highlighting the activity of the Health Education Committee of the Mahoning County Medical Society in its local campaign for the preservation of the voluntary system of medical care is an essay contest for college students on the subject "Why We Should Preserve the Voluntary System of Medical Care in the United States."

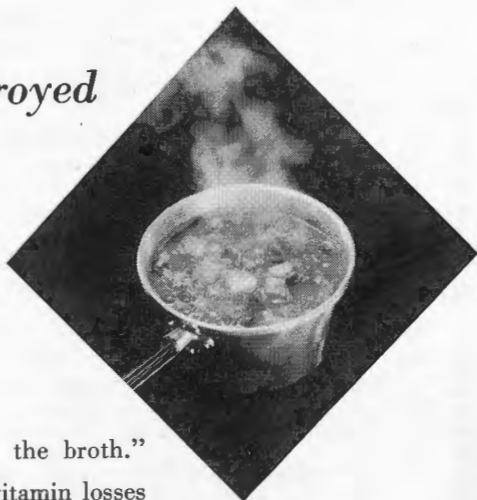
Attractive prizes are being offered to the first, second and third prize winners in the contest which will be open to all Mahoning County students attending college anywhere in the United States. Prizes will be as follows: first prize, \$250.00 United States Government Bond; second prize, \$100.00 United States Government Bond; and third prize, \$50.00 United States Government Bond.

### RULES OF THE CONTEST:

1. Subject: "Why We Should Preserve the Voluntary System of Medical Care in the United States."
2. Length of Essay: 500 word limit.
3. Contest opens April 1, 1950; closes April 30, 1950. Entries must be postmarked no later than April 30, 1950. Winners will be announced May 15, 1950.
4. All essays will be considered the property of the Mahoning County Medical Society and will not be reprinted in part or in toto except by express permission of the Mahoning County Medical Society.
5. The first page of the submitted manuscript will contain only the following:
  - a. Name of student.
  - b. Home residence and college campus address.
  - c. Grade. Name and address of college attended by students.
6. Contest is open to all college residents of Mahoning County whether they attend a college in Mahoning County or elsewhere in the United States. *Children of physicians are not eligible for participation in the contest.*
7. The manuscripts must be typewritten on standard typewriting paper, doubled spaced, written on one side of paper and *an original and two carbon copies submitted.* Number pages.

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8. The name of the contestant *will not appear anywhere except on the front page of submitted manuscript.*
9. Helpful bibliography can be obtained at the Registrar's office or by writing to the Health Education Committee, Mahoning County Medical Society, c/o Medical-Dental Bureau, Schween-Wagner Bldg., Youngstown, Ohio.

Attention is called to the fact that children of physicians are not eligible for participation in the contest. Society members are encouraged to assist in publicizing the contest in whatever manner they can. Copies of rules of the contest and helpful literature can be obtained for students making inquiry of the physician by referring them to the Health Education Committee Chairman, c/o Medical-Dental Bureau, Schween-Wagner Bldg., Youngstown, Ohio

The Health Education Committee is a special committee appointed by Dr. Gordon Nelson, president of the Society, to inform and educate the citizens of Mahoning County with reference to the dangers of Socialized Medicine. This committee is comprized of the following members of the Society: Dr. C. A. Gustafson, chairman; Dr. E. J. Reilly, chairman of public relations and economics; Dr. W. M. Skipp, chairman of legislative committee; and Dr. Stephen W. Ondash, chairman of lay education and speakers committee.

Lay members of the Committee are as follows: Mr. Edward Saltsman, superintendent of County Schools; Mr. Clarence Strouss, Jr., Northwestern Mutual Life Insurance Co.; Mr. Charles Watson, president of the Youngstown Chamber of Commerce; Mr. C. Kenneth Clark, Attorney, former president of the Mahoning Bar Association; Reverend Eugene Beach, minister of the First Christian Church; and Mr. Milton Heckman, school teacher, former president of the School Masters Club and the Youngstown Education Association.

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### COUNCIL MEETING

The regular monthly meeting of the Council of the Mahoning County Medical Society was held on Monday, February 13, 1950, at the office of the Society, 203 Schween-Wagner Bldg., Youngstown, Ohio. The following doctors were present: E. J. Wenaas, President-Elect, presiding, C. A. Gustafson, W. M. Skipp, G. E. DeCicco, V. L. Goodwin, I. C. Smith, J. C. Vance, J. N. McCann and L. H. Getty.

The following applications were acted upon favorably by council:

#### FOR INTERN MEMBERSHIP

Fred G. Schlecht, M.D., 2218 Market St., Youngstown, O.  
 Sidney A. Kay, M.D., 305 Home Sav. & Loan Bldg., Youngstown, O.  
 Paxton L. Jones, M.D., 3100 Market Street, Youngstown, O.  
 Fredrick A. Friedrich, M.D., Youngstown Hospital Ass'n., Youngstown, O.  
 Paul J. Fuzy, Jr., M.D., Youngstown Hospital Ass'n., Youngstown, O.

Unless objection is filed in writing with the secretary within 15 days, the above applicants become members of the society.

The Secretary read a letter from the Lake Milton Improvement Ass'n. and was instructed to answer same.

The Treasurer reported the purchase of 11 F-bonds @ \$740.00 each, from money received for the sale of bonds due in the amount of \$8,000.00 and that the difference of \$140.00 had been taken out of the checking account.

G. E. DeCicco, M.D.  
 Secretary

Linguets should not be confused with ordinary tablets, which have been "proved relatively ineffective" by sublingual administration. —

Escamilla, R. F. and Gordon, G. S.: Bull. Univ. California Med. Center, November 1949.



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## FEBRUARY MEETING

The February meeting of The Mahoning County Medical Society was held at The Elks Club on February 21, 1950. Dr. Madison, Associate Professor of Medicine at Marquette University School of Medicine, presented a paper on "Purpura."

Application for interne memberships for Drs. F. A. Resch, J. R. Willoughby, and Earl E. Brant were read. A motion was made, seconded and passed that Dr. A. V. Hindman be made an honorary member.

Mr. Edward Hulme from the Junior Chamber of Commerce gave some interesting facts on the report of the Hoover Commission and urged members to sign petitions in support of the Hoover Commission recommendations towards reducing the federal budget.

### DR. MADISON TALKS ON HEMORRHAGIC DISEASES

*By E. R. McNeal, M.D.*

An outline for diagnosing and treating hemorrhagic diseases was presented by Dr. Frederick W. Madison, associate professor of medicine in the Marquette University School of Medicine, before the members of the Mahoning County Medical Society at their monthly meeting February 21, 1950 in the Elks Club.

Dr. Madison stressed the fundamental fact that blood is a fluid enclosed in a system of tubes, the blood vessels, and that retention of this fluid in the pipes of the body depends upon (1) the coagulation mechanism of blood and (2) intactness of blood vessel walls.

He pointed out that the coagulation of blood was dependent on the following three equations which originally was devised by A. J. Quick:

1. Thromboplastinogen + Platelet Factor (By enzyme reaction) equals Thromplastin.

2. Thromplastin + Prothrombin + Calcium (By chemical reaction) equals Thrombin.

3. Fibrinogen + Thrombin (By enzyme reaction) equals Fibrin.

A very useful and efficient scheme by laboratory methods of studying hemorrhagic diseases was outlined by Dr. Madison as follows:

1. Primary Steps:

- a. Coagulation time (Lee White method)
- b. Bleeding time (Duke)
- c. Prothrombin time (Quick)
- d. Thrombocyte Count
- e. Capillary fragility

2. Secondary steps to be used if above tests are equivocal.

- a. Clotting time of recalcified plasma
- b. Prothrombin consumption
- c. Fibrinogen
- d. Clot retraction
- e. Plasma ascorbic acid

If all the above tests are negative or within normal limits all primary hemorrhagic diseases may be ruled out of the clinical picture and other local conditions such as infection, trauma etc., are probably the explanation.

Dr. Madison then classified the hemorrhagic diseases as due to coagulation defect or vascular defect and gave the pathogenesis and treatment of each. The following table summarizes this portion of his talk.

# Fellows

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Thiamine Hydrochloride .....	2.5 mg.
Riboflavin .....	3.5 mg.
Niacinamide .....	25.0 mg.
Pyridoxine (B6) .....	0.056 mg.
Calcium Pantothenate .....	2.5 mg.

plus Choline, and other factors of the B-Complex present in the natural base. The Riboflavin content is derived entirely from natural sources.

BASE: Rice Bran, Corn, Liver Concentrate.

SUPPLIED: in 4-oz. Rx size.

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Riboflavin .....	15 mg.
Niacinamide .....	100 mg.
Pyridoxine .....	1 mg.
Calcium Pantothenate .....	10 mg.
Choline Dihydrogen Citrate .....	20 mg.
Inositol .....	20 mg.
Folic Acid .....	0.25 mg.
Liver Extract (secondary) .....	100 mg.
Brewers' Yeast Extract .....	100 mg.

plus other factors of the B-Complex present in Whole Liver.

BASE: Liver and Yeast.

SUPPLIED: in 50's and 1000's.

1. Jolliffe, N., Special Article, Council on Foods and Nutrition: The Preventive and Therapeutic Use of Vitamins, J.A.M.A., 129:613, Oct. 27, 1945.

2. Lewey and Shay, Dietotherapy, Philadelphia, W. B. Saunders Co., 1945, p. 850.

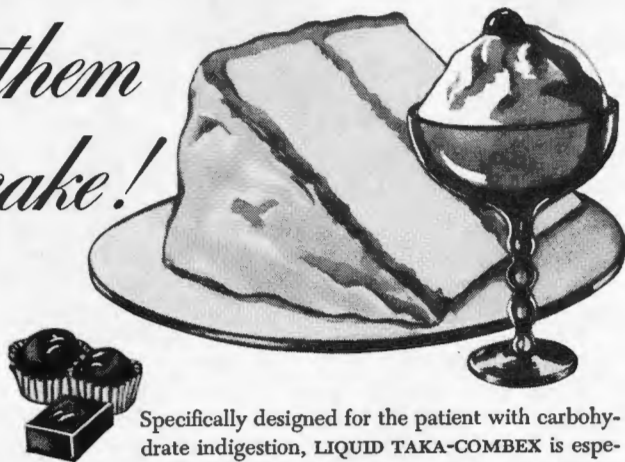
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Hemorrhagic Disease	Defect	Pathogenesis	Treatment
Hemophilia	Thromboplastin deficiency	Congenital Absence of plasma substance	Replacement 1. whole blood 2. plasma 3. globulin fraction 4. thrombin & pressure locally
Hypoprothrombinemia	Prothrombin deficiency	<ol style="list-style-type: none"> <li>1. Deficiency Vitamin K                             <ol style="list-style-type: none"> <li>a. inadequate intake</li> <li>b. absence of bile</li> <li>c. improper intestinal flora</li> </ol> </li> <li>2. Liver Disease                             <ol style="list-style-type: none"> <li>a. toxic-dicumarol salicylates</li> <li>b. organic hepatitis, cirrhosis &amp; malignancy</li> </ol> </li> </ol>	Vitamin K oral or parenteral stop toxic agent whole blood Vitamin K Vitamin K
Heparinemia	Thrombin deficiency	Exogenous (Heparin) Endogenous (Heparinoid substance)	Protamine Sulfate Protamine Sulfate Toluidine Blue
Thrombocytopenia	Thrombocyte deficiency (platelet factor)	<ol style="list-style-type: none"> <li>1. Peripheral destruction                             <ol style="list-style-type: none"> <li>a. Hypersplenism</li> <li>b. Allergic reaction</li> </ol> </li> <li>2. Marrow Impairment                             <ol style="list-style-type: none"> <li>a. Hypersplenism</li> <li>b. Allergic</li> <li>c. Maturation deficiency</li> <li>d. Myelopathy</li> </ol> </li> </ol>	Splenectomy Allergy control Splenectomy Allergy control Liver-Folic acid etc. Whole blood
Afibrinogen	Fibrinogen deficiency	Congenital-Rare	Whole blood
Purpura	Increased vascular fragility	<ol style="list-style-type: none"> <li>1. Allergo-toxic</li> <li>2. Hypersplenism</li> <li>3. Deficiency Vitamin P</li> <li>4. Endocrine</li> <li>5. Malignancy</li> </ol>	Removal of toxin & allergy control Splenectomy or Irradiation Rutin, Hesperidin Estrogens, Protamine Whole blood Sulfate, Flavonals
Scurvy	Increased capillary fragility	Deficiency Vitamin C	Vitamin C

*Lets them  
eat cake!*



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- Vitamin B<sub>1</sub> (Thiamine Hydrochloride).....2 mg.
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- Vitamin B<sub>6</sub> (Pyridoxine Hydrochloride).....0.5 mg.
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## THE VISITING NURSES ASSOCIATION OF YOUNGSTOWN

*By E. R. McNeal, M.D.*

The Youngstown Visiting Nurse Association was founded in 1904 largely through the efforts of the late Mrs. Fred Evans. She became interested in Public Health Nursing while visiting in another city and upon her return home stimulated a group of socially minded citizens to organize the Youngstown association. Youngstown was the ninth city in Ohio to organize for Public Health Nursing, while throughout the United States as a whole there were but 179 such groups, and only 714 nurses working in this field. The first year one nurse was able to meet the need of the 212 patients who were served. Now the active staff consists of 24 nurses while a grand total of 13,583 patients was served during 1949.

The object of the Visiting Nurse Association is, first, to give skilled nursing care to the sick in their homes, and secondly, teach personal hygiene and the prevention of disease. To do this it must be supported by outside funds. The association is mainly supported (60%) by the community chest and thus is a "Red Feather Agency." Other main sources of income is the City Department of Health (10%), fees from endowments (10%), fees from insurance companies for which services have been rendered (10%), and finally, fees for general home call services.

Any organization, especially an incorporated one which the Visiting Nurses Association is, must have a governing body. This function is vested in a board of 30 trustees, divided into five groups of six members each who serve for a term of five years. The board of trustees then chooses the following officers for a term of one year: a president, a first and second vice-president, a recording secretary, a corresponding secretary, and a treasurer. When the board of trustees is not in session the executive committee is in charge of the business of the association.

### 24 NURSES ON STAFF

The active staff is directed by Emma S. Modeland, R.N., whose official title is superintendent. The assistant superintendent and educational director is Laura R. Clark, R.N. The Staff consists of 24 nurses all of whom must be graduates of schools giving general nursing training and preferably ones who have had special public health training. At the present time there are six student nurses from Youngstown Hospital Association and St. Elizabeth's Hospital who serve for an observation period of one month.

The Visiting Nurses Association has four main functions to perform. The first is home bedside nursing care offered to anyone who calls. A fee is collected if the patient is able to pay and free service is given to any who are unable to pay. These nursing visits are not continued unless a physician is in charge of the case.

Secondly, and one of the most important functions, is the Infant Welfare Service. There are nine stations in the city manned by nurses and local physicians. Thirdly, Tuberculosis Service whose job it is to examine all contacts, conduct clinics, and make home and sanatorium visits. Fourthly, Venereal Disease Service which included in 1949, 104 clinic and 648 home visits to 591 persons. In addition, a special activity was assumed in 1934, when the association was asked to select and examine children for the Fresh Air Camp. This past year 754 boys and girls were selected for a twelve-day outing. An additional 109 children were sent out for one day outing.



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All Youngstowners should be proud of the early beginning, the rapid advance and the amount of activity carried out by their Visiting Nurses Association. This organization is a must in any locality and should be supported in the same excellent manner in which it serves the community. A special word to the local physicians is that the association is willing to help and in fact encourages calls from all local physicians. All that is needed is a telephone call with a brief description of the type of case and medical orders, which will be carried out efficiently and promptly.

### YOUNGSTOWN HOSPITAL HONORS EMERITUS STAFF

Members of the Emeritus Staff of the Youngstown Hospital Association were honored guests at the annual banquet of the staff held Saturday afternoon and evening January 28, 1950 in the Youngstown Country Club.

The program included a scientific session beginning at 4:30 p. m. Dr. E. C. Baker presented the first paper on the "Evolution of Chest Radiology." Dr. Baker illustrated his talk with lantern slides showing the improvement in the technique of taking chest X-rays during the last 20 years. He also explained with diagrams the methods of determining the location of lesions with the use of the planograph.

Dr. R. R. Morrall presented five cases of bone tumors to illustrate his talk on "Late Results in Bone Tumor Cases." His presentation included follow up X-rays and clinical history on cases of bone tumors resected as long as 18 years ago. He emphasized that the best results that were obtained in his series were in those cases with pre-operative and post-operative radiation.

Dr. A. E. Brant, chairman of the hospital Executive Committee, outlined some of the inter-relationships of various departments of the hospital and the co-operation that has been received to successfully treat patients in the hospital.

Dr. W. K. Allsop presided at the scientific session and at the banquet afterwards. As after-dinner speakers he called on Mr. D. A. Endres, superintendent of the hospital, to present some pertinent figures on the operation of the hospital in 1949. Mr. Paul M. Wick, chairman of the board of trustees, urged the members of the staff to continue to make the Youngstown Hospital an outstanding medical institution both in the care of patients and in the training of doctors and nurses.

Dr. H. E. Patrick was the final speaker, paying tribute to the members of the Emeritus staff. (His talk is published elsewhere in this issue).

Members of the Emeritus staff who attended were Drs. H. E. Blott, C. R. Clark, D. R. Williams, A. E. Elsaesser, F. F. Piercy, Henri Schmid, J. U. Buchanan, John Heberding, W. W. Ryall, and W. B. Turner. The total attendance was 135 doctors.

### HEART INSTITUTE IN AKRON

The Ohio State Department of Public Health will sponsor an all-day refresher course in heart disease for physicians and nurses in northeastern Ohio at the School Administration Building, 70 North Broadway, Akron, Wednesday, March 29, 1950, according to a notice received by Health Commissioner W. J. Tims.

The Department expects to arrange for nurses who belong to the Army Reserve Corps to obtain retirement credit for attendance at the meeting. Nurses working in hospitals or in industry are urged to attend.

The meetings are open to all physicians.

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## FULL TIME HEALTH COMMISSIONER SOUGHT

The Allied Professions Committee met at the Elks Club on January 19, 1950, with Dr. Wm. M. Skipp presiding. Dr. A. B. Kurlander, Acting Chief of the Bureau of local services of the State Department of Health and Director of Tuberculosis for the State of Ohio, discussed with the committee the requirements for, and the reasons why a full time health commissioner is needed for the City of Youngstown.

Dr. Kurlander said: "There are 92 cities in the country with a population of more than 100,000 91 cities have full time health commissioners. Youngstown, with a population of 178,000, has no health commissioner. The government would grant Youngstown \$21,000 for health purposes, providing it had a full time health commissioner."

H. B. 5865, now in Congress, has passed the Senate and is awaiting action in the House to provide a federal grant of about \$35,000 to cities which have a full-time health commissioner. The per-capita cost of health in Youngstown now is 78 cents, while the national average is \$1.50.

Dr. Kurlander explained that money provided by the federal government is not actually a grant, but is money taken from income taxes and is returned to the local community to be used as the Department of Health sees fit, without any strings attached. Under the state statutes, the Health Boards consist of five members appointed by the mayor. The mayor presides over the Board, and all finances appropriated by Council are administered by the Board. Dr. Kurlander also pointed out that cities the size of Youngstown were badly in need of instructors in public health, under the guidance of a full time health commissioner.

Present at the meeting were: Mr. Jerry Hammond, representing St. Elizabeth's Hospital; R. W. Rummell, M.D., Youngstown Hospital; E. C. Brown, D.D.S., W. H. Hayden, D.D.S., and P. L. Connor, D.D.S., Corydon Palmer Dental Society; Miss Elizabeth A. Evans and Miss Emma S. Modeland, District No. 3 Nurses Association; V. G. Crago, D.V.M., The Mahoning Veterinarian Medical Association; John N. McCann, M.D., G. G. Nelson, M.D. and E. J. Wencas, M.D., Mahoning County Medical Society; Mr. D. Roy Mellon, City Chemist; E. J. Reilly, M.D., T. J. Patton, M.D., and W. J. Tims, M.D., health commissioners; Wm. Newcomer, M.D.; Controller of Tuberculosis in Mahoning County; and the following councilmen of the City of Youngstown: John W. Barber, Anthony B. Flask, George L. Stowe, Stephen Olenick, Harry Jacobs and Council President, Frank X. Kryzan.

E. J. Reilly, M.D.  
Secretary & Treasurer  
Allied Professions Committee

## MASS CHEST SURVEY IN FULL SWING

Preliminary reports on the progress of the mass chest X-ray survey being conducted at the Downtown Branch of the Mahoning County Tuberculosis Sanatorium in conjunction with the Tuberculosis and Health Association show that 400 appointments are now being mailed out each day, according to figures released by Whitney Herr, executive secretary of the Association.

While there has been some confusion in getting appointments adjusted to the free time of appointees, Mr. Herr said that the program seemed to be moving along smoothly. It is expected that it will be some time before any results on the number of positive chest findings will be available for statistical analysis. Positive findings are being reported to the patients' family physicians, while negative reports go direct to patients.

**ANNUAL BANQUET**

Speaker:

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Subject:

**"GO AHEAD AND WORRY, ITS FUN"**

Time:

**Thursday, March 16, 1950—6:30 p.m.**

Place:

**ELKS CLUB, 220 W. Boardman St.****Note change in regular meeting date.**

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Length of Essay: 500 words. All essays must be postmarked no later than April 30, 1950.

Rules of contest and helpful bibliography are available at registrar's office or may be obtained by writing to the Health Education Committee, Mahoning County Medical Society, c/o Medical-Dental Bureau, Schween-Wagner Bldg., Youngstown, Ohio.

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## THE HISTORY OF THE EMERITUS STAFF OF THE YOUNGSTOWN HOSPITAL ASSOCIATION

By *H. E. Patrick, M.D.*

(Editor's Note—The following address was delivered by the writer at the annual staff meeting of the Youngstown Hospital Association, January 28, 1950, at the Youngstown Country Club.)

The Emeritus Staff came into being on January 27, 1915, pursuant to two resolutions adopted that day by the Board of Trustees. The first resolution was as follows: That no physician, surgeon or specialist who has attained the age of 60 years is to be appointed to the visiting staff. The second resolution reads as follows: That there shall be added to the By-Laws a regulation permitting the establishment of a Staff Emeritus consisting of staff members who have attained the age of 60 years or those to whom the Board shall vote the distinction for efficient service.

Please, note the word, "distinction." I believe it confers something more on the members of the Emeritus Staff than a sop to their advancing years. I shall endeavor to prove this contention later when I come to discuss the personnel of the Emeritus Staff in detail.

For the information and education of the younger members of the staff who are crowding into its ranks each year and whose knowledge of the organization and growth of Youngstown Hospital Association is necessarily scanty, I shall spend some time sketching the actions of the Board of Trustees during the formative years of the Association.

On November 15, 1881 at a meeting of a group of citizens prominent in Youngstown civic affairs of that day a resolution was adopted to purchase for the sum of \$2,500 a lot known as 141 Mill Street (now Oak Hill Avenue.) On February 6, 1882 at a similar meeting it was resolved to adopt plans for a main building and one ward and to advertise for bids for their erection. On April 18, 1882 a contract was let to erect the buildings at a cost of \$10,000.

### COUNTY SOCIETY CONSULTED

On September 26, 1882 a committee of the Board was empowered to consult with the Medical Society of Mahoning County relative to the appointment of a corps of visiting physicians.

On October 7, 1882 Miss Mary Barliss, a nurse from City Hospital, Cleveland was appointed matron at a salary of \$400 per annum. Dugald Cook also was employed as a male nurse and general factotum at \$20 per month and Miss Biddlestone as a nurse at \$12 per month.

On November 16, 1882 the first Medical Staff was appointed and consisted of the following: Dr. C. N. Fowler, Dr. W. L. Buechner, Dr. J. S. Cunningham, Dr. J. E. Woodbridge, Dr. W. S. Mathews, Dr. John McCurdy, and Dr. W. J. Whelan.

The first patient entered the hospital on January 1, 1883. The second on January 15. Not much is recorded of the operation of the hospital during 1883 but at the annual meeting held October 21, 1884 the hospital appeared to be getting off to a good start. A deficit of \$659.00, nothing unusual for hospitals, was reported. The president of the Board, Mr. John Stambaugh, gave his personal check for the amount.

Conditions then became quite discouraging. At a meeting of the Board May 25, 1885 closing of the hospital was discussed. On July 1, 1885 it was reported that no patient had been received within the year. However, it

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wasn't closed. At the annual meeting of that year the following staff was appointed. Note the divisions, please.

<i>Medical Board</i>	<i>Visiting Board</i>
Dr. J. E. Woodbridge	Dr. A. M. Clark
Dr. W. L. Buechner	Dr. J. J. Thomas
Dr. C. N. Fowler	Dr. G. S. Peck
Dr. W. S. Mathews	Dr. B. F. Hahn

The Youngstown Hospital Association has had seven Presidents during 69 years of existence.

John Stambaugh .....	1881-1888
Richard Brown .....	1888-1890
G. M. McKelvey .....	1890-1898
Randall Montgomery .....	1898-1907
G. L. Fordyce .....	1907-1930
John Tod .....	1930-1945 (now President Emeritus)
Paul Wick .....	1945-

During the time of operation of the hospital there have been eight matrons or superintendents.

Miss Barliss .....	1881-1887
Miss Lily W. Thurman .....	1887-1891
Miss Sarah Sims .....	1891-1910
Fred S. Bunn .....	1910-1918
Ralph Yengling .....	1918-1920
S. G. Davidson .....	1920-1921
B. W. Stewart .....	1921-1939
D. A. Endres .....	1939-

The first building had 12 ward beds and 6 private rooms. Later the capacity was increased to 70 by additions. A training school for nurses was established in 1896.

**WOMAN'S BOARD**

During the early years of its existence the Board of Trustees partially was composed of women members. In 1900 a reorganization was effected, 15 men being elected as Trustees with life tenure. It will be of interest to name the first Board so elected.

Myron C. Wick	George L. Fordyce	George Rudge
M. I. Arms	Alfred H. Rice	I. Strauss
Frank Hitchcock	W. A. Beecher	H. M. Robinson
Robert Bentley	John Stambaugh, Jr.	Dr. Geo. S. Peck
Randall Montgomery	David Tod	Dr. A. M. Clark

There also was created at this time a Woman's Board, appointed annually by the Board of Trustees. This Board functions at the present time and concerns itself with the furnishings of the hospital. They also maintain scholarships for nurses.

**DR. C. R. CLARK ON STAFF**

An interesting note appears in the minutes of the June 19, 1900 meeting. The staff is increased to 8 consultants and 8 active members. The names of Drs. J. O. Yost and C. R. Clark are added to the list.

The Annual Meeting of December 18, 1900 is a milestone in the growth of the institution. The old site and building were fast becoming inadequate to meet the needs of a growing community. At that meeting Mr. Myron C. Wick proposed to erect upon another Mill Street site, an administration

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building, two wards for men and a power house. Mr. M. I. Arms, for himself and brothers and sisters, engaged to provide a nurses' home. Various members of the Bonnell and Arms families donated a Women's Ward. Plans were submitted in accordance with the wishes of the donors and prompt steps were taken to complete the building. The new institution which is now designated as the South Unit was opened in June 1902.

The title of matron was changed to superintendent in 1901.

In 1902 the first intern was appointed upon request of the staff. Dr. Wilson of Lordstown bears that distinction. There was no compensation except board and room.

Staff reorganization at that time resulted in the following pattern, which with amplifications, is in vogue today.

CONSULTING	
W. L. Buechner	B. F. Hahn
H. H. Hahn	J. H. Bennett
J. O. Yost	
VISITING STAFF	
Surgeons	
Geo. S. Peck	H. E. Welch
W. H. Buechner	A. E. Warren
Medical	
H. E. Blott	C. R. Clark
R. H. Montgomery	C. D. Hauser
Specialists	
Obstetrician -----	J. J. Thomas
Oculist & Aurist -----	R. D. Gibson
Pathologist -----	R. C. Parrish
Junior Staff	
Dental Staff -----	T. H. Whiteside
Asst. Obstetrician -----	Vacant
Asst. Surgeons -----	R. M. Morrison & J. S. Zimmerman
Asst. Physician -----	J. H. Crooks

At the Annual Meeting September 20, 1903, Dr. S. M. Hartzell was elected to the staff and Mr. Fred S. Bunn was appointed Pharmacist at \$17.00 per week.

Operation of the hospital for 1904 showed a deficit of \$6,591.78 and a total of 1,292 patients were admitted. Seemingly deficit spending was not known in those days. H. C. Evans was appointed to the staff.

In 1906 several staff appointments of interest to us all were made.

#### C. C. Booth to the Consulting Staff

J. A. Sherbondy -----	Asst. Surgeon
S. M. McCurdy -----	Pathologist

#### 1906 INTERNE STAFF

The interne staff consisted of John Heberding, Harry M. Segal, Howard N. Miller.

In 1907, Dr. John Heberding elected to the position of Radiographer. George L. Fordyce became President of the Board of Trustees. The heirs of Arabella Ford donated a ward to be know as Ward H.

Just to point out that there is nothing new in the world, the Superintendent requests regulation of visitors. This was in 1909.

On January 31, 1910, Fred S. Bunn was appointed Superintendent. F. J. Bierkamp was appointed Pathologist and Director of Laboratories in 1910.

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At this time overcrowding of the hospital was a serious matter. With a rated capacity of 120, occupancy average 130-150. There were 2,552 admissions with an average stay of 16 days. 1,338 operations were performed.

The president's report of 1911 speaks of a dispensary and the need of a new wing and nurses' home.

On April 29, 1912, the building of the Tod Wing and the Hitchcock operating pavilion were authorized. The former was made possible by the bequest of Miss Sallie Tod and members of the Tod family, notably Mr. John Tod. Ward rates were raised during 1913 from \$10 to \$13 per week. At the meeting held on March 31, 1914, Mr. John Stambaugh, Jr. offered to build and furnish a nurses' home.

#### MORRALL, BRANT APPOINTED

March 30, 1916 the position of resident pathologist was created and Dr. C. C. Wolferth was appointed. (Dr. Wolferth is now Prof. Medicine University of Pennsylvania.—Ed.) At the Annual Meeting of that year Dr. R. R. Morrall was made an associate in Orthopedics and Dr. A. E. Brant, associate in genito-urinary diseases. First assistant surgeons appointed were Armin Elscesser, M. P. Jones, W. D. Coy, and W. B. Turner. First assistant physicians appointed were E. A. Tabey, R. W. Fenton, D. A. Nesbit and the speaker. Dr. F. J. Bierkamp and Dr. S. W. Goldcamp became assistant Oculist and Aurist. Second assistant physicians and surgeons were

K. W. Allison  
E. H. Jones  
C. D. Barrett

J. U. Buchanan  
D. E. Montgomery  
C. M. Reed

Thus, I have brought you along to the beginning of the First World War. It would be interesting to sketch the formation and officering of Base Hospital No. 31 and its contribution to the war effort, to take you with us through the 1920's culminating in the building and opening of the North Unit, and then into the depression years climaxed by the second World War. But time is short and to most of you the story is known.

I believe that as one reads the recorded history of the growth of the Association that one is deeply impressed with the acts and deeds of the individuals who constituted the Board of Trustees. They gave freely both of their time and money to the end that the institutions of the Youngstown Hospital Association have been in the vanguard of hospitals. A second factor in the development of our institutions has been the loyal and devoted services of many physicians, who have made their loyalty and devotion a creed of service to the public of Youngstown.

#### PRESENT EMERITUS STAFF

Consequently, it is eminently fitting that tonight, the active staff should honor the Staff Emeritus. For in that division and strewn back over the years are those, many of whom are deceased, whom, I am sure, you wish to so honor. There is also a second group, many of whom never held active staff appointments, yet who were truly loyal to the institution. They might well be called the Emeritus Courtesy Staff. I would include in the latter, C. C. Stewart, R. D. Williams, M. E. Hayes, A. V. Hinman, S. S. Badal, C. H. Campbell, W. D. Coy, G. C. Warnock, and R. W. Fairbanks, D.D.S.

I have been given this assignment this evening because I am the baby Emeritus along with E. Henry Jones. I assure you we have no qualms in assuming our new role. We are among distinguished associates.

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Immediately preceding Jones and myself into the Emeritus group was W. B. Turner. For many years Walt had enjoyed the dubious distinction of being the oldest active staff member. The year previously, Buchanan, McClenahan and S. W. Goldcamp stepped over. Before that, Heberding, Monroe and Piercy. Henry Schmid, always somewhat of a lone wolf, had made the transition singly the year previously. Howard Miller also did a solo as did Armin Elsaesser before him. Dr. Ryall, while he may have joined the Emeriti several years ago is by no means washed up as is attested by his daily appearance at both units. Jack Lindsay about whose terrible affliction few of the younger men know, has been incapacitated for many years. Second oldest and oldest of the Emeriti are C. R. Clark and H. E. Blott. Harmony may not be with us physically I am sure he is with us in thought. Dr. Clark, like Dr. Ryall, does not consider Emeritus status an end. Would that more of us youngsters could keep the love of the science and art of medicine as he has done. May I here be pardoned if I acknowledge his inspiration, leadership and guidance over a period of forty years. I am sure there are many here who join with me in this acknowledgement.

And so I have given you a hodge podge of institutional and personal history in the hope that there will be stimulated in the hearts of the younger men a desire to emulate the Emeriti in the spirit of service to the community and The Youngstown Hospital Association.

### QUARANTINE REGULATIONS

Present season of the year is the time for increase in communicable diseases among children. Perhaps this is an appropriate time to give a brief review of the reportable types of diseases and the quarantine rules and regulations that are in force at the present time.

*Measles*: incubation period, about 10 days; quarantine, 14 days.

*Meningococcus Meningitis*: incubation period, two to 10 days; isolation of the patient immediately, children under 16 years. Quarantine for 10 days.

*Mumps—Infectious Parotitis*: incubation period, 12 to 26 days.

There is no regulation for quarantine, however we do establish quarantine on certain cases depending on the district and environment and the number of children present in family.

*Chicken Pox*: incubation period, two to three weeks; quarantine, 14 days.

*Diphtheria*: incubation period, two to five days; quarantine: two weeks or until two negative throat smears have been obtained.

*German Measles (Rubella)*: incubation period, 14 to 21 days; quarantine, none, however locally we establish quarantine on some cases for the benefit of large families and numerous children in the surrounding area.

This briefly gives the rules and regulations that we follow locally in regards to the above named communicable diseases. There are many other communicable diseases that are reportable but not as prevalent, such as Tuberculosis, Gonorrhoea, Syphilis, and Dysentery.

The Public Health Council of Ohio has been working on a revision of quarantine rules and regulations for Ohio. The plans are for a revision to take place in April of this year. As soon as new rules and regulations have been adopted they will be published in the *Bulletin* for the benefit of all members of the Medical Society.

W. J. TIMS, M.D.

Health Commissioner  
Youngstown, Ohio

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## ST. ELIZABETH HOSPITAL STAFF MEETING

The regular monthly staff meeting of St. Elizabeth Hospital was held on Tuesday, February 7, 1950. The meeting was called to order at 8:30 p. m. by Dr. R. B. Poling, President of Staff.

The scientific program consisted of abstracts of currently hospitalized or recently discharged patients within the hospital. Cases were first presented by members of the interne-resident staff and a discussion of each case was begun by the attending physician. The department from which cases were presented, the nature of the problem, the interne or resident presenting the history and the staff member discussing the case were as follows:

Department of Surgery	"Massive Obstructive Lesion of the Caecum"	Dr. A. K. Phillips Dr. A. Luchette*
Department of Medicine	"Hyperthyroidism in the Aged"	Dr. H. J. Reese Dr. L. Caccamo*
Department of Obstetrics-Gynecology	"Ruptured Ectopic (tubal) Pregnancy"	Dr. V. Cafaro* Dr. J. Downey

\* Resident

Pertinent statistical data representing current literature and analysis of similar cases within the institution were then presented by the attending physician.

The Secretary presented the analysis of hospital service for the year 1949 as well as the monthly report for January. Significant features for the January report of hospital service were an 87.7% bed occupancy, an 8.4% day average length of stay per patient and a 27.3% autopsy average.

Stephen W. Ondash, M.D.  
Secretary

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## NEWS

Dr. Frederick A. Resch has announced the opening of his office for the general practice of medicine in the Guide Building, Canfield, Ohio.

Dr. Joseph P. Keogh recently spent a week at the Johns Hopkins Hospital in Baltimore reviewing some of the newer techniques in cardiac surgery.

Dr. George M. Curtis, Research Professor of Surgery in the Ohio State University Medical School, visited Youngstown for a day reviewing the thoracic surgical residency at the Mahoning Tuberculosis Sanatorium. The residency is made available through the co-operation of Dr. Curtis' department.

Dr. Fred R. Tingwald who recently established his offices in Youngstown for the practice of oto-rhino-laryngology and endoscopy has been appointed attending oto-rhino-laryngologist at the Cleveland Clinic and will move to Cleveland shortly to devote full time to his work there.

Dr. Ben Brown became a Diplomate of the American Board of Radiology several months ago.

Dr. Joseph J. Sofranec, Jr. successfully passed his examinations in New York prior to the recent meeting of the American Academy of Orthopedics and became a Diplomate of the American Board of Orthopedic Surgery.

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## MEDICAL AMERICAN LEGION POST ELECTS OFFICERS

The following officers were elected at the annual meeting of the membership of the Walter F. Bartz American Legion Post 726: Dr. Stephen W. Ondash, post commander; Dr. G. E. DeCicco, vice-post commander; Dr. Sidney Franklin, post adjutant; Dr. John R. Buchanan, sgt.-of-arms and Dr. Harold J. Reese, treasurer.

Dr. Ondash announced a meeting of newly elected officers and chairmen of essential committees in the near future. At that time plans for meetings of membership will be made. Such meetings will be minimal and held in association with a dinner or smoker.

Youngstown District physicians who are eligible to join the post which commemorates the memory of the late Dr. Walter F. Bartz, the only casualty among Youngstown District physicians serving in World War II, are requested to contact Dr. Sidney Franklin, post adjutant, c/o Veterans Administration, Union National Bank Bldg., Youngstown, Ohio.

## G. P.'s TO HEAR MODERN SYPHILIS TREATMENT

Dr. L. I. Thomas, venereal Disease Control Officer of the Akron City Health Department, will discuss "The Modern Therapy of Syphilis" at the next regular meeting of the Mahoning Academy of General Practice, Tuesday, March 14, 1950, in the auditorium of the Nurses' Home, South Side Unit of Youngstown Hospital.

At the Academy's February 14, meeting Dr. O. K. Eichhorn of the Obstetrical Research Department of St. Margaret's Hospital, Pittsburgh, Penna., discussed recent developments in obstetrics in 1949. He pointed out that new textbooks in the field will adopt standard terminology.

Dr. James L. Fisher, president of the group, has announced that arrangements have been completed for the course in Electrocardiography to be given by Dr. H. K. Hellerstein of Western Reserve University. The first session will be held at 7:30 p.m. Thursday, April 6, 1950, and will run for six consecutive Thursday nights.

D. H. Levy, M.D., Sec'y.

## LAY EDUCATION AND SPEAKERS CALENDAR

- February 7, 1950: Dr. James D. Miller; Junior Illalee Club; "Socialized Medicine."
- February 9, 1950: Dr. C. W. Stertzbach; Poland Legion Post 145; "Compulsory Health Insurance."
- February 12, 1950: Dr. W. J. Tims; WBBW; "Heart Campaign."
- February 12, 1950: Dr. W. H. Bunn; WBBW; "Heart Campaign."
- February 13, 1950: Dr. James D. Miller; WBBW; "Heart Campaign."
- February 15, 1950: Dr. Paul J. Mahar; Elks Club; "Heart Disease."
- February 16, 1950: Dr. H. S. Banninga; Uptown Kiwanis Club; "Heart Disease."
- February 16, 1950: Dr. W. J. Tims; Junior DeNova Club; "Your Health Department."
- February 17, 1950: Dr. B. I. Firestone; WBBW; "Heart Campaign."
- February 18, 1950: Dr. E. J. Reilly; Sacred Heart Church, Holy Name Society; "Tuberculosis."
- February 20, 1950: Dr. W. J. Tims; Harding P.T.A.; "Your Health Department."
- February 23, 1950: Dr. Morris S. Rosenblum; WFMJ; "Heart Campaign."



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**CENSUS TO CHECK BIRTH AND DEATH REPORTS**

Completeness of birth and death registration will be one of the things the 1950 decennial census takers will check up on, according to a letter which has been sent to all local registrars of vital statistics by W. H. Veigel, chief, division of vital statistics of the Ohio Department of Health.

Every physician will be concerned in this matter, according to the health commissioners of the various subdivisions of the Youngstown area. They urge that these records for the months of January, February and March be completed so that Mahoning County will have a good showing in the matter of reporting and also that the correct enumeration show in the final figures. The letter follows:

"The 1950 decennial census is to begin on April 1, 1950 and will be completed during the latter part of May. While the census is being taken, there will also be conducted a test of the completeness of birth and death registration for each registration district in the state of Ohio.

"The census enumerators will make a special report of each birth and death occurring in this state during the months of January, February, and March of this year. After original certificates of birth and death have been filed with this department, a microfilm copy of each certificate will be made and transmitted to the Bureau of the Census in Washington, D. C.

"The census enumerators' returns will then be matched with the microfilm copies of birth and death certificates and the unmatched census enumerators' returns will represent unregistered births and deaths for the first three months of 1950.

"Local registrars of vital statistics are requested to forward all birth and death certificates, received for the months of January through March of 1950, to this office as promptly as possible in order to avoid the registration of delayed certificates."

*Health Department Bulletin*

REPORT FOR JANUARY, 1950

	1949	Male	Female	1948	Male	Female
Deaths Reported . . . . .	155	102	53	172	103	69
Births Recorded . . . . .	308	150	158	200	93	107

CONTAGIOUS DISEASES:	1950		1949	
	Cases	Deaths	Cases	Deaths
Chicken Pox . . . . .	74	0	85	0
Measles . . . . .	294	0	7	0
German Measles . . . . .	3	0	0	0
Scarlet Fever . . . . .	3	0	11	0
Whooping Cough . . . . .	20	0	7	0
Tuberculosis . . . . .	2	3	7	2
Ep. Cerebro-Spinal Meningitis . . . . .	1	0	1	0
Mumps . . . . .	33	0	25	0
Gonorrhoea . . . . .	26	0	25	0
Syphilis . . . . .	28	0	31	0
Oph. Neonatorum . . . . .	1	0	0	0

VENEREAL DISEASES:	Male	Female
New Cases:		
Syphilis . . . . .	7	4
Gonorrhoea . . . . .	22	7
Total Patients . . . . .		40
Total Visits to Clinic (Patients) . . . . .		450

W. J. TIMS, M. D.  
Commissioner of Health

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**Carl W. Wolter, Rep. Credit Bureau of Youngstown**

**DR. IVY TO TALK IN AKRON**

Dr. Andrew C. Ivy, vice-president of the University of Illinois in charge of the Chicago professional schools, will address the members of the Summit County Medical Society on "The Management of Overweight" Tuesday, April 4, 1950 in the auditorium of the Nurses' Home, Akron City Hospital, Akron, Ohio. The Summit County Society has extended a cordial invitation to any of our members to attend.

**FROM THE BULLETIN**

*By J. L. Fisher, M.D.*

**10 YEARS AGO (MARCH, 1940)**

Editor Claude Norris viewed with alarm the report of Traffic Commissioner Coppersmith on traffic injuries and deaths. It was said that on basis of population ratio, Youngstown traffic killed twice as many as Portland, three times as many as Pittsburgh and four times as many as St. Louis.

Sulfapyridine and Serum were the remedies of choice in the treatment of pneumonia. The Commission for the Study of Pneumonia Control recommended that all serum be given intravenously, not faster than one c.c. per minute.

Dr. Rose Middleman and Dr. Leroy Goodwin were proposed for membership.

Dr. Milton Cohen of Cleveland spoke on "Clinical Problems in Allergy" at the March meeting.

Dr. Clarence Stefanski and Dr. M. E. Hayes were campaigning for coroner.

Drs. Dreiling, Lowendorf, Poling, J. M. Ranz, S. J. Tamarkin and E. H. Young were down with influenza.

**15 YEARS AGO (MARCH, 1935)**

Dr. John R. Buchanan opened his office in the Central Tower for the practice of orthopedics.

Drs. R. M. Morrison, Karl Allison, McReynolds, Blott, Hartzell and Rosenfeld were on the sick list.

Dr. R. H. Jaffee, dean of pathologists, addressed the Society on "Malignancies of The Lung."

**AUTHOR TO SPEAK TO T.B. GROUPS**

Dr. Harry Wilmer, author of the popular novel "Huber The Tuber," the life story of the tubercule bacillus written for lay persons, will talk to members of the staff of the Mahoning Tuberculosis Sanatorium and the members of the Tuberculosis and Health Association at a dinner meeting to be held at six p.m. Tuesday, March 28, 1950 in the Methodist Memorial Church, Poland, Ohio.

The meeting will serve as the regular monthly meeting of the staff and also will be the annual meeting of the Association.

Dr. Wilmer, a prominent pathologist working in the field of Tuberculosis, once had Tuberculosis and wrote the above book as an instructive guide for patients similarly afflicted. At the present time Dr. Wilmer is conducting investigative studies at Stanford University, Palo Alto, Calif.

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Because of many inquiries concerning the use and dosage of Chloromycetin, the *Bulletin* undertakes to print the following dosage schedule which has been taken from suggestions compiled by the manufacturer of the drug.

The following list is not to be construed that the drug is effective in every disease listed below, though in many instances investigative work has proven Chloromycetin of very definite value.

Chloromycetin is supplied in capsules containing 250 mg. The average daily dose is considered to be from 25 mg. to 50 mg. per kilogram of body weight for adults, and double this amount for infants and children. The intervals between doses should not exceed eight hours.

**SPECIFIC DOSAGE SCHEDULE**

*Undulant Fever—Acute* 50 mg. per kilogram body weight daily dose. Then 25 mg. every four hours for 7 days of normal temperature.

*Undulant Fever—Chronic* Total dose 20 to 25 gm. over 8 to 10 day period.

*Bacillary Urinary Infection* 2 or 3 gm. daily until urine free. Then .25 gm. 3 times daily for 5 to 7 days.

*Bronchiectasis* .25 gm. to .50 gm. 3 times daily.

*Primary Atypical Pneumonia* .50 gm. every 3 hours until 3 gm. taken. Then .50 gm. 4 times daily.

*Typhoid Fever* 50 mg. per kilogram body weight daily until temperature normal. Then 3 gm. daily for 7 to 10 days.

*Gonorrhoea* 3 gm. initially and 1.0 gm. every 8 hours for 2 to 3 days.

*Enteric Fever and Dysentery* Refer to average daily dose.

*Prevention of Surgical Infection (Intestinal)* 50 mg. per kilogram body weight as daily dose prior to surgery.

*Pertussis* .25 gm. to .50 gm. every 4 hours.

*Granuloma Inguinale* .50 gm. to 1.0 gm. 4 times daily for 5 to 10 days. Total dose 20 to 40 gm.

*Lymphogranuloma Venerum* 3 gm. every 8 hours for 14 days.

*Scrub Typhus* 50 mg. per kilogram body weight to start. Then .25 gm. every 3 hours.

*Typhus Fever* Same dose as Scrub Typhus.

*Rocky Mountain Spotted Fever* 75 mg. per kilogram body weight initial dose given in 2 or 3 parts at 1 hour intervals. Then .25 gm. every 3 hours day and night.

*Ulcerative Colitis* 3 gm. daily.

*Pneumonia Bacterial - Diplococci, Klebsiella.* Refer to average daily dose.

*Shingles* 250 mg. every 4 hours.

*Infectious Mononucleosis* 250 mg. every 4 hours.

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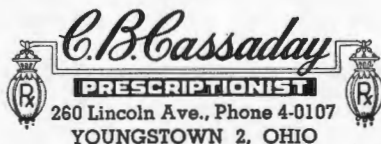
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## THE EDITOR SPEAKS

Upon assumption of the duties of editor of the *Bulletin* so many details have to be learned and so many plans for forthcoming issues have to be made that time for reflection upon problems confronting our Society did not seem available. These are important days and the relative lethargy of our membership in taking an active interest in our Society is perhaps worse than our failure to vote as called to our attention by President Gordon G. Nelson.

The Council of the Medical Society must of necessity transact much of the business of the organization, but some of the matters of policy should be brought more forcefully to the attention of the membership and the membership should attempt to understand what action is contemplated or already has been taken.

We refer to two problems of the moment; (1.) the Mahoning Medical Service Foundation; and (2.) the present rules for admission of new members to our county society.

The Mahoning Medical Service Foundation has much to commend it, but our members do not understand its method of operation. It cannot be expected that it will be a success unless the rules of the game are explained. The present attitude of those in charge of the foundation is not altogether laudable. If the proposed methods of operation are legal, then there should not be any hush, hush about its operation. Let's bring it out in the open!

Our present rules for admission to membership require one year's practice in this community. This rule was established for perfectly good reasons, but there has now arisen a new complication which should call for some reconsideration. The By-Laws of the A.M.A. recently have been amended so that a physician moving his practice from one jurisdiction to another is required to transfer his membership to the new jurisdiction within six months or forfeit his membership. Our By-Laws are in conflict with the A.M.A. on this point. The recently appointed committee on By-Laws would do well to bring in a suitable recommendation to correct this injustice.

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